



## Renovations and Additions Improve Campus

By Keri Nastri  
Staff Reporter

"Out of Order" signs are hung on the doors of three bathrooms in the main academic building.

Michael Giaquinto, Director of Facilities Management and Construction was unable to be reached for comment, however, according to the department of

Buildings and Grounds he is responsible for the renovations. G and O Electric workers said that the bathrooms are being completely overhauled.

"We are changing all of the old piping to align with the new appliances being installed," said the workers.

"Fire/Smoke alarms, emergency lights, exit signs, and the 'call for aid' pull string in the handicapped bathrooms are going to be properly installed into each bathroom. We are bringing everything up to code," they also added.

The bathrooms that are currently being worked on are two women's rooms, one by the Art Gallery and a second next to the English department. Also, the men's room across from the ATM is being renovated as well.

Junior Jennifer Hurtado from Palisades Park, NJ said, "The new bathrooms are bringing a nicer appearance to our school.



The women's and men's bathrooms by Public Safety have been renovated to give them an updated look. Soon other bathrooms in the building will also look like this one.

Photo by Susan Magnano



Photo by Susan Magnano

Brand new trash cans can be seen all over campus.

Our bathrooms are finally being updated."

Renovations have already been completed to the women's and men's rooms near public safety. They are now equipped with automatic hand dryers, sinks, and toilets. The bathrooms also have tile floors and walls that are a sand color. On the second floor in the Humanities wing there was a men's bathroom that was converted into half women's and half

men's rooms separated by a wall and separate entrances.

Gordon Milne, a junior from Rawhay, NJ said, "The changes are a good idea and look great. I'm glad to see another girls bathroom." Paul Giordano, a junior from Leonia, NJ said, "Our money is being put to good use. I like all of the automatic toilets and sinks."

When all of the bathrooms that are currently being worked on are completed, they will be

the same as the few that were just finished. These renovations are adding to the other new additions that have currently been made to the campus. In the past month, the campus has had all new windows installed in front of the theater, the doors at public safety have been extended to include a windowed vestibule area, and large red garbage cans bearing the Sacred Heart shield have been placed all over campus.

## Plans for New Dorms Finalized at Last

By Michael Burns  
Staff Reporter

Spring has sprung and there is that all too familiar scent in the air, the scent of housing woes for Sacred Heart students.

For over a year now, there has been serious talk of erecting a new 10 floor housing facility adjacent to East Hall, to help alleviate some of the density within the dorms.

However, as the groundwork for the plan was in place, the community felt that the University's proposal was not in keeping with the neighborhood, and felt that there should be some middle ground. Neighbors say that a compromise was reached where the University would proceed in their efforts to construct new housing, however, they would do so by building low-level dorms.

Sacred Heart had written an open letter to the community, which was published in The Connecticut Post on Sunday March 30th, endorsing the proposed plan and asking for support. The letter gave background to the University's efforts to ease the housing pressures and

discussed the compromise made between SHU officials and the Bridgeport community.

"We invite out Bridgeport neighbors to support this compromise and hope we will see many of them there to endorse

next day at 6 p.m. in Bridgeport City Hall, the city's Inland Wetlands and Watercourses Agency approved the plan and gave Sacred Heart rights to develop three low-rise dorms at 5252 Park Ave.

Freshman Jake Pelletier from Coventry, RI shares these same sentiments, "I live in West Hall right now in a triple and as good of friends that I am with my roommates, I wasn't exactly looking forward to doing that again. I

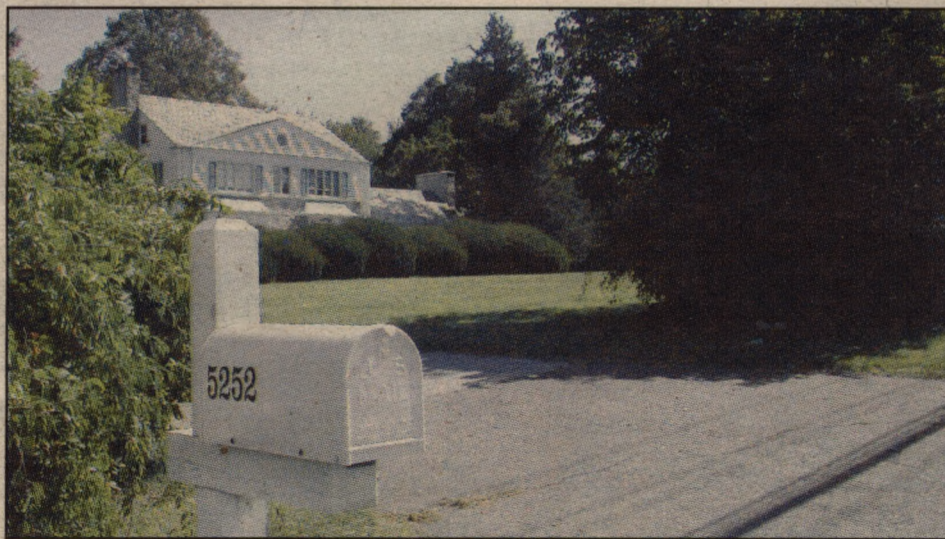
However, this hearing was postponed until April 28th.

"City Council President John Fabrizi said that there was no discussion of a zoning change with the community's talks with Sacred Heart," The Connecticut Post reports.

"We think it's part of a hidden agenda," says Fabrizi, who believes that changes in the zoning would lead to "limitless opportunity" for SHU development.

The controversy has also made waves with Mark Smith, the pastor of North Park Baptist Church, which is located across from SHU. As printed in The Connecticut Post, Smith believes that SHU President Dr. Cernera has used "pressure tactics and threats" towards the community, stating that the University would proceed with construction of the previously approved plan for the 10 story building, if a zoning change was not granted.

Cernera has subsequently denied these charges and iterates that the plan for the zoning change was on the University's agenda all along.



the plan," the letter states.

It added, "We feel the compromise plan is the best solution for everyone. It would be unfortunate if it failed after all the time and effort that has gone into finding a way to avoid the 10-story building."

In a meeting held the very

In a 6 to 0 vote, the board granted the school permission to construct in that area.

"I think it's great that they are finally building new dorms. Housing week will certainly be a lot less hectic, I'll tell you that much," says Junior Christopher Macneil from Medfield, MA.

Heart officials of seeking a zoning change, which would give the University right to development in other parts of the city. On that same night, there was supposed to be a hearing to continue review of the pending request for the zoning change where SHU would garner the "overlay zone."



## News Briefs

### Shoot Hoops Tonight!

Tonight in the Outpost is the Teacher vs. Student Shoot Out. Come to play or just watch and have fun at 10:10 p.m.

### "Cinemanía" This Weekend

The SHU Show Choir is proud to present their Spring performance "Cinemanía: Music From the Movies." It will be tomorrow and Saturday at 7:30 in the University Theater. Tickets are \$3 for SHU students and \$5 for faculty/staff.

### Lambda's Date Rape and Sexual Abuse Awareness Week Events

Tomorrow there will be the "Equality" play at 4 p.m. in the Mahogany Room. This event is co-sponsored with the Social Work Club.

On Saturday come participate in a Rape Walk, put on by the Center for Women and Families at 12 p.m. in Bridgeport's Beardsley Park.

On Sunday, April 13th, there will be a Candlelight Vigil with A.L.I.V.E. at 9 p.m. in South Lot to conclude Lambda Sigma Phi's theme week.

### Attention all Clubs and Organizations

Group pictures for the Yearbook have been postponed until April 28 and 29. Be sure to make your new appointment at the Prologue Office next to the ATM.

# Budget Cuts Effect College Students in CT

By Marisa Ierardi & Lindsey Gershkoff  
Staff Reporters

The Connecticut Conference of Independent Colleges, (CICS) represents sixteen accredited non-profit independent colleges and universities in Connecticut, including Sacred Heart University.

In light of Connecticut's budget crisis, Governor Rowland has proposed a cut in the funds for CICS. The proposal would institute a \$3.7 million or 24% reduction in funding to needy Connecticut students on top of this year's 15% cut, for money that students get from financial aid.

Due to the weakened economy, more students are eligible for need-based aid because of investment loss, job loss or lowered income. With the average grant level of \$3,900, the proposed cut equates to 935 grants in addition to the 700 equivalent grants cut this year.

The proposed cut will directly effect Connecticut students from middle- and low-income families, 25 percent of whom are minorities.

"Students who receive higher awards tend to be the neediest of the needy and they are going to be the ones whom any cut would directly impact their ability to stay in school," stated Rachael Hanley, Director of Corporate and Public Relations of CICS.

According to Julie Savino, Dean of University Financial Assistance, Sacred Heart University is a significant recipient of the program. She said, "Our students will receive \$1,885,739 in this fiscal year. A decrease of \$334,492 from the previous year's allocation of \$2,220,231, represented a decline of 1% of the total

student aid funds for our students. State grant programs now make up 5% of student aid funding compared to 6% in the previous year. Cuts in funding, by even a few hundred dollars for some students make it virtually impossible to attend college."

She added, "This funding is provided to 566 needy Connecticut students, whose average award is \$3,300. Last year, 694 students were awarded CICS grants at an average of \$3,200. For these students financial assistance is critical. The average cost for full-time undergraduate Connecticut students at Sacred Heart University is \$21,548 (including tuition, fees, room, board and books). However, the average Connecticut student and his or her family can contribute only \$6,795 toward this educational cost. After providing all other sources of aid, still for many of these students, an unmet need of \$4,080 exists on average. We fund our neediest students first. Unfortunately, 542 students who qualify for CICS will not receive a one this year. Last year, approximately 378 students who qualified did not receive one."

On Wednesday, April 2nd, students from all sixteen colleges were given an opportunity to speak personally with their legislatures, and voice their opinion on the proposed, \$3.7 million reduction in funding for CICS.

Dean Savino and a few Sacred Heart students voiced their concerns to Senator Jack Stone, the aid for Senator John Strip and SHU alumni Jason Stark who now works for 5 republican legislators, all of whom were very receptive. Though few Sacred Heart students came to the leg-

islative office building, many Sacred Heart students are voicing their strong opinions on campus.

Shelley Russo, a junior, and a resident of Cheshire says, "I was very surprised to learn that I might be effected by this budget cut; If I am, I don't know what I will do with out that financial aid."

Many students agree with Russo, and are unsure if they will be returning to SHU with increasing tuition and decreasing aid. "I hope they don't make a cut, because it will seriously affect a lot of students, including me," said Sabine Auguste, a junior from Stamford, who was able to attend the rally.

"I'm not very sure if this cut will greatly effect me, but I guess it will effect everyone who receives some financial aid," says Rebecca Judah, a junior from Ansonia.

This huge, 3.7 million-dollar reduction is sure to affect the majority of students at Sacred Heart University. SHU is a private school with a large majority of students from Connecticut.

"We have a wonderful group of students at Sacred Heart University. Approximately 38% of our full-time students and 97% of our part-time undergraduate students are Connecticut residents," concluded Dean Savino.

These students will be losing their financial aid, as well as the certainty of returning to SHU. Students are strongly encouraged to write letters to their representative voicing their feelings on the impending budget cut. Your opinion matters, and may make the difference Connecticut students need.

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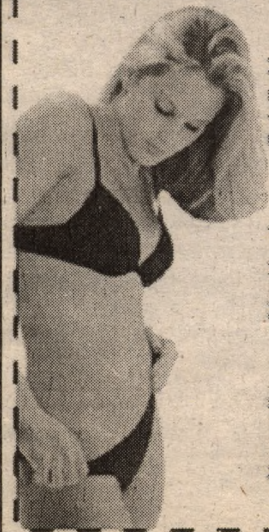
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#### INFORMATION SESSIONS:

Lincoln Center Campus, McMahon Residence Hall, 155 West 60th Street, Room 109  
Saturday, April 26, 11 a.m. - 12:30 p.m.  
Tarrytown Campus, North Hall, Neperan Road  
Monday, April 28, 6 p.m. - 7:30 p.m.

