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Winona State alum publishes debut novel

ZACH BAILEY
editor-in-chief
zsbailey14@winona.edu

An anthropology professor, a young medium and a pharmaceutical company collide after the discovery of an ancient “fountain of youth elixir” is discovered in the Peruvian rainforest, home to a tribe of blue-eyed, white-skinned warriors from the Incan empire.

“Scientific advancement collides with corporate greed as competing forces converge on the tribe. The ensuing battle leaves the survivors asking: might extending human life expectancy destroy society as we know it?”

This is the world of “Cloud Warriors,” the debut book of Winona State alum Robert Junghans, which officially released Friday, Feb. 22.

Junghans, who writes under the pseudonym “Rob Jung,” grew up in Trempealeau, Wisconsin before attending college at Winona State University. While at Winona State, Junghans began his writing career.

Junghans began improving his writing abilities as he started working as a sports writer for the Winona Daily News, and then as the Editor-In-Chief of the Winonan during the 1968-69 school year.

Following his time at Winona



Winona State University alum and first-time author Robert Junghans visited Winona State on Saturday, Feb. 23 to promote the release of his first book. “Cloud Warriors” is a historical fiction set in two different time periods and asks the moral question is living longer worth the price? Junghans spoke in the Somsen Engagement Center to discuss his path to publication and inspirations as a writer.

State, Junghans would go onto Harvard Law School, where he graduated with his law degree.

After nearly forty years, Junghans decided to return to writing in 2006, when he began his first trip into the world of fiction writing. Junghans said he felt as though he was a good writer from his time writing articles and completion of different legal writing during his career, but fiction

writing was a different world for him.

“I knew [that] I knew how to write, what I didn’t know was I had no clue how to write fiction,” Junghans said.

One thing Junghans said he was not prepared for was how much work went into being an author after finishing the “final” draft.

Junghans spoke about how after

finishing the first version of his final draft for “Cloud Warriors,” he first ran the draft through multiple “beta readers” before rewriting based upon what the beta readers had to say.

After that set of rewrites, Junghans took the draft to a professional editor, then made the necessary changes after their edits.

Continued on page 10, Alumni.

NICOLE GIRGEN
photo editor
ngirgen14@winona.edu

NEWS

TRIO program celebrates 50 years

MARSHAL WILL

political and economic reporter
marshal.will@go.winona.edu

TRIO celebrated its 50th anniversary on Wednesday Feb. 20. TRIO, which is also called Student Support Services, is a program that's intended to help eligible students reach their goal of graduating college and help boost their confidence in achieving those objectives.

The Department of Education stated that TRIO is a federal outreach and student services program used to identify and provide services to students from disadvantaged backgrounds.

Academic TRIO advisor, Kate Parsi, talked about TRIO's historical presence.

"We have been on campus for 44 years, but TRIO as a program nationally is in its 50th year. But Winona State has had the program for 44 years," Parsi said.

The role of the program is meant to provide guidance for students who come from disadvantaged backgrounds and help guide them through the university.

Parsi talked about the general process in how they help students.

"The biggest part is the supplemental academic advising we provide on campus," Parsi said.

"Whether you have a major or not you have an advisor and it's our job to try and fill in the blanks. Some students come in once a week, some

"It helps you connect with students and has helped me make new friends. I met my roommate that way. We learn about leadership skills and there are workshop events like last year there was a nursing event."

-Julee Pettis, TRIO student and nursing major.

once a month. We just fill in whenever the student has a need."

Parsi said the main goal of the program is to help students get from freshmen year to graduation day.

The origin of the TRIO program dates to the passing of the Higher Education Act of 1965. The program was part of President Lyndon Johnson's great society reform agenda.

"President Johnson, LBJ, thought that higher education should be for everyone," Parsi said. "That was on everyone's mind during the civil

rights movement. Equal opportunity for everyone is what it was all about."

Since then there have been additional legislation that either added benefits or extended protections for students in disadvantaged backgrounds. TRIO was expanded and includes a group of eight federal programs.

The TRIO programs are intended to help students who are college bound and may have some disadvantages like income level or being a first-generation college student in

their family.

The requirements for joining Student Support Services are that the student must meet at least one of the following criteria. The student is a first-generation college student, or they fall under the criteria of being low-income according to federal low-income guidelines, or they have a documented disability.

Students in TRIO have described a few ways where it has benefited them. TRIO student and nursing major, Julee Pettis, said it helped her meet new people.

"It helps you connect with students and has helped me make new friends," Pettis said. "I met my roommate that way. We learn about leadership skills and there are workshop events like last year there was a nursing event."

One of the included benefits of being part of TRIO is it can give unlimited time in the tutoring center versus a student not a part of TRIO is limited to having just 10 hours of tutoring time.

While in TRIO, a student would frequently meet with their advisor to see if they are staying on track with their academics.

Mary Waldermarsen, a student in the TRIO program talked about this process.

Continued on page 5, TRIO.

Assistant physics professor awarded grant

KELLY JOHNSON

news reporter
keljohnson15@winona.edu

Assistant Professor of Physics, Carl Ferkinhoff and his team have been awarded the National Science Foundation (NSF) Career Grant for their project. This grant is only awarded to one out of ten applicants.

Ferkinhoff explained the grant as one for faculty who are just starting in their career. It is meant to support educational and research aspects of the professor to help them develop into a faculty member.

Ferkinhoff's interest lie in galaxies that existed when the entire universe was at about half its age, ranging from seven billion light years away to 13 billion, and the project builds off of this research.

The project, Astronomical Research Instrumentation and Education with Undergraduates via ZINGRS, is still in its infancy of planning, but follows the premises of both research and community engagement.

Charla Miertschin, dean of the College of Science and Engineering, further explained that the NSF grant will give Ferkinhoff and his students numerous opportunities.

"[The grant will] enable Ferkinhoff and his students to pursue additional research, collaborate with other institutions and serve the local community through family science nights," Miertschin said. "I could not be more proud of his efforts."

The plan, as Gordon Stacey, professor of astronomy at Cornell University, elaborated on, is to first use the funding as means to further



Physics Professor Carl Ferkinhoff and his team were recently awarded the National Science Foundation Career Grant for their research mapping galaxies that existed near the beginning of the universe and range from 7 billion light years away to 13 billion. Pictured above, Ferkinhoff explains how the research is conducted by observing the data they collect.

NICOLE GIRGEN
photo editor
ngirgen14@winona.edu

the hardware they need.

"[The grant will first be used for the] development and improvement of critical hardware needed for the ZEUS-2 spectrometer [that is pertinent to the use of] the APEX telescope in northern Chile," Stacey said.

