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## Comparison of two protocols for maxillary protraction: tooth anchored versus bone anchored protraction facemask

Nicole M. DeShon

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**Comparison of two protocols for maxillary protraction: tooth anchored  
versus bone anchored protraction facemask**

Nicole M. DeShon

Thesis submitted to:  
The School of Dentistry  
at West Virginia University  
in partial fulfillment of the requirements for the degree of

Master of Science in  
Orthodontics

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Morgantown, West Virginia  
2014

Key Words: maxillary protraction, Class III, hybrid hyrax  
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# ABSTRACT

## **Comparison of two protocols for maxillary protraction: tooth anchored versus bone anchored protraction facemask**

Nicole M. DeShon, DMD; Peter Ngan, DMD; Chris Martin, DDS, MS; Bryan Weaver, DDS, MD; Benedict Wilmes, DDS, PhD; Erdogan Gunel, PhD

Early orthopedic interventions have been advocated for patients presented with Class III malocclusion. However, many conventional treatment modalities have negative dental changes that accompany the positive skeletal changes. There is a lack of literature on comparing a new hybrid hyrax bone anchored maxillary protraction to conventional tooth anchored maxillary protraction. The objective of this retrospective study is to quantify and compare differences in craniofacial morphology, if any, between patients treated with tooth anchored versus bone anchored maxillary protraction. A total of 40 patients (16 males, 24 females) with Class III malocclusion who had received early orthopedic treatment with tooth anchored maxillary expansion and protraction or with bone anchored hybrid hyrax maxillary expansion and protraction were selected for the study. Lateral cephalograms were taken at the start of phase I treatment (mean age  $9.8 \pm 1.6$  for tooth anchored and  $9.6 \pm 1.2$  for bone anchored) and at the end of maxillary protraction. A custom cephalometric analysis based on variables described by Bjork and Pancherz, Mcnamara, Tweed, Jaraback, and Steiner was used. Data were analyzed using a one-way analysis of variance with  $p < 0.05$ . Significant differences between the two groups were found in 8 out of 37 cephalometric variables after maxillary protraction ( $p < 0.05$ ). Subjects in the tooth anchored group had more proclination of maxillary incisors, an increased overjet correction and molar relationship correction, an increased downward movement of A point, a decreased vertical position of the maxillary incisor, an increased opening of the articulare angle (S-Ar-GoI), an increase in mandibular plane (SNL-ML and FH-ML). These results show that there is similar forward movement of A point and the same amount of forward movement of the maxillary molars between the two maxillary protraction modalities. Based on the sum total of these results, the hybrid hyrax bone anchored maxillary protraction may be a better treatment alternative for Class III patients with a hyperdivergent growth pattern.

## DEDICATION

To my mother, **Magie**, you are my world. You have been by my side every step of my journey. Thank you cannot even begin to express my gratitude. You have been my sounding board, my voice of reason, my constant support and rock, and my best friend. Without your wisdom, guidance, and sacrifices, I would never have gotten this far. I love you and I thank you more than words can say.

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To my co-resident, **Deepa**, who has been my constant companion for nearly three years. You are the sister I would choose for myself. Thank you for being my partner in crime, my teacher and my friend. I will miss you so much.

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## Table of Contents

<b>LIST OF FIGURES</b> .....	VIII
<b>LIST OF TABLES</b> .....	IX
<b>CHAPTER I: INTRODUCTION</b> .....	ERROR! BOOKMARK NOT DEFINED.1
BACKGROUND .....	1
PURPOSE OF THE STUDY .....	4
STATEMENT OF PROBLEM .....	4
SIGNIFICANCE OF THE PROBLEM .....	<b>ERROR! BOOKMARK NOT DEFINED.</b>
NULL HYPOTHESIS .....	5
DEFINITION OF TERMS .....	6
ASSUMPTIONS .....	9
LIMITATIONS .....	9
DELIMITATIONS .....	9
<b>CHAPTER II: LITERATURE REVIEW</b> .....	10
HISTORY AND CLASSIFICATION OF MALOCCLUSION .....	10
THE PREVALENCE OF CLASS III MALOCCLUSION .....	111
MORPHOLOGY OF CLASS III MALOLCCUSION .....	11
ETIOLOGY OF CLASS III MALOCCLUSION .....	133
CRANIOFACIAL GROWTH .....	133
COMPONENTS TO CLASS III MALOCCLUSION .....	155
<i>Sagittal component to Class III malocclusion</i> .....	155
<i>Vertical component to Class III malocclusion</i> .....	166
<i>Transverse component to Class III malocclusion</i> .....	16
GROWTH OF CLASS III MALOCCLUSION .....	166
TREATMENT OF CLASS III MALOCCLUSION .....	188

<i>Camouflage Treatment</i> .....	18
<i>Functional and orthopedic appliances</i> .....	19
<i>Orthognatic Surgery</i> .....	23
TREATMENT TIMING FOR CLASS III MALOCCLUSION.....	24
<b>CHAPTER III: MATERIAL AND METHODOLOGY</b> .....	27
SAMPLE DESCRIPTION.....	27
IRB APPROVAL.....	29
DATA ANALYSIS .....	30
<i>Time points</i> .....	30
<i>Radiographic Analysis</i> .....	30
<i>Sagittal Measurement</i> .....	344
<i>Vertical Measurements</i> .....	35
<i>Angular Measurements</i> .....	37
METHOD ERROR.....	38
STATISTICAL ANALYSIS .....	40
<b>CHAPTER IV: RESULTS</b> .....	411
AGE AND SEX DISTRIBUTION .....	<b>ERROR! BOOKMARK NOT DEFINED.</b> 41
COMPARISON OF CRANIOFACIAL MORPHOLOGY BEFORE TREATMENT <b>ERROR!</b>	
<b>BOOKMARK NOT DEFINED...</b>	42
CEPHALOMETRIC CHANGES .....	43
CALCULATION OF OVERJET AND MOLAR RELATIONSHIP CHANGES <b>ERROR! BOOKMARK</b>	
<b>NOT DEFINED.</b>	49
<b>CHAPTER V: DISCUSSION</b> .....	504
<b>CHAPTER VI: SUMMARY AND CONCLUSIONS</b> .....	56
SUMMARY .....	56



CONCLUSION .....	566
<b>CHAPTER VII: RECOMMENDATION FOR FUTURE RESEARCHES .....</b>	<b>588</b>
RECOMMENDATIONS: .....	58
<b>REFERNCES .....</b>	<b>ERROR! BOOKMARK NOT DEFINED.59</b>
<b>APPENDIX A: IRB EXEMPTION APPROVAL .....</b>	<b>77</b>

## LIST OF FIGURES

Figure 1. Hybrid Hyrax Appliances.....	28
Figure 2. Skeletal and Dental Landmarks.....	31
Figure 3. Reference Lines.....	33
Figure 4. Reference Grid and Landmarks Used in Sagittal Measurements	<b>Error! Bookmark not defined.</b> 34
Figure 5. Landmarks Used in Vertical Measurements.....	36
Figure 6. Landmarks Used in Angular Measurements.....	37
Figure 7. Skeletal and Dental Contributions to Overjet correction for Tooth Anchored Group..	50
Figure 8. Skeletal and Dental Contributions to Overjet correction for Bone Anchored Group...	51
Figure 9. Skeletal and Dental Contributions to Molar Relationship correction for Tooth Anchored Group.....	52
Figure 10. Skeletal and Dental Contributions to Molar Relationship correction for Bone Anchored Group.....	53

## LIST OF TABLES

Table 1. Prevalance of Maxillary and Mandibular Anteroposterior Deficiency .....	12
Table 2. Symbols for Different Time Intervals.....	30
Table 3. Skeletal and Dental Landmarks .....	32
Table 4. Definition of Reference Lines.....	33
Table 5. Sagittal Measurements .....	35
Table 6. Vertical Measurements .....	36
Table 7. Angular Measurements .....	397
Table 8. Correlation Coefficients for Sagittal, Vertical, Angular Measuremetns ....	<b>Error!</b>
<b>Bookmark not defined.</b>	<b>39</b>
Table 9. Age and Sex Distribution.....	41
Table 10. Comparison of Craniofacial Morphology before Treatment	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>42</b>
Table 11. Sagittal Measurements at t0 and t1 in Control Group ....	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>43</b>
Table 12. Vertical Measurements at t0 and t1 in Control Group ...	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>43</b>
Table 13. Angular Measurements at t0 and t1 in Control Group ...	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>44</b>
Table 14. Sagittal Measurements at t1 and t2 in Tooth Anchored Group	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>44</b>
Table 15. Vertical Measurements at t1 and t2 in Tooth Anchored Group	<b>Error! Bookmark not defined.</b>
<b>defined.</b>	<b>45</b>

Table 16. Angular Measurements at t1 and t2 in Tooth Anchored Group ..... 45

Table 17. Sagittal Measurements at T1 and T2 in Bone Anchored Group **Error! Bookmark not defined.**46

Table 18. Vertical Measurements at T1 and T2 in Bone Anchored Group**Error! Bookmark not defined.**46

Table 19. Angular Measurements at T1 and T2 in Bone Anchored Group **Error! Bookmark not defined.**47

Table 20. Comparison of Mean Difference between Tooth Anchored and Bone Anchored Groups  
.....**Error! Bookmark not defined.**48

Table 21. Calculation of Overjet and Molar Correction ..... 1249

# CHAPTER I: INTRODUCTION

## BACKGROUND

Treatment of skeletal Class III malocclusion is one of the most challenging problems faced by orthodontists, especially since there are variable responses to treatment and differences in growth of patients with Class III malocclusion. The prevalence of the malocclusion varies among different ethnic groups, with individuals of Asian ancestry having the highest prevalence of 5-22%<sup>1-5</sup> and individuals of European or North American descent ranging from 1% to 12%<sup>3,6,7</sup>.

A developing class III malocclusion can include both skeletal and dentoalveolar components. Skeletally, a Class III patient can exhibit maxillary retrusion, mandibular protrusion, or a combination of both<sup>8-11</sup>. Reports show that two-thirds of skeletal Class III malocclusions are due to either maxillary retrognathism or a combination maxillary retrognathism and mandibular prognathism<sup>12-15</sup>.

Angle characterized Class III malocclusions as having the mesiobuccal cusp of the permanent maxillary first molar occluding distal to the buccal groove of the permanent mandibular first molar. These patients also often present with negative overjet, proclined maxillary incisors, retroclined mandibular incisors, a posterior or anterior crossbite, narrow nasal cavity, prominent chin, and midface deficiency<sup>3-5,11,16</sup>. Moreover, there are complex interactions of genetic and environmental factors, which may act synergistically or in isolation, or may cancel each other out<sup>16</sup>. Contributions from the cranial base, maxilla, mandible, position of temporomandibular joint, and inclination of the dentition to the malocclusion have all been documented in the literature<sup>15,17-19</sup>.

To date, there are three treatment options for Class III patients: orthopedic treatment with or without comprehensive orthodontic treatment, orthodontic camouflage, and surgical correction in conjunction with orthodontic treatment. A number of these orthopedic devices focus on treating the

patients in the early mixed dentition period since literatures have reported that an early correction of the malocclusion allows for a favorable growth environment for dentofacial development and may help prevent more severe malocclusion in late adolescence<sup>20,21</sup>. Early treatment using protraction facemask therapy in conjunction with a rapid maxillary expansion appliance has been shown to be successful in correcting skeletal Class III malocclusions that are due primarily to deficient maxillary development<sup>15,20,22</sup>.

The rationale of maxillary protraction with a facemask is to apply an anteriorly directed force on the maxilla. The forces generated act indirectly on the circummaxillary sutures, which are still patent at an early age, and thereby stimulate bone apposition in the suture areas. The goal of combining the rapid maxillary expansion appliance with the protraction face-mask is to provide a more effective protraction of the maxilla by aiding in disarticulating the circummaxillary sutures to facilitate forward movement of the maxilla<sup>3,5,8,21</sup>.

Conventional protraction facemask therapy, with an indirect application of force to the sutures through tooth borne anchorage, causes both skeletal and dental changes in the maxilla and the mandible. Ideally the direction of force is applied through the center of resistance of the maxilla, which occurs between orbitale and the mesiobuccal cusp of the maxillary first molar<sup>23-25</sup>. Correction of the Class III malocclusion occurs as a result of forward and downward movement of the maxilla, downward and backward rotation of the mandible, labial tip of the maxillary incisors, and lingual tip of the mandibular incisors. This is usually accompanied by an increase in lower face height and a decrease in overbite<sup>26-29</sup>.

The goal of protraction facemask therapy is to obtain major skeletal changes and minimum undesirable dental effects. Previous studies have shown that traditional tooth anchored protraction facemask devices have a loss in anchorage<sup>30,31</sup>. Researchers have noted excessive forward movement and extrusion of maxillary molars, excessive proclination of the maxillary incisors, and an increase in lower face height. This excessive forward movement of the maxillary dentition is a concern especially in

situations in which preservation of arch length is necessary<sup>30,31</sup>. To obtain maximum skeletal changes and minimize undesirable dental effects, it would be reasonable to take advantage of stable skeletal anchorage to transfer the force directly to the circummaxillary sutures.

In this regard, researchers have attempted to design an absolute anchorage system for maxillary protraction<sup>32</sup>. These newer treatment modalities include the use of intentionally ankylosed maxillary deciduous canines<sup>33</sup>, osseointegrated titanium implants<sup>34,35</sup>, onplants<sup>35</sup>, miniscrews<sup>36-38</sup> (58) and most recently miniplates<sup>32,39-46</sup>. Each implants system has strengths and weaknesses. Because of the well-known problems caused by tooth anchored expansion devices, such as buccal tipping, gingival recessions or root damage, techniques have been described based on pure bone anchored RPE devices<sup>47</sup>. Besides the high surgical invasiveness for insertion, they may also cause root lesions and infections<sup>47</sup>. As a consequence, distractors of this type have not become a standard device. Sar<sup>48</sup> describes a technique using miniplates at the lateral nasal wall that are hooked to a protraction facemask to obtain pure skeletal anchorage. This technique also has a high surgical invasiveness, and it does not include an RPE in the design.

To minimize the surgical invasiveness of the pure bone anchored devices, Wilmes et al have introduced the hybrid hyrax, a tooth and bone anchored expander<sup>37,49</sup>. Two mini-implants are placed in the anterior palate and an expansion device is connected to the mini-implants and to the first molars. After expansion the patient undergoes facemask therapy with elastics attached to hooks on the hybrid hyrax. In his initial study, Wilmes found this device to be effective for expansion, and was thought to minimize mesial migration of the dentition when used in conjunction with protraction facemask<sup>37</sup>.

The literature presents several studies or case reports that compare the results from bone anchored protraction facemask therapy to results from conventional tooth borne protraction facemask therapy<sup>39,41,48</sup>. To date no literature has been presented comparing the results of the hybrid hyrax bone anchored maxillary expansion and protraction to tooth anchored maxillary expansion and protraction. The purpose

of this study is to compare results from tooth anchored protraction facemask and bone anchored protraction facemask, and quantify skeletal and dental contributions.

## **PURPOSE OF THE STUDY**

The objective of this study is to quantify and compare skeletal and dental changes between tooth anchored and bone anchored maxillary protraction in Class III patients, as determined from lateral cephalogram radiographs. Sagittal, vertical and angular variables will be analyzed to determine skeletal and dental changes.

