

The Eastern Progress

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Student publication of Eastern Kentucky University since 1922

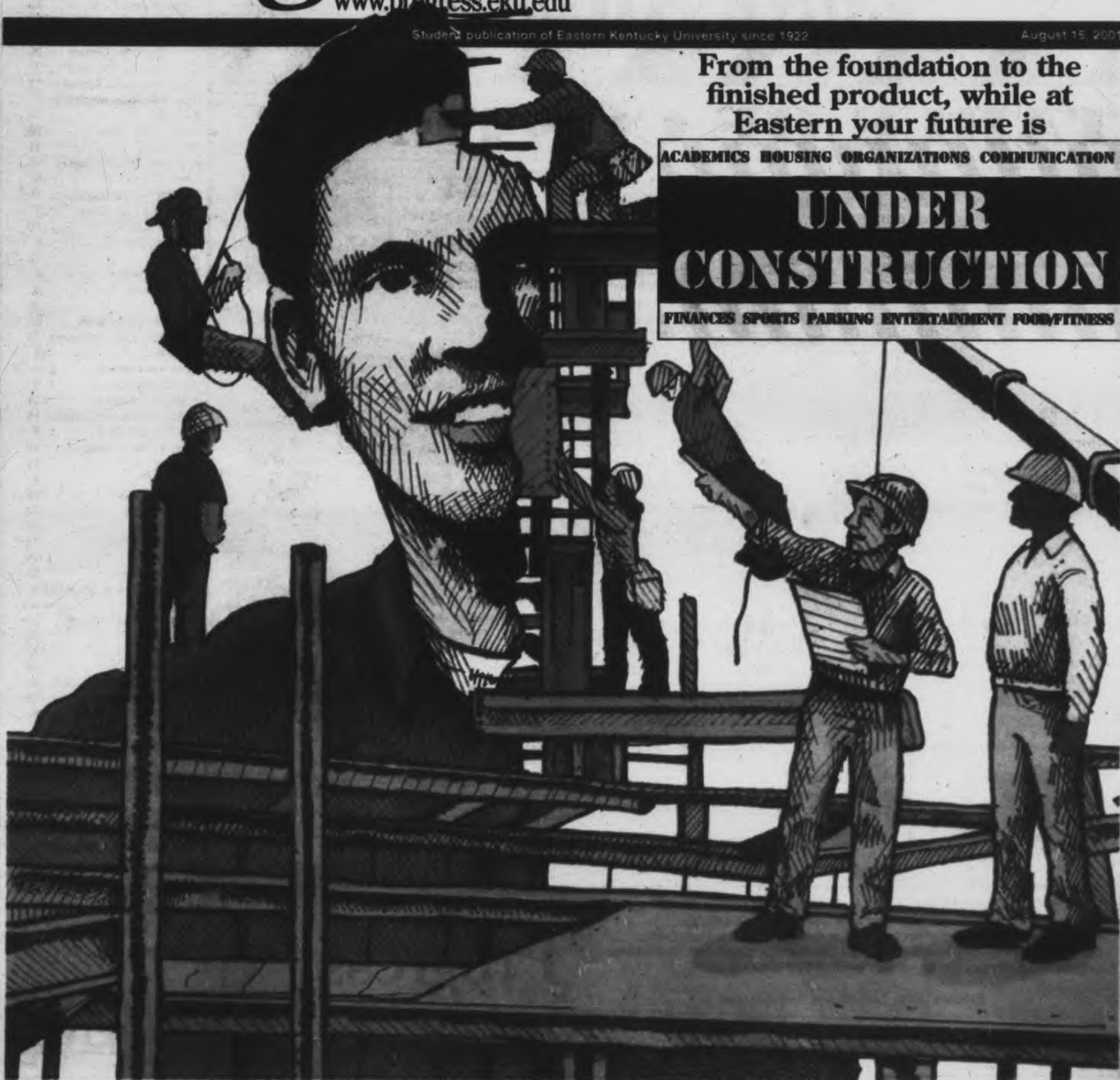
August 15, 2001

From the foundation to the
finished product, while at
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ACADEMICS HOUSING ORGANIZATIONS COMMUNICATION

**UNDER
CONSTRUCTION**

FINANCES SPORTS PARKING ENTERTAINMENT FOOD/FITNESS



CONSTRUCTION ZONE AHEAD

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The Eastern Progress
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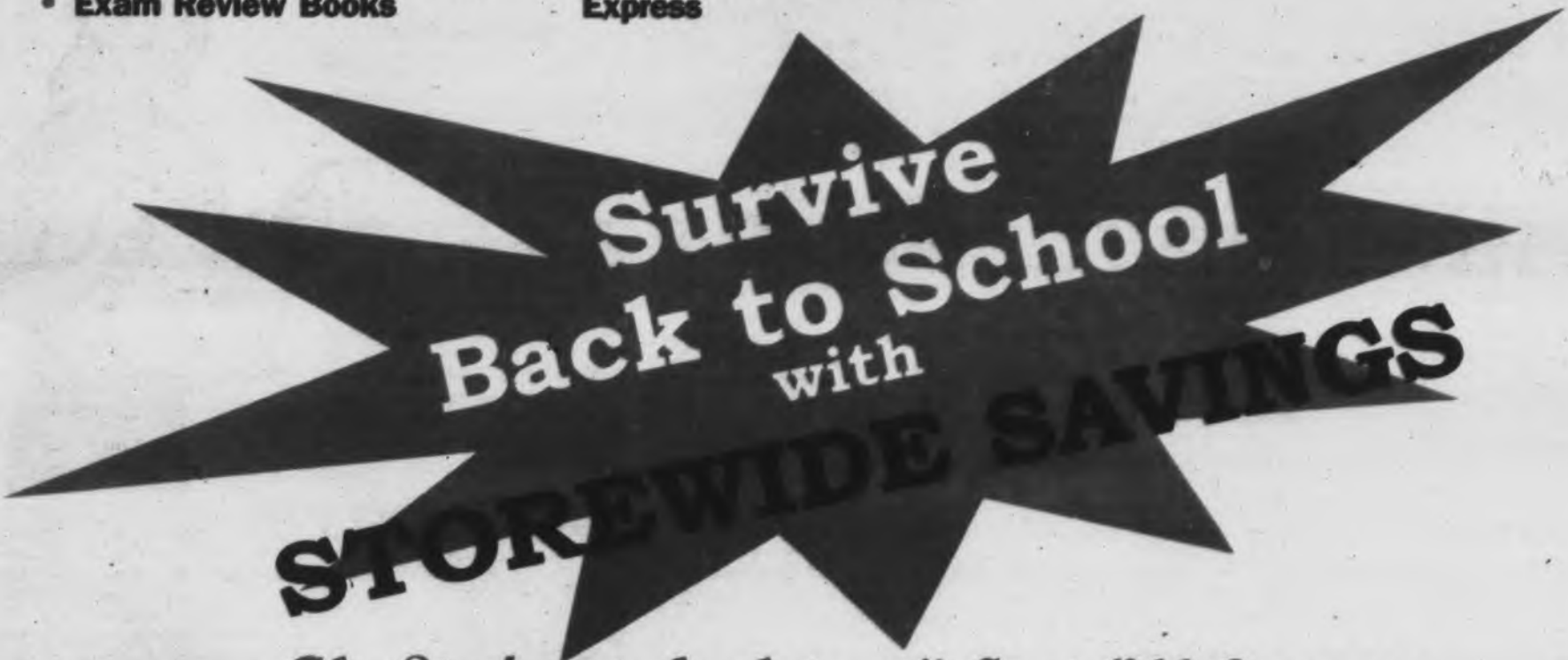
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ACADEMICS

CARE enough to start on right foot

Students must consult with an academic adviser before registering for classes. The Advising Office assigns advisers and this person's name is on the first page of your CARES (Colonel's Advising & Registration Equals Success) report, a blueprint of what classes you have taken and what you need to graduate.

New CARES reports are mailed each semester about a week before advising begins.

Take the CARES report with you to adviser meetings. To make changes on your CARES report or to change your major, go to the Advising Office in Keith 129. You also may change or declare a minor at this office.

If you have lost your CARES report or if you're having trouble making an appointment with your adviser, call your department chair's office.

Drop-Add/Withdrawal
Not happy with the classes

you registered for? You can drop or add classes using Eastern's online registration or in person at the Registration Center in Combs 218. To use the online system, get a pin number from your adviser and go to www.online.eku.edu.

To login, enter your Social Security Number. The system will then ask for your personal identification number, or pin. Your pin will be the same for both the Colonel Connection and the Web registration. If you haven't changed your pin or used the Colonel Connection, then enter your birth date in six digits (ex. 032476).

Also, the first time you login, the system will prompt you to change your pin. If you forget your pin, call 622-1096 between 8 a.m. and 5 p.m. for help.

The system will offer several options, but to register, select Student Services & Financial Aid. Then you will choose Registration, Drop/Add and the

Contacts

■ Advising
www.advising.eku.edu
Keith 129
622-2265

■ Schedule Book
www.schedulebook.eku.edu

■ The Colonel Connection
622-3020

■ Registration Center
www.registrar.eku.edu
Combs 218
622-1688

term for which you want to change or drop/add classes.

At this point, the system will ask for your alternate pin. This used to be called your RAC number and can be obtained from your adviser. After entering your pin, you can enter your Course

Reference Numbers, or section numbers, which are found in the course catalog. Then choose Submit Changes and the system will register you for the class.

Important dates

Aug. 24 is the last day to add or register for a full-semester course or drop a full-semester course without a grade of W.

Classes may be added or dropped via the Colonel Connection or Web until Aug 25. After that date, you will need to meet with your adviser in order to drop without receiving a failing grade.

Partial-semester courses can be added to a schedule until the first day the class meets and dropped through the halfway point of the course.

To withdraw completely from the university, report to the Registrar's Office in Coates 15 or call 622-2410.



Need a tutor?

■ Writing/Reading Center
622-6191, Case Annex 173
8 a.m.- 6 p.m. Mon.-Fri.; Sat.
/Sun. hours to be announced.

Open to all students. Offers tutoring in composition, grammar, spelling, literature and reading and study skills. Scheduled appointments and walk-ins welcome.

Additional hours available upon request.

■ Computer Writing Center
622-2918, Case Annex 172 and 176, 8 a.m.-6 p.m. Mon.-Fri.
Provides tutoring in computer use.

■ Math Tutoring Lab
622-6508, Wallace 342,

Mon.-Thurs., 9 a.m. - 6 p.m.
Fri., 9:15 a.m. - 3:30 p.m.
Evening hours to be announced.

The lab is open to students needing help with courses through the first semester of calculus and statistics. Services include one-on-one and small-group tutoring, computer-assisted instruction, instructional videos, assistance in preparing for class and standardized tests

and help with math study skills and math anxiety.

■ NOVA Program
622-1047,
2nd Floor of Turley House,
8 a.m.-4:30 p.m. Mon.-Fri.

NOVA is a highly structured and comprehensive "first-year student experience" open to pre-identified students who qualify for this

federally funded project. NOVA students enroll in a specially designed freshman orientation course taught by project staff members, who also serve as their advisers.

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Crack a book at Eastern's three libraries



Progress file photo

Many students spend numerous hours in the library, especially during finals.

The John Grant Crabbe Library and its Thomas and Hazel Little addition are located on University Drive between the Combs Building and the University Building.

On the first floor of the library are periodicals, including popular magazines, academic journals and daily newspapers from across the nation and the world, as well as Kentucky weeklies.

The University Archives and Special Collections and an extensive collection of microfilmed and microfiched publications are also available on this floor.

On the second, or main, floor of the library, visitors will find the circulation desk, the reference room and the Kentucky Commonwealth Virtual Library

computers, providing electronic access to popular and scholarly publications.

The Learning Resources Center and the Law Library and Documents Room are located on the third floor.

To search for something among the more than 420,000 items the library holds, use the eQuest Catalog. Computers are located in the circulation room of the library.

The eQuest system can also be accessed via the Internet at www.library.eku.edu.

Other libraries on campus include the White Law Enforcement Library in the Stratton Building and the Baker Music Library in the Foster Building.

