

1 **Paper pulp-based adsorbents for the removal of pharmaceuticals from**  
2 **wastewater: a novel approach towards diversification**

3 *Gonçalo Oliveira<sup>a</sup>, Vânia Calisto<sup>b\*</sup>, Sérgio M. Santos<sup>c</sup>, Marta Otero<sup>d</sup>, Valdemar I. Esteves<sup>b</sup>*

4

5 <sup>a</sup> Department of Chemistry, University of Aveiro, Campus de Santiago, 3810-193 Aveiro,  
6 Portugal

7 <sup>b</sup> Department of Chemistry and CESAM (Centre for Environmental and Marine Studies),  
8 University of Aveiro, Campus de Santiago, 3810-193 Aveiro, Portugal

9 <sup>c</sup> Department of Chemistry and CICECO (Aveiro Institute of Materials), University of Aveiro,  
10 Campus de Santiago, 3810-193 Aveiro, Portugal

11 <sup>d</sup> Department of Environment and Planning and CESAM (Centre for Environmental and Marine  
12 Studies), University of Aveiro, Campus de Santiago, 3810-193 Aveiro, Portugal

13

14 \*Corresponding author: E-mail address: [vania.calisto@ua.pt](mailto:vania.calisto@ua.pt)

15

16 **Abstract**

17 In this work, two pulps, bleached (BP) and raw pulp (RP), derived from the paper production  
18 process, were used as precursors to produce non-activated and activated carbons (ACs). In the  
19 case of non-ACs, the production involved either pyrolysis or pyrolysis followed by acid  
20 washing. For ACs production, the pulps were impregnated with  $K_2CO_3$  or  $H_3PO_4$ , and then  
21 pyrolysed and acid washed. After production, the materials were physically and chemically  
22 characterized. Then, batch adsorption tests on the removal of two pharmaceuticals (the anti-  
23 epileptic carbamazepine (CBZ) and the antibiotic sulfamethoxazole (SMX)) from ultra-pure  
24 water and from Waste Water Treatment Plant (WWTP) effluents were performed. In ultra-pure  
25 water, non-ACs were not able to adsorb CBZ or SMX while ACs showed good adsorption  
26 capacities. In WWTP effluents, although ACs satisfactorily adsorbed CBZ and SMX, they  
27 showed lower adsorption capacities for the latter. Tests with WWTP effluents revealed that the  
28 best adsorption capacities were achieved by carbons produced from BP and activated with  
29  $H_3PO_4$ :  $92 \pm 19 \text{ mg g}^{-1}$  for CBZ and  $13.0 \pm 0.6 \text{ mg g}^{-1}$  for SMX. These results indicate the  
30 potential of paper pulps as precursors for ACs that can be applied in wastewater treatment.

31

32 **Keywords:** Emerging contaminants; Adsorption; Activated carbons; Water treatment; Raw  
33 pulp; Bleached pulp.

34

35

36

37

38

39

40

41

42

## 43           **1. Introduction**

44           The consumption of pharmaceuticals has been increasing considerably over the last  
45 decades and with this, their concentration in the environment, mainly aquatic, has grown up too,  
46 reaching the  $\mu\text{g L}^{-1}$  levels (Jones et al., 2005). The main pathway for the entrance of  
47 pharmaceuticals into the environment is the Wastewater Treatment Plants (WWTP) effluents  
48 discharge. There is a limited capacity to remove pharmaceuticals from urban wastewaters due to  
49 their resistance to conventional treatments. Microorganisms cannot metabolize most drugs as  
50 source of carbon (Ren et al., 2018), resulting in the release of contaminated effluents into the  
51 aquatic resources that ultimately supply the population (Bahlmann et al., 2014, 2012; Calisto et  
52 al., 2011; Rivera-Utrilla et al., 2013)). This fact has been worrying the scientific community,  
53 causing the search for new options to solve this serious environmental problem. One of the  
54 proposed solutions relies on the implementation of tertiary treatments in WWTP using  
55 adsorbent materials, most commonly activated carbons (ACs). In fact, it is well known that  
56 adsorption is a very versatile and efficient method to remove contaminants from the  
57 environment (Bansal and Goyal, 2005).

58           ACs are very efficient in adsorption processes, mainly due to very high specific surface  
59 areas, most frequently between 800 and 1500  $\text{m}^2 \text{g}^{-1}$  (Bansal and Goyal, 2005). However, their  
60 production is quite expensive since the most common used raw materials are petroleum coke, a  
61 product obtained during the oil refining process, and charcoal. Also, these precursors constitute  
62 non-renewable resources and originate environmental problems (Wei and Yushin, 2012). The  
63 production of adsorbent materials from alternative and renewable raw materials is becoming  
64 more and more important in line with the need to adopt processes that promote a more  
65 sustainable economy. Adsorbents have been developed from low-cost bio-based raw materials,  
66 from diverse origins (Babel, 2003), being agricultural residues the most common type of  
67 precursor: cocoa (Saucier et al., 2015) and coconut (Jain et al., 2015) shells, cherry stones  
68 (Nowicki et al., 2015), potato peels (Kyzas and Deliyanni, 2015), Isabel grape bagasse (Antunes  
69 et al., 2012), coffee residues and almond shells (Flores-Cano et al., 2016), among many others.  
70 Adsorbents were also produced from industrial residues like macroalgae waste originated from

71 agar-agar industry (Ferrera-Lorenzo et al., 2014), carbon residues from woody biomass  
72 gasification (Maneerung et al., 2016), cellulose sludge (Orlandi et al., 2017) and sewage sludge  
73 of industrial laundries (Silva et al., 2016). One type of substrate that has also been exploited is  
74 the sludge resulting from wastewater treatment in the pulp and paper industry (Calisto et al.,  
75 2015, 2014; Ferreira et al., 2016; Jaria et al., 2017, 2015; Khalili et al., 2002; Li et al., 2011).  
76 Such sludge is produced at a rate of eleven million tons per year in Europe alone (Monte et al.,  
77 2009) and its management is an issue of concern for the paper industry. Beyond the abundance  
78 of this sludge, it also presents very interesting characteristics as adsorbent precursor, namely  
79 high percentage of carbon and volatiles (Azargohar and Dalai, 2008), which are typical of  
80 lignocellulosic materials. Raw (RP) and bleached paper pulp (BP) have very similar chemical  
81 composition to primary paper mill sludge. Therefore, it could be expected that RP and BP may  
82 also have good potential to be used as precursors to generate adsorbents, presenting some  
83 advantages in comparison to sludge: (i) their composition is more stable over time; and (ii) they  
84 have less inorganic content, which may allow to produce carbons with higher yield and organic  
85 carbon content.

86         The European pulp and paper industry is facing big challenges mainly related to the  
87 consumption decay (which is expected to continue due to the digitalization) and to the sector's  
88 objectives for the 2050 Roadmap towards a low-carbon bio-economy (Confederation of  
89 European Paper Industries, 2014; European Commission, 2013; Presas, 2011). Innovation is  
90 essential to cope with these challenges, this involving progressing towards the diversification  
91 and exploitation of new businesses, the development of breakthrough technologies, novel  
92 products, and applications based on cellulose fibre that generate more added value. In this  
93 context, this manuscript aims to evaluate, for the first time, the adequacy of RP and BP from the  
94 paper industry as alternative and sustainable precursors of carbonaceous adsorbents. For this  
95 purpose, RP and BP were subjected to pyrolysis or pyrolysis combined with chemical  
96 activation. The resulting materials were subjected to extensive physico-chemical  
97 characterization and applied to the removal of carbamazepine (CBZ) and sulfamethoxazole  
98 (SMX) both from ultra-pure water and from the secondary effluent of a local WWTP to assess

99 the performance of the produced materials in real matrixes. CBZ and SMX were selected  
100 because, belonging to two different groups and presenting distinct chemical characteristics, both  
101 have large consumption patterns and have been found in natural waters: CBZ is an antiepileptic  
102 drug, with a very large global consumption and environmental persistency (Clara et al., 2004),  
103 widely detected in aqueous systems (Bahlmann et al., 2014, 2012; Calisto et al., 2011); SMX is  
104 the most representative antibiotic of the sulphonamides group, poses bacteriostatic activity, is  
105 widely administered in human and veterinary medicine and has been found in water systems  
106 (Johnson et al., 2015; Larcher and Yargeau, 2012).

107

## 108 **2. Experimental section**

### 109 **2.1. Production of carbon adsorbents**

110 The precursors used in the production of carbon adsorbents were RP and BP, provided  
111 by a kraft elemental chlorine free pulp factory, operating using *Eucalyptus globulus* wood. The  
112 pulp manufacturing process comprises three main steps: cooking, washing and bleaching (aimed  
113 to increase the degree of whiteness by removing or modifying chromophore groups present in  
114 the pulp structure). RP and BP were collected before and after the bleaching process,  
115 respectively. From the two air dried pulps, twelve different carbons were produced: six from RP  
116 and six from BP. Within the six carbons produced from each precursor, two were only  
117 pyrolysed (RP500 and RP800 produced from RP; BP500 and BP800 from BP), two other were  
118 pyrolysed and then acid washed with HCl 1.2 M (RP500-HCl and RP800-HCl from RP; BP500-  
119 HCl and BP800-HCl from BP) and two were activated (either with K<sub>2</sub>CO<sub>3</sub> or with H<sub>3</sub>PO<sub>4</sub>),  
120 pyrolysed and acid washed (RP800-HCl-K<sub>2</sub>CO<sub>3</sub> and RP800-HCl-H<sub>3</sub>PO<sub>4</sub> from RP; BP800-HCl-  
121 K<sub>2</sub>CO<sub>3</sub> and BP800-HCl-H<sub>3</sub>PO<sub>4</sub> from BP). For the activation procedure, the pulp fibres were  
122 impregnated with the activating agent in a ratio of 1:1 (w/w). For the carbons activated with  
123 K<sub>2</sub>CO<sub>3</sub>, the activating agent was dissolved in distilled water with a proportion of 3:10 (w/v) and  
124 for H<sub>3</sub>PO<sub>4</sub> activation, the activating agent was diluted in a ratio of 1:8 (v/v). In both cases, the  
125 pulp was impregnated for 1 h with the activating agent solution, using an ultrasonic bath and

126 then dried at room temperature. The dried pulps (alone or impregnated with the activating  
127 agent) were then placed in porcelain crucibles and pyrolysed under nitrogen flow in a furnace  
128 muffle that was heated at a rate of  $10\text{ }^{\circ}\text{C min}^{-1}$  up to  $500\text{ }^{\circ}\text{C}$  or  $800\text{ }^{\circ}\text{C}$ , temperatures which were  
129 maintained for 150 minutes. Then, also under nitrogen flow, the furnace was allowed to cool  
130 until room temperature. After pyrolysis, the ACs and two non-ACs from each pulp were acid  
131 washed with HCl 1.2 M (1 L of HCl 1.2 M to 30 mg of carbon adsorbent) and washed with  
132 distilled water until washing water reaching neutral pH. After that, all carbons were dried in an  
133 oven at  $105\text{ }^{\circ}\text{C}$  for 24 h and crushed mechanically.

134

## 135 **2.2. Physical and chemical characterization of raw materials and carbon adsorbents**

### 136 **2.2.1. Total organic carbon (TOC)**

137 TOC was determined for both precursors and for all carbon adsorbents by the difference  
138 between total carbon (TC) content and inorganic carbon (IC) content, which were obtained  
139 through a TOC analyser (TOC-VCPH Shimadzu, solid sample module SSM-5000A). Carbon  
140 content was determined as the average of three replicates.

### 141 **2.2.2. Thermogravimetric and proximate analysis**

142 The thermogravimetric analysis (TGA) and proximate analyses were made for the  
143 precursors and for the produced carbon adsorbents, respectively, and were carried out in a  
144 thermogravimetric balance Setsys Evolution 1750, Setaram, TGA mode (S type sensor).  
145 Standard methods to determine the moisture (UNE 32002) (AENOR, 1995), volatile matter  
146 (UNE 32019) (AENOR, 1985) and ash content (UNE 32004) (AENOR, 1984) were employed.  
147 The fixed carbon was determined as the remaining fraction after ash and volatile matter (at dry  
148 basis) determination. The experimental procedure for TGA consisted of the sample heating,  
149 under nitrogen atmosphere, from room temperature to  $105\text{ }^{\circ}\text{C}$  (heating rate of  $10\text{ }^{\circ}\text{C min}^{-1}$ );  
150 sample was kept at this temperature until total stabilization of the weight (approximately 30  
151 min); next, temperature was increased from  $105$  to  $950\text{ }^{\circ}\text{C}$  ( $10\text{ }^{\circ}\text{C min}^{-1}$ ), keeping the sample at  
152  $950\text{ }^{\circ}\text{C}$  until total stabilization of the weight (approximately 30 min); finally, at  $950\text{ }^{\circ}\text{C}$ , the

153 carrier gas was automatically switched to air and the sample was maintained at 950 °C until total  
154 stabilization of the weight. The mass loss observed around 105 °C is attributed to moisture; the  
155 mass loss registered from the end of this first step up to the switching of the carrier gas  
156 corresponds to volatile matter; the mass loss comprised between the introduction of the air flow  
157 and the stabilization of the weight is attributed to fixed carbon content; and lastly the final  
158 residue corresponds to ash content (Valenzuela and Bernalte, 1985).