## **STATEMENT OF THE PROBLEM**

The literature presents a few studies or case reports that compare the results from bone anchored protraction facemask therapy to results from conventional tooth anchored protraction facemask therapy<sup>39,41,45,48</sup>. To date, no study has been done with the hybrid hyrax appliance in a controlled environment. Wilmes' study did not determine dental and molar contributions from the appliance, and it did not compare the hybrid hyrax results to a conventional tooth anchored facemask group<sup>37</sup>. This study will use the Pitchfork analysis to determine dental and skeletal contributions to overjet correction and molar relationship correction<sup>50</sup>. This study will attempt to determine if bone anchored protraction facemask is more effective and has less negative side effects than traditional tooth anchored protraction facemask therapy.

## **SIGNIFICANCE OF THE PROBLEM**

Being able to choose a treatment modality that significantly improves the patient's malocclusion with minimum negative side effects is ideal. This research will look for a significant difference in skeletal and dental measurements between the bone anchored and the tooth anchored protraction methods.



Results of this study will help clinicians in choosing an effective treatment modality for their Class III patients.

## **NULL HYPOTHESIS**

1. There is no difference in treatment effects for sagittal variables between the tooth anchored and bone anchored protraction facemask groups.
2. There is no difference in treatment effects for vertical variables between the tooth anchored and bone anchored protraction facemask groups.
3. There is no difference in treatment effects for angular variables between the tooth anchored and bone anchored protraction facemask groups.

## **DEFINITION OF TERMS**

1. Class III Malocclusion: Mesial (anterior) relationship of the lower first molar to the upper, a retruded relationship of the upper first molar to the lower, or a combination of the two. The mesiobuccal cusp of the upper first molar will typically occlude near the embrasure between the lower first and second molars.
2. Centric Occlusion: The relationship between upper and lower teeth in normal full functional closure.
3. Centric Relation: The relation between upper and lower teeth when both mandibular condyles are fully seated in their fossae in optimum functional positions.
4. Cephalogram: A term sometimes used as a synonym for cephalometric radiograph
5. Cephalometric analysis: An evaluation of dental and related skeletal relationships based on measurements of cephalometric radiographs.
6. Cephalometric radiograph: A radiograph of the head made with precise reproducible relationships between x-ray source, subject and film. The generally accepted distances between

x-ray source and the center of the subject are 5 feet or 150 cm. The distance between subject and film is usually 15 cm, but may be standardized at a different value or varied with patient size and recorded for each exposure. The two standard orientations are lateral (profile) and postero-anterior (P-A).

7. Cephalometric tracing: A tracing of selected structures from a cephalometric radiograph, made on translucent drafting paper or digitized on computer software for purposes of measurement and evaluation.
8. Comprehensive Orthodontic Therapy: A coordinated approach to improvement of the overall anatomic and functional relationships of the dentofacial complex, as opposed to partial correction with more limited objectives such as cosmetic improvement. Comprehensive orthodontic treatment, usually, but not necessarily, utilizes fixed orthodontic attachments as one treatment modality. May be coordinated with adjunctive procedures (such as extractions, maxillofacial surgery, or other dental services) directed at malrelationships within the entire dentofacial complex.
9. Crossbite: an abnormal relationship of a tooth or teeth to the opposing teeth, in which normal buccolingual relationships are reversed.
10. Deep Bite: Excessive overbite; closed bite
11. Distal: A direction oriented along the dental arch away from the dental midline; right or left in the anterior segment, posteriorly in the buccal segments.
12. Facial Concavity: a term applied to the analysis of a profile. An inwardly rounded curve from forehead to the lips to the chin. A concave facial profile is often associated with a Class III malocclusion.
13. Hyrax Expander: Banded rapid maxillary expansion appliance with an expansion screw in close proximity to the palatal contour, bands on first molars and often first premolars, and lingual support wires added for rigidity.

14. Hybrid Hyrax Expander: A bone anchored and tooth anchored expansion device attached to two mini-implants in the anterior palate and to the first molars.
15. Labial: Of or pertaining to the lip. Also used to identify a surface facing the lips or a direction toward the lips.
16. Lingual: Of or pertaining to the tongue. Used to describe surfaces and directions facing the tongue.
17. Malocclusion: A deviation in intramaxillary and/or intermaxillary relations of teeth that presents a hazard to the individual's well-being. Often associated with other dentofacial deformities.
18. Maxillary expansion: Separation of the two halves of the maxilla achieved in the growing individual with the use of an orthopedic expansion device.
19. Mesial: Toward or facing the midline, following the dental arch. Used to describe surfaces of teeth as well as direction.
20. Mixed Dentition: the developmental stage during which both deciduous and permanent teeth are present in the mouth (approximately 6 to 12 years of age).
21. Orthodontic appliance: any device used for the purpose of influencing tooth position.
22. Occlusion: The relationship of the maxillary and mandibular teeth as they are brought into functional contact.
23. Overbite: Vertical overlapping of upper teeth over lower teeth, usually measured perpendicular to the occlusal plane
24. Overjet: Horizontal projection of upper teeth beyond the lower teeth, usually measured parallel to the occlusal plane.
25. Proclination: Anterior angulation of anterior teeth, as opposed to protrusion, which indicates positional variation.
26. Prognathic: A forward relationship of the maxilla or mandible relative to the craniofacial skeleton.

27. Protraction facemask: An extraoral appliance used to exert a forward and downward vector of force on the maxilla. Also referred to as reverse protraction headgear.
28. Pseudo Class III malocclusion: Relationship in which a Class I skeletal pattern, normal facial profile, and Class I molar relation may occur in centric relation, but a Class III skeletal and dental pattern are observed in centric occlusion.
29. Retroclination: Posterior angulation of anterior teeth.
30. Retrognathic: The condition of the maxilla or mandible that is posterior to its normal relationship relative to the craniofacial skeleton.
31. Retention: The passive treatment period following active orthodontic correction during which retaining appliances may be used.
32. Skeletal Class III malocclusion: Skeletal relationship in which either the mandible is prognathic, the maxilla is retrognathic, or a combination of the two.
33. Tipping: Tooth movement, either spontaneous or therapeutic, in which the angulation of the long axis of the root is changed.
34. Temporomandibular Joint: One of the two paired articulations between the temporal bones and the mandible; the condylar process of the mandible articulates in the articular fossa of the temporal bone.
35. WITS: A measurement used to describe the severity of jaw disharmony. It is measured by drawing a line from the functional occlusal plane (OP) to Point A and also a line from the functional occlusal plane to Point B. The wits measurement is the distance between Point A and Point B on the OP. The projections from points A and B will intersect the occlusal plane at nearly the same point if the jaws are harmonious anteroposteriorly.
36. Centric Relation (CR): The mandibular jaw position in which the head of the condyle is situated as far anterior and superior as it possibly can within the mandibular fossa.

## **ASSUMPTIONS**

1. Cephalometric radiographs taken with different machines at different times can be compared by adjusting the magnification.
2. Cephalometric measurements can be utilized to evaluate growth.
3. Orthopedic forces can modify growth of the maxilla and mandible.
4. The lateral cephalograms for the treated and control groups were taken with the subjects in centric occlusion.
5. Growth between the treatment groups is similar

## **LIMITATIONS**

1. Samples in the two groups were not selected at random.
2. The sample was selected from two different pools of patients: from the private practice of Dr. Benedect Wilmes, Dusseldorf, Germany, and the files of the Post-Doctoral Orthodontic clinic at West Virginia University.
3. It was assumed that since different x-ray units were used to collect data, all the magnification error were accounted for.
4. Gender differences amongst patients
5. Ethnicity differences amongst patients
6. Health history differences amongst patients
7. Cooperation differences amongst patients/parents

## **DELIMITATIONS**

1. One researcher will perform all the cephalometric tracings, measurements, and recordings.
2. Subjects will be delimited to the inclusion criteria as defined in the Materials and Methods section.
3. The study will be retrospective.

## CHAPTER II: LITERATURE REVIEW

### HISTORY AND CLASSIFICATION OF MALOCCLUSION

Mal-alignment of the teeth and jaws, and the use of primitive appliances used to correct these problems, can be found in both Greek and Etruscan cultures<sup>51</sup>. When Edward Angle developed the classification of occlusion late 1800's the focus changed from treating the esthetics of the tooth and jaw problems to treating the actual dental occlusion<sup>51</sup>.

Angle's definition of occlusion is focused on relationship between the mesiobuccal cusp of upper first molar and opposing lower molar<sup>52</sup>. Four classifications were made:

1. Normal occlusion: the mesiobuccal cusp of the maxillary first molars occludes with the buccal groove of the mandibular first molar and the teeth are arranged on a smoothly curving line of occlusion.
2. Class I malocclusion: the mesiobuccal cusp of the maxillary first molar occludes with the buccal groove of the mandibular first molar but discrepancies exist in the line of occlusion.
3. Class II malocclusion: the mesiobuccal cusp of the maxillary first molar is mesial to the buccal groove of the mandibular first molar.
4. Class III malocclusion: the mesiobuccal cusp of the maxillary first molar is distal to buccal groove of the mandibular first molar.

Many additions have been made to the classification system since it was introduced. As time went on, the classification system was used to describe other factors instead of just the molar relationship.

Although many shortcomings exist within the Angle's classification of occlusion, it is still currently the most widely adapted description of occlusion.

In the 1920's, the development of cephalometric radiography allowed orthodontists to evaluate changes that occurred in tooth and jaw positions due to growth or treatment<sup>53</sup>. This tool showed that

Class II or Class III malocclusions are frequently the result of skeletal discrepancies instead of just malpositioned teeth, and that these skeletal discrepancies can be modified by orthodontic/orthopedic treatment. As a result, development of orthopedic appliances to modified growth flourished. Today both orthopedic appliance alone or orthopedic appliances in conjunction with fixed appliances are used as a part of comprehensive orthodontic treatment.

## **THE PREVALENCE OF CLASS III MALOCCLUSION**

The prevalence of Class III malocclusion varies greatly among different ethnic groups, with the highest being among the Asian population ranging from 5%-22%<sup>1,3,4,30,54</sup>. Prevalence of Class III malocclusion among Caucasian is relatively low compared to other classes of malocclusion. It was reported that the incidence of Class III malocclusion ranges from 1% to 12% for white people of European or North American ancestry<sup>3,7,55</sup>. In U.S. studies of African American population groups, the prevalence of Class III malocclusion was reported to be about 6.3%<sup>56</sup>. Among Hispanic population in North America, the incidence was reported to be approximately 8.3%<sup>57,58</sup>.

## **MORPHOLOGY OF CLASS III MALOCCLUSION**

Patients with Class III malocclusion may present with different combinations of abnormal skeletal patterns. Individuals with true Class III skeletal pattern have their mandible naturally positioned more forward to the face/maxilla without incisal interference<sup>10,23</sup>. This skeletal pattern can be a result of maxillary retrusion, mandibular prognathism, or a combination of both. Table 1 lists the frequency of each combination of skeletal components of a Class III malocclusion, as reported by Ellis and McNamara<sup>8</sup>.

Group	Maxilla	Mandible	Percentage
I	Retrusive	Protrusive	30.1%
II	Retrusive	Neutral	19.5%
III	Neutral	Protrusive	19.2%
IV	Protrusive	Protrusive	14.9%
V	Retrusive	Retrusive	7.9%
VI	Neutral	Neutral	4.6%
VII	Neutral	Retrusive	1.6%
VIII	Protrusive	Neutral	1.6%
IX	Protrusive	Retrusive	0.33%

**Table 1. Prevalance of Maxillary and Mandibular Anteroposterior Deficiency**

Based on the results found in Table 1, a retrusive maxilla and protrusive mandible was the most prevalent skeletal combination in Class III malocclusion. A study conducted by Guyer and colleagues(T 5) reported similar results in that 25% of the 144 Michigan children, who were between the ages of 5 and 15 years and had a Class III malocclusion with a retrusive maxilla and a protrusive mandible<sup>23</sup>.

Patients with Class III malocclusion tend to have Angle Class III molars and canines, proclined maxillary incisors, retroclined mandibular incisors, and decreased overbite. In addition, anterior crossbite or an edge-to-edge incisor relationship is frequently observed among Class III patients. For some of these patients, proclination of mandibular incisors and retroclination of maxillary incisors can cause posturing of the mandible in an anterior position due to incisal interference. This is a condition known as pseudo-Class III malocclusion and is really a Class I malocclusion.

Soft tissue appearance wise, patients will Class III malocclusion often have a straight to concave profile<sup>8,59</sup>. The midface appears retrusive relative to the mandible, and the tip of the chin and the lower lips often lie somewhere in front of a vertical line drawn from nasion, perpendicular to the Frankfort Horizontal plane<sup>23,60</sup>. The nasolabial process is often acute, with upper lip appearing more retrusive than the lower lip<sup>8</sup>.



Common features found in cephalometric analysis include a shortened anterior cranial base, acute cranial base angle, obtuse gonial angle, an anteriorly positioned glenoid fossa, proclined maxillary incisors and retroclined mandibular incisors, and occasionally increased lower anterior facial height<sup>15,19,23</sup>.

In summary, Class III malocclusion can be due to retrusive maxilla, prognathic mandible, or a combination of both. Patients with Class III malocclusion may present with different combinations of abnormal dental and skeletal patterns. The end result of skeletal headform depends on the extent of the imbalances and the number and extent of counteracting features<sup>60</sup>.

## **ETIOLOGY OF CLASS III MALOCCLUSION**

Genetics, function, environmental factors, congenital deformities, and size and position of bones have all been shown to play a role in Class III skeletal growth. Several human studies that focus on the role of genetics with regards to Class III malocclusion support the claim that growth and size of the mandible can be hereditary<sup>24-26</sup>. A recent paper by Chang noted the findings of a gene associated with mandibular prognathism<sup>27</sup>. In addition to genetics, environmental factors have also been identified that can contribute to mandibular prognathism. Rakosi and Schilli reported that individuals who have mandibular postural habits to facilitate breathing, or those who are mouth breathers, can present with Class III malocclusion due to tongue posture<sup>61</sup>. Discontinuation of the habit can lead to self-correction. Rakosi and Schilli also noted that occlusal interferences, including negative overjet, may alter mandibular growth and the shape of the mandible<sup>61</sup>. Congenital deformities such as cleft palate and the repair surgeries associated with these deformities can lead to a Class III malocclusion due to restriction of maxillary growth from scar tissues in the maxilla<sup>28,62</sup>.

## **CRANIOFACIAL GROWTH**

In order to assess the growth of Class III malocclusions, one must review facial growth. The bones of the craniofacial skeleton all begin with mesenchymal bone formation in the early fetal

development, with exception of the cranial base, nasal septum, and condyle of the mandible, which undergo endochondral growth<sup>60</sup>. Soft tissue growth around craniofacial skeleton stimulates formation of these bones, and subsequently morphology of the face develops. A main growth mechanism for craniofacial skeletal, especially in the cranium and the midface is sutural growth<sup>57</sup>. As tension develops between the sutures, with the advancing soft tissues, bony apposition takes place. In conjunction to sutural growth, there is also continual bony remodeling consisting of both apposition and resorption. These processes are extremely variable and give individual face its unique characteristics. The process of sutural growth takes place into late adolescent years and bony remodeling continues throughout life<sup>60</sup>.

A developing craniofacial skeleton can be thought of as a series of parts relating to and affecting each other. In an individual with no skeletal discrepancy, growth of each part of the facial skeletal complements each other so that the face remains in harmonious proportion. In orthodontics, a main concern is the maxillo-mandibular relationship and its effect on the facial structures. Two of the major factors in this maxillo-mandibular relationship are the growth of both these bones and how they relate to each other in all three planes of space (sagittal, vertical, and transverse)<sup>57</sup>. Growth of the nasomaxillary complex takes place primarily through apposition of bone at the sutures between the cranium and maxilla, resulting in a forward and downward displacement<sup>60</sup>. A non-harmonious facial pattern develops if the nasomaxillary complex exhibits deficient growth in either direction compared to the mandible.

