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Research Article

## Formulation, development and evaluation of Microsponge loaded Topical Gel of Nystatin

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### ABSTRACT

Nystatin containing microsponge as active constituent (API) in different formulations by changing the proportions of drug (Nystatin), polymer (ethyl cellulose), emulsifier (Poly vinyl alcohol) were obtained successfully using quasi-emulsion solvent diffusion method. These formulations were studied for particle size and physical characterization. Scanning electron microscopy (SEM) images showed the microsponges porous and spherical in shape. The physical characterization showed that microsponge formulation coded by P6 showed a better loading efficiency and production yield. This microsponge formulation was prepared as gel in carbopol and studied for pH, viscosity, spreadability, drug content, *in-vitro* release. The microsponge formulation gel, F3 showed viscosity 3465.84cps, spreadability of 26.22g cm/s and drug content of 89.65%. The nystatin microsponge gel formulations showed an appropriate drug release profile. F3 released 81.03% of drug at 12 hours.

**Keywords:** Microsponge, Solvent diffusion method, Scanning electron microscope, Nystatin microsponge gel.

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### INTRODUCTION

A microsponge delivery system (MDS) is, highly cross-linked, porous, polymeric system consisting of porous microspheres that can entrap wide range of actives and then release them over a time and in response to trigger.<sup>1,2,3</sup> Moreover, they may enhance stability, reduce side effect and modify drug release favorably. Microsponges are polymeric delivery systems composed of porous microspheres of an inert polymer that can entrap active ingredients and control their delivery rate. The size of these microsponges can be varied, usually from 5 to 300µm in diameter depending on the degree of smoothness<sup>1</sup>. However by optimizing formulation parameters such as drug: polymer ratio and agitation/stirring rate it might be possible to manufacture microsponge.<sup>4</sup>

The microsponges behave like a reservoir of the active ingredients. These can potentially be used for the controlled delivery of a large variety of substances such as fragrances, emollients, sunscreens, anti-inflammatory, antifungal, antimicrobial agents. A microsponge system offers the potential to hold active ingredients in a protected environment and provide controlled delivery onto the skin over a time as well as oral medication to the lower gastrointestinal (GI) tract, where it will be released upon exposure to specific enzymes in the colon.<sup>5-8</sup>

Nystatin is a polyene antifungal characterized by a potent broad-spectrum antifungal action including a wide range of pathogenic and non-pathogenic yeasts and fungi. The Nystatin is active against a variety of fungal pathogens including: Candida, Aspergillus, Nystatin exerts its antifungal activity by binding to sterols in the fungal cell membrane. When present in sufficient concentrations, it forms pores in the membrane that lead to K<sup>+</sup> leakage, acidification, and death of the fungus.<sup>9-13</sup>

### MATERIAL AND METHODS

Nystatin is a gift sample from Glenmark Pharmaceuticals Ltd. Carbapol 974P, HPMC K4, Propylene glycol, Triethanolamine. From Research-Lab Fine Chem, Mumbai

#### Method of Preparation:

#### Formulation of Nystatin loaded Microsponge

- **Microsponge was prepared by quasi-emulsion solvent diffusion method.**

Ethyl cellulose based Nystatin loaded microsponge was prepared by quasi-emulsion solvent diffusion method. The internal phase consisted of ethyl cellulose (1 gm) and dissolved in 20 ml dichloromethane. The drug was added to this with gradual stirring (500 rpm). The internal phase was

then poured into 0.5 % w/v polyvinyl alcohol (PVA, molecular weight 30,000-70,000) solution in water, the external phase. After 8 hour of stirring the microsponges

were formed due to removal of dichloromethane from the system. The microsponges were filtered and dried at 40°C for 12 hours.<sup>2, 14-19</sup>

### ➤ Preliminary studies

**Table no 1: Preliminary studies on formulation of Microsponge:**

Sr No.	Ingredient	Quantity in % (w/v)							
		P1	P2	P3	P4	P5	P6	P7	P8
1	Nystatin(gm)	1	1.5	2	2.5	3	3.5	4	4.5
2	Ethyl cellulose(gm)	1	1	1	1	1	1	1	1
3	Polyvinyl alcohol (mg)	50	50	50	50	50	50	50	50
4	Dichloromethane(ml)	10	10	10	10	10	10	10	10
5	Distilled water	200	200	200	200	200	200	200	200

Preliminary studies for formulation of microsponge were carried out as follows. ethyl cellulose was selected as a polymer and used for the sustained release mechanism for preparation of microsponge. DMSO is used as solvent and polyvinyl alcohol is used as cross linking agent. Preliminary studies on formulation of microsponges were carried out by taking various concentrations shown

### Evaluation of drug loaded microsponge:<sup>20-31</sup>

The prepared microsponges were evaluated for the following parameter:

- **Drug content:**
- **Entrapment efficiency:**
- **Partical size and size distribution analysis:**
- **Angle of repose**
- **Determination of Density:**
  - i. Bulk Density
  - ii. Tapped Density:
- **Compressibility index :( Carr's Index)**
- **Hausners ratio**

### 7.6.7. In-Vitro Drug Release Studies

#### In-vitro Dissolution Studies:

Nystatin (Pure Drug) & Nystatin loaded Microsponges were subjected to dissolution test using in-vitro dissolution rate USP Apparatus-II. (Paddle method). This test was performed using 900 ml of dissolution medium buffer solution PH 6.8 at 37±2°C. Accurately weighed samples (plain drug and Nystatin loaded microsponges) approx. 20mg of drug were added in 900 ml capacity jar of dissolution apparatus which paddle was rotated at 50 rpm. A 5ml aliquot of dissolution medium was withdrawn at appropriate time intervals. An equal volume of fresh dissolution medium was immediately replaced. It was suitably diluted and analyzed spectrophotometrically by measuring absorbance at 305nm. The experiments were performed in triplicate.