### 159 **2.2.3. Elemental analysis**

160 Elemental analysis was determined for the precursors and for all carbon adsorbents. The  
161 determination of the samples' content in C, H, N and S was performed in a LECO TruSpec  
162 CHNS Micro analyser, using sulfamethazine as calibration standard. The percentage of oxygen  
163 was calculated by difference, at a dry and ash free basis.

### 164 **2.2.4. Fourier transform infrared spectroscopy with attenuated total 165 reflectance (FTIR-ATR)**

166 FTIR-ATR spectra were acquired through a Shimadzu-IRaffinity-1, using an attenuated  
167 total reflectance (ATR) module, with a nitrogen purge. The measurements were recorded in the  
168 range of 600-4000  $\text{cm}^{-1}$  wavenumbers, 4.0 of resolution, 128 scans and with atmosphere and  
169 background correction. Both precursors and all produced carbons were analysed.

### 170 **2.2.5. Point of zero charge (PZC)**

171 The PZC was determined, for the produced carbon adsorbents, by the pH drift method  
172 (Aldegs et al., 2008). Briefly, ten solutions of NaCl 0.1 M with pH ranging between 2 and 11  
173 were prepared by adjusting the pH with HCl 0.05 M and 0.1 M and NaOH 0.05 M and 0.1 M.  
174 After that, 10 mL of each solution were transferred to a polypropylene tube containing 2 mg of  
175 carbon. Each carbon was shaken with the solutions of different initial pH ( $\text{pH}_i$ ), at 40 rpm,  
176 overnight at 25 °C in an overhead shaker (Heidolph, Reax 2). Later, the final pH ( $\text{pH}_f$ ) was  
177 measured. The  $\Delta\text{pH}$  ( $\text{pH}_f - \text{pH}_i$ ) was plotted versus  $\text{pH}_i$  and PZC was determined as the pH  
178 value where the plot crosses the x-axis.

### 2.2.6. Determination of carbons' functional groups by Boehm's Titration

The quantification of functional groups present on carbons surface was determined by the Boehm's method (Boehm, 1994). Accordingly, each carbon was added to NaOH 0.05 M, NaHCO<sub>3</sub> 0.05 M, Na<sub>2</sub>CO<sub>3</sub> 0.05 M or HCl 0.05 M solutions into polypropylene tubes at a final concentration of 10 g L<sup>-1</sup>, under nitrogen atmosphere. The mixtures were then shaken inside a thermostatic incubator at 25 °C for 24 h. After, the supernatants were filtered and 25 mL of each one was titrated with 0.1 M HCl or 0.1 M NaOH solutions in order to quantify the total acid and basic functional groups, respectively. In addition, the different acidic groups were determined as follows: the amount of carboxyl groups was estimated by neutralization with NaHCO<sub>3</sub> solution; and the amount of phenols was estimated from the difference between the neutralization with NaOH and that determined for the Na<sub>2</sub>CO<sub>3</sub> solution. Furthermore, NaOH and HCl solutions were standardized with C<sub>8</sub>H<sub>5</sub>KO<sub>4</sub> and Na<sub>2</sub>CO<sub>3</sub>, respectively, for the determination of their exact concentration.

### 2.2.7. Specific surface area ( $S_{\text{BET}}$ )

$S_{\text{BET}}$  and total micropore volume ( $W_0$ ) were determined for carbon adsorbents by nitrogen adsorption isotherms, acquired at 77 K using a Micromeritics Instrument, Gemini VII 2380 after outgassing the materials overnight at 120 °C.  $S_{\text{BET}}$  was calculated from the Brunauer-Emmett-Teller equation (Brunauer et al., 1938) in the relative pressure range 0.01-0.1. Total pore volume ( $V_p$ ) was estimated from the amount of nitrogen adsorbed at a relative pressure of 0.99.  $W_0$  was determined by applying the Dubinin-Radushkevich equation (Marsh and Rand, 1970) to the lower relative pressure zone of the nitrogen adsorption isotherm.

### 2.2.8. Scanning electron microscopy (SEM)

SEM images were obtained at different magnitudes using a Hitachi SU-70 in order to observe the superficial morphology of the precursors and the produced carbon adsorbents. The magnifications applied were 300x, 1 000x, 3 000x, 10 000x, 30 000x and 50 000x.



## 2.3. Batch adsorption experiments

In order to test the adsorptive performance of the produced carbons for the removal of pharmaceuticals (namely CBZ and SMX) from water, kinetic and adsorption equilibrium experiments were made under shaking and batch conditions. In all tests, solutions with an initial drug concentration ( $C_i$ ) of  $5 \text{ mg L}^{-1}$  were used. Generally, polypropylene tubes containing a known mass of carbon adsorbent together with the drug solution were shaken at 80 rpm in an overhead shaker (Heidolph, Reax 2) at  $25 \text{ }^\circ\text{C}$ . Experiments were run in triplicate. After shaking, each sample was filtered through Whatman PVDF Membrane Filters  $0.22 \text{ }\mu\text{m}$  to stop the adsorption process. Resulting solutions were analysed by capillary electrophoresis, in order to determine the remaining drug concentration, as described in section 2.3.3. Testing controls, without adsorbents, were also made. Before carrying out kinetic and adsorption equilibrium experiments, preliminary tests were performed with all carbon adsorbents with the purpose of concluding about the materials that have the best adsorptive performances. Based on those studies, only RP800-HCl- $\text{H}_3\text{PO}_4$  and BP800-HCl- $\text{H}_3\text{PO}_4$  were selected to study their kinetical behaviour and define their isotherms in equilibrium conditions.

Ultra-pure water and a final effluent of a WWTP (after secondary treatment, as discharged into the environment) were used for preparing the drug solutions. The effluent was collected from the urban WWTP of *Costa de Lavos* (Figueira da Foz), Portugal; immediately after collection and to remove suspended matter, it was filtered through cellulose Supor-450 Membrane Disc Filters  $0.45 \text{ }\mu\text{m}$  with a vacuum system. After filtration, the samples were stored in the dark at  $4 \text{ }^\circ\text{C}$  until use, for a maximum period of 10 days. The collected effluent was characterized after filtration. The pH, conductivity and dissolved organic carbon (DOC) content were  $7.31$ ,  $0.26 \text{ ms cm}^{-1}$  and  $29.3 \pm 0.7 \text{ mg L}^{-1}$ , respectively.

### 2.3.1. Kinetic adsorption studies

To study the adsorption kinetics of CBZ and SMX onto the selected carbons, a fixed mass concentration of the carbon adsorbent ( $\text{g L}^{-1}$ ) was employed, varying the contact time

233 between carbon adsorbents and drug solutions (shaking times of 5, 15, 30, 60, 120 and 240  
234 min). In tests with real effluents, additional shaking times of 8, 10, 14 and 18 h were carried out.  
235 For tests with CBZ, the adsorbent mass concentrations used were 0.035 and 0.070 g L<sup>-1</sup> in ultra-  
236 pure water and WWTP effluent, respectively. In the case of SMX, 0.035 and 0.30 g L<sup>-1</sup> of  
237 adsorbent were respectively used for tests in ultra-pure and WWTP effluent. The amount of the  
238 target pharmaceutical adsorbed onto the corresponding adsorbent at each shaking time,  $q_t$  (mg  
239 g<sup>-1</sup>), was calculated by a mass balance (Equation 1). The experimental data were fitted to the  
240 pseudo-first (Lagergren, 1898) and pseudo-second order (Ho et al., 2000) kinetic models  
241 (Equations 2 and 3, respectively) in order to determine the kinetic parameters of the  
242 experiments.

$$243 \quad q_t = \frac{(C_i - C_t)}{m} \times V \text{ (Equation 1)}$$

$$244 \quad q_t = q_e (1 - e^{-k_1 t}) \text{ (Equation 2)}$$

$$245 \quad q_t = \frac{q_e^2 k_2 t}{1 + k_2 q_e t} \text{ (Equation 3)}$$

246 where  $t$  is shaking time (min),  $C_i$  is the initial concentration of drug (mg L<sup>-1</sup>),  $C_t$  is the remaining  
247 drug concentration (mg L<sup>-1</sup>) after shaking during a time  $t$ ,  $m$  is the mass of adsorbent (g),  $V$  is  
248 the volume of solution (L),  $q_e$  refers to the amount of adsorbate per unit mass of adsorbent at  
249 equilibrium (mg g<sup>-1</sup>),  $k_1$  is the pseudo-first order rate constant (min<sup>-1</sup>) and  $k_2$  is the pseudo-  
250 second order rate constant (g mg<sup>-1</sup> min<sup>-1</sup>). GraphPad Prism 5 was used for the nonlinear  
251 regression fittings of  $q_t$  versus  $t$  and three fitting parameters ( $R^2$ , ASS and  $S_{y/x}$ ) were determined  
252 to evaluate the goodness of fit.

253

### 254 **2.3.2. Equilibrium adsorption studies**

255 These experiments were performed using the shaking time needed to attain the  
256 equilibrium, as determined in section 2.3.1, varying the concentration of carbon adsorbents. The  
257 amount of the target pharmaceutical adsorbed onto the corresponding adsorbent  $q_e$  (mg g<sup>-1</sup>), was  
258 determined by a mass balance (Equation 4) and the experimental data were fitted to the  
259 Langmuir (Langmuir, 1916), Freundlich (Freundlich, 1906) and Langmuir-Freundlich (Sips,

260 1948) equilibrium models (Equations 5, 6 and 7, respectively) in order to determine the  
261 equilibrium parameters of the systems.

$$262 \quad q_e = \frac{(C_i - C_e)}{m_{ads}} \times V \text{ (Equation 4)}$$

$$263 \quad q_e = \frac{q_m \times K_L \times C_e}{1 + K_L \times C_e} \text{ (Equation 5)}$$

$$264 \quad q_e = K_F \times C_e^{(1/n)} \text{ (Equation 6)}$$

$$265 \quad q_e = \frac{q_{maxLF} \times K_{LF} C_e^{N_{LF-1}}}{1 + K_{LF} C_e^{N_{LF-1}}} \text{ (Equation 7)}$$

266 where  $q_m$  is the maximum adsorbed concentration of adsorbate at the equilibrium ( $\text{mg g}^{-1}$ ),  $C_e$   
267 refers to the concentration of adsorbate in the liquid phase at equilibrium ( $\text{mg L}^{-1}$ ),  $K_L$  is the  
268 Langmuir equilibrium constant ( $\text{L mg}^{-1}$ ),  $K_F$  is the Freundlich equilibrium constant ( $\text{mg g}^{-1} (\text{L}$   
269  $\text{mg}^{-1})^{1/n}$ ),  $n$  and  $N_{LF}$  are the degrees of non-linearity,  $q_{maxLF}$  ( $\text{mg g}^{-1}$ ) represents the Langmuir-  
270 Freundlich maximum adsorption capacity and  $K_{LF}$  ( $\text{mg g}^{-1} (\text{mg L}^{-1})^{-1/N_{LF}}$ ) is the affinity  
271 coefficient of Langmuir-Freundlich model. GraphPad Prism 5 was used for the nonlinear  
272 regression fittings of  $q_e$  versus  $C_e$  and three fitting parameters ( $R^2$ , ASS and  $S_{y/x}$ ) were  
273 determined to evaluate the goodness of fit.

274

### 275 **2.3.3. Drug quantification**

276 The quantification of CBZ and SMX was performed by capillary electrophoresis, using  
277 a Beckman P/ACE MDQ (Fullerton, CA, USA) instrument, equipped with a UV/visible detector  
278 and controlled by the software 32 Karat. The separation was made using a coated fused silica  
279 capillary of 40 cm total length (30 cm to the detection window) using a MEKC (micellar  
280 electrokinetic chromatography), as described in Calisto et al., 2015. Three replicates were run  
281 for all experiments. Detailed experimental conditions (coating step, analysis parameters and  
282 separation method for drug quantification) are presented in Table 1 of Supporting information  
283 (SI).