The telescope is used to measure the galaxies.

When this work is done, Ferkinhoff and a Winona State student will be able to go to the APEX telescope in the Atacama Desert in Chile to gather information that will allow us to understand those galaxies.

"[Doing this will help us to] understand what those galaxies are

like and try to trace their change in evolution to the galaxies that we see today," Ferkinhoff said.

That information will hopefully give a better understanding on the changes that had to happen in order to have life today, according to Ferkinhoff.

The grant money also allows for a community outreach educational opportunity hosted through Kids First in Winona.

Ferkinhoff explained that this portion of the project will be for primarily Winona State students studying middle or secondary level science education.

"[We plan on] creating a fam-

ily science night based off of Carl Sagan's quote: 'We're all made of star stuff,'" Ferkinhoff said. "[The students] will plan and run the activities [with the kids and their families] out at Kids First."

Olson talks graduation at student senate

MADELYN SWENSON
news editor
mcsvenson15@winona.edu

President Scott Olson spoke about graduation and a field house at the Feb. 20 meeting of Winona State University Student Senate (WSUSS).

Olson started his presentation by talking about the new ticketing process for graduation.

Graduating seniors will be given four tickets for their ceremony. Students who need more will have opportunities to get more, Olson is not sure what these opportunities are or when they will be.

The ticketing rule comes from McCown Gym, where graduation is hosted, being about one fourth smaller than it has been in past

years.

According to Olson, because of Winona State's commitment to Title IX rules the school needed to create a better facility for Women's Gymnastics. That new facility is the reason that McCown Gym is a fourth smaller than before.

"I apologize to any graduating seniors and their families," Olson said during his presentation. "There wasn't much to do because of our commitment to Title IX."

Representatives in WSUSS brought up concerns about current students who want to see their peers and what happens to the family members who cannot sit in McCown.

For them there will be overflow seating in the Performing Arts

Center and the Somsen Auditorium. Their families and friends will watch on a large screen.

Olson said the overflow seating might have donuts and coffee or something similar to help the people there still feel special.

By utilizing overflow seating in the Performing Arts Center and Somsen Auditorium, the university can accommodate about 1,500 additional people to McCown.

In the second half of his presentation, President Olson introduced the idea of creating a field house that would be partially funded by students.

For the past few years Winona State has been buying and knocking down houses along Winona Street, which is by the baseball field.

The school is still trying to buy one last house before these plans could continue.

The plan would be to move the baseball field over by South East Tech and build a field house that would end right next to the football field and Kwik Trip.

In the field house, there would be a field that would be the size of a football field, a track, sprinting track and an event room with a view.

The idea, Olson said, would be to host graduation there because the university could accommodate more people.

Continued on page 5, Senate.

Meet the news staff...



Marshal Will
Political and economic reporter



Morgan Reddekopp
Academic and administrative reporter

SECURITY INCIDENTS:

Unknown: A rape occurred in Sheehan Hall on Feb. 3 and was reported on Feb. 19. The rape is still under investigation.

Feb. 19

facebook.com/TheWinonan



Horoscopes

Week of Feb. 27

By: Shannon Gallart

Pisces (Feb. 19 to March 20)

Keep things simple and relaxing this week. Your mind and body will thank you.

Aries (March 21 to April 19)

You may be finding it hard to focus this week. Combat this by making a checklist and working in short bursts to get it all done.

Taurus (April 20 to May 20)

You may be feeling indecisive this week. Take all the time you need to make decisions, don't push yourself harder than you need to.

Gemini (May 21 to June 20)

Stay alert this week. Keep your head up and your eyes peeled, new opportunity is everywhere.

Cancer (June 21 to July 22)

You've been pushing yourself to the breaking point lately. Take this week to take care of yourself and your emotions.

Leo (July 23 to Aug. 22)

You may have problems being productive this week. This is okay, just do what you can do and don't worry over what you can't.

Virgo (Aug. 23 to Sept. 22)

Don't let anything bring you down this week. You're on a roll and you're just getting started!

Libra (Sept. 23 to Oct. 22)

Be careful with your words and actions this week. Not everyone understands where your direct approach is coming from.

Scorpio (Oct. 23 to Nov. 21)

You may be feeling like you have needed to protect everyone around you recently. Let this feeling go, you don't need to push yourself this hard.

Sagittarius (Nov. 22 to Dec. 21)

Stay determined this week. Pick one thing that you need to do at a time and stick to it!

Capricorn (Dec. 22 to Jan. 19)

You may be feeling very indulgent this week, but remember, "Treat Yo Self" is only supposed to be one day a year. Don't overdo it.

Aquarius (Jan. 20 to Feb. 18)

You may feel yourself falling back into old habits this week. Avoid doing this at all costs, you let the habit go for a reason, you don't need it back.

TRIO, continued from page 2.

"They have advisors and at the beginning of the semester, you meet with them," Waldermarsen said. "For example, we had a meeting a few weeks ago about time management. They go over and help determine when the best time is to get stuff done."

Waldermarsen mentioned some other benefits, like meeting with other students to work on school work.

"We had a leadership club and I was able to make friends with those students," Waldermarsen said. "They have a big table in the TRIO room so everyone just comes in, eats lunch there and does homework."

Jaedyn Pieper is a student that works for the TRIO program and is also a tutor for TRIO students at

Winona State. She shared her experience as a student employee of the program.

"There are TRIO students that seek tutoring and as a recreational therapy major, I help students who need extra guidance," Pieper said. "And as a TRIO student worker, I just work at the main desk."

In the past TRIO has hosted some workshops that help students with issues like time management or how to write resumes. Pieper commented on some of the services the program offers.

"Academic services, they have advisors, they have workshops, they have different outings and events that you can be a part of him. There are leadership workshops that I believe helps students tremendously,"

Pieper said.

Student Support Services can be a not well-known resource that's available for eligible students and Parsi emphasized how it can be underutilized.

"TRIO can be one of the best-kept secrets on college campuses. When I travel around to TRIO conferences we hear about the work we do but other students on a college campus don't," Parsi said.

If a student wants to know if they are eligible to be in the program, Parsi described it as easy for a student to come in and meet with an advisor.

"The fact is we are very accessible. If you're wondering am I eligible, would I use this service? The best thing you can do is come to our

office, it's in the library, room 219, make an appointment with an advisor," Parsi said. "A half an hour conversation can change the projection of your future and help graduate."

MARSHAL WILL
political and economic reporter
marshal.will@go.winona.edu

Senate, continued from page 4.



