

1-28-2009

The Winonan

Winona State University

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New year means new budget strategies at Winona

By Rachel Smith
Winonan

With the start of a new year, Minnesota Governor Tim Pawlenty has put in effect a budget to combat a state deficit.

This month, he announced a plan for the 2009 fiscal year meant to fight the projected state budget deficit of \$426 million by "unallotting" this

amount from several state departments.

With the economic slowdown, the state government has less money to spend and, as a result, state colleges are getting less money.

The Minnesota State Colleges and University systems share of the "unallotment" has been set at \$20 million. From this, Winona State University will

be expected to cut \$921,985.

One of the options suggested for immediate cost-cutting included reducing unnecessary travel costs. The university administration office has recommended faculty use as much online communication and networking as possible as a cheaper solution.

Student Senate President Dave Obray said, "It's a pretty

creative solution because not only are you cutting cost, but it's more environmentally friendly. We're going to have to get really creative to make our dollar go all the way."

Winona State's administrative offices have already been taking steps to manage the budget cuts. These steps include freezing positions indefinitely, which has saved about \$495,000.

A campus-wide e-mail from Winona State President Judith Ramaley's office added that the frozen positions were already vacant and that no currently employed university faculty lost jobs.

According to Ramaley, "We continue to view layoffs as a last resort."

See BUDGET, page 4



Photo by Rory O'Driscoll/Winonan
Gaga Davidson, a student at Winona State University, watches the presidential inauguration Tuesday in the Art Tye lounge in Kryzsko Commons. Davidson, a McCain supporter, was not upset with the election results.

WSU group witness Inauguration live

By Courtney Zinter
Winonan

While most students and faculty watched the historical presidential inauguration Tuesday, Jan. 20 on TV, a group of students from Winona State University got the opportunity to experience the inaugural events firsthand.

With support from the university and financial assistance from Student Senate, the students spent almost a week at an academic seminar in Washington, D.C. before crowds showed up for the inauguration, and then spent the day with the almost two million other attendees.

Codi Wood, a junior at See OBAMA, page 5

Winona State, said the atmosphere was both relaxed and powerful, and the people in attendance all seemed very friendly.

"For nearly two million people being packed into a fairly small area, nobody was pushing or being obnoxious," Wood said. "After President Obama's inaugural address, people were crying or hugging and high-fiving strangers. A lot of people were chanting 'Yes we did,' and it was just very powerful. It was just a sense of hope and relief that passed over the crowd."

NSFC celebrates
Roe v. Wade

WSU remembers
Johnny Podominick

Brian Sanders'
FRFF highlights

Mens bball wins big,
twice

NSFC celebrates 36th anniversary of Roe v. Wade with benefit concert

By Courtney Zinter
Winonan

In celebration of the 36th anniversary of Roe v. Wade on Jan. 22, which legalized abortion in the United States, the Winona State University pro-choice student group Nursing Students for Choice (NSFC) showed a movie about abortion and hosted a benefit concert to raise money for the Planned Parenthood in St. Paul.

NSFC held the showing of "I Had an Abortion" in Purple Room 105 last Wednesday night. The documentary focuses on 11 women of all ages, races and classes, sharing

stories about their abortions. Annie Stadstad, president of NSFC, said she was pleased with how many people attended the event.

"You never know who is going to show up to events like this, so the fact that our little room was overflowing was really exciting," Stadstad said. "The women who told their stories in the film were from such diverse backgrounds that I really think a lot of people were able to find someone to connect with and certainly walked away from the film with a better idea of the wide range of people who have abortions."

Showing the movie served

as both a celebration and an educational event for the campus, Stadstad said. The group wanted the movie to bring the anniversary to the attention of the community, she said.

"Because Roe v. Wade was such an important step forward in women's reproductive rights, celebrating the anniversary of the event is something we try to do every year," Stadstad said. "We chose to show a film this year because we wanted to give people a better idea of the diversity of women who need the procedure each year and to

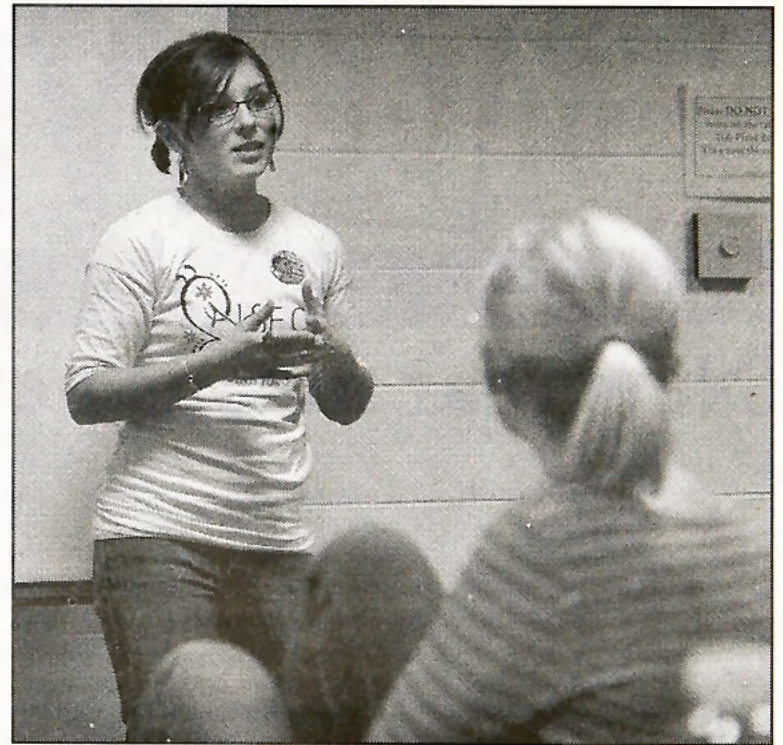


Photo by Nick Furlong/Winonan
Annie Stadstad leads a discussion after the viewing of "I Had an Abortion" Wednesday night in the Purple Rooms at Winona State University.

See ROE, page 4

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Tobacco-free policy sends students and faculty off campus to light up

University officials urge campus community to monitor peers

**By Tim Brennan
Winonan**

A new year has arrived and many people are expecting the nation to change. One change Winona State University students, faculty and staff are experiencing is the introduction of a new tobacco-free policy.

As of Jan. 12, 2009, a tobacco-free policy prohibits anyone from using tobacco products anywhere on the Winona State campus.

According to Head of Security Director Don Walski, the policy is enforced by campus security.

Anyone caught smoking or chewing tobacco on campus has their name written up and he or she is given a verbal warning. If a person is caught breaking the policy for a second time, he or she will be referred to an appropriate supervisor for further punishment.

For example, if a student breaks the policy multiple times, a conduct officer will be contacted. If a faculty

member breaks the policy multiple times, the appropriate supervisor will be referred to for punishment. Punishments can range from community service hours to a fine.

Walski has not seen the policy to be a problem and does not foresee security to have trouble enforcing the rule.

"Anytime a new law or statute is enacted, we try to have people abide by it before enforcement is taken. After awhile, I think the tobacco-free policy will be the norm on campus," Walski said. "If anyone is extremely non-compliant, they could be fined and/or arrested by the police department, but we hope that it won't come to that."

Students have been notified of the tobacco-free policy through e-mails, web announcements, and signs posted throughout campus.

According to Dean of Students Karen Johnson, the idea of introducing a tobacco-free campus was first introduced in the spring of

2008 after a referendum vote showed 1,151 students voting yes over 579 voting no for a tobacco-free campus at Winona State.

The university first implemented the 25-foot rule to create a healthier atmosphere for students and staff around campus. The 25-foot rule prohibited students and faculty from smoking close to campus building entrances. However, the rule had not been entirely effective as it was difficult to enforce, Johnson said.

He has seen both positive and negative feedback from people regarding the new rule.

"I have had people complaining that they don't like the policy, but I have had more people being thankful for the new rule."

"We ask everyone on campus, if they see others smoking, to remind each other that the campus is now smoke-free," Johnson said.

She expects Winona State's decision to become tobacco-free to be a contagious choice.

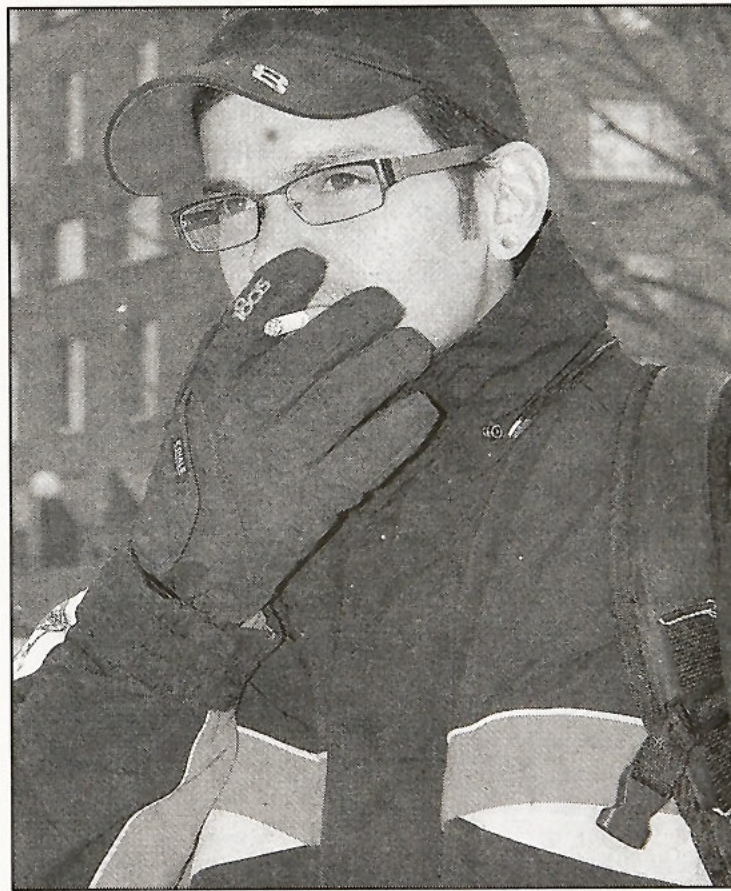


Photo by Nick Furlong/Winonan

Bibiano Colón, a 33-year-old sociology student, smokes Friday afternoon on the edge of campus near Sheehan Hall. "It's a bit inconvenient," Colón said, "There should be designated areas, I find myself running to class and throwing cigarette butts into snow."