Library hours

■ Crabbe/Little Library, 622-1785, University Drive
7:45 a.m.- 11 p.m. Mon. thru Thurs.; 7:45 a.m.- 8 p.m. Fri.; 10 a.m.- 6 p.m. Sat.; and 1 p.m. - 11 p.m. Sun.
■ White Law Enforcement Library, 622-1798, Stratton Building
8 a.m.- 9 p.m. Mon. thru Thurs.; 8 a.m.- 4:30 p.m. Fri.; 4 - 8 p.m. Sun; closed Sat.
■ Baker Music Library, 622-1795, Foster Building
8 a.m.- 9:30 p.m. Mon. thru Fri.; 5:30- 9:30 p.m. Sun. (when student worker coverage permits); closed Sat.



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How do I reach my department chair?

All phone extensions are 622-xxxx off campus, 2xxxx on campus. If e-mailing from outside the VAX system, add @acs.eku.edu to the address.

Department	Chair	Office	Phone	E-mail	College
Accounting, Finance & Info. Systems	Jessica Frazier	Combs 319	1087	accfrazier	CB&T
Agriculture	Danny Britt	Carter 2	2228	agrbritt	CB&T
Antropology, Soc. & Social Work	Steven Savage	Keith 223	1644	antsavage	CA&S
Art	Gil Smith	Campbell 309	1629	artsmith	CA&S
Aviation	Anthony Adams	Burrier 404	1014	aviadams	CB&T
Biological Sciences	Barbara Ramey	Moore 235	1531	bioramey	CA&S
Chemistry	C. Frank Shaw III	Moore 337	1456	cheshaw	CA&S
Communication	Maureen Everett	Alumni Col. 108	1871	comeverett	CB&T
Computer Science	Jaleh Rezaie	Wallace 417	2398	rezaie@eagle.eku.edu	CA&S
Counseling & Ed. Lead.Studies	Patricia Stevens	Combs 406	1124	patricia.stevens	Educ.
Correctional & Juv. Justice Studies	Kevin Minor	Stratton 105	1155	corminor	CJ&S
Curriculum & Instruction	Imogene Ramsey	Combs 112	2154	eleramse	Educ.
Criminal Justice & Police Studies	Carole Garrison	Stratton 410	1978	padgarri	CJ&S
Economics	John Wade	Beckham 237	1769	ecowade	CA&S
Earth Sciences	Malcolm Frisbie	Roark 9	1273	entfrisbie	CA&S
English & Theatre	Bonnie Plummer	Case Annex 467	5861	engplumm	CA&S
Envir. Health& Clinical Lab Sci.	Darryl Barnett	Dizney 220	3078	db.barnett	CHS
Exercise & Sports Science	Lonnie Davis	Weaver 202	1887	phedavis	CHS
Family & Consumer Sciences	Diane Leggett	Burrier 102	3445	fcsmaynard	CHS
Foreign Language & Humanities	Jose Varela	Case 386	2996	drvarela@yahoo.com	CA&S
Geography	Bruce Davis	Roark 206	1418	geodavis	CA&S
Government	Richard Vance	McCreary 113	4389	polvance	CA&S
Health Promotion & Administration	Donald Calitri	Begley 420	1142	heacalit	CHS
History	Ronald Huch	Keith 323	1287	hishuch	CA&S
Leisure Studies	Larry Belknap	Begley 402	1833	recbelkn	CHS
Loss Prevention & Safety	Larry Collins	Stratton 252	1009	lpscoll	CJ&S
Management, Marketing, and Admin.	Norbert Elbert	Combs 215	1377	cboelbert	CB&T
Mathematics & Statistics	Patrick Costello	Wallace 313	5942	matcostello	CA&S
Military Science	Lt. Col. Brett Morris	Begley 519	1205	mismorri	CA&S
Music	Robert James	Foster 101	3266	musjames	CHS
Nursing (Associate)	Peggy Tudor	Rowlett 222	1942	adnholde	CHS
Nursing (Bacc.)	Deborah Whitehouse	Rowlett 223	1827	bsnwhite	CHS
Occupational Therapy	Onda Bennett	Dizney 103	3300	otsberne	CHS
Philosophy & Religion	Ronald Messerich	Case Annex 168	1400	ron.messerich	CA&S
Physics & Astronomy	Chris Laird	Moore 351	1521	phylaird	CA&S
Psychology	Robert Adams	Cammack	1105	psyadams	CA&S
Special Education	Martin Diebold	Wallace 245	4442	seddiebo	Educ.
Technology	William Ed. Davis	Whalin 307	3232	tecdavis	CB&T

Plus/minus grading system begins this fall

This year, professors and students alike will have to get used to a new grading system. Eastern is adopting a plus/minus grading system. Now when you get a paper back, you could get an A-, B+ or even a D-.

The new system will also affect grade point averages. The new averages will be:

A	4.00
A-	3.67
B+	3.33
B	3.00
B-	2.67
C+	2.33
C	2.00
C-	1.67
D+	1.63
D	1.00
D-	0.67
F	0.00

Find out all your campus news every Thursday in

The Eastern
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www.progress.eku.edu

GST 300

Applied Principles of Peer Tutoring and Peer Mentoring

The Student Success Institute is offering a new class for anyone who is interested in helping other students succeed.

Who would be interested in this class?

Anyone who has a genuine interest in learning about helping other students succeed!

Anyone who is interested in learning more about mentoring relationships

Anyone who is interested in becoming a tutor

General Information:
Monday 3:35 p.m. - 5:05 p.m. 3.0 credit hours
Students enrolling will facilitate a lab class for first year students enrolled in GSO 102 as part of GST 300 requirements.

For more information, contact Cari Wallace at cari.wallace@eku.edu

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► Ask the Big Wigs

What is the most important thing a student should remember to build a successful future while at Eastern?

"If students can identify with faculty and staff, that can help them greatly. Also, be proud of being a student at EKU."

Eugene Hughes,
interim president



"Get involved. Be part of the community. Students will carry that forward into a job. It will help them get more from their college experience."

Vern Synder, vp for
university advancement



"Concentrate on studies. If you need help, there are people willing to give you that help. Get involved. It will round out your education and provide opportunities."

Dee Cockrille, vp for
student affairs



Don't forget to register for UWR

The University Writing Requirement is a one-hour examination in which students write an essay responding to an assigned prompt. The UWR assures the university that students possess effective writing skills before being allowed to earn their degrees.

You should schedule your UWR after passing ENG 101 and 102 and earning 60 hours, which is usually at the beginning of the junior year.

After 60 hours, and until the

UWR is passed, you may not enroll for more than 12 credit hours during any semester. If the UWR is not passed after 100 hours, you may not enroll in further degree courses until you pass it.

On test day, arrive 15 minutes before exam time to locate the room assigned to your letter of the alphabet and to check in. Bring a photo ID and know your Social Security Number.

If you miss your pre-registered UWR, you must sign up for the

next available exam date. If you take the exam and fail, see your adviser immediately to work out a remedial program, then reschedule the exam.

A handbook on preparing for the UWR, with examples of passing and failing essays and tips on taking the test, is available in the campus bookstore for \$1.

This semester, the UWR will be administered 9-10 a.m. Aug. 25 and 6-7 p.m. Oct. 12 in the Combs Building.

How Did You Spend YOUR Summer?

Working in retail or fast food? Bored & killing time? This was not the case for many Air Force ROTC cadets. Some flew at Mach 2, 19,000 ft. above the Italian countryside in an F-16 fighter, while others made free fall jumps & soared at the Air Force Academy in Colorado Springs. But their summer fun is only the tip of the iceberg. With school back in session, they are gaining unsurpassed leadership, management training, & experience, & working toward their guaranteed job as an Air Force officer (with a \$33K + annual salary) upon graduation. Better yet, most receive scholarships which cover tuition & fees, \$480 annually for textbooks, & provide a minimum, tax-free stipend of \$200 per month. Want to join an exclusive team that will lead to a commission in the **greatest** Aerospace Force in the world?

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HOUSING

Ignoring housing violations equals giant CATastrophe

It has come to my attention that there are two types of people in the world. There are those who can get away with anything — murder, cheating, you name it. Then, there are those who couldn't cough in class without getting a nasty look from a professor.



Heather Hibbits is a senior English major from London and copy editor for The Progress.

I have also come to the decision that I am a member of the latter group. I just seem to keep breaking the rules, and every time I get caught. You'd think after a while I'd learn my lesson. Well, I learned it where housing rules are concerned. I learned it the hard way.

It was summer semester. I was living on campus in Brockton Apartments. Somehow I had slipped through the consolidation loopholes, because I was living alone. Eastern's campus is a lone-

ly place in the summer, especially without a roommate. So I admit it, I broke the rules. I got a cat.

He was a tiny little alley cat I found at the flea market, just a few weeks old, and he really made the summer months less lonesome. I named him Lethe, after the mythological river of forgetfulness.

Of course, when the fall semester started, I just couldn't get rid of him. I had gotten too attached. My roommate didn't mind, so we kept Lethe around, hiding him during inspections.

As time passed, my roommate decided she wanted to go back to the dorms. Well, in all the hubbub of her move, I forgot to get Lethe out of the apartment during inspection. We were caught.

He was my cat, so I took full responsibility. What could they do? Kick me out of the dorms? I had that "who cares" attitude because I was moving, too. Had I read my student handbook, I would have cared a lot more.

Just before I moved off campus, I got a notice to report to the Turley House because of my violation. I snarled my nose, threw the paper away and didn't think

about it again. That is, until I tried to register for classes the next spring.

I had my list of class section numbers, called up the Colonel Connection, and punched in code after code to get in the system. I couldn't get through. My records were on hold. I had no idea what was going on.

After a few really confusing phone calls, I was told that I couldn't register because of a housing rule violation. I should have received a notice to report for counseling. Suddenly, that little slip of paper loomed in my mind. I called the Turley House.

In about a week, I had a counseling session where we reviewed housing rules. My records were cleared and I felt free. Unfortunately, I had waited so long before registering that four out of the five classes I needed were already filled. I was stuck. I ended up taking classes that really didn't count for anything.

That year was such a hassle because of that cat. I learned to never think they couldn't do anything to me when the rules are broken. They, who control the records, control your life.

Residence halls offer variety

Where will you live while you're constructing your future? If, like many college students, you're itching to get out from under your parents' noses, you'll live in one of the 13 residence halls on Eastern's campus.

All halls at Eastern have cable access, ResNet capabilities, computer facilities, kitchenettes, elevators, study rooms, telephone hookup and a TV lounge. Below is a list of residence halls and other amenities they offer.

WOMEN

- Burnam Hall: suites available, 24-hour quiet floors and non-smoking floors
- McGregor Hall: sorority floors
- Telford Hall: sorority floors, non-smoking floors, 24-hour quiet

floors and photocopiers

- Walters Hall: non-smoking floors and photocopiers

MEN

- Commonwealth Hall: 24-hour quiet floors and non-smoking floors
- Keene Hall: non-smoking floors, 24-hour quiet floors and photocopiers
- Martin Hall: Blimpie sub shop and convenience store

COED

- Case Hall: non-smoking floors and home of ConneXtions program
- Clay Hall: 24-hour quiet floor, non-smoking floors and photocopiers
- Dupree Hall: first floor medical/wheelchair accessible (women), non-smoking floor and

24-hour quiet floors

- Palmer Hall: none
- Sullivan Hall: non-traditional, graduate and honors program floors.

- Todd Hall: first floor medical/wheelchair accessible (men) and non-smoking floors

Eastern also offers apartment living on campus. Brockton efficiency apartments are located on Kit Carson Drive and are available to students meeting the age, credit hour, disciplinary and roommate requirements.

For any further information, contact the Housing Office in the Jones Building or check its Web site at www.housing.eku.edu.

Also, be sure to know your deadlines for any changes you want to make in your housing.

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7. Tell them you'll learn more if you watch "educational television", brought to you by Chapel Communications!
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Progress File Photo
If you follow some simple safety tips, you can keep yourself and your belongings safe from harm.

Safety a concern in new environment

There's always the question of how safe you feel when you move to a new place. You may be moving to Richmond from a small town where you don't lock your door even if you're going on a week's vacation.

