

Improving health literacy, self efficacy and personal skills: towards culturally tailored behavioural interventions for African women

Citation for published version (APA):

Onoya-Saleh, D. (2010). Improving health literacy, self efficacy and personal skills: towards culturally tailored behavioural interventions for African women. Maastricht: Maastricht University.

Document status and date:

Published: 01/01/2010

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Improving health, literacy, self-efficacy and personal skills

Propositions

1. Women's motivation for negotiating condom use in their relationships is primarily influenced by their desire to please their partners.
2. Young South African women need more training in how to appropriately communicate their desire to use condoms (this thesis).
3. For South African HIV-positive and HIV-negative black women the fear of stigma because of HIV/AIDS is the biggest barrier to participate in HIV/AIDS efficacy trials (this thesis).
4. Dry sex among HIV-negative women is primarily determined by the preference for dry sex of a dominant male partner (this thesis).
5. Interventions to enhance condom use by HIV-positive black South African women need to focus on the reinforcement of self-confidence (this thesis).
6. A lot of time and money is wasted because too many HIV health promotion programmes are not adequately based on a systematic planning and development process for such interventions.
7. HIV behavioural interventions for South African women have to be associated with poverty alleviation initiatives.
8. Behavioural interventions that promote condom use among women need to be accompanied by behavioural interventions specific to men.