

# 1 **Process stress in municipal wastewater treatment processes: a new** 2 **model for monitoring resilience**

## 3 **Authors**

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## 12 **Abstract**

13 Although not-well-understood, process stress could provide a novel approach to  
14 resilience analyses in wastewater treatment processes by identifying the influence of a  
15 stressor on wastewater processes. This paper identifies how industry and academia view the  
16 concept of process stress in wastewater treatment processes. It also investigates how  
17 individuals, their role and education influence their decision bias and their propensity to use  
18 decision support tools. Survey results from 255 respondents showed that many wastewater  
19 professionals still have a preference to use personal or company-specific spreadsheets (33%),  
20 with a similar proportion of respondents using simulation and decision support tools (29%).  
21 The concept of process stress in wastewater treatment was well understood by industry and

22 academic professionals as a variance from benchmarked conditions. This analogy of process  
23 stress means that it can be either, a positive or negative magnitude of variation from a  
24 benchmarked state, which expands on the approach taken in current resilience and  
25 benchmark simulation models. Therefore, the concept of process stress was a well  
26 understood by a vast majority of respondents, with 82% of respondents agreeing that an  
27 analytical tool that considers process stress would be a useful contribution to developing the  
28 understanding and management of process resilience. The study also highlights the  
29 requirement for a process stress analysis methodology, which builds on current resilience  
30 methods and separates the stressor (cause) from process stress (effect). Overall, this research  
31 has identified the requirement to measure and analyse stresses in wastewater treatment  
32 processes and recommends a strategy to develop this methodology.

### 33 **Keywords**

34 Resilience, Wastewater Process Stress analysis, Benchmark, Wastewater process analysis,  
35 EDSS, Process Modelling

### 36 **1. Introduction**

37 Water supply stress is apparent in many parts of the World. However by 2100 the  
38 predicted increases in human population (47% increase) and global temperatures (2°C > pre-  
39 industrial levels) will exacerbate stress to both supply and wastewater treatment (Walker,  
40 2016). These stresses will be manifested by an increase in high-intensity rainfall (12-24%) and  
41 extended dry periods (Fischer, Sedláček, Hawkins, & Knutti, 2014; Hansen, Ruedy, Sato, & Lo,  
42 2010). Consequently, wastewaters will be highly concentrated during dry weather and dilute  
43 during heavy precipitation (The Met Office, 2018) subjecting existing wastewater treatment  
44 processes to environmentally generated stress in addition to growing populations. Without

45 adequate monitoring methodologies, future generations will be subject to serious pollution  
46 incidents and lack of compliance with treatment standards (Europa, 1991, 2000). Therefore  
47 understanding how different processes in existing wastewater treatment trains respond to  
48 these stresses in will play a crucial role in adapting to climate change and population growth.

49 Wastewater treatment plants are complex systems receiving variable flows and loads,  
50 which typically pass through a series of unit processes with different physical, chemical and  
51 biological treatment mechanisms. Simulations have been developed at a plant-wide scale,  
52 which captures the complexity of wastewater process perturbations. Some examples of  
53 simulation based software packages are BioWin, West (Mike) and GPS-X (Hydromantis),  
54 which use fixed, and dynamic flow and load simulations to replicate real life scenarios. These  
55 simulations have showed a close correlation to the real performance of well monitored  
56 wastewater process streams (Mike DHI, 2018; Nghiem, Wickham, & Ohandja, 2017).  
57 Although, simulations can accurately replicate the outcomes of real wastewater treatment  
58 processes, the calibration of such sophisticated models requires specialist knowledge,  
59 additional process samples and can be time consuming if a high level of accuracy is required.  
60 Therefore, in an industrial context, where operational labour and wastewater treatment plant  
61 management staff require a rapid overview of plant performance, plant-wide models may be  
62 unsuitable unless prior calibration of a selected model is performed.

63 Process stress is proposed as a novel concept for reckoning the complex interaction of  
64 processes in wastewater treatment plants react to external challenges to provide a relatively  
65 quick and visual management information tool. In other fields efforts have been made to  
66 understand the concept of stress and its consequences. For example, in microbiology,  
67 microbial stresses have been analysed to measure how microbes, particularly bacteria,

68 respond to environmental challenges with varying levels of success (Han & Cui, 2016; M.  
69 Wang, Faber, & Chen, 2017; Whalen & Tracey, 2006). In wastewater the application of  
70 microbial stress monitoring has mainly focussed on the measurement of soluble microbial  
71 products, such as adenosine triphosphate, released in activated sludge (Aqua-tools, 2008;  
72 Norman, Peter., Tramble, 2017; Norman & Walter, 2011). An example of this is the work of  
73 Shi *et al.* (2017), which features the speciation of soluble microbial products for the  
74 prediction of stressful microbiological events in activated sludge. These diagnostic methods  
75 are potentially sophisticated but, as they are in their infancy, suffer from a lack of standard  
76 analytical techniques. Therefore, significant investment is required before they can be widely  
77 applied as a robust diagnostic method for biological wastewater treatment (Wang and Zhang,  
78 2010). This highlights the requirement for a robust approach that considers stresses using  
79 pre-existing models to examine the stresses across a variety of flows and loading conditions.

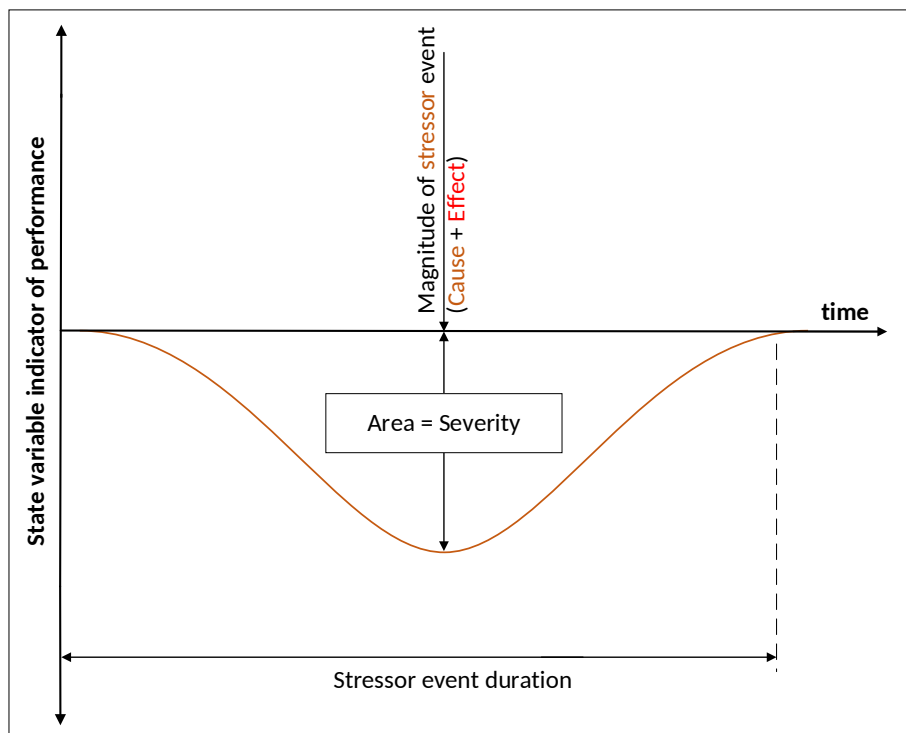
80 Ecological stresses have also been investigated, for example Han, (2016) developed an  
81 integrated stress index to combine a variety of environmental stressors and their influence  
82 on the concentration of macrophytes in ponds. This simple heuristic method uses the sum of  
83 squares for a variety of human activities to capture the holistic impact of stress on ecological  
84 systems. Although applicable to such relatively simple ecological systems, individual  
85 contributions to stress are not resolved and, therefore, this may not appropriate for  
86 wastewater processes due to the level of complexity. Similarly, Nilsalab (2017) looked at the  
87 logistic relationship between water availability and withdrawal from freshwater supplies, with  
88 over-abstraction defined as water stress. This type of stress occurs when the abstraction of  
89 freshwater exceeds the total water availability and is performed at macro-scale, with many  
90 observations becoming generalisations of independent variables. In summary, both of these  
91 methods may be appropriate for relatively simple environmental systems they lack the

92 complexity to model the many biochemical and physical/chemical interactions present in  
93 wastewater treatment processes.

94 The role of wastewater process engineers is to evaluate the performance of existing  
95 wastewater processes based on flow and load studies, using expert judgement and manual  
96 data manipulations. However, due to the complexity of the interactions between flow and  
97 contaminant concentrations in existing wastewater processes stresses can be difficult to  
98 interpret manually and operational decisions are often based on expert judgement (Kimberly  
99 Solon *et al.*, 2015). Although many of the parameters and models are better understood with  
100 the use of plant-wide and extended plant-wide models, calibration is key to avoiding  
101 unexpected results (Fernández-Arévalo, Lizarralde, Grau, & Ayesa, 2014; K Solon *et al.*, 2017).  
102 More commonly water utilities view stressors as the risk of certain events causing a  
103 catastrophic failure or pollution incident (ch2m & Ofwat, 2017). This relationship between  
104 risk and wastewater process stress has been explored in the research of Comas (2008) where  
105 scenario-based, risk assessments are used to evaluate rising sludge control methodologies for  
106 activated sludge plants (Dalmau, Rodriguez-Roda, Steyer, & Comas, 2006). The main  
107 limitation of risk assessment methods is that they are often a simplification of more complex  
108 process scenarios and are limited to heuristic problems using existing knowledge (Ebrahimi,  
109 Gerber, and Rockaway, 2017). It therefore limits their application to the exploitation of  
110 existing knowledge, rather than more sophisticated knowledge discovery methods (Bagheri,  
111 Mirbagheri, Bagheri, & Kamarkhani, 2015).

