# Primary prevention programs in educational settings:

# Toward IPV & Sexual Violence Prevention

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Dedication to Pete Seeger 1920-2014

Activist and Peace Practitioner

"Participation will save the human race".

## What we will cover

- Brief review of programs with efficacy to reduce IPV / SV in educational settings.
- Story of EMPOWER to Green Dot: Practice to Research and back
  - Testing a primary prevention bystander based intervention in statewide randomized intervention trial in 26 high schools
  - UK and KASAP partnership



## **Moving to PRIMARY Prevention**

**Primary – Universal OR risk based interventions** 

Purpose: Prevent SV/DV; Violence does not occur

Examples – Educational & Awareness

### What works?

Evidence-based for Efficacy for:

- 1. Safe Dates
- 2. Fourth R: Strategies for Healthy Youth Relationships
- 3. Shifting Boundaries

**AND Bystander-Based Interventions** 



### **Safe Dates**

Foshee VA, et al. *Prev Science. 2005; 6:245-58 & Foshee VA, et al.* Am J Public Health. 2004; 9:619–24.

Purpose: Evaluate school based dating violence prevention program.

### Methods:

- Randomized trial of Safe Dates curriculum in 10 middle schools (8<sup>th</sup> grade)
- Between follow-up in years 2-3, a random sample of those in treatment group received a booster.
- Data collection at baseline data, 1 month, and yearly thereafter for 4 years.

#### Curriculum:

- Safe Dates curriculum included 10 45-minute sessions taught by health or physical education teachers, a poster contest, and a theater production.
- Curriculum available through Hazelden publications.

### Results:

- Using random coefficients models, significant program effects were found at all follow-up periods on psychological, physical, and sexual dating violence perpetration and moderate physical dating violence victimization.
- Program effects were mediated by changes in dating violence norms, gender-role norms, and awareness
- (Large CDC trial ongoing with Safe Dates as Best Practice)



## **Moving toward Prevention**

## Fourth R: Strategies for Healthy Youth Relationships

Wolfe DA et al. Dating violence prevention with at-risk youth: a controlled outcome evaluation. J Consult Clin Psychol 2003;71:279-91

• **Purpose:** Evaluate a community-based intervention to help at-risk teens develop healthy, nonabusive relationships with dating partners.

### Methods:

- 158 14-16-year-olds with histories of child maltreatment who were randomly assigned to a preventive intervention or a no-treatment control group.
- Intervention consisted of education about healthy and abusive relationships, conflict resolution and communication skills, and social action activities.

### Results:

- Unconditional growth models for abuse perpetration revealed that, over time, there was a significant reduction in physical abuse against a dating partner ( $\beta_{\text{TIME}} = -.008$ , p < .01) and emotional abuse ( $\beta_{\text{TIME}} = -.006$ , p < .05).
- Preventive effect stronger in girls than boys.



## **Shifting Boundaries**

Taylor et al. Shifting Boundaries: An experimental evaluation of a dating violence prevention program in middle schools. *Prev Science*. 2013;14:64-76

Purpose: Evaluate school based dating violence prevention program.

### Methods:

- Randomized trial of Shifting Boundaries intervention in 30 middle schools (6-7<sup>th</sup> grade) in NYC; 117 classes with >2500 students
- Classroom intervention of 6 sessions emphasizing
  - 1. Laws and consequences for perpetrators of dating and sexual violence
  - 2. Social construction of gender roles
  - 3. Health relationships
- Intervention included increased faculty/security presence, building-based restraining orders, and posters to increase awareness and reporting.
- Building only, Classroom only and Building and Classroom Intervention
- Follow up to 6 months

### Results:

- $\downarrow$  sexual harassment victimization in intervention v comparison
- $\downarrow$  sexual violence victim + perp in intervention v comparison
- $\downarrow$  dating violence victimization in intervention v comparison



## **Bystander Role in Violence Prevention**

- Emerged in Mid 1990's Focus on other(s) that may witness (allow?) violence yet does nothing.
- **Premise:** addressing violence requires a shift in norms. Need to involve both men and women to change the context or environment that may tacitly support violence. Reframing violence as preventable and engaging men as well as women in prevention efforts shifts the blame and increases the number of students willing to be involved.



### **Campus Sexual Violence Elimination (SaVE) Act**

instructs colleges to provide programming for students and employees addressing domestic violence, dating violence, sexual assault and stalking.

### **Education programs shall include:**

- Primary prevention and awareness programs for all incoming students and new employees.
- Safe and positive options for bystander intervention.
- Information on risk reduction to recognize warning signs of abusive behavior
- Ongoing prevention and awareness programs for students and faculty.
- CHALLENGE No evaluation required. Colleges required to provide bystander based intervention but how are colleges selecting programs? What works?

