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University of Southern Maine

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the free press

University of Southern Maine Student Newspaper

Vol. 44,
Issue No.6
Oct. 22, 2012

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Higgins appointed student body president

Fills seat vacated last week after senate vote

Photos and story by Alex Greenlee / Multimedia Editor

In an election necessitated by the removal of the previous student body president, Adam Higgins, a junior economics major, was appointed to the position by a majority vote of the student senate on Friday.

The decision comes one week after the former president, TJ Williams, was removed from office by the senate for failure to fulfill his duties. Williams had been absent from USM since the first week of classes in September.

Higgins, a student senator himself, was chosen by secret ballot from a group of five candidates who were nominated throughout the week. In addition to being constitutionally unable to serve on the senate any longer, Higgins will have to step down as president of the Political Science Student Organization, a position he has held since September.

However, he has no qualms about this.

"I'm ready. Ready to get things done. There are a lot of plans on the table that university personnel have

See **PRESIDENT** on page 3



Adam Higgins being sworn in as student body president after being appointed by the senate on Friday, Oct. 19.

Eliot Cutler lectures on public service

Sam Haiden
Staff Writer

Cutler says, "We need leaders." Will he be the next?

Eliot Cutler lectured at the Wishcamper Center on Oct. 17 as part of the Muskie School Fall Lecture Series on public service.

Cutler, who ran for governor in 2010, has a great deal of experience in conservation and public service. He has a comprehensive plan for restoring what he per-

ceived to be a dismal economic landscape in Maine. After making claims about the nation's wealth gap, as well as the failing partisan system, Cutler took a very specific look at what needs to happen immediately in Maine to make long-term change. His emphasis was on the importance of the tourism industry in this state, as well as the "creative economy." He challenged the Maine state government to a difficult but attainable goal, to double the number of

tourists who visit Maine annually by 2020.

For Cutler, the solution appears to be as simple as "A, B, C," and in fact, this was the structure of his lecture. "A" stands for "Accelerating Infrastructure," which Cutler indicated could be achieved by re-investing primarily in roads. "We tolerate among the worst roads in America," Cutler said. "We are 32nd in the

See **CUTLER** on page 2

Student's efforts putting USM on international map

R2P panel bringing distinguished speakers to campus Wednesday

Photos and story by Alex Greenlee / Multimedia Editor

Dylan Hedtler-Gaudette had never heard of the Responsibility to Protect until enrolling in a global peacekeeping class at USM last spring.

"It's a normative construct designed to address the perpetration of the four mass atrocity crimes: genocide, ethnic cleansing, war crimes and crimes against humanity."

Most people might not quite understand what he means by that, but for Dylan, advocating for and

educating people about this emerging international law concept has become his life's mission.

"Something about it just resonated with me immediately, and I just thought, wow, this makes so much sense. Ever since then it has been something of a single-minded obsession."

His first step in accomplishing that mission is to bring the conversation to USM.

On Wednesday, Oct. 24, Dylan will lead three expert panelists in a discussion on the Responsibility to Protect, or R2P, and its emergence as a norm in the discourse

See **R2P** on page 2



Dylan Hedtler-Gaudette at his home in Portland. Dylan has worked tirelessly to bring prominent international law scholars to USM.

From R2P on page 1

at the United Nations. Organized by Dylan and sponsored by the International Relations Association of USM, the event has attracted distinguished authorities on the subject including Charles Dunbar, a former ambassador to both Qatar and Yemen.

Dunbar served under presidents Reagan and Clinton and is now a lecturer on international relations at Boston University. President Emeritus of the Fund for World Peace, Dr. Pauline Baker and UNH professor Dr. Ali Ahmida will also be speaking.

The discussion will be focused on shifting definitions of state sovereignty at the United Nations and the prosecution of war criminals who violate human rights. R2P quite literally changes the way the UN approaches these issues, making this an important issue for many here in Maine.

Mohamed Mohamed, senior international studies major and president of the International Relations Association, is grateful to have the experience provided by Dylan's efforts.

"Portland is a perfect place to advocate for R2P with all of the

diaspora population. It is a major part of what we're studying as IS majors, and now we have access to all these important players and the knowledge they bring."

Although Dylan is still a student, he is qualified to serve on the panel. As well as taking a full course load of five classes, he has been interning with the Global Center for the Responsibility to Protect in New York City. Unable to be in New York, he works via computer which will allow him to graduate from USM this spring.

Simon Adams, executive director of the center where Dylan works has been impressed with his efforts.

"He is a bright, conscientious and committed young activist and scholar who is thoroughly dedicated to this issue," Adams said in an email to The Free Press.

Adams was himself introduced to USM last spring, after Dylan invited him to be a speaker at the first R2P panel discussion held at the university. That event was organized by Dylan as a practical component to complete an independent study he had been working on. Dylan saw a future in events like this for USM and for the state as a whole.

"Maine generally lacks the international consciousness that it needs, especially in an increasingly globalized world. We have to start engaging with these ideas, or we will be left behind."

Julia Edwards, who taught the course that introduced Dylan to R2P agrees with him. "The effort he has put into advancing the public's awareness of [R2P] has helped and will continue to help put USM on the map. We are able to invite prominent and experienced guest speakers who actually say yes to coming because Dylan has worked to give credibility to USM's interest in engaging the international community."

Dylan plans to attend law school to study international law after he graduates, but he doesn't see these events ending anytime soon – in fact, he hopes that the scope of these events will grow in the future.

"We just got the International Coalition for R2P to sign on as a co-sponsor. What if this thing became something USM was known for – being a hub for the dialogue for R2P?"

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Alex Greenlee / Multimedia Editor

Eliot Cutler speaking at the Muskie Center on Wednesday, Oct. 17.

From CUTLER on page 1

country for the quality of our roads, and we're going to need to spend more than \$3 billion dollars in the next decade or so to bring our bridges up to snuff and to keep them safe." He was not afraid to talk about spending money. A major point in his lecture was that the "pie" of Maine's economy is shrinking while people bicker over who gets the largest piece. Cutler thinks that rather than delegating who gets the largest piece of a "shrinking pie," we should be making plans to increase the size of the pie. He thinks we should do this by investing in our coastal communities, even if it means increasing our debt. "Maine is in a good position to borrow," said Cutler. According to Cutler, there has never been a less expensive time to borrow. His goal is rooted in supporting the tourism industry that surges the state's wealth and economic development.

Part "B" of his plan is to build

a name brand for Maine. "There are a few states in America that are mythic. That hold Americans enthralled, and Maine is one of them," he said. Cutler claims that our slogans have not lived up to our 'mythic' status. "Over the years we've moved from one slogan to another faster than our weather changes. For a few years, our slogan was, 'it has to be Maine.' That was a brand that an analyst for Businessweek Magazine said, 'Isn't well known, because it is bland, dreary and vague.'"

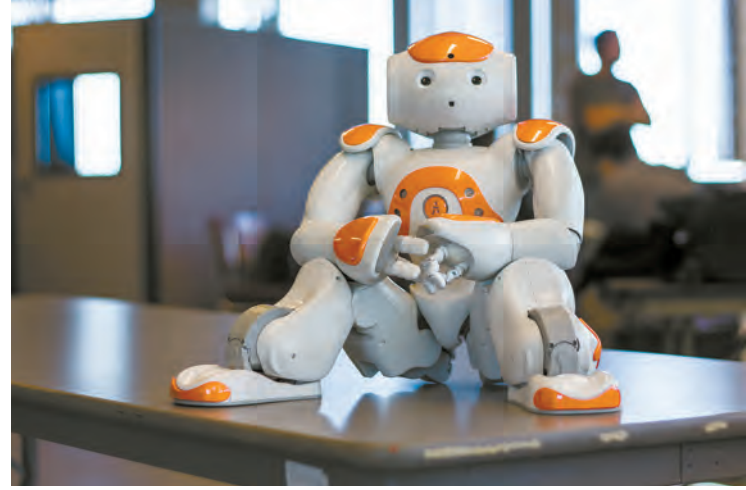
The "C" in Cutler's plan is "championing the creative economy." The effort is to bring creative people to Maine by promoting and investing in the creative industries, as well as its artists. Cutler claims that we need to create a name brand for ourselves by investing in our most profitable sectors. "We should establish visible arts districts throughout the state that provide and protect

affordable workspaces and housing. We ought to make available, affordable health care coverage for people engaged in the creative economy." Cutler spoke of investing more in art schools, suggesting that we create a magnet high school for the arts, similar to the Maine School of Science and Mathematics in Limestone. Furthermore, he said we need to improve our availability in search engines and new media.

