

THE EQUIDISTANT HEPTATONIC SCALE OF THE ASENA IN MALAWI

by

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The musical scale of the Sena people of Southern Malawi can be characterised as an equidistant heptatonic tone system.

Kubik (1968) reports: "The equi-heptatonic tuning with its standard interval of 171 cents gives an unmistakable sound to the Asena *bangwe*. The same scale is used for the tuning of the large *ulimba* xylophones".

The *bangwe* (a board zither) and the *ulimba*, belong, next to drums and rattles, to the most common instruments of the Asena in the Lower Shire Valley of Malawi. In the years 1970-1971 I measured tunings, mainly of *bangwes* and *valimbos* (this name is more common than *ulimba*; another name for this xylophone is *malimba*) in this region.¹ I will analyse these tone measurements in order to see how well they fit the model of an equidistant heptatonic scale. And if this is indeed the model that the musicians use in tuning their instruments, how large is the variability in their tuning? The deviation from the tuning model that is tolerated by the musicians is an important but sometimes neglected topic. These questions are also of interest to other areas where equidistant heptatonic scales are found. These areas include North East Rhodesia (Andrew Tracey: 1970) and the Southern part of Mozambique (Hugh Tracey: 1948).

Below I will first give some information on the instruments and their players. Next I will analyse their tuning. These results will be compared to other data on tone measurements concerning a scale that is (almost) equidistant: the *slendro* scale used in Javanese gamelans (Wasisto Surjodiningrat et al: 1972).

The *bangwes* and *valimbos* and their players

A *bangwe* is a board zither that may vary in size and number of strings. The board is about 1 cm thick and measures from 15 cm by 45 cm to 20 cm by 65 cm. The *bangwe* players prefer *mlombwa* (also called *mbira*) wood for the board.² The strings are formed by winding one piece of strong steel wire through the holes at the top end and the holes at the bottom end of the board. The strings are lifted 3 to 4 mm from the board by small pieces of wood, usually bamboo. The tuning of the instrument is accomplished by putting these pieces of bamboo at the ends of the strings in the right positions.

The top end of the board is put into a paraffin tin (*bekete*) for resonance. A large calabash (*dende*) can also be used for this purpose. Some bottle tops are fixed on top of the paraffin tin in order to make a buzzing sound to accompany the playing.

The *bangwe* is always played by men on their own, to accompany their own singing. The *bangwe* playing (*kuimba bangwe*) is done at home for one's own pleasure, at beer parties where people may dance to its music, and sometimes at funerals. The *bangwe* players that I recorded in 1970-1971 were all between about 25 and 40 years of age, except for Jester Razikeni Makoko, who was by that time 65 years old.

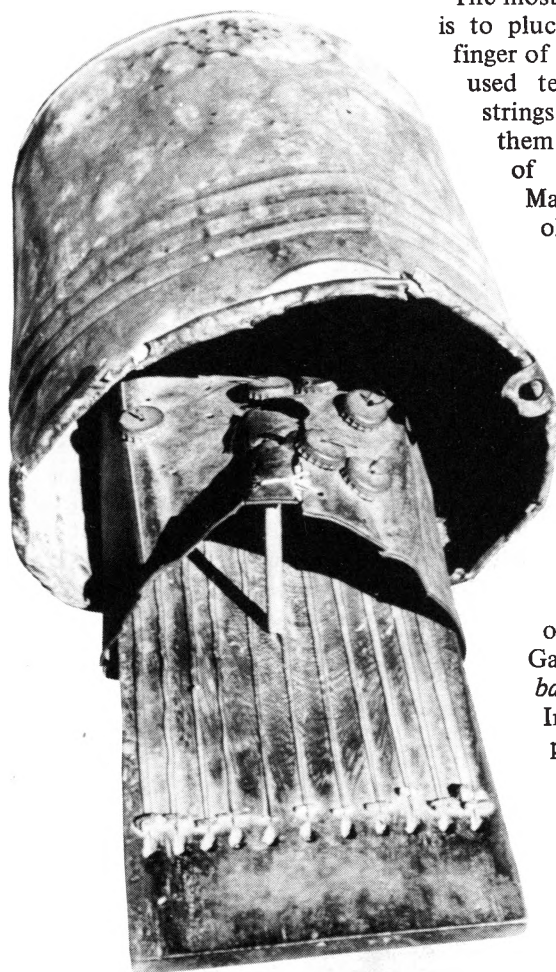


Photo 1: the *bangwe* of Luwizi Nyapyache

The most common way of playing the *bangwe* is to pluck the strings with thumb and forefinger of each hand. The other, less frequently used technique, is to mute some of the strings by putting the left hand fingers on them and strumming with the forefinger of the right hand. Jester Razikeni Makoko called this last technique the old style of playing. This strumming technique was only sometimes applied by Jester himself and Botomani Sande. Jester, who was the eldest of the *bangwe* players I recorded, recalled that he saw in his youth *bangwes* with strings made from the intestines of cattle.

Appendix I presents the tuning of the *bangwes* in vibrations per second. The intervals between the notes are given in cents. Luwizi A and Luwizi B are tunings of the *bangwe* of Luwizi Nyapyache on two different days. Gasitoni A and Gasitoni B are tunings of two different *bangwes* belonging to Gasitoni Thole. In one song I recorded, Gasitoni Thole played the two *bangwes* together: one *bangwe* with his left hand and one *bangwe* with his right hand.

The *valimba* is a xylophone consisting of a long frame on which about twenty keys (*limba*, plural *malimba*) are fixed. Calabashes (*madende*) hang just below the keys for resonance. If possible, there is one calabash below each key. This is not always possible

for the larger keys, as here the calabashes have to be larger too. In each calabash one or two rectangular holes are cut out, on which the tissue for the eggs of a spider (*mvema*), or, more common nowadays, cigarette paper, is stuck. The juice of a fig tree or *nsima* (maize porridge) can be used as glue. The function of the cigarette paper is to increase the volume of the tone and to produce a buzzing sound. Like the board of the *bangwe*, the wood used for the keys and framework is *mlombwa*.