### X-ray powder diffraction (XRD):

To understand XRD pattern of pure drug and optimized formulation, a Philips 1710 X-ray Defractometer (XRD) with a copper target and nickel filter was used to obtain XRD result for the samples. Powder were mounted on aluminium stages with glass bottoms and smoothed to a level surface. The XRD pattern of each sample was measured from 10- 50° (2θ) using a step increment of 0.1° (2θ) and a dwell time of 1 second at each step.

### Differential scanning calorimetry (DSC):

Thermogram of Nystatin, and Drug: SSG formulations were recorded by using "Miller Star sw 9.01" differential scanning calorimeter. Thermal behaviour of the samples was investigated under a scanning rate of 10°C/ min, covering a temperaturerange of 100- 300°C. The heat flow as a function of temperature was measured for both the drug and Microsponge.

### Preparation of a Nystatin gel:

Nystatin, an antifungal drug was selected as a drug model in this study. The drug concentration in all formulations was kept constant at 1.72% w/w. and the concentration of dimethyl sulphoxide was also kept constant at 5% w/w. dimethyl sulphoxide was used as co-solvent and as a dispersion medium for the nystatin. Four formulations like F1,F2,F3,F4 containing 0.5, 1, 1.5, 2 %w/w(Raymond Rowe) polymer (carbopol ) Triethanolamine was used to neutralize and adjust the pH of the gel systems.

Carbopol was accurately weighed and dissolved in half quantity of distilled water and left for 2 hrs to swell and form gel. Solvent blend of dimethyl sulphoxide which contain microsponges equivalent to 1.72%w/w Nystatin with constant stirring. To the whole mixture added triethanolamine dropwise until transparent gel was obtained. Stirring was stopped to escape entrapped air;further formed gel was stored in air tight container for further study.

**Table 2: Preparation of a Nystatin gel**

Ingredient	Nystatin gel	Microsponge loaded Batch			
		F1	F2	F3	F4
Nystatin	1.72gm	1.90gm	1.90gm	1.90gm	1.90gm
Carbapol(%w/w)	1.5	0.5	1	1.5	2
DMSO(%w/w)	5	5	5	5	5
Triethanolamine(ml)	1	1	1	1	1
Distilled water	q.s.	q.s.	q.s.	q.s.	q.s.

## 7.11. Physicochemical evaluations

### 7.11.1. Physical appearance:-

The prepared Nystatin formulations containing Nystatin were inspected visually for their colour, homogeneity, consistency and phase separation.

### 7.11.2. Measurement of pH:-

The pH of developed Nystatin formulations was determined using digital pH meter

### 7.11.3. Spreadability:-

Spreading coefficient was determined by apparatus suggested by Lalit Kumar *et.al*,2010. It consists of a wooden block, which is attached to a pulley at one end. Spreading coefficient was measured on the basis of 'Slip' and 'Drag' characteristics of Nystatins. Spreadability is calculated by using the formula.

$$S = M \cdot L / T$$

Where, M = wt. tied to upper slide

L = length of glass slides, T = time taken to separate the slides

### Rheological Study:

The viscosity of the developed Nystatin formulations was determined by using a Brookfield viscometer

### Drug Content Determination:

Nystatin was measured by dissolving known quantity of Nystatin in solvent (DMSO) by Sonication. Absorbance was measured after suitable dilution at 305 nm using UV spectrophotometer.

### 7.11.6. In Vitro Diffusion Studies:

The *in vitro* drug release studies were carried out using a modified Franz diffusion cell. The formulation was applied on rat skin (which was previously soaked in Phosphate buffer pH 6.8 for 24 hours) which was sandwiched between donor and receptor compartment of the Franz diffusion cell. Phosphate buffer pH 6.8 was used as a dissolution media. The temperature of the cell was maintained at  $34 \pm 0.2$  °C by kept it in water bath. This whole assembly was kept on a magnetic stirrer and the solution was stirred continuously using a magnetic bead at 50 rpm. The samples were withdrawn at suitable time interval and analysed for drug content by UV visible spectrophotometer at 305 nm after appropriate dilutions.

## RESULT

### Evaluation of Nystatin microsp sponge:

During Preliminary studies for the formulation of Nystatin microsp sponge, different parameters were studied in different range like, drug to polymer ratio, stirring speed, stirring time, internal volume, and surfactant concentration.

### 8.4: Evaluation of optimized microsp sponge:<sup>32-40</sup>

#### 8.4.1: Scanning electron microscopy:

Morphology of microsponges was examined by scanning electron microscopy. As it can be seen from the SEM images (Figure.8.6) the microsp sponge presented a rough surface with characteristic large wrinkles and micropores. microsp sponge were spherical shape and showed sponge like structure where the drug was entrapped.

