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Citation for published version:

Duan, J, Ma, Z, Wu, P, Xoplaki, E, Hegerl, G, Li, L, Schurer, A, Guan, D, Chen, L, Duan, Y & Luterbacher, J 2019, 'Detection of human influences on temperature seasonality from the 19th century', *Nature Sustainability*. <https://doi.org/10.1038/s41893-019-0276-4>

Digital Object Identifier (DOI):

[10.1038/s41893-019-0276-4](https://doi.org/10.1038/s41893-019-0276-4)

Link:

[Link to publication record in Edinburgh Research Explorer](#)

Document Version:

Peer reviewed version

Published In:

Nature Sustainability

Publisher Rights Statement:

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1 **Detection of human influences on temperature seasonality from the**
2 **19th century**

3
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19

20 **It has been widely reported that anthropogenic warming is detectable with high**
21 **confidence after the 1950s. However, current palaeoclimate records suggest an**
22 **earlier onset of industrial-era warming. Here, we combine observational data,**
23 **multi-proxy palaeo records and climate model simulations for a formal detection**
24 **and attribution study. Instead of the traditional approach to the annual mean**
25 **temperature change, we focus on changes in temperature seasonality (i.e., the**
26 **summer-minus-winter temperature difference) from the regional to whole**
27 **Northern Hemisphere scales. We show that the detectable weakening of**
28 **temperature seasonality, which started synchronously over the northern**
29 **mid-high latitudes since the late 19th century, can be attributed to anthropogenic**
30 **forcing. Increased greenhouse gas concentrations are the main contributors over**
31 **northern high-latitudes, while sulphate aerosols are the major contributors over**
32 **northern mid-latitudes. A reduction in greenhouse gas emissions and air**
33 **pollution is expected to mitigate the weakening of temperature seasonality and**
34 **its potential ecological effects.**

35 It is now common knowledge that human activities have a profound influence on the
36 Earth's climate¹; the most evident influence is the trend of continuing warming in the
37 surface air temperature and the increased occurrence of climate extremes since the
38 1950s¹⁻³. In addition to changes in the mean and extremes, the warming climate will,
39 as a consequence, affect organisms and ecological systems, such as species
40 physiology⁴, ecological stability⁵ and ecological functions⁶. One of the primary
41 drivers of these ecological effects is the change in the magnitude of the annual
42 temperature cycle (ATC), which is calculated as the summer-minus-winter
43 temperature difference⁷⁻⁸. Emerging evidence has shown prominent ATC weakening
44 in the northern mid-high latitudes during the past several decades⁸⁻¹⁰. Extensions in

45 the growing season¹¹ and spatial and temporal adaptations of several plants¹² have
46 occurred either regionally or globally as a consequence of the weakened ATC. Based
47 on climate model simulations, the recent weakening of temperature seasonality has
48 been attributed to anthropogenic forcing¹³.

49 It has long been suspected that the human influence on the climate may have started
50 much earlier than that in the recent data-rich period¹⁴. Because of the limitations of
51 early instrumental observations and temporal variations in the strength of
52 anthropogenic influence combined with internal climate variability and changes in
53 natural external forcing factors, the detection and attribution of human influences on
54 earlier climate changes have always been difficult to perform. Based on palaeoclimate
55 records, a recent study reported that the onset of industrial-era warming across the
56 oceans and continents occurred earlier than the 20th century, suggesting that the
57 greenhouse forcing of industrial-era warming commenced as early as the
58 mid-nineteenth century¹⁵. Moreover, a tree-ring-based study from the Tibetan Plateau
59 (TP) extended the records of the magnitude of the ATC back to the year 1700¹⁶; this
60 extended record shows that the onset of weakening temperature seasonality may have
61 occurred as early as the 1870s, coinciding with an increase in human-induced
62 atmospheric sulphate concentrations recorded in an ice core from the Dasuopu glacier
63 (28°23'N, 85°43'E; 7200 m asl)¹⁷. However, as shown in Fig. 1, both the seasonal
64 warming rates and the trends in the magnitude of the ATC show strong spatial
65 variability. Therefore, it is important to explore the detectability of earlier human
66 influences on temperature change, as broadly as historical records allow, to determine

67 whether these recent findings bear any global implications.