"I think that in the next few years we will see at least most of the campuses in Minnesota go tobacco-free," Johnson said.

Contact Tim at
TJBrennan07@winona.edu

Maxwell water damage relocates offices

**By Tim Brennan
Winonan**

Typically, high water levels are not a problem during frigid January in Minnesota.

However, after a malfunction in Maxwell Hall caused hundreds of gallons of water to spill into the building, the problem became a reality.

According to Vice President of Finance and Administrative Services Kurt Lohide, a water valve in the attic of Maxwell Hall broke and caused water to flood the building during the early morning of Wednesday, Jan. 14.

The rushing water triggered an alarm and the Winona Fire Department responded to the emergency.

The cause for the valve to break is currently unknown and an investigation is still ongoing. All of the faculty materials have been removed from the building and are being evaluated.

Officials are still also assessing the building to determine costs for repairing damages within the building. Significant damage was done to the ceiling, carpet, and furniture inside of Maxwell Hall, Lohide said.

"We (Winona State University) have insurance, which will take care of the damage expenses," Lohide said.

The water damage has caused several offices to relocate. Career, Advising, and Disability services have been moved to Maxwell 255. Warrior Hub services, Parking services, and Campus Card offices are now located in Somsen Hall.

The Office of Admissions and Veterans services are now

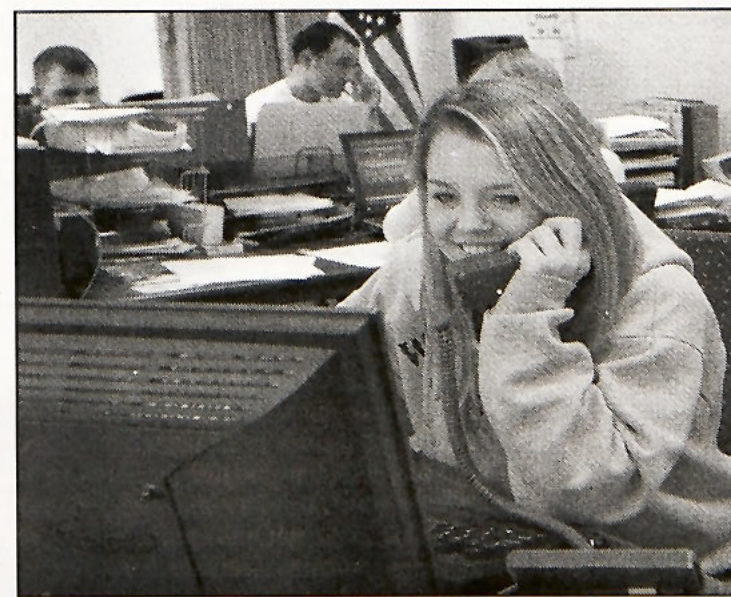


Photo by Katherine Chickey/Winonan

Ashley Philipps, from Admissions, works in a temporary office in Kryzsko Commons because of water damage to the office in Maxwell.

See MAXWELL, page 5

BUDGET

Continued from page 1

Additional savings will also come from limiting the number of staff hired to replace faculty on sabbaticals.

Winona State's Student Senate is developing a series of campaigns that will inform students about the economic situation, and what these budget cuts will mean by putting the information into perspective.

At last week's Student Senate meeting, Obray discussed a project he is also working on to

create student awareness about impact of the budget cuts.

Obray plans to make a photo catalog gathering data from more than 100 students to show how much \$5 million means in terms of students affected. Students will be photographed with their estimated school debt.

He hopes that this project will help give a student face to leaders in the capitol.

In another effort to gain

student awareness, Student Senate is also writing letters to state legislators.

Student Senator and Legislative Affairs chairman Josh Martin, who has been put in charge of gathering students for letter writing, is optimistic about the impact students letters will have.

"If you get a box full of letters, even if you proceed to throw that box away, at least you still see that you had a box

full of letters," Martin said.

Obray said that he and other students would be meeting with university leaders to renew their commitment to higher education and keeping it accessible, affordable and sustainable to students.

"There's also the building of relationships and building of unity. I think everyone at the meeting asks what's best for the students. Really the focus has been on what's best for

students," Obray said.

Winona State students and faculty have also been given the opportunity to make suggestions for increasing revenue or decreasing expenditures. The university homepage includes a link, titled Budget Development Suggestions.

Contact Rachel at RDSmith5697@winona.edu

ROE

Continued from page 2

help dispel abortion myths."

While a movie helped the group try to educate, the concert, Rock for Roe, held Thursday night at the Draughthaus bar was a celebration and chance

for NSFC to raise money for the closest abortion provider in Minnesota.

The concert featured two bands, Magna Cum Loud and Black Magic Johnson. More

than \$300 was raised for Planned Parenthood was raised. Stadstad said she considered the concert a big success.

"The concert went well. It was not as attended as we would have hoped, but it was our first year doing it," she said. "I am sure that if the club chooses to continue with it, it will get bigger each


year," Stadstad said. "It was a great night of celebrating the anniversary of a woman's right to choose."

Stadstad added that she thinks the Roe v. Wade case was important in the area of women's rights and said it should be celebrated to remind people of what it's done for women.

"The legalization of a woman's right to choose was a huge milestone in the fight for women's rights," Stadstad said.

"It is important to remember all the women who died needlessly from botched, illegal abortions before Roe, to remember the woman who fought to gain women the right to choose, and to understand why there is still the need to fight to keep a woman's right to choose legal."

Contact Courtney at CLZinter8738@winona.edu




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OBAMA

Continued from page 1

For the students who attended, it was exciting to witness history being made and to see how many different people came to the event.

Wood said she enjoyed seeing so many different people come together for the same reason.

"Barack Obama is a political figure that really emphasizes the fact that we are more than the party we support, we are one nation," Wood said. "It was really cool that people from all walks of life came together so peacefully."

For once we were not separated by our nationality or race or our gender or any other difference, but instead we were all united in our support for the new president."

Lisa Maloney, a junior at Winona State, added that she enjoyed seeing how excited people were to get into the ceremony.

"It was incredible seeing the thousands of people

lined up before the sun even came up to get in to see the inauguration," Maloney said. "It's encouraging to see so many people of all ages, races, interests and parties all rallying around the same president."

After getting approved for financial support, the students agreed to fundraise money to pay back some of the funds they received from Student Senate as well as share their experiences with others at Winona State.

Christopher Brignull, a sophomore at Winona State, said he was grateful for the opportunity to attend the inauguration and will always remember his experience.

"It was an incredible, once-in-a-lifetime experience and something I will never forget," Brignull said.

Contact Courtney at CLZinter8738@winona.edu

MAXWELL

Continued from page 3

located in Conference Room F of Kryzko Commons.

Director of Admissions, Carl Stange said, "The emergency move was very efficient thanks to the grounds crew and the leadership of Kurt Lohide."

All classes in Maxwell Hall are still occurring as scheduled. The admissions staff has been able to still hold meetings and campus tours, despite the inconvenience of changing locations, said Stange.

"We really appreciate the students' patience of trying to navigate with our changes," he said. We highly depended upon the e-mail system to inform students of changes they needed to know."

Although the water damaged several personal items, carpet, furniture, electronics, and office supplies, no important student records or information was destroyed.

All documents are kept in duplicate image files and are electronically stored by

Winona State staff, Stange said. "Technology helped us be able to recreate our business practices so students were not negatively affected for more than one day," Stange said.

Lohide is unsure of when Maxwell Hall will be repaired and ready for staff to return to their original offices, but he estimates that the process could take up to two months.

Until then, students are asked to avoid the first and second floors on the west side of Maxwell Hall.

Contact Tim at TIJBrennan07@winona.edu

College of Education holds 2009 teacher admission meeting

Winona State University's College of Education will hold a Fall 2009 teacher education admission meeting from 3 to 6 p.m. Wednesday, Jan. 28, in Kryzko Commons.

To pre-register, e-mail full name, address, phone number, Student ID and teacher education major to edstu@winona.edu or visit 152 Gildemeister.

The PPST Praxis I is required by Feb. 25.

A Writing Proficiency Exam will be given at the meeting. Students will need two blue or black pens and ID.

If you believe you qualify to take the exam under special conditions, call Disabilities Resource Center at 507-457-2391 or visit 136 Howell Hall.

For more information, call Paula O'Malley at 507-457-2358 or e-mail POrmalley@winona.edu.

Security Incidents

Sunday, Jan. 11

1:17 a.m. - Security contacted an intoxicated student outside of Lourdes, EMS was notified. Student was assessed and allowed to remain with friends.

11:19 p.m. - A student was cited for a housing violation in Prentiss-Lucas. Referred to the Hall Director.

Tuesday, Jan. 13

6:30 p.m. - Security responded to a complaint involving damage to a window in Prentiss-Lucas. Apparently someone threw an ice chunk at a window. Matter referred to the Director of Security.

Wednesday, Jan. 14

11:43 p.m. - A student was cited for possession of a small amount of marijuana and drug

paraphernalia. Matter referred to the Hall Director.

Thursday, Jan. 14

1:45 p.m. - The Winona Police responded to a minor accident on campus near the north Sheehan Parking Lot.

Saturday, Jan. 15

9 p.m. - A student reported leaving some personal property lying on the floor in a Somsen Hallway and when she returned it was missing. Matter referred to the Director of Security.

11:22 p.m. - Several students were cited for an alcohol violation in Sheehan Hall. Matter referred to the Hall Director.

Sunday, Jan. 16

9:34 p.m. - Several students were cited for an alcohol violation in Maria. Referred to the Hall Director.

10:08 p.m. - Several students cited for an alcohol violation in Prentiss-Lucas. Referred to the Hall Director.

Monday, Jan. 17

1:35 a.m. - A student and his guest were cited for an alcohol and housing violation in Lourdes. Referred to the Hall Director.

2:45 a.m. - A student was cited for attempting to bring alcohol into Lourdes. Referred to the Hall Director.

3:27 a.m. - Security responded to a room in Prentiss-Lucas regarding loud noise. When

they returned regarding another complaint several occupants were also cited for an alcohol violation. Referred to the Hall Director.

5:38 p.m. - Several individuals were cited for a housing violation in the Quad. Referred to the Hall Director.