Winona State University President Scott Olson discusses plans for a new field house with the student senate which the students at Winona State could partially pay for. **KATELYNN HOLST** photographer kholst17@winona.edu

Olson said he wanted students to help fund it so students can have a say in how the building is used and have access to it. It would also then be a source of revenue for student funds.

WSUSS brought up concerns such as if Kwik Trip knew about the plan, possible overuse by community, parking and others.

Ron Dempsey, vice president of university advancement, helped to eliminate some of these concerns. Dempsey said Kwik Trip has been informed since the beginning and likes the idea.

Olson said if students helped to pay for the field house then they could have a say in when and how the community uses it. He added the students would benefit because they would get part of the payment to use the facility.

Both Dempsey and Olson commented on the parking concern.

They said though some students do park on Winona Street. there is not much parking there, so it would not be taking away much.

After President Olson spoke, two clubs, International Studies Association and Asian American Club did presentations asking senate to fund trips to conferences.

These motions were tabled till next week.

The meeting then moved to regular agenda by committee, president and treasurer reports.

After that WSUSS voted on various motions.

MADLYN SWENSON
news editor
mcsvenson15@winona.edu

THIS WEEK IN WINONA

W

Feb. 27

Candidate Forum - Director of International Services

Time: 1:30 - 2:30 p.m.
Location: Maxwell Hall - 158
Contact: Carolyn O'Grady
cogrady@winona.edu

T

Feb. 28

Resilience and Resistance - The Films of Spike Lee: Inside Man (2006)

Time: 7 - 9:30 p.m.
Location: Student Laboratory Center - 120
Contact: J Paul Johnson
pjohnson@winona.edu

F

March 1

Amanda Smith Exhibition

Time: 8 a.m. - 5 p.m.
Location: Watkins Art Gallery
Contact: Roger Boulay
rboulay@winona.edu

S

March 2

WSU Badminton Association Co-ed Badminton Tournament

Time: 6 - 10 p.m.
Location: McCown Gym
Contact: Jundu Vue
jvue15@winona.edu

S

March 3

Symphonic Wind Ensemble "Children's Concert"

Time: 2 - 3 p.m.
Location: Performing Arts Center - Vivian Fusillo Theatre
Contact: Marybeth Lenhardt
mlehardt@winona.edu

M

March 4

Free Resilience Yoga

Time: 12 - 12:50 p.m.
Location: Integrated Wellness Complex - Fitness Studio
Contact: Mollee Sheehan
mshsheehan@winona.edu

T

March 5

WSU Senior University Hosts Inqueury: What's the "Q" in the LGBTQ+ Alphabet Soup?

Time: 3 - 4:30 p.m.
Location: Maxwell Hall - 283
Contact: Jess Kauphusman
jkauphusman@winona.edu



The "InQueery" on the LGBTQ+ Community

REN GENNERMAN

profile reporter
rgennerman16@winona.edu

On Feb. 19, the Winona State University Retiree Center's Senior University program hosted the first class of "InQueery: What's the 'Q' in the LGBTQ+ Alphabet Soup?"

The class, taught by Mary Jo Klinker and JamieAnn Meyers, was the first in a series of five classes about queer identities, history and projected future. Klinker is an associate professor of Women's, Gender and Sexuality Studies at Winona State, and Meyers is a retired geology professor at Winona State.

As participants entered the classroom, they were greeted by both professors and given a folder with information on the class.

Students were given a brief history of Klinker and Meyers' experience in educating about and advocating for the LGBTQ+ community, then watched a YouTube clip from The Late Show. The clip was an interview with Stephen Colbert and Ellen Page wherein Page talked about the "hateful leadership" in the White House. Page especially called out Vice President Pence in his support of conversion therapy for LGBTQ+ children.

After watching the clip, participants shared their names, preferred gender pronouns and why they chose to attend the class. Some



Mary Jo Klinker, a professor in the Women, Gender, and Sexuality Studies department, works with her colleague, JamieAnn Meyers, to host a class through the WSU Retiree Center's Senior University. The class covers topics such as what the word "queer" really means, and other ideas around sexuality. The class meets on Tuesday nights from 3:00-4:30 p.m.

SHANNON GALLIART
photographer
sgalliart16@winona.edu

expressed concerns for privacy, while others chose to tell stories of their families and friends coming out as LGBTQ+. Klinker especially appreciated this.

"I noticed a lot of you came here because you just want to be

better allies, and I'm really grateful for that," Klinker said. "But many of you came here because members of your family—people you love—are coming out and you want to support and love them. That's why we wanted to be here."

The class then went through the difference between sex, gender and sexuality, as well as the history of the term "queer." Students were asked to share about the first time they heard the word and what sort of implications came with the term.

Klinker and Meyers then shared their experience with the term "queer" as well as answered questions about their coming out journeys. They then ended the class asking students if they had questions about the reading, their presentations or their journeys.

In 2016, Klinker and Meyers led a similar class for Senior University focused around the LGBTQ+ community, as Caitlyn Jenner had just come out on the 20/20 interview with Diane Sawyer.

Meyers also wanted to teach the class because the Winona Daily News has just published a seven-part series called "Becoming JamieAnn" on her gender transition and coming out as a transwoman.

Meyers noticed a lot of students being surprised or offended when they used the term "queer," as it has a contentious political and social history. The two then waited a few years before teaching a class on the term itself.

Continued on page 8, InQueery.

Earth Talk stresses sustainability with food

KELLEN BRANDT
features reporter
kbrandt16@winona.edu

Winona State University's Geoscience Department hosted Michelle Courtright, who presented "How Your Burger is Warming the Planet" as a part of the spring 2019 Earth Talk Series happening this semester.

Courtright is the owner of Fig + Farro, a plant-based restaurant in Minneapolis staffed with sustainability activists and people "who care a lot about the earth," according to Courtright.

"Fig + Farro works with Trees for the Future to have a tree planted for every guest that dines with them in their restaurant," Courtright said.

Continued from page 7, InQueery

"People were really receptive on the content we were teaching, but every time one of us used the term 'queer,' it really raised some eyebrows," Meyers said. "People thought it was a pejorative term, and it is in the context that many people use it. However, the context of the term, as well as who uses the word, really influence what it exactly means."

While the two found it was helpful to focus on aging queer perspectives in their 2016 class, they wanted to focus on protecting queer youth for their 2019 class.

According to a study done by the Harvard School of Public Health, LGBTQ+ people and people of color are twice as likely to experience job discrimination. Twenty percent of people in

"[The organization] works with Minneapolis public schools and are working to have a section in the schools that serves plant-based Fig + Farro meals."