Growth of the mandible takes place by deposition and resorption in a posterior and superior direction. As a result, the condyle grows toward the glenoid fossa and displaces the entire mandible in a forward and downward position to complement the maxilla<sup>57</sup>. Rotation of the mandible can also affect mandibular position relative to the maxilla. In Bjork's implant study, he broke down the growth rotation of the mandible into three components: total rotation, matrix rotation, and intramatrix rotation<sup>63</sup>. Total rotation is rotation of the mandibular core relative to the cranial base. Intramatrix rotation is the rotation of mandibular plane relative to the core of mandible. Matrix rotation equals total rotation minus intramatrix rotation, which is rotation of the mandibular plane relative to cranial base. These factors

along with the condylar growth pattern result in the final position of the mandible. Bjork states that there is no said pattern leading to facial harmony<sup>63</sup>. Rather, there are an infinite number of combinations of condylar growth, matrix and intramatrix rotations that lead toward normal facial balance and occlusion. What is important is how each part responds to the other concurrently.

## **COMPONENTS TO CLASS III MALOCCLUSION**

### **Sagittal component to Class III malocclusion**

Various investigators have reported that anterior cranial base length is shorter in Class III individuals compared to ones with normal occlusion<sup>29,64</sup>, thereby establishing a foreshortened maxillary arch. There are also reports that an acute cranial base angle was correlated with skeletal Class III malocclusion<sup>31,64,65</sup>. This more acute flexure of the cranial base affects the position of glenoid fossa, which consequently results in a more anteriorly positioned mandible<sup>66</sup>. A large-scale longitudinal study done by Miyajima on the growth of 1376 untreated Class III Japanese females found that the maxilla of these patients was in a retruded position when compared to the cranial base<sup>67</sup>. In agreement, Guyer and Ellis also found that majority of Caucasian individuals in North America with skeletal Class III malocclusion have maxillary retrusion<sup>8,23</sup>. Pure mandibular prognathism can also occur in Class III malocclusion, but appears to be less common compared to maxillary retrusion or a combination of maxillary retrusion and mandibular prognathism. Another feature commonly found in Class III malocclusions is that Class III patients tend to have significantly more anteriorly positioned condyles<sup>29,68</sup>. Not surprisingly, Baccetti reported also that the position of the temporomandibular joint is more anteriorly located for skeletal Class III subjects<sup>68</sup>. Therefore, anterior displacement of temporomandibular joint landmarks such as articulare is one feature of the Class III mandibular morphology.

### **Vertical component to Class III malocclusion**

Class III individuals can be hyperdivergent and have excessive vertical facial heights or hypodivergent with decreased lower facial heights<sup>57</sup>. The treatment of these differing vertical growth patterns can be very different. Wolfe examined serial cephalograms of Class III subjects compared to matched Class I control group and found that in comparison to Class I subjects, those with Class III malocclusion have larger mandibular plane angles, increased gonial angles, and increased lower face height<sup>17</sup>. In a study examining growth in Class III individuals, Reyes compared 949 cephalometric radiographs to norms established by the Michigan Growth Study<sup>15</sup>. While noting mandibular length increases were larger during this interval than the norm, Reyes also stressed that lower anterior facial height was significantly larger during the later developmental stages<sup>15</sup>. Sato also noted that Class III individuals usually have steep mandibular plane angles and obtuse gonial angles<sup>69</sup>. Because of its effect on the occlusal plane, vertical component of an individual is an important factor in the development of a skeletal Class III malocclusion.

### **Transverse component to Class III malocclusion**

The third dimension to consider in examining the morphology of Class III individuals is the transverse parameter. Various studies compared maxillary transverse dimension of individuals with Class III malocclusion to individuals with normal occlusion and found that the intermolar width and maxillary skeletal base widths were decreased in Class III individuals as compared to Class I individuals, and that this deficiency worsened with age<sup>70-72</sup>. Franchi, Baccetti found similar results in their study comparing Class II and III individuals to Class I norms<sup>73</sup>. Mandibular intercanine and intermolar alveolar widths were found to be significantly larger in Class III individuals as well<sup>72</sup>.

## **GROWTH OF CLASS III MALOCCLUSION**

Research done by Mitani studying growth of Japanese Class III individuals during pre-pubertal, pubertal, and post-pubertal period found that morphological pattern of the prognathic face associated with

excess mandible is established early in life<sup>10,74</sup>. For these individuals, the increment of growth is relatively similar to those with Class I skeletal pattern and that the original proportion between maxilla and mandible remain relatively constant. In contrast, a study done by Miyajima found that the maxillas of the patients examined in the study were in a retruded position when compared to the cranial base, and this did not worsen with time<sup>67</sup>. However, a mandible that was protrusive in the early developmental groups worsened through puberty. Consequently, the maxillo-mandibular jaw discrepancy became worse. This study also noted that dental compensations for the malpositioned jaws were apparent in most cases and became worse as the skeletal malposition worsened.

In agreement with Miyajima's study, Alexander recently examined the longitudinal growth of Caucasian Class III individuals and found that incremental increase of anterior cranial base and position of maxilla relative to cranial base remain relatively constant throughout growth<sup>75</sup>. Slight but statistically insignificant decrease in midface growth was noted among these individuals. Increments of mandibular growth for these individual is slightly larger than the average reported by Proffit and the duration of mandibular growth also appear to last longer<sup>57</sup>. Again, there is a worsening of maxillo-mandibular relationship overtime along with compensatory dentoalveolar changes of maxillary incisor proclination and mandibular incisor retroclination.

In another study, Baccetti looked at the growth of Caucasian Class III individuals of differing skeletal maturations determined based on cervical vertebral maturation<sup>22</sup>. Significant growth changes of the mandible occurred until young adulthood with peak mandibular growth occurring between CVM stages 3 and 4 and smaller changes occurring until CVM 5 in some patients. Amount of mandibular growth for the examined individuals is larger compared to those of Class I individuals (control) for both male and females. An increase in the vertical dimension in the later stages of development was also noted. Similar change in sagittal and vertical dimension among Caucasian Class III individuals were also shown in a study by Reyes<sup>15</sup>.

## TREATMENT OF CLASS III MALOCCLUSION

There are several treatment options for patients with Class III skeletal pattern:

1. Non-extraction/camouflage
2. Extraction/camouflage
3. Functional or orthopedic appliance
4. Surgery

### **Camouflage Treatment**

Camouflage treatment of Class III patients either via non-extraction or extraction method often involves proclining maxillary incisors and retroclining mandibular incisors to establish positive overjet. It is important to identify patients with severe skeletal discrepancy in which orthodontic treatment would not be successful. When pre-treatment dentoalveolar compensation has already occurred, further treatment is often limited. In patients with a moderate skeletal discrepancy, proclination of the upper incisors in isolation will be unstable and potentially traumatic to the occlusion and periodontium, so oftentimes lower incisor retroclination is required.

In many cases, extractions are recommended to treat the malocclusion, especially if crowding is present. One reason to extract teeth is to obtain space to eliminate crowding and align the remaining teeth within the arch. The second reason is to camouflage a moderate skeletal discrepancy when orthopedic correction is not possible. Extraction patterns may vary from extraction of lower first bicuspid only, extraction of upper second premolars and lower first premolars, or even a lower central incisor is sometimes recommended for mild skeletal discrepancies in an adult patient<sup>76</sup>. Extractions allow the orthodontist to reduce the amount of negative overjet and camouflage the skeletal discrepancy. For adolescent patients approaching the limits of Class III camouflage treatment, orthodontic camouflage should be deferred until the remaining skeletal growth has been expressed so that a more predictable treatment outcome can be achieved.

## **Functional and orthopedic appliances**

Many different functional and orthopedic appliances have been used in the correction for the Class III malocclusion throughout history. Examples include different types of bite positioners, chin cup, protraction facemask, and more recently orthopedic appliances with skeletally anchored components. The main goal for use of these orthopedic appliances is to correct the Class III jaw pattern at an early age, thus providing a more favorable growth environment for the jaws as the patient matures<sup>77</sup>. However, even when the jaw discrepancy is corrected at an early age, if the patient continues to grow in an unfavorable Class III pattern, surgery may still be needed later on. Turpin's study led him to advise early treatment<sup>78</sup>. He concluded that a more favorable outcome of early treatment could be accomplished when the patient had a convergent facial type, an anterior-posterior functional shift, symmetrical condylar growth, has remaining growth, a mild skeletal disharmony, provides good cooperation, no familial history of Class III facial type, and good facial esthetics. The absence of one or more of these factors could lead the orthodontist to conclude that early treatment may not be beneficial in preventing surgery of the Class III patient.

Commonly used bite positioners to correct Class III malocclusion include the Frankel-III, Bionator III, and reverse twin block appliances. These functional appliances primarily have a dentoalveolar effect on treatment of Class III malocclusion instead of orthopedic effect<sup>79</sup>. The Frankel III appliance is designed to counteract the muscle forces acting on the maxillary complex<sup>80</sup>. Baik evaluated the use of Frankel functional regulator III in growing Class III patients and found that correction of the malocclusion mainly came from backward and downward rotation of the mandible and lingual tipping of the lower incisors<sup>81</sup>. A study by Loh and Kerr found there were minimal skeletal changes with respect to the maxilla<sup>82</sup>. Petit and McNamara recommended the use of FR-3 for retention after protraction headgear therapy<sup>83,84</sup>.

Garattini used a Bionator III appliance in his study and concluded the majority of results to be attributed to dentoalveolar changes<sup>85</sup>. Similar results are noted by Kidner and Seehra, with the use of a

Class III Twin Block<sup>86,87</sup>. Use of these functional appliances often results in mesial migration and extrusion of maxillary molars and minimal change in lower molar position. These appliances also procline the upper incisors and retrocline the lower incisors. The end result is the counter-clockwise rotation of the occlusal plane with clockwise rotation of the chin, with no major effect on the skeletal growth of the mandible or maxilla<sup>57</sup>. Use of these functional appliances has largely fallen out of favor due to the fact that they do not produce major orthopedic effects. One functional appliance that has been found to have a skeletal effect is a removable maxillary and mandibular splint attached with Class III interarch elastics<sup>88,89</sup>. This appliance has been reported to have minor orthopedic effect in addition to dentoalveolar movement, and A point was noted to move forward slightly among subjects treated with the appliance.

Orthopedic appliances that are used to correct Class III malocclusion include chin cup, protraction facemask and skeletally anchored orthopedic appliances. Chin-cup appliance was at one time the treatment of choice in pubertal class III patient because the focus for treatment was on controlling mandibular prognathism. It was employed to treat excessive mandibular growth by retarding or redirecting growth of the mandible in a downward and backward direction<sup>90,91</sup>. However, long-term stability results of this treatment have been disappointing. Sugawara found no effect of the chin cup in the anteroposterior direction of the maxilla<sup>92</sup>. Further research showed that recovery growth of the mandible can take place if chin cup therapy is discontinued before the completion of the pubertal growth spurt<sup>92-98</sup>. Furthermore, reports of use of potential development of temporomandibular joint symptoms resulting from use of chin-cup therapy further discourage the use of this type of treatment on Class III malocclusion<sup>97,98</sup>.

Since two-thirds of Class III malocclusions present with maxillary retrognathism, and chin cup therapy had been met with limited success, clinicians and researchers treatment focused their treatment on protracting the maxilla<sup>8,23,64</sup>. The main appliance used today in the early correction of Class III patients is the maxillary protraction facemask appliance. It is currently accepted as the most appropriate treatment



for patients with a retrusive maxilla during the mixed dentition stage. The facemask is a removable appliance that achieves its desired effect by using the forehead and the chin as anchorage. Heavy orthopedic force is applied bilaterally via hooking elastics in a down and forward direction from either a dentally anchored or skeletally anchored maxillary appliance to the bow of the facemask. Ideally the direction of force is applied through the center of resistance of the maxilla, which occurs between orbitale and the mesiobuccal cusp of the maxillary first molar<sup>23-25</sup>. The facemask is worn for about 12-14 hours a day.

To maximize the skeletal change when using protraction headgear, rapid palatal expansion (RPE) is also be used initially to facilitate loosening of circummaxillary sutures<sup>99</sup>. Since 1970 when Haas showed downward and forward maxillary displacement with the use of palatal expansion, many clinical studies have noted that the use of a palatal expander in conjunction with protraction headgear enhanced maxillary protraction<sup>100-103</sup>. Palatal expansion helps to disarticulate the maxilla and initiates cellular response in the suture, allowing a more positive reaction to protraction forces<sup>100</sup>. RME can expand a narrow maxilla, correct posterior crossbite, increase arch length, and serve to splint the maxillary dentition during protraction facemask<sup>104,105</sup>. Due to the disarticulation of the circummaxillary sutures, several investigators advocate RME even in the absence of max constriction<sup>101,106</sup>. A repetitive weekly protocol of alternate rapid maxillary expansion and constriction (Alt-RAMEC) has been proposed to disarticulate the circummaxillary sutures, without over-expansion<sup>107</sup>.

The main goal of this facemask is to provide skeletal correction by limiting growth of the mandible and protraction of the deficient maxillary complex in a down and forward direction. Conventional protraction facemask therapy, with an indirect application of force to the sutures through tooth borne anchorage, causes both skeletal and dental changes in the maxilla and the mandible. Correction of the Class III malocclusion occurs as a result of forward and downward movement of the

maxilla, downward and backward rotation of the mandible, labial tip of the max incisors, and lingual tip of the mandibular incisors<sup>103,108-115</sup>. This is accompanied by an increase in lower face height and a decrease in overbite<sup>103,109,115</sup>. Previous studies have shown that traditional tooth borne protraction facemask devices have a loss in anchorage<sup>103,116</sup>. Researchers have noted excessive forward movement and extrusion of maxillary molars, excessive proclination of maxillary incisors, retroclination of mandibular incisors and an increase in lower face height<sup>103,116,117</sup>.

Studies have also been done to evaluate the treatment outcomes of dentally supported protraction facemask on both short and long term basis. Most studies declare a high success rate (76% to 100%) when outcomes of treatment are evaluated on a short- term basis<sup>118-123</sup>. However, when evaluating long-term stability of treatment outcome for facemask, the result is more controversial. It was found that while majority of the patients who received facemask treatment maintained positive overjet during long-term evaluation period, a small portion of the patients outgrow the correction<sup>124</sup>. It was also noted that the original Class III growth pattern resumed for most patient even when they maintain positive overjet throughout growth and that maintenance of positive overjet is a result of dentoalveolar changes<sup>125-128</sup>. Two articles found that with aggressive overcorrection at a skeletal level during facemask treatment tend to produce more favorable orthopedic correction results long-term<sup>125,128</sup>.

