

OTTERS ON THE GREEN



OR
[otter realm]

PAGE 16

APRIL 23 - MAY 6 NEWS

WHAT YOU OTTER DO!

FRI 4/24

CANDELIGHT VIGIL: NAMING THE VIOLENCE

6:30 P.M. - 10 P.M.
MAIN QUAD AT CSUMB

The Service Learning Student Leaders will join the CSUMB and Surrounding communities to hold a candlelight vigil. The walk for peace will bring people together to name the violence they witness or have fallen victim to. The walk begins in the quad and ends at the University Center, where there will be food, live music and an opportunity to speak.

FRI 4/24

HERITAGE MUSIC FESTIVAL HOWLIN BLUES & DIRTY DOGS

7:30 P.M. - 10 P.M.
WORLD THEATER

The Life and Times of Big Mama Thornton. A Blues musical featuring Blues great Barbara Morrison. Advance Tickets \$20. At the Door \$25. CSUMB Students with ID FREE. For Tickets & Information, call Box Office: (831) 582-4580 or OnLine worldtheater.csumb.edu

SAT 4/25

ANNUAL ASIAN FESTIVAL

11 A.M. - 4 P.M.
SOLEDAD ST. IN THE CHINATOWN AREA OF SALINAS

Anticipate Taiko drums, folk dancing, Asian food for sale and more. Members of the local Chinese, Japanese and Filipino communities planning and organizing the various festivities include descendants of families who lived and operated businesses dating back to 1872 in the Chinatown area.

SUN 4/26

"CIRQUE LE MASQUE"

2 P.M. AND 7 P.M.
AT SUNSET CENTER IN CARMEL

Skill, Artistry, Strength, Grace. Cirque Le Masque offers a sophisticated, European-style circus performance, complete with awesome special effects and death-defying feats. For information about the event call (831) 620-2048.

SAT 5/2

15TH ANNUAL SPRINGFEST

11 A.M. TO 4 P.M.

The 15th annual SpringFest features new releases, barrel sampling, food, and entertainment at member wineries. Contact individual wineries for their scheduled activities. The wineries opening their doors for the SpringFest are Paraiso, Hahn, Pessagno, Marilyn Remark, Scheid, Ventana, Manzoni, San Saba, Chalons, Blackstone, Boekenooogen and Puma Road. Admission is free, and reservations are not required.

SAT 5/2 - SUN 5/3

ROTA PSYCHIC FAIR

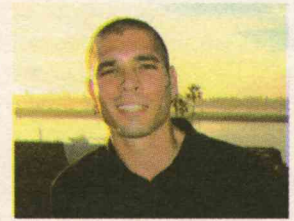
10 A.M. TO 6 P.M.

For more than 26 years Rota Productions has been bringing you the best of Body, Mind & Spirit events. For more information, call (831) 644-9098.

GOT AN EVENT? LET US KNOW!
OTTER_REALM@CSUMB.EDU

College Student 101:

Spring Fever or Senioritis... Whatever it is I've got it



Rick Welshiemer, Editor-in-Chief
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Once again, it's that time of year, when college seniors all across the country fall ill to a dreadful little bug called "spring fever." Others have claimed it to be senioritis; I guess it depends on what form of the strain you get. One thing is for sure; this disease leaves only one thing on our minds—graduation and summer break. Nobody can say for sure what causes this dis-ease or where it comes from, but I'll tell you this: Whatever is going around has definitely bitten me.

This infection has caused me to lose focus on my schoolwork. My eyes scan the page, while my mind takes off on my summer plans or, if the weather permits, on an escape to the beach to enjoy the sun. It has blurred my vision regarding anything having to do with my Capstone or the rest of my schoolwork. This bug bite I have really itches. And I just keep scratching it.

With just weeks left in the semester, and our most crucial schoolwork in front of us, the only thing my brain seems to be focusing in on is that cool blue water and the bright warm sun. I can literally feel the sun's sting on my skin. Still, I scratch.

The only prescription I think might work on this virus would be to call in "sick and tired," to skip school and while away the day at the beach, the Boardwalk, the Big Sur hangouts. I imagine myself returning to class the next day, reinvigorated and ready to read, write and wrap up my Capstone. I also

see myself buried even deeper in what I didn't get done the day before.

My intentions are to forget about school and give in to this dreadful bug, but since this is my last semester, I don't really have that as an option. I guess I'll just have to stay locked inside and do my best to ward off my spring fever.

