Intersex wildlife as sentinels for human health and endocrine disruption near Superfund sites: A Systematic Review Olivia Anderson, MPHc¹ Melissa Perry, PhD¹

1. Department of Environmental and Occupational Health, The George Washington University Milken Institute School of Public Health, Washington, DC, USA

Study Question

Do wildlife in contaminated waters near Superfund sites have a higher prevalence/severity of intersex compared to the same wildlife farther away from Superfund sites?

Scope & Introduction





Superfund Chemicals

- Endocrine disrupting chemicals (EDCs) are long lasting and known to have reproductive and endocrine issues, even at low doses
- EDCs are widespread throughout US waterways at both high and low doses and are long lasting
- Often emitted Superfund Sites (EPA designated toxic waste sites) Intersex Wildlife
- Wildlife are often used as sentinels for human health
- Intersex (testis contains oocytes/ovotestis) is one metric for endocrine disruption
- Literature has demonstrated a connection between intersex animals and endocrine disrupting chemicals in waterways

Human Health?

- Few links have been between elevated intersex and Superfund sites made but nothing consistent
- A systematic literature review is necessary to examine the link between intersex aquatic animals and highly contaminated Superfund sites.



Figure 1. The relationship between Superfund, chemicals, intersex levels, and human health.

PECO Statement

Population

Aquatic and semi-aquatic animals

Exposure

Close to

Superfund

site on the

waterway

Comparator

Waterway far from Superfund sites

Outcome

Prevalence or severity of intersex (ovotestis)

Methods

Based on Navigation Guide (Lam et al 2017) \rightarrow modified for ecological studies and animal research

Study Search	Study Selection	Risk of bias	Quality of evidence	Strength of evidence
 Search PubMed, Scopus, ProQuest, Web of Science, Google Scholar databases Exposure: "Superfund" "CERCLA" Outcome: "intersex" "gonad histology or histopathology" "ovotestis" "intersexuality" "gonad disorder" 	 Multiple passes with abstract read then full read Inclusion: gonad histology or histopathology done, Superfund site in title or abstract, wildlife animals Exclusion: not original research/book section, toxicological studies, human outcomes, outside US, not English 	 Possible ratings of "low", "probably low", "probably high", "high", or "not applicable" Each study evaluated Prespecified factors: sampling strategy, blinding, confounding, comparison group, exposure assessment, incomplete outcome data, etc. 	 Upgraded or downgraded full body of evidence Started at "moderate quality" and were "upgraded"(+1, +2), "downgraded" (-1, -2) or neutral for a value of 0. Prespecified factors: risk of bias, indirectness, inconsistency, imprecision, dose response, etc. 	 The possibly rating strength was "sufficient evidence", "limited evidence", "inadequate evidence", or "evidence of a lack of toxicity" Considers quality of evidence, direction of effect, confidence of effect, other compelling attributes of the data

Results

First author (year)	Guillette (1994)	Reeder (1998)	Hinck (2004a)	Hinck (2004b)	Schmitt (2004)	Hinck (2006)	La Fiandra (2006)	Baldigo (2006)	Hinck (2007)	Lee Pow (2016)	LaPlaca (2017)	Pinkney (2017)
Species	Alligator	Frogs	Fish	Fish	Fish	Fish	Frogs	Fish	Fish	Fish	Fish	Fish
Location	Central Florida	Illinois	Alaska	NW USA	SW and Central US	SW US	New Hampshire	New York	Alaska	North Carolina	South Carolina	New York
Sample Size	50 eggs	96 juvenile frogs	217 fish	291 fish	386 fish	517 fish	207 total frogs	460 total	158 fish	403 total	60 total	411 total

Figure 2. Final studies, their species, location, and sample size in each study.



Discussion

Study Trends
Studied were throughout the US and ranged from 50 eggs-517 fish
Fish and amphibians were studied, with fish, specifically largemouth and smallmouth bass, the most frequently studied.
4/7 bass papers had significant results or general trend of higher intersex prevalence or severity compared to controls.
2/2 frog papers found no difference from the controls; 3/12 had no control comparison site; 2 pike fish species papers found no intersex at all
12/12 studies had intersex prevalence as an outcome, 3/12 studies also had intersex severity (from 2016-2017)

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- nowledge Gaps
- No standard definition for proximity to a Superfund site Unknown background levels of intersex for each species Long term impacts of climate change on intersex _ack of control sites with surveillance papers

ecommendations

- Standardize methods: gonad histology, severity rankings, etc. **Establish confounders**
- Meta-analysis with current studies by species
- Examine links with certain EDC chemicals from Superfund sites Look for studies with human health concern: ex. breast cancer risk in the Great Lakes



- Quality of evidence: Low
- Lack of control sites, high risk of confounding and blinding bias
- Strength of evidence: Limited Evidence
- positive relationship trend, no inverse

- Overall small



Public Health

Conclusions



Limited overall strength of evidence: small positive trend of higher intersex near Superfund sites

- Implications for an indicator of ecological health, watershed health, and human health
- More research is needed: meta-analysis with data from this review, separated by species
 - Should address limitations like adding other
 - disruption indicators and multiple chemical exposures

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Contact information:

Olivia Anderson, oganderson@gwmail.gwu.edu