To obtain maximum skeletal changes and minimize undesirable dental effects, it would be reasonable to take advantage of stable skeletal anchorage to transfer the force directly to the circummaxillary sutures. In this regard, researchers have attempted to design an absolute anchorage system for maxillary protraction<sup>32</sup>. These newer treatment modalities include the use of intentionally ankylosed maxillary deciduous canines<sup>33</sup>, osseointegrated titanium implants<sup>34,35</sup>, onplants<sup>35</sup>, miniscrews<sup>36-38</sup> (58) and most recently miniplates<sup>32,39-46</sup>. Each implants system has strengths and weaknesses. Ankylosed deciduous teeth limit orthopedic treatment to only the early mixed dentition period<sup>33</sup>. Adolescents usually have a set of permanent dentition with no available site for implant placement<sup>34</sup>. Titanium miniplates have been successfully used for several orthodontic anchorage needs including

intrusion of molars, correction of anterior open bite, distalizing mandibular molars<sup>129</sup>. Miniplates are becoming more popular as anchorage in orthodontics because of their demonstrated safe use for fractures and osteotomies, and because they can be placed apical to the tooth roots<sup>32</sup>. Sar describes a technique using miniplates at the lateral nasal wall that are hooked to a protraction facemask to obtain pure skeletal anchorage<sup>48</sup>. This technique also has a high surgical invasiveness, and it does not include an RPE in the design. Recent clinical studies have demonstrated maxillary protraction with the use of miniplate and intermaxillary elastics<sup>43,45,46,130,131</sup>. In other clinical studies, titanium miniplates have been shown to have absolute anchorage when orthopedic forces have been applied with facemasks<sup>32,39,40,42,46,49,132</sup>

To minimize the surgical invasiveness of the pure bone anchored devices, Wilmes et al have introduced the hybrid hyrax, a tooth and bone anchored expander<sup>37,49</sup>. Two mini-implants are placed in the anterior palate and an expansion device is connected to the mini-implants and to the first molars. After expansion the patient undergoes facemask therapy with elastics attached to hooks on the hybrid hyrax. In his initial study, Wilmes found this device to be effective for expansion, and was thought to minimize mesial migration of the dentition when used in conjunction with protraction facemask<sup>37</sup>. Wilmes' study did not determine dental and molar contributions from the appliance, and it did not compare the hybrid hyrax results to a conventional tooth anchored facemask group<sup>37</sup>.

### **Orthognathic Surgery**

The last treatment option for patients with Class III malocclusion is orthognathic surgery. Although this treatment alternative will lead to the most ideal relationship of the maxilla and mandible in severe malocclusions, it is also the most invasive and carries a financial burden. On the other hand, surgery may be the only viable option for cases with moderate or severe Class III anteroposterior skeletal discrepancies where a vertical or transverse skeletal disharmony is present<sup>57</sup>. Pre-surgical orthodontic treatment usually involves the provision of fixed appliances to align the maxillary and mandibular arches, so that they will coordinate when the skeletal bases have been properly positioned. This necessitates both alignment and decompensation of the axial inclination of the incisors. According to McIntyre, the

maxillary incisors are retroclined and the mandibular incisors are proclined to approximately 109° and 90°, respectively to the maxillary and mandibular planes<sup>76</sup>. A short period of orthodontic treatment (about 6 months) is often required following surgery to finish and detail the occlusion.

## **TREATMENT TIMING FOR CLASS III MALOCCLUSION**

The timing of maxillary protraction therapy varies by treatment method. If timing is incorrect, it can drastically prolong treatment, decrease patient motivation, and subsequently affect the outcome of treatment. Proffit noted that correction of mandibular prognathism should take place before the age of 7 and correction of a maxillary deficiency via orthopedic means should take place before the age of 10<sup>57</sup>. Baccetti looked at how age effects treatment outcomes with a bonded RPE and facemask and found that a more significant forward movement of A point occurred in the early treatment group (6.8 years ± 0.6 years) than the late treatment group (10.3 years ± 1.0 year)<sup>114,122</sup>. Both groups showed a restriction in mandibular length, but the result was more noted in the early treatment group. He also found that a restriction of mandibular growth was seen in both groups with a more upward and forward direction of condylar growth<sup>114,122</sup>. In the late treatment group, a more pronounced down and backward rotation of the mandible was seen with an increase of lower anterior facial height.

In agreement with Proffit and Bacetti, Fanchi's study on evaluating the influence of treatment timing on Class III patients showed that those patients treated in the late deciduous to early mixed dentition benefited more than those that received treatment in the late mixed dentition stage<sup>133</sup>. However, both groups did benefit and this correction came as a result of skeletal changes.

Takada's study showed similar results with facemask treatment of Japanese female children divided into prepubertal, mid-pubertal, and late pubertal groups<sup>134</sup>. There was a significant increase in maxillary length for the pre-pubertal and mid-pubertal groups, but results were not as significant in the late pubertal group.

The timing of maxillary protraction therapy varies by treatment method. Effective conventional rapid maxillary expansion and protraction facemask therapy remains limited to the deciduous or early mixed dentition<sup>119,122,133,135-137</sup>. Several investigators advocate treatment in young children, before eight years of age<sup>57,101</sup>. The latest research on miniplates with protraction facemask or intermaxillary elastics has shown success in the later mixed or permanent dentition phases<sup>45,138,139</sup>. But these treatment modalities must still be used before the onset of the pubertal growth spurt<sup>122,140</sup>. Research has shown there is a decreased maximum maxillary skeletal advancement and increased dentoalveolar effects in patients past pubertal growth peak<sup>137</sup>. Surgical placement of most miniplates cannot be placed before canine eruption; therefore orthopedic traction on miniplates usually cannot be started before the age of ten<sup>45</sup>. One clinical study used a mentoplate design that allows placement of the miniplate subapical to the incisors, permitting therapy in patients as young as eight<sup>46</sup>. One advantage of treating patients in the later mixed or permanent dentition is that clinicians are able to keep the post-orthopedic period of facial growth until adulthood shorter, and decreases the risk of catch up growth of the mandible<sup>45</sup>.

For adolescent patients approaching the limits of Class III camouflage treatment, orthodontic camouflage should be deferred until the remaining skeletal growth has been expressed so that a more predictable treatment outcome can be achieved<sup>57</sup>. The goal of treatment in the early permanent dentition stage is to produce a Class I incisor relationship and to attempt to compensate for the underlying skeletal discrepancy. However, the clinician must be sure that skeletal growth will not negate the treatment outcome, and the clinician should determine whether or not the patient has a severe skeletal discrepancy in which orthodontic treatment would not be successful.

The literature presents several studies or case reports that compare the results from bone anchored protraction facemask therapy to results from conventional tooth borne protraction facemask therapy<sup>39,41,48</sup>. To date no literature has been presented comparing the results of the hybrid hyrax bone anchored

maxillary expansion and protraction to tooth anchored maxillary expansion and protraction. The purpose of this study is to compare results from tooth anchored protraction facemask and bone anchored protraction facemask, and quantify skeletal and dental contributions.

## CHAPTER III: MATERIAL AND METHODOLOGY

### SAMPLE DESCRIPTION

The study group consisted of 40 patients who were treated by tooth anchored rapid maxillary expansion and protraction facemask or by bone anchored hybrid hyrax expansion and protraction facemask. The inclusion criteria for patient selection are as follows:

- No prior orthopedic or orthodontic treatment.
- No craniofacial syndromes.
- Class III malocclusion at the time of the initial observation (T1) as defined by patient having either one or more of the following characteristics:
  - Anterior crossbite or edge-to-edge incisal relationship.
  - Accentuated mesial step relationship of the deciduous second molar, or at least half cusp Angel Class III relationship of the permanent first molar.
  - Wits appraisal smaller than -3 or ANB smaller than -2.
- Lateral cephalograms of adequate quality available for each of the time points, where bony and soft tissue landmarks are identifiable.

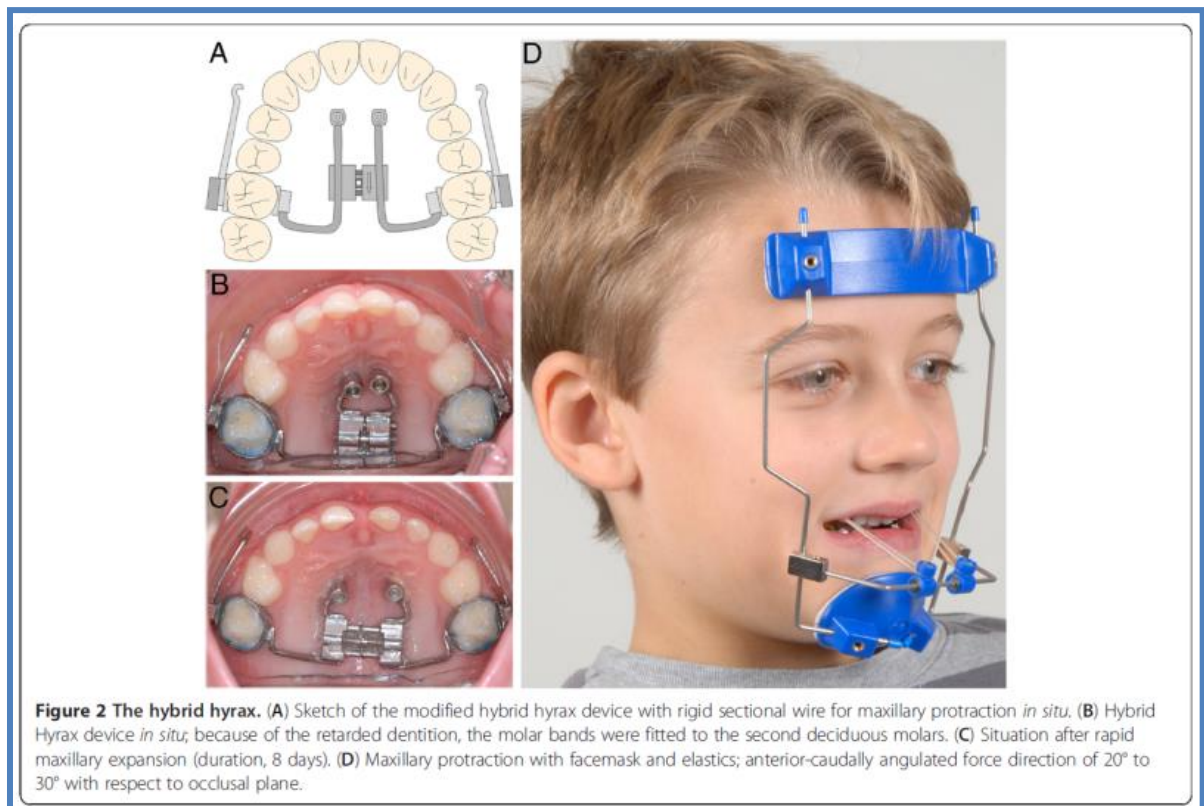
A sample of 20 patients with Class III malocclusions in the mixed dentition that underwent an observation period before beginning any orthodontic treatment were obtained from files at West Virginia University. This control group of Class III malocclusions with no treatment represents six months of growth.

Pre-treatment and post-treatment lateral cephalograms from 20 patients with Class III malocclusions in the mixed dentition that were treated with RPE and conventional tooth anchored protraction facemask, were obtained from the files at West Virginia University. This patient sample is the

same group of 20 patients as the control/growth group listed above. This group was closely matched for patient age and sex with the bone anchored treatment group below.

Pre-treatment and post-treatment lateral cephalograms from 20 patients with Class III malocclusions in the mixed dentition that were treated with bone anchored hybrid hyrax RPE and protraction facemask were obtained from Dr. Benedict Wilmes, University of Dusseldorf, Germany.

Figure 1 shows the hybrid hyrax appliance design.



**Figure 1. Hybrid Hyrax Appliance**



## **IRB APPROVAL**

Please see Appendix A for IRB Exemption letter.

## DATA ANALYSIS

### Time Points

Data from the following time points will be used:

Symbol	Definition
t0	Growth subjects, no treatment of tooth anchored protraction facemask group
t1	Tooth anchored protraction facemask subject's radiograph taken before treatment, after a period of growth observation
t2	Tooth anchored protraction facemask subject's radiograph taken at the end of facemask therapy
T1	Bone anchored protraction facemask subject's radiograph taken before treatment
T2	Bone anchored protraction facemask subject's radiograph taken at the end of facemask therapy

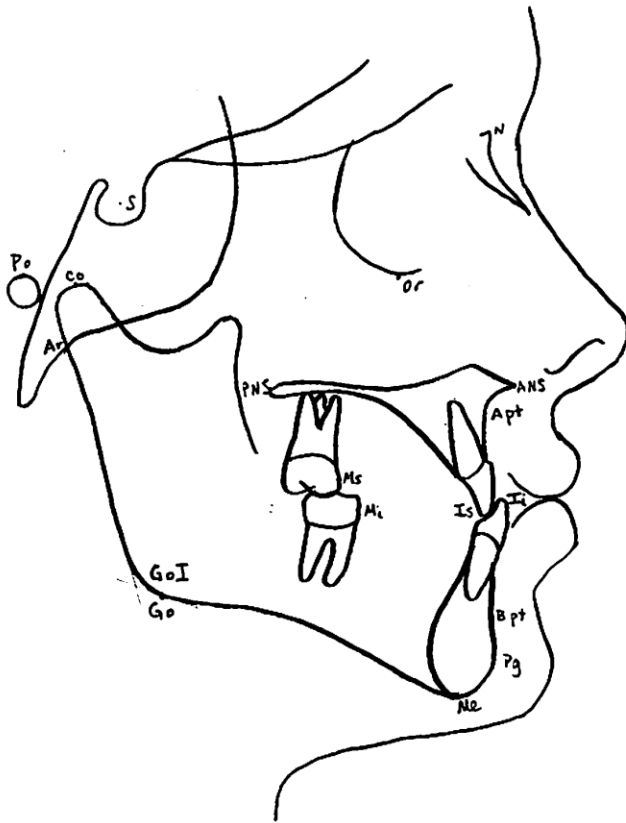
**Table 2. Symbols for the different time intervals.**

Time  $t1 - t0$  will give changes that are due to growth. Time  $t2 - t1$  will give treatment changes in the tooth anchored facemask group. Time  $T2 - T1$  will give treatment changes in the bone anchored facemask group. To determine the actual appliance effect, either from tooth anchored or bone anchored, the growth changes need to be subtracted from the treatment changes. Although pretreatment observation radiographs were taken for the tooth anchored group, and not the bone anchored group, it was assumed that the two groups would grow similarly during the same amount of treatment time since the two groups were matched for sex and age. Therefore, the growth changes were subtracted from both treatment groups to determine the effect of the appliance only. The calculation  $(t2 - t1) - (t1 - t0)$  give the appliance effect of the tooth anchored facemask. The calculation  $(T2 - T1) - (t1 - t0)$  gives the appliance effect of the bone anchored facemask.

