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## Oocyte morphology and estrogen concentrations following a reduction in progesterone in beef cattle

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**OOCYTE MORPHOLOGY AND ESTROGEN CONCENTRATIONS  
FOLLOWING A REDUCTION IN PROGESTERONE IN BEEF CATTLE**

**Robert A. Taft Jr.**

**Dissertation**

**Submitted to the Graduate Faculty**

**of the College of Agriculture and Forestry at West Virginia University**

**in partial fulfillment of the requirements for the Degree of**

**Doctor of Philosophy**

**in Reproductive Physiology**

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## ABSTRACT

### Oocyte Morphology and Estrogen Concentrations Following a Reduction in Progesterone in Beef Cattle

Robert A. Taft Jr.

Low dosages of progestogens promote persistent follicles, high systemic estrogen and low fertility. The objectives of this study were to determine effects of a reduction in progesterone on (1) morphology of oocytes and intrafollicular concentrations of estradiol. Cows on low progesterone (n=12) received used intravaginal progesterone inserts on d 4 after estrus and prostaglandin (PG) F<sub>2α</sub> (25 mg, i.m.) on d 6. Control animals (n=12) received saline on d6. The oocyte and follicular fluid were recovered from the largest follicle on d 8 or d 10.

Serum estradiol was lower during d 4-6 but greater ( $P < .01$ ) during d 7-10 in cows treated with progesterone inserts and PGF<sub>2α</sub> while the largest follicle was larger in treated cows on day 10 only (14 vs. 12 mm;  $P < .05$ ). Intrafollicular concentrations of estrogen were greater in treated than in control cows ( $990 \pm 87$  vs  $191 \pm 106$ ;  $P < .01$ ). Progesterone in follicular fluid (mean = 42 ng/ml) did not differ. Oocytes were observed in oocyte nuclear stage I in the control group on d 8. All other oocytes were in nuclear stage II. In addition, the degree of clumping of mitochondria, the percentage of intact cumulus cell processes and percentage of normally shaped mitochondria was greater in oocytes from d 8 control cows than in all other groups.

Changes in concentrations of estradiol and oocyte morphology typically associated with the preovulatory period had occurred within 2 d after a reduction in progesterone, even when low peripheral concentrations of progesterone were maintained. These earliest stages of oocyte maturation occurred in response to a reduction in progesterone. Similar changes in oocyte morphology were observed in control animals by d 10 of the estrous cycle, probably representing the onset of atresia.

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## INTRODUCTION

This review will focus on ways in which the endocrine environment may affect follicular function and oocyte maturation in the cow. Excellent reviews of follicular development in cattle (Fortune, 1994; Campbell et al., 1995; Bevers et al., 1996; Ginther et al., 1996) and of oocyte maturation in mammals (Wickramasinghe and Albertini, 1993; Eppig, 1996; Taieb et al., 1997) have been published in the last five years. Those reviews give a broader treatment of these topics than will be presented here.

Two to three periods of follicular development are observed during the estrous cycle of cows of *Bos Taurus* breeding. In each period, the number of cells increases in a cohort of follicles, in response to an increase in follicle stimulating hormone (FSH). Increasing amounts of inhibin and estrogen are produced as follicles grow and these inhibit the secretion of FSH from the anterior pituitary.

Follicular granulosa cells acquire luteinizing hormone (LH) receptors in response to FSH. Having receptors for LH purportedly allows granulosa cells to survive when FSH declines by shifting their dependence upon gonadotrophic support from FSH to LH (reviewed by Campbell et al., 1995). While granulosa cells of all follicles could acquire LH receptors, they do not develop in all follicles at the same time. Follicles that lack sufficient LH receptors become atretic as concentrations of FSH decline. Selection is the term that denotes the process whereby follicles that acquire LH receptors continue growth and those that do not acquire LH receptors undergo atresia. In cattle, only one follicle from each period of growth normally remains after this selection process. During the luteal phase, this follicle persists for a few days. Because recruitment and growth of other follicles are suppressed during that period, the single large follicle has been described as “dominant” before it undergoes atresia. Demise of the dominant follicle reduces negative

feedback from estradiol and inhibin and allows secretion of FSH to increase and recruit another group of follicles. The repetition of this pattern of follicular development has been termed a follicular wave.

The increase in the frequency of pulses of LH that occurs after concentrations of progesterone decline during luteolysis breaks the cycle of follicular growth and demise and supports the continued growth of the truly dominant follicle. In the absence of progesterone, estrogen produced by this follicle triggers ovulation by stimulating the release of a surge of LH.

Controlling follicular growth and ovulation is essential to the development of effective regimens for synchronization of estrus. Because most of the estrous cycle consists of the luteal phase, approaches to shorten or lengthen the luteal phase often have been tried. The luteal phase can be shortened using exogenous prostaglandin  $F_{2\alpha}$  ( $PGF_{2\alpha}$ ), but this approach cannot synchronize estrus at the beginning of the luteal phase or during periods of anestrus. Progestogens can be used to extend the luteal phase, as even low (equivalent to  $<2.0$  ng/ml of progesterone) peripheral concentrations of progestogen are capable of preventing the LH surge. The degree of estrous synchrony has been variable, but often is tight following withdrawal of progestogen, making this a desirable approach. However, fertility following breeding at the synchronized estrus after progestogen withdrawal has been unacceptably low in most reports (Patterson, 1990).

During treatment with low dosages of exogenous progestogen, increases occurred in both the frequency of pulses of LH and in peripheral concentrations of estrogen. During this time the largest follicle continued to increase in size and was said to “persist”

on the ovary as its lifespan was prolonged (reviewed by Kinder et al., 1996). Oocytes in follicles that developed during treatment with low doses of progesterone prematurely completed meiosis (Revah and Butler, 1996). When these follicles were allowed to ovulate, oocytes were fertilized at a normal rate, but most of the resulting zygotes recovered on d 6 of pregnancy had not developed beyond the 16 cell stage (Ahmad et al., 1995).

Changes in follicular function or in the timing of preovulatory events may be the cause of low pregnancy rates. When the persistent follicle was ablated and another follicle ovulated pregnancy rates were not decreased in cows, so the effect appeared to be confined to the oocyte in the persistent follicle (Fike et al., 1997). However, Johnson et al. (1996) reported that persistence of follicles in ewes resulted in a decrease in fertility rather than in prolificacy and suggested that the effect was systemic in that species. Transfer of embryos to cows previously treated with low dosages of progesterone produced pregnancy rates equal to control animals, demonstrating that the effect of the persistent follicle is not on the uterus (Wehrman et al., 1997), but effects on the oviduct have not been excluded.

It can be concluded that the function of large follicles is altered in response to increased stimulation by LH, resulting in the ovulation of an oocyte that has matured prematurely and may not be viable after fertilization. However, the ways in which follicular and oocyte function are changed so that embryonic development is impaired are not known. Understanding how increased stimulation by LH affects the function of large follicles and oocytes may help to explain why pregnancy rates are low following treatment with low dosages of progesterone.

## **REVIEW OF LITERATURE**

### **Control of the Growth and Function of Large Follicles by Gonadotropins**

Large follicles present on the ovaries of cattle have two possible fates, ovulation or atresia. The fate of a large follicle is determined by the endocrine environment in which the follicle develops. In non-manipulated heifers, a 5-mm follicle has a 20% chance of becoming dominant (Bodensteiner et al., 1996). Furthermore, many follicles respond to FSH (Bo et al., 1994) and before selection, produce similar quantities of estrogen, regardless of whether they will become dominant or not (Ginther et al., 1996). Therefore, it is unlikely that the fate of a follicle is predetermined, but rather it is dependent upon the environment in which the follicle develops and the time it begins to grow. In fact, Gastal et al. (1999) have demonstrated that subordinate follicles can become dominant after removal of the dominant follicle.

### **Follicle Stimulating Hormone**

Receptors for FSH are found exclusively on granulosa cells (Xu et al., 1995; Evans and Fortune, 1997). FSH influences cellular function by binding to a transmembrane receptor connected to a cyclic adenosine mono-phosphate (cAMP) dependent pathway (Funkenstein et al., 1984) that activates protein kinase A (Lavoie et al., 1999). FSH is required for the recruitment and growth of small follicles (<5 mm) and supports steroidogenesis in small follicles.

The increasing secretion of inhibin and estrogen by large follicles results in decreasing concentrations of FSH (Ireland and Roche, 1987; Badinga et al., 1992), which alter follicular function before the onset of atresia (Mihm et al., 1997). Acquisition of receptors for LH on granulosa cells does not eliminate dependence of large follicles

upon FSH. Acute decreases in FSH result in the atresia of large follicles (Turzillo and Fortune, 1993), so although large follicles may require less FSH, FSH is required to support their growth.

Administration of FSH before and during selection results in the continued growth of multiple follicles with several becoming co-dominant (Revah and Butler, 1996). Expression of aromatase and 3 $\beta$  hydroxy-steroid dehydrogenase (3 $\beta$ HSD) were not affected by FSH. However, FSH did increase the expression of steroidogenic acute regulatory (StAR) protein and side chain cleavage enzyme (SCC; Xu et al., 1995; Tian et al., 1995), thereby increasing substrate availability. The effects of FSH on transcription are mediated by cAMP response elements found in the promoters of genes involved in steroidogenesis (Carlone et al., 1997; Sugawara et al., 1997). It is not known how transcription of a portion of the genes encoding steroidogenic enzymes is enhanced selectively. Transcription of certain genes may be facilitated by altered transcription of A kinase anchoring proteins by FSH. These proteins target the actions of protein kinase A (PKA) to specific intracellular locations (reviewed by Scott, 1997).

FSH influences steroidogenesis indirectly by increasing the production of IGF-I, decreasing IGF binding-protein secretion (Resnick et al., 1998) or altering the forms of inhibin being produced. As FSH declines during selection, the bioavailability of IGF-I decreases, as does the production of the 34-kDA form of inhibin. Increases in FSH delay changes in availability of IGF-I and in isoforms of inhibin and support follicular growth (Mihm et al., 1997). Inhibin and IGF-I may mediate the effects of FSH by acting directly on granulosa cells to promote follicular growth. However, the effects of FSH on granulosa cells at the molecular level are not well understood.

## **Luteinizing Hormone**

Crucial to large follicles is the development of receptors for LH on granulosa cells in response to stimulation by FSH (Ratoosh and Richards, 1985; Tian et al., 1995; Xu et al., 1995, Evans and Fortune, 1997). While some FSH is necessary to support continued growth and function of large follicles, LH becomes their primary support. During the luteal phase, increased sensitivity to LH allows large follicles to continue to grow despite the declining or low rate of secretion of LH (Bao et al., 1997). However, dominant follicles are sensitive to changes in the frequency of pulses of LH, the duration of their dominance being shortened by treatments which decrease pulse frequency (Anderson and Day, 1994) and lengthened by treatments that increase pulse frequency (Stock and Fortune, 1993).

During the estrous cycle, the tonic secretion of LH is increased after luteolysis and before the LH surge. This period is referred to as the follicular phase and in cattle is associated with the growth of a single large follicle with the capacity to synthesize estrogen. The follicle continues to grow, producing more estrogen until elevated concentrations of estrogen trigger a surge of LH that initiates ovulation (see reviews by Fortune, 1994; Campbell et al., 1995 and Ginther et al., 1996). In granulosa cells, expression of side chain cleavage enzyme (SCC) and 3 $\beta$ HSD increased following the initiation of luteal regression, but expression of aromatase was not increased. In theca cells, expression of SCC and 3 $\beta$ -HSD increased by 24 h. However, expression of 17 $\alpha$ -hydroxylase was increased by 12 h and the subsequent increase in androgen production was reflected in increased concentrations of estrogen in follicular fluid. Therefore,

androgen synthesis, not aromatization of androgens, is the limiting step in estrogen synthesis during the follicular phase (Xu et al., 1995; Tian et al., 1995).