Old habits are hard to break, but let's face it, you're not home anymore. You've moved to a new community. You're living with new neighbors.

When asked about dorm safety, the Housing Office has two main pieces of advice. The first is to practice good common sense. Don't leave money laying around. Most importantly, lock your door, even when you go down to take a shower.

Another little safety tip you may want to follow is to check out renter's insurance. Students bring entertainment systems, stereos, computer systems and more to school these days. Some students may have thousands of dollars worth of electronics sitting on shelves in their rooms. What happens if a pipe bursts or the residence hall catches on fire?

Renter's insurance can cover everything from theft to fire to flood damage. Renter's insurance, which is offered by campus affiliated companies and most commercial insurances, comes in very reasonably priced policies. It may be well worth it to check it out.

Safety tips

Residence halls:

- Keep your dorm room locked.
- Never prop open an outside door. This provides unauthorized people access to the building.
- During visitation, escort your guest at all times.
- Do not keep your ID with your keys.
- Report missing keys immediately.
- Evacuate the building when the fire alarm sounds.
- Do not tamper with fire equipment.
- Protect your possessions by engraving them with your Social Security Number.
- Avoid phone scams. If it sounds too good to be true, it probably is.
- Report suspicious persons or unescorted guests to hall staff immediately.

On campus:

- Be alert, observant and aware of out-of-the-ordinary occurrences or of any unknown persons and report it to Public Safety immediately.
- Avoid dark, vacant areas and dangerous shortcuts.
- Never walk alone at night.
- Be alert when you enter an elevator.
- Draw shades after dark, and never dress or undress in front of windows.
- Keep your door locked at all times, whether in your room or not.
- Keep first-floor windows locked when your room is unoccupied.
- Never leave valuables lying about in your room during term or vacations.
- Use only your last name on mailboxes and door plates.



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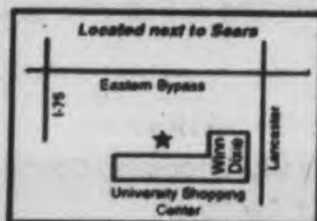
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Residence halls under renovation

Residence halls are in a state of change. All halls now have sprinkler systems installed in order to be in compliance with state regulations.

Combs Hall will be out of commission for a couple of years, said Kenna Middleton, director of housing. Combs is being converted from a residence hall to a group of "suite style" apartments. The apartments will have a kitchen, bath and private and semi-private bedrooms. Middleton said the project is still in the bidding process, but she expects construction to begin in the fall.

"Students have told us what they want. I think what the university needs now is options," Middleton said.

The rooms will have different configurations, with anywhere from one to eight people living in the same apartment.

Case Hall is also undergoing change this year. Case has been turned into a coed dorm in order to house the university's new project, ConneXtions.

ConneXtions is a new program for freshmen to integrate them

Where to go for help:

- Residential Coordinator
- Resident Assistants
- Student deskworkers
- Residence Hall Association

into campus life. According to Middleton, most students who drop out are first year students who haven't gotten "hooked into campus life."

"That's what we're trying to do with this — hook the students," Middleton said.

Students will not only have many classes together, but will be involved in out-of-class tutoring sessions and activities.

For more information on ConneXtions and how to become a member, see its Web site www.connections.eku.edu or contact Kenna Middleton at the Housing Office in Jones 106 or by calling 622-1515.

Missing roommate? Consolidation helps

What if my roommate doesn't show up?

It's your first year away at college. You have your housing assignment and are looking forward to meeting your new roommate. Maybe you'll become best friends. Maybe he or she will change your life in some way. Maybe he or she won't show up.

Yes, it happens quite often that the person on the other end of that little slip of paper is strangely absent when moving day settles down and it's time to get your new home in order. What happens when you're sitting there all alone once you've moved in?

Well, consolidation happens. Consolidation is the process of assigning people without roommates new ones. Your housing contract will tell you that you are required to work with the Housing Office to remedy the roommate problem.

This means one of three things has to happen: either you move, you move someone into your room or you get charged a private room fee.

You'll receive a letter during the second week of school letting you know that you are in the process of consolidation. Don't just sit back and see what happens


next. Take some action.

Your Residential Coordinator will have a list of all the students who don't have roommates. Find him or her and have a look at that list. Talk to people and find someone you might enjoy living with.

If you don't get involved, you may wind up with some total stranger the Housing Office has just tossed into your room. Or, they may toss you into a total stranger's room.

Don't be afraid of moving. Kenna Middleton, director of housing and residential services, said that the biggest problem the Housing Office faces is that students don't want to move again once they're here. Check out the other dorms. Maybe this one is a little closer to that morning class. Maybe that one has a sink in the room. Maybe you'll just like this one better.

The most important thing in consolidation is to be involved. Know your options. Contact your Residential Coordinator and find out what you can do. Talk to your classmates, because maybe they know someone or even need a new roommate themselves. You never know, you may find that life-long friend yet.



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PARKING

Avoid fines, walks by obeying rules

Any construction zone has its own dangers. I just wish I had known they were lurking in the parking lot.

It was my first day at Eastern. I had an 8 a.m. class. I drove my beat-up Toyota pickup the 45 minutes north from London to Richmond. I had no idea where I was going, so I pulled into the first parking space I could find.

Of course, I was running late. I spent a few minutes checking my ap, wondering for just a moment if I should worry about my driver's side window being gone. I decided against it and then excitedly headed off to my very first class, English 301.

My first day went great. I found all my classes easily and knew I'd love my new professors. I left my final class that afternoon with a light heart. Little did I know disaster was only a few steps away.

When I got to the parking lot my truck was gone. No, I wasn't in the wrong lot. Yes, this was right where I'd left it that morning, and it was nowhere to be found.

I ran into the closest building and asked someone to use the phone. My truck had been stolen.

The young lady behind the desk seemed very concerned and asked where I had parked. "Right outside in that lot," I exclaimed. She smiled and pointed out to me that I had

parked in an employee lot. Surely they wouldn't tow my truck the very first day of classes, would they?

I called Public Safety. Sure enough, they had towed my truck for being parked in an employee lot. Where was it? They would tell me after I came over and paid my fines.

Just then the rain hit. It was no light sprinkle, either. This was a good old summer deluge. My umbrella was in my truck. Brewer, the Public Safety building, was all the way across campus. In a much worse mood, I started my trek across campus.

When I finally dragged my rain soaked self into the Brewer Building, I had to wait in a line of students who had fallen into the same assumption as me, expecting first day leniency.

I paid my \$35.50 towing fee, exact change only. What a stroke of luck that I had it. Then the officer informed me that my truck was in the Stratton Lot, across the bypass. The rain still was pouring.

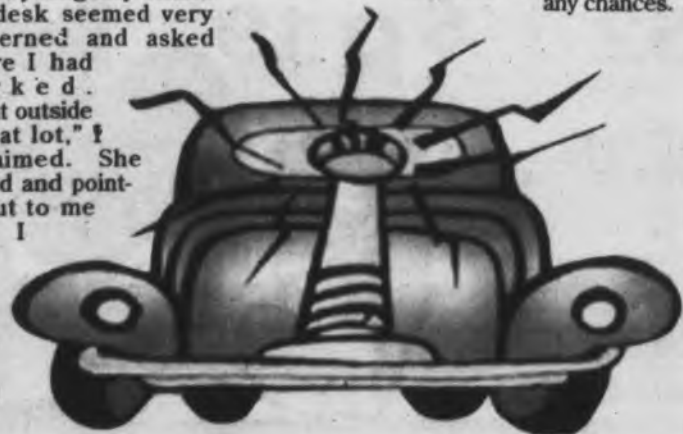
Once again, I began my journey. At this point, the absurdity of the situation had hit me, and casually, as though I hadn't a care in the world, I began my walk up Kit Carson Drive.

To this day, I have no idea how long the trip from Brewer to the Stratton Lot is, but in my mind it's about 10 miles. I was never so happy to see my little truck with the broken out driver's side window.

Since that day, I have never parked in an employee parking lot. I learned my lesson. Make sure you know where your vehicle is supposed to be. Don't take any chances.



Heather Hibbits is a senior English major from London and copy editor for *The Progress*.



Based on survey data (2000) from 903 ECU students randomly selected from within each college.



72%
of ECU
Students
Have

5
or Fewer
Drinks
PER
WEEK



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Waiver 202
622-1303

1 drink equals: 12oz. beer = 4oz. wine = 1oz. liquor.



Park, ride all over campus

Eastern's shuttle service provides transportation across the bypass from the main campus to south campus areas. The shuttles run weekdays beginning the first day of classes from Alumni Coliseum to the Stratton Building and visa versa.

Also available to students are the shuttle vans. These run Sunday through Thursday from 6 p.m. to 2 a.m. Shuttle vans provide transportation on campus only.

Departure times are:

MON/WED/FRI	TUES/THUR
7:45 a.m.	7:45 a.m.
8:55 a.m.	9:20 a.m.
10 a.m.	10:50 a.m.
11:05 a.m.	12:20 p.m.
12:10 p.m.	1:50 p.m.
1:15 p.m.	3:20 p.m.
2:20 p.m.	
3:30 p.m.	
4:30 p.m.	

Where can I park?

Parking in construction zones can be hazardous to your wallet. Public Safety fines range from \$10 to \$100 plus any towing fees that might be incurred. Know where to park your vehicle.

Both new and returning students must register their vehicles with Public Safety in order to park on campus. Auto registration section numbers can be found in your class schedule book, and are treated just like a class. You must have a paid tuition receipt and a copy of your vehicle registration in order to pick up your permit.

Permits can be picked up in Keen Johnson beginning the first day of classes. If you're late in picking up your permit, you will have to go to the Brewer Building.

According to Mark Jozefowicz, assistant director of Public Safety, students parking in employee lots will be subject to penalties beginning Aug. 12. Commuter and resident lots will not be checked until Sept. 1. At that point, all students must have their vehicles registered and parking permits properly displayed.

Remember, to play it safe, get your permit properly displayed and park in your designated area. Your parking permit is color coded to match signs at parking lot entrances. Commuter color code is brown, residence hall parking is blue and Brockton is green. All employee lots are coded yellow.

Taxicabs

If you need to get out and don't have a car or just don't want to lose that great parking space, Richmond has several cab services available.

■ Colonel's Cab Company 624-8294

Rates: \$4.50 within city limits, \$5.50 across Keeneland or Eastern Bypass and \$1 a mile outside the city. Sunday through Thursday.

■ OK Cab Company 624-0492

Rates: \$4.50 within city limits, \$5.50 across Eastern Bypass (or more depending on destination). OK also offers two-for-one rates for students traveling to and from the same destination.

■ Foothills Express 624-3236

Rates: \$1.25 per mile anywhere.



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Progress file photo

Ticketing cars is common on Eastern's campus, but if you feel you got the pink slip in error, simply file an appeal with Student Court.

Ticket appeals heard by students

Do you feel as if your parking ticket is unfair? Do you want to appeal it?

Eastern's Student Court will hear all parking appeals with a degree of "fairness, consistency and maturity." The Student Court adopted the creed when it took over the parking appeals process after the University Parking Appeals Committee did not meet during the fall semester last year.

The appeals committee is made up of seven members of the

Student Court, one faculty member and one staff member. If you feel you have been ticketed unfairly, pick up an appeal from the Division of Public Safety Office 24 hours a day.

Any person charged with a violation of Eastern Kentucky University parking regulations must register an appeal within 15 calendar days of the date of the violation or pay the penalty.

For more information, call the Division of Public Safety Parking Services at 622-1063.

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Send that special someone a happy birthday message on the Progress. (That means FREE!!) E-mail your greeting to progress@acs.eku.edu. Be sure to include your friend's name, age (optional) and special message. For verification purposes we will need your name and phone number, but this information will not be printed.

HELP WANTED:

The Progress is looking for a circulation director. Need to be available 6 a.m. - 10 a.m. Thursday mornings. Excellent benefit package, plus it's a good workout. You'll also get to read The Progress before anyone else. Call Dr. Fraas ASAP at 622-1880.

