# A 2-Chain Can Interlock With a k-Chain 

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# A 2-CHAIN CAN INTERLOCK WITH A $k$-CHAIN 

JULIE GLASS, STEFAN LANGERMAN, JOSEPH O'ROURKE, JACK SNOEYINK, AND JIANYUAN K. ZHONG


#### Abstract

One of the open problems posed in [3] is: what is the minimal number $k$ such that an open, flexible $k$-chain can interlock with a flexible 2 -chain? In this paper, we establish the assumption behind this problem, that there is indeed some $k$ that achieves interlocking. We prove that a flexible 2-chain can interlock with a flexible, open 16-chain.


## 1. Introduction

A polygonal chain (or just chain) is a linkage of rigid bars (line segments, edges) connected at their endpoints (joints, vertices), which forms a simple path (an open chain) or a simple cycle (a closed chain). A folding of a chain is any reconfiguration obtained by moving the vertices so that the lengths of edges are preserved and the edges do not intersect or pass through one another. The vertices act as universal joints, so these are flexible chains. If a collection of chains cannot be separated by foldings, the chains are said to be interlocked.

Interlocking of polygonal chains was studied in [4, 3], establishing a number of results regarding which collection of chains can and cannot interlock. One of the open problems posed in [3] asked for the minimal $k$ such that a flexible open $k$-chain can interlock with a flexible 2-chain. An unmentioned assumption behind this open problem is that there is some $k$ that achieves interlocking. It is this question we address here, showing that $k=16$ suffices.

It was conjectured in [3] that the minimal $k$ satisfies $6 \leq k \leq 11$. This conjecture was based on a construction of an 11-chain that likely does interlock with a 2-chain. We employ some ideas from this construction in the example described here, but for a 16 -chain. Our main contribution is a proof that $k=16$ suffices. It appears that using more bars makes it easier to obtain a formal proof of interlockedness.

Results from [3] include:
(1) Two open 3 -chains cannot interlock.
(2) No collection of 2-chains can interlock.
(3) A flexible open 3-chain can interlock with a flexible open 4-chain.

This third result is crucial to the construction we present, which establishes our main theorem, that a 2 -chain can interlock a 16 -chain (Theorem below.)

## 2. Idea of Proof

We first sketch the main idea of the proof. If we could build a rigid trapezoid with small rings at its four vertices $\left(T_{1}, T_{2}, T_{3}, T_{4}\right)$, this could interlock with a 2 -chain, as illustrated in Figure (a). For then pulling vertex $v$ of the 2-chain away from the trapezoid would necessarily diminish the half apex angle $\alpha$, and pushing $v$ down toward the trapezoid would increase $\alpha$. But the only slack provided for $\alpha$ is that determined by the diameter of the rings. We make as our subgoal, then, building such a trapezoid.


Figure 1. (a) A rigid trapezoid with rings would interlock with a 2chain; (b) An open chain that simulates a rigid trapezoid; (b) Fixing a crossing of $a a^{\prime}$ with $b b^{\prime}$.

We can construct a trapezoid with four links, and rigidify it with two crossing diagonal links. In fact, only one diagonal is necessary to rigidify a trapezoid in the plane, but clearly a single diagonal leaves the freedom to fold along that diagonal in 3 D . This freedom will be removed by the interlocked 2 -chain, however, so a single diagonal suffices. To create this rigidified trapezoid with a single open chain, we need to employ 5 links, as shown in Figure (b). But this will only be rigid if the links that meet at the two vertices incident to the diagonal are truly "pinned" there. In general we want to take one subchain $a a^{\prime}$ and pin its crossing with another subchain $b b^{\prime}$ to some small region of space. See Figure (c) for the idea.

This pinning can be achieved by the "3/4-tangle" interlocking from [3], result (3) above. So the idea is replace the two critical crossings with a small copy of this configuration. This can be accomplished with 7 links per $3 / 4$-tangle, but sharing with the incident incoming and outgoing trapezoid links potentially reduces the number of
links needed per tangle. We have achieved 5 links at one tangle and 4 at the other. The other two vertices of the trapezoid need to simulate the rings in Figure 1 (a), and this can be accomplished with one extra link per vertex. Together with the 5 links for the main trapezoid skeleton, we employ a total of $5+(5+4+1+1)=16$ links.