Usually there are three players for one *valimba*: one plays the higher notes (*magogogo*), one plays the medium range notes (*mapakati*) and one the lower notes (*magunthe*). Each player has two sticks that are covered with rubber at the striking end. Usually a rattle (*nkhocho*) accompanies the *valimba*. Sometimes this "rattle" consists of two slats fixed on the *valimba*, one on top of the other. A drum

(*mulakasa* or *gaka*) may also be added. Only boys and young men play the *valimba*. Their ages ranged between 10 and 33 years, while three-quarters of them were under 20 years of age. They play at beer parties, wedding and funeral parties, and quite often in the evenings just for pleasure, accompanying the dancing of women, girls and small boys.



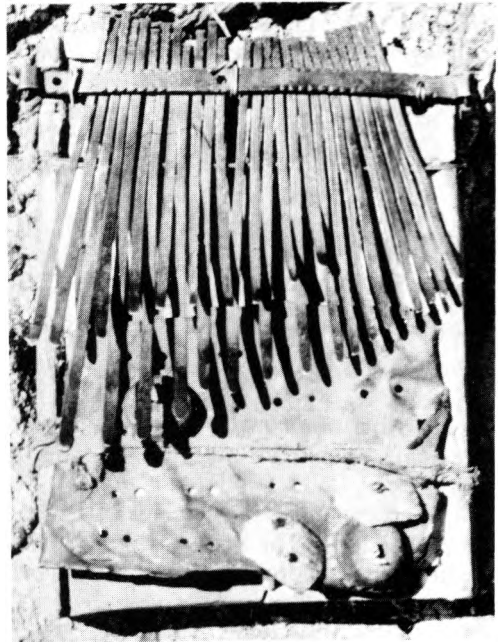
Photo 2: the *valimba* of Makoko village

Apart from the rattle and the drum, the *valimba* is not combined with other instruments. Sometimes a small and a large *valimba* are played together: Mb played together: Mbang'ombe S and Mbang'ombe L, and Chapo S and Chapo L.

Appendix 2 presents the measured tuning of the *valimbas* in vibrations per second. The intervals between the keys are given in cents.

Appendix 3 presents the measured tuning of some *malimbas*, instruments of the mbira class of lamellophones. These tunings will also be used in my analysis. In Appendix 4 the arrangement of the reeds of these *malimbas* is given, using the system as applied by Andrew Tracey.

Photo 3: *malimba mano a mbuzi* of Semba



The tuning of the *bangwe* zither usually starts on the higher notes. Triplets of three consecutive notes are played and tuned, from high to low. After these triplets, the players usually check the octaves. One of the *valimba* xylophone players said, that when their instrument was made, it was tuned from the highest note descending. Dzingo Chilingamphale, however, started tuning his *malimba nyonga-nyonga* lamello- phone from the lowest note.

The distance between two consecutive notes is, by some players, expressed as 1 *fala*, and as 2 *mafala* when one note is in between the two, etc. Sometimes the octave is called *fala* or *faka*.

Measurement and measurement error

The measurement of the pitch of the tones was done in the field by means of a set of 54 tuning forks.⁴ The set has a range from 212 vibrations per second (v.p.s.), ascending by 4 v.p.s. to 424 v.p.s. A tuning fork was struck and put onto the board of the *bangwe* or the frame of the *valimba*. A string of the *bangwe* was plucked, or a key of the *valimba* beaten with its beating stick and the tone of the tuning fork compared with the one of the instrument. The vibrations per second of the nearest tuning fork were chosen to represent the pitch of the tones of the instruments. Sometimes I interpolated between two tuning forks. In this process of comparing I usually asked the opinion of the players too.

The measuring, of course, is not quite exact. I estimate the error of measurement of the order of 2 v.p.s. in the upper range (near 424 v.p.s.) and 1 v.p.s. in the lower range (near 212 v.p.s.).⁵ This means that in the lower range the distance between two consecutive tuning forks is so large that my ear can distinguish tones of three different frequencies in between the frequencies of the forks, whereas in the upper range my ear can distinguish only one tone frequency in between two consecutive forks. This measurement error corresponds to about 9 cents. I will assume that it is constant throughout the range that I used for analysis, i.e. 130 v.p.s. up to about 700 v.p.s.

The error in the calculated interval between two notes depends on the error in the two pitch measurements: see the scheme below.



Analysis of the tunings

It seems that *bangwe* players and *valimba* players always start a particular song on the same note. They say, however, that one may start a song on any string or key, as long as the song is playable on the instrument. If this is so, and if the interval between the consecutive notes of the scale would not be the same throughout the octave, this would mean that a song could be played in different "modes", depending on where it starts. The concept of "mode", however, seems not to occur in the Sena music. Therefore the statement that a song may begin on any note gives us a strong indication that the scale Sena musicians use is equidistant.

I shall assume that indeed the tuning model is such as to achieve the same intervals between the seven notes within one octave. If so, how much deviation from this model is there in the actual tuning of the *bangwes* and *valimbas*?

The *bangwes* and *valimbas* are, with a few exceptions, not played together with other instruments other than rattles and drums. This may explain the apparent absence of a "reference note" such as the *hombe* of the Chopi *timbila* xylophones (Hugh Tracey: 1948). Therefore, I will analyse each *bangwe* and *valimba* on its own.