284 The concentration of CBZ and SMX was determined using a calibration curve in the  
285 range between 0.25 and 5.0 mg L<sup>-1</sup>. Seven standard solutions of each drug were prepared (0.25,  
286 0.50, 1.0, 2.0, 3.0, 4.0 and 5.0 mg L<sup>-1</sup>) and three replicates of each standard solution were  
287 analysed. A linear calibration curve for each new capillary was obtained using the least-squares  
288 linear regression.

289

### 290 **3. Results and Discussion**

#### 291 **3.1. Thermogravimetric analysis of the precursors and production of carbon** 292 **adsorbents**

293 The thermogravimetric analysis of carbon precursors (RP and BP) was made to  
294 determine the mass loss profiles of the pulps and then choose the pyrolysis temperature for each  
295 material. The results are presented in Figure S1 of Supporting Information (SI), which shows  
296 two stages of mass loss during the pyrolysis of each RP and BP. The first derivative  
297 thermogravimetric (DTG) peak of each pulp (76 °C for RP and 72 °C for BP) corresponds to the  
298 mass loss derived from water evaporation and the second peaks (333 °C for RP and 356 °C for  
299 BP) are due to the decomposition of organic matter. From these results, it was decided to carry  
300 out the pyrolysis of both RP and BP at 500 °C to ensure the transformation of the organic  
301 matter. Moreover, for comparison purposes, pyrolysis of RP and BP was also carried out at 800  
302 °C because higher temperatures usually translate into a higher development of microporosity, as  
303 observed in section 3.2, which is advantageous for adsorbents with superior adsorption capacity  
304 (Calisto et al., 2014).

305 The production yield of all carbon adsorbents was calculated both before and after acid  
306 washing. The yields obtained for RP and BP-based carbons varied between 18% and 25% for  
307 non-activated and non-washed carbons and between 14% and 21% for non-activated washed  
308 carbons, with BP-based carbons registering average yields slightly lower than RP-based  
309 carbons. The small decrease verified between non-washed and washed non-activated carbons  
310 indicate a low content of inorganic matter (removed by the acidic washing). The largest

311 differences were observed between AC produced from different activating agents, with  
312 production yields of 21% and 17% for RP and BP H<sub>3</sub>PO<sub>4</sub>-ACs, respectively, and 4% and 5% for  
313 RP and BP K<sub>2</sub>CO<sub>3</sub>-ACs, respectively.

### 314 **3.2. Physical and chemical characterisation of raw materials and carbon adsorbents**

315 TOC results (Table S2 of SI) highlight the low inorganic carbon content present in all  
316 produced materials [ $< 0.6\%$  (*w/w*)], even for non-washed carbons. This constitutes a great  
317 advantage for the utilization of these pulps as precursors for carbon adsorbents, considering that  
318 AC with high content in inorganic matter often implies lower surface areas and thus lower  
319 performance. The TOC of the precursors (between 38 and 40%) highly increased after  
320 pyrolysis, reaching contents between 76 and 83% for both non-washed and washed non-  
321 activated carbons; and between 59 and 62% for H<sub>3</sub>PO<sub>4</sub>-AC and 71% for K<sub>2</sub>CO<sub>3</sub>-AC. Therefore,  
322 ACs have less organic carbon (in percentage) than the non-activated carbons; this fact could be  
323 explained by the presence of other chemical elements in the surface of the materials (namely  
324 oxygen), resulting from the activating agent used, that represent a significant part of material's  
325 chemical structure.

326 From proximate and elemental analyses (Table 1), it can be verified a decrease of  
327 volatile matter with the increase of pyrolysis temperature, meaning that the carbons produced at  
328 higher temperatures released more volatile matter and had more potential for the development  
329 of porosity (namely, microporosity). It is also possible to conclude that BP has more potential to  
330 develop a porous structure than RP due to its higher content in volatile matter. These facts were  
331 proven by the results of  $S_{\text{BET}}$  and total volume of pores and micropores (Table 2). The presence  
332 of a significant percentage of ashes in H<sub>3</sub>PO<sub>4</sub>-ACs (20.48% for RP800-HCl-H<sub>3</sub>PO<sub>4</sub> and 16.55%  
333 for BP800-HCl-H<sub>3</sub>PO<sub>4</sub>) means that activation with H<sub>3</sub>PO<sub>4</sub> and pyrolysis of both RP and BP  
334 generate a big amount of inorganic material that is not completely removed by the acid washing.  
335 A high percentage of ashes in carbon's surface is generally a disadvantage for the carbons  
336 because it decreases the adsorptive performance of the materials. However, these values are still  
337 lower than those obtained by Jaria et al. (2015) for AC produced by the KOH or NaOH  
338 activation of primary sludge, which had about 50% of ashes (*wt.%* dry basis) but showed large

339 adsorption capacities for the antidepressant fluoxetine. Regarding the elemental analysis, shown  
340 in Table 1, it may be concluded that both precursors and carbon adsorbents are mostly  
341 constituted by C and O, containing less than 6% of H and negligible amounts of N. The  
342 materials have no S in their composition.

343 The FTIR-ATR spectra of RP, BP and of the produced carbon adsorbents are presented  
344 in Figure S2 of SI. The spectra of RP and BP present typical bands of cellulose: bands at ~1030,  
345 1105 and 1160  $\text{cm}^{-1}$ , corresponding to cellulosic ethers (C-O-C bonds); band at ~1053 is  
346 attributed to C-OH stretch of primary alcohols and carbohydrates (Boehm, 1994; Marsh and  
347 Rand, 1970). All these bands disappeared in the materials pyrolysed at 500 °C. This is consistent  
348 with the thermogravimetric results of the precursors (Figure S1 of SI), where the decomposition  
349 of the most thermo-labile fraction of organic matter, as cellulose, occurs between 300 and 400  
350 °C. There are also two bands in BP and RP spectra that are eliminated with pyrolysis: ~2890 and  
351 3330  $\text{cm}^{-1}$  which represent C-H stretch vibrations and -OH phenol, respectively (Ahmad et al.,  
352 2007). In carbon adsorbent materials, several bands between 1660 and 2000  $\text{cm}^{-1}$  appeared,  
353 which are related with the presence of some aromatic combination bands (Coates, 2006). The  
354 bands at ~1508 and 1339  $\text{cm}^{-1}$  correspond to aromatic ring stretches (Marsh and Rand, 1970;  
355 Yang et al., 2007). All bands in this region are typical of the presence of aromatic groups, which  
356 constitute the main structure of AC. The presence of some bands at 3400-4000  $\text{cm}^{-1}$  region in all  
357 produced carbons is also notable and related with OH stretching (Yang et al., 2007).

358 The PZC was determined in order to know the net charge of each carbon (see Figure S3  
359 of SI). Also, the concentration of some functional groups, namely carboxyl, phenols and total  
360 basic groups were obtained through Boehm's Titration. Figure 1 relates the PZC with the  
361 obtained functional groups concentrations for all produced carbon adsorbents. Since carboxyls  
362 and phenols are acidic groups, the low PZCs is directly connected with the presence of high  
363 concentrations of these two functional groups. On the other hand, higher PZCs are linked to a  
364 higher concentration of total basic groups and lower concentration of both carboxyl and phenol  
365 groups.

366 The  $S_{BET}$  results (Table 2) revealed large differences between non-activated and ACs,  
367 highlighting the importance of the activation step in the development of higher porosity and  
368  $S_{BET}$ . Except for those activated with  $K_2CO_3$ , all the carbons produced in the same conditions  
369 presented higher  $S_{BET}$  for BP-based carbons, compared with RP-based carbons. This fact may be  
370 explained by the higher content of volatile matter in BP in comparison with RP, as mentioned  
371 before. It is noteworthy that, despite similar  $S_{BET}$ ,  $H_3PO_4$ -ACs have a microporous volume ( $W_0$ )  
372 much higher than  $K_2CO_3$ -ACs, which will certainly influence the adsorptive capacity of these  
373 materials. For comparison purposes, the results determined for a commercially available AC  
374 (PBFG4, kindly provided by Chemviron Carbon) were also included in Table 2. A complete  
375 physical and chemical characterization of PBFG4 can be found in previous works (Calisto et al.,  
376 2014; Jaria et al., 2015). As it may be seen,  $S_{BET}$  values for the ACs produced in this study are  
377 very close or even higher (in the case of BP800- $H_3PO_4$ -HCl) than that of PBFG4. However,  $W_0$   
378 is significantly higher for the commercial AC (PBFG4) than for the here produced adsorbents.

379 The SEM analysis of the raw materials and produced carbon adsorbents are presented in  
380 Tables S3-S6 of SI at different magnifications. Figures 2 and 3 present images of both  
381 precursors and some examples of RP and BP-based carbons. The images show a gradual  
382 difference between the surface morphology of the precursors, where the cellulose fibres are  
383 intact, and the non-activated and non-washed carbons, where the fibres exhibit some degree of  
384 destruction with no evident porosity (as confirmed by  $S_{BET}$  analysis) and finally the AC, where a  
385 much more modified surface and a well-developed porosity are observable. This fact is  
386 consistent with the results of  $S_{BET}$ ,  $V_p$  and  $W_0$ . Regarding ACs, it is possible to verify a huge  
387 difference in the morphology between carbons activated with  $K_2CO_3$  and with  $H_3PO_4$ .  $K_2CO_3$ -  
388 ACs have a rough surface with a very noticeable porosity while  $H_3PO_4$ -ACs have a smoother  
389 surface, giving the impression that the fibres of the raw materials were barely affected. Still,  
390 both activating agents resulted in carbon adsorbents with similar  $S_{BET}$ , with  $H_3PO_4$ -ACs having  
391 a much higher microporous volume. A possible explanation for the non-observed porosity in  
392  $H_3PO_4$ -ACs SEM images could be the existence of a high number of micropores in these  
393 carbons, when compared with  $K_2CO_3$ -ACs, which are not visible at the used magnification.

394

### 395 **3.3. Batch adsorption experiments**

396 Preliminary tests, performed in ultra-pure water, revealed no adsorption of the studied  
397 pharmaceuticals onto the non-ACs, even at mass concentrations up to 10 times higher than those  
398 used for the same tests with ACs. This performance is, in fact, in accordance to  $S_{\text{BET}}$  results.  
399 Therefore, kinetic and equilibrium studies were not performed with non-ACs.

400 Concerning the performance of the produced ACs in the preliminary experiments,  
401  $\text{H}_3\text{PO}_4$ -ACs systematically presented better percentages for CBZ and SMX removal than  
402  $\text{K}_2\text{CO}_3$ -ACs. Better removal percentages of  $\text{H}_3\text{PO}_4$ -ACs should be related with the total pore  
403 and micropore volumes, which are much higher than those obtained for  $\text{K}_2\text{CO}_3$ -ACs (Table 2).  
404 Moreover, the lower PZCs and a more acidic carbon surface may also be determinant factors for  
405 a better performance, since  $\text{H}_3\text{PO}_4$ -ACs have higher concentrations of carboxyl and phenol  
406 groups in their structure, in comparison with  $\text{K}_2\text{CO}_3$ -ACs (Figure 1). Based on these results, it  
407 was decided to use the two  $\text{H}_3\text{PO}_4$ -ACs (RP800-HCl- $\text{H}_3\text{PO}_4$  and BP800-HCl- $\text{H}_3\text{PO}_4$ ) to perform  
408 the kinetic and equilibrium studies.

409

#### 410 **3.3.1. Kinetic adsorption studies**

411 Kinetic studies for the adsorption of CBZ and SMX onto RP800-HCl- $\text{H}_3\text{PO}_4$  and  
412 BP800-HCl- $\text{H}_3\text{PO}_4$  were performed in ultra-pure water and in WWTP effluents. The amount of  
413 CBZ and SMX adsorbed ( $q_t$ ,  $\text{mg g}^{-1}$ ) is represented *versus* shaking time ( $t$ ) in Figure 4.