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# Underclassmen Inducted; Rycenga Scholar Selected

By Mark Stanczak  
Staff Reporter

At a reception held in the Faculty Lounge last Wednesday, April 2, Dr. Judith Miller announced the induction of 12 undergraduate students into the National English Honors Society, Sigma Tau Delta. The induction marks the creation of Sacred Heart University's campus chapter, designated Alpha Lambda Delta. Miller, a Professor of English, is the chapter's faculty sponsor. Sigma Tau Delta, a member of the Association of College Honor Societies, stands to "confer distinction upon students of the English language and literature," according to its website, English.org.

Later in the ceremony, Katie Carroll was named the ninth winner of the annual Rycenga Scholarship award. A Rycenga Scholar is chosen each year for their excellence of character and

academic performance, explained Senior Tom Pesce, last year's recipient. Requirements include enrollment as an English major, a 3.4 GPA, and "an exemplary character," according to the 2002-2003 "Expenses and Student

nized along with the winner. Dr. Ralph Corrigan, former Spectrum advisor and Sacred Heart Professor, described his former colleague as "an extraordinary person who had so many positive traits."



Contributed photo

Katie Carroll, recipient of the Rycenga Scholarship poses with -----

Financial Assistance" guide. The late Dr. John Rycenga, for whom the scholarship is named, was the first chair of SHU's English department. Mrs. Rycenga spoke briefly about the passions and character of her husband before congratulating the six finalists, who were recog-

"The Rycenga Scholarship is a way to keep his memory alive, to honor his memory, to allow him in some small way to continue on in the life of the University," said Corrigan. "He was an educator and [through this award] still is educating."

# Health Expo Educates SHU

By Katie Fanning  
Staff Reporter

On April 2, the University Commons was transformed into a welcoming center of health and wellness education. The 2003 Health Expo greeted all visitors with a smile and a wealth of information on maintaining fitness and vitality. Presented by the Sacred Heart University Nursing Program and Health Services Center and organized by Diane Lescko and Elizabeth Deathrige in the Nursing Department and David Buck and Jen Salzer from the PT Department, the Health Expo offered a wide variety of educational and interactive activities.

After being greeted with a complementary healthy snack and filling out a raffle ticket, visitors strolled among displays by various SHU organizations as well as outside organizations. Blood pressure screenings, cholesterol screenings, alcohol abuse assessments, and glucose level screenings were available to all visitors. The Massage Works Hands On Healing Practice also offered free massages.

The Expo also featured a series of organizations promoting health, safety and prevention. Among these was The Center for Women and Families of Eastern Fairfield County Inc. promoting a Walk for Awareness to end sexual violence on April 12th in Beardsley Park. The American Red Cross offered packets on disaster preparedness and pamphlets on handling stress and grief. St. Vincent's Hospital, The Southwest Community Health Center, The City of Bridgeport Health Department, Fairfield Fire Department, Bridgeport Police Department, Park City Primary Care, and others were also there to raise awareness for particular causes and promote general health and well being.

The senior nursing students each spend a portion of their week as a school nurse, a homecare nurse and a hospital nurse, providing health care in several avenues of their profession. Drawing from their extensive experience they created presentations on many different topics to share the observations they have made in the nursing field. Among these were presentations on skin screening for cancer and other conditions, preventing head lice,

asthma among school children, the Bridgeport Public Health Clinic, and health education in several local area schools. The students were present to elaborate on their displays and share their understanding with all the Expo guests. "This Expo really gives us a chance to go on with community based teaching. I think its really beneficial to the university, there's a lot here to learn. I just wish there were more people here," said Christina Neagle, a senior Nursing student from Seaford, Long Island, as she presented her knowledge on nutritional education in fifth and sixth grade classrooms.

The Senior Physical Therapy students also represented their department with displays, handouts and hands-on know how. Terri Wasleski, a PT grad student, explained her presentation on the dangers of childhood obesity and ways to prevent it. "I chose the topic because I feel it's a major concern nowadays. People don't know a lot about it and I would like to educate people."

Other Physical Therapy exhibits included scoliosis awareness, overuse injuries among child athletes, exercising during pregnancy, head protection, and back strain injuries. "I chose my topic because I feel it will be beneficial to people in the community. We want to educate people about something they will find useful and can help them. We really just want to raise public awareness about all these issues," said Lindsey Fair, a senior from Rutland, VT.

Also present to share information was the Department of Occupational Therapy. They showcased information about the SHU program as well as their involvement on and off campus in places such as the Cardinal Sheehan Center, Bridge House, The Norma P. Frien Breast Cancer Center and local preschools. The SHU Athletic Training Department provided information about their University functions and services as well.

While the crowd was meager, the information and enthusiasm was anything but. Keep an eye out for next year's Expo.

**"We want to educate people about something they will find useful and can help them. We really just want to raise public awareness about all these issues."**  
- Lindsey Fair

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# Commuter Council Cares Too

By Faith Bailey  
 Contributing Writer

Attention SHU community!! Clean out your closets, attics, basements and recycle those old books, toys and games! This semester, the Commuter Council is making spring cleaning an even more rewarding experience than it ever was before. Our busy group has teamed up with the Bridgeport Jumpstart Americorp team to recycle those boxes of old, beloved childhood treasures that are just collecting space.

The Commuter Council has always looked out for the Bridgeport Community, but this semester the whole college community is involved. Both faculty, staff and students dug deep into their closets, attics and basements to support our local preschools and primary grades.

This idea was born at one of the early Commuter Council meetings when the group was discussing what to do for a fundraiser. One of the members is part of a Bridgeport Community group called Jumpstart. She explained that we would be helping children that didn't have the simplest supplies for a classroom, for example, books or toys

and the idea just ran from there. The Jumpstart Organization is a national run organization that works with Head Start and School Readiness children ages 3-6 in Bridgeport.

Many Sacred Heart students, in the last two years, have

the education department and the language department. Also, two global emails were sent out to all of the full time students, faculty and staff.

Thanks to the generosity of the people that have literally "dug deep" into their retired



Contributed photo

Members of the Commuter Council collected toys, school supplies, and more for needy families in the Bridgeport area.

participated in the Jumpstart program working with the children, alongside students from the University of Bridgeport. They work with children one on one to encourage their literacy skills, language and social development. The Commuter Council thought it was a great idea to team up with this Bridgeport organization.

As the weeks progressed, the Commuter Council worked on making colorful drop boxes that are strategically placed in different parts of the main academic building. Drop offs are located in Hawley Lounge, Campus Ministry, the bookstore,

toys and books, the Commuter Council has collected boxes and boxes of items, everything ranging from Dr. Seuss books, encyclopedias, toy cars, stuffed animals, games and action figures has been making the drop off boxes overflow.

The Commuter Council thanks everyone who has contributed and they wanted to remind everyone that they will still be collecting until the end of the semester. So "DIG DEEP" and clean out those closets for the kids that can use them!

# Majors Fair Is Majorly Important

By Eileen Gulian  
 Staff Reporter

Last Thursday from 5:00 p.m. to 7:00p.m. the Majors Fair was held in the University Commons. Many Academic departments were represented and faculty members were there to guide undeclared students with information on all major areas. This Major Fair was essential for students to get the chance to see what each major offers at Sacred Heart.

It was mandatory for all freshmen to attend this Fair, even if they were undecided, they still had to fill out an Undeclared Form.

Freshman Nicole Brunnhoeld (Levittown, NY) declared her major as Athletic Training. She said, "The Majors

Fair was good; all the representatives were really helpful and answered any questions that I had."

Freshman Catherine Badala (Bayside, NY) also thought it was helpful. She said, "The fair was helpful because I got a chance to talk to people from the biology and pre-med departments and I was able to declare my major as biology/pre-med."

Freshman Erica Kodila (Mineola, NY) said, "Every other table had representatives, except for mine. If there was someone there that I could have talked to then it would have been much better." However Kodila declared her major as communications and technology after taking CS100 this semester and enjoying it.

After declaring your major, you are assigned an advisor from your major's department.

Senior Craig Hande (East Islip, NY) said, "My advisor helped me meet all of my requirements so that I will be able to graduate during May 2003."

Junior Meagan Walsh (Stewart Manor, NY) said, "I think that the Majors Fair is good for freshmen and also students who are still undecided because it gives them a chance to see what's actually out there and see that there options are not limited."

If you still have not declared your major and you would like to do so then please feel free to contact Frances Collazo-Curtis in SC125.



Photo by Susan Magnano

Dr. Rose, a representative from the Political Science department, helps a student at last week's Majors Fair.



# Be Aware of the Disease Called SARS

By Maureen Daley  
Staff Reporter

Severe Acute Respiratory Syndrome, otherwise known as SARS, is an infectious respiratory disease that is spreading rapidly throughout the world. The disease, which was first documented in November 2002, has been found in 20 countries, including the U.S., and has caused 89 deaths so far.

There are documented cases of SARS in Australia, Belgium, Brazil, Canada, China, Hong Kong, Taiwan, France, Germany, Italy, Malaysia, Ireland, Romania, Singapore, Spain, Switzerland, Thailand, the United Kingdom, the United States, and Vietnam.

In the United States as of last Friday, there were 115 reported cases in 29 states. "We are at a situation in time where we recognize that the disease is still primarily limited to travelers, to health care personnel who have taken care of SARS patients, and to close contact with SARS patients," said Center for Disease Control (CDC) Director Dr. Julie Gerberding.

The World Health Organization (WHO) is coordi-

nating an international investigation while working with affected countries to provide support as required. The Organization has also issued a global alert for the first time in more than a decade.

Symptoms of the syndrome include a fever greater than 100.4 degrees, chills, headache, body aches, a dry non-productive cough and a general feeling of discomfort. Although symptoms are similar to those of a common cold or influenza, SARS patients reach a point where not enough oxygen is getting to the blood. Therefore, as reported by the CDC, 10%-20% of cases will need medical ventilation.

The CDC reports that SARS appears to be spread through droplet transmission; meaning that an infected person coughs or sneezes droplets into the air and someone else breathes them in. The Center also states that SARS can be transmitted through objects that have been contaminated.

As of yet no travel restrictions set in place related to SARS. However, the CDC recommends that anyone traveling to China, Hong Kong, Hanoi, Vietnam or Singapore postpone their trip until further notice.

Last Friday President Bush

signed an executive order adding SARS to a list of quarantinable communicable diseases under the Public Health Service Act. "By amending the list, we are simply taking the pragmatic step of readying all options as we continue to tackle this disease. The authority would only be used if someone posed a threat to public health and refused to cooperate with a voluntary request. We're working to be prepared for any eventuality," said Tommy G. Thompson, Secretary of Health and Human Services.

The disease was first reported in the Chinese Province of Guangdong. Forty out of China's 52 SARS deaths were reported in the province. There have also been 22 reported deaths in the Hong Kong territory. "Clearly Guangdong and Hong Kong are the two largest foci for infection, two foci where transmission is documented to be ongoing, and two foci where more investigation is required to get the full picture of what is going on in terms of transmission and the exact size of the event," said Dr. Guenael Rodier, Director of Communicable Disease Surveillance and Response for the WHO.