If there is anything that will stay with me after my time in college, it's knowing that the path toward the light at the end of the tunnel is just as important as basking in the glow once I get there. So even though I can see the light, and it feels as if it is taunting me like a moth to the flame, I am going to take a deep breath and do what it takes to get there. I am going to give it my all and make the best of the rest of my time here at CSU Monterey Bay. That's how I want to remember it.

My decision to ignore this "fever" may leave me locked inside, camping out in the library, and hanging out in my professors' office hours. Because although I may want a day at the beach, I am just itching to walk down that aisle and receive my diploma. Hence, the self-imposed quarantine.

Even though my body has that relentless itch, and I am craving that summertime sun, I know sticking to the plan and focusing on my schoolwork is really the only medication I need to get better. After all, the sun isn't going anywhere. But I am.

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OPINION P. 18 | SUMMER BODIES

Alumni Association: Keeping Connected And Staying In Touch

Randy Rigali, Staff Reporter
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CSU Monterey Bay (CSUMB) is growing rapidly, and many are finding it is exciting and even hopeful to see graduates getting involved with the CSUMB Alumni Association. This organization helps alumni stay connected with fellow alums, and remain engaged with the University. The Association works to continue the Vision, which makes CSUMB a leader in higher education.

Despite CSUMB's small-school feeling, based on around 4,000 undergraduates, the strength of the Alumni Association has increased,

thanks to more participation. Since 2002, CSUMB has had the highest alumni membership rates in the entire CSU system, with more than 1,300 members. "Since 2002," said Director of Alumni Affairs and Annual Giving Jennifer Martinez, "we have provided more than \$38,000 in scholarships and Senior Capstone grants to students."

The Alumni Association has a vision of staying connected and giving back. Alumni have put together various programs, for example, to mentor continuing students. "Half Way There Celebration Mixer," is an event for juniors to celebrate their hard work and transition to their

senior year. Dinner is provided, with free raffle prizes. Another event is the Alumni Showcase, which highlights what alumni have accomplished, both personally and professionally. The event features alumni documentaries, films, novels, commercials, music videos and more.

The Alumni Annual Mixer event is on April 23. This event will provide an opportunity for CSUMB alumni to network and meet with new graduates who still live in the Monterey Peninsula area.

Three different membership options cater to Alumni. The annual three-year and lifetime memberships all offer

different payment plans. Alumni membership contributions support scholarship funds and benefit future students. With a CSUMB Alumni membership come the latest CSUMB magazine and alumni e-newsletters, discounts on campus at the bookstore and sporting events, access to every library in the CSU system, and special ticketing prices at the CSUMB World Theatre.

The Alumni Association has continued the university vision by staying connected and giving back to the CSUMB community. The Association's Board of Directors and staff have created new programs and events, while expanding

member benefits for the greater good of the community.

For more information on how to become involved in the CSUMB Alumni Association, call (831) 582-3595 or send an email to alumni@csumb.edu.

CSUMB HAS HAD THE HIGHEST ALUMNI MEMBERSHIP RATES IN THE ENTIRE CSU SYSTEM, WITH MORE THAN 1,300 MEMBERS.

AS Cordillaly Invites you to Spring Formal

Monica Guzman, News Editor
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While in high school, students swarm the stores for their perfect prom wear. In college, prom wear shifts to formal wear as CSU Monterey Bay (CSUMB) students look forward to the annual Spring Formal. Each semester, CSUMB hosts a school dance, and this semester Spring Formal will be on Saturday, May 2, from 9 p.m. to 1 a.m. at the University Center (building 29).

In past semesters, either Spring Formal or Homecoming was hosted at the Hyatt Regency in Monterey but, like last spring,

this semester's event will take place on campus. "The Hyatt was convenient since we have a good relationship with them," said Associated Students (AS) President Lewis Hall, "but we're trying to switch it up a bit."

One location AS looked into was the Monterey Bay Aquarium, specifically near the

otter tank. The cost was too expensive and, on top of the dance ticket, students would need to pay regular admission into the Aquarium.

Aside from the change in site, differences from previous dances include a live performance from the hip hop group The Heartbreak Kidz, and reduced ticket prices. This semester, tickets cost only

\$10 for students, \$15 for alumni and \$20 for guests.