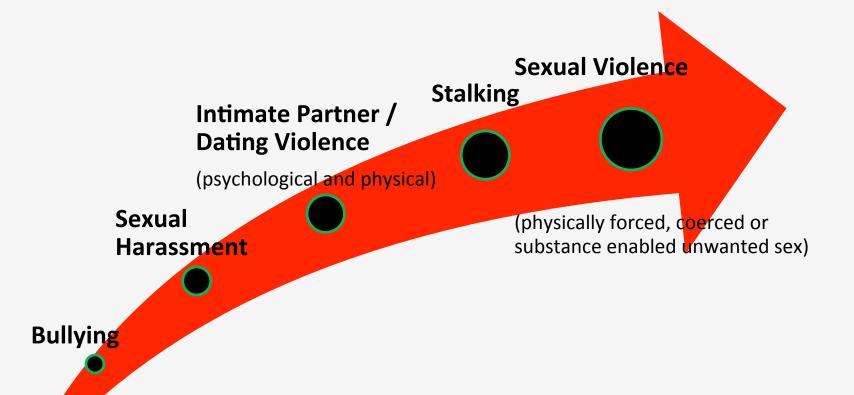
Reauthorization of VAWA Signed by Obama on March 7, 2013 and includes SaVE

# HOW TO Measure Intervention Effectiveness (IMPACT)

- Relative to those not receiving the intervention, did those who did have
  - Lower violence rates (less severe, frequent)
  - Fewer injuries, less depression / anxiety / substance use
  - Less engagement with legal system



## Measuring Outcomes: Think Continuum



**Continuum of Interpersonal Violence Perpetration** 



## Hypothesized Effect of Bystander Programs on Social norms, Active bystander behaviors and ↓ Violence

Program

Program: Training / Modeling / Practice to safely and effectively engage peers in violence prevention using reactive or proactive strategies

Engagement with Peer Social Network

Training <u>diffused</u> through trainees' peer networks to <u>change norms</u> supporting violence and its acceptance, <u>identify risky situations</u>, and <u>increase bystander behaviors</u> to interrupt or prevent violence.

Changes in Interpersonal Violence in Community

Ultimate test of program is a reduction in the continuum of interpersonal violence at the community level.



## (now) Your Powe Step In, Speak Up. As A Bystander You Can Make A Difference.

power

Home

About the Campaign

**Checklist for Bystander Action** 

The Prevention Program

Resources

**Bystander Store** 

Contact Us

### FOR IMMEDIATE HELP:

Call 911

#### ON CAMPUS RESOURCES:

Univ. of New Hampshire Police \*911 or 862-1212

#### **UNH SEXUAL HARASSMENT AND RAPE** PREVENTION PROGRAM (SHARPP)

603-862-7233 (SAFE) 24-hour Crisis Line 888-271-7233 (Toll free) 800-735-2964 (TTY)



The Know-Your-Power™ social marketing campaign is a research project developed and evaluated by Prevention Innovations at the University of New Hampshire.



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The Know Your Power™ social marketing campaign was developed by a team of university students, staff and faculty. What distinguishes the Know Your Power social marketing campaign from other social marketing campaigns is the extensive evaluation that has been done to assess the effectiveness of the campaign, read more



The individuals featured in the social marketing campaign posters are actors. Development of this website is supported by a grant from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC. The development of the posters was sponsored by grant No. 2003-WA-BX-0011 awarded by the Office on Violence Against Women, Office of Justice Programs, U.S. Department of Justice. Points of view of this document are those of the authors and do not necessarily represent the official position or policies of the U.S. Department of Justices. Additional support for the development of the posters was made possible by a grant from the UNH Parent's Association and support from the UNH Police Department.

## Bringing in the Bystander (UNH)

Mary Moynihan ,PhD; Developer, <a href="Prevention Innovations">Prevention Innovations</a>
<a href="Prevention Innovations">Prevention Innovations</a>
<a href="Prevention Innovations">Program Components</a>

One 90-minute session or 2 to 3 sessions delivered within 1 week.

### **Content/Elements**

- Information about sexual and intimate partner violence prevalence, causes, and consequences, including local examples and statistics.
- Intro to concept of bystander responsibility and role played in preventing SV / IPV in risky situations.
- Active exercises to practice intervening safely and support victims
- Information about personal safety and community resources
- A bystander pledge to be prosocial and active bystanders

### Administration:

• Professional co-facilitators or trained peer facilitators. Facilitators work in male—female pairs to deliver program to single-sex groups.

