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A Myth-Shattering Look at Addiction Prevention and Treatment, Based on Research


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Et al.

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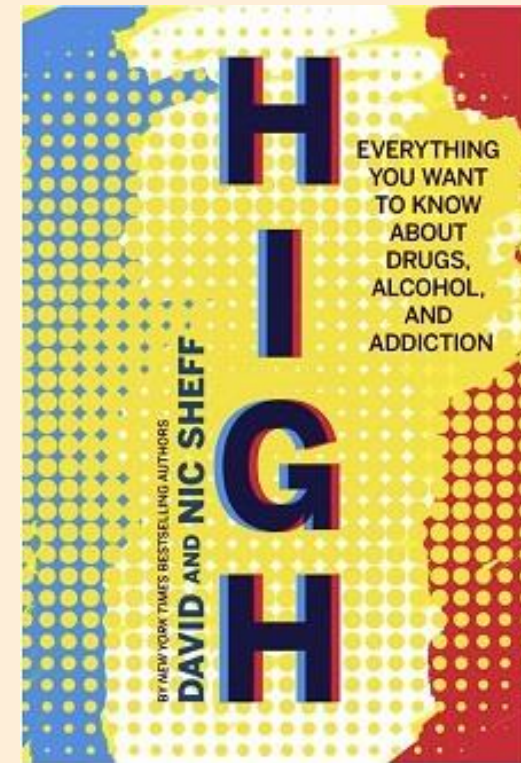
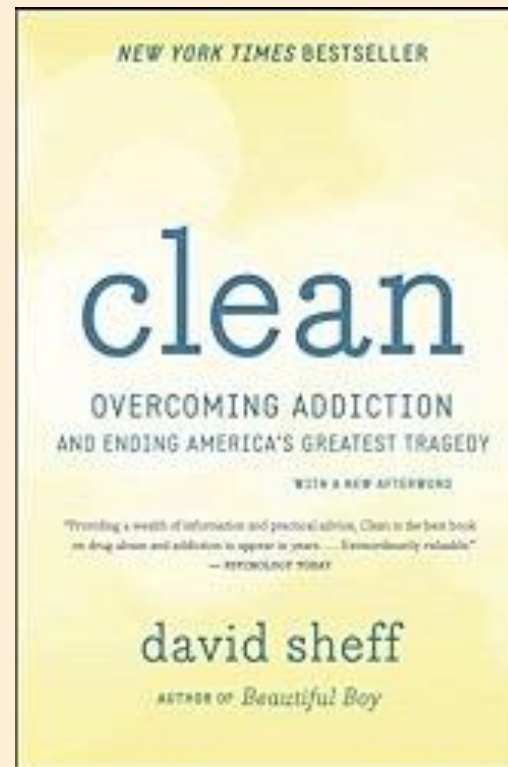
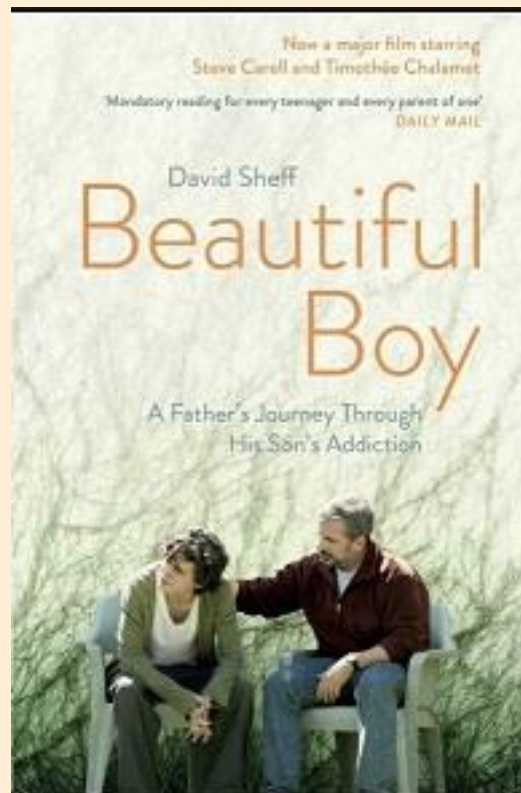
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AUTHOR DAVID SHEFF: A MYTH-SHATTERING LOOK AT ADDICTION PREVENTION AND TREATMENT, BASED ON RESEARCH



