#### La Salle University La Salle University Digital Commons

Explorer Café Explorer Connection

9-20-2017

#### Lasallian Bystander...An Oxymoron?

Laura Cilia MA La Salle University, cilia@lasalle.edu

Katie Minese MPH La Salle University, minese@lasalle.edu

Follow this and additional works at: http://digitalcommons.lasalle.edu/explorercafe

#### Recommended Citation

Cilia, Laura MA, Minese, Katie MPH "Lasallian Bystander...An Oxymoron?" (2017). Explorer Café. 58. http://digitalcommons.lasalle.edu/explorercafe/58

This Presentation is brought to you for free and open access by the Explorer Connection at La Salle University Digital Commons. It has been accepted for inclusion in Explorer Café by an authorized administrator of La Salle University Digital Commons. For more information, please contact careyc@lasalle.edu.

# THE LASALLIAN BY STANDER... AN OXYMORON?

Katie Minese, MPH Laura Cilia, MA La Salle University, Philadelphia PA

#### **Learning Objectives**

- Define terms associated with bystander intervention (active, passive, bystander effect)
- Recognize the negative activities that happen throughout our various communities and understand barriers to action
- Identify safe and positive options for bystander intervention to prevent harm or intervene
- Understand how to intervene (Direct, Distract, Delegate)
- Why this is important as Lasallians?

# "Together and By Association..."

- "Union in a community is a precious gem... If we lose this, we lose everything. Preserve it with care, therefore, if you want your community to survive."
  - St. John Baptist De La Salle
- We are responsible for each other
  - "We cannot love God and not love our neighbor..."
  - From the Gospel of Luke
- Guardian Angels
  - Their presence to us
  - We are called to be Guardian Angels to our students

### **How About Some Chips?**

https://www.youtube.com/watch?v=zJeSJhb3Hc4

### **Community Profile**

- What Does Your Community Look Like?
  - Student Demographics
  - Institutional Culture
  - Areas of Concern
  - Surrounding Community

# The 3 D's

Distract

Delegate

Direct

#### Now It's Your Turn

• Scenario – You are at a party at a house a couple blocks off-campus. There is a couple standing against a wall in the house, very close together. You recognize one of the students as your classmate that you worked on a project with during the first week of classes, and this person looks VERY intoxicated. The other person seems to be trying to take your classmate upstairs to a more private location. What do you do? How might you direct, distract, or delegate as a bystander?

#### Now It's Your Turn

• Scenario— At the end of the night at a small party hanging out with friends in the San Miguel Townhouses, you notice one student whose friends seem to have left him/her. He/she appears to be very intoxicated, and you see that person bend over to vomit in the nearest trash can, then stagger toward the door. You and your friends are getting ready to leave the party yourselves. What do you do? How might you direct, distract, or delegate as a bystander?

### Who Are Bystanders?

- Bystanders are everyday people in everyday situations:
  - School
  - Work
  - Hallways
  - Board meetings
- We never know when we will be called into the role of a bystander

## **Blurred Lines: Consent While Drinking**

Stated they had sex with someone without their consent

- 4 residential students
- 1 commuter student

Stated that someone had sex with them without their consent

- 10 students in a residence hall
- 1 student in a townhouse/ apartment
- 2 students in an off campus house
- 1 student in a parent or guardian house

# "I thought somebody else was going to do something..."

- Bystander Apathy:
  - 1. Social inhibitions
  - 2. Taking cues from others
  - 3. Diffusion of responsibility

#### **How To Be Powerful Bystanders**

- 1. Build A Sense of Community
- 2. Be "In the Know"
- 3. Assume Responsibility
- 4. Know Your ABC's ...



QUESTIONS?

THANK YOU!