Jeanne Franz, a chemistry professor, organized the event and invited Courtright to attend the Earth Talk Series. Franz is also the director of the Sustainability Studies Program on campus, through this program and her classes she leads the Energy Challenge contest as a way to encourage sustainable living.

"In the chemistry department, I do a number of things in my classes to encourage students to take care of the planet, for example, right now one of my classes is leading the Energy Challenge contest that is taking place between the different

juvenile justice facilities identify as LGBTQ+ and LGBTQ+ youth are much more likely to face homelessness at least once in their lifetime.

Because of all of these reasons, Klinker and Meyers wanted to find out what older people wanted to know about the community and open a discussion about it as a way to protect these people. To do this, they sent out a form that allowed students to ask questions about the LGBTQ+ community and formed their syllabus around it.

As Klinker teaches Intro to LGBTQ Studies and Queer Theories and Politics on campus, she is familiar with teaching about queer media, politics, history and direction. However, she also noted how different the experience is between teaching typical college-age students and older students from the community.

residence halls," Franz said. Franz explained why she asked Courtright to do a talk at Winona State.

"I invited Courtright because she is very committed to reducing the climate change impact of food," Franz said. "Courtright seemed like a very dynamic person, and I wanted her to talk about her experiences in Poland as well as the role food choice can have on climate change."

Franz worked with the Winona State geoscience department, the sustainability office and the student green fee to co-sponsor the event.

"Sustainability minors self-elect themselves as someone who wants to make the planet a better place," Franz said. "Several of the students that I work with either in the sustainability minor or in the Environ-

"Many younger students are not as apt to asking questions, especially when they feel they could be read as the incorrect language," Klinker said. "The really liberating thing about this type of class is the willingness from these older students to ask those questions. It transforms the educational space."

In the past decade, the use of the word "queer" on campus has changed. When Dr. Klinker started the Queer Theories and Politics class on campus in 2014, she received pushback as her colleagues thought the word was a slur.

Full Spectrum, Winona State's Gender and Sexuality Alliance now uses the term "queer" inside their discussion and social spaces. Meyers stressed that the use of the term is always changing and will continue to do so as new generations come.

mental Club are very passionate about sustainable food, so bringing in Courtright seemed perfect."

One of the people who work with sustainability on campus, Nathan Engstrom, campus sustainability director, explained the importance of this talk.

"The topic of her talk is important to everyone because everyone eats. By being mindful of the choices that we make we can better understand the impacts of our actions. Even something as simple as eating a meal can have profound impacts," Engstrom said.

During the Earth Talk, Courtright touched on the food production industry and how much water is used to produce meat.

Continued on page 9, Earth Talk

Because of the adverse weather conditions, one of the classes had to be cancelled. Many of the students in the class expressed how much they wanted to not rush through material, but still schedule another class so they would be able to learn the most they could. Klinker took this as a positive sign of change.

"Knowledge can be transformative in politically violent times," Klinker said. "We are hoping that with such an excited and engaged group of students, we can really create this open discussion about the term queer and what it means. We want to protect queer youth, and this is a great opportunity to help them."

REN GENNERMAN
profile reporter
rgennerman16@winona.edu

WarriorThon inspires campus and community

MCKENNA SCHERER

features reporter

Mckenna.Scherer@go.winona.edu

Winona State University's Warriors For The Kids club, celebrated their fifth year working with the Children's Miracle Network Hospitals and Gundersen Hospitals with their carnival-themed WarriorThon this past Saturday, Feb. 23.

Despite being in the midst of yet another hard-hitting snowstorm, WarriorThon ran as usual. WarriorThon is a year-long effort for Warriors For The Kids that spreads to the community of Winona and to the children and families affected by childhood illness. The group is relatively new to Winona State, currently in its third year of existence, having been founded around the desire to fully dedicate time to the preparation and execution of WarriorThon.

WarriorThon is an eight-hour event that occurs annually – although this year was cut to a six-and-a-half-hour event due to



Winona State Students learn to Zumba at this year's Warriorthon. The event on Saturday, Feb. 23 is a seven-hour dance marathon benefiting Gundersen Health System.

weather – working with Gundersen Hospital and Children's Miracle Network. With over 300 dance marathons happening across the country, Winona State is one of four schools that local-area Gundersen Hospital works with for this event. Winona State is the longest running program of the bunch, having raised over \$31,000 in its first four years.

MORGAN REDDEKOPP
photographer
mreddekopp16@winona.edu

Previously, the event had been run by the Child Advocacy Studies Club (CAST) but once the event and its mission became larger than the agenda of CAST, Warriors For The Kids was born. Wholly committing to the event and fundraising year-round for childhood illness, the club has 10-15 students continuously involved in the club and its

efforts.

Children's Miracle Network Hospitals raises funds and awareness for children and families going through childhood illness, having raised more than \$250 million since 1991 in North America. With 170 participating hospitals, Children's Miracle Network has provided 32 million treatments each year to kids through the United States and Canada, as stated on their website.

WarriorThon, held in East Hall of Kryzsko Commons, was marked by the trademark Children's Network balloons that adorned the brick walls of the entrance into the main room. The names of those who had donated to the cause by attending the event were written on each balloon, and inside the hall, the atmosphere was buzzing around the groups of attendees who were participating in the student-lead dances.

Continued on page 13, WarriorThon.

Earth Talk, continued from page 8.

On a college campus like Winona State's, with two cafeterias and a food court, meat is served daily in multiple places. Chartwell's part in helping to promote sustainability is by encouraging students to participate in "Meatless Mondays."

Franz explained the importance of encouraging students to make sustainable choices in the cafeteria, like choosing to participate in "Meatless Mondays."

"A surprising number of college-aged students identify them-

selves as vegans or vegetarians. Even more, a large number of people in this age group are interested in becoming a vegan or vegetarian," Franz said. "College age students understand the problem of climate change and want to do their part to minimize it."

Courtright encouraged students to try eating plant-based meals and to notice the price difference between meat-based meals and plant-based meals. She noted that "any step is a good step when it comes to practicing sustainability."

"Something that shocks a lot of

people is that plant-based eating can actually be cheaper than eating meat. While organic fruits and vegetables can be expensive, dried beans and legumes are cheap and can make tons of meals," Courtright said. "This is great for college students who are living on a budget."

Engstrom encourages students to reach out to the sustainability office to learn more about how they can be more sustainable on campus.

