

Minireview

A strategy for integrating essential three-dimensional microphysiological systems of human organs for realistic anticancer drug screening

Christopher Heylman^{1,2}, Agua Sobrino³, Venkatesh S Shirure^{1,2}, Christopher CW Hughes^{1,2,3} and Steven C George^{1,2,4,5}

¹Department of Biomedical Engineering, University of California, Irvine, CA 92697, USA; ²The Edwards Lifesciences Center for Advanced Cardiovascular Technology, University of California, Irvine, CA 92697, USA; ³Department of Molecular Biology and Biochemistry, University of California, Irvine, CA 92697, USA; ⁴Department of Chemical Engineering and Materials Science, University of California, Irvine, CA 92697, USA; ⁵Department of Medicine, University of California, Irvine, CA 92697, USA
Corresponding author: Steven George. Email: scgeorge@uci.edu

Abstract

Cancer is one of the leading causes of morbidity and mortality around the world. Despite some success, traditional anticancer drugs developed to reduce tumor growth face important limitations primarily due to undesirable bone marrow and cardiovascular toxicity. Many drugs fail in clinical development after showing promise in preclinical trials, suggesting that the available *in vitro* and animal models are poor predictors of drug efficacy and toxicity in humans. Thus, novel models that more accurately mimic the biology of human organs are necessary for high-throughput drug screening. Three-dimensional (3D) microphysiological systems can utilize induced pluripotent stem cell technology, tissue engineering, and microfabrication techniques to develop tissue models of human tumors, cardiac muscle, and bone marrow on the order of 1 mm³ in size. A functional network of human capillaries and microvessels to overcome diffusion limitations in nutrient delivery and waste removal can also nourish the 3D microphysiological tissues. Importantly, the 3D microphysiological tissues are grown on optically clear platforms that offer non-invasive and non-destructive image acquisition with subcellular resolution in real time. Such systems offer a new paradigm for high-throughput drug screening and will significantly improve the efficiency of identifying new drugs for cancer treatment that minimize cardiac and bone marrow toxicity.

Keywords: Three-dimensional microphysiological systems, anticancer drugs, cardiac tissue, tumor, vasculature, bone marrow

Introduction

Current drug screening methods usually rely on two-dimensional (2D) systems or animal models for assessment of toxicity, pharmacokinetics, pharmacodynamics, and organ system effects. While 2D cell culture lacks the inherent complexity of *in vivo* tissues in three-dimensional (3D) arrangements, the intrinsically different biology of animal models fails to capture the human-specific response to drugs. To more accurately simulate the *in vivo* physiologic human response to pharmacologic challenge, it is highly desirable to replicate the complex 3D arrangements of human cells, including, preferably, multiple organ systems and a vascular supply. The vasculature not only provides the necessary convective transport of nutrients and waste in 3D culture, but it also couples and integrates the response of the multiple organ systems. Additionally, most drugs are

delivered to the target tissue through the microcirculation, and thus incorporation of a vasculature best mimics *in vivo* drug delivery.

Drug delivery to a target tissue depends on the function of other organs. To achieve the desired effect of a selected drug on a given tissue, the presence of multiple organ systems may be required. In chemotherapy, for example, the gastrointestinal, circulatory, and urinary systems each contribute to determine the pharmacokinetics of a given drug. If a drug possesses useful activity, it will be further studied for possible adverse effects on major organs. While adverse effects on the multiple organ systems throughout the body are important, current anticancer therapies are mostly limited by their undesirable side effects on the immune system, the cardiovascular system, and the liver. First-pass drug metabolism in the liver prior to entry into the vascular

system can markedly influence the toxicity of a wide range of drugs. However, in cancer treatment it is well established that the majority of antiproliferative agents used in traditional chemotherapy can cause myelosuppression in a dose-dependent manner (e.g. alkylating agents, pyrimidine analogs, anthracyclines, methotrexate, etc.).¹ The use of hematopoietic growth factors has significantly improved the primary acute myelosuppression observed during anticancer treatments;² however, in some patients these growth factors can also mask development of a latent residual bone marrow injury manifested by a decrease in hematopoietic stem cell (HSC) reserves and an impairment in HSC self-renewal.³ Regarding the cardiovascular system, systemic anticancer therapy can lead to hypertension, thromboembolic events, left ventricular dysfunction, myocardial ischemia, arrhythmias, and pericarditis.⁴⁻⁶ In this regard, two types of cardiotoxicity have been well established according to the type of damage in the cardiomyocyte: type I-induced cardiotoxicity (e.g. induced by anthracycline), which is dose dependent and associated with myocyte death; and, type II-related cardiotoxicity (e.g. induced by trastuzumab), which is less predictably associated with dose, and typically correlated with reversible myocardial dysfunction rather than histological changes or myocyte death. However, with the increase of a wide range of new anticancer agents used in molecularly targeted therapy, an unintended cardiotoxicity, recently classified as 'off-target,' has arisen from many of these compounds. Off-target cardiotoxicity results from the inherent challenge of targeting molecules such as specific kinase inhibitors. Although inhibition of specific kinases is effective in treatment of some cancers, kinase inhibitors are a relatively ubiquitous class of molecules that can unintentionally affect non-cancerous tissues, especially cardiac tissue. This new class of drugs has increased the risk and need for assessment of chemotherapy-associated cardiotoxicity.^{1-3,6}

To address the need for improved preclinical drug toxicity models, we are developing a system for high-throughput screening of both drug efficacy and organ-specific toxicity. Our system features 3D tissues made entirely of human cells. The tissues are connected and perfused by human microvessels. Initial designs incorporate tumor, cardiac, and bone marrow tissue modules that allow assessment of anticancer drug efficacy as well as potential side effects.

Pharmacology

Once a new drug target has been identified, a sequence of studies is initiated to characterize the dose-response relationship prior to clinical trials. A variety of assays at the molecular, cellular, organ, and systemic levels are needed to define the pharmacokinetics and pharmacodynamics of the drug. Pharmacokinetics is the study of changes in drug concentration with time due to absorption, distribution, metabolism, and elimination of the drug. In contrast, pharmacodynamics is the study of the drug concentration-dependent tissue or cell response. The target tissue is normally represented by a dose-response curve. The EC_{50}

of a drug is an index of its sensitivity or potency and refers to the concentration required to produce 50% of that drug's maximal effect (e.g. tumor reduction or antiproliferative effect in response to an anticancer agent). The maximal efficacy of a drug represents the upper limit of the dose-response relation on the response axis.

