

Available online on 25.06.2014 at <http://jddtonline.info>**Journal of Drug Delivery and Therapeutics**

Open access to Pharmaceutical and Medical research

© 2014, publisher and licensee JDDT, This is an Open Access article which permits unrestricted noncommercial use, provided the original work is properly cited

REVIEW ARTICLE

NANOPARTICULATE DRUG DELIVERY SYSTEMS: PROMISING APPROACHES FOR DRUG DELIVERY

Srinivas Lankalapalli*, Krishna Chaitanya Routhu, Shruthi Ojha, V S Vinai Kumar Tenneti

GITAM Institute of Pharmacy, GITAM University, Rushikonda, Visakhapatnam, Andhra Pradesh, India

Corresponding Author's Email: lsrinivas2001@gitam.edu*ABSTRACT**

Advanced drug delivery technologies can increase safety and efficacy, extend patent lives and provide competitive differentiation for biopharmaceuticals by helping drug manufacturers in differentiating new therapeutics from existing products that enable novel treatments. It provides improved therapy through increased efficacy and duration of drug activity, decreased dosing frequency, convenient routes of administration and improved targeting of drug to specific sites reducing unwanted side effects. The role of advanced drug delivery based on Nanoparticles is discussed herein. The growing range of nanoparticle based drug delivery methods is assured of changing the formulation characteristics of new compounds and extending the lifecycle of existing compounds. In order to achieve this, article deals with the fundamental understanding of their properties, types, manufacturing, characterization, challenges and emerging trends in the field of drug delivery.

Keywords: Nanoparticles, Biopharmaceuticals, Nanoparticulate drug delivery.

INTRODUCTION

Nanotechnology is defined as the production and application of materials at nanometer scale. It involves the study of control of matter on an atomic and molecular scale which is usually below 100 nm or in the range of 0.2 nm to 100 nm¹. In simple terms, it is one billionth of a meter i.e., 10⁻⁹ meters². The primary goals for research in nanotechnology include:

- Specific and targeted drug delivery
- Decreased toxicity and maintenance of therapeutic effects
- Increased safety and biocompatibility
- Faster development of new and safer medicines³

The active pharmaceutical ingredient and its release mechanism from drug delivery system plays a critical role in determining the safety and efficacy of therapeutics⁴. The active pharmaceutical ingredient in nanoparticulate drug delivery system is either dissolved, entrapped, encapsulated or attached to a matrix and depending on this nanoparticles, nanospheres or nanocapsules may be obtained⁵.

- Nanoparticles are solid colloidal particles consisting of macromolecular substances that vary in size from 10-1000 nm.
- Nanospheres are matrix systems in which the drug is physically and uniformly dispersed.
- Nanocapsules are vesicular systems in which a drug is confined to a cavity surrounded by a polymer membrane⁶.

Large size materials in drug delivery systems pose problems such as poor bioavailability, solubility,

intestinal absorption, plasma fluctuations and in vivo stability¹. Nanoparticles by virtue of their unique physicochemical properties such as ultra small size, large surface area to mass ratio etc can be used to overcome the limitations of conventional drug delivery systems⁷. Therefore the development and fabrication of nanoparticles have reported the following advantages over conventional systems:

- Protection of drugs from gastric environment degradation
- Targeted drug delivery
- Prevention of first pass metabolism
- Increased bioavailability and longer circulating time due to special absorptive mechanisms such as endocytosis
- Controlled release of the drug
- Minimized plasma fluctuations and side effects
- Easy penetration and absorption through tissues and cells
- Enhanced performance of drugs that are unable to pass clinical trials
- Carrier for challenging drugs for diseases such as Cancer, HIV, diabetes etc.
- Improved acceptability of dosage form by increased efficacy, safety, patient adherence and reduced health care costs¹.

Properties of Nanoparticles

In pharmaceuticals, ~90% of all medicines, the active ingredient is in the form of solid particles. The evolution of nanotechnology made it possible to produce drug

nanoparticles that can increase drug efficacy and reduce side effects by utilizing the new drug delivery pathways.

1. Nanoparticle size:

Size matching is an important parameter in carrying out the activity. The basic unit of the biological processes is the cell and the biochemical reactions inside it. It is believed that to treat the nanometer scaled component cells of human cells, nanoparticles drug delivery, which aims at influencing the cellular process, is of much interest.

2. Nanoparticle surface:

As the particle size decreases, the number of molecules present on the particle surface increases. For a spherical solid particle of diameter d and the molecular diameter is σ , then the percentage of molecules on the surface monolayer is given as

$$\begin{aligned} \% \text{ Surface molecules} &= \frac{\left(\frac{4}{3}\right)\pi[d^3-(d-\sigma)^3]}{\left(\frac{4}{3}\right)\pi d^3} 100 \\ &= 100\left[\left(\frac{\sigma}{d}\right)^3 - 3\left(\frac{\sigma}{d}\right)^2 + 3\left(\frac{\sigma}{d}\right)\right] \end{aligned} \quad 1$$

For a 10 μ m particle sized material, a very small percentage of molecules are present on the surface. Hence, the dissolution rate is much lower for the microparticles than the nanoparticles. Lamprecht et al⁸ observed adhesion of polystyrene particle to inflamed colonic mucosa, with the deposition 5.2%, 9.1%, and 14.5% for 10- μ m, 1000-nm, and 100-nm particles, respectively which shows that nanoparticle can show strong adhesion because of the increased contact area for van der Waals attraction.

3. Nanoparticle suspension and settling:

Since the particle size of the nanoparticle is small, the gravitational force is smaller on it so they can be easily suspended in a liquid. The particle settling velocity v , is given by stokes law as

$$v = \frac{d^2 g (\rho_s - \rho_l)}{18\mu_l} \quad 2$$

where g is the gravitation acceleration (9.8 m/sec), ρ_l is liquid density (997 kg/m³ for water at 25°C), μ_l is viscosity.

Brownian fluctuations resist the particle settlement. According to Einstein's fluctuation-dissipation theory, average Brownian displacement x in time t is given as

$$x = \sqrt{\frac{2k_b T t}{\pi \mu d}} \quad 3$$

Where k_b is the Boltzman constant (1.38 x 10⁻²³ J/K), and T is the temperature in Kelvin.

For nanoparticles the gravitational pull is not stronger than the random thermal motion of the particles. Hence nanoparticles do not settle which provides a long shelf-life.

4. Magnetic and optical properties

Small nanoparticles exhibit unique magnetic and optical properties. For example, ferromagnetic materials become superparamagnetic below about 20 nm, i.e., the particles do not retain the magnetization because of the lack of magnetic domains. Such materials are useful for targeted delivery of drug and heat. For example, interaction of electromagnetic pulses with nanoparticles can be utilized for enhancement of drug delivery in solid tumors⁹. The particles can be attached to antibodies directed against antigens in tumor vasculature and selectively delivered to tumor blood vessel walls.

Gold and silver nanoparticles show size-dependent optical properties¹⁰. The intrinsic color of nanoparticles changes with size because of surface plasmon resonance. Such nanoparticles are useful for molecular sensing, diagnostic, and imaging applications.

5. Hydrophobicity

It gives the extent and type of hydrophobic interactions of nanoparticulates with blood components and determines their bio fate. It also plays a role in drug release profile by impacting the degradation kinetics of polymeric shell¹¹. It can be evaluated by methods such as hydrophobic interaction chromatography, two phase partition, contact angle measurement etc¹².

6. Crystallinity

It affects the solubility and dissolution characteristics of the drug. In case of polymeric nanoparticles, degradation first occurs in amorphous regions followed by a slow rate in crystalline regions. Therefore it affects degradation rate and drug release kinetics¹¹.

7. Drug loading

High drug loading capacity of a system reduces the quantity of matrix materials for administration. It can be done either by incorporation at the time of nanoparticle production or by absorption by incubation of carrier with concentrated drug solution after nanoparticle production. It depends upon the solid state solubility of drug in the matrix or polymer used which in turn depends upon the composition, molecular weight, interactions and end functional groups of the polymer⁵.

8. Drug release

Drug release and polymer biodegradation are important considerations for a nanoparticulate drug delivery system. Release rate depends upon factors such as drug solubility, surface bound/ adsorbed drug desorption, drug diffusion through matrix, erosion/ degradation of the matrix and combination of erosion/diffusion process⁵.

Types of Nanoparticles¹³

Different types of nanoparticles along with description, materials used and applications are shown in below table 1.