Want to get rid of that treadmill collecting dust? Need to sell that Furby you fought in line for hours to get? Looking to unload all those Spice Girls CDs? Get your junk in The Progress classifieds. \$4/10 words.

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305 Geri Lane (behind
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Sun. Evening Worship: 6 p.m.
Wednesday Evening: 7 p.m.
Radio Services: Weekdays at
1:30 p.m. on WCBR 1110 AM
Van rides available on or off
campus. (Contact Lynn at 859-
624-3601.)

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2323 Lexington Rd. (U.S. 25
N.)
Phone: 859-623-1226
Sunday Worship: 8:30 a.m. and
11 a.m.
Adult Education: 9:30 a.m.
Canterbury Fellowship: Fridays,
Noon, at Powell Grill

Faith Created Assembly of God

401 University Dr. (The Wesley
Foundation Building on
Campus)
Phone: 859-623-4639
Sunday: 10:45 a.m.
Wednesday: 7 p.m.
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1405 Barnes Mill Rd.
Phone: 859-624-9878
Sunday School: 9:30 a.m.
Sunday Worship Services: 10:45
a.m. & 6:30 p.m.
Wednesday Night Youth &
Prayer Services: 7:00 p.m.
For free transportation to
Sunday morning services, call
859-624-9878.

First Baptist Church

350 W. Main at Lancaster Ave.
Phone: 859-623-4028
Sunday School: 9:40 a.m.
Sunday Worship: 8:30 a.m., 11
a.m. & 6:30 p.m.
Wednesday Worship: 6:30 p.m.
S.U.B.S.: 8 p.m. at BSU Center

First Presbyterian Church (PCUSA)

330 W. Main St.
Phone: 859-623-5323
Church School: 9:45 a.m.
Sunday Worship: 11:00 a.m.
(rides available)
Westminster Fellowship: Wed.,
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136 Aspen Avenue
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Morning Worship: 10:40 a.m.
Sunday evening: 6 p.m.
Wednesday: 7 p.m. — Bible
Study, Youth, College & Career,
Children's Programs

St. Stephen Catholic Newman Center

405 University Drive
Phone: 859-623-9400
Sunday Mass: 5 p.m.
Sunday Supper: 6 p.m. (\$1.00)
Inquiry classes for becoming
Catholic: Wednesday 7 p.m.
Newman Night for all students:
Wed. 9 p.m.

St. Thomas Lutheran Church

1285 Barnes Mill Rd.
Phone: 859-623-7254
Sunday Traditional Service:
8:30 a.m.
Sunday School: 9:45 a.m.
Sunday Contemporary Worship:
11 a.m.

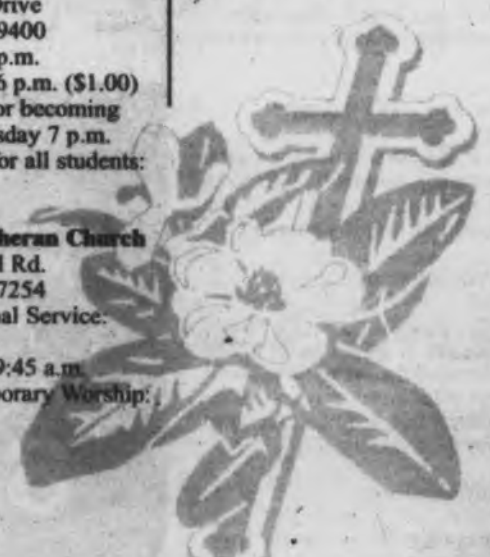
Trinity Missionary Baptist Church

Jack's Creek Pike & U.S. 25 N.
Tony Herald, Minister
Phone: 859-623-6868
Sunday School: 9:45 a.m.
Sunday Worship Service: 11
a.m. and 6 p.m.
Wednesday Service: 7 p.m.

White Oak Pond Christian (Disciples of Christ)

1238 Barnes Mill Rd. (at
Goggins Lane)
Phone: 859-623-6515
Sunday Worship: 9 a.m. & 11
a.m.
Coffee Fellowship: Sundays, 10
a.m.
Sunday School: 10:15 a.m.
Monday Prayer Experience:
5:30 p.m.
Wednesday Dinner and Bible
Study: 6 p.m.

To place church information in
the Progress Church Directory,
call 622-1881.



Build week around Progress

OK, so your future is under construction. That doesn't mean you have to be out of commission as to what's happening on your campus.

The Eastern Progress, which turns 80 this year, is the student-run weekly newspaper published by the department of communications. The purpose of the Progress is to provide news, features and opinions for the students, faculty and staff of the university.

The Progress is published each Thursday during the semester, with the exception of university vacation periods, and has a circulation of 10,000. The Progress is distributed free on campus and at high traffic points around the city of Richmond. Look for the paper in maroon boxes and racks in classroom buildings, dorms and the student center.

In addition to providing cover-

age of breaking news and campus events, the Progress serves as a training ground for student journalists, photographers, artists and advertising sales people. Students from all majors are welcome to apply for positions.

Salaries range from \$90 a week for the editor to \$15 a week for entry-level writing positions. Advertising representatives earn a healthy percentage of their sales. Even if you don't have time to work at the Progress, you can always let us know if you would like to write a story, take pictures, etc. on a contributing basis.

What's on Tap is an informative listing of campus and community events and happenings. Be sure to get your events listed by sending us the information by noon each Monday. E-mail or mail

your announcement to Attention: What's on Tap.

The Progress welcomes submissions for columns by Eastern's students, staff and faculty.

My turn columns and letters to the editor should relate to a current topic on campus. These must be received at The Progress office by noon the Monday before publication.

All authors of columns must also agree to having their photograph run next to their column.

The editor of the Progress reserves the right to edit columns for length.

■ **How to reach the Progress:**
Call 622-1881
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Web site: www.progress.eku.edu
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EKU Chapter - Public Relations Student Society of America

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everything you need—in one place

FOOD/FITNESS

Avoid the 'Freshman 15'

Cooking is easy in your home away from home

While constructing your career at Eastern, be careful not to build something else... your waistline. The "freshman 15" takes hundreds of victims each year, but if you know the ropes, you might avoid its wrath.

The first thing you need to know is that fast food isn't the only food in Richmond. If you live in residence halls there are several cooking appliances you are allowed, so put them to use.

Each resident may bring a microwave up to 700 watts, hot air poppers, crock pots, pop-up toasters, some types of coffee pots and an up to four cubic feet refrigerator.

That is it, though. Several appliances are off limits, such as hot plates, toaster ovens and deep fryers, and may be confiscated if found during room checks. If ille-



gal appliances are confiscated, you will get them back at the end of the school year.

Each appliance must be registered with hall staff.

If you don't have the allowed appliances or the room to store them, each residence hall is equipped with a kitchenette for students.

The kitchenettes consist of an oven/stove, most have sinks and

some microwaves. Martin, Keene, Todd, Dupree, Clay, Burnam, Sullivan, Commonwealth and Palmer halls require a key to use the kitchenettes. The keys are available at the hall's front desk. There are no fees to use these facilities.

Kenna Middleton, director of housing, said the most important thing to remember whether you are cooking with appliances in your room or using the kitchenettes is storage space.

Since refrigerators are small, make sure you don't overdo it when it comes to shopping for food that must be kept cold, she said.

Middleton suggests for students who will be using the kitchenettes to bring basic cooking utensils, such as pots, pans, etc.

Also, remember that there

are more than frozen dinners that can be made in your room. Try soups, hot cereals, rice dinners, microwavable desserts or anything that won't take up all your refrigerator space to store.

There are also several new products like macaroni and cheese and other pastas that are microwavable.

"Now there are just so many things that are microwavable," Middleton said. Her only regret is that these products weren't available when she was in school.

"When I was here at Eastern, my roommates and I lived on macaroni and cheese," Middleton laughed. "Every now and then we would throw some tuna in with it and have tuna fish casserole."

Appliances

What's allowed in your room? Here's the list.

Allowed:
microwaves up to 700 watts
hot air poppers
crock pots
pop-up toasters
thermostatically controlled coffee pots
refrigerators up to four cubic feet

Not allowed:
hot plates
toaster ovens
deep fryers
electric frying pans
"George Foreman" grills
sandwich makers
any other appliance with an open heating element

Intramural programs help stay active, relieve stress

Got Stress? Joining a team sport can be an easy, fun and cheap way to relieve personal and academic worries.

The cost is \$20 per team and for the 2001-2002 school year a new All-Sports Trophy will be awarded to the team accumulating the most points for all sports combined.

A team can be started by anyone as long as there are enough teammates. Also, any fraternity or sorority may have its own team. Teams can consist of men, women or both.

Students who are members of an Eastern sponsored sport are not eligible for that intramural sport.

To sign up, go to Billings and Collections in Goates Room 1 and pay the \$20 non-refundable entry fee. Next, make sure to bring the receipt by the Intramural Office by the sign-up deadline.

Any student wanting to be an official for any team sport may go through an official's clinic. No experience is necessary and the

pay is \$7-\$8 a game/hour.

Sign-up dates

FALL	SPRING
■ Flag Football Aug. 27-29	■ Basketball Jan. 22-24
■ Soccer Sept. 10-12	■ Softball March 4-6
■ Volleyball Oct. 9-11	

The Intramural Office also plans special events/trips and tournaments throughout both semesters.

The Intramural Office also rents outdoor equipment to students and faculty. Equipment includes tents, backpacks, sleeping bags, coolers, stoves, volleyball kits, horseshoes and tug-of-war ropes.

For more information on any sport or upcoming event, call the Intramural Office at 622-1244 or stop by in Begley 202.



Progress file photo

Flag football is a popular intramural sport. Sign-ups are Aug. 27-28.

Work out spots

If you don't think you'll have the time to join an intramural team sport, there are still plenty of places on or around campus to work out. If you want to sweat it out on the court or simply stroll off the pounds by walking the track, it's all here for you.

Racquetball
Begley Building racquetball courts are available first come, first serve for students from 5:30-10 p.m. Mon-Fri. and 1-10 p.m. Sat. and Sun. Eastern ID required. Call 622-1245.

Indoor tennis
The Greg Adams Building, across the Eastern Bypass on Kit Carson Drive, has four

See **WORKOUT**, 21

ARAMARK freshens up cafeteria

Students who have been eating at the Top Floor Cafeteria in the Powell Building will be in for a big surprise when they return this fall. Although construction and renovations are taking place all over campus, the Top Floor Powell Cafeteria is getting a facelift of its own.

ARAMARK is turning the Top Floor Cafeteria into the "Fresh Food Company," which will provide "exhibition cooking." This is better known as cooking to order.

"It will be a much better atmosphere than it is now for the students who eat here sometimes 19 times a week," said Dave Freeland, senior director of dining services.

The different dining areas will include:

- Kentucky Kitchen — traditional southern cooking
- Bluegrass Grill — hamburgers, hotdogs and paninis
- Cafe Roma — pastas and pizza
- Derby Deli — traditional deli fixes and wraps
- Fresh Produce Market — salad bar, self serve
- Beverages and desserts

"There will be a lot more personal and custom services," Freeland said.

The purpose of this new dining service is to give students more options for their meals and provide a fresher and more enjoyable meal. Each meal is made to order and it is still all you can eat.

The new dining hall will now seat 855 people. The old area sat just under 600, so finding a place to sit with your friends shouldn't be a problem.

As the food service increases, the prices will not. Breakfast will cost \$4.75, lunch \$5.75 and dinner \$6.95, the same as last year.

Any student using the Colonel Card or Flex Dollars will receive a \$1 discount off the meal. Cash also is accepted.

The Top Floor will be open Monday-Friday, 7 a.m.- 7 p.m., and Saturday and Sunday, 10:30 a.m.- 1:30 p.m. for brunch and 4:30- 6:30 p.m. for dinner.

The Grill, located on the bottom floor, will return with the same restaurants as last year. Those include BENE Pizza, Burger King, Chick-fil-A, Cranberry Farms, Freshens and Java City and Sombrero's.

Hours of operation for The Grill are Monday-Thursday, 7:30 a.m.- 9 p.m.; Friday, 7:30 a.m.- 5 p.m.; Saturday, 10:30 a.m.- 2 p.m. and closed on Sunday.