112 To characterise stresses in whole wastewater process plants, Butler *et al.*, (2016)  
113 introduced the concept of 'Middle States', where a stress-strain plot can be used to present  
114 the available resilience. The work performed focusses on failure modes and the evaluation of

115 a variety of interventions for wastewater process risk mitigation (Butler *et al*, 2016). Rather  
116 than focusing on individual wastewater treatment processes and where a process problem  
117 might occur, the work concentrates on how stressors influence the performance of a whole  
118 treatment plant. This impact of a stressor is termed as resilience or the reserve capacity in an  
119 entire treatment process as shown in Fig. 1. Global Resilience Analysis (GRA) is the study of  
120 event-based stressors and their influence on the performance of a whole wastewater  
121 treatment system. As part of the GRA discrete processes are not considered, with analysis  
122 reliant on the original operating conditions being measurable. A significant source of  
123 uncertainty in resilience methods is that a reliable baseline can be challenging to measure  
124 due to data availability and quality. This was highlighted by Mbamba *et al.* (2016) when  
125 considering the critical data required to calibrate plant-wide phosphorus modelling for  
126 seasonal and diurnal variations.

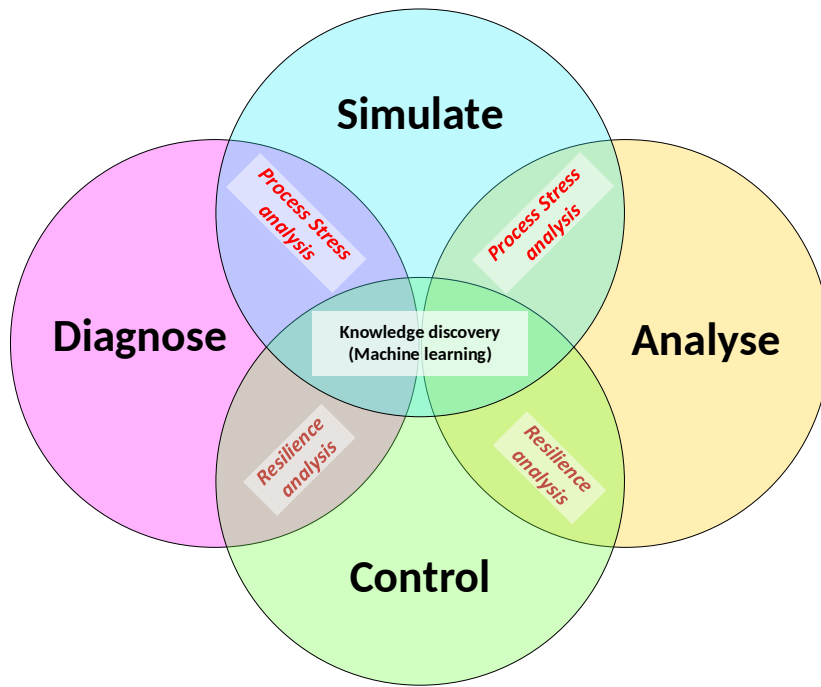


127

128 Fig. 1 Resilience analysis presented by Juan-García (2017), adapted from Mugume (2015).

129 Resilience theory has been successfully applied to whole wastewater treatment  
130 systems and researchers such as Juan-García *et al.* (2017) discuss the influence of stressors  
131 on a process response curve. Therefore resilience in a whole wastewater treatment system is  
132 linked to the internal response of a plant to a stressor, which encompasses, both the cause  
133 (stressor) and effect (process stress). Other important characteristics of the stressor event  
134 curve shown in Fig. 1 is the event magnitude and system recovery time (Sweetapple, Fu,  
135 Farmani, & Butler, 2019). The main limitation of the method provided by Mugume *et al.*,  
136 (2015), is that the perceived stressor combines two parameters; 1) is the cause and relates to  
137 the characteristics of the stressor event (flow, load or toxicity); 2) is the effect and is the stress  
138 exhibited by the process (process stress). In summary, resilience theory provides an excellent  
139 overview of resilience in whole wastewater treatment plants. However, it fails to identify  
140 process problems in individual treatment processes; thus making it difficult to identify and  
141 predict failures and isolate corrective actions (Sukias, Park, Stott, & Tanner, 2018; Sweetapple  
142 *et al.*, 2019). Hence, understanding of process stress will supplement GRA and increase the  
143 accuracy of analysis.

144 To expand the understanding of resilience and show that simulation, diagnostics,  
145 control and analytics are not mutually exclusive of one another. Fig. 2 was constructed to  
146 show the interaction of the four independent parameters (simulation, diagnostics, control,  
147 and analytics) and the position of process stress and resilience analyses. Therefore, resilience  
148 combines diagnostics and analytics to provide control interventions, which are then  
149 evaluated. Process stress analysis differs as it has the potential to use diagnostics and analysis  
150 to simulate a stress response from a discrete wastewater processes in a relatively simple  
151 calculation.



152

153 **Fig. 2** Process stress, resilience analysis and knowledge discovery in existing wastewater treatment processes Venn  
 154 diagram.

155         These approaches can provide analytical decision support for wastewater  
 156 management. However despite much research into this field Corominas *et al.* (2018) found  
 157 that only 16% of academic publications have led to a commercially available product.  
 158 Furthermore, this work also identified limited use of statistical and machine learning  
 159 methodologies to analyse a multitude of independent variables involved in modelling  
 160 wastewater treatment processes (Bagheri *et al.*, 2015). Therefore, the application of process  
 161 stress analysis in Fig. 2 could bridge the gap to enable more sophisticated methods to  
 162 understand the influence a stressor (cause) and the process stress (effect). Engagement with  
 163 industry in this development would expand understanding of the importance of measuring  
 164 process stress and it's application to existing processes.

165         This research aims to evaluate the conceptual understanding of wastewater process  
 166 stress from international experts across a range of wastewater process-related disciplines. It  
 167 seeks to provide, both an industrial and academic perspective, via an online survey completed



168 between February and April 2019. The survey focused on six areas, 1) participant experience  
169 and role specifics, 2) decision support systems and their use, 3) analytical software  
170 applications and their use, 4) professional decision analysis, 5) benchmarking and process  
171 stress interpretation 6) dissemination of survey. The numerical data is presented as  
172 descriptive statistics, with coded qualitative data used to display commonalities in opinion  
173 and provide a convergence of the mixed-methods study.

## 174 **2. Materials and methods**

### 175 **2.1. Data collection and survey design**

176 Process stress in wastewater treatment processes is a new concept for both industry  
177 professionals and academics. It is therefore essential to understand current methods of  
178 analysis for existing wastewater treatment processes and to provide insight into the depth of  
179 professional knowledge. Therefore, a focussed epistemological survey was designed to  
180 capture the extent of current knowledge while evaluating existing analytical tools. The study  
181 used a mixed-methods approach to understand process stress in the wastewater process  
182 industry and academia. As shown in Fig. 3, a pragmatist research philosophy was adopted to;  
183 firstly introduce the concept of process stress (qualitative) and secondly, group and rank  
184 collected data to analyse respondent responses (quantitative). Both qualitative and  
185 quantitative was then converged to capture a holistic understanding of process stress in  
186 wastewater treatment processes (Bazely, 2018).

187 In the first part of the survey, participants were asked to state their role and level of  
188 education. During data processing results were quantitised to give a specific ranking, using  
189 values between one and five (Driscoll *et al.*, 2007), with one the lowest level (e.g. Secondary  
190 school) through to five (e.g. Ph.D./EngD). Dichotomous, closed questions were used to

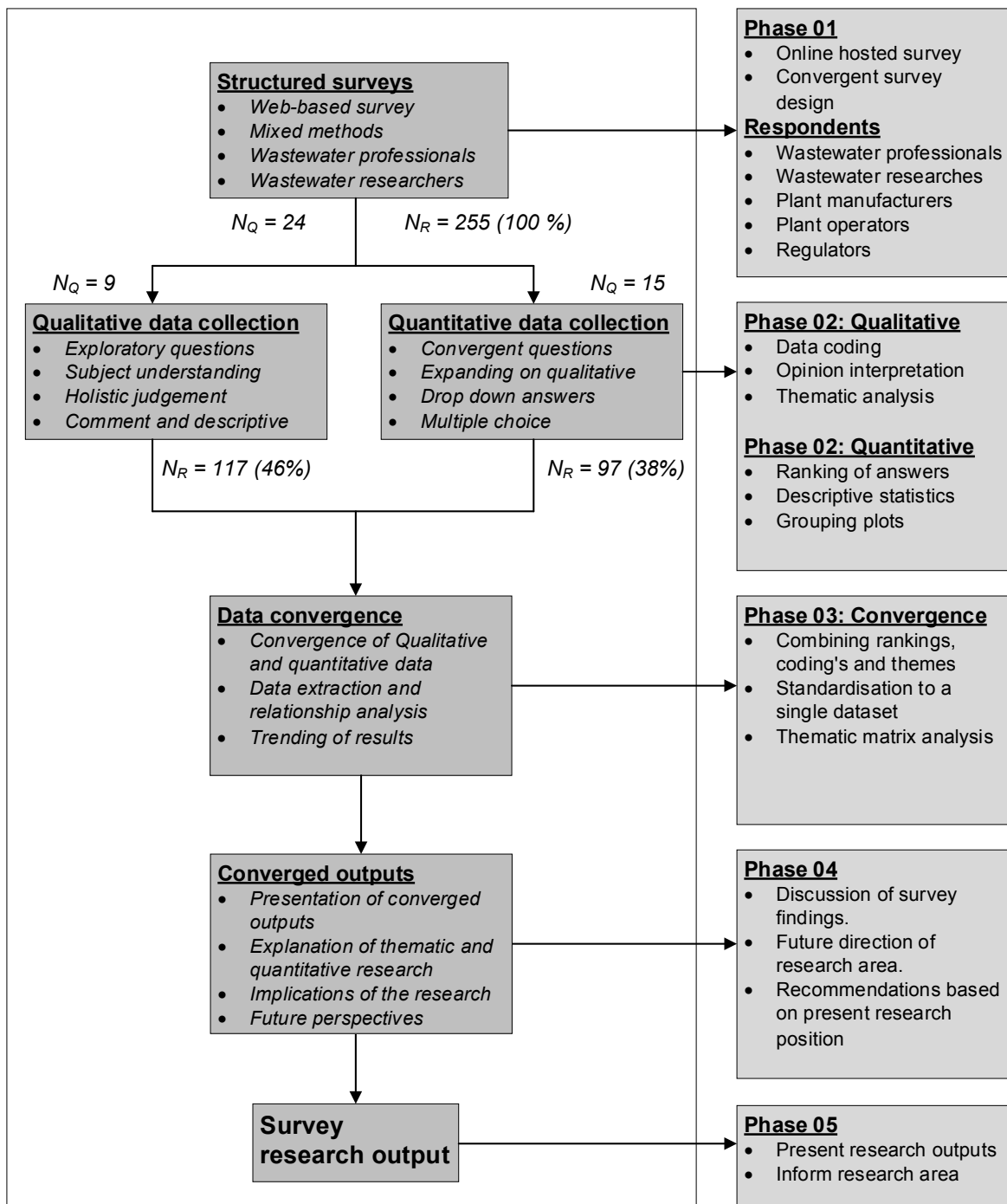
191 capture the proportions of respondents using decision support tools and whether process  
192 stress analysis for wastewater treatment processes is a valid prospect (Creswell and Clarke,  
193 2011). Multiple-choice questions were used to group and categorise data, particularly when  
194 identifying participants professional specialism and their industrial sector. Qualitative  
195 questions were used to add clarity to the quantitative data and codings. One example is when  
196 considering the limitations of analytical software packages, where respondents were asked  
197 to provide an opinion based statement and concept of process stress was introduced  
198 (Qualitative).