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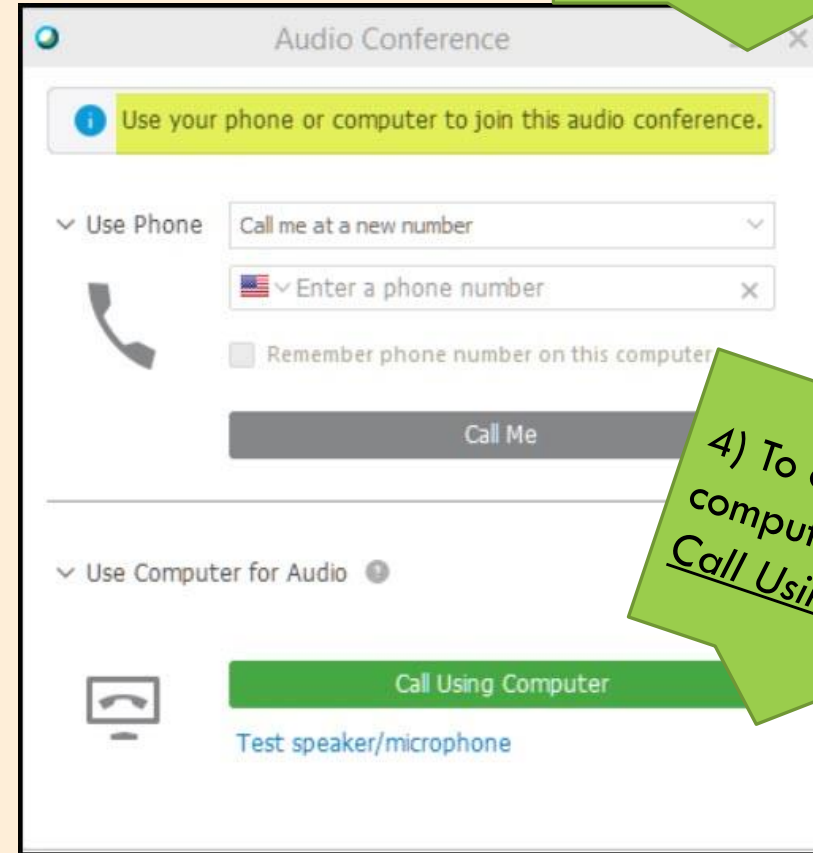
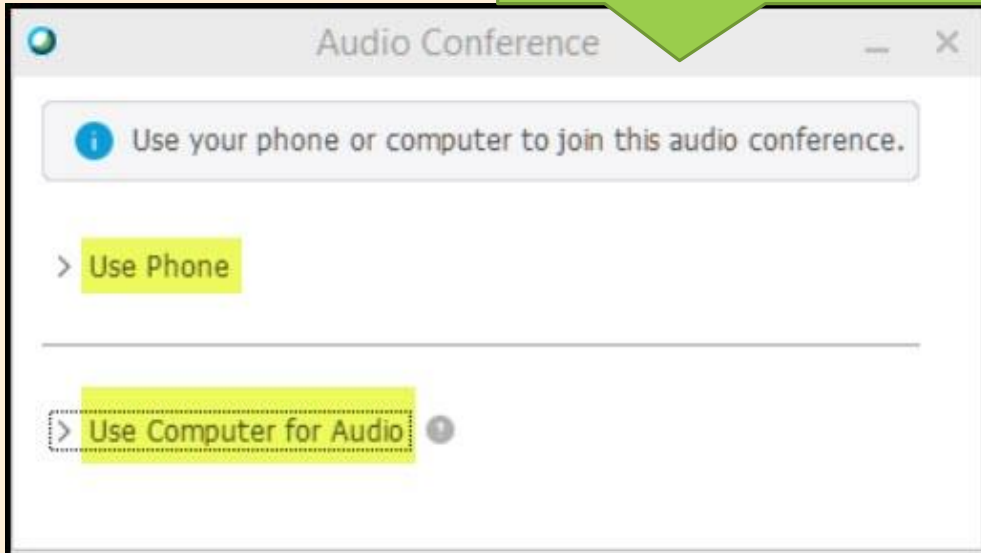
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Use the enrollment code Myth1920 to receive CEs.
- Your feedback matters! Even if you are not receiving CE credit, please complete the evaluation and let us know how we can improve our trainings.