414 The parameters determined by the fittings of kinetic models (Equations 2 and 3) to  
415 experimental results are summarized in Table 3. For the fitting parameters,  $R^2$ ,  $S_{y/x}$  and ASS,  
416 pseudo-second order was the model that best fitted the experimental results on the adsorption of  
417 both CBZ and SMX. Then, it was possible to conclude that the adsorption of both CBZ and  
418 SMX was much faster (higher  $k_2$ ) in ultra-pure water than in the WWTP effluent. It was also  
419 proven that the difference between the adsorption kinetics in ultra-pure water and WWTP  
420 effluents was more noticeable in tests with CBZ than with SMX. In fact, CBZ adsorption onto



421 RP800-H<sub>3</sub>PO<sub>4</sub>-HCl and BP800-H<sub>3</sub>PO<sub>4</sub>-HCl was ten and thirteen times faster, respectively, in  
422 ultra-pure water than in WWTP effluents. These results are probably related to the complex  
423 chemical composition of the secondary WWTP effluent, which contains organic and inorganic  
424 components (such as dissolved organic matter) that can compete for the adsorption sites of the  
425 carbons and, in this way, decrease the adsorption kinetics and hamper the access to the pores of  
426 the adsorbents. In tests with SMX, BP800-H<sub>3</sub>PO<sub>4</sub>-HCl adsorbed just twice faster in ultra-pure  
427 water, while RP800-H<sub>3</sub>PO<sub>4</sub>-HCl displayed faster adsorption kinetics in WWTP effluents.  
428 Regarding the produced ACs, adsorption of both CBZ and SMX was faster (please, see higher  
429  $k_2$  in Table 3) onto BP800-H<sub>3</sub>PO<sub>4</sub>-HCl than onto RP800-H<sub>3</sub>PO<sub>4</sub>-HCl either from ultra-pure  
430 water or from the WWTP effluent.

431 The comparison of adsorption kinetics of the here produced adsorbents with a literature  
432 study, that used, under the same experimental conditions, a commercial AC (PBFG4) for the  
433 removal of CBZ and SMX from ultra-pure water (see Table 3) (Calisto et al., 2015), revealed  
434 that the adsorption kinetics were faster for BP800-H<sub>3</sub>PO<sub>4</sub>-HCl (higher  $k_2$ ), proving the good  
435 potential of this type of precursors to produce ACs with good adsorptive properties.

436

### 437 **3.3.2. Equilibrium adsorption studies**

438 Equilibrium adsorption tests were performed for CBZ and SMX, both in ultra-pure  
439 water and WWTP effluents. The amount of CBZ and SMX adsorbed ( $q_e$ , mg g<sup>-1</sup>), both in ultra-  
440 pure water and WWTP effluents, is represented *versus* the remaining concentration of drug in  
441 solution ( $C_e$ ) in Figure 5. The parameters obtained from the fittings of experimental results to  
442 the considered equilibrium models (Equations 5, 6 and 7) are summarized in Table 3.

443 The best fit was obtained for the Langmuir-Freundlich equilibrium model, according to  
444 the three selected fitting parameters ( $R^2$ ,  $S_{y/x}$  and ASS) displayed in Table 3. From the analysis  
445 of the fitted parameters for the Langmuir-Freundlich equilibrium model, it is possible to  
446 conclude that, except for SMX adsorption onto RP800-HCl-H<sub>3</sub>PO<sub>4</sub> from ultra-pure water, the  
447 maximum adsorptive capacities ( $q_m$ ) were always higher for BP-based ACs than for RP-based

448 ACs. These results are partially justified by the higher  $S_{BET}$  of BP800-HCl-H<sub>3</sub>PO<sub>4</sub> (965 m<sup>2</sup> g<sup>-1</sup>),  
449 comparing with RP800-HCl-H<sub>3</sub>PO<sub>4</sub> (768 m<sup>2</sup> g<sup>-1</sup>). On the other hand, equilibrium experiments in  
450 ultra-pure water present better or similar  $q_m$  for SMX than for CBZ. Contrarily, in WWTP  
451 effluents,  $q_m$  was significantly higher for CBZ than for SMX. In any case, for these drugs, the  
452 adsorptive capacity of both BP800-HCl-H<sub>3</sub>PO<sub>4</sub> and RP800-HCl-H<sub>3</sub>PO<sub>4</sub> was higher in ultra-pure  
453 water than in real effluents due to the presence of organic matter or other competitors in the  
454 latter. Yet, the decrease of carbons adsorptive capacity in WWTP effluent was much more  
455 noticeable for SMX than for CBZ. In the case of CBZ, the adsorptive capacities of the  
456 adsorbents just decreased 45% and 14%, using RP800-HCl-H<sub>3</sub>PO<sub>4</sub> and BP800-HCl-H<sub>3</sub>PO<sub>4</sub>,  
457 respectively, while for SMX, the adsorptive capacities decreased 92% and 87% for the same  
458 carbon adsorbents, respectively. It was hypothesised that the reason for this accentuated  
459 decrease may lie in the carbon surface chemistry. Since the PZC of H<sub>3</sub>PO<sub>4</sub>-ACs is quite low (2.3  
460 for BP800-HCl-H<sub>3</sub>PO<sub>4</sub> and 2.8 for RP800-HCl-H<sub>3</sub>PO<sub>4</sub>) and the pH of collected WWTP effluent  
461 was 7.31, the functional groups present in the carbon surface are deprotonated, resulting in a  
462 negatively charged carbon, attracting cations and repulsing anions. Due to the pH of the WWTP  
463 effluent, SMX was negatively charged in these tests (pK<sub>a1</sub>=1.8; pK<sub>a2</sub>=5.7 (Calisto et al., 2015)),  
464 which induced a repulsion between the drug and the groups present on the carbon surface,  
465 making difficult the adsorption process. The dissociation equilibrium and speciation diagram of  
466 SMX are schematized in Figure 6.

467         In ultra-pure water, which has a more acidic pH than WWTP effluents (between 5.5 and  
468 6.0), there is an equilibrium between the neutral and negative species of SMX because pK<sub>a2</sub> of  
469 SMX is 5.7. With the presence of the neutral form of SMX, no electrostatic repulsion forces  
470 between the neutral drug and the adsorbent surface occur, which further potentiates the  
471 adsorption in this matrix. Then, the absence of competitors in ultra-pure water also favours the  
472 SMX adsorption onto the produced carbon adsorbents.

473         The pH-dependent effect was not felt in CBZ adsorption experiments because CBZ has  
474 a neutral charge at both the pH of ultra-pure water and WWTP effluents (pK<sub>a</sub>=13.9 (Calisto et  
475 al., 2015)). Therefore, in this case, the observed differences between the adsorption capacities

476 obtained between ultra-pure water and WWTP effluents are mainly due to the competition  
477 effect of substances present in the effluents.

478 For comparison purposes, the results obtained under the same experimental conditions  
479 for the removal of CBZ and SMX from ultra-pure water with a commercial AC (PBFG4)  
480 (Calisto et al., 2015), are summarized in Table 3. The results show that the adsorption capacities  
481 obtained with PBFG4 and the carbon adsorbents produced in this work are quite similar,  
482 particularly in the case of BP800-H<sub>3</sub>PO<sub>4</sub>-HCl. Therefore, despite the total microporous volume  
483 of PBFG4 being three times higher than that of BP800-H<sub>3</sub>PO<sub>4</sub>-HCl (please see Table 2),  
484 maximum adsorption capacities of PBFG4 were only 1.2 and 1.1 times higher than those of  
485 BP800-H<sub>3</sub>PO<sub>4</sub>-HCl for CBZ and SMX, respectively.

486 On the basis of the kinetic and equilibrium results, it is possible to conclude that BP800-  
487 H<sub>3</sub>PO<sub>4</sub>-HCl was, among the here produced materials, the carbon adsorbent with the best  
488 adsorptive performance, being comparable to that of a commercial AC used under identical  
489 experimental conditions.

490

#### 491 **4. Conclusions**

492 This study evaluated the adequacy of RP and BP as alternative and renewable-origin  
493 precursors to produce high efficiency carbon adsorbents to remove pharmaceuticals from water.  
494 The results obtained revealed that non-ACs produced from RP and BP have no potential for this  
495 application, with negligible microporous structure and no ability to remove the tested  
496 pharmaceuticals from ultra-pure water. On the other hand, the activation of RP and BP with  
497 K<sub>2</sub>CO<sub>3</sub> and H<sub>3</sub>PO<sub>4</sub> allowed to produce carbon adsorbents with high adsorptive performances for  
498 CBZ and SMX, with interesting physical and chemical characteristics such as a high  $S_{\text{BET}}$  and a  
499 high total volume of pores and micropores, mainly for BP800-HCl-H<sub>3</sub>PO<sub>4</sub> ( $S_{\text{BET}}$  of 965 m<sup>2</sup> g<sup>-1</sup>,  
500  $V_p$  and  $W_0$  of 0.41 and 0.11 cm<sup>3</sup>, respectively). By studying the kinetic and equilibrium  
501 behaviour of H<sub>3</sub>PO<sub>4</sub>-ACs for the adsorption of CBZ and SMX in ultra-pure water and WWTP  
502 effluents, it was possible to conclude that the adsorption was slower and the capacity lower in  
503 the WWTP effluents than in ultra-pure water. Differences should be related to the presence of

504 competitors that influence the adsorption process in WWTP effluents and to pH effects,  
505 particularly in the case of SMX. In general, among the produced adsorbents, the one from BP  
506 and activated with H<sub>3</sub>PO<sub>4</sub> (BP800-HCl-H<sub>3</sub>PO<sub>4</sub>) displayed the best adsorptive performance,  
507 which was comparable to that of a commercial AC. Therefore, it was here proved the potential  
508 of pulp as precursor to produce adsorbents with high performance, which opens a new research  
509 line towards diversification in the paper industry.

510

### 511 **Acknowledgements**

512 This work was funded by FEDER through COMPETE 2020 and by national funds  
513 through FCT by the research project PTDC/AAG-TEC/1762/2014. Thanks are due for the  
514 financial support to CESAM (UID/AMB/50017-POCI-01-0145-FEDER-007638), to  
515 FCT/MCTES through national funds (PIDDAC), and the co-funding by the FEDER, within the  
516 PT2020 Partnership Agreement and Compete 2020. The work was also developed within the  
517 scope of the project CICECO - Aveiro Institute of Materials, POCI-01-0145-FEDER-007679  
518 (UID/CTM/50011/2013), financed by national funds through the FCT/MEC. Vânia Calisto  
519 thanks FCT for her postdoctoral grant (SFRH/BPD/78645/2011). Marta Otero and Sérgio  
520 Santos thank support by the FCT Investigator Program (IF/00314/2015 and IF/00973/2014,  
521 respectively). The authors acknowledge the kind collaboration of Cláudia Guerreiro and Maria  
522 Miguel from the company “Luságua” for support with effluent collection.

### 523 **References**

- 524 AENOR: Norma UNE 32002:1995. <http://www.aenor.es/>.
- 525 AENOR: Norma UNE 32019:1985. <http://www.aenor.es/>.
- 526 AENOR: Norma UNE 32004:1984. <http://www.aenor.es/>.
- 527 Ahmad, A., Loh, M., Aziz, J., 2007. Preparation and characterization of activated carbon from  
528 oil palm wood and its evaluation on Methylene blue adsorption. *Dyes Pigments* 75, 263–  
529 272.
- 530 Aldegs, Y., Elbarghouthi, M., Elsheikh, A., Walker, G., 2008. Effect of solution pH, ionic

531 strength, and temperature on adsorption behavior of reactive dyes on activated carbon.  
532 Dyes Pigments 77, 16–23.

533 Antunes, M., Esteves, V.I., Guégan, R., Crespo, J.S., Fernandes, A.N., Giovanela, M., 2012.  
534 Removal of diclofenac sodium from aqueous solution by Isabel grape bagasse. Chem. Eng.  
535 J. 192, 114–121.

536 Azargohar, R., Dalai, A.K., 2008. Steam and KOH activation of biochar: Experimental and  
537 modeling studies. Micropor. Mesopor. Mat. 110, 413–421.

538 Babel, S., 2003. Low-cost adsorbents for heavy metals uptake from contaminated water: a  
539 review. J. Hazard. Mater. 97, 219–243.

540 Bahlmann, A., Brack, W., Schneider, R.J., Krauss, M., 2014. Carbamazepine and its metabolites  
541 in wastewater: Analytical pitfalls and occurrence in Germany and Portugal. Water Res. 57,  
542 104–114.

543 Bahlmann, A., Carvalho, J.J., Weller, M.G., Panne, U., Schneider, R.J., 2012. Immunoassays as  
544 high-throughput tools: Monitoring spatial and temporal variations of carbamazepine,  
545 caffeine and cetirizine in surface and wastewaters. Chemosphere 89, 1278–1286.

546 Bansal, R.C., Goyal, M., 2005. Activated carbon adsorption. Taylor & Francis Group.

547 Boehm, H.P., 1994. Some aspects of the surface chemistry of carbon blacks and other carbons.  
548 Carbon 32, 759–769.