## 199 ***2.2 Sampling strategy experimental design***

200 The study aimed to sample a cross section of international wastewater experts from  
201 industry and academia. Therefore a broad approach was taken to recruitment to access as  
202 wide a cross section as possible. This included links and requests for participants being sent  
203 to professional social media platforms (e.g. ResearchGate and LinkedIn groups) wastewater  
204 industry-specific websites and blogs, direct contacts were also made to consultants and  
205 engineering professional listed in directories (e.g. CIWEM), and finally direct expert and  
206 snowball sampling was used based on lists of contacts of the research team with requests to  
207 forward to potentially interested respondents.

208 The flow diagram in Fig. 3 shows the experimental design used in this research, with  
209 each phase indicated on the right-hand side. The first phase shows the basis for survey design  
210 and the targeted respondents for the survey. The second phase has been divided into six  
211 sections: 1) 'experience and role specifics', which covers industry, specialism, level of present  
212 role and qualification level; 2) 'decision support systems' which explores the types of decision  
213 support systems used (DSS) and whether it is a commercial product; 3) 'analytical software

214 application information', which examines the kind of analytical software application used, its  
215 strengths and limitations; 4) 'decision type', which considers the type of and level of the  
216 decision made; 5) 'benchmark and process stress', which explores the understanding of the  
217 term benchmark and process stress; 6) 'dissemination', which looks at the relevance of  
218 process stress and any preferences in visual presentation. By and large phase two is used to  
219 process qualitative and quantitative data, using mixed methods to rank (quantitise), code and  
220 provide a thematic evaluation of qualitative data. Phase three converged the qualitative and  
221 quantitative data using descriptive statistics via Minitab® 17 (Version 17.3.1) to show the key  
222 converged observations. Phase four extracted the key themes from the survey (qualitative  
223 and quantitative) to produce a narrative of results. Finally, Phase five summarises research  
224 outputs and the impact on future research direction.



225

226 **Fig. 3** Convergent, mixed methods survey design and flow diagram. Showing the five phases of data collection, analysis and

227 measurable research outputs. Where  $n_Q$  is the number of questions and  $n_R$  the number of respondents at each stage.

228 **2.3 Survey Response**

229 The total number of responses was 290. Data screening and consolidation involved

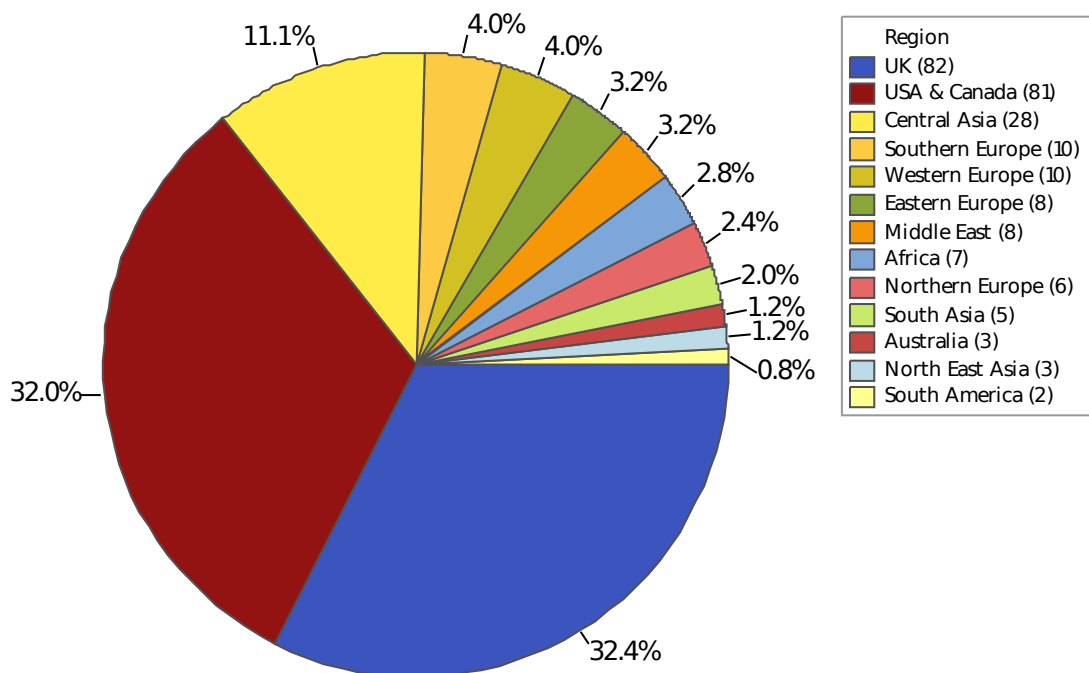
230 removing blank surveys ( $n=13$ ), respondents using the survey for speculative marketing

231 purposes ( $n=9$ ), respondents that filled in < 10% of the survey ( $n=18$ ) and those declining to  
232 proceed to the survey ( $n=5$ ). After the data screening and consolidation, 255 valid completed  
233 surveys were taken forward for analysis.

### 234 **3. Results and discussion**

#### 235 ***3.1 Process stress in wastewater treatment processes survey demographic***

236 This section explores the demographic and industry sector of respondents that  
237 completed the Process Stress in Wastewater Treatment processes survey. The pie chart in Fig.  
238 4 shows the regional zones of respondents and the proportion that completed the survey. It  
239 shows the global interest of the survey and process stress, with respondents from 43  
240 countries and 13 regional zones. The most significant contributor to the survey was the UK,  
241 occupying 32% ( $n=82$ ) of the total sampled population and was followed by the USA &  
242 Canada, with 32% ( $n=81$ ). Therefore, the most substantial survey contribution came from the  
243 developed world (Walker, 2016). Interestingly though the third-largest contributor was  
244 Central Asia, with 11% ( $n = 28$ ), from all countries and territories eligible to receive official  
245 development assistance (OECD, 2019) . Therefore, developing countries are now showing a  
246 greater interest in sanitation and the management of wastewater treatment processes, which  
247 corresponds with the work of Gallego-Schmid, (2019), who performed a lifecycle assessment  
248 of wastewater treatment in developing countries.



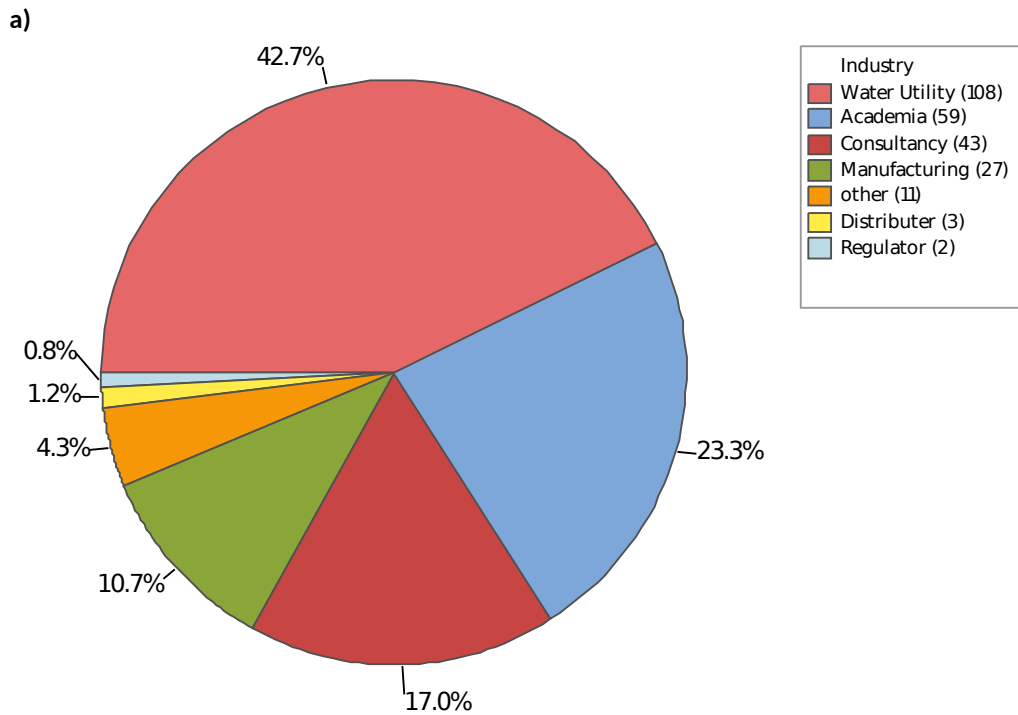
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250 *Fig. 4. Pie chart showing survey respondents by region. Slices show the proportion of respondents that completed the*  
 251 *survey in a particular region, with the number of respondents (n) shown in the legend, next to the regional zone in brackets.*