Martin Hall houses Blimpie and a convenience store with health and beauty aids. They are open Sunday-Thursday, 5 p.m.-midnight, and Blimpie delivers on campus.

For further information about ARAMARK food services or employment opportunities, call 622-3691 or stop by the office in Powell 17.



Above: Many students enjoy breakfast, lunch and dinner in the Top Floor cafeteria. Right: ARAMARK's "Fresh Food Company" is under construction. Here is a sketch of what it will look like when complete.



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Build an appetite on any budget

While constructing your future, you will probably build an appetite, as well. Richmond offers a variety of eateries sure to satisfy your every need.

American

- **Applebee's Neighborhood Grill & Bar**
853 Eastern Bypass, 624-1224
Home of the Brewtus.
- **Banana's Bar & Grill**
1101 Kim Kent Drive, 626-1100
- **Buddha Belly Bar and Deli**
145 N. First St., 625-5533
Order a sandwich, drink a beer and listen to live music.
- **Buffalo Wild Wings**
Richmond Mall, 624-2420
Spicy appetizers served with wide — and we mean WIDE — TV.
- **Champions Restaurant & Sports Lounge**
1025 Amberley Way, 624-4444
Dinner and bowling. What a treat!
- **Gibson Bay Cafe Inc.**
2000 Gibson Bay Drive, 625-0704
- **Hall's on the River**
1225 Boonesboro Rd. (859) 527-6620. It's a 20-minute drive, but this Clark County river restaurant has atmosphere.
- **J. Patrick's Grille & Bar**
1094 Barnes Mill Rd., 624-4000
Check out Happy Hour appetizers.
- **Madison Garden**
152 N. Madison Ave., 623-9720
The place for Colonel fans to catch the spirit(s).
- **O'Charley's Restaurant & Lounge**
815 Eastern Bypass, 624-8868
Famous for its cheesy potato

soup.

- **O'Riley's Grill and Bar**
150 E. Main St., 623-7341
- **Red Lobster**
828 Eastern Bypass, 623-3503
- **Serendipity**
644 University Shopping Center, 624-5400
Besides java and sandwiches, you can get ice cream here, too.
- **Sonny's Real Pit Bar-B-Q**
1041 Berea Rd., 624-4499
Coach Roy Kidd likes it!
- **Woody's Restaurant & Bar**
246 W. Main St., 623-5130
- **Wyatt's**
124 S. First St., 624-0021

Ethnic

- **Bellagio's**
1100 Kim Kent Drive, 626-3800
Intimate Italian dining.
Reservations suggested.
- **Casa Cafe**
459 Eastern Bypass, 623-8582
Inexpensive and filling Mexican specialties served by Mexican chefs.
- **China Hut**
Richmond Mall, 623-3668
- **China King**
839 Eastern Bypass, 623-8856.
- **Fong's Chinese Restaurant**
410 Eastern Bypass, 623-0660
- **Grand China Buffet**
882 Eastern Bypass, 624-3888
EKU students get a 10 percent discount on this buffet.
- **Rio Grande Mexican Restaurant**
709 Big Hill Ave., 626-3666
- **Tsing Tao**
300 W. Main St., 624-0133

Family

- **Burns Family Restaurant**
107 Big Hill Ave., 623-8265
- **Cracker Barrel Old Country Store**
Exit 90 I-75, 623-0037
- **Early Bird Restaurant**
1417 Lexington Rd., 624-1649
Great breakfast and open early!
- **Frisch's Big Boy**
136 N. Keeneland Drive, 623-5516
Strawberry pie, onion rings, Big Boys ... can't be beat.
- **Madison Stockyard Restaurant**
349 K St., 624-1978
- **Opal's and Opal's Too**
Richmond Mall
Burgers and good home-styled southern cooking.
- **Honey's**
241 Eastern Bypass, 623-8190
- **Waffle House (Two locations)**
104 N. Keeneland, 623-3255
220 Eastern Bypass, 624-2399
You can find your friends here after going downtown.

Fast Food

- **A&W and Long John Silver's**
530 Eastern Bypass, 623-1847
Frosty rootbeer and a great oldies juke box.
- **Arby's Roast Beef Restaurant**
430 Eastern Bypass, 623-5060
Richmond Mall, 624-2683
- **Bob Evans (Opening Soon)**
Next to Steak 'N Shake by Exit 87
- **Burger King**
Eastern Bypass, 623-8353
3198 Lexington Rd., 623-2321
Home of the flame-broiled Whopper.
- **Captain D's Seafood**
1059 Berea Rd., 623-9580
- **Dairy Queen (Two Locations)**
Big Hill Ave., 624-0481
131 N. Keeneland Drive, 623-3625
You gotta get a Blizzard.
- **Gold Star Chili**
Richmond Mall, 624-3613
- **Hardee's Restaurant (Two Locations)**
107 S. Keeneland Drive, 624-9710
520 Eastern Bypass, 624-2750
- **Fazoli's Italian Food**
441 Leighway Drive, 624-0884
- **Kentucky Fried Chicken**
851 Eastern Bypass, 623-6000
The Colonel's recipe is still finger lickin' good.
- **Krystal's**
440 Eastern Bypass, 626-0467
- **Lee's Famous Recipe Fried Chicken**
1071 Berea Rd., 623-0253
Party catering available.
- **McDonald's (Three Locations)**
Eastern Bypass, 623-1428
Richmond Plaza, 623-8864
3000 Simpson Ln., 625-9611
- **Mocha Jo's**
Richmond Mall, 625-5422
Ice cream and coffee shop.
- **Penn's Ham Shop**
620 Big Hill Ave., 625-0319
- **Rally's**
509 Eastern Bypass, 623-5754
- **Sonic Drive-In**
613 Big Hill Ave., 623-0333
- **Subway Sandwich Shop (Two Locations)**
200 S. 2nd St., 624-9241
Eastern Bypass, 624-9241
Campus location delivers.
- **Wendy's Old Fashioned Hamburgers (Two Locations)**

Eastern Bypass, 623-6985
113 N. Keeneland Drive, 623-6458

Pizza

- **Apollo Pizza**
228 S Second St., 623-0330
Dine in, carry out and free delivery.
- **Arizona Jack's Oven Grinders and Pizza**
Carriage Gate Center 837 Eastern Bypass, 624-1540
Great grinder sandwiches.
- **Domino's Pizza**
119 S. Collins St., 623-0030
Delivery or carryout.
Pizza, breadsticks, hoagies and wings.
- **Little Caesars Pizza (Three Locations)**
799 Eastern Bypass, 625-1333
539 Mahaffey Drive, 623-0771
Inside Kmart
Pizza, wings and more.
- **Papa John's Pizza**
455 Eastern Bypass, 624-2828
Free delivery and carryout.
- **Pizza Hut (Two Locations)**
360 Eastern Bypass, 623-2264
116 S. Keeneland Drive, 625-1000
- **The Pizza Oven**
Richmond Mall, 625-5006
- **Snappy Tomato**
620-B Eastern Bypass, 625-1333

Steak Houses

- **Outback Steakhouse**
400 Highland Park Drive, 624-9000
- **Western Sizzlin Steak House**
1600 Foxhaven Drive, 623-5024
Great rolls and salad bar.

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Progress file photo

Eastern's infirmary provides treatments, advice and sometimes free medicine to ill students.

Infirmary now serves everyone

The infirmary is not just for full-time students anymore. Fall ushers in a change at the infirmary that adds handling health needs of part-time students along with those already being cared for.

The infirmary is in Rowlett 103

and is open 8 a.m.- 5 p.m. weekdays (except holidays).

Physicians and nurses provide treatment, advice and sometimes free medications.

Appointments are suggested for treatment of minor injuries and illnesses, sexually transmitted dis-

eases and other ailments; walk-ins also are welcome. Psychiatric and family-planning counseling are offered, too.

Call 622-1761 for an appointment or information.

Look for announcements about flu shots in October.

WORKOUT: lift, run, play on campus

From Page 18

indoor courts. The facility is open 7:45 a.m.- 3 p.m. Mon.-Fri. Call 622-2144 to reserve a court.

Outdoor tennis

Eastern offers several outdoor tennis courts: Martin Hall Court, beside Alumni Coliseum and behind the State Police barracks, and Irvine McDowell Park on Lancaster Ave. is a great spot off campus.

Swimming

Don C. Combs Natatorium, Alumni Coliseum, 622-2137. Student and faculty/staff recreational swims 1 - 6 p.m. daily. Faculty/staff lap swim noon - 1 p.m. weekdays. A valid Eastern ID is required.

Weaver Pool, 622-1894. Open to students and faculty/staff for lap swims 4 - 5:30 p.m. Mon. - Thurs. Eastern ID required.

Golf

Arlington Golf Course, Lexington Road, 622-2207. Open 8 a.m. - dusk Tues.-Sun. and 1 p.m. - dusk Mon. Prices are \$7 weekdays and \$14 on weekends for students with a valid ID. Tokens for the driving range, \$1.50.

The Bull at Boone's Trace, 181



Avawam Drive, 623-4653. Greens fees for 18 holes \$30 Mon. - Thurs; \$25 Mon-Fri. before 9 a.m.; and \$35 Fri.-Sun. Nine holes are \$18 Mon.-Thurs. and \$19 on Fri.-Sun. and holidays.

Gibson Bay Golf Course, 2000 Gibson Bay Drive, 623-0225. Open 8 a.m.- dusk weekdays and 7 a.m.-dusk weekends. Prices \$12 weekdays, \$18 on weekends. Driving range open 7:15 a.m. - 10 p.m. weekdays and 7:15 a.m. - 11 p.m. on weekends. Buckets are \$2, \$4

and \$6.

Madison County Golf Course, Red House Road, 623-6468. Private course open to the general public only if you tee off before 11 a.m. Mon., Wed., Thurs. and Fri. The price for nine holes is \$10 and 18 holes is \$15.

Weight room

Weight-training equipment is available in the Begley Building from 6:30 - 8 a.m. and 11:45 a.m.-10 p.m. Mon.-Fri. On game days, the room is open 1-10 p.m. Sat.-Sun. Call 622-1251.

Harry Moberly Building Fitness Center, 622-8166. This facility is open to students and contains numerous treadmills, cross trainers, exercise bikes, weight machines, etc. It also is air conditioned, has TVs and is well-lit with windows to the outside. Times of operation will depend on classes scheduled in the facility, but you can call the center after school starts to find out when it is available.

Walking/running tracks

Tom Samuels Track located beside Commonwealth Hall on Kit Carson Drive.

Basketball courts

Weaver Gym, 622-1694. The gym is open 6-9:30 p.m. Mon.-Thur., 6-7 p.m. Fri.; 1-6 p.m. Sat.; and 1-10 p.m. Sun.

Begley Building Gyms are open from 5:30 - 10 p.m. Mon.-Thur.; 5:30 - 9 p.m. Fri.; and are closed on Sat. and Sun.

Alumni Coliseum Parking Lot courts are always open.



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201 Water St.: 626-0551

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FINANCES

MONEY MATTERS: Where to go for some dough

Whether it's the beginning of the semester and you're just buying books or if it's the end and you're selling them back, either way you'll probably need cash . . . fast. So, when Mom and Dad send that check, there are several places both on and off campus to get it cashed.

Check cashing

ON CAMPUS

■ Billings and Collections, Coates Building cashiers window, 622-1232. B&C will cash personal checks up to \$50 per day, checks from parents up to \$200 per day and most payroll checks. Valid ID is required for both students and employees. Any student or employee having a past due account or three or more returned checks will lose check cashing privileges.

OFF CAMPUS

■ College Station Liquors, 100 Water St., 623-0890. College Station will cash payroll checks free of charge and personal checks for up to \$10 over the purchase amount.

■ Wal-Mart, 624-4330, will cash personal checks for \$10 over the amount of purchase and payroll checks if 10 percent of the check is toward store purchase. Valid ID is required.

■ Kroger, 624-1091, will cash personal checks for \$25 over the amount of purchase and payroll

checks for store credit of \$5.