549 Brunauer, S., Emmett, P.H., Teller, E., 1938. Adsorption of gases in multimolecular layers. J.  
550 Am. Chem. Soc. 60, 309–319.

551 Calisto, V., Bahlmann, A., Schneider, R.J., Esteves, V.I., 2011. Application of an ELISA to the  
552 quantification of carbamazepine in ground, surface and wastewaters and validation with  
553 LC–MS/MS. Chemosphere 84, 1708–1715.

554 Calisto, V., Ferreira, C.I.A., Oliveira, J.A.B.P., Otero, M., Esteves, V.I., 2015. Adsorptive  
555 removal of pharmaceuticals from water by commercial and waste-based carbons. J.  
556 Environ. Manage. 152, 83–90.

557 Calisto, V., Ferreira, C.I.A., Santos, S.M., Gil, M.V., Otero, M., Esteves, V.I., 2014. Production  
558 of adsorbents by pyrolysis of paper mill sludge and application on the removal of

559 citalopram from water. *Bioresource Technol.* 166, 335–344.

560 Clara, M., Strenn, B., Kreuzinger, N., 2004. Carbamazepine as a possible anthropogenic marker  
561 in the aquatic environment: investigations on the behaviour of Carbamazepine in  
562 wastewater treatment and during groundwater infiltration. *Water Res.* 38, 947–954.

563 Coates, J., 2006. Interpretation of Infrared Spectra, A Practical Approach, in: *Encyclopedia of*  
564 *Analytical Chemistry*. John Wiley & Sons, Ltd, Chichester, UK.

565 Confederation of European Paper Industries, 2014. Resource efficiency in the pulp and paper  
566 industry: making more from our natural resources.

567 Dias, I.N., Souza, B.S., Pereira, J.H.O.S., Moreira, F.C., Dezotti, M., Boaventura, R.A.R., Vilar,  
568 V.J.P., 2014. Enhancement of the photo-Fenton reaction at near neutral pH through the use  
569 of ferrioxalate complexes: A case study on trimethoprim and sulfamethoxazole antibiotics  
570 removal from aqueous solutions. *Chem. Eng. J.* 247, 302–313.

571 European Commission, 2013. Pulp and paper industry [WWW Document]. URL:  
572 [https://ec.europa.eu/growth/sectors/raw-materials/industries/forest-based/pulp-paper\\_en](https://ec.europa.eu/growth/sectors/raw-materials/industries/forest-based/pulp-paper_en)  
573 (accessed 12.12.17).

574 Ferreira, C.I.A., Calisto, V., Otero, M., Nadais, H., Esteves, V.I., 2016. Comparative adsorption  
575 evaluation of biochars from paper mill sludge with commercial activated carbon for the  
576 removal of fish anaesthetics from water in Recirculating Aquaculture Systems. *Aquac.*  
577 *Eng.* 74, 76–83.

578 Ferrera-Lorenzo, N., Fuente, E., Suárez-Ruiz, I., Ruiz, B., 2014. KOH activated carbon from  
579 conventional and microwave heating system of a macroalgae waste from the Agar–Agar  
580 industry. *Fuel Process. Technol.* 121, 25–31.

581 Flores-Cano, J.V., Sánchez-Polo, M., Messoud, J., Velo-Gala, I., Ocampo-Pérez, R., Rivera-  
582 Utrilla, J., 2016. Overall adsorption rate of metronidazole, dimetridazole and diatrizoate on  
583 activated carbons prepared from coffee residues and almond shells. *J. Environ. Manage.*  
584 169, 116–125.

585 Freundlich, H., 1906. Over the adsorption in solution. *J. Phy. Chem.* 57, 385-470.

586 H. Jones, O.A., Voulvoulis, N., Lester, J.N., 2005. Human pharmaceuticals in wastewater

587 treatment processes. *Crit. Rev. Environ. Sci. Technol.* 35, 401–427.

588 Ho, Y.S., McKay, G., Wase, D.A.J., Forster, C.F., 2000. Study of the sorption of divalent metal  
589 ions on to peat. *Adsorpt. Sci. Technol.* 18, 639–650.

590 Jain, A., Balasubramanian, R., Srinivasan, M.P., 2015. Production of high surface area  
591 mesoporous activated carbons from waste biomass using hydrogen peroxide-mediated  
592 hydrothermal treatment for adsorption applications. *Chem. Eng. J.* 273, 622–629.

593 Jaria, G., Calisto, V., Gil, M.V., Otero, M., Esteves, V.I., 2015. Removal of fluoxetine from  
594 water by adsorbent materials produced from paper mill sludge. *J. Colloid Interface Sci.*  
595 448, 32–40.

596 Jaria, G., Silva, C.P., Ferreira, C.I.A., Otero, M., Calisto, V., 2017. Sludge from paper mill  
597 effluent treatment as raw material to produce carbon adsorbents: An alternative waste  
598 management strategy. *J. Environ. Manage.* 188, 203–211.

599 Johnson, A.C., Keller, V., Dumont, E., Sumpter, J.P., 2015. Assessing the concentrations and  
600 risks of toxicity from the antibiotics ciprofloxacin, sulfamethoxazole, trimethoprim and  
601 erythromycin in European rivers. *Sci. Total Environ.* 511, 747–755.

602 Khalili, N., Vyas, J., Weangkaew, W., Westfall, S., Parulekar, S., Sherwood, R., 2002.  
603 Synthesis and characterization of activated carbon and bioactive adsorbent produced from  
604 paper mill sludge. *Sep. Purif. Technol.* 26, 295–304.

605 Kyzas, G.Z., Deliyanni, E.A., 2015. Modified activated carbons from potato peels as green  
606 environmental-friendly adsorbents for the treatment of pharmaceutical effluents. *Chem.*  
607 *Eng. Res. Des.* 97, 135–144.

608 Lagergren, S., 1898. About the theory of so-called adsorption of soluble substances. *Kungliga*  
609 *Svenska Vetenskapsakademiens*, 24, 1-39.

610 Langmuir, I., 1916. The constitution and fundamental properties of solids and liquids. *J. Am.*  
611 *Chem. Soc.* 38, 2221–2295.

612 Larcher, S., Yargeau, V., 2012. Biodegradation of sulfamethoxazole: current knowledge and  
613 perspectives. *Appl. Microbiol. Biotechnol.* 96, 309–318.

614 Li, W.-H., Yue, Q.-Y., Gao, B.-Y., Wang, X.-J., Qi, Y.-F., Zhao, Y.-Q., Li, Y.-J., 2011.

615 Preparation of sludge-based activated carbon made from paper mill sewage sludge by  
616 steam activation for dye wastewater treatment. *Desalination* 278, 179–185.

617 Maneerung, T., Liew, J., Dai, Y., Kawi, S., Chong, C., Wang, C.-H., 2016. Activated carbon  
618 derived from carbon residue from biomass gasification and its application for dye  
619 adsorption: Kinetics, isotherms and thermodynamic studies. *Bioresource Technol.* 200,  
620 350–359.

621 Marsh, H., Rand, B., 1970. The characterization of microporous carbons by means of the  
622 dubinin-radushkevich equation. *J. Colloid Interface Sci.* 33, 101–116.

623 Monte, M.C., Fuente, E., Blanco, A., Negro, C., 2009. Waste management from pulp and paper  
624 production in the European Union. *Waste Manag.* 29, 293–308.

625 Nowicki, P., Kazmierczak, J., Pietrzak, R., 2015. Comparison of physicochemical and sorption  
626 properties of activated carbons prepared by physical and chemical activation of cherry  
627 stones. *Powder Technol.* 269, 312–319.

628 Orlandi, G., Civasotto, J., Machado, F.R.S., Colpani, G.L., Magro, J.D., Dalcanton, F., Mello,  
629 J.M.M., Fiori, M.A., 2017. An adsorbent with a high adsorption capacity obtained from  
630 the cellulose sludge of industrial residues. *Chemosphere* 169, 171–180.

631 Presas, T., 2011. The pulp and paper industry: intelligent use of raw materials, in: *European  
632 Economic and Social Committee.* Brussels.

633 Ren, X., Zeng, G., Tang, L., Wang, J., Wan, J., Liu, Y., Yu, J., Yi, H., Ye, S., Deng, R., 2018.  
634 Sorption, transport and biodegradation – An insight into bioavailability of persistent  
635 organic pollutants in soil. *Sci. Total Environ.* 610-611, 1154-1163.

636 Rivera-Utrilla, J., Sánchez-Polo, M., Ferro-García, M.Á., Prados-Joya, G., Ocampo-Pérez, R.,  
637 2013. Pharmaceuticals as emerging contaminants and their removal from water: a review.  
638 *Chemosphere* 93, 1268–1287.

639 Saucier, C., Adebayo, M.A., Lima, E.C., Cataluña, R., Thue, P.S., Prola, L.D.T., Puchana-  
640 Rosero, M.J., Machado, F.M., Pavan, F.A., Dotto, G.L., 2015. Microwave-assisted  
641 activated carbon from cocoa shell as adsorbent for removal of sodium diclofenac and  
642 nimesulide from aqueous effluents. *J. Hazard. Mater.* 289, 18–27.



643 Silva, T.L., Ronix, A., Pezoti, O., Souza, L.S., Leandro, P.K.T., Bedin, K.C., Beltrame, K.K.,  
644 Cazetta, A.L., Almeida, V.C., 2016. Mesoporous activated carbon from industrial laundry  
645 sewage sludge: Adsorption studies of reactive dye Remazol Brilliant Blue R. *Chem. Eng.*  
646 *J.* 303, 467–476.

647 Sips, R., 1948. On the Structure of a Catalyst Surface. *J. Chem. Phys.* 16, 490–495.

648 Teixeira, S., Delerue-Matos, C., Santos, L., 2012. Removal of sulfamethoxazole from solution  
649 by raw and chemically treated walnut shells. *Environ. Sci. Pollut. Res.* 19, 3096–3106.

650 Valenzuela, C., Bernalte, A., 1985. Un método termogravimétrico rápido para análisis  
651 inmediato de carbones. *Boletín Geológico y Min.* 58–61.

652 Wei, L., Yushin, G., 2012. Nanostructured activated carbons from natural precursors for  
653 electrical double layer capacitors. *Nano Energy* 1, 552–565.

654 Yang, H., Yan, R., Chen, H., Lee, D.H., Zheng, C., 2007. Characteristics of hemicellulose,  
655 cellulose and lignin pyrolysis. *Fuel* 86, 1781–1788.

## Tables

**Table 1** – Proximate and elemental analyses for precursors and carbon materials

Sample	Proximate analysis (wt.%, dry basis)					Elemental analysis (wt.%, dry and ash free basis)				
	Moisture	Volatile Matter (VM)	Fixed Carbon (FC)	Ash	VM/FC	% C	% H	% N	% S	% O *
RP	6.13	79.77	19.29	0.94	4.14	41.60	5.93	-	-	52.47
BP	6.88	87.75	11.72	0.53	7.49	42.34	5.99	0.03	-	51.63
RP500	4.83	21.54	74.92	3.54	0.29	79.42	2.44	-	-	18.15
BP500	3.11	27.91	72.09	-	0.39	81.30	2.28	-	-	16.41
RP800	8.37	11.38	82.96	5.66	0.14	82.70	0.96	0.05	-	16.29
BP800	6.02	8.89	90.57	0.53	0.10	83.93	0.23	-	-	15.85
RP500-HCl	4.94	19.61	79.84	0.55	0.25	77.56	2.77	-	-	19.67
BP500-HCl	4.61	19.51	79.56	0.93	0.25	78.91	2.20	-	-	18.89
RP800-HCl	8.38	7.71	91.11	1.17	0.08	85.69	-	0.12	-	14.19
BP800-HCl	8.04	7.50	91.78	0.72	0.08	84.88	-	-	-	15.12
RP800-HCl-K <sub>2</sub> CO <sub>3</sub>	14.92	11.72	87.84	0.44	0.13	72.79	-	-	-	27.21
BP800-HCl-K <sub>2</sub> CO <sub>3</sub>	16.36	14.64	85.36	0.00	0.17	71.82	0.94	0.05	-	27.18
RP800-HCl-H <sub>3</sub> PO <sub>4</sub>	17.67	23.96	55.56	20.48	0.43	68.93	1.69	-	-	29.38
BP800-HCl-H <sub>3</sub> PO <sub>4</sub>	14.37	27.12	56.33	16.55	0.48	73.58	4.04	-	-	22.37

\* - calculated by difference

**Table 2** – Specific surface area ( $S_{\text{BET}}$ ), total pore volume ( $V_p$ ), total micropore volume ( $W_0$ ) and average pore diameter ( $D$ ) of all produced materials. For comparison purposes, data are also presented for PBF4, a commercially available AC (from Calisto et al., 2014).