The role of LH in follicular growth has been examined by altering the frequency and amplitude of pulses of LH. Follicles undergo the same changes when luteolysis is induced by exogenous PGF<sub>2α</sub> as they do when luteolysis is initiated naturally (Tian et al., 1995). However, the time from initiation of luteolysis to estrus varies during the estrous cycle. Estrus occurs sooner if luteolysis is initiated during the dominance phase than if luteolysis is initiated early in the development of a wave. The larger number of cells and increased number of receptors per cell in large dominant follicles may allow them to respond more robustly and more quickly than smaller follicles. However, the concentration of progesterone at the time luteolysis is initiated is also important (Deaver et al., 1986) and it is difficult to be sure whether progesterone or follicular status is the most important determinant of intervals to onset of estrus, the LH surge, and ovulation.

Treatment with progesterone has long been used to synchronize estrus (Christian and Casida, 1948). In developing regimens for synchronization of estrus, low dosages of progestogens were selected based on their ability to inhibit behavioral estrus and ovulation, but fertility at the synchronized estrus often has been disappointing (Odde, 1990). Low pregnancy rates are probably the result of changes in hormone secretion and follicular function occurring as a result of maintaining low concentrations of progesterone. As suggested by Ulberg et al. (1951), maintaining low (1-2 ng/ml) concentrations of progesterone increased the frequency of pulses of LH (Ireland and Roche, 1982), which may induce changes in follicular function that result in reduced fertility.

Changes in follicular growth or function during treatment with low dosages of progesterone were first observed by Ulberg et al. (1951) who reported unusually large follicles and indications of increased estrogen production during treatment with progesterone. Sirois and Fortune (1990) also observed increased concentrations of peripheral estrogen and a prolonged period of follicular dominance when low concentrations of progesterone were maintained. The lengthened dominance phase was thought to be the result of the increased frequency of pulses of LH during treatment with progesterone (Sirois and Fortune, 1990). Taft et al. (1996) demonstrated that dominant follicles were maintained when the frequency of pulses of LH was increased during a normal luteal phase. In that study, concentrations of peripheral estrogen were not increased. However, Glencross et al. (1987) observed increases in peripheral estrogen following injection of a GnRH analog at a frequency greater than that used for LH by Taft et al. (1996). Nonetheless, the following observations lead to the suggestion that follicular function can be altered as a result of an intraovarian effect of progesterone or the CL: 1) concentrations of estrogen increased before LH at luteolysis (Bergfeld et al., 1996), 2) progesterone can inhibit estrogen synthesis in vitro, 3) granulosa cells have progesterone receptors (Rae et al., 1998), and 4) estrogen increased after luteolysis even when the rise in LH was suppressed in the cow and ewe (Fogwell et al., 1978; Gust et al., 1984).

Just as increased secretion of LH prolongs the growth of large follicles, decreasing LH hastens their demise. Early workers observed a dose effect of progesterone, as follicles did not become as large when larger dosages of progesterone were used. Anderson and Day (1994) and Manikkam and Rajamahendran (1997)



demonstrated that an acute increase in progestogen resulted in the demise of large follicles previously maintained during treatment with a lower dosage, an observation supported by other workers. Not surprisingly, increases in the concentration of progesterone are associated with decreases in the frequency of pulse of LH (Jolly, 1994b; Bergfeldt et al., 1996; Bao et al., 1997).

### **Effects of LH at the Cellular Level**

Receptors for LH are found on thecal cells of growing follicles. Granulosa cells from follicles less than 8 mm in diameter usually lack LH receptors, while granulosa cells from follicles greater than 8 mm in diameter usually have LH receptors (Tian et al., 1997). The number of LH receptors per cell in both the thecal and granulosa layers increases with size of the follicle (Ireland and Roche, 1983). However, only the dominant follicle in a cohort acquires enough LH receptors to continue growing. Therefore, the ability of the dominant follicle to respond to LH can increase even when the concentration or pulse frequency of LH does not change. However, a frequency of pulses of LH that maintained dominant follicles in heifers and dry cows during the luteal phase (Taft et al., 1996) was not sufficient to maintain dominance in lactating beef cows (Cole, 1997).

LH receptors are transmembrane receptors similar to those for other protein hormones. The second messenger system used by LH receptors has traditionally been thought to be cAMP, which activates protein kinase A (PKA), in turn phosphorylating various proteins to cause the end effects of LH stimulation. That granulosa and thecal cells have multiple isoforms of the regulatory and catalytic subunits of PKA (Ratoosh and Richards, 1985), multiple protein kinase A anchoring proteins (Hunzicker-Dunn et al., 1998) and multiple phosphodiesterases (Carr et al., 1993; Furger et al., 1996)

demonstrates the complexity of cellular regulation. Evidence also exists that LH can activate other second messenger pathways, resulting in production of phospholipase C and inositol triphosphate, release of calcium (Davis et al., 1986; Dimino et al., 1987) and activation of protein kinase C (Gudermann et al., 1992; Morris and Richards, 1993). The consequences of activation of multiple second messenger pathways by LH are not known.

### **Oocyte Maturation**

Oocytes are arrested in prophase of the first meiotic division throughout adult life until near the time of ovulation. However, they are not inactive, only prevented from resuming meiosis. Arrested oocytes transcribe RNA, produce proteins (Fair, 1997), coordinate the organization of the follicle (Li and Mather, 1997) and secrete substances capable of altering follicular steroidogenesis (Lanuza et al., 1998). Communication between the oocyte and surrounding cumulus cells is bi-directional as substances from the granulosa can affect oocyte function and act as the source of signals to the oocyte for maintenance or release of meiotic arrest. Therefore, the function of the follicle and its interaction with the oocyte may influence whether or not a viable embryo will be produced after mating. Some aspects of the interplay between the oocyte and the follicle were reviewed by Driancourt and Thuel (1998).

## **Maintenance of Meiotic Arrest**

Morphologically, the oocyte of a large growing follicle is characterized by a spherical nucleus located in the periphery of the oocyte and a compact, dense, fibrillar nucleolus (Hyttel et al., 1987a,b; Assey et al., 1994a,b). Chromosomes are not condensed, allowing for transcription. Mitochondria are in the periphery of the oocyte, are often pleomorphic in shape and are in close contact with endoplasmic reticulum. Lipid droplets are distributed throughout the cytoplasm. The perivitelline space is not readily apparent, but intimate points of contact occur between the oocyte and cumulus cell processes. These processes extend through the zona pellucida to the oolemma where gap junctions form between the bulbous termini of the processes and the oolemma (Zamboni et al., 1972). Microvilli are present at the surface of the oocyte and in some cases wrap around the endings of the cumulus cell process (Flemming and Saacke, 1972; Hyttel et al., 1987; Assey et al., 1994a,b).

Cumulus cell processes allow communication between the oocyte and the cumulus cells (Anderson and Albertini, 1976). Although the cytoplasm do not commingle, the presence of gap junctions and pinocytotic vesicles between the process endings and the oolemma are evidence that material is passed between these cells. Experiments using dyes and other markers have demonstrated the coupling and passage of materials from cumulus cells directly to the oocyte (Gilula et al., 1978; Moore et al., 1980; 1983). Maintenance of cell to cell communication is essential for oocyte growth (Eppig, 1979). Disruption of cumulus-oocyte communication leads to resumption of meiosis in oocytes competent to undergo nuclear maturation (Dekel and Beers, 1978; De Smedt and Szollosi, 1991). Conversely, inhibiting the breakdown of cell to cell

communication prevents resumption of meiosis in vitro (Wert and Larsen, 1989). Some of the compounds passed between cumulus and oocyte are involved in oocyte maturation.

### **cAMP**

In cattle, cAMP of granulosa origin is an inhibitor of oocyte maturation that may be responsible for maintaining meiotic arrest. Injection of dbcAMP, phosphodiesterase inhibitors, or stimulators of adenylate cyclase into oocytes prevents resumption of meiosis in cattle (Wiersman et al., 1998; Aktas et al., 1995 a,b) and rats (Richards et al., 1998). Granulosa cAMP passes through the cumulus cell processes to the oocyte, explaining why disruption of communication between the cumulus cells and oocyte leads to the resumption of meiosis. The effect of cAMP is mediated by PKA, because injection of the catalytic subunit of PKA in the presence of high concentrations of cAMP prevents GVBD (Aktas et al., 1995). It appears that PKA maintains the activation of a phosphatase, preventing the activation of cell cycle control proteins (Matten et al., 1994).

Understanding the actions of PKA is complicated by the existence of two isoforms of PKA. Type I PKA is found in the oocyte and prevents GVBD, while type II is found in the granulosa and promotes cumulus expansion and GVBD (Downs and Hunzicker Dunn, 1995). The distribution of the type I and type II enzymes seems to be controlled by the presence of A kinase anchoring proteins (AKAPs). Thirty-six AKAPs have been identified in the rat, illustrating the complex regulation of cAMP-dependent signaling. Controlling the localization of A kinases within a cell is one way in which ligand specific responses can occur following stimulation of common second messenger pathways (reviewed by Scott, 1997). Little is known about the role of AKAPs in oocyte function but FSH, a more potent stimulator of meiosis in vitro than LH (Van Tol, 1996),

selectively induces an AKAP specific for the type II enzyme (Carr et al., 1993). The conclusion that FSH has greater potency might be presumptuous. Oocytes for in vitro studies usually are collected from small to medium size follicles, and cumulus cells from these follicles do not have receptors for LH (Van Tol et al., 1996).

### **Calcium**

Unlike cAMP, calcium regulates pathways stimulating oocyte maturation (reviewed by Homa et al., 1995). Blocking phosphoinositol-dependent increases in intracellular calcium blocks progression of meiosis (Homa, 1991; Kaufman and Homa, 1993). Conversely, injecting oocytes with inositol triphosphate (IP3) can partially overcome the cAMP-mediated block to meiosis in bovine oocytes (Homa et al., 1993). The observation that bovine oocytes have receptors for IP3 further supports this line of reasoning (Yue et al., 1995). Mechanical disruption of contact between cumulus cells and the oocyte results in release of calcium and spontaneous resumption of meiosis (McConnell et al., 1995). Once mobilized, calcium can activate PKC and calmodulin-dependent protein kinase (CAM-II), both of which have been shown to regulate maturation promoting factor (MPF) activity (Gabrielli et al., 1993; Coskun and Lin, 1995).

Treatment of bovine cumulus oocyte complexes in vitro with LH resulted in oscillating release of calcium (Zuelke et al., 1991; Mattioli et al., 1998). The calcium came from the cumulus cells and was associated with suppressed adenylate cyclase activity and a reduction in concentrations of cAMP (Preston et al., 1987). This appears contradictory, because LH is typically thought to stimulate adenylate cyclase activity. However, LH can use either cAMP or calcium as a second messenger (Davis et al., 1981; Sadighian et al., 1989). Interestingly, the activation of both second messenger pathways

is mediated by one receptor (Gudermann et al., 1992). Thus, calcium influences the timing of the resumption of meiosis by reducing the synthesis of cAMP as well as by directly stimulating kinases that interact with proteins that control the cell cycle.

### **Resumption of Meiosis**

Oocyte maturation can occur spontaneously or in response to stimulation by LH and FSH (Pincus and Enzman, 1935; Lonergan, 1994). Therefore, initiation of oocyte maturation is probably controlled by several different pathways that intersect at a common point that regulates components of the cell cycle. Gap junctions between cumulus cell processes play an important role in stimulated and spontaneous oocyte maturation as they facilitate the passage of inhibitory and stimulatory compounds to the oocyte. However, not all regulators of meiosis have to pass through gap junctions. Examples of such compounds include (1) meiosis activating sterol (MAS), (2) a protein produced by thecal cells that affects cumulus cells and (3) a protein in follicular fluid that inhibits oocyte maturation (Sirard and First, 1988; Richard and Sirard et al., 1996,1997; Mottlik et al., 1996; Byskov et al., 1997).