When asked whether or not Cutler would be attempting to employ his plan by running for the Governor's office again in 2014, he replied, "I haven't said no, and if I am as motivated by the circumstances of the state – granted that they have not changed or have gotten worse than they were in 2009, when I ran last time – then I would. But I haven't decided."

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Robotics company wants NAO 25 to find a home at USM



Patrick Higgins / Free Press Staff

Rosie the robot, also known as NAO 25, relaxing on a table during her debut at USM.

Nate Mooney
News Assistant

USM received a sales call from the future last Wednesday – at least one company's version of it.

Aldebaran robotics sent two representatives to the USM science building for a sales demonstration on Wednesday, Oct. 17. Standing just under two feet tall, less is more when it comes to a saleswoman like Rosie the robot. Rosie and Beth Mahon came representing the French company that is working to establish a presence in the United States. Mahon is the area sales manager for most of the East coast and parts of the Midwest. Mahon warmed up the audience assembled in the sunny 5th floor of the CI^2 lab in Portland's newly renovated science building and after tapping Rosie on the head, stepped back. The lights around Rosie's eyes went from red to green. She arose and addressed the crowd, listing off her many functions and abilities while walking back and forth on the tabletop.

Mahon's office contacted the USM computer science department and professor Clare Congdon helped to set up the demonstration. Rosie, also known as NAO 25, looks a bit like a toy, but is not available to the general public. This slight and expressive biped is touted as a development platform for those in the education field. Mahon noted that the robot is in over 900 schools already, including Bowdoin College, M.I.T. and Carnegie-Mellon University. Aldebaran's company website states that the NAO is "fully programmable, open and autonomous," which Congdon said provides a solid foundation as a tool for research.

Congdon said one potential for this open platform is the RoboCup, a collegiate robotics competition where the NAO has a one-design category, the Standard Platform league. "In this case, you're working on developing a strategy for a soccer player, but also issues of coordination," said Congdon. Since all competitors

use the same hardware, the competition tests a team's ability to create an autonomous program to control their robot players."

Despite Rosie's very impressive rendition of the dance from Michael Jackson's famous "Thriller" music video, the NAO's high price tag means a tough outlook for getting one to join the USM computer science team. At \$16,000 for a single unit, with discounts for educational partnerships of five robots or more, Congdon needs some serious supplemental grant money if USM wants to join the ranks of NAO owners.

She also pointed out that the NAO is particularly ill suited for some of USM's current research into "autonomous mapping of unknown terrain," using a mapping robot that doesn't need direct human control. A robot that walks on two legs isn't well suited for this sort of work. "It's not practical," said Congdon. "It would repeatedly fall down and have to get up again."

Congdon thought the NAO was more compelling as a potential assistant to humans, echoing the Aldebaran webpage – "the ultimate dream of creating an artificial companion to assist humans is no longer science fiction." A robot like the NAO 25 could call 911 or remind the elderly to take medication. With the ability to see from two high-definition cameras, facial recognition and WiFi, the NAO could perform those functions in its current state. This could be the NAO's saving grace in any effort to bring together the resources to buy one for USM. Congdon said that agencies with grant money, like the National Science Foundation, are "especially interested in research with 'co-robots' right now." Congdon maintains a realistic outlet on the diminutive robots chances- "sometimes these things never get off the ground, but I do think there's potential for something happening at USM."

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From **PRESIDENT** on page 1

been working on for years. It's time to enact those plans. The [University President Theo Kalikow] is supportive of action, and it's time that we work to get things done."

Higgins is the first non-traditional student to ever hold the position, which Portland Director of Student Life, Chris O'Connor, typically defines as a student outside the 18-24 year-old range.

Higgins attended USM as a traditional student for three semesters from spring 1998 to 1999 and returned in summer 2011 to complete his degree. Since then, he

has fulfilled the requirements for a bachelors in political science and has decided to complete a second degree in economics.

The election closes the book on an unprecedented and uncertain period for the Student Government Association that raised many concerns over the process for dealing with delinquency in such an important office. No student body president has ever been removed by the senate in such a manner, and the SGA constitution does not prescribe a specific method for replacing the president.

O'Connor, who is also staff ad-

viser to the senate, was impressed with the senate's handling of the situation.

"I think they managed it really professionally," O'Connor said. "It was the most thorough vetting or exploration of candidates that I've seen, even through a normal election process. They realized the impact of having a hole in that position and took action to do something about it."

Changes to the SGA constitution have been proposed to prevent any future confusion over the issue. Senator Andrew Kalloch, in a statement to The Free Press explains,

"The amendment will address the process that should be used by any future student senates should they ever have to appoint a new president."

All five candidates had previous SGA experience. Three sitting senators, Higgins, Isaak Misiuik and Ciarra Pickens were nominated as well as former senator Fatima Al-Freihy and former senate chair Alison Parker. This level of involvement in student government, and competition among candidates, is a departure from last semester when former president Williams ran unopposed.

Williams has not returned any requests from The Free Press for comment and his absence from USM remains unexplained.

Camire is confident with the senate's choice. "I think Adam is going to be a great student body president. He has the tools, talent, skills and charisma to do the job well."

Higgins will be available at 3V Day at Sullivan Gym on Wednesday from 11-2 p.m. to meet with any students interested in talking to him.

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Patrick Higgins / Free Press Staff

Cigarette butts lay next to fallen leaves outside of Luther Bonney on Sunday night. A campus-wide tobacco ban will go into effect in January.

| | | | |
|--|--|--|---|
|  BRANDI CARLILE BLITZEN TRAPPER OCT 24 |  PAPER DIAMOND MORRIS, OF THE TREES MOVED TO PORT CITY SATURDAY OCT 27 |  CITIZEN COPE OCT 29 |  PRETTY LIGHTS KEYS N KRATES ELIOT LIPP NOV 1 |
|  UMPREY'S MCGEE THE BRIGHT LIGHT SOCIAL HOUR NOV 3 |  G. LOVE & SPECIAL SAUCE NOV 10 |  TAKING BACK SUNDAY BAYSIDE, THE MENZINGERS NOV 18 |  A NIGHT OF THE BEATLES NOV 24 |
|  DINOSAUR JR. SCREAMING FEMALES NOV 29 |  DARK STAR ORCHESTRA DEC 6 |  THE FOG-CUTTERS BIG BAND SYNDROME DEC 7 |  KILLSWITCH ENGAGE Shadows Fall, Acaro DEC 20 |
|  BADFISH BADFISH A TRIBUTE TO SUBLIME DEC 28 |  THE DEVIL MAKES THREE BROWN BIRD DEC 29 |  moe. NEW YEAR'S PARTY DEC 30 & 31 |  KEANE YOUNGBLOOD HAWK JAN 30 |

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In Brief...



her version of customized learning from local educators. Preregistration is required and a form is available to print from the Professional Development Center's page on the USM website. A book signing will follow the presentation.

New York Times columnist at USM

English PhD and RN Theresa Brown will speak Tuesday evening at 6 p.m. in the Hannaford lecture hall about "Bedside Nursing in the Age of Affordable Care." Brown has a weekly column entitled "Bedside in the op-ed section of the New York Times that "look[s] for ways to make health care better and more humane," according to the column's digital home on the Times Opinionator blog. Brown has lectured nationally on many issues from the nurse's perspective. The talk is free and open to the public, a reception will follow.

USM Teacher talks about research

A USM professor will hold an informal talk as part of USM's Science Cafe series at the Portland Public Library atrium Thursday, Oct. 25 at 5:30 p.m. The series focuses on current research that "seek[s] to better understand human-environment relationships in the fields of biology, chemistry and ecology." Dr. Travis Wagner, Associate Professor of Environmental Science & Policy at USM, will speak on his own research and answer questions. Dr. Wagner's research has touched on the historic evolution of environmen-

tal policy and creating more efficient ways to deal with waste in systems of production.

Almost, Maine opening

The Student Performing Artists at USM will put on John Cariani's *Almost, Maine* at the Lab Theatre in Gorham. The critically acclaimed play features nine short acts about the romantic entanglements that happen over one night in a fictional rural town. The play will be put on all weekend with showings at 7:30 p.m. Thursday, Friday and Saturday, and a matinee at 2:30 p.m. Sunday.

Portland Events Board spooky trip!