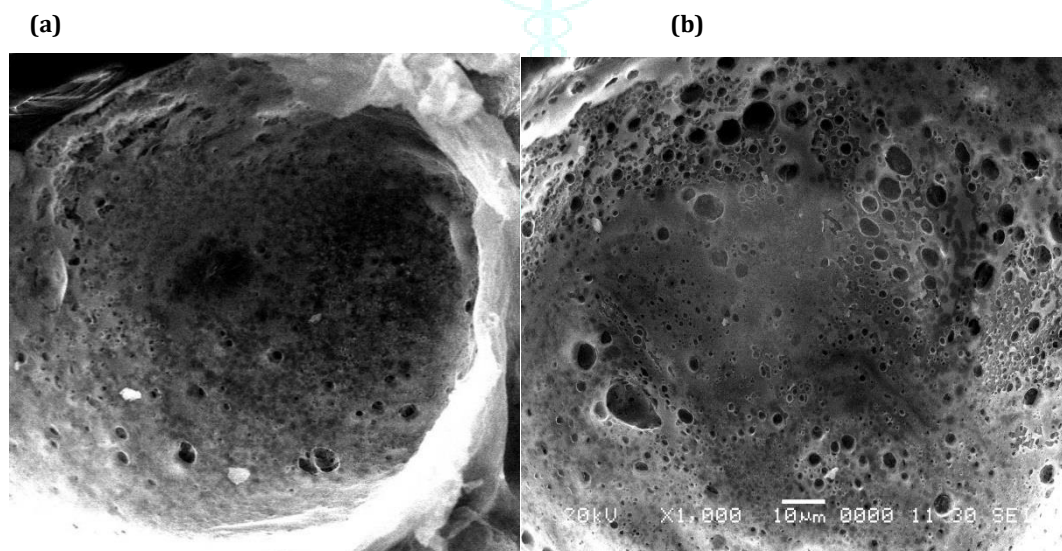
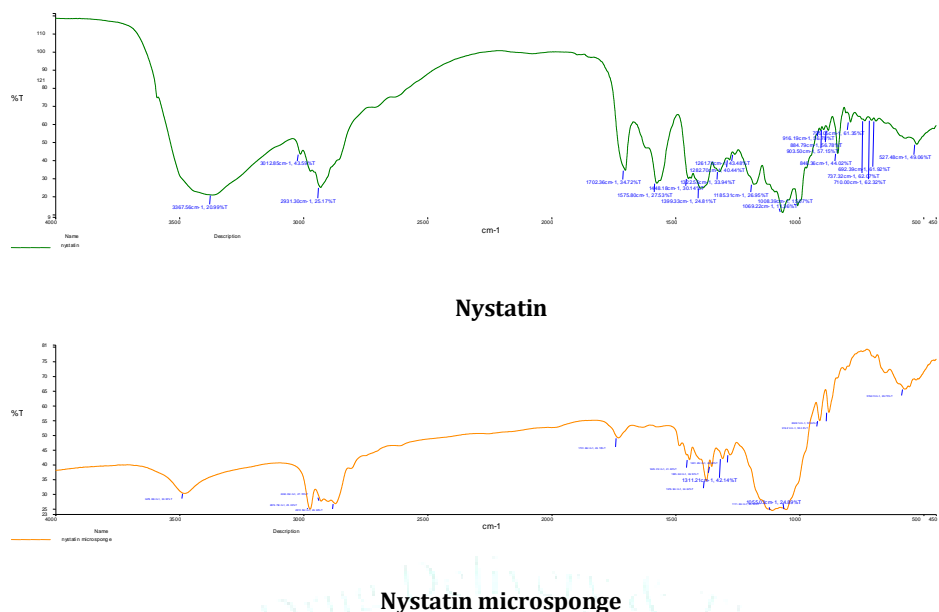


Figure 8.6 (a) Scanning electron microphotographs of final formulation.

(b) surface morphology of optimize batch

### 8.4.2. FTIR Spectroscopy:-

FTIR Spectra of Surface solid dispersion of Nystatin in comparison with pure drug was done to determine the interaction between drug and polymer. Result of FTIR graph is shown in following figure.



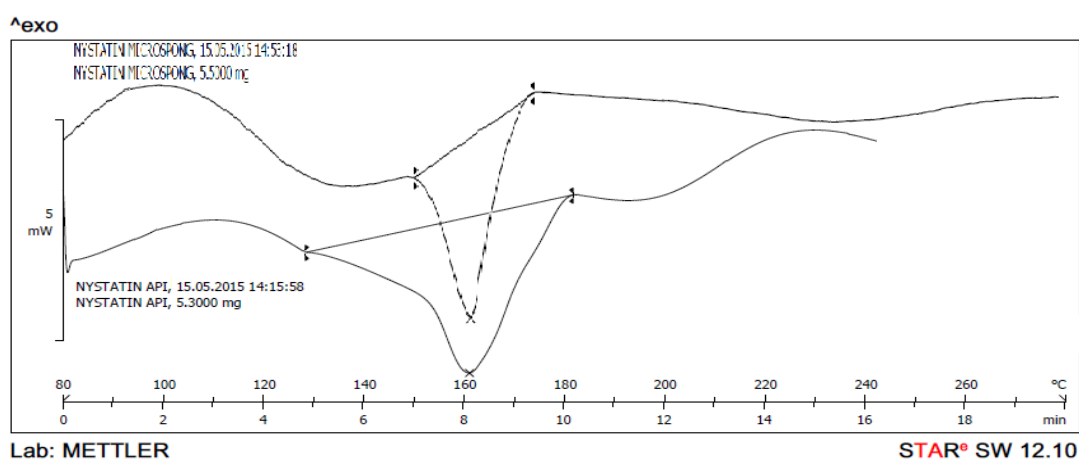
**Figure 8.7: Comparative FTIR Spectra of Nystatin & microsponge**

From the FTIR spectrum of the microsponge of Nystatin in Comparison with Pure drug (Nystatin) it was concluded that there was no any Change in the position of peak of microsponge. So there is no any Interaction between drug and polymer used in the Microsponge formulation.