68 Here, we examine changes in the magnitude of the ATC based on available proxy
69 records and instrumental observations in four regions that show prominent weakening
70 in the magnitude of the ATC (marked by the boxes shown in Fig. 1), as well as in the
71 northern mid-high latitudes. Well-validated proxy data from Europe (1500-2004)¹⁸
72 and the TP (1700-2011)¹⁶ are used to explore the changes in the magnitude of the ATC
73 from the pre- to post-industrial period; then, the CRU4.6 land surface air temperature
74 since 1850¹⁹ is used to examine broader spatial patterns (Methods). Historical
75 ensemble simulations from the fifth Coupled Model Intercomparison Project (CMIP5)
76 driven by all forcings and separate external forcings²⁰ are used for detection and
77 attribution (D&A hereafter).

78 **Changes in the trend of the magnitude of the ATC**

79 A change-point analysis shows that the sustained and significant weakening in the
80 magnitude of the ATC in Europe started in 1865 (Fig. 2a). Based on a 312-year
81 reconstruction of the magnitude of the ATC¹⁶, the change-point analysis reveals that
82 the TP has experienced persistent and significant ATC weakening since 1872, while a
83 weak and insignificant strengthening occurred during 1700-1873 (Fig. 2b). There is
84 no ATC proxy evidence available that is long enough to identify when the sustained
85 and significant ATC weakening started in northeastern Asia (NEA), North America
86 (NA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH) and the
87 northern mid-high-latitudes (NH). However, observations starting in 1851 show

88 discernible weakening in the magnitude of the ATC in all of these regions (Fig. 2c-g).
89 These results indicate that although the specific year when the magnitude of the ATC
90 began weakening might not be identical among all regions, prominent ATC
91 weakening has occurred widely since the late 19th century.

92 **Changes in the magnitude of the ATC related to different forcings**

93 Climate model simulations driven by all historical forcings (i.e., natural and
94 anthropogenic, ALL) can generally reproduce the observed changes in temperature
95 seasonality since 1851 (Fig. 1). However, the simulated trends in the magnitude of the
96 ATC driven by separate forcings appear to be different (Fig. 3). The spatial patterns of
97 the trends in the magnitude of the ATC in the ALL simulations and the anthropogenic
98 forcing only simulations (ANT) are very similar and both are consistent with the
99 observations. Both the spatial pattern and the significant regions of the weakening in
100 the magnitude of the ATC are different from those of indicated by the observations
101 when only natural forcings (NAT) are applied. Interestingly, greenhouse gas
102 (GHG)-induced ATC weakening mainly occurs in the northern high latitudes (north of
103 60°N), while the anthropogenic aerosol (AA)-triggered ATC weakening occurs in the
104 northern mid-latitudes (30-60°N).

105 Thus, there are two critical anthropogenic factors that contribute to the weakening in
106 the magnitudes of the ATC: GHG concentrations and AA loadings (Supplementary
107 Figure 1). Due to their different radiative properties, GHGs and AAs have different
108 effects on the local ATC. Increased GHG concentrations reduce outgoing long wave

109 radiation from the surface and prevent the surface temperature from falling. This
110 pattern is most effective over the high-altitude²¹ and high-latitude regions^{22,23} in
111 winter. AAs dominated by sulphate aerosols^{24,25}, on the other hand, act to
112 reflect/scatter incoming solar radiation and prevent the surface temperature from
113 rising. This pattern is, therefore, most effective over the subtropical/mid-latitude
114 regions, which have the largest AA loadings²⁶ during the summer when sunlight is the
115 strongest. In addition to their direct effect, the indirect effect of aerosols on clouds
116 amplifies their influence on short wave scattering, causing net cooling, which is most
117 effective in summer²⁷.