The octave

First of all I want to investigate the octaves. If a *bangwe* has, for example, eleven strings, indicated by the numbers 1 to 11, then there are four octaves on this *bangwe*: 1 - 8, 2 - 9, 3 - 10 and 4 - 11. If we take all the *bangwes* together there are a total of thirty five octaves. The mean octave is 1222 cents, which is slightly more than the "physical octave" of 1200 cents. So the *bangwe* players seem to tune their instruments such as to achieve octaves that are slightly above 1200 cents. The picture becomes even more clear in Table 1.

Player	Mean octave in cents	Number of octaves below 1200 cents	Number of octaves of 1200 cents	Number of octaves above 1200 cents	Total number of octaves
1. Medisoni	1206	2	2	1	5
2. Manyindu	1193	4	2	0	6
3. Luwizi A	1242	1	0	3	4
4. Luwizi B	1237	0	1	3	4
5. Gasitoni A	1211	1	0	4	5
6. Gasitoni B	1245	0	0	6	6
7. Botomani	1222	0	1	1	2
8. Topiyasi	1239	0	0	2	2
9. Jester	1217	0	0	1	1
All <i>bangwes</i>	1222	8	6	21	35

Table 1: the octaves of the *bangwes*

60% of the octaves are slightly above 1200 cents and only 23% are slightly below 1200 cents.

For the *valimbas* the same analysis has been carried out. Here I have, however, only taken into account the notes of 130 v.p.s. or more for the analysis. Below 130 v.p.s. the tuning of the *magunthe* notes is clearly not always such as to achieve intervals of about 171 cents, the standard interval: see appendix 2. Table 2 gives the results.

<i>Valimba</i>	Mean octave in cents	Number of octaves below 1200 cents	Number of octaves of 1200 cents	Number of octaves above 1200 cents	Total number of octaves
1. Mbang'ombe A	1229	2	1	6	9
2. Mbang'ombe S	1204	2	1	3	6
3. Mbang'ombe L	1190	4	3	2	9
4. Nkuzaduka	1215	3	1	7	11
5. Chapo S	1232	1	0	6	7
6. Chapo L	1200	4	1	4	9

7. Nchenyela	1214	5	0	5	10
8. Mbeta	1220	1	2	6	9
9. Mbeta (Soche)	1212	3	3	4	10
10. Tipa	1222	1	2	7	10
11. Makoko	1212	3	2	4	9
12. Nthepheya	1211	2	4	2	8
13. Nyenyezi	1224	3	1	6	10
14. Chakanji	1167	7	1	2	10
15. Nyakamela	1198	5	0	2	7
16. Gundani	1253	0	0	8	8
17. Chambuluka	1222	3	1	5	9
All <i>valimbas</i>	1213	49	23	79	151

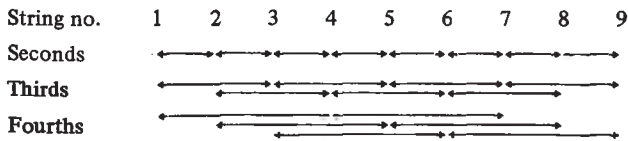
Table 2: the octaves of the *valimbas*

From this table it is clear that apparently also the *valimba* tuners want their octaves tuned slightly above 1200 cents.⁶

Other intervals and their variability

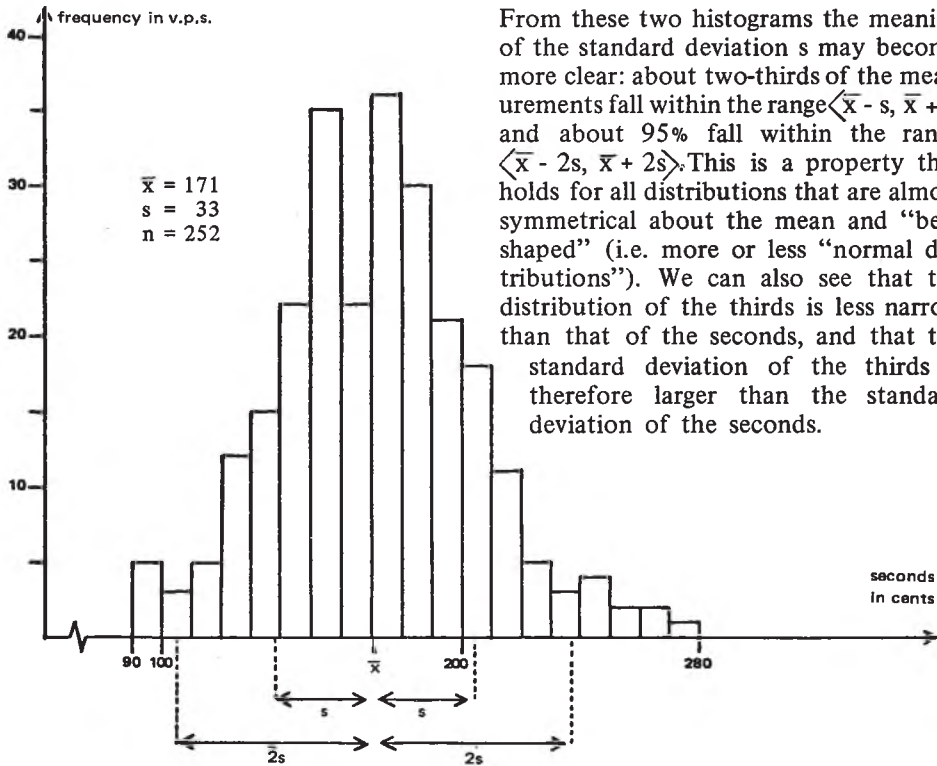
If the scale is meant to be equidistant, this means that the intervals between consecutive strings of the *bangwe* are meant to be the same. The same holds true for the notes on *valimbas* above 130 v.p.s. If all the seconds are tuned so as to be the same, it follows that also all the thirds are meant to have the same interval. (This is certainly not the case in the Western Major scale, where the thirds are sometimes major thirds and sometimes minor thirds.) The same holds good for fourths, fifths, etc.