**Tailored programs –** Greek, Athletes, General, Student leaders Know Your Power (social marketing focus)



## Bringing in the Bystander -

**Purpose** (Banyard, Moynihan, & Plante, 2007, 1<sup>st</sup> data on bystander behaviors):

 Evaluate Bringing in Bystander among undergraduate men and women ages 18-23.

### Design:

- Random assignment to one of three groups: one 90 minute vs three 90 minute sessions vs control
- Pre post and followup at 2, 4, and 12 months
- N = 389

### Results:

- Change in IRMS, Date Rape Myth, Bystander Efficacy, Bystander attitudes, and decisional balance for both intervention groups – pre vs post intervention.
- At 2 & 4 months, both interventions > control for bystander
   behaviors (>1 vs 3 sessions). No effect on behaviors at 12 months



## Bringing in the Bystander

### Banyard et al. 2009

- Pre post evaluation of 90 min training
- In 196 student leaders, 123 resident advisors, and 73 staff.

**Results:**  $\downarrow$ IRMS,  $\uparrow$  bystander confidence,  $\uparrow$  willingness to intervene

### Amar & Kessler 2012

- Pre post evaluation
- 202 college students; Recruited by invitations; 9 sessions with 15-25 participants
- Bystander intervention (Banyard 2007) adapted to BU campus.
- Training provided by UNH team; Fidelity assessments included.

**Results:**  $\downarrow$  IRMS post v pre test;  $\uparrow$  bystander intention and taking responsibility for action



## interACT Sexual Assault Prevention Program (Ahrens et al 2011)

**Description:** Based on *Theater of the Oppressed,* interACT trains participants to engage in effective bystander interventions.

### Design:

- pre, post and 3 month follow up
- N=509 (355 with complete data) students in two undergraduate communications studies classes (70% female)

### **Results:**

- — 
   \( \bar{\text{ in perception of bystander interventions as helpful pre to post test.} \)

   Yet not at 3 month followup
- 一 个likelihood of bystander intentions from pre, post and followup

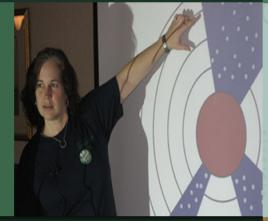


## **Moving toward Prevention**



## green dot

The overarching goal of Green Dot etc. is to mobilize a force of engaged and proactive bystanders.



### consider this:

And so even though we face the difficulties of today and tomorrow, **I still have a dream.** 

~Martin Luther King, Jr.

### Philosophy

Given the extraordinary human cost of failure, we must inform every aspect of what we do with the most current science, then divest personal ego and scrutinize our work with objectivity and scientific rigor, course correcting each step of the way.

The Green Dot etc. curriculum is informed by concepts and lessons learned from bodies of research and theory across disciplines including: violence against women, diffusion of innovation, public health, social networking, psychology, communications, bystander dynamics, perpetration, and marketing/advertising. Additionally, since the foundation of Green Dot etc. is built upon the necessity of achieving a critical mass of individuals willing to engage in new behaviors, it is important that we strive to recognize and address anything within our efforts that might be limiting engagement including historical obstacles in the field of violence prevention and professional and personal obstacles we all face. Finally, in contrast to historical approaches to violence prevention that have focused on victims and perpetrators, the Green Dot etc. strategy is predicated on the belief that individual safety is a community responsibility and shifts the lens away from victims/perpetrators and onto bystanders. The overarching goal is to mobilize a force of engaged and proactive bystanders.



Upcoming Green Dot, etc. Institute: Summer 2014, dates TBA Springfield, Virginia (just outside DC)

To schedule an on-site training please contact <u>Dr. Jen</u> <u>Messina</u>, Director of Training and Development, for moi information.

Violence Prevention Educator Certification Training

## Green Dot Bystander Intervention

Dorothy Edwards, PhD, Developer, Live the Green Dot

### **Program Components**

- Overview Speech (~1 hour)
- Bystander Training (6 hours to weekend) focused on peer opinion leaders who "carry the most social influence across sub-groups".
   Throughout training - video, role-plays, and other exercises are used.
- Social Marketing Green Dot products to open conversations.
- Green Dot built on the premise that in order to measurably reduce the perpetration of power-based personal violence, a <u>cultural shift</u> is necessary. In order to create a cultural shift, a <u>critical mass</u> of people will need to engage in a new behavior (Green Dot) or set of behaviors that will make violence less sustainable within any given community.