■ Winn Dixie, 623-2254, will cash personal checks up to \$10 and payroll checks up to \$500 for a fee depending on the amount of the check.

Check advances

If you don't have the money in your account, but plan on having it in the next two weeks, some places around Richmond will cash your check and hold it for a set time before depositing it. Of course, there is a fee for this service.

■ A Plus Check Advance, 625-5266

■ Check Exchange, 623-1199

■ Check for Cash, 625-1111

■ Mr. Check, 623-2435

■ National Cash Advance, 625-0555

Banks

If you don't want to carry around all that cash, some area banks have special services for Eastern students.

■ Bank One, 624-4945

■ Citizens Guaranty Bank, 624-2138

■ Community Trust Bank, 623-2747

■ Cumberland Valley National Bank and Trust, 623-2243

■ First Southern National Bank, 623-7199

■ Firststar, 624-4930

■ Madison Bank, 626-8008

■ National City, 624-7423

■ Peoples Bank of Kentucky, 626-0431

■ Peoples Bank of Madison

County, 623-2133

Get a job

If you don't have money to need a check cashing service or bank, there are places on and off campus to help with that, too.

ON CAMPUS

■ Eastern's Career Services, 622-1568, www.career.eku.edu, will help with job search assistance, internship searches, hosts job fairs, help you find a graduate school and more. This office can prepare you for an interview, help you find employers or even write a resume.

■ Eastern's Cooperative Education, 622-1296, www.coop.eku.edu, will give you college credit for work. You can find your own job or this office will do it for you.

OFF CAMPUS

■ CBS Personnel Services, 624-3111, offers permanent and temporary employment in the technical, industrial, general labor, accounting, secretarial and factories areas.

■ Express Personnel Services, 624-JOBS, offers temporary, full-time or executive positions in office/clerkical, light industrial, technical and computer training fields.

■ Adecco, 626-8841, will help you find a temporary or permanent position in a variety of fields.

■ Kelly Services, 624-1644, offers direct placement in different types of jobs.



Progress file photo

Hundreds of students get federal work study jobs each year.

Federal work study available on campus

In addition to student loans and grants, students may also be eligible for federal work study. This program gives students the opportunity to work at a variety of campus jobs.

Once a student goes through the student loan application process, the computer automatically determines if a student is eligible for the work study program. The student will be notified of eligibility by a financial aid award letter.

But federal work study is not limited to loan or grant recipients. Any student can apply for work study. The application is similar to the financial aid process because the student must prove eligibility and need for work study.

Many of the work study jobs are given by the residence halls and the library. Other

jobs can include lab assistants and office workers.

To be eligible for institutional employment, a student must be full-time and maintain a 2.0 GPA. It also is granted to incoming freshmen, but is not limited to them. A bulletin of available work study and institutional employment is located on the second floor of the Coates Building.

Students may get up to 20 hours a week, but can work less or more than the awarded hours.

The minimum wage a student can make is \$5.15, the minimum wage for Kentucky, but each area or department decides the wage to be paid for a specific job.

For further questions or to apply for campus work, students can contact the Financial Aid Office at 622-2361 or go online at www.finaid.eku.edu.

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Clothes, bait, gifts found in Richmond

Whether you need new digs for the first day of class, food for the fridge, a gift for that special someone or live bait for a day at the lake, you can find it all just minutes from campus.

■ The Richmond Mall, 623-2111, houses Dawehare's, J.C. Penney, Maurice's, Deb. Goody's, Fashion Bug, Roger's Hallmark, Hibbett Sports, Sports Sensation, Shoe Sensation, PayLess, Las Vegas Golf and Tennis, General Nutrician Center, Footlocker, Kay-Bee Toys, Claire's Boutique, Regis Hair Salon, Radio Shack, Bath and Body Works, several jewelry stores, a food court, Cinemark Movies 8 and more.

Cover Up

- Cato, 623-0423
- Irene's Fashions, 624-2001
- Fox Stuff, 624-2253
- Golden Mannequin, 624-8331
- Soft Shoe, 623-8561
- First Gear, 624-2200
- New Way Boot Shop, 623-7938
- Jett & Hall Shoes and Clothing, 623-1975.
- Shoe Show, 624-5955
- Patterson Fashions, 626-8661

Something Special

- Bybee Pottery, 369-5350
- Merle Norman Cosmetics, 624-9825
- Gifts To Go, 624-4199
- Recordsmith, 623-5058
- Sound Advice Music, 624-8962
- Hastings, 626-5078
- OfficeMax, 624-4437
- Ceramics-N-Such, 624-0052
- Charming Gold, 623-7749
- The Cain Pole, 623-8651
- Barrie's Live Bait Shop, 623-9836
- The Gift Box, 624-0025

- Parks Gifts & Jewelry, 623-1348
- Timeless Treasures with a Classy Touch, 623-1333
- Village Peddler, 623-1224
- Peddler's Mall, 626-0688
- Foley's Outdoor World, 626-0008
- House of Soccer, 626-0085
- Taylor's Sporting Goods, 623-9517
- The Botany Bay, 623-HEMP
- Memory Lane, 626-8889
- Harry's Books, 623-2370
- Miracle Book Room, 623-6023
- Cycle Mt. Bikes, 626-8715
- Richmond Sportscards and Collectibles, 624-9700
- Tinder-Krauss-Tinder, 623-5098
- Hairmasters Hair and Skin Care, 623-3651
- Country in the City Crafts and Gifts, 626-9015
- The Picket Fence, 626-9811
- Cracker Barrel Old Country Store, 623-0037
- Third St. Gallery Ltd., 623-5489
- The Nutrician Center, 626-5122

Groceries

- Kelly's Fruit Market, 624-2873
- Shop & Save Market, 623-4234
- Kroger, 624-1091
- Save-A-Lot, 623-4499
- Winn Dixie, 623-2254

Everything else

- Big Lots, 624-2586
- Dollar General, 625-1156
- Dollar Store, 623-5556
- Family Dollar Store, 624-0956
- Kmart, 624-8452
- The Liquidators, 624-1163
- Wal-Mart Super Center, 624-4330

WARNING

(Source: Joke-Of-The-Day.com)

Due to increasing products liability litigation, American beer Brewers have accepted the FDA's suggestion that the following warning labels be placed immediately on all beer containers:

WARNING: The consumption of alcohol

- A. is a major factor in dancing like an idiot.
- B. may make you think you can logically converse with members of the opposite sex without spitting.
- C. may make you think you have mystical Kung Fu powers, resulting in you getting your butt kicked.
- D. may cause you to roll over in the morning and see some thing really scary.

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SPORTS

Teams look forward to OVC play

Football

Last season saw legendary football coach Roy Kidd fall one win shy of accomplishing what only six coaches in the history of college football had: 300 career victories. Kidd's squad finished the 2000 campaign a disappointing 6-5. Kidd, a former All-American quarterback at Eastern, begins his 38th year as the Colonels' coach, and ranks third among active head coaches with 299 victories.

This season he will join Eddie Robinson of Grambling and Penn State's Joe Paterno as the only coaches to garner 300 wins at one school. And he is the winningest active coach in NCAA I-AA history.

The Colonels face a rebuilding year in 2001. With the graduation of two quarterbacks, along with both running backs and top two receivers, the Colonels are inexperienced. Kidd will, however, make football history with win 300, and Eastern fans anticipate the chance to pack the stands to witness history in the making.

Men's & Women's Golf

Men's golf coach Pat Stephens enters his fifth season at Eastern and is anxious for his team to start swinging the irons this fall. His team returns the nucleus of last year's squad, and this could be the year the Colonels qualify for the NCAA tournament for the first time.

Stephens, who attended the University of Kentucky before



Progress File Photo

Roy Kidd is carried off the field by his players after defeating Morehead State 30-0 for his 100th career win in the 1979 season finale.

transferring to Eastern in 1982, was named 1996 Kentucky PGA Player of the Year, and was also named to the OVC 40th Anniversary All-Time Golf Team.

Joni Stephens leads the women's team into the 2001 campaign hoping to improve on last season's



Men's Golf Coach Pat Stephens

three conference wins and a fourth place finish in the OVC Tournament. Stephens joins her husband Pat, who is the men's coach, in her fourth season as coach.

Men's Basketball

Travis Ford enters his second season at the helm as head coach and



Head Coach Travis Ford.

hopes to improve on last season's disappointing 7-19 record, including only one victory in the OVC. Ford, whose coaching tenacity mimics his playing style at UK, adds eight new faces to the roster, giving the Colonels a fresh look.

The season's highlight will be when the Colonels venture into Freedom Hall to take on the University of Louisville and Ford's former mentor Rick Pitino on Dec. 26.

Women's Basketball

Despite posting a 14-2 record last season, Larry Inman's Lady Colonels finished two games behind league champion Tennessee Tech. Further disappointment followed when Morehead State shocked Eastern in the opening game of the OVC Tournament.

Eastern, however, returns the nucleus of the team, and Inman should guide his team back to the top of the OVC for the first time since 1998.

The Lady Colonels lost only two seniors from last year's 22-6 squad, and will be led by seniors Charlotte Sizemore and Zoey

Artist, along with junior Teresa McNair.

Track and Field/ Cross Country

Coach Rick Erdmann has carried on a rich tradition that can be rivaled by few track teams throughout the country. In his 22 years, Erdmann's string of 18 consecutive women's cross-country titles was snapped last season by Morehead State. The women and men's teams finished a strong second in the championships last year.

Led by juniors Alan Horton and Gary Garman, Eastern has a good chance of capturing the title. The Colonels also hold the home field advantage in the OVC Championship.

Women's Softball

Coach Jane Worthington can be called the architect of the Colonels softball team.

After all, she constructed the first team in 1991 and has been at the helm since. Leading the Colonels into their 10th year are juniors Jonella Csora and Amy Herrington, along with OVC Freshman of the Year Coach Jane Worthington.



See SEASON, 26

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When sports and Kentucky are mentioned in the same breath, most fans think of that other university located 27 miles north of Richmond (hint: football scandals in the midst, along with fickle Blue fans). Some may even conjure thoughts of Red and state birds along with head coaches named Rick.

Kentucky fans, however, often overlook the fact that of the eight state universities, little old Eastern Kentucky University possesses a sports tradition that runs deep in maroon and white. A tradition that rivals that of the institutions located throughout the Commonwealth. So sports fans, let's test your knowledge about Eastern sports trivia, and perhaps this list of little-known facts will inform and convince you of the rich tradition that alumni, students and fans share.

1. The Ohio Valley Conference was formed on Feb. 27, 1948, with charter members Eastern Kentucky, Western Kentucky, Murray State, Morehead State, Louisville and the Purple Aces of Evansville. Eastern Athletic Director Charles "Turkey" Hughes served as the first president of the OVC. Eastern, under the direction of football coach Tom Samuels, won eight games in its inaugural season as a member and placed third in the league standings.

2. Jackie Humphrey, a former women's track All-American at Eastern, was a member of the 1988 United States Olympic Team. Humphrey competed in the 100-meter hurdles in the Summer Games in Seoul, South Korea.

3. The Colonels' basketball team was ranked in the top 25 in 1950 and 1951. Legendary coach Paul McBrayer's 1950 squad was league champions, posting a 16-6 record and ranked 11th in the nation in the final Dunkel Index poll. The Colonels finished 18-8 the following season and ranked 21st in the country.

4. Former basketball standout Jim Baechtold was named NBA Rookie-of-the-Year in 1953 for the Baltimore Bullets.

Did You Know

Know

Info every Colonel fan should have

Baechtold, a 6-foot-4-inch forward, was a three-time All-OVC selection at Eastern and finished an illustrious career with 1,137 points and 933 rebounds in 1952.

5. In 1954 the football team went undefeated at 8-0-1 in the regular season, claiming its first OVC title. This was the last league crown by a Kentucky-based OVC school until 1962. Eastern went on to play the University of Omaha in the Tangerine Bowl, losing 7-6.

6. The 1951 tennis team, led by coach Bob Gaines, posted a 9-2 overall record and won its first and only OVC tennis championship.

7. Fred Darling's cross country team won 12 consecutive dual meets spanning the 1950-'51 season, and on Oct. 16, 1953, competed in its first intercollegiate cross-country meet.