If a *bangwe* consists of nine strings, then there are eight seconds, seven thirds, six fourths, etc. on this *bangwe*. See the scheme below:

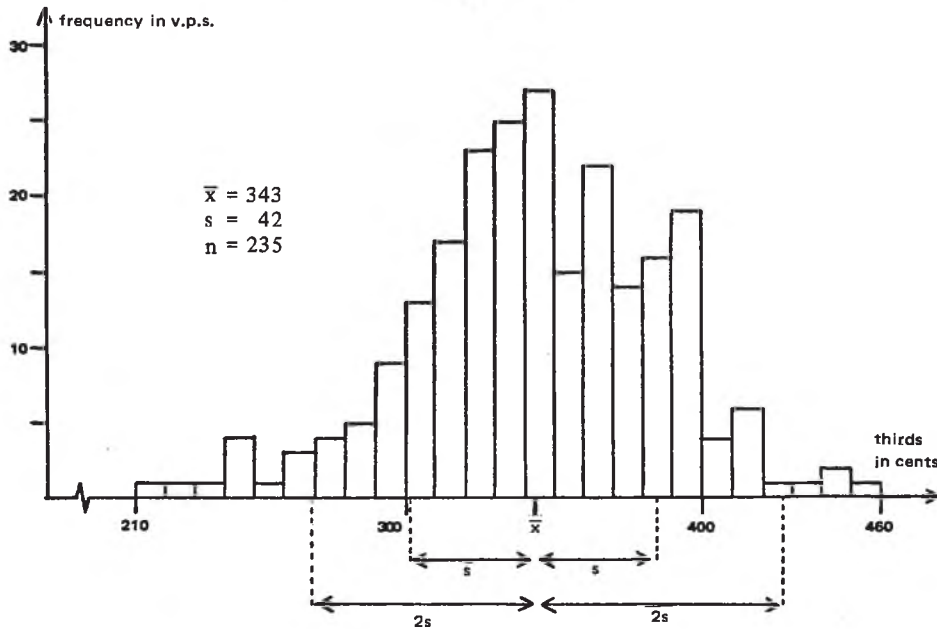


For each instrument I have calculated the mean of the seconds, the mean of the thirds, etc. (notation: \bar{x}) and also the standard deviation of each of these intervals (notation: s). The standard deviation is a measure of dispersion about the mean. If the measurements are close together, the value of s is small, and if the measurements are broadly distributed, s is large.⁷ Both the mean and the standard deviations are given in cents in our case.

For the *valimbas* together the picture (histogram) of the frequency distribution of the seconds and the picture of the frequency distribution of the thirds are given below as an example. You can derive these frequency distributions from the data given in Appendix 2.



From these two histograms the meaning of the standard deviation s may become more clear: about two-thirds of the measurements fall within the range $\langle \bar{x} - s, \bar{x} + s \rangle$ and about 95% fall within the range $\langle \bar{x} - 2s, \bar{x} + 2s \rangle$. This is a property that holds for all distributions that are almost symmetrical about the mean and "bell-shaped" (i.e. more or less "normal distributions"). We can also see that the distribution of the thirds is less narrow than that of the seconds, and that the standard deviation of the thirds is therefore larger than the standard deviation of the seconds.



In Table 3 you find the mean and the standard deviation for each of the intervals, up to the octave, on the *bangwes* and *valimb*as.

$n = 89$ means that the calculation is based on 89 intervals. If the value of s is put between brackets, this means that the calculation is based on four or less intervals.

	Seconds		Thirds		Fourths		Fifths		Sixths		Sevenths		Octaves	
	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s
Bangwes														
1. Medisoni	174	31	340	37	511	46	686	56	861	57	1035	55	1206	53
2. Manyindu	169	13	338	15	508	19	680	18	851	14	1023	16	1193	7
3. Luwizi A	177	44	356	29	530	52	709	46	888	51	1066	53	1242(39)	
4. Luwizi B	177	22	352	27	529	34	707	21	885	15	1062	10	1237(32)	
5. Gasitoni A	170	43	351	36	525	39	695	43	865	40	1036	42	1211	44
6. Gasitoni B	175	40	346	45	521	54	697	59	884	49	1067	32	1245	26
7. Botomani	173	23	349	26	524	21	693	31	867 (25)		1048(21)		1222(31)	
8. Topiyasi	175	23	354	31	528	22	699	6	874 (24)		1056(38)		1239(14)	
9. Jester	174	30	357	30	536	23	712 (40)		896 (32)		1071(20)		1217(00)	
All bangwes	173	31	348	31	522	37	696	40	873	39	1048	38	1222	36
	(n = 89)		(n = 80)		(n = 71)		(n = 62)		(n = 53)		(n = 44)		(n = 35)	
Valimb as														
1. Mbang'ombe A	174	32	350	35	523	34	698	32	877	36	1056	34	1229	30
2. Mbang'ombe S	167	37	335	36	511	38	684	37	855	46	1032	32	1204	45
3. Mbang'ombe L	168	30	332	36	501	38	670	45	842	45	1019	37	1190	39
4. Nkuzaduka	172	23	345	30	516	34	688	41	861	38	1036	37	1215	33
5. Chapo S	166	38	342	53	521	59	702	51	880	50	1058	56	1232	59
6. Chapo L	170	24	342	31	515	35	683	41	854	49	1029	50	1200	49
7. Nchenyela	168	42	341	58	519	50	690	48	859	56	1036	57	1214	43
8. Mbeta	174	32	349	47	521	48	692	50	870	52	1044	39	1220	27
9. Mbeta (Soche)	168	34	338	40	513	44	685	49	859	52	1035	51	1212	42
10. Tipa	177	24	349	26	524	21	701	24	876	20	1049	22	1222	25
11. Makoko	165	40	332	60	505	67	682	70	862	75	1041	76	1212	70
12. Nthepehya	174	26	354	35	524	36	698	50	872	58	1039	55	1211	51
13. Nyenyezi	171	28	344	35	517	40	691	37	867	44	1047	45	1224	38
14. Chakanji	164	26	331	35	500	36	667	32	834	36	1001	31	1167	39
15. Nyakamela	176	37	347	40	519	47	688	51	862	40	1030	46	1198	48
16. Gundani	182	38	362	37	535	30	714	39	891	35	1068	24	1253	40
17. Chambuluka	173	58	347	64	524	38	698	66	872	71	1053	51	1222	67
All valimb	171	33	343	42	517	41	690	46	864	49	1039	46	1213	46
	(n = 252)		(n = 235)		(n = 219)		(n = 202)		(n = 185)		(n = 168)		(n = 151)	
Equidistant heptatonic scale														
with octave of 1200 cents														
	171		343		514		686		857		1029		1200	

