

# Neurobehavioral Function in Adults Recovering Consciousness after Severe Traumatic Brain Injury: A Scoping Review

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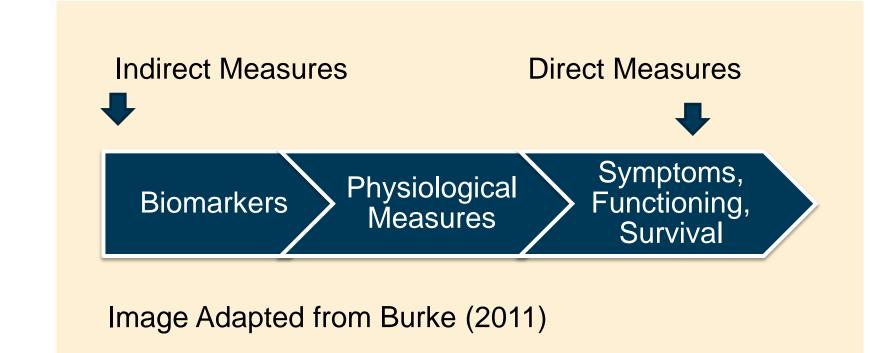
HEALTH CARE in the 21st Century

Study Aims

- This scoping review aims to report the findings of current literature examining the assessment of neurobehavioral function and recovery along the continuum of disorders of consciousness (DOC) from coma to full consciousness.
- This study is designed to capture the range of constructs researchers have used to measure NBF during recovery of consciousness
- The research question for this review was:
- "What constructs are most frequently used to assess neurobehavioral function in adults recovering consciousness after severe TBI?"

# Background

- Approximately 10% of the 1.7 million traumatic brain injuries (TBI) that occur each year in the US are considered severe and result in significant disability (CDC, 2016)
- As of 2015, there is no approved drug or device to treat
- A challenge in demonstrating the effectiveness of drugs and devices to treat TBI is the lack of sufficiently precise outcome assessments that are approved as federally qualified endpoints.
- The Glasgow Coma Scale (GCS) and Glasgow Outcomes Scale (GOS) are the most commonly-used measures of neurobehavioral function (NBF) in TBI clinical trials.
- Clinical Outcome Assessments (COAs) are "reported" assessments influenced by human choices, judgment, or motivation and may provide direct of indirect evidence to treatment benefit
- Four types of COAs:
- Patient reported outcome (PRO)
- Clinician-reported outcome (ClinRO) measures
- Observer-reported outcome (ObsRO) measure
- Performance outcome (PerfO) measures
- FDA Federally Qualified Endpoint Measures: Roadmap to patient-focused outcome measurement includes:
- Understanding the disease
- Conceptualizing treatment benefit
- Selecting/Developing outcome measures



- TBI initiatives are attempting to advance the state of the science by identifying and validating clinical outcome assessments as qualified endpoints.
- TED Initiative: https://tbiendpoints.ucsf.edu/
- Neurobehavioral rating scales detect behavioral signs of consciousness, while biomarkers are perceived as being more precise measures of the disease not impacted by human factors
- COAs and biomarkers have potential to measure treatment effect

# Analytic Framework

- A scoping review examines the extent and nature of the research, identifies gaps in the literature, and may establish the significance of commencing a full systematic review (Levac, Colquhoun, & O'Brien, 2010)
- The scoping review methodological framework for this study followed that of Arksey & O'Malley (2005): 1) identify the research question, 2) identify relevant studies, select studies, 3) chart the data, 4) collate, summarize and report
- Thematic analysis focuses on different topics within a subject and their inter-relationships by interpreting the
- Analysis used to thematically group the articles and content extracted

