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#### Developing Human Wellbeing Indicators in the Hood Canal Watershed

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## Developing Human Wellbeing Indicators for Hood Canal

Salish Sea Ecosystem Conference April 2014

Kelly Biedenweg, PhD

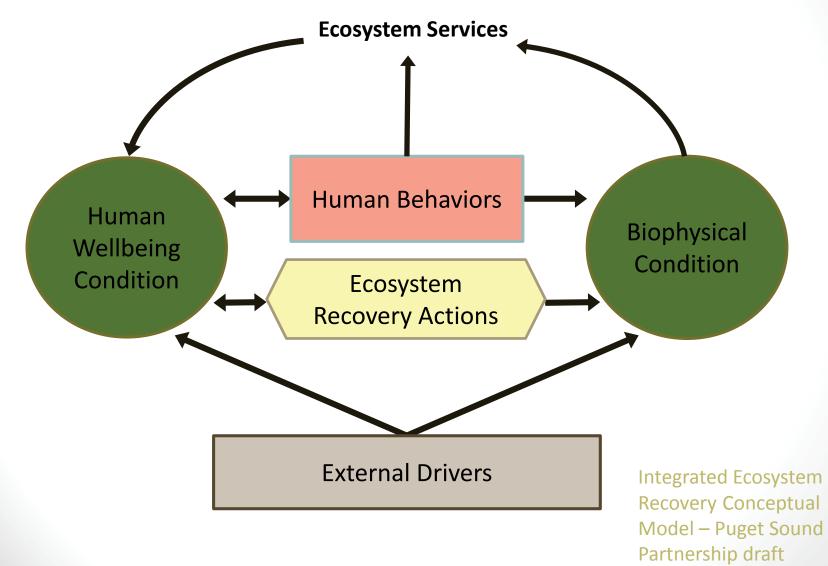
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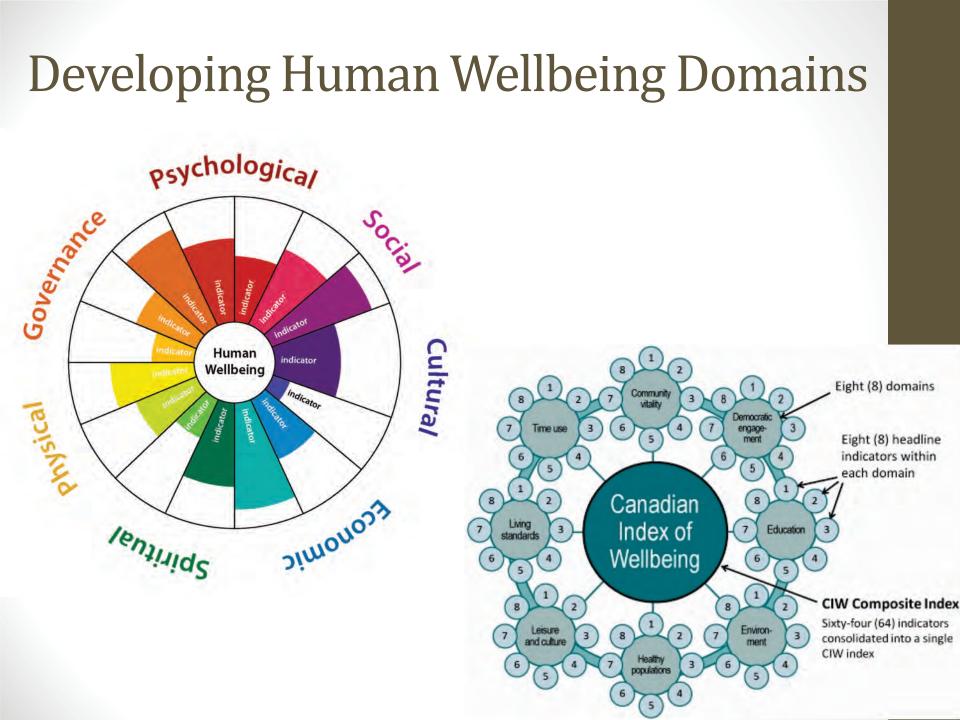


Kara Nelson, M.S. Kara Nelson Consulting



# Why do we care about human wellbeing?





#### The Hood Canal HWB Indicator Development Process...



## I. Literature Review and Stakeholder Interviews

Well-Being Indicators in the Puget Sound Basin A summary and categorization of types of social indicators and metrics used by government and non-government agencies in the Puget Sound Basin