# Shaky Economy Worries Future College Grads

By Diana Lumani  
Staff Reporter

Evaluating her options after graduation this May, Mendy Stynchula decided to go a different route than immediately entering the work force. Many graduates are thinking the same way as the war in Iraq has made the job market even more unstable, proven by the roller coaster stock market and high unemployment rate. Since the war began, stocks have been rising and falling unpredictably. As President Bush makes a new announcement about the positive advancements of the war, the market shoots up. But as investors get jittery about Iraqis fighting back, stocks plummet to new lows. On the day Bush declared war against Iraq, the nation saw the highest stock market it had in almost a decade. But a few days later the market recorded its lowest low since 1993. "I think the economy did have an effect on my decision to go on with my education," said Stynchula, a psychology major from Monroe. "I think the job market is just really bad." Her roommate, Sita Sengsavanh from Bronx, NY, even chose to change her career plans. As a business administration major, she's planning to go into public administration rather than private. Instead of getting a job right away and then getting her master's degree in business administration after working a few years, Sengsavanh is going to straight back to school for her master's in public administration after she graduates in May. "I think with all the downsizing, [public administration] might be a more stable choice," Sengsavanh said.

Associate professor of economics Paul J. Pieper agreed this might be the right choice for some seniors. "I think a lot of businesses are taking a wait-and-see attitude before they make any long-term commitments," Pieper said. "And hiring is like an investing decision." He said some careers will be less affected by the slowing economy, and those looking to get into any technology-driven career will have a harder time gaining employment. "The technology field is more depressed," Pieper said. Although sometimes war stimulates the economy, he does not predict this war will give the nation much of a financial boost. "Oftentimes there was largely a demand effect when you have a lot more government spending," Pieper said. In conflicts such as World War II and the Korea and Vietnam wars, government spending for missiles and warfare greatly benefits the companies that supply those goods to the government. As they spend more, their financial boost trickles down to benefit other companies. "But a lot of the equipment being used is part of an already existing stockpile, so we are not seeing that this time," Pieper said. He said the little existing government spending outweighs businesses' fears about the shaky economy. Even when the economy is stimulated by war, Pieper said, it is usually a short-term enhancement. "It's not like investing money in education, which would improve the labor force later on," he said. But since the United States is not experiencing that initial boost, Pieper does not anticipate the depression that sometimes follows war.

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## On the War: Iraq and France

Some claim to be against a war in Iraq because President Bush does not have the support of the Senate or the United Nations. This is not true. Our President went to the Senate for its approval over a year ago and it gave authorization to use force if necessary.

The United Nation's Security Council voted unanimously - including France and Germany - in favor of UN Resolution 1441 which called for Saddam Hussein to fully disarm or face "serious consequences" - i.e. war. These people said nothing during the Clinton's term on any of the five occasions when he unilaterally attacked Iraq and Kosovo without the getting the approval of or even notifying the Senate or the United Nations.

***"The war is in Hussein's hands. If he proves that he has fully disarmed, the American troops will go home."***

Protesters like Scott Ritter and Ramsey Clark claim that President Bush is the most dangerous threat to democracy. In reality, Clinton skirted the democratic process while Bush made the just and democratic move by going to the Senate and the UN first.

Hussein is currently violating 17 UN resolutions calling for Iraq's disarmament. The UN must enforce its laws; if it does not, then what good is it? The war is in Hussein's hands. If he proves that he has fully disarmed, the American troops will go home. Some call for President Bush to "let the inspections work" even though they haven't worked for over 12 years.

Hussein partially disarmed but even Scott Ritter admits that he was only destroying some weapons to maintain the façade of compliance while keeping the most deadly weapons hidden. Why are there no "anti-war" protests calling for Hussein to disarm?

Hussein's regime has one of the worst human rights records in history. Hussein has used biochemical weapons to ethnically cleanse 20,000 Kurds in Hitler-like fashion; he uses rape, torture, and murder to maintain power; he arrests political opponents and executes prisoners with no trials; women and gays are second-class citizens, etc. Why aren't the human rights, gay rights, and women's rights groups protesting Hussein and calling for a regime change?

The fact is, Saddam Hussein is a threat to America and the world. According to an article on page D8 of last Tuesday's edition of the Wall Street Journal titled "The Willing and the Unwilling," Hussein has "four or five times the killing power that Hitler had in 1939 and more than Stalin had when NATO was formed."

The article continues to say that his "capacity for evil will exceed that of Hitler and Stalin put together" if he acquires the "dirty" atomic bombs that he seeks. Last week, Hans Blix reported that Hussein has a drone capable of delivering biochemical weapons as well as the possibility of a large supply of anthrax and cluster bombs.

Some argue that just having these weapons doesn't make Hussein a threat. I agree. Hussein became a threat when he used these weapons on the Kurds, attacked and invaded his neighbors, and openly supported terrorism. When you combine these factors, it is obvious that Hussein is a great threat to America and to democratic and freedom-loving people everywhere.

Despite the 17 UN resolutions, the human rights violations, and the clear and present danger Saddam Hussein poses, the French government is still threatening to veto another resolution. In the words of Mark Twain, "France has neither winter nor summer nor morals...France has usually been governed by prostitutes." Twain's words are valid even today; just look at Jacques Chirac.

Even now, Chirac is selling illegal spare parts and equipment to Iraq, which will be used to kill American troops. The French government is disloyal, ungrateful, and even criminal. If even one American soldier is so much as wounded by an Iraqi using French equipment, we should dig up all the bodies of the American soldiers who fought the Nazis in WWII to liberate France.

Unless Hussein complies with the UN resolutions and fully disarms, war will continue to go about swiftly. In the meantime, we should be vigilant of the hypocrisies of the "anti-war" crowd and always be aware of their hidden agendas.

Indeed, they basically argue that besides slavery, Nazism, fascism, and Communism - war has never solved anything! The next time I write, I hope I will be writing about Iraqis waving American flags as our troops return home victorious.

***By Diana Lumani  
Contributing Writer***

## Bill of Rights?

Recently, a proposal was drafted up by state Rep. Dick Kravitz in regards to the in concept that he does not particularly like the idea that the United States is educating people who will eventually return to countries and regimes that do not support America in our ideals. There is currently a bill that is being-presented to the Florida State Legislature that would ban state financial aid to university/college students who are citizens of countries that the State Department has on their list of nations sponsoring terrorism, which includes: Iran, Iraq, Sudan, Syria, North Korea, and Libya.

Keep in mind here, that the pilots of the planes that went into the World Trade Center and Pennsylvania were all educated at flight schools in America. Kravitz was quoted by CNN stating, "In these hard times we need to put as much taxpayer money as possible into programs for residents of the state of Florida who are citizens." Also, according to the Department of Education, \$308,717 of the colleges and universities money is spent giving financial aid to 822 students that originates from the seven countries on the federal list in 2001 and 2002 (CNN).

***"A bill...that would ban state financial aid to university/college students who are citizens of countries that the State Department has on their list of nations sponsoring terrorism, which includes: Iran, Iraq, Sudan, Syria, North Korea, and Libya."***

The bill has been passed through the House of Higher Education Committee, but is awaiting approval from four other committees.

While there are no other states that are trying to pass this bill, it is obviously offending many students that are already in the U.S. CNN happened to interview a Muslim student named Hadia Mubarak, who is the president of MSA (Muslim Students Association) at Florida State University, who stated, "What he's saying is if you're born in Libya or Syria, you're more likely to be a terrorist than anyone else."

He also goes on to state that "It is naïve to think that any of them are not well-to-do or connected to the regime in power," when speaking about the stereotype that many believe that students from terrorist regimes are poor, or even related to governmental officials.

Due to the nature of this bill, and the past incidents of terrorist lash-outs on the United States, it is no wonder that it is causing so much controversy. While I agree it is wrong to delve into the stereotypical thoughts that Mubarak speaks of, I can't help but argue the point that he brought up about being naïve. Were we not, as a nation, proven to be naïve when the Towers went down? These were pilots trained in our schools, on our own money?

The real question is, what are the limits here? While I am not in favor of discrimination in any form, I do believe that this is a major push in the direction of a snowball-type effect for the U.S.. I fear that we are going to return to the concentration camp-like mentality that America placed on the Japanese-American citizens after the attack on Pearl Harbor. Also, recently, the New York Stock Exchange started excluding certain traders from the market due to their location and the political parties of particular countries. Are we moving towards a freely discriminatory society that we literally have in print not to be? In regards to the Constitution, can we, or should we start taking these measures?

***By Samantha DeVita  
Editor-in-Chief***





# Letters/Op-Ed

# The SHU Voices

If you could be an animal, which one would it be and why?

-Compiled by Susan Magnano



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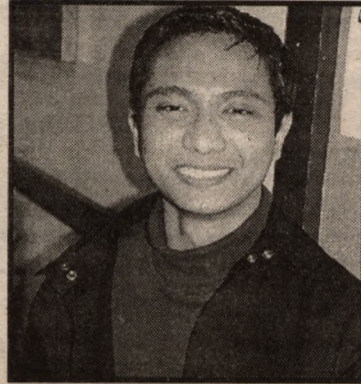
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**Anthony Garcia**

Queens, N.Y.  
Senior

“A scorpion because they are very secretive and exotic.”



**Katie Trindall**

Sanford, M.E.  
Junior

“A marsupial because you can be naked & never lose your keys because of your pouch.”



**Ed Byrne**

Fairfield, CT  
Sophomore

“An eagle because they are noble and predators.”

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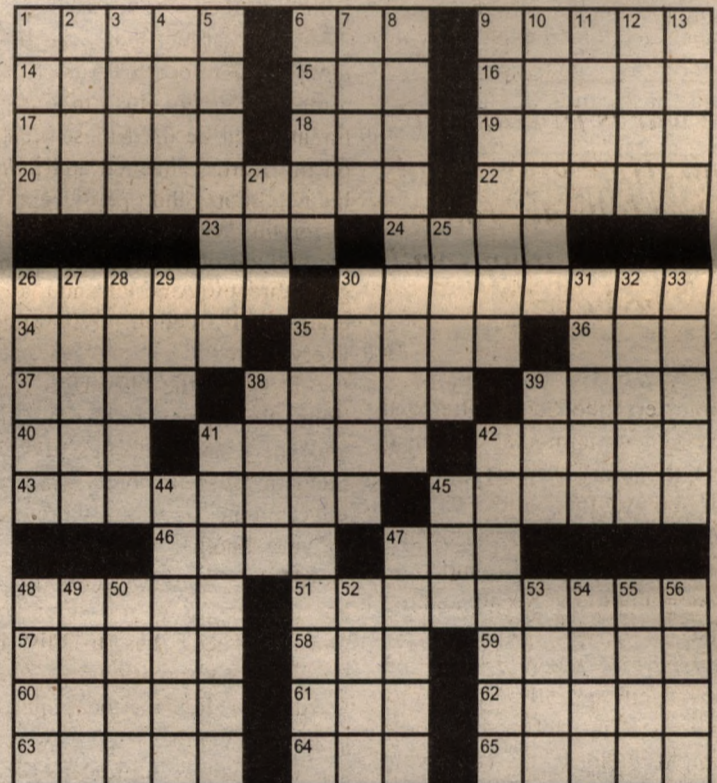


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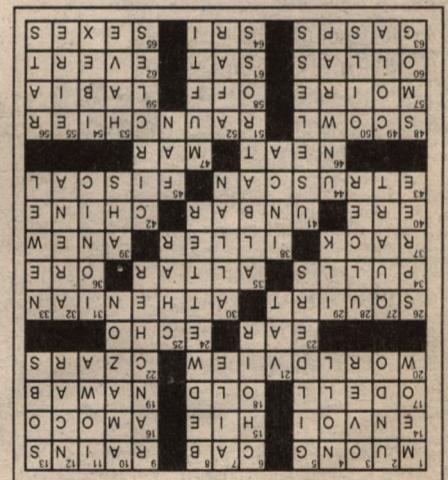
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- More sick
- Again
- Before
- Open
- Spine
- Early Italian civilization
- Monetary
- Groovy
- Spoil
- Frown
- More lewd
- Watered fabric
- Gone
- Lips
- Water jars
- Last day of wk.
- Inside out
- Sharp inhales
- Lakshmi
- Genders

### DOWN

- Cat sound
- Reverse
- Excess
- Head
- Those who gild
- Group of singers
- Int'l Lottery org.
- Small child, for one
- Cowpoke
- Online bookstore
- Midwestern state
- Atmospheric research org.
- Cries
- Tub
- Scorch
- Shopping or crime, e.g.
- Two pints
- Sore
- Breed
- Poe's middle name
- Foot with four syllables
- Sports facility
- Staircase support
- Hindrance
- Highland Peruvian dwellers
- Oohs and \_\_\_
- Hopeless
- Groups
- Open, as in presents
- Air cooler
- Muslim scholar
- Los Angeles hazard
- Soda
- Olive and Canola
- Distant
- Posses
- Wild goat
- Ireland
- “Doh!”