YOUR WEBINAR HOST



Susan Halpin, M.Ed.

susan.halpin@umassmed.edu

NNLM NER, Education & Outreach Coordinator
University of Massachusetts Medical School
Worcester, Massachusetts

GETTING TO KNOW YOU

Use the Chat Box (make sure you “chat” to “all participants”).

Name?

Where are you located?

What do you hope to learn?

ABOUT NATIONAL LIBRARY OF MEDICINE (NLM)

[HTTPS://WWW.NLM.NIH.GOV/](https://www.nlm.nih.gov/)



Physical library is Bethesda, MD part of the NIH campus.

Largest biomedical library in the world

One of the federal government's largest providers of digital content

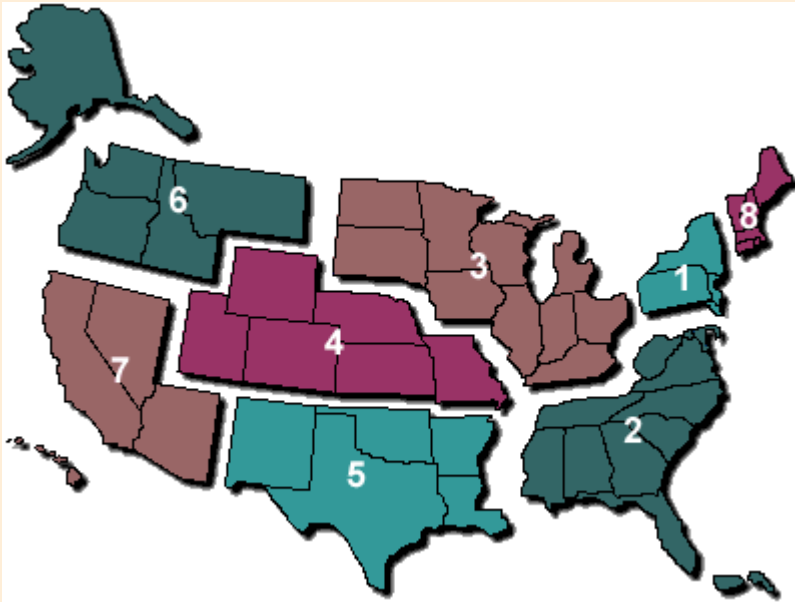
The library is open to everyone

NLM's mission

Advance the progress of medicine and improve public health by making biomedical information accessible to everyone.

NLM Carries Out its Mission Through the National Network of Libraries of Medicine (NNLM)

<https://nnlm.gov/>



- Nationwide network of health sciences libraries, public libraries & information centers
- Each region has a partnership with a regional medical library
- Outreach provided through

Free access to online health & medical resources

Free Training & Professional Development

Grant funding opportunities available for your community

77,000 people received training from NNLM last year!

NLM ONLINE RESOURCES FOR SUBSTANCE USE DISORDER

The screenshot shows the MedlinePlus website interface. At the top, there is a search bar and navigation links. The main content area is titled "Opioid Abuse and Addiction Treatment" and includes a "Summary" section, a "What are opioids?" section, a "What are opioid abuse and addiction?" section, and a "What are the treatments for opioid abuse and addiction?" section. There are also social media icons and a "Stay Connected" section for signing up for the My MedlinePlus newsletter.