Table 1: Different Types of Nanoparticles

S.N.	Type of Nanoparticle	Description	Materials used	Applications	Ref
1.	Lipid Based	Submicron particles made of oily lipid core surrounded by soli or semi solid shell	Phospholipids, triglycerides and cholesterol	Systemic gene delivery, transdermal delivery of high molecular weight and poorly soluble drugs, drug delivery to lungs by nebulization	14
2.	Polymeric Micelles based	Formed by association of amphiphilic surfactants or polymeric molecules spontaneously in aqueous medium as core shell structures or vesicles	Amphiphilic block copolymers, such as poly(ethylene oxide)-poly(-benzyl-Laspartate) and poly(N-isopropylacrylamide)-polystyrene,	Targeted delivery of chemotherapeutics, sustained release , parenteral delivery	15, 16
3.	Polymer Based	Colloidal solid particles with a size range of 10-1000 nm which can be spherical, branched or shell structures	Polymers such as chitosan, alginate gelatin, polyacrylates	Increased uptake by immune cells, targeting of anti cancer drug to liver, oral delivery of insulin, brain targeting for neurodegenerative disorders	17-19
a.	Hydrogels	Association of hydrophobic moieties with soluble macromolecules	Collagen, Gelatin, Starch, Poly(<i>n</i> -vinyl pyrrolidine), Methacrylates, Poly(vinyl alcohol)	Encapsulation and delivery of proteins, antigens and anti cancer agents	20, 21
b.	Dendrimers	Nanostructures highly branched with an inner core, size range is 1-100 nm but mostly less than 10 nm	Macromolecules such as polyamidoamine (PAMAM), polypropyleneimine and polyaryl ether	Attachment of drug molecules and targeting groups, coating agent protecting drugs, DNA delivery, diagnostic utilization for cancer treatment	22, 23
c.	Calcium carbonate based	Incorporation of drug into solid calcium carbonate	Calcium carbonate	Sustained release of drugs	24
d.	Protamine based	Composed of protamine, a peptide associated with DNA or therapeutic agents	Protamine- non antigenic, non toxic peptide	DNA and oligonucleotide delivery	25
e.	Chitosan based	Composed of chitosan, a biocompatible polymer associated with therapeutic agents	Chitosan- polycationic polymer comprising of d-glucosamine and <i>N</i> -acetyl-dglucosamine linked by b-(1,4)-glycosidic bonds	Carriers for gene delivery, ocular drug delivery	26
f.	Silicone nanopore membrane Based	Nanopore membranes which consist of arrays of parallel rectangular channels of 7-50 nm		Increase stability of proteins which are unstable in aqueous solution at body temperature	27
g.	Polymeric nanocapsules	Spherical hollow structures in which drug is confined to a cavity and surrounded by poymer membrane	poloxamer, PEG 400, polysorbate 80, propylene glycol, and citric acid	Confined reaction vessels, protective shell for cells or enzymes, transfection vectors in gene therapy, dye dispersants, carriers in heterogenous catalysis, imaging and drug carrier	28, 29

Production of Nanoparticles

Developing the nanoparticles of size range <100nm will help in exhibiting some unique physical and biological properties. But inorder to achieve nanoparticles of size range <100nm is possible with hard materials rather than using soft materials like drug and polymer.

For hard materials, such as silica, metal oxides, and diamonds with melting points above 1000°C,

nanoparticles are prepared in the size range of 1–100nm. For drugs that are usually soft materials with melting point below 300°C particles in the 1–100nm size range are more difficult to prepare, so they are prepared at <300nm size.

To obtain nanoparticles in the 50–300nm range, for soft materials, for drug delivery, one requires of the order of 10^4 – 10^8 molecules in each particle. This size has

to be achieved from either solution phase (single molecule) or millimeter-size particle (10^{18} molecules).

The two general approaches for the production of drug nanoparticles are

- a. The particle is broken down to nano size,
- b. The particle will be built up from molecules.

Manufacturing techniques of Nanoparticles

Milling and Homogenization Techniques:

There are specific and non specific approaches for the improvement of solubility and bioavailability. Specific approaches can only be applied to certain drug molecules i.e., with in case of cyclodextrins (CDs) to molecules that fit into the respective CD ring. Whereas, the nonspecific formulation approaches are applicable to almost any drug molecule. Such a nonspecific formulation approach since many years is micronization, which means converting relatively coarse drug particles to micrometer crystals with a mean diameter in the range of approximately 2–5 μm , and a corresponding size distribution approximately between 0.1 and 20 μm^{30} . Here, the increase in the surface area leads to an increase in the dissolution velocity. That means micronization is a formulation approach to overcome the bioavailability problems of drugs of the biopharmaceutical specification class II (BSC II), where the rate limiting step is a too low dissolution velocity.

Nowadays however, many of the new compounds are so poorly soluble that micronization is not sufficient to overcome a too low oral bioavailability. Consequently, the next step taken was to move from micronization to nanonization, which leads to further increase in surface area and thus there is an increase in dissolution velocity.

Even highly water-sensitive drugs can be reduced to drug nanocrystals, even stored in the form of an aqueous nanosuspension (drug nanocrystals dispersed in aqueous surfactant/stabilizer medium). Drug nanocrystals can be produced by bottom-up or topdown technologies. In the case of bottom-up technologies, one starts with the molecules in solution and moves via association of these molecules to the formation of solid particles, i.e., it is a classical precipitation process³¹. In the case of top-down technologies, one starts with a coarse material and applies forces to disintegrate into the nanosize range. The diminution technologies can be categorized into two principal classes:

1. Pearl/ball milling.
2. High-pressure homogenization, and other processes.

1. Pearl/ball-milling technology for the production of drug nanocrystal:

Traditional equipment like Jet milling leads to a drug powder with a size range of roughly between 0.1 and 20 μm , containing only a very small fraction of about 10% in the nanometer range[30]. Hence the traditional equipments used for micronization of drug powders such as rotor–stator colloid mills (Netzsch) or jet mills (Retsch) are of limited use for the production of nanocrystals.

When a pearl mill is run over a sufficiently long milling time, drug nanosuspensions can be obtained. These mills consist of a milling container filled with fine milling pearls or larger-sized balls. The container can be static and the milling material is moved by a stirrer; alternatively, the complete container is moved in a complex movement leading consequently to movement of the milling pearls. Surfactants or stabilizers have to be added for the physical stability of the produced nanosuspensions. In the production process the coarse drug powder is dispersed by high-speed stirring in a surfactant/stabilizer solution to yield a macrosuspension. The choice of surfactants and stabilizers depends on the properties of the particles to be suspended and on the physical principles (electrostatic and steric stabilization) and the route of administration.

Steric stabilization is recommended as the first choice because it is less susceptible to electrolytes in the gut or blood. Electrolytes reduce the zeta potential and subsequently impair the physical stability, especially of ionic surfactants. In many cases an optimal approach is the combination of a steric stabilizer with an ionic surfactant, i.e., the combination of steric and electrostatic stabilization. Adsorption onto the particle surface leads to high zeta potential values providing good physical stabilities.

In case of parenteral drug nanocrystals, the choice is limited; for eg. For intravenous injection, accepted are lecithins, Poloxamer 188, Tween 1 80, low molecular weight polyvinylpyrrolidone (PVP), sodium glycocholate (in combination with lecithin).

Production of parenteral drug nanosuspension using pearl mills is much more tedious compared to producing oral drug nanosuspensions. The equipment needs to be sterilized and the product needs to be separated from the milling pearls by a preferentially aseptic separation process.

One advantage of the pearl mills, apart from being low-cost products, is their ability for scaling up.

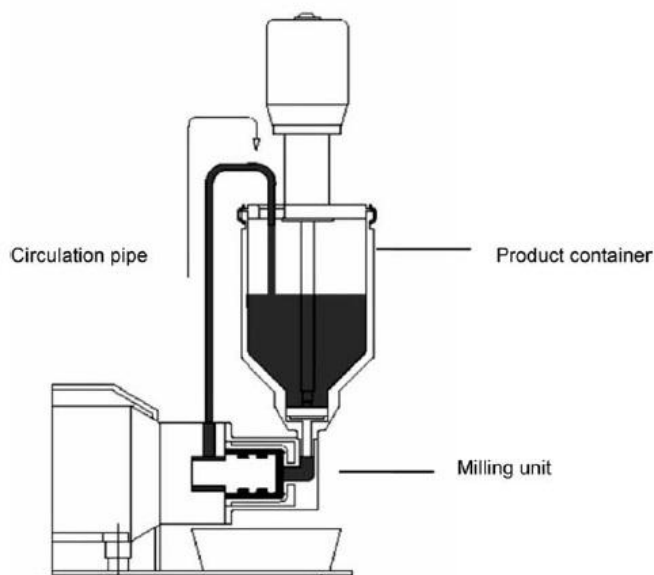


Figure 1: Schematic view of a bed mill using recirculation method³² DISPERMAT® SL

2. Drug Nanocrystals produced by High- Pressure Homogenization

High-pressure homogenization has been applied for many years in various areas for the production of emulsions and suspensions and is currently used in food industry like homogenization of milk. A distinct advantage of this technology is its ease for scaling up, even to very large volumes. In the pharmaceutical industry parenteral emulsions are produced by this technology.