## 3. A 2-CHAIN CAN INTERLOCK AN OPEN 16-CHAIN

3.1. Open flexible 3 - and 4 -chains can interlock. It was proved that open flexible 3 - and 4 -chains can interlock in [3]. The construction, which we call a 3/4-tangle, is repeated in Figure 2,


Figure 2. Fig. 6 from [3].
It was proved in Theorem 11 of [3] that the convex hull $C H(B, C, D, x, y)$ of the joints $B, C, D, x$, and $y$ does not change.

We first establish bounds on how far the vertices of the construction can move. Let $B C=C D=x y=1$ unit, and end bars $A B=D E=x w=y z=3$ units.

Lemma 1. Let $P$ be the midpoint of $x y$. Then in any folding of the interlocked 3and 4- chain: (1) The distance between $P$ and the endpoints $w, z$ of the 3-chain can be no more than 3.5 units, (2) The distance between $P$ and joints $B, C, D, x$, and $y$ can be no more than 2.5 units, and (3) The distance between $P$ and the endpoints $A$, $E$ of the 4 -chain can be no more than 5.5 units.
Proof. (1) Since $P$ is the midpoint of bar $x y, x$ and $y$ are exactly 0.5 units away from $P$. The joints $w, x$ and $P$ form a triangle, by the triangle inequality $P w<P x+x w=$ $0.5+3=3.5$ units; similarly, $P z<3.5$.
(2) We now prove that the distance between $P$ and the joints $B, C, D, x$, and $y$ can be no more than 2.5 units. In the convex hull $C H(B, C, D, x, y)$, bar $x y$ pierces $\triangle B C D$, where $B$ and $D$ can be imagined to be connected by a rubber band, then $B D<B C+C D=2$. We observe that: (i) any two points inside $\triangle B C D$ or on the boundary $B C, C D, B D$ are less than 2 units apart, and (ii) the distance between the midpoint $P$ and the plane determined by $B, C, D$ must be less than 0.5 units. From the fact that bar $x y$ pierces $\triangle B C D$, the distance between $P$ and any point on or inside $\triangle B C D$ is less than $2+0.5=2.5$ units. Since $P$ is the midpoint of bar $x y, x$
and $y$ are exactly 0.5 units away from $P$. Therefore, $P$ and the joints $B, C, D, x$, and $y$ can be no more than 2.5 units as claimed.
(3) Finally, by the triangle inequality $P A<P B+A B<2.5+3=5.5$ units; similarly, $P E<5.5$.

For $\epsilon>0$, choosing $B C=C D=x y=\frac{1}{6} \epsilon$, and end bars $A b=D E=x w=y z=\frac{1}{2} \epsilon$ yields the following:

Corollary 1. In the above interlocked 3- and 4-chains, let $P$ be the midpoint of $x y$, then all joints $B, C, D, x, y$ and endpoints $A, E, w, z$ stay inside the $\epsilon$-ball centered at $P$.
3.2. A 2-chain can interlock an open 16-chain. Take two $3 / 4$-tangles, where all joints and end points of the pair stay within an $\epsilon$-ball centered at the midpoint of the middle link of the 3 -chain. Position the tangles as two of the "vertices" of a trapezoid with the links arranged as shown in Figure 3. This design follows Figure 【(b) in spirit, but varies the connections at the diagonal endpoints to increase link sharing. The lower right vertex achieves maximum sharing, in that all three incident trapezoid edges are shared with links of the $3 / 4$-tangle. The upper left vertex shares two incident links. We extend the first and last links of the trapezoid chain to be very long so that the end vertices of the chain are well exterior to any of the $\epsilon$-balls.
3.2.1. 2-chain Through Trapezoid Jag Corners. Call the simple structure at the other two corners jag loops. These corners also can be assured to remain in an $\epsilon$-ball simply by making the extra link length $\epsilon$. Thus we have that all corners of the trapezoid stay within $\epsilon$-balls.

We first argue that the jag loop "grips" the 2-chain link through it, under the assumption of near rigidity of the trapezoid. Let $(u, v, w)$ be the 2 -link chain, and let $(a, b, c, d)$ be the vertices constituting a 1-link jag at a corner of the trapezoid. The short link of the jag is $b c$. The near-rigidity of the trapezoid permits us to take $a b$ to be roughly horizontal (the base of the trapezoid) and $c d$ to be roughly at angle $\theta$ with respect to the base (the angle at a base corner of the trapezoid). The link $u v$ is nearly parallel to $d e$, and is woven through the jag as illustrated in Figure 4. The words "roughly" and "nearly" here are intended as shorthand for "approaches, as $\epsilon \rightarrow 0$."