"The sustainability office works with everyone, students, faculty, staff and community members, to promote sustainability across all its

many sectors," Engstrom said.

"Each Winona State student has the opportunity to learn about complex sustainability issues and to gain experience through classes and activities, designing solutions during their time at Winona State," Engstrom added. "We integrate community work, research, learning and living in our efforts to build pathways toward a livable future for all."

KELLEN BRANDT
features reporter
kbrandt16@winona.edu

Alumni, continued from page 1.

After all the rounds of editing, Junghans then pitched the book to publishers and sent query letters, knowing rejection was imminent.

“If you send out 30 queries, there’s a big chance that you’ll get rejected by 12-15, you will get ‘send me more’ from two, and you’ll never hear from the rest of them,” Junghans said.

After finally getting a publisher, it seems as though the end must be in sight, right?

“When you get your book published, you find out you’re not at the finish line, you’re at the starting gate,” Junghans said.

The next step, and what Junghans said was one of the hardest steps, was the marketing of the book.

“Somewhere between 600,000 and one million books are published every year,” Junghans said. “You’re like a pebble of sand on the beach, trying to figure out how to make it



Robert Junghans speaks to a small group of students with his wife, Kathy, in Somsen Hall’s Business Engagement Center on Saturday, Feb. 23. Junghans spoke about his journey publishing his first book “Cloud Warriors”.

NICOLE GIRGEN
photo editor
ngirgen14@winona.edu

pop up just a little bit.”

One marketing tactic Junghans used was to go on a release tour.

The tour, which began Saturday, will take Junghans not only through

Minnesota, but also multiple states in the general midwest.

Following his first meet-and-greet of the tour at Paperbacks and Pieces on the east end of Winona, Junghans made the trip to his alma mater and gave a brief talk to an intimate crowd Somsen Hall’s Business Engagement Center.

Matthew Ohs, the assistant director of annual giving through Winona State’s department of university advancement, helped set up the meet-and-greet with Junghans at Winona State.

“I met Robert this past fall through my work on university advancement, and we chatted about his book and his interests in the area,” Ohs said. “He’s a Winona State alumni who’s done a lot of interesting things in life. He was publishing his book and wanted to come to Winona, and I said we could probably find a way to get you on campus.”

When asked how often events like these happen on campus, Ohs said opportunities like this only happen once in a while.

“It wasn’t really official, it just came about because Rob and I were working on a few things and it came up,” Junghans said.

At the event on campus, Junghans talked about his new book and gave advice to those interested in pursuing a career in writing.

“I’ve found that one of the most useful parts in the writing aspect is a consistent pattern of how you go about it,” Junghans said. “The first book I wrote over the course of four years, 10 pages here, 1000 words here. I didn’t have any pattern. Every time you write you have to go back and reread what you wrote to remember where you are.”

Setting up a writing pattern that works for the writer was one of the key parts to writing, Junghans said, and what might work for one person might not work for another.



“When I’m in the writing mode I try to write 1,000 words a day, that’s around four type written pages,” Junghans said. “It can take anywhere from three hours to eight to get those 1,000 words. When I start the next day, I first go back and edit what I wrote the day before.”

According to Junghans, editing can be one of the trickiest parts of the writing process, because there is always room to improve, but one of the worst ruts a writer can get in is to take editing too far.

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“If you start to write, whether it’s a short story or an article for a magazine, one of the things that you need to avoid is rewriting your work to death,” Junghans said. “I could pick up “Cloud Warriors” now and read it and re-edit it. And I know that every time I read it I could do the same thing. You can edit into oblivion, you have to figure out how to stop. Having a system, it’s either good enough, or isn’t. Sometimes you just have to put it away, and it may come back later to become one of your bestsellers.”

Though Junghans is fresh off the release of his debut novel, time is definitely on his side, as his second novel, “The Reaper,” is set for a June 2019 release.

“The Reaper,” which Junghans began writing prior to “Cloud Warriors,” will be trailblazing a new path for Junghans, as his new book will have a new publisher than his debut novel, as well as a different publishing style.

For his next novel, Junghans will be following a publishing route called “hybrid publishing,” which takes a more virtual route than the



Robert Junghans signs copies of his new book, “Cloud Warriors,” at Paperbacks and Pieces, during a meet-and-greet on Saturday, Feb. 23.

ZACH BAILEY
editor-in-chief
zsbailey14@winona.edu

traditional publishing process.

“The Reaper” will be published through Ingram Publishing, a service provider out of Tennessee, as opposed to John Hunt Publishing out of the United Kingdom, who published Junghans first novel.

When asked what brought this change into motion, the answer was

short and sweet: time.

“With a traditional publisher it takes forever to get a book out,” Junghans said at his speaking tour on Saturday. “I handed them a finished manuscript 15 months ago, and it was just published yesterday.”

Junghans said the process of hybrid publishing is much quicker

than that of traditional publishing, which, when writing at an older age, is very important. However, Junghans said age has not stopped him, and if anything, gives him hope for the future.

“Laura Ingalls Wilder began writing the ‘Little House on the Prairie’ books at age 64,” Junghans began. “My goal was to become a published author by the time I turned 75, I made that goal by about 16 days.”

Though Junghans now commits most of his time to writing, he said it may not have been that way had he began writing at an earlier age.

“We get along on the idea that we are storytellers. We start out with the idea that we should tell stories, but end with the idea that we should never quit our day jobs,” Junghans said. “To steal a line from a friend, ‘you would be absolutely amazed at the tens of dollars us independent authors make.’”



Robert Junghans stands by a display of his new book, “Cloud Warriors,” at Paperbacks and Pieces, a local book store where Junghans participated in a book signing on Saturday, Feb. 23.

ZACH BAILEY
editor-in-chief
zsbailey14@winona.edu

ZACH BAILEY
editor-in-chief
zsbailey14@winona.edu

Film in review: How To Train your Dragon 3

JOSH DELAROSA
film reporter
jdelarosa13@winona.edu

“How to Train Your Dragon: The Hidden World” is another triumph in a series that has proven it is incapable of wavering, and we just don’t see that in trilogies anymore. From the stunning animation to the heartwarming (and sometimes heartbreaking) narrative, this series will go down in history as one of the best—and most overlooked—reasons for the continuance of animation.

One year has passed since the events of “How to Train Your Dragon 2,” and main character Hiccup (voiced by Jay Baruchel) is still hard at work gathering dragons and bringing them back to his home island of Berk in an effort of creating a human and dragon utopia.

I would go into more detail, but pretty much everything after that hints at the tone of the narrative.