Friday, Jan. 23

9:03 p.m. - A student was cited for a housing violation in Sheehan. Matter was referred to the Hall Director.

9:17 p.m. - A student was cited for a housing violation in Lourdes. Matter was referred to the Hall Director.

9:40 p.m. - Several students were cited for an alcohol violation in Prentiss-Lucas. Referred to the Hall Director.

9:41 p.m. - A student was cited for an alcohol violation in Prentiss-Lucas. Referred to the Hall Director.

10:01 p.m. - A student was cited for an alcohol violation in Prentiss-Lucas. Referred to the Hall Director.

10:12 p.m. - A student was cited for an alcohol violation in the Quad. Referred to the Hall Director.

Saturday, Jan. 25

1:24 a.m. - Security made contact with an intoxicated student in Tau. EMS and Winona Police were contacted. Student was issued a citation for minor consuming. Matter also referred to the Hall Director.

Peter Henderson book signing

Winona State University will host a book signing for Peter Henderson's "Gabriel García Moreno and Conservative State Formation in the Andes," from 2:30 to 3:30 p.m. Thursday, Jan. 29, in room 109 Krueger Library.

The book depicts the leadership of Gabriel García Moreno, Ecuador's dominant political figure until 1875, in ending the most severe conflicts in the country's history. Moreno united Ecuador through the

Catholic faith, and sponsored a program of modernization for education, transportation infrastructure improvements and diversifying the economy.

Moreno's intolerant policies eventually led to his downfall and assassination in 1875. The book tells the story of Ecuador's need for direction and the life-story of this controversial leader.

Henderson joined Winona State's History Department in 1989. He teaches Latin

American history and has directed the paralegal program. Henderson is currently serving as the College of Liberal Arts Interim Dean. He also authored WSU's sesquicentennial history book, "Her Star Shall Not Dim," as well as a book about the Mexican Revolution of 1910.

Cake and refreshments will be served.

For more information, call Barb Nascak at (507) 457-5400 or e-mail BANascak@winona.

Music department presents Dessert Music Theatre

Winona State University's Music department's Concert Choir will present Dessert Music Theatre featuring "The Melody Lingers On," the music of Irving Berlin, at 7 p.m. Friday, Feb. 6, and Saturday, Feb. 7, and at 2 p.m. Sunday, Feb. 8, in the Dorothy B. Magnus Open Stage Theatre, Performing Arts Center.

"The Melody Lingers On" includes 30 fast-paced songs in

jazz, blues, bebop and classical styles. Concert Choir and a six-piece instrumental combo will perform. The show will be directed by Harry and Lauren Mechell; Natalie Thyren, stage direction; and Jennifer TeBeest, choreography.

During intermission, audience members can sample desserts created by Chartwell's Executive Chef, Randy Shadle.

Tickets cost \$25, \$12 for

students, including desserts and beverages, and are available through Feb. 6 at the Performing Arts Center Box Office or at Hardt's Music, 115 E. Third St., Winona.

For more information, call Harry Mechell at (507) 457-5251 or the Performing Arts Center Box Office at (507) 457-5235.

Study abroad information session

The Winona State University Study Abroad Office will hold an information session about travel opportunities at 11 a.m. Thursday, Jan. 29, in Kryzsko Commons, Dining Room B.

Students will have the opportunity to talk about study abroad options and procedures for various locations including Australia, China, Japan, Taiwan, Egypt and many

others.

For more information, e-mail CK Kwai at CKwai@winona.edu.

Time management workshops

Winona State University's Inclusion and Diversity Office will present a series of brown bag Time Management Workshops from 11 a.m. to 12 p.m. or 12 to 1 p.m. Monday,

Jan. 26 through Friday Jan. 30, in Dining Room C and D, Kryzsko Commons.

The sessions are for students to learn how to properly manage time for effective

academic success and to make lifelong habits.

For more information, e-mail the Inclusion and Diversity Office at cdstudent@winona.edu.

WSU Faculty Recital featuring Paul Vance

The Winona State University Music Department will host a faculty recital featuring Paul Vance Feb. 3, at 7:30 p.m. in

the Performing Arts Center Recital Hall.

The cost is \$6 for adults, \$4 for students and seniors.

For more information about the recital, call Marybeth Lenhardt at (507) 457-5250.

Counseling center offers grief and loss group for students

Winona State University's counseling center will offer a student grief and loss support group from noon to 1 p.m. Wednesdays, Feb. 4 through 25, in Dining Room B, Kryzsko Commons.

This group is an opportunity for students to talk about

personal grief in a small group setting and will provide information about the grief process.

For more information or to join the group, call Eunie Alsaker by Feb. 4 at 507-457-5330 or e-mail EAlsaker@winona.edu.

Athenaeum Performance and Musical Discussion

Winona State University's Athenaeum Series will present professor Paul Vance in a performance and musical discussion, "Benjamin Britten, His Three Suites for Cello, and the Conflict Between the Individual and Society," at 1 p.m. Wednesday, Jan. 28, on the second floor, Krueger Library.

Vance will perform excerpts from Britten's Three Suites and attempt to explain their musical and sociological themes.

For more information and event descriptions, call Kendall Larson at 507-457-5367, Joe Mount at 507-457-5147 or visit: www.winona.edu/library/athenaeum.

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What's happening at WSU...

Wednesday

College of Education Holds Admission Meeting

PLACE: Kryzsko Commons
TIME: 3 to 6 p.m.
CONTACT: Call Paula O'Malley at 507-457-2358 or e-mail POMalley@winona.edu.

Athenaeum Series Presents Performance and Musical Discussion

PLACE: Second floor, Krueger Library
TIME: 1 p.m.
CONTACT: Call Kendall Larson at 507-457-5367, Joe Mount at 507-457-5147 or visit www.winona.edu/library/athenaeum

Thursday

Mugshots Features Dusty Beckman, Manfort

PLACE: West Campus, next to Lourdes Café
TIME: 8 p.m.
CONTACT: E-mail Mugshots@winona.edu

WSU Announces Peter Henderson Book Signing

PLACE: Room 109 Krueger Library
TIME: 2:30 to 3:30 p.m.
CONTACT: Call Barb Nascak at 507-457-5400 or e-mail BANascak@winona.edu

Friday

Time Management Workshop

PLACE: Dining Room C and D, Kryzsko Commons
TIME: 11 a.m. to 1 p.m.
CONTACT: E-mail the Inclusion and Diversity Office at CDStudent@winona.edu

ArtMuse: Student Juried Exhibition

PLACE: Watkins Gallery
Time: 8 a.m. to 4 p.m.
CONTACT: Call Mary Coughlan at 507-457-5391 or e-mail MCoughlan@winona.edu

Saturday

Rudy Toons Karaoke

PLACE: American Legion, 302 E. Sarnia St.,
TIME: 7 to 11 p.m.
CONTACT: The American Legion, 507-454-4281

Monday

Great River Reading Series: Pam McClure

PLACE: Baldwin Lounge, Kryzsko Commons
TIME: 7 p.m.
CONTACT: E-mail Deb Cumberland at DCumberland@winona.edu

Tuesday

ArtMuse: Student Juried Exhibition

PLACE: Watkins Gallery
Time: 8 a.m. to 4 p.m.
CONTACT: Call Mary Coughlan at 507-457-5391 or e-mail MCoughlan@winona.edu

Sunday

Star Lighters

PLACE: Crystal Ballroom, 150 Hwy. 30 W., Chatfield, Minn.,
TIME: 2 to 6 p.m.
CONTACT: Call 507 867-4350

ArtMuse: Student Juried Exhibition

PLACE: Watkins Gallery
Time: 8 a.m. to 4 p.m.
CONTACT: Call Mary Coughlan at 507-457-5391 or e-mail MCoughlan@winona.edu

Faculty Recital

PLACE: PAC Recital Hall
TIME: 7:30 p.m.
CONTACT: Call Marybeth Lenhardt at 507-457-5250

A once silent planetwalker tells his tale



By Brian Sanders
Winonan

I hope you all got the chance to attend the Frozen River Film Festival! Frozen River is one of the most enjoyable and educational events to happen in Winona all year, and it is remarkable that students are able to attend for free. I wish I saw more fellow students taking the opportunity to go independently, but students attending seeking credit for class is better than not attending at all.

Of all the different sets at

FRFF, the one I got the most out of was the speaker Dr. John Francis.

After seeing an oil spill in San Francisco Bay in 1971, Francis decided to stop riding in motorized vehicles as a form of protest against the environmental damage caused by the oil spill.

Early on, Francis found himself getting into many unproductive arguments with friends and strangers about what he was doing, and in 1973, he decided to take a vow of silence. His vow of silence lasted until 1990, and his automobile avoidance lasted until 1993.

His presentation on Saturday was mainly the oral telling of his story. I listened intently — this is a man I expected to have much to learn from.

Despite his silence, Francis was able to go back to college, and eventually get his PhD

from Wisconsin. One attribute his story tells is the adaptability of humans, and the potential of communication different than we are accustomed to. He even led discussion classes through all of this, using only his personalized sign language he had invented along the way.

One of his main messages was that environmentalism goes back to how we treat ourselves and treat each other. This absolutely rings true, and it is so discouraging when environmentalism is viewed as some kind of elitist viewpoint that disregards humans. Helping the environment goes hand-in-hand with helping each other — there cannot be a separation between environmental and social justice issues. This also goes back to why, as a History major, one of my main concerns is the environment: sustainability is directly related to improving the long-term

human experience.

The power of listening was another theme to pull out of his message.

Like Francis, I have spent too much time engaged in dead-end arguments about environmental issues with those who weren't ready to listen, and I failed to hear where they were coming from as well. It is so important to pick our battles wisely. Self-important arguing with friends is not the best way to win people over, or the best way to build our friendships. It is important to have discussions of the issues, but we need to be able to listen to each other rather than simply repeat our ideologies *ad nauseum*.

A final point to take from his message was the power of the individual to make a difference. Specifically, I was interested in questions of how one could make a difference without compromising their values.

John Francis' story is a great example of an individual living out what they believe without compromise, and ultimately making a difference because of it.

He has since been employed by the US Coast Guard, and is making a difference within the system. His life shows the potential of influence at both ends of the spectrum, both by being a purist who did not compromise his values and by working within the system to influence environmental policy.

I was honored to listen to him speak; he offers so much to learn from in his experience. His story is inspirational and should remind us all to live by our principles.