<b>Carbon adsorbent</b>	<b><math>S_{\text{BET}}</math> (<math>\text{m}^2\text{g}^{-1}</math>)</b>	<b><math>V_p</math> (<math>\text{cm}^3\text{g}^{-1}</math>)</b>	<b><math>W_0</math> (<math>\text{cm}^3\text{g}^{-1}</math>)</b>	<b><math>D</math> (nm)</b>
<b>RP500</b>	3	0.002	0.000	19.00
<b>BP500</b>	6	0.010	0.000	7.26
<b>RP800</b>	3	0.003	0.001	7.90
<b>BP800</b>	5	0.001	0.000	9.43
<b>RP500-HCl</b>	6	0.004	0.001	5.95
<b>BP500-HCl</b>	27	0.009	0.001	5.18
<b>RP800-HCl</b>	27	0.003	0.001	5.17
<b>BP800-HCl</b>	56	0.010	0.001	5.20
<b>RP800-HCl -K<sub>2</sub>CO<sub>3</sub></b>	855	0.065	0.018	2.69
<b>BP800-HCl -K<sub>2</sub>CO<sub>3</sub></b>	814	0.056	0.015	2.66
<b>RP800-HCl -H<sub>3</sub>PO<sub>4</sub></b>	768	0.311	0.137	2.33
<b>BP800-HCl -H<sub>3</sub>PO<sub>4</sub></b>	965	0.408	0.108	2.59
<b>PBF4</b> (Calisto et al., 2014)	848	0.360	0.295	0.84

**Table 3** - Fitting parameters of pseudo-first and pseudo-second order kinetic models and of Langmuir, Freundlich and Langmuir-Freundlich equilibrium models for experimental results on the adsorption of CBZ and SMX, onto RP800-HCl-H<sub>3</sub>PO<sub>4</sub> and BP800-HCl-H<sub>3</sub>PO<sub>4</sub> in ultra-pure water and WWTP effluents.

		CBZ					SMX				
		Ultra-pure water		WWTP effluent			Ultra-pure water		WWTP effluent		
		RP800- H <sub>3</sub> PO <sub>4</sub> -HCl	BP800- H <sub>3</sub> PO <sub>4</sub> -HCl	PBFG4 (Calisto et al., 2015)	RP800- H <sub>3</sub> PO <sub>4</sub> -HCl	BP800- H <sub>3</sub> PO <sub>4</sub> -HCl	RP800- H <sub>3</sub> PO <sub>4</sub> -HCl	BP800- H <sub>3</sub> PO <sub>4</sub> -HCl	PBFG4 (Calisto et al., 2015)	RP800- H <sub>3</sub> PO <sub>4</sub> -HCl	BP800- H <sub>3</sub> PO <sub>4</sub> -HCl
<b>Kinetic studies</b>											
Pseudo 1 <sup>st</sup> order	$q_e$ (mg g <sup>-1</sup> )	56±4	85±3	122±3	25±3	51±3	83±3	95±3	110±3	5.3±0.6	13.0±0.9
	$k_1$ (min <sup>-1</sup> )	0.01±0.03	0.26±0.06	0.10±0.01	0.006±0.002	0.015±0.004	0.058±0.007	0.19±0.037	0.15±0.02	0.017±0.007	0.021±0.006
	$R^2$	0.901	0.968	0.989	0.813	0.874	0.984	0.972	0.978	0.789	0.870
	$S_{y/x}$	7.375	6.234	5.349	4.165	6.945	4.602	6.622	6.674	1.025	1.829
	ASS	271.9	194.3	-	156.1	385.8	84.71	219.3	-	7.357	26.77
Pseudo 2 <sup>nd</sup> order	$q_e$ (mg g <sup>-1</sup> )	61±3	90±2	132±3	29±3	56±3	90±2	101±2	117±3	6.0±0.6	14.0±0.8
	$k_2$ (g mg <sup>-1</sup> min <sup>-1</sup> )	0.0030±0.0009	0.005±0.001	0.0011±0.0002	0.0003±0.0001	0.0004±0.0001	0.00089±0.00009	0.0030±0.0003	0.0021±0.0004	0.004±0.002	0.0020±0.0007
	$R^2$	0.960	0.990	0.993	0.862	0.935	0.996	0.996	0.991	0.876	0.936
	$S_{y/x}$	4.712	3.494	4.253	3.852	4.979	2.173	2.528	4.387	0.785	1.279
	ASS	111.0	61.04	-	115.4	198.3	18.89	31.95	-	4.314	13.10
<b>Equilibrium studies</b>											
Langmuir	$q_m$ (mg g <sup>-1</sup> )	57±2	93±2	116±3	29.9±0.5	80±3	93±1	110±4	118±5	8.8±0.2	13.3±0.5
	$K_L$ (L mg <sup>-1</sup> )	9±4	3.2±0.4	10±2	5.5±0.6	2.2±0.4	4.5±0.4	5.0±0.7	2.3±0.4	55±37	13±3
	$R^2$	0.972	0.991	0.9906	0.991	0.978	0.997	0.985	0.9819	0.987	0.961
	$S_{y/x}$	3.111	2.742	3.972	0.876	3.420	1.659	4.215	4.744	0.374	0.907
	ASS	67.74	52.64	-	6.905	105.3	19.27	124.3	-	0.838	5.759
Freundlich	$K_F$ (mg L <sup>-1/n</sup> g <sup>-1/n</sup> )	48±2	67±1	102.7±0.8	23.6±0.6	52±2	72.6±0.7	88±3	78±2	8.6±0.2	11.5±0.5
	$n$	12±5	4.0±0.4	9.1±0.7	6.0±0.9	3.6±0.4	5.3±0.3	5±1	3.1±0.2	67±92	10±4
	$R^2$	0.965	0.988	0.998	0.969	0.971	0.996	0.956	0.987	0.983	0.918
	$S_{y/x}$	3.479	3.144	2.011	1.620	3.918	1.828	7.213	4.031	0.426	1.317
	ASS	84.72	69.19	-	23.63	138.2	23.40	364.2	-	1.091	12.13
Langmuir - Freundlich	$q_m$ (mg g <sup>-1</sup> )	54±4	107±21	Ambiguous fitting	30±1	92±19	106±14	102±4	Ambiguous fitting	8.7±0.2	13.0±0.6
	$K_{LF}$ (mg g <sup>-1</sup> (mg L <sup>-1</sup> ) <sup>1/n<sub>LF</sub></sup> )	12±19	2±1	Ambiguous fitting	5±2	1.4±0.7	2±1	11±6	Ambiguous fitting	1.38x10 <sup>-6</sup> ±9x10 <sup>-8</sup>	22±25
	$n_{LF}$	0.8±0.8	1.4±0.5	Ambiguous fitting	1.1±0.2	1.4±0.4	1.6±0.5	0.7±0.2	Ambiguous fitting	0±7	0.8±0.4
	$R^2$	0.972	0.993	Ambiguous fitting	0.991	0.981	0.998	0.990	Ambiguous fitting	0.990	0.963

---

$S_{y/x}$	3.336	2.724	0.923	3.370	1.461	3.698	0.357	0.950
ASS	66.75	44.53	6.820	90.88	12.81	82.05	0.637	5.417

---

## Figure Captions

**Figure 1** – Point of zero charge (PZC) and functional groups concentrations of the produced carbon adsorbents

**Figure 2** - SEM images of RP, RP-800 and RP800-HCl-K<sub>2</sub>CO<sub>3</sub> (from left to right) at 10 000x

**Figure 3** - SEM images of BP at 3 000x, BP-800 and BP800-HCl- H<sub>3</sub>PO<sub>4</sub> at 10 000x (from left to right)

**Figure 4** – Experimental kinetic results and nonlinear fittings of the pseudo-second order kinetic model (best fit) corresponding to the adsorption of CBZ and SMX onto RP800-HCl-H<sub>3</sub>PO<sub>4</sub> and BP800-HCl-H<sub>3</sub>PO<sub>4</sub>, from ultra-pure water or WWTP effluents

**Figure 5** – Experimental equilibrium results and nonlinear fittings of the Langmuir-Freundlich model (best fit) corresponding to the adsorption of CBZ and SMX onto RP800-HCl-H<sub>3</sub>PO<sub>4</sub> and BP800-HCl-H<sub>3</sub>PO<sub>4</sub>, from either ultra-pure water or WWTP effluents

**Figure 6** – Dissociation equilibrium and speciation diagram of SMX (adapted from Teixeira et al., 2012 and Dias et al., 2014)

Figure 1 b&w  
[Click here to download high resolution image](#)