Table 3: the mean \bar{x} and the standard deviation s in cents for the seven intervals

Table 3 shows that the *bangwe* of Manyindu and the *valimba* from Tipa village are rather close to the model of equidistant intervals as the standard deviations are small and almost the same for all intervals. But what about the other instruments? If these instruments are also tuned according to the model of equidistancy, the variability is quite often rather large according to the measurements. The measurement error of 13 cents is usually small compared with the total "error", i.e. the standard deviation as given in table 3.⁸ That is to say, to many players a broad range of tuning possibilities is acceptable. The great tolerance in accepting tunings may also be seen from the tuning of the *bangwe* of Luwizi on two different days.

The other possibility is, of course, that most players do not really tune their instruments according to the model of equidistancy. Their model may be a different one and the high values of the standard deviations may be caused by systematic errors (i.e. we are applying the wrong model to the actual situation), rather than random errors (i.e. the tolerance of the musicians with respect to variability of the intervals and the measurement error).

The primes

On the *bangwe* and on the *valimba* there are no notes that are meant to be the same, but on the *malimba* lamellophones there are. In Appendix 4 the notes that are meant to be the same are drawn on the same line. Sometimes there is a small difference in pitch between these tones. I have calculated the mean of these primes and their standard deviation. The *malimba* of Rosi Lenso is not included in these calculations. This *malimba* was not well tuned according to Dzingo Chilingamphale and I think he is right. The results are put in Table 4.

	\bar{x} in cents	s in cents	n (i.e. the total number of primes that occur)
Dzingo Chilingamphale	18	25	12
Mbiti Msona	18	17	9
Joe Chiputaputa	33	29	9
Semba	12	13	10
All <i>malimbas</i>	20	23	40

Table 4: the mean and standard deviation of the primes on the *malimba* lamellophones

The mean difference in pitch for all *malimbas*, $\bar{x} = 20$ cents, gives us an idea as to what are tolerable differences between tones that are meant to be the same. For, as the measurement error in the differences in pitches is of the order of thirteen cents (see section on measurement and measurement error), it follows that the just noticeable differences between two tones of the *malimba* lamellophone that are meant to be the same are of the order of fifteen cents ($20^2 \approx 13^2 + 15^2$). This is close to the results that Lehiste (1970) quotes on experiments in laboratories.

In the above calculations for the primes I have not taken into account that the *malimba* reeds may be tuned to the first overtone (i.e. a tone usually approximately two octaves higher than the fundamental) and not to the fundamental (Andrew Tracey: 1970, 1972). My results hold for the fundamentals and not for the first overtones. If this analysis is carried out with first overtones (of the right hand part) instead of fundamentals, I expect the results to be similar, as the "ideal relation" between first overtone and fundamental will most probably be a difference of

exactly two octaves. My results on the primes as given above should therefore only be taken as a **rough indication** on the just noticeable difference between two tones that are meant to be the same.

Comparison with the Javanese *slendro* scale

Gamelans in Java may be tuned to the pentatonic *slendro* scale, which is (almost) equidistant. Wasisto Surjodiningrat, P.J. Sudarjana and Adhi Susanto from Gajah Mada University measured the tunings of a number of gamelans in Central Java (Wasisto (et al.): 1972²). One of the instruments of the gamelan orchestra is the *gambang*, a trough xylophone with wooden keys. Only two tone measurements of *slendro gambangs* are given by the authors: the one on page 37 of the *slendro* gamelan Kyahi Madumurti of the Yogyakarta kraton (20 keys ranging from 113 v.p.s. to 1662 v.p.s.), and the other on page 41 of the *slendro* gamelan Kyahi Kanjutmesem of the Pura Mangkunegaran in Surakarta (20 keys, ranging from 109 v.p.s. to 1632 v.p.s.). I have analysed the tone measurements of these two *gambang*s in the same way as the tone measurements of the *bangwes* and *valimbas* in Malawi described above, in order to compare the results. From the instruments of the gamelan orchestra I took the *gambang* because this instrument is closest to the *valimba* of the Asena.

Assuming that the *slendro gambang* is indeed tuned to the model of an equidistant pentatonic scale, I have calculated the mean and standard deviation of the seconds (interval between two consecutive keys), thirds (interval between one key and the second next), fourths, fifths and octaves. The results are given in table 5. The mean and standard deviation are given in cents.

	Seconds		Thirds		Fourths		Fifths		Octaves	
	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s	\bar{x}	s
Gambang										
Kyahi Madumurti	245	18	489	18	733	21	977	24	1219	21
Kyahi Kanjutmesem	247	18	490	25	735	29	981	33	1228	38

Table 5: the mean \bar{x} and the standard deviation s in cents for the five intervals on *slendro gambangs*

The values for the standard deviations are of the same order as the values that we found for the Malawian xylophones: compare with table 3. Note that, here also, the octaves are apparently meant to be more than 1200 cents. Each *gambang* has in fact two octaves below 1200 cents, one octave of 1200 cents and twelve octaves above 1200 cents.