Contact Brian at
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Unplug yourself from the confines of overstimulation



By Sarah Burgen
Editor-in-Chief

Well, hey again.

It was far too short a break and this semester better go as quickly as the last did.

The first day of the new semester, I got to campus, opened my computer and it wouldn't turn on.

Tech support's insane demand the first week of every semester prompted me to delay my visit until this week.

Living without iChat for a

week was definitely refreshing, but now that I have my computer back, I find I get bored much more easily.

It's weird. In the entire week I was computerless, I found myself finding more constructive ways to waste my time. Never was I sitting around listless, bored and waiting for something to do.

Now, the ADD stemming from our generation's addiction to technology is back. I need instant gratification and constant stimulation.

We talked about this last semester in my Emotions and Behavior class. My professor, grad student Erin Anderson, asked us if we ever just sit and do nothing. Half the class said no and that laying around without something to do, watch or converse with leaves us antsy.

The other half said they were completely content with laying on their couch, thinking and meditating.

When I first heard my professor suggest this, I had to search my brain for why anyone would just lay around and not do anything or watch something.

Think about it. How many of you are on your computers while watching TV and having a conversation with a roommate who is sitting with you, also on his or her computer and watching TV? I'm sure some of you have.

We're an overstimulated generation. I've heard some people blame this on "Sesame Street," a show with very short segments, and 30-second commercials promising the best toys from Wal-Mart or Toys "R" Us.

I think, to be honest, that much of the ADD and ADHD of people in our age group is overdiagnosed, because people are so fast-paced. Our brains can't focus on one thing because of the way society has shaped them.

Two years ago, I went without AIM, MySpace and Facebook for a month. I was so happy that whole time. I got better grades, I did more fun things and I was just generally more satisfied with my relationships. I might try to do this again sometime soon.

Being unplugged is definitely not a bad thing.

Contact Sarah at
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A note about Letters to the Editor

We invite all letter submissions but will print at our discretion. Please submit letters to:

Winonan
Kryzsko Commons
Winona State University
Winona, MN 55987

or via e-mail to
winonan@winona.edu.

If sent via e-mail, please put
LETTER TO THE EDITOR
in the subject line.

All letters must be signed,
either by hand or digitally.

Letters to the Editor

Erickson

*Ropes a
leader in
fixing Green
Acres*

As the chief Senate author of the bill which will repeal the changes made to the Green Acres program last year, I feel that a recent letter to the editor criticizing Sen. Sharon Erickson Ropes was unjustified.

As you all are aware, the changes to Green Acres resulted in unintended consequences that have adversely affected landowners throughout the state. From the start, Sen. Erickson Ropes has taken the lead to address the problems facing her constituents as a result of these changes.

She's listened to the issues brought forth by her county assessors and the concerns of farmers in her district. She has participated in several meetings at the Capitol with the Department of Revenue, local government officials, and agricultural advocacy groups where we have identified the problems and potential solutions regarding Green Acres.

She's partnered with me as a co-author to my repeal bill. In her position as vice-chair, she vowed to bring legislation before the Senate Agriculture Committee to fix or repeal the changes. This hearing has been scheduled for Jan. 29.

Sen. Erickson Ropes has always been a strong advocate for a viable and successful agricultural industry for our state. I know she will do all she can to ensure that the family farm can be maintained as a Minnesotaway of life by continuing to work towards a Green Acres fix.

*Rick Olseen
State Senator*

*All must be
partners in
the budget fix*

The governor recently delivered his State of the State address, where he proposed over \$1 billion in new spending in the midst of a historic state budget deficit. In response, I've been lambasted by calls from educators asking for increased funding.

The reality is that the governor's promise is nothing more than a house built on sand. It's disingenuous to support more money for schools without suggesting any way to raise or cut the \$1 billion needed to pay for it.

By the time the February Forecast rolls around, Minnesota will be looking at a \$6 to \$7 billion budget deficit.

We cannot realistically solve this crisis without major budget cuts. Education comprises 34 percent of the state's budget. If one area were to be held immune to cuts, other agencies would need to be slashed into oblivion to balance the budget. Is Minnesota really better served with no Department of Natural Resources, Transportation, Public Safety, or Veterans Affairs?

Although it's my last and least favorable option, K-12 education needs to be part of the budget solution. The governor's accounting trickery has gotten us to this point. His no new taxes pledge has boxed our state into a corner. He's raised all the fees imaginable and forced local property taxes to skyrocket. He's depleted the state's budget reserve. There's simply no money left.

So now that we've picked the low-hanging fruit, it's time to sharpen our pencils and make the tough choices. Everyone will need to be a partner if we

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hope to pull our state out of this
economic crisis.

*Steve Murphy
State Senator*

*Thank you,
Sen. Ropes*

Thank you, Senator Sharon Erickson Ropes, for hosting the Community Healthcare Forum in Winona on Dec. 30, 2008.

As a retired nurse I was eager to hear the latest news and share my ideas. About 40 people attended the meeting which was held in the B.A. Miller Auditorium, Winona Community Memorial Hospital.

The participants came from all walks of life, from college students to retired couples, nurses and hospital administrators, physicians and

other health professionals.

Before the discussion began Senator Ropes encouraged everyone to participate and gave each of us the opportunity to answer all of the questions.

I appreciated her leadership in bringing healthcare issues to the community level.

She has shown compassion for the needs of working families, who are struggling to find affordable healthcare.

This meeting was one of over 8,000 meetings held across this nation to get ideas directly from the people to the new administration.

The Obama-Biden Transition Team tasked the states with holding these community discussions from Dec. 15 - 31.

Senator Ropes took notes as each of us talked about our experiences and gave her our ideas about how to improve healthcare.

I appreciate her time and effort to come to us to host this

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meeting, to listen to us, showing respect for our opinions.

Her notes were sent to Washington, for Tom Daschle and his staff, who will be working on healthcare reform.

It was a great community meeting, with enthusiastic discussion and a consensus of belief that we can all work together to find solutions.

From my perspective, Senator Sharon Ropes is doing an excellent job and I look forward to attending future meetings.

*Jeanie Schmidt RN, BSN
retired*

Loss of WSU student dampens spirits during finals week

By Rebecca Erdmann
Winonan

Drake Hokanson, a former professor of Johnny Podominick, said even in the cold of November, Podominick could be found walking across Winona State University in shorts and worn flip-flops.

His beloved American Eagle flip-flops sat on the edge of Podominick's casket at his wake Dec. 12 at All Saints Catholic Church in Lakeville, Minn.

Winona State classmates and professors attended the Dec. 13 funeral of the 21-year-old journalism major, who died Sunday, Dec. 7, 2008, at his parents' Lakeville home.

Podominick's family tried to wake him for church that morning and found him unresponsive. No official cause of death has been released, but drugs and alcohol were not factors.

Those who knew Podominick, including his

family, friends and the faculty in the Mass Communication department at Winona State, will remember him for his uncanny impersonations and sense of humor.

"Johnny knew how to make fun of me in the best ways," Courtney Cosgriff said. "He was probably one of, if not the, best friend I had in Winona. He always stood up for me and was always honest with me."

While away from home, Podominick missed his family's two dogs, so he and Cosgriff volunteered at the Winona Area Humane Society.

"A lot of times we'd stay longer with the cuter dogs, and we took a lot of pictures of our favorite puppies," Cosgriff said.

Podominick cared about animals and people alike.

Drake Hokanson taught Podominick in Feature Writing last semester.

"He was quiet in class, but you could tell he was thinking about stuff," Hokanson said.

"Johnny had real concern for people less fortunate; he was actively thinking about other people."

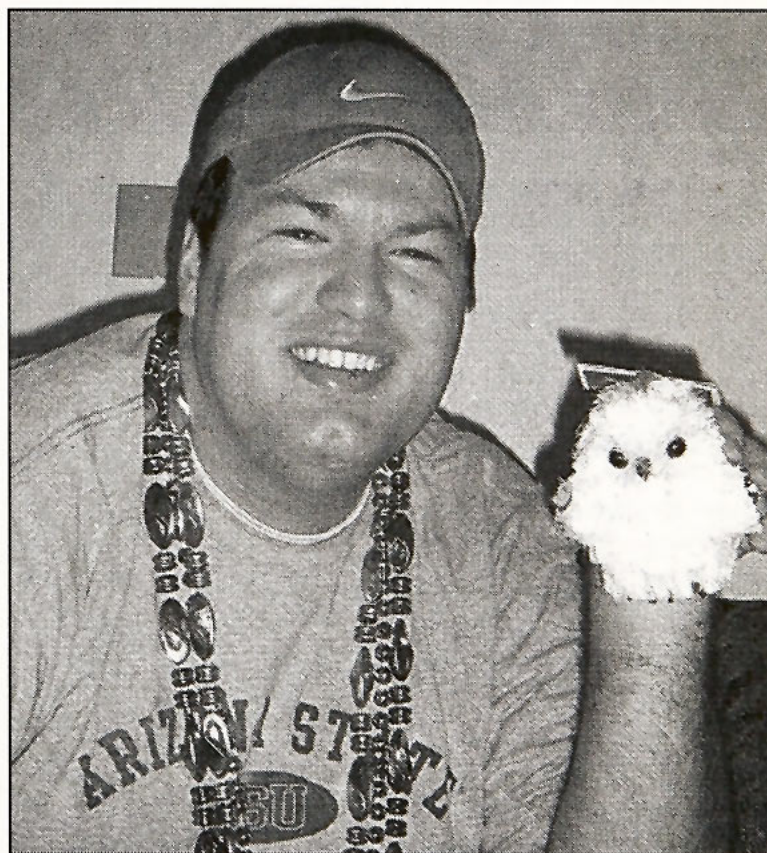
Although Podominick was on track to graduate this May, he was considering going back to school to become a teacher.

Along with the possibility of becoming a teacher, his minor was coaching and he wanted to coach basketball after graduating.

"Johnny knew women's basketball because his sister (Liz) played, so we could talk about that," said Cindy Killion, Podominick's adviser and News Editing professor.

Killion added that he was good-natured in class and was often the source behind "fifteen minute giggle fests" in News Editing last semester.

She sent an e-mail to the Mass Communications department the day that Podominick's death was announced to the campus as a whole.



Contributed Photo

Johnny Podominick, a Winona State University senior journalism major, died at his parents' home in Lakeville, Minn. Sunday, Dec. 7, 2008, at the age of 21.