Most of the homogenizers used are based on the piston-gap principle; an alternative is the jetstream technology. The Microfluidizer is based on the jet-stream principle. Two streams of liquid collide, diminution of droplets or crystals is achieved mainly by particle collision, but occurrence of cavitation is also considered. The Microfluidizer has also been described for the production of drug nanosuspensions; and requires 10-50 cycles³³.

The Microfluidizer can be used for the production of drug nanosuspensions in the case of soft drugs. In the case of harder drugs, a larger fraction of particles in the micrometer range remain, which do not exhibit the increase in saturation solubility because of their too large size.

For many years cavitation was considered as the major force leading to particle diminution in the high-pressure homogenization process. So, mostly water was used as the dispersion medium. In the piston-gap homogenizer the liquid is forced through a tiny homogenization gap, typically in the size range of 5–20 μm . According to the Bernoulli equation, the streaming velocity and dynamic pressure increase extremely, the static pressure in the gap falls below the vapor pressure of water at room temperature.

A liquid boils when its vapor pressure is equal to the static pressure, which means water starts boiling in the gap at room temperature leading to the formation of gas

bubbles. The formation of gas bubbles leads to pressure waves disrupting oil droplets or disintegrating crystals. When leaving the homogenization gap, the static pressure increases to normal air pressure, which means the water does not boil anymore and the gas bubbles collapse. Collapsing of the gas bubbles (implosion) leads again to shock waves contributing to diminution.

At the end of the 1990s it was found that similar efficient particle diminution can be achieved by homogenization in nonaqueous media such as oils and liquid polyethylene glycols. Preparation of drug nanocrystals in PEGs or oils leads to nanosuspensions that can directly be filled into capsules^{34,35}. It is also possible to homogenize in melted nonaqueous matrices, which are solid at room temperature. Solidification of such a matrix leads to a fixation of drug nanocrystals in the solid matrix, thus minimizing or avoiding crystal contact and subsequent crystal fusion/growth.

Preparation of drug nanosuspensions in water-ethanol mixtures is favorable for producing dry products, because later the spray drying can be performed under milder conditions when using such a mixture. Homogenization in water-glycerol mixtures (2.25% of water-free glycerol) leads to isotonic drug nanosuspensions for parenteral administration.

3. Production of Drug Nanocrystal Compounds by Spray-Drying:

For the production of tablets, an aqueous nanosuspension can be used as granulation fluid. Starting from an aqueous macrosuspension containing the original coarse drug powder, surfactant, and water-soluble excipient, the homogenization process can be performed in an easy one step yielding a fine aqueous nanosuspension. In a subsequent step the water has to be removed from the suspension to obtain a dry powder. One method of removing the water from the formulation is freeze drying, but it is complex and cost-intensive leading to a highly sensitive product^{36,37} and another

method is spray drying, which is simple and most suitable method for industrial production.

The drug nanosuspension can directly be produced by high-pressure homogenization in aqueous solutions of water-soluble matrix materials. Afterward the aqueous drug nanosuspension can be spray dried under adequate conditions; the resulting dry powder is composed of drug nanocrystals embedded in a water-soluble matrix³⁸.

One aim of a solid nanoparticulate system is releasing the drug nanocrystals after administration in the gastrointestinal tract (GI) as a fine nonaggregated suspension; the other is to increase the physical stability for long-term storage.

Production in hot-melted matrices:

A further possibility for the production of drug nanocrystals in solid matrices is high-pressure homogenization in hot melts. It offers advantages over production in aqueous solution and subsequent spray drying. The process is completely anhydrous, avoiding possible drug degradation or instabilities. The production can directly be performed by hot high pressure homogenization in melted material^{39,40}. The homogenizers Micron Lab 40, batch and continuous, were equipped with temperature control jackets placed around the sample/product containers. Working temperatures up to 100°C (heated with water) or higher (heated with silicon oil) can be selected depending on the melting temperature of the used matrix material. For batch operation, solidification has to be averted between each homogenizing cycle. For homogenizers working in the continuous mode, the product containers must be also heated.

As the first production step, a presuspension has to be formed consisting of a melted matrix with the addition of the drug powder and surfactant. In the following production step, the hot presuspension can be directly homogenized in the temperature-controlled homogenizer. After reaching the envisaged particle size and size distribution, the suspension can be solidified at room temperature by applying controlled cooling. Subsequently, the solid nanodispersions obtained can be

processed to granulate by milling, for filling capsules or tablet compaction. Alternatively, the hot melt can directly be filled into hard gelatine or hydroxypropyl methylcellulose (HPMC) capsules. The absence of water during the whole production process as well as the short processing times and the one-step process to the final product are especially to be noted using the hot melt method.

Pelletization Technique:

The most commonly used pelletization techniques are the extrusion-spheronization and the drug layering onto sugar spheres. Irrespective of the pelletization technique applied, a multiparticulate dosage form will be obtained. Multiparticulate dosage forms show a faster and more predictable gastric emptying and more uniform drug distribution in the GI tract with less inter- and intraindividual variability in bioavailability⁴¹. A broad distribution of the pellets in the gut lumen can enhance the complete redispersion of the nanoparticles from the final solid dosage form.

1. Matrix pellet preparation

Aqueous nanosuspensions can be mixed with matrix materials like MCC, lactose etc., Also the nanosuspension works as a binder and wetting fluid for the extrusion process⁴²⁻⁴⁵. Binders like gelatine, HPMC, chitosans, or other polymers can be added to the nanosuspension before the high-pressure homogenization, which simplifies the production process. Alternatively, they can be dispersed in the produced nanosuspension after the high pressure homogenization. The binders which are used are necessary for the extrusion process but they can also positively influence the properties of the nanosuspension or the nanoparticles.

2. Pellet preparation by Nanosuspension Layering

An alternative way to transfer a prior produced nanosuspension into a pellet formulation is the suspension layering onto sugar spheres⁴⁶. The binders that are necessary for this process can also be added before the high-pressure homogenization process resulting in the improved nanosuspension properties.

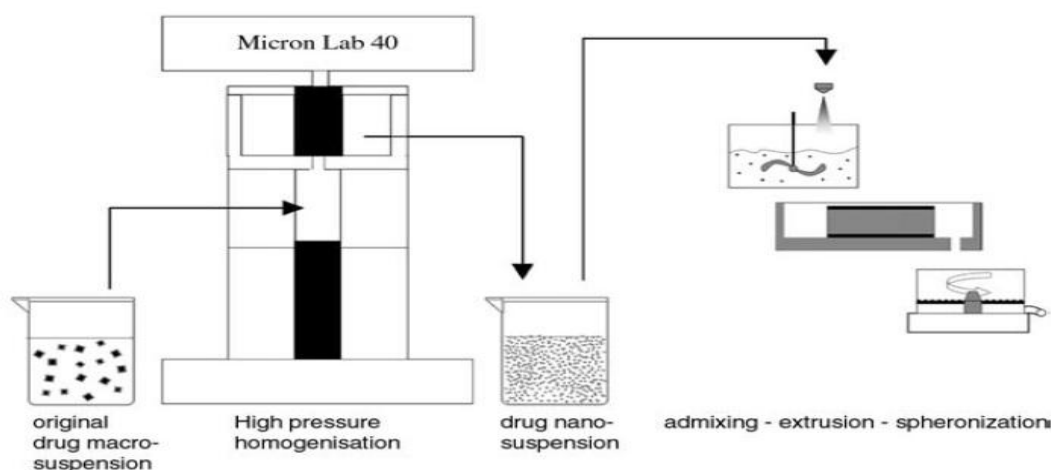


Figure 2: Schematic Production of drug nanocrystal-loaded matrix cores

Supercritical fluid Technology:

A fluid is supercritical when it is compressed beyond its critical pressure (P_c) and heated beyond its critical temperature (T_c). Super Critical Fluid (SCF) technology has emerged as an important technique for particle manufacturing. The critical constant values of different super critical solvents are shown in table 2 below.