There are, however, important differences between the *gambang* and the *valimba* xylophone. The first difference is that the *gambang* is played as part of a gamelan orchestra and the *valimba* on its own. The second difference is that the notes of the *slendro* scale, in contrast to the notes of the Sena scale (as far as I know), each have their own name: *barang*, *gulu*, *dada*, *lima*, *nem*, (*barang*). This enables us to calculate the mean interval between *barang* and *gulu*, the mean interval between *gulu* and *dada*, etc. over a number of instruments, in order to see whether indeed these intervals are the same. It gives us the opportunity to check more accurately whether the *slendro* scale is equidistant. In table 8, p. 51, Wasisto (et al.) presents the tuning of twenty eight "outstanding *slendro* gamelans" from Yogyakarta and Surakarta,

based on the pitches of either the *saron demung* or the *gender barung* (two xylophones with respectively six or seven and twelve to fourteen keys of bronze in the gamelan orchestra). I have calculated the mean and the standard deviation of the twenty eight intervals *barang – gulu*. The same has been calculated for the twenty eight intervals *gulu – dada*, etc. The results are given in Table 6.⁹

Name of tone:	Barang	Gulu	Dada	Lima	Nem	Barang
Mean interval in cents:	233	239	246	243	252	
Standard deviation in cents:	9	11	12	9	9	

Table 6: the mean and standard deviation of the intervals between the consecutive tones *barang, gulu, dada, lima* and *nem* on the *slendro* scale

These results show that the *slendro* scale is indeed almost, but not entirely, an equidistant pentatonic scale. The first interval, between *barang* and *gulu*, is apparently meant to be smaller than the last interval, between *nem* and *barang*, as the authors point out. (p. 21). The mean octave *barang – barang* is 1213 cents.

On page 37, Wasisto (et al.) gives the tuning of all the instruments of the *slendro* gamelan Kyahi Madumurti and on page 41 the tuning of all the instruments of the *slendro* gamelan Kyahi Kanjutmesem. Some tones are meant to be the same on the different instruments, so we can again calculate the mean of primes, in order to get an idea about what are tolerable differences between tones that are meant to be the same. The mean of the primes in the octave IV (ca. 280 v.p.s. to 500 v.p.s.) appears to lie between six cents (for the tone *barang* of the gamelan Kyahi Madumurti) and fourteen cents (for the tone *lima* of the gamelan Kyahi Kanjutmesem).

The tolerable differences between tones that are meant to be the same are, therefore, smaller in the Javanese *slendro* gamelan orchestra than on the *malimba* lamellophones of the Asena.

From looking at these results for the *slendro* scale it is possible to give a better evaluation of the findings for the Sena scale. I have analysed the Sena tunings, assuming that the tuning is done according to the model of an equidistant heptatonic scale. From table 3 it can be seen that most Sena players, assuming that they tune according to this model, tolerate much deviation from the model, as the standard deviations are not small.

It has been pointed out that the tuning model may be slightly different from the equidistant heptatonic scale model. I have not been able to show that the Sena scale is **not** entirely equidistant, such as Wasisto (et al.) has shown for the *slendro* scale. This is because of the fact that the Sena people apparently do not give each note a name of its own.

The Chopi musicians of Mozambique, however, do give each note of the *timbila* xylophone a number, starting from the note *hombe* (Hugh Tracey: 1948, p. 120). More detailed analysis of the tuning of their instruments may clarify whether the Chopi musicians really use an equidistant tuning model or whether they slightly deviate from it on purpose.

Appendix 1: the tuning of *bangwes* in vibrations per second (v.p.s.) and the intervals between consecutive strings in cents.

The highest tone is produced by the string on the utmost right of the players. * indicates that a string is not used. Luwizi A and Luwizi B are tunings of the same *bangwe* of Luwizi Nyapyache on two different days. Gasitoni A and Gasitoni B are tunings of two different *bangwes* possessed by Gasitoni Thole.

1. Medisoni		2. Manyindu		3. Luwizi A		4. Luwizi B		5. Gasitoni A		6. Gasitoni B	
vps	cents	vps	cents	vps	cents	vps	cents	vps	cents	vps	cents
640		560		456		472		464		624	
	182		182		176		153		156		163
576		504		412		432		424		568	
	151		173		154		168		190		153
528		456		377		392		380		520	
	136		159		178		167		213		197
488		416		340		356		336		464	
	148		175		128		207		173		124
448		376		316		316		304		432	
	179		154		234		184		168		186
404		344		276		284		276		388	
	180		186		130		180		157		249
364		309		256		256		252		336	
	181		165		231		141		173		151
328		281		224		236		228		308	
	201		181		137		185		159		215
292		253		207		212		208		272	
	175		180		242		172		175		132
264		228		180		192		188		252	
	136		159		161		210		237		158
244		208		164		170		164		230	
	243		166						65		141
212		189						158		212	
			143								227
			174					* (4 strings)		186	
7. Botomani		8. Topiyasi		9. Jester							
vps	cents	vps	cents	vps	cents						
324		472		408							
	180		153		160						
292		432		372							
	175		168		155						
264		392		340							
	194		206		194						
236		348		304							
	185		168		168						
212		316		276							
	136		160		184						
196		288		248							
	186		157		224						
176		263		218							
	188		217		132						
158		232		202							
	136		173								
146		210									

Appendix 2: the tuning of *valimbas* in vibrations per second and the intervals between consecutive keys in cents.

The key that produces the highest tone is on the right of the players. * indicates a broken or not sounding key, and () a key that is not used. r is a rattle, consisting of two slats, one on top of the other. Only frequencies of 130 v.p.s. or higher have been used in the analysis.