In cancer treatment, the same total drug dose can be delivered over different lengths of time (i.e. different dose intensities), which can impact the effect of the drug on other organ systems. The goal of chemotherapeutics is to achieve a desired effect with minimal adverse side effects; therefore, when designing a microphysiological system for drug screening, it is important to recognize that many anticancer drugs are limited by their adverse effect on a number of non-cancerous tissues throughout the body. As further introduced below, the proposed system recognizes that the response of cells and tissues to a pharmacologic challenge is greatly influenced by the microenvironment. Table 1 categorizes a wide range of important microenvironmental factors that are present in the 3D architecture of the tissue that influence tissue response to a drug.

Drug behavior in 2D versus 3D systems

Differences in cell morphology, differentiation, proliferation, viability, response to stimuli, metabolism, and gene/protein expression are observed when cells, previously cultured in 2D, are moved to a 3D environment.⁷ This is not surprising considering that human organs, with few exceptions, need 3D structure to develop their associated functions.^{8,9} A well-known example of the necessity of 3D models for testing toxicity of novel therapeutics is the culture of hepatocytes, which behave quite differently in 2D versus 3D cultures.¹⁰

In cancer research, the idea of mimicking 3D tissue function *in vitro* is not new. Tumor spheroids, for example, were presented nearly four decades ago.¹¹ However, given the fact that 2D systems are relatively easy to culture, provide simple assessment of cell function (e.g. protein expression), and are lower in cost, the adoption of 3D systems has been relatively slow. Nevertheless, recent studies have enhanced our understanding of the necessity for testing the efficacy of anticancer drugs in 3D systems. For example, among other differences, tumor cells in 3D adopt a different morphology than in 2D,¹² have different cell surface receptor expression and proliferation,¹³ differentially regulate genes responsible for angiogenesis, cell migration, and invasion,¹⁴⁻¹⁶ and have different extracellular matrix (ECM) synthesis.¹⁷

Importantly, tumor cells in 3D also show differences in anticancer drug sensitivity. Studies have shown that culturing cancer cells in 3D can shift their dose-response, sometimes to the point where they become functionally resistant to the drug. For instance, culturing of cancer cells in a 3D system can lead to an increase of 20-fold or more in the EC_{50} compared with 2D culture when cancer cells are exposed to doxorubicin.¹⁸ Moreover, recent studies suggest that 3D models, unlike 2D culture, more accurately predict acquired drug resistance.¹⁹ Drugs that target molecular pathways have shown differences in activation or inhibition depending on the 3D architecture of the local

Table 1 Drug testing of tumor cells cultured in 3D

Tumor cell line	Outcome of drug treatment	Refs.
I. 2D vs. 3D culture systems – Examples of observed differences in drug response		
Ia. Cancer cells cultured in 3D are more resistant to anticancer drugs compared with 2D		
HepG2 human liver hepatocellular carcinoma cells	Responses of cells to cisplatin , 5-fluorouracil and doxorubicin (anticancer drugs) showed higher EC ₅₀ values in 3D multicellular spheroids compared with 2D monolayer. The 3D model conferred differentiated phenotypes including increased cell–cell adhesion, G1 phase cell cycle arrest, and enhanced cellular resistance to apoptosis	Li <i>et al.</i> ⁹⁸
SA87 (brain metastases), NCI-H460 and H460M (lung) lines from primary tumors and metastases	Responses of cells to increasing concentrations of anticancer drugs such as doxorubicin and 5-fluorouracil showed that 3D models conferred more resistance to the drugs than the usual monolayer culture system. The anticancer drugs were efficient after 24 h of treatment in the monolayer cultures, whereas they were significantly efficient after only 1 week of incubation in the 3D systems	David <i>et al.</i> ⁹⁹
TE2 and TTn human esophageal squamous carcinoma lines	Responses of cells to anticancer drugs such as cisplatin and doxorubicin showed higher EC ₅₀ values in 3D cultured cells compared with 2D demonstrating a higher increase of drug resistance in 3D models	Fujiwara <i>et al.</i> ¹⁰⁰
MCF-7 breast cancer cells	The antiproliferative effect of different anticancer agents including doxorubicin , paclitaxel , and tamoxifen in 3D models was significantly lower than in 2D monolayer by a 12- to 23-fold difference in their EC ₅₀ values. The greater synthesis of collagen in 3D suggested that the ECM can act as a barrier to drug diffusion	Horning <i>et al.</i> ¹⁸
Ib. Cancer cells cultured in 3D makes them resistant or desensitizes the cancer depending on the cell and/or drug type		
C4-2B bone metastatic prostate cancer cells	Responses of cells to camptothecin , docetaxel , and rapamycin (anticancer drugs), alone and in combination, differed between the 3D and 2D monolayer systems	Gurski <i>et al.</i> ¹⁰¹
HT29, SW620, SW1116 (colon) UM-SCC-22B (head and neck), and A2780 (ovary) solid tumor cell lines	Responses of cells to anticancer drugs such as cisplatin and mitofosine showed that multilayers are more resistant to the drugs than the corresponding monolayers. However, there are substantial differences between the drugs depending on culture conditions	Padron <i>et al.</i> ¹⁰²
A549 and H358 lung cancer cell lines	Potency and efficacy from a set of 10 anticancer drugs including paclitaxel , doxorubicin , vinorelbine , gemcitabine , or cisplatin showed significant differences when tested in 3D cultured cells comparing with traditional 2D cultures. The activity of these drugs varied with individual drugs and the cell line used for testing	Nirmalanandhan <i>et al.</i> ¹⁰³
Ic. Anticancer drugs demonstrate different effectiveness in 3D compared with 2D. ECM involvement and selective pathway interaction differences		
U87 (glioblastoma), PC3 (prostate), T47D (breast), and HCT116 (colon) human cancer cell lines	Cells exposed to both PX-866 and wortmannin phosphatidylinositol-3-kinase inhibitors suppressed 3D spheroid growth at low concentrations, unlike in 2D monolayer which failed to inhibit cell growth even in higher concentrations	Howes <i>et al.</i> ²¹
AU565, SKBR3, HCC1569, and BT549 HER2-amplified breast cancer cell lines	Drug response to trastuzumab and pertuzumab (two anti-HER2 agents) was highly dependent on whether the cells were cultured in 2D monolayer or 3D laminin-rich ECM gels. Inhibition of β 1 integrin significantly increased the sensitivity of the HER2-amplified breast cancer cell lines to the drugs when they grow in a 3D environment.	Weigelt <i>et al.</i> ²²