Portland Events Board is hosting a Halloween trip to Salem, Massachusetts. The Board has chartered a bus that will leave Woodbury Campus Center at 9 a.m. on Saturday, Oct. 27. Students will spend the day in historic Salem before being brought home by 8 p.m. Interested students should pick up a waiver form in the Woodbury Student Involvement and Activities Center. There is no cost, but any student wishing to attend must fill out a waiver to reserve a spot on the bus. Contact Annie Stevens with the Portland Events Board at peb.usm@gmail.com

Questions or comments?
Send us your thoughts at
editor@usmfreepress.org

Halloween history

The Interfaith Chaplaincy will hold an interactive presentation on the history behind Halloween traditions in different religions on Wednesday, Oct. 24 at 7 p.m. at the Brooks Student Center in Gorham. Catholic Religious Advisor Ms. Ali Stauble, Pagan Chaplain Rev. Cynthia Jane Collins and Episcopal Chaplain Rev. Shirley Bowen will represent three branches of the varying religious traditions that created the holiday and present themes that bring together the historic celebrations that comprise the modern Halloween.

Technology and education speaker

Beatrice McGarvey, an educational consultant, recently published author and USM graduate, will speak on Monday, Oct. 22 at 4 p.m. in the Hannaford lecture hall. McGarvey is a former Maine teacher and co-author of *Inevitable: Mass Customized Learning-Learning in the Age of Empowerment*. The two-hour event will feature a talk from McGarvey about the methods used in her book and a virtual tour of districts that use

Police Beat



Selections from the USM Department of Public Safety police log Oct. 10 to Oct. 16

Wednesday, Oct. 10

Pay up!

11:03 a.m.- Vehicle towed for unpaid fines. - G2A Parking Lot

Thursday, Oct. 11

And no more nuking the jiffy pop!

1:52 p.m.- Fire Alarm activation due to burnt popcorn. Fire Department responded and reset system. - 15 Baxter Blvd

Come back here!

4:16 p.m.- Report of a hit and run motor vehicle accident. - Bedford Parking Garage

Friday, Oct. 12

You all set?

12:23 a.m.- Officer checked on people in a vehicle. Just talking and all set. - G11 Parking Lot

You're not

12:25 a.m.- SUMMONS issued to Shayna A Montpas, 18 of Gorham for Possession of Drug Paraphernalia. - G8 Parking Lot

Friday night fights

1:09 a.m.- Report of an assault. Report taken. - Robie Andrews

Hall sports, eh?

7:36 p.m.- Smoke detector knocked off its base as a result of hall sports. Repaired by Facilities employee. - Anderson Hall

Saturday, Oct. 13

Elevator bandit

10:40 p.m.- Report of vandalism in the elevator. Report taken. - Robie Andrews

Sunday, Oct. 14

Couples counseling

12:37 a.m.- Officer to assist with a roommate issue and damage to personal property. - Upper Class Hall

Last night got weird

7:33 p.m.- Report of a substance smeared on the wall. Not sure what it is. Custodian will clean it. - Upper Class Hall

Monday, Oct. 15

You don't live here!

11:13 p.m.- Report of an individual attempting to make entry into a building they don't live in. Person was gone upon arrival. - Dickie Wood Hall

Tuesday, Oct. 16

Did you feel that?

7:33 p.m.- Various campus buildings checked following an earthquake in the area. No damage noted. - Campus

Police logs are edited for grammar and style. They can be found at usm.maine.edu/police/campus-crime-log.

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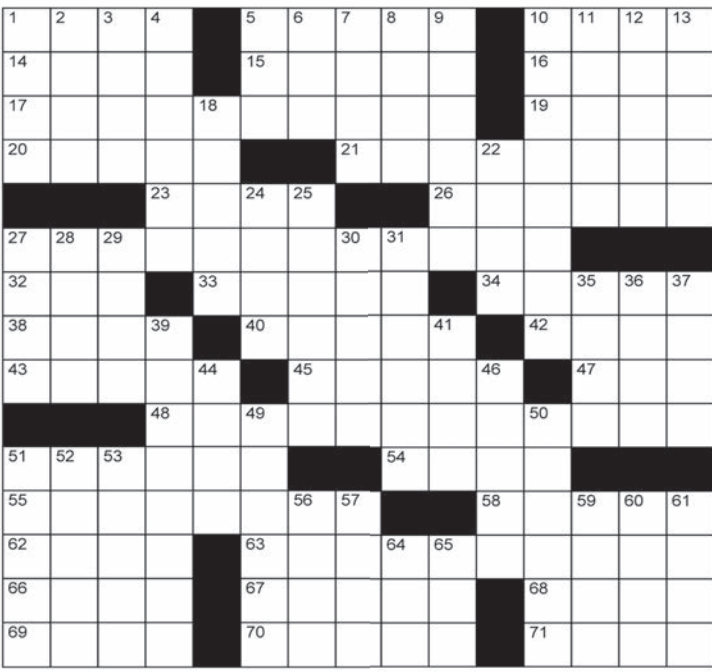
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Crossword

- Across**
- NASA, e.g.
 - Really steamed
 - Opera set on the banks of the Nile
 - Hermes' mother
 - Betel-nut palm
 - Some college tests, for short
 - "Voices Carry" pop group
 - Holder of billiard balls
 - Pricey
 - 1862 battle site
 - Campus digs
 - Michael of "The Great Santini"
 - An Oscar winner in 1960
 - Tote
 - Relating to an arm bone
 - "Notary ___" ("Smokey Stover" comic graffito)
 - Awed
 - Israeli native
 - Alliance letters
 - Kentucky's ___ College
 - Like a towelette
 - B'way's 'Les ___'
 - 1966 musical starring Gwen Verdon
 - Easier to chew
 - Hair-raising
 - Grand
 - Ventriloquist Bergen
 - "St. Elmo's Fire" singer John
 - Intuition
 - Epee ou pistolet
 - Bagnold & Blyton
 - Followers of the Pied Piper of Hamelin
 - Started a golf hole, with 'off'
 - Jefferson, for one
 - Emmy-winner Loretta



- Down**
- Statement figures: Abbr.
 - Cheese, sometimes
 - Digestive juice
 - Like "American Beauty"
 - Major W.W. II Japanese base on New Guinea
 - Refund check issuer: Abbr.
 - Sanskrit scripture
 - "Let me know if ___ help"
 - The Wright brothers' hometown
 - Consents to
 - More than mad
 - Coffee preference
 - Billy Joel's "Don't ___ Why"
 - Western Samoan island
 - Turner and Eisenhower
 - Electrical units
 - "___ Is Aram": Saroyan
 - Meat loaf serving
 - More than large
 - Film lab assistant
 - Lacy ruffle on a shirt front
 - Root used in perfumery: var.
 - Gertz of "Still Standing"
 - Busy, busy, busy
 - Cover for a teapot
 - Motioned
 - Tennis Hall of famer Arthur
 - Impresses
 - Wheatfield weeds
 - Obliterated
 - Painter Albert Pinkham and family
 - Parade honoree, for short
 - Busy Illinois airport
 - Gift-getter's question
 - Number of days for a wonder.
 - CCLVI doubled
 - Chew on a bone
 - City southeast of Turin
 - Take a breather
 - Scores in the end zone, for short
 - F.D.R. successor

Word Search

Theme: Sci - Fi Movies

Search for the list of words in the grid of letters. Grab a pen and circle each word as you find them.



- AEON FLUX
- ALIEN NATION
- ALIENS
- ARMAGEDDON
- AVATAR
- CLOVERFIELD
- DARK STAR
- DEATH RACE
- DEJA VU
- DONNIE DARKO
- FLATLINERS
- FREEJACK
- FREQUENCY
- GAMER
- GODZILLA
- HULK
- INCEPTION
- IRON MAN
- JUMPER
- KING KONG
- KNOWING
- MEN IN BLACK
- MIMIC
- MOON
- OUTBREAK
- OUTLAND
- PANDORUM
- PREDATOR
- PUSH

Sudoku

A sudoku puzzle consists of a 9 x 9-square grid subdivided into nine 3 x 3 boxes. Some of the squares contain numbers. The object is to fill in the remaining squares so that every row, every column, and every 3 x 3 box contains each of the numbers from 1 to 9 exactly once.



Cryptogram

Every letter in a cryptogram stands for another letter. Use the hint to crack the code.