8. Eastern's golf team, under the tutelage of Jim Suttie, won its first OVC golf championship in school history in 1975.

9. In 1977, women's track star Teri

Seippel set a world record in the 880-yard event of the 1977 AIAW national pentathlon event in which she finished third. That same year, Paula Gaston led the Colonels to a sixth place finish at AIAW National Cross-Country Meet.

10. In 1978, cross country runner Sue Schaeffer became Eastern's first female athlete to be selected an All-American. Sprinter Rose Gilmore joined Schaeffer seven years later when she became the Colonels' first NCAA women's track All-American. Gilmore finished fifth in the 55-meter dash at the NCAA Indoor Championships in 1985.

11. McBrayer's 1952-53 squad won its first regular season OVC title and made its first NCAA Tournament appearance. The Colonels were defeated by Notre Dame, 72-57. The following season, the Colonels upset third-ranked Western Kentucky 63-54. The win snapped the Hilltoppers' 21-game winning streak.

12. The baseball team captured the

first of its four league titles of the decade in 1950. Coach "Turkey" Hughes and the Colonels added trophies in 1951, 1954 and 1959. Eastern duplicated the feat the following decade by winning championships in 1960, 1962, 1966 and 1967.

13. In 1968, basketball star Garfield Smith finished second in the nation in rebounding. Smith, who became Eastern's first black player in 1966, averaged a school-record 19.7 rebounds per game. He later became a first-round draft pick of the Oakland Oaks of the now-defunct American Basketball Association and a second-round pick of the Boston Celtics in the NBA.

14. Eastern christened Hanger Field (now Roy Kidd Stadium) with a 29-10 win over Austin Peay in August of 1969. The new facility held 20,000 rabid Eastern fans for the contest.

15. The year 1972 saw one of Eastern's and the OVC's all-time greats finish his football career. Defensive tackle Wally Chambers was the eighth pick of the first round of the NFL Draft by the Chicago Bears. This is the league's highest professional draft pick in OVC history to date. Eastern split end Aaron Marsh was a third round pick of the Boston Patriots of the American Football League five years earlier.

16. In 1965, Grant Colehour won the first of four consecutive OVC individual cross country titles. Colehour was a two-time College Division All-American in 1966 and 1967 and a University Division All-American in 1968. Ken Silvius followed Colehour by winning the 1969 and 1970 league individual titles. He also was a two-time University Division cross country All-American, being named to the team in 1968 and 1969.

17. Roy Kidd's Colonels won the NCAA Mideast Region Championship by defeating Ball State 27-13 in the Grantland Rice Bowl in 1967. The regional covered 10 states and consisted of more than 100 teams. Eastern finished the season rated fifth in the nation.



See Trivia, Page 26

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SEASON: Some teams welcome new coaches

From Page 24

Diana Barrera. Pitcher Csora was named first-team All-Conference and allowed under one run per game. Herrington, a designated player, was named to the second team. Eastern also finished second in the OVC championships in 2000.

Volleyball

Lori Duncan's team is coming off a disappointing 8-20 overall record, and a dismal 4-12 finish in the OVC. The team also faces the task of replacing five seniors. Coach Duncan, who is a 1983 Eastern graduate, earned four consecutive All-OVC selections while leading the Colonels to three Conference championships.

Baseball

When long-time head coach

Jim Ward announced his unexpected resignation on May 25, pitching coach and recruiting coordinator Jerry Edwards was named interim coach.

Edwards has coached at Eastern for two years and played a huge role in the 2000 OVC Championship. Eastern is coming off a 25-31 season, finishing sixth in the league.

Tennis

On July 9, Eastern named Rob Oertel head coach of the men's and women's tennis teams. Oertel, who has served as head coach at Denver University and Indiana State, replaces Tom Higgins as the Colonel's head coach.

Oertel is a graduate of the University of Wisconsin. He has also been a member of the UW-Stout Athletic Hall of Fame since 1996.

FOOTBALL

Aug. 30
Central Michigan, A, 7:30 p.m.
Sept. 8
Liberty, H, 6 p.m.
Sept. 15
Elon, A, 2 p.m.
Sept. 22
*Eastern Illinois, H, 12 p.m.
Sept. 29
*UT Martin, A, 2 p.m.
Oct. 6
Glennville State, H, 6 p.m.
Oct. 13
*Murray State, A, 3 p.m.
Oct. 20 (Homecoming)
*Tennessee Tech, H, 4 p.m.
Nov. 3
*Southeast Missouri, A, 6 p.m.
Nov. 10
Samford, H, 1 p.m.
Nov. 17
*Tennessee State, H, 1 p.m.

VOLLEYBALL AT HOME

Oct. 5
*Austin Peay, 7 p.m.
Oct. 6
Lipscomb, 2 p.m.
Oct. 19
*Tennessee Tech, 7 p.m.
Oct. 20
*Tennessee State, noon
Oct. 27
*Southeast Missouri, 2 p.m.
Nov. 2
*UT Martin, 7 p.m.
Nov. 3
*Murray State, 2 p.m.
Nov. 6
*Morehead State, 7 p.m.

*Ohio Valley
Conference Matches

TRIVIA: Tradition runs deep

From Page 25

18. Basketball great James "Turk" Tillman finished fourth in the nation in scoring, averaging 27.2 points a game in 1979. Tillman led the Colonels to an OVC championship and an NCAA berth where Eastern was defeated by the University of Tennessee, 97-81.

19. In 1956, Eastern retired the jersey of basketball great Jack Adams. Adams' No. 40 is the only number in any sport in school history to be retired. Adams scored 1,460 career points while donning the maroon and white. Three years later, Adams was named an AAU All-American for the All-Army Team and participated in the Pan Am games in Chicago. Adams made world headlines earlier in his pro career when he scored 56 points and harnessed 28 rebounds for the Cleveland Pipers in the AAU National Basketball League. In

1961, he was named MVP of both the Pipers and the AAU Tournament.

20. Vice President of the United States Lyndon Baines Johnson broke ground for construction of Eastern's 6,500-seat basketball arena, Alumni Coliseum, on June 1, 1961. Two years later, on Dec. 4, the Colonels defeated the University of Louisville, 78-63, in its first game in the new facility.

21. Antonio Parris, whose career spanned from 1983 through 1987, is Eastern's all-time prolific scorer in team history. Parris scored 1,723 points in his stellar career.

22. George Floyd, a two-time All-American defensive back, was inducted into the College Football Hall of Fame in 1999. Floyd was a four-year starter for the Colonels, and was selected OVC Player of the Year in 1981. He holds career records in interceptions (22) and career interception return yardage (328).



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ORGANIZATIONS

Eastern provides students with tools to get involved

If you are ready to add involvement to your college construction, but you aren't really sure where to find the proper tools, Eastern can give you a helping hand.

Eastern has more than 170 student organizations. Basically, if an Eastern student has a hobby or an interest, there is an organization available for him or her.

The organizations are divided into nine categories: Interest/Activity, Departmental, Honorary, Religious, Residence Hall, Service, Social Sorority, Social Fraternity and Sports.

"I highly encourage and recommend that every student get involved while at ECU," said Meg Quarles, former director of student organizations, via e-mail. "Every student is here to make good grades and graduate, but there is so much learning that takes place outside the classroom during the collegiate experience."

A student organization directory is available in the Office of Student Development in 128 Powell Building that lists every organization, the faculty adviser

and the contact phone number.

You can also visit the Office of Student Development Web page at www.studentdevelopment.ecu.edu or call at 622-3855.

Scan the organizations and find something that appeals to you. If you can't find an organization for your construction blue prints, start your own student organization.

"Joining an organization and truly becoming a part of this university is invaluable and I guarantee it will make all the difference in your college experience," Quarles said.

► Campus Ministries

■ **Eastern's Meditation Chapel**, 622-1723, Powell Plaza; Rev. Patrick Nnoromele

■ **Baptist Student Union**, 623-3294, 325 University Drive, Jason Kilby, campus pastor interim. Common Ground Meetings: 8 p.m. Tues. at BSU chapel. Hours: Monday - Friday 9 a.m. - 11 p.m., Saturday noon - 9 p.m., Sunday closed

Welcome Week Activities:
August 15 8:30 p.m.-midnight — Block Party in Powell Plaza. There will be two live Christian rock bands, karaoke, free grilled burgers and drinks.

Midnight — Ice Cream Social.
August 16 8 p.m. — Hawaiian Luau with grass skirts, tiki torches and a real roasted pig, at BSU
August 17 1 p.m. — BSU's First Annual Mud Fest. Check BSU Web site for location.

August 18 10 a.m. - 4 p.m. Survivor 2001. Cost \$15.

August 20 5:45 p.m. — Yearly Progressive Dinner. Meet at BSU.
August 21 6 p.m. — Free Food and afterwards stay for Common Ground, the BSU weekly worship service.

■ **Catholic St. Stephen Newman Center**, 623-9400, 405 University Drive (on campus next to Walters Hall); Rev. Pat Stewart, pastor; Kathy Schmitt, Campus Minister Newman Mass is 5 p.m. Sundays

Welcome Week Activities:
August 15 5:30 p.m. — Feast of the Assumption of Mary Mass (Holy Day of Obligation) followed by a free pizza party.

August 16 7 p.m.- midnight — Friday Fun and Faith Night (mixing zany games and ice breakers with prayer and spirituality).

August 19 5p.m. — Opening Mass, Newman Center. Followed

by a free cookout at 6 p.m.

■ **Wesley Foundation United**, 623-6846, Methodist Campus Center, 401 University Drive; Rev. Ken Southgate

August 15 8:30 p.m.- midnight — Block Party in Powell Plaza. There will be two live Christian rock bands, karaoke, free grilled burgers and drinks.

August 16 9 p.m. - midnight — Free Uptown Thursday Night, Wesley Foundation. Live Bands in the Ravine and also a DJ, and contests.

August 20 7 p.m. Wesley Foundation, free Indoor Drive-In Theater (DVD, Big screen, stereo sound) Double Feature: "The Patriot" and "What Women Want"

August 21 5:30 p.m. — Free home cooked meal at the Wesley Foundation then travel to Laser Quest in Lexington



Progress File Photo

Eastern students help build a home for a Richmond family through Habitat for Humanity. You can also help those in need by simply making a phone call and getting involved.

Lend a hand

■ **Be a Children's Champion** Kentucky River Foothills Head Start. Help with a variety of children-centered activities each month. 623-7233

■ **Big Brothers Big Sisters of the Bluegrass** Spend time with a girl or boy in need. 624-2318

■ **Bluegrass Rape Crisis Center (Richmond)** Train to help on the crisis hotline. 625-0213

■ **Habitat for Humanity** Help low-income families in community. 625-9208

■ **Home Meals Delivery** Deliver hot meals to shut-ins. 623-8994

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GREEK LIFE: Are the letters really better?

Sororities, frats build lifelong friendships

Thanks to Hollywood, we are automatically labeled. The males are preppy super-jocks, and the females are snobby princess types, caring only about bad hair days and broken fingernails.

Of course I am referring to the collegiate Greek population. Those of us who have decided to be a part of social sororities and fraternities are plagued with the public's inquiry of "Why?"

Going off to college is a potentially traumatizing experience. You are shoved into the vast and fast-paced world of campus life. A great deal of students go to college knowing very few fellow students or none at all. A fraternity/sorority is an avenue to building friendships and establishing social connections.



Jennifer Wolford is a junior English major from Campbellsville and a member of Chi Omega.

Of course, the age-old argument is that we "pay for our friends." I admit that joining a Greek organization is accompanied with financial obligation, but the funds provide materials, activities and opportunities for the members. Many organizations require funds to stay in operation and provide benefits for their members.

A Greek organization establishes a support system — a home away from home. It is a place for one to belong and establish bonds that go beyond the boundaries of mere friendship and last for a lifetime. Many students discovered their social group without Greek life, but I view Greek life as a catalyst to establishing a circle of trust and friendship early in the collegiate experience.