(continued)

Table 1 Continued

Tumor cell line	Outcome of drug treatment	Refs.
Ishikawa, RL95-2, KLE endometrial cancer cell	3D multicellular cultures exposed to the anticancer agents such as doxorubicin and cisplatin exhibited greater resistance to the drugs than 2D monolayers. Their effects on the intracellular mediators were not similar in 3D and 2D cultures, including selective paradoxical stimulatory effects on VEGF secretion. Differences were also dependent on cancer cell lines.	Chitcholtan <i>et al.</i> ²⁰
II. ECM environment – Examples of observed differences in drug response		
IIa. The ECM that surrounds the tumor cells impacts pharmacodynamics		
HT1080 human fibrosarcoma cells	The anti-invasive effect of doxorubicin observed in conventional 2D culture was completely abolished in a 3D environment. The 3D collagen type I matrix inhibited the antimigratory effect of the drug	Millerot-Serruot <i>et al.</i> ²⁴
H1299, PC3, HCT116 colon cancer cells	3D cultured cells treated with 5-fluorouracil resulted in p53 stabilization and angiogenesis inhibition by increasing the production of arresten, a collagen IV-derived fragment that possesses antiangiogenic activity. The presence of ECM contributed to the antiangiogenic effect of an anticancer drug	Assadian <i>et al.</i> ²³
MIA PaCa-2, PANC-1, and Capan-1 pancreatic cell lines	Cancer cell lines adhering to ECM proteins (collagen I, collagen IV, fibronectin, and laminin) showed decreased cytotoxicity of anticancer drugs such as doxorubicin , cisplatin , and 5-fluorouracil , but not gemcitabine	Miyamoto <i>et al.</i> ¹⁰⁴
III. Other cell types in the 3D microenvironment – Examples of observed differences in drug response		
IIIa. Interactions with stromal cells involved in drug sensitivity and development of drug resistance		
T3M4 and PT45-P1 pancreatic carcinoma cell lines and murine pancreatic fibroblasts	Tumor cell lines cultured in presence of fibroblasts became much less sensitive toward treatment with the anticancer agent etoposide . Fibroblasts contribute to the development of chemoresistance via increased secretion of NO and release of IL-1 by the tumor cells	Muerkoster <i>et al.</i> ¹⁰⁵
Different human cancer and NIH3T human fibroblast	Fibroblast-derived 3D matrix increased β 1-integrin-dependent survival of a subset of human cancer cell lines during taxol treatment, while it sensitized or minimally influenced survival of other cells	Serebriiskii <i>et al.</i> ¹⁰⁶
IIIb. Presence of ECs are necessary for tumor growth and progression, and also influence the optimal or impaired drug delivery to the tumor tissue		
Observation		Refs.
ECs, beside providing the blood supply to the tumor that allow it to grow and progress, are also responsible for carrying therapeutic drugs to reduce it		Carmelie and Jain ²⁵
Antiangiogenic drugs used as a therapeutic strategy must be examined further in order to find a balance between therapeutic efficacy and excessive vascular regression preventing adequate drug delivery		Goel <i>et al.</i> ¹⁰⁷
The use of vascular disrupting agents can reduce tumor growth and progression by inducing occlusion of the tumor vasculature, which in turn leads to tumor necrosis		Thorpe ¹⁰⁸
IV. Other factors in a 3D complex that might influence drug response		
IVa. Hypoxia and drug transporter expression		
Tumor cell line	Outcome of drug treatment	Refs.
MCF7 breast cancer cells	3D cultured spheroids, unlike in 2D monolayer, showed an increase in the multidrug resistance transporter Pgp via activation of hypoxia inducible factor (HIF-1) which contributes to increased doxorubicin drug resistance	Doublier <i>et al.</i> ¹⁹
WiDr colon cancer cells	Cells cultured as multilayer have a lower uptake of antifolates, including the anticancer drug methotrexate , compared with monolayers. This higher resistance may be related to a decrease in the reduced folate carrier drug transporter when cells are cultured in 3D.	Peters <i>et al.</i> ¹⁰⁹

(continued)

Table 1 Continued

Tumor cell line	Outcome of drug treatment	Refs.
HT29 human colon cancer cells	3D multicellular layers are necessary to predict hypoxia-activated anticancer drugs such as tirapazamine since their diffusion through the extra-vascular tumor compartment may limit their activity	Hicks <i>et al.</i> ¹¹⁰
IVb. Vascular shear stress		
Colo205 colon human cancer cells	3D spheroids cultured in flow showed a threefold increase in resistance to doxorubicin compared to monolayer cells cultured under static conditions	Agastin <i>et al.</i> ¹¹¹
V. Example of other organs affected by the need of a 3D complex in response to an optimal drug screening		
Cell line	Outcome of drug treatment	Refs.
Primary human hepatocytes (PHH)	For testing toxicity of novel therapeutics, the culture of hepatocytes needs a 3D complex to retain their functions and predict hepatotoxicity, since they quickly stop producing drug metabolizing enzymes when cultured on a 2D monolayer	Schyschka <i>et al.</i> ¹⁰
Mammary epithelial cells	The cell matrix interactions in 3D are critical to recapitulate the structure and function of the mammary gland. Drug sensitivity of mammary epithelial cells cultured in 3D and in 2D showed significant differences	Roskelley <i>et al.</i> ⁹ and Chen <i>et al.</i> ¹¹²

microenvironment.^{20–22} In addition, the composition of the ECM can significantly affect the antimigratory effect of some drugs.^{23,24} These examples demonstrate that tumor cell biology in 3D culture is significantly different than 2D, leading to differences in drug efficacy. Although *in vitro*, the results in 3D culture may be more representative of the way cancer cells *in vivo* respond to chemotherapeutic treatment. Table 1 summarizes and highlights the role that the ECM, stromal cells (e.g. fibroblasts), vasculature, and other factors present in the tumor microenvironment can play in modulating drug response, sensitivity, and drug resistance.

The drug response differences between 2D and 3D models suggest that pathways necessary for survival in a 3D environment may not be activated in 2D. As a result, drug screening performed on 2D monolayers can increase the false-positive and false-negative rates of investigational compounds. While false-positive results can increase failure of drugs in clinical trials, false-negatives discard potentially effective drugs. The use of 3D microphysiological systems is predicted to reduce the rate of false-positive and false-negative outcomes, thereby reducing the need for animal testing and improving the overall efficiency of drug discovery.