### **Morphological Changes**

In vivo and in vitro, disruption of cell-cell contact between the cumulus cells and oocyte precedes the resumption of meiosis. Gap junctions between cumulus cell processes and the oocyte disappear and the processes begin to degenerate. Consequently, the nucleus becomes eccentrically located, and the nuclear membrane becomes irregular. The nucleolus becomes vacuolated during this time, possibly representing an increase in transcription before protein synthesis supporting oocyte maturation. Mitochondria are

clustered near the nucleus in close association with endoplasmic reticulum. Cortical granules move to the periphery of the oocyte and the perivitelline space becomes apparent. Chromosomes begin to condense and the nuclear membrane or germinal vesicle folds back on itself, forming invaginations before breaking down as meiosis proceeds (Flemming and Saacke, 1972; Hyttel et al., 1987b). Breakdown of the germinal vesicle allows mixing of cytoplasmic and nuclear components, a process important for the completion of meiosis. During this time, a bipolar spindle forms and separation of pairs of chromosomes soon follows. One set of chromosomes is then extruded from the cell with a small amount of cytoplasm to form the first polar body. After completion of the first meiotic division, the second one begins without reformation of the nuclear membrane, replication of DNA or decondensation of chromosomes. However, the second meiotic division is arrested during metaphase until fertilization (reviewed by Wickramasinghe and Albertini, 1993; Albertini, 1992).

The timing of the resumption of meiosis is crucial to fertility. Maturation begins within 24 h after the initiation of luteolysis in the cow. However, breakdown of the germinal vesicle and completion of the first meiotic division generally do not occur until after the LH surge (Assey et al., 1994a,b). Following superovulation, the time between initiation of luteolysis and the LH surge is decreased, and some of the oocytes ovulated are incapable of completing meiosis (Sirard et al., 1989; Kastrop et al., 1991).

Decreasing the time between the initiation of luteolysis and the surge of LH may not allow oocytes enough time to synthesize the proteins needed to complete meiosis (reviewed by Greve et al., 1995). Consequently, some oocytes could be deficient in proteins needed for the cell cycle to advance. Conversely, delaying the LH surge results

in the ovulation of oocytes that do not develop after fertilization, and appear to be degenerated (Wise et al., 1994). Revah and Butler (1996) reported that meiosis was resumed prematurely in oocytes collected on day 13 following maintenance of low concentrations of progesterone on d 7-13 of the estrous cycle. Alteration in the timing of meiotic events may lead to the ovulation of an aged oocyte incapable of developing after fertilization, thus accounting for the low pregnancy rates in these animals. However, it is not known when maturation begins in these oocytes, or if maturation proceeds normally.

## **Modulators of Oocyte Maturation**

### **Gonadotropins**

The LH surge is thought to be the normal preovulatory trigger for oocyte maturation to begin in mammals (reviewed by Eppig, 1993). However, in the cow, changes in oocyte ultrastructure are observed during the period between the initiation of luteolysis and the LH surge, a period during which the secretion of LH increases. Dosages of gonadotropin  $\frac{1}{4}$  to  $\frac{1}{2}$  of that required for ovulation stimulate oocyte maturation in rabbits (Pincus and Enzman, 1935). Oocytes maturing in this manner are capable of normal development if removed near the time ovulation would have occurred (Clewe et al., 1958). In the rat, dosages of LH incapable of causing ovulation also stimulate oocyte maturation. Advancing the time oocyte maturation by as little as eight hours with this treatment resulted in low fertility (Mattheij et al., 1993; Dekel et al., 1995). Therefore, abnormal patterns of secretion of LH can influence oocyte function independently of ovulation.

Cumulus-enclosed oocytes resume meiosis spontaneously in vitro, but do so more quickly after exposure to LH and FSH (De Smedt and Szollosi, 1991; Dominko and First,



1997). Because oocytes do not have receptors for LH or FSH, communication between cumulus cells and the oocyte is essential to transfer this signal (Fagbohun et al., 1991; Van Tol et al., 1994). Similarly, meiotic arrest maintained by treatment with cAMP or hypoxanthine (rats) can be overcome by the treatment of cumulus-enclosed oocytes with LH or FSH but not by treatment of denuded oocytes with these compounds. Thus, cumulus produced stimulators of oocyte maturation must mediate the effects of gonadotropins (De Smedt and Szollosi, 1991; Dominko and First, 1997). The stimulatory effects of LH and FSH may be due to activation of a second messenger pathway involving IP3 and calcium. Calcium and IP3 are increased in cumulus cells following treatment with LH, and both are transported to the oocyte where they activate proteins involved in control of the cell cycle.

Stimulation by gonadotropins can decrease the number of gap junctions between cumulus cells and the oocyte. Treatment with gonadotropins may increase cAMP in cumulus cells but abolishing gap junctions blocks transport of cAMP from cumulus cells to the oocyte, allowing meiosis to proceed (Dekel, 1978). In rats, cumulus-oocyte coupling was decreased by 55% within 1h and 80% within 2h of culture with LH (Sherizly et al., 1988). Treatment with LH and FSH disrupts cell-cell communication through phosphorylation of gap junctions, rendering them inactive, and through decreases in the transcription of Connexin 43, an essential component of gap junctions (Granot and Dekel, 1994, 1998) identified in bovine cumulus oocyte complexes (Sutovsky et al., 1993; Wrenzycki et al., 1996).

## **Growth Factors**

The growth factors IGF-I and EGF are produced in the ovary and can promote oocyte maturation (Levesque et al., 1995; Lorenzo et al., 1994, 1995). They are thought to act in concert with gonadotropins to promote resumption of meiosis. Similar to LH and FSH, either of these growth factors can reduce the function of gap junctions. Oocytes have receptors for IGF-I and EGF, indicating the potential for a direct effect on the oocyte. In fact, IGF-I and EGF hastened maturation and improved viability of embryos from denuded oocytes in some (Sirotkin et al., 1998; Lonergan et al., 1996), but not all (Lorenzo et al., 1994) studies. The ability of EGF and IGF I to activate transcription through the estrogen receptor via a MAP-kinase-dependent pathway may have important effects on oocyte maturation (Bunone et al., 1996; reviewed by Smith, 1998).

## **Steroids**

In mammals, steroids (estrogens, progesterone and androgens) have been implicated as influencing oocyte maturation and can inhibit as well as initiate meiosis, but are not required for completion of meiosis (Sirotkin et al., 1992). However, alterations in steroidogenesis alter post fertilization development (Yoshimura et al., 1988). Osborne and Moor (1983) concluded that the correct sequence and balance of steroids was essential for normal protein synthesis by ovine oocytes. Inclusion of estradiol in maturation media *in vitro* often improved the proportion of oocytes maturing and their subsequent developmental potential (Sirotkin et al., 1992). Disruption of steroidogenesis *in vivo* altered protein synthesis by oocytes, but effects were more severe when the ratio of estrogen to progesterone was altered than when steroidogenesis was

completely blocked (Osborn and Moor, 1983; Osborn et al., 1986; Nagai et al., 1993; Zelinski-Wooten et al., 1989). The identification of estrogen receptors in oocytes from mice and humans and the observation that incubation of oocytes with estrogen results in oscillations of calcium, established that oocytes can respond directly to estrogen (Tesarik and Mendoza, 1995). Progesterone, which is the trigger for oocyte maturation in *Xenopus*, can act similarly in bovine oocytes (Sirotkin et al., 1992).

Prolonged exposure of oocytes to preovulatory concentrations of estrogen lowered fertility and increased the frequency of embryonic anomalies in rats in which the follicular phase was prolonged by aging or by injection of sodium pentobarbital (Butcher et al., 1979). During treatment of cows with low doses of progesterone, peripheral estrogen was elevated and the oocyte was exposed to higher concentrations of estrogen for longer times (Ahmad et al., 1995). However, Revah et al. (1996) observed elevated peripheral concentrations of estrogen early during treatment, but did not observe elevated concentrations of estrogen in the follicular fluid of superstimulated follicles maintained by treatment with low progesterone and collected on d 13, yet oocytes from these follicles had completed meiosis prematurely. Deleterious effects of treatment of cows with low dosages of progesterone on oocyte function could be due to direct effects of estrogen or to changes in LH secretion.

### **Cell Cycle Regulation of Meiosis**

During meiosis in oocytes, two blocks to progression of the cell cycle occur, the first during prophase of the first meiotic division and the second during metaphase of the second meiotic division. Therefore, understanding control of the cell cycle is important for understanding how oocyte maturation is regulated. Fortunately the mechanisms

controlling mitosis and meiosis appear to be very similar and are highly conserved across species. However, the factors that trigger or inhibit progression of the cell cycle vary with species.

Importantly, the oocyte is dependent on stored mRNA during maturation and early embryogenesis. A prolonged follicular phase may lower fertility by prematurely exhausting the supply of mRNA needed for the production of proteins essential for control of the cell cycle in the oocyte. For example, MPF activity in MII oocytes can be maintained for only 30 h in vitro (Wu et al., 1997). In vivo, maintenance of oocytes at MII might occur during treatment with low dosages of progestogen, disrupting spindle structure and causing shortages of key cell cycle proteins during embryogenesis.

### **Maturation Promoting Factor**

The mechanisms controlling cell cycle progression seem to converge at one point, the regulation of maturation, mitosis or M phase Promoting Factor (MPF; see reviews by Eppig, 1993; Wickramasinghe and Albertini, 1993; Taieb et al., 1997). In meiosis as well as mitosis, MPF seems to be central in controlling cell cycle progression. MPF is a dimer of the cell division control (Cdc) 2 gene product and a cyclin. Cdc2 is a 34 KDa protein, which when activated, has serine/threonine kinase activity. Structurally, Cdc2 is similar to cAMP-dependent protein kinase and has been modeled based on the structure of that protein. Points of interest on Cdc2 include the cyclin binding site and phosphorylation sites at threonine 161, threonine 14, and tyrosine 15, all of which are important regulatory sites. The binding of cyclin facilitates phosphorylation of these residues (Marcote et al., 1993).

Conformational changes induced by cyclin binding facilitate phosphorylation of threonine 161 of Cdc2. Phosphorylation of threonine 161 stabilizes the Cdc-2: cyclin b dimer, maintaining the structure of the catalytic site. An analogous protein (threonine-197) in cAMP-dependent protein kinase is crucial for recognition of substrates and inhibitors. This may explain why threonine-161, like threonine-197, is essential for proper catalytic activity. The other two phosphorylation sites are inhibitory and require dephosphorylation for enzyme activity. The major site of regulation by dephosphorylation is tyrosine 15 and activity of the phosphatase that dephosphorylates this residue is regulated by cAMP. Decreasing cAMP activates the phosphatase that activates MPF. Phosphorylation of tyrosine 15 occurs only after binding of cyclin and inhibits enzyme function by altering the positioning of sites involved in peptide recognition (Marcote et al., 1993; Novak and Tyson, 1993).

### **Role of MPF**

During oocyte maturation, MPF seems to be an essential regulatory protein controlling resumption of the cell cycle during meiosis. A requirement for MPF has been documented for several processes required for oocyte maturation; among these are GVBD, chromosome condensation, changes in spindle organization and maintenance of metaphase II arrest (reviewed by Parrish et al., 1992; Eppig, 1993; Wickramasinghe and Albertini, 1993).

### **Germinal Vesicle Breakdown**

Key to disassembly of the nuclear membrane is the phosphorylation and subsequent depolymerization of lamins, a major polypeptide component of the nuclear

membrane (Gerace and Blobel, 1980; Whytock et al., 1990). The injection of *Xenopus* MPF into oocytes from several species results in GVBD, demonstrating the importance of MPF in GVBD and the conservation of mechanisms to regulate the cell cycle (Hashimoto and Kishimoto, 1988). In *Xenopus* oocyte extracts, nuclear lamin C is phosphorylated by MPF, accompanied by depolymerization/disassembly of lamin filaments in the nuclear membrane, thus MPF acts directly on components of the nuclear membrane to promote GVBD (Ward et al., 1990).

### **Chromosome Condensation**

During mitosis and meiosis, condensation of chromosomes is essential if the cell cycle is to continue. The phosphorylation of histones and other proteins facilitates chromosome condensation (Bradley et al., 1974). Because MPF phosphorylates histones (Langan et al., 1989), it is quite likely that MPF plays a key role in inducing chromosome condensation.