118 As shown in Fig. 2, the temporal evolution of the magnitude of the ATC
119 approximately follows those of the GHG emissions²⁸ and the sulphate aerosol
120 concentration levels recorded in Greenland ice cores over the past half millennium²⁹
121 (i.e., a small change preceding the 1860s with a prominent increase thereafter
122 resulting from human emissions) (Fig. 2a). This consistency indicates a potential
123 linkage between human emissions and the weakened ATC. Moreover, a millennial
124 record of atmospheric sulphate concentrations from a TP ice core confirms that
125 human-induced atmospheric sulphate concentrations increase after 1870¹⁷ (Fig. 2b).

126 **Detection and attribution analysis of the change in the magnitude of the ATC**

127 Further D&A analyses based on simulations derived from 45 Earth system models
128 (Methods) are utilized to distinguish anthropogenic signals from natural forcing over
129 different spatial regions (Fig. 4). The D&A analysis period is 1872-2001 for the TP

130 and 1865-2004 for the other six regions (for details on the analysis period selection,
131 please see the Methods). Based on one-, two- and three-signal D&A analyses, scaling
132 factors and their 90% confidence intervals are obtained for different forcings in all
133 regions. In all cases, the residual consistency test (RCT) does not indicate
134 inconsistency between the regression residuals and the model-simulated variability
135 (i.e., $RCT > 0.1$ in all cases). Detection is confirmed if the 90% confidence interval of
136 the scaling factor is above zero, and attribution is claimed by the analysis if this
137 confidence interval also includes one. The one-signal D&A analysis shows that the
138 ALL and ANT response patterns are fully detectable in the analysed regions, except
139 for the high northern latitudes (Fig. 4a). Conversely, NAT forcing is detectable only at
140 high northern latitudes. The failed detection of the ALL and ANT forcings in the high
141 northern latitudes may be related to the scarce observation data available representing
142 large spatial scales (Supplementary Figure 2) and, thus, a large amount of noise was
143 produced. The ALL forcing is attributable in Europe and North America, while the
144 ANT forcing is attributable in Europe, the TP, North America, and the northern
145 mid-high-latitudes. However, the model simulations underestimate both the ALL and
146 ANT responses in northeastern Asia and the northern mid-latitudes. These
147 underestimations are also present in the linear trends in the magnitude of the ATC
148 between the observations and simulations (Fig. 1e, f); the observations show the
149 greatest weakening in the magnitude of the ATC in the NEA (Supplementary Figure
150 3). An additional two-signal D&A analysis shows that ANT can be distinguished
151 successfully from NAT in six out of seven regions but fails over the high northern

152 latitudes. This is consistent with the results from the one-signal D&A analysis. There
153 is also a generally better agreement between the simulated and observed magnitude of
154 the ATC in the other six regions, compared to that over the high northern latitudes,
155 although there is a tendency for the simulated magnitude of the ATC to be smaller
156 than the observed trends (Supplementary Figure 4). Based on the results presented in
157 Fig. 3, the three-signal D&A analysis (i.e., GHG, NAT and AA) is used to examine
158 whether the latitude-dependent forcings of GHGs or AAs on the weakened magnitude
159 of the ATC can be detected and distinguished from the other two forcings. The results
160 show that the AA forcing can be distinguished from the GHG and the NAT forcings
161 over the northern mid-latitudes, but the GHG forcing cannot be distinguished from the
162 AA and NAT forcings over the high northern latitudes. Consistent with the results
163 presented in Fig. 3, the weakening of the ATC in the northern mid-latitudes can be
164 attributed to AAs, which are dominated by sulphate aerosols, but not to GHGs and
165 NAT. Specifically, GHG and NAT forcings present an obvious underestimation; the
166 underestimation derived from the NAT forcing is much more greater than that derived
167 from the GHG forcing (the scaling factors of GHGs and NAT are approximately 5 and
168 10, respectively). For the northern mid-high-latitudes, although AAs, GHGs and NAT
169 are detected in the weakened ATC, AAs and GHGs more attributable than NAT (i.e.,
170 the scaling factors of GHGs and AAs are closer 1 than that of NAT). These results
171 indicate that AAs are the most important factor for northern mid-latitude ATC
172 weakening, while AAs and GHGs show a greater possibility of contributing to ATC
173 weakening in the northern mid-high-latitudes. All of the D&A analyses fail over the

174 high northern latitudes, possibly due to the small amount of data available to represent
175 large spatial scales (Supplementary Figure 2).