Table 2: Critical Constant for Various Supercritical Solvents

SCF	T_c (°C)	P_c (bar)
Ethylene	9.3	50.3
Trifluoromethane (fluoroform)	25.9	47.5
Chlorotrifluoromethane	28.9	39.2
Ethane	32.3	48.8
Carbon dioxide	31.1	73.7
Dinitrogen monoxide (laughing gas)	36.5	72.6
Sulfur hexafluoride	45.5	37.6
Chlorodifluoromethane (HCFC 22; R 22)	96.4	49.1
Propane	96.8	43.0
Ammonia	132.4	112.7
Dimethyl ether (wood ether)	126.8	52.4
Trichlorofluoromethane (CFC 11, R 11)	198.0	44.1
Isopropanol	235.2	47.6
Cyclohexane	280.3	
Toluene	318.6	41.1
Water	374.0	220.5

Much attention has been given to supercritical carbon dioxide for pharmaceutical particle formation since it is nontoxic, inexpensive, and has mild critical temperature. Carbon dioxide due to its quadrupole moment it is a nonpolar molecule with a small polarity. Hence, nonpolar or light molecules (e.g., menthol, methanol, acetone, toluene, and hexanes) easily dissolve in CO_2 , whereas the polar or heavy molecules (e.g., griseofulvin, paclitaxel, tetracycline, and dexamethasone phosphate) have a very poor solubility.

Three important factors that govern drug solubility in supercritical CO_2 are

- Vapor pressure of drug,
- Drug- CO_2 interaction
- Density of CO_2 .

Drug vapor pressure is a function of temperature (T), and CO_2 density is a function of pressure (P) and T .

Studies reveal that solubility of pharmaceutical compounds is highly dependent on CO_2 pressure. As the pressure is reduced, solubility decreases because of a reduction in the CO_2 density, which is closely related to its solubility power⁴⁷⁻⁵⁰. At a high pressure, the drug can be dissolved in CO_2 and if the pressure is reduced to ambient, the drug precipitates out as fine particles. The fast depressurization results in a very fast rate of precipitation providing small drug particles. This process is termed as rapid expansion of supercritical solution (RESS). Most of the drug particles produced by RESS have been in the 1–5 mm-size range. The rapid expansion of supercritical CO_2 does produce nuclei 5–10nm in diameter, but these nuclei grow because of coagulation and condensation to produce the final micrometer-size particle.

Recently, Thakur and Gupta⁵¹ the challenges of RESS (low solubility and growth by coagulation) are

overcome by utilizing a cosolvent that is solid at the nozzle exit conditions. The solid cosolvent (SC) enhances the solubility in supercritical carbon dioxide and provides a barrier for coagulation in the expansion chamber. The SC is later removed from the solute particles by lyophilization (sublimation). The new process is termed as RESS-SC. The choice of a proper SC is the key for successful RESS-SC.

Various requirements for the selection of the SC are

- Good solubility in supercritical CO_2
- Solid at nozzle exit condition (5–30 °C)
- Good vapor pressure for easy removal by sublimation
- Should be nonreactive with drugs or CO_2
- Inexpensive.

Menthol satisfies the requirements mentioned above. It has appreciable solubility in CO_2 and can easily sublime under vacuum.

Polymer or Protein Stabilized Nanoparticles from Emulsions

Poorly water-soluble drugs have a challenge in their delivery. Such drugs can be given by nanoparticle delivery, which can avoid the allergic side effects due to the use of cremaphors (e.g., polyethoxylated castor oil) in conventional formulations. However, for drugs with crystal forming habits, there is always the hazard of the formation of large microparticles (>10–15 mm) from aggregation/ bonding of nanoparticles; this can lead to infarction or blockage of the capillaries, resulting in ischemia or oxygen deprivation and possible tissue death. Hence, the nanoparticles need to be stabilized using biocompatible proteins (e.g., human serum albumin) or polymers (e.g., polylactide, polycaprolactone).

Emulsification Solvent Evaporation process

In this process, polymers like poly(D,L-lactide-co-glycolide) (PLGA), poly(lactic acid) (PLA), polymethacrylate and the drug is mixed in a water-immiscible solvent like methylene chloride, chloroform, ethyl acetate and is added dropwise to aqueous phase containing a surface stabilizer (e.g., polysorbate, polyvinyl alcohol, methyl cellulose, genatin, albumin, poloxamer)^{52,53}. A high shear is provided using a homogenizer, which reduces the droplet size of the organic dispersed phase. The evaporation of solvent hardens the nanoparticles. Formed nanoparticles are harvested from the aqueous slurry by lyophilization.

For the water-soluble drugs, a double-emulsion (water/oil/water) variation of the process is utilized. First, the drug is dissolved in water and then emulsified in water to obtain drug/water as the dispersed phase and organic solvent as the continuous phase. Then, this emulsion is added to the large aqueous phase with emulsifier to create double emulsion. As the droplet size of the first emulsion needs to be much smaller than in the second outer emulsion, the emulsifier amount is much higher in the first emulsion than in the second emulsion. In emulsification, shear forces help create more surface and hence smaller droplet size emulsion, whereas the surface tension opposes the formation of more surface.

If a smaller droplet size is desired, then high shear energy is needed. This energy requirement can be reduced if the surface tension is reduced which can be done by adding a surfactant or surface stabilizing agent such as albumin, poly vinyl alcohol (PVA), poly acrylic acid (Carbopol[®]), poly(oxyethylene-b-oxypropylene-b-oxyethylene) (Poloxamer or Pluronic[®]). Both Carbopol and Poloxamer show mucoadhesive properties which may be beneficial in oral drug delivery applications.

Once the droplets are created, it is then important to solidify them to avoid coalescence. The final particle size is directly proportional to emulsion droplet size and the coalescence during hardening. For creating fine emulsion for obtaining nanoparticles, the use of a high amount of surface stabilizer is avoided to reduce the high load of the polymer excipients.

Sonication

Sonication generates emulsions through ultrasound-driven mechanical vibrations, which causes cavitation. Rarefaction and compression cycles of sonication create vapor bubbles, which grow with time. Once a critical size is achieved, the bubble collapses violently, releasing the energy creating hot spots and hydroxyl free radicals. The duration and intensity of sonication can be used to create varying emulsion droplet sizes.

Homogenization

Homogenization is similar to sonication based on emulsification efficiency, but is relatively more effective in emulsifying viscous solutions. Ambient pressure homogenizers use rotor-stator types of mixers, which can go to very high rotational speeds. High-pressure homogenization uses high pressure to force the fluid into microchannels of a special configuration and initiates emulsification via a combined mechanism of

cavitation, shear, and impact, exhibiting excellent emulsification efficiency. Sonication usually generates more heat, and hence is less suitable for heat-sensitive materials. Homogenization is generally more effective in making fine emulsions. Usually, multiple passes are needed to achieve the desired emulsion droplet size. The emulsion droplet size decreases with increasing homogenization intensity⁵⁴. Using a rotor-stator homogenizer, the emulsion droplet size was found to be viscosity (μ) dependent and proportional to $\mu^{0.11}$ of the dispersed phase and $\mu^{-0.43}$ of the continuous phase.

Nanoparticle Hardening

Particle hardening due to solvent evaporation plays an important role in the growth of the particle during coalescence. The particle stickiness comes from the solvent associated with the polymer and drug. In the beginning of the process, the droplets are liquid and coalesce if they come any closer than about 1 nm. When part of the solvent is removed, the droplets are still sticky, but the particle bridging is slowed down owing to the increased viscosity of the drop interior. Once most of the solvent is removed, the particles become hard and now they can start to bounce off from other colliding particles. Wang and Schwendeman⁵⁵ measured the removal rate of the solvent from particles with respect to time as shown in Figure 3.

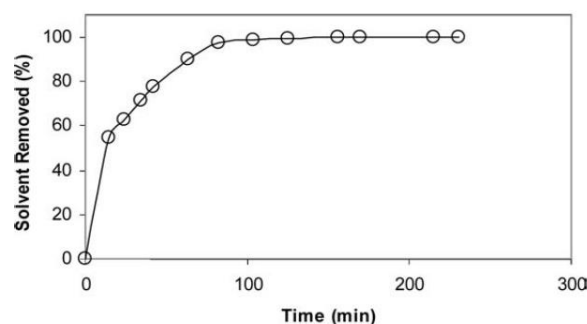


Figure 3: Methylene chloride removal profile from encapsulation of triamcinolone acetonide in PLGA particles⁵⁵.

