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1	Conservation of co-evolved interactions: understanding the Maculinea-Myrmica complex
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3	J.A. Thomas ^{1,2} , K. Schönrogge ²
4	1 Department of Zoology, University of Oxford, Oxford, OX1 3SZ, United Kingdom
5	2 Centre for Ecology and Hydrology, Wallingford, OX10 8BB, United Kingdom
6	
7	
8	
9	
10	
11	Correspondence: jeremy.thomas@zoo.ox.ac.uk
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21 Abstract

The six papers in this Special Issue of *Insect Conservation and Biodiversity* are presented as a
 gedenkschrift honouring ground-breaking contributions made by the late Graham Elmes towards
 understanding the biology of *Myrmica* ants and their social parasites.

2) A common theme is that each research paper contributes new knowledge applicable to the future
survival of *Maculinea* (= *Phengaris*) species of butterflies, which have become flagships for insect
conservation across Europe. All *Maculinea* species are highly specialised, with larvae that feed briefly
on a specific foodplant before living underground for 11-23 months as social parasites of *Myrmica*colonies.
3) This introductory overview provides a brief history of the research that has led to the current

s) This introductory overview provides a brief history of the research that has led to the current
collection, with emphasis on Graham Elmes' life and work. It is followed by three research papers
that illustrate the diversity, socio-biology and ecology of *Myrmica* ants. A fourth describes an
extreme adaptation that increases the efficiency with which some populations of *Maculinea* larvae
exploit the resources within *Myrmica* nests. A fifth, more theoretical, paper models the constraints
that typically lead to host specificity among social parasites, and explores why host switches are rare
and quick.

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37 For over a century until the 1980s, nearly all attempts to conserve declining insects in protected 38 areas, or as targeted species, were ultimately disappointing, at least within the secondary or semi-39 natural ecosystems that provide most species-rich habitats in the developed and developing world 40 (New et al., 1995; Thomas, 1984a; Webb & Pullin, 1996). Indeed, extinction rates of rare butterflies 41 were often greater on UK Protected Areas than in neighbouring woodland or farmland (Thomas, 42 1984a, 1991). Success was achieved only when fresh approaches were applied, based on detailed 43 ecological knowledge of a threatened community, guild or species (New et al., 1995; Thomas et al., 44 2011). One key discovery was that many declining insects possess unexpectedly sedentary adult 45 phenotypes, ill-suited to persistence in modern fragmented landscapes (Hanski, 1999). Another was 46 that even apparent generalists may have specialised requirements at some (usually immature) stage 47 in their lives, involving close-knit interactions with other organisms and necessitating a narrow 48 definable niche to exist in sufficient abundance for their populations to experience optimum (or 49 positive) intrinsic growth rates (Thomas, 2016; Thomas et al., 2001; Thomas et al., 2011). 50 Compounding both constraints, different sets of genotypes may have co-evolved at local scales 51 and/or adapted to their local abiotic environment (Nash et al., 2008; Schönrogge et al., 2006; 52 Thompson, 2005), amplifying the challenge of conserving locally adapted subsets in a rapidly 53 changing world.

54 The endangered genus of *Maculinea* (= *Phengaris*) butterflies illustrates the above complexities in 55 extreme form. From mutualistic ancestors (Als et al., 2004; Fiedler, 1998), their larvae evolved as 56 specialist social parasites that employ chemical and acoustical mimicry to infiltrate Myrmica ant 57 colonies, where the butterfly larvae prey upon ant brood or are fed directly by nurse ants (Akino et 58 al., 1999; Barbero et al., 2009; Elmes et al., 1991; Thomas et al., 2005). A cost of this life-style is a 59 high level of host specificity in most regional populations of each Maculinea species, albeit with 60 occasional host switches across their wider ranges and the existence of certain populations where 61 more than one host may be exploited (Tartally et al., 2019a). Moreover, before exploiting ant 62 societies, the larva of each Maculinea species feeds briefly on one or two specific foodplants, which 63 must coexist in a suitable growth-form (Thomas & Elmes, 2001) within the 1-2 m foraging range of a 64 suitable Myrmica colony for the latter to be successfully parasitized (Als et al., 2001; Elmes et al., 65 1991; Kempe et al., 2016; Patricelli et al., 2015). Further complexity exists in certain populations, 66 where the Maculinea larvae themselves are hosts to equally specialised (and rarer) host-specific 67 ichneumonid parasitoids, each adapted to the larval demography and life-style of its particular host 68 (Anton et al., 2007a; Anton et al., 2007b; Thomas & Elmes, 1993; Thomas et al., 2002). It is little 69 surprise, therefore, that early attempts to conserve Europe's dwindling populations of Maculinea 70 species failed, owing to inadequate knowledge of their specialised interactions and their wider 71 ecological needs (Thomas, 1980, 1984a).