**SQ UV UEMFYVYGDF
QYFZDMQPCCK APGXDR
TSE TDUR, TD BYPCR
XFYAUACK EDD EMUFE.**

And here is your hint:
P = U

**QPICFVQPMVSRX,
CPS LMPPCV SMTHRX
STLMZS VKS SJCHTV
AKC HT NS-BSSZ HP
LCPYSFTMVHCP.**

And here is your hint:
N = M



Weekly Horoscope



- Aries** (March 21-April 19) ★★★★★
Cleaning up and reorganizing your space brings much satisfaction. Your tasks flow more smoothly.
- Taurus** (April 20-May 20) ★★★★★
Moderate attention to practical matters will improve your relationships. Discipline, care, and perseverance are highlighted.
- Gemini** (May 21-June 20) ★★★★★
Today you're every employer's dream: careful, disciplined, thorough, with attention to detail and good business skills.
- Cancer** (June 21-July 22) ★★★★★
Charity or artistic activities appeal today. You feel best doing something to make the world a bit better or a little more beautiful.
- Leo** (July 23-August 22) ★★★★★
A family member nags or pressures you about eating, drinking, smoking, spending money, etc. Don't retaliate.
- Virgo** (August 23-September 22) ★★★★★
Communication is emphasized--whether through more mail, more phone calls or more conversations. Inform yourself; exchange ideas.
- Virgo** (September 23-October 22) ★★★★★
Keep the channels of communication open with your family. If you are truly interested in what they tell you, they will share more.
- Scorpio** (October 23-November 21) ★★★★★
Some of your strong feelings or beliefs may be tested today. Insisting on your viewpoint closes doors; openness leads to useful insights.
- Sagittarius** (November 22-December 21) ★★★★★
Community connections opens doors for you. Who you know proves important.
- Capricorn** (December 22-January 19) ★★★★★
Pay attention to your intuition today. You can pick up valuable impressions about people.
- Aquarius** (January 20-February 18) ★★★★★
Your focus and concentration are excellent today. You will get a lot accomplished, plowing through your tasks.
- Pisces** (February 19-March 20) ★★★★★
Closeness comes easily. Take advantage of opportunities to share. Build togetherness and commitment.

The solution to last issue's crossword



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Arts & Culture

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Casablanca Comics hosts visiting artists

Sam Hill
Arts & Culture Editor

Casablanca Comics in Portland will host a collection of nationally renowned comic creators and artists over the next few weeks. These events will give fans of the genre a chance to meet with active artists in the field, getting an inside view of the business and a chance to chat with the creators of some of their favorite works.

"It's important to create this connection between fans and artists," said Rick Lowell, owner of Casablanca Comics. "Some fans don't realize that there are people behind these books and comics. They don't just appear out of thin air. There are people working hard behind every piece."

The series kicked off on Saturday, Oct. 20, when emerging comic artists Ben Hatke and Zack Giallango came to town and dropped in to talk about their work and sign a few autographs. Hatke is the creator of the adventurous sci-fi graphic novel, *Zita the Spacegirl* and Giallango is the creator of the wildly entertaining fantasy graphic novel, *Broxo*. Both have been published by First Second Publishing within the past year.

"It's great to get a chance to talk to people who are excited about the work," said Giallango.

Throughout the day they were able to talk with fans not only about their specific works, but the art of creating graphic novels in general.

"We all draw. All of us as kids.

We're just the ones that didn't quit," said Giallango.

"Being a comics artist can be a lonely pursuit. We make these stories, put them on little rafts and send them out, hoping someone somewhere will care for them," said Hatke. "It's awesome to be able to get out here and talk one-on-one with the fans and let them know all that went into the novel."

On Saturday, Oct. 27, #1 New York Times bestselling author and cartoonist Raina Telgemeier will be discussing comics and her newest book *Drama*, published by Graphix. Her critically acclaimed graphic novel and memoir, *Smile*, was last year's winner of the Maine Student Book Award. Her talk will include discussing the inspirations of her work and the process involved in creating comics. Her appearance at Casablanca Comics is part of her nationwide book tour.

The third event, taking place on Saturday, Nov. 3, features national cartoonist Lincoln Peirce, a New York Times bestselling author, cartoonist and writer living in Portland. Peirce is the creator of the popular comic and books series *Big Nate*.

"Not everyone has the money or time to go to a convention. This is a great opportunity for fans to get to know some of the authors in the business and have some quality one-on-one time with these artists," said Lowell.

"We all draw. All of us as kids. We're just the ones that didn't quit."

-Zack Giallango
Comics artist



Photos by Alex Greenlee/ Multimedia Editor

Comics artists Ben Hatke, left, and Zack Giallango, left, sit down to meet with fans on Saturday, Oct. 20. Both authors enjoyed having a chance to chat with fans in Portland and autograph a few doodles. (Top) Ben Hatke poses for a photograph with his latest graphic novel for a fan. (Bottom)

New director at One Longfellow Square

Sam Haiden
Staff Writer

One Longfellow Square, one of Portland's most diverse venues, has come under the new direction of long-time Portland art patron Kippy Rudy.

In her years of participating in Portland's vivid arts and performance scene, Rudy influenced the development several organizations, including the Maine Historical Society, the Portland Stage Company, the Portland Museum of Art and PORT

Opera. Now she is bringing her expertise to one of Portland's most eclectic venues. On Oct. 12, OLS welcomed Tinariwen, an African group playing what they describe as "close to the American Blues" and only eight days later featured Spose, a local Maine rapper. The venue boasts a broad spectrum of ethnic and cultural backgrounds through music. singer/songwriter folk, bluegrass and blues are all genres regularly represented.

"I really love working in the arts in Portland," Rudy said. "I consider

it a privilege to be able to do so for such a long time. I have attended shows here over the years, many with my daughter, and feel honored to think I can play a part in helping the OLS staff and board create a more stable future."

With over ten years in the arts and performance industry, she claims she is confident in her ability to help OLS advance to the next level. Her approach is multifaceted. "I have an extensive background in fundraising, which will help us to build a better base of support for

OLS. I have been a part of several organizational turnarounds over the years, where these arts institutions were able to re-invent themselves, become more audience-centered, and profitable," she said.

When asked what she least appreciated about the venue, she easily decided, "our on-line ticketing service, and various technical problems—this is frustrating to our audiences and staff, and will be addressed." She was just as facile in her description of what she most appreciates. "I feel a tremendous sense

of community at OLS. We are more like a modern-day urban grange hall than a stuffy music auditorium. You don't just come to OLS to see a show. You experience it and engage in a conversation with the performer. I think this is a very rare and very special experience."

Rudy still plans to make a few changes to the venue. "I intend to solve some of our physical space challenges," she said. "We have no designated box office or adequate lobby and bar space. This creates

See Rudy on page 8



Local Top 5:

Museums

Sam Hill
Arts & Culture Editor

1.) Portland Museum of Art

Located in the heart of the arts district in Portland, the PMA is a great place to jump right into the art world and spend a day exploring. They have over 17,000 pieces of fine art to browse through and admire, from paintings to sculptures and decorative, antique furniture. Even if you aren't familiar with art, it's a lot of fun to look through each floor and pick out your favorite piece. The PMA also regularly screens the best classical, foreign and art films, with tickets only costing \$7! And if you get hungry while you're exploring the museum, there's a cafe right downstairs where you can purchase a variety of seasonally inspired treats and gourmet sandwiches. You won't regret spending a day at the PMA. 1219 SW Park Ave

2.) The Museum of African Culture

Looking for a culture shock? Check out the Museum of African Culture to take a step into an entirely different world. The museum boasts over 1,500 unique pieces ranging from large-scale, elaborately carved wooden masks to smaller pieces, scale figures, textiles and ceramic and bone artwork. They have an extensive display of African masks that were used in rites of passage, funerals, agricultural ceremonies and marriage ceremonies. This is one of the few places in the state to find such a collection, so take a day to explore the museum, have some fun and learn a thing or two about African culture. 13 Brown St.

3.) International Cryptozoology Museum

The International Cryptozoology Museum is truly a one-of-a-kind location. Cryptozoology is the study of hidden animals, or animals that haven't been proven to exist. We're talking about Bigfoot, the Abominable Snowman, mermaids, the Lochness Monster, and plenty of other mysterious creatures. The museum is filled with some really detailed exhibits showing what the creatures are believed to look like, maps showing where sightings have occurred and plenty of artwork as well. There are also plenty of themed toys and games. The museum was picked as one of the top five "Kid-Friendly Museums" in New England in January 2012 by Yankee Magazine. It's a great place for some family fun. 11 Avon St.