## What might work? College-Based Green Dot

Prior Research = Coker et al. Evaluation of Green Dot: An Active Bystander Intervention to Reduce Sexual Violence on College Campuses. *Violence Against Women 2011:17*; 777–76

**Purpose:** Evaluate Program among college students by examining actual and observed bystander behaviors and violence acceptance by intervention.

### **Methods:**

Intervention: UK= Green Dot (Bystander Intervention since 2008)

Comparison: USC and UCinn (non bystander) campuses

Cross-sectional survey of 15,347 college students randomly sampled from registrar data by year and sex between March, April 2010, 2011, 2012 2\$ incentive in letter describing study (campus mail)

Email survey link in 2 day; Reminders sent ~every 3 days x 2 wks

Response rate was 43%; 88% of those linking on link across 3 campuses

N=15,347 for all three campuses

N= 5,892 for UK alone



# College Green Dot Evaluation (2010-2012) Outcome = Norms and Bystander Behaviors

Outcomes	Bystander Training		Speech Alone		No Training
(Intervention Campus ONLY)	n=808		n=2660		n=2324
	Adj* Mean	T test p value	Adj* Mean	T test p value	Adj* Mean REF
Violence Acceptance¥ 7 items; 7-28; α=0.88	11.48	<b>-2</b> .19 <sup>.03</sup>	11.64	-1.91 <sup>NS</sup>	11.85 REF
Bystander Efficacy 5 items; 5-20; α=0.71	14.29	6.39<.0001	13.52	3.06 .002	13.20 REF
Engaging Peers in Prevention 4 items; 0-24; α=0.82	4.01	15.88<.0001	2.14	7.40<.0001	1.35 REF
Violence Intervention Bystand 5 items; 0-30; α=0.76	3.28	6.89<.0001	2.53	2.37 .01	2.32 REF
Safety Drinking Intervention 7 items; 0-42; α=0.82	13.06	4.52<.0001	11.63	1.44 <sup>NS</sup>	11.27 REF
Observed Bystander Behaviors 12 items; 0-72; α=0.89	14.05	5.88<.0001	11.94	3.16 .002	10.85 REF

\*MANCOVA: Adjusting for age, gender, race, year in college, sexual attraction, current relationship status, parental education and fraternity / sorority membership: ¥ Illinois Rape Myth Acceptance Scale



WHAT DOES THIS MEAN? As hypothesized, training within the intervention campus was associated with  $\downarrow$  violence acceptance scores (social norms),  $\uparrow$  bystander efficacy, engaging peers in prevention activities, active and observed bystander behaviors

## Green Dot Evaluation: Violence <u>Victimization</u> Intervention v Comparison Colleges over 3

Frequency of Violence	Intervention Comparison		T test P value	
Victimization	N=5,867	N=9,480	Intervention	Year
All Violence Types 15 items; 0-36; α=.80	3.00	3.44	-6.76 <.0001	-8.36 <.0001
Physical dating violence 4 items; 0-12; α=.71	0.19	0.21	-1.33 <sup>NS</sup>	0.20 .04
Psychological dating 4 items; 0-12; α=.73	0.87	0.98	-3.78 .0002	-5.44 <.0001
Sexual harassment 2 items; 0-6; α=.59	0.77	0.92	<b>-7.09</b> < .0001	-8.46 <.0001
Unwanted Sex 3 items; 0-9; α=.51	0.23	0.26	<b>-2</b> .03 <sup>.02</sup>	-8.27 <.0001
<b>Stalking</b> 2 items; 0-6; α=.48	0.93	1.08	-6.61 <.0001	-4.03 <.0001

<sup>\*</sup>MANCOVA: Adjusting for age, gender, race, year in college, sexual attraction, current relationship status, parental education and fraternity / sorority membership



What does this mean? Green Dot exposed campus (Intervention) has <u>victimization</u> rates of all forms of violence, psychological DV, sexual harassment, stalking and unwanted sex

## Green Dot Evaluation: Violence *Perpetration*Intervention v Comparison Colleges over 3

Frequency of Violence	Intervention Comparison		T test* P value	
Perpetration	N=5,867	N=9,480	Intervention	Year
All Violence Types 15 items; 0-39; α=.80	1.08	1.20	-3.30 <sup>.001</sup>	-3.49 <.0001
Physical dating violence 4 items; 0-12; α=.69	0.16	0.16	-0.53 <sup>NS</sup>	1.85 .06
Psychological dating 4 items; 0-12; α=.65	0.61	0.66	<b>-2.23</b> .03	-1.67 <sup>NS</sup>
Sexual harassment 2 items; 0-6; α=.35	0.16	0.19	-4.01<.0001	-7.06 <.0001
Unwanted Sex 3 items; 0-9; α=.79	0.03	0.03	-0.85 <sup>NS</sup>	<b>-2.23</b> .03
<b>Stalking</b> 2 items; 0-6; α=.60	0.12	0.15	-3.93 <.0001	-1.57 <sup>NS</sup>