### **Changes in spindle organization**

Changes in the organization and length of microtubules are essential during cell division, as microtubules are needed for chromosome segregation. In cell free *Xenopus* systems, MPF maintains spindle length, supporting the idea that MPF influences spindle organization (Verde et al., 1990). MPF can be co-localized with centrosomes and microtubules (Ookata et al., 1993) as can cyclin B, one of the subunits of MPF. The binding of cyclin to centrosomes may target centrosomes and microtubule associated proteins as substrates for MPF kinase activity. MPF phosphorylates proteins such the

kinesin-related motor proteins. Preventing phosphorylation of these proteins prevents formation of bipolar spindles (Blangy et al., 1995).

### **Metaphase II arrest**

When the first meiotic division has been completed, the oocyte immediately begins the second meiotic division. However, the cell cycle is again arrested, but this time during metaphase instead of prophase. As long as MPF activity is maintained at metaphase concentrations, meiosis will be arrested (Huchon et al., 1993). Normally, MPF activity is maintained by cystostatic factor (CSF) which stabilizes MPF and prevents the degradation of cyclin, thereby arresting the cell cycle by preventing the reformation of the nuclear envelope and decondensation of chromosomes (Masui and Markert, 1971; Sagata et al., 1989). The product of the Mos gene, a serine/threonine protein kinase (Yew et al., 1992), is able to mimic the effects of CSF in *Xenopus* by maintaining cell cycle arrest. Blocking synthesis of the product of the Mos gene results in failure of meiosis to continue as chromosomes decondense and the nuclear lamina reforms (O'Keefe et al., 1989). Therefore, Mos may be CSF, or a component of CSF (Sagata et al., 1989) or may phosphorylate another protein that prevents the inactivation of MPF.

### **Regulation of MPF**

The regulation of MPF activity is accomplished through three mechanisms; 1) cyclin degradation, 2) phosphorylation / dephosphorylation of inhibitory sites on Cdc2, and 3) phosphorylation/dephosphorylation of stimulatory sites (Marcote et al., 1993; Novak and Tyson, 1993). These different mechanisms form a complex control system linking second messenger systems to proteins that control the cell cycle.

### **Cyclin Availability**

Cyclin binding is necessary for MPF activation. Cyclin B is synthesized by bovine oocytes before the resumption of meiosis, is not present in immature oocytes, and when injected causes otherwise immature oocytes to mature (Levesque and Sirard, 1996). The binding of cyclin to cdc2 alters the structure of cdc2, facilitating its phosphorylation. Conversely, the degradation of cyclin results in the inactivation of MPF. Surprisingly, MPF initiates a cascade that ultimately results in the degradation of cyclin (Lorca et al., 1991). How the lag between MPF activation and cyclin degradation is controlled is not known.

Control of cyclin degradation plays an important role during the second meiotic division. CSF stabilizes the Cdc2:cyclin complex, preventing the ubiquitination of cyclin, thus leading to the metaphase II arrest. Following fertilization, cyclin is degraded and CSF is inactivated, as is MPF, permitting the cell cycle and meiosis to continue (Lorca et al., 1993).

### **Phosphorylation/Dephosphorylation of Inhibitory Sites**

At least three enzymes (wee1, myt1, cdc25) control the phosphorylation state of the inhibitory phosphorylation sites at threonine 14 and tyrosine 15. Phosphorylation of these sites by wee1 and/or Myt1 inactivates MPF. Before the onset of maturation in mouse oocytes, Cdc2 is phosphorylated in a way consistent with tyrosine 15 phosphorylation. Thus, phosphorylation at this site may prevent premature entry into meiosis (Choi et al., 1991). In *Saccharomyces pombe*, mutation of wee1 hastened entry into mitosis, while overexpression delayed entry into mitosis. Antagonistic to the actions



of wee1 and myt1 is cdc25, a phosphatase that dephosphorylates threonine 14 and tyrosine 15, leading to activation of MPF. Preventing the activation of cdc25 by mutation in drosophila (Ripoll et al. 1992) or by antibodies to cdc25 in HeLa cells arrests the cell cycle (Sadhu et al. 1990; Galaktionov and Beach, 1991).

### **Phosphorylation/Dephosphorylation of an Activating Site**

Regulation of phosphorylation of threonine161 also can control the activation of MPF. The enzymes CAK (cdc2 activating kinase) and INH (a form of phosphatase 2A) are thought to play antagonistic roles in controlling the phosphorylation state of threonine 161. INH was first identified in *Xenopus* oocytes and postulated to inhibit the activation of MPF (Cyert and Kirshner, 1988), because it can dephosphorylate threonine 161 (Solomon et al., 1990; Lee et al., 1991). In bovine and porcine oocytes incubation with okadaic acid, an inhibitor of phosphatase, especially phosphatase 2A (PPA2) activates MPF (Levesque and Sirard, 1995). However, based on work in *Xenopus*, PPA2 may inactivate MPF by stimulating the activity of a tyrosine kinase that phosphorylates tyrosine 15 (Rime et al., 1995). In addition, PPA2 may block a step in the pathway leading to CAK activation, thereby preventing the phosphorylation of threonine 161 (Lee et al., 1991).

## **STATEMENT OF PROBLEM**

Maintenance of low (1-2 ng/ml) concentrations of peripheral progesterone in the cow altered follicular and oocyte function. The dominance phase of follicular growth is prolonged and peripheral concentrations of estrogen are increased in response to increased secretion of LH. When progesterone is withdrawn, the dominant follicle maintained during treatment with progesterone ovulates, and while fertilization rate is normal, pregnancy rate is low. Bovine oocytes collected at the end of treatment with low dosages of progesterone or other progestogens, but before withdrawal of progestogen, have completed the first meiotic division. Therefore, by the time fertilization occurs, oocytes have been arrested at metaphase II for an abnormally long time. The resulting embryos die between the two and 16 cell stages (Ahmad et al., 1995), perhaps due to the premature activation of the oocyte. Because germinal vesicle breakdown and extrusion of the polar body occur by the end of treatment with progestogen, changes that result in the initiation of meiosis must occur earlier. However, follicular function and oocyte morphology have not been examined during the early stages of treatment with low dosages of progesterone. The present study was conducted to test the null hypothesis that reducing progesterone on day 6 of the estrous cycle does not alter the maturation state of oocytes in follicles of the first wave of development within 2 or 4 days.

**OOCYTE MORPHOLOGY AND CONCENTRATIONS OF ESTROGEN  
FOLLOWING A REDUCTION OF PROGESTERONE IN BEEF COWS**

## INTRODUCTION

Low dosages of progesterone or progestogens have been used since the late 1940s to synchronize estrus (Christian and Casida, 1948), but pregnancy rates following breeding at the synchronized estrus have been highly variable and often low (Odde, 1990). Maintaining low peripheral concentrations of progesterone increased the frequency of pulses of LH to a rate greater than that normally observed during the luteal phase (Cupp et al., 1992; Bergfeld et al., 1996; Taft et al., 1996). These changes in secretion of LH, after the initiation of luteolysis or a reduction in progesterone, prolonged the growth of the largest follicle and resulted in increased peripheral concentrations of estradiol (Stock and Fortune, 1993; NE-161, 1996).

Estradiol typically increases before estrus, but prolonged exposure to increased concentrations of estradiol may reduce fertility. Butcher and Pope (1979) demonstrated in rats that prolonged exposure to preovulatory concentrations of estradiol decreased the number of normal embryos on d 4 and the number of implantation sites on d 11. Similarly in cattle, peripheral concentrations of estradiol were elevated for six days before estrus (d 15) in cows maintained from d 6 to 13 on a low dosage of progesterone, but were increased for only two days in control animals given PGF<sub>2α</sub> on d 6 that were in estrus on d 9 (Ahmad et al., 1995). Sixteen of 18 embryos recovered from treated cows on d 6 after breeding had only 2 to fewer than 16 cells whereas 16/18 control embryos had reached the morula stage. Ahmad et al., (1995) proposed that changes in the oocyte before ovulation reduced embryo survival and development by d 6. Revah and Butler (1996) observed condensed chromatin and germinal vesicle breakdown in oocytes after 9 d of treatment with a low dosage of progesterone. Mihm et al. (1994, 1999) observed

that when follicular dominance was maintained for 10 d, oocytes underwent germinal vesicle breakdown and extrusion of the first polar body by the end of treatment and pregnancy rates were reduced. Thus, oocytes resumed meiosis prematurely during treatment with low dosages of progesterone.

Premature maturation of oocytes can be induced in rats and rabbits by treatment with dosages of LH that are insufficient to cause ovulation (Dekel et al., 1995; Mattheij et al., 1993). Increased release of LH during treatment with low dosages of progesterone may have a similar effect. Although the LH surge normally triggers resumption of meiosis, the development of irregularities in the nuclear membrane and a redistribution of mitochondria, changes thought to precede germinal vesicle breakdown and the resumption of meiosis, were observed in oocytes collected 24 h after initiation of luteolysis (Hyttel et al., 1987; Assey et al., 1994 a,b). Oocytes in those studies were collected well before the LH surge, but during a period when secretion of LH and estrogen increased. Therefore, changes in follicular function and oocyte morphology began soon after reductions in circulating concentrations of progesterone.

Mihm et al. (1999) reduced progesterone concentrations by inducing luteolysis after 2 d of follicular dominance. Low peripheral concentrations of progesterone were maintained by treatment with progestogen and oocytes were collected from follicles 2 d later. After 4 d of dominance the morphology of oocytes was similar to that described for oocytes collected 24 h after the initiation of luteolysis (Hyttel et al., 1987; Assey et al., 1994a,b). However, Mihm et al. (1999) collected oocytes 18 h after removal of progestogen, so it could not be determined whether changes in oocyte morphology occurred before or after withdrawal of exogenous progestogen. It is unknown whether

changes in oocyte morphology occur soon after the initiation of luteolysis during treatment with a low dosage of progesterone.

The objectives of this study were to determine 1) if concentrations of estradiol in follicular fluid were increased during the early stages of treatment with a low dosage of progesterone following regression of the CL and 2) if oocytes collected from these follicles differed from oocytes from follicles of the same age from cows with functional CL. In previous studies (Mihm et al., 1994, 1999; Revah and Butler, 1996), oocytes from control cows were collected at an earlier stage of follicular growth than oocytes from treated animals, thus effects of time and treatment could not be separated. Collection of oocytes from control and treated cows on the same days of the estrous cycle allowed examination for effects of time and treatment.

## **MATERIALS AND METHODS**

### **Experimental Design**

Crossbred beef cows (N=24) previously observed to have normal estrous cycles were used for this experiment. Cows had ad libitum access to hay and water and were observed twice daily for signs of estrus. At estrus, (day 0) each cow was assigned at random to one of four experimental groups. A 2 x 2 factorial design was used with two expected concentrations of progesterone (normal, greater than 2 ng/ml and low, 1-2 ng/ml) and collection of follicles on 2 d (d 8 and 10). These days for were chosen to facilitate comparisons of first wave follicles during a normal luteal phase and during maintenance of low progesterone for 2 or 4 d. Controlled Internal Drug Releasing Devices -Bovine (CIDR-B, InterAg, Division of DEC International, Hamilton, New

Zealand) containing progesterone, previously used for seven days, were inserted on d 4 after estrus to provide exogenous progesterone in the low progesterone groups (LP-d 8, LP- d 10). These cows were given two intramuscular injections of prostaglandin  $F_{2\alpha}$  (25 mg, Lutalyse, Pharmacia and Upjohn Inc., Kalamazoo, MI) 12 h apart on d 6 to regress the CL. Animals in the control groups (Cont-d 8, Cont-d 10) had a blank CIDR inserted on d 4 and received two injections of 3 ml of saline (intramuscularly) 12 h apart on d 6. CIDRs were removed at the time of ovariectomy on either d 8 or 10 of the cycle (2 or 4 d of low progesterone).

### **Ultrasonography**

Follicular development was monitored by transrectal ultrasonography using an Aloka 500 (Aloka Ltd., Japan) ultrasound machine equipped with a 7.5 MHz linear array transducer. Ultrasonography was performed daily beginning on d 4 and continued until ovariectomy. The relative locations and diameters of all follicles greater than 5 mm in diameter were recorded each day.