4.) Maine Historical Society

Founded in 1822, the Maine Historical Society is the third oldest state historical society in the United States. The museum consists of constantly changing exhibits and programs, the pieces of which come from more than five centuries of life in Maine. Regardless of the specific exhibit, you'll always find a collection of art, artifacts and documents that bring the time period to life. The Maine Historical Society also owns the Wadsworth-Longfellow House, the childhood home of Henry Wadsworth Longfellow, one of the most famous 19th century American poets. You will definitely learn something new about the state of Maine while you're here. 489 Congress St.

5.) Portland Fire Museum

The Portland Fire Museum is fun for all ages, giving visitors a chance to see the evolution of the local fire department. The museum is filled with antique firefighting equipment, some of which would seem dangerous to use now. Vintage steam engines and fire trucks are always on display. It's an interesting experience to compare everything to our modern world and notice how quickly things change. This place is fun for all ages and is a great way to spend some time with the people you enjoy while learning a bit about the city of Portland. 157 Spring St.

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Arts & Culture Recommends:

Session Americana



Courtesy of the band.

Sam Hill
Arts & Culture Editor

On Friday, Oct. 26, One Longfellow Square will introduce Portland to a new, exciting style of folk rock with the enthusiastic interactive band Session Americana.

With six members sitting around a collapsible bar table, they jam out with a natural feel that gets the crowd involved. They perform a fun mixture of covers and their very own upbeat original pop and folk rock, composed by four of the band members.

Coming from Boston, Session Americana displays a different style of performance that gets their audience pumped up and ready to jam out by interacting with one another as well as the crowd. Carrying on their tradition, they set up the collapsible bar table wired with microphones. Sitting around it, they talk and bring an easy-going environment to the stage. As the night gets started, they rock out with a wide variety of acoustic instruments. The musicians collaborate, playing off of each other and playing off of the feel of the crowd.

Known for "Best Live Residency" in 2011 Boston Music Awards, Session Americana is guaranteed to get you on your feet dancing.

"No artist in Boston has accomplished what they have, quietly selling out every show they play locally – over 40 a year. They have a huge fan base in the under-

ground folk/American scene," said Emma Boland, a press coordinator for Session Americana.

"It's like a hang out. Very loose entertainment. We interact with each other as well as the audience while playing," said Ryan Cavanaugh, a songwriter, singer and multi-instrumental-

ist of the band. Session Americana's spontaneity and intimacy among the musicians is sure to send a contagious vibe through the entire audience. "Starting out in college, it was always a fun, casual get together in dorm rooms. The main mentality of the band is to get the audience involved," Cavanaugh said.

"I'd give them 100 miles. That is to say, if they're playing anywhere within 100 miles of your home, you drive there and are grandly rewarded for your effort," said David Greenberger, a writer and music reviewer for National Public Radio. This free energetic group puts a simply spunk and passion into their mixture of music. Feeling the passion they have for music, the members turn a simply jam session into a vibrant feel good show. Check them out this one time, and you will definitely drive to see them the next time they're within 100 miles.

The show starts at 8:00 p.m., tickets are \$15 in advance or \$18 at the door. Order online and One Longfellow Square and Session Americana will offer an exclusive discount to USM students. Go to their website and enter the word "usmsession" in the promotional code box and receive \$5 off the original price. Tickets are also available either at the One Longfellow Square box office or by phone.

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From RUDY on page 7

real challenges that impact the visitor."

Attentiveness to bar space is integral; things are truly looking up for the OLS. Rudy is passionate and devoted not only to OLS, but to the arts and performance community in Portland.

Her goals for the future are simple, "I want to see OLS thrive into the next decade, where I will bring my younger daughter to shows as well. I hope we become a home to children's and senior's programs during the day and fill the house most evenings of the week. I hope we can strengthen the diversity of programs we offer with more world music and jazz. Surviving and thriving are always the goals of a performing arts space."

Portland music fans, keep on the lookout. Kippy Rudy is in town, and she plans to bring OLS to the top.

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Sam Haiden / Staff Writer

Kippy Rudy poses for a photo outside of One Longfellow Square located at 181 State St. Rudy has nearly 10 years experience in the arts and performance industry

See a typo anywhere?
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In Heavy Rotation

What caught the eyes and ears of our staff this week.



EMI

Chiddy Bang / The Swelly Express

Chiddy Bang is the best alternative hip hop group out there right now. With upbeat, unorthodox rhymes from Chiddy and unbelievable sampling and production by Xaphoon Jones, there's no way you won't rock out to this. Guaranteed to put that spring back in your step any day of the week.

-Sam Hill
Arts & Culture Editor



GOOD Music, Columbia

Fats Waller / A Handful of Keys

"The man who could eat up a piano" at his best -- live and remastered in a new set released last year. Beginning with all-time favorite 'Ain't Misbehavin,' this record tires late with a few too many instrumentals. At 22 tracks, however, it is worth every dime. Wait until winter has you eating in under a dim light with a cheap bottle of wine.

-Alex Greenlee
Multimedia Editor



Virgin, Freestyle Dust, EMI, Ultra

The Chemical Brothers / Push The Button

The Chemical Brother's Grammy-award winning electronic masterpiece is an infectious blend of pop-synths, layered sampling, and insanely catchy hooks. The production value is ridiculously high on this one - also known as "Standard Chemical Brothers."

-Andrew Henry
Perspectives Editor

National Review

Rustie cleans his sword



Warp Records

Sam Haiden
Staff Writer

Unless you've completely closed your mind to the dubby whomps of dubstep, it's truly hard not to love those grimy British beats like this trap-influenced album, *Glass Swords*.

These beats borne out of Glasgow, U.K. are too precise: a cutting glass prism of musical and synaesthetic sensation. The producer, Russell Whyte, known as Rustie, has produced one fine album with Warp Records.

On this album, Rustie departs from the more lo-fi hip-hop beats of his previous albums, like *Jagz the Smack*. Attempting to represent his subgenre, known as Aquacrunk or Wonky, his most recent creation achieves a sound that could be defined primarily as trap, which is the hip-hop flavor of electronic dance music, and secondarily as dubstep or pop. He has truly polished his sound and has created innovative and dynamic synth sounds. His novel usage of rhythm changes and time signatures gives him a unique sound.

To hear some of what electronic

music fans are constantly calling "real trap," please refer to *City Star*, the fifth song on the album. Allow the deep, clean and multilayered bass beats to carry your mind into a world of rhythm. If you listen closely you'll hear that the samples are from brass instruments, all wonked up, chopped and screwed by a master of dub.

Rustie has something for all, on an unstoppable campaign for danceable beats. Check out "Hover Traps" and you'll hear a funky bass guitar line that leads into a nice, comfy, four-on-the-floor disco beat. After he lets us get comfortable, his synths start dissecting the beat, and rest on your eardrums like golden clouds. Drops, breakdowns, and every variety of skilled dance-beat-producer techniques keep us moving, on our feet.

Not dancing yet? Initiate track seven on the album, "Ultra Thizz." It comes on slow, nice and easy. It gives you a twinkling voice sample that progressively gets louder and becomes more complex before Rustie quite literally drops you on your head. It has become a cliché to compare every music DJ to Skrillex, but regardless, the way that Rustie initiates his synth sequences is very similar. If this doesn't get your chest resonating enough to make your whole body vibrate, may the gods of music help your soul.

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National Review

Smoke & Jackal debut



RCA

Sam Hill
Arts & Culture Editor

EP No. 01 is the debut release of the alternative, southern rock group Smoke and Jackal, which consists of already accomplished musicians Nick Brown, guitarist and vocalist for *Mona*, and Kings of Leon bassist, Jared Followill.

The seven-track EP was recorded within a week at Brown's home studio in Nashville, Tenn. Bringing two accomplished musicians to collaborate on a record within a the span of a week is tricky business, avoiding artistic disputes on a deadline, but the duo came together to produce a polished product without any issues. They were able to leave the ego behind and relax to create the most chill set of tracks. This album works on every level. It's something you'll want to listen to without distraction, laying alone on your bedroom floor.

The opening track, "Fall Around," will have you zoned out and bobbing your head instantly. Followill's lucid bassline draws you in and steers the track without being overbearing. It sounds like a cross between the Bon Iver's

album *For Emma, Forever Ago* blended with Radiohead's song "Fake Plastic Trees." It's so versatile, too. You could play this song to help you go to sleep or blast it at a laid-back party. It's a surreal experience, really making you feel out of yourself and involved with the music. It's an impressive work to say the least.