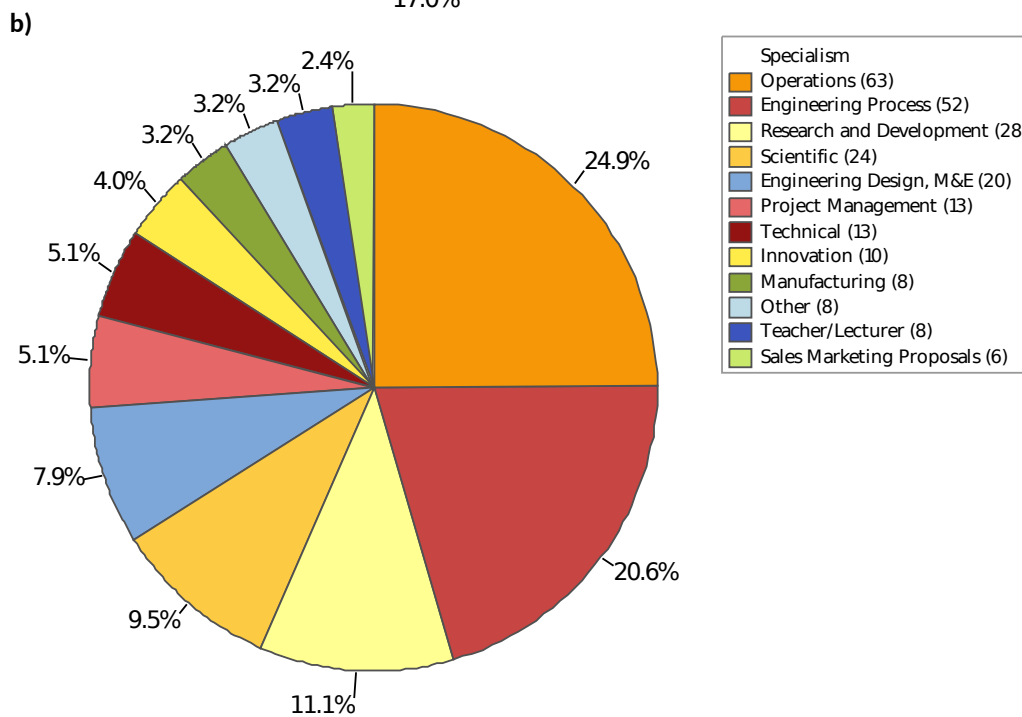
252 The pie charts in Fig. 5a and Fig. 5b show the percentage of respondents by industry  
 253 and specialism. The largest respondent industrial contribution was from Water Utilities, with  
 254 42% (n=108). This, in turn, explains the large contribution of operations in Fig. 5b (24.9%).  
 255 Academia followed Water Utilities with 23% (n=59), which is thought to explain the  
 256 contribution of Research and Development and Scientific shown in Fig. 5b. Consultants were  
 257 the third-largest contributor, with 17% (n=43) of the respondent population, followed by  
 258 manufacturing with 17% (n=27). Therefore, although the results show a bias towards Water  
 259 Utilities, it also captures a wide variety of industries to provide a holistic population. An  
 260 interesting observation, which extends the study beyond existing literature, is that there is a  
 261 good number of respondents from wastewater equipment Manufacturers 10% (n=27). This  
 262 closes the loop, in that it provides a respondent population covering those working from

263 wastewater process conception (research), through design (manufacturing), installation and  
264 on-site operation.

265 As shown in Fig. 5b, the area of specialism shows a range of disciplines, with the largest  
266 respondent population represented by operations with 24% ( $n=63$ ). This was closely followed  
267 by Engineering Process with 20% ( $n=52$ ). The sizeable operational input to the survey is  
268 unique because, operational staff are rarely consulted, but hold much empirical knowledge,  
269 which is not well covered in the literature. This observation is significant because operational  
270 staff and their maintenance routines have a considerable impact on the quality of wastewater  
271 process outputs (Serdarevic & Dzubur, 2019). One example of a method which presently  
272 excludes operational staff costs is the IWA/COST Operational Cost Index (OCI), which focusses  
273 on direct operational costs, such as energy, sludge disposal costs and external chemical  
274 addition (Copp, Jeppsson, & Vanrolleghem, 2008). Therefore, this research includes input  
275 from commonly under-represented operational staff who have a valuable empirical  
276 understanding of wastewater treatment processes. The third-largest respondent population  
277 was Research and Development, with 11% ( $n=28$ ) and Scientific, with 10% ( $n=24$ ).



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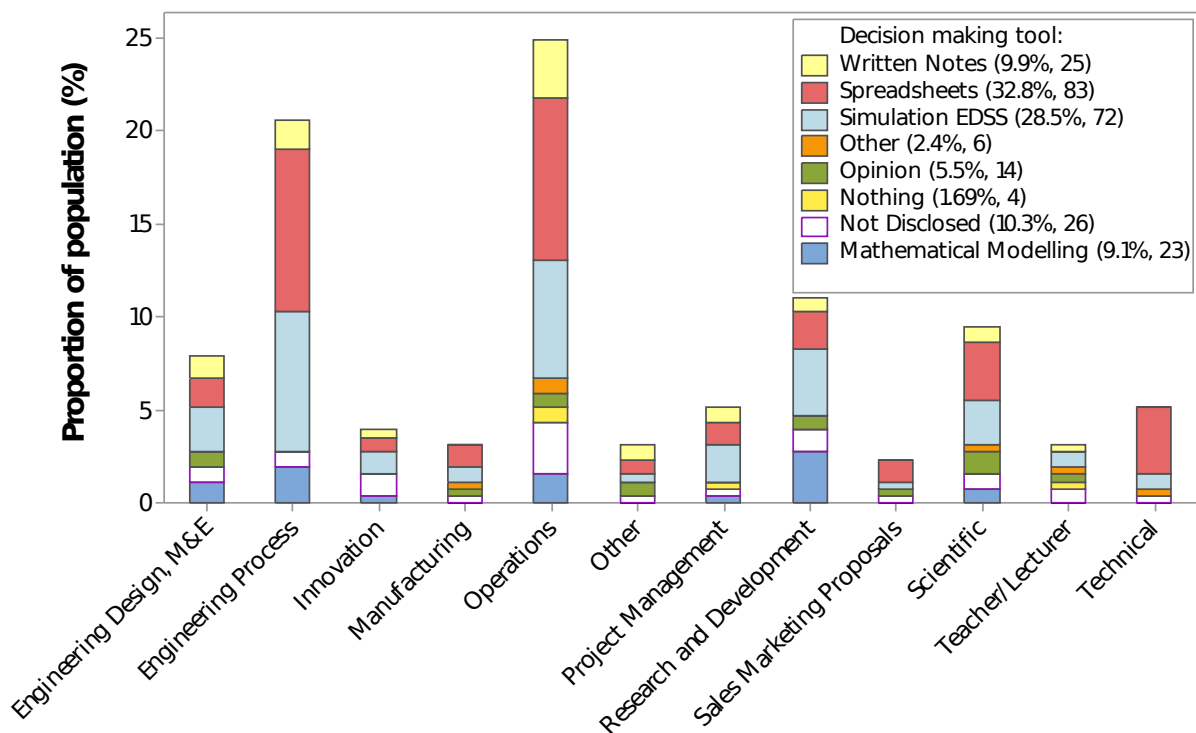
280 **Fig. 5** Pie chart, with a) showing respondents by industry and b) respondents by specialism. n is shown in the legend, to the  
 281 right of the specialism.

282 **3.2. Decision-making tool use and decision importance by specialism**

283 It is important to evaluate the decision-making tools used by industry and academic  
 284 specialists, along with their decision-making strategies. With that in mind, respondents were



285 asked to state the method they most commonly used out of, Written Notes, Spreadsheets,  
 286 Simulation, Environmental Decision Support Systems (EDSS), Opinion, Mathematical  
 287 Modelling or Nothing. The outcomes are shown in Fig. 6, with specialism on the x-axis and  
 288 proportion of the sample population on the y (%). By far, the most commonly used method  
 289 was the use of personal or company-specific Spreadsheets, with 33% (n=83). Spreadsheets  
 290 are extensively used by those working in operations, Engineering Process, Scientific and  
 291 Technical disciplines. All of which use numeracy to perform calculations and demonstrate new  
 292 ideas or concepts. Understandably, teachers/lecturers working in the subject of wastewater  
 293 engineering used spreadsheets the least, as they are less likely to use numerically  
 294 conceptualise new ideas or concepts in a commercial context.



295  
 296 **Fig. 6** Stacked bar chart showing the decision-making tool by specialism. Where the x-axis is showing the area of specialism;  
 297 the y-axis, percentage of the respondents, with stacks representing the proportion of the sample-set used by the particular  
 298 specialism. To the right of the legend entry, shown in brackets is the overall percentage of respondents, followed by the overall  
 299 number of respondents.