### 8.4.3: Differential scanning calorimetry:

Differential Scanning Calorimetry (DSC) study was carried out for Microsponge Of Nystatin. The obtained result is

shown in Fig.No.8.8. DSC Studies indicate the endothermic peak at 160°C which of the melting point of Nystatin drug. There was no any major change in the position of peak in Comparison with pure drug (Nystatin). The decrease in the sharpness of the peak in the Microsponge was the indication of drug convert from crystalline to Disorder crystalline or amorphous form & which was confirm by the XRD study. There was no change in melting point is indication of the drug is in the stable form in the microsponge formulation.



**Figure 8.8: Comparative DSC graph of Microsponge of Nystatin**

### 8.4.4 X-ray diffractometry:

Powder X ray diffraction analysis was carried out for Microsponge of Nystatin. Powder X ray diffraction study indicates the number of peaks and peak height was reduced in microsponge which was the indication of change in crystal

habits. There was also change in Diffraction angle ( $2\theta$ ) value indicate change in crystal lattice of Nystatin. These findings suggest that the Nystatin crystals get converted to disorder crystalline form or amorphous form in surface solid dispersion. XRD graph of microsponge of Nystatin is shown in fig. No.8.9.

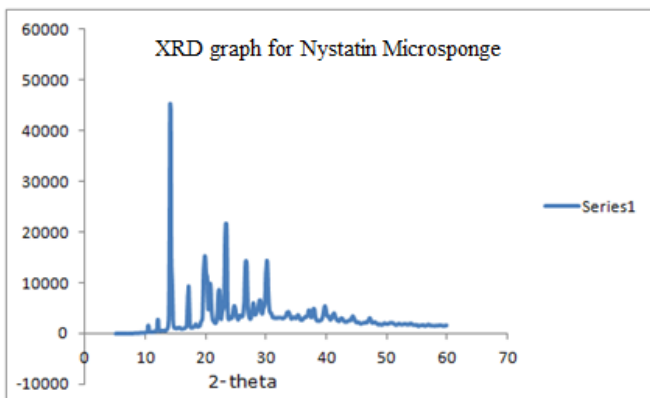
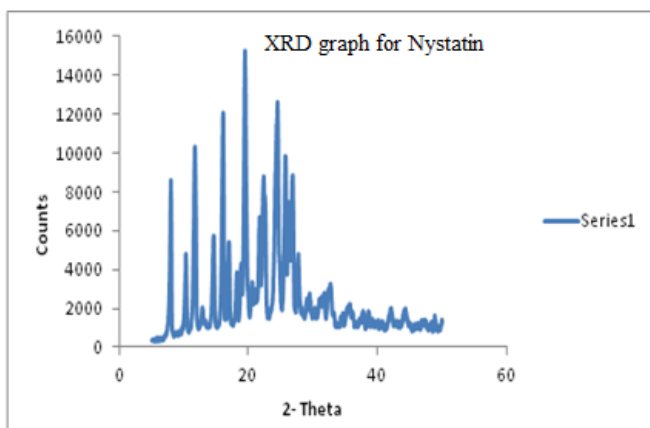


Figure 8.9: XRD of Nystatin and Nystatin microsponge.

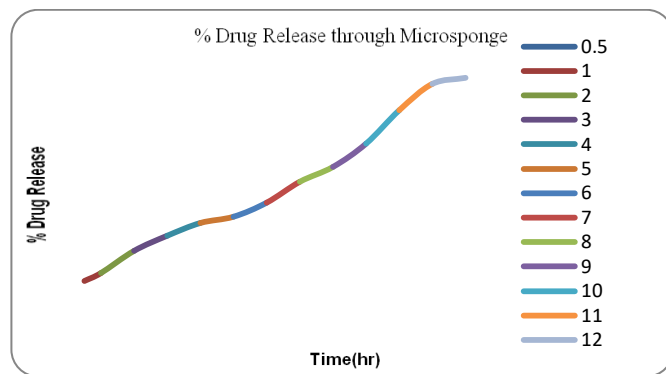


Figure 8.9: % drug release through microsponges

8.5. RESULTS AND DISCUSSION

Solubility study, loss on drying, angle of repose and melting point determination of nystatin and nystatin microsponge was done. Nystatin is soluble in DMSO and Melting point was found to be 160- 166°C. The literature value is 160°C

Table 8.9: LOD of Nystatin and Nystatin microsponge

Material	LOD %
Nystatin	0.32%
Nystatin microsponge	0.33%

Table 8.10: Angle of Repose of Nystatin & Nystatin microsponge

Material	Observation
Nystatin	29 <sup>o</sup> .30"
Nystatin Microsponge	31 <sup>o</sup> .82"

8.4.4: In Vitro Drug release through microsponge:

The drug release of Nystatin microsponges were carried out into in USP type II apparatus. Using buffer solution PH 6.8 a dissolution medium having capacity of 900ml. dissolution was carried out up to 12 hours. The drug release was found to be 92.11% at 17<sup>th</sup> hour. The microsponge shows sustained drug release.