My first encounter with “How to Train Your Dragon” was my freshman year at Winona State. I knew nothing about the books that the series had been adapted from, and



The Winonan's film reporter rates "How To Train Your Dragon 3" 5/5.

I only knew that Hiccup’s dragon Toothless was like a cat that actually liked its owner. That alone piqued my interest.

What I didn’t expect—and this is something that carried through to my viewing of “The Hidden World”—is how much love and care has been put into this series. Director Dean DeBlois isn’t fixated on carrying every plot and theme from the books to the screen. Rather, he’s focused on creating a vibrant world full of likable and often funny characters.

Some may request that I compare this film to another critically praised threequel and see which is better. That film, of course, being Pixar’s “Toy Story 3.” I won’t do that because I don’t see “The Hidden World” and “Toy Story 3” as though they are in competition with one another. Yes, they’re both wrapping up

their respective series’ (I’m ignoring the upcoming “Toy Story 4” for the sake of argument), but they both set about their lofty ambitions in varying and differing ways.

Is this a series about our pets and how we need to appreciate the limited time we have with them? I think so, but I imagine there’s a smarter (and likely taller) individual out there who sees additional layers that I’m either unaware of or simply don’t realize their significance.

This is a series that is also about friendship and how it transcends what species we belong to. Toothless is hands down the most adorable creature to grace the silver screen, and I’m willing to take a dragon’s breath of fire to defend that assertion. I honestly need a friend like Toothless; one who understands me but also endures every hardship life throws our way with undying

commitment.

Similar to the previous two films in this trilogy, composer John Powell has created a score that is emotional in every sense of the word. There’s soaring sweeps of optimism that are complemented by tear-jerking currents of foreboding resolution. It’s easily a soundtrack someone could get lost listening to. Speaking of which, I’m going to download it right now.

Oh yeah—tickle my ears with the soothing export of your conducting baton, John Powell!

It’s movies like this that I live for. The target demographic may be children, but I feel animation in the last 20 years has become so much more than a pastime for kids while their parents do more important things. Animation is about igniting creativity and creating worlds that could never exist in reality. It makes people want to become storytellers—to be the next person to create a world outside of our own. That is what “How to Train Your Dragon: The Hidden World” promotes, and in part because of this—on top of its story, characters and superb visuals—it is simply perfect. 5/5

Write for the

WINONAN

Contact Zach Bailey
ZSBailey14@winona.edu

WarriorThon, continued from page 9.

Balloons and confetti surrounded guests while DJ Supafly, who has attended the last three years of the event, spun music behind carnival-themed games, popcorn and cotton candy machines. Further fundraising opportunities and lunch, donated by Winona State Chartwells, were also available to start the event off with high energy.

Other activities at the event included Henna tattoos, face painting, a ring toss, pin-the-tail, minute-to-win-it games, giant Jenga and more. This year, the Winona State hip-hop dance team performed as well as student-led Zumba and a dance group of elementary to middle school aged children from the Winona community.

Aurea Osgood, sociology professor and faculty advisor for Warriors For The Kids, gave insight to the hard work of the group, its purpose and the way this event gives back to the community and the children.

“It’s such a cool event, totally stressful in a really exciting way,” Osgood said. “We focus so much on making this a big event here.”

Student-involvement was another highlight to the event, with several groups on campus also attending the event together or fundraising, including Full Spectrum, Winona State University Love Your Melon

“All of the money we raise and that people donate stays local, which is what’s really important. [The money raised] goes directly back to children and their families – 100 percent of it. Not just 93 percent or something less, but all of it goes to these families.”

-Aurea Osgood, Sociology Professor

“Melonheads” Crew, Alpha Sigma Tau, Sigma Alpha Epsilon, Delta Phi Epsilon, Sigma Tau Gamma and UPAC. These groups alone raised over \$2,500 for the cause.

This year, sponsors from the community included Winona State Chartwells, DJ Supafly, Erbert & Gerbert’s, the Winona State Bookstore, Target, and others.

“All of the money we raise and that people donate stays local, which is what’s really important,” Osgood said. “[The money raised] goes directly back to children and their families – 100 percent of it. Not just 93 percent or something

less, but all of it goes to these families.”

The money donated goes toward helping families and children living with childhood illness. It helps with the little things: getting gas vouchers to travel to and from hospitals daily, meal tickets for those getting treated and their families and paying for new medical equipment. Warriors For The Kids has had their donations go toward things like horse therapy, a \$750 camp for kids with diabetes and tablets and iPads to help children who have trouble verbally communicating. Their contributions and efforts like these that

can go a long way, which is what the children who came to speak at the event continue to inspire.

A reminder and motivation to those in attendance of the great cause at hand was a set up for the “heroes,” the community children being fundraised for, that had their photos and names displayed. The children, rightfully called the heroes of the fundraising event, shared their “miracle moments” on stage or through videos projected on the large screen by those who could not make it to the event.

After a day of being encouraged to not have any caffeine-intake and never stop dancing and standing for the cause, the Warriors For The Kids got on stage to give out the numerous raffle prizes and celebrate the years’ worth of preparing for WarriorThon.

“This event provides me with so much hope,” Josephine Osowski said, the Fundraiser Chair for WFTK and elementary and early childhood major at Winona State.

MCKENNA SCHERER

features reporter

Mckenna.Scherer@go.winona.edu

Meet the features staff...



Kellen Brandt
Features reporter



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Features reporter



Josh DeLaRosa
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Meet the editing staff...



Editor-In-Chief: Zach Bailey
zsbailey14@winona.edu



News Editor: Madelyn Swenson
mcswenson15@winona.edu



Features Editor: Sydney Mohr
simmohr15@winona.edu



Sports Editor: Mitchell Breuer
mbreuer17@winona.edu




Photo Editor: Nicole Girgen
ngirgen14@winona.edu



Copy Editor: Erin Jones
eejones14@winona.edu

Online Editor: Morgan Reddekopp
mreddekopp16@winona.edu

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Shannon Galliard



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SPORTS

Women's basketball gets rocked at home

LAUREN LOTT

sports reporter
llott14@winona.edu

Winona State University's women's basketball team were unable to come away with a win in their last two regular season conference games against Concordia, St. Paul Friday and Minnesota State University-Mankato Saturday.

"It was a challenging weekend to say the least against two good teams that are playing well," head coach Scott Ballard said.

The loss against Concordia 80-68 broke Winona State's five-game home winning streak Friday night.

The Warriors held their own for most of the game against Concordia, even though they are the top team in the NSIC South. Winona State started off strong in the first quarter gaining up to a seven-point lead, but the Golden Bears had a 10-2 run late in the period to bring them in front 19-18.