<sup>\*</sup>MANCOVA: Adjusting for age, gender, race, year in college, sexual attraction, current relationship status, parental education and fraternity / sorority membership



What does this mean? Green Dot campus has <u>violence</u>, psychological DV, sexual harassment, and stalking (not unwanted sex)

## **Summary:** Evidence for Bystander Programs

- Do Bystander Programs
  - Change attitudes / norms?
    - Yes in 7 of 10 college studies
  - Increase bystander knowledge and skills?
    - Yes in all 11 studies
  - Increase bystander behaviors
    - Yes in 4 of 6 studies
  - Reduce sexual violence perpetration
    - Yes in 3 of 4 studies



## **Green Dot Across the Bluegrass:**

Evaluation of a primary prevention intervention to reduce dating and sexual violence

Practice – Research Partnership

- KASAP and UK = Green Dot Across the Bluegrass
- Rape Crisis Center Educators train to deliver
   Green Dot in intervention high schools
- Educators are partners in research activities
- Researchers' role is assistance with evaluation.
- Oct 2014 VAW special issue



## **Brief overview:**

### From EMPOWER to a Randomized Intervention Trial

- 1. Through CDC Rape Prevention and Education (RPE) funding states were encouraged to move from sexual assault awareness and risk reduction education to prevention (VAWA 1994).
- 2. In Kentucky, Rape Crisis Centers actively partnered with state HHS to understand prevention.
- Through this partnership, capacity to provide primary prevention education began, including selection of Green Dot program, and its evaluation.



### History of RPE and KASAP partnership

## Natalie Kelly, LCSW

Program Administrator with the Cabinet for Health and Family Services

- Funder for RPE and EMPOWER
- Move toward primary prevention
- Setting some guiding principles



## **Process of Selecting Intervention**

## Eileen Recktenwald, MSW

Executive Director, Kentucky Association of Sexual Assault Programs

- Initial consideration of prevention
- Board to leave a legacy
- Community based strategic planning



 $(30 \, \text{min})$ 

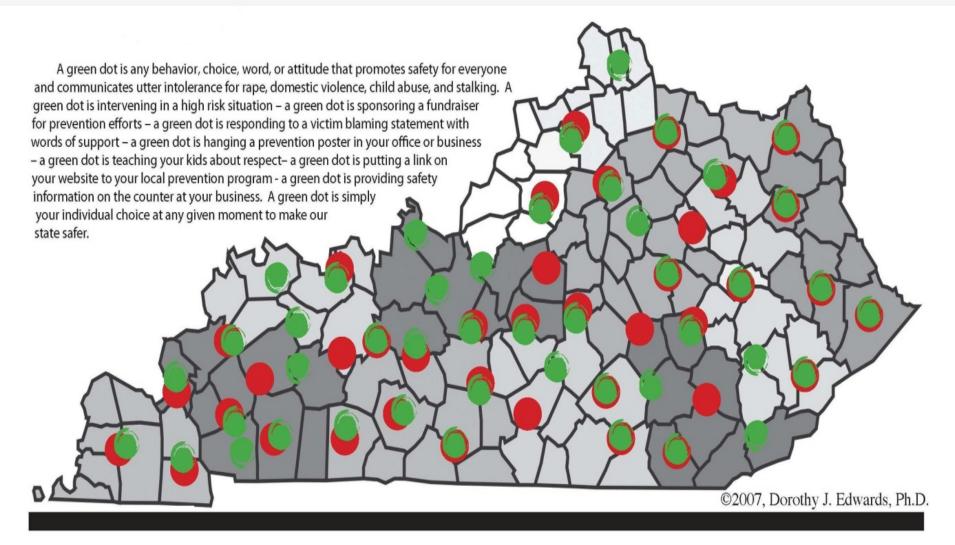
Dorothy J. Edwards, Ph.D.

Green Dot, et cetera, Inc. (formerly University of Kentucky)

- Developing new approach to prevention
- Implementing on college campus
- Preliminary evaluation



## What is a Green Dot?





## Intervention Implementation

- Two phases
  - Green Dot persuasive speeches (now overview)
  - Peer Opinion Leaders (early adopters) Bystander training



## Green dot talks

- Trained Center Educators deliver Green
   Dot persuasive speeches each semester
   beginning Winter 2009 through 2014.
- Objective Cover entire school with speeches in year 1 and all new students each subsequent year.
- Setting for speeches ranged from small groups (~25 students) to larger auditorium settings.