Drug panel and strategy for validation

Microphysiological systems need to exhibit drug responses that parallel those seen *in vivo*. Our strategy for validating tissue responses includes a panel of common drugs (Table 2). The panel distinguishes drugs considered to be traditional chemotherapy from those that can be classified as molecularly targeted therapy and considers known and

poorly understood cardiac muscle and bone marrow toxicity. The panel also recognizes other important observed effects in order to validate, predict, and better understand the response, toxicity, and effectiveness of the drug.

Design of *in vitro* microphysiological systems

To address the numerous potential side effects of anticancer drugs on multiple tissues and organ systems, robust *in vitro* microphysiological systems have been developed for pre-clinical high-throughput screening of candidate drugs. These systems need to mimic critical functions and anatomical features of *in vivo* tissues to generate an appropriate response to a pharmacologic challenge. It is important to note that because of the complex nature of *in vivo* tissues, it may be impractical and unnecessary to mimic all the functions and architecture of *in vivo* tissues. In this view, an optimal level of anatomical complexity that has bearing on drug distribution and response of *in vivo* tissues needs to be reflected in the microphysiological systems.

Each specific organ system presents unique challenges to correlate *in vitro* performance with *in vivo* physiology and pathology associated with anticancer drugs. The following sections discuss the critical features of major organ systems and their anticancer drug-related behavior. Methods for mimicking these features *in vitro* within the proposed microphysiological platform are also presented.

Vascular system

One of the most prominent features of all human tissues is vasculature, which provides a convective mode of transport for nourishment and waste removal. The Vascular transport

Table 2 Example drug panel – Strategy for validation.

Target	Approved drug	Outcome of drug treatment	
I. Physiologic validation of cardiac muscle and microvasculature function			
Ia. Cardiac muscle validation. Example of representative drugs for cardiac validation			
L-type Ca ²⁺ channel	Verapamil ; L-type Ca ²⁺ channel blocker (negative inotrope)		
β-adrenergic receptor	Epinephrine ; β-adrenergic receptor agonist (positive inotrope) Propranolol ; β-blocker (negative inotrope)	β-adrenergic receptors agonists are associated with a proliferative and angiogenic effect ¹¹³ β-blockers potentiate antiproliferative and antiangiogenic effects in tumor and ECs ¹¹⁴	
Human ether-a-go-go related gene (hERG) channel	Dofetilide ; hERG channel blocker	Undesirable blockade of hERG channel represents the most common form of drug-induced QT prolongation associated with risk of arrhythmias and possible sudden death ¹¹⁵ hERG channels are expressed in several tumor cells influencing their activity in cell survival and proliferation ^{116,117}	
Ib. Microvasculature validation. Example of representative drugs for vascular validation			
Vascular permeability	Thrombin ; permeabilizing agent VE-cadherin disruption ¹¹⁸	Vascular permeability is greatly increased in tumor vasculature resulting in leaky and dysfunctional vessels ¹¹⁹	
II. Physiologic validation of tumor tissue reduction			
IIa. Tumor tissue validation. Example of representative drugs used in traditional chemotherapy			
Target	Approved drug	Risk of direct cardiotoxicity/ bone marrow toxicity (reviewd previously by ^{1,4,6,120,121,122})	Outcome of drug treatment
DNA intercalator	Doxorubicin (anthracycline)	Recognized risk of cardiotoxicity Myelosuppression. Recognized bone marrow injury	Typical cardiotoxicity type I associated with ROS generation and irreversible cell damage. Differently described behavior in 2D vs. 3D-complex (Table 1)
Platinum analog	Cisplatin, oxaliplatin	Possible cardiotoxicity Myelosuppression and recognized bone marrow injury	Differently described behavior in 2D vs. 3D-complex (Table 1)
Anti-metabolite	5-fluoruracil	Possible cardiotoxicity associated with myocardial ischemia and arrhythmia	Differently described behavior in 2D vs. 3D-complex (Table 1)
Mitotic disruptor	Vincristine (vinca alkaloid)	Recognized bone marrow injury Low recognized cardiotoxicity Myelosuppression and recognized bone marrow injury	Possible cardioprotection by attenuation of doxorubicin-induced cardiac myocyte toxicity ¹²³
IIb. Tumor tissue validation. Example of representative drugs used in molecularly targeted chemotherapy			
Target	Approved drug	Risk of direct cardiotoxicity	Outcome of drug treatment
Growth factor receptors, intracellular signaling pathways, possible channel targets, and other cell functions	Small molecule tyrosine kinase and multikinase inhibitors	Cardiomyocyte survival, contraction dysfunction, or QT prolongation Reviewed by Hedhli and Russell ⁵ , Force <i>et al.</i> ¹²⁴ , and Raschi and De Ponti ¹²⁵	In general, possible different drug response in 2D vs. 3D complex due to the differentially 3D activated or inhibited pathways compared with 2D
HER2	Trastuzumab (monoclonal antibody)	Recognized risk of cardiotoxicity	Typical type II cardiotoxicity and 'on-target' effect ^{126,127} Differently described drug response in 2D vs. 3D-complex (Table 1)

(continued)

Table 2 Continued

Target	Approved drug	Outcome of drug treatment	
HER2	Lapanitib	Low risk of cardiotoxicity	No risk of cardiotoxicity as there is with the monoclonal antibody that targets the same receptor. Different signaling pathways are activated in cardiomyocytes by both strategies ¹²⁴
EGFR VEGFR, c-KIT, PDGFR α/β , RET, CSF-1R, FLT3 (hERG)	Gefinitib Sunitinib	Low risk of cardiotoxicity Recognized risk of cardiotoxicity	Typical 'off-target' effect PDGFR signaling important in cardiomyocyte survival ATP depletion by mTOR increases activity in cardiomyocytes ¹²⁴
RAF, VEGFR, c-KIT, PDGFR α/β , FLT3 BCL:ABL, PDGFR α/β , c-KIT, (hERG)	Sorafenib Imatinib	Recognized risk of cardiotoxicity Recognized risk of cardiotoxicity	Strong warning for QT prolongation, risk of arrhythmia, and sudden death Possible hERG blockade by ABL inhibitors ¹¹⁵
mTOR	Everolimus	Warning risk of cardiotoxicity (lack of significant published data)	Warning for QT prolongation Additional possible HIF-1 activity inhibition under hypoxic conditions (3D tumor environment) ¹²⁸
Proteasome inhibitor 26 S	Bortezomib	Warning risk of cardiotoxicity	Hypotension, warning for QT prolongation. Additional HIF-1 transcription inhibition under hypoxic conditions (3D tumor environment) ¹²⁹
HDAC1, 2, 3, 6	Vorinostat	Warning risk of cardiotoxicity	Warning for QT prolongation Additional HIF-1 degradation induction under hypoxic conditions by HDAC inhibitors (3D tumor environment) ¹³⁰