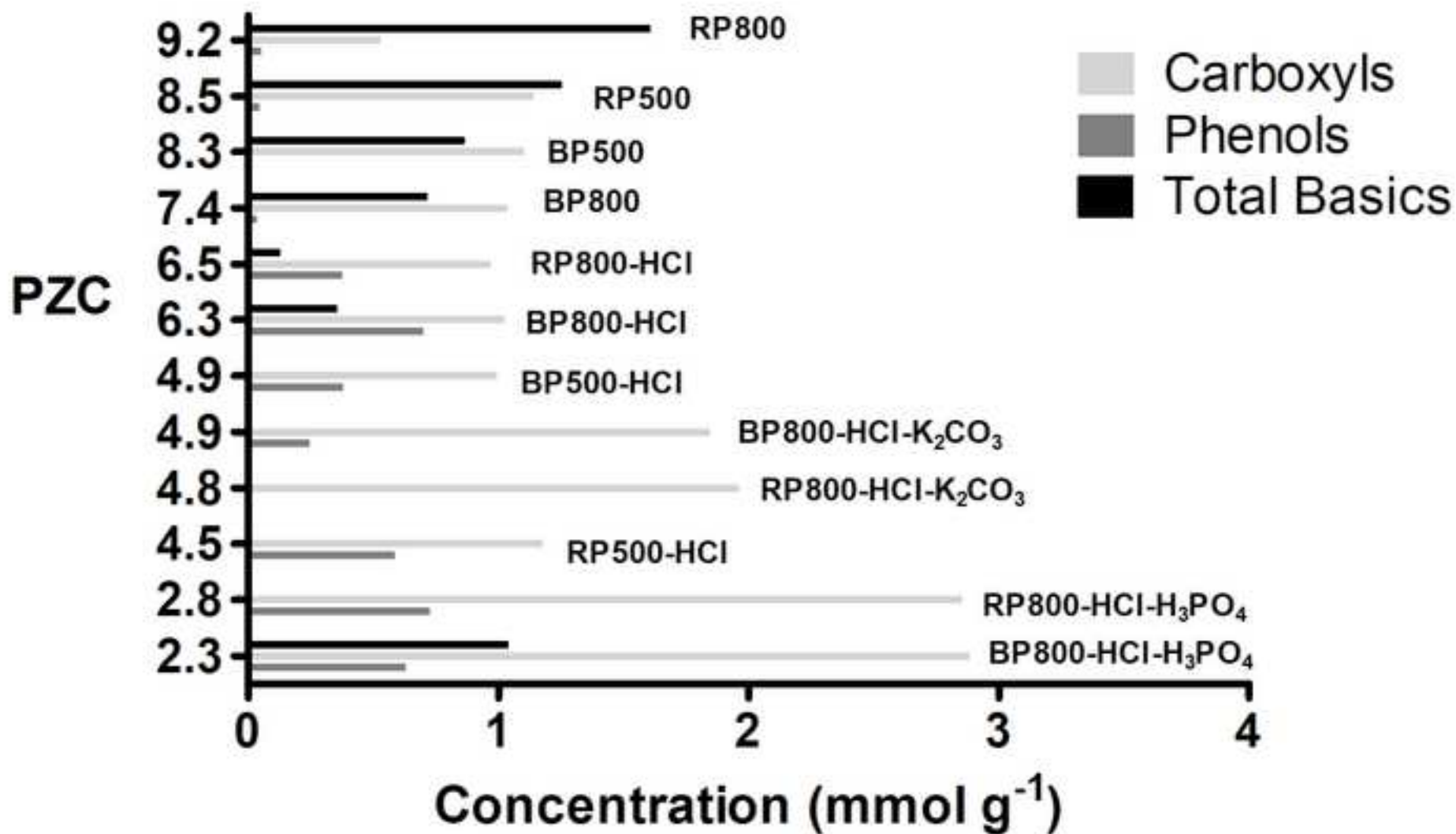
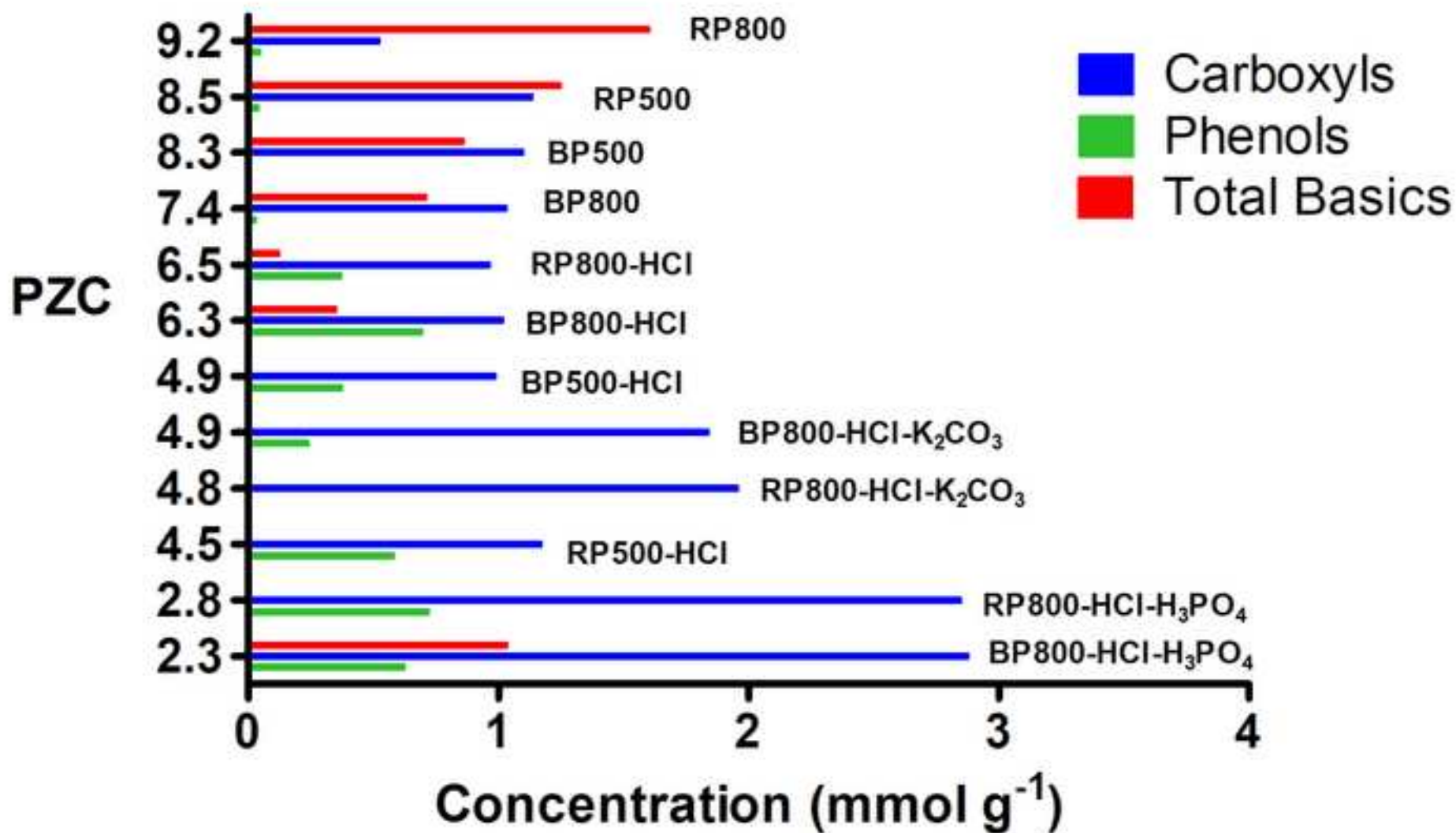


Figure 1 color  
[Click here to download high resolution image](#)





**Figure 2**  
[Click here to download high resolution image](#)



**Figure 3**  
[Click here to download high resolution image](#)

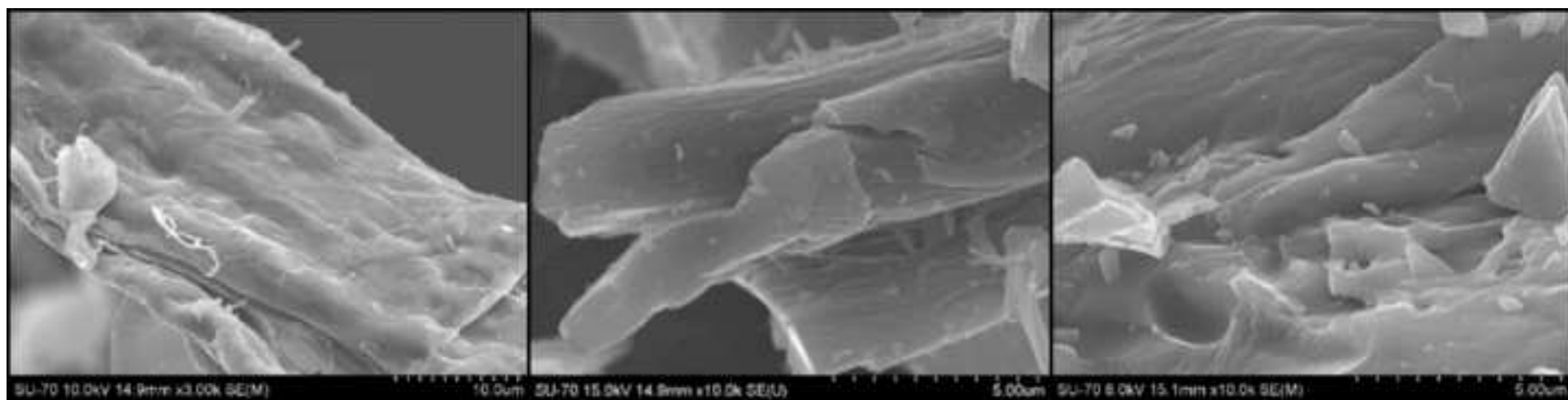


Figure 4 b&w  
[Click here to download high resolution image](#)

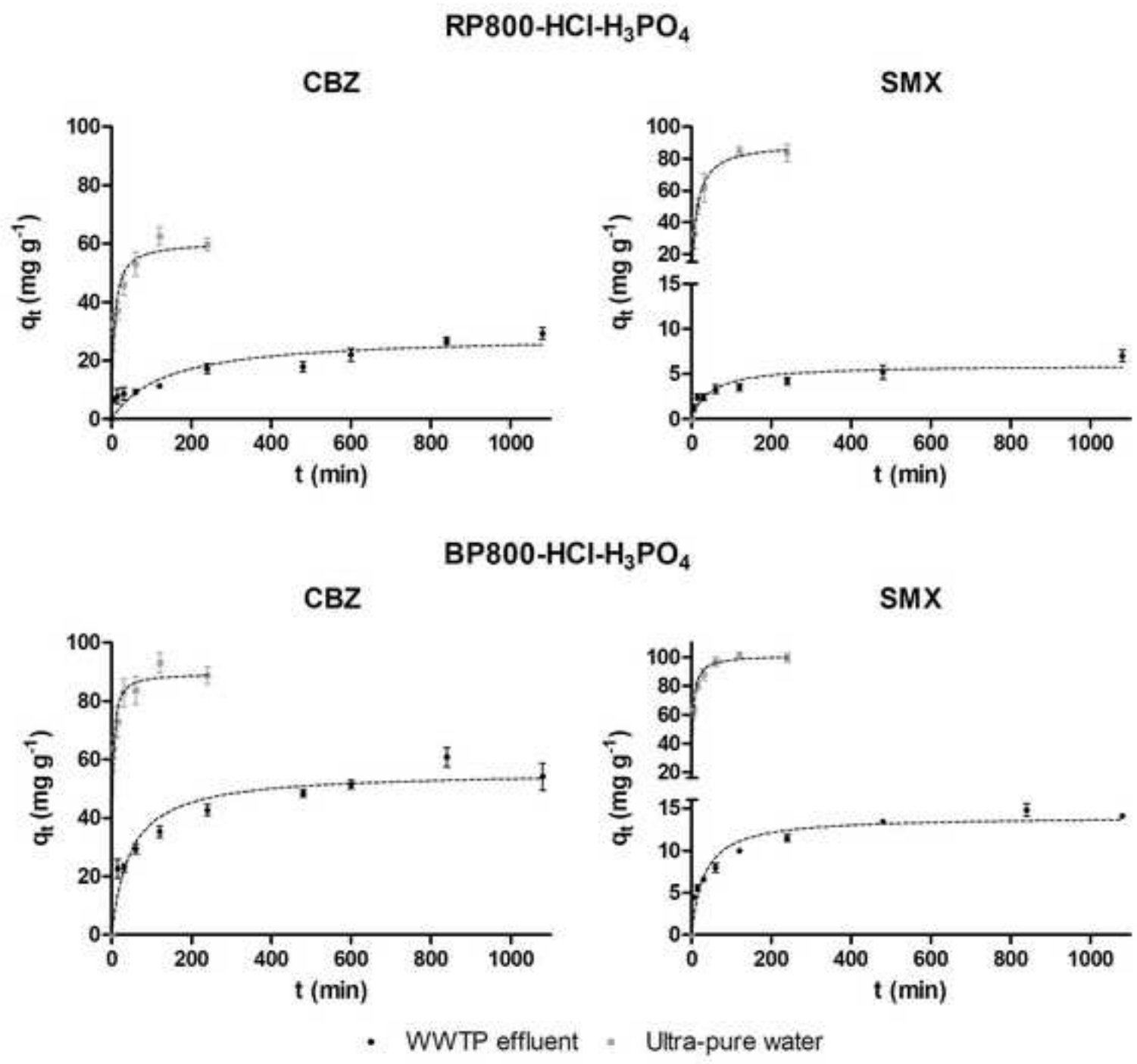


Figure 4 color  
[Click here to download high resolution image](#)

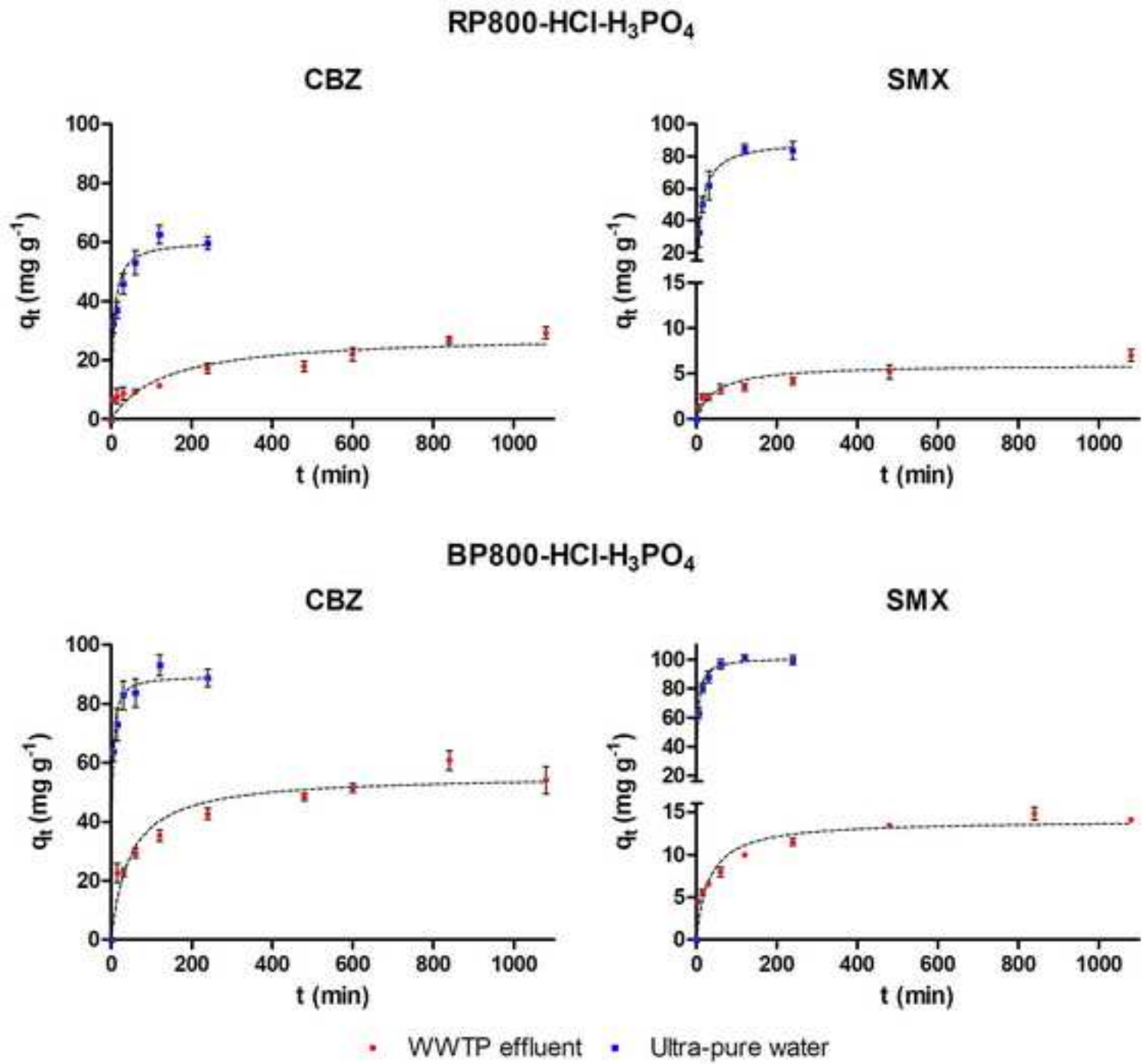


Figure 5 b&w  
[Click here to download high resolution image](#)