### Radiographic Analysis

Radiograph from each time point were collected. The lateral cephalograms from West Virginia University were film based. The lateral cephalograms from Dr. Wilmes were received as jpeg files. The jpegs were digitized and calibrated using Dolphin Imaging Software (Dolphin, Chatsworth, CA). Each image was printed at a 1:1 ratio with Epson Stylus Prof 3880 Printer (Long Beach, California) on quality

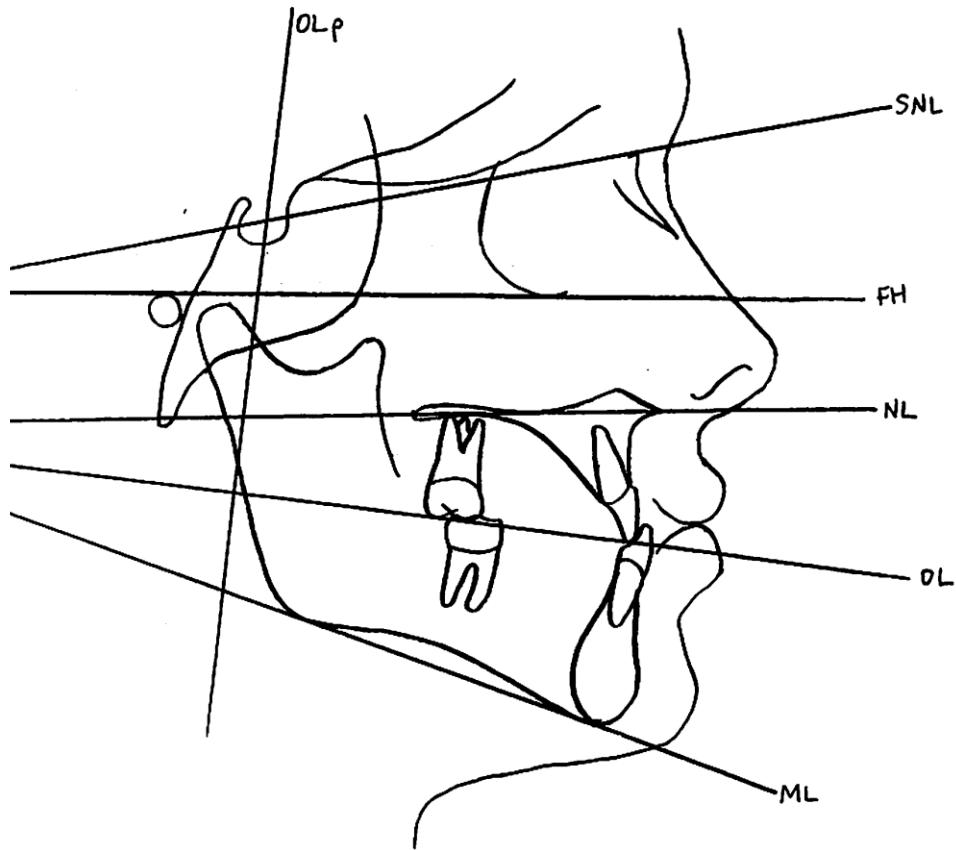
photo paper (HP Premium Photo Paper). The radiographs were hand traced using a custom cephalometric analysis incorporating elements from Steiner, Wits, McNamara, Ricketts and Jarabak. Lateral cephalograms often present landmarks with right and left images; therefore the midpoints bisecting the two images were used. For this study, the variables were categorized into three groups: sagittal (linear, mm), vertical (linear, mm, %), and angular, with a total of 37 variables. Sagittal and vertical linear measurements were recorded to the nearest 0.1 mm and/or 0.1 of a percentage. Angular measurements were reported to the nearest 0.1 degrees. Tracings were performed by one operator (NMD) using a 0.5mm mechanical led pencil, 3M Unitek orthodontic protractor (Monrovia, CA), and 0.003 inch matte 3M Unitek cephalometric acetate tracing film (Monrovia, CA). Figure 2 and Table 3 describe the skeletal and dental landmarks used in this study. Figure 3 and Table 4 describe the reference lines used in this study.



**Figure 2. Skeletal and Dental Landmarks**

Name	Symbol	Definition
Sella	S	The center of the sella turcica
Nasion	N	The most anterior point of the fronto-nasal suture
Orbitale	Or	Lowest point on the inferior margin of the orbit
Porion	Po	Uppermost point of bony external auditory canal
Anterior nasal spine	ANS	The apex of the spina nasalis anterior
Posterior nasal spine	PNS	The most posterior point on contour of the palate in the midsagittal plane
Subspinale	A pt.	The deepest point in the concavity of the anterior maxilla between the ANS and the alveolar crest
Supramentale	B pt.	The deepest point in the concavity of the anterior mandible between the alveolar crest and pogonion
Pogonion	Pg	The most prominent point on the chin
Menton	Me	The deepest point of the mandibular symphysis
Gonion	Go	Most posterior inferior point on angle of mandible
Gonial Intersection	GoI	Constructed point at junction of ramal and mandibular planes
Articulare	Ar	Intersection of posterior border of ramus and inferior border of occipital bone
Condylion	Co	Most superior point on head of condyle
Maxillary incisor tip	Is	The incisal point of the most prominent maxillary central incisor
Mandibular incisor tip	Ii	The incisal point of the most prominent mandibular central incisor
Molar superius	Ms	The mesial contact point of the maxillary primary second molar or permanent first molar
Molar superius mesial cusp	Msc	The mesio-buccal cusp tip of the maxillary second primary molar or first permanent molar
Molar inferius	Mi	The mesial contact point of the mandibular primary second molar or permanent first molar
Molar inferius mesial cusp	Mic	The mesial-buccal cusp tip of the mandibular primary second molar or permanent first molar

**Table 3. Definition of Skeletal and Dental Landmarks**



**Figure 3. Reference Lines**

Name	Symbol	Definition
Sella-Nasion plane	SNL	Reference line joining sella and nasion
Frankfort Horizontal	FH	Reference line joining porion and orbitale
Maxillary plane	NL	Reference line joining anterior nasal spine and posterior nasal spine
Occlusal plane	OL	Reference line joining maxillary incisal edge and the molar superior mesial cusp tip
Mandibular plane	ML	Reference line joining menton and gonion
Occlusal plane perpendicular	OLp	Reference line produced by dropping a perpendicular line from sella to the occlusal plane

**Table 4. Definition of Reference Lines**

## Sagittal Measurements

A total of 13 sagittal variables were evaluated, 7 skeletal and 6 dental, as shown in Table 5. A reference grid based on the occlusal line (OL) and occlusal line perpendicular (OLp) were created, as shown in Figure 4. Skeletal changes in the sagittal plane were measured utilizing the reference grid, as well as cephalometric variables that are used in WITS and McNamara analysis. Dental changes were measured utilizing the reference grid.

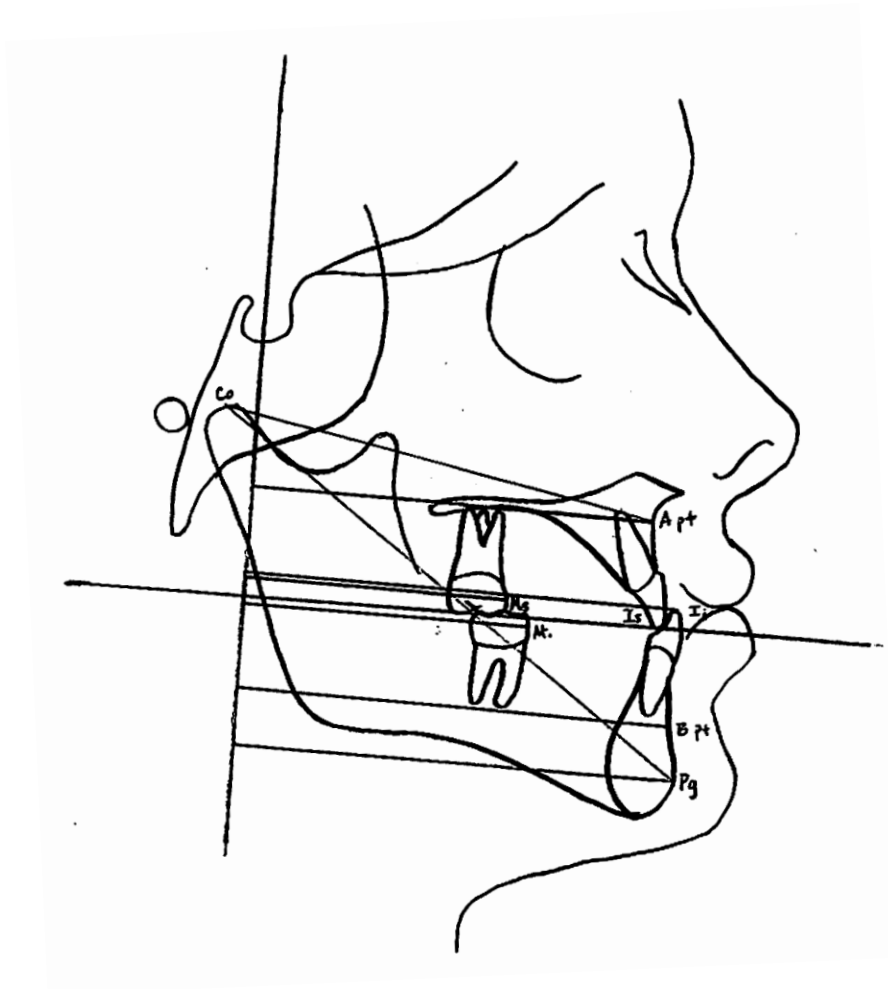


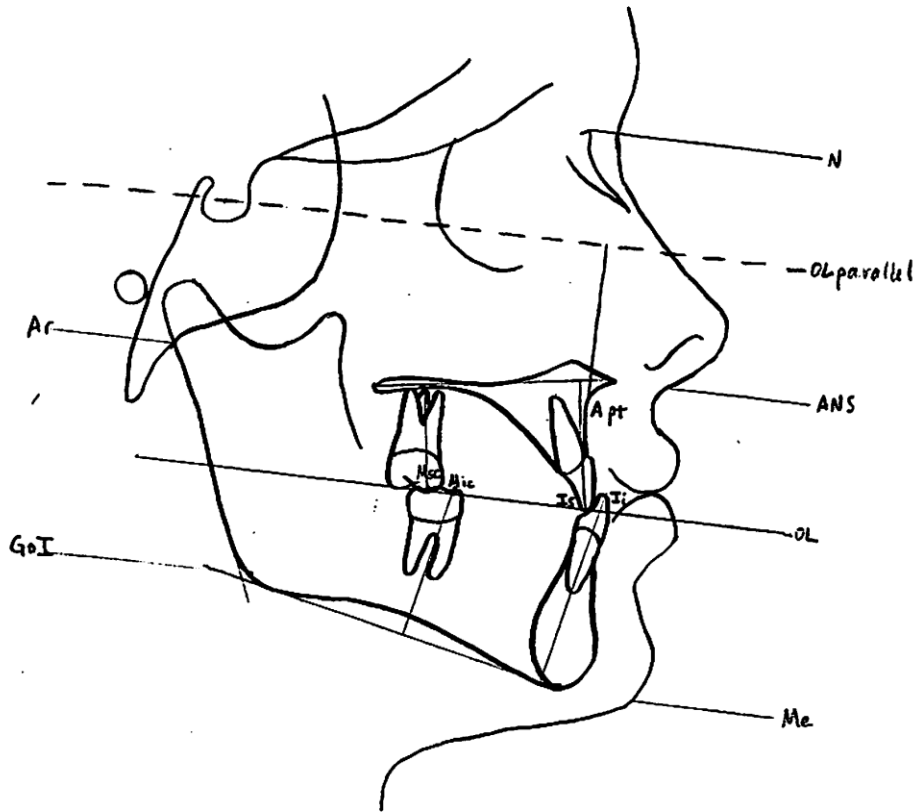
Figure 4. Reference Grid and Landmarks used in Sagittal Measurements

Variable (mm)	Definition
<b>Skeletal measuring points:</b>	
1. OLp – A pt.	Position of maxillary base
2. OLp – B pt.	Position of mandibular base
3. OLp – Pg	Position of mandibular chin
4. Wits	OLp-A minus OLp-B, Maxillary base position relative to mandibular base
5. Co – A pt	Effective maxillary length
6. Co – Pg	Effective mandibular length
7. Co-Pg – Co-A	Difference between effective maxillary and mandibular length
<b>Dental measuring points:</b>	
8. OLp – Is	Position of maxillary central incisor
9. OLp – Ii	Position of mandibular central incisor
10. Overjet	OLp-Is minus OLp-Ii, Distance between maxillary and mandibular incisor tip
11. OLp – Ms)	Position of maxillary second primary or first permanent molar
12. OLp – Mi	Position of mandibular second primary or first permanent molar
13. Molar Relationship	OLp-Ms minus OLp-Mi, Distance between maxillary first permanent molar and mandibular first permanent molar

**Table 5. Sagittal Variables**

### **Vertical Measurements**

A total of 11 vertical variables were evaluated, 6 skeletal and 5 dental, as shown in Table 6. Skeletal changes in the vertical plane were measured utilizing cephalometric variables that are used in Tweed analysis. A point vertical was measured from a constructed line parallel to OL through Sella, so that it would have a positive value, as shown in Figure 5.



**Figure 5. Landmarks used in Vertical Measurements**

Variable (mm or %)	Definition
<b>Skeletal measuring points:</b>	
14. OLparallel – A pt	Maxillary vertical positioning
15. N – Me	Total facial height
16. ANS – Me	Lower anterior facial height
17. Ar – GoI	Posterior facial height
18. ANS-Me / N-Me	Ratio between lower facial height and total facial height
19. Ar-GoI / ANS-Me	Ratio between posterior facial height and anterior facial height
<b>Dental measuring points:</b>	
20. Is – NL	Position of maxillary central incisor relative to maxillary plane
21. Ii – ML	Position of mandibular central incisor relative to mandibular plane
22. Overbite	Is minus Ii, Overlap between maxillary and mandibular incisors
23. Msc – NL	Position of maxillary primary second or permanent first molar relative to maxillary plane
24. Mic – ML	Position of mandibular primary second or permanent first molar relative to mandibular plane

**Table 6. Vertical Variables**



## Angular Measurements

A total of 13 angular variables were evaluated, 11 skeletal and 2 dental, as shown in Table 7. Angular measurements were based on cephalometric elements from Steiner, Jarabak, and Tweed analysis. Figure 6 illustrates angular measurements.

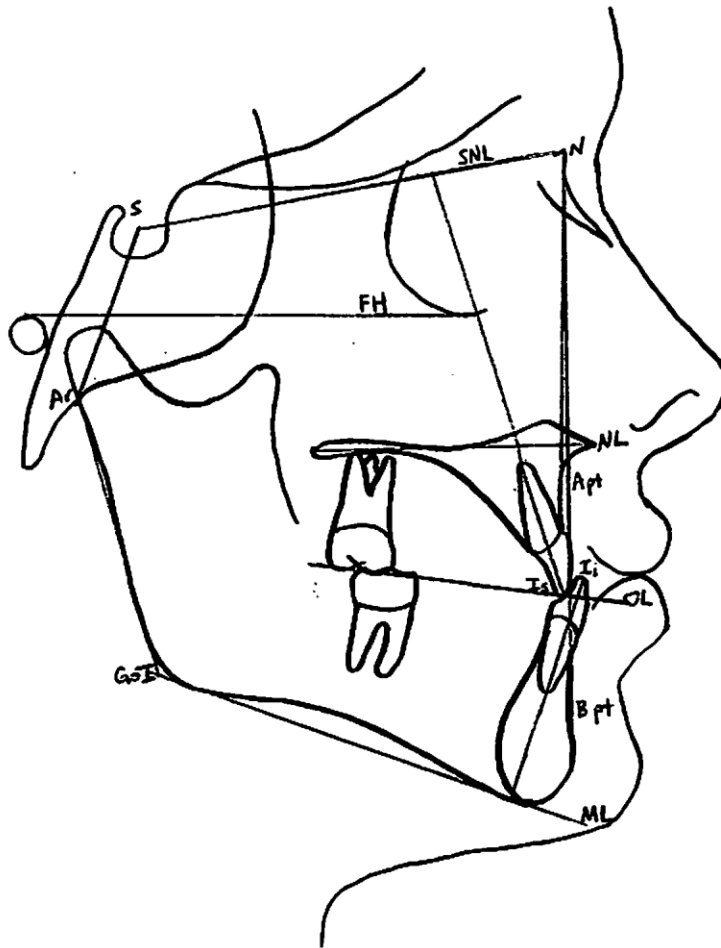


Figure 6. Landmarks used in Angular Measurements

Variable (°)	Definition
<b>Skeletal measuring points:</b>	
25. SNA	Maxillary base relative to SNL
26. SNB	Mandibular base relative to SNL
27. ANB	SNA minus SNB
28. N – S – Ar	Saddle angle
29. S – Ar – GoI	Articulare angle
30. Ar – GoI – Me	Gonial angle
31. Jarabak sum of the angles	SN-Ar + SAr-ARGoI + Ar-GoI-Me
32. SNL – ML	Mandibular plane angle relative to SNL
33. FH – ML	Mandibular plane relative to Frankfort Horizontal
34. SNL – OL	Occlusal plane angle relative to SNL
35. SNL – NL	Maxillary plane angle relative to SNL
<b>Dental measuring points:</b>	
36. Is – SNL	Maxillary incisor angle relative to SNL
37. Ii – ML	Mandibular incisor angle relative to ML

**Table 7. Angular Variables**

## **METHOD ERROR**

The reliability of this study is tested by investigating the error in superimposing, locating and tracing, and measuring the lateral cephalograms. To validate reproducibility of the measurements, 10 randomly selected lateral cephalograms were retraced and remeasured two weeks after the initial tracing. A matched-pairs reliability test was used to statistically analyze each measurement to establish a coefficient of reliability to determine the degree of reliability of the study. For all cephalometric variables, differences between the measurements recorded at the first tracing and the second tracing session were compared. The correlation results presented in Table 8 demonstrate how closely each variable from the first tracing session were replicated during the second tracing session. A value close to one indicates a strong positive correlation, and reliable data. The correlations ranged from 0.97 to 0.99. The method of cephalometric analysis used in this study was determined to be reliable and repeatable.