On this page

Basics <ul style="list-style-type: none">SummaryStart Here	Learn More <ul style="list-style-type: none">Related IssuesSpecificsGenetics	See, Play and Learn <ul style="list-style-type: none">Videos and Tutorials
Research <ul style="list-style-type: none">Clinical TrialsJournal Articles	Resources <ul style="list-style-type: none">Reference DeskFind an Expert	For You <ul style="list-style-type: none">Patient Handouts

Summary

What are opioids?

Opioids, sometimes called narcotics, are a type of drug. They include strong prescription pain relievers, such as oxycodone, hydrocodone, fentanyl, and tramadol. The illegal drug heroin is also an opioid.

A health care provider may give you a prescription opioid to reduce pain after you have had a major injury or surgery. You may get them if you have severe pain from health conditions like cancer. Some health care providers prescribe them for chronic pain.

Prescription opioids used for pain relief are generally safe when taken for a short time and as prescribed by your health care provider. However, opioid abuse and addiction are still potential risks.

What are opioid abuse and addiction?

Opioid abuse means you are not taking the medicines according to your provider's instructions, you are using them to get high, or you are taking someone else's opioids. Addiction is a chronic brain disease. It causes you to compulsively seek out drugs even though they cause you harm.

What are the treatments for opioid abuse and addiction?

Treatments for opioid abuse and addiction include

- Medicines
- Counseling and behavioral therapies
- Medication-assisted therapy (MAT), which includes medicines, counseling, and behavioral therapies. This offers a "whole patient" approach to treatment, which can increase your chance of a successful recovery.

The screenshot shows the Environmental Health & Toxicology website interface. The main content area is titled "Opioid Addiction and Treatment" and includes a "Topics of Interest" section, a "Health Information Resources" section, and an "Understanding Addiction" section. There is also a "A to Z Index of Resources" section.

Topics of Interest

- About Us
- Database Descriptions
- Choose the Right Environmental Health and Toxicology Resource
- Search TOXNET® Databases
- Email Updates, News, and Social Media
- TOXNET Manual
- NNLM class schedule

A to Z Index of Resources

A B C D E F
G H I J K L
M N O P Q R
S T U V W X
Y Z

Opioid Addiction and Treatment

Health Information Resources

- Understanding Addiction
- Opioid Overdose
- Opioid Drugs
- Treating Opioid Addiction
- Opioid Prescribing
- Pregnancy, Opioid Use, and Neonatal Abstinence Syndrome
- Recovery
- Data, Trends, & Statistics
- Topic-related Searches of National Library of Medicine Resources
- Selection Guidelines
- Disclaimer