October 2012



Adi Hanein, UW School of Marine and Environmental Affairs Dr. Kelly Biedenweg, Stanford University and Puget Sound Institute



## II. Community Workshops

Relevance and Completeness/Importance







#### **III. Social Science Review**

#### Robustness, Practicality, Importance

| A                 | B                            | C  | D           | E     | F      | G    | H     | 1     | J    | K              | L    | M   | N        | 0    | P       | Q    | R            | 5     | Т    | U      | V         |
|-------------------|------------------------------|--|-------------|-------|--------|------|-------|-------|------|----------------|------|-----|----------|------|---------|------|--------------|-------|------|--------|-----------|
| Domain            | Attribute                    | Indicator (To incorporate social justice issues, all indicators can  | Robustness: | Rabu  | s Rob  | Rob  | Robu  | Robu  | 1.00 | Practicality:  |      |     |          |      | Practic |      | Importance   | Impo  | Imp  | Imp    | Imp       |
|                   |                              | be disaggregoted based on demographics)  | How well    | tness | : ustr | ustr | stnes | stnes |      | How feasible   |      |     |          |      |         | 1.00 | How          | rtand | orta | i orta | orta      |
|                   |                              |  | does this   | How   | ess:   | ess: | S:    | S:    |      | would it be to | ity: | cal | allt     | ity: | How     |      | necessary is | e:    | nce  | : nce  | nce:      |
| Physical          | Exercise                     | Percent of residents who engage in outdoor activities<br>(divided into swimming, hiking, walking, running,   | 3           | 5     | 3      | 5    | 3     | 4     | 3.83 | 5              | 5    | 4   | l<br>hav | 5    | 4       | 4.6  | 5            | 5     | 3    | 2      | ls<br>the |
|                   | Access to Local Food         | Availability of commonly harvested species (e.g.<br>hardshell clams, crabs, shrimp, salmon, deer, elk), year-<br>round add non-aquatic species (plants, mushrooms,<br>rose hips, willow, cedar); remove year round | 5           | 5     | 4      | 5    | 3     | 5     | 4.5  | 5              | 4    | 5   |          | 5    | 4       | 4.6  | 5            | 5     | 5    | 3      |           |
|                   | Access to Local Food         | Consumption of commonly harvested species (e.g.<br>hardshell clams, crabs, shrimp, salmon, deer, elk), year-<br>round Need to measure this with prior, if measure need   | 4           | 5     | 3      |      | 3     | 1     | 3.2  | 5              | 5    | 4   |          | 5    | 2       | 4.2  | 5            | 5     | 4    | 2      |           |
|                   | Safe Food and Drinking Water | Drinking water testing results from Community Groups<br>and wells  | 4           | 4     | 5      |      | 3     |       | 4    | 5              | 4    | 4   | 1        | 5    |         | 4.5  | 5            | 4     | 3    | 4      |           |
|                   | Safe Food and Drinking Water | Toxin levels in shellfish harvest areas, commercial and recreational: PSP, crypto, giardiasis, vibriosis, notovirisCan we measure poisoning more directly?.  | 5           | 4     | 3      |      | 3     | 4     | 3.8  | 5              | 4    | 5   |          | 5    | 5       | 4.8  | 5            | 5     | 5    | 3      |           |
|                   | Air Quality                  | Number of days during the calendar year that air<br>quality was good, moderate, unhealthful, very<br>unhealthful, or hazardous (must include pollutants from<br>smoke) Can combine this with asthma rates?         | 4           | 5     | 4      |      | 5     | 5     | 4.6  | 5              | 4    | 4   |          | 5    | 5       | 4.6  | 5            | 5     | 4    | 4      |           |
| 10.5              | Shelter                      | Availability of natural resources to build homes (no<br>definitive wording yet) Not relevant - more important is<br>% people who believe it is an affordable place to live   | 2           | 2     | 1      | 1    | 1     | 1     | 1.33 | 2              |      | 1   |          | 5    | 1       | 2.25 |              | 2     | 1    | 1      |           |
|                   | Shelter                      | Number of reports of mold in households per year   | 2           | 5     | 1      | 1    | 3     | 3     | 2.5  | 5              | 1    | 2   |          | ?    | 4       | 3,67 |              | 5     | 2    | 4      |           |
| Psychologica<br>I | Positive emotions            | Percent of residents who regularly experience positive<br>feelings/emotions from Hood Canal, such as awe,<br>inspiration, fullfillment, appreciation Feelings might be   | 5           | 5     | 4      |      | 5     | 4     | 4.6  | 5              | 4    | 4   |          | 5    | 4       | 4.4  | 5            | 5     | 4    | 4      |           |