72 This special issue of *Insect Conservation and Diversity* contains three original research papers that 73 illustrate the diversity, socio-biology and ecology of *Myrmica* ants. A fourth describes an extreme 74 adaptation that enables the larvae of Maculinea butterfly species to exploit the rich resources within 75 Myrmica colonies with increased efficiency after infiltrating their nests as social parasites. A fifth, 76 more theoretical, paper models the constraints that typically lead to host specificity among social 77 parasites with similar life-styles, and explores why host switches are rare and quick, while the sixth 78 paper – this introductory overview – provides a brief history of the research exploring these systems 79 that has led to the current collection. A common theme is that each research paper contributes new 80 knowledge applicable to the future survival of these endangered butterflies, which have become 81 flagships for insect conservation across Europe (Thomas & Settele, 2004). Another – and the 82 motivation for this volume - is that each paper is presented as a grateful tribute to G. W. Elmes 83 (1943-2017), an irreplaceable research colleague and mentor for fourteen of the authors and an 84 inspiration and fount of knowledge to all of them. Although Elmes had previously collaborated 85 fruitfully with three of us (Thomas, Schönrogge, Wardlaw), his main influence here stems from 86 contributing unmatched expertise in 2002-2010 on the biology and taxonomy of the genus Myrmica 87 during two pan-European EU Framework research programmes, MacMan (Settele et al., 2005; 88 Settele et al., 2002) and CLIMIT (https://www.biodiversa.org/124), both led by Josef Settele (UFZ

89 Helmholtz Institute, Germany). Both collaborations explored these interactions alongside the 90 application of this knowledge to nature conservation, as well as the putative impacts that climate 91 change might have on their specialised community modules. Together, these partnerships involved 92 more than 100 scientists from 18 institutions and 14 nations, including most authors here, and 93 trained a cohort of postgraduate students who were to become tenured research entomologists, 94 with expertise in the biology of ants and butterflies, at universities and research institutes across the 95 continent. In both cases, Elmes was the sole expert on ant biology among a team of theoreticians 96 and butterfly ecologists, and his legacy has been great immense.

97 Graham Elmes (Fig 1) himself had a remarkable and somewhat unorthodox career based at the UK 98 Natural Environment Research Council's Furzebrook Research Station in Dorset, later relocated to 99 NERC's Winfrith lab, both within 10 km of his birthplace, Wareham. Having left school aged 16 to 100 help support his family, he joined the then Nature Conservancy (now the Centre for Ecology & 101 Hydrology) at Furzebrook in 1961 as a junior assistant to M. V. Brian, the world's leading expert on 102 Myrmica biology of the time. Two decades later the baton passed to Elmes, who - after part time 103 study for high-school exams, a university degree and a PhD – was ultimately promoted five levels to 104 Senior Principal Scientific Officer, equivalent to a senior university chair.

105 Elmes' initial research helped to explain how differentiation in the development, behaviour and 106 physiology of Myrmica ants, combined with their ecological specialisations, social structures and the 107 dynamics - including queen numbers - of their colonies, encouraged the evolution of many subtly 108 different genotypes and species, enabling them to radiate as one of the three dominant ant genera 109 (with Formica and Lasius) of the Holarctic (e.g. Elmes, 1971, 1973, 1974, 1980, 1982, 1983, 1987, 110 1991; Elmes & Petal, 1990; Elmes & Wardlaw, 1981; Nielsen et al., 1999). A second lifelong passion 111 was to sample Myrmica colonies across the Palearctic in order to complement his experimental 112 studies with morphological analyses of numerous meticulously mounted series of the queens, males 113 and workers (Elmes, 1978; Elmes & Thomas, 1985). This resulted in the description of >40 new