## Green Dot In-depth training

- Each semester beginning in Winter 2010-14.
- 5 hour bystander training
- Focus on identified Peer Opinion Leader (POL)
- Educator invites POLs to participate
  - "You have been nominated by (principals, teachers etc.) to participate in a Green Dot program training"
- Goal uniform POL training across high schools but 2 options for format are provided:
  - One 5 hr block during school time for training (preferred)
  - Two blocks during school time for training of 3 hrs.



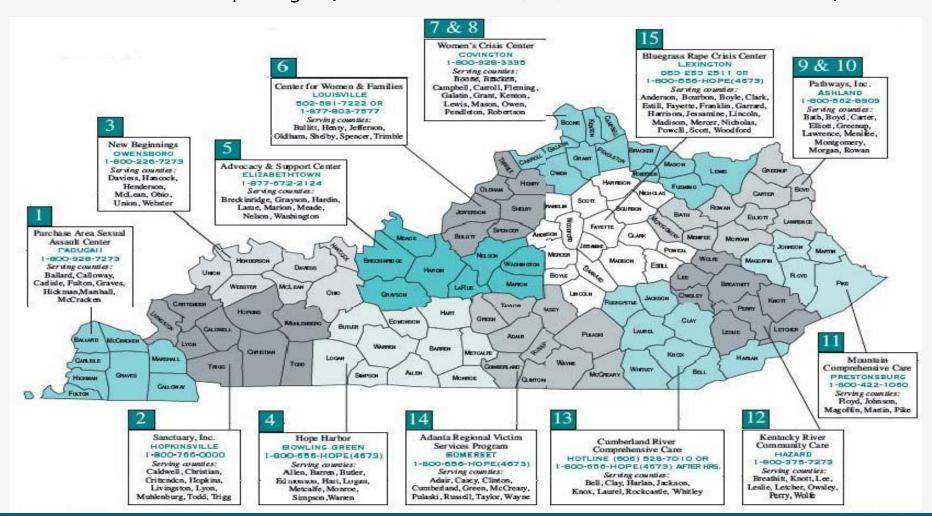
## **Center Educators**





## **High School Selection**

At least two schools per region; then randomized (UK) to intervention and control; MOUs





# Evaluation of Active Bystander Approaches in High Schools (CDC U01CE001675) 2009-2014 Coker, Cook-Craig, Bush

- Green Dot across the Bluegrass: Evaluation of a primary prevention intervention,
- Randomized Intervention Trial
- 26 high schools across Kentucky recruited by (Rape Crisis Center) Educators.
- Green Dot Implemented in 3 phases
  - Green Dot persuasive speeches
  - Peer Opinion Leader Bystanding training of 5 hrs.
  - Lunch time booster sessions
- Anonymous Panel and cohort surveys annually for 5 years.
- **AIM 1.** To prospectively determine whether relative to students in high schools without Green Dot, students in high schools with Green Dot report (a) more bystander behaviors, (b) fewer social norms supporting violence, and (c) lower dating and sexual violence perpetration rates.
- **AIM 2.** To determine how Green Dot is diffused through students' social network



## Data Collection (1):

#### Panel Surveys Changes in Behavior overtime

- Addresses Aims 1-3
  - Change in dating and sexual violence, bystander and social norms supporting violence among those in high schools with Green Dot compared with delayed intervention high schools.
- Every Spring beginning 2010-14
- Anonymous survey given to all students in 26 high schools
  - All day in English / History courses OR
  - Coordinated one period administration across entire school
  - LOTS of coordination required!



## In the field.... Spring 2010-2015







# Data Collection (2): Bystander Training Evaluation Surveys

#### **Research Questions**

Does Intensive Bystander Training (using Green Dot curriculum), over time and relative to untrained peers,

- a. increase active bystander behaviors and
- b. reduce social norms (measured as violence acceptance)?