| Domain        | Attribute                           | Indicator   |  |  |  |  |  |  |  |
|---------------|-------------------------------------|---|--|--|--|--|--|--|--|
| Physical      | Exercise                            | Approximate number of hours residents engage in outdoor activities  |  |  |  |  |  |  |  |
|               |                                     | (divided into work that involves outdoor physical activity, swimming,<br>hiking, walking, running, mountain biking, human-powered watercraft,<br>skiing, scuba, home care (garden, yard), & other motorcraft) per week<br>Percent of swimming beaches that meet safe swimming standards at all<br>times during the summer |  |  |  |  |  |  |  |
|               |                                     |   |  |  |  |  |  |  |  |
|               | Exercise                            |   |  |  |  |  |  |  |  |
|               | Access to Local                     | Availability of commonly harvested species (e.g. hardshell clams, crabs,  |  |  |  |  |  |  |  |
|               | Food                                | shrimp, salmon, deer, elk, mushrooms, rose hips, willow, cedar, other plants or animals)  |  |  |  |  |  |  |  |
|               | Safe Drinking Water                 | Drinking water testing results from Community Groups and wells  |  |  |  |  |  |  |  |
|               | Safe Food                           | Toxin levels in shellfish harvest areas, commercial and recreational: PSP,<br>crypto, giardiasis, vibriosis, notoviris  |  |  |  |  |  |  |  |
|               | Air Quality                         | Number of days during the calendar year that air quality was good,<br>moderate, unhealthful, very unhealthful, or hazardous (must include<br>pollutants from smoke)   |  |  |  |  |  |  |  |
| Psychological | Positive emotions                   | Percent of residents who describe experiencing positive feelings/emotions<br>from being in nature in Hood Canal, such as awe, inspiration, fulfillment,<br>appreciation, solitude, relaxation, sense of peace and reflection  |  |  |  |  |  |  |  |
|               | General subjective<br>wellbeing     | Percent of residents who express high life satisfaction or happiness and<br>percent who express living in Hood Canal as a contributor to this   |  |  |  |  |  |  |  |
|               | Place Identity                      | Percent of residents who express a positive connection to the region  |  |  |  |  |  |  |  |
| Governance    | Access                              | Percent of shoreline that is publicly accessible or owned   |  |  |  |  |  |  |  |
|               | Access                              | Percent of residents who are satisfied with their access to public<br>shorelines  |  |  |  |  |  |  |  |
|               | Communication                       | Percent of Hood Canal residents who have learned about resource   |  |  |  |  |  |  |  |
|               |                                     | management or recreation issues through different media this year:<br>newspaper, radio, website, printed media, app, educational resources for<br>school aged children, word of mouth; include source   |  |  |  |  |  |  |  |
|               | Trust in government                 | Number of Hood Canal residents who report trust in experts and local and<br>state government and collaborative government efforts   |  |  |  |  |  |  |  |
|               | Effectiveness of<br>Public Policies | Percent of identified PIC failures with corrective action initiated within 2<br>weeks   |  |  |  |  |  |  |  |
|               | Stewardship                         | Percent of participants engaging in a natural resource stewardship<br>activity/year   |  |  |  |  |  |  |  |
| Cultural      | Cultural Events                     | Percent of residents who participate in natural-resource inspired cultural activities   |  |  |  |  |  |  |  |
|               | Traditional resource<br>practices   | Proportion of residents who say that they would like to regularly access<br>traditionally/commonly harvested natural resources and are able to do so<br>as much as needed   |  |  |  |  |  |  |  |
|               | Rural Character                     | Distribution and quantity of urban, rural, agriculture, forest, mineral resource, conservation and stewardship lands.   |  |  |  |  |  |  |  |
| Sacial        | Trust                               | Percentage of residents who trust people in their surrounding community   |  |  |  |  |  |  |  |
|               | Strong Families and<br>Friendships  | Average number of days/year participate in outdoor activities with family<br>members and/or friends   |  |  |  |  |  |  |  |
|               | Strong Communities                  | Percent of residents who have worked with other residents to manage<br>resources, prepare cultural events, solve community challenges, or share<br>harvested goods in the past year   |  |  |  |  |  |  |  |
| Economic      | Jobs                                | Number of jobs and living wages per worker by resource-based<br>employment/industry categories and economic clusters by county, and<br>unemployment rates at subarea level matching state database  |  |  |  |  |  |  |  |
|               | Jobs                                | Number of new jobs created by natural resource employment sector/year   |  |  |  |  |  |  |  |
|               | Industry                            | Percent of economic activity that is from natural resource-based small<br>business  |  |  |  |  |  |  |  |
|               | Industry                            | Percent of revenue to local economy from agriculture, commercial<br>shellfish, commercial fishing, timber, non-timber products and tourism  |  |  |  |  |  |  |  |
|               | Industry                            | Number of local supporting businesses to industry, by natural resource  |  |  |  |  |  |  |  |