### Methods

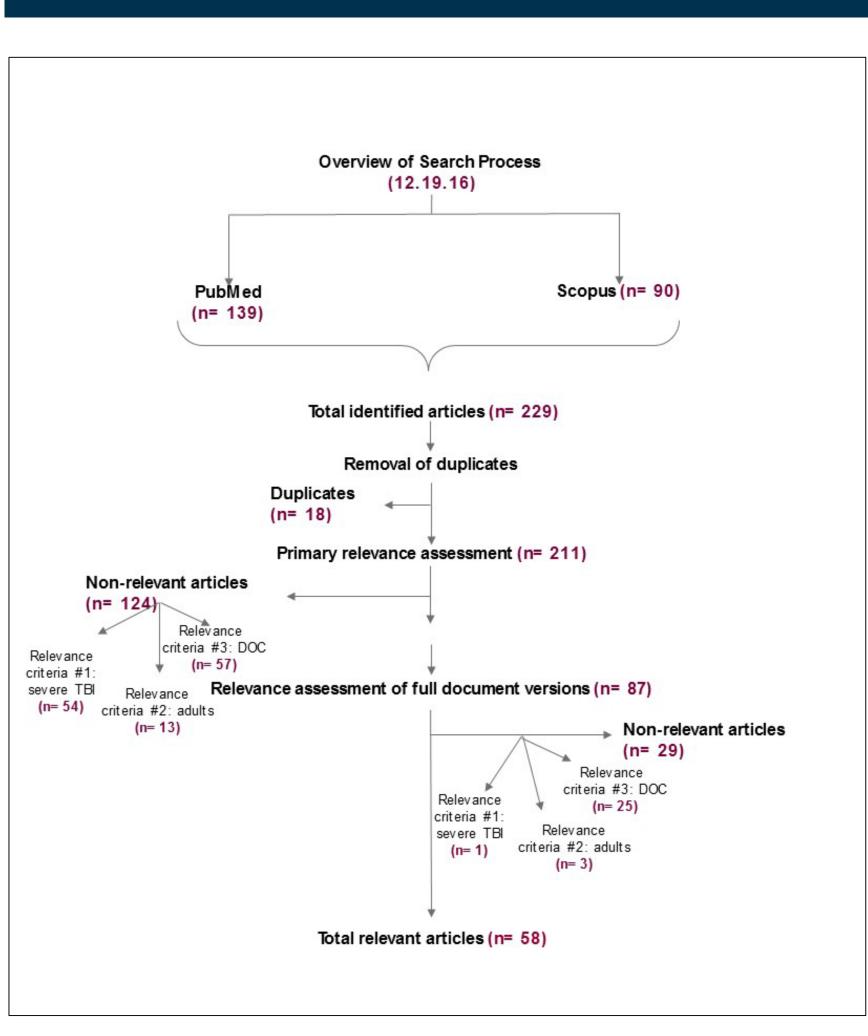


Figure 1. Search criteria for scoping review adapted using Health Evidence™ (2009)

- Two databases, Scopus and PubMed, were searched using 21 search terms generated from three main concepts: "traumatic brain injury" (n=3), "neurobehavioral function" (n=6), and "outcomes" (n=12).
- Study inclusion criteria:
  - Published within the past 5 years
- Involving adult humans (>18 years old)
- Relevant to severe TBI
- Relevant to DOC
- The initial search identified 229 articles were identified After the removal of duplicates, 211 articles were retained and reviewed for inclusion.
- 58 met the inclusion criteria. These articles were grouped thematically based on content related to assessment of NBF and recovery of consciousness.
- Four themes were identified: "Predicting Outcomes", "Non-Pharmacology Treatment", "Pharmacotherapy", and "Neural Pathways".
- Clinical Outcomes were identified within each article and grouped as occurrences related to "clinical outcome assessments", biometrics and biomarkers", "neuroimaging and neurophysiology", and "other".

### Results

Most Commonly Occurring Themes Were Predicting Outcomes and Non-Pharmacological Treatment

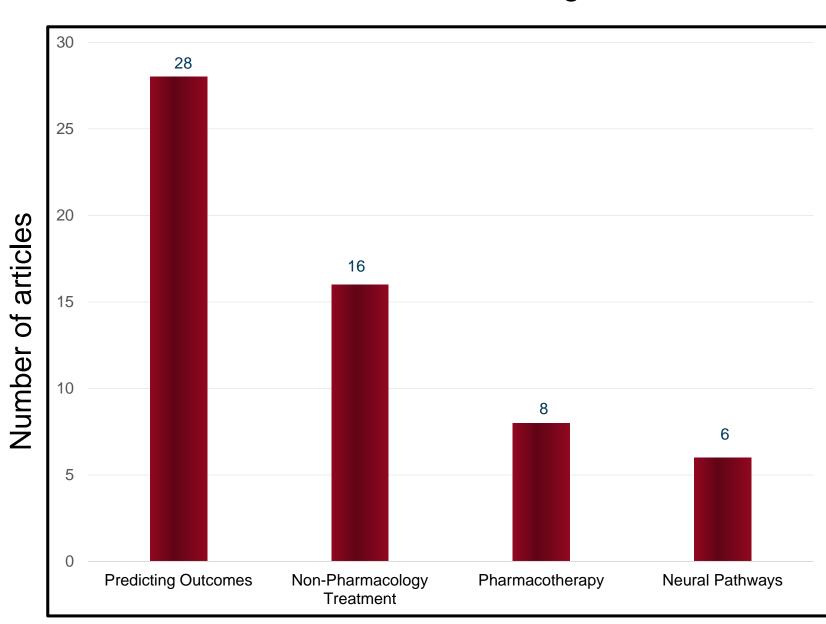


Figure 2. Frequency of Themes By Article

#### **Predicting Outcomes**

- Most common constructs included:
- Role of genotypes & biomarkers
- Neuro-imaging & neurophysiology
- Observed behaviors in response to sensory input (e.g. head turning and visual fixation)

#### **Non-Pharmacotherapy Treatment**

- Most common constructs included:
- Electrical stimulation.
- Coma stimulation - Hypothermia,
- Familiar voice auditory stimulation, and
- Interdisciplinary care models.