114 species of Myrmica - and the synonymization of others - many in collaboration with Alex Radchenko, 115 thereby enlarging by \sim 40% the number of Red ant species recognised in the Palaearctic. With 116 Radchenko and in so-called 'retirement', Graham wrote the definitive monograph Myrmica Ants 117 (Hymenoptera: Formicidae) of the Old World (Radchenko & Elmes, 2010), a masterpiece for which 118 his name will be remembered long after the advances from >100 major peer-reviewed papers have 119 been absorbed into the anonymity of basic biological knowledge. Elmes' unique collection of 120 Myrmica specimens, consisting of several thousand series representing 240 of the c. 280 recognised 121 species in the genus, with paratypes of 80 species, are also conserved for perpetuity among the 122 Hope Entomological Collections in the University of Oxford's Natural History Museum. 123 Modern research on the interactions between *Maculinea* butterflies and *Myrmica* ants began in 124 1972, although the socially parasitic life-style of three species had been recognised in outline 50 125 years earlier (Chapman, 1916, 1918, 1919; Frohawk, 1916). In 1972, Jeremy Thomas was appointed 126 at Furzebrook to identify the factors driving 150 years of near continuous local extinction in national 127 populations of *M. arion*, by then reduced to a few individuals on a single UK site (Thomas, 1977, 128 1980, 1984a; Thomas et al., 2009). Although not formally involved in the first decade of a 129 programme that focussed on the population dynamics, behaviour, ecological requirements and 130 evolutionary biology of M. arion, Elmes was an invaluable colleague whose own studies during the 131 1970s complemented and illuminated the former work. For example, while Thomas (1977) was 132 discovering that west European populations of *M. arion* were host specific to *Myrmica scabrinodis* 133 var sabuleti, and that this ant occupied a narrow thermophilous niche in grasslands that was seldom 134 generated under modern agriculture, Elmes was applying morphometrics to establish unequivocally 135 that Myrmica sabuleti was a true species, and that its larval development required warmer 136 temperatures than that of the other four commoner species of Myrmica inhabiting former M. arion 137 sites (Elmes, 1978, 1982; Elmes & Wardlaw, 1983).

138 By happy chance, Elmes' third interest, from the outset, was the evolutionary biology of inquiline 139 ants that parasitise Myrmica societies. He discovered, described and studied a new and rare species, 140 Myrmica hirsuta, whose miniature queens evolved from, and parasitise, Myrmica sabuleti societies 141 (Elmes, 1978, 1983), and provided key insights into the half-way house of microgyne queens found 142 in certain nests of Myrmica rubra (Elmes, 1976). It was thus a smooth transition to team up with his 143 good friend after JAT extended studies to the ecology and evolutionary biology of the five 144 recognised species of Maculinea on mainland Europe (Thomas, 1984b), aided at Furzebrook by 145 Judith Wardlaw, who meticulously maintained our lab experiments, and Ralph Clarke's modelling 146 and biometrical skills – a team that was further strengthened in 1999 when Karsten Schönrogge 147 joined, initially to study the adaptations of extreme dipteran social parasites, Microdon mutabilis 148 and M. mymicae (Elmes et al., 1999; Schönrogge et al., 2002; Schönrogge et al., 2006; Schönrogge et 149 al., 2008). During the 1980s and 1990s, the UK team was able to advance knowledge on several 150 fronts (reviews: Thomas et al., 1998a; Thomas et al., 2005). We were most pleased to identify: (i) the 151 divergent host specificity of each Maculinea species, with each exploiting a different species of 152 Myrmica with different habitat requirements across the wide area of western Europe that was 153 initially sampled (Elmes et al., 1998; Thomas et al., 1989); (ii) the existence of occasional host shifts 154 between different sectors of the continent (Elmes et al., 1994), more recently shown to be yet more 155 complex after massive pan-European sampling during MacMan (Tartally et al., 2019a); (iii) how 156 Maculinea larvae employ chemical mimicry to infiltrate and exploit different species of Myrmica 157 (Akino et al., 1999); (iv) major differences between the predatory-feeding strategies of M. arion, M. 158 teleius, and M. nausithous and the more efficient cuckoo-feeding of M. alcon and M. rebeli (Elmes et 159 al., 1991; Thomas & Elmes, 1998; Thomas & Wardlaw, 1992), each with repercussions for host 160 specificity, population dynamics and resilience, and conservation (Thomas et al., 1998a; Thomas et 161 al., 2005); (v) the existence of an apparently fixed polymorphism of 1- and 2-year developing larvae 162 in certain populations of (especially) cuckoo species of Maculinea (Schönrogge et al., 2000; Thomas 163 et al., 1998b); and (vi) the remarkable specialisations of two genera of rare host-specific