176 In conclusion, our study indicates that the regime shift in temperature seasonality in
177 approximately the 1870s identified over the TP also occurred in Europe, indicating a
178 broad weakening of the magnitude of the ATC since the late 19th century. Although
179 different magnitudes of weakening in the temperature seasonality exist between
180 regions, the D&A analyses demonstrate that anthropogenic signals are detectable in
181 the long-term, with a widespread weakening of temperature seasonality since the late
182 19th century. In addition to the increased concentrations of GHGs and atmospheric
183 sulphate loadings, which are identified as critical contributors to long-term
184 temperature seasonality weakening, latitude-dependent effects of these two factors on
185 temperature seasonality are found; GHGs are mainly responsible for the weakening in
186 the temperature seasonality in the northern high latitudes, while AAs are the key cause
187 of weakening in the northern mid-latitudes. These results imply that a policy of
188 reducing greenhouse gas emissions and air pollution can mitigate the anthropogenic
189 weakening of the temperature seasonality.

190 **Methods**

191 **Climatic and environmental data.** Summer and winter temperatures are defined as
192 the mean temperature of June-August and the mean temperature of the previous
193 December-February, respectively. The amplitude of the ATC is calculated as the
194 difference between the summer temperature and the winter temperature. Gridded data

195 of CRUTEM4.6 land surface air temperature at a spatial resolution of 5° by 5° starting
196 in 1850¹⁹ (<https://www.metoffice.gov.uk/hadobs/crutem4/data/download.html>) were
197 used to show the trends in the seasonal warming rates and the magnitude of the ATC
198 at a global scale (Fig. 1) and the D&A analyses in the five regions (Supplementary
199 Table 2). The reconstructed magnitude of the ATC for Europe (EU) is the
200 reconstructed summer temperature minus the reconstructed winter temperature
201 derived from reference 18, which covers the period 1500-2004 and has a high
202 consistency with the regionally averaged magnitude of the ATC obtained from the
203 CRUTEM4.6 grid data ($r_{1851-2004} = 0.92$) (Supplementary Figure 5). The ATC proxy
204 series for the TP is derived from reference 16 and covers the period 1700-2011.
205 Although the ATC proxy series from the TP was used to reflect the temperature
206 difference in the mean temperature of July-September minus that of the previous
207 November-February in the original study¹⁶, it is also a good proxy for the temperature
208 difference between the mean temperature of June-August and that of the previous
209 December-February, as the two seasonal temperature difference series are almost
210 identical ($r_{1952-2013} = 0.84$) (Supplementary Figure 6). Additional comparisons
211 between the magnitude of the ATC proxy series from the TP and the observed
212 magnitude of the ATC series from northeastern India
213 (http://www.tropmet.res.in/static_page.php?page_id=54) in the common period
214 1902-2007 also indicate that the magnitude of the ATC proxy series from the TP is
215 representative of the temperature difference between the mean temperature of
216 June-August and that of the previous December-February. Although large