The big difference in the game was Winona State in the second quarter only having three shots fall and only scoring 10 points to Concordia's 26. The Golden Bears shot 11-for-16 to build their 17-point lead going into halftime.

The Warriors continued to fight in the second half as senior Kayla Schaefer hit her first two shots and sophomore Allie Pickrain converted on three straight shot attempts, including two from beyond the arc to cut down the lead to 51-40 with 6:39 left in the third quarter. Concordia then went on a seven-point



Sophomore Emma Fee attempts to pass to a teammate during a game against Minnesota State University-Mankato on Saturday, Feb. 23 in McCown Gymnasium.

NICOLE GIRGEN
photographer
ngirgen14@winona.edu

run to pad their lead back up to 18 points, going into the final quarter with a 20-point lead.

Winona State made one last attempt in the fourth quarter to close the gap, cutting it to a 13-point game with four minutes left, but were unable to contain the Golden Bears' offense. The 80 points allowed in this contest against Concordia matches a season-high for Winona State, coming into the game being a strong defensive team giving up only an average of 60 points per game.

Concordia made it difficult for the Warriors as they set their school record shooting 65.3 percent on the night, having seven different players shooting over 50 percent

and five players having double-digit scoring totals. They managed to hold Winona State below their average to 36.7 percent shooting on the night.

"Against Concordia, we lost some of our discipline on defense when they had some players hit some outside shots that usually don't, and we over reacted and then gave up some driving scores," Ballard said.

Pickrain recorded her fifth 20-point game of the season in the loss while also shooting four for seven from three-point range. Sophomore Emily Kieck also assisted on offense shooting 10 points and having three rebounds.

The Warriors tried to make a comeback against Minnesota State

University-Mankato Saturday but were faced with an aggressive contest that left them falling to the Mavericks 59-49.

Going into the game, the two teams were evenly matched statistically and with their records, but the Mavericks held Winona State to a low scoring percentage below 40 percent for the second straight contest and forced 17 turnovers matching the season-high for the Warriors.

Winona State did good in the first half, keeping up with the Mavericks and going into halftime down only 31-30. Kieck was hot on offense scoring six of the final eight points of the opening half.

Continued on page 19, Basketball

Van Zyl returns, as softball goes from .500

SYDNEY MOHR
sports reporter
smmohr15@winona.edu

Winona State University's softball team came out of their first tournament of the season with two wins, two losses, and a cancellation due to snow.

The weekend started off with games on Friday, Feb. 22 with games against Grand Valley State University and Wayne State University.

While the game against the Lakers may have been a loss, the Warriors did not go down without a fight. The first tournament game of the season ended with an eighth inning, no-run streak until finally Grand Valley pulled out a run in the extra inning. The game brought a surprise, as senior Lani Van Zyl made her return after recently having surgery. Junior Jordyn Kleman was out with the sophomore Liz Pautz filling in.

Grand Valley's Allison Lipovsky threw eight shutout innings, striking out nine batters and only allowing two hits, which came from Van Zyl and junior Alison Nowak. The best chance the Warriors had to score was during the first inning when junior Katie Kolb got to first but was unable to advance due to the shutout of batters.

Game two brought another loss,

"They need to believe themselves and what they are capable of."

-Head Coach Greg Jones

however a bright spot was provided to the team via junior pitcher Alyssa Van Valey, who allowed four runs, two earned, on seven hits over five innings pitched. The first two Wayne State runs were unearned in the bottom of the first frame and the Winona State offense was unable to make up for the difference. They ended their second game 0-4 against Wayne State.

"With regards to our team this year and how I mentioned we kind of look at ourselves as the underdogs with regard to how much we have to move around and how much we lost last year," Van Valey said. "I think we are also in the mindset of winning each moment that's in front of us. It doesn't matter who it is we are playing against our goal is to win each pitch and

ultimately that will lead to our success in winning games."

Saturday did end up bringing a completely different team to the field, as they won against the University of Findlay and the University of Wisconsin- Parkside.

Kleman, who missed all of Friday, returned to the team, throwing a two-hit shutout with twelve strikeouts to begin the day.

Alongside the performance of Winona pitcher, Van Zyl struck her 200th career hit with an RBI-double in the first against Parkside to bring in Kolb and score their first run. This hit brought a career high for Van Zyl and the Warriors as a team.

Pautz sat down the first 10 batters in route to her first win in as a part of the team.

The Warriors tacked on two unearned runs in the fourth frame before Van Zyl closed the day with an RBI-single in the sixth.

With scores ending 1-0 and 6-1, the Warriors walked off the field with heads held high and a fire reignited within the team.

"We have a lot of targets on our backs this year based off last year, so I think just staying true to our team and winning each moment for the person next to us will ultimately lead to our success this season," Van Valey said. "I'm excited to see where this season will take us."

Due to the impending weather, the Sunday game was cancelled.

"We have suffered some set backs and injuries. We have had some good and bad days, but we have 20 student/athletes who truly love to play for each other and enjoy the process of what we are doing," head coach Greg Jones said. "They have a passion for the game and a passion to be the best at what they are doing. I look forward to seeing where this ride takes us over the next few months. I see talent from our entire roster. They need to believe themselves and what they are capable of."

The Warriors will take to the field again this Saturday, March 2 in Peoria, Illinois against Truman State University at 1 p.m. and 3 p.m.

Sports staff starting lineup...



Sydney Mohr
sports reporter



Chris Edwards
sports reporter



Lauren Lott
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Men's basketball takes down No. 1 Mankato

CHRISTOPHER EDWARDS

sports reporter
christopher.edwards@go.winona.edu

Winona State University's men's basketball team split both their home games this weekend.

The Warriors opened up the weekend with a 75-71 loss to Concordia University, St. Paul, then rebounded with an 84-56 win over rival Minnesota State University-Mankato.

In the first matchup against the Golden Bears earlier in the season, the Warriors pulled out an 82-66 victory. The team looked like they may get the season sweep, as they began the game Friday with a 15-5 run in the opening seven minutes.

Concordia would close the gap to one by going on a 16-7 run of their own to make the score 22-21 with seven minutes remaining in the half.

Winona State would push the lead back to double-digits and end the half with a 45-30 lead after senior forward Tommy Gathje made a layup to beat the buzzer.

Junior Calab Wagner and sophomore guard/forward Kevion Taylor both added 13 points in the first half and the Warriors won the rebound battle 15-7. The team also held the Golden Bears to under 50 percent while shooting over 58 percent themselves.