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# FEATURES

## Laughter Really Is The Best Medicine

By Diana Lumani  
Staff Reporter

Jokes and pranks may be fun, but they may also be beneficial to participants. Having a good sense of humor and laughing increases a person's mental and physical well-being and helps him or her get along socially.

Emotional responses are controlled in the frontal lobe of the brain, but many other areas of the brain are used as well. The left side of the cortex, the layer of cells that envelops the surface of the forebrain, analyzes the words and construction of a joke.

***"If we find humor, our appraisal of the situation is less threatening and we reduce the severity of the stressful experience. Also, humor acts as a buffer to lessen the negative effects that stress has on our mood"***  
**Kambon Camara**

In order to understand

the meaning of the joke, the right hemisphere of the cortex is needed. Activity in the brain then transfers to the sensory processing portion of the occipital lobe, the region in the back of the head that has the cell that processes visual signs.

There are numerous things

***"Stress gives you wrinkles, so laugh more"***  
**Jenn Piripavel**

that can trigger someone to laugh, but only three main theories explaining why we laugh.

The first theory is the incongruity theory, which states that something is found funny when the opposite of what we expect to occur happens. Our minds and bodies predict what is going to happen at the start and completion of the joke. Our expectations come from our past personal experiences and thought processes.

When the joke turns out different than we expected, we have two groups of incompatible thoughts and emotions at the same time.

The second theory is known as the superiority theory. This theory explains why we laugh at another's mistake or misfortune.

The third theory is called the relief theory, which uses laughter as a way of releasing tension and stress. When a situation is too serious or negative, humor allows



Photo by Susan Magnano

**SHU students joke around and stay healthy all at the same time.**

pent up emotions to be released.

***"I'm convinced that I've stayed skinny because I laugh all the time"***  
**Mandy Baublitz**

Having a sense of humor is great for our mental welfare. Laughing helps us release the stress, tension, and negative feelings we have," said senior Violet Durollari from Fort Lee, NJ.

"If we find humor, our

appraisal of the situation is less threatening and we reduce the severity of the stressful experience. Also, humor acts as a buffer to lessen the negative effects that stress has on our mood," said Kambon Camara, an assistant psychology professor at SHU.

"Stress gives you wrinkles, so laugh more," said sophomore Jenn Piripavel from New Haven.

Everyone has heard of the old saying that "laughter is the best medicine," and now it is proven to be true. Not only does laughing lower our stress levels, but it also helps our immune system, which fights off diseases for our body.

Our blood pressure is lowered when we are laughing since

we have less stress hormones to increase our number of blood platelets. The natural killer cells that rid our body of tumors and viruses increase by laughing.

The concentration of salivary immunoglobulin A is raised by laughing and this guards our respiratory tract from infectious organisms.

Instead of being on the rowing machine for 10 minutes or the bike for 15, try laughing a 100 times.

Every time you laugh you are burning calories. Your entire body including your diaphragm, abdominal, respiratory, facial, leg and back muscles are given a workout each and every time you open your mouth and let the laugh out.

"I'm convinced that I've stayed skinny because I laugh all the time," said freshman Mandy Baublitz from Boston, MA.

The universal language is laughter. People are naturally attracted to the sound of laughter. If you want to make new friends or ease tough times with people you already know, laughing will definitely help.

Every time someone laughs, giggles or chuckles it helps color the world. Life can be rough and very serious at times and that is why we need to step back and take that time to laugh and realize that life is funny.

## Putting "Spring" in SHU's Step

By Jamie Pasculli  
Staff Reporter

Spring is finally approaching, and that means warm weather and pretty scenery. Students trade turtlenecks with T-shirts and tank tops. All over Sacred Heart's campus people are outside enjoying the warm weather.

They are congregating on the patio and the lawn to have lunch and hang out with their friends. Guys are sporting shorts, while

girls are strutting in skirts, and sandals are the shoe of the season.

There are so many things about spring that people love. So what do the students of Sacred Heart like most about spring?

Gabriella Cerasi, a freshman from Glen Cove, NY loves spring for its style.

"I love shopping for spring clothes because it makes me so excited for the warm weather, and I know that summer is on its way.

"When I'm sitting in class I look outside and I see people everywhere in shorts, tank tops, and skirts. I just like spring clothing so much more

than winter clothing, and after this winter I'm especially glad to start wearing tank tops and sandals again," said Cerasi.

Angela Mercer, a sophomore from Plainfield is enjoying the spring weather.

"I love the spring time because of the air, it always smells so fresh and clean. I love waking up to sun rays in the morning, shining in on my face and waking me up for another beautiful day.

"I also love walking at night in the spring. The cool air brushes through my hair and the sky is so clear and full of stars," Mercer explained.

"Spring is a great time to just hang out and go to the beach with your friends. The warm weather gives us such a nice opportunity to do the things we've been waiting to do all winter. You can just chill outside on campus or play recreational sports with a bunch of different people," Anthony De Bari, a sophomore from Secaucus, NJ said.

Danielle Wiederlight, a senior from Ramsey, NJ said that spring always comes at a good time.

"Spring comes at exactly the right time every year. The end of the [school] year is approaching and people like nothing better

than to hang outside with their friends when it's warm out.

"The atmosphere of spring is terrific because flowers and trees are blooming everywhere, and everyone seems like they are in a better mood," Wiederlight explained.

"It's so hard to sit in class and concentrate during the spring. You look outside the window and the sky is so blue, there are people everywhere and you just want to run out there and chill with everyone. I wish the weather was like this all year round," said senior Bill Weiss, of Farmingdale, NY.



# 10 Tips To Ensure A Great Teacher Recommendation

By Jennifer Motisi  
Staff Reporter

Teacher recommendations. Almost every college student has heard those two words before. In fact, most college students were required to have a certain number of recommendations in order to submit an application to their school. To many it seemed easy.

Just go to everyone's favorite biology teacher or the instructor who taught that one fun elective junior year. Teachers knew the names of every student they had, and usually remembered the students even after they had moved on to a higher grade. College recommendations are a little different.

When applying to a gradu-

ate school, or entering certain scholarship contests, many students are faced with the sometimes challenging task of getting a recommendation from a professor. College professors often do not have the same type of relationship with students as high school teachers had, as one college professor can have hundreds of students a semester.

Karen Guastelle, Dean of Undergraduate Admissions, has to deal with many teacher recommendations every year. She states that these recommendations are important in that they serve to confirm the information given on an application, and give different and more in depth information on a student.

According to self-help website [www.ehow.com](http://www.ehow.com), getting a recommendation from a college

professor isn't as difficult as it may seem. The website offers advice on how to go about getting a recommendation letter, from who to ask, to the best way to remind a teacher about the letter. According to the website, there are certain ways to behave and ideas to implement to get a great teacher recommendation.

Asking for a teacher recommendation does not have to be something dreaded by college students. The steps listed above are simple; go to class prepared, be responsible, and don't be afraid to talk to your professor or ask for a recommendation letter. Remember, they are there to help you. Just follow the ten tips, and you are on your way to a great teacher recommendation.

**1. Arrive to class on time, and be prepared.** Bring your textbooks, make sure you have completed your work and read the material assigned, and take notes. Participating in class discussions helps as well. Keep your comments on topic and ask questions.

**2. According to [www.ehow.com](http://www.ehow.com), one important behavior to practice is attentiveness.** Even if you are bored in the class, make it look like it is the most interesting class you have ever taken. Keep your eyes on the instructor and don't make it look like your mind is somewhere else. While eating and drinking is often allowed in class, try not to make it seem as though you are paying more attention to your food than the professor. Napping during class is not a good way to get on your professor's good side. Also, as for computers in class, whether you realize it or not, professors know when you are playing a game, sending an e-mail, or talking on instant messenger rather than taking notes on your laptop.

**3. Should you miss a class, whether it is excused or not, notify your teacher about the missed class.** E-mail the professor and explain that you weren't feeling well, slept through your alarm, or whatever the case may be. Catch up on work and copy notes from a friend. If necessary, make an appointment to meet with your professor during his or her office hours.

**4. While you want to become a familiar face, there is such thing as too much familiarity.** [www.ehow.com](http://www.ehow.com) stresses the importance of this factor. Don't monopolize all of your professor's time before and after class and during office hours. Remember, your professor may have hundreds of students that he or she needs to help.

**5. Take responsibility for your work.** Turn in all assignments on time, and don't wait until the last minute to ask questions. Excuses such as "my printer ran out of ink," or "my disc broke last night," may not hold up well for some professors.

**6. Once you have done these things in class, it is time to choose the professor who you would like to ask for a recommendation.** You should ask someone who you know will write you a favorable letter, but also remember that a recommendation from a department chair or a professor in your major subject area are most relevant. Dr. Christel Manning, Associate Professor and Chair, Department of Philosophy and Religious Studies, has given some advice on choosing a professor. Dr. Manning states; "The most important factor in getting a good recommendation from a professor is your relationship with him or her. Start by asking a professor with whom you've had at least two classes. This increases the chances that the professor will actually have something substantive to say about you. Most students will only approach professors who have given them good grades. This makes sense--if being in the class enabled you and the professor to get to know each other. You're better off with a letter from a professor who gave you a B but who can comment meaningfully on who you are than from a professor who gave you an A in a big lecture class and barely remembers your name."

**7. Write out a resume.** Guastelle believes that this is extremely helpful to a professor writing a recommendation letter. Guastelle says that these resumes do not have to be formal, and the student should write down any work experience, different classes taken, extra curricular activities, sports, important projects, and anything else that you would like your teacher to say about you. This will ensure that your recommendation will stand out from others as well as shows all of your strengths and accomplishments.

**8. Follow up. If your professor says that he or she will write you a letter, then of course they will, so don't be shy to remind them.** Don't bug your professor about it every time you see him or her, but a reminder about two weeks or so after you don't get the letter should suffice.

**9. According to [www.ehow.com](http://www.ehow.com), you should always make copies of your original letter.** Chances are your professor will not save a copy of the recommendation they wrote for you. If you lose the letter, or run out of copies of the original, you'll be grateful you have spares.

**10. If you hit it off with a professor early in your college career, make sure to keep in touch with him or her.** By meeting with the professor every once in a while to discuss the subject relevant to the class and taking more than one class with him or her, you will become more than just a face in the crowd.

# Hoops & Hoots: SHU Professor Challenges Basketball Starters To A Shoot-Off

By Jamie Pasculli  
Staff Reporter

If you had the chance to go against one of your professors in a basketball shootout, would you do it? Well tonight in the Outpost, two members of Sacred Heart University's basketball team are going up against their Principles of Marketing (MK 261) professor, Dr. Josh Shuart.

"I've decided to challenge two of the [starters] on the Men's Basketball team to a public shooting contest...in an event totally conceived, planned, coordinated, and marketed by the class members," Dr. Shuart explained.

This whole event came about when Dr. Shuart was trying to involve his whole class in a marketing event. The class is composed of forty-plus students and is held in the Schine.

Dr. Shuart noticed early in the semester that there were two basketball players in his class. The two basketball players are Justin James and Omar Wellington.