See JOHNNY, Page 13

Public Relations club at WSU

By Rebecca Erdmann
Winonan

In the world of public relations, networking is everything.

A new student club on campus is geared toward PR majors, to help them network with other students and with the world beyond the university.

The Winona State chapter of the Public Relations Student Society of America held its first meeting recently. The club is part of a nationwide professional public relations society.

The focus of the club is networking and giving PR majors more experience in their field. It also looks good

on resumes, which can be an attractive idea for many students.

According to PRSSA's official web site, the purpose of the club "is to cultivate a favorable and mutually advantageous relationship between students and professional public relations practitioners."

Senior Jessica Wineke, the president of PRSSA at Winona State said, "There have been other Mass Communications groups, such as Communications Club and Ad Fed, but as PR majors, we didn't feel like there was a club that was really tailored to our profession."

Winona State's PRSSA has

been approved as a campus club by Student Senate, but has not yet been declared an official chapter of the society.

Junior Nick Townley, the PR director for the club, said that its members have high hopes for this semester.

"We want to make sure we have a strong following for next year," he said.

Winona State's chapter of PRSSA currently has 35 members.

The club has elected officers, but unlike Townley, most are seniors, so the group will need new people to survive next fall.

"We want to be an official chapter before we plan events,"

See PRSSA, Page 13

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The Ruckus

a review that loves music almost as much as you do

Panda Bears love bamboo, ambient

By Jack Chandler
Winonan

Aside from its determination to cause blindness among fans, the leafy cover art to Animal Collective's "Merriweather Post Pavilion" is an accurate representation of the sounds found within.

Behind an ever-present wall of Roland SP synthesizer loops and hip-hop drums, stage personalities Panda Bear (Noah Lennox), Avey Tare (Dave Portner) and Geologist (Brian Weitz) craft ecologically hypnotic arrangements with help from churning water and cawing birds.

Like water, "Merriweather Post Pavilion" remains in continuous motion. Song closings seamlessly become preludes, as percolating loops carry the listener between phrases in this psych-rock suite.

While impression of continuity is nothing new ("Dark Side," anyone?), drawing inspiration from the organic life cycle and capturing it with instruments that couldn't be more artificial, is a damn novel concept.

The recipe is bold, and the record is all the better because of it.

The ethereal "In the Flowers" opens with dreamy narration and flexed drums, while "My Girls" gets busy on someone's hierarchy of needs, explaining, "I don't mean to seem like I care about material things.../I just want four walls and adobe slabs for my girls."

A mash-up of jungle beats and themes of family suggest folk-rock for hipsters.

Earworms don't hold



© Domino Records

alliances, so it works for me.

For a record this comfortable with noise experimentation, "Pavilion" gushes some incredible melodies.

"Bluish" is tender to the point of paralysis, melting in its own affection for special friendship. A pulsing low end and bright piano accents compliment the lyrically-angelic cut, which God himself must have on his Heaven's Gates playlist.

In an ode to Grandfather Psychadelia, "Daily Routine" takes its cues from The Doors and Pink Floyd, showcasing an affinity for Rhodes pianos and chiming clocks.

The pacing is reflective and hesitant, crawling along with more worries of providing and seeing through one's future. The importance of family can't be shaken in the album's 54 minutes, as the cycle of life

continues to inspire.

"Guys Eyes" provides world flair with stuffed drums and assorted roaring fauna. Panda Bear and Avey Tare are obsessed with the human role in the animal kingdom, as well as crafting the optimal soundtrack for procreation. The song plays out as one long mating call, complete with beastly roars and delicately humane come-ons.

Perhaps as a tribute to their Australia-based label Domino Records, Animal Collective attempt to capture the flavor of the Outback on "Lion In A Coma," which samples a didgeridoo in a cool rhythm arrangement.

The lyric "Sometimes I'm well-to-do but I don't know what to do/Sometimes I don't agree with my thoughts on being free" exposes the veiled conflict of nature vs. society.

The final track on "Pavilion" revels in an infectious island groove, as "Brother Sport" lays claim as the album's most accessible pop song.

The wave of ambient sound that makes up the middle passage pretty much sums up the record's arrangement: painstakingly detailed and perfectionist, as layers and flavors of sound are interwoven to create this unique variety of music.

The B-More musicians have their heads in experimental noise and their hearts in pop sensibilities. Sounds like a combination that should intrigue.

The oxymoronic label of noise-folk couldn't fit any better than it does on "Merriweather Post Pavilion."

The record's massive tower of sound is equally humbled under solemn words and inflated when the glass ceiling is within reach.

A desire for love and acceptance, the need for protection and security: humans being... human.

If there's ever been a record more set on capturing the essence of existence, I sure as hell haven't heard it.

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The Fire Five

1

"O... Saya"

AR Rahman and M.I.A.
Off the exceptional "Slumdog Millionaire" soundtrack, "Saya" mixes dancehall energy with Bollywood stylings.

2

"Get On Your Boots"

U2

Dublin's finest offer up this track from their upcoming studio album "No Line On the Horizon." The song succeeds for the simple fact that after listening to it you won't feel inclined to hate Bono even more.

3

"Prom Queen"

Lil Wayne

What a great idea! Let's put Weezy on more Autotune and throw some generic modern-rock arrangements under his vocals! Lil Wayne will follow up "Tha Carter III" with "Rebirth," a rock and rap record due sometime this April. It's really your call.

4

"In The Dark"

Gun Outfit

This lo-fi rocker takes crustiness to a whole new level. Rambling guitars and lyrical indifference is all that's necessary to hold this attention span.

5

"Call It A Ritual"

Wolf Parade

Spencer Krug must be a busy man. He plays in three bands (Sunset Rubdown, Wolf Parade and Swan Lake) and most likely does so for a reason. Here's hoping Sub Pop records benefits from another great indie release from Krug this calendar year.

Joe deems 'The Wrestler' best flick during break

Top 3 Films From Winter Break

1

"The Wrestler"

Genre: Action, Drama

Rating: R

2

"Revolutionary Road"

Genre: Drama, Romance

Rating: R

3

"Slumdog Millionaire"

Genre: Comedy, Drama, Romance

Rating: R

By Joe Underbakke
Winonan

Well, I guess first and foremost I'd like to say welcome back to my article.

For those of you reading for the first time, this is just a little place where I like to share my thoughts on the latest movie releases from Hollywood and beyond. It's going to be an exciting semester, so I hope I can keep you entertained.

I'm using this first issue of the "Winonan" to do a little bit of an Oscar's preview/winter break wrap-up.

Throughout the course of winter break I saw a lot of movies which was something bound to happen since I didn't work many hours. Some of the movies I saw are must-sees while others are... well, not much like that at all.

With the Oscars taking place in February, you've still got plenty to catch up on some of the nominees (and should-

have-been nominees).

To kick us off, I'll summarize the best movies I saw over break and will explain why I deemed them great.

Third place goes to a movie called "Slumdog Millionaire," and it's one of the best for many reasons. "Slumdog Millionaire" is a film that takes place in Mumbai and follows the story of a boy named Jamal Malik who's a contestant on the Indian version of "Who Wants to be a Millionaire."

The movie itself is a fast-paced ride, accompanied by a gripping emotional core. "Slumdog" excels in many respects, such as its amazing soundtrack, the brilliant directing by Danny Boyle ("28 Days Later") and a story that is heartfelt and moving.

My second favorite is "Revolutionary Road," though I like to call it by its real name: "Titanic 2." I'm obviously joking, since the only things "Titanic" and "Revolutionary



© Google

Mickey Rourke stars in Joe's favorite flick this winter: "The Wrestler." "Revolutionary Road" and "Slumdog Millionaire" were also among his top picks.

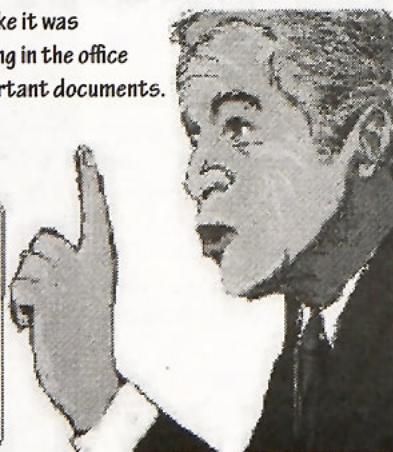
Road" have in common are their two stars, Kate Winslet and Leonardo DiCaprio (and Kathy Bates). "Revolutionary Road" is a drama set in the 1950s about

Lil' Miss Green

by Latrisha Denise

Laura, I remember it like it was yesterday. I was sitting in the office finishin' up some important documents.

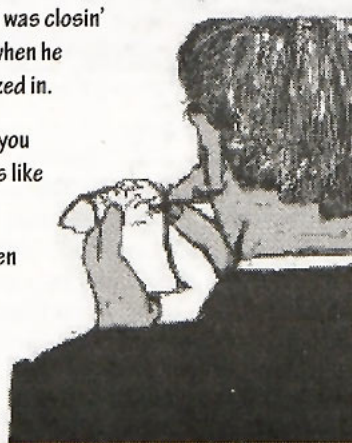
George, could you just pass the potatoes? And seriously, did you have to wear that suit to dinner? Again?



So there I was closin' up shop, when he just waltzed in.

I'm tellin' you Laura, he's like a ninja!

I don't even hear him comin'!



Ahem.



Oh, Haha. It's you. I was just finishing up some important documents. Be sure to take a peek tomorrow on your big first day!

Obama's First Day in Office



Dear Obama, Good luck, kid!



You're gonna need it!

P.S.

Oh! About disaster relief, Afghanistan, Iraq, WMD, Energy Independence, the Housing Market, Problems Balancing the Big Checkbooks Cheney, Global...

Environment, Weird Constitutional Shifts, Military Aid, America's Trust in the government...

...my bad!

Dubya

JOHNNY

Continued from page 10

In her e-mail, Killion wrote, "Johnny was a joy, always keeping things in perspective with his sense of humor and he so loved being around his friends."

Killion also created a memorial in Phelps Hall, to acknowledge Podominick's presence in the Mass Communications department. Friends of Podominick

signed the banner, which she and professor Tom Grier brought to his funeral.

Killion intends to pursue awarding him a posthumous degree at Commencement.

Contact Rebecca at RErdmann06@winona.edu

PRSSA

Continued from page 10

Townley said.