Initially, the solvent removal is fast, owing to the high diffusivity of solvent and the dissolution of the solvent in the aqueous media. With time the droplets become hard on the surface due to polymer precipitation, which slows down the solvent diffusion. due to polymer precipitation, which slows down the solvent diffusion. Particle growth continues as a result of coalescing for the duration in which the solvent is not completely removed to the point when particles are not sticky.

Residual Solvent and Emulsifier

Residual solvent in pharmaceutical preparations, including nanoparticles, is a growing concern because of the toxicological risks associated with such residuals. If proper evaporation and lyophilization is not carried out, then the final nanoparticle may retain the solvent. The interfacial PVA influences particle size, zeta potential, polydispersity index, surface hydrophobicity, and drug loading. Both residual solvent and emulsifier can be reduced by cross-flow microfiltration. Cross-flow microfiltration is particularly attractive for the processing of large volumes of

nanoparticulate suspension, as the membrane surface can be easily increased. Other methods such as evaporation under reduced pressure or ultracentrifugation usually only treat small batch volumes.

Protein Stabilized Nanoparticles

Owing to the concerns of residual emulsifier in the final product, several researchers have utilized albumin protein stabilizer because of its complete compatibility with even the injectable formulations. The choice of organic solvent and the extent of homogenization can be used for further variation, for example the aqueous phase was presaturated with the organic solvent and a small amount of ethanol was added to the organic phase. In this variation, smaller nanoparticles, 140–160 nm, are obtained. To form a solid and stable layer of albumin onto drug nanoparticles, the protein needs to be cross-linked (or denatured) onto the particle surface. Typically albumin crosslinking can be achieved by heat, use of cross-linker such as

glutaraldehyde, or high shear. Fortunately, in the emulsification solvent evaporation process high shear is already in use, hence it can also be used for cross-linking protein stabilizers. High-shear cross-linking works for the protein-bearing sulfhydryl or disulfide groups (e.g. albumin). The high-shear conditions produce cavitation in the liquid, which causes tremendous local heating and results in the formation of hydroxyl radicals that are capable of cross-linking the polymer, for example, by oxidizing the sulfhydryl residues (and/or disrupting the existing disulfide bonds) to form new, cross-linking disulfide bonds⁵⁶⁻⁵⁸.

Physical Characterization of Nanoparticles

Sizing methods are frequently classified (shown in table 3 below) according to the manner in which they extract information from the sample. Counting methods, such as microscopy or single-particle optical sensing (SPOS), measure the size of individual particles to compile a histogram reflecting the overall distribution.

Table 3: Physical characterization of Nanoparticles

Sno.	Property	Analytical method(s)	References
1.	Presence size	Dark field optical microscopy Size Dynamic light scattering, Static light scattering, Ultrasonic spectroscopy, Turbidimetry, NMR, Single particle optical sensing, FFF Hydrodynamic fractionation, Filtration	59,60-66
2.	Morphology	TEM, SEM, Atomic force microscopy	67–75
3.	Surface charge	Electrophoretic light scattering, U-tube electrophoresis, Electrostatic-FFF	64,76 -81
4.	Surface hydrophobicity	Hydrophobic interaction chromatography	76,71,82
5.	Surface adsorbates	Electrophoresis	70,83
6.	Density	Isopycnic centrifugation, sedimentation-FFF	70,84
7.	Interior structure	Freeze-fracture SEM, DSC, X-ray diffraction, NMR	75,77,85,86-88

Dynamic Light Scattering

DLS, also known as photon correlation spectroscopy (PCS) or quasi-elastic light scattering (QELS) records the variation in the intensity of scattered light on the microsecond time scale^{60,61}. This variation results from interference of light scattered by individual particles under the influence of Brownian motion, and is quantified by compilation of an autocorrelation function. This function is fit to an exponential, or some combination or modification thereof, with the corresponding decay constant(s) being related to the diffusion coefficient(s).

Static light Scattering/Fraunhofer Diffraction

Static light scattering (SLS) is an ensemble method in which the pattern of light scattered from a solution of particles is collected and fit to fundamental electromagnetic equations in which size is the primary variable^{61,62}. The method is fast and rugged, but requires more cleanliness than DLS.

Acoustic Spectroscopy

Acoustic spectroscopy measures the attenuation of sound waves as a means of determining size through the fitting of physically relevant equations⁶³.

Turbidimetry

For nonabsorbing particles, turbidity is the complement to light scattering because it represents the amount of incident radiation not reaching a detector, that is, light lost to scattering⁶⁴.

Nuclear Magnetic Resonance

Nuclear magnetic resonance (NMR) can be used to determine both the size and the qualitative nature of nanoparticles. The selectivity afforded by chemical shift complements the sensitivity to molecular mobility to provide information on the physicochemical status of components within the nanoparticle⁶⁵.

Single-Particle optical Sensing

A particle counting method, SPOS, which is also known as optical particle counting, involves recording the obscuration or scattering of a beam of light that results from the passage of individual particles through a sensor. Signal magnitude is translated to the size of the particle via use of a previously determined calibration curve using standards approximating the sample in terms of shape and optical properties.

Electron Microscopy

Scanning and transmission electron microscopy, SEM and TEM, respectively, provide a way to directly observe nanoparticles. SEM is better for morphological examination^{67,68,77}. TEM has a smaller size limit of detection, is a good validation for other methods, and affords structural information via electron diffraction, but staining is usually required, and one must be cognizant of the statistically small sample size and the effect that vacuum can have on the particles. Very detailed images data can result from freeze-fracture approaches in which a cast is made of the original sample^{69,70}.

Atomic Force Microscopy

In this technique, a probe tip with atomic scale sharpness is rastered across a sample to produce a topological map based on the forces at play between the tip and the surface. The probe can be dragged across the sample (contact mode), or allowed to hover just above (noncontact mode), with the exact nature of the particular force employed serving to distinguish among the subtechniques^{72,73}.

Filtration

A simple, yet effective, approach of determining particle size is filtration, in which the concentration of a suspension is determined before and after passage through filter membranes of various sizes.

Field-Flow Fractionation

The nature of the perpendicular force defines the type of field-flow fractionation (FFF) and thus the particle property on which separation occurs: sedimentation (buoyancy, size), flow (hydrodynamic size), electrostatic (charge), or thermal (diffusion)⁶⁷.

Hydrodynamic Chromatography

In a sufficiently narrow channel of parabolic flow, particles of different size will on average experience different flow lines because of their differential ability to approach the channel wall. The particles will separate based on that property, with those that are smaller eluting later just as they would in flow-FFF.

Hydrophobic Interaction Chromatography

In this method the analyte is first adsorbed onto a chromatographic stationary phase using a high concentration of an antichaotropic salt⁸².

Electrophoresis

This process will determine the clearance and biodistribution of the colloid, so evaluating the exact nature of the surface coverage is required to achieve a useful understanding. The small size of nanoparticles allows their electrophoretic behavior to be observed using bioanalytical tools such as isoelectric focusing and 2-D polyacrylamide gel electrophoresis⁸³.

Isopycnic Centrifugation

This self-focusing separation allows nanoparticle density to be determined, which along with particle size and bulk substituent concentration can in turn be used to calculate a number concentration⁷⁰.

Zeta Potential

Zeta potential is used as a surrogate for surface change, and is often measured by observing the oscillations in signal that result from light scattered by particles located in an electric field. Doppler shift is generally used for this purpose.

Scanning Probe Technique

This technique uses the interaction between a sharp tip and a surface to obtain the image. The sharp tip is held very close to the surface to be examined and is scanned back and forth. As the tip is scanned across the sample, the displacement of the end of the cantilever is measured, using a laser beam. This can image insulating materials simply because the signal corresponds to the force between the tip and the sample, which reflects the topography being scanned².

Optical tweezers

Optical tweezers use a single laser beam (focused by a high-quality microscope objective) to a spot on the specimen plane. The radiation pressure and gradient forces from the spot create an optical trap, which holds a particle at its center. Small interatomic forces and displacements can be measured by this technique. Samples that can be analyzed range from single atoms to micrometer-sized spheres to strands of DNA and living cells².