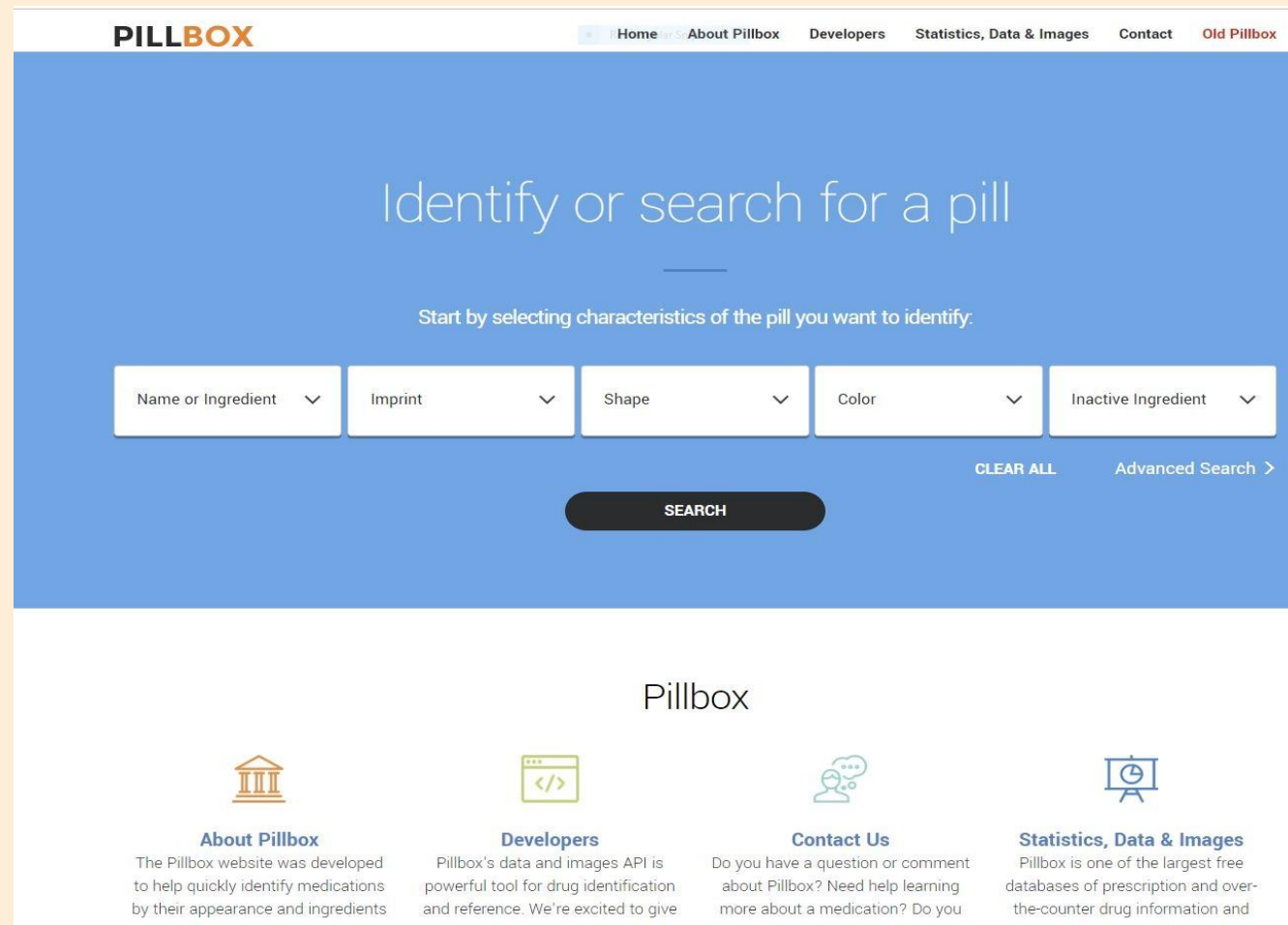
Understanding Addiction

- Definition of Addiction
 - American Society of Addiction Medicine (ASAM)
- Drugs, Brains, and Behavior: The Science of Addiction
 - The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH)
- East to Read Drug Facts
 - The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH)
- Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health (2016)
 - Office of the Surgeon General of the United States (OSG)
- Office of National Drug Control Policy - President's Commission

<https://envirotoxinfo.nlm.nih.gov/opiate-addiction-and-human-health.html>

<https://medlineplus.gov/opioidabuseandaddictiontreatment.html>

PILLBOX – NLM'S USEFUL TOOL TO IDENTIFY UNKNOWN PILLS



The screenshot shows the Pillbox website interface. At the top, the logo "PILLBOX" is on the left, and navigation links "Home", "About Pillbox", "Developers", "Statistics, Data & Images", "Contact", and "Old Pillbox" are on the right. The main heading is "Identify or search for a pill". Below it, a sub-heading says "Start by selecting characteristics of the pill you want to identify:". There are five dropdown menus for "Name or Ingredient", "Imprint", "Shape", "Color", and "Inactive Ingredient". To the right of these are "CLEAR ALL" and "Advanced Search >" links. A large black "SEARCH" button is centered below the filters. The bottom section is titled "Pillbox" and contains four columns with icons and text: "About Pillbox" (building icon), "Developers" (code icon), "Contact Us" (people icon), and "Statistics, Data & Images" (gauge icon).