### **Transvaginal Ovariectomy and Oocyte Collection**

Ovaries were removed using the technique described by Casida (1959). Briefly, 10 ml of 2% lidocaine were administered as an epidural block, a supravaginal incision was made, the ovary containing the largest follicle was retracted into the vagina and the ovarian pedicle was severed using an ecrasure. Following hemi-ovariectomy, follicular fluid from the largest follicle was aspirated and the oocyte was retrieved. Follicular fluid was frozen at  $-80^{\circ}\text{C}$  until assay, and oocytes were fixed in 1% glutaraldehyde in .1M phosphate buffer.

### **Blood Sampling and Hormone Assays**

Jugular blood samples were collected by venipuncture every day at the time of ultrasonography, beginning on d 4 and continuing until the time of ovariectomy. Samples were stored overnight at 4 °C then centrifuged for 20 minutes at 1800 x g. Serum was removed and stored at –20 °C until assayed for progesterone (Sheffel, et al., 1982) and estrogen (Rozell and Keisler, 1990; Tortonese et al., 1990). Assay sensitivity was 20 pg per tube for progesterone and .5 pg per tube for estrogen. Intra-assay coefficients of variation were 7% and 9% and inter-assay coefficients of variation were 8% and 12% for progesterone and estrogen, respectively. Samples of follicular fluid were diluted in assay buffer before being assayed (1:100 for progesterone and 1:10,000 for estrogen).

### **Electron Microscopy and Oocyte Evaluation**

Oocytes were embedded individually in Epon and stained with lead acetate and propidium iodide. Ultrathin sections (700 nm) were cut on a Leica Ultracut microtome by an experienced technician. Ultrastructural evaluations and photography were performed on a Jeol JEM 1220 transmission electron microscope (Jeol, Tokyo, Japan).

Cumulus and oocyte morphology were evaluated blindly and independently by two people. Scores of the two readers were in such close agreement that no statistical evaluation of reader differences was made. The degree of cumulus expansion, degree of clustering of mitochondria and shape of the nucleus were evaluated separately on a scale of 0, 1 or 2. A score of 0 represented no expansion of the cumulus, no clustering of mitochondria or that the nucleus was round. A score of 1 represented some expansion of cumulus cells, some mitochondria were in clusters or that slight to moderate irregularity



in the nuclear membrane were present. A score of 2 indicated that the cumulus had expanded, that mitochondria were found in large clusters or that the shape of the nucleus was highly irregular. The ends of cumulus cell processes were classified as intact, degenerating/separating (appeared to be superficial and separating from oolema or contained vacuoles) or degenerated/separated (no apparent contact with oolema). The morphology of mitochondria was evaluated by counting 100 mitochondria and determining the frequency of normally shaped mitochondria, hooded mitochondria or mitochondria with other shapes. The computer program Optimas (Bioscan Inc., Edwards WA) was used to evaluate the circularity of nuclei and the percentages of cytoplasmic area occupied by mitochondria and lipid. Nuclear morphology was classified according to Assey et al. (1994a). Oocytes in nucleus stage I (ONI) have a spherical nucleus located in the periphery of the oocyte and represent immature, meiotically arrested oocytes. Oocytes in nucleus stage II (ONII) were characterized by irregularity of the nuclear envelope thought to represent activation of the oocyte nucleus. The oocyte nucleus breakdown stage (ONBD) was identified by breakdown of the nuclear envelope and the presence of condensed chromatin. The metaphase I (MI) stage is characterized by the presence of chromosomes in the ooplasm. The final stage, metaphase II (MII), is characterized by the presence of the first polar body.

### **Analyses of Data**

Twenty-four cows were assigned to this experiment. Data were not collected from one cow in which the dominant first wave follicle began to regress prior to ovariectomy. During the recovery, processing and sectioning of oocytes, seven were lost or damaged so that no data relative to cumulus and oocyte morphology were available from these

animals. Size of the largest follicle and concentrations of peripheral hormones were examined using the PROC MIXED procedure of SAS (SAS, 1988) with treatment, day of the estrous cycle and the treatment by day interaction included in the model. Cow within treatment was used as the error term in this analysis. Data on cumulus cell and oocyte morphology were analyzed as a 2 x 2 factorial design using the GLM procedure of SAS with treatment, day of ovariectomy and their interaction included in the model. The percentages of cumulus cell processes that were intact, degenerating or degenerated were analyzed following arcsine transformation. When interactions were detected, differences among individual treatments were determined by the test of least significant difference (SAS, 1988). The proportions of oocytes in the ONI or ONII stage were examined using Lancaster's Chi-square analysis.

## **RESULTS**

### **Peripheral Concentrations of Progesterone and Estrogen and Follicular Dynamics**

Initiation of luteolysis during treatment with a low dosage of progesterone created changes in the patterns of peripheral progesterone (Fig. 1) that altered the pattern of secretion of estradiol. Although low dosages of progesterone did not increase peripheral progesterone during d 4 to 6, peripheral concentrations of estradiol declined after insertion of a CIDR on d 4 and remained lower ( $P < .05$ ) than in controls until after d 6. After luteal regression was initiated on d 6 of the estrous cycle, peripheral concentrations of progesterone declined to less than 2 ng/ml and remained low in all treated cows, as expected (Fig. 1). Twenty four hours after initiation of luteal regression (d 7), as progesterone declined, peripheral concentrations of estradiol increased and tended ( $P < .06$ ) to be higher in treated than in control cows. During the period 48 to 96 h (d 8 to 10)

after initiation of luteal regression, peripheral concentrations of estrogen were greater ( $P < .01$ ) in treated than in control cows (Fig. 2). Concentrations of progesterone in treated cows declined to 1 to 1.5 ng/ml during this period, but increased to  $>2$  ng/ml in controls. Diameter of the largest follicle did not differ between treatments on d 8 but by d 10 diameter of the largest follicle was greater ( $P < .05$ ) in treated than in control cows (Fig. 3). Growth of the largest follicle appeared to plateau by d 8 in control but not in treated cows (Fig. 3).

### **Concentrations of Steroids in Follicular Fluid**

Intrafollicular concentrations of progesterone did not differ with treatment, day of ovariectomy or their interaction. Furthermore, the ratio of estradiol to progesterone was  $> 1$  in all follicles, indicating that all were estrogen active and should not have been atretic. Concentrations of estradiol in follicular fluid were several fold greater ( $P < .0001$ ) in treated than in control cows on both d 8 and d 10 and no treatment by day interaction was detected (Fig. 4).

### **Characteristics of Cumulus Cells and Oocytes**

#### **Nuclear Morphology of Oocytes**

Oocytes from treated animals on d 8 and 10 and control animals on d 10 were more advanced in their development as evidenced by a day by treatment interaction for stage of the nucleus and for degree of irregularity of the nuclear membrane (Table 1). Two of three oocytes collected from control animals on d 8 were at the ONI (Hyttel et al., 1987; Assey et al, 1994a,b); whereas, all oocytes in the other groups were at ONII (Fig. 5, a-d). A greater degree of irregularity in the shape of the nucleus in oocytes observed when control d 8 oocytes were compared to oocytes in all other groups ( $P < .05$ ; Table 1).

In some oocytes collected on d 10 in both groups the nuclear membrane was highly irregular, folding back on itself and forming invaginations (Fig. 6d). While germinal vesicle breakdown was not observed, the typical bilayer structure of the membrane was not present in some areas at which the nuclear membrane was highly convoluted (Fig. 6e).

### **Cumulus Cells**

The degree of cumulus expansion varied with day ( $P < .05$ ) being greater on d 10 than on d 8 (score of 1.5 vs 1.0). No treatment or day by treatment interaction could be detected statistically. A significant treatment by day interaction was detected ( $P < .05$ ) in the proportion of intact cumulus cell process endings due to the high proportion in control cows on d 8 relative to the other groups (Table 1). The majority of cumulus cell processes appeared to be in close contact with the oocyte in the control d 8 cows. In all other groups many cumulus cell processes appeared to be retracting, more superficial and degenerating as evidenced by the presence of vacuoles, lysosomes and in some cases, breakdown of the cell membrane.

### **Cytoplasmic Morphology**

Although no differences were detected in the percent of the cytoplasm occupied by lipid or by mitochondria, the distribution of mitochondria changed from peripheral and diffuse in control cows on d 8 to more cortical and clustered in all other groups ( $P < .05$ ; Table 1). In addition, mitochondrial morphology differed between oocytes from control cows on d 8 and all other groups ( $P < .05$ ) with the percentage of normal mitochondria being greatest in control cows on d 8. The percentage of hooded

mitochondria was greater in oocytes from treated animals on d 8 and in both groups on d 10 than in control cows on d 8 (Table 1). Hooded mitochondria are a form of pleomorphic mitochondria and are a distinctive feature of oocytes from ruminants, found in very few other species or tissues ( Flemming and Saacke, 1970; Stephens and Bills, 1965; Assey et al., 1994a,b; Fig. 6c).

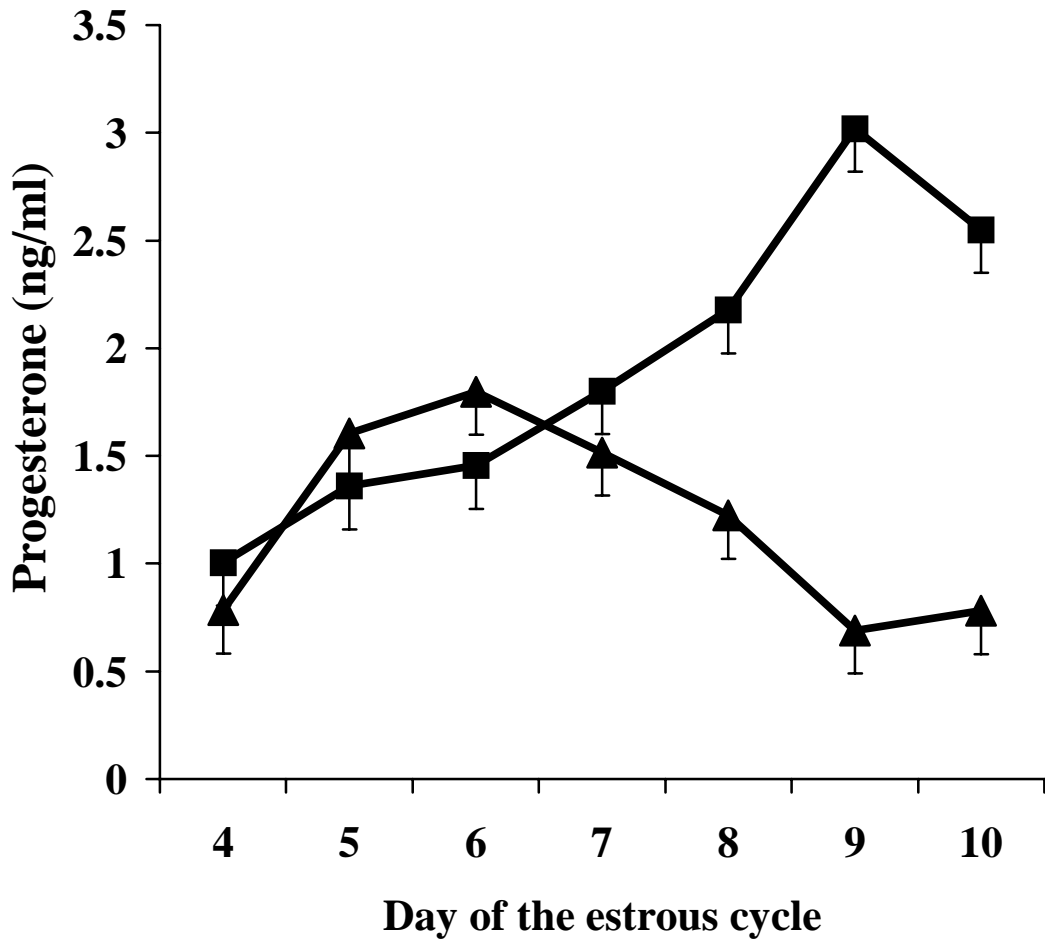


Fig. 1. Patterns of concentrations of progesterone in serum of cows treated with low dosages of progesterone (triangles) and in control cows (squares) from d 4 until ovariectomy on d 8 or 10 of the estrous cycle.

