



## Optimization of Alginate-Based Encapsulation Utilization For Viability and Stability of The Mesenchymal Stem Cell

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### Abstract

In the past few decades, attention and research in the field of stem cell are progressing very rapidly. Hospitals in Indonesia have been using stem cells as an alternative to cure some illnesses like diabetes, heart disease, fractures and joints, dental implants, etc. Currently, adult stem cells can be obtained not only from the spinal cord and peripheral vessels, but also from fat tissues of the human body, where it can be isolated as adherent stem cells (mesenchymal stem cells). Consideration of fat tissue as the source of mesenchymal stem cells (MSCs) for autologous tissue engineering is because they are readily available in abundant quantities through minimal invasive procedures, as well as easily cultured and propagated. It is possible to proliferate and differentiate into the desired direction of the network. Stem cell growth requires conditions to grow such as requiring optimum growing conditions such as an environmental temperature of 37°C and a concentration of 5% CO<sub>2</sub>. Maintenance of MSCs also requires a subculture process, i.e. the process of moving MSCs from a full culture medium to new media; continuous subculture process can cause changes in MSCs. The viability of stem cells may be disrupted by micro-conditions in wounds such as hypoxia, oxidative stress, and inflammation. Therefore, the purpose of this research was to investigate whether alginate-based encapsulation can increase and maintenance stem cell growth at different temperature by using some concentration of alginate and CaCl<sub>2</sub> as the formula. Results shown that alginat with low concentration and CaCl<sub>2</sub> 100mM is suitable for MSCs growth (as in MTT result shown) at 25°C temperature. This can be due to the MSCs encapsulated can adapt and grow within the alginate microcapsule with low concentration. In addition, the media may also easier to get into the microcapsule alginate.

**Keywords:** Mesenchymal stem cells; Fat tissue; Adherent stem cells; Alginate

### Introduction

Mesenchymal stem cells (MSCs) are a prospective object for the use in cell therapy and intensely studied by many research groups. MSCs are characterized primarily by expression of surface markers and differentiation potential. MSCs express a series of specific markers (CD44, CD90, CD105, CD13, etc.) and should differentiate into cells of mesodermal origin such as adipocytes, osteoblasts and chondrocytes. Due to the easy accessible anatomical location and the abundant existence of subcutaneous adipose tissue, ADSC hold the advantage of a simple and above all less invasive harvesting technique. Consideration of fat tissue as the source of mesenchymal stem cells (MSCs) for autologous tissue engineering is because they are readily available in abundant quantities through minimal invasive procedures, as well as easily cultured and propagated. It is possible to proliferate and differentiate into the desired direction of the network. Stem cell growth requires conditions to grow such as requiring optimum growing conditions such as an environmental temperature of 37°C and a concentration of 5% CO<sub>2</sub>. Maintenance of MSCs also requires a subculture process, i.e. the process of moving MSCs from a full culture medium to new media; continuous subculture process can cause changes in MSCs. The viability of stem cells may be disrupted by micro-conditions in wounds such as hypoxia, oxidative stress, and inflammation.

Alginate is an anionic polymer compound which can be obtained from brown algae and *Pseudomonas* and *Azotobacter* microbes. Alginate includes a group of non-branched and non-recurrent exopolisakarida composed of two monomers namely β-D-mannuronic acid and α-L-guluronic acid. Alginate will interact with divalent cations, such as Ca<sup>2+</sup>, and form a 3D structure. The ability of alginate to form 3D structure and its low toxicity characteristics and high biocompatibility make alginate widely used for encapsulation process.

Cell encapsulation is a method of cell capture in a polymeric semipermeable membrane, generally biocompatible encapsulation materials such as chitosan, hyaluronic acid, and alginate. Encapsulation is generally done to protect the cell. Encryption of embryonic stem cells with alginate is reported to maintain viability of stem cells for 110 days without undergoing differentiation and without requiring subculture maintenance [1]. Encapsulation of MSCs with alginate-CaCl<sub>2</sub> is known to maintain viability in hypothermic conditions (<37°C) and without specific gas concentrations [2]. Encapsulation can also protect stem cells from frictional forces, microenvironment, and immune responses [3]. The method of cell encapsulation involves 2 main stages: dispersion of the solution containing the cell to be small and followed by gelation or membrane formation on the surface of the dispersed solution, for example extrusion method of droplets. Alginate solution will be extruded through nozzle or needle so as to produce droplets of a certain size. The droplet size setting can be done by adjusting the extrusion speed and the size of the nozzle [4-9]. Therefore, the purpose of this research was to investigate whether alginate-based encapsulation can

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increase and maintenance stem cell viability at different temperature by using some concentration of alginate and  $\text{CaCl}_2$  as formula.

## Material and Methods

### Mesenchymal Stem Cell Culture (MSCs)

MSCs were cultured on  $\alpha$ -MEM media given the addition of Platelet Rich Plasma (PRP), Penicillin / Streptomycin, and Heparin. Media replacement grows every 3 days. MSCs subculture is growth well when the MSCs are confluent  $\pm 80\%$ .

### MSCs encapsulation optimization

**Optimization of  $\text{CaCl}_2$  concentrations:** Alginate solution (Sigma Aldrich, medium viscosity) was prepared at concentrations of 1.25% (w / v). The  $1 \times 10^6$  mesenchymal stem cells are mixed in 1 ml of alginate solution. The solution was then dropped in the form of droplets by extrusion method using a 31 G syringe at 200 mM  $\text{CaCl}_2$  solution with contact time of  $\pm 30$  min. The formed microcapsules were then washed using 0.9% NaCl 3 times and stored in culture medium. The concentration of  $\text{CaCl}_2$  to be used in the next step was selected based on the results of the MSCs encapsulated viability test on days 0, 1, 7, 14, 21, 28.

