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### Welcome to College: Now, Forget Everything You Learned in High School

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EXPLORER CAFÉ OCTOBER 5, 2016

Welcome To College: Now, Forget Everything You Learned In High School

Janet Fierson, Ph D Associate Professor Mathematics And Computer Science MarySheila E. McDonald, Esquire Associate Dean, School Of Business Bill McGarvey, Author <u>The Freshmen Survival Guide</u> EXPLORERS ARE NEVER LOST



**KEEP** CALM AND GROW 

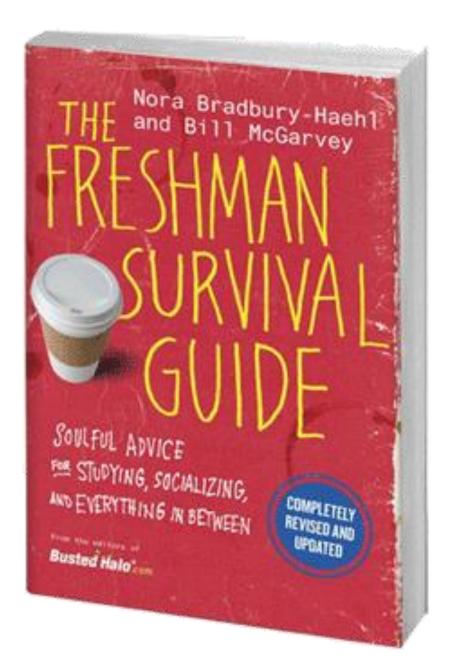
## Introduction

# Lasallian Approaches

The Research

Paths Forward

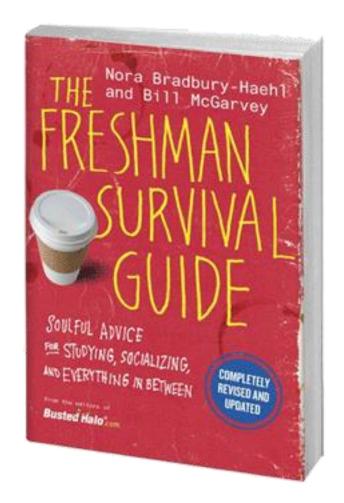
EXPLORERS ARE NEVER LOST



# How's it going so far?

Next to finances, the main reason students who've left school give for dropping out is academics. Your first line of defense against academic failure is to show up.

Experts agree: The number one predictor of academic success for freshmen continues to be regular class attendance.



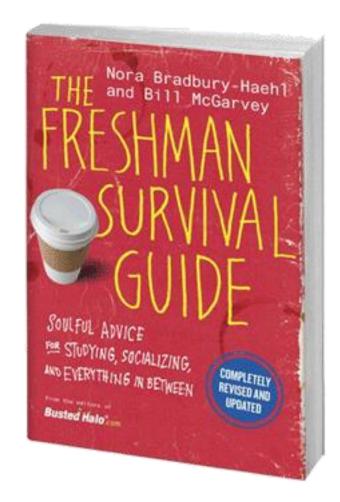
•38.8 percent –spend less than five hours each week with friends,

•18 percent said they spend more than 16 hours weekly with friends.

•In 1987, two-thirds said they spent more than 16 hours each week socializing.

•Students spending six hours or more each week using social media has increased by 44 percent, from 18.9 percent in 2007 to 27.2 percent in 2014.

--American Freshman Survey, UCLA

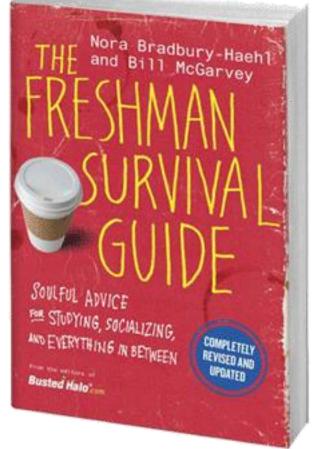


Question 1:

What Do You Hope Happens to You/ for You in College?

**Question 2:** What Are You Most Afraid Of?

**Question 3:** What Are Your Biggest Weaknesses and Strengths?



### **Question 4:** Who Will You Call with Problems or Big Life Questions?