After class one day, Dr. Shuart approached the two after class and explained his idea for a class-wide marketing project. The main event would be a shootout between Dr. Shuart and James and Wellington.

"The impetus for the event was interesting. The schedule 'blessed' us with the Schine Auditorium. We are a class of forty, meeting in a huge auditorium. I knew in order to get and keep their attention, I might need to attempt something a little crazy."

"I was willing to risk personal athletic embarrassment, all in the name of active engaged learning. I also considered it an innovative way to involve each and every student in leadership roles and offer an additional means by which to integrate the course material," Dr. Shuart said.

After the two agreed to participate in the event, Dr. Shuart announced the event to his class the next time they met. The class became very intrigued and involved. Two of Dr. Shuart's students became very excited about the event and helped to take care of the small details for the event.

Mike Peluso and Brent Wilder got the ball rolling, so Dr. Shuart asked them if they would like to be coordinators, and they agreed.

From that point on, Dr. Shuart said, "My involvement was limit-

ed and they were charged with all aspects of putting the event on. For instance, planning and developing the ideas, and coordinating, advertising, and marketing."

Peluso and Wilder developed marketing teams for the class, each team had a leader, and they were challenged with performing the necessary activities to make everything happen.

Peluso and Wilder can't wait to see the outcome of the event.

"For once we get to see if a teacher can put their money where their mouth is. All semester long, Dr. J. has been letting us know that he is going to bring his A game to his opponents from the Men's Basketball team."

"Apparently he was such a good shooter in college that he was given the nickname, 'The Pennsylvania Python' because he could strike from anywhere. What we are going for is an event where the students can not only get to come and enjoy some basketball, but get a chance to compete in some events for prizes as well as listen to great music and have some food."

"If the weather is nice, the event will be outside on the Patio as well as the Outpost, and if the weather decides to stay in winter mode then the event will take place in the University Commons. This is one event I wouldn't miss," Peluso said.

"It wasn't hard but very interesting putting this together. It showed the class really how to market something and hopefully it works. There will be a DJ playing music for a party atmosphere and the pub will be open for the over 21 crowd," Wilder said.

For Dr. Shuart, the most significant thing about this event is how the students handled the responsibilities of the event.

"Most importantly, regardless of the outcome of the shooting contest, which I will win, I can unequivocally deem it a success. All students have been involved since day one, and this has carried over into their performance in other areas of the class such as case decision-making and exam scores."

"Given the positive feedback so far from the class members, I am petrified to think of what might be expected of me from my next class! However, I must stress that the students deserve all the credit, they did the work," said Dr. Shuart.



## NBC Reporter David Bloom dies in Iraq

By Erin Demchak  
Staff Writer

On Sunday, NBC lost a valuable person and journalist. Co-anchor of the weekend editions of "Today" and news correspondent David Bloom, 39, died of an apparent pulmonary embolism while traveling with the US Army's 3rd Infantry Division outside of Baghdad. NBC staff was shocked and saddened when they learned about Bloom's sudden death. NBC News President, Neal Shapiro, commented on Bloom. "Over the

past few weeks, we marveled as he demonstrated a tireless devotion to this story. At this incredibly difficult time, our thoughts and prayers are with David's family and all of our brave colleagues who remain overseas." While Katie Couric said of the tragedy, "It's a hard morning for all of us." "Today" co-anchor Soledad O'Brien, paid tribute on the network's broadcasts Sunday.

In his nearly 20-year career, Bloom covered many top stories for NBC News. Most recently reporting from Israel on the escalating violence in

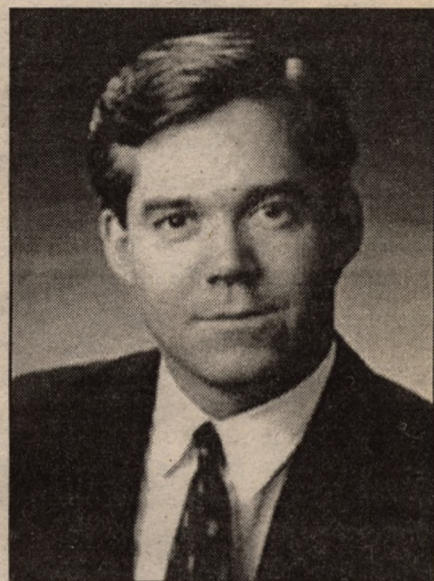
the Middle East and from the United States on home-front security and the recovery efforts at Ground Zero in the immediate aftermath of the attacks of Sept. 11, 2001. Throughout his career, he has covered such stories as the Unabomber, the Freeman standoff in Montana and the war in Bosnia. He also covered Bob Dole's 1996 presidential campaign and the O.J. Simpson criminal and civil trials. As well as Hurricanes Andrew and Emily, the Somali famine, the Midwest floods, the siege by federal agents of the Branch Davidian cult in

Waco, Texas, the escape of Colombian drug lord Pablo Escobar, and the coup that led to a U.S. intervention in Haiti.

David Bloom will be missed most for his good humor, integrity, professionalism, and enthusiasm for his job.

Photo courtesy of NBC

At left: Bloom became a national face while on the NBC Nightly News.



## Boy Wizard Vs. Hannibal the Cannibal

By Patrick Scalisi  
Staff Writer

The first two weeks of April will see a strange showdown at the rental store as both "Red Dragon" and "Harry Potter and the Chamber of Secrets" premiere on video within ten days of one another. Each film continues a lucrative franchise, one of which (The Hannibal Lecter Saga) has just come to a close, and the other (The Harry Potter Adaptations) having just been started. While both boast equal, if not varying, fan bases, predicting who will come out on top in this battle of the sequels (or prequels) will be much harder to predict.

"Red Dragon" begins the story of how Dr. Hannibal Lecter first began aiding hot-shot FBI agents in solving cases from behind bars. A retake on Michael Mann's original adaptation "Manhunter," "Red Dragon" proves to be as creepy and thrilling as its predecessor. Anthony Hopkins reprises his role as Lecter for what he claims is the final time. Sporting a digital face-lift to make him appear ten years younger, Hopkins growls and caresses his way through the part as if it were a worn suit that he is so used to wearing.

However, the real star power of the film lies not in Hopkins but in the foil characters created by Edward Norton and Ralph Fiennes. As retired field agent Will Graham, Norton is as taut as wire, exercising all of the skill available to him to play a man torn between his occupation and his family. Having been wounded by Lecter in the opening moments of the film, Graham goes into retire-

ment until his skills are needed to track down a serial killer known only as "The Tooth Fairy." If anyone were perfect for the part of this madman, it is certainly Ralph Fiennes. Sporting a tattoo



Photos courtesy of the IMDB

Above: Harry Potter  
Below: Red Dragon



that took eight hours to apply and a face disfigurement that forces his face into a perpetual snarl, Fiennes is every part the madman that he portrays.

Better than "Hannibal" and more comparable to "Silence of the Lambs," Brett Ratner's "Red Dragon" is now available on video. Boasting a huge profit in its opening week alone, "Red Dragon" will certainly have some stiff competition on April 11th.

Making a special Friday premiere on video, "Harry Potter and The Chamber of Secrets" is sure to give Hannibal and crew a run for their money.

"Chamber of Secrets" picks up where "Sorcerer's Stone" left off. Now finished with the exposition that marked the first film, "Chamber of Secrets" throws Harry and his gang right into the center of a mystery that has plagued Hogwarts for several hundred years. After receiving a warning from a CGI house elf named Dobby, Harry disregards the eminent danger of returning to school and hops into a flying Ford Anglias (don't try to find one-flying or otherwise-on this side of the pond) with his good friends, The Weasleys.

Considerably darker in points than the first film, "Chamber of Secrets" forgoes the sugarcoated plot and makes for one that is more appealing to a broader audience. Daniel Radcliffe and his supporting cast members truly show promise as young actors and tackle a wide range than some film stars twice their age could not handle. While only committed for one more film (due in late 2004), Radcliffe proves that he may one day take his place among England's greatest actors; his growing up in the public eye has been like watching the birth of a star.

Just in time for the weekend, "Harry Potter and the Chamber of Secrets" premieres on video this Friday. Be sure to pick up either of these great films over Easter Break for a nice dose of thrills and child-like wonder.

The Sacred Heart Univesity  
Center Stage Show Choir presents:

"Cinemania"  
Music from the Movies

April 11 and 12, 2003  
in the University Theater  
@ 7:30

## Eric Alterman famed journalist to speak at SHU

By Gregory Golda  
Contributing Writer

Alterman is . . . a master stylist with a highly sophisticated sense of humor. George Reedy, The Washington Post

The featured speaker for the Ninth Annual Media Studies Symposium at Sacred Heart University will be Eric Alterman, who will discuss his current book, What Liberal Media? The Truth About Bias and the News (Basic Books, 2003), described by Publishers Weekly as required reading for anyone in politics or journalism, or anyone curious about their complicated nexus.

He is a frequent commentator on media and political affairs, and his book, Sound and Fury: The Making of the Punditocracy, has been described by

Bill Moyers as the best book yet on the insider culture of Washington.

Alterman currently writes the Stop the Presses media column for The Nation and the Altercation web log (www

w.altercation.msnbc.com) for MSNBC.com.

In recent years, he has been a contributing editor to or columnist for Worth, Rolling Stone, Elle, Mother Jones, World Policy Journal, and The Sunday Express (London).

His Sound & Fury: The Making of the Punditocracy (1992, 2000), won the 1992 George Orwell Award, and his It Ain't No Sin to be Glad You're Alive: The Promise of Bruce Springsteen (1999, 2001), won the 1999 Stephen Crane Literary Award.

He is also the author of Who Speaks for America? Why Democracy Matters in Foreign Policy (1998), and When Presidents Lie: Deception and Its Consequences (forthcoming).

He is a senior fellow of the World Policy Institute at New School University, and an affiliated faculty member in the magazine journalism program at New York University.

Sunday April 13, 2003 7:30 P.M. Schine Auditorium / Ryan-Matura Library, Sacred Heart University Open to the Public Reception to follow





Photo courtesy of the Internet Movie Database  
**Jack Nicholson and Adam Sandler's new movie has already received a lot of hype.**

## “Anger” Brings Nicholson and Sandler together

By Amanda Kenworthy  
 Staff Writer

Friday, April 11, “Anger Management” will premiere in theaters nationwide and unite Adam Sandler and Jack Nicholson on the big screen for the first time.

Adam Sandler portrays the mild-mannered, non-confrontational Dave Buznik, who is wrongly sentenced to an anger management program after an outburst on an airplane. Under the supervision of the program’s aggressive therapist, Dr. Buddy Rydell, played by Nicholson, the life of Sandler’s character is turned upside-down.

The film brings together the two actors, whom both

have superb comedic potential. Sandler is a ‘Saturday Night Live’ alumni, as well as the star of many comedies of his own creation, such as “Happy Gilmore” and “The Wedding Singer” as well as more serious roles in the more-recent “Punch Drunk Love.” Jack Nicholson has been appearing on the big screen for over 40 years. He has been successful in playing a variety of roles from serious (“A Few Good Men”) to comedic (“As Good As It Gets”) and frightening (“The Shining”) to compassionate (“Terms of Endearment”). Marissa Tomei, John Turturro, and Woody Harrelson also star in “Anger Management.”

“I’m eager to see ‘Anger Management’ because it put

together two very talented actors, Sandler and Nicholson,” says Junior Mary Beth Morrissey of Cape Cod, MA. “How can you go wrong?” Junior Donavon Wagner of Franklin, MA comments, “I’m looking forward to seeing ‘Anger Management’ since I’m such a big Adam Sandler fan. I loved him in ‘Happy Gilmore’ and ‘Billy Madison’ as well.” Junior Marc Ferraiolo of East Haven says, “I’ll go see ‘Anger Management’ when it comes out, the previews look pretty good. Nicholson can be funny, but in a serious way, as opposed to Sandler who used to be on ‘Saturday Night Live’ so it should be interesting.”