**Alginate encapsulation optimization:** Alginate solution was prepared at concentrations of 1% in Aqua Sterile. The  $1 \times 10^6$  mesenchyme stem cells are mixed in 1 ml of alginate solution. Alginate solution at various concentrations was then dropped in the form of droplets by extrusion method using 31 G syringe at  $\text{CaCl}_2$  solution with concentration based on  $\text{CaCl}_2$  concentration optimization result with contact time  $\pm 30$  min. The formed microcapsules were then washed using 0.9% NaCl and stored in culture medium. These microcapsules are incubated at different temperatures at  $4^\circ\text{C}$  (refrigeratore) and  $37^\circ\text{C}$  (incubator) for 0-28 days. The optimum concentration of alginate is selected by testing the viability and stability of MSCs encapsulated.

### Analysis of stem cell encapsulation

**De-capsulation of alginate-based microcapsules:** Microcapsules were observed morphologically through a microscope every day until day 28. On the 1<sup>st</sup>, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> days, a viability test and stability of mesenchymal stem cells in microcapsules were performed. The microcapsules were decapsulated using 500 mM EDTA solution/10 mM HEPES in 500 mL PBS. Decapsulation incubate in 15 minutes in a waterbath shaker with a temperature of  $37^\circ\text{C}$ . The solution mixture was then centrifuged for 5 minutes at a rate of 1200 rpm and obtained a cell pellet which was then diluted with 2 ml growing medium.

**MTT (3-(4,5-Dimethylthiazol-2-yl) -2,5-Diphenyltetrazolium Bromide) assay:** The viability of mesenchymal stem cells during the process of encapsulation and incubation of cells can remain proliferate using MTT assay. Transfer of decapsulated cells into the wells is 100  $\mu\text{L}$ . Added reagent of MTT (0.5 mg / mL) as much as 100  $\mu\text{L}$  then incubation in incubator  $37^\circ\text{C}$ , 5%  $\text{CO}_2$  for 4 hours. After that add 10% SDS into the well and incubated for 24 hours at room temperature. Absorbance was measured using an ELISA reader at a wavelength of 595 nm.

**Live dead assay (LDA):** Live Dead Assay were analyze using Propidium Iodine (PI) as a marker of dead cells and Calcein Am as a living cell marker, with concentrations of PI = 10  $\mu\text{M}$  and Calcein 2  $\mu\text{M}$ .

**Stability analysis:** The cell stability assay was used to see whether differentiation of mesenchymal stem cells during encapsulation was performed. Differentiation into adipocyte cells was tested using Oil red-O staining, whereas differentiation testing became chondrocytes and osteoblasts were each tested using alcian blue and alizarin red staining.

## Result and Discussion

### Alginate 2% with $\text{CaCl}_2$ 100mM (Figure 1 and 1a)

**MTT (3-(4,5-Dimethylthiazol-2-yl) -2,5-Diphenyltetrazolium Bromide) Assay:** At  $37^\circ\text{C}$  temperature indicates that the growth of

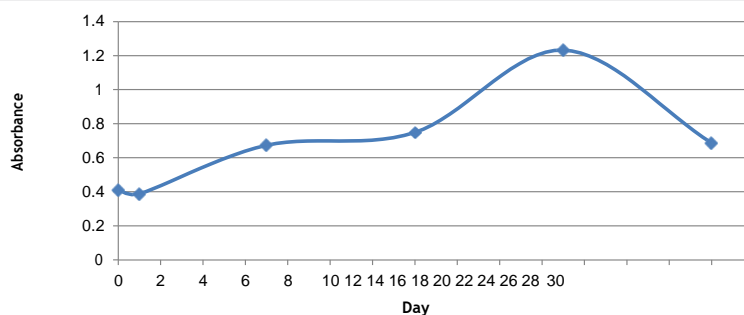


Figure 1: Absorbance value based on MTT assay of Alginate 2% with  $\text{CaCl}_2$  100 mM at  $37^\circ\text{C}$ .

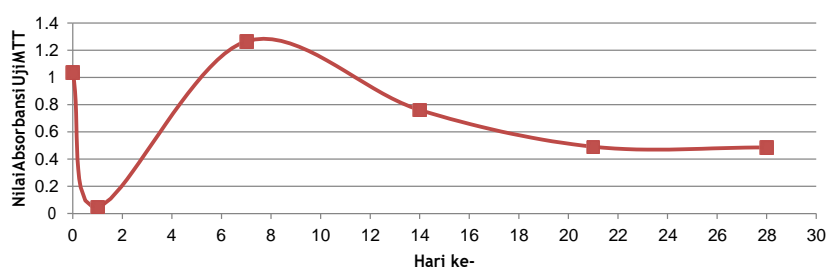
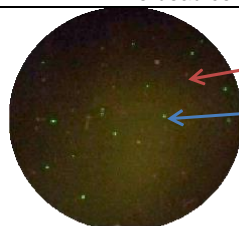
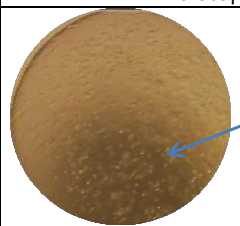
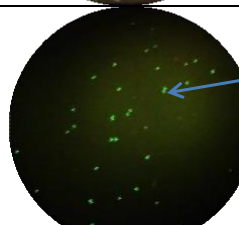
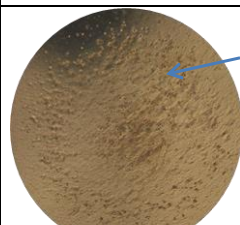
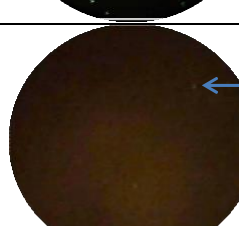
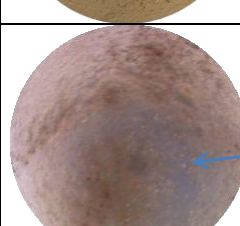
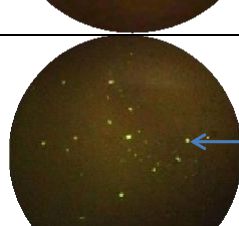
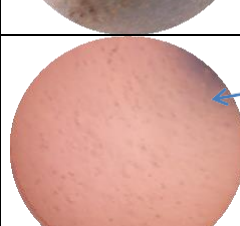
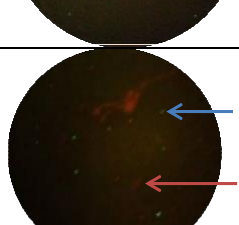