217 tree-ring-based summer temperature reconstructions have been performed for
218 high-latitude North America, there is no corresponding winter temperature
219 reconstruction available. Therefore, an analysis of the summer-minus-winter
220 temperature difference in this region is not currently feasible. The magnitudes of the
221 ATC in North America (NA), northeastern Asia (NEA), the northern mid-latitudes
222 (NHM), the northern high-latitudes (NHH) and the northern mid-high latitudes (NH)
223 are calculated to be the gridded regional average of the CRUTEM4.6 land surface air
224 temperature difference between the mean temperature of June-August and that of the
225 previous December-February over the period 1851-2005. For definitions of the seven
226 geographical regions used in this study, please see Supplementary Table 2. The
227 following approaches were applied in each grid box and to all the regions analysed
228 (Supplementary Figure 2, Supplementary Table 2) to calculate the
229 summer-minus-winter temperature difference and to treat the missing data. The
230 summer-minus-winter temperature difference was calculated for each grid box for
231 every year based on the criterion that at least one month of data was available for both
232 summer and winter; otherwise, the year was treated as having missing data. For the
233 summer-minus-winter temperature difference series calculated in each grid box, only
234 time series with at least 52 years of data (i.e., one-third of the length of the full period
235 of 1851-2005) were defined as valid grid boxes and were used for further analysis.
236 The percentage of valid grid boxes for each region analysed in this study is shown in
237 Supplementary Table 2. Moreover, the grid boxes were used for trend analyses; for
238 example, Figs.1a, c and e have data lengths of at least 52 consecutive years. The

239 series of the regional magnitude of the ATC was produced by averaging all valid grid
240 boxes in the corresponding regions (Supplementary Figure 2, Supplementary Table 2).
241 Because the numbers of available valid grid boxes decreases for the regional series in
242 the early time period, we test the influence of this decrease in the number of grid
243 boxes on both the long-term trend and the non-overlapping 10-year-averaged series
244 used for the D&A analyses (Supplementary Figures. 7-11). The results show that
245 although the series of changes in the magnitude of ATC (with data coverage reduced
246 to a minimum) can trigger changes in variance, little change occurred in the trend of
247 the full-period and the non-overlapping 10-year-averaged series, both in the data rich
248 period and in the full period. These results demonstrate that the decrease in number of
249 valid grid boxes in the early period has little influence on the long-term trend of the
250 magnitudes of the ATC and the D&A analyses conducted in this study. Atmospheric
251 sulphate concentrations recorded in the TP ice core¹⁷ and five Greenland ice cores
252 (i.e., D20, GISP2, B16, B18 and B21; detailed in reference 29)²⁹ are used to indicate
253 the sulphate emission strength caused by human activity.

254 **Change-point analysis.** We identified the change points in the trend of the
255 reconstructed magnitude of the ATC in Europe and the TP using the SiZer (SIgnificant
256 ZERo crossings of derivatives) method³⁰. SiZer determines the change point and the
257 significance of trends in time series data by performing an analysis across different
258 smoothing bandwidths. For the bandwidths, the range of 15-50 years was considered
259 suitable to reduce the influence of interannual to decadal climate variability on the
260 detection of a sustained trend^{15,30}. Therefore, we assess the change points of the

261 magnitude of the ATC from the SiZer output by determining the median year of
262 initiation for the most recent significant ($P < 0.1$) and sustained trends across the
263 bandwidth range (in integer years from 15 to 50). The adaptability and stability of the
264 SiZer method in addressing the climate changes that characterized industrial-era
265 climate trends have been tested in reference 15, and a detailed description of the SiZer
266 method is available in references 30 and 15. The code for performing the
267 change-point analysis in this study is derived from reference 15.

268 **Model simulations.** Monthly mean land near-surface temperature (tas) simulations
269 from 45 fully-coupled Earth system models (ESMs) participating in the CMIP5
270 project²⁰ (Supplementary Table 1) are used to perform the D&A analyses on the
271 magnitude of the ATC over a long period. The ESMs comprise a set of simulations:
272 ALL, with historical anthropogenic and natural forcings (i.e., solar variability;
273 volcanic aerosols; well-mixed greenhouse gases; other anthropogenic factors, such as
274 aerosols, land use/land cover change and/or ozone); GHG, with greenhouse gases
275 forcing only (anthropogenic well-mixed greenhouse gases); NAT, with natural
276 forcings only (solar variability and volcanic aerosols); ANT, with well-mixed
277 greenhouse gases plus other anthropogenic factors (such as aerosols, land use/land
278 cover change and/or ozone); AA, with anthropogenic aerosol forcings dominated by
279 sulphate aerosols^{24,25}; and internal climate variability (i.e., preindustrial control
280 simulations, PiControl). Supplementary Table 1 shows the number of simulations runs
281 used for each external forcing (i.e., ALL, NAT, ANT, GHG and AA) and model.
282 Because climate models might overestimate the indirect effect of aerosol cooling³¹, an