Challenges to Nanoparticulate drug delivery systems:

The development of nanoparticulate drug delivery system requires understanding of both surface chemistry of nanomaterials as well as the interaction chemistry of these materials with the biological systems. The challenges can be due to biological, safety, manufacturing and financial issues⁸⁹

- Biological challenges- Problems such as rapid clearance by immune system, low targeting efficiency and difficulty in crossing barriers may be encountered. Knowledge of mechanism underlying the intracellular uptake, processing and fate of the nanoparticulate in the complex biological systems is needed.
- Safety challenges- the negative impact of interaction between nanomaterials and biological systems is dealt in Nanotoxicology. Investigations have shown that toxicity has lead to several harmful effects on the biological systems⁹⁰ have reported many evidences for nanotoxicology. Gold and polystyrene nanoparticles have caused hemolysis and blood clotting. Carbon nanotubes showed platelet aggregation⁹¹, oxidative stress, mitochondrial dysfunction⁹². Quantum dots have showed cytotoxicity by induction of reactive oxygen species causing damage to nucleus and mitochondria^{93,89} suggested the establishment of proper standards and testing protocols for nanoparticulates.
- Manufacturing challenges- Due to complexity in methods and high cost of materials employed, they may not be compatible with large scale production. Proper statistical approaches can be followed to improve the scale up for increased production and commercialization of nanoparticles.

➤ Economical challenges- Despite the number of patents, commercialization is a problem still due to high costs of development⁹⁴.

Emerging Trends in Nanoparticulate drug delivery systems:

Nanotechnology offers great potential benefits for drug delivery and therapy of respiratory and systemic diseases. Nanoparticles have been of significant interest for some time because they can be designed to

simultaneously carry a drug payload, specifically target features of diseased tissues, and carry an imaging molecule to track drug accumulation and clearance in tissues. Moreover, they can be engineered to tailor drug delivery and improve pharmacokinetics. A variety of Nanoparticles have been investigated in experimental animal models as tools to improve the delivery and therapeutic efficacy of drugs or genes delivered to the lung or other organ systems. The emerging applications of nanoparticles shown in below table 4.

Table 4: Emerging applications of Nanoparticles

Emerging trend	Application	Ref
Biological Analysis and Discovery	Segregation of proteins and nucleic acids based on size and shape, sequencing of a genome and sum total of genes in an organism.	95
Nanoparticulate Tagging	Attachment of nanoparticles such as quantum dots and nanowires to molecules of interest are being used in detection technologies	96
Nanostructured materials	Used as portable biodetectors that can be used for detection of chemicals based on colour change in hazardous environments	96
Single-Molecule Detection	Nanostructures such as quantum dots that can emit a photon in presence of a particular molecule can be used	97
Protective Nanoparticles against pathogens	By virtue of their physical nature, cause disruption of bacteria and viruses hence used as cream for lacing fabrics in hospitals	96
Nanotubes and Cellular Manipulations	Removal and insertion of nucleus from one cell to another, cloning and making probes	98
Nanoengineered Prosthetics	Replacement and implantation of organs	96
Thiomer Nanoparticles	Possess mucoadhesive, enzyme inhibitory and permeation enhancing properties, used in insulin and calcitonin systems	99
Nanostructured Monoliths	Protein and peptide analysis based on nanocoupling technique	2
Antibody coated Nanospheres	Targeted delivery of drugs	2
Nanocrystallites	Increased solubility and bioavailability using pluronics	2
Nanohybrids	Poorly soluble non ionic drug delivery, non viral vector for gene delivery	100,101
Nanocontainer technology	Versatile carriers used to evade immune system and for drug delivery	102
Electrospun Nanofibers as Drug-Delivery Systems	Complete release of poorly soluble drugs, for buccal and topical uses	103

CONCLUSION

Developments in the field of nanotechnology are very promising. Many of them are therapeutically in use and others are in various stages on preclinical and clinical development. Thus they are expected to have a tremendous impact on medicines for decades to come. The understanding of properties of nanoparticles shows unique characteristics such as increased surface area, ease of suspension, magnetic and optical properties and high drug loading. Using recent technologies of production they can be used for any types of drugs. Their characterization uses various techniques to determine physiologically relevant parameters. The

value of nanotechnology enabled compounds is expected to reach \$ 220 billion by 2015. Therefore the use of nanoparticles will transform medical treatment by targeting the drugs to specific areas of the body without side effects or toxicity concerns since lower doses can be used. Therefore further advances in this field would turn it into the next generation of drug delivery system.

ACKNOWLEDGEMENTS

The Authors are thankful to M/s. GITAM Institute of Pharmacy, GITAM University, Visakhapatnam for providing library facilities and giving support in completion this article.

REFERENCES

- Martins OE, Ifeoma CO, Ekaete IA, Sabinus IO, Nanotechnology in Drug Delivery, Recent Advances in Novel Drug Carrier Systems, chapter 4, 2012, 69-106.
- Deepak Thassu, Michel Deleers, Yashwant Pathak, Nanoparticulate Drug-Delivery Systems: An Overview, chapter 1, 2007, 1-32.
- Wim HDJ, Paul JAB, Drug delivery and nanoparticles: applications and hazards. International journal of Nanomedicine, 2008, 3(2), 133-149
- Cynthia C, Pharmaceutical Technology: Drug Delivery Technologies Provide Growth Opportunities for Biopharmaceuticals, Pharmaceutical Technology Sourcing and Management, 2014, 10(4).
- Amit SM, Dinesh MS, Nilesh MM, Nanoparticles-tremendous therapeutic potential:a review, International Journal of PharmTech Research, 2009, 1(4), 1020-1027.
- Singh R, Lillard JW, Nanoparticle-based targeted drug delivery, Exp Mol Pathol, 2009, 86(3), 215-223.

