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## Mini Review

# MULTI-COMPONENT DRUG DELIVERY OF PACLITAXEL

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## ABSTRACT

Co-delivery systems have been proved to be of much benefit to the anti-cancer drug field. In order to make these drugs successful, nano-particles usage has been promoted. The mini-review has brought forward some of the most prominent co-delivery developments in the field, especially with paclitaxel. The discussion here is never meant to be comprehensive, but to give some new trends and highlights within this area.

**Keywords:** Drug Delivery, Nanomedicine, Co-delivery, Paclitaxel

## INTRODUCTION

Throughout the recent decades, there has occurred an enormous rise in the polymer micelles potential usage as anti-cancer drugs delivery vehicles.<sup>1-5</sup> These vehicles have definitely offered some significant insight to the way in which treatment can be enforced effectively.<sup>6-10</sup> This paper has selected various journal articles showing the same and proving to be essential in the field.

### Co-delivering paclitaxel and Herceptin

The article by Lee reports the use of a copolymer which is biodegradable as well as amphiphilic in nature.<sup>11</sup> The copolymer is used to obtain self-assembled micellar nanoparticles.<sup>6,12</sup> The copolymer is termed as poly co ammonium bromide sebacate, P (MDS-co-CES). These had the ability to deliver the drugs as well as bio-macro molecules.<sup>13</sup> These included genes as well as proteins of functional nature either in a simultaneous manner or individual manner within several cell types.<sup>14,15</sup> Within this article, such nanoparticles were taken into consideration which had cationic micellar nature. These were used as a medium to carry for co-delivering paclitaxel as well as Herceptin. This was done to achieve paclitaxel targeted delivery for receptor 2 growth factor in the epidermis of humans. This was

done to suppress toxicity of the cells by activities of synergistic nature. Nanoparticles loaded with Paclitaxel have a size of average nature lesser than 120 nm and there is a potential of zeta potential for about 60 mV. The complexation of Herceptin was done on the nanoparticles surface.<sup>16</sup> The nano-particle drug loading complication continued to have stability under conditions of physiological simulation with 200 nm sizes. Herceptin was delivered by nanoparticles in an efficient manner than the bioPorter. This is a protein carrier with lipid base available commercially. The nano-particles with Herceptin depicted an effectiveness of anti-cancer highly. Daily treatment was repeated twice with the element of Herceptin depicting high cell toxicity significantly and particularly within overexpressed cancer cells in the breast in comparison to any individual treatment. Effects of anti-cancer coming from such a co-delivery system were thoroughly investigated within the cancer cells of the human breast. This was completed in alignment with several ranges of the expression level of Her2. These were inclusive of BT474, T47D, and MCF7. The Herceptin co-delivery enhanced the paclitaxel cytotoxicity and such enhancement depicted to be dependent on the expression levels of HER2. This co-delivery system targeted ability, within the article, was shown by images of

confocal nature. This depicted a higher uptake of cellular nature significantly. This was taken up by the BT474 overexpressed cells of HER2 in comparison to the negative HER3 negative cells of HEK293. This system of co-delivery might have essential implications clinically against the overexpressed cancer cells in the breast.

### Co-delivering siRNA and paclitaxel

Preparation of biodegradable cation micelles was done from the triblock copolymer of PDMAEMA-PCL-PDMAEMA and applicable for the siRNA delivery as well as paclitaxel over the cells of cancer.<sup>17</sup> The copolymers of PDMAEMA-PCL-PDMAEMA were gained readily through the reversed chain transfer of additional fragmentation (also known as RAFT) with dimethylamino ethyl methacrylate polymerization. This was done through the use of CPAD-PCL-CPADN (4-cyanopentanoic acid dithionaphthalenoate) as an agent of micro-RAFT.<sup>18</sup> The PDMAEMA blocks molecular weights under the control of monomer ranged from 2700 to 9100. Such copolymers with triblocking resulted in the formation of water-based nano-sized micelles with positive charges over the surface. These ranged from 29.5 and 35.5 mV. A low cytotoxicity was revealed by micelles 1 and 2. The assay test of gel retardation depicted that first and second micelles could complicate effectively with the use of siRNA as well as over the ratios of N/P for 4/2 and 2/1. The GFP siRNA notably having complexed with the 1st micelle depicted enhanced significance for gene silencing.<sup>19-21</sup> It depicted more efficiency in comparison to the 20 kDa PDMAEMA formulation. 1st micelle, moreover, loaded with the enzyme of paclitaxel depicted higher efficacy for drug compared with PC2 cells with free paclitaxel. This is because of most likeliness for cellular uptake improvement. The VEGF siRNA combined delivery, as well as paclitaxel, depicted a VEGF expression efficient knockdown. Studies using confocal laser scanning microscope over GFP siRNA complexed with micelle having Nile red loading depicted that Nile red could be delivered within the MDA-MB-435-GFP. This was expressed by GFP cells. Such expression of GFP was inhibited significantly. Such results showed that biodegraded micelles with cations have more promise for the siRNA and lipophile combined delivery for anti-cancer drugs.

