

The Significance of Mirror Technique Practice in Early Exposure Practices

—The Comparison between 2005 and 2006—

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We made a comparative study on the effectiveness of the mirror technique practice for the first graders at School of Dentistry, Ohu University in 2005 and 2006.

The results obtained were as follows :

1. The rate of awareness of the dental mirror was high in 2005 and 2006.
2. All the students in 2005 and most of the students in 2006 answered that the practice was enjoyable.
3. Most of the students answered that the practice was tiring, and the top answer was that the eyes got tired both in 2005 and 2006.
4. The students who answered that the practice was difficult accounted for about 80% in 2005 and 2006. Approximaterly 80% of them answered that the difficulty resulted from the reflected image both in 2005 and in 2006.
5. All the students in both years answered that the mirror technique practice is necessary, and the most of the students answered they wanted to acquire the skill.
6. More than 80% of the students who took this on-site training answered that the training enhanced their motivation to become a dentist.

These results suggest that the on-site training be highly effective for the first-year students.

Key words : early exposure practice, first year students, mirror technique practice