Both teams came out slow in the second half, but Concordia was able to get it going first. With 2:11 left the Golden Bears grabbed their first lead and with the score 70-69 Concordia hit a jumper to extend the lead to three. The Warriors would cut the lead to one with a



Senior forward Tommy Gathje attempts a shot during a game against Minnesota Sate Mankato on Saturday, Feb. 23 in McCown Gymnasium. Gathje finished off his last regular season game with a personal best game scoring record of 22 points and helped lead the team to a 84-56 win against the Mavericks.

NICOLE GIRGEN

photo editor
nrgirgen14@winona.edu

minute left in regulation, but they would fail to score again in the rest of the game as they fell 71-75.

Wagner, who had 24 points in 38 minutes, said the team defensively has been struggling in their close losses.

"The other teams are just shooting lights out and just man-to-man we're getting beat," Wagner said.

Despite the loss, the continued improvement of Wagner was on display, as he has continued to see an increase in minutes in recent weeks.

"I like being able to be out there and help the team and affect the team, whether it's scoring defensively or giving out assists, but just for me, I like the challenge of having to stay on the court," Wagner said.

The second game was a senior day match up against rival Min-

nesota State University-Mankato. Both teams came out with a fast pace, as the first half started out close with two ties and two lead changes. Winona State was able to pull ahead 24-17 with 9:45 left in the first half.

However, the Mavericks would cut the deficit to five but Winona State responded, getting the lead to double-digits with 6:57 left in the half.

Later on in the half, after Taylor was called for an offensive foul on what would've been a made basket, an exchange occurred between head coach Todd Eisner and referees, with Winona State receiving a technical as a result.

"I think it kind of fired us up a little bit that he was so jacked up about it," Domask said.

Gathje led the way in points for the Warriors in the first with 19.

Winona State shot 56 percent from the field, while holding the Mavericks to 41 percent from the field.

In the second half, Winona State had to keep playing tough defense while taking smart shots on offense. Less than a minute into the half the Warriors were able to get the lead to 20.

Seniors Domask, Charlie Koontz and Tommy Gathje received standing ovations as they were subbed out late in the 84-56 victory.

"It was pretty tough to kind of erase our mindset from yesterday after such a tough loss, but I mean, we just knew it was our last game here senior night, so we gave it our all," Domask said.

The Warriors will begin the NSIC tournament at the University of Minnesota-Duluth on Wednesday, Feb. 27 with tip-off at 7:30 p.m.

Doud looks ahead at upcoming playoff matchup

AUSTIN WALLERT
sports reporter
awallert15@winona.edu

The regular season has ended for both the Winona State University's men and women's basketball teams. Looking at the NSIC tournament ahead, junior Gabie Doud, the women's third leading scorer, caught up with The Winonan as her and the rest of the team prep for the playoffs.

The NSIC Preseason Coach's Poll predicted the Warriors to finish fourth in the Southern Division. With the team currently sitting in that exact spot, what were the team's expectations coming into this season, and what are the expectations now?

"Our team always has high expectations coming into the season," Doud said. "Once the season is

started all we expect from ourselves is to do whatever we can to win the next game."

With their 79-68 victory against Southwest Minnesota State University on Feb. 16, Winona State clinched home court advantage for round one of the Sanford Health Women's Basketball tournament, something that the team did not have a year ago during their run to the NSIC Championship game.

"Clinching a home playoff game was a really awesome feeling for us. It's always nice to play at home and not have to travel," Doud said. "It will be fun for all of us and especially the seniors to get another chance to play on our own floor one last time in front of our hometown supporters."

Last season the team entered the post season as underdogs, and fell just short, what did Doud learn

from that experience, and how will that experience make her, and the rest of the team more prepared this time around?

"We all learned from last year that the post season is all about giving 100 percent focus and preparation for the next game," Doud said. "We also learned that whatever happened prior in the season doesn't matter and that post season is a new season for us. That experience has made our team and our young players that much more ready for this year's tournament."

Now that your junior season is almost to a close, how were your roles as a leader different compared to previous seasons?

"The last three seasons our team has always had amazing senior leaders and that makes it easy for the rest of us to just focus on being the best basketball players in what-

ever role the team needs," Doud said. "However, not to take away from the variety of different leaders we have sprinkled throughout the whole team. Every year is another year to learn and grow and our team has grown a lot throughout the season, credit to our coaches for having expectations for us to strive for every day."

The Warriors will host Minot State this Wednesday in McCown Gymnasium. Tip-off is set for 6 p.m.

Basketball, Continued from page 17

The Warriors had a similar issue to Friday night, pacing their opponent for three quarters, but having one rough quarter proving to be the difference in the contest.

"Unfortunately, we had one bad quarter in each game that was the difference in each game," Ballard said.

The third quarter was when the Warriors went cold shooting only 2-11 from the field. Mankato seized this opportunity, adding to their lead going into the fourth quarter 44-36.

The Warriors did not go quietly in the fourth quarter, opening up the frame with an eight-point run to tie the Mavericks 44-all. Three's by sophomore Julia Silloway and Schaefer and a jump shot by Pickrain tied up the game.

The Warriors kept the game close until about four minutes left in the game, as the offense went cold again and were held without a field goal for the remainder of the contest.

"The Mankato game was ugly because of how rough and physical it was which turned into an advantage for them and their style of play," Ballard said. "We have to get tougher in games like that mentally and physically to give ourselves a better chance of competing."

Pickrain had a solid game, coming away with 19 points in the loss, while senior Rachel Novotny had a team-best nine rebounds.

"This past weekend shows how important it was for us to lock up a home playoff game last weekend when we won at Southwest Minne-

sota State," Ballard said.

These two losses end the regular season for Winona State at a record of 14-12 (12-10 NSIC) and puts them in fourth place in the NSIC South heading into the playoffs.

"We are excited about earning a home playoff game for the first time in three years and look forward to playing in front of our home fans for high stakes," Ballard said. "I enjoy this time of the year and I am confident that we will

play with a sense of urgency and compete well."

The Warriors will look to shake off these losses as they head into playoff action at home on Wednesday, Feb. 27 at 6 p.m. against Minot State.

LAUREN LOTT
sports reporter
llott14@winona.edu



Dog of the week: Luna, the husky

MORGAN REDDEKOPP
photographer
mreddekopp16@winona.edu

Luna is a six-month-old husky and is very active, according to her owner Lauren Ness. She loves to run around outside in the winter, especially with her little brother Theo. This winter, she began pulling children around on sleds.



The Winonan ranks this doggo 5/5

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