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Fall 2019

IE 665-101: Applied Industrial Ergonomics

Arijit Sengupta

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Applied Industrial Ergonomics (Fall 2019) IE 665-101Monday 6:00pm-9:05pm @ CKB 310

Instructor Dr. Arijit K. Sengupta, Email: <u>sengupta@njit.edu</u>, Web: <u>http://web.njit.edu/~sengupta/</u> Office: GITC 2102 Office Hours: Tuesday 10 am to 12 noon, Thursday 3:15-5 pm, other time by appointment. <u>Click here to make an appointment</u>.

Catalog Description

Prerequisites: IE 355 (see undergraduate catalog for description) or IE 699. Introduces the fundamentals and applications of industrial ergonomics for improving equipment, tool, workplace, and job design. Engineers, as well as safety and health professionals, will benefit from the course by understanding the design principles for human operators and current issues in industrial ergonomics, and a variety of evaluating methodologies for the design

Textbook: Work Design: Occupational Ergonomics by Stephan A. Konz and Steven Johnson, latest edition **ISBN 13:** 978-1-890871 **ISBN 10:** 1-890871-79-6.

Lecture notes and other relevant material posted on this page or handed out in class are required reading for the course.

Course Outline

Tentative weekly schedule of lecture topics (Any change will be notified beforehand in the class)

Week	Торіс
Sep 09	Introduction of ergonomics, Term project outline, Homework#1 Lecture note
	Muscular contraction <u>Lecture note</u> <u>Presentation#1</u> <u>Video Handout#1</u>
	Presentation#2 Handout#2 Quiz
	Muscle types and joints
	Structure of muscle cells and mechanism of contraction
Sep 16	Length tension relationship
Sep 23	Type of contractions: isometric, concentric, eccentric
Sep 30	Aerobic and anaerobic energy metabolism
	Central and peripheral nervous system, motor unit
	Regulation of force, local muscle fatigue
	EMG analysis (DHHS 91-100, read chapter 2 and 5)
	Biomechanics lecture backmodel

	2D model for lifting Segment mass and cg Lever systems, Static and dynamic muscle and joint forces Download 3DSSPP software EMG Lecture Electromyogram More on EMG
Oct 07	Anatomy of cardiovascular system Handout Quiz Heart rate, stroke volume, blood pressure, oxygen consumption Metabolic rate and fatigue Handout
Oct 14	Laboratory#1 Data-Laboratory#1
Oct 21	Temporal ErgonomicsHandoutQuizReview
Oct 28	Midterm Exam
Nov 04	Engineering anthropometry, percentile calculations, use of data handout Normal distribution table Philippine anthropometric data Workstation Design handout quiz
Nov 11	Workstation Design continued Supermarket Checkstand Design
Nov 18	Musculoskeletal Disorders Handout Procedure for Managing Injury Risks Associated with Manual Tasks RULA analysis exercise MDS quiz RULA original paper Case study
Nov 25	Manual Handling NIOSH lifting equation Homework Worksheet
Dec 02	Hand tool design Lecture note
Dec 09	Term Project Presentation
Dec 16	Final Exam

Grade Distribution

Quizzes, Lab, homework, attendance and class participation (15%)

Term project (25%) with a report and class presentation on an ergonomics topic.

Midterm and Final Exam (30% each)

NJIT Honor code constitution will be followed