“Anger Management” is another comedy to add to Adam

## Controversial “Phone Booth” finally Taps into Theaters

By Alison Pohorylo  
 Staff Writer

Originally scheduled to open on November 15, 2002, “Phone Booth” starring Colin Farrell finally opened this past Friday. Why such the delay?

It had to do with the film’s content. Although not inappropriate for audiences in general, Phone Booth’s plot revolves around a Farrell’s character, Stu Shepard, who answers a ringing phone in a New York City phone booth to find that the caller is a sniper and if Shepard hangs up the phone, he will be shot.

In October of 2002, America watched the news in horror to see that the Washington D.C. area was being showered with bullets fired from the gun of a sniper.

Nine people were killed in the silent attack.

Out of respect to those killed and their families, as well as out of human decency, “Phone Booth’s” distributors, 20th Century Fox pushed back the film’s release date.

As the world that we live in today is not perfect, Hollywood is learning to take peoples’ feelings into account surrounding a tragedy such as the Washington area sniper.

Julia Stiles’s O, a drama about high school students in

which one student is shot and killed was bumped to a later release date due to the devastating Columbine shootings.

Scenes from Spiderman were altered to be less violent as America just suffered its greatest loss on September 11, 2001.

September 11 also pushed back the opening date of the recently released A View from the Top, a comedy about air travel.

Sophomore, Heidi Aqel, from Ardsley, New York commented, “I think that pushing back the release date was the only responsible thing that the studio could have done.”

“It would have been very insensitive of them to release a movie about a sniper right after our whole country learned just how horrible an attack like that could be.”

Hollywood is becoming more and more sensitive to how certain things should not be brought out at certain times.

“Phone Booth” is a perfect example of this.

In its 80 minutes, the audience is captivated by Ferrell’s character’s fear of his unknown gunman.

Although it would have been all too inappropriate to release last November 15, its chilling story can be appreciated and enjoyed now.

## “Exploration of Space and Form”: Art Student Senior Thesis on Display

By Dennis Fleischman  
 Contributing Writer

Exploration of Space and Form is the title of James Davis’ Senior Thesis Exhibition.

From April 22nd to April 30th, it will be on display at Sacred Heart’s Gallery of Contemporary Art.

“Art just felt right for me...” is what Davis said when asked why he chose to be a Fine Arts major.

He has been developing his painting style ever since that choice.

The exhibition will consist of paintings, drawings and sculptures that Davis has created during his time at Sacred Heart.

The sculptures are the 3-D images that Davis creates to have a visual model of what he is

painting or drawing.

With the models, Davis can experiment with different lighting schemes to create variations in the light, the element

that describes space, in order to create the image he desires.

There is no technology shown or represented in his work, and Davis does not use any sort of technology to create his paintings, drawings or sculptures.

Davis’ work centers on emotion and expressing emotion. That can be seen through the colors and shapes that he uses in his work.

All of the shapes that Davis uses are organic in form and the colors are natural as well.

Also, by using a limited palette of colors in each piece Davis

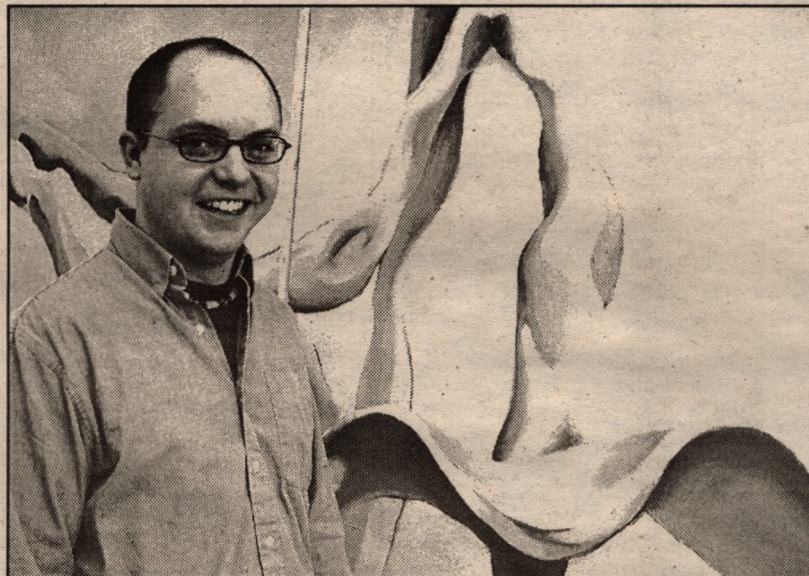


Photo by Susan Magnano

James Davis has worked tirelessly on his artwork all four years at SHU. Now he can show the school his hard work.

can explore a wide range of emotions using only subtle variations in the colors.

Davis will be graduating in May, and he has an exciting interview planned for the near future.

an artist of her caliber would be a great and interesting experience for him.

Davis is a familiar face in the Art department. His work is displayed on several walls throughout the building.

Each piece that Davis creates is unique and different in it’s own way.

The emotion and feeling that is put into each piece is visible in the final product.

Davis is a talented and gifted artist who will be missed by many after graduation.

Anyone who has the time and the inclination should go and experience Davis’ Senior Thesis Exhibition, Exploration of Space and Form at Sacred Heart’s Gallery of Contemporary Art.

The Exhibition will be open from April 22nd to April 30th with a reception on Sunday April 27th from 1 to 3 PM.



# PIONEERS



## Aspiring For the Top

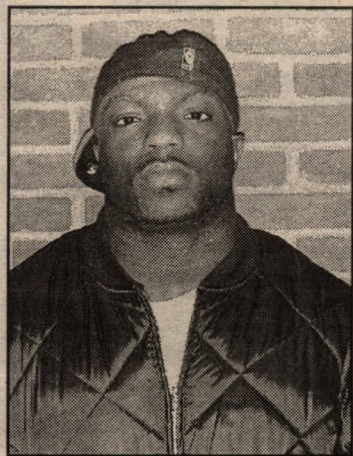


Photo by Kyle St. George

**Kayode Mayowa hopes to prove all skeptics wrong and become the second SHU Football player to be drafted to the NFL.**

a perfect 11-0 season in 2001 where Sacred Heart was crowned National Champions.

Mayowa, a four-year starter, and perennial All-American and All-Conference player at middle linebacker, holds the all-time school record for tackles with 453, and is tied for second all time, with Hubbard, in quarterback sacks with 24 1/2. These numbers along with twice being named NEC Defensive Player of the Year (2000 and 2001) and being awarded the Ernie Davis Award for overcoming adversity and performing in an exemplary manner, has gotten the attention of some NFL scouts. Mayowa recently attended a combine at Brown University to prove to the scouts that even though he may be from a small time school, he has big time talent. There he worked out for six NFL teams, including the Minnesota Vikings, New York Jets, New England Patriots, Philadelphia Eagles and the New Orleans Saints.

Hubbard, a three-year player after transferring from Fort Scott Community College in Kansas also has numerous All-American and All-Conference honors while compiling 164 tackles and 24 1/2 sacks while starting at defensive end for the Pioneers. Hubbard, also out to prove his worth, went to work out for scouts from the NFL, CFL as well as some Arena League teams during a workout in Boston, and one here at the William H. Pitt Center.

Both players had very different paths that lead them here to Sacred Heart, but both are happy the way things turned out for them. Mayowa, who came to Sacred Heart directly from high school looked at the program as an opportunity for himself. "If I went to a bigger school I definitely would have been a walk-on. But there is no need to be a punching bag for two or three years just to play for one year" Mayowa said. "Why go to a bigger school and get beat up, when you could go to a smaller school play right away, get some recog-

### THEIR STATS

#### Kayode Mayowa

Senior  
Linebacker  
6-0 236  
Providence, RI/Lasalle Academy

Year	G	UT	AT	T	Avg	TFL	Sacks	FF	FR	INT
1999	11	75	43	118	10.7	28.0	6.0	2	2	0
2000	11	57	72	129	11.7	15.0	6.0	2	1	1
2001	11	44	49	93	8.3	7.0	4.0	0	5	3
2002	10	57	56	116	11.6	15.5	8.5	1	1	1
<b>Total</b>	<b>43</b>	<b>233</b>	<b>220</b>	<b>453</b>	<b>10.5</b>	<b>65.5</b>	<b>24.5</b>	<b>5</b>	<b>9</b>	<b>5</b>

#### Shaun Hubbard

Senior  
Defensive Line  
6-4 240  
Neptune, NJ/Fort Scott CC (KS)

Year	G	UT	AT	T	Avg	TFL	Sacks	FF	FR	INT
2000	11	22	17	39	3.5	6.0	8.0	3	2	1
2001	10	22	24	46	4.6	16.0	8.5	1	2	1
2002	10	37	42	79	7.9	19.0	8.5	1	0	0
<b>Total</b>	<b>31</b>	<b>44</b>	<b>41</b>	<b>164</b>	<b>5.5</b>	<b>41.0</b>	<b>25.0</b>	<b>5</b>	<b>4</b>	<b>2</b>

and develop as a player and as a person. Its better to go to a small program and play right away, because you are going to get recognition if you are a player."

**"I just want to get on the field, and I think I can. It's all about getting a shot, and whoever gives me that shot I promise I'll make the best out of it," Mayowa said. "I want to keep playing and prove someone wrong and make them feel bad for not taking a chance on me."**

Hubbard's route came via Fort Worth Community College in Kansas. Hubbard was originally being scouted by Oklahoma University, but was ruled ineligible. After two years at Fort Worth CC, Hubbard made the decision to transfer to Sacred Heart. "[Oklahoma] set me up with a junior college in Kansas so I could be close to them. But then while I was over there they made a coaching change, so I was pretty much left stranded over there," he said, "I liked what I saw [at Sacred Heart] and I liked what the coaches offered. I don't regret it."

Despite their individual successes, both players know that football is a team game, and they owe part of their successes to their coaches and fellow players. "Coach [Mark] Nofri, Coach [Jim] Fleming,

coach [Bill] Lacey, coach [John] Thompson, and the new addition coach [Pete] Ewald. They have been real great. I've learned so much from them, I wouldn't trade it at all," he said "There is so much that I have learned from the game from them. They have taught me so much stuff about film and stuff that I didn't know. And now all that stuff is second nature." Mayowa said. "The experience here, will not only prepare you for professional football, but for being a professional in life. It helps in all aspects," Hubbard said, "Mentally it prepares you and the physically it prepares you."

**"The experience here, will not only prepare you for professional football, but for being a professional in life. It helps in all aspects," Hubbard said, "Mentally it prepares you and the physically it prepares you."**

Mayowa, Hubbard, and many other draft hopefuls, will find out if they get their shot, when the NFL holds its annual draft on April 26 and 27. "I just want to get on the field, and I think I can. Its all about getting a shot, and whoever gives me that shot I promise I'll make the best out of it," Mayowa said. "I want to keep playing and prove someone wrong and make them feel bad for not taking a chance on me."

## Tennis Baseball

Continued From Page 14

away with a well deserved win. "It seemed more like conditions for a football game in the middle of December," Kantarelis said. "We still managed to walk away with a win though," Kantarelis added.

On the Men's side, Kaljaj defeated Josh Pruett, 6-2, 6-2, at number one singles and then paired up with S. George to top Josh Pruett and Steven Johnsen at number one doubles, 8-2. George, R. Darragh, junior, P. Darragh (Bayport, NY) and sophomore, Alex Kantarelis (Worcester, MA) all took home wins from the singles round. S. George defeated Wagner's Will Granlund, 6-3, 3-6, 6-4 while R. Darragh defeated Danny Bours, 6-1, 6-0. P Darragh defeated Anthony Ferrandez, 6-0, 6-0 while Kantarelis won against Wagner's Jeff Quitmeyer with a score of 6-7 (4), 6-0, 7-5.