7. Zhang L, Gu FX, Chan JM, Wang AZ, Langer RS, Farokhzad OC, Nanoparticles in Medicine: Therapeutic Applications and Developments, *Clinical pharmacology & therapeutics*, 2008, 83(5), 761-769.
8. Lamprecht A, Schafer U, Lehr CM, Size-dependent Bioadhesion of micro- and nanoparticulate carriers to the inflamed colonic mucosa, *Pharm Res*, 2001, 18(suppl 6), 788-793.
9. Herrera AP, Resto O, Briano JG, Rinaldi C, Synthesis and Agglomeration of Gold Nanoparticles in Reverse Micelles, *Nanotechnology*, 2005, 16(7), S618-25.
10. Esenaliev RO. Radiation and nanoparticles for enhancement of drug delivery in solid tumors, United States Patent, Dec 26 2000, US 6165440 A.
11. Boitumelo S, Lonji K, Lebogang K, Hulda S, Nano-drug delivery systems: Advances in TB, HIV and Malaria treatment, *Smart Biomol. Medicine*, Edited by Ajay KM, Ashutosh T, Shivani BM, Chapter 2, 2010, 15-52.
12. Khar RK, Vyas SP Nanoparticles, Targeted and controlled drug delivery-Novel carrier systems, Published by CBS Publishers & Distributors Pvt. Ltd., first edition 2002.
13. Nelson AO, Patrick OO, Ndidi CN, Nanotechnology and Drug Delivery: Nanostructures for Drug Delivery, *Tropical Journal of Pharmaceutical Research*, 2009, 8 (3), 275-287
14. Qiu Y, Gao Y, Hu K, Li F, Enhancement of skin permeation of docetaxel: a novel approach combining microneedle and elastic liposomes. *J. Controlled Release*, 2008, 129, 144-150.
15. Jones MC, Leroux JC, Polymeric micelles-a new generation of colloidal drug carriers. *Eur. J. Pharm. Biophar.*, 1999, 48(2), 101-111.
16. Seow WY, Xue JM, Yang YY, Targeted and intracellular delivery of paclitaxel using multifunctional polymeric micelles, *Biomaterials*, 2007, 28(9), 1730-1740.
17. Singh J, Pandit S, Bramwell VW, Alpar OH, Diphtheria toxoid loaded (caprolactone) nanoparticles as mucosal vaccine delivery systems, *Methods*, 2006, 38, 96-106
18. Damgé C, Maincent P, Ubrich, N, Oral delivery of insulin associated to polymeric nanoparticles in diabetic rats. *J. Controlled Release*, 2008; 117: 163-170.
19. Härtig W, Paulke B-R, Varga C, Seeger J, Harkany T, Kacza J, Electron microscopic analysis of nanoparticles delivering thioflavin-T after intrahippocampal injection in mouse: implications for targeting B-amyloid in Alzheimer's disease. *Neuroscience Letters*, 2003, 338(2), 174-176.
20. Bisht S, Feldmann G, Soni S, Ravi R, Karikar C, Maitra A, Maitra A, Polymeric nanoparticle-encapsulated curcumin ("nanocurcumin"): a novel strategy for human cancer therapy, *J Nanobiotechnology*, 2007, 5:3.
21. Crommelin DJA, Strom G, Jiskot W, Stenekes R, Mastrobattista E, Hennink WE, Nanotechnological approaches for the delivery of macromolecules, *J Control Release* 2003, 87, 81.
22. Gilles ER, Fréchet MJM, Dendrimers and dendritic polymers in drug delivery, *Drug Discovery Today*, 2005, 10(1), 35-43.
23. Wolinsky JB, Grinstaff MW. Therapeutic and diagnostic applications of dendrimers for cancer treatment, *Advanced Drug Delivery Reviews*, 2008, 60, 1037-1055.
24. Ueno Y, Futagawa H, Takagi Y, Ueno A, Mizushima Y, Drug incorporating calcium carbonate nanoparticles for a new delivery system, *J Control Release*, 2005, 103(1), 93-98.
25. Vogel V, Lochmann D, Weyermann J, Mayer G, Tziatzios C, van den Broek JA, Haase W, Wouters D, Schubert US, Kreuter J, Zimmer A, Schubert D, Oligonucleotide-protamine-albumin nanoparticles: preparation, physical properties and intracellular distribution. *J Control Release*, 2005, 103(1), 99-111.
26. Campos AM, Diebold Y, Carvalho EL, Sanchez A, Alonso MJ, Chitosan nanoparticles as new ocular drug delivery systems: in vitro stability, in vivo fate and cellular toxicity. *Pharm Res.*, 2004, 21(5), 803-810.
27. Martin F, Walczak R, Boiarski A, Cohen M, West T, Cosentino C, Shapiro J, Ferrari M, Tailoring width of microfabricated nanochannels to solute size can be used to control diffusion kinetics, *J Control Release* 2005, 102(1), 123-133.
28. Chen H, Zhang Z, Almarsson O, Marier JF, Berkovitz D, Gardner CR. A novel lipid free nanodispersion formulation of propofol and its characterization. *Pharm Res.*, 2005, 22(3), 356-361.
29. Tiark F, Landfester K, Antonietti M, Preparation of polymeric nanocapsules by miniemulsion polymerization, *Langmuir*, 2001, 17, 908-918.
30. Muller RH, Peters K, Becker R, Kruss B. Nanosuspensions—a novel formulation for the i.v. administration of poorly soluble drugs. In: 1st WorldMeetingAPGI/APV, Budapest, 1995, 491-492.
31. Chen X, Young TJ, Sarkari M, Williams RO, Johnston KP, Preparation of cyclosporine A nanoparticles by evaporative precipitation into aqueous solution. *Int J Pharm.*, 2002, 242(1-2), 3-14.
32. VMA-Getzmann GmbH, Germany V. Dispermat/Torusmill company brochure, 2003.
33. Dearn AR, inventor Glaxo Wellcome Inc., assignee. Atovaquone pharmaceutical compositions. U.S. Patent, 18 Nov 2003, US 09/411,381 US 6649659 B1.
34. Bushrab NF, Müller RH, Nanocrystals of poorly soluble drugs for oral administration. *NewDrugs*, 2003, 5, 20-22.
35. Muller RH, Bushrab FN. Drug nanocrystals-production and design of final oral dosage forms. In: 5th European Workshop on Particulate Systems, London, 2004
36. Peters K. Nanosuspension-ein neues Formulierungsprinzip für schwerlösliche Arzneistoffe. Berlin: Freie Universität Berlin, 1999.
37. Freitas C, Muller RH, Spray-drying of solid lipid nanoparticles (SLNTM), *Eur J Pharm Biopharm.*, 1998, 46(2), 145-151.
38. Bushrab FN, Muller RH. Drug Nanocrystals for Oral Delivery- Compounds by Spray Drying. Philadelphia: AAPS, 2004
39. Bushrab FN, Muller, RH. Drug nanocrystals: Amphotericin B-containing capsules for oral delivery. Philadelphia: AAPS, 2004.
40. Bushrab NF, Muller RH, Nanocrystals of poorly soluble drugs for oral administration. *New Drugs* 2003, 5, 20-22.
41. Follonier ND, Biopharmaceutical comparison of oral multiple unit and single-unit sustained-release dosage forms, *STP Pharma Sci.*, 1992, 2(2), 141-158.
42. Peters K, Muller RH. Nanosuspensions for the oral application of poorly soluble drugs. In: Proceeding European Symposium on Formulation of Poorly-Available Drugs for Oral Administration, APGI, Paris, 1996.
43. Vergote GJ, Vervaeet C, Van Driessche I, In vivo evaluation of matrix pellets containing nanocrystalline ketoprofen. *Int J Pharm.*, 2002, 240(1-2), 79-84.
44. Vergote GJ, Vervaeet C, Van Driessche I, An oral controlled release matrix pellet formulation containing nanocrystalline ketoprofen, *Int J Pharm.*, 2001, 219(1-2), 81-87.
45. Moschwitz JM, Muller RH, Final formulations for drug nanocrystals: pellets. In: AAPS Pharmaceutics and Drug Delivery Conference, Philadelphia, 2004.
46. Moschwitz J, Muller RH, Controlled drug delivery system for oral application of drug nanocrystals, In: 2004 AAPS Annual Meeting and Exposition, Baltimore, MD, 2004.
47. Mendez-Santiago J, Teja AS, The solubility of solids in supercritical fluids, *Fluid Phase Equilib* 1999, 158-160, 501-510.
48. Jouyban A, Rehman M, Shekunov BY, Chan H-K, Clark BJ, York P, Solubility prediction in supercritical CO2 using minimum number of experiments, *J Pharm Sci.*, 2002, 91(5), 1287-1295.
49. Dixon DJ, Johnston KP, Supercritical fluids In: Ruthven DM, ed. *Encyclopedia of Separation Technology*, John Wiley, 1997, 1544-1569.
50. McHugh MA, Krukonis VJ, *Supercritical Fluid Extraction*, 2nd ed. Elsevier, 1994.
51. Thakur R, Gupta RB, Rapid expansion of supercritical solution with solid cosolvent (RESS-SC) process: formation of griseofulvin nanoparticles, *Ind Eng Chem Res.*, 2005, 44, 7380-7387.