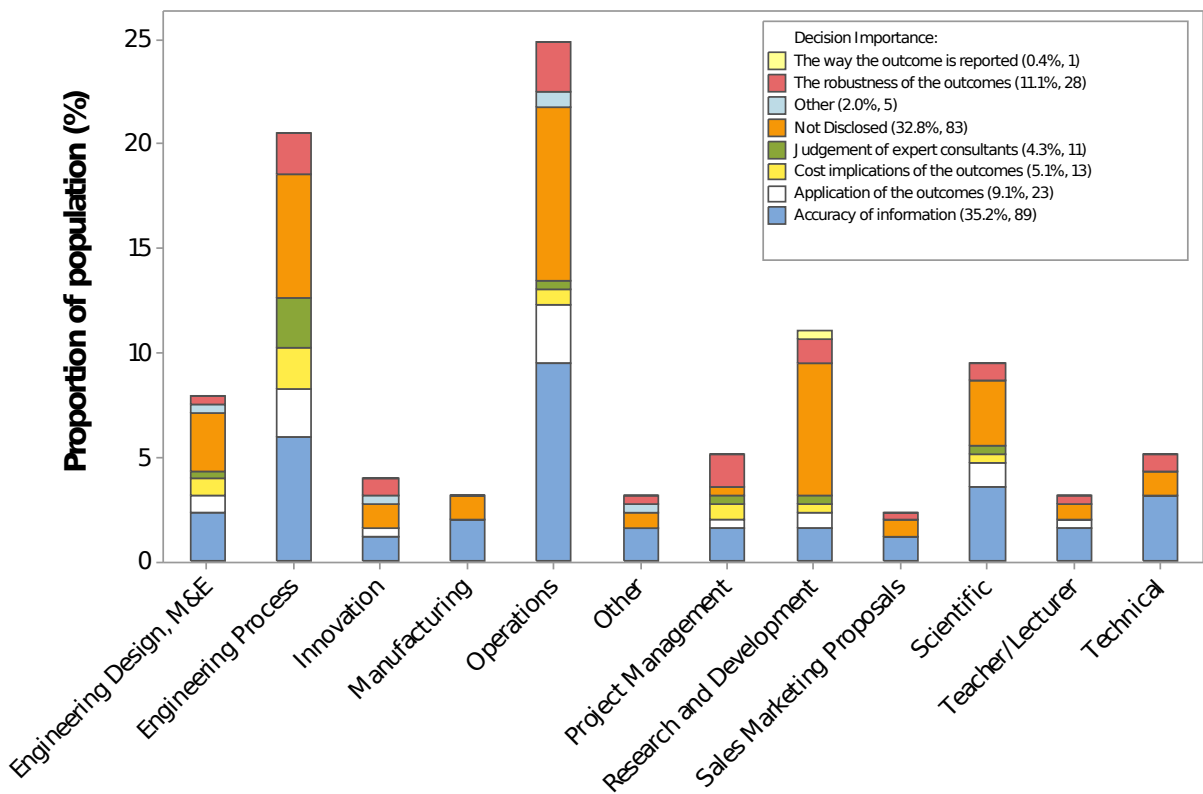
300 The second most popular method shown in Fig. 6 was simulation and EDSS, with 29%  
301 ( $n=72$ ) used by respondents to simulate wastewater treatment processes, while providing  
302 some form of EDSS. The fractionation of packages and respondent use is continued in the  
303 entries to Table 1. Engineering Process was the largest user of simulation and EDSS software  
304 packages, with 26% ( $n=19$ ) of the users which has a direct relationship with their primary job  
305 function of delivering compliant wastewater treatment processes. Fig. 7 shows that those in  
306 Engineering Process who disclosed a reason for using simulation and EDSS used these tools  
307 to provide 'accuracy of information'. Other studies have found that EDSS and simulation have  
308 also been used to reduce the cognitive demand required, using models based on adaptations  
309 of the IWA benchmark simulation models (Copp, 2000; Dalmau et al., 2006; Lorenzo-Toja et  
310 al., 2016). Fig. 6 also demonstrates that EDSS and simulations are presently limited to  
311 numerically qualified engineers and those with the education and training to calibrate the  
312 underlying models, due to the large number of complex parameters (Bachis et al., 2015;  
313 Cosenza, Mannina, Vanrolleghem, & Neumann, 2013; Zeng, Soric, & Roche, 2013).

314 The third-largest method used was Written Notes, with 10% ( $n=25$ ) of respondents  
315 favouring them as a method of decision support (Fig. 4). For an industry where non-  
316 compliance with treatment standards can have severe environmental impacts, this is  
317 somewhat concerning, due to the risk of loss and destruction of important wastewater  
318 process information. Furthermore, information stored in this way prevents data mining and  
319 in-depth statistical analysis (knowledge management). The most significant users of Written  
320 Notes were respondents in Operations with 13% ( $n=8$ ), followed by Engineering Process and  
321 Engineering Design (M&E), with 8% ( $n=4$ ) and 15% ( $n=3$ ) respectively. Operations respondents  
322 were also least likely to disclose information, with 11% ( $n=7$ ) choosing not to disclose the  
323 decision-making tool used (Fig. 6), and 33% ( $n=21$ ) for the decision importance (Fig. 7). In an

324 industrial context, operational staff are likely to value empirical knowledge rather than  
325 statistical numerical information, keeping written notes on observations. The importance of  
326 these observations has been noted by Hernández-Chover, (2019) when performing cost  
327 analysis on age-related, wastewater process deterioration.

328 Mathematical Modelling is used by 9% ( $n=23$ ) of respondents, with Research and  
329 Development (R&D) the most significant users of Mathematical Modelling software tools,  
330 with 25% ( $n=7$ ) of the grouped data (Fig. 6). This observation corresponds with the findings of  
331 Lee (2017), who found mathematically modelling technology opportunities for R&D project  
332 selection allowed exploitation of short lifecycle technologies. Therefore, R&D project  
333 selection favours the use of mathematical modelling packages, such as MATLAB<sup>®</sup>, Octave, and  
334 Python due to the multi-objective digital manipulations that can be achieved from large  
335 datasets. The second most significant users of Mathematical Modelling tools were  
336 Engineering Process, with 9% ( $n=5$ ) of the grouped data and Operations with 6% ( $n=4$ ). Both  
337 disciplines perform numerical manipulations for the justification of process engineering  
338 design concepts and operational changes, so it is common for accurate modelling tools to be  
339 used (Ebrahimi *et al.*, 2017). This corresponds with Fig. 7, where Engineering Process and  
340 Operations value the 'Accuracy of information'. Evidence of this was also found in the overall  
341 number of respondents, where 35% of respondents ( $n=89$ ) considered 'Accuracy of  
342 information' most important when making a decision (Langergraber, Pressl, Kretschmer, &  
343 Weissenbacher, 2018). This is followed by the 'Robustness of outcomes', with 11% ( $n=28$ ) and  
344 'Application of outcomes', with 9% ( $n=23$ ). Cost implications of outcomes and the judgement  
345 of expert consultants were considered least valuable by respondents with 5% ( $n=13$ ) and 4%  
346 ( $n=11$ ) respectively. Out of all the groups Engineering Process had the highest appreciation  
347 for the 'Cost implications', which forms a large part of their role, where process optimisation

348 can substantially reduce operational costs (Serdarevic & Dzibur, 2019). Conversely,  
 349 Manufacturing, Innovation, Sales Marketing proposals and Technical showed no  
 350 consideration for the 'Cost implications of the outcomes'. Furthermore, they are least likely  
 351 to use the judgement of expert consultants to generate decisions.



352  
 353 **Fig. 7** Stacked bar chart showing decision importance by specialism. Where the x-axis is showing the area of specialism; the  
 354 y-axis, percentage of the original sample population, with stacks representing the proportion of the sample-set used by the  
 355 particular specialism. To the right of the legend entry, shown in brackets is the overall percentage of respondents, followed  
 356 by the total number of respondents.

357 **3.3. Summary of software application use**

358 Software applications were used by a minority of respondents (29%, n=72), with only  
 359 9% (n=23) disclosing the type of software they used. Table 1 shows the software applications  
 360 used by respondents, along with their specialism and software application use in h.week<sup>-1</sup>.  
 361 Ten software applications were used by respondents, covering Asset design/management,

362 Simulation EDSS, Mathematical Modelling and Statistics. The most popular software  
363 applications were Spreadsheets, with 33% ( $n=83$ ) of respondents, where Engineering Process  
364 and Operations were the most extensive users (Section 3.2). Hence, Engineering Process, and  
365 in particular Operations are thought to use spreadsheets because they are a convenient tool  
366 for capturing empirical, experience-based process data. Moreover, where operations have a  
367 greater appreciation of overall plant performance; they can effectively intuitively screen  
368 uncertainty in datasets using expert judgement. The second most popular software  
369 application, used by a wide range of technical specialisms, was BioWin, by EnviroSIM  
370 (EnviroSIM, 2018). The most significant users of BioWin were Engineering Process ( $n=4$ ), using  
371 the application for a mean of 11.8 h.week<sup>-1</sup>. From the qualitative data, the users of BioWin  
372 favoured time savings ( $n=2$ ) and the reduction in the potential for errors ( $n=2$ ). Users also  
373 stated they used the dynamic analysis and valued the wastewater process plant insights it  
374 gave. Moreover, they used BioWin to extend internal knowledge, such that process models  
375 can be applied widely within their organisation. This indicates that users of BioWin,  
376 particularly in the Engineering Process specialism use it to generate dynamic plant-wide  
377 simulations of existing wastewater treatment processes (Li, Nan, & Gao, 2016; Liwarska-  
378 Bizukojc & Biernacki, 2010; Nghiem et al., 2017).

379 Matlab/R was the third most used software application (35% ( $n=8$ )), with an even  
380 utilisation in Engineering Design M&E, Engineering Process, R&D and Operations ( $n=2$ ).  
381 Therefore, as described in Section 3.2, Mathematical Modelling packages are being used by  
382 those performing conceptual modelling of wastewater treatment processes. Users spent a  
383 mean of 13.1 h.week<sup>-1</sup>, which was the highest software application use; however, there was  
384 considerable variation in results, which is evident in the median value of 8.8 h.week<sup>-1</sup>. When  
385 considering the qualitative data, the essential themes were that the majority ( $n=3$ ) of

386 Mathematical Modelling software users preferred to use the software for the fair comparison  
 387 of options and to reduce the time taken for mathematical simulations. This is also well  
 388 documented in the literature with mathematical models in most following the IWA  
 389 Benchmark simulation modelling methodology (IWA, 2018; Jeppsson et al., 2007; Vrecko,  
 390 Gernaey, Rosen, & Jeppsson, 2006). Matlab/R are also well documented in the literature,  
 391 particularly when optimising wastewater treatment processes using machine learning  
 392 techniques and simulations (Bagheri *et al.*, 2015; Moon, Kim, & Linninger, 2011). Therefore,  
 393 it is anticipated that the number of wastewater professionals and academics using  
 394 mathematical modelling will increase over time to test and validate methodologies for the  
 395 predictive optimisation of wastewater treatment processes. However, before that can  
 396 happen a better understanding of resilience and separation of the stressor from process  
 397 stress as shown in Fig. 2.