Being unofficial hasn't stopped the club from thinking about how to get more exposure on campus.

Within the next month, members will be tabling in the lower hyphen of Kryzsko Commons to explain what the club does and encourage people to join.

PRSSA has tentative plans to host a Valentine's Day-themed fundraiser, but nothing concrete has been decided.

Members of PRSSA will also visit several Mass Communications classes throughout the semester to promote the club.

They plan to speak to John Weis' 450 person Mass Media and Society class, a 100 level class open to all majors but required for Mass Communications students.

Weis is the advisor for the Winona chapter of PRSSA.

The core idea of PRSSA is to give students the opportunity to network and see how public relations professionals work.

With this in mind, Townley and the group's event planners hope to bring professionals from public relations firms or other companies to speak with students about networking, interviewing, cover letters and other tools of the trade.

The club plans to host panel discussions and shadow public relations professionals.

While starting a new club

at Winona State was fairly simple, Townley said meeting some of the requirements to be an official chapter of the Public Relations Student Society of America was more difficult.

Among other criteria, the club had to find "two public relations professionals who are members of the Public Relations Society of America, but aren't affiliated with the school in any way, who can be our professional advisors," Townley said.

Wineke would like to see club members gain practical experience and portfolio pieces through participation in the club.

"Something we would really like to do this semester is do PR work for other clubs on campus or local businesses," she said. "This would be a tremendous opportunity for people in our club because they would get real-life experience with clubs and companies."

Contact Rebecca at RErdmann06@winona.edu

Giving name brands a new home



Photo by Rory O'Driscoll/Winonan

Ryan Mingone, a freshman at Winona State University, shops for a T-shirt Friday at Peace Out Clothing Co. on Huff Street in Winona. Carolyn Wilson opened the store aimed at college students and business-orientated consumers after working for 15 years as a nurse. "I'll either make it or break it," Wilson Said.

The Winonan is Hiring

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Reporters

Apple today in the Winonan office located in the Lower Hyphen of Kryzsko Commons.

REVIEW

the struggles of a young married couple questioning the life they've built in a typical American suburb. The performances in this film are what made it for me, since beyond that, it feels relatively confined and is actually quite a downer.

Leonardo DiCaprio and Kate Winslet, though not nominated for Oscars, both did remarkable jobs portraying the antithesis of how families from the '50s are usually portrayed. The message also rang true to me as I'm sure it will to many people who believe they're exceptions

to societal norms.

The best movie I saw over break and perhaps of the year is Darren Aronofsky's "The Wrestler." When a film can step away from the \$100,000,000 budgets and special effects and instead concentrate on character and story, the final product will usually show it. Such is the case with "The Wrestler."

Randy "The Ram" Robinson is an aging wrestler who yearns for the days when he was on top of the wrestling world.

What I love most about "The Wrestler" is its honesty. Honesty in how Rourke

Continued from page 12

portrayed this sympathetic character in a performance that will probably re-launch his career. Honesty in the way it handles relationships and how the protagonists of stories don't always have to resolve their conflicts. Honesty in the fragility of life and everything that comes with it. See this movie.

Biggest letdown: "The Curious Case of Benjamin Button."

Contact Joe at JJUnderb9309@winona.edu

Frozen River Film Festival

By Kelly Miller
Winonan

The Frozen River Film Festival is a non-profit five-day festival put on by the Theatre du Mississippi at Winona State University that shows more than 40 different films meant to inspire and activate people within the community.

The Frozen River Film

Festival is a five-day event that shows over 40 different films.

Shannon Lippke, president of the Frozen River Film Festival club says that the Frozen River Film Festival club tries to bring "awareness and excitement" to the event.

The Frozen River Film Festival club not only excites students on campus but also people within the Winona

community.

For more information on the Frozen River Film festival visit frozenriver.org. For more information on the Frozen River Film Festival club visit studentclubs.winona.edu/frff/.

Contact Kelly at KBMiller4874@winona.edu



Photo by Rory O'Driscoll/Winonan

Diane Pedace, left, discusses methods for composting waste materials with Deborah Koons Garcia on Sunday during the Frozen River Film Festival in Somsen Auditorium. Garcia showed a film about the natural fertility of soil called "Soil In Good Heart."

Pop Bloggin'

Is the smoking ban smoked?

By Kham Moua
Winonan

It's been almost a month since the Winona State University smoking ban has taken effect.

What are the results so far? Well, I still see plenty of students smoking, so I'm going to go ahead and say that it's an epic failure.

My reason: it's student-enforced. From what I've heard, this means that the Winona State administration cannot tell smokers to put out their lights.

The only people enforcing this ban are security guards who are hardly around and local students who feel the need to impede on the joy of others.

I mean, sure, the goal of the smoking ban is noble enough.

You take the 25-foot rule from before and instead of making it 30 or 40 feet, completely eliminate that rule and ban smoking altogether. This should result in a cleaner environment for all Winona State students and faculty.

So the majority of us gain from this... right?

The reality of the situation is that smokers still smoke on campus and now smoke closer to the buildings.

The consequences are the same regardless of where they smoke, so why smoke 25 feet away from the doors when you can smoke right at the entrance? This is especially true if there are little to no consequences for smoking because this ban is student-enforced.

So, what is the answer to this smoking ban? What middle ground can be achieved that will allow smoking without having to compromise the health of the general student population?

An answer would be designated smoking areas. Of course, this is similar to the 25-foot rule that was recently

thrown out, but it merely echoes the fact that that rule was better than the existing stance on smoking.

The only way to actually enforce a smoking ban is to have security guards who will take action against all culprits.

However, with the small amount of subpar guards available to the student body, action isn't a viable option.

How can enforcement of the smoking ban through security guards be a realistic possibility?

We have to hire more security guards. Of course, I don't have to tell you what that'll do to your and my tuition, do I?

I can't be the only one with an opinion on this.

Smoker or non-smoker, I think we can all say that the ban itself isn't successful.

It's almost that time of year again, though; the time of year that very few of Winona State students know of — election time for the student body government.

If you don't like the smoking ban and you've got some ideas on how to change it, go out and vote. It doesn't take too much effort on your part.

Contact Kham at KMoua06@winona.edu

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For more information or to register please contact Dr. Tamara Berg at TBerg@winona.edu

WSU men's basketball takes two huge wins

**By Adam Stanek
Winonan**

In a year where the Northern Sun Intercollegiate Conference men's basketball championship is up for grabs, Winona State took a step in the right direction last weekend.

The Warriors grabbed two huge victories, a win against Minnesota State-Moorhead Friday night and a victory against Minnesota-Crookston on Saturday night.

It was a weekend where the past met the future in McCown Gymnasium.

Former Winona State standouts John Smith, Quincy Henderson and Joe Ingvalson were in attendance for the games.

Winona State (15-5 overall, 8-3 NSIC) slew the Dragons from MSU-Moorhead (5-10 overall, 2-8 NSIC) by a score of 83-62 last Friday.

The Warriors took control of the game right from the get-go as they took a 43-25 lead going into halftime.

Winona State was able to take that large lead in at halftime due to some lights-out shooting.

The Warriors shot 53 percent in the first half and shot a blazing 50 percent from the three-point arc.

Even though the Warriors were hot in the first half, the stats only got better in the second half.

Winona State continued to dominate in the second half as they shot an unbelievable 16-of-24 from the field, a 67 percent average.

However, the Dragons were able to keep pace with the Warriors in the second half, as they improved their shooting to 52 percent in the second half.

However, the Dragons just couldn't dig into the Warriors' lead as Winona State went on to win 83-62.

In this game, Moorhead just had no answer for David Johnson, who arguably played his best game of the season thus far.

Johnson scored 27 points on 9-of-15 shooting, 6-for-9 on three-point field goals while ripping down nine rebounds, dishing out six assists, gathering four steals, and the 6-foot 2-inch guard even tallied two blocks in the contest.

Freshman forward Joel Armstrong also had a big night for the Warriors as he scored 13 points on 6-of-7 shooting and senior forward Josh Korth added 11 points and blocked three shots.

Winona State's floor game was impressive as well, as they had 22 assists to only 10 turnovers.

The Warriors' defense kept Moorhead in check all night, as the only double-figure scorers for the Dragons were Justyn Burgess with 10 points and four assists, as well as Jerome Nelson who also added 10 points.

Winona State's team performance the following night was nothing short of phenomenal when they hosted the Crookston Golden Eagles on Saturday night.

The Warriors (16-5 overall, 9-3 NSIC) picked up an 80-53 win over the bottom-feeding Crookston (3-15 overall, 1-10 NSIC).

Much like the Moorhead game, the Warriors hit the ground running in the first half and went into halftime with a 43-23 lead.

It was a combination of terrific offense and shutdown defense in the first half for the Warriors.

Winona State shot 56 percent in the first half while holding the Golden Eagles to only 35-percent shooting.