#### Methods

- Survey students in intervention schools before training and at 1 and 3 months after training (Exposed).
- Survey untrained students in intervention schools at the same times and intervals used for trained students (Unexposed).
- All students paid \$10 (gift certificate) for completing each survey.
- Training and evaluation conducted at least twice a year
- Center Educators (with support for schools and Centers) administer the surveys and provide data to UK for analyses.
- Began Spring 2012
- Confidential surveys (link student over time)



### **Others**

- Fidelity assessment
- Process evaluation
- School level event data



## Center Educator Training

- Explain DJE's process for training Center Educators
  - Green Dot speeches
  - POL training



### Green Dot implementation

- 13Center Educators (GD Speeches)
  - Trained by DJE
  - Speeches began Spring 2010
  - Center educators in all intervention schools gave speeches
- 13 Center Educators (POL training)
  - ~24 approved by DJE to conduct POL training
  - POL training began late Spring 2010



## Training on Green Dot Model

- Educators attend a mandatory 4-day training prior to delivery of Green Dot components
  - Major topics/experiential pieces
    - Scientific basis of prevention model
    - Public speaking skills practice
    - Elements of the persuasive speech
    - Four POL's training modules
- Pre-post test evaluation
  - Change in knowledge on the model elements
  - Self-perception of ability to deliver the model



## **Evaluation: Panel Surveys**

#### Constructs covered

- Dating and sexual violence victimization and perpetration in the past 12 months
  - Physical, sexual, psychological, contraceptive interference by a dating partner
- Sexual harassment, bullying (victimization and perpetration)
- Bystander behaviors observed and engaged in
- Demographics
- Home and social environment
   Parental IPV, alcohol abuse, friends engaging in dating /sexual violence, current depressive symptoms
- Acceptance of dating violence and rape myth acceptance
- Exposure to Green Dot training (speeches and training)



## Consent for Participation (Panel)

- Parental (Passive) consent
  - Opt-out method
  - YRBS model of obtaining consent
- Anonymous student participation
  - No ability to link student to responses
  - No ability to identify child abuse
  - Therefore no ability to report child abuse.
  - WILL provide ALL with link to depression and violence resources.



#### Process evaluation

- 1. Implementation of the Green Dot curriculum with fidelity in 13 high schools
- Attendance and knowledge acquisition of educators who deliver Green Dot Curriculum
- 3. Use of the curriculum by the educators as well as the use of Green Dot student workbook
- 4. Assessment of community-led efforts to support proactive engagement of student bystanders to prevent perpetration of violence.



## Training on Green Dot Model

- Educators attend a mandatory 4-day training prior to delivery of Green Dot components
  - Major topics/experiential pieces
    - Scientific basis of prevention model
    - Public speaking skills practice
    - Elements of the persuasive speech
    - Four POL's training modules
- Pre-post test evaluation
  - Change in knowledge on the model elements
  - Self-perception of ability to deliver the model



## Process Evaluation: Fidelity Assessment

#### Fidelity to Curriculum

- Audio recordings of EACH training or speech given in an intervention schools
- Data collected as speeches are given
- Periodic download of data to be analyzed by multiple reviewers

#### Debriefing logs

- Qualitative and quantitative data on each speech or training collecting data on details/problems/ successes in trainings
- Logs completed 24-48 hours after each speech or training



## Process Evaluation: Green Dot in High Schools

#### Annual focus groups

- Qualitative data on how Green Dot is experienced in each intervention high school
- Groups include key informants (teachers, administrators community prevention team members)
- Beginning in Fall 2010 (completed annually)

#### Monthly Coaching Calls

- Monthly reporting of Green Dot activities in intervention high schools
- Beginning in October 2010



# Process Evaluation: Community Efforts to Support Green Dot

- Asset assessment
  - Web-based survey—Summer—Fall 2010
  - Snowball sample of community stakeholders
  - Instrument based on external assets identified in the literature (Search Institute)
- Community Prevention Team minutes
  - Minutes from community teams formed to support Green Dot in each intervention high school
  - Collected as meeting minutes are approved

