

# HEAL without

A Call to Action





# Welcome?

# Wednesday, July 9

# Why Getting Serious Illness Care "Right" Is A Foundation For Successful Health Reform

- 12:00 Registration
- 1:00 Opening and welcome to the institute
- 1:30 Serious Illness and Importance of Getting it Right



## Keynote Speaker \_

#### JENNIFER BELLOT

Jennifer Bellot, PhD, RN, MHSA, is an Associate Professor of Nursing at Thomas Jefferson University in Philadelphia, PA, and the director of the Doctorate of Nursing Practice program.

Dr. Bellot received her bachelor's degree in nursing and master's in health services administration (public health) at the University of Michigan. She earned a PhD in nursing at the University of Pennsylvania, studying culture change initiatives in nursing homes and their effect on nursing staff.

#### 2:30 Break



## **Breakout Groups Con't**

- Living with Chronic Illness
- Politics of Palliative Care
- Changing the Culture of Palliative Care

- 2:45 Small group breakout
- 4:15 Report out on small group work
- 5:00 Dinner and dramatic performance

# Performance – Still / Here \_



#### **MEGAN COLE**

Megan Cole has had a long acting career on the professional stage, and has also made frequent TV guest-star appearances on "Seinfeld," "ER," various "Star Treks," "The Practice," "Judging Amy," "Las Vegas," and many others.

She originated the leading role in Margaret Edson's Pulitzer Prize-winning drama WIT in 1995, for which she received the L.A. Drama Critics' Circle Award for Outstanding Performance. She now tours with "The Wisdom of WIT," her solo version of the play.

As Artist-in-Residence at the University of Texas Health Science Center in Houston, Ms. Cole developed workshops on Empathic Physician/Patient Communication, as well as on Literature and the Art of Medicine. She now takes these workshops and other related performances to healthcare and end-of-life care venues across the country. (www.megancole.net)



# Thursday, July 10

# **Changing the Culture of Death**

7:30 Registration

8:00 Light breakfast /coffee service

8:30 Plenary session 1: Establishing the Infrastructure

Keynote Speaker \_\_\_\_\_

Health reform: Trimming your sails for phase 2



# **LARRY THOMPSON** – Executive Director, Whatcom Alliance for Health Advancement

Larry is a graduate of Johns Hopkins and the University of Oregon. His more than thirty year career has seen him touch in one way or another nearly every sector of the health and medical care world. Holding leadership and management roles in the public and private sectors, he has worked in public policy, in managing mainstream provider groups, in research and teaching, and in the health insurance sector.

# 9:00 Plenary session 2: Life Passages

# Keynote Speaker \_\_\_\_\_



#### LAURA MATTHEWS

Laura Matthews's nursing career started in the hospital and then transitioned to home care. She returned to the hospital setting as a palliative care coordinator and case manager at a time when palliative care was in its infancy and stayed in that role for over 10 years. Once the palliative care program in the hospital was established, she moved back to her true love community home care to begin work on establishing an out-patient palliative care program, Life Passages.

#### 9:30 Break



#### 9:45 Breakout session #1

## **Breakout Groups**

- Advance Care Planning WAHA End of Life Choices Initiative
- The "Miracle" Cure vs. Acceptance
- Skill-building for Providers Pain Management

# 11:00 Break

#### 11:15 Breakout session #2

# **Breakout Groups**

- "Checklist" Revisited
- Religion and Palliative Care
- Living with Serious Illness: A Patient's Perspective



# Thursday, July 10

- 12:30 Lunch
- 1:30 Breakout session #3

## **Breakout Groups**

- Using Non-Verbal Tools to Enhance the Patient Experience
- Infrastructure Re-evaluated
- Continuum of Care Transition of Chronic Disease to Palliative Care

- 2:45 Break
- 3:00 Performance

# Ellis Won't Be Dancing Today \_



#### **PAM KUNTZ**

Pam has been living and working in Bellingham, Washington since 1999 when she joined the Dance faculty at Western Washington University (WWU) where she is a Senior Instructor. Pam is the founder and artistic director of Kuntz and Company, a professional dance/theatre company whose mission is to tell the stories of our community through the arts, with the intention of gaining a better understanding of the human condition. With Kuntz and Company's collaborating artists Pam has created 17 major works. Past pieces investigated topics such as death and dying, the prison system, family, and autism. Pam is proud to be a 2012 Artist Trust GAP recipient, a 2012 Peace Builder recipient, a 2011 Ken Gass Community Building Award recipient, and a 2007 Bellingham Mayor's Arts Award recipient.

- 3:45 Interactive art
- 4:30 Confirm themes identified from conference
- 5:30 Adjourn





# Friday, July 11

# A Call to Action: Community Conversation

- 8:00 Registration and light refreshments
- 8:30 Overview of Palliative Care Initiative
- 9:00 Creating a Palliative Community
  - One Care Giver's Experience

# Keynote Speaker -



#### **HEATHER JEFFERSON**

Heather Jefferson is a Lummi Tribal member and she proudly carries the Indian name Wedladee from the maternal side of her family. She Is The Daughter Of The Late James and Roberta Wilson, wife of Richard Jefferson and the mother of 3 sons. She has been an educator for many years and is currently employed by Northwest Indian College and Ferndale School District. She has been volunteering with the Whatcom Family Network in the area of building community capacity. While caring for family members who have chronic and terminal illness she has learned important life. The experiences have changed Heather for the better.

Becoming a Model Palliative Care Community – WAHA Panel

Is text going here? Or a list of the panel members?

10:30 Break







#### **SARA WEIR**

Ph.D., Political Science, University of Washington M.A., Political Science, Ball State University B.A., European History and Comparative Politics, Ball State University

- 11:15 Workgroups
- 12:30 Workgroup reports and next steps
- 1:00 Adjourn

**Sponsors** \_







Palliative & Supportive Care



Whatcom Hospice







This event is underwritten by the RiverStyx Foundation to encourage participation in community conversations that bring understanding and awareness to the role of palliative care. Event sponsored by the Palliative Care Initiative: Transforming Human Responses to Living and Dying.