8.5.5. Spectroscopic studies:-

(a) UV Spectroscopy:-

After studying the UV- spectra Nystatin, it was found that it shows maximum absorbance at 305 nm.

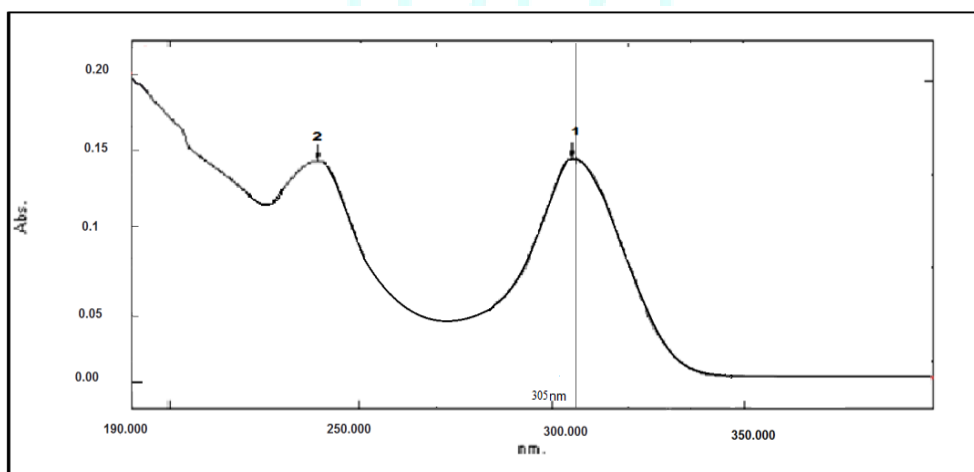
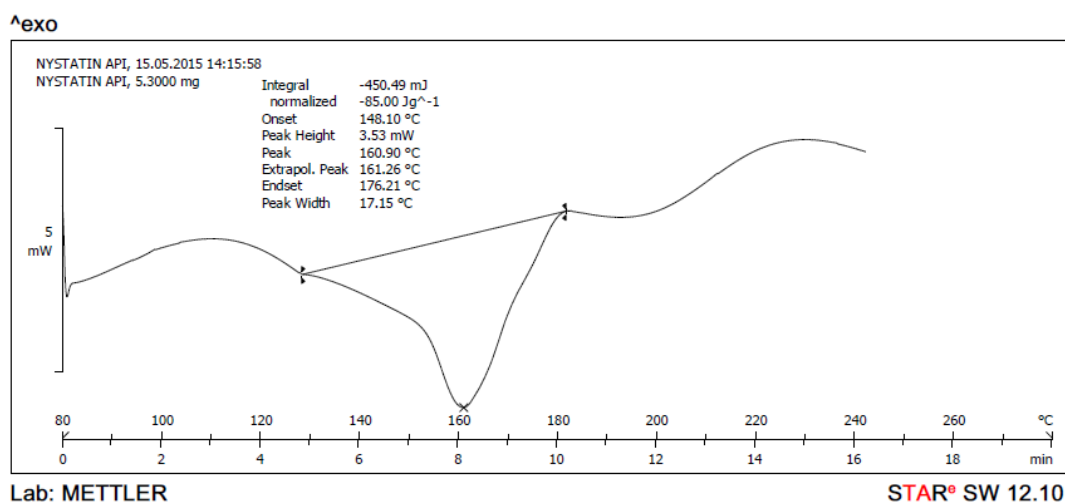


Figure 8.10: λ<sub>max</sub> for Nystatin

**(b) DSC Thermogram:-**

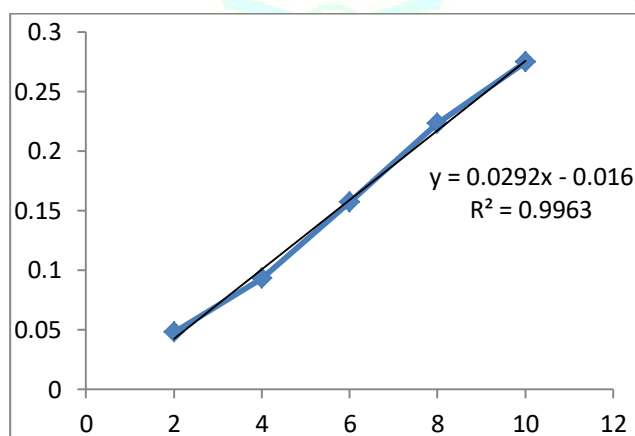
The DSC thermogram of Nystatin Microsponge was recorded using Differential Scanning Calorimeter. The DSC thermogram shows melting endothermic at 160 °C.