To "get more for your buck," according to Hall, the University Center is a good location since AS will spend less money on the venue and more to set the atmosphere. Both the UC Ballroom and Otter Bay Restaurant will be used for the dance. Some special features are the 21-and-over lounge, extended dance floor and chocolate fondue fountain. With all these extras, some may live their prom all over again.

If dancing is not appealing, there are plenty of other reasons to attend Spring Formal, according to Hall. Food and non-alcoholic drinks are included

with admission, and promise to be spectacular. Guests have a chance to win prizes, enjoy live music or simply socialize. Because this is the last school event scheduled for the semester and before the stress of dead week, Hall highly encourages students to attend. "Although it is 'dress to impress,' don't feel you have to dress up," he said. "It's just about going out."

Tickets are on sale now at the Student Center (building 12). There is a limited amount, so plan ahead and avoid being ticket-less or having to pay more at the door.

**UNIVERSITY CENTER
SATURDAY, MAY 2 FROM 9 P.M. TO 2 A.M.
TICKETS ON SALE AT THE STUDENT CENTER:
\$10 FOR STUDENTS, \$15 FOR ALUMNI AND
\$20 FOR GUESTS**

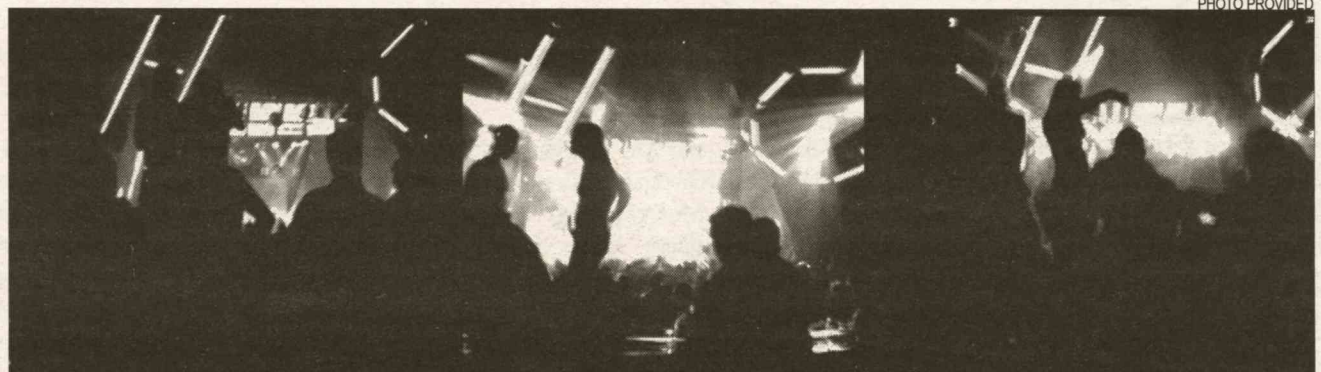


PHOTO PROVIDED

OR

CSUMB Professors Honored Through National Marine Sanctuary



Rr Rikk Kvitek



Laura Lee Lienk

Kelly McDermott, Staff Reporter
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Situated on the coast of California, it is no surprise the Monterey Bay area is known for its involvement with the ocean and coastal wildlife. But what may be surprising is that two professors from CSU Monterey Bay (CSUMB) have received awards through Monterey Bay National Marine Sanctuary for their work involving education, preservation and research about the ocean.

Laura Lee Lienk, a Watershed-Based Community Restoration Service Learning professor at CSUMB, has been awarded the Education Award for her work with Return of the Natives (RON), a hands-on education program urging students and community members alike to restore native plants and habitats.

"I believe that I received this award," said Lienk, "because of my many years of work in getting children, adults, and students connected to the out-of-doors and to nature." Lienk has spent more than 15 years as director of RON. She also was crucially involved in creating Camp SEA Lab, a research operation that uses the elements of science, education and adventure (SEA) to teach youth and their families about coastal life. "I was thrilled and really honored to be recognized by the marine science" said Lienk, "but of course they are connected."