III. Physiologic validation of EC proliferation and migration/angiogenesis

Illa. Angiogenesis validation. Example of representative drugs used in molecularly targeted chemotherapy

Target	Approved drug	Risk of direct cardiotoxicity	Outcome of drug treatment
Growth factor receptors, intracellular signaling pathways, and possible channels targets	Small molecule tyrosine kinase and multikinase inhibitors	Cardiomyocyte survival, contraction dysfunction or QT prolongation Reviewed by Hedhli and Russell ⁵ , Force <i>et al.</i> ¹²⁴ , and Raschi and De Ponti ¹²⁵	In general, possible different drug response in 2D vs. 3D complex due to the differentially 3D activated or inhibited pathways compared with 2D
VEGF (growth factor)	Bevacizumab (monoclonal antibody)	Warning risk of cardiotoxicity	Disrupting VEGF signaling, most of these drugs exhibit predictable risk of hypertension and thrombosis (cardiovascular indirect side effects) since VEGF does not just help new vessels grow, but also protects existing blood vessels ^{131,132}
VEGFR, c-KIT, PDGFR α/β , RET, CSF-1R, FLT3, hERG	Sunitinib	Recognized risk of cardiotoxicity	
VEGFR, EGFR, RET	Vandetanib	Warning risk of cardiotoxicity	
VEGFR, PDGFR α/β , c-KIT	Pazopanib	Warning risk of cardiotoxicity	

is particularly necessary for tissues with a diameter greater than 200 μm ,^{25–27} as passive diffusional transport is inefficient. Thus, to replicate the complex 3D arrangement of cells and ECM, human microphysiological systems must include a vasculature made of perfused vessels that possess a physiologic flow. The molecular transport across the vascular wall into normal tissues is largely driven by diffusion, but limited convection also takes place primarily in capillaries. Vascular permeability varies considerably among different tissues and is modulated by different factors such as blood flow.²⁸ Vascular permeability undergoes significant changes in pathological conditions such as wound healing, chronic inflammatory diseases, and cancer.²⁵

Unlike arteries and veins, capillaries consist of little more than a layer of endothelial cells (ECs) and connective tissue, along with a sparse covering of pericytes. They lack the smooth muscle cells that are present around the major vessels, arteries, and veins. The ECs are embedded in a 3D microenvironment that mainly consists of a collagen-based ECM and pericytes, and is influenced by biochemical (i.e. growth factors) and physical (i.e. shear stress) forces. Mimicking this complex microenvironment *in vitro* is a major challenge in vascular research. ECs are responsible for regulating a variety of functions including vascular tone, inflammation, coagulation, and sprouting of new vessels. In normal physiological conditions, vasculature is vasodilatory, antithrombotic, anti-inflammatory, and non-angiogenic. These functions are controlled mainly by secreted factors from the EC.²⁹ In this context, since ECs are mostly quiescent under physiological conditions, the development of new anticancer treatments is also directed toward targeting cell signaling pathways involved in pathological EC proliferation and migration.⁵ By targeting endothelium, the vascular supply to tumor tissue can be reduced, thereby inhibiting tumor growth. Antiangiogenic drugs are mostly targeted to the vascular endothelial growth factor (VEGF) signaling pathway. These drugs often have VEGF receptors (VEGFRs) as a common target. However, VEGF does not only help new vessels to grow, but it also protects existing blood vessels. Thus, due to disruption of VEGF signaling, many of these drugs are associated with a predictable risk of hypertension and coagulation that can lead to vascular dysfunction and thrombosis, respectively.^{4,7,30}

Tumor tissue

Tumor cells have a remarkable ability to evolve in response to communication with the microenvironment. In this view, drug testing merely on isolated cancer cells is insufficient for a reliable estimation of drug efficacy in humans. The quest to develop improved models has progressed from 2D cancer cell culture to 3D tumor spheroids made up of cancer cells and 3D tumor spheroids composed of a mixture of cancer and stromal cells.^{31–33} However, these models lack perfused vasculature and are limited in their ability to mimic the *in vivo* microenvironment critical for modeling drug delivery. Hence, we believe *in vitro* tumors with perfused capillaries, embedded in naturally occurring ECM, will produce improved drug screening studies.

It is widely accepted that tumors actively communicate with vasculature to fulfill their growing metabolic demands, and in some cases to metastasize. Such communication brings several changes in vasculature, including angiogenesis mediated by VEGF, increased vascular leakiness, and irregular vascular interconnections.^{25,34,35} In addition, it is noted that lymphatic vasculature of tumors is generally dysfunctional.^{34,36,37} Together, these conditions are believed to increase the interstitial fluid pressure of tumors and consequently, increase the interstitial fluid flow from the tumor into surrounding tissue.^{34,38,39} As a result, *in vivo* tumors display uneven distribution of cytokines, nutrition, and drugs across the tissue, posing a major challenge for efficient drug delivery.^{34,38–40} Therefore, to simulate a variety flow and pressure conditions, drug screening platforms need to have control over spatiotemporal resolution of interstitial flow and pressure in tumor-on-chip devices.

The inefficient vascular supply to tissues and increased growth rate create hypoxic conditions in certain regions of tumors. As a result, the microenvironment remains acidic, adversely affecting the action of many chemotherapeutic drugs as reviewed elsewhere.^{41,42} Hypoxia also promotes epithelial-to-mesenchymal transition, which is marked by increased motility of cancer cells and results into invasion of surrounding tissue.⁴³ Further, hypoxia is believed to promote chemotherapeutic drug resistance in cancer cells by gene expression products such as P-glycoprotein.⁴⁴ Hence, the *in vitro* tumors need to grow under hypoxic conditions closer to that experienced *in vivo*. We, and others, have previously developed a protocol for creating normal tissues that are perfused with dynamic vasculature under hypoxic and non-hypoxic conditions.^{45–47}

Interstitial flow and pressure, cellular behavior, drug distribution, and, in turn, drug efficacy are influenced by ECM, which constitutes a major part of the tumor tissue. Tumors are characterized by stiff ECM, which is typically composed of collagen, fibronectin, glycosaminoglycans, and proteoglycans.^{48,49} The active role of tumor ECM in cell signaling, as well as creating chemical and mechanical cues for cell migration, is reviewed elsewhere.^{48,50} Interestingly, it has been shown that it is possible to extract acellular ECM from *in vivo* tumors,^{51,52} and it is also possible to achieve collagen of varying stiffness by mixing it with other naturally occurring ECM such as fibrin. We believe such strategies could be implemented to create microphysiological tumor tissue.