398 *Table 1. Respondent use of software applications, as primary and secondary applications. With n shown in round brackets to*  
 399 *the right of the tabulated values. Median usage values are shown in square brackets beneath the mean.*

| Software application | Application             | Specialism (n)                         | Primary utilisation (%) (n) | Secondary utilisation (%) (n) | Usage (h.week <sup>-1</sup> )    |
|----------------------|-------------------------|--|-----------------------------|-------------------------------|----------------------------------|
| <b>Aspentech</b>     | Asset design/management | Manufacturing (1.0)                    | 4.34 (1.0)                  | 0.00 (0.0)                    | <sup>15.00 (1.0)</sup><br>[5.00] |
| <b>BioWin</b>        | Simulation EDSS         | Innovation (1.0)                       | 21.73 (5.0)                 | 13.04 (3.0)                   | 11.78 (8.0)                      |
| <b>(EnviroSim)</b>   |                         | Research and Development (1.0)         |                             |                               | [11.25]                          |
|                      |                         | <sup>4</sup> Engineering Process (4.0) |                             |                               |                                  |
|                      |                         | Scientific (1.0)                       |                             |                               |                                  |
|                      |                         | Engineering Capacity (1.0)             |                             |                               |                                  |
| <b>Excel</b>         | All applications        | Engineering Design M&E (7.0)           | 8.69 (2.0)                  | 4.34 (1.0)                    | 7.70 (5.0)                       |
|                      |                         | Engineering Process (23.0)             |                             |                               | [10.00]                          |

|                      |                  |                                  |             |             |             |
|----------------------|------------------|----------------------------------|-------------|-------------|-------------|
|                      |                  | Innovation (1.0)                 |             |             |             |
|                      |                  | Operations (22.0)                |             |             |             |
|                      |                  | Project Management (5.0)         |             |             |             |
|                      |                  | Research and Development (8.0)   |             |             |             |
|                      |                  | Sales Marketing Proposals (3.0)  |             |             |             |
|                      |                  | Scientific (6.0)                 |             |             |             |
|                      |                  | Technical (7.0)                  |             |             |             |
| <b>GPS-X</b>         | Simulation EDSS  | <sup>1</sup> Innovation (1.0)    | 17.43 (4.0) | 4.34 (1.0)  | 6.13 (2.0)  |
| <b>(Hydromantis)</b> |                  | Research and Development (1.0)   |             |             | [6.13]      |
|                      |                  | Scientific (1.0)                 |             |             |             |
| <b>Hach</b>          | Asset            | Engineering Process (1.0)        | 8.69 (2)    | 0.00 (0.0)  | -           |
| <b>(WIMS™)</b>       | management       |                                  |             |             |             |
| <b>MatLab/R</b>      | Mathematical     | Engineering Design M&E (2.0)     | 8.69 (2)    | 26.08 (6.0) | 13.07 (8.0) |
|                      | modelling        | Engineering Process (2.0)        |             |             | [8.75]      |
|                      |                  | Operations (2.0)                 |             |             |             |
|                      |                  | Research and Development (2.0)   |             |             |             |
| <b>Minitab</b>       | Statistics       | Operations (1.0)                 | 8.69 (2)    | 0.00 (0.0)  | 3.50 (2.0)  |
|                      |                  | Teacher/Lecturer (1.0)           |             |             | [3.50]      |
| <b>Maximo</b>        | Asset management | Asset Maintenance (1.0)          | 4.34 (1)    | 0.00 (0.0)  | 2.00 (2.0)  |
|                      |                  |                                  |             |             | [2.00]      |
| <b>Simba</b>         | Simulation EDSS  | <sup>1</sup> Engineering Process | 4.34 (1)    | 0.00 (0)    | 8.00 (1.0)  |
|                      |                  |                                  |             |             | [8.00]      |
| <b>West (MIKE)</b>   | Simulation EDSS  | <sup>1</sup> Teacher/Lecturer    | 8.69 (2)    | 0.00 (0)    | 4.25 (2.0)  |
|                      |                  |                                  |             |             | [4.25]      |

400 GPS-X by Hydromantis followed Matlab/R in the rankings (Hydromantis  
401 Environmental, 2018). Although fewer respondents used GPS-X, it was still used equally by  
402 Innovation, R&D and Scientific disciplines for a mean of 6.1 h.week<sup>-1</sup>. This corresponds with  
403 the outcomes of BioWin in Table 1, which showed the same user groups. Minitab statistical  
404 analysis software was used for a mean of 3.5 h.week<sup>-1</sup> to provide a “comparison of options”  
405 by respondents in both operations and academia (Minitab LLC, 2019). Although other

406 software applications were used, the small number of respondents for each means they are  
407 not considered in the discussion.

408 As shown in Table 1, software applications are used to support the decision-making  
409 process for wastewater treatment process plants. However, only 42% ( $n=30$ ) of the overall  
410 respondents used the outputs from analytical software applications to make decisions at an  
411 organisational level. The majority of respondents considered their method of decision making  
412 as accurate (89%,  $n=152$ ). Of the remaining, 11% ( $n=18$ ) that were not confident in their  
413 decision making strategy, the largest population were students (22%,  $n=4$ ), followed by junior  
414 level employees (17%,  $n=3$ ). The specialisms with least confidence in decisions were  
415 Engineering Process (22%,  $n=4$ ), followed by Scientific and R&D, with 17% ( $n=3$ ). Possibly  
416 showing those with higher technical expertise had a greater appreciation for wastewater  
417 processes and perhaps recognised the complexity of decision making.

418 In this study, 29% ( $n=72$ ) of respondents used software applications to support  
419 decisions with only 9% ( $n=23$ ) stating the application they used. The limited use of EDSS  
420 ( $n=14$ ) is a worrying prospect and means that numerous methods are being used, but with  
421 33% of information stored in Spreadsheets; knowledge is held discretely and is not available  
422 for future reference (Abubakar, Elrehail, Alatailat, & Elçi, 2019). There has been much  
423 research undertaken in Simulation and EDSS, but full-scale testing has been rare (9% of  
424 publications) and relatively few commercial software tools have been developed (Corominas  
425 *et al.*, 2018). However, 35% of those using EDSS software applications also perform  
426 mathematical modelling. Therefore, industry and academia are producing mathematical  
427 models to fit specific applications and achieve the required level of accuracy. Therefore, to



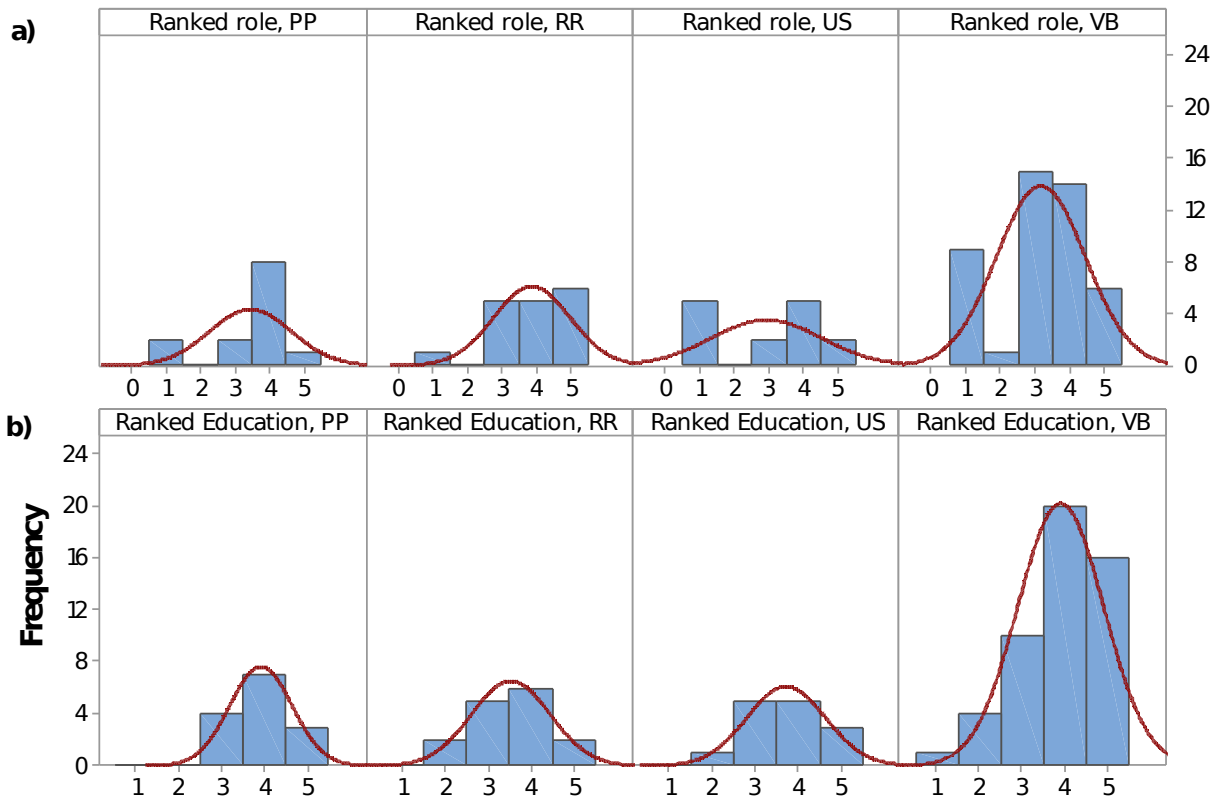
428 increase the transfer of research methods into software applications, it is first critical to gain  
429 an appreciation for user requirements, to ensure take-up.

### 430 **3.4 Process stress and benchmarking**

431 In order to understand the concept of stress in wastewater treatment processes, it is  
432 first essential to gain an industrial and academic perspective of the term 'stress'. So  
433 respondents were asked to state their understanding of process stress in wastewater  
434 treatment processes. The results showed commonalities in respondent answers, so responses  
435 were coded and grouped, as shown in Fig. 8, from PP to VB. Each code relates to a particular  
436 interpretation of process stress in wastewater treatment processes, which was provided by  
437 qualitative answers from the respondent population. Furthermore, to understand the  
438 influence of education level and work seniority, a ranking was applied between one and five.  
439 Each level of rank relates to seniority, from one the lowest to five the highest: 1) represents  
440 secondary school education; 2) A-Level, HND/C or associate degree; 3) BSc, BA or BEng; 4)  
441 MSc and 5) EngD or PhD. When considering role the rankings are; 1) represents student,  
442 trainee, junior level or employee general; 2) supervisory level; 3) manager, practitioner or  
443 section lead; 4) senior practitioner or senior manager and 5) head of department or director.