Brown's vocal belting on "You're Lost" will leave a stamp on your mind, following you throughout the day and forcing you to hit that repeat button over and over again. The track is kept alive by his voice as it constantly builds up, climaxing only in the final moments of the song. Brown makes his mark throughout the entire album, creating a style very different from his work with *Mona* without entirely abandoning the aspects of his work that fans have come to know and love.

The duo has definitely managed to create a unique sound separate from Smoke and Jackal's parent-bands. "Ok Ok" is the only track that sounds similar to either of their previous projects. EP No. 01 is atmospheric. It feels like wet, empty city streets. It's an emotional album, but not for the sake of being emotional. It doesn't force you into a relaxed, dreamlike haze, but invites you with open arms.

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A&C Listings

Monday, October 22nd

A Severe Joy/ Geronimo! / Henry Hoagland
The Flask Lounge
117 Spring St.
Doors: 8:00 pm / Show: 8:00 pm

Wednesday, October 24th

Oran Mor
Blue
650 Congress St.
Doors: 7:30 pm / Show: 8:00 pm

Brandi Carlile / Blitzen Trapper
State Theatre
609 Congress St.
Doors: 8:00 pm / Show: 8:00 pm

Thursday, October 25th

The Barn Swallows
Blue
650 Congress St.
Doors: 6:00 pm / Show: 6:00 pm

Lake Street Drive / Laura Cortese
One Longfellow Square
181 State St.
Doors: 8:00 pm / Show: 8:00 pm

Friday, October 26th

The Fogcutters
Big Easy
55 Market St.
Doors: 8:00 pm / Show: 8:00 pm

Racing Heart
Blue
650 Congress St.
Doors: 8:00 pm / Show: 8:00 pm

Session Americana
One Longfellow Square
181 State St.
Doors: 8:30 pm / Show: 9:00 pm

Hot Day at the Zoo / Tricky Britches
Empire Dine & Dance
575 Congress St.
Doors: 9:00 pm / Show: 9:30 pm

Roots of Creation / The Running Gags / All Good Feel Good
Port City Music Hall
504 Congress St.
Doors: 8:00 pm / Show: 9:00 pm

Saturday, October 27th

Dead Season / Beyond The Fall / Breakthrough
Port City Music Hall
504 Congress St.
Doors: 6:00 pm / Show: 7:00 pm

Suzy Bogguss
One Longfellow Square
181 State St.
Doors: 8:00 pm / Show: 8:00 pm

Gin Lab / Anna & The Diggs / The Other Bones
Empire Dine & Dance
575 Congress St.
Doors: 9:00 pm / Show: 9:00 pm

Paper Diamond / Morri\$ / Of The Trees
Port City Music Hall
504 Congress St.
Doors: 10:30 pm / Show: 11:00 pm

Adam Waxman / The Kenya Hall Band / Model Airplane
Big Easy
55 Market St.
Doors: 7:00 pm / Show: 7:00 pm

Artist Ahmed Alsoudani will speak at USM

James Sheldon
Free Press Staff

World-renowned artist Ahmed Alsoudani, an Iraqi-born surrealist painter, will visit USM next Friday.

He will work with art students in Gorham, offering them advice on honing their craft. The university will then hold a private reception for other students, faculty, staff, donors, community leaders and friends of USM to meet with him. Following the reception, he will give a talk at Hannaford Hall in Portland for the general public.

The talk will be part of the USM Art Department and Gallery lecture series in the visual arts, and the Office of Multicultural Student Affairs. The nearly two dozen Iraqi students will have a unique opportunity to meet and hear from a pioneer of modern Middle Eastern art, an accomplished artist whose pieces currently fetch six figures at

auction.

Alsoudani was born in Iraq in 1975. He fled in 1995 after defacing an image of Saddam Hussein and subsequently being blacklisted. He then applied to art school and was denied admission. He took up illegal residence in Syria for four years, finding asylum in the United States. He studied at the Maine College of Art from 2001 to 2005, then later got his M.F.A. from Yale. He has since been included in Forbes magazine's prestigious "watch list" as an up-and-coming collectible artist. He currently lives in New York City.

His pieces are surrealist, combining oil and acrylic paint, ink, charcoal and gesso, a white paint mixture. Most of his art relates to war, depicting its horrors through violent charcoal gestures, oppressive and obtuse shapes, and colors that make the canvass appear as though they might be rotting.

Other pieces focus on happier events. Alsoudani works with rounded shapes, blended and vibrant colors, and other aesthetically pleasing elements of composition, too. Regardless of subject, he invokes a host of renowned masters: the dejected and somehow also jagged lines and shades of Braque, the randomness of Hoch, the vibrancy and explosiveness of Miró and Kadinsky, the dreaminess of Dalí and the nightmarish quality of Goya. And whether the subject of his paintings be positive or negative, Alsoudani almost never titles his work.

His works are worth so much that USM cannot afford to insure them for a gallery showing. Instead, a powerpoint presentation will accompany his speech to show his work.

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Perspectives

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Henry's Head

Don't discriminate - vote "yes" on Question One



Andrew Henry
Perspectives Editor

Of the questions appearing on the Nov. 6 Maine election ballot, none have received more attention than Question 1, on the legalization of gay marriage. The issue has had a significant push, because it did not pass during the last election, and there seems to be a stronger base of voters that support it this time around. As far as I am concerned, the issue is garnering more advocates as a result, and I think it will pass. What it boils down to is this: If you do not vote "yes" on question one, you are justifying the unequal treatment of same-sex couples, therefore denying them their constitutional rights.

To argue to keep marriage between a man and a woman is to rationalize inequality, plain and simple. The bill to legalize gay marriage includes a clause that gives the churches the ability to deny same-sex marriage, which allows the church to keep it's own freedom of choice intact. I do understand that various religious affiliations are often the reason for a "no" vote on question one, and that the more religious voters argue that they don't want to "redefine marriage" as the campaign signs state. Yes, the legalization of same-sex marriage will redefine marriage - for the greater good, by bringing equality to an oppressed group of people. I fail to see a valid argument against equality for all people. Any way you cut it, the argument against same-sex marriage is a defense for prejudice toward the homosexual population.

Another aspect of the argument against gay marriage is the claim that heterosexual marriage has become normalcy and that changing it would be uncomfortable for those who disagree with it. Statistically, heterosexual relationships are more predominant, but that's because same-sex marriage doesn't exist in most states. As society advances, it seems logical that the



Alex Greenlee / Multimedia Editor

definition of marriage be re-tooled; the "sacred" right of marriage is not getting tarnished. Homosexual people who wish to get married love one another just as much as heterosexual people do. If this bill were to pass, gay marriage would just be called "marriage" from now on, not the divisive, offensive moniker we have now between "gay marriage" and, simply, "marriage."

The passing of the same-sex

marriage bill would have a positive impact on gay college students on campuses in Maine. The equal rights movement has seen a successful presence at USM, and campaigning by statewide college advocates of the same-sex marriage bill has surely been a large part of growth in support for this issue.

The issue of same-sex marriage is an important lesson in equality, as well as the decent treatment of

human beings. It just is morally wrong to deny any person the right to marriage, whether that marriage is between a man and a man, or a woman and a woman. I'm a heterosexual, Christian man, and I do not see how legalizing same-sex marriage will directly influence me in a negative way. To the people who simply do not agree with the pass-

See **EQUALITY** on page 13

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Election selection

Non-citizen residents deserve the right to vote

Spencer McBreairy
Staff Writer

During my employment with the Bowdoin College Upward Bound program, I worked closely with several students from Sudan and Somalia who had relocated to Lewiston. The goal of the program is to help first generation college students, whether born in Maine or abroad, reach their goal of higher education. It became clear to me, and many others within the program, that these students are truly here for a better life. Since the 1990s, Portland has become home to a growing number of refugees from countries such as Somalia, Rwanda and Burundi.

Recently, Lewiston's mayor Robert Macdonald, received criticism for expressing his view that the immigrants in his city needed to leave their cultures at the door and assimilate to a Western way of life.

Macdonald's comments echo sentiment of the Fascist Front national of France and highlight cultural differences between immigrant populations and non-immigrants populations in a negative manner. Attending USM, many of us have had classes with students from all over the world. Whether they are here from England on exchange, a recent immigrant from central Africa or a lifelong resident, citizen or not, they are part of our community.

Comments similar to the mayor's draw divisions in the sand: us versus them, but it doesn't have to be that way. The USM community has changed for the better because of the new views, experiences and opinions brought by greater diversity. However, for many Americans, it is not simply enough that individuals wish to improve their quality of life and pursue a higher level of education when they come here. These people must also play the part of an American.