Lemma 2. The plane containing $\triangle a b c$ continues to separate $v$ above from $u$ below (where "above" is determined by the counterclockwise ordering of $a, b, c$ ) under all nonintersecting foldings of the chains.

Proof. We argue that $u v$ continues to properly pierce $\triangle a b c$ under all foldings, from which it follows that the initial separating property is maintained. The overall structure of the trapezoid prevents $u v$ from moving directly through $\triangle a b c$ : neither $v$ nor $u$ can get close to the triangle. So the only way the piercing could end is if $u v$ passes through a side of $\triangle a b c$. Two of these sides - $a b$ and $b c$-are links, and avoiding intersection prevents passage through those. Thus $u v$ would have to pass through $a c$,


Figure 3. An open 16-chain forming a nearly rigid trapezoid.
which is not a link. However, to do this, we now argue it would have to pass through the link $c d$.

The gap between $a b$ and $c d$ is at most $|b c|=\epsilon$. uv must pass through this gap to "escape" and pass through the segment $a c$. Because $|u v| \gg \epsilon$, uv must turn "sideways" to pass through it. More precisely, let $Q$ be a plane parallel to $a b$ and $c d$ and midway between them, i.e., $Q$ passes through the midpoint of the gap. $u v$ must align to lie nearly in $Q$ to pass through the gap. Because $u v$ is on the "wrong side" of $a b$, there are only two ways $u v$ can reach $Q$ : either to align roughly parallel to $a b$, or to align roughly parallel to $c d$. In either case, it would then be possible to pass $u v$ through the gap, by keeping it close to the long link to which it is nearly parallel. However, the first alignment places $u v$ at an angle near $\theta$ with respect to $c d$; but it must be nearly parallel to $c d$. The second alignment requires flipping $u v$ around so that $u$ is above $v$ in the view shown in the figure, in order to get on the other side of $a b$. But this then makes $u v$ approximately antiparallel to $c d$, rather than nearly


Figure 4. A 1-link "jag."
parallel as it must be. Thus the only escape route is impossible, and $u v$ maintains its piercing of $\triangle a b c$.

Corollary 2. The 1-link jag interlocks with uv, under the constraints imposed by the nearly rigid trapezoid.
3.2.2. 2-chain Through Trapezoid Tangle Corners. Next we argue that the link uv can thread through the corner $T_{4}$ of the trapezoid so that it is "gripped" by the $3 / 4$-tangle there. Note that the $\left(T_{1}, T_{4}\right)$ trapezoid link connects to the 3 -chain at $T_{4}$, which is itself just a jag loop. But $u v$ cannot thread properly through both jag loops on either end of the $\left(T_{1}, T_{4}\right)$ link. So instead we thread $u v$ through the 4 -chain at $T_{4}$.


Figure 5. A 4-chain, part of a $3 / 4$-tangle, can be viewed as two jag loops.
Now, a 4-chain can be viewed as two jag loops; see Figure 5. Moreover, the 4-chain and 3 -chain participating in a $3 / 4$-tangle can be viewed as each lying nearly in planes that are twisted with respect to one another. So we chooose to twist the 4 -chain at
$T_{4}$ so that $u v$ threads properly through one of its two jag loops. Similarly, the link $v w$ threads from the jag at $T_{3}$ through the 3-chain at $T_{2}$ (and not through the 4-chain to which $\left(T_{4}, T_{2}\right)$ is connected).

Applying Corollary 2 to guarantee interlocking yields:
Lemma 3. The 2-chain links, when threaded as just described, are interlocked with the 3/4-tangles, under the constraints of a nearly rigid trapezoid.

We should mention that the foregoing argument would be unnecessary if we had instead used a 2-link jags at $T_{1}$ and $T_{3}$, which would give freedom to position the jag to permit piercing the tangles however desired (and which would lead to an 18-link interlocking chain).

Finally, there is more than enough flexibility in the design to ensure that $u v$ and $v w$ can indeed share the same 2-chain apex $v$.
3.2.3. Apex $v$ Cannot Move Far. Thus the 2-chain $(u, v, w)$ cannot slide free of any of the trapezoid corners unless one of its vertices enters the $\epsilon$-ball containing the corner. We argue below that this cannot occur. We start with a simple preliminary lemma.