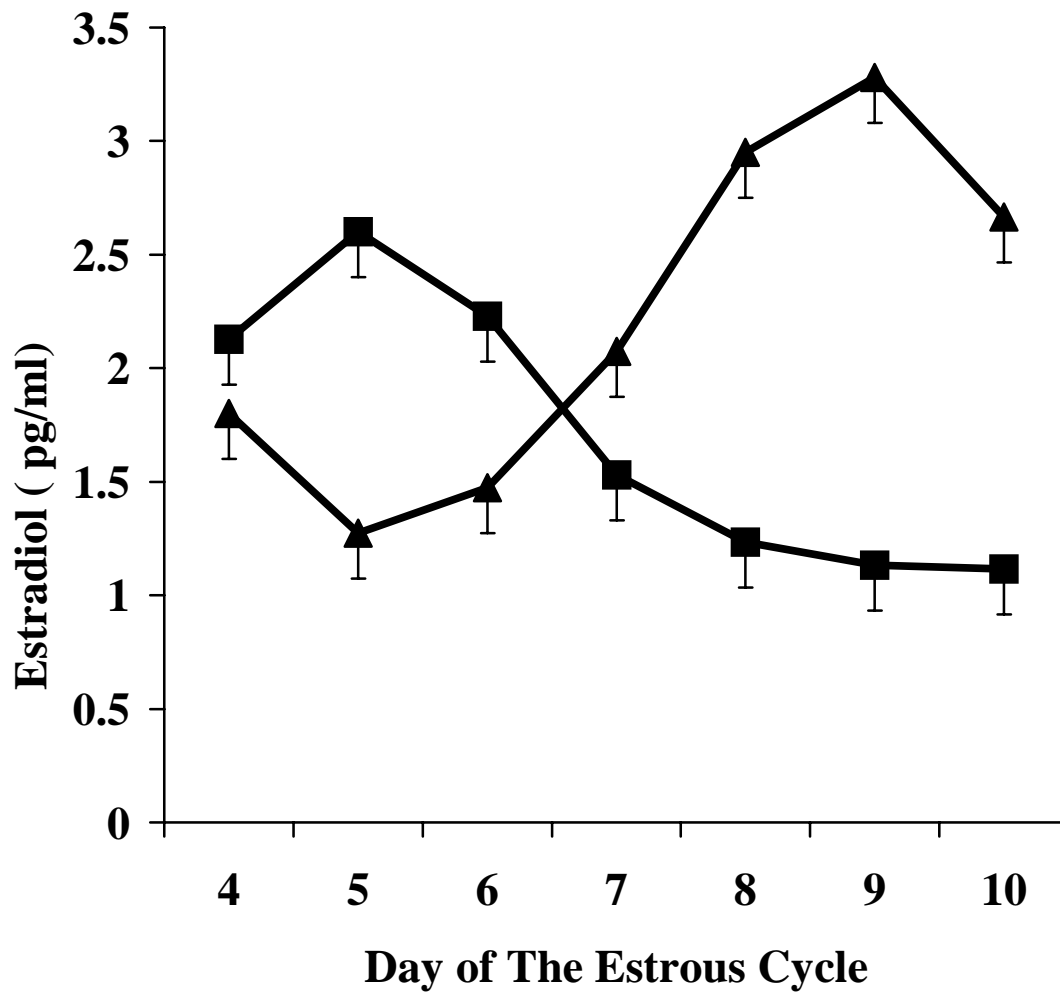


Fig. 2. Patterns of concentrations of estradiol in serum of cows treated with low dosages of progesterone (triangles) and in control cows (squares) from d 4 until ovariectomy on d 8 or 10 of the estrous cycle.

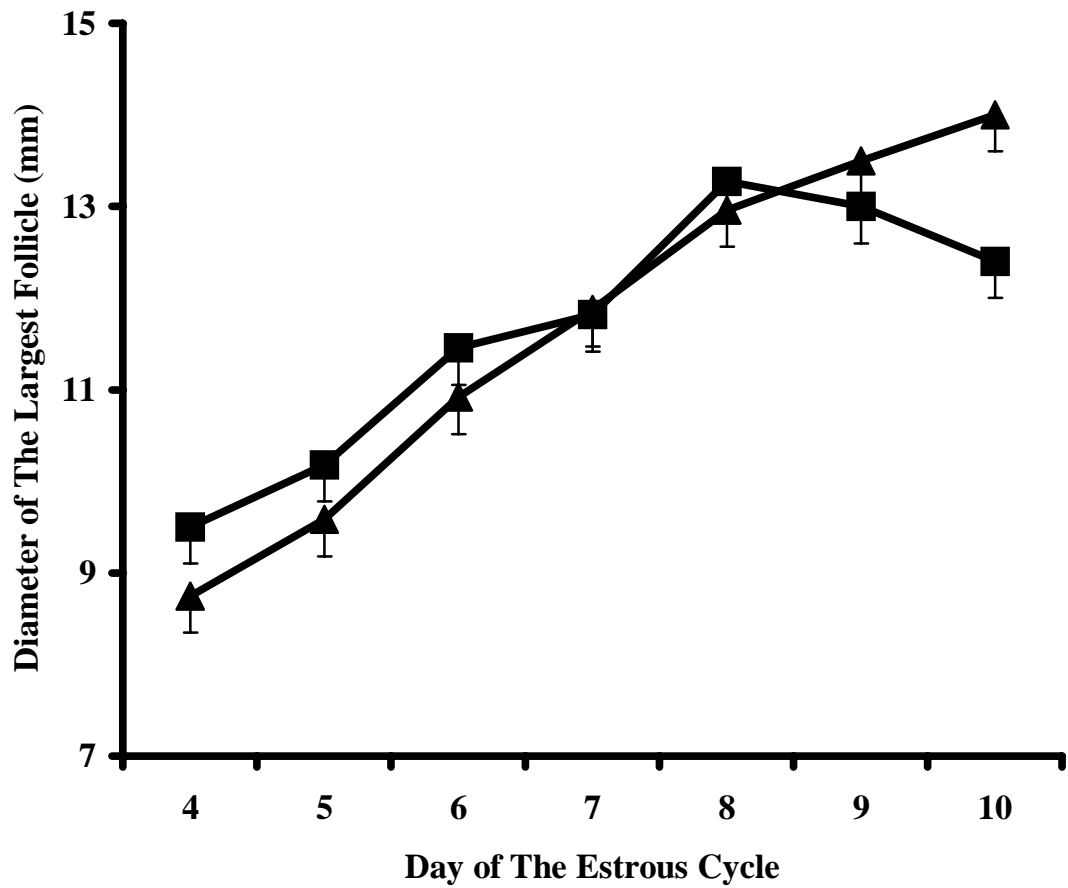


Fig. 3. Diameter of the largest follicle in cows treated with low dosages of progesterone (triangles) and in control cows (squares) from d 4 through d 8 or 10 of the estrous cycle.



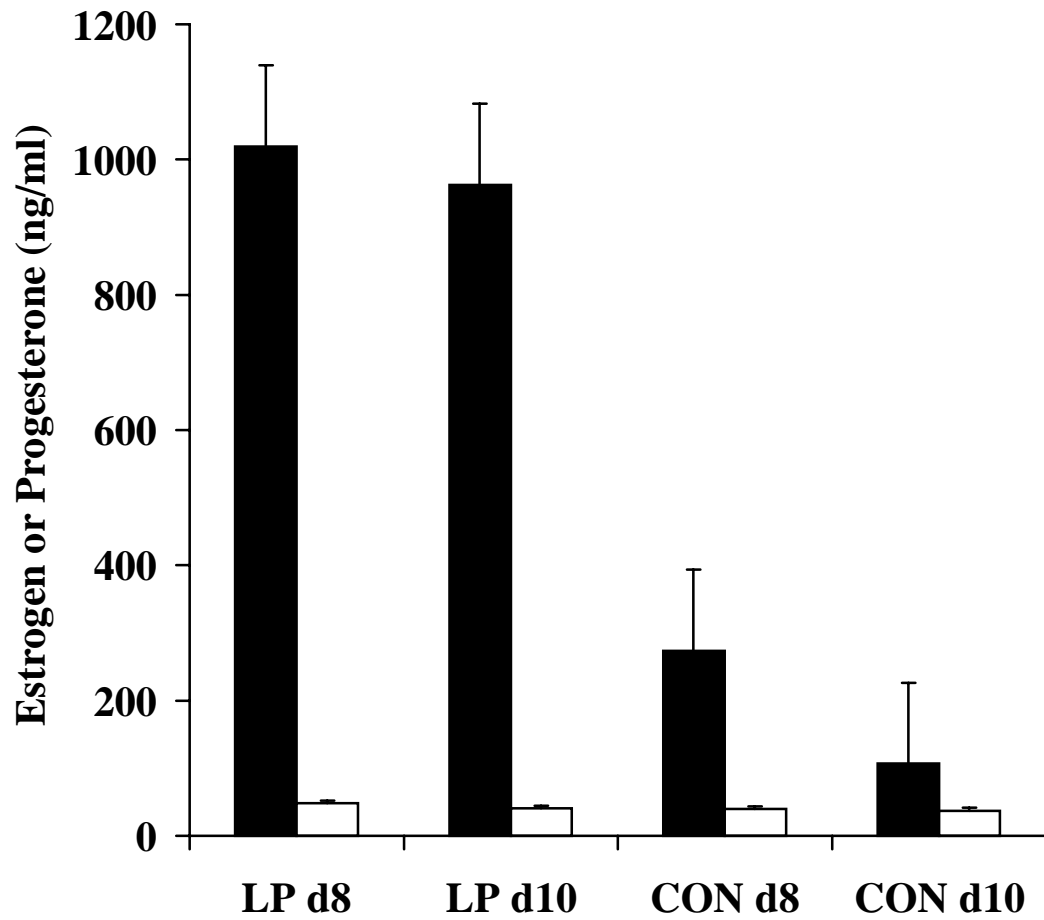


Fig. 4. Concentrations of estradiol (black bar) and progesterone (striped bar) in follicular fluid collected on d 8 or d 10 after estrus in cows treated with a low dosage after d 6 of progesterone or in control cows.

