THE GEORGE WASHINGTON UNIVERSITY WASHINGTON, DC

Out and About in Medicine: GW Out For Health

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Introduction

Washington, DC is home to one of the largest and most vibrant LGBT+ communities in the country [1]. The time is right to devise and implement a more coordinated approach to LGBT+ patient care and health professional training within the Washington, DC metropolitan area.

Vision

The proposed GW LGBT Health Initiative by Dr. Daniel F. O'Neill would be an LGBT+ entity analogous to those pioneered at other institutions, like Penn Medicine [2], but would emphasize the strengths unique to GW and Washington, DC.



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The proposal highlights seven focus areas to reduce LGBT+ health disparities:

- 1. Climate/Visibility
- 2. Health Education
- 3. Policy/Advocacy
- 4. Community Outreach
- 5. Research
- 6. Patient Care
- 7. HIV/AIDS

Methods

A key stakeholder that is helping to realize the vision outlined in the GW LGBT Health Initiative is the student organization **GW Out for Health** (GWOFH).



Led by an executive board of medical students and a faculty advisor, GWOFH has been working to improve the climate/visibility for LGBT+ and ally professional health students [3] and providing greater access to LGBT+ health education [4] on campus through grass roots efforts.

Results

GWOFH's 2014 accomplishments include the following:

- 1. Climate/Visibility
 - New faculty advisor



Lawrence Deyton, MSPH, MD, Senior Associate Dean of Clinical Public Health, Professor of Medicine and Health Policy, The George Washington University School of Medicine & Health Sciences

- Unofficial GWSMHS Outlist
- American Medical Student Association (AMSA) rainbow caduceus pin sale

Results

- 1. Climate/Visibility (continued)
 - Social Events



Robert Tollefson, MS2 (Left), and Michelle Davis, MS2 (Right), 2014-2015 GWOFH Copresidents, at GWOFH's 2014 Joint Social Mixer with Howard and Georgetown's LGBT+ and ally medical student organizations

Chase Hiller, MS1 (Left),

and Domenique Escobar,

MS1 (Right), 2015-2016

GWOFH Co-presidents

End HIV

Elect, at the 2014 Walk To



- 2. Health Education
 - Lunchtime Lecture Series featuring GW faculty members



"Transgender Care," by **Michael Irwig**, MD, FACE, Director of the Center for Andrology, Division of Endocrinology, Associate Professor of Medicine, The George Washington University School of Medicine & Health Sciences



"Healthy Weight in Lesbian and Bisexual Women," by **Susan F. Wood**, PhD, Director of the Jacobs Institute of Women's Health, Associate Professor, Department of Health Policy and Management, The George Washington University Milken Institute School of Public Health

Results

- 2. Health Education (continued)
 - Lunchtime Lecture Series featuring GW faculty members (continued)



"LGBT Aging," by **Kimberly D. Acquaviva**, PhD, MSW, Associate Dean for Faculty Affairs, Associate Professor, The George Washington University School of Nursing



"Caring for the Modern Family: Providing Culturally
Competent Medical Care to LGBT Patients," by **Stephen L. Forssell**, PhD, Visiting Assistant Professor, Professional
Psychology Program, Founding Director of the Graduate
Program in LGBT Health Policy & Practice,
Co-Director of the Institute for Health Promotion & Disease
Prevention in Minority Communities, The George
Washington University



"Stand Up, Speak Out: A History of LGBT Health at GW School of Medicine & Health Sciences," by **Jeffrey S. Akman**, MD, Walter A. Bloedorn Professor of Administrative Medicine, Dean of the School of Medicine & Health Sciences, Vice President for Health Affairs, The George Washington University

Conclusions

GWOFH's accomplishments have set a solid foundation for the creation of a future pipeline of social support and professional development for LGBT+ and ally professional health students at GW. GWOFH's growing presence on campus will be leveraged to support the proposed GW LGBT Health Initiative in the coming year by providing an advisory role in the areas of climate/visibility and health education.

References

- 1. Gates, G. and F. Newport (2013) LGBT Percentage Highest in D.C., Lowest in North Dakota. GALLUP Politics: State of the State http://www.gallup.com/poll/160517/lgbt-percentage-highest-lowest-north-dakota.aspx.
- 2. Penn Medicine Program for Lesbian, Gay, Bisexual, and Transgender Health. Retrieved from http://www.pennmedicine.org/lgbt/.
- 3. Snowdon, S. (2013) Recommendations for Enhancing the Climate for LGBT Students and Employees in Health. Professional Schools: A GLMA White Paper http://www.glma.org/_data/n_0001/resources/live/Recommendations%20for%20Enhancing%20LGBT%20Climate%20in%20Health%20Professional%20Schools.pdf.
- 4. AAMC Advisory Committee on Sexual Orientation, Gender Identity, and Sex Development (2014) Implementing Curricular And Institutional Climate Changes To Improve Health Care For Individuals Who Are LGBT, Gender Nonconforming, Or Born With DSD. Washington, DC: Association of American Medical Colleges https://www.aamc.org/download/414172/data/lgbt.pdf.

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