444 The results in Fig. 8 show the largest group in the respondent population, for both,  
445 ranked role and education, considered process stress a Variance from a Benchmarked  
446 condition (VB), with 51% ( $n=45$ ) and 57% ( $n=51$ ) respectively. The largest demographic within  
447 VB in Fig. 8, were those educated at BSc, BA, BEng or Masters level (3-4) in a senior  
448 practitioner or senior manager role (4). Overall, the largest specialism in VB group was from  
449 Engineering Process with 32% ( $n=45$ ) who are likely to work to mitigate the negative impact  
450 of variations from a benchmarked condition. From the qualitative data, respondents

451 interpreted VB as a negative variation from the standard operating performance of a  
452 wastewater process or plant (benchmark). The second-largest group was Risk Reduction (RR),  
453 which relates to the reduction of effluent compliance failures by using an empirical or  
454 experience-based judgement on the level of process stress. The largest demographic in this  
455 group were those educated to Masters or EngD/PhD level in Head of Department/Director  
456 roles. Therefore, those that consider process stress as RR show a slight bias towards the more  
457 highly qualified in the most senior roles. Those with the least education (1-2) were also highly  
458 likely to consider process stress as a VB or were Un-Sure (US) of what the term meant.  
459 However, although the least educated have an appreciation of process stress as a VB; the  
460 qualitative data tells a slightly different story. It indicates that the least educated (1-2) are  
461 heavily reliant on a visual means of interpreting process stress and how it relates to adverse  
462 process conditions, such as process overloading or mechanical failures (Langergraber *et al.*,  
463 2018). This observation corresponds with the response from Operations who are less sure of  
464 the term process stress, with 39% ( $n=16$ ) Un-Sure (US) of the term.



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**Fig. 8.** Multiple coded frequency counts of variables histogram showing respondent understanding of process stress in wastewater treatment processes. Respondents are grouped by ranked role (a) and education (b), showing respondent understanding of process stress. With, ranked education and ranked role (1-5) on the x-axis and number of respondents (n) on the y-axis. Each pane groups the coded process stress (understanding) variables and the frequency distribution. Where process stress (understanding) codings are defined as; Process Performance (PP), Risk Reduction (RR), Un-Sure (US) and Variance from a Benchmark (VB).

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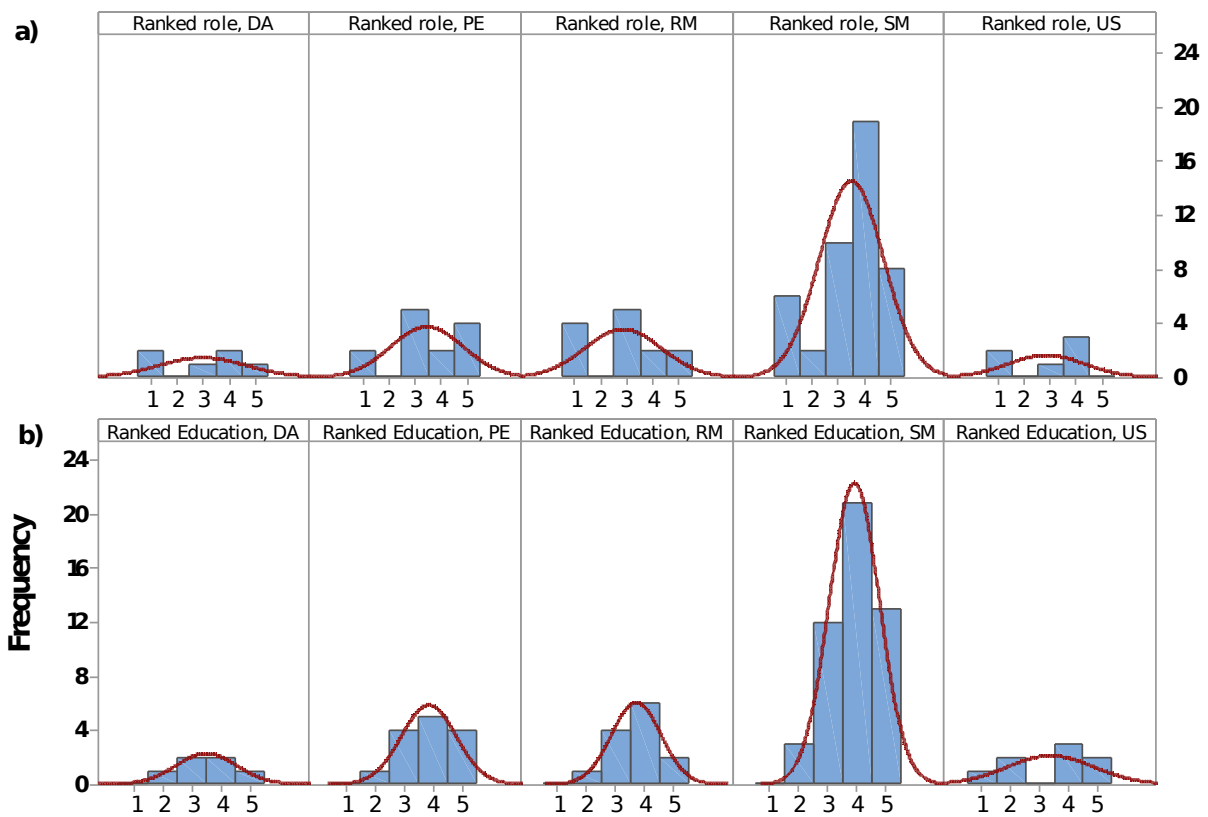
479

Respondents were also asked to state what they considered most important about process stress in wastewater treatment processes. Again, respondent answers showed similarities in opinion, so responses were coded, as shown in Fig. 9, from DA to US. The rankings for the level of education and role (1-5) in Fig. 9 are the same as Fig. 8. The largest grouped respondent population in Fig. 9a and Fig. 9b were those that considered Stress Measurement (SM) most important in wastewater treatment processes, with 54% (n=51). The highest contribution of respondents that viewed SM as most important was those educated to Masters level (4) (n=21) in a Senior Practitioner or Senior Manager role (4) (n=19). This

480 observation also correlates with VB in Fig. 8; however, it should be noted there is an overall  
481 bias in the respondent population toward those educated at Masters degree level, with 32%  
482 ( $n=78$ ), acting as both, Head of Department/Director (5) and Senior Practitioner/Manager (4),  
483 with 26% ( $n=61$ ). Therefore, those with a Masters degree and in a senior role have identified  
484 a definite requirement to measure process stress. When respondents were asked if an  
485 analytical tool for the measurement of process stress would be useful to them 82% ( $n=96$ )  
486 answered 'yes'. Qualitative responses also correlated, with respondents identifying a  
487 requirement for a tool that considers and analyses process stress. However, there is a  
488 significant difference in opinion on how it should be applied to wastewater treatment  
489 processes. This observed difference in opinion is thought to relate to the broad range of  
490 specialisms, role and education level of respondents in this study and, range of departmental  
491 and specialist decision bias.

492         The second-largest respondent population in Fig. 9 was Process Efficiency (PE) and  
493 Resource Measurement (RM), with 16% ( $n=15$ ) and 17% ( $n=13$ ) respectively. From the  
494 qualitative data, respondents that valued PE found the direct measurement and analysis of  
495 process stress in wastewater treatment processes as important. Whereas, respondents that  
496 valued RM were interested in the quantification of resources associated with the operation  
497 and maintenance wastewater treatment processes. These resources include operational  
498 resource (labour), operational maintenance (O&M), safety protection equipment and less  
499 tangible resources such as knowledge and experience. This human resource (operational  
500 labour) observation is not well covered in the literature, with the IWA, (2018) operational cost  
501 Index (OCI) only accounting for the direct costs associated with the wastewater treatment  
502 process operation. Although accounting for power, chemicals and returns from  $\text{CH}_4$  generated  
503 in anaerobic digestion it excludes operational resource which can be a significant contributor

504 to operational costs. To summarise the similar numbers of respondents for RM and PP  
 505 correlate with VB shown in Fig. 8, where physical resources can have a direct impact on  
 506 process efficiency and in-turn increase the negative variation from a benchmarked operating  
 507 condition. Moreover, the consensus of those in industry and academia is that process stress  
 508 is the negative magnitude of stressor influence on a wastewater process from a benchmarked  
 509 condition.



510

511 **Fig. 9** Multiple coded frequency counts of variables histogram showing respondent understanding of the importance of  
 512 process stress in wastewater treatment processes. Respondents are grouped by ranked role (a) and education (b), showing  
 513 respondent understanding of process stress importance. With ranked education and ranked role (1-5) on the x-axis and  
 514 number of respondents on the y-axis. Each pane groups coded process stress (importance) variables and the frequency  
 515 distribution. Where process stress (importance) codings are defined as; Data Accuracy (DA), Process Efficiency (PE), Resource  
 516 Measurement (RM), Stress Measurement (SM) and Un-Sure (US).