52. Donnell PBO, McGinity JW, Preparation of microspheres by the solvent evaporation technique. *Adv Drug Deliv Rev.*, 1997, 28(1), 25-42.
53. Bala I, Hariharan S, Kumar MNVR. PLGA nanoparticles in drug delivery: the state of the art. *Crit Rev., The Drug Carrier Syst.*, 2004, 21(5), 387-422.
54. Maa YF, Hsu C. Liquid-liquid emulsification by rotor/stator homogenization. *J Contr Rel.*, 1996, 38, 219-228.
55. Wang J, Schwendeman SP, Mechanisms of solvent evaporation encapsulation processes: prediction of solvent evaporation rate, *J Pharm Sci* 1999, 88(10), 1090-1099.
56. Desai NP, Tao C, Yang A, Protein stabilized pharmacologically active agents, methods for the preparation thereof and methods for the use thereof. U.S. Patent 6,749,868, Jun 15, 2004.
57. Leucuta SE, Risca R, Daicoviciu D, Porutiu D, Albumin microspheres as a drug delivery system for epirubicin: pharmaceutical, pharmacokinetics and biological aspects, *Int J Pharm* 1988, 41(3), 213-217.
58. Lee TK, Sokoloski TD, Royer GP. Serum albumin beads: an injectable, biodegradable system for the sustained release of drugs. *Science*, 1981, 213(4504), 233-235.
59. Amelinckx S. *Handbook of Microscopy: Applications in Materials Science, Solid-State Physics, and Chemistry*. New York: VCH, 1997.
60. Pecora R, Dynamic light scattering measurement of nanometer particles in liquids, *J Nanoparticle Res.*, 2000, 2, 123-131.
61. Chu B, Liu T, Characterization of nanoparticles by scattering techniques. *J Nanoparticle Res.*, 2000, 2, 29-41.
62. Kerker M. *The scattering of light and other electromagnetic radiation*. New York: Academic Press, 1969.
63. McClements DJ, Principles of ultrasonic droplet size determination in emulsions. *Langmuir* 1996, 12, 3454-3461.
64. Dukhin AS, Goetz PJ, Characterization of aggregation phenomena by means of acoustic and electroacoustic spectroscopy. *Colloids Surf A: Physicochem Eng Aspects*, 1998, 144, 49-58.
65. Irache JM, Durrer C, Ponchel G, Duchene D, Determination of particle concentration in latexes by turbidimetry, *Int J Pharmaceutics*, 1993, 90, R9-R12.
66. Westesen K, Bunjes H, Koch MHJ, Physicochemical characterization of lipid nanoparticles and evaluation of their drug loading capacity and sustained release potential. *J Controlled Release*, 1997, 48, 223-236.
67. Jores K, Mehnert W, Drechsler M, Bunjes H, Johann C, Maeder K, Investigations on the structure of solid lipid nanoparticles (SLN) and oil-loaded solid lipid nanoparticles by photon correlation spectroscopy, field-flow fractionation and transmission electron microscopy. *J Controlled Release*. 2004, 95, 217-227.
68. Chorny M, Fishbein I, Danenberg HD, Golomb G, Study of the drug release mechanism from tyrophostin AG-1295-loaded nanospheres by in situ and external sink methods. *J Controlled Release*, 2002, 83, 401-414.
69. Leo E, Brina B, Forni F, Vandelli MA, In vitro evaluation of PLA nanoparticles containing a lipophilic drug in water-soluble or insoluble form, *Int J Pharmaceutics*, 2004, 278, 133-141.
70. Mosqueira VCF, Legrand P, Gulik A, Relationship between complement activation, cellular uptake and surface physicochemical aspects of novel PEG-modified nanocapsules, *Biomaterials*, 2001, 22, 2967-2979.
71. Nizri G, Magdassi S, Schmidt J, Cohen Y, Talmon Y, Microstructural characterization of micro- and nanoparticles formed by polymer-surfactant interactions, *Langmuir*, 2004, 20, 4380-4385.
72. Muhlen AZ, Muhlen EZ, Niehus H, Mehnert W, Atomic force microscopy studies of solid lipid nanoparticles, *Pharm Res*, 1996, 13, 1411-1416.
73. Shi HG1, Farber L, Michaels JN, Dickey A, Thompson KC, Shelukar SD, Hurter PN, Reynolds SD, Kaufman MJ, Characterization of crystalline drug nanoparticles using atomic force microscopy and complementary techniques, *Pharm Res.*, 2003, 20(3), 479-484.
74. Montasser I, Fess H, Coleman AW, Atomic force microscopy imaging of novel type of polymeric colloidal nanostructures, *Eur J Pharmaceutics Biopharmaceutics*, 2002, 54, 281-284.
75. Molpeceres J, Aberturas MR, Guzman M, Biodegradable nanoparticles as a delivery system for cyclosporin: preparation and characterization, *J Microencapsulation*, 2000, 17, 599-614.
76. Tobio M, Gref R, Sanchez A, Langer R, Alonso MJ, Stealth PLA-PEG nanoparticles as protein carriers for nasal administration, *Pharm Res.*, 1998, 15, 270-275.
77. Calvo P, Vila-Jato JL, Alonso MJ, Comparative in vitro evaluation of several colloidal systems, nanoparticles, nanocapsules, and nanoemulsions, as ocular drug carriers, *J Pharm Sci.*, 1996, 85, 530-536.
78. Hunter RJ, ed. *Colloid Science: Zeta Potential in Colloid Science: Principles and Applications*. London: Academic Press, 1981. Hunter RJ, ed. *Colloid Science: Zeta Potential in Colloid Science: Principles and Applications*. London: Academic Press, 1981.
79. Yang SC, Zhu JB, Preparation and characterization of camptothecin solid lipid nanoparticles, *Drug Dev Ind Pharm.*, 2002, 28, 265-274.
80. McNeil-Watson F, Tscharnuter W, Miller J, A new instrument for the measurement of very small electrophoretic mobilities using phase analysis light scattering (PALS), *Colloids Surf, A: Physicochemical and Engineering Aspects*, 1998, 140, 53-57.
81. Schwarz C, Mehnert W, Solid lipid nanoparticles (SLN) for controlled drug delivery II, Drug incorporation and physicochemical characterization, *J Microencapsulation* 1999, 16, 205-213.
82. Muller RH, Hydrophobic interaction chromatography (HIC) for determination of the surface hydrophobicity of particulates. In: *Particle and Surface Characterisation Methods, Based on the Invited Lectures presented at the Colloidal Drug Carriers Expert Meeting, 2nd, Mainz, Mar. 6, 1997*. Muller RH, Mehnert W, Hildebrand GE, eds. 1997.
83. Goeppert TM, Muller RH, Alternative sample preparation prior to two-dimensional electrophoresis protein analysis on solid lipid nanoparticles, *Electrophoresis*, 2004, 25, 134-140.
84. Vauthier C, Schmidt C, Couvreur P, Measurement of the density of polymeric nanoparticulate drug carriers by isopycnic centrifugation, *J Nanoparticle Res.*, 1999, 1, 411-418.
85. Westesen K, Siekmann B, Koch MHJ, Investigations on the physical state of lipid nanoparticles by synchrotron radiation X-ray diffraction, *Int J Pharmaceutics*, 1993, 93, 189-199.
86. Lukowski G, Pfliegel P, Electron diffraction of solid lipid nanoparticles loaded with aciclovir. *Pharmazie*. 1997, 52, 642-643.
87. Lacoulonche F, Gamisans F, Chauvet A, Garcia ML, Espina M, Egea MA, Stability and in vitro drug release of flurbiprofenloaded poly(ϵ -caprolactone) nanospheres. *Drug Dev Ind Pharm.*, 1999, 25, 983-993.
88. Cavalli R, Caputo O, Carlotti E, Trotta M, Scarnecchia C, Gasco MR, Sterilization and freeze-drying of drug-free and drug-loaded solid lipid nanoparticles, *Int J Pharmaceutics*, 1997, 148, 47-54.
89. Suwussa B, Zilong Z, Tao C, Lin W, Chunmei L, Ting F, Weihong T, Nanotechnology in Therapeutics-A Focus on Nanoparticles as a Drug Delivery System. *Nanomedicine*, 2012, 7(8), 1253-1271.
90. Thrall L, Study links TiO₂ nanoparticles with potential for brain-cell damage. *Environ. Sci. Technol.*, 2006, 40(14), 4326-4327.
91. Anna R, Paul J, David A, Magdalena D, Maria M, Tadeusz M, Marek WR, Nanoparticle- induced platelet aggregation and vascular thrombosis. *Br J Pharmacol*, 2005, 146(6), 882-893.
92. Sayes CM, Liang F, Hudson JL, Mendez J, Guo W, Beach JM, Moore VC, Doyle CD, West JL, Billups WE, Ausman KD, Colvin VL, Functionalization density dependence of single-walled carbon nanotubes cytotoxicity in vitro, *Toxicol Lett*, 2006, 161(2), 135-42.

93. Lovric J, Bazzi HS, Cuie Y, Differences in subcellular distribution and toxicity of green and red emitting CdTe quantum dots. *J. Mol. Med. (Berl.)*, 2005, 83(5),377-385
94. Graffagnini MJ, Corporate strategies for nanotech companies and investors in new economic times. *Nanotech. Law Bus*, 2009, 6, 251-276.
95. Nam JM, Thaxton CC, Mirkin CA, Nanoparticles based bio bar codes for the ultrasensitive detection of proteins, *Science*, 2003, 301, 1884.
96. CMP Scientifica. *Nanotech: The tiny revolution*. copyrighted, 2001.
97. Salata OV, Applications of nanoparticles in biology and medicine, *J Nanobiotechnol* 2004, 2:3.
98. Reich DH, Tanase M, Hultgren A, Bauer LA, Chen CS, Meyer GJ, Biological applications of multifunctional magnetic nanowires, *J Appl Phys.*, 2003, 93, 7275.
99. Bernkop-Schnurch A, Kast CE, Guggi D, Permeation enhancing polymers in oral delivery of hydrophilic macromolecules: thiomers/GSH systems, *J Control Release*, 2003, 93:95.
100. Tyner KM, Schiffman SR, Giannelis EP, Nanohybrids as delivery vehicles for camptothecin, *J Control Release*, 2004, 95:501.
101. Katherine MT, Mark SR, Kathie AB, Li L, Robert FG, Carl AB, Emmanuel PG, Intercalation, delivery and expression of the gene encoding green fluorescence protein utilizing nanohybrids, *J Control Release*, 2004, 100:399.
102. Broz P, Benito SM, Saw C, Burger P, Heider H, Pfisterer M, Marsch S, Meier W, Hunziker P, Cell targeting by a generic receptor targeted polymer nanocontainer platform, *J Control Release*, 2005, 102(2), 475-488.
103. Verreck G, Chun I, Rosenblatt J, Peeters J, Dijk AV, Mensch J, Noppe M, Brewster ME, Incorporation of drugs in an amorphous state into electrospun nanofibers composed of a water insoluble non-biodegradable polymer, *J Control Release*, 2003, 92(3), 349-360.