<https://pillbox.nlm.nih.gov/>

Looking for Programming Tools Related to Health and Wellness?

Consider borrowing one of our **Graphic Medicine Book Club Kits** featuring ***Sobriety: A Graphic Novel!***

To Request a Kit:

www.nlm.gov/ner/kits

For Questions or Further Information,
Contact

Sarah Levin-Lederer at

Sarah.LevinLederer@umassmed.edu

Graphic Medicine Book Club Kit

NIH NLM NNLM nlm.gov/ner/kits

Graphic medicine is the combination of comics and healthcare. Comics help with understanding illness and health.

These kits are available to any organization in New England for free.

How kits work

1. Pick a health comic

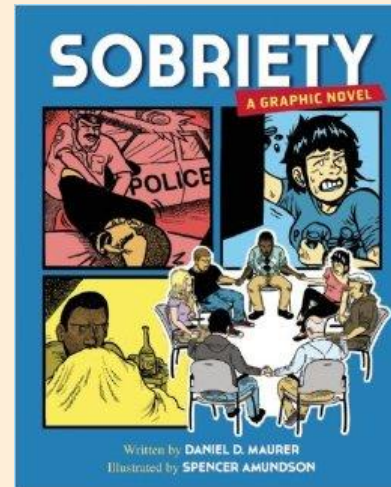


Addiction - AIDS - Aging - Cancer - Epilepsy - Grief - LGBTQ - Mental Health - OCD - Veterans

2. You receive a kit in the mail

Kits include:
6 Graphic Novels
Discussion guides with questions
Valuable NLM resources on the selected topic

