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Exchange Growing

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Two Summer Meetings, cont'd

on economics and government is vague—we may plan panels for enlightenment at future meetings."

Los Angeles Group

Martha Bale (Phoenix, Ariz.) reported for the Los Angeles group: Dr. Lowell Coate (San Diego), editor of *Life Science*, outlined a proposed Health and Survival Community in Guatemala, which raised discussion on the merits of migrating or "staying home and solving problems here." Purcell Weaver (Santa Barbara) talked on "Looking Landward for Better Living." An anti-naturalist newcomer offered considerable negative comment. Selma von Haden, practicing homesteader for 20 years at Vista, presented the values and results of their life on the land: source of quality food, safe and comfortable shelter, emotional satisfaction and stability, and more secure financial status.

Morgan Harris (Culver City) reviewed *Go Ahead and Live!* and urged the spreading of School of Living ideas, and asked How can we circulate more copies of *Go Ahead and Live!* They decided on a Western Headquarters for School of Living—a center for correspondence, book sale, and place for future meetings. Thurman Frick (9446 S. Hillhaven Ave., Tujunga) offered his place and his services in handling School of Living books and literature.

In the afternoon, Dr. Coate, in the absence of Dr. Leo Koch, successfully chaired discussion in which many ideas were presented: possible incineration of city people in bombings; democratic functioning of government; are human wants infinite? and how does one learn to think?—read *The Machine Stops*, E. M. Forster.

Later Sessions

Saturday evening fifty people gathered to hear a panel on "Techniques and Philosophy to Enable Individuals to Become Superior to Instead of Victims of Their Environment." Of the three panel members, one did not arrive and two sent substitutes, and the evening was given to the one substitute, Bill Manning (New Braunfels, Tex.). Mr. Manning showed a film and outlined his enterprise, Mapka, in San Blas, Panama, to stabilize and improve the economics and culture of the Kuna Indians along ethical and human lines.

On Sunday, Robert Borsodi, grandson of Ralph Borsodi,

joined the group, advocated a possession-free family, living and working here and there, earning money to buy food from a supermarket and renting a quiet-practice room for music.

Purcell Weaver summarized the sessions showing how the various topics were part of School of Living concerns, after which personal exchanges and conversations were enjoyed. Attendees look forward to further meetings in a more rural setting.

The planning, execution and follow-up of the California meetings deserve special commendation. Here was notable local planning and responsibility—a definite sense of "working at it" by those who attended. This type of direct action in terms of one's own needs, with minimum dependence upon "stated leaders" is the direction we want to encourage.—M. J. Loomis

A New Declaration Of Independence

Manifestos are popular.

Approving comments are coming in on Hal Porter's version of a Green Revolution Manifesto in the August *Green Revolution*. Also on Bud Plumb's Decentralist's Declaration in May-June *A Way Out*. Miles Roberts is circulating his own version.

Milton Mayer has written a new Declaration of Independence, published in a 4-page printed form by the War Resisters League (5 Beekman St., Room 1025, New York City 10038). Sponsored by six other organizations, it was read at a demonstration at Independence Hall in Philadelphia, on July 4.

It begins: "When it becomes necessary for a citizen to dissociate himself from the acts of his Government, and to assume among his countrymen the sovereign station to which the laws of nature and of nature's God entitle him, a decent respect to the opinions of his fellow-citizens requires that he should declare the causes which impel him to the dissociation." Then follows six paragraphs of "self-evident truths," and ten blunt and clear paragraphs listing the misdemeanors and malfeasance of the U. S. Government.

It concludes, "By all these un-American activities, it (our government) has forfeited the admiration, friendship and trust of not only the world's oppressed peoples, but of the world's stable democracies." It summarizes all the ways dissenters have petitioned for redress, and tried to assist and change trends. It reaffirms a wish to "serve our country" in nonviolent ways, and then announces "we will not pay taxes for war;" that "we are free and independent men" and "have full power to make peace, conclude alliances, establish commerce, and all other acts which free and independent men may of right do."