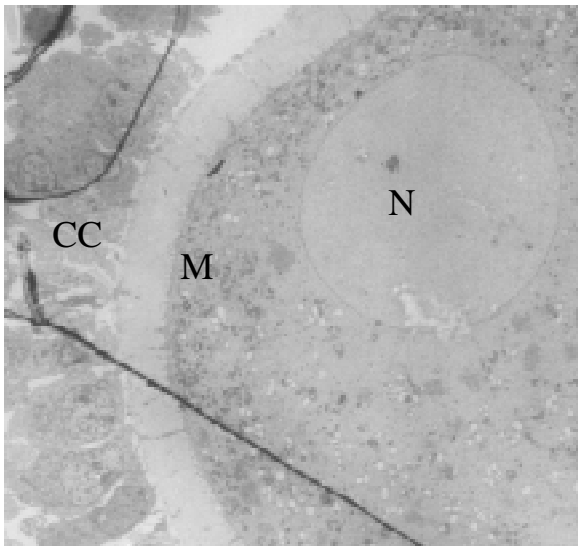
Table1. Summary of data for characteristics of cumulus cells and oocytes

Variables	Control		Low Progesterone	
	Day 8	Day 10	Day 8	Day 10
Cumulus Cell				
Expansion <sup>c</sup>	0.50 ± 0.35	1.80 ± 0.27	1.50 ± 0.35	1.70 ± 0.27
Cumulus Cell Processes				
Intact (%)	73. ± 13 <sup>a</sup>	16. ± 9.87 <sup>b</sup>	30 ± 13 <sup>b</sup>	23 ± 10 <sup>b</sup>
Degenerating (%)	19 ± 11	31 ± 8	45 ± 9	41 ± 7
Degenerated (%)	4 ± 16	52 ± 11	25 ± 13	36 ± 10
Nucleus				
Stage I	2/3 <sup>a</sup>	0/5 <sup>b</sup>	0/3 <sup>b</sup>	0/5 <sup>b</sup>
Stage II	1/3 <sup>a</sup>	5/5 <sup>b</sup>	3/3 <sup>b</sup>	5/5 <sup>b</sup>
Irregularity of nucleus <sup>c</sup>	0.33 ± 0.33 <sup>a</sup>	1.50 ± 0.28 <sup>b</sup>	1.33 ± 0.33 <sup>b</sup>	1.60 ± 0.25 <sup>b</sup>
Circularity	16 ± 3	19 ± 3	21 ± 3	25 ± 3
Mitochondria				
%area	6.2 ± 1.8	5.7 ± 1.5	7.6 ± 1.6	5.4 ± 1.4
Clustering <sup>c</sup>	0.3 ± 0.3 <sup>a</sup>	1.8 ± 0.2 <sup>b</sup>	1.7 ± 0.3 <sup>b</sup>	1.4 ± 0.2 <sup>b</sup>
Shape				
Normal (%)	73 ± 6 <sup>a</sup>	48.20 ± 5 <sup>b</sup>	46.00 ± 6 <sup>b</sup>	50 ± 5 <sup>b</sup>
Hooded (%)	25 ± 6 <sup>a</sup>	49 ± 5 <sup>b</sup>	51 ± 6 <sup>b</sup>	46 ± 5 <sup>b</sup>
Other (%)	1 ± 1	1 ± 1	3 ± 1	4 ± 1
Lipid (%area)	25 ± 6	26 ± 5	29 ± 6	35 ± 4

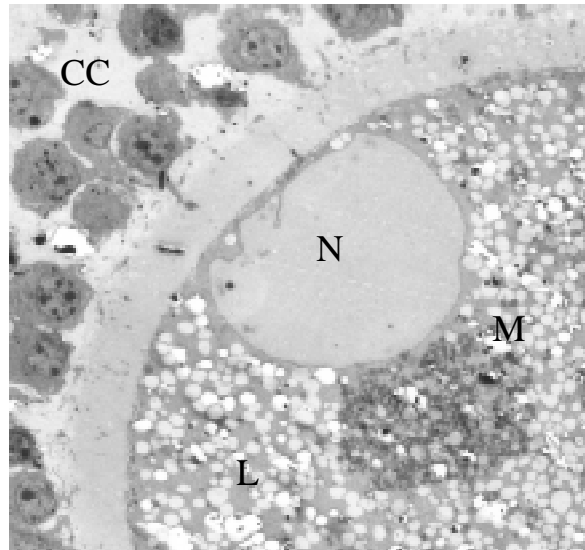
a,b Values (mean ± SEM) with different superscripts in same row differ (P < .05).

<sup>c</sup>Variable was evaluated on a scale of 0, 1 or 2; see text for details.

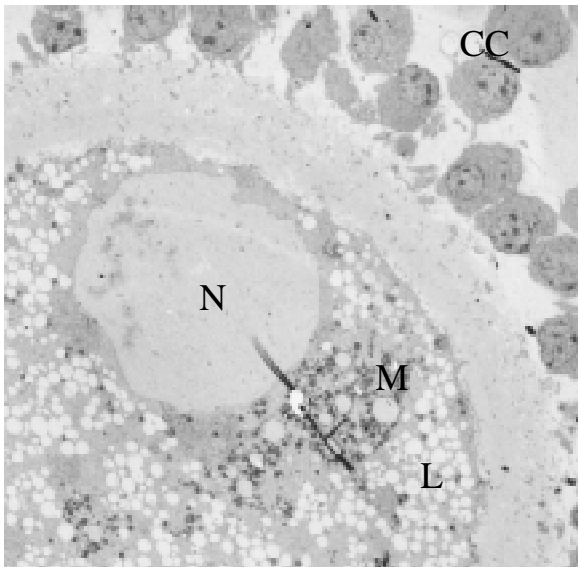
**Fig. 5** Representative micrographs- CC, cumulus cells; N nucleus; ZP, zona pelucida; L, Lipid; M, mitochondria (1,100 X). Cows were treated either with a low dose of progesterone and PF<sub>2α</sub> to produce low peripheral concentrations of progesterone or received no treatment (control). (a) Oocyte recovered on d 8 from control cow, note round nucleus and peripheral distribution of mitochondria. Notice irregular shape of the nucleus, clustering of mitochondria and expansion of cumulus cells, in oocytes from (b) a treated cow on d 8 (c) a control cow on d 10 or (d) a treated cow on d 10.



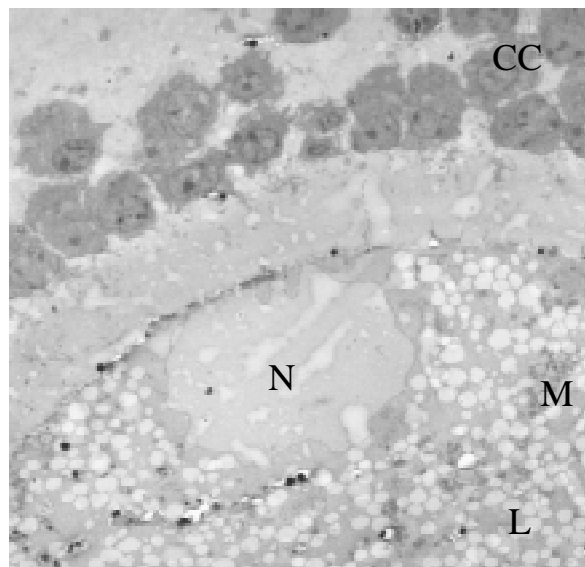
A



B

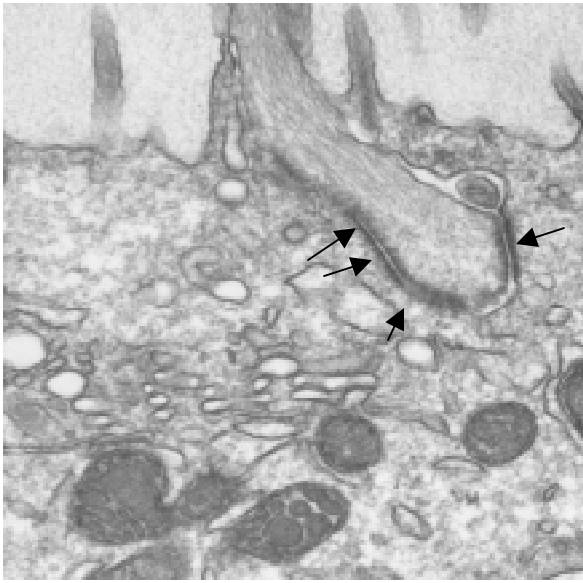


C

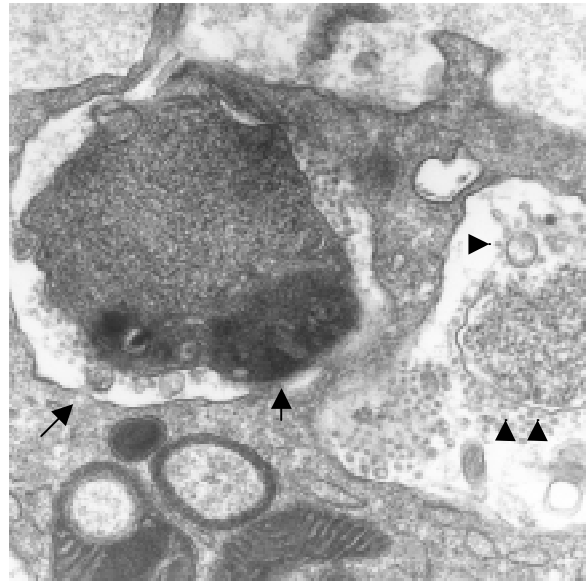


D

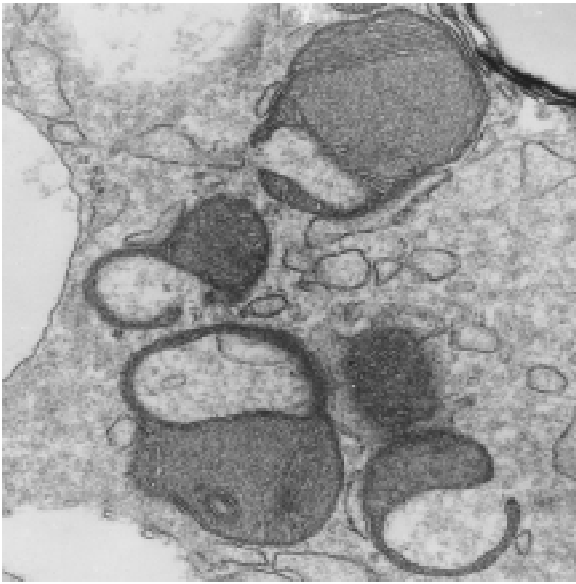
Fig. 6. Representative micrographs (a) Intact endings of cumulus cell processes in control animal on d 8 (arrows; 33,000X). (b) Degenerated endings of cumulus cell processes lacking contact with oolema (arrows) and on the right (arrowheads), appearing to have broken down completely (35,000X) in oocyte from treated cow on d 10. (c) Hooded mitochondria (27,500X) in oocyte from treated cow on d 8. (d) Invagination in nuclear envelope (21,000X) in oocyte from control cow on d 10. (e) Section of nuclear membrane that appears to be breaking down in oocyte from control cow on d 10, note intact section on left (arrows) and disrupted section on right (arrowheads; 41,250X).



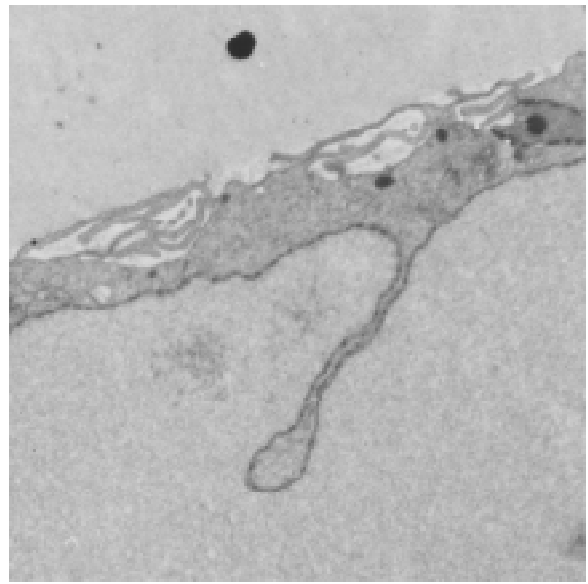
A



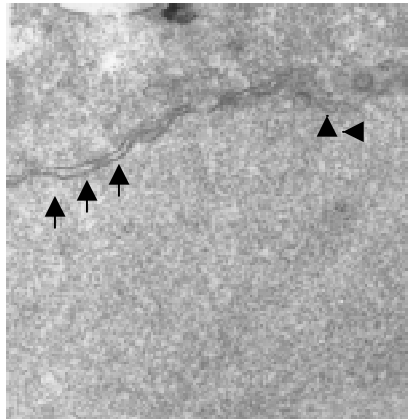
B



C



D



E

## DISCUSSION

Follicular function and oocyte morphology were altered in this study within 48 h after a reduction in progesterone to a sustained low concentration. Similar changes were observed previously as a result of maintaining low progesterone (Ahmad et al., 1995; Revah and Butler, 1996; NE-161, 1996; Taft et al., 1996) for 7d or more. However, comparisons to follicles of the same age were not made (Mihm et al., 1994, 1999; Revah and Butler, 1996, Revah et al. 1997). In contrast, oocytes in this study were collected shortly after peripheral concentrations of progesterone were reduced and comparisons were made to follicles of a similar age.