164 ichneumonid parasitoids which parasitise a few populations of Maculinea larvae, by employing - in 165 at least two species - agonistic semio-chemicals to storm the specific Myrmica nests that contain 166 caterpillars of their specific Maculinea hosts (Thomas & Elmes, 1993; Thomas et al., 2002). During 167 the same period, JAT's other team applied and tested several key results in the field through 168 managing >50 UK sites to generate the deduced optimum habitat for *M. arion*, before re-introducing 169 it to the UK in 1983-1992 (Thomas et al., 2009): 35 generations later the species had spread to ~40 170 UK Protected Areas, which today support the largest known populations of this globally Endangered 171 Species in Europe. Elmes and Thomas made similar recommendations based on the hosts and niches 172 we had identified of *M. nausithous* and *M. teleius* (Thomas, 1984b, 1991; Thomas & Elmes, 2001), 173 collaborating with Jan van der Made at Wageningen, who soon recruited Irma Wynhoff (1998) to 174 join his group. She ably extended these studies and, in 1990, successfully re-established these 175 nationally extinct butterflies to the Netherlands.

176 By the late 1990s, interest in the biology of the five recognised community modules of Myrmica-177 Maculinea-foodplant-parasitoid had spread in Europe, amplified by a workshop organised by Irma 178 Wynhoff at Wageningen, which included a Special Issue of the papers in the Journal of Insect 179 Conservation (1998, volume 2). Soon, important advances to knowledge were being made at other 180 centres, notably in Copenhagen (e.g. Als et al., 2001, 2002; Als et al., 2004; Nash et al., 2008) and 181 Leipzig-Halle (e.g. Geissler-Strobel et al., 2000; Pfeifer et al., 2000), providing the foundation for the 182 multi-centre collaborations of MacMan and CLIMIT that generated 66 original publications on these 183 systems in 2002-2005 (http://www.macman.pensoft.net/), and many since, as well as 90 short peer-184 reviewed papers by 114 co-authors in the closing MacMan book (Settele et al., 2005). It is beyond 185 the scope of this *gedenkschrift* to Graham Elmes to review the numerous papers published post-186 MacMan. Sufficient to note that research on the Maculinea complex continues in at least thirteen 187 universities and institutes across Europe, including the seven represented here by the authors.

188 All five papers in this volume build on Elmes' legacy and confirm that the future of this field is in 189 good hands. The first, by Ebsen, Boomsma and Nash (2019), uses molecular techniques to reveal at 190 least one new cryptic species within the Myrmica scabrinodis group. This had been predicted when 191 Elmes et al. (1994) studied host specificity by Maculinea alcon in France and Spain, and noticed 192 clear-cut ecological and behavioural differences between two 'types' of *M. scabrinodis*, one 193 occupying dry niches and the other wet ones, which we labelled scabrinodis A and B but could not 194 separate on morphological criteria. Twenty-five years later, in an elegant study started during 195 MacMan, Ebsen and colleagues established that these forms were unquestionably two cryptic 196 species (they also show that various types of *M. sabuleti* are just that – types not species). These 197 results have an obvious application to conservation, since the large majority of Europe's Maculinea 198 populations are specific to a single host ant (Tartally et al., 2019a), and each Myrmica species 199 occupies a different niche, requiring different management, within grasslands (Elmes et al., 1998).