CSUMB professor, Dr. Rikk Kvitek also received an award from the Monterey Bay National Marine Sanctuary. Kvitek, who developed and directs the geospatial

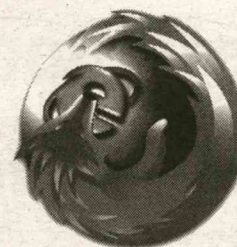
curriculum at CSUMB, was honored with the Science and Research Award. "[The Sanctuary] picks someone who has sustained research in the area. I've been doing research around the sanctuary for the past 25 years," said Kvitek. He also uses sonar scanning vessels in the seafloor mapping lab, giving his students a unique hands on experience. Surely it is this kind of dedication that has earned him the award. "I was pleased and honored [when I found out I received this award]" said Dr. Kvitek, "Particularly since Monterey Bay is a concentrated area of marine science research, to be singled out by such a distinguished group is such an honor."

Both Lienk and Dr. Kvitek will be honored at the Sanctuary Currents event, hosted by the Monterey Bay National Marine Sanctuary. This day-long symposium will be held on April 18 at the Hyatt Regency Hotel. "I believe that stewardship work," said Lienk, "is the greatest thing a person can do for themselves, their communities and for the environment. Everybody learns, everyone gains."

**I WAS PLEASED AND
HONORED [WHEN I
FOUND OUT I RECEIVED
THIS AWARD]**

DR RIKK KVITEK

Firefox: For Faster Finding



Cole Mayer, Staff Reporter
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According to Market Share, an Internet application tracker, 22.05 percent of Internet users in March 2009 were using Mozilla Corporation's Firefox. Mozilla Corp., a non-profit, open-source company, boasts that its web browser, available at www.mozilla.com, is superior to Microsoft's Internet Explorer (IE), especially in the areas of speed and security. "Before, I'd been wary about using Firefox because it was different to use," said CSU Monterey Bay sophomore Emily Fanucchi, World Languages and Culture major. "But once I got used to it and noticed how much faster it worked, I couldn't go back."

Firefox's default memory usage allows faster load times than IE, meaning faster internet surfing for the user. "I use Firefox," said Teresa Henry, a sophomore Biology major, "and I prefer it to Internet Explorer. I started using Firefox when I still had dial-up and found that it was faster than 'Internet Exploder' because it has a superior memory system." Firefox is open source, meaning the user can modify Firefox to change memory usage, making loading times even faster than the original settings.

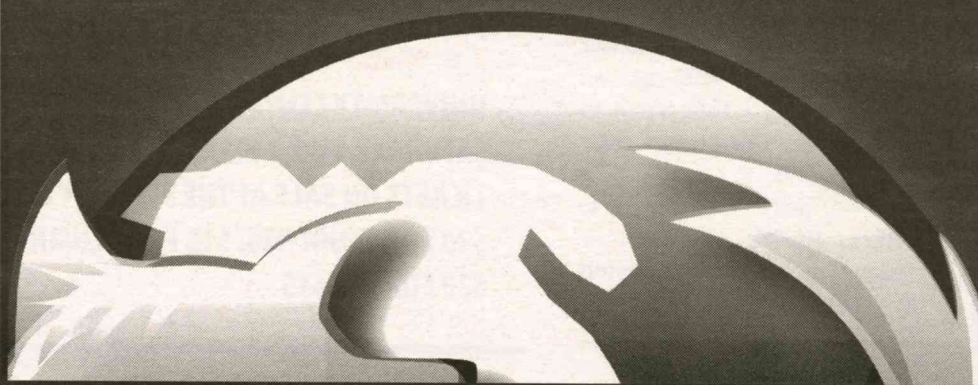
However, some users might find that memory usage is not what is making their browser slow. Instead, it could be a combination of viruses, malware and spyware. "I used to use AOL and Internet Explorer, but it kept getting slower, and all I got were viruses and tons of ad pop-ups," said junior Michelle Gurka, a World Languages and Culture major. To combat these harmful programs, Firefox has integrated pop-up control and virus protection. "It takes away all those annoying pop-ups," said Gurka. "And when I got a virus, it alerted me and even took it away before Norton [Antivirus] even saw it."

Firefox also supports user add-ons, such as Ad-Block Plus, Web of Trust and NoScript, something IE does not. Ad-Block Plus disables advertisement banners from showing on websites, Web of Trust alerts users to sites that are known to send malware to the user, and NoScript stops Java-based scripts from running within the website, potentially stopping viruses.

For the user, all of these features add up to a faster, safer Internet browsing experience. With Firefox, optimal load times can be achieved, and the user can be much less worried about their computer being attacked by malicious programs than with using Internet Explorer.