283 alternative estimate of AA forcing was calculated as $AA=ALL-NAT-GHG$. Most of
284 the external forcing simulations end in 2005. Monthly anomalies of the external
285 forcing simulations are calculated for each grid box point and simulations based on
286 the base period of 1961–1990. The PiControl simulations are treated as a time series,
287 with an ending year of 2005, and monthly anomalies are calculated in the same way
288 as the external forcing simulations. The anomalies are then re-gridded to a common
289 grid of $5^\circ \times 5^\circ$ and are masked to the corresponding range (Supplementary Table 2) to
290 obtain the regionally averaged series. The multi-model ensemble means of the
291 external forcing simulations are obtained by first computing the individual model
292 ensemble mean and then averaging across all available models. This calculation gives
293 equal weights to the different models and thus avoids models with larger numbers of
294 ensemble members dominating the statistics of the multi-model mean.

295 **Detection and attribution (D&A) analysis.** Beyond the standard comparison of time
296 series and trend patterns, one formal optimal fingerprint method^{32,33} was applied to
297 detect and attribute changes in the observed/reconstructed magnitude of the ATC in
298 seven geographical areas (Supplementary Table 2, Supplementary Figure 12) since
299 the late 19th century. The optimal fingerprint method is based on the generalized
300 linear regression of the observed or reconstructed magnitude of the ATC as a
301 combination of climate responses to external forcing plus internal variability. To
302 detect and attribute the changes in the magnitude of the ATC (i.e., ATC_{OBS}) to
303 different external forcings (i.e., ATC_{ALL} , ATC_{ANT} , ATC_{NAT} , ATC_{GHG} and ATC_{AA}),
304 we regressed the observed magnitude of the ATC onto different signal patterns under

305 one-signal, two-signal and three-signal settings, respectively. The specific regression
306 settings for the one-signal D&A analysis are as follows:

$$307 \quad ATC_{OBS} = \beta_{ALL} (ATC_{ALL} - \vartheta_{ALL}) + \varepsilon \text{ or } ATC_{OBS} = \beta_{ANT} (ATC_{ANT} - \vartheta_{ANT}) + \varepsilon \text{ or}$$

$$308 \quad ATC_{OBS} = \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \varepsilon.$$

309 The specific regression settings for the two-signal D&A analysis are as follows:

$$310 \quad ATC_{OBS} = \beta_{ANT} (ATC_{ANT} - \vartheta_{ANT}) + \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \varepsilon$$

311 The specific regression settings for the three-signal analysis are as follows:

$$312 \quad ATC_{OBS} = \beta_{NAT} (ATC_{NAT} - \vartheta_{NAT}) + \beta_{GHG} (ATC_{GHG} - \vartheta_{GHG}) + \beta_{AA} (ATC_{AA} - \vartheta_{AA}) + \varepsilon.$$

313 where ATC_{OBS} represents a vector of the observational or reconstructed magnitude of

314 the ATC. ATC_{ALL} , ATC_{ANT} , ATC_{NAT} , ATC_{GHG} and ATC_{AA} (i.e., signal patterns) are

315 calculated using the mean of a large ensemble of simulations from all available model

316 simulations (Supplementary Figure 1). ϑ_{ALL} , ϑ_{NAT} , ϑ_{ANT} , ϑ_{GHG} and ϑ_{AA} represent noise

317 from internal variability in the corresponding signal patterns; β_{ALL} , β_{NAT} , β_{ANT} , β_{GHG}

318 and β_{AA} represent the corresponding scaling factors; and ε represents the regression

319 residual. The scaling factor and its uncertainty were estimated using the total least

320 squares method^{32,33}. The covariance structure of the noise terms is estimated from a

321 long-term control simulation of the unforced climate (i.e., PiControl) with the model

322 used in each analysis, and the estimates of the intra-ensemble variability are computed

323 with the same model. The consistency of the unexplained signal (i.e., ε , which

324 represents the residual of the regression) with internal variability was also assessed

325 using a residual consistency test (RCT). The RCT implementation uses a

326 non-parametric estimation of the null distribution through Monte Carlo simulations

327 (see reference 32 for details).