#### **IV. Selection for Monitoring**

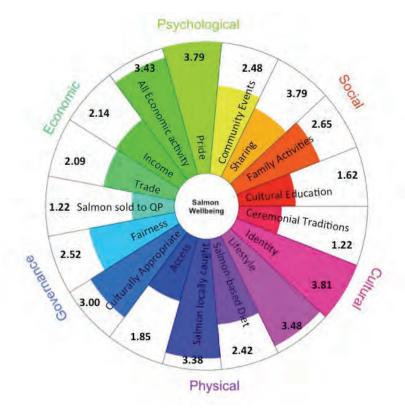
Practicality, Importance, Represent diverse domains

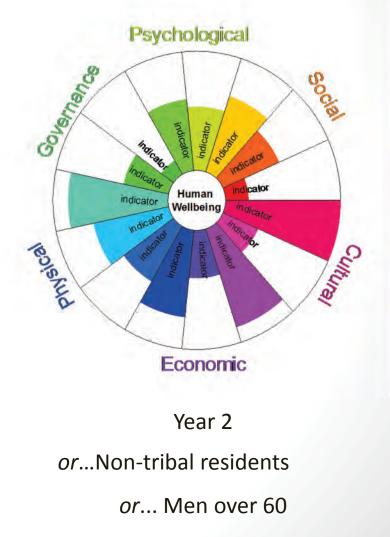
| Domain        | Attribute                      | Indicator  |  |  |  |  |  |
|---------------|--------------------------------|--|--|--|--|--|--|
| Physical      | Access to local food           | Availability of commonly harvested species   |  |  |  |  |  |
| Psychological | Positive emotions              | Percent of residents who<br>describe feeling positive feelings<br>from being in nature                       |  |  |  |  |  |
| Governance    | Governance Communication       |  |  |  |  |  |  |
| Cultural      | Traditional resource practices | Proportion of residents who<br>would like to access local<br>resources and are able to                       |  |  |  |  |  |
| Social        | Strong Communities             | Percent of residents who have<br>worked with other residents to<br>manage resources, prepare<br>events, etc. |  |  |  |  |  |
| Economic      | Industry                       | Percent of economic activity<br>from natural resource based<br>industries                                    |  |  |  |  |  |

#### Where's the data?

- NSF and PSI-sponsored testing of subjective indicators
- Various sources for data from county, state, national agencies that would need to be processed to Puget Sound scale
  - CDC's Behavioral Risk Factor Surveillance System
  - Bureau of Economic Statistics
  - WA State department of health

#### If we monitor these....





Year 1

*or*...Tribal Residents *or*...Women under 30

## Acknowledgements

- NSF grant #1215886
- Workshop facilitators from UW, Puget Sound Institute and Puget Sound Partnership
- Hood Canal Coordinating Council staff
- Hood Canal residents

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#### PUGET SOUND INSTITUTE

W UNIVERSITY of WASHINGTON | TACOMA

### Next Steps for Puget Sound Scale

- Same process being conducted in Puyallup, potentially Whatcom - to be completed by June
- Basin-wide workshop to identify recommended indicators Summer/Fall
- Develop a home within PSP for indicators and monitoring
- Identify synergies between wellbeing indicators and ecological indicators to inform strategies

# Why do we care about human wellbeing?