PHOTOS PROVIDED

Firefox
Rediscover the web



Graduation: The Change That Has Many Worried

Alisha Thomas, Sports Editor
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Some say college is the greatest time of a young person's life. Late-night rides, random hookups and Sunday hangovers; the typical routine for the average college student. Monday morning, the weekend becomes a daydreamer's smile while sitting in lecture. Tuesday arrives, and it's time to buckle down. Wednesday and Thursday consist of frequent late-night rendezvous at the library, with a computer in one hand and a venti coffee in the other. Final projects are turned in, and presentations are aced.

For some, college life doesn't work out, but those who make it to the end are rewarded with one of the greatest achievements of their lives; graduation.

With less than three weeks of school left, commencement is right around the

corner. Yet, what should be an exciting milestone to anticipate, May 16 has turned into a stress fest among many CSU Monterey Bay seniors.

New space stipulations have been placed on this event, resulting in releasing no more than eight tickets to each graduate. With a maximum seating capacity of 8,000, for safety reasons, the fire marshal has put a cap on the number of people who will be able to attend the event.

Now 8,000 may sound like a lot. And it is. Except many of this year's 715 graduates count more than eight people among their most intimate friends and family. The result is those same students, along with the friends or family members who will have to stay home, are peeved.

"I think it's ridiculous to be given only eight tickets," said graduating

Kinesiology major Eva Arzola. "I have a big family, and a lot of them will not be able to come."

The idea of granting a finite number of tickets likely has always seemed unreasonable. The issue is one of space, not reason. University administration understands this and, although each student will be issued just eight tickets on April 20-29, there will be a second granting of tickets April 30-May 8, for those who may need extra. Of course this second coming is all dependent on how many seats remain available after the first disbursement.

"We don't get ahead of the game," said Campus Service Center Specialist Margie Peralez. "If we need more, then we need more." Looking to accommodate all, the Commencement Committee has formulated back-up plans if the stadium happens to over flow. "There will be

other venues such as the University Center, that will allow those who didn't make it into the ceremony, to watch the commencement on a big screen," said Peralez. Commencement will be held Saturday, May 16 2009 from 10 a.m. to 12:30 p.m. at Freeman stadium and will be televised on channel 72.

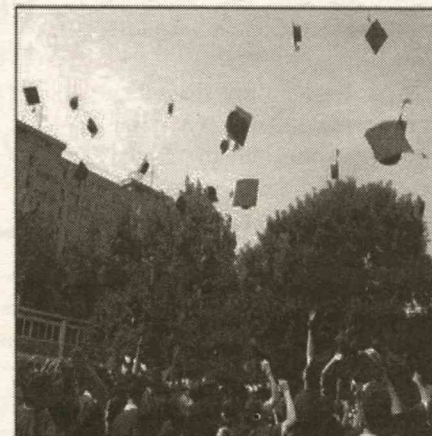


PHOTO PROVIDED

CSUMB Goes TWEET TWEET

Lauren Scholz, Staff Reporter
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With its popularity soaring among students, and celebrities using it to fly into the radar, the question chirping around town is, what is it? It's Twitter, the latest phenomenon to hit the Internet. Accessed at twitter.com, the social sensation seems to be taking over the virtual world as users flock to the site to make plans, hook up or just clear the calendar.

The idea of Twitter came from founder Jack Dorsey, simply by being interested in what his friends were doing. Dorsey wanted his social broadcasting system to be simple yet unique, unlike other networking sites such as Facebook and Myspace. Twitter asks one question of its followers, "What are you doing?"

What makes this site so appealing is the simplicity of it. "Unlike Facebook, which has a million different things you can do on it, such as commenting

on pictures or playing scramble or passing out 'gifts'," said CSU Monterey Bay (CSUMB), senior Elizabeth MacDonald. "Twitter just does one thing: it allows you to post and read very short updates."

CSUMB tweets on behalf of athletics, Alumni Association, Admissions, and general CSUMB updates. Students can become users to be aware of campus events and important dates. "Following the CSUMB tweets," said MacDonald, "is a great way to learn about things that are happening on campus. You can also set up alerts for certain keywords, which can be a good way to learn more about a topic you are interested in and connect with others who share that interest."

Twitter participants can update their status wherever and whenever they want. Updates are received on phones, instant messengers and on the website. With tweets from celebrities and politicians, people are becoming

more attracted to this website. Another feature of twitter is to become a follower of someone else's account. Users can be updated whenever a friend, relative, or favorite celebrity tweets about what they are doing at the moment.