200 The second paper - The influence of colony traits on the collective behaviour of Myrmica scabrinodis 201 ants (Maák et al., 2019) – extends Elmes' approach of investigating how social structure and factors 202 such as food supply collectively determine the physiological state of a Myrmica colony, which in turn 203 influences its tolerance (or intolerance) of intruders to the nest, including social parasites such as 204 Maculinea larvae, however close their chemical mimicry may be (Casacci et al., 2019). This fine 205 team, led originally by Emilio Balletto at the University of Turin, has made remarkable advances in 206 understanding Maculinea systems post-MacMan, several in collaboration with our UK group and 207 many, as here, with Magda Witek and her outstanding group at the Polish Academy of Sciences. 208 Striking examples include describing how the larvae and pupae of *Maculinea* broadcast acoustical 209 signals that closely mimic the distinctive stridulations of (adult) Myrmica queens, thereby elevating 210 their status within host societies after penetration through chemical mimicry (Barbero et al., 2009); 211 and how ovipositing female Maculinea arion select Origanum plants growing in close proximity to a 212 Myrmica nest through detecting an agonistic monoterpenoid volatile, carvacrol, that is released 213 when their foodplant's roots are disturbed (Patricelli et al., 2015). The putative influence of

Wolbachia on relationships was also explored by Patricelli *et al.* (2013) and, most recently, di Salvo *et al.* (2019) suggested that the bipartite *Myrmica – Maculinea* interaction might in fact be a
tripartite one, with direct or indirect involvement of the *Maculinea* microbiome.

217 The third paper represents the continuing collaboration post-MacMan between excellent teams at 218 the Universities of Debrecen and Copenhagen. In this example, Tartally et al. (2019b) studied the 219 impacts of changes to traditional farming practices on Myrmica densities in former hay meadows in 220 the mountains of north-east Hungary, that support the xerophylous Alcon blue. Although these 221 meadows contain some unusual M. alcon X (sensu Tartally et al., 2019a) populations in which 222 species-level host specificity has not been demonstrated, the effects of 10 year's abandonment were 223 found to be detrimental to the status of all *Myrmica* populations sampled. The study highlights the 224 need to maintain low-intensity pastoral farming by mowing or grazing to avoid the decline of 225 biodiversity, reversing a trend that has become widespread in Transylvania and other mountainous 226 regions of eastern Europe, which remain a stronghold for *Maculinea* populations alongside many 227 other threatened insect species.

228 The fourth paper completes an unfinished draft begun by Graham Elmes fifteen years ago but set 229 aside when writing his monograph on Myrmica (Radchenko & Elmes, 2010). It represents the fifth 230 paper in a sequence studying the polymorphism in growth in certain populations of (especially) 231 cuckoo species of Maculinea, whereby some larvae take 1 year and others 2 years to develop within the same ant nests. The first three papers (Schönrogge et al., 2000; Thomas et al., 1998b; Witek et 232 al., 2006) described the phenomenon, and include data that suggested that the polymorphism might 233 234 be fixed rather than plastic. If confirmed, this would be exceedingly unusual in the animal kingdom, 235 having previously been described only in salmonid fish. Putative benefits of such a strategy were 236 explored in a theoretical model by Hovestadt et al. (2007), who concluded that the phenomenon 237 could evolve owing to the ergonomic benefits that ensued if certain assumptions prevailed, such as a 238 need for individual females to lay a mixture of eggs that were genetically pre-determined as fast- or

slow-developing individuals, and that the ratio of slow-developers could not exceed 50%. The
current paper describes a series of lab experiments made by Elmes and Thomas that confirm both
the existence of a fixed polymorphism and Hovestadt's theoretical predictions of the attributes
required for this to evolve.

243 The final paper of this special issue describes the results from another Hovestadt *et al.* (2019) model. 244 It extends an approach very satisfying to Elmes (and us), of collaborating with talented theoreticians 245 who constructed models to explore questions which were impractical to test experimentally given 246 existing techniques or resources. Typically, we supplied fragments of empirically-derived knowledge 247 to ground the models in realism, and generally the simulations rejected some of our pet speculations 248 while generating new testable ideas: previous examples include Hochberg et al. (1994), Clarke et al. 249 (1997), and Hovestadt et al. (2007; 2012). Here, Hovestadt presents a population-genetic model that 250 explores the putative link between multi-host use and host switching in host-parasite interactions, 251 such as those of Maculinea. He concludes: (i) that host-shifting may proceed so rapidly that multiple 252 host-use is unlikely to be observed, (ii) back and forth transition in host-use can exhibit a hysteresis-253 loop, (iii) the parasites' host-use may not be proportional to local host frequencies but under certain 254 conditions may be restricted to the rarer host, and (iv) that a substantial decline in parasite 255 abundance may typically precede a shift in host-use.