Variable Name	Tooth anchored protraction facemask			Bone anchored protraction facemask		
	Mean 1	Mean 2	Reliability Coefficient	Mean 1	Mean 2	Reliability Coefficient
<b>Skeletal</b>						
1. OLp – A pt.	0.76	0.76	0.99	0.71	0.71	0.99
2. OLp – B pt.	-2.43	-2.39	0.97	-1.43	-1.45	0.98
3. OLp - Pg	-2.20	-2.19	0.99	-1.24	-1.24	0.99
4. Wits	2.33	2.33	0.99	2.29	2.28	0.98
5. Co – A	0.06	0.07	0.98	0.85	0.85	0.99
6. Co – Pg	0.62	0.62	0.99	1.00	1.00	0.99
7. Co-Pg – Co-A	-0.68	-0.67	0.99	0.14	0.14	0.99
<b>Dental</b>						
8. OLp – Is	2.26	2.26	0.99	0.82	0.80	0.98
9. OLp – Ii	-3.62	-3.60	0.98	-2.53	-2.53	0.99
10. Overjet	5.88	5.88	0.99	3.35	3.34	0.99
11. OLp – Ms	1.44	1.44	0.99	1.13	1.13	0.99
12. OLp – Mi	-1.39	-1.38	0.99	0.16	0.18	0.98
13. Molar Relationship	2.72	2.72	0.99	1.16	1.16	0.99
<b>Skeletal</b>						
14. OLparallel - A pt	1.23	1.25	0.98	-0.48	-0.48	0.99
15. N – Me	3.35	3.35	0.99	2.40	2.41	0.99
16. ANS - Me	2.09	2.09	0.99	1.66	1.66	0.99
17. Ar – GoI	-0.30	-0.25	0.97	0.64	0.62	0.98
18. ANS – Me / N – Me	0.003	0.003	0.99	0.001	0.001	0.99
19. Ar – GoI / ANS – Me	-0.008	-0.008	0.99	0.001	0.001	0.99
<b>Dental</b>						
20. Is – NL	-0.55	-0.55	0.99	1.30	1.30	0.99
21. Ii – ML	0.09	0.09	0.99	0.57	0.57	0.99
22. Overbite	-1.59	-1.59	0.99	-0.46	-0.45	0.98
23. Msc – NL	0.85	0.85	0.99	1.06	1.06	0.99
24. Mic – ML	0.71	0.71	0.99	0.88	0.89	0.98
<b>Skeletal</b>						
25. SNA	0.41	0.43	0.98	1.29	1.29	0.99
26. SNB	-2.34	-2.34	0.99	-1.34	-1.34	0.99
27. ANB	2.75	2.75	0.99	2.63	2.62	0.99
28. N – S – Ar	0.07	0.06	0.98	1.24	1.27	0.98
29. S – Ar – GoI	4.34	4.37	0.98	-0.14	-0.14	0.99
30. Ar – GoI – Me	-1.75	-1.75	0.99	-2.06	-2.06	0.99
31. Jarabak	2.65	2.61	0.97	-1.01	-1.02	0.98
32. SNL – ML	2.94	2.96	0.98	0.74	0.74	0.99
33. FH – ML	2.64	2.64	0.99	0.66	0.66	0.99
34. SNL – OL	-1.84	-1.84	0.99	-0.61	-0.61	0.99
35. SNL – NL	0.77	0.76	0.99	0.84	0.84	0.99
<b>Dental</b>						
36. Is – SNL	-0.21	-0.21	0.99	-4.52	-4.54	0.98
37. Ii – ML	-4.61	-4.61	0.99	-1.08	-1.08	0.99

**Table 8. Correlation Coefficients for Sagittal, Vertical, and Angular Measurements**

## **STATISTICAL ANALYSIS**

The statistical analysis was carried about by the statistician (E.G.) utilizing the JMP version 9.0 SAS Software (Cary, NC). The appliance effect of the two groups of patients (tooth anchored and bone anchored) were compared to each other with respect to their cephalometric measurement means. An Analysis of Variance (ANOVA) was used to determine significant differences between the mean appliance effects for each variable for the tooth anchored and bone anchored protraction facemask groups. Mean, standard deviation, minimum and maximum measurement for changes of each cephalometric variable were also calculated for each group of patients. The significance level for all ANOVA analysis was set at  $p < 0.05$ .

## CHAPTER IV: RESULTS

### Age and Sex Distribution

	Control and Tooth anchored protraction facemask			Bone anchored protraction facemask	
	t0	t1	t2	T1	T2
Mean	8.95	9.76	10.52	9.55	10.4
S.D.	1.77	1.63	1.66	1.19	1.27
Min	6.1	6.9	7.11	8	9
Max	12.7	13.2	14.1	12	13

**Table 9. Age and Sex Distribution of Tooth Anchored Protraction Facemask and Bone Anchored Protraction Facemask Groups**

The pretreatment (t1) tooth anchored group were matched for age and sex to the pretreatment (T1) bone anchored group. There were 8 males and 12 females in each group.

Variable Name	Tooth anchored protraction facemask		Bone anchored protraction facemask		ANOVA	
	Mean t1	SD	Mean T1	SD	p-value	Significance
<b>SAGITTAL (mm)</b>						
Skeletal						
1. OLp – A pt.	70.90	4.06	66.74	3.93	0.002	**
2. OLp – B pt.	79.94	5.17	71.85	5.13	0.0001	***
3. OLp - Pg	81.43	5.75	73.94	4.69	0.0001	***
4. Wits	-8.59	3.23	-5.11	2.57	0.0006	***
5. Co – A	78.89	3.36	73.02	4.08	0.0001	***
6. Co – Pg	107.32	3.57	97.19	5.50	0.0001	***
7. Co-Pg – Co-A	28.42	2.71	24.17	3.88	0.0003	***
Dental						
8. OLp – Is	78.64	5.12	70.27	4.67	0.0001	***
9. OLp – Ii	80.71	5.15	71.13	4.67	0.0001	***
10. Overjet	-2.06	0.94	-0.86	2.30	0.037	*
11. OLp – Ms	51.35	4.68	44.45	3.17	0.0001	***
12. OLp – Mi	54.75	6.02	47.51	4.19	0.0001	***
13. Molar Relationship	-3.35	2.63	-3.33	1.64	0.98	N.S.
<b>VERTICAL (mm / %)</b>						
Skeletal						
14. OLparallel - A pt	32.78	5.84	30.14	5.42	0.14	N.S.
15. N – Me	110.21	4.54	100.45	5.97	0.0001	***
16. ANS - Me	61.62	3.05	57.93	5.15	0.009	**
17. Ar – GoI	38.46	4.00	35.16	4.30	0.016	*
18. ANS – Me / N – Me	0.55	0.01	0.57	0.02	0.025	*
19. Ar – GoI / ANS – Me	0.62	0.06	0.61	0.07	0.56	N.S.
Dental						
20. Is – NL	26.80	2.72	22.41	3.68	0.0001	***
21. Ii – ML	39.86	2.54	34.82	3.44	0.0001	***
22. Overbite	3.45	2.46	1.56	2.18	0.014	*
23. Msc – NL	20.25	1.60	17.01	3.00	0.0001	***
24. Mic – ML	29.80	1.30	26.50	2.06	0.0001	***
<b>ANGULAR (°)</b>						
Skeletal						
25. SNA	82.14	2.96	80.28	4.74	0.14	N.S.
26. SNB	82.56	2.87	81.20	4.17	0.23	N.S.
27. ANB	-0.42	2.10	-0.91	2.27	0.48	N.S.
28. SN – Ar	122.60	5.42	118.69	5.59	0.03	*
29. SAr – ArGoI	144.61	4.51	143.62	5.86	0.55	N.S.
30. Ar – GoI – Me	127.20	8.51	132.28	7.01	0.046	*
31. Jarabak	394.42	7.22	394.65	7.27	0.91	N.S.
32. SNL – ML	33.42	4.77	32.62	6.06	0.64	N.S.
33. FH – ML	27.22	4.57	25.60	5.19	0.30	N.S.
34. SNL – OL	20.79	5.20	18.14	5.88	0.13	N.S.
35. SNL – NL	8.21	3.34	6.44	3.06	0.08	N.S.
Dental						
36. Is – SNL	107.47	8.65	103.19	8.22	0.11	N.S.
37. Ii – ML	90.35	9.55	84.75	3.47	0.018	*

**Table 10. Comparison of Craniofacial Morphology Before Treatment**

NS = not significantly different

\* = significantly different at  $p < 0.05$

\*\* = significantly different at  $p < 0.01$

\*\*\* = significantly different at  $p < 0.001$

Variables (mm)	t0				t1				t1 – t0
	Min	Max	Mean	S. D.	Min	Max	Mean	S. D.	Mean Difference
Sagittal									
Skeletal									
OLp – A pt.	62.7	77.3	70.07	3.89	63.1	78.3	70.9	4.06	0.83
OLp – B pt.	71.3	86.1	78.9	5.06	71.9	86.7	79.94	5.17	1.04
OLp – Pg	72	89.1	80.32	5.70	72.5	90.9	81.44	5.76	1.12
Wits	-14.0	-2.6	-8.88	3.23	-14.2	-3	-8.60	3.24	0.28
Co – A	69.7	81.9	77.2	3.26	70.8	84.8	78.89	3.36	1.69
Co – Pg	90.1	113.2	104.93	4.62	98.3	115.5	107.32	3.57	2.39
Co-Pg – Co-A	20.4	31.3	27.72	3.03	22.3	33.3	28.43	2.72	0.71
Dental									
OLp – Is	65.0	84.1	77.26	4.87	66.2	87.4	78.64	5.13	1.38
OLp - Ii	66.6	86.2	79.44	4.98	68.6	89.2	80.71	5.16	1.27
Overjet	-4.2	0.4	-2.18	1.02	-4.4	0.0	-2.07	0.94	0.11
OLp – Ms	41.8	57.1	50.05	4.53	42.7	58.3	51.35	4.68	1.3
OLp - Mi	44.5	63.1	53.73	5.92	44.5	64.8	55.0	6.03	1.27
Molar Rel.	-8.3	0.5	-3.72	2.49	-8.2	-0.6	-3.61	2.29	0.11

**Table11. Sagittal measurements at t0 and t1 in the Control Group**

Variables (mm or %)	t0				t1				t1 – t0
	Min	Max	Mean		Min	Max	Mean		Mean Difference
Skeletal									
OLparallel – A pt.	21.2	40.4	30.82	6.14	24.8	42.1	32.78	5.85	1.96
N – Me	99.0	117.2	108.76	4.46	99.0	118.0	110.21	4.54	1.45
ANS – Me	56.9	66.4	61.02	3.05	56.1	67.0	61.63	3.05	0.61
Ar – GoI	30.3	42.8	37.67	3.81	28.3	44.7	38.46	4.00	0.79
ANS-Me / N-Me	0.54	0.59	0.56	0.002	0.53	0.59	0.56	0.02	0.0
Ar-GoI / ANS - Me	0.54	0.72	0.62	0.06	0.53	0.73	0.62	0.06	0.0
Dental									
Is – NL	21.1	31.1	25.95	2.80	21.5	31.9	26.81	2.72	0.86
Ii – ML	35.0	42.9	39.18	2.23	35.7	44.8	39.87	2.55	0.69
Overbite	0.0	10.9	3.14	2.67	0.0	9.4	3.46	2.46	0.32
Msc – NL	13.8	23.4	19.76	2.14	17.0	23.7	20.25	1.60	0.49
Mic – ML	26.1	32.2	29.50	1.52	27.4	31.9	29.81	1.30	0.31

**Table 12. Vertical measurements at t0 and t1 in the Control Group.**

Variables (°)	t0				t1				t1 – t0
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
Angular									
Skeletal									
SNA	76.7	85.0	81.84	2.73	76.9	86.2	82.14	2.97	0.3
SNB	76.9	86.5	82.03	3.04	77.1	86.9	82.57	2.87	0.54
ANB	-3.9	3.7	-0.19	2.18	-3.8	3.2	-0.43	2.10	-0.24
N – S – Ar	113.0	132.4	122.17	5.51	112.2	133.0	122.61	5.43	0.44
S - Ar - GoI	137.2	156.1	145.61	4.72	136.9	156.8	144.61	4.52	-1.0
Ar – GoI - Me	116.4	137.2	126.41	6.81	166.6	145.2	127.21	8.51	0.8
Jarabak	383.8	402.0	394.19	5.23	382.1	410.0	394.42	7.23	0.23
SNL - ML	25.0	39.0	33.94	4.73	24.4	39.8	33.43	4.78	-0.51
FH – ML	20.0	36.8	27.44	4.92	21.0	37.1	27.22	4.58	-0.22
SNL - OL	13.0	30.0	21.01	5.63	13.1	29.1	20.79	5.20	-0.22
SNL - NL	3.5	13.1	8.98	3.15	1.8	12.9	8.21	3.34	-0.77
Dental									
Is – SNL	89.3	122.2	104.98	8.98	91.0	121.4	107.47	8.66	2.49
Ii – ML	67.7	105.1	90.94	8.62	71.8	107.0	90.36	9.56	-0.58

**Table 13. Angular measurements at t0 and t1 in the Control Group**

Variables (mm)	t1				t2				t2 – t1
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
Sagittal									
Skeletal									
OLp – A pt.	63.1	78.3	70.9	4.06	63.3	79.1	72.49	4.44	1.59
OLp – B pt.	71.9	86.7	79.94	5.17	69.4	85.9	78.55	5.06	-1.39
OLp – Pg	72.5	90.9	81.44	5.76	69.1	88.7	80.35	5.81	-1.09
Wits	-14.2	-3	-8.60	3.24	-9.5	1.7	-5.98	3.36	2.62
Co – A	70.8	84.8	78.89	3.36	75.8	85.0	80.64	3.09	1.75
Co – Pg	98.3	115.5	107.32	3.57	100.9	115.8	109.1	4.08	1.78
Co-Pg / Co-A	22.3	33.3	28.43	2.72	19.2	33.2	28.45	3.63	0.02
Dental									
OLp - Is	66.2	87.4	78.64	5.13	72.9	90.9	82.28	4.65	3.64
OLp - Ii	68.6	89.2	80.71	5.16	69.5	84.2	78.35	4.47	-2.36
Overjet	-4.4	0.0	-2.07	0.94	0.0	9.1	3.93	2.26	6.0
OLp - Ms	42.7	58.3	51.35	4.68	46.6	64.1	54.1	5.06	2.75
OLp – Mi	44.5	64.8	55.0	6.03	45.5	63.2	54.87	5.32	-0.13
Molar Rel.	-8.2	-0.6	-3.61	2.29	-5.9	1.8	-0.78	2.15	2.83

