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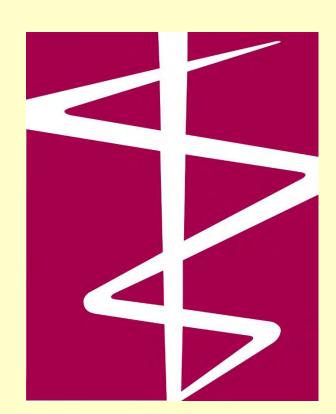
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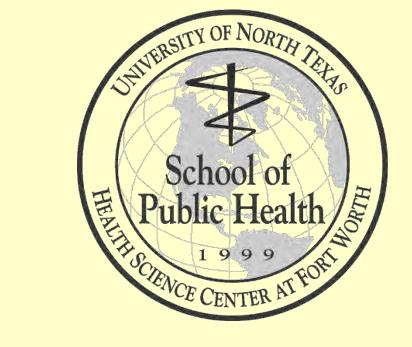
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Comparative Cost Analysis of CRRT in ICU/CCU Patients Undergoing Cardiovascular Surgery Vs. Other Procedures at a Texas Hospital



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ABSTRACT

The purpose of this study was to conduct a comparative analysis of hospital costs incurred by patients undergoing Cardiovascular Surgery (CVS) and patients undergoing other medical procedures who received Continuous Renal Replacement Therapy (CRRT) in a teaching hospital. A total of 117 patients were identified through review of medical charts for the period of January 1999 to August 2002. Twenty one percent of them were identified having CVS. Eighty-eight percent of the CVS patients admitted to the ICU for CRRT died compared to 67% for non-CVS patients (p=0.047). Average actual costs of hospitalization were \$47,225 for CVS patients and \$51,724 for non-CVS patients. The mean length of stay (LOS) was 12.8 days for the CVS patients and 18.1 days for other patients (p=0.03). Mean LOS for patients who survived was 23.1 days whereas the average LOS for patients who died was 14.5 days (p=0.06). The differences found between patients who had CVS with CRRT as compared to non-CVS patients with CRRT in terms of mortality and length of stay raise ethical as well cost effectiveness questions of the procedure.

GOALS

- To conduct a comparative analysis of estimated hospital costs of a population of patients who have undergone CRRT.
- To perform comparative analysis between patients with cardiovascular surgery (CVS), patients with other surgeries and patients with no surgery at the ICU.

INTRODUCTION

- Renal failure is recognized as a common complication of patients admitted to the Intensive Care Unit (ICU).
- This study describes the clinical characteristics and examines hospital costs involved in the care of 117 patients undergoing Continuous Renal Replacement Therapy (CRRT).
- End of Life decisions regarding the withdrawal, withholding of life supporting and futile care have become commonplace within the ICUs.

METHODS

- Retrospective review of clinical and cost data from patient discharged between 01/01/99 to 08/31/02 (3 fiscal years).
- Main inclusion criteria: Patients undergoing CRRT at the ICU for any diagnosis or disease.
- Variables: Gender, age group, race/ethnicity, CVS surgery, other surgeries, non surgical, length of stay, estimated costs, actual payments, profit (loss) and hospital discharge status.
- Freidman's cost to charge ratio of 33% was used to estimate cost.