Apart from the constituents of the tumor microenvironment discussed earlier, other major components are immune cells and tumor-associated fibroblasts.^{50,53,54} We and others have shown that fibroblasts secrete factors necessary for creating perfused vasculature,^{46,47,55} and, recognizing this fact, our current model of perfused network includes fibroblasts.^{45,47} However, for the future advancement of the *in vitro* tumor model, appropriate tumor-associated fibroblasts may be needed. Among the immune cells, tumor-associated macrophages are perhaps the most significant cells as they affect a plethora of cancer processes, including angiogenesis, invasion, and metastasis,^{50,53,56} and, importantly, they also adversely affect the

chemotherapy.⁵⁶ Hence, we believe that for future advancement of microphysiological tumor tissue, it is important to integrate immune cells, particularly macrophages, on organ-on-chip platforms.

Cardiac tissue

Cardiotoxicity and altered cardiac function have been identified as significant side effects of anticancer drugs.^{4,57-60} At the cellular level, anticancer drugs can cause DNA damage, adenosine triphosphate (ATP) depletion, apoptotic protein release, reactive oxygen species (ROS) generation, electrolyte imbalance, lipid accumulation, and myocyte death.^{4,59-61} At the tissue level, these effects manifest as vasospasm, changes in force and frequency of contraction, and modified electrophysiology.^{4,59} As a result of these cell and tissue level effects, whole organ pathologies, such as left ventricular dysfunction, heart failure, myocardial ischemia, arrhythmias, and pericardial disease,^{4,57-60,62} are realized. These cardiac dysfunctions are often not discovered until clinical trials primarily due to limitations in current drug screening models. Similar to the previous discussion, cardiac animal models provide whole heart response to drugs, but many drugs have human specific effects.

The key features of a microphysiological cardiac tissue system are as follows: (1) Use of a cardiac-specific matrix creates a 3D environment with the appropriate tissue-specific architecture to induce the formation of tissue that better mimics *in vivo* physiology and pathology.⁶³ (2) All cells are of human origin allowing assessment of human cell-specific drug responses. With further development of lineage-specific differentiation protocols, all cells implanted in the device may be derived from the same induced pluripotent stem cell line allowing for genetic homogeneity, and thus patient-specific responses, throughout the tissue compartments. (3) Tissues exhibit synchronous and rhythmic spontaneous contraction that allows detection of alterations in electrophysiological and contractile properties. Together, these properties represent the most critical parameters for a high-throughput cardiac tissue module for the screening of drug-induced cardiac side effects.

Bone marrow

Toxicity of pharmacological agents toward HSCs is a major problem for many therapeutic strategies, including cancer chemotherapy.^{64,65} Many antineoplastic drugs directly target HSC, which can be either quiescent, undergoing self-renewal, or differentiating into erythroid, myeloid, or lymphoid progenitors, or they may target more committed progenitors downstream of HSC.⁶⁶ This results in immunosuppression, anemia, and thrombocytopenia, and many patients develop infections as a result. Blood transfusions can reverse anemia, and neutropenia can be addressed by treatment with granulocyte-colony stimulating factor (G-CSF). However, in severe cases of myelosuppression, patients have to undergo bone marrow transplantation – either restoration of autologous HSC removed before the start of chemotherapy or by allogeneic transplantation.

Identifying new anticancer drugs that do not target HSC and their descendants is thus a priority.

HSC reside in the bone marrow in a specialized niche composed primarily of ECM, osteoblasts, mesenchymal stem cells, and vascular ECs. A hematopoietic microphysiological system will need to contain each of these cellular elements and the matrix will need to be extracted from bone marrow to ensure the presence of necessary extracellular cues. It is essential that the system will model the following: (1) the maintenance of healthy HSCs that undergo renewal, (2) the generation of lymphoid lineage cells, (3) the generation of erythroid lineage cells, (4) the generation of myeloid lineage cells, and (5) the release of these cells into a circulatory system – the ‘blood.’ Incorporation of an immune compartment, specifically a hematopoietic compartment, into any platform of integrated microphysiological systems will provide obvious advantages in anticancer drug-screening strategies.

Platform design considerations

Individual modules of microphysiological systems mimicking critical organ functions can be developed separately and integrated to produce a platform for drug screening (Figure 1(a) and (b)). Such a platform should have the following features: biocompatible, flexible, high-throughput, reproducible design, easy fabrication, affordable, and a small footprint.

Using soft lithography, it is possible to fabricate polydimethylsiloxane (PDMS) devices with micron range features reproducibly and precisely. In short, the process of fabrication involves the following: a master mold is created by photolithography on silicon wafers that are spin coated with SU8 and PDMS is poured on the master mold. Features of the mold are impressed on polymerized PDMS, which can be attached to another PDMS sheet or glass in a leakproof manner by using plasma treatment.^{45,47} PDMS microdevices can be designed to create high-throughput platforms and the designs can be easily altered to incorporate tissue-specific requirements, such as absorptive interface for gut tissue. Further, PDMS devices are biocompatible, flexible, affordable, and our current designs can be adapted to create about 100 microtissues per 75 cm² area. Moreover, by manipulating length and/or cross sectional area of microfluidic channels, it is also easy to maintain physiologic pressure drops across the tissue over time periods exceeding 2 weeks.⁶⁷ Importantly, PDMS is optically clear, offering a non-invasive system of real-time tissue imaging with a high degree of spatial resolution.