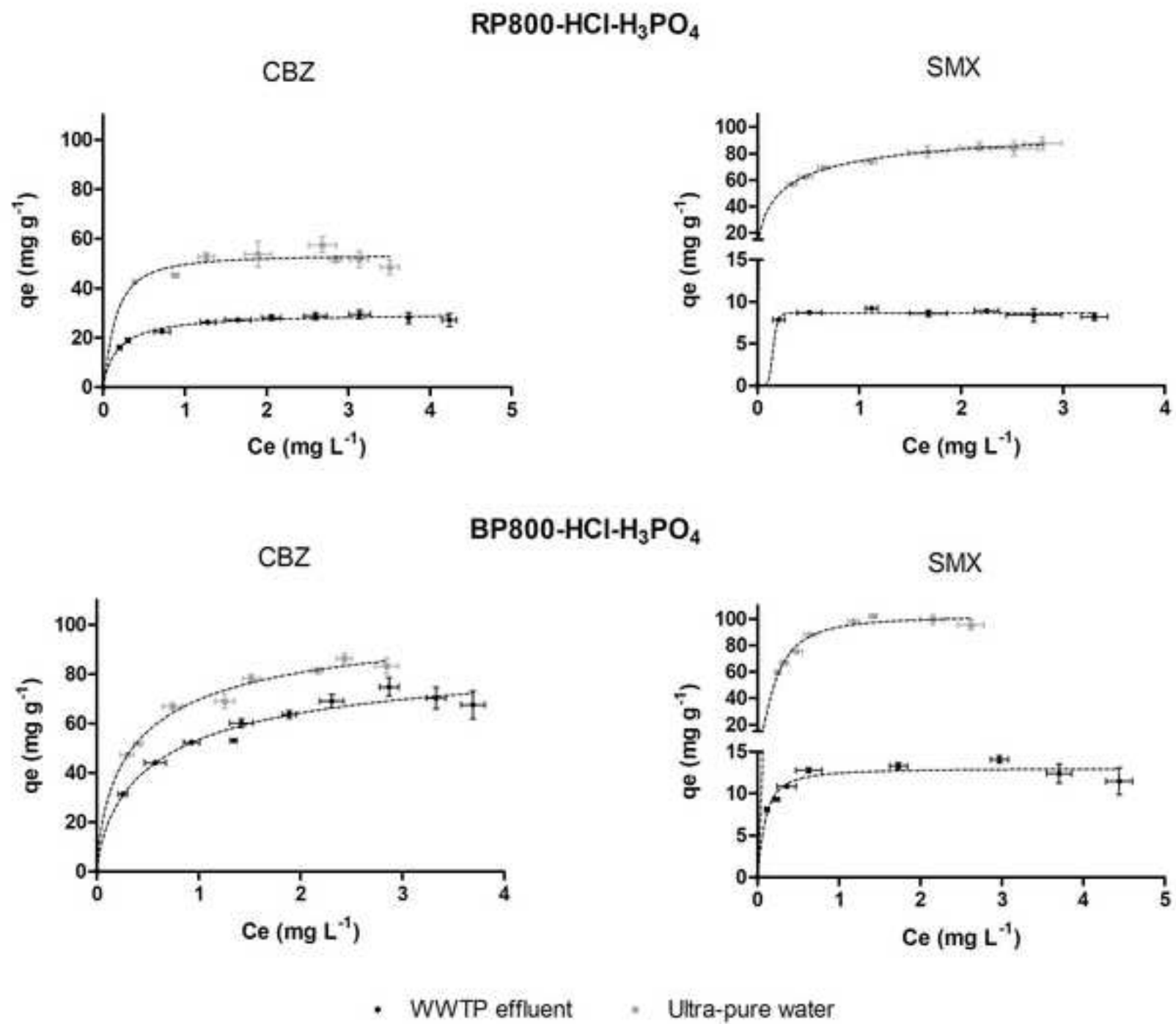


Figure 5 color  
[Click here to download high resolution image](#)

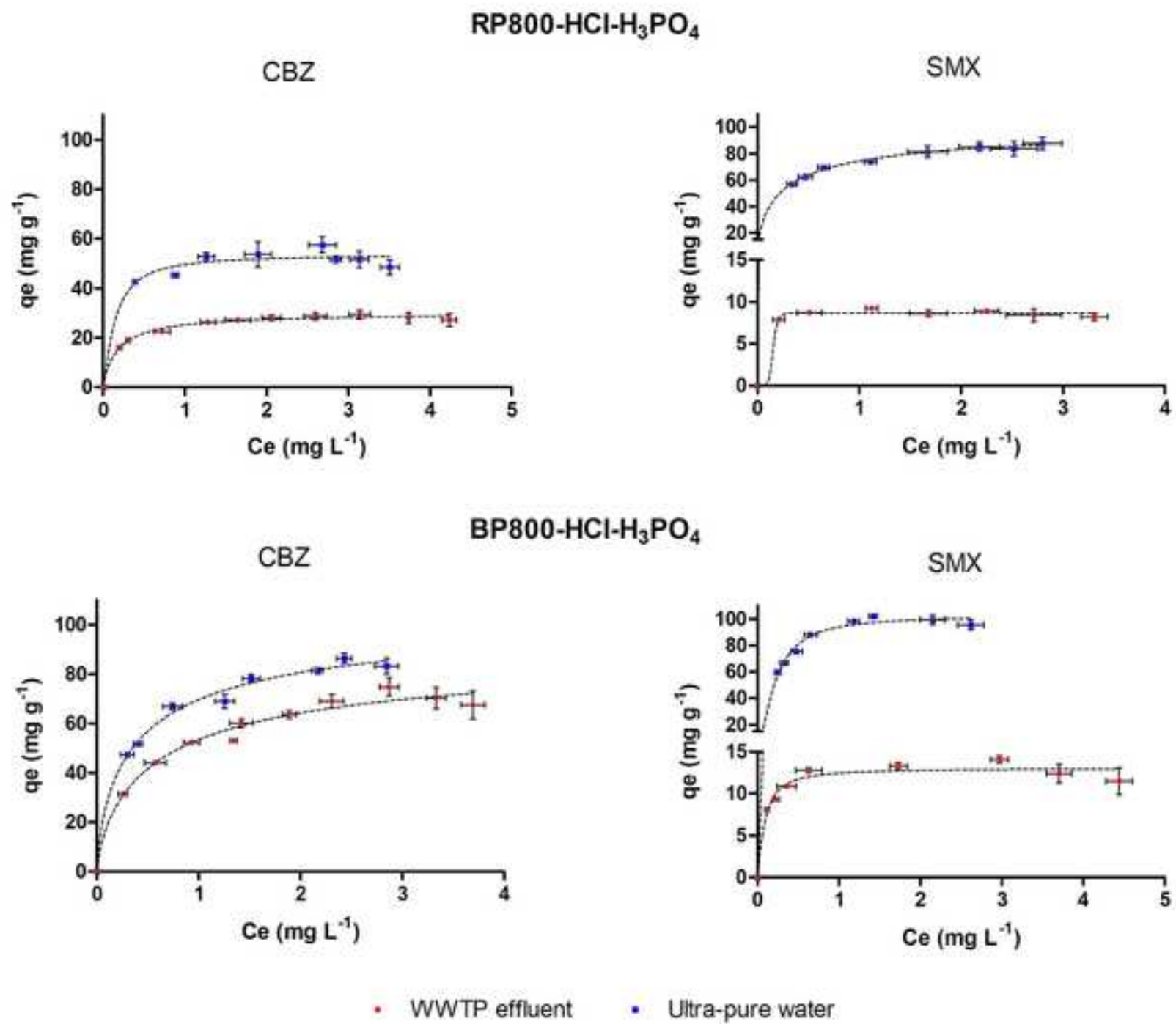
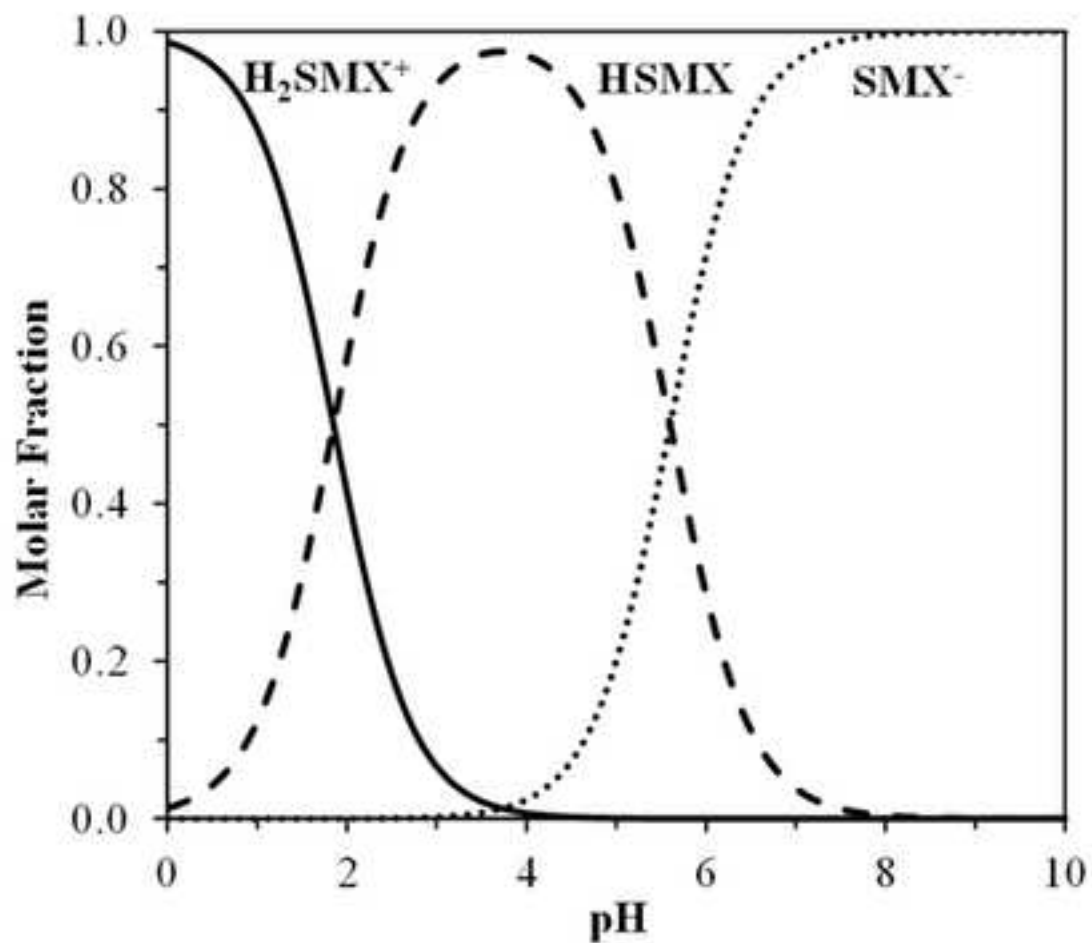


Figure 6  
[Click here to download high resolution image](#)



**Supplementary material for on-line publication only**

[Click here to download Supplementary material for on-line publication only: Supporting\\_Information.docx](#)