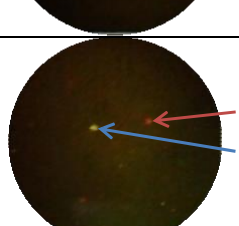
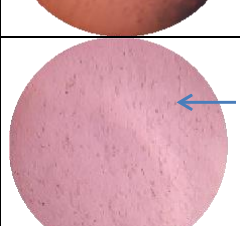


Figure 1a: Absorbance value based on MTT assay of Alginate 2% with  $\text{CaCl}_2$  100 mM at  $25^\circ\text{C}$ .

MSCs in alginate microcapsules begins to increase on the 7<sup>th</sup> day until the 21<sup>st</sup> day. While after the 21<sup>st</sup> day, the growth of MSCs began to look declining. This can be due to the need for time for the MSCs to adapt and grow within the alginate microcapsule. In addition, the media may also need time to get into the microcapsule alginate. While MSCs growth in 37°C temperature can grow well due to conditions in temperature 37°C is the optimum temperature for stem cells to grow. At 25°C temperature

indicates that the growth of MSCs in alginate microcapsules begins to increase on the 7th day. While after the 7th day, the growth of MSCs began to look declining continuously. This can be due to the need for time for the MSCs to adapt and grow within the alginate microcapsule.


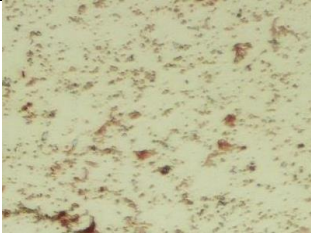
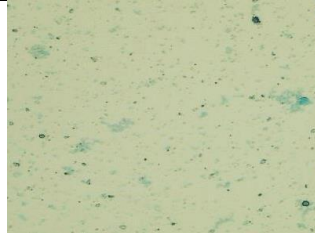


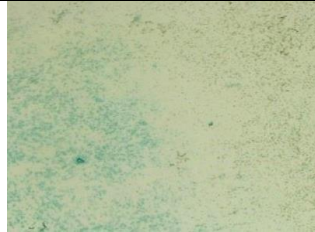
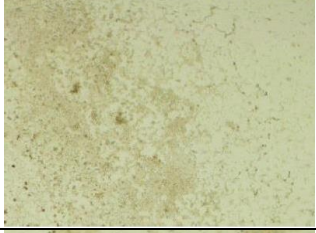

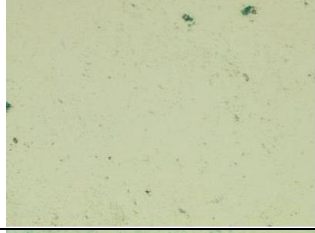
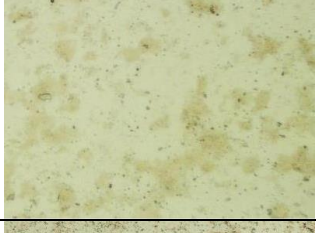

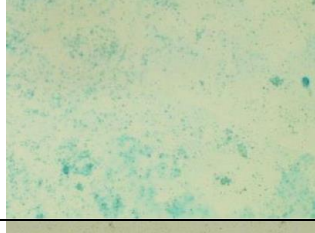

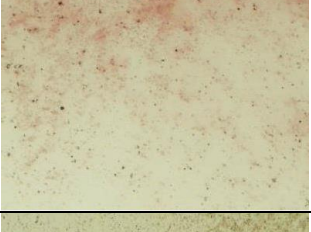
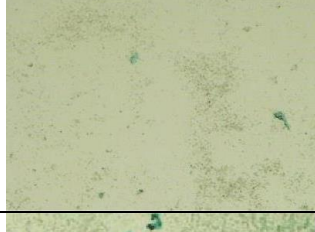


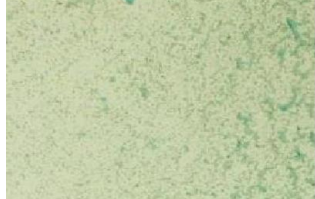
**Live dead assay (LDA):** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 2% with CaCl<sub>2</sub> 100mM) (Table 1).

Day	Incubation at 37°C	
	Live-dead cell Assay	Microcapsule
0		
1		
7		
14		
21		
28		

**Table 1:** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 2% with CaCl<sub>2</sub> 100 mM).

**Stability assay (Table 2):** From the LDA analysis shows that MSCs is still alive from day-0 to day-28 in the alginate microcapsule but seen the amount of MSCs decreased from day-0 to day-28. And from stability analysis shows that there is no adipose, chondrocytes and osteoblasts differentiation.