**Figure 8.11: DSC Thermo gram of Nystatin**

**8.5.6. Calibration Curve:**

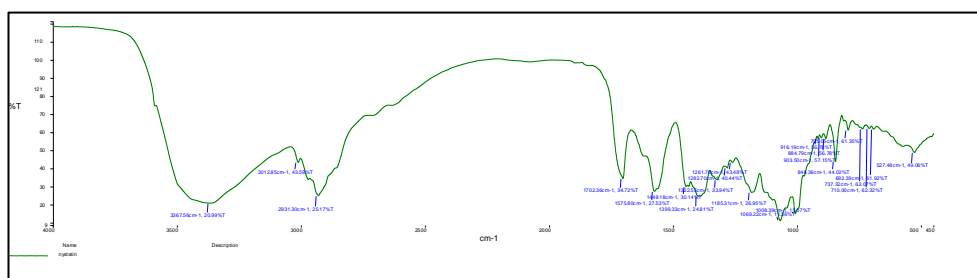
$\lambda_{max}$  value for Nystatin Microsponge was found to be 305 nm from UV spectra. The solvent used for the preparation of calibration curve for Nystatin Microsponge are phosphate buffer pH 6.8 solution. The regression coefficient value was found to be 0.996.



**Figure 8.12: Calibration of Nystatin Microsponge**

**8.5.7. Compatibility Studies:**

After 30 days of drug with excipient in various ratio storage at room temperature, samples were observed for physical changes but there were no physical changes observed in the mixture of Nystatin Microsponge and polymer combination.

**Compatibility Studies BY FTIR**

**Figure 8.13(A): FTIR of Nystatin**

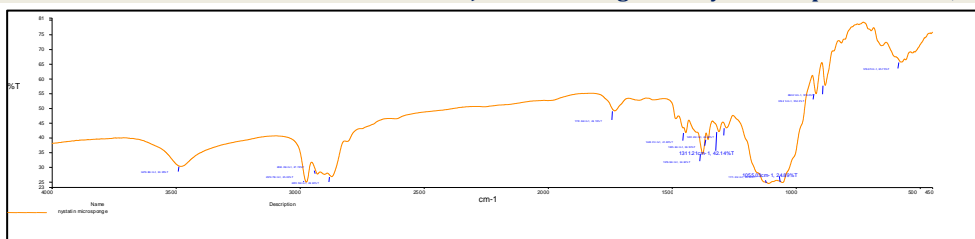


Figure 8.13(B):FTIR of Nystatin microsponge

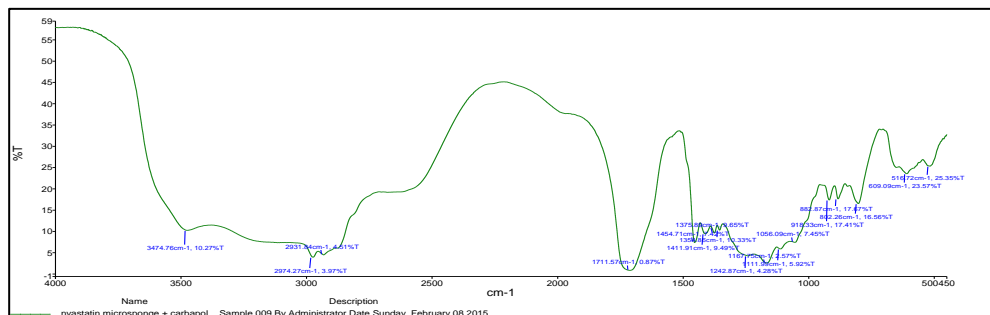


Figure 8.13(C): FTIR of Nystatin microsponge + Carbapol

A- Nystatin.

Table 8.13: Functional group of FTIR

Functional group	IR value cm <sup>-1</sup>
N-H Str	3429.44
C=O	1815.15
C-H Str	3063.17
C-CL	863.96
C=C	1433.39

8.5.8. Differential Scanning Calorimetry (DSC)

The DSC analysis of pure drug, polymer and mixture were carried using DSC to evaluate any possible drug polymer interaction. All the prominent thermograms of the drug and polymer were retained. Thus, no interactions were observed between the drug and excipients. Hence drug excipients compatibility was established shows DSC of drug, polymer and drug-polymer mixture.