**Table 14. Sagittal measurements at t1 and t2 for the Tooth anchored protraction facemask group**



Variables (mm or %)	t1				t2				t2 – t1
	Min	Max	Mean		Min	Max	Mean		Mean Difference
<b>Vertical</b>									
<b>Skeletal</b>									
OLparallel – Apt.	24.8	42.1	32.78	5.85	27.2	47.9	35.98	5.46	3.2
N – Me	99.0	118.0	110.21	4.54	107.2	124.7	115.01	4.39	4.8
ANS – Me	56.1	67.0	61.63	3.05	58.3	71.7	64.33	3.79	2.7
Ar – GoI	28.3	44.7	38.46	4.00	32.0	45.8	38.96	4.03	0.5
ANS-Me / N-Me	0.53	0.59	0.56	0.02	0.53	0.60	0.56	0.02	0.0
Ar-GoI / ANS-Me	0.53	0.73	0.62	0.06	0.52	0.73	0.62	0.07	0.0
<b>Dental</b>									
Is – NL	21.5	31.9	26.81	2.72	21.9	31.6	27.11	2.62	0.3
Ii – ML	35.7	44.8	39.87	2.55	36.9	44.6	40.65	1.99	0.78
Overbite	0.0	9.4	3.46	2.46	0.0	4.0	2.17	1.11	-1.29
Msc – NL	17.0	23.7	20.25	1.60	18.1	24.3	21.6	2.04	1.35
Mic – ML	27.4	31.9	29.81	1.30	28.2	33.2	30.83	1.53	1.02

**Table 15. Vertical measurements at t1 and t2 for the Tooth anchored protraction facemask group**

Variables (°)	t1				t2				t2 – t1
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
<b>Angular</b>									
<b>Skeletal</b>									
SNA	76.9	86.2	82.14	2.97	78.5	87.7	82.86	2.90	0.72
SNB	77.1	86.9	82.57	2.87	75.8	84.8	80.77	2.37	-1.8
ANB	-3.8	3.2	-0.43	2.10	-2.7	6.6	2.09	2.65	2.52
N – S – Ar	112.2	133.0	122.61	5.43	114.6	132.6	123.11	4.48	0.5
S - Ar - GoI	136.9	156.8	144.61	4.52	142.7	164.4	147.96	5.21	3.35
Ar – GoI - Me	166.6	145.2	127.21	8.51	118.7	137.0	126.25	6.58	-0.96
Jarabak	382.1	410.0	394.42	7.23	388.0	414.4	397.31	5.93	2.89
SNL - ML	24.4	39.8	33.43	4.78	28.5	43.1	35.86	4.34	2.43
FH - ML	21.0	37.1	27.22	4.58	23.1	37.9	29.64	4.36	2.42
SNL - OL	13.1	29.1	20.79	5.20	11.5	25.1	18.73	4.38	-2.06
SNL - NL	1.8	12.9	8.21	3.34	4.7	12.5	8.22	2.13	0.01
<b>Dental</b>									
Is – SNL	91.0	121.4	107.47	8.66	98.9	118.2	109.75	6.71	2.28
Ii – ML	71.8	107.0	90.36	9.56	76.0	100.0	85.16	7.39	-5.2

**Table 16. Angular measurements at t1 and t2 for the Tooth anchored protraction facemask group**

Variables (mm)	T1				T2				T2 – T1
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
Sagittal									
Skeletal									
OLp – A pt.	60.0	76.9	66.74	3.93	61.9	78.7	68.28	4.32	1.54
OLp – B pt.	63.5	80.0	71.86	5.13	62.8	80.6	70.57	5.41	-1.29
OLp – Pg	66.7	84.0	73.95	4.70	65.8	84.1	73.82	5.11	-0.13
Wits	-9.6	0.2	-5.12	2.58	-6.9	6.9	-2.54	3.22	2.58
Co – A	65.2	81.9	73.02	4.09	68.6	82.6	75.57	4.27	2.55
Co – Pg	82.9	104.3	97.19	5.50	88.2	108.7	100.59	5.13	3.4
Co-Pg / Co-A	17.7	33.2	24.17	3.89	18.5	32.4	25.03	4.29	0.86
Dental									
OLp - Is	60.1	79.3	70.28	4.67	60.3	84.4	72.47	5.57	2.19
OLp - Ii	61.9	79.0	71.14	4.67	55.4	80.9	69.88	5.52	-1.26
Overjet	-4.8	2.9	-0.86	2.31	-1.6	5.9	2.6	1.76	3.46
OLp - Ms	40.2	50.7	44.45	3.18	41.1	58.0	46.89	4.27	2.44
OLp – Mi	41.3	55.2	47.52	4.20	42.2	59.1	48.94	4.65	1.42
Molar Rel.	-0.6	-7.0	-3.34	1.65	-4.9	0.4	-2.05	1.62	1.29

**Table 17. Sagittal Measurements at T1 and T2 for the Bone anchored protraction facemask group**

Variables (mm or %)	T1				T2				T2 – T1
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
Vertical									
Skeletal									
OLparallel - A pt.	16.4	38.9	30.14	5.43	16.5	41.3	31.62	6.07	1.48
N – Me	90.0	111.0	100.46	5.98	95.8	117.7	104.31	5.98	3.85
ANS – Me	49.1	65.5	57.94	5.16	50.3	69.2	60.2	5.09	2.26
Ar – GoI	30.1	45.9	35.16	4.31	29.9	48.0	36.59	4.72	1.43
ANS-Me / N-Me	0.52	0.63	0.58	0.03	0.52	0.62	0.58	0.03	0.0
Ar-GoI / ANS-Me	0.49	0.78	0.61	0.08	0.47	0.79	0.61	0.09	0.0
Dental									
Is – NL	14.4	27.7	22.41	3.69	19.9	29.0	24.58	2.61	2.17
Ii – ML	27.9	39.9	34.82	3.45	29.7	41.2	36.08	3.11	1.26
Overbite	-1.1	5.9	1.56	2.18	-1.8	4.4	1.42	1.48	-0.14
Msc – NL	9.1	21.9	17.02	3.00	11.8	22.9	18.58	2.73	1.56
Mic – ML	23.3	30.5	26.51	2.06	23.9	32.9	27.7	2.13	1.19

**Table 18. Vertical measurements at t1 and t2 in Control Group**

Variables (°)	T1				T2				T2 – T1
	Min	Max	Mean	S.D.	Min	Max	Mean	S.D.	Mean Difference
<b>Skeletal</b>									
SNA	71.9	92.1	80.29	4.74	73.0	91.2	81.88	4.49	1.59
SNB	74.8	90.2	81.2	4.17	71.9	88.8	80.4	4.25	-0.8
ANB	-5.5	3.3	-0.92	2.78	-3.8	6.9	1.48	2.76	2.4
N – S – Ar	107.9	131.1	118.69	5.59	107.5	131.4	120.37	6.82	1.68
S - Ar - GoI	133.8	152.7	143.63	5.87	129.4	158.4	142.49	7.31	-1.14
Ar – GoI - Me	116.6	146.1	132.29	7.02	115.9	146.1	131.02	7.12	-1.27
Jarabak	380.7	413.2	394.66	7.27	382.3	410.8	393.88	8.15	-0.78
SNL - ML	22.2	44.9	32.62	6.07	21.1	49.5	32.86	7.13	0.24
FH -ML	15.0	34.0	25.6	5.19	15.0	40.1	26.04	6.41	0.44
SNL - OLs	9.0	29.4	18.14	5.89	7.2	32.0	17.31	6.09	-0.83
SNL - NL	2.6	12.9	6.44	3.07	1.1	14.0	6.52	3.68	0.08
<b>Dental</b>									
Is – SNL	87.2	121.8	103.19	8.23	86.8	114.2	101.16	8.12	-2.03
Ii – ML	78.1	91.9	84.75	3.48	77.8	95.6	83.08	4.54	-1.67

**Table 19. Angular measurements at t1 and t2 in Control Group**

Variable Name	Tooth anchored protraction facemask		Bone anchored protraction facemask		ANOVA Between Tooth and Bone anchored	
	Mean Difference	SD	Mean Difference	SD	p-value	Sig
<b>Skeletal</b>						
1. OLp – A pt.	0.76	1.38	0.71	1.23	0.89	N.S.
2. OLp – B pt.	-2.43	1.52	-1.43	2.27	0.86	N.S.
3. OLp - Pg	-2.20	2.24	-1.24	3.05	0.26	N.S.
4. Wits	2.33	2.91	2.29	2.40	0.96	N.S.
5. Co – A	0.06	1.63	0.85	3.06	0.31	N.S.
6. Co – Pg	0.62	2.63	1.00	4.76	0.18	N.S.
7. Co-Pg – Co-A	-0.68	3.33	0.14	3.40	0.44	N.S.
<b>Dental</b>						
8. OLp – Is	2.26	1.30	0.82	2.43	0.024	*
9. OLp – Ii	-3.62	2.47	-2.53	2.26	0.15	N.S.
10. Overjet	5.88	2.13	3.35	2.45	0.001	*
11. OLp – Ms	1.44	1.61	1.13	1.78	0.56	N.S.
12. OLp – Mi	-1.39	2.05	0.16	2.93	0.059	N.S.
13. Molar Relationship	2.72	1.65	1.16	1.99	0.011	*
<b>Skeletal</b>						
14. OLparallel - A pt	1.23	2.13	-0.48	1.40	0.004	*
15. N – Me	3.35	2.28	2.40	2.46	0.21	N.S.
16. ANS - Me	2.09	2.30	1.66	2.20	0.54	N.S.
17. Ar – GoI	-0.30	2.51	0.64	2.91	0.28	N.S.
18. ANS – Me / N – Me	0.003	0.01	0.001	0.01	0.53	N.S.
19. Ar – GoI / ANS – Me	-0.008	0.02	0.001	0.05	0.54	N.S.
<b>Dental</b>						
20. Is – NL	-0.55	1.60	1.30	2.80	0.014	*
21. Ii – ML	0.09	2.32	0.57	1.72	0.46	N.S.
22. Overbite	-1.59	3.09	-0.46	2.23	0.19	N.S.
23. Msc – NL	0.85	1.66	1.06	1.86	0.70	N.S.
24. Mic – ML	0.71	1.45	0.88	1.38	0.69	N.S.
<b>Skeletal</b>						
25. SNA	0.41	1.85	1.29	2.13	0.17	N.S.
26. SNB	-2.34	1.61	-1.34	1.99	0.08	N.S.
27. ANB	2.75	1.92	2.63	2.41	0.85	N.S.
28. N – S – Ar	0.07	2.74	1.24	3.37	0.23	N.S.
29. S – Ar – GoI	4.34	5.55	-0.14	3.71	0.004	*
30. Ar – GoI – Me	-1.75	5.57	-2.06	3.73	0.83	N.S.
31. Jarabak	2.65	7.42	-1.01	4.18	0.06	N.S.
32. SNL – ML	2.94	1.42	0.74	2.90	0.004	*
33. FH – ML	2.64	2.49	0.66	2.85	0.025	*
34. SNL – OL	-1.84	4.15	-0.61	3.33	0.30	N.S.
35. SNL – NL	0.77	2.89	0.84	2.15	0.92	N.S.
<b>Dental</b>						
36. Is – SNL	-0.21	7.82	-4.52	5.67	0.053	N.S.
37. Ii – ML	-4.61	8.18	-1.08	3.84	0.08	N.S.

**Table 20. Comparison of the Mean Difference Between Tooth Anchored and Bone Anchored Groups**

NS = not significantly different, \* = significantly different at  $p < 0.05$ .

Overjet	Molar relationship
Skeletal contribution	Skeletal contribution:
1. OLp – A pt.	1. OLp – A pt.
2. OLp – Pg	2. OLp – Pg
Dental contribution	Dental contribution
3. OLp – Is minus OLp – A pt.	3. OLp – Ms minus OLp – A pt.
4. OLp – Ii minus OLp – Pg	4. OLp – Mi minus OLp – Pg
Overjet correction	Molar relationship correction
Sum of 1, 2, 3, and 4	Sum of 1, 2, 3, and 4

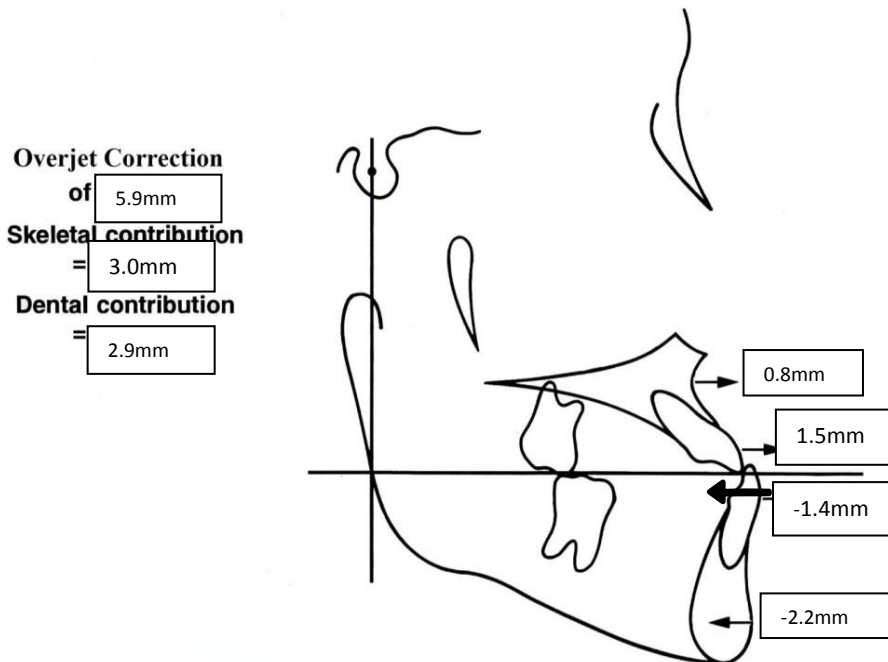
**Table 21. Calculation of Overjet and Molar Relationship Changes**

The forward and downward movement of the maxilla (OLp-A) will change the position of the measuring points associated with the sagittal dental variables OLp-Is and OLp-Ms, making them more positive than they truly are.

The downward and backward movement of the mandible (OLp-Pg) will change the position of the measuring points associated with the sagittal dental variables OLp-Ii and OLp-Mi, making them more negative than they truly are.

The following figures and calculations quantify the overjet correction for the tooth anchored group (Figure 7) and the bone anchored group (Figure 8), and the molar correction for the tooth anchored group (Figure 9) and the bone anchored group (Figure 10).