**Alginate 1.75% with CaCl<sub>2</sub> 100mM (Figure 2 and 2a):** At 37°C temperature showed MSCs growth increased after day 1 to day 7. After day 7, growth declined significantly and increased again after day 14. After the 21st day, the MSCs growth declined again. From Graph shows that the growth of MSCs in the microcapsule of alginate 1.75% with

Day	Incubation at 37°C		
	Oil Red O	Alizarin Red	Alcian Blue
0			
1			
7			
14			
21			
28			

**Table 2:** Stability of MSCs (Alginate 2% with CaCl<sub>2</sub> 100 mM) using Oil Red O, Alizarin Red and Alcian Blue staining.

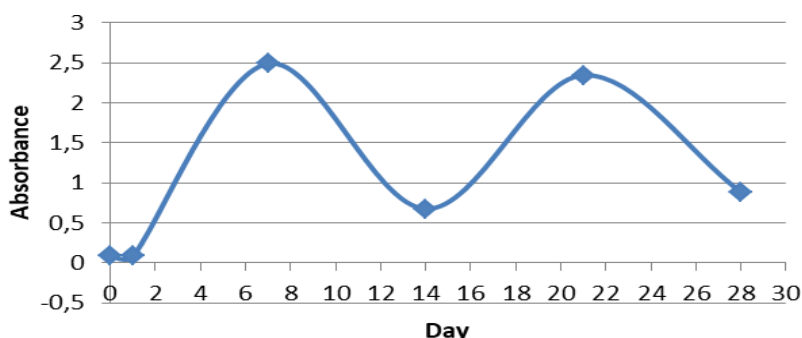


Figure 2: Absorbance value based on MTT assay of Alginate 1.75% with CaCl<sub>2</sub> 100 mM at 37°C

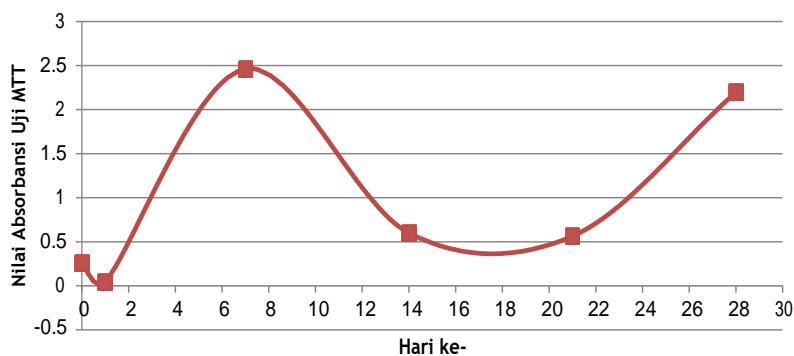


Figure 2: Absorbance value based on MTT assay of Alginate 1.75% with CaCl<sub>2</sub> 100 mM at 25°C.

CaCl<sub>2</sub> 100mM is unstable and irregular. At 25°C temperature showed MSCs growth increased after day 1 to day 7. After day 7, growth declined significantly and increased again after day 21. After the 21st day, the MSCs growth increased again. From Graph shows that the growth of MSCs in the microcapsule of alginate 1.75% with CaCl<sub>2</sub> 100mM is unstable and irregular.

### Live Dead Assay (LDA) (Table 3)

**Stability assay:** Stability of MSCs (Alginate 1,75% with CaCl<sub>2</sub> 100 mM) using Oil Red O, Alizarin Red and Alcian blue staining (Table 4).

### Alginate 1.5% with CaCl<sub>2</sub> 100mM (Figure 3 and 3a)

At 37°C temperature, MSCs growth increased from 0 to equal to day 14. After day 14, the growth of MSCs decreases and increases again after the 21st day until the 28th day. At 25°C temperature, MSCs growth increased from day 1 to day 28. While MSCs growth at 25°C temperature can grow well same at conditions at 37°C temperature is the optimum temperature for stem cells to grow. This Formula seems that suitable for MSCs-encapsulated grow.

**Livedeadaassay(LDA):** Viability of MSCsafteralginateencapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1.5% with CaCl<sub>2</sub> 100 mM) (Table 5).

**Stability assay:** Stability of MSCs (Alginat 1.5% with CaCl<sub>2</sub> 100mM) using Oil Red O, Alizarin Red and Alcian blue staining (Table 6). From the stability analysis showed that there was no differentiation on MSC encapsulated for 28 days and still seen fibroblasts.

### Alginate 1.25% with CaCl<sub>2</sub> 100mM

#### MTT (3- (4,5-Dimethylthiazol-2-yl) -2,5-Diphenyltetrazolium

**Bromide) Assay (Figure 4):** At alginat 1.25% with CaCl<sub>2</sub> 100mM, at 37°C, MSCs growth increased from day-0 to day-28. This shows that alginate 1.25% with CaCl<sub>2</sub> 100mM is good for MSCs growth (Figure 4a). At alginat 1.25% with CaCl<sub>2</sub> 100mM, at 25°C, MSCs growth increased from day-0 to day-28. This shows that alginat 1.25% with CaCl<sub>2</sub> 100mM is good for MSCs growth.