Our group has recently reported successful creation of perfused vascular networks in PDMS microdevices by allowing self-assembly and growth of endothelial colony forming cell derived-endothelial cells and stromal fibroblasts in a naturally occurring ECM.^{45,68} These tissues were formed in a PDMS device consisting of 0.1 mm² tissue chamber, which was fed with microfluidic channels on either side of the tissue chamber, which mimicked arterial and venular supply to the tissue (Figure 1(a)). Significantly, the tissues were maintained in a medium without exogenous addition of VEGF or bFGF (primary

growth factors for ECs and fibroblasts, respectively) and under physiologic oxygen concentration. These studies have shown that using microtechnology, it is possible to achieve an intricate balance of biochemical and mechanical cues, and cell-cell communication to generate anatomical features of inter-connected capillary networks. Importantly, once the microvascular network is developed and anastomosed to the PDMS microfluidic channels, the tissue is fed only with the microvascular flow. This feature of the system is particularly important because it allows control over morphogen delivery to tissues via the vasculature. Also, flow through the vasculature can be controlled by simply altering the hydrostatic pressure gradient.⁶⁷⁻⁶⁹ Thus, this technology has opened a plethora of opportunities for developing organ systems mimicking *in vivo* tissues for drug screening platforms.

This technology can be extended to create vascularized tumor, cardiac, reproductive, and other major organ systems incorporating the cells of specific organs that mimic critical functions of the organ. An example of a microphysiological system module with appropriate

instrumentation, such as a fluid pressure sensor, pump, and oxygenation system, is shown in Figure 1(a) and (b). To grow microtissues in a microdevice, organ-specific cells, ECs, and other stromal cells are initially mixed with ECM gels and the mixture is seeded in the microdevice (Figure 1(a)). The microtissue is initially nourished by interstitial flow controlled by a pressure gradient across the microfluidic channels. Once the microtissue is vascularized, and the vasculature anastomoses with the high and low pressure microfluidic lines (Figure 1(a) and (b)), the tissue is completely nourished by the vasculature.

To integrate prevascularized organ systems on an integrated drug screening platform, the modules will be equipped with connector valves, which will allow modules to be daisy-chained for system-wide integration (Figure 1(a)). These modules can be connected so as to broadly mimic the human circulation in which the tissue chambers are connected by the circulation in parallel (Figure 1(b)). Important considerations for integration are compatible tissue culture media for all tissues on the platform and relative scale of the tissues. Since most primary

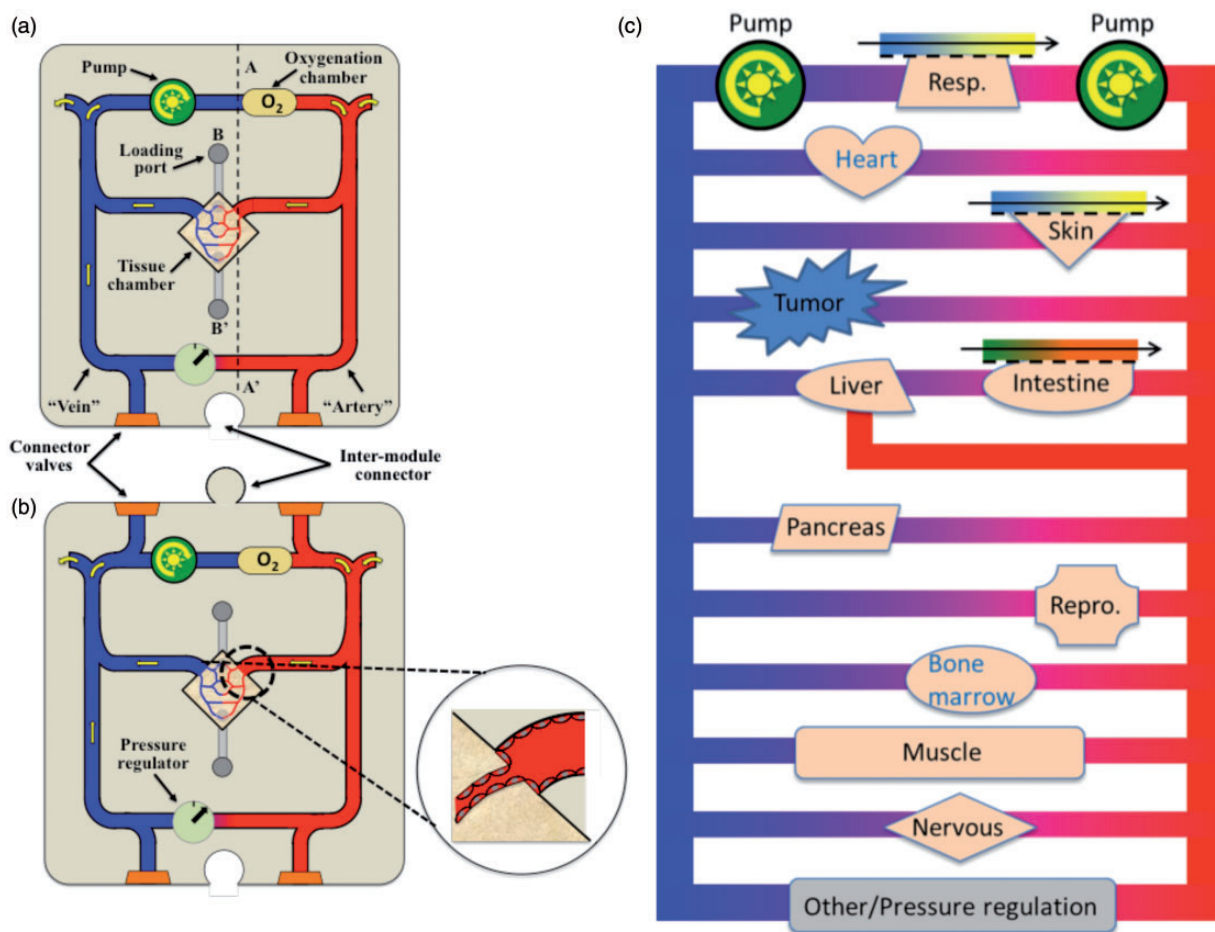


Figure 1 A prototype drug screening platform. (a) The microphysiological systems are developed in a central tissue chamber of individual modules. These micro-tissues are initially nourished by interstitial flow and later by a perfused capillary network. The medium is pumped around a microfluidic network and is oxygenated through a bubble chamber. A pressure regulator controls 'arterial' pressure. Input and output channels on the arterial and venous side, respectively, allow mixing of fresh medium into the system. Individual tissue modules can be connected like jigsaw pieces, and connector valves allow 'anastomosis' of microfluidic channels. (b) Microfluidic channels are lined by EC and these anastomose with the microvessels in the tissue chamber to form a continuous vascular network linking all of the organs. (c) An example of how the major organs with a tumor might be placed such that their perfusion is in parallel to each other. (A color version of this figure is available in the online journal.)