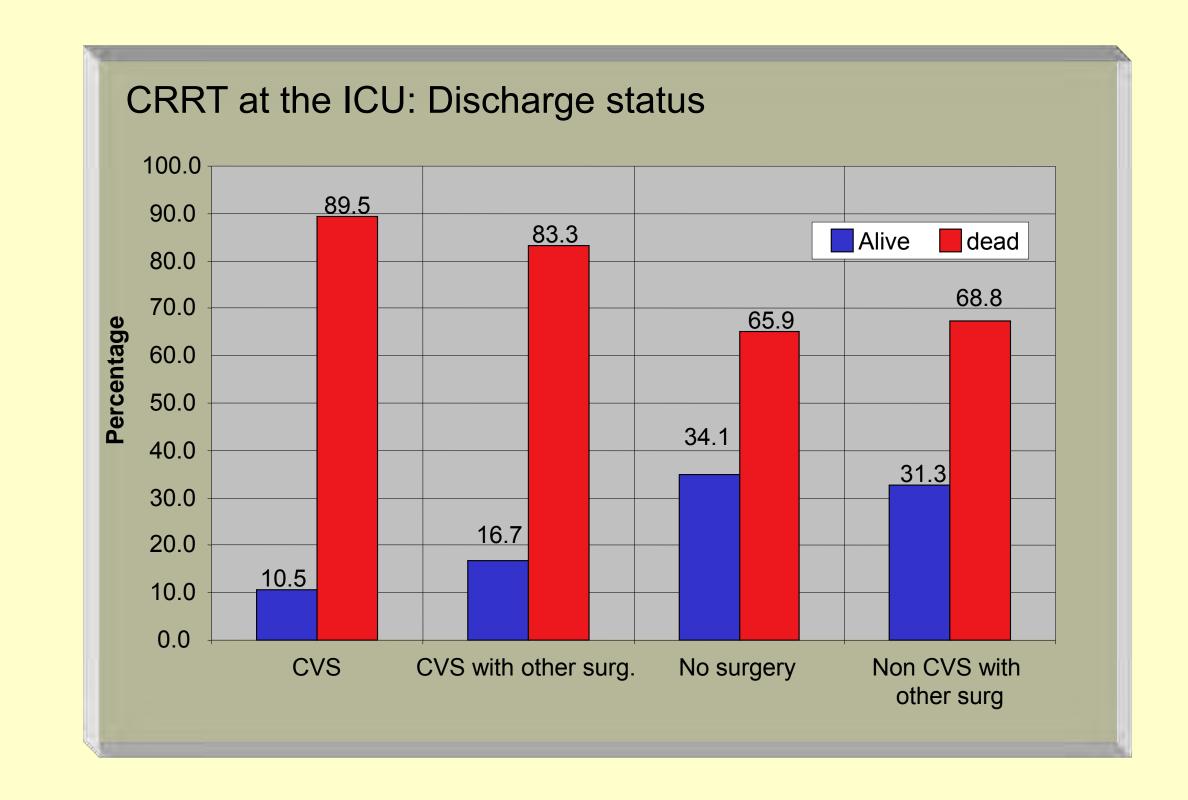
RESULTS Characteristics of patients undergoing CRRT at the ICU Characteristic Number Percent Age group 40.2 47 < 65 59.8 Gender 66 56.4 **Female** 51 43.6 Male Race White non Hispanics **Black non Hispanics** 31 26.5 13.7 Hispanics Other

117

100

Total

| ype of procedure | n | % |
|------------------------------------|-----|------|
| CVS | 19 | 16.2 |
| CVS with another surgery | 6 | 5.1 |
| Medical Cases with another Surgery | 48 | 41.0 |
| Medical cases no surgery | 44 | 37.6 |
| Total | 117 | 100% |



Costs and payments using CRRT during hospitalization Procedure Total Non-CV **CRRT** Surgery w Surgery cases or w/o patients other surgery Hospital Costs \$47,225 \$51,724 \$55,763 Mean **Payments** Received \$28,795 \$33,786 \$32,720 Mean Total \$(460,762) \$(1,650,276) \$(2,111,038) Profit (loss)

CONCLUSION

- •Based on the results of this analysis, we conclude that among patients undergoing CRRT, increased costs are incurred for patients <65 years old that undergo surgery and who do not expire in the hospital.
- •Being a female <65 years old is associated with leaving the hospital alive.
- •There is greater risk for male patients 65 years or older to expire.
- •Patients undergoing CVS also have a greater risk of expiring in the hospital.
- •These characteristics lend themselves more difficult cost benefit questions that involve ethical and economic decisions.

DISCUSSION

- •Efforts to prolonging life once considered an outcome of healing may be viewed by some as harmful acts of prolonging suffering.
- •The costs of futile care for the dying are enormous. Futility can present challenges because of the monetary cost of such care, its negative effect on staff members and the burden it creates on the patient family and the clinicians.