328 The observational vector, ATC, which describes the space-time evolution of the ATC,
329 is calculated with consecutive 10-year mean magnitude of the ATC over the analysis
330 period for all seven regions. The purpose of 10-year averages is to suppress natural
331 variability, particularly at interannual timescales^{32,33}. According to the results of the
332 change-point analyses of the reconstructed magnitude of the ATC in Europe and the
333 TP (arrows in Fig. 2a, b) and the end year of the model simulations (2005), the
334 periods 1865-2004 for Europe and 1872-2005 for the TP can be used for the
335 long-term D&A analysis. The European ATC proxy series ends in 2005¹⁸. Because
336 there is not long enough ATC proxy evidence available to identify the year in which
337 the sustained and significant ATC weakening began for northeastern Asia (NEA),
338 North America (NA), the northern mid-latitudes (NHM), the northern high-latitudes
339 (NHH) and the northern mid-high latitudes (NH), the earlier year identified in the
340 proxies in Europe and the TP (i.e., 1865) is used as the beginning year of the ATC
341 weakening for these regions. Thus, the available D&A analysis period for these five
342 regions (i.e., NEA, NA, NHM, NHH and NH) can be from 1865 to 2004. Considering
343 that as long as possible periods are used for dimension reduction (i.e., consecutive
344 10-year mean), the final selected period for the D&A analysis for the TP is 1872-2001
345 (13×10 yr) and for the other six regions is 1865-2004 (14×10 yr). Correspondingly,
346 the PiControl simulations are divided into multiple non-overlapping 130-yr segments
347 for the TP and 140-yr segments for the other six regions, with the last segments
348 discarded if they are shorter than 130 years or 140 years (Supplementary Table 1).

349 The one-signal and two-signal D&A analyses were conducted in all seven regions
350 (Supplementary Table 2, Supplementary Figure 12), while the three-signal D&A
351 analysis was conducted in three regions (i.e., NHM, NHH and NH) based on the
352 latitude-dependent effects of GHGs and AAs on the change of the magnitude of the
353 ATC identified in Fig. 3. All of the D&A analyses were performed using the code
354 provided in reference 32.

355 **Data availability.** The data that support the findings of this study are available from
356 the corresponding author upon request.

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443 **Additional information**

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445 **Competing interests**

446 The authors declare no competing interests.

447 **Acknowledgements**

448 This research was supported by the National Key R&D Program of China
449 (2016YFA0600404), the National Natural Science Foundation of China (41875113
450 and 41471035). Peili Wu was supported by the UK-China Research & Innovation

451 Partnership Fund through the Met Office Climate Science for Service Partnership
452 (CSSP) China as part of the Newton Fund. Jürg Luterbacher is supported by the
453 Belmont Forum and JPI-Climate, Collaborative Research Action “INTEGRATE, An
454 integrated data-model study of interactions between tropical monsoons and
455 extratropical climate variability and extremes”. Andrew Schurer and Gabriele Hegerl
456 were supported by the ERC-funded project TITAN (EC-320691) and NERC under the
457 Belmont forum, grant PacMedy (NE/P006752/1). Jianping Duan acknowledges
458 support from the Alexander von Humboldt Foundation. We are very grateful to Prof.
459 Keqin Duan and Prof. Hubertus Fischer for making their ice-core sulphate
460 concentrations data available. We thank Dr. Aurélien Ribes for comments on the early
461 manuscript. We are very grateful to the three anonymous reviewers who provided
462 invaluable comments and suggestions that helped to improve our manuscript.