Friendship and belonging are not the only benefits of a Greek organization. The philanthropic efforts of fraternities and sororities are often eclipsed by their social side. Greek organizations adopt various philanthropies and put in immense amounts of time, effort and care to aid their respective organizations.

As I mentioned earlier, there is the social side. Greek life provides its members with a vast array of social opportunities from formal dances to silly, fun competitions which ultimately raise funds for philanthropies. These events are avenues to meet various Greeks all across one's campus and establish a further network of social connections.

Greek life is a unique conglomerate of experiences involving deeply-rooted friendships, philanthropic service and just plain fun. It provides its members with numerous benefits and lifelong memories. But most importantly, I believe Greek life allows a collegiate student the opportunity to find herself/himself.

You discover your strengths and weaknesses, develop leadership skills and learn how to accept responsibility. I can honestly say that my Greek experiences have been just as instrumental in preparing me for the real world as my academic ventures in the classroom, but in a different way. And anything that can better equip one to handle the pressures of the real world seems beneficial to me.

Social clubs not for everyone; be yourself

Many people will say that joining a fraternity or sorority can be the most rewarding experience you will have in college. In fact, I think someone told me that at a rush party.

This might be appealing to a person who comes to school not knowing anyone. But I am here to say that being Greek isn't the only way to be. You will have fun without it. You will meet people without it. You will go to parties, and you will do well in school without it.

I know you die-hard Greeksters are asking yourselves how I think I know all of this. Well, I used to be in a sorority at Eastern. I can't divulge which one, because this is about the Greek system as a whole.

When I first came to college, I had no intention of joining a sorority, but my good friend and roommate talked me into it. I told myself I would go through rush just to meet a couple of people.

Well needless to say, I got suckered into joining and only

paying \$35 a month or so. Whatever. It was never only \$35 a month. You pay for everything.

Then, I found out that you get fined if you miss a mandatory event. Well, of course, everything is mandatory. How are you supposed to keep your grades up when there is something mandatory almost every night?

Missing something to study is not excused. This is just a social club, and I'm being told that I can't study without being fined? Yeah, right.

Then, when my grades did fall below par, I got put on academic probation and wasn't allowed to participate in anything or speak at meetings. Granted, my grades are my fault, but no one tells me when I can and cannot speak, except maybe for my parents.

So eventually I quit. Oh sure, they made a big fuss and asked me not to. But I told them that apparently they didn't like me for who I was because they were always asking me to change something or act differently. I'm not just referring to grades.

When I came to Eastern, I was an individual. The sorority I joined made me believe that they wanted me to join for who I was then. But they really wanted me to become what they thought I should be.

Don't get me wrong, I did meet some wonderful people, and I still keep in touch with many. But I credit that to my people skills and

winning personality. I take credit for the relationships I built. It is not because of a club.

Some may think that just my sorority had these issues. But I had good friends in every sorority and fraternity, and they all had the same things going on.

There are people that will love the Greek life and others will hate it. It's not for everyone.

Some of the coolest friends I had were the girls that lived across the hall and next door. They were my friends before and after my Greek stint. Talk to the people in your dorm. They are probably pretty cool. And talk to the people in your classes. They may be smarter than you and that could come in handy.

And there are other things to do. You don't have to be Greek to play intramurals or help those in need. There are plenty of other organizations that aren't strict. There will be plenty of parties you can go to. And if you want to go home for the weekend, you can go home without being fined for missing something.

This is not a Greek bashing. I'm just simply trying to point out from experience that there are options to getting involved at Eastern. And if someone tries to convince you that the only way to a social life is through Greek life, they're wrong. Maybe that was the only way for them. You need to find your own way.

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- Thurs. 8/16** Uptown Thursday Night FREE Live Bands in the Ravine also a DJ and "slammin" contests 9 p.m. to midnight
- Mon. 8/20** Indoor Drive In Theater (DVD, big screen, stereo sound) FREE Double Feature: "The Patriot" and "What Women Want" Free Popcorn and drink; Starting at 7 p.m.
- Tues. 8/21** FREE home cooked meal at 5:30 p.m. then carpool to Lexington Laser Quest (Admission \$5)
- Thurs. 8/23** Uptown Thursday Night FREE Live Bands in the Ravine 9 p.m. to midnight
- Fri. 8/24** See the Lexington Legends Pro Baseball Team (admission \$5) Meet at the Wesley Foundation at 5 p.m., then carpool to the game

Check out our around & about section every week for the latest in Greek and all other campus activities.

AROUND TOWN

Get out of dorm, explore Richmond

Eventually there will come a time — whether from a lack of food or sheer boredom — that you will be required to leave this lovely campus and venture into the wild frontier of Richmond. Here are a few spots to get you started.

■ **Gibson Bay Golf Course**, 2000 Gibson Bay Lane. A light-ed driving range, practice chipping and putting green, full service pro shop and an 18-hole championship golf course.

■ **Richmond Skate Center**, 525 Recycle Drive. Thursday thru Sunday you can boogie the night away on wheels.

■ **Central Kentucky Wildlife Management Area**, 638 Dreyfuss Rd., Berea. It's 1,688 acres, 3 lakes and bliss. If you're after more than a little peace and quiet, you can fish and hunt small game or brush up on your skeet shooting.

■ **Deer Run Stables, LLC**, 2001 River Circle Drive. Riding lessons if you need them, trail rides, hay rides and bon fires if you want to let the horse do the work. Also, rustic camping and picnics.

■ **Fort Boonesborough State Park**, I-75 Exit 95. Tour the reconstructed fort on the Kentucky River and check out on-site crafts, like candle dipping, pottery turning, lye soap making and welding.

■ **Richmond Area Arts Center**, Lancaster Ave. and Water St. The center is in a beautiful restored historical church and houses art displays and music workshops.

■ **Richmond Raceway**, US 52 E. Stock car racing every Saturday night at 8 p.m.

■ **Fort Boonesborough State Park**

Campground, 4375 Boonesborough Rd. A mini-vacation. Camping is available with grocery, showers, rest rooms and laundry facilities on site. Cool off in the pool or play some miniature golf.

■ **Camp Catalpa Bird Sanctuary**, US 52 E.

Commune with nature on the one-mile scenic walking trail through a shaded forest.

■ **Lake Reba Recreational Complex**, Gibson Bay Lane. 450-acres of fun. Nature trails, baseball and soccer fields, horseshoes, volleyball courts and a lake for fishing and boating.

■ **Galaxy Bowling & Entertainment Center**, 1025 Amberly Way. Join a league and wear funny shoes. It's has 32 lanes, 3,000 ft. arcade, pool tables, darts and trivia.

■ **Maroon Bowling Lanes**, 101 Hi-Lane Drive off of Big Hill Ave. It has 20 lanes, leagues and a restaurant.

■ **Bluegrass Horse Park**, Red House Rd. Pet the pretty horses.

■ **The Bennett House Bed & Breakfast and Events Speciality Teas**, 419 W. Main St. Do tea like a lady or a gent during the formal English-style specialty teas served monthly. Or get a little R & R at this B & B.

■ **Valley View Ferry**, Tates Creek Rd. Kentucky's oldest continuous business. Take a ride across the river.

■ **White Hall State Historic Site**, White Hall Rd. The first brick house west of the Alleghenies.

■ **Wilgreen Lake**, 235 Taylor Fork Rd., off Curtis Pike. A 169-acre reservoir just minutes west of Eastern's campus. Boating and fishing here are a real catch. If you don't have a boat, that's no problem, because you can rent one there.

■ **Krazy Karts Family Fun Park**, 1958 Berea Road, daily 1-11 p.m. Race to the finish line in go-carts or legally ram someone in a bumper boat. There's also miniature golf for the less adventurous.

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Wednesday, August 15
8:30 pm - Midnight Powell Plaza

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Westminster Fellowship (Presbyterian)
For more info call Ken at 623-6846

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Sunday, August 19 at 5 pm
Catholic Newman Center

On campus next to Walters Hall
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Dive into Life! Live your faith on campus.

We welcome to our staff Fr. Jim Sichko, who will be part-time assistant campus minister this year.

Did you know that 10% of the students at Mass aren't Catholic? All people are welcome to worship with us.

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COMMUNICATION

Computer, phone systems updated

Eastern has provided some important tools of construction to students through its computer systems.

Eastern will soon introduce an entirely new student server to replace VAX based on Windows 2000 and Exchange 2000. It will have enhanced Webmail capability and provide other functionality such as a calendar, a tasks list and many other additional features.

The new hardware has better redundancy to provide improved access. The processing speed and storage capacity will be better improved. The new server will continue to support pop3 and imap mail protocols so you can continue to use Netscape or other popular e-mail programs to retrieve your mail.

VAX is a computer program that gives students, faculty and staff access to e-mail on campus. VAX will continue to operate for some time while Academic Computing is in the process of migrating e-mail services off VAX. There will be a transition period where both servers will be available, but ultimately e-mail for students will be on the new server.

To sign up for a VAX account, go to the Information Technology and Delivery Services Office in Combs 207, or call 622-1986. It only takes minutes to sign up.

For those who can't wait to have the account opened, show your valid Eastern ID card for temporary access.

To check your e-mail using a Web browser on or off campus, just go to webmail.eku.edu and log in. You can also pick up information in Combs 207 on how to access your mail using VAXmail or Pine programs and Telnet.

For security reasons, Eastern requires everyone affiliated with the university to have a VAX account or an account on the new server before being allowed access to any university computer labs.

Students can access their personal computers to the Internet by using ResNet.

ResNet, the Residential Computer Network Service, is

located in all dorms on campus. It links students directly to the university's computer network and is faster than the conventional modem connection. Students must have a 10 base-T Ethernet adapter, which ranges from \$45-\$60, and then access to the university network is free. The ResNet office is located in Room A of Burnam Annex at the rear of Burnam Hall. Call 622-3050 for information.

For students without computers, labs are available across campus.

The 230 Combs Building has three rooms of labs with 80 computers. The lab is open from 8 a.m.- 4:30 p.m. weekdays.

Crabbe Library has 20 battery-powered laptops that can be checked out for four hours at a time. The ITDS 24-7 computer lab at the front entrance to the library has 100 computers and a classroom with an additional 34 computers.

During fall and spring semesters, the lab stays open 24 hours a day, with the exception of university vacation

periods.

Powell Building has a lab with 21 computers. Monday through Thursday the hours are 8 a.m. - 11:45 p.m.; Friday and Saturday 8 a.m. - 9:45 p.m. and Sunday 11 a.m. - 11:45 p.m.

Do you prefer to work alone? Well, with Eastern's online courses, you can earn college credit from the privacy of your home or dorm room via the Internet using programs like Eastern's Web-based Blackboard courses and the Kentucky Commonwealth Virtual University.

Eastern participates in the KCVU consortium of classes. Register online at the KCVU Web site at www.kcvu.org, or call toll-free 1-877-740-4357.

To find out more about these programs, interactive TV classes and correspondence courses, visit the Eastern Web site at www.eku.edu/networkedED.

Eastern's Web site is www.eku.edu, with information about campus, activities, organizations, registration and many other aspects of Eastern.

Phone system updated

Eastern's campus phone system was upgraded during the summer. The on-campus phone numbers now consist of five digits instead of four.

All campus phone numbers will require the number 2 to be dialed before the original number.

Example:

If you are calling The Eastern Progress from a location on campus you would dial 21881.

If you are calling The Eastern Progress from a location off-campus you would dial 622-1881.

Digital media training offered

Need some help or want to get involved? The Eastern student Web/Digital Media Group (Core) seeks to inspire, train and provide an outlet for interest in the field of digital media. The year-old group maintains and develops content for the students Web portal (www.core.eku.edu). This portal will serve the campus much like www.eku.edu, except it will be completely student-focused and student run.

Core also consults with students and organizations concerning digital media in its office in Burnam 53. Organizations can alternately contract the group to develop Web sites and author other digital projects at a reasonable fee. Monies collected by Core goes to the group to further its efforts.

The office is equipped with high speed Internet connections, PC and Macintosh work stations, scanners and digital imaging equipment. The organization will inherit and purchase even more equipment as it grows in strength and membership.

Anyone interested in joining Core should e-mail core@acs.eku.edu or call Ward Henline at 622-8188.

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