Kaljaj and George defeated Pruett and Johnsen of Wagner, 8-2, at number one doubles. Bowers and P. Darragh won against Wagner's Granlund and Bours, 8-5 at number two doubles while R. Darragh and freshman, Peter George (Lynnfield, MA) defeated Ferrandez and Quitmeyer, 8-0, at number three doubles.

"Stony brook was a sort of tune up match for the start of our league play. The conference matches are what counts the most and playing teams like Stonybrook help us to prepare ourselves. This is how we came out and beat Wagner so efficiently," R. Darragh said.

The women who also defeated Wagner walking away with contributing wins from Galatie, Shoop and Jalli at one, two and three singles, consecutively.

At number one doubles, Galatie and Shoop defeated Jenny Ludyigser and Gina Gelardo, 8-5 while Jalli and sophomore, Katelyn Kittredge (Medfield, MA) walked away with an 8-6 win against Lisl Tejeda and Jana Roberts.

Continued From Page 14

3-0 in game two of the twinbill and despite five hits, two each from freshman third baseman Jason Maiella (N. Haledon, NJ) and sophomore second baseman Greg Delmonico (Brewster, NY) and one from junior first baseman Jamie Schilkowski (Shelton, CT), the Pioneers couldn't muster any runs.

Junior pitcher Eric Bushor (Uncasville, CT) drops to 2-3 on the season as a result of the game two loss. Bushor gave up three runs on six hits in seven innings.

**"We've got some great young and upper-classmen talent, but it means nothing if we don't have that swagger or the quiet confidence," said Ristano.**

"We need to get our swagger back and we need to step up to the plate or onto the mound like we are better than the team we are playing. We've beaten ourselves before we start the game. We've got some great young and upperclassmen talent, but it means nothing if we don't have that swagger or the quiet confidence," said Ristano.

The team drops to 6-15 overall and 2-5 in the Northeast Conference.

The Pioneers are back in action this weekend for a three-game series, including a Saturday doubleheader against UMBC starting at 12 pm with the second game being played at 2 pm. The game Sunday begins at 12 pm and the whole series will be played on Sacred Heart's home field, Harbor Yard.

"We are in any ordinary slump that we just got to stick with it and things will turn around. We are definitely better than our record shows," said Sommers.



# Pioneer Dance Team Grooves in Nationals

**The SHU Dance Team had an impressive finish of 8 out of 22 in this years national competition.**

By Kyle St. George  
Sports Editor

The Sacred Heart University Dance Team traveled to Daytona Beach, Florida last week to compete in the NDA Collegiate Nationals and out of 22 teams, the ladies placed 8th in the nation in Division I. This was only the fourth year the team competed at the national level and the second year in the larger, more competitive Division I. The Dance Team from Towson University won the division for the fourth year in a row and SHU Dance Team's score of 8.79 (out of 10)

was only behind the first place finishers by less than .9.

*"We are so close and team oriented and that is a major part of how we made it to finals and I couldn't be more proud of us. To be able to dance outside with thousands of people watching us was such an awesome experience that I'll always remember." Michelle Bassi*



Contributed photo

**The Pioneer Dance Team's theme was boxing, and it proved to be a good one as they took eighth place in the nation. They are pictured above following their impressive performance.**

## THE PIONEER SCHEDULE

### Thursday, Apr 10

Softball at Siena Loudonville, NY 3:00 PM  
Women's Golf at MSM Invit Emmittsburg, MD All Day

### Friday, Apr 11

Women's Golf at Dickinson Invite Carlisle, PA All Day  
Men's Tennis vs Hartford Fairfield, CT 2:00 PM  
Women's Tennis vs Hartford Fairfield, CT 2:00 PM  
Women's Lacrosse vs Wagner Fairfield, CT 4:00 PM

### Saturday, Apr 12

Baseball vs UMBC Fairfield, CT 12:00 PM  
Baseball vs UMBC Fairfield, CT 2:00 PM  
Softball vs Monmouth Fairfield, CT 1:00 PM  
Softball vs Monmouth Fairfield, CT 3:00 PM  
Women's Rowing at William Knecht Cup Camden, NJ All Day  
Women's Track at CCSU Invite New Britain, CT TBA  
Men's Track at CCSU Invite New Britain, CT TBA  
Men's Golf at Providence Providence, RI All Day  
Women's Tennis vs FDU Fairfield, CT 12:00 PM  
Men's Tennis vs FDU Fairfield, CT 12:00 PM  
Men's Lacrosse vs Drexel Fairfield, CT 1:00 PM

### Sunday, Apr 13

Baseball vs UMBC Fairfield, CT 12:00 PM  
Softball vs LIU Fairfield, CT 12:00 PM  
Softball vs LIU Fairfield, CT 3:00 PM  
Equestrian at Zone 3 Champ Dover, DE TBA  
Men's Golf at Providence Providence, RI All Day  
Women's Rowing at William Knecht Cup Camden, NJ All Day

### Monday, Apr 14

Women's Golf at Hartford Invitational Hartford, CT All Day  
Women's Tennis at St Peters Jersey City, NJ 3:00 PM

### Tuesday, Apr 15

Women's Golf at Hartford Invitational Hartford, CT All Day

### Wednesday, Apr 16

Men's Lacrosse at Loyola Baltimore, MD 4:00 PM

"These girls did such an amazing job and it made me so proud to be a part of this team, and we're only going to get better each year from here," said sophomore Lindsay Lukowski from Syracuse, NY.

In order to even qualify for Nationals, each team must send in a video tape with 30 seconds of four styles of dance - pom, funk, jazz, and technical skills. Once accepted, all teams compete in a Preliminary round and the teams with scores that finish in the top half, move onto Finals the next day. The routines at Nationals can be no longer than two minutes and 15 seconds and must incorporate the four aforementioned styles of dance into a unique, energetic, and entertaining performance. With a score of 8.72 the SHU Dance Team was well on their way to finals to compete with such well-known schools as UNC Charlotte, UMass, James Madison University and Long Beach State University.

Freshman Kate Reid was so happy to attend Nationals for the very first time and support the team. "The team really pulled it together and had the scores to show it. They looked the best I've ever seen them. The experience was overwhelming. It's great to be part of such an amazing team with amazing people."

In the Finals, the entire competition moves outside to a huge stage that overlooks the beach and the Atlantic Ocean and the scores are wiped clean. The teams who qualified the day before perform in reverse order and get one more chance to give it their all and impress the audience and more importantly, the judges. Maria Hendrickson, a four year member from Boonville, NY said, "As a senior I have seen this team grow a lot, and dancing with the team for

our first time in D1 finals means so much to me because it will be the last time I dance in a competition with such a great group of girls." SHU's score improved at Finals, and they walked away with the highest finish in the team's history.

"I never experienced something like dancing on the beach in Daytona with such a supportive team. It was the most rewarding experience," said sophomore Liz Carr, from Stonybrook, NY.

*"I never experienced something like dancing on the beach in Daytona with such a supportive team. It was the most rewarding experience,"  
Sophomore Liz Carr*

Besides being a very close group of young women while at dance practice, the SHU Dance Team also spends a lot of time bonding on their own time, which definitely helps the team morale.

Sophomore Michelle Bassi from Fairfield said, "We are so close and team oriented and that is a major part of how we made it to finals and I couldn't be more proud of us. To be able to dance outside with thousands of people watching us was such an awesome experience that I'll always remember." Danielle Weslock, a sophomore from Roselle Park, NJ said, "Being on the dance team is a privilege itself, but the trip to Daytona is by far the best experience. The performance on the beachfront stage was truly a thrill; one to never be forgotten. Placing 8th made me so proud!"



# Spring Track Bounds Their Way to Success

*Continued From Page 16*

ecstatic, it was fun beating those girls into the ground" said Wrinkle. "It's hard to run such a fast time with no competition. I think she could go a lot faster with someone pushing her" said head coach Christian Morrison.

Teammate sophomore Frances Bundy (Pleasantville, NJ) also turned in an individual win, broke her own school record, and recorded an automatic New England qualifier in the 400 meter hurdles. Bundy won easily in a time of 1:04.64, to smash the school record she set just last week in the Monmouth Season Opener of 1:06.91. Bundy currently ranks 3rd in the NEC in the 400 meter hurdles. In addition, Bundy chipped in a 5th place finish in the long jump with a leap of 17' 6 1/4". She is also automatically qualified for New England's in the event. Junior Kristin Eckert (Farmingville, NY) placed first in the hammer throw with a toss of 147'01". "I felt pretty good about it since it was such bad weather, and I think that I am starting the season off pretty good" said Eckert.

Junior Sara Tasber (Henrietta, NY) placed second in the 800 meter run crossing the line with a time of 2:15.69. "I am happy with my time especially due to the bad weather. It felt good it was a good early season time I am right on schedule for reaching my seasonal goals" said Tasber. Sophomore Siobhan Fogarty (Cortlandt Manor, NY) also had a second place finish in the high jump clearing 5'02.25."

The women had a great day in the relays, as well. Despite the unfriendly sprinting conditions, the women's 4 x 100 meter relay



Photo by Schris Giarrusso.

**(Above): Mathew Uzinski leads the way in an endurance race. (Right): Katie Wrinkle does what has become second nature to her, pull out in front of the pack.**

team finished 5th and missed the standing school record by a mere .03 seconds. The team of freshmen Meghan Sullivan (Windham, NH), senior Kendalle Brown (Attleboro, MA), Lauren Drew (Buxton, ME), and Bundy recorded a fast early season time of 51.24. Later on the women's 4 x 400 meter relay lost a close battle with Boston College, to record the team's third 2nd place finish of the day. The team of Bundy, junior Emily Marks (New

Milford, CT), sophomore Cheryl Beaulieu (East Hampton, CT) and Tasber ran a fast 4:01.39, and missed setting a school record by less than a second.

"The team scores weren't reflective of what a strong meet the women had. The relays, Wrinkle, Tasber, Bundy, Eckert, Fogarty, Beaulieu, with so many ranked well in the NEC, and with so many New England qualifiers, I'd say the women have a chance for a great season" said head

coach Christian Morrison.

On the men's side Freshmen Martin Moroney (Mountainside, NJ) placed second in the Javelin Throw with a toss of 172'05". "I wasn't too happy with my throw I was mad about the weather,

and Cataldo, also placed second in a time of 3:27.30. Junior Paul Herman (Bronx, NY) placed third in the 200 meter dash crossing the line in 23.63. Also placing third on the day was Freshmen Neal Shapiro (Glenwood, NJ) in



it was a waste of a chance to improve" said Moroney. The 4x100 meter relay team junior Sal Cataldo (Elmwood Park, NJ), sophomore Gregg Curley (East Wareham, MA), junior Paul Herman (Bronx, NY) and freshmen David A. Mosher (Methuen, MA) took second place with a time of 44.67.

The 4x400 meter relay team Curley, freshmen Neal Shapiro (Glenwood, NJ), Herman

and Cataldo, also placed second in a time of 3:27.30. Junior Paul Herman (Bronx, NY) placed third in the 200 meter dash crossing the line in 23.63. Also placing third on the day was Freshmen Neal Shapiro (Glenwood, NJ) in

the 400 meter hurdles completing the race in 57.73. Sophomore Gregg Curley (East Wareham, MA) placed third in the pole vault clearing 13". Junior teammate Brian Pawlowski also took home third in the long jump with a leap of 21'02.75". Both the men and women return to action on Saturday, April 12 at the Central Connecticut State University in New Britain, CT.

## Tennis Wins One, Drops One Baseball Loses Three

**By Jennifer Jensen**  
Assistant Sports Editor

On April 3, 2003, men and women's tennis competed against Stonybrook University but did not manage to walk away with an all around win. With a final score of 7-0 the men fell to 7-5 on the season while the women are now 5-7 on the season.