### Co-delivering doxorubicin and paclitaxel

The research by Wang et al. stated that using the single drug for chemotherapy has shown certain anti-tumor treatment limitations.<sup>22</sup> When combining the drugs, it results in better performance. In this article, the authors proposed minimizing each drug's amount. This was done to gain the effect of synergistic nature for therapies of cancer. Various researchers have attempted to deliver drugs with chemotherapeutics in a simultaneous manner through the use of carriers of drugs such as liposomes, micelles, and nanoparticles of inorganic nature. The article reported nanoparticles with core shells to be emulsified in a double manner from copolymers having amphiphilic nature. The copolymer used by them was methoxy poly (ethylene glycol)-poly (lactide-co-

glycolide). Such nanoparticles resulted in offering benefits over related nano-carriers because they had the ability of easy fabrication. This was done through an improvised method for double emulsion known as biocompatibility. It showed higher efficacy for loading. More significantly, these nanoparticles had the ability of co-delivering doxorubicin of hydrophilic nature as well as paclitaxel of hydrophobic nature.<sup>23,24</sup> The nanoparticles loaded with the drug, had a good ability to polydisperse. This depicted that they were subjected more readily to controlled distribution of size. Drug release studies, as well as co-delivery systems cellular uptake, depicted that the drugs were taken up effectively through cells and simultaneously released.

### Co-delivering tariquidar and paclitaxel

The study by Patel et al. proposed that P-gp inhibitors with higher efficacious ability are to be used to show success to overcome MDR.<sup>25</sup> Such inhibitor is taken in the article as tariquidar.<sup>26</sup> P-gp, however, can further be expressed within general tissues such as the barriers in the blood brain, track of gastrointestinal nature, spleen as well as kidney. For maximizing the P-gp inhibitor efficacy as well as reducing the toxicity systemically, it becomes essential to consider limiting the P-gp inhibitors exposure as well as the drugs of anti-cancer for normal tissues. This further results in increasing the tumor cells co-localization. Within the article, the authors indulged in investigating the P-gp inhibitor co-delivery and drug of cytotoxic nature, namely paclitaxel within the cells of the tumor for reversing the MDR (multi-drug resistance) through the use of liposomes with long circulation. These liposomes along with tariquidar depicted essential resistant variant re-sensitization for the paclitaxel-resistant variance. This could have a correlation with enhanced paclitaxel accumulation within the cells of the tumor.

### Co-delivering paclitaxel and siRNA with lipid nanoparticle

According to the discovery by Yu et al., nano-particles with cationic solids of lipids were formulated for paclitaxel co-delivery with siRNA.<sup>27</sup> Methods of emulsification solidification were used for preparing cSLN based on 1,2-Dioleoyl-sn-glycero-3ethylphosphocholine.<sup>28-30</sup> Zeta potential was used for characterizing the cSLN loaded with PTX as well as retardation of gels with small interfering RNA complexes. The PcSLN sizes were not essentially different from the empty cSLN. The cSLN utilization enhanced the uptake at the cellular level of dsRNA fluorescence within the carcinoma KB cells. These cells are present in the epithelium of humans. This is further combined with PcSLN complexing it to dsRNA labeled through fluorescence. This results in promotion of maximum uptake. For therapeutic siRNA co-delivery, siRNA specific MCL1 for humans was complexed around PcSLN. The control in this situation was the complexation of siRNA specific to luciferase over PcSLN. The levels of MCL1 mRNA were reduced in an essential manner within the cells of KB undergoing treatment with the complexation of siMCL over PcSLN. Collectively, the article demonstrated the cSLN

potential for developing various lipophile based drugs for anti-cancer co-delivery systems as well as siRNAs therapeutically.

## CONCLUSION

This is to conclude that there have been several developments in the cancer treatment field. However, multi-drug resistant has remained a concurring problem.<sup>31-34</sup> All the articles being discussed in this

paper comprise of solutions for co-delivering drugs to help in efficiency of anti-cancer drugs.<sup>35-37</sup> It can be concluded that synergistically combining 2 or more than 2 drugs is a strategy of promising nature.

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