Maxilla = OLp-A pt. (0.8)
Maxillary incisor = OLp-Is (2.3) minus OLp-A pt. (0.8) = 1.5
Mandible = OLp-Pg (-2.2)
Mandibular incisor = OLp-Ii (-3.6) minus OLp-Pg (-2.2) = -1.4

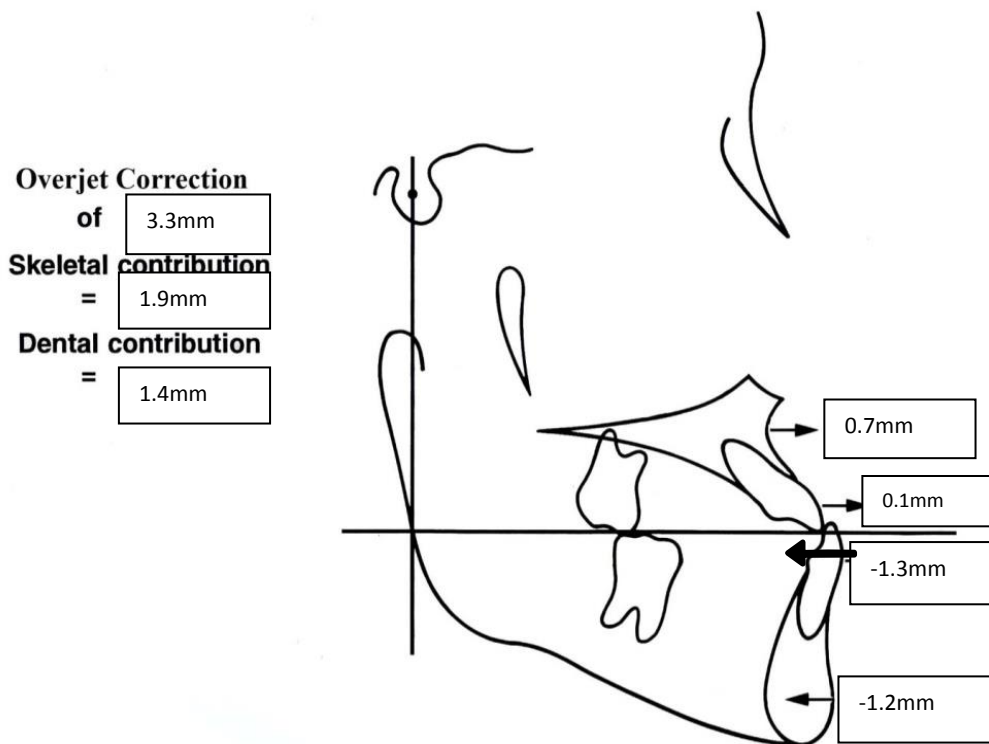


**Figure 7: Skeletal and dental contributions to overjet correction for the tooth anchored protraction facemask group**

Overjet Correction (5.9) = Maxilla (0.8 mm) + Mx incisor (1.5) - Mandible (-2.2) - Md incisor (-1.4)

Overjet Correction (5.9) = Maxilla (14%) + Mx incisor (25%) - Mandible (37%) - Md incisor (24%)

Maxilla = OLp-A pt. (0.7)
Maxillary incisor= OLp-Is (0.8) minus OLp-A pt. (0.7) = 0.1
Mandible = OLp-Pg (-1.2)
Mandibular incisor= OLp-Ii (-2.5) minus OLp-Pg (-1.2) = -1.3



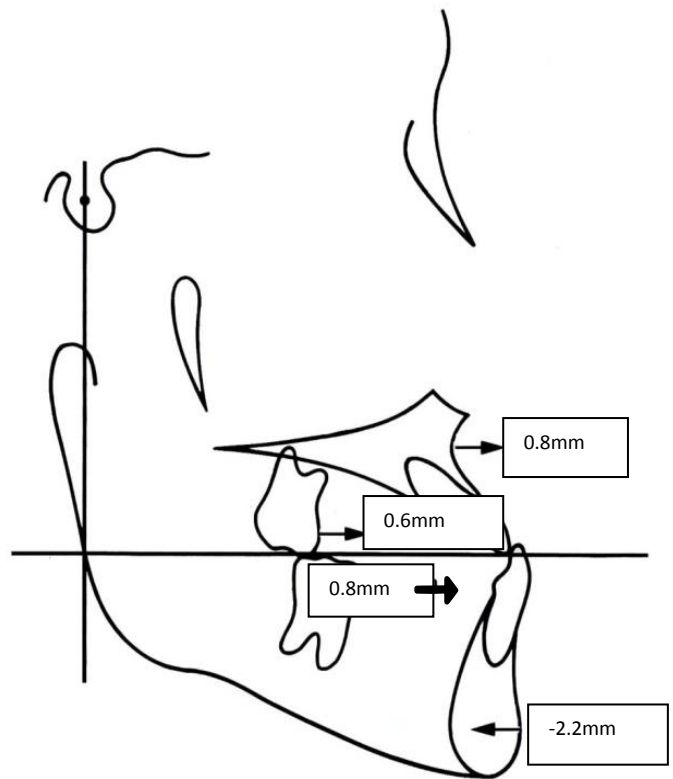
**Figure 8: Skeletal and dental contributions to overjet correction for the bone anchored protraction facemask group**

Overjet Correction (3.3)= Maxilla (0.7 mm) + Mx incisor (0.1) - Mandible (-1.2) - Md incisor (-1.3)

Overjet Correction (3.3)= Maxilla (22%) + Mx incisor (1%) – Mandible (37%) - Md incisor (40%)

Maxilla = OLp-A pt. (0.8)
Maxillary molar= OLp-Ms (1.4) minus OLp-A pt. (0.8) = 0.6
Mandible = OLp-Pg (-2.2)
Mandibular molar= OLp-Mi (-1.4) minus OLp-Pg (-2.2) = 0.8

**Molar correction**  
**of** 2.8mm  
**Skeletal contribution**  
**=** 3.0mm  
**Dental contribution**  
**=** -0.2mm



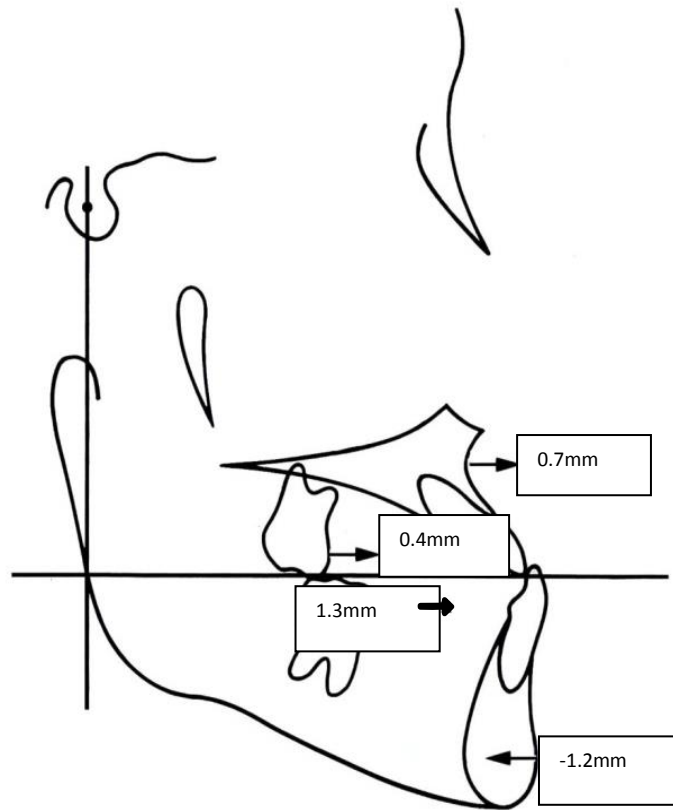
**Figure 9: Skeletal and dental contributions to molar relationship correction for the tooth anchored protraction facemask group**

Molar Relationship Correction (2.8) = Max (0.8) + Mx molar (0.6) – Mand (-2.2) – Md molar(0.8) (-0.6)



Maxilla = OLp-A pt. (0.7)
Maxillary molar= OLp-Ms (1.1) minus OLp-A pt. (0.7) = 0.4
Mandible = OLp-Pg (-1.2)
Mandibular molar= OLp-Mi (0.1) minus OLp-Pg (-1.2) = 1.3

**Molar correction**  
**of** 1.0mm  
**Skeletal contribution**  
**=** 1.9mm  
**Dental contribution**  
**=** -0.9mm



**Figure 10: Skeletal and dental contributions to molar relationship correction for the bone anchored protraction facemask group**

Molar Relationship Correction (1.0) = Max (0.7) + Mx molar (0.4) – Mand (-1.2) – Md molar (1.3)

## CHAPTER V: DISCUSSION

Three variables were statistically significant between the two groups in the sagittal dimension. There were significantly greater changes in overjet in the tooth anchored group (5.9mm) than bone anchored group (3.3mm,  $p < .001$ ). A significantly greater difference in change in molar relationship in the tooth anchored group (2.7mm) than bone anchored group (1.1mm,  $p < .05$ ) was found in this study. There was a statistically significant difference in overjet correction in the tooth anchored group (5.88mm) compared to the bone anchored group (3.35mm).

No significant difference in forward movement of A point between the tooth anchored and bone anchored groups was found: 0.76mm forward movement for tooth anchored group and 0.71mm forward movement for bone anchored group. A point measurement in this study was found to be smaller than results that Ngan et al measured of 2.1mm<sup>103</sup>. There was significantly more proclination of maxillary incisors in the tooth anchored group (2.3mm) than bone anchored group (0.8mm,  $p < .05$ ). This excess proclination contributes to greater overjet correction in tooth anchored group, but this is one of the potential negative side effects that occur with conventional protraction facemask therapy that was noted in the literature review<sup>30,31</sup>.

There were no significant differences in forward movement of maxillary molars between tooth anchored group (0.6mm) than bone anchored group (0.4mm). Although there was no significant difference, there were many individual variations between patients, with a range of -2.1mm to 4.6 mm for the tooth anchored group and -0.8mm to 3.9 mm for the bone anchored group. The results for this study for molar mesial movement matched Dr. Wilmes' finding of 0.4mm on the right and 0.3mm on the left<sup>37</sup>. Although no measurements were taken for the miniscrews used in this study, Liou et al found that miniscrews do not remain absolutely stationary throughout orthodontic loading<sup>141</sup>. This study found that Wits improved 2.3mm, which closely matches Dr. Wilmes' finding of 2.7mm improvement of Wits<sup>37</sup>.

Two variables were statistically significant between the two groups in the vertical dimension. This study found a significantly greater downward movement of the maxilla for the tooth anchored (1.2mm) than the bone anchored group (-0.5mm,  $p < .005$ ). This finding could be due to direction of force application for facemask being different between the two groups – 20-30 degree direction of elastics in bone anchored group versus 30-45 degree direction of elastics in tooth anchored group. The decreased downward movement of the maxilla helps prevent downward and backward rotation of the mandible in the bone anchored group (OLp-Pg -1.2mm versus -2.2mm). This study also found a significantly greater downward movement of the maxillary incisors between the bone anchored group (1.3mm) than tooth anchored group (-0.55mm,  $p < .05$ ). This finding helps contribute to maintaining overbite in the bone anchored group versus 1.6mm decrease in overbite in tooth anchored group.

Three variables were statistically significant between the two groups in the angular dimension. This study found a significantly greater increase in mandibular plane angle in the tooth anchored group (SNL-ML 2.9 degree, FH-ML 2.6 degree) compared to bone anchored group (SNL-ML 0.7 degree, FH-ML 0.7 degree,  $p < .05$ ). This finding occurs as a result of the Articular angle significantly increasing in the tooth anchored group (4.3 degrees vs. -0.1 degrees), as well as the greater downward movement of the maxilla in the tooth anchored group (1.3mm vs. -0.55mm). The results show that the mandibular plane angle increase does not occur as a result of extrusion of the molars (same amount of extrusion of molars between the two groups). The mandibular plane increase in the tooth anchored group could also be contributed to if there was a bigger CO/CR discrepancy in the tooth anchored group than the bone anchored group.

## **CHAPTER VI: SUMMARY AND CONCLUSIONS**

### **SUMMARY**

The purpose of this study was to quantify and compare skeletal and dental changes between tooth anchored and bone anchored maxillary protraction in Class III patients, as determined from lateral cephalogram radiographs. Sagittal, vertical and angular variables were analyzed to determine skeletal and dental changes.

This retrospective cephalometric study utilized a custom cephalometric analysis based on variables described by Steiner, WITS, McNamara, Panchez, and Tweed. One-way ANOVA test was used to evaluate the findings. The following hypotheses were tested:

1. There is no difference in treatment effects for sagittal variables between the tooth anchored and bone anchored protraction facemask groups.
2. There is no difference in treatment effects for vertical variables between the tooth anchored and bone anchored protraction facemask groups.
3. There is no difference in treatment effects for angular variables between the tooth anchored and bone anchored protraction facemask groups.

### **CONCLUSION**

All three null hypotheses are rejected because this study found that there were significant differences in sagittal, vertical and angular dimensions of Class III patients treated with tooth anchored maxillary expansion and protraction versus bone anchored maxillary expansion and protraction. The two treatment groups had similar results in the forward movement of A point, similar changes in Wits and

ANB values, and both corrected the overjet and molar relationship. There was a similar amount of forward movement of the maxillary molars between the treatment groups. There was statistically significant less downward movement of the maxillary in the bone anchored group, which also contributed to less downward and backward rotation of the mandible. There was less of an increase in the mandibular plane angle, less proclination of incisors, less increase in lower face height and less decrease in overbite in the bone anchored group.

It can be concluded that although both treatment modalities give similar results with movement of A point, the bone anchored maxillary protraction does have less of the negative side effects that occur with tooth anchored maxillary protraction. Traditional tooth born facemask therapy is most effective when treating skeletal Class III malocclusions with a retrusive maxilla and a hypodivergent growth pattern. The Hybrid hyrax tooth born facemask therapy may be a better treatment alternative for patients with a hyperdivergent growth pattern due to the decreased downward movement of A point, the decreased mandibular plane values, and a minimized increase in lower face height.

## **CHAPTER VII: RECOMMENDATION FOR FUTURE RESEARCHES**

1. Repeat this study with larger sample sizes.
2. Repeat this study with an observation period for the bone anchored group.
3. Repeat this study with long term follow ups to determine stability of treatment.
4. Design a study to compare the Hybrid Hyrax appliance to complete skeletal anchorage from protraction facemask attached to miniplates (at the infrazygomatic area or the lateral nasal wall).
5. Design a study to compare this Hybrid Hyrax appliance to complete skeletal anchorage from miniplates in the maxilla and mandible with elastics (no protraction facemask).

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## **APPENDICES**



APPENDIX A. IRB Exemption Approval



**Acknowledgement Letter Not Human Subject Research NHSR**

<b>To</b>	Peter Ngan
<b>From</b>	WVU Office of Research Integrity and Compliance
<b>Approval Period</b>	01/23/2014 <b>Expiration Date</b> 01/22/2019
<b>Subject</b>	<b>Not Human Subject Research Acknowledgment</b>
<b>Protocol Tracking</b>	1401168542
<b>Title</b>	Comparison of Two Protocols for Maxillary Protraction: Tooth Anchored versus Bone Anchored Protraction Facemask

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Thank you for your submission to the West Virginia University Institutional Review Board IRB.

It has been determined that your project does not meet the definition of human subject research for the following reasons

- In order to be considered human subject research, individually identifiable private information must be obtained or used in the research. If there is no individually identifiable private information involved, the project is not human subject research and does not require being submitted to the Office of Research Integrity & Compliance. Private information must be individually identifiable (i.e., the identity of the subject is or may be readily ascertained by the investigator or someone else associated with the information) in order to constitute research involving human subjects.

**If you have any questions, please contact the IRB at 304 293 7073.**

Thank you.

A handwritten signature in black ink that reads 'Lilo Ast'.

Board Designee Lilo Ast

Letter Sent By Lilo Ast on 01/23/2014 at 20:00:14-05:00