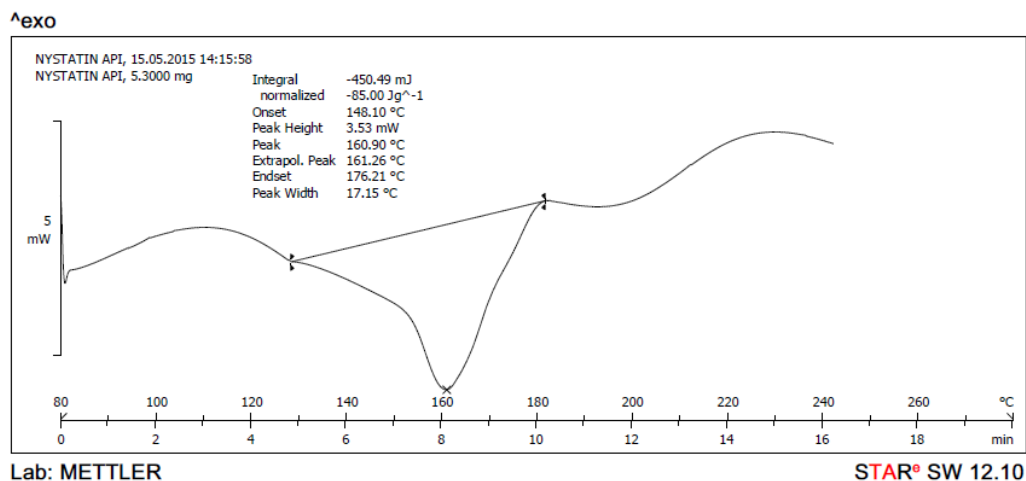


Figure 8.14: DSC Thermogram of Nystatin

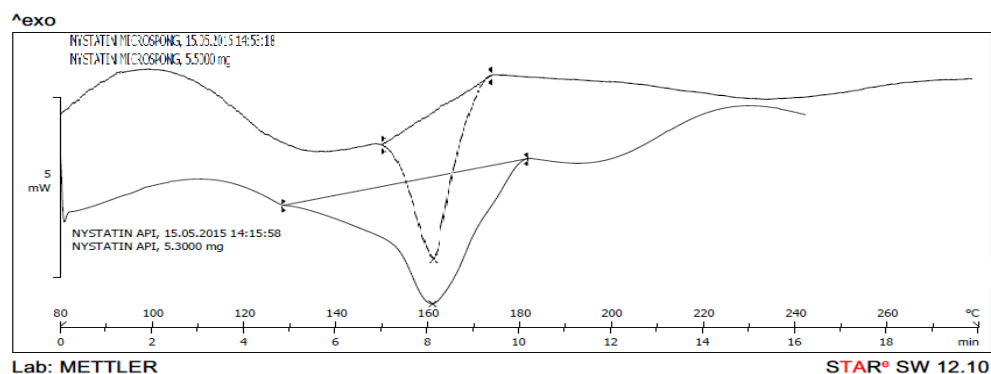


Figure 8.15: DSC Thermogram of Mixture Nystatin +Nystatin Microsponge

### 8.5.10. Formulation table

Table 8.14: Formulation table for Nystatin gel & Nystatin Microsponge Gel.

Ingredient	Nystatin gel	Microsponge loaded Batch			
		F1	F2	F3	F4
Nystatin	1.72gm	1.90gm	1.90gm	1.90gm	1.90gm
Carbapol (%w/w)	1.5	0.5	1	1.5	2
DMSO (%w/w)	5	5	5	5	5
Triethanolamine (ml)	1	1	1	1	1
Distilled water	q.s.	q.s.	q.s.	q.s.	q.s.

### 8.6. Physicochemical evaluation:

#### 8.6.1. Physical appearance:-

The prepared Nystatin microsponge gel formulations were A gel is a solid, jelly-like material that can have properties ranging from soft and weak to hard and tough. Gels are defined as a substantially dilute cross-linked system, which exhibits no flow when in the steady-state. All gel found to be transparent.

#### 8.6.2. Measurement of pH:-

The pH values of all prepared formulation ranged from which are.

Table 8.15: pH of Nystatin &Nystatinmicrosponge gel formulation

Batch	Nystatin gel	F1	F2	F3	F4
Ph	6.8	6.9	6.4	6.9	6.8

#### 8.6.3. Spreadability:-

The spreadability of various gel formulations is depicted in graph it was concluded that all the developed formulation showed acceptable spreadability

Table 8.16: Spreadability of Nystatin formulation

Batch	Nystatin gel	F1	F2	F3	F4
Spreadability (gm.cm/sec.)	19.60	22.66	16.66	26.22	19.06

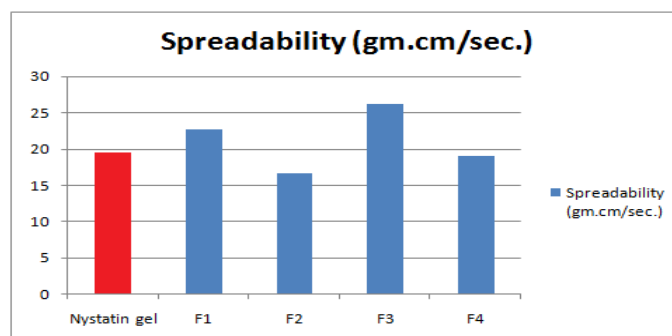


Figure 8.16: spreadability of Nystatin microsponge gel formulation

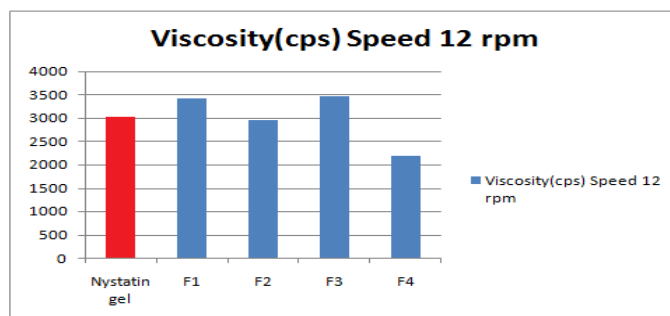


#### 8.6.4. Rheological Study:-

The measurement of viscosity of the prepared Nystatin was done with Brookfield viscometer. The highest viscosity was found in formulation it may be due to low level of the liquid paraffin concentration and emulsifying agent concentration. The lowest viscosity was found in formulation f1.