The Warriors cooled down in the second half but the defense

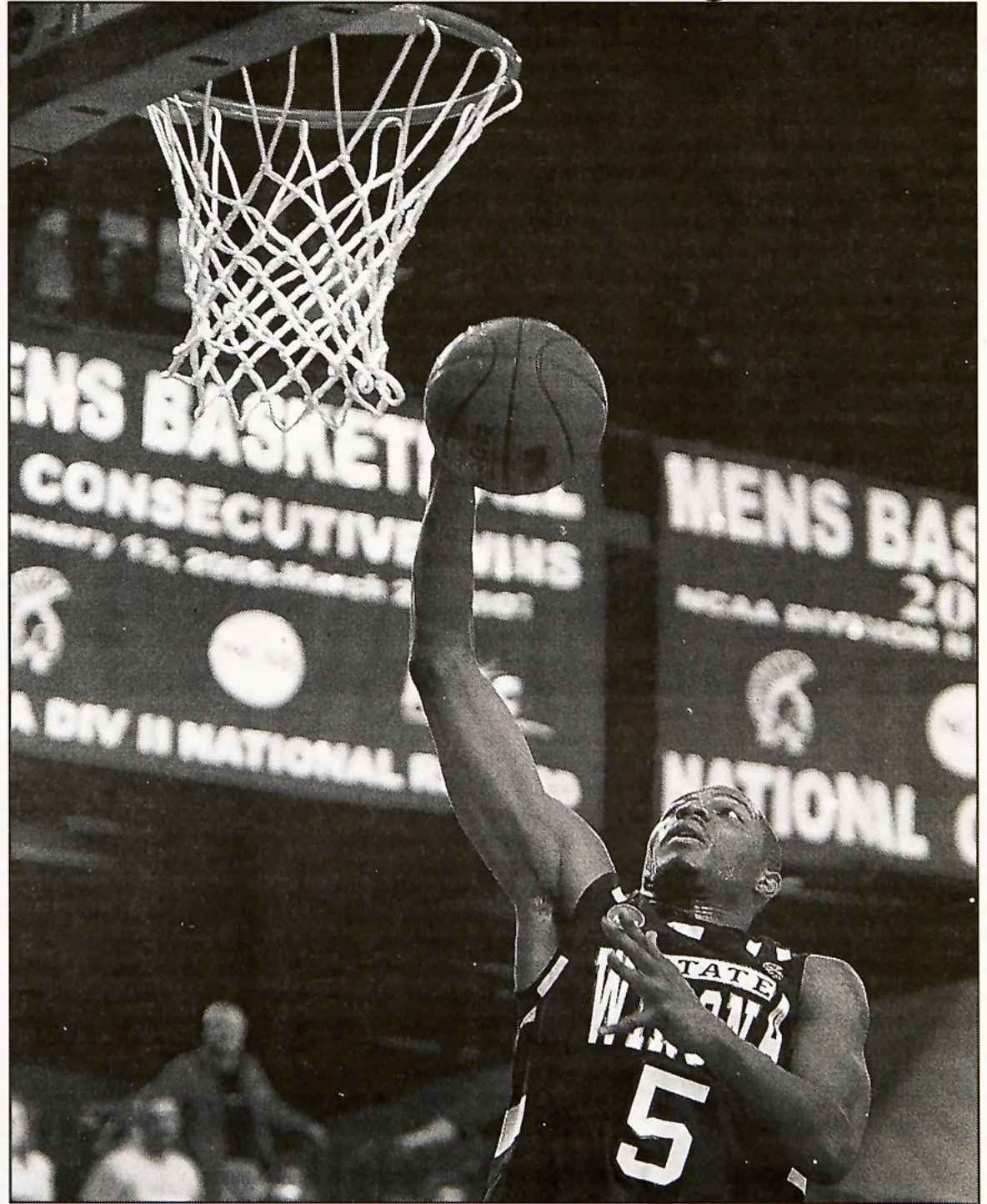


Photo by Rory O'Driscoll/Winonan

Winona State University's Curtrel Robinson attempts a shot during Saturday's game against Minnesota-Crookston at McCown Gymnasium in Winona. The Warriors beat the Golden Eagles 80 - 53.

kept the pressure up as they held Crookston to only 26 percent shooting in the second half.

With Smith, Henderson and Ingvalson in the crowd for Saturday night's game, it gave

those past players a chance to see just how good the future players will be.

Winona State's four freshman scored 42 of the team's 80 points, with three of the four being the team's leading

scorers.

Freshman forward Jon Walburg led all scorers with 14 points on 6-of-9 shooting and gathered three steals.

SEE BBALL, page 19

Warriors' gymnastics team suffers first loss of the season

By Chelsea Petron
Winonan

The Winona State Gymnasts lost to UW-Whitewater 182.300-179.525 in the Wisconsin Intercollegiate Athletic Conference competition Saturday.

Although it was the first loss of the season for the Warriors, senior Alexandra Nugent had personal best scores in all four individual events and also had a season high in the all-around with a 37.450, which ended up earning her second place.

"I think the whole team was a little disappointed by the loss, but it only makes us more motivated to practice hard and continue improving," said Nugent.

Nugent ended up winning the vaulting competition with a 9.460 and came in second place with a 9.500 on the floor exercise and 9.150 on the uneven parallel bars.

"I felt glad that I was able to put forth my best performance thus far at a time when my team needed it most," said Nugent.

Sophomore Katie Goldman placed third on the vault with a score of 9.150.

"To get 3rd on vault, going against a strong team, is a very big accomplishment," said Goldman.

The Warriors went on to win against UW-Stout on Monday (177.150-174.625).

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Stier leads Warriors' track and field team

By Chelsea Petron
Winonan

On Saturday, Rebecca Stier lead the Warrior track and field team at the UW-Stout Open.

Stier, a Winona State sophomore, came up with a first and second place.

Stier won the 20-pound weight throw with a hurl of 53-5 and was second in the shot put at a distance of 44 3/4 inches.

"I couldn't be any happier with how this season has started out and the direction it's going," said Stier.

Adding to the first place finishes for the Warriors was freshman Caitlin Dhein, who ran past her competitors in the 55-meter hurdles (:07.29).

The Warriors placed twice in the 5,000 meter run.

Junior Steph Smith ran with a time of 18:57.42, placing her in second.

Junior Jenna Southworth ran with a time of 18:50.52, putting her in first place for the footrace.

Second-place finishes for the Warriors also helped rank the team at the open.

Nicole Drangstveit placed second in the 200-meter (:27.11).

Junior Chelsey Brown also placed second in the weight throw, throwing 50-2.

The next meet for the team will be at MSU-Mankato on Saturday.

"We now have three meets under our belt, provisional qualifying marks, new Top Ten marks, lifetime bests," Stier said. "And we are just starting the season."

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Photo by Nick Furlong/Winonan
Winona State University's Afton Glander attempts a shot despite a Minnesota State University-Moorhead defender during Friday's game at McCown Gymnasium.

WSU women's basketball dominates weekend games

By Adam Stanek
Winonan

She's been clutch all season long for the Lady Warriors.

Friday night was no different as the Winona State women's basketball team upset nationally-ranked No. 18 Minnesota State-Moorhead 61-60 in Northern Sun Intercollegiate Conference play.

Ana Wurtz hit the game-winning 15-foot fade-away jumper with 2.5 seconds left to put Winona State up 61-60 for the victory.

"I was just determined that we were going to win that game and I was prepared to do whatever it took to come out with a victory," said Wurtz.

Wurtz's performance in the last six minutes was nothing short of spectacular as she

scored 12 of her game-high 21 points in that span and scored 12 of WSU's last 16 points as a team.

The first half was completely dominated by Winona State (13-5 overall, 6-5 NSIC) as they led by as much as 18 points and walked into halftime with a 37-22 lead.

The Warriors defense completely locked down the
SEE WBBALL, page 18



Photo by Nick Furlong/Winonan

Winona State University's Natalie Gigler evades the opponent during Friday's game against Minnesota State University-Moorhead at McCown Gymnasium.

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Dragons as Moorhead (13-4 overall, 6-4 NSIC) was only able to shoot 26 percent in the first half and only 20 percent from the three-point arc.

"We were just very aggressive and we got a lot of stops defensively and rebounded extremely well," said Winona State head coach Scott Ballard. "We did a good job doubling down on their posts and making them kick it out to their guards."

Winona State, on the other hand, was able to shoot 48 percent in the first half and 50 percent from the three-point arc.

However, the roles would be reversed in the second half as Moorhead made a dramatic comeback and was able to quickly close the gap on the Warriors.

In the ten minutes of the first

half, the Dragons were able to close the gap and even take a lead.

In that span, Moorhead outscored Winona State 24-8 as they took a 46-45 lead.

The Dragons expanded their lead to as much as five, taking that 54-49 lead with 4:48 to go in the game.

From then on out, Wurtz carried her team.

A three-pointer by Wurtz and a midrange jumper by Kelsey Homewood tied the game up at 54-54 with 3:16 remaining.

It would be a back and forth struggle from then on out.

Winona State was able to take a 59-55 lead with 1:02 to go on a Wurtz three-point jumper.

"It would have been very easy to play scared or play with lack of confidence playing a team like that after giving up a big lead," said Ballard. "It was a dramatic turn of events in the

last 39 seconds."

Due to some missed free throws and some missed shots by the Warriors, the Dragons managed to sink 5-of-6 free throw attempts to take a 60-59 lead with 14 seconds to go.

Wurtz, after a series of timeouts, took the inbound pass with eight seconds left and managed to create a tiny crease of space on a dribble drive and tossed a fade-away jumper to hit the game-winner with 2.5 seconds left.

"We had a few timeouts to discuss the final play and basically I just pictured myself making the shot," said Wurtz. "I had imagined that I would have driven into the lane more than I ended up doing, but for some reason, I stepped back and took the shot. The play ended up with a score, so I would say it went according to the plan."

The Dragons still had a chance as Meghan Rettke managed to gather the cross court pass and heaved a three-point shot at the buzzer but the shot missed wide left and the Warriors snuck out the victory.

"We dodged a bullet," said Ballard. "I felt like we were good and we were lucky. Opportunities were running out and it was a high stakes game. It was a crucial win for us."

Wurtz led all scorers in the game as she tallied 21 points on 8-of-14 shooting and 3-of-4 on three-point shooting as well as gathering seven rebounds.

Jenny Steffen also contributed to double figures for the Warriors off the bench by adding 12 points on 5-of-9 shooting and shot 2-of-4 from three-point range.

Moorhead placed three players in double figures as Allison Nash-Gerlach added 11 points and eight rebounds, Katie Walden added 11 points and Rettke added 10 points and six rebounds.

Warrior star Natalie Gigler had a tough night as she only scored two points on 0-of-7 shooting. Those two points were from the free throw stripe.

However, her cold performance against the Dragons would not keep her down for the Warriors' next game against Minnesota-Crookston.

On Saturday night, Winona State hosted the Golden Eagles from Crookston, but this time, it would not be much of a battle.

Winona State (14-5 overall, 7-5 NSIC) dispatched Crookston (8-10 overall, 4-7 NSIC) by a score of 84-59.

The Warriors got hot right out of the gate and never looked back as they handled the Golden Eagles right from the tip.

Winona State led at halftime 53-24 and even went into the locker room on a high note as Warrior forward Jamie Majerowicz knocked down a buzzer-beating three-point shot.

The Warriors controlled the rest of the game, leading by as much as 37 in the second half.

It was a game in which the

Warriors were able to stretch their bench as 13 players saw action in Saturday night's game.

Winona State did get outscored 35-31 in the second half, but they went on to win smoothly with a 25 point victory.

It was a career night for Gigler.

After coming off her worst performance of the season the night before, she couldn't be stopped by the Golden Eagles as she scored 28 points 12-of-18 shooting in only 21 minutes played.