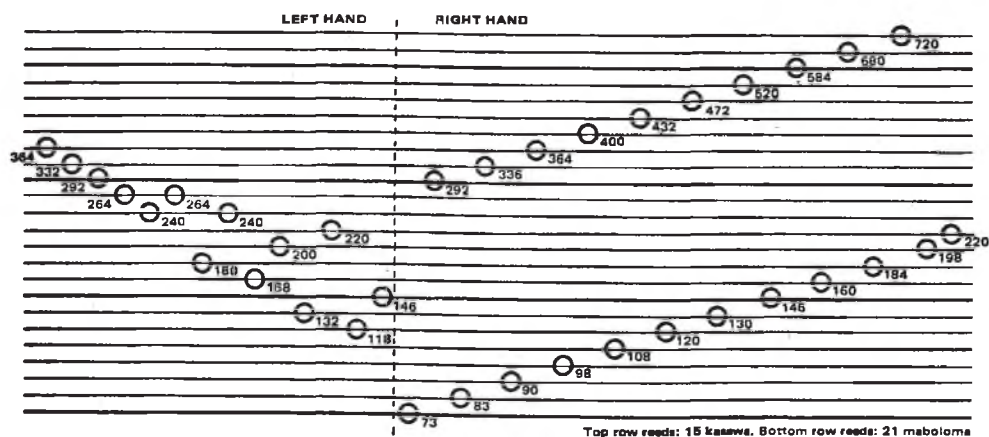
1. Mbang'ombe A		2. Mbang'ombe S		3. Mbang'ombe L		4. Nkuzaduka		5. Chapo S		6. Chapo L	
vps	cents	vps	cents	vps	cents	vps	cents	vps	cents	vps	cents
630		584		576		756		600		600	
578	149	520	201	520	177	682	178	560	120	560	120
524	170	492	95	480	139	606	204	504	182	504	182
478	159	440	194	440	150	562	131	448	204	448	204
438	151	404	148	400	165	508	174	404	179	404	179
391	196	364	180	364	163	464	157	368	162	368	162
351	187	328	181	324	202	425	152	328	199	328	199
315	188	292	201	292	180	375	217	296	177	296	177
283	185	272	123	268	148	338	180	272	147	268	172
263	127	240	217	240	192	303	189	240	217	244	163
230	232	216	182	212	214	271	193	212	214	220	179
210	158	198	151	198	119	248	153	198	119	202	148
192	155	183	136	182	145	227	154	182	145	188	124
176	150	109	897	164	181	206	168	172	98	168	195
153	243			152	131	188	158	104	871	153	162
140	154			134	218	168	195			138	179
128	155			125	120	152	173			124	185
114	201			125	221	140	143			112	176
109	78			(110)	-62	114	356			100	196
88	371			114	()	73	772			* 344	
				79						82	
7. Nchenyela		8. Mbeta		9. Mbeta(Soche)		10. Tipa		11. Makoko		12. Nthepheya	
vps	cents	vps	cents	vps	cents	vps	cents	vps	cents	vps	cents
664		624		616		696		()			
610	147	576	139	576	116	616	212	552		600	
568	123	528	151	536	124	560	165	520	103	544	170
484	277	480	165	480	192	520	128	488	110	480	217
438	173	440	150	440	150	456	227	448	148	440	150
415	94	396	183	396	183	412	176	408	162	396	183
380	152	356	184	356	184	376	158	372	160	356	184
340	192	316	207	316	207	340	174	332	197	332	121
307	177	284	184	292	136	312	149	332	198	300	175
279	166	260	153	292	228	312	188	296	199	300	170
				256		280		264		272	

245	225	240	139	232	170	252	182	248	107	248	159
223	163	212	214	212	156	228	173	218	224	224	177
202	171	197	127	196	136	204	193	192	220	198	214
181	190	178	176	178	167	186	160	176	150	178	184
164	171	155	239	158	207	168	176	162	144	*	?
151	143	138	<u>202</u>	146	136	152	173	148	156	142	?
140	131	126	<u>157</u>	130	<u>201</u>	136	193	132	<u>199</u>	130	<u>153</u>
127	<u>169</u>	99	418	116	<u>197</u>	104	<u>464</u>	114	<u>254</u>	()	353
110	249	94	90	106	156	()	543	75	725	106	303
80	551	69	535	112?	-95	76	()	()	()	89	
98	-351	()									
r	486	()									
74		()									
93?	-396										

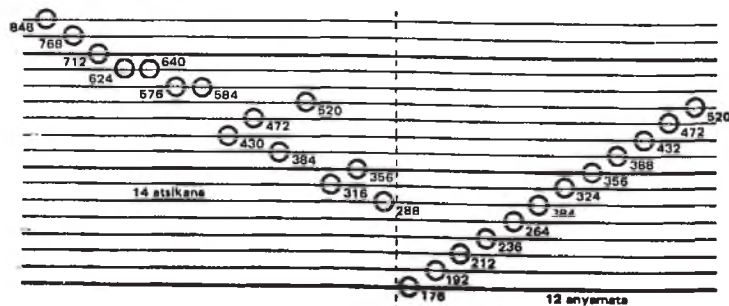
13. Nyenyenzi		14. Chakanji		15. Nyakamela		16. Gundani		17. Chambuluka	
vps	cents	vps	cents	vps	cents	vps	cents	vps	cents
()		()				592		592	
640		648		616		544	147	560	97
600	111	600	133	560	165	466	267	520	128
544	170	564	107	512	155	432	132	448	258
496	159	512	168	464	170	386	195	424	95
440	208	458	192	432	124	348	179	392	136
404	148	420	151	376	240	320	146	336	267
364	180	376	191	344	154	284	206	308	151
324	202	344	154	316	148	252	207	284	140
292	180	313	164	284	184	232	143	256	180
264	175	288	144	260	153	210	173	228	200
240	165	256	204	236	168	189	182	210	143
212	214	236	141	210	202	173	153	182	247
194	154	212	185	190	173	156	179	168	139
180	130	194	154	164	<u>255</u>	136	<u>238</u>	152	173
164	161	174	188	()	456	120	<u>217</u>	132	<u>245</u>
148	177	156	189	126		110	151	120	<u>165</u>
132	<u>199</u>	142	<u>163</u>	120	84	101	148	108	182
112	<u>284</u>	128	<u>180</u>	60	1200	94	124	124	-239
()	196	118	141			88	114	92	517
100		()	219			r	372	r	117
		104				71		86	
		()	589					()	
		74						()	