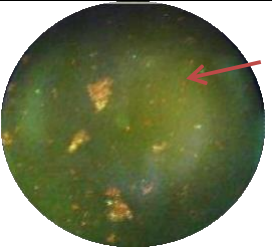
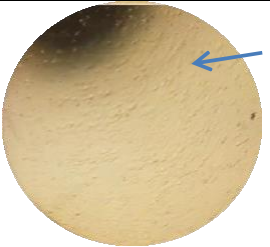
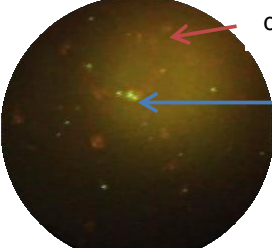

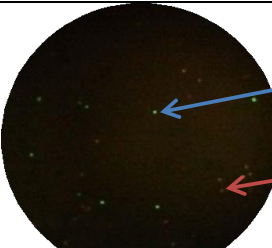

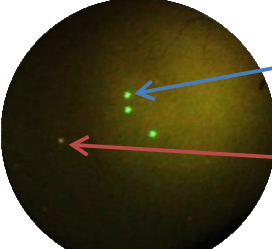

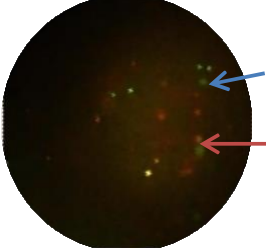



**Live Dead Assay (LDA):** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1.25% with CaCl<sub>2</sub> 100mM) (Table 7).

**Stability assay:** Stability of MSCs (Alginate 1.25% with CaCl<sub>2</sub> 100mM) using Oil Red O, Alizarin Red and Alcian blue staining (Table 8).


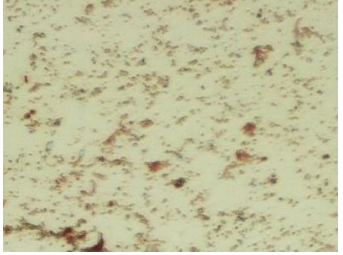
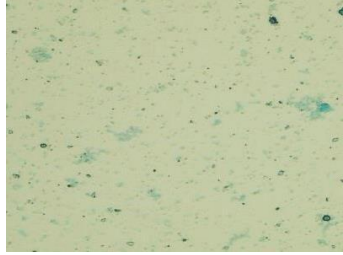


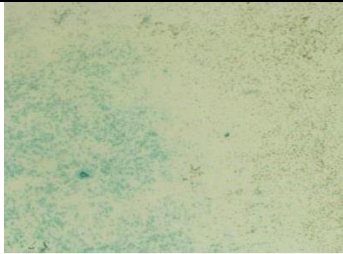
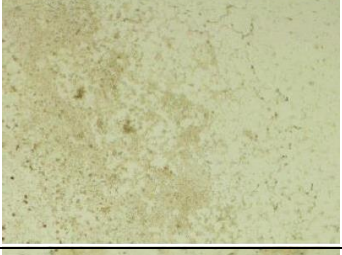




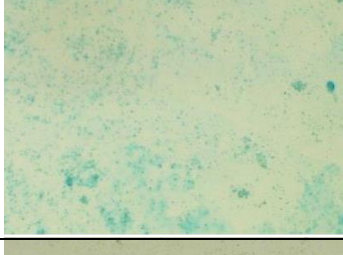

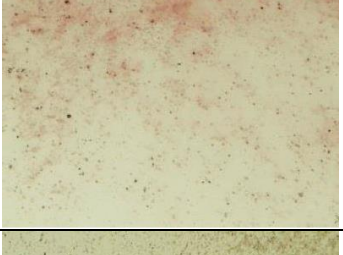
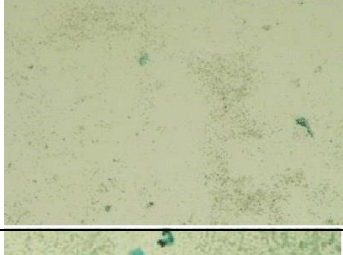


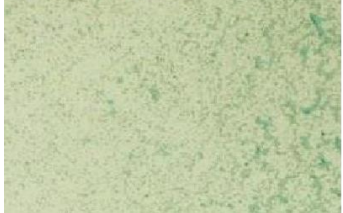
### Alginate 1% with CaCl<sub>2</sub> 100 mM

#### MTT (3- (4,5-Dimethylthiazol-2-yl) -2,5-Diphenyltetrazolium

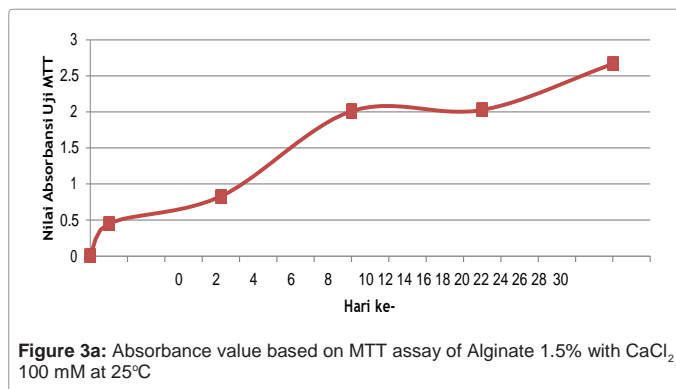
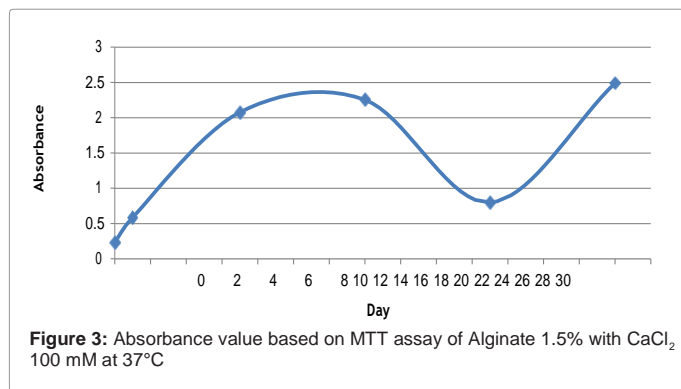
**Bromide) Assay (Figure 5):** At 37°C temperature MSCs growth has increased from day 0 to day 1. Furthermore, MSC growth decreased on day 7 and increased again until 21<sup>st</sup> day. On day 28, the growth of MSC shows a drastic decline. (Figure 5a) At alginat 1% with CaCl<sub>2</sub> 100 mM, at 25°C, MSCs growth increased from day 0 to day 28. This shows that alginat 1% with CaCl<sub>2</sub> 100 mM is good for MSCs growth. This can be due to the MSCs encapsulated can adapt and grow within the alginate microcapsule. In addition, the media may also get into the microcapsulealginate.