**Table 8.16: Viscosity of Nystatin microsponge gel formulation**

Batch		Nystatin gel	F1	F2	F3	F4
Viscosity(cps)	Speed 12 rpm	3020.20	3409.93	2962.73	3465.84	2180.12



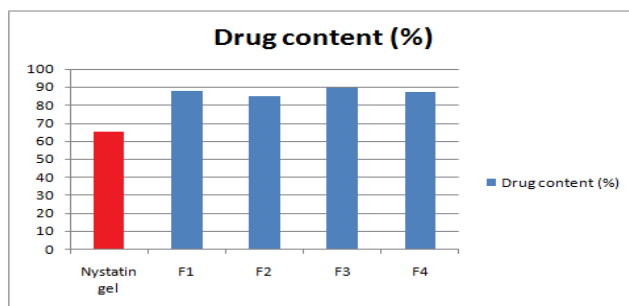
**Figure 8.17: Viscosity of gel formulation**

#### 8.6.5. Drug Content Determination:-

Drug content was calculated using the equation, which was obtained by linear regression analysis of calibration curve. The drug content of all gel formulation is given in table.  $Y = 0.024x - 0.004$   $R^2 = 0.996$ .

**Table 8.17: Drug content of Nystatin microsponge gel formulation**

Batch	Nystatin gel	F1	F2	F3	F4
Drug content (%)	65.18	87.56	84.93	89.65	86.93



**Figure 8.18: Drug content of Nystatin microsponge gel formulation**

#### 8.7. In Vitro Diffusion Studies

The *in vitro* release profiles of Nystatin microsponge from its various gel formulations

**Table 8.18: In-vitro diffusion studies**

Time(hrs)	Nystatin gel	Microsponge loaded batches			
		F1	F2	F3	F4
0.5	2.125	3.258	2.855	4.528	3.569
1	2.577	4.256	5.365	6.568	4.365
2	5.155	8.547	8.355	8.927	7.934
3	7.572	11.948	11.672	12.670	11.103
4	11.913	21.532	20.913	21.128	20.326
5	14.617	26.142	27.217	28.312	27.531
6	19.226	31.943	32.526	33.982	32.945
7	25.129	39.462	40.129	42.783	40.186
8	32.178	46.932	48.978	49.821	47.544
9	38.692	55.813	57.692	58.113	56.175
10	42.873	62.494	65.873	66.183	63.842
11	49.564	69.742	70.564	71.932	69.132
12	55.472	76.543	79.472	81.032	79.533

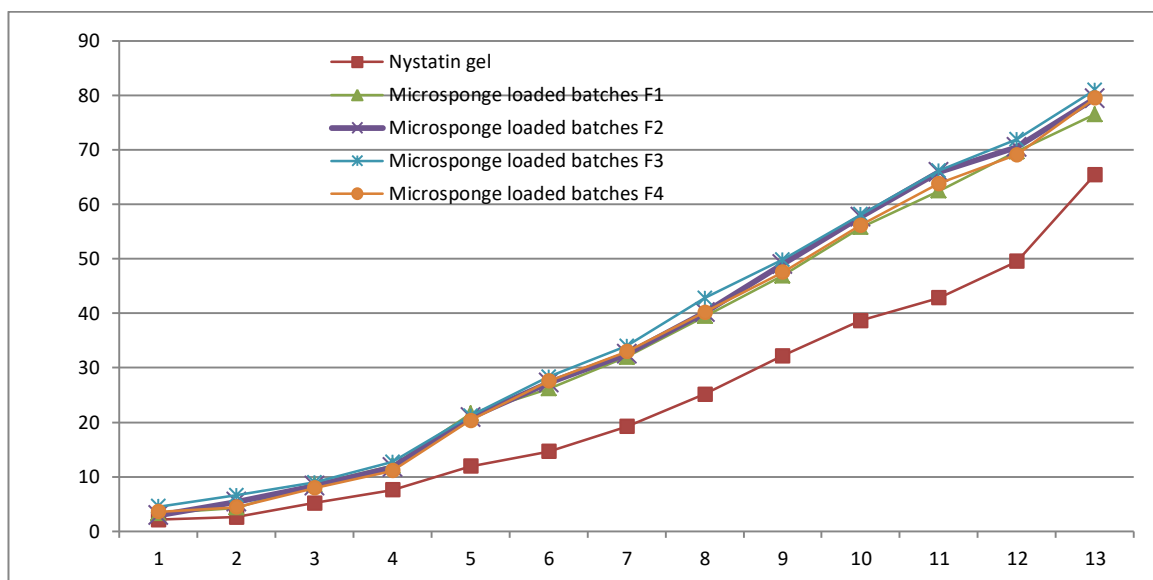


Figure 6.19: *In-vitro* drug release from Nystatin microsponge gel formulation

## CONCLUSION

Microsponges containing Nystatin were prepared by quasi emulsion solvent diffusion method using ethyl cellulose and PVA. By considering the solubility study of the drug, polymer and the rate of diffusion of the solvent used. The internal phase suitable for the preparation of microsponges to be dichloromethane and the external phase was found to be water. Mixture of Ethyl cellulose and drug in dichloromethane served as internal phase & Solution of PVA in water served as external phase. DSC studies of pure drug and excipients and their mixtures show that there is no interaction between drug and excipients.

All the microsponge formulations were subjected to drug content estimation, the low SD values indicates drug content was uniform and reproducible in all the formulations. All the microsponge formulations were subjected for loading efficiency and the results were found to be reproducible. The IR spectral analysis suggested that there was no interaction between the drug and formulation additive. The drug exists in original form and available for the biological action. From dissolution studies it was found out that microsponge batch no. F3 gave maximum drug release.

The comparative study of Nystatin gel and Nystatin microsponge loaded gel was performed. The release profile of both the formulation was studied using franz diffusion cell, From the results it can be concluded that microsponge loaded gel shows good release of drug as compare to nystatin gel.

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