Put Tyranny on Skids With New Practices

From Wendal Bull (writer of "Equalizing Opportunities, Next Step for Mankind," in the July-August 1961 *Balanced Living*) comes these comments:

"It seems to me that this Declaration calls for the signature of forward-looking Americans who are still loyal to the humanitarian principles which guided the founding fathers of our nation.

"Then, this Declaration, signed by thousands, needs to be followed by a statement of proposed correctives for the evils we as a people suffer. This should not take the form or purpose of a political platform. Instead it should be in the nature of a curriculum outline for the guidance of an adult education movement designed to extend the understanding and application of equal rights and responsibilities to the economic roots of our daily lives.

"A people can be independent of the abuses of tyrannies only after they have learned how to



THESE SCENES were snapped at Sycamore Hollow Homestead (Ralph Smart family), West Alexandria, Ohio, where some 135 adults, many children, gathered for the Ohio Homestead Festival, held July 4 weekend. Being demonstrated here are: (top left) Soap Making, by Mrs. Gertrude Bockholt; (lower left) Candle Dipping, by Mildred Loomis; Ceramic and Pottery Work, by Pierce Scranton, 4121 Merryfield, Cincinnati, O.



Craft Skills Shown

As these three pictures indicate, there was great interest in demonstrations of old time skills, still valid for the modern homesteader, at the Ohio Homestead Festival last month. Presented here are soap making, candle dipping and ceramic work.

Homemade Soap

4 c. cold water
1 can Red Seal lye
3/4 c. borax
3/4 c. ammonia
1 c. water
1 1/2 c. sugar
5 1/2 lbs. grease

Slowly add lye to water. When dissolved add borax and ammonia, stirring until dissolved. Meanwhile be melting the grease just until it becomes liquid; also dissolve sugar in the 1 c. water. Add sugar solution to the lye solution, then the grease, stirring until it becomes thick as cream.

Pour into containers or allow to remain in the mixing container. Let it set about 36 hours. Remove and cut into desired pieces.—Mrs. G. Bockholt, 1151 Neeb Rd., Cincinnati, O.

Candle Dipping

Melt 3 parts paraffin and 1 part beeswax (provides firmness and prevents too rapid melting) and pour into tall can. Dip thick cord string into melted wax and withdraw quickly. Hold until it hardens, and re-dip quickly. Repeat until desired thickness of candle is obtained. Unless the growing candle is allowed to cool between dips, it will slip from the string. Best done in cool weather. Oil colors may be stirred into melted wax. Seeds or tiny leafbuds may be attached to soft candles, redipped, for ornamentation.—M. J. Loomis.

withhold their substance from the support of tyrannies — only when the substance shall be conserved in the support of equal opportunities for all and equal limitations for all.

"Until the forces of tyranny are rejected in our hearts and starved in our economic practices we shall continue to live on the brink of nuclear war. Learning to put tyranny on the skids should be the first concern of Schools of Living as long as schools of Death are in the saddle."—Wendal Bull, Burnsville, N. C.



Building Fund

Encouraging response has come to the Building Fund for the purchase of 44 acres and five buildings, including the big old stone mill, near Freeland, Md. All members appreciate the participation of the following persons (all gifts are tax deductible):

Building Fund Gifts—in July—Bruce Barrett \$25; Harry Kaplan \$15; D. H. Cole \$2; Howard Morris \$35; Mildred Binton \$5; Mariou Wilhelm \$30; Vernon Hone \$25; J. DeZwarte \$3; Barney McCaffrey \$5; W. L. Small \$10; Sam Norris \$6; Lois Tillotson \$5; Chet Dawson \$5; L. Labadie \$10; Paul Jackson \$10; Pauline Marstrell \$10; James Iden Smith \$250; Marie Anderson \$100; Dr. Wilson Young \$25; R. L. Boardman \$3; Martha Bale \$14; Kay Liverman \$5; Bill & Nell Loneray \$5; Matthew Davis \$10; John Holovacz \$1; Dr. N. S. Hanoka \$1; Benj. Russell \$1; Geo. Moriarty \$1; Gus Goltz \$2; George Rigby \$5; Earle McGue \$10; David Futterman \$10; John Allen Adams \$5; Thomas Skinner \$10; Ephraim Hubert \$20; Edgar L. Davis \$10; Wilma vanDusseldorp \$5; Leo Kunick \$3; Franklin Hoff \$5.