Day	Incubation at 37°C	
	Live-dead cell Assay	Microcapsule
0	 deadcell live cell	 cell
1	 deadcell live cell	 cell
7	 live cell deadcell	 cell
14	 live cell deadcell	 cell
21	 live cell deadcell	 cell
28	 live cell deadcell	 cell

**Table 3:** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1.75% with CaCl<sub>2</sub> 100 mM).

Day	Incubation at 37°C		
	Oil Red O	Alizarin Red	Alcian Blue
0			
1			
7			
14			
21			
28			

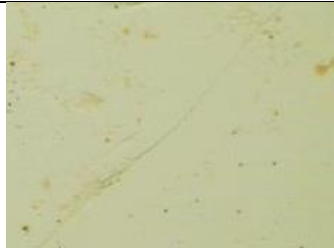
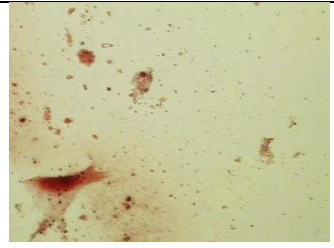
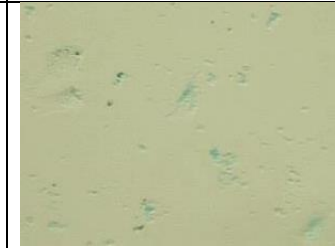


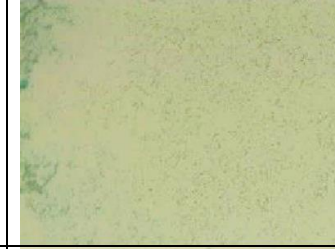
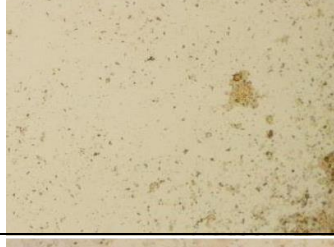

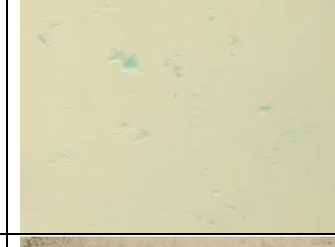




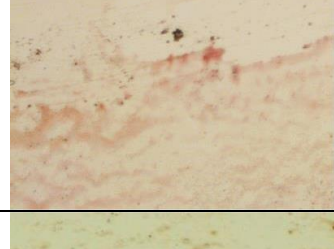
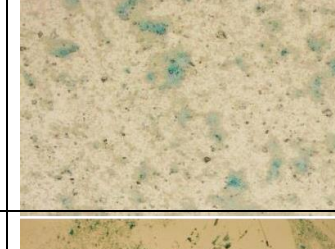

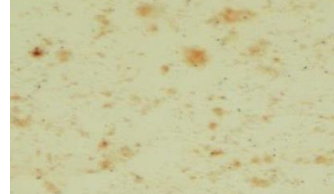
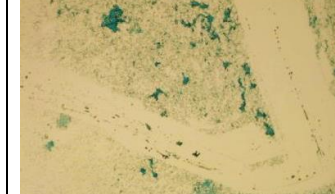
**Table 4:** Stability of MSCs (Alginate 1.75% with CaCl<sub>2</sub> 100mM) using Oil Red O, Alizarin Red and Alcian blue staining.



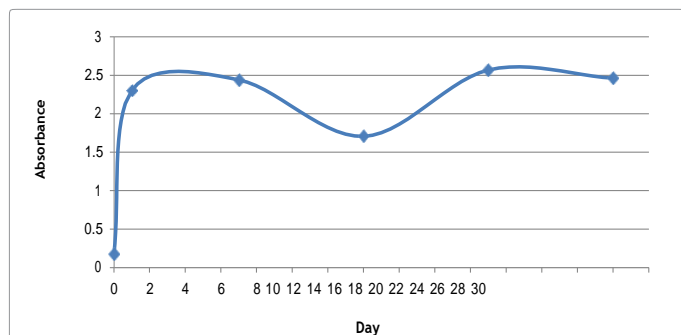
Day	Incubation at 37C	
	Live-dead cell Assay	Microcapsule
0		
1		
7		
14		
21		
28		

**Table 5:** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1.5% with CaCl<sub>2</sub> 100 mM).

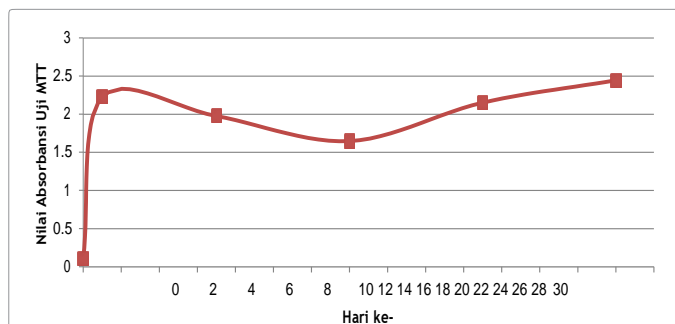


Day	Incubation at 37°C		
	Oil Red O	Alizarin Red	Alcian Blue
0			
1			
7			
14			
21			
28			

**Table 6:** Stability of MSCs (Alginat 1.5% with CaCl<sub>2</sub> 100 mM) using Oil Red O, Alizarin Red and Alcian blue staining.