Lemma 4. When $\epsilon$ is sufficiently small, a line piercing two disks of radius $\epsilon$ can angularly deviate from the line connecting the disk centers at most $\delta \leq 2 \epsilon / L$, where $L$ is the distance between the disk centers.

Proof. Figure 6 illustrates the largest angle $\delta,\left(\frac{1}{2}\right) L \sin \delta=\epsilon$, so $\sin \delta=2 \epsilon / L$, and the claim follows from the fact that $\lim _{x \rightarrow 0} \frac{\sin x}{x}=1$.

Let the trapezoid have base of length $2 B$, side length $L$, and base angle $\theta$. Let the triangle determined by the trapezoid have height $h$ and half-angle $\alpha$ at the apex, so $\tan \theta=h / B$, or $h=B \tan \theta$. See Figure [6). The following lemma captures the key constraint on motion of the 2-link.

Lemma 5. If the sides of the trapezoid pass through the $\epsilon$-disks illustrated, then the height of the triangle approaches $h$ as $\epsilon \rightarrow 0$.

Proof. $h_{\min }$ occurs with a triangle apex angle of $\alpha+\delta$ and a base angle of $\theta-\delta$. Let $b$ be the amount by which $B$ is lengthened. In $\triangle x y z, b=\frac{\epsilon}{\sin (\theta-\delta)}$, and in $\triangle x Y Z$, $\tan (\theta-\delta)=\frac{h_{\min }}{B+b}$. Thus we have that

$$
h_{m i n}=\left(B+\frac{\epsilon}{\sin (\theta-\delta)}\right) \tan (\theta-\delta)=B \tan (\theta-\delta)+\frac{\epsilon}{\cos (\theta-\delta)} .
$$

Thus $h_{\text {min }}$ is continuous near $\epsilon=0$. Also, if $\epsilon \rightarrow 0$ then $\delta \rightarrow 0$ since $\delta \leq \frac{2 \epsilon}{L}$. Therefore $\lim _{\epsilon \rightarrow 0} h_{\text {min }}=B \tan \theta=h$ since $\tan (\theta)=h / B$.

For $h_{\max }$ all the signs reverse to yield that $\lim _{\epsilon \rightarrow 0} h_{\max }=B \tan \theta=h$.
We conclude that the height of the triangle approaches $h$ as $\epsilon$ approaches 0 as desired.


Figure 6. Trapezoid Lemma: (a) Line through two disks deviates at most $\delta$; (b) Trapezoid structure, with $h_{\text {min }}$ computation illustrated.
3.2.4. Main Theorem. We connect 3D to 2D via the plane determined by the 2-link in the proof of the main theorem below.

Theorem 1. The 2-link chain is interlocked with the 16-link trapezoid chain.
Proof. Let $H$ be the plane containing the 2-link chain. We know that the links of the 2 -chain must pass through $\epsilon$-balls around the four vertices of the trapezoid. $H$ meets these balls in disks each of radius $\leq \epsilon$. The Trapezoid Lemma shows that the height of the triangle approaches $h$ as $\epsilon$ approaches 0 . Thus, by choosing $\epsilon$ small enough, we limit the amount that the apex $v$ of the 2-link chain can be separated from or pushed toward the trapezoid to any desired amount.

We previously established (in Corollary 2 and Lemma 3) that the 2-chain links are interlocked with the $3 / 4$-tangles and jag loops through which they pass, under the assumption that the trapezoid is nearly rigid. The near-rigidity of the trapezoid could only be destroyed by a 2 -chain link escaping from one of the jag loops through which it is threaded. But up until the time of this first escape, the trapezoid is nearly rigid; and so there can be no first escape.

Thus, choosing $\epsilon$ small enough to prevent any of the vertices of the 2-link chain from entering the $\epsilon$-balls ensures that the 2-link chain is interlocked with the trapezoid chain.

## 4. Discussion

We do not believe that $k=16$ is minimal. We have designed two different 11chains both of which appear to interlock with a 2-chain. However, both are based on a triangular skeleton rather than on a trapezoidal skeleton, and place the apex $v$ of the 2 -chain close to the 11 -chain. It seems it will require a different proof technique to establish interlocking, for the simplicity of the proof presented here relies on the vertices of the 2 -chain remaining far from the entangling chain.

Another direction to explore is closed chains, for which it is reasonable to expect fewer links. Replacing the $3 / 4$-tangles with "knitting needles" configurations [2] (1] produces a closed chain that appears interlocked, but we have not determined the minimum number of links that can achieve this.

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