For CSUMB students interested in what their friends, professors or even President Obama or CSUMB President Harrison are doing, Twitter allows

free account. Anyone can follow famous tweeters, such as John Mayer and Lindsay Lohan. If Facebook and Myspace seem like there is too much going on, then maybe Twitter is the way to go way to network.



IMAGE PROVIDED

OR

FOUND Magazine Offers a Home to Lost Objects

Alexandra Poggione, A&E Editor
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With MySpace and Facebook contributing to everyone's need to know, voyeurism has reached new and instantaneous heights. Instead of taking the fast track toward information gratification, FOUND magazine prefers to rely on donations and old-fashioned mail to sate their readers' curiosity.

An angry confrontation mistakenly left on the wrong car began the trail of "finds," leading to the magazine's inception. According to the FOUND website, founders Davy Rothbart and Jason Bitner "decided to start a magazine [as] a showcase for all the strange, hilarious and heartbreaking things people've picked up."

Their first magazine was an effort of paper and glue, and included all kinds of ephemera normally tossed to the wayside. Post-its, photographs, old homework and grocery lists adorned the pages, each with its own hidden history waiting to be discovered by readers. The

WHAT IF IT'S JUST LYING ON THE STREET? NO! IT HAS TO BE BLOWING!

DAVY ROTHBART - FOUNDER

allure of these forgotten and misplaced stories kept readers interested, and every year since, FOUND has published one issue containing all the finds from the previous year.

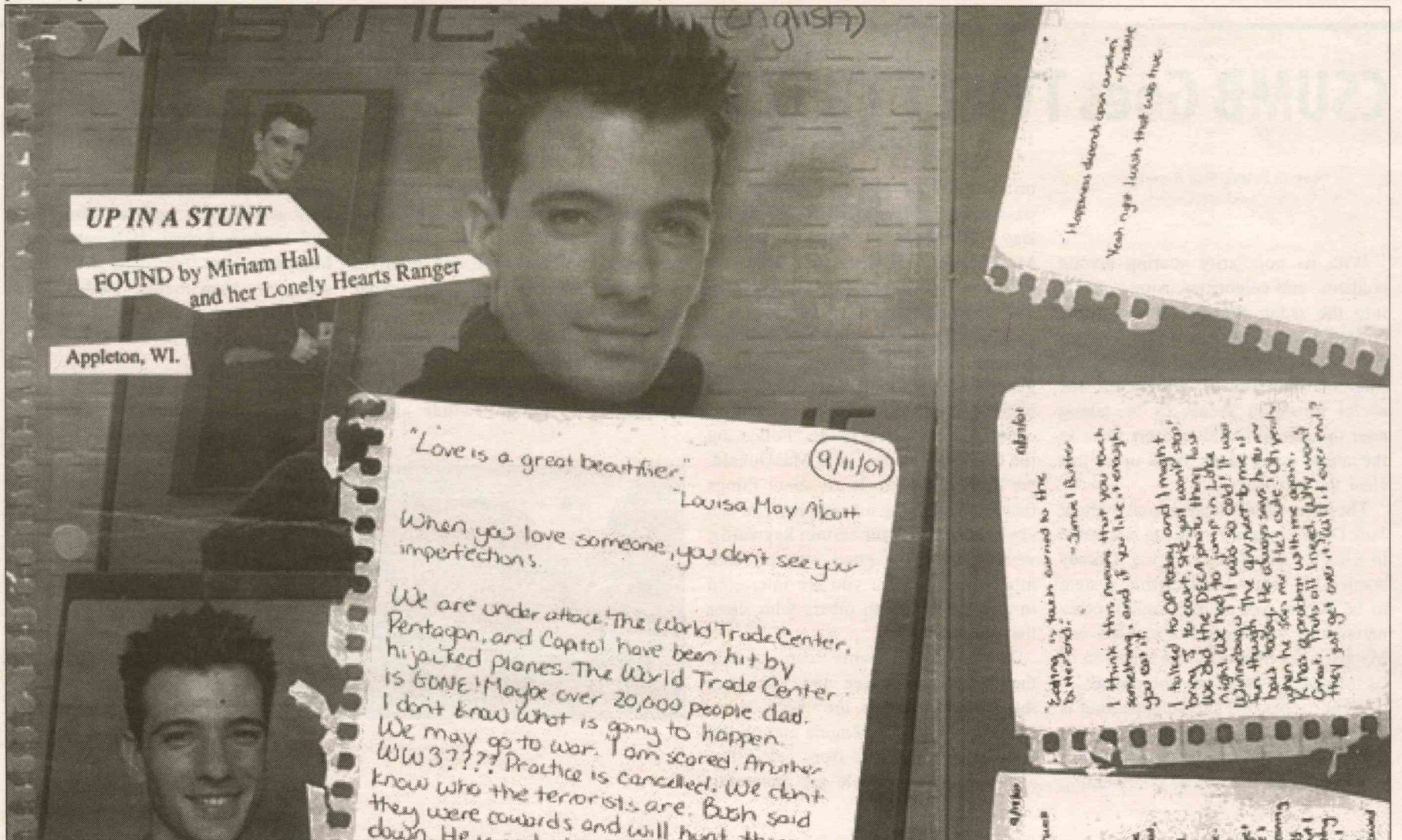
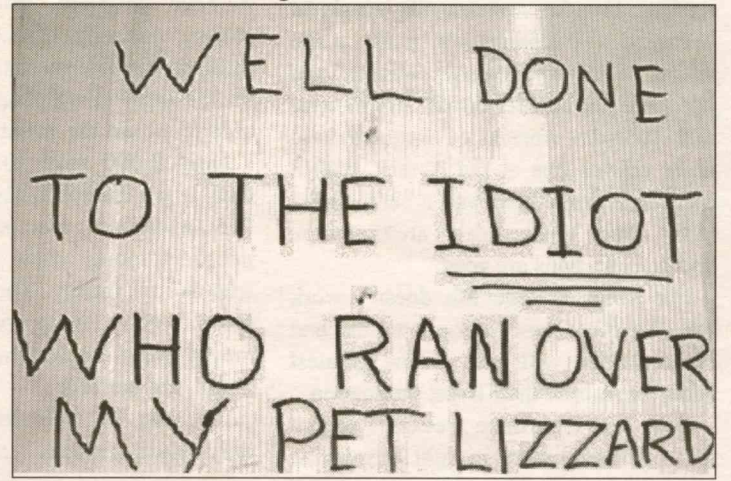
Soon after the magazine's rise in popularity, and its readership's realized desire to observe the unknown lives of others, the "FOUNDers" began a website, www.foundmagazine.com. Every day, a new "find" is posted for all to see and comment upon, an outlet which is unavailable when reading hardcopies.