#### **Neural Pathways**

- Most common constructs included relationship between "neural pathways" and recovery of consciousness.
- Auditory network more functionally connected in patients in a minimally conscious state
- Goal directed activity may be inhibited due to inability to coordinate precuneus fiber tracts

#### **Pharmacotherapy**

- Agents most often reported on included:
- Amantadine
- Progesterone
- Baclofen

Pharmacotherapy Articles Most Often Reported on Amantadine, Progesterone, and Baclofen

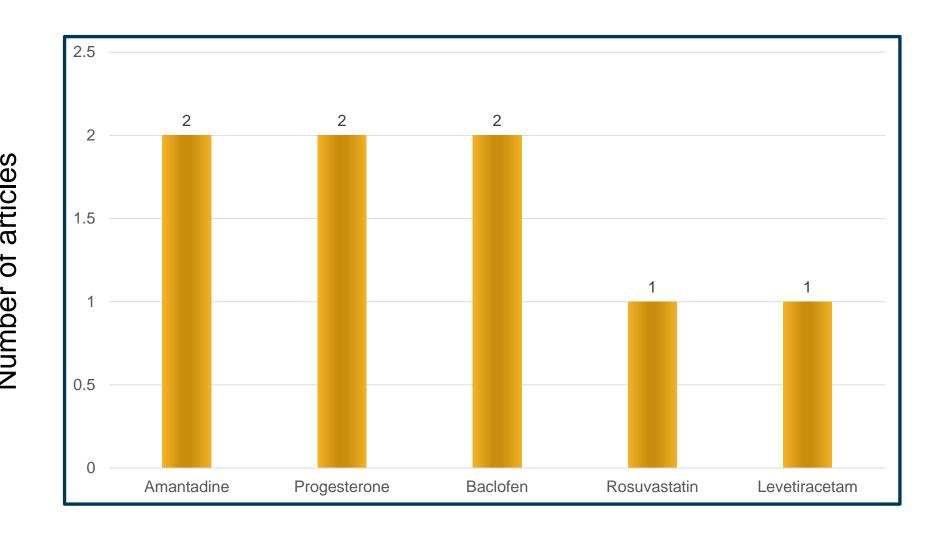


Figure 3. Frequency of Articles Reporting on Drugs used as Pharmacotherapy for Severe TBI

### Results

#### Most Commonly Identified Outcome Measures Were Clinical Outcome Assessments

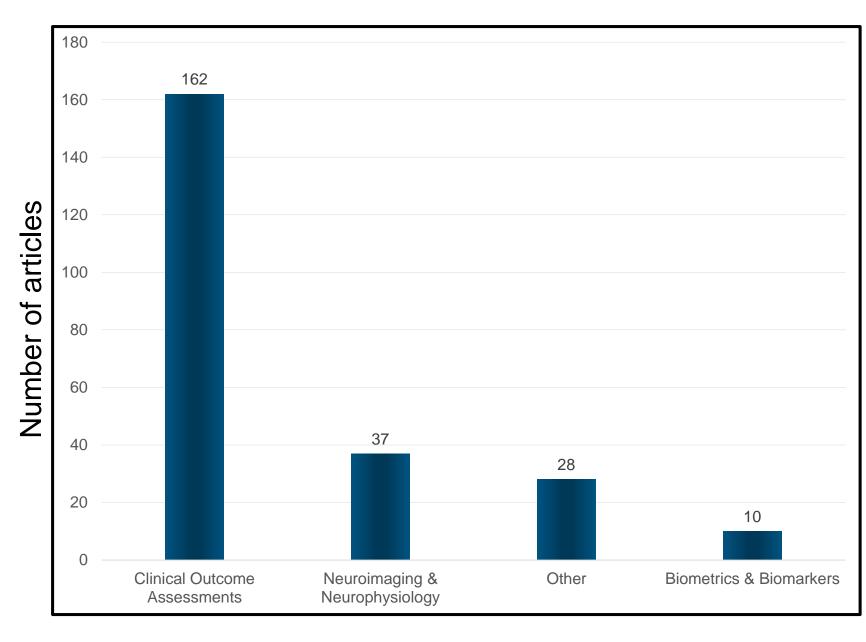


Figure 4. Frequency of Outcome Types

#### **Clinical Outcome Assessments**

- 162 incidences of COAs were reported in 58 articles
- The majority of incidences of COAs reported were ClinROs (n=138)
- The most frequently reported ClinROs were:
  - Glasgow Coma Scale: 29 articles
  - Coma Recovery Scale-Revised: 21 articles
- Glasgow Outcome Scale or GOS-Extended: 17
- 50 different COAs were identified
- No ObsROs or PerfROs were found in any of the articles