Both peripheral and intrafollicular concentrations of estrogen increased after d 6 in treated cows, but size of the largest follicle was not greater than in control cows until d 10. In previous studies, a reduction, or maintenance of low concentrations of progesterone, resulted in an increase in the frequency of pulses of LH in peripheral circulation (Roche and Ireland, 1982; Stock and Fortune, 1993; NE-161, 1996; Bergfeld et al., 1997). Expression of aromatase in granulosa cells was not increased after a reduction in progesterone (Tian et al., 1995). Instead, thecal expression of side chain cleavage enzyme (SCC),  $3\beta$  hydroxysteroid dehydrogenase ( $3\beta$ HSD), and  $17\alpha$  hydroxylase increased, making more androstenedione available for aromatization by granulosa cells (Tian et al., 1995; Xu et al., 1995). Thus, increased expression of steroidogenic enzymes in the thecal layer, as a response to increased frequency of pulse of LH, could account for the increase in estradiol in cows with low concentrations of progesterone.

Alternatively, increased synthesis of estradiol in the present study may have resulted from reduction of the direct inhibitory effect of progesterone or the CL. After withdrawal of progestogens, Bergfeld et al. (1997) reported that peripheral concentrations of estrogen increased before changes in secretion of LH were detected. Gust et al. (1984) found that peripheral concentrations of estrogen increased within 4 h after the initiation of luteal regression in ewes, even when changes in secretion of LH were blocked by systemic infusion with dopamine. Fogwell et al. (1978) prevented increased secretion of LH in cows after luteal regression and observed that concentrations of estrogen were increased. In cows, with normal concentrations of progesterone (Taft et al., 1996) mimicked the pattern of secretion of LH (1 exogenous pulse every 2 h) observed during maintenance of low peripheral concentrations of progesterone. Peripheral concentrations of estrogen were not increased by LH in this case, although GnRH at a greater frequency (1 exogenous pulse per h) did increase estrogen secretion in heifers during the luteal phase (Glencross et al., 1987).

Intrafollicular concentrations of estradiol in treated cows were increased to approximately 1µg/ml, a value similar to that reported for follicular fluid from preovulatory follicles (Ireland and Roche, 1982). In both cases, peripheral concentrations of progesterone were reduced and the frequency of pulses of LH was increased as were peripheral and intrafollicular concentrations of estrogen (Cupp et al., 1992; Bergfeld et al, 1996; Taft et al., 1996; Revah and Butler, 1996; Bigelow and Fortune, 1998). In the absence of exogenous progesterone, these changes in follicular function culminate in the LH surge and ovulation, but during treatment with low progesterone the surge of LH and ovulation are delayed until after withdrawal of progesterone.



The idea that similar changes in follicular function occur after luteolysis regardless of whether low concentrations of exogenous progesterone are present was supported by the changes in oocyte morphology observed in this study. Oocytes from control animals on d 8, had a round nucleus, mitochondria were dispersed and located in the periphery, cumulus cell processes were in contact with the oocyte, and cumulus cells had not expanded (Hyttel et al., 1987; Assey et al., 1994a,b). In oocytes collected on d 8 and 10 during treatment with low dosages of progesterone, the nucleus was irregular in shape and had an irregular nuclear membrane. Mitochondria were found in clusters and were located more centrally. Endings of cumulus cell processes appeared to be retracting and degenerating and cumulus cells were partially expanded. The morphology of the oocytes was similar to that of oocytes in other studies collected 24 h after initiation of luteal regression, but well before the LH surge (Hyttel et al., 1987, Assey et al., 1994a,b).

Hyttel (1987) and Assey (1994a,b) concluded that changes in oocyte morphology following luteolysis indicated that activation and “prematuration” of the oocyte had occurred. These steps preceded germinal vesicle breakdown and resumption of meiosis and were thought to represent changes in the oocyte that were necessary for transcription of ribosomal RNA and synthesis of proteins required for germinal vesicle breakdown and condensation of chromatin (Sirard et al., 1989; Kastrop et al., 1991; Fissore et al., 1996; Levesque and Sirard, 1996). Altering the timing of these processes likely would reduce the subsequent developmental capacity of the oocyte (Greve et al., 1995).

Although the kinetics of oocyte maturation have not been evaluated, it is apparent that treatment with a low dosage of progesterone extended the interval between the prematuration and subsequent developmental processes in this study and in others (Mihm

et al., 1994, 1999; Revah and Butler, 1996). Lengthening the interval between initiation of oocyte maturation and activation of the embryonic genome at the 8 to 16 cell stage of embryonic development (Frei et al., 1989) may have exhausted stores of mRNA upon which oocytes and embryos depend. Consequently, oocytes were unable to make proteins needed for development, resulting in death of embryos. Revah et al. 1997 observed that maturation promoting factor kinase activity was reduced and that chromatin was condensed and scattered in oocytes collected after low progesterone had been maintained for 7 d. Those oocytes may have been unable to continue to synthesize proteins needed to control the cell cycle and maintain spindle structure when the time between initiation of maturation and ovulation was extended. Therefore, intrafollicular aging may account for the reduced developmental capacity of oocytes from follicles in which growth is prolonged by maintaining low concentrations of progesterone.

If oocytes from large follicles normally undergo prematuration following luteolysis and can complete meiosis before exogenous progesterone is withdrawn, when does oocyte maturation begin? In general, the LH surge is presumed to initiate oocyte maturation. However, in rats and rabbits, dosages of LH that were insufficient to cause ovulation stimulated oocytes to resume meiosis (Pincus and Enzmann, 1935; Mattheij et al., 1994; Dekel et al., 1995). The increased secretion of LH following a reduction in progesterone may initiate oocyte maturation. Prematuration may represent the earliest stages of oocyte maturation rather than a separate process.

The mechanisms by which LH could promote meiosis include effects on cumulus cells to reduce the function and number of gap junctions between cumulus cells and oocytes (Sherizly et al., 1988), blocking the flow of a meiosis inhibiting factor (Dekel et

al., 1978,1991) or stimulating the thecal production of sterols that promote meiosis (Richard and Sirard, 1993, Mottlik et al., 1996). However, Mihm et al. (1999) did not detect changes in secretion of LH, but observed that oocytes had undergone prematuration when collected after four days of dominance, the last two of which occurred during maintenance of low progesterone. Oocytes in the study by Mihm et al. (1999) were collected 18 h after progestogen withdrawal and were not compared to oocytes from cows in which progestogen treatment had been continued; prematuration may have occurred as the result of ending treatment rather than as a result of treatment.

Aside from the possible adverse effects of extending the time between the initiation of meiosis and subsequent developmental events, prolonged exposure to elevated concentrations of estrogen may have an adverse impact on the oocyte. Receptors for estrogen are found on oocytes (Wu et al., 1992, 1993) and in rats, prolonged exposure of oocytes to elevated concentrations of estrogen within the follicle reduced the percentage of normal embryos after mating (Butcher and Pope, 1979). Prolonged exposure to increased concentrations of estrogen may have similar adverse effects in cattle (Breuel et al., 1993; Wehrman et al., 1993; Ahmad et al., 1995). Alternatively, in cattle, increased estrogen may be only a marker for effects of increased LH or other changes in follicular function that initiate oocyte maturation during the cascade of preovulatory events. Ablation of estrogen and replacement therapy have not been tested in this species.

Oocytes collected on d 10 from control cows were similar in morphology to oocytes from treated animals indicating that prematuration occurred not only as a consequence of treatment with low dosages of progesterone but as a consequence of

aging of the follicle in animals with normal progesterone. Growth of the largest follicle in control cows plateaued by d 10, but follicles were estrogen-active and based on the ratio of estrogen to progesterone were not atretic (Ireland and Roche, 1983). However, an appreciable amount of apoptosis occurs before the ability of a follicle to produce estradiol declines (Jolly et al, 1997a,b). Jolly (1994) observed that signs of apoptosis could be detected in 80% of follicles with a ratio of estrogen to progesterone greater than one. Therefore, changes in oocytes were probably a sign that atresia was beginning and that communication between the cumulus cells and oocyte had broken down as evidenced by the decrease in intact endings of cumulus cell processes. Ovulation of an aged oocyte may occur in this situation as oocytes from atretic follicles can resume meiosis and some atretic follicles can ovulate. However, Moor and Trounson (1977) observed that oocytes recovered from the atretic follicles of ewes had difficulty in progressing to metaphase II. It is not known if bovine oocytes have similar defects.

Reduced pregnancy rates following treatment with PGF<sub>2α</sub> on d 10 (Momont and Seguin, 1984; Watts and Fuquay, 1985) may be the result of ovulation of aged oocytes from early atretic follicles. Growth of the first wave follicle usually plateaus near d 10 and the next cohort of follicles is recruited near this time as well (Pierson and Ginther, 1987; Sirois and Fortune, 1988). Hence, initiation of luteolysis on d 10 may result in the ovulation of first wave follicles that contain oocytes that have begun to mature prematurely. Changes in oocyte morphology such as irregularities in the nuclear membrane and alterations in distribution of organelles may be early markers for atresia as cell-cell communication is impaired and the flow of inhibitors of meiosis to the oocyte is blocked. In support of this idea, Hagemann et al. (1999), reported that oocytes from

follicles whose growth had plateaued did not develop as well as oocytes from growing follicles following in vitro fertilization.

Because oocytes are capable of secreting substances that can alter follicular function, an interesting possibility is that changes in oocyte function as atresia begins could alter follicular function, hastening atresia. Factors originating in the oocyte have been implicated in such follicular functions as luteinization (El -Fouly et al., 1970), steroidogenesis and expression of gonadotrophin receptors (Vanderhyden et al., 1998; Eppig, 1993). Other authors have observed no effects of oocytes on these same processes (Channing and Tsafiriri, 1977). It would be interesting to relate changes in oocyte morphology to other indices of atresia and to determine if oocytes affect the process of atresia.

One common feature of oocytes from all groups was the presence of pleomorphic mitochondria. While many were hooded, other shapes including dumbbell and cloverleaf shapes were noted, but vacuolated mitochondria as described in compact bovine morulae (Crosier et al., 1999) were not observed. Hooded mitochondria have been described previously as common in bovine oocytes (Senger and Saacke, 1970; Fleming and Saacke, 1972; Hyttel et al., 1987; Assey et al., 1994a,b). Fleming and Saacke proposed that the hood served to increase surface area and facilitated transport from the endoplasmic reticulum to hooded mitochondria. They proposed that hooded mitochondria were a unique feature of ruminant oocytes as they were found also in oocytes from goats and sheep. However, they have been observed in opossum oocytes, in normal rat liver and in rat liver following induction of vitamin B-12 deficiency with hydroxycobalamin (Stephens and Bills, 1965; Tandler et al., 1991). Induction of vitamin B-12 deficiency

results in the production of metabolic intermediates that interfere with mitochondrial metabolism. During this deficiency, the number of mitochondria is increased and hooded mitochondria become prevalent, but the link between form and function is unknown.

The observation that changes in the shape of mitochondria occur in a variety of species including turkeys, mice, pigs, cows, sheep and goats may be more important than the actual shape assumed (Senger and Saacke, 1970; Cran and Moor, 1980; Assey et al., 1994a,b; Carlson et al., 1996). Changes in mitochondrial shape may indicate changes in oocyte function that are similar in the various species; what differs is the way mitochondria respond. Given the role of mitochondria in metabolism, changes in the shape and distribution of mitochondria are likely the result of changes in metabolism within oocytes. Changes in mitochondrial morphology were observed in this study at the same time cumulus cell processes began to breakdown and the distribution of mitochondria became more clustered often in association with lipid droplets. These changes may represent a shift in oocyte metabolism from a dependence on the cumulus cells to a dependence on internal stores of energy and nutrients. Further studies into oocyte mitochondrial function may yield interesting information about oocyte metabolism.

In conclusion, changes in concentrations of estradiol and oocyte morphology typically associated with the preovulatory period occurred on d 8 two days after a reduction in progesterone, although low peripheral concentrations of progesterone were maintained. It appeared that these earliest stages of oocyte maturation occurred in response to a reduction in progesterone. Similar changes in oocyte morphology were observed in control animals on d 10 of the estrous cycle. Thus, while changes in oocyte

morphology in the treated group on d 8 were the result of changes in progesterone and/or secretion of LH or estradiol, changes in control animals on d 10 probably represent the onset of atresia.

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