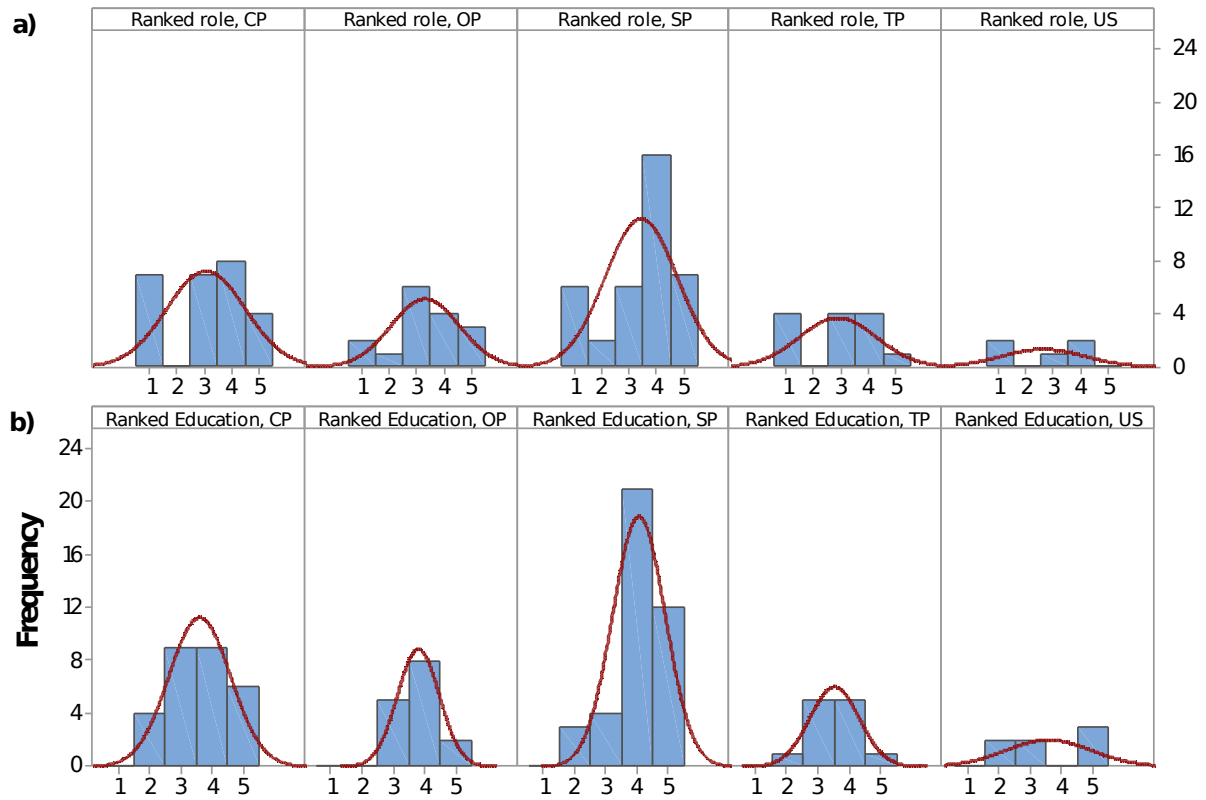
517 As a fundamental part of resilience theory, benchmarking is used to measure changes  
 518 in operating conditions from a standard base measurement (Sweetapple et al., 2019). To

519 evaluate the academic and industrial understanding of the term benchmark, respondents  
520 were asked how benchmarking relates to their present role. Again, commonalities were found  
521 in respondent descriptions, so they were coded from CP to TP, as shown in Fig. 10. The same  
522 rankings, used in Fig. 8, were used for education and role level (1-5), with one the lowest and  
523 five the highest. This again, allowed segregation of opinion based on education level and role  
524 to and the grouped understanding of the term benchmark.

525         The largest grouping in Fig. 10 was Starting Point (SP), with 39% ( $n=42$ ). Therefore, the  
526 majority of respondents understood the term 'benchmark' as a SP, from which changes can  
527 be made and scenarios simulated. This observation was also confirmed by the largest  
528 respondent specialism within the group, which was Engineering Process ( $n=15$ ) who are  
529 directly responsible for engineering and making informed process changes. The education  
530 ranking remained the same as Fig. 9, where those educated to Masters level (4) in a Senior  
531 Practitioner/Senior Manager role were most likely to understand the concept of a benchmark  
532 as a SP. Thus, variations from a SP are recognised as a variance from standard operation  
533 conditions, which Juan-García *et al.*, (2017) defined as the influence of a stressor. Therefore,  
534 when the stressor (cause) is separated from process stress (effect) in wastewater treatment  
535 processes, the magnitude of the reaction produced by a stressor gives insight into the  
536 instantaneous measure of process stress (Butler *et al.*, 2016).

537         The second-largest respondent population was Comparison Point (CP), where  
538 respondents understood 'benchmark' as a point from which comparisons can be made, with  
539 27% ( $n=29$ ). Roles were more evenly distributed for CP as shown in Fig. 10a, but the overall  
540 bias is toward those on a Senior Practitioner/Manager role, whereas ranked education level  
541 shows a more gaussian trend with both those with BSc, BA or BEng and Masters degrees

542 showing the highest proportions. Those respondents understanding benchmark as an OP  
 543 were most likely to have a Masters degree (4) and work in a supervisory capacity.

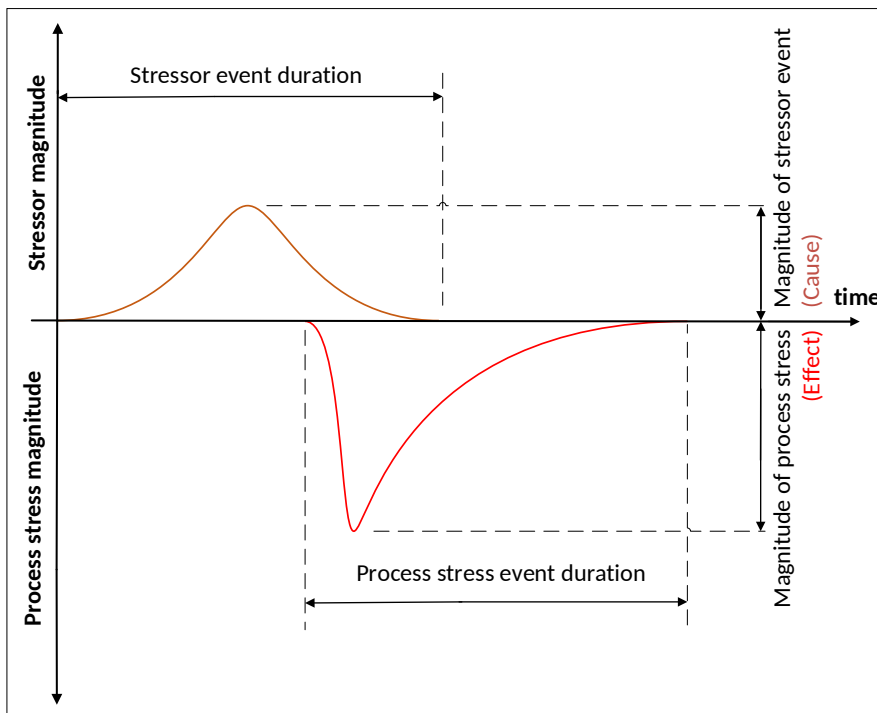


544

545 **Fig. 10** Multiple coded frequency counts of variables histogram, grouped by ranked role (a) and education (b), showing  
 546 respondent understanding of the term 'benchmark'. With ranked education and ranked role (1-5) on the x-axis and number  
 547 of respondents on the y-axis. Each pane groups coded 'benchmark' variables and the frequency distribution. Where  
 548 benchmark codings are defined as; Comparison Point (CP), Optimal Point (OP), Starting Point (SP) and Target Point (TP) and  
 549 Un-Sure (US).

550 To summarise, the concept of process stress was well understood as the negative  
 551 variance from a benchmarked condition. Overall, the consensus from the respondents was  
 552 that process stress in wastewater treatment is a potentially useful performance measure.  
 553 Those with Masters Degrees/PhDs (4-5), with senior and directorial roles (4-5) having the best  
 554 appreciation of process stress in wastewater treatment processes. This bias is thought to be  
 555 related to the high level of education, which gives them a better theoretical basis for  
 556 understanding process stress in wastewater treatment processes. An extremely significant

557 observation was that 82% (n=96) of respondents considered an analytical tool for the  
558 measurement of stresses in wastewater treatment as important.



559

560 Fig. 11 Decoupling the stressor from process stress.

561 The results show that the understanding of benchmark varies dependent on how it is  
562 used, but in this study, with the majority considering it a starting point. Therefore,  
563 benchmarking sets a point, from which, adjustments are made to simulate process and  
564 operational changes. This analogy fits the description provided by Jeppsson *et al.*, (2007) of  
565 'objectively evaluating the performance of control strategies by simulating them using a  
566 standard model implementation'. Combining the understanding of benchmarking stated here  
567 and the concept of process stress isolates the requirement to analyse stresses in wastewater  
568 treatment processes. Hence, analysing the stressor independent of the process stress as  
569 shown in Fig. 11 will improve the understanding of resilience while allowing the exploitation  
570 of more sophisticated analytical methods such as machine learning.

#### 571 4. Conclusions



572 This research article confirms the requirement to measure and analyse process stress  
573 in wastewater treatment processes, with 82% of respondents stating that an analytical tool  
574 would be useful to them. Respondents were able to conceptualise process stress in  
575 wastewater treatment processes, viewing it as the negative variance from a benchmarked  
576 condition. Furthermore, participants also had a good appreciation of benchmarking and their  
577 responses correlated well with IWA benchmark simulation modelling.

578 This research has identified that resilience and term 'stressor' encompasses two parts;  
579 first the stressor (cause) second the process stress (effect), both acting dynamically.  
580 Therefore, when isolating process stress, a positive and negative variation from a  
581 benchmarked condition demonstrates the magnitude of a stressor and, in-turn process stress  
582 in an existing wastewater process. However, respondent understanding of process stress was  
583 limited to under capacity (negative variance), whereas overcapacity was not covered but  
584 presents unique challenges. A worrying observation in this was that 33% of respondents still  
585 used personal or company-specific Spreadsheets and 10% used Written Notes. Therefore,  
586 there is a significant variation in how information (Knowledge) is stored and managed, where  
587 information in spreadsheets and written notes has the potential for data loss or manipulation.

588 This research has highlighted the need for further research in the development of a  
589 robust method for the measurement and evaluation of stresses in wastewater treatment  
590 processes. Process stress measurement is likely to have far-reaching benefits with  
591 applications to, physical, biological and chemical processes, both inside and outside the  
592 wastewater industry. More importantly, it will play a crucial role in the management of  
593 environmentally generated stresses in existing wastewater treatment processes due to  
594 climate change. In addition, industrial and academic consultation is required support

595 observations noted by other researchers, in particular the uptake of analytical software tools,  
596 where only 29% of respondents in this survey used them.

597 Overall, both industry and academia require analytical methods, which measure  
598 stresses in existing wastewater treatment processes. Moreover, future methods should be  
599 used to supplement resilience to allow researchers to exploit machine learning and  
600 knowledge generation for the optimisation of wastewater treatment processes.

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