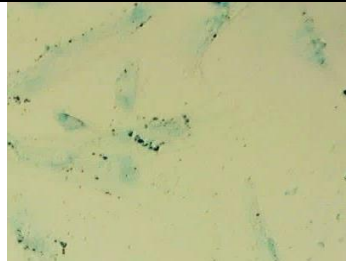
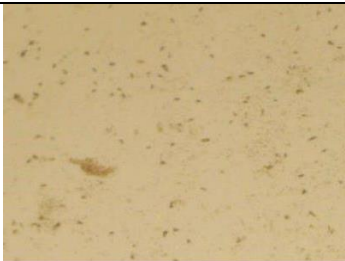
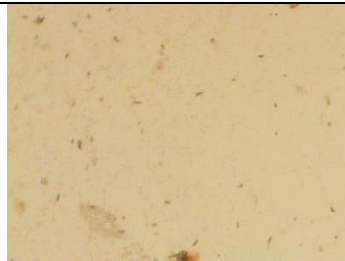
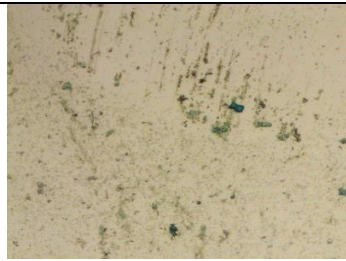

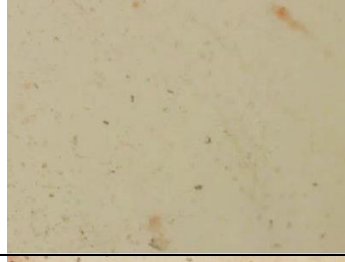


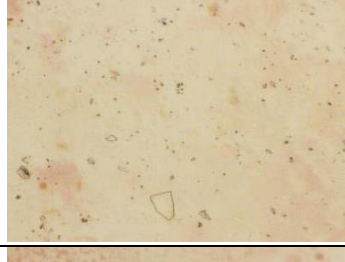
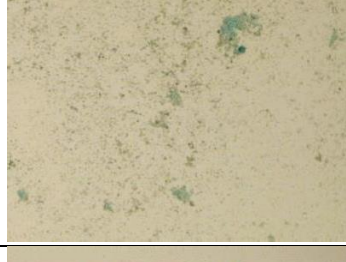
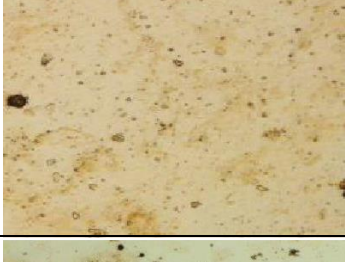
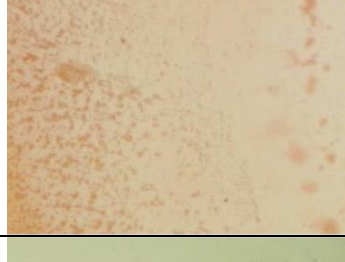
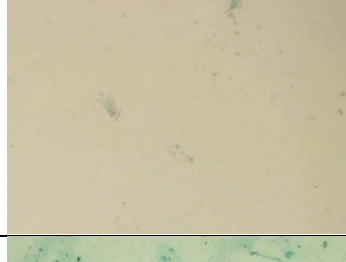


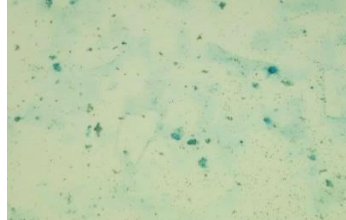
**Figure 4:** Absorbance value based on MTT assay of Alginate 1,25% with  $\text{CaCl}_2$  100 mM at 37°C.



**Figure 4a:** Absorbance value based on MTT assay of Alginate 1.25% with  $\text{CaCl}_2$  100 mM at 25°C.

Day	Incubation at 37°C	
	Live-dead cell Assay	Microcapsule
0		
1		
7		
14		
21		
28		

**Figure 7:** Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1.25% with  $\text{CaCl}_2$  100 mM).

Day	Incubation at 37°C		
	Oil Red O	Alizarin Red	Alcian Blue
0			
1			
7			
14			
21			
28			

**Table 8:** Stability of MSCs (Alginate 1.25% with CaCl<sub>2</sub> 100 mM) using Oil Red O, Alizarin Red and Alcian blue staining.

**Live dead assay (LDA):** Viability of MSCs after alginate encapsulated MSCs for day 0, day 1, day 7, day 14, day 21, and day 28 using Live-dead cell assay (Alginate 1% with CaCl<sub>2</sub> 100 mM) (Table 9).

**Stability assay:** After a 28-day encapsulation in alginate microcapsules there was no differentiation of MSCs in microencapsulation (Table 10).