Franklin Hoff \$5; Leo Kunick \$3; C. L. Rishel \$1; Leo Rainer \$25; Elizabeth Haswell \$5; Everett E. Gendler \$72; Purcell Weaver \$10; Ivan Innerst \$5; C. F. Eicher \$100; Dr. Chas. Raebeck \$25; Mary Ellen Redfield \$5; Dora Steigman \$5; H. F. Russel \$1; Dwight Geary \$10; Emil Ray \$2; Harry Peters \$5; Joy & Ernest Martin \$20; E. Obidinski \$2; Henry Peterson \$5; Robt. Muller \$20.

Total as of Aug: 20: \$1028.

Pledged: Feris Lucas \$20; Bob Lewis \$90; at April Board Meeting \$400; at Lane's End on July 3 \$250.

Exchange Growing

By Grace G. Hazelrigg
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In Monterey, Santa Cruz and San Luis Obispo counties, California, a group of young Democrats are pushing a PEACE CANDIDATE. There were other Democrats helping in the venture, that is where I am involved! We did precinct work and got 49% of the vote.

I sent the *National Guardian* to several of the young people and enclosed some copies of *The Green Revolution*. Without any fanfare or much preparation, one Saturday afternoon a big piece of paper was tacked on the wall. It asked people to sign name, address, phone, needs, and assets. The lettering on top spelled out INTERCHANGE. We meet every Saturday afternoon, and enjoy food, homemade bread, produce and work. Participants are young people from Salinas, and young people in Carmel Valley who bring produce.

Art work is offered by struggling members of the art colony. An author, Jim Opey, who plays the guitar and sings is another of the contributors. One of my Negro friends, Mattie Blaney, claims she has 140 lbs. of black flesh to offer! Walter Strauss, Jr., who prints the *Interchange Newsletter* and helps all around, has printed cards for me to use in the Cannery Humanist Chapter. Many more people have found a most joyous, harmonious way of life. We look forward to each Saturday.

On July 4, Interchange members, some from as far away as Santa Cruz, went to Carmel Valley and picked 20 crates of apricots. The Japanese young women brought fried chicken which was very tasty. We feasted and picked fruit, then had a nice relaxing time under the shade of the trees.

Two people in Carmel Valley, who own land, have loaned two separate parcels of land to Interchange to clear, work, plant and tend. Work crews of members have cleared the land and soy beans have been planted.

We are planning on a three-day festival in the fall, in Carmel Valley. Invitations are going to be sent far and wide. Before I could realize it all, Interchange is here. It works.

Publications For The Homesteader

Let's Live, \$4 a year, 6015 Santa Monica Blvd., Los Angeles, Calif. 90038.

National Health Federation Bulletin, \$3 a year, 211 W. Colorado, Monrovia, Calif. 91016

Go Ahead and Live!, M. J. Loomis and others, \$4. School of Living, Brookville, Ohio 45309.

Herald of Health, Lamoni, Iowa.

Organic Gardening, \$5 a year. Emmaus, Penna.

Eat, Drink and Be Healthy, 2,000 nutritious recipes by Agnes Toms, 137 N. Canyon Blvd., Monrovia, Calif. 91016. Autographed. \$5.20.

Peace of Mind Thru Nature, \$1. *Backwoods Journal*, Paradox 5, N. Y. \$2 a year, sample 35c.

Hygienic Review, \$4 a year. Herbert Shelton, Editor. Box 1277, San Antonio, Texas.

California Homeowner, quarterly, \$2 a year. 1561 N. Gower, Los Angeles 90028

Dairy Goat Journal, monthly, \$2 a year. Box 836, Columbia 35, Mo.

American Rationalist, \$4:50 a year, liberal religious viewpoint. Box 1762, St. Louis, Mo.

CORRECTION

For Gina Larson's "Menus for Lunches," send 50c to her at Box 686, Lakeside, Calif. (10 or more, 35c each).