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# Monitoring metal stress in Puget Sound using metallothionein production in mussels in the nearshore 

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## Monitoring metal stress in Puget Sound using metallothionein production in mussels in the nearshore

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## Student Collaborators:

- UW TACOMA UNDERGRADUATES
- 2003 Shannon Soto
- 2004 LeeAnn Acker and J eremiah McMahon
- 2010-11J oline Spencer, Vicky Karout and Kelly Doyle
- HIGH SCHOOLS PARTICIPATING
- Science and Math Institute (SAMI)
- Lincoln Center, Lincoln High School
- School of the Arts (SOTA)


## Importance of Monitoring the Nearshore Environment

- Direct impact from stormwater runoff
- Habitat for commercially and culturally important species
- Greater potential for human exposure from harvested organisms, especially for low-income populations
- Critical indicator of the health of Puget Sound


# Sediment Toxicity in Puget Sound 

- May not be indicative of nearshore
- Environmental variables (sediment characteristics, temperature, salinity, etc.) affect toxicity



## Why Use Bioindicators?

- Difficult to monitor aqueous contaminant concentrations in changing system
- Aquatic organisms are temporal integrative sampling devices with direct implications for environmental health
- Provide a metric for bioavailability, not just concentration
- Account for micro-scale and macro-scale deposition barriers and enhancements


## Measuring Metal Stress in "Natural" Systems

- "Stress" - sub-lethal effects
- Metals really only toxic inside cell
- Want widely available
 measure - does no good if only found in lefthanded Norwegian coots
- Non-specific health indicators are difficult to use to find a culprit


## Mussels as Bioindicators

- Local mussel species make suitable biological indicators of dissolved metals
- Filter feeding allows uptake of dissolved and particulate metals
- Sessile and ubiquitous habitat ideal for monitoring (esp. floating docks)
- However, spawning cycle affects tissue normalization and pollutant uptake


## Metallothioneins

- Cysteine-rich (20-30\%), Low MW (<8000 D), Produced by all animals
- Induced by As, Cd, Cu, Zn, and Hg
- Role in detoxification (Amiard et al. 2006)
- MT production coupled to cell toxicity (Bolognesi et al. 1999)
- Seasonal variations in MT, but correlate with metals in tissues (Ivanković et al.
 2005)


## Metallothioneins - 2003 study

- NATIVE mussels in Commencement Bay and South Puget Sound
- Only duplicates per date, only Cd analyzed, J uneSept., n = 26
- Spectrophotometric method from Viarengo et al. 1997
- No sig. difference in MT levels between M. trossulus and hybrid of M. galloprovincialis and M. trossulus
- No correlation between Cd and MT



## Metallothioneins - 2004 study

- CAGED/NATIVE mussels in
Commencement Bay, South Puget Sound and Western Puget Sound
- Only duplicate samples, one date for caged (Oct), four dates for native (all Aug)
- No correlation between Cd and MT in NATIVE or CAGED mussels



## Metallothioneins - 2010-11 study

- NATIVE mussels in Commencement Bay from Oct 2010 - Apr 2011
- $\mathrm{n}=10$ per date per site, metals analysis on separate mussels than MT
- Significant correlation (p <0.05) between MT and As and Zn , but not Cd , $\mathrm{Cu}, \mathrm{Pb}$ in mussels

- Significant difference (p $<0.05$ ) between sites for $\mathrm{Cd}, \mathrm{Cu}, \mathrm{Pb}$ in mussels


## MusselWatch Pilot Expansion 2012-13 study

- CAGED mussels throughout Puget Sound in intertidal from Nov 2012 J an 2013
- All from common stock, same age, deployed same week by volunteers
- Safe-guarded from predators and above sediments



## Metallothioneins 2012-13 methods

- Homogenized whole mussel tissue received from WDFW and stored at $-80^{\circ} \mathrm{C}$ prior to analysis
- Tissues weighed and homogenized in $3 \mathrm{~mL} / \mathrm{g}$ solution:
- 0.1M Tris- $\mathrm{HCl}, 1 \mathrm{mM}$ DTT, $50 \mu \mathrm{M} \mathrm{PMSF}, 6 \mu \mathrm{M}$ leupeptin
- Centrifuge 20 min $35,000 \mathrm{~g}, 4^{\circ} \mathrm{C}$
- Supernatant heated $95^{\circ} \mathrm{C}$ for 10 min
- Centrifuge 15 min $14,000 \mathrm{~g}, 4^{\circ} \mathrm{C}$
- Calibrated using rabbit liver MT
- Reduced and denatured using 100 mM DTT, 0.1 M EDTA, $10 \%$ SDS and hot water bath at $70^{\circ} \mathrm{C}$ for 20 min
- Tagged with 50 mM mBBr in the dark for 15 min
- Analyzed by RP-HPLC with fluorescence detection (method modified from Alhama et al. 2006)


## Metallothioneins - 2012-13 study



- Weak ( $\mathrm{P}=0.06$ ) positive correlation ( $\mathrm{r}=0.2$ ) between MT levels and Hg concentrations in CAGED mussels


## Metallothioneins - 2012-13 study

- MT levels significantly ( $p<0.05$ ) elevated in Hood Canal and W
Puget Sound compared to reference
- Hg (wet wt) levels significantly higher in Hood Canal and W
Puget Sound than all other sites except Central Puget Sound




## Possibilities for Future MusselWatch...

- More significant difference between contaminated/ uncontaminated sites during spring, winter difference often non-existent (Geffard et al. 2005)
- Digestive gland better than gills or whole organism (Amiard et al. 2006)
- May be nice to investigate significant metal sources with intensive transect
- Measure native and caged mussels simultaneously


# This wouldn't happen without students!!! 



# In Loving Memory of 

LeeAnn Acker