### Conclusion

The viability of mesenchymal stem cells in alginate microcapsules can last up to 28 days and there is no differentiation into adipose, chondrocytes and osteoblasts. It can suggest that MSCs encapsulated can use for transport MSCs from one laboratory to other laboratory for more than 24 hours. And also because of condition in other laboratory/

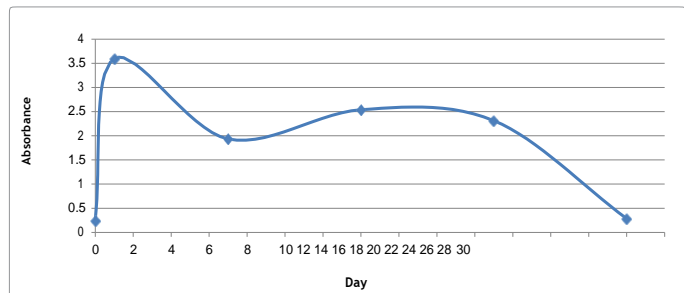


Figure 5: Absorbance value based on MTT assay of Alginate 1% with CaCl<sub>2</sub> 100 mM at 37°C.

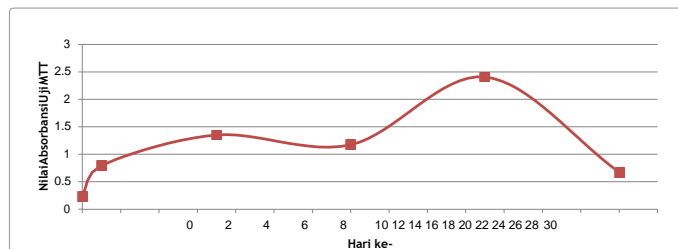
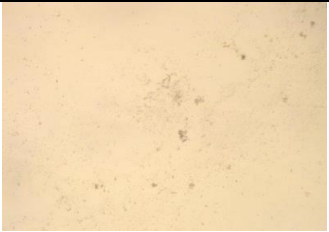
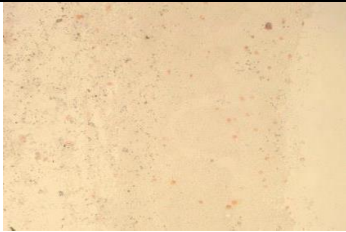
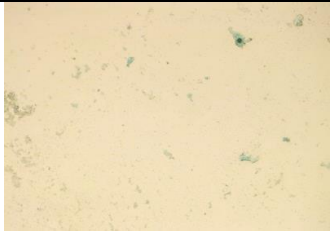

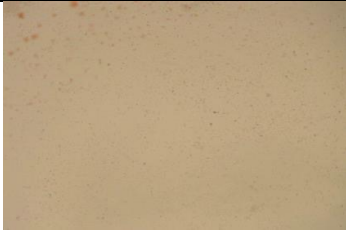


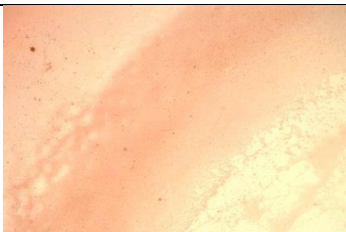
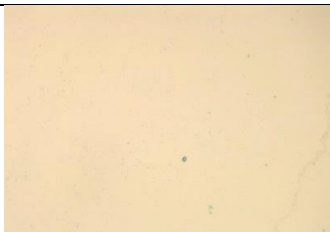
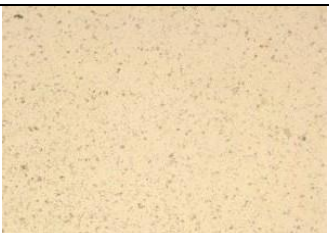



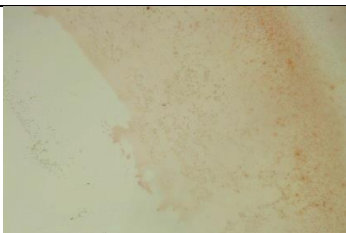
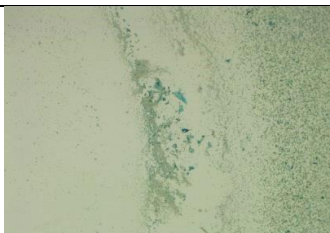

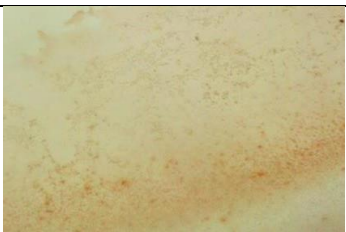



Figure 5a: Absorbance value based on MTT assay of Alginate 1% with CaCl<sub>2</sub> 100 mM at 25°C.

Day	Incubation at 37°C	
	Live-dead cell Assay	Microcapsule
0	deadcell live cell	cell
1	deadcell live cell	cell
7	live cell	cell
14	deadcell live cell	cell
21	deadcell live cell	cell
28	live cell deadcell	cell

Table 9: Viability of MSCs after alginate encapsulated MSCs for day-0, day-1, day-7, day-14, day-21, and day-28 using Live-dead cell assay (Alginate 1% with CaCl<sub>2</sub> 100 mM).

Day	Incubation at 37°C		
	Oil Red O	Alizarin Red	Alcian Blue
0			
1			
7			
14			
21			
28			

**Table 10:** Stability of MSCs (Alginate 1% with CaCl<sub>2</sub> 100 mM) using Oil Red O, Alizarin Red and Alcian blue staining.

clinic which will use MSCs not always have liquid nitrogen storage. This result also shows that alginat with low concentration and  $\text{CaCl}_2$  100mM is good for MSCs growth (as in MTT result shown). This can be due to the MSCs encapsulated can adapt and grow within the alginate microcapsule with low concentration. In addition, the media may also easier to get into the microcapsule alginate. However these results need further investigations.

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