Senior, Marjan Kalijaj (New York, NY) lost at number one singles, 6-4, 3-6, (13-11) to Stonybrook's Mike Crooks. Kalijaj then went on to pair up with Steven George (Lynnfield, MA) and lost at number one doubles, 9-8 (7-5) to Stonybrook's Egil Anonsen and Gareth Williams.

At number two singles, S. George lost, 6-0, 6-0 to Egil Anonsen. At number three

singles Albany's Jean-Francois Robitaille beat junior, Jeff Bowers (Naugatuck, CT) 6-1, 6-4. Bowers went on to team up with junior, Pat Darragh (Bayport, NY) at number two doubles, but lost to Stonybrook's Robitaille and David Hewitt, 8-3. With this match, the losses outnumbered the wins.

On the women's end, Lauren Galatie (Monroe, CT) lost at number one singles, 6-0, 5-7 (10-7), to Stonybrook's Patricia Gomez. Freshman, Darcy Shoop (Rocky Hill, CT) lost to Ann Cathrine Valle, 6-0, 6-0 at number two singles while senior, Sonia Jalli (Trumbull, CT) also lost to Karen Hansen at number three singles, 6-1, 6-4. At number one doubles Galatie and Shoop lost to Stonybrook's Gomez and Valle, 8-4.

Stonybrook's, Karen Hansen and Carmie Zink also beat junior,

Jeanne Sampson (Irvington, NJ) and senior, Tiffany Paul (Tinton Falls, NJ) at number two doubles, 8-3. After this match the men and women's pioneers were ready to face off against University of Hartford on April 4, but the match was postponed due to the impending weather and rescheduled to this Friday, April 11 at 2pm with home advantage.

Three days later, the men and women squared off against Wagner College right here at Sacred Heart. The men's final score was 6-1 to better their record to 8-5 on the season while the women walked away with a 5-2 victory to move to 6-7 on the season.

Even with the unsatisfactory weather conditions that day, Sacred Heart managed to walk

**See "Tennis"**  
Page 12

**By Katie Atkins**  
Assistant Sports Editor

The Pioneers managed just three hits and had four errors in a 12-4 loss against Iona Thursday afternoon. Iona opened the game with a five-run first inning and finished the game with a total of 12 hits.

Though SHU struggled offensively, they scored two late runs on a ninth inning single by sophomore catcher Chris Sommers (West Nyack, NY), who finished the game with three runs batted in. Sophomore second baseman Greg Delmonico contributed two hits, including a triple and run scored in the eighth inning.

Starting pitcher Noiel Brill, who gave up eight runs on four hits in three and two-thirds innings, drops to 0-1

The Saturday doubleheader against Long Island University was rescheduled for Sunday due to in climate weather. Although the Pioneers held a 2-1 lead in the first game after the first inning as a result of a two-run double by junior third baseman Brian Rojee (Foxboro, MA), LIU battled back with a four-run third inning.

The loss to Long Island University puts junior pitcher Dan Scott (Nanuet, NY) at 0-6 for the season.

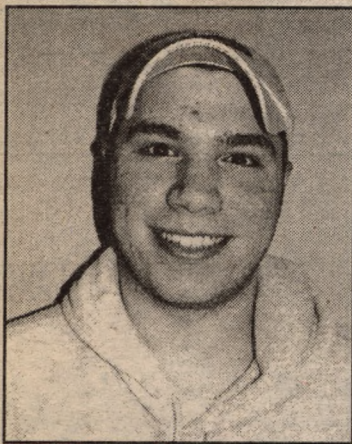
"Everyone right now is giving their all, however at this point it's just not good enough. Somewhere along the line we forgot to play every game as if it was our last and we are suffering as a result of that," said junior captain and pitcher Chuck Ristano (Valley Stream, NY).

Sacred Heart was shutout

**See "Baseball"**  
Page 12



# I'm Going Pro!



**By Hank Gargiulo**  
Sports Columnist

That's right ladies and gentleman, I have decided to forgo my senior year, and declare myself eligible for the National Sportswriters League (NSL) draft.

This was a very difficult decision for myself, but I feel that I am ready to go pro. I know there is still a lot of development that I need in my writing, but why stay here and potentially get a career threatening injury, such as carpal tunnel or a shattering a bone in my wrist. I have even taken out a insurance policy with Lloyds of London a la Willis McGahee incase I get hurt between now and the end of the writing season.

The way I figure it, I don't have a choice. With tuition going nowhere but up, and lets face it, I'm not getting any younger, this is the best career move I can make. Besides, with all the money awaiting me with a pro contract why not cash in now? If LeBron James can leave high school and go pro, why did I wait three years before I deciding to give up my amateur status? Anybody? Bueller? Bueller?

Well past mistakes aside, its time to focus on the future. Right now I'm slated as a late first round or early second round selection. I'm hoping that either the Boston Globe or the New York Daily News picks me up, though with my luck I'll get stuck with the New Haven Register. Either way I am looking forward to a long and lucrative career with whatever news source selects me. Though with the new free agency rules under the revised collective bargaining agreement I won't be eligible for free agency until I'm either 31 or have 10 years of writing experience and am making less than the industry average. Which is eerily reminiscent of the NHL's current structure. Which begs the question, of all the financial and free agent models to mirror yourself after, why did the NSL pick that one?

For those of you who aren't familiar with the NSL draft it consists of approximately 183

rounds, each consisting of over 500 participating news outlets and is held in Half.com, Oregon (yes it's a real town, http://www.town.half.ebay.com if you don't believe me) on May 27. The draft is broken up into sub-round for each round. Each newspaper is allowed to draft no more than three writers and one editor during each round, though if you lost an editor the previous season that number can go up to two.

Now every first and second round pick then gets re-allocated into the supplementary draft, where each department within each sports section of the paper then selects what section they want the writer for, for example a hockey beat writer, or official mascot liaison. Though usually a formality, there have been cases where the newspaper scouts have classified writers in the wrong area. My agent has been working closely with the interested papers and has assured me that they all know my stance as a sports writer.

*In my short one year of writing, where I have skyrocketed to the top, I would like to thank all the little people who have helped me on my journey to millions.*

Now after being drafted is when the real fun begins. You are given a tour of the newspapers facilities and are administered a battery of tests. Including a vocabulary test, deadline writing test, and of course a physical examination.

Now you might think of sportswriters as a bunch of fat lazy slobs who do nothing but watch sports, and for the most part you are right, but we still need to go through a grueling 5-minute jog and be able to bench press 45lbs at least twice. Otherwise you will probably be sent down to AAA to work out your physical endurance before joining The Show again.

In all I will look back at my time here at Sacred Heart fondly. In my short one year of writing, where I have skyrocketed to the top, I would like to thank all the little people who have helped me on my journey to millions. You all know who you are. And if for some reason I don't end up getting drafted, I do maintain my eligibility even though I signed with an agent. Hey, this isn't the "get all the money out of the kids before they can earn anything" NCAA, it's a free market!

# SHU Moves to 3-0 In NEC



Photo by Susan Magnano

*The Pioneer's crushed a respectable Quinnipiac team last Friday. Three SHU team members had three goals each to help propel the Pioneers to a top spot in the Northeast Conference.*

*The Sacred Heart Pioneer's woman's lacrosse team crushed cross state Quinnipiac 14-3 this past Friday.*

**By John Antignani**  
Sportswriter

The Sacred Heart women's lacrosse team took another positive step in the right direction in Northeast Conference play on Friday afternoon. They blistered cross-state rival Quinnipiac, by the score of 14-3. Senior Michelle Bruckner (Carle Place NY), junior Jackie Reichert (Nesconset, NY) and sophomore JoAnn Montesarchio (Cortlandt Manor, NY) each scored three goals on the day. This was the Pioneers third-straight win. They improve to 6-3 overall and a perfect 3-0 in conference play.

Quinnipiac opened the scoring with 23:47 on the clock; afterward it would be all Sacred Heart. The Bobcats collapsed under a withering attack that left them completely disorientated from a dazzling array of Pioneer goals.

Senior Jenn Girouard (South Windsor) has made it a habit in the past few games by being the first Pioneer to find score on an opponent. She ignited a furious six-goal fusillade from the Pioneers that gave them a 6-1 lead with just five minutes to go in the half. "We kept our intensity up the whole game and finally played a full 60 minutes. The attack was on fire, finding corners on a really good goalie and the defense was solid, not

letting anything inside," said junior goalie, Amy Lavoie (Nashua NH).

The second period mirrored the action from the first. The Pioneers out shot Quinnipiac 32-11, while forcing 26 turnovers. SHU would add seven more goals in the second stanza, holding the Bobcats to just one score on seven shots.

*"We were really gunning for Quinnipiac. They were the only team ranked above us in the conference until we beat them. We came out completely fired up, ready to rip them apart, and that's exactly what we did," said Lavoie.*

Junior Meghan Tucker (Carle Place, NY) popped in two insurance goals and sophomore Natalie Smith (Wantagh, NY) added one for good measure.

Lavoie looked extremely confident in goal, while notching her sixth win of the year.

"We were really gunning for Quinnipiac. They were the only team ranked above us in the conference until we beat them. We came out completely fired up, ready to rip them apart, and that's exactly what we did," said Lavoie.

SHU will returns to action Tuesday, April 8 as they host Marist College.

PIONEER ATHLETICS





## Individual Efforts Vault SHU to Fifth

### INSIDE SPORTS

**COLUMN OF HANK GARGIULO**  
Hank decides to forgo his Senior year and become eligible for the draft. (Pg. 15)

**BASEBALL**  
The Pioneers dropped all three games in competition last week. (Pg. 14)

**TENNIS**  
Falls to Stonybrook University but dropped Wagner College last week. (Pg. 14)

**WOMEN'S LACROSSE**  
The women topped Quinnipiac to steal the first place conference slot. (Pg. 15)

**PIONEER DANCE TEAM**  
SHU registered an impressive performance placing eighth among 22 competing teams. (Pg. 13)



Photos by Chris Giarrusso.

(Left): Christina Mendoza finishes off a running event. (Right): Paul Hermon prepares to receive a handoff in a relay race. (Bottom): Andrew Renna prepares to take off in the 1500M.



By Christopher Giarrusso  
Sportswriter

On a cold, wet and windy Saturday afternoon the men and women's Track and Field team traveled to Southern Connecticut State University on April 5. Both the men and the women's team placed fifth on the day in team scoring.

Leading the way for the women was junior Katherine Wrinkle (Medford, NY) in the 5,000 meter run with a time of 17:49.49, beating the

second place finisher by more than 20 seconds. This time beat Wrinkle's own school record of 17:53.73, which she set in 2001. She also easily surpassed the automatic New England qualifying standard of 18:30.24 for the event. Wrinkle is undefeated in her two races so far this season. She has automatically qualified for the New England's in both the 5000 meters and the 3000 meter steeplechase. She is also ranked first in the NEC in both events. "I was

See "Spring Track" Page 14

## Mayowa and Hubbard Aim For NFL

Seniors Shaun Hubbard and Kayode Mayowa talk about the prospect of taking their play to the next level.

By Hank Gargiulo  
Sportswriter

As the NFL draft looms on the horizon, two prominent members of the Sacred Heart University football team have aspirations of hearing their names called on draft-day, and becoming a part of the next generation of NFL ballers.

Seniors Kayode Mayowa (Providence, RI) and Shaun Hubbard (Neptune, NJ) have both been instrumental components of a Pioneers defense that has led the team to a 28-4 record over the last three seasons, including



Photo by Susan Magnano

Shaun Hubbard (99) and Kayode Mayowa (not pictured) were two instrumental leaders for a Sacred Heart defense that led the Northeast Conference in many different categories in the past several years. The Pioneer's have also regularly been re-ranked nationally in several categories.

See "Aspiring Ballers" Page 12