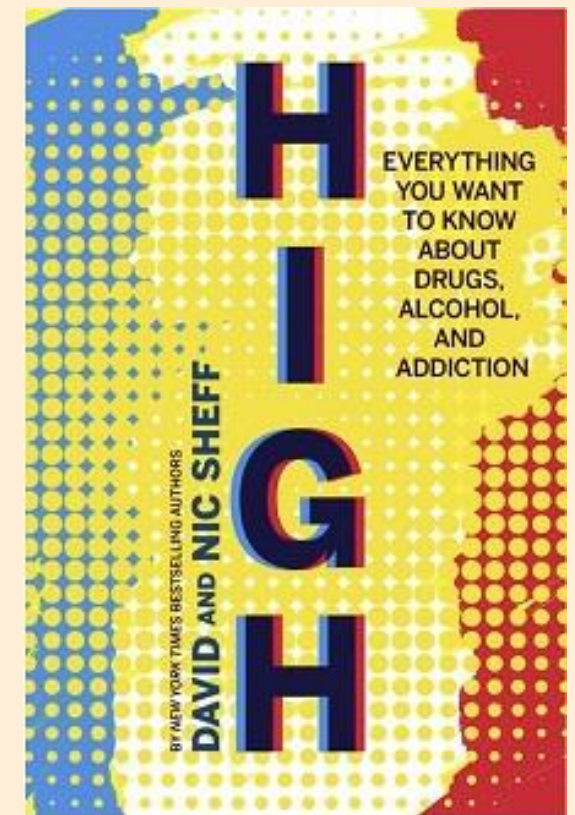
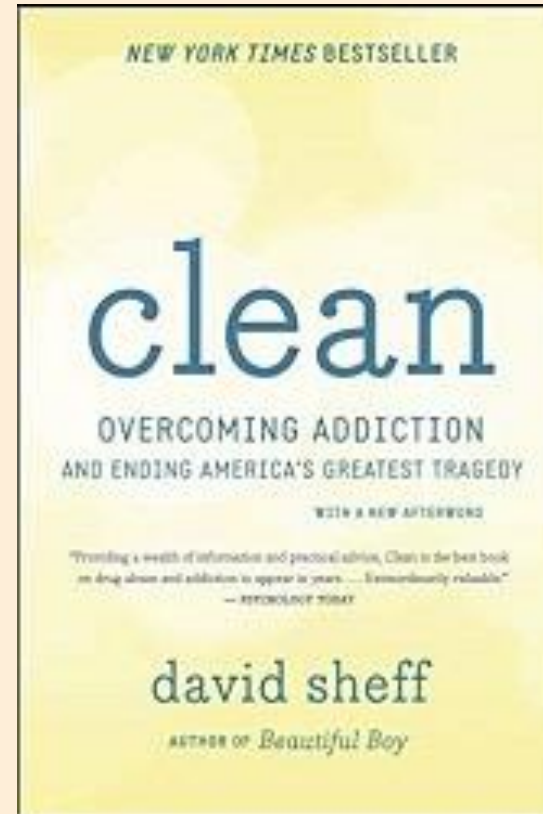
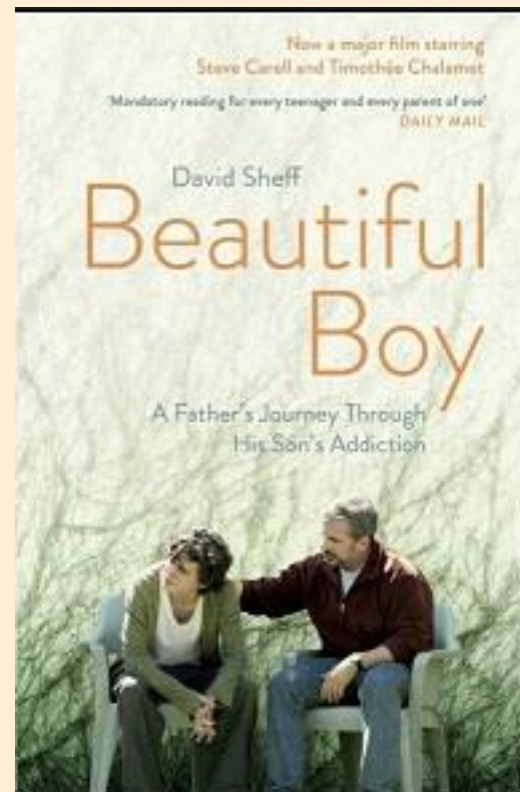
3. Read and learn together!



From the publisher...

“Through rich illustration and narrative, *Sobriety: A Graphic Novel* offers an inside look into recovery from the perspectives of five Twelve Step group members, each with a unique set of addictions, philosophies, struggles, and successes while working the Steps.”

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QUESTIONS FOR DAVID

PLEASE USE THE CHAT BOX.
“CHAT” YOUR QUESTIONS TO “ALL PARTICIPANTS”

THANK YOU DAVID!



- If you are planning to receive MLA continuing education credit, you must complete the evaluation for this webinar.

We value your feedback, please help us continue to improve by completing the evaluation.

Evaluation Link - <http://bit.ly/2luNRAh>
enrollment code: Myth1920

UPCOMING NNLM WEBINARS

- **Fred Muench, President of the Partnership for Drug-Free Kids**

Engaging Parents and Caregivers in Substance

Use Disorder Prevention and Recovery

December 5, 2019 3-4PM

- January 30, 2020 , 3-4PM Louie Diaz , Documentary film “Beyond the Wall”, Struggles and Strategies for Survival Beyond the Walls of Jail

Register here <https://nnlm.gov/classes/substance-use-disorder-celebrity-webinar-series>

SAVE THE DATE FOR THIS SPECIAL WEBINAR– REGISTRATION LINK WILL BE AVAILABLE SHORTLY

Substance Use Disorder & Heredity – It’s a Family Disease, December 10, 3-4PM

Candid interview with 3 generations of one family affected by substance use disorder.