256 The above papers, written in memory of Graham Elmes, represent just five aspects of a burgeoning 257 body of research into Maculinea-Myrmica community modules from across Europe. Results to date 258 have revealed not only the remarkable adaptive complexities that can evolve within specialised 259 networks of interacting species, but are also providing essential knowledge on which to base 260 conservation regimes across Europe (e.g. Andersen et al., 2013; Johst et al., 2006; Kajzer-Bonk et al., 261 2016; Klein et al., 2013; Korosi et al., 2012; Nowicki et al., 2015; Nowicki et al., 2014; Sielezniew et al., 2012; Skorka et al., 2013; Soares et al., 2012; Vanden Broeck et al., 2017; Vilbas et al., 2015; 262 263 Vrabec et al., 2017). The validity of this approach is already exemplified by the long-term restoration 264 and spread of Maculinea arion in the UK (Thomas et al., 2009; Thomas et al., 2011) and of M. 265 nausithous and M. teleius in the Netherlands (Wynhoff et al., 2017; Wynhoff et al., 2011). This 'large 266 blue management', in turn, has benefited other declining species in two ways (Elmes & Thomas, 267 1992): (i) through the restoration of continuity of disappearing seral stages within grasslands and 268 across landscapes, and (ii) through the direct impacts of keystone Myrmica populations, for 269 example, through the dispersal of plants with elaiosome-bearing seeds (some of which are 270 specifically attractive to Myrmica) and their deposition in enemy-free patches of loose soil around 271 the ant nests (Randle et al., 2005).

272 In summary, studies of *Maculinea–Myrmica* systems in the western Palaearctic have made 273 fundamental contributions to evolutionary-, behavioural-, population- and community ecology, 274 while providing the knowledge base for successful evidence-led conservation. Historical drivers, such 275 as the land use changes that precipitated the extinction of *M. arion* in the UK, are an increasing 276 challenge, now amplified by changing climates (Thomas, 2016). In closely coupled systems, different 277 tolerances by species to abiotic factors, such as temperature, can lead to desynchronization, 278 population declines, and detrimental trophic cascades, as exemplified by the winter moth 279 Operophtera brumata and its oak host around the millennium (van Asch & Visser, 2007; Visser & 280 Holleman, 2001), although in this case strong selection caused the moth's phenology to adapt, 281 compensating for the mismatch within a few generations (van Asch et al., 2012). With regard to 282 Maculinea, we have much to learn about their adaptive potential to their abiotic environment and 283 their biological interactions under multiple selection pressures (e.g. Casacci et al., 2019; Hovestadt et 284 al., 2019; Nash et al., 2008; Tartally et al., 2019a). Thus, important areas of research remain: 285 population genetics, regional adaptions, phylogeny, and the status of putative cryptic species; the 286 precise mechanisms by which larvae manipulate host societies by ever closer post-adoption 287 chemical mimicry and, perhaps, by sophisticated acoustical communication; whether the few 288 populations recorded as exploiting more than one *Myrmica* species are generalist social parasites or 289 co-existing populations of cryptic species, sub-species or hybrids, or simply pseudo-sinks or artefacts

290 from nest-switches during the Maculinea pupal stage (Tartally et al., 2019a); on dispersal, meta-291 population structure and population dynamics within sites; the roles of Wolbachia and microbiomes 292 in *Maculinea* interactions and dynamics; and the biology and conservation of their endangered 293 ichneumonid parasitoids. Land management for conservation should be based on such knowledge, 294 and future measures might involve assisted migration, as in the UK and Netherlands, or the 295 introduction of relevant trait response norms through targeted breeding, as recently proposed for 296 species of tree (Cannon & Petit, 2019). Finally, having sampled Myrmica populations across the 297 Palearctic, it would please Graham Elmes much to learn of similar studies on these systems now 298 occurring beyond Europe, for example in Japan (Ueda et al., 2016) and in China (Gao et al., 2016).

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577 Figure legends



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580 Fig 1. Graham Wakely Elmes (1943-2017). Expert on the biology and diversity of *Myrmica* ants, and

581 on the social parasites that infiltrate their societies.