463 **Author contributions**

464 J.D. designed the study and performed most of the analyses with support from Z.M.
465 and L.L.. J.D., L. J. and X. E. collected data. J.D. drafted and P.W. revised the
466 manuscript. J. L., S. A., G. H., D. G. and X. E. also contributed to the revision and
467 improvement of the manuscript. Y.D and L.C improved the figures presentations. All
468 authors contributed interpreting the results and discussions.

469

470 **Figure captions**

471 **Figure 1 | Linear trends ($^{\circ}\text{C}/100$ yr) in the surface temperature seasonality for**
472 **the period 1851-2005 calculated from observational records (CRUTEM4.6) (a, c,**
473 **e) and the ensemble mean of the simulations from 45 ESMs driven by all forcings**
474 **(b, d, f) for boreal winter (DJF) (a, b), boreal summer (JJA) (c, d) and the**
475 **difference between summer and winter (e, f), with decreasing trends in the**
476 **magnitude of the annual temperature cycle. The black dots indicate a trend**
477 **significance level of 0.05. The four boxes in (e) and (f) mark the regions of interest:**
478 **the Tibetan Plateau, northeastern Asia, Europe and North America. Data derived from**
479 **the ensemble mean of the simulations were masked to mimic the data availability of**
480 **the CRUTEM4.6.**

481

482 **Figure 2 | Time series of the magnitude of the regional annual temperature cycle**
483 **(ATC) (grey) in comparison with CO_2 emissions (thick black line, increasing**
484 **downward) and sulphate concentrations recorded in ice cores (thin coloured**
485 **lines, increasing downward) for (a) Europe (EU), with five Greenland ice cores**
486 **over the period 1500-2004; (b) the Tibetan Plateau (TP), with one TP ice core**
487 **over the period 1700-2011; and (c-g) North America (NA), northeastern Asia**
488 **(NEA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH)**
489 **and the northern mid-high latitudes (NH) over 1865-2005. The solid and dotted**
490 **magenta lines represent 15-yr and 50-yr Gaussian smoothing of the magnitude of the**
491 **ATC, respectively. The magenta arrow in (a) points to the year 1865, and that in (b)**
492 **points to the year 1872. These arrows represent the median time of the onset of**
493 **sustained, significant ATC weakening assessed across the 15-50-yr filter widths**

494 (Methods). The black triangle in **(b)** indicates the starting year (1870) of the
495 human-induced sulphate concentration increase identified from the Dasuopu glacier
496 located in the southern TP¹⁷ and the dashed lines represent the mean magnitudes of
497 the regional annual temperature cycle in the period. For the specific definition of the
498 seven geographical regions used in this study, please see Supplementary Table 2.

499

500 **Figure 3 | Linear trends (°C/100 yr) in the simulated magnitude of the ATC over**
501 **the period 1851-2005 driven by separate forcings for (a) ALL, (B) NAT, (c) ANT,**
502 **(d) GHG, (e) OANT, (f) AA.** For the number of simulations and ESMs used for each
503 forcing, please see supplementary Table 1. The black dots indicate a significance level
504 of 0.05 for the trends. The black lines represent the 60°N and 30°N lines, respectively.
505 The calculation for OANT is OANT=ALL-Nat-GHG, which stands for the other
506 anthropogenic forcing derived mainly from anthropogenic aerosols (i.e., AA) but also
507 from ozone and land use changes. The other forcings were calculated as the ensemble
508 mean of multiple ESMs.

509 **Figure 4 | Results of the detection and attribution analyses applied to the**
510 **magnitude of the ATC in seven regions.** Scaling factors and the residual consistency
511 test (RCT) derived from the one-signal analysis **(a, b)**, two-signal analysis **(c, d)** and
512 three-signal analysis **(e, f)** (Methods). The confidence interval for the scaling factors
513 is 90%. The analysis period for Europe (EU), North America (NA), northeastern Asia
514 (NEA), the northern mid-latitudes (NHM), the northern high-latitudes (NHH) and the
515 northern mid-high latitudes (NH) is from 1865-2004 and that for the Tibetan Plateau
516 (TP) is from 1872-2001 (Methods).