Appendix 4: arrangement of the reeds of the 5 *malimba* lamellophones

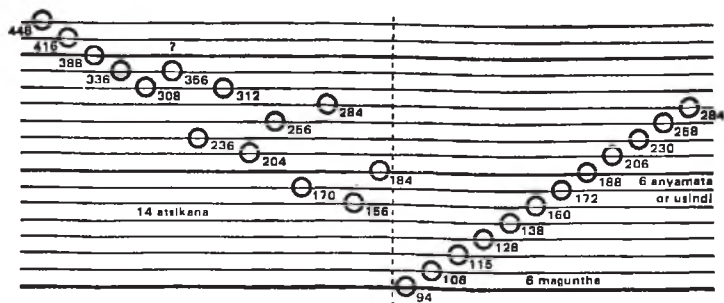
1. Dzingo Chilingamphale: *nyonga-nyonga* 36 reeds



2. Mbiti Msona: *nyonga-nyonga* 26 reeds



3. Joe Chiputaputa: *nyonga-nyonga* 26 reeds



NOTES

1. I am very much indebted to Mr. Ralph Kabwadza, at that time a student at Chancellor College, University of Malawi, who assisted me in doing this research.
2. *Mbira* is the metasthesis of *limba* (Nurse: 1970). The meaning of *kulimba* (root: *limba*) is "to be firm, hard, strong" (Scott and Hetherwick: 1929²).
3. Kubik (1968) gives a more detailed nomenclature for the five *usindi* drums: *ntuwizi* (next to *nsonjo*), *nkazi ntuwizi*, *usindi wa pakati*, *usindi wa ku lingana ndi wa ku nkomo*, *usindi wa ku nkomo* (next to *gogogo*). This information was given to him by Mr. Dennis Bauleni from Chipwembwe near Nsanje.
4. I am very grateful to Hugh Tracey and Andrew Tracey who lent me one of their sets of tuning forks in 1970.
5. Apart from my own judgement it seems reasonable to take such a measurement error in view of the results on "just noticeable differences" between frequencies as quoted by Lehiste (1970, p. 62-64).
6. From the tuning of the *valimbas* given in appendix 2 it can be seen that many top tones of the *valimba* are a little flat if we take the interval of 171 cents as a standard. This may be due to the physical constraints on getting the keys tuned high enough, but it may also have been done on purpose. Anyway, it means that relatively speaking many octaves below 1200 cents appear in the part of the *valimba* with the higher tones. If we would restrict ourselves to frequencies between 500 v.p.s. and 130 v.p.s. only (instead of 756 v.p.s. and 130 v.p.s.) the mean octave for all *valimbas* would be 1218 cents in that range. The one hundred and one octaves in this range consist of twenty eight below 1200 cents, sixteen of 1200 cents and fifty seven above 1200 cents.
7. The definition of the (arithmetic) mean and the standard deviation of the n measurements $x_1, x_2, x_3, \dots, x_n$ is as follows:

$$\text{Mean: } \bar{x} = \frac{1}{n} \{x_1 + x_2 + x_3 + \dots + x_n\}$$

$$\text{Standard deviation: } s = \sqrt{\frac{1}{n-1} \{ (x_1 - \bar{x})^2 + (x_2 - \bar{x})^2 + \dots + (x_n - \bar{x})^2 \}}$$

8. The standard deviations that are given in table 3 are each supposed to be caused by two errors: (1) the measurement error of the interval, estimated at 13 cents, and (2) the dispersion that the players allow to occur. If a standard deviation in table 3 is a figure of about 25 cents or higher, the measurement error is negligible compared to the dispersion that is caused by the tolerance of the players themselves. In these cases the standard deviations of table 3 may be taken to represent the actual standard deviation of the intervals as caused by the tuning of the players. For instance, if the actual standard deviation is 21 cents, the standard deviation in table 3 would lie between 21 cents and $\sqrt{21^2 + 13^2} = 25$ cents, which is very close to 21 cents.
9. Wasisto (et al.) presents other figures. His calculations are based on first determining the mean frequency of the *barang* tone on the twenty eight *sarons* or *genders*. the mean frequency of the *gulu* tone on the twenty eight *sarons* or *genders*, etc. Next he calculates the mean interval between these mean frequencies:

	<i>Barang</i>	<i>Gulu</i>	<i>Dada</i>	<i>Lima</i>	<i>Nem</i>	<i>Barang</i>
Mean v.p.s.:	273	312	359	413	474	550
Interval in cents:	231	243	243	238	257	

(In fact the last interval is wrongly given as 253 cents instead of 257 cents.)

Their method seems less appropriate. We should rather look at the intervals *within* one *saron* or *gender* first. The importance lies within the *intervals* rather than in the absolute pitch of the *barang* tone, the *gulu* tone, etc. on the instruments. The question of the absolute pitch of the tones should be distinguished from the question of the intervals occurring in the scale. (In fact, the range of the first *barang* tone on these *sarons* and *genders* as given on page 51 by Wasisto (et al.) is from 306 v.p.s. to 246 v.p.s.)

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