I mention Lewiston because our community is not simply Portland or Gorham. We are a three-campus university that serves nearly ten thousand students. Some students are American, some are not. But even at the school level, we have opened up opportunities for students to get involved in our government and organizations. It just seems sad

that student government is the highest election for which many of our students can vote.

In 2009, Maine voted on whether or not to allow non-citizen residents to vote in municipal elections. The measure was overwhelmingly struck down in the legislature. In 2010, Portland had a unique chance to override the decision and legalize voting for non-citizen, legal residents at the local level, such as school board and city council. Although close, 52 percent of voters decided that those basic freedoms were too much.

Citizens who are incarcerated can vote. Yet my friend, born in Colombia but raised in Massachusetts since the age of two, cannot.

While looking at Maine's laws, I stumbled upon a fun fact. Citizens who are incarcerated, regardless of the severity of the crime, can vote. Yet my friend, born in Colombia but raised in Massachusetts since the age of two, cannot. Is she truly less worthy of the right to vote than a murderer who was just lucky enough to be born in Maine? Apparently so.

It wasn't that long ago that only rich, white men could vote in elections. While we have come a long way as a country to ensure voting rights for citizens, we must expand them once again. Once a refugee is allowed to work, he begins to pay taxes. His tax money goes to paving the roads, building the schools and helping out the less fortunate. If our government has no qualms with taxing people, it should at least give them the right to check a box for Portland City Council.

Spencer McBreairy is a political science major and economics minor in his senior year.



Seth Koenig / Bangor Daily News

Portland taxi cab driver Jama Farah speaks to reporters about a taxi license policy that they believe intends to drive Somali cabbies out of the business.

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From **EQUALITY** on page 11

ing of the bill, I ask - why? If the legalization of same-sex marriage does not directly affect your everyday life, why does it matter?

Women received the right to vote, African-Americans were granted equal rights and this, too, will pass, in time. The only change that would affect the general population of Maine is that gay people

can now get married, which does not interfere with anyone else's life. Worst case scenario, there might be overflow parking on a city street because of a same-sex wedding, which would create some traffic congestion. That is it. The bottom line is that same-sex couples simply want the right to marry, a right that has been available to every eligible citizen of Maine for

decades. It is time to end the injustice towards same-sex couples that is prevalent in Maine. Every other state in New England, save for Rhode Island, has legalized same-sex marriage. Now is the time for Maine to follow suit.

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Letters & Comments

Response: Real big fiscal responsibility

Why should the student body expect good representation? The elections are hardly contested. Student senators try to elicit advice, and they get looks of, "don't talk to me nerd." Fiscal responsibility comes with accountability, especially in democratic politics and elections. The students are not willing to dictate where their money goes, so the SGA is going to do what they can. They will fail (as they did here), and they will succeed. Let's just not pretend that any statistically significant portion of the student body really cares. By the way, caring is merely taking one minute to log onto a website and vote to ensure their 50 dollars goes to the right place. I never heard the Free Press, at least in the four years I was at USM, issue a sharp critique of the stunning apathy it takes to get about five-percent voter turn out.

-ashamedalumni

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they can't afford to bring on?
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can't afford not to?**



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Sports

Home Games

Tuesday

Men's Soccer
vs. Salem St
4:00 p.m.

Women's Volleyball
vs. Keene St
7:00 p.m.

Wednesday

Field Hockey
vs. UNE
3:30 p.m.

Thursday

Women's Soccer
vs. St. Joseph
3:00 p.m.

Chiu on This

Score big with these healthy alternatives during football season



Anna Chiu
Sports Editor

Sunday during football season. Fantasy players watch nearly every football game of the season, which totals about 20 hours of sitting or minimal activity each week. Unwanted weight gain is like welcoming replacement referees back to the NFL. They were detrimental to the league and hated by most football fans.

Thankfully, football fanatics can dodge the unwanted weight gain and empty calories that can potentially give rise to conditions like high blood pressure or high cholesterol. All it takes is a little twist on conventional thinking to stay on track all season. Why not stick to guacamole and salsa instead of a creamy bean dip? That way, even if you still eat wings or pizza, guacamole and salsa would at least provide healthy fats and essential nutrients. You want the best outcome in a dire situation.

To cut down the calories, here are some simple changes to traditional football foods that won't intercept your game because the longer you live, the more football you can watch:

1) **Resist delivery or take-out and go homemade:** Homemade is always the best option for optimal health benefits because you know what ingredients are in your food. Pizza joints often brush on extra grease to prevent sticking and for extra flavor. Besides, most delivery and fast food chains are using the 'bad' omega-3 oils like canola or soy. You don't have to sacrifice taste to eat healthy. Why not bake your own chicken wings instead of ordering them?

2) **Add colorful fruits and vegetables to the menu:** If you're someone who just can't let go of your menu staples, be sure to add some fruits and vegetables to the table! You can be creative; make apple or kale chips! The benefits of adding fruits and veggies is the fiber which makes you feel more full and can help minimize over eating.

3) **Use quality ingredients:** If you can't pronounce an ingredient

on the back of the label, it's best to step away and choose something else. Instead of using vegetable oils or 'mock' butter, use quality extra virgin olive oil, coconut oil or ghee (clarified butter). These healthy oils have a higher omega-3 content and a better quality oil means less chemical processing. Instead of using store bought hot sauce, try dusting cayenne pepper or grinding fresh jalapenos on your protein to limit your sodium intake. The options are endless, be creative!

4) **Drink in moderation:** Food and football aren't complete without soda or beer. Pour a glass of wine or mix a drink using real fruit juice and quality liquor for a change.

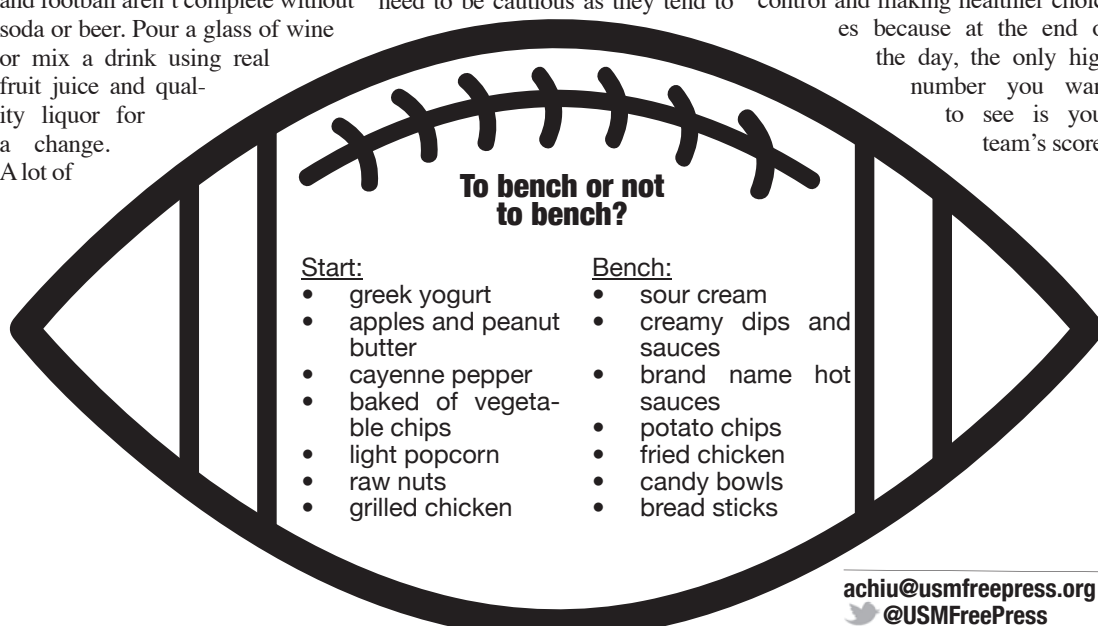
A lot of

times we drink more than we intend after ridiculous plays, like the time when replacement refs called a touchdown when the 'talented' wide receiver Golden Tate brainwashed himself to think that he caught the ball for the Seahawk's win, despite what the cameras showed. Plays like this call for another brew, but try having a glass of water in between drinks to stay hydrated. Make sure you're keeping track of the number of drinks you're consuming because the calories can pile up quickly.