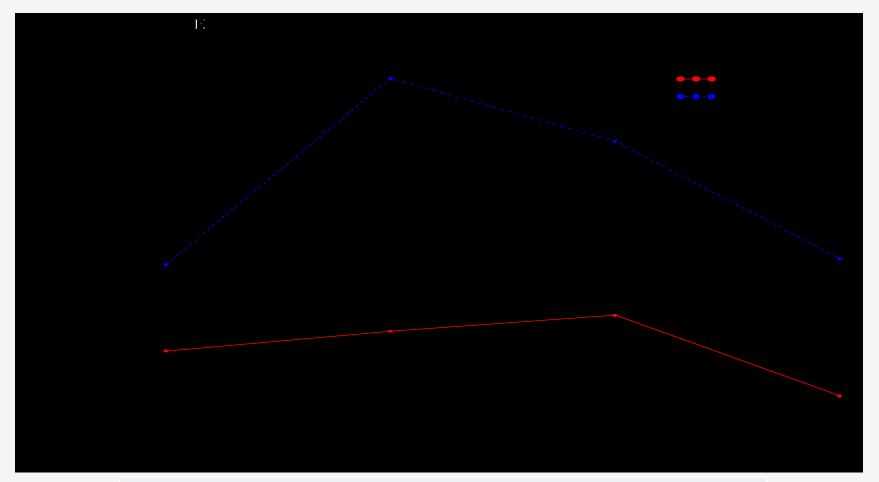


### Results?

- Coming June / July 2014!
- 5 years data collection in 26 schools >100,000 students surveyed (spring of each year)
- Early evidence that program
  - Increases bystander behaviors among those trained and diffused at the school level.
  - Changes in sexual and dating violence attitudes (violence acceptance)
  - Reduces in more common forms of VAW



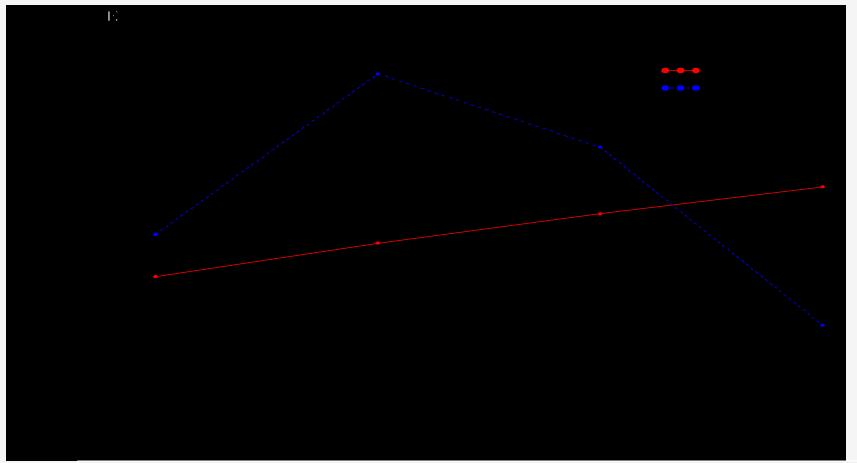
## Peak at preliminary findings....



Type III Tests of Fixed Effects								
Effect	# DF	Den DF	F Value	Pr > F				
TIME	3	69	3.68	0.0162				
INTERVENTION	1	23	32.94	<.0001				
INTERVENTION*TIME	3	69	6.98	0.0004				



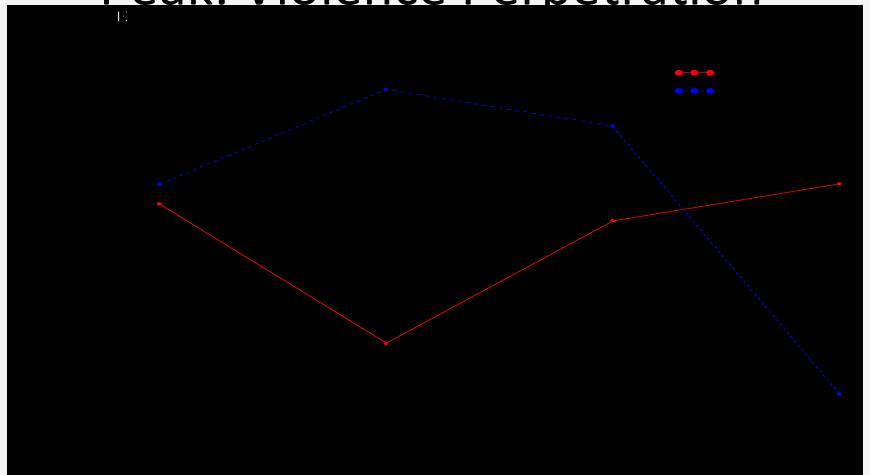
## Peak: Violence Victimization



Type III Tests of Fixed Effects								
Effect	Num DF	Den DF	F Value	Pr > F				
TIME	3	69	2.36	0.08				
INTERVENTION	1	23	1.29	0.27				
INTERVENTION*TIME	3	69	14.06	<.0001				



Peak: Violence Perpetration



Type III Tests of Fixed Effects							
Effect	Num DF	Den DF	F Value	Pr > F			
TIME	3	69	4.38	0.007			
INTERVENTION	1	23	1.26	0.27			
INTERVENTION*TIME	3	69	9.08	<.0001			



## Next steps

 Plans to provide Green Dot to other high schools based on final findings (late July 2014)

KASAP funding model to provide training



# Challenges Ahead!

- What works? In what settings?
- What programs are acceptable to schools (relative costs)?
- What programs are sustainable?



Questions?

Discussion?