Steffen also contributed to the action for the Warriors as she added 14 points, five rebounds, four assists and two steals.

Wurtz cooled off in this game but who still broke double-figures with 10 points on 3-of-10 shooting and added four assists.

A Warrior with a quiet game but still stuffed the stats was Molly Anderson, as she only scored four points but added seven rebounds and nine assists to her stat column.

Jamie Zelinski led Crookston in scoring 15 points and Bri Zabel added 10 points.

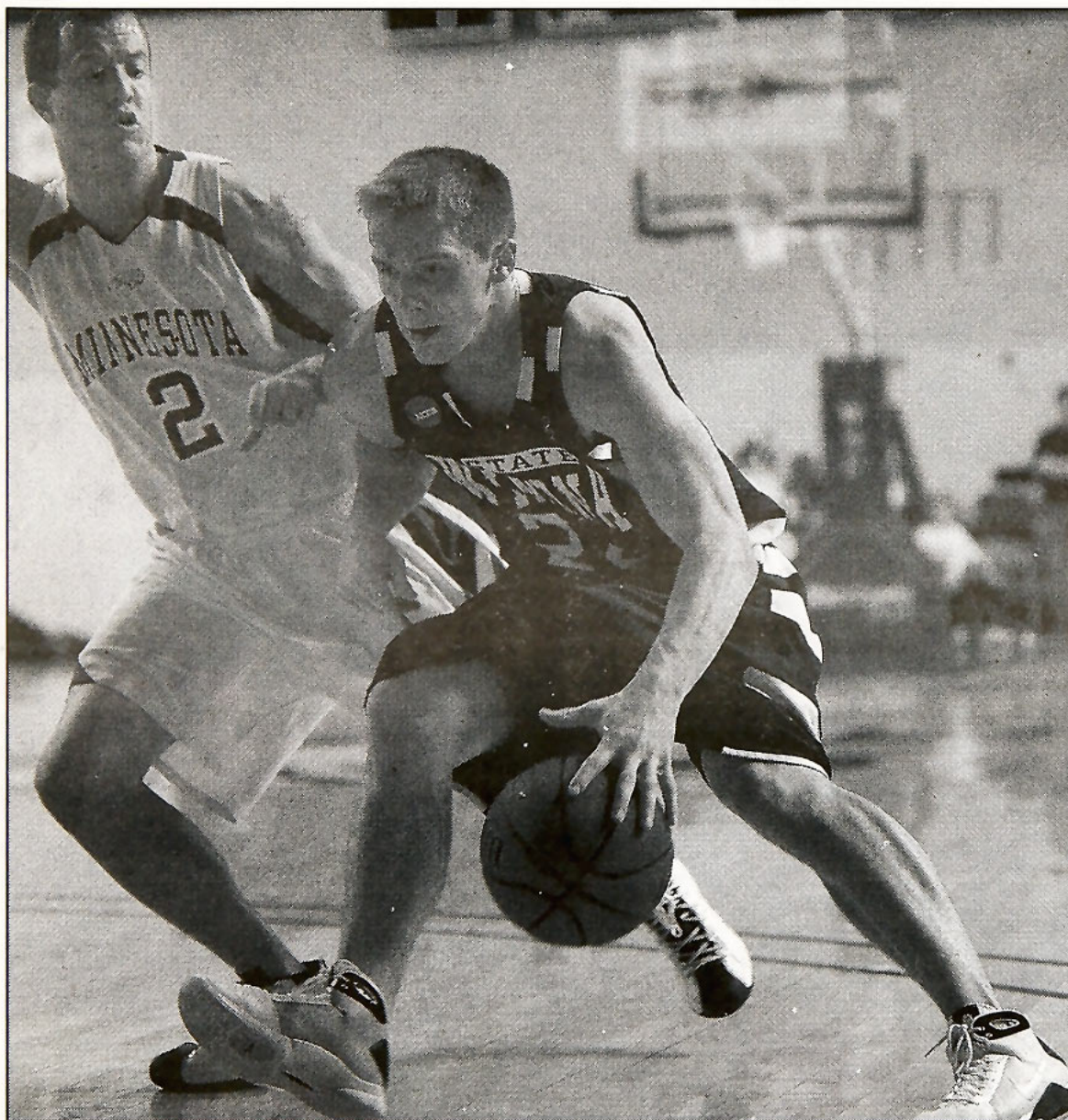
With the Warriors improving to 7-5 in conference play, they climbed up to seventh in the NSIC standings, but only one-half game back of three teams tied for fourth place.

"Our success this weekend was very important for the rest of the season," said Wurtz. "With these wins, we have put ourselves in a better position to make the regional tournament. We have proven that we are capable of beating well-respected teams."

Winona State's next match will come this Saturday night at McCown Gymnasium, as the Warriors will host the Upper Iowa Peacocks at 6 p.m.

"It's an important game and we feel good about the way we are playing right now. We need to keep playing well and take care of business."

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Winona State University's David Johnson tries to get passed a Minnesota-Crookston defender during Saturday's game at McCown Gymnasium.

Photo by Rory O'Driscoll/Winonan

BBALL Cont. from 16

Walburg showed that he could excite the crowd as he had two fast-break dunks, and in one sequence got two steals for four easy points in back-to-back possessions.

Freshman guard Luke Doedens also showed signs of brilliance, not only scoring but also handling the point guard position.

Doedens scored 13 points on 4-of-5 shooting and also dished out four assists.

Starting freshman center Joel Armstrong was the other big scorer for the Warriors as he tallied 10 points in only 15

minutes played.

Sophomore point guard Ben Fischer led the team in rebounds with 10 but did little on the offensive end as he only scored five points and dished out three assists, both numbers well below his season average.

Nevertheless, the Warriors didn't need Fischer and Johnson to be big Saturday night, as they got an all-round balanced effort as 11 players scored for the Warriors.

It was an all-round great weekend for Winona State as they reclaimed first place in the NSIC with their 9-3 record and got some help as the former first place Augustana Vikings, who defeated Winona State the

week before, lost back-to-back games.

In a year when the NSIC is up for grabs, the Warriors find themselves in a good position, as they have the easiest remaining schedule of all NSIC teams down the stretch.

Winona State will get a bit of a breather next weekend. They will only play one game on Saturday night against Upper Iowa, who is right now sitting in the 12 spot in the NSIC with a 3-9 record.

The Warriors will host the Peacocks on Saturday night in McCown Gymnasium at 8:00 p.m.

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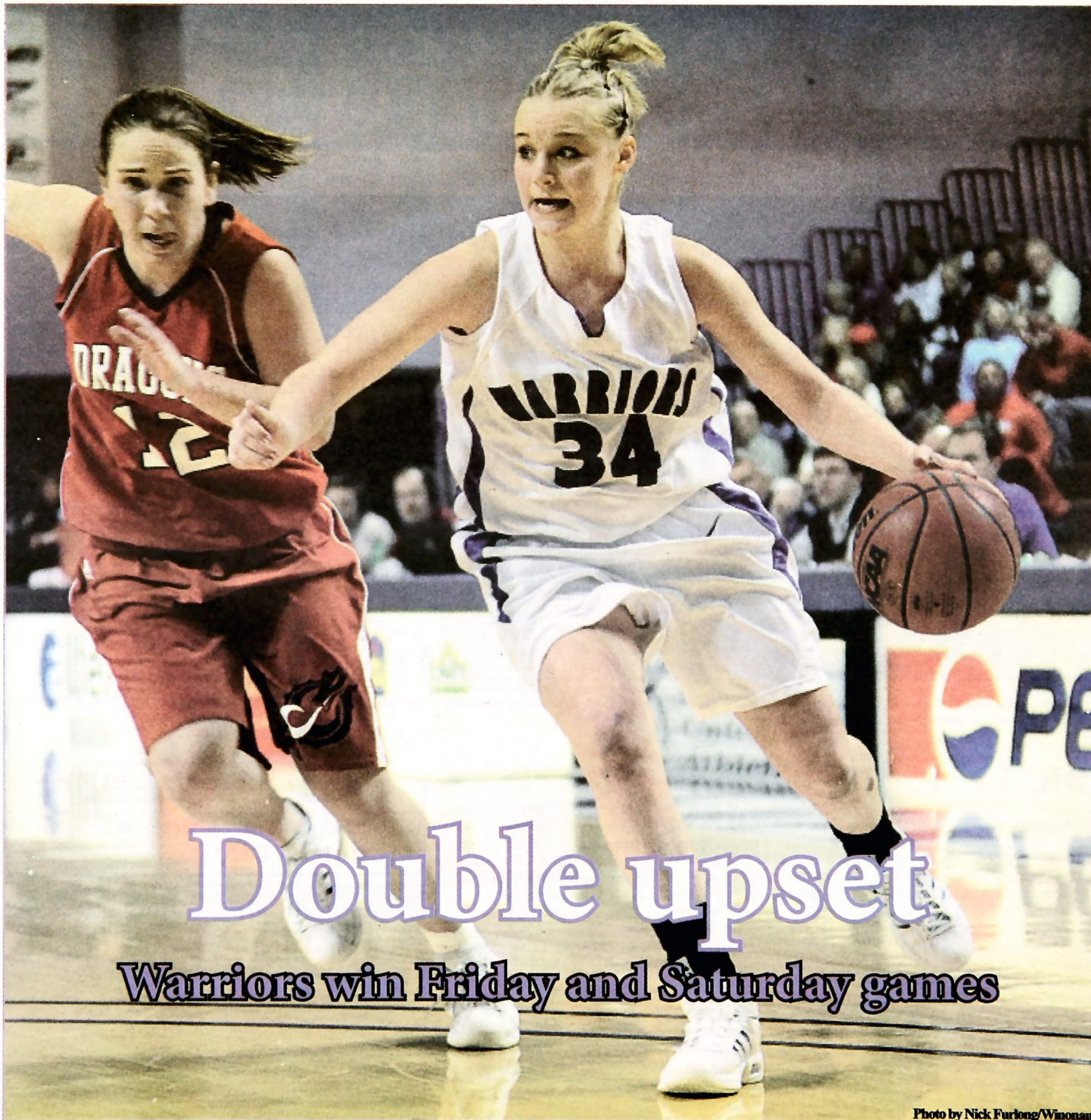
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Double upset

Warriors win Friday and Saturday games

Photo by Nick Furlong/Winnipeg