5) **Plan ahead:** Fantasy owners need to be cautious as they tend to

watch more football on a weekly basis. Even on game days, it's good to stand up and stretch during commercial breaks. If you know you're going to be sitting around watching football all day, plan ahead and get a workout in before the first game starts. Marinate your chicken wings with a spicy dry rub the night before to maximize flavor! By planning ahead, you can save yourself from looking like a linebacker.

So make the smart play by looking out for your personal health! Remember, it's all about portion control and making healthier choices because at the end of the day, the only high number you want to see is your team's score.



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Event spotlight: Vaccinate, verify STDs and register to vote

This week, USM will be hosting 'V-3' day where students can get tested, register to vote and receive the flu shot at no charge. Be proactive about your health and take advantage of this event to save time and money!

When: Wednesday, Oct. 24, 2012

Location: Portland/Sullivan Gym Upstairs

Time: 9:00 a.m.- 7:00 p.m.

Fee: Free for students



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Quick Hits:

The Huskies' week in review



Justicia Barreiros / Free Press Staff

Freshman Luke Pugsley (#19, with ball) fakes out a Bates fielder as teammate William Pearsall looks on. USM would go on to lose to Bates 5-1.

Volleyball Women's team drop two 0-3 loss

The Huskies lost both of their matches 0-3 to Rhode Island College and St. Joseph's College on Saturday. The team's record fall to 9-18 overall and 0-6 in the LEC.

The Huskies first lost 0-3 to Rhode Island College in a LEC match with the scores of 13-25, 16-25 and 15-25. They then lost 0-3 in their second non-conference match to St. Joseph's College with the scores of 10-25, 19-25 and 14-25.

Senior blocker Krista Keene had seven kills while freshman blocker Kelsey Abramson had five kills, two digs and two aces. Junior outside hitter Madalyn Terry added six kills and two digs and sophomore setter had

18 assists.

The women's team will play an LEC match against Keene State on Tuesday.

Field Hockey Women's team capture win second in a row

The huskies captured their second win, beating Fitchburg State 4-3 in a LEC match on Saturday afternoon. The team's record improves to 7-11 overall and 4-6 in the LEC.

Sophomore Peyton Dostie scored two goals for USM while sophomore Annabelle Frenette and junior Stephanie Lomasney both had one. Junior goalkeeper Kayla Kennedy had zero saves while freshman goalie Casey White had three saves but allowed a goal.

The women's team will play

New England College in a non-conference game this Wednesday.

Women's Soccer Huskies lose fourth straight match

The Huskies lost 1-4 against Eastern Connecticut State on Saturday afternoon, dropping their overall record to 2-13 overall and 1-5 in the Little East Conference.

Scoring the only goal for the women's team was sophomore Mariah Cropley and assisted by freshman Brooke Lawrence. Senior goalie Katie Cobb had five stops for the Huskies.

The women's team will play their last regular season home match against St. Joseph's College on Thursday at 3:00 p.m.

Men's Soccer Huskies finish scoreless against undefeated team

The men's team was unable to bring home a victory, losing 0-3 to top ranked Eastern Connecticut State University on Saturday afternoon. The team's record falls to 4-12 overall and 1-5 in the LEC.

Senior goalie Jeremy Turner made three saves despite the 19-4 disadvantage in shots from the opposing team.

The men's team will play Salem State University this Tuesday at 4:00 p.m. in a non-conference match.

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Upcoming

October 23

Men's Soccer
Salem St.
@ USM

Women's Volleyball
Keene St.
@ USM

October 24

Field Hockey
UNE
@ USM

Women's Volleyball
UNE
@ USM

October 25

Women's Soccer
St. Joseph's
@ USM

October 27

Women's Soccer
USM
@ Rhode Island Col.

Field Hockey
Western Conn. St.
@ USM

Men's Soccer
Rhode Island College
@ USM

Women's Volleyball
USM vs.
Roger Williams
@ Wenham, Mass

USM
@ Gordon

Scoreboard

October 16

Women's Soccer
USM 0
Bates 2

Women's Volleyball
USM 3
Pine Manor 0

October 17

Field Hockey
USM 4
Worcester St. 0

Men's Soccer
USM 1
Bates 5

October 20

Women's Soccer
USM 1
Eastern Conn. St. 4

Field Hockey
USM 4
Fitchburg St. 3

Men's Soccer
USM 0
Eastern Conn. St. 3

Women's Volleyball
USM 0
Rhode Island Col. 3

USM 0
St. Joseph's 3

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USM COMMUNITY PAGE



Students and faculty celebrate women in science



Campus Events

Skyla Gordon
Contributor

USM celebrated the achievements of women in the science, technology, engineering and mathematics departments last Tuesday at the annual Ada Lovelace Day.

The guests of honor, professors Clare Bates Congdon of the Computer Science department, Lisa Moore and Terry Theodose of the Biology department, and Karen Wilson of the Environmental Science department, gave their speeches to a full house.

The celebration is named for Augusta Ada King, the Countess of Lovelace, who is considered the world's first computer programmer. The event was created to empower women and to inspire them to succeed in mathematics, engineering and the sciences.

Each professor expressed love for the sciences and technical fields and explained what prompted her interest. They stressed the importance of women breaking through the stigma of working in technical, traditionally male-dominated fields.

"It starts with toys," Congdon said. "The message is different for boys and girls." Traditionally, boys are given constructive, scientific toys, such as Legos and chemistry sets, while girls are given creative and nurturing toys, such



Phoebe Borden / Free Press Staff
Clare Bates Congdon, left, and Theresa Theodose, right, at the annual Ada Lovelace Day celebration.

as art sets and dolls. This fosters prejudicial thinking from an early age that only boys are fit for certain technical or scientific careers.

Moore spoke of contributing to society and trying to discover what her role was. "I realized that being a teacher fulfilled that role. I didn't worry about not being able to do it," Moore said. She explained how she came to love the sciences. "My mother was really important in my life. She was constantly exposing us to nature."

Theodose also spoke about the power of women. "The biggest factor of my success

was a group of women. We really bonded and supported each other," she said. Having female role models in the science field empowered and encouraged her. She also reflected on her upbringing in a southern town with traditional male and female roles and how her scientific fieldwork helped to build her self-confidence as a woman.

To wrap up the speeches, Wilson advised students to do what they love. "I think that was really the main theme today. As professors we want to give students the skills to think critically, to collaborate

and to be good citizens," she said. "We want to redefine the image of women and inspire and empower them."

The speakers hoped to help further disprove the notion that only men can be scientists and that women are meant to stay home and take care of the family. They emphasized that women can find a balance between being a scientist and being a mother. Most importantly, they advised students to follow their dreams.

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Featured Photo:



Patrick Higgins / Free Press Staff

Students walk among the bright autumn foliage in front of Corthell Hall. As of Monday, Oct. 22 there are 60 days of fall left.

Monday, October 22

Customized Learning: Partnering with Technology
4:00 PM - 6:00 PM
Hannaford Hall, Ambromson Center, Portland

Presidential Debate Viewing Party
9:00 PM - 10:30 PM
Amphitheater, Woodbury Campus Center, Portland

Tuesday, October 23

Enburi Performance- Japanese folk dance from Aomori, Japan
4:30 PM - 5:30 PM
102 Wishcamper Center, Portland Campus, USM

Wednesday, October 24

Muskie School Fall Lecture Series: David Shaw on "Adventures in Entrepreneurial Leadership"
6:30 PM - 8:00 PM
Lee Community Hall (Room 133), Wishcamper Center, Portland

Halloween Samhain, All Saints/All Souls, and Things That Go Bump in the Night
7:00 PM - 8:30 PM
Brooks Student Center, Gorham

Thursday, October 25

Nichiren Shu Buddhist Sacramental Ceremony
7:00 PM - 8:30 PM
Office of Religious & Spiritual Life, 23 Brighton Avenue, Portland

Almost, Maine by John Cariani - Student Performing Artists
7:30 PM - 10:00 PM
Lab Theatre, Russell Hall, Gorham

Friday, October 26

New England Environmental Literacy Summit
9:30 AM - 4:00 PM
University of New England, Biddeford, Maine
11th Annual Halloween Party
6:00 PM - 8:00 PM
Southworth Planetarium, Portland

Saturday, October 27

Portland Events Board - Halloween Trip to Salem!
9:00 AM - 8:00 PM
Salem, Massachusetts

Christopher Climo Senior Voice Recital
5:00 PM - 6:30 PM
Corthell Concert Hall, Gorham

Sunday, October 28

USM Wind Ensemble Concert
2:00 PM - 3:30 PM
Corthell Concert Hall, Gorham

For more events:
www.usm.maine.edu/events