#### **Neuro-Imaging and Neurophysiology**

- A total of 11 different techniques were identified
- The most commonly reported included: CT, MRI, and **EEG**
- Others included: DTI, IMSPECT, and PET

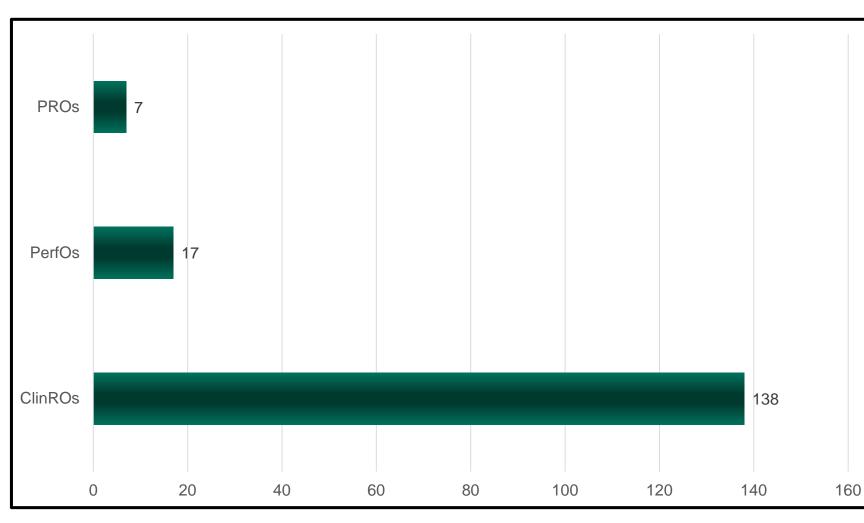
#### **Biometrics and Biomarkers**

- A total of 8 biomarkers were reported in 10 articles
- APOE e4 genotype was associated with increased risk of worse long term functional outcome after TBI A10398 allele associated with slower recovery time Other biomarkers included: H-FABP, MAP-2, BDNF, TNF, and ChE.

### Other

- Other commonly identified outcomes included:
- 90-day mortality, number of medical complications, discharge disposition

Most Frequently Reported Clinical Outcome Assessments Were Clinician-Reported Outcomes



Number of times a COA was reported

Figure 5. Frequency of the types of COAs found in the articles.

### Discussion

 The most frequently occurring theme was Predicting Outcomes, followed by Non-Pharmacotherapy treatment.

**Current Literature Focuses on Predicting Outcomes** 

- Studies primarily focused on predicting outcomes of patients with TBI. There were many fewer studies describing effective treatments for these patients.
- The focus on predicting outcomes appears to be off target when current classification of TBI severity and type is blunt and treatments for severe TBI are limited.

#### **Diversity of Outcome Measures Dilutes Evidence** Base

- This study found a remarkable range in the diversity of reported COAs, biomarkers, neuroimaging and neurophysiology techniques.
  - This creates challenges in comparing results across studies and consequently limits the translation of knowledge into practice.
- 50 different COAs were identified but only 3 were reported in more than 25% of the articles (GCS, GOS/GOSE, CRS/CRS-R).
- The GCS and GOSE are relatively blunt measures of NBF recovery and the CRS-R has no published sensitivity to change indices.

#### **Connecting Mechanisms of Recovery to Treatment** and Outcomes Measurement

- Only a few articles were found related to "neural pathways".
- Understanding the mechanisms of pathology in brain injury and neuroplasticity will likely play a critical role in more precise diagnosis and more targeted with treatment for these patients.
- There appears to be a gap in the literature regarding precision in severe TBI diagnoses and and linking this to brain pathology in order to design more appropriate and effective treatments.

### **Future Directions**

- This study identified a wide range of COAs measuring NBF. The extent to which these assessments address the same content domains and if some domains are poorly addressed remains unknown.
- Treatments for patients with severe TBI could be developed in parallel with studies aimed at better understanding the brain's pathways and response to TBI

## Limitations

Search timeframe was limited to studies within the last 5

Articles in the scoping review are not read to analyze bias or the quality of the study.

Breadth of the articles is wide rather than deep.

# Funding Source

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