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Chronic Pain Through the Occupational Therapy Lens

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Chronic Pain Through the Occupational Therapy Lens

Clinical Question: What interventions within the scope of Occupational Therapy practice that improve outcomes are currently being used for people with chronic pain?



Clinical Bottom Line:

The results of the evidence-based literature review indicate there are many intervention strategies within the scope of occupational therapy practice that will assist those dealing with chronic pain. These interventions can be adapted by occupational therapists to improve clients' outcomes. From this evidence, our community partners can implement or recommend the appropriate interventions based on clients' needs and preferences.