culture systems need a specialized medium for cell survival, differentiation, and growth, a universal medium supplemented with organ-specific growth factors needs to be developed. Previously, it was shown that mixing two or more specialized growth media can be used to facilitate function and growth of cells in co-cultures.⁷⁰⁻⁷²

To simulate the integrated function of various organs on the organ-on-chip platform, it is necessary to appropriately scale these systems, the strategies for which are recently reviewed.^{73,74} The scaling is critical because the vascular blood supply (determined as percent cardiac output of the blood supply) per unit mass of organ varies considerably among various organs, significantly differing the amount of drug received by the organs. For drug screening platforms, the appropriate scaling parameters are the blood supply per unit mass and relative mass of an organ system with respect to other organ systems. These are required to maintain similarity with the *in vivo* organs. Notably, it may not be possible to maintain the relative mass of some of the organs, particularly skeletal muscle and adipose tissue whose masses are greater than 500 times the mass of testis/ovaries.⁷⁵ In such cases, the morphogen or concentrations on the arterial side of the flow of particular organ systems may be modified to accommodate the scaling parameter.

The organ-on-chip platforms can be analyzed at molecular, cellular, tissue, and systemic level functional endpoints. The greatest advantage of the platform material is that it is optically clear and does not interfere with wavelengths of light required for fluorescence or bright field imaging. This feature allows non-invasive image-based measurement of parameters relevant to drug-induced endpoints of pathogenesis, such as fluorescent lifetime imaging of metabolic state,⁷⁶ assessment of calcium handling using calcium sensitive proteins⁷⁷ or calcium dyes,⁷⁸ electrophysiology monitoring using voltage sensitive dyes,⁷⁹ force-frequency response to pacing,⁸⁰ perfusion, and vascular permeability. The organ-on-chip platform also allows easy collection of circulating media to analyze for soluble factors. Importantly, it is also possible to isolate each micro-organ for genomic or proteomic analysis as each microtissue is maintained in a separate tissue chamber.

Incorporation of other organ systems

Our device has been designed specifically to address the effects of anticancer drugs in vascular, tumor, cardiac, and bone marrow tissues. However, other organ systems have also demonstrated significant response to anticancer drugs and are important to consider as modules in future iterations of the device. The general approach and methodology of our proposed modular platform is easily adaptable to other tissue systems. The gastrointestinal tract (GI),^{81,82} liver,⁸³ kidneys,⁸⁴ nervous system,^{85,86} skeletal muscle,^{87,88} and gonads^{89,90} have all been reported to have anticancer drug-related pathologies.

Key features of developing a GI module include analogs of the small intestine (primary site of drug absorption) and the liver (primary site of drug metabolism). Small intestine tissue is comprised of a simple epithelium with absorptive cells and three different secretory lineages. Mimicry of this

epithelium will require engineering of a similar epithelium to provide selective barrier function through which circulating media can pass. This will filter drug compounds accordingly and secrete the appropriate factors into the tissue microenvironment. Liver tissue is complex and consists of different zones with specific enzyme activity (phase I and phase II enzymes).⁹¹ A major factor that regulates the enzyme activity in these zones is oxygen tension (i.e. variable distance from the closest blood vessel).⁹² To mimic liver function in a small microphysiological system compartment, an oxygen gradient will need to be established within the compartment to achieve the differential phase I and phase II enzyme activity in hepatocytes. Directional flow across the oxygen gradient will be necessary to expose candidate drugs to the appropriate sequence of enzymes to ensure that drugs are metabolized as they are *in vivo*.

Kidney compartments will need to mimic the main kidney functions of waste removal and metabolite excretion in the urine. Renal tubule epithelial cells are especially susceptible to toxic substances and are the critical cell that coordinates the secretion of waste products (including metabolized drug compounds) and the reabsorption of necessary nutrients.⁹³ *In vivo*, both of these objectives are achieved by a counter-current mass exchanger. Thus, an engineered *in vitro* compartment could mimic this exchanger using microfluidics and a selectively permeable membrane, similar to that used in renal dialysis,⁹⁴ coated with renal tubule epithelial cells.

Nervous tissue modules will require blood-brain barrier (BBB) and blood-cerebrospinal fluid barrier analogs to simulate the specialized barrier properties that regulate access to microglia, neurons, oligodendrocytes, and astrocytes. Attempts at BBB reconstitution have been incomplete thus far, but the proper shear stress resulting from blood flow, as provided by our platform, is widely regarded as a key feature.⁹⁵

A skeletal muscle module will include contractile tissue and secretion of metabolically active factors into the vascular circuit. Appropriate secretion of metabolically active factors, such as interleukin-6, is necessary for hormonal communication and potential effects on drug metabolism.⁹⁶ In addition, the contractile tissue will require exogenous electrical stimulation since certain anticancer drugs affect neuromuscular activity.⁹⁷

Gonad compartments will require both a testis and an ovary model. Drug effects on the testis and ovary can be profound and can influence not only immediate reproductive output, but can also have long-term effects on gametes. The main components necessary to mimic are: (1) the maintenance of spermatogonial stem cells in the testis, (2) the development of ovarian follicles in the ovary, (3) recreation of the blood-testis barrier in males, and (4) secretion of the sex hormones testosterone and estrogen.

Conclusion

The need for improved methods of screening for anticancer drugs prior to clinical trials is apparent. We have developed a strategy to create a platform that incorporates 3D tissue

modules from multiple organ systems to assess the efficacy, as well as the potential side effects, of anticancer drugs. These tissues are comprised entirely of human cells, are perfused by a microvasculature, and mimic the *in vivo* features of vascular drug delivery and tissue response. The tissues are incorporated into a microfluidic device that allows control of multiple parameters that affect tissue physiology and drug response, as well as non-invasive monitoring of tissue state. The device is currently comprised of vascular, tumor, cardiac, and bone marrow tissues and is designed to allow for expansion of the system to include additional tissue modules. This *in vitro* approach represents a significant advance in the ability to identify potential adverse effects of anticancer treatment well before they reach clinical trials.

Author's Contribution: CH, AS, and VSS contributed equally as co-first authors. CCWH and SCG contributed equally as co-senior authors.

ACKNOWLEDGMENTS

The preparation of this manuscript was funded by the National Institutes of Health Project # 1UH2TR000481-01, An integrated *in vitro* model of perfused tumor and cardiac tissue, led by Principal Investigator, Steven George at the University of California, Irvine.

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