Of course, not every find is full of wholesome goodness. DIRTY FOUND showcases all those finds not fit to print for the general public, such as photos with a decidedly kinky twist or letters with detailed instructions for a night between the sheets. Only three issues have been published, but for those interested, ordering a hard copy is the only way to get a "dirty find" fix.

Although some may argue the validity of some "finds,"

Rothbart, in an interview with Quirkee.com said, "I feel like anything that gives you a glimpse into someone else's life qualifies. One friend of mine is a purist; she says it has to be blowing down the street. I said to her, trying to be a smart aleck, 'What if it's just lying on the street,' and she said, 'No! It has to be blowing!'"

A college campus can hold a plethora of forgotten and discarded objects. CSU Monterey Bay students can send their "finds" to FOUND Magazine, 3455 Charing Cross Rd., Ann Arbor, MI, 48108.



NEWS

PHOTOS PROVIDED

Removal of Condemned Army Barracks: Growth of Campus Means An End To History

Lucas Anthony, Staff Reporter
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The transformation from winter to spring yields new life – a rebirth, even.

Much like this change in the seasons, the CSU Monterey Bay (CSUMB) campus has been transitioning from former Fort Ord Army base to budding college campus since 1994.

Growth of the CSUMB campus has required the deconstruction of more than 90 crumbling, contaminated Army buildings. With this contamination, however, also disappears a little California history.

Deconstruction of five World War II Army barrack buildings on Division Hill, at Second Avenue and Divarty Street, began March 9, with the erection of a chain-link perimeter fence.

“These buildings served as officer and enlisted barracks,” said 94-year-old retired Army Maj. Lee R. Stickler, who was part of the horse-drawn 76th Field Artillery, stationed at Fort Ord. “They were the first buildings to be finished, along with the horse stables.”



In June 1940, Maj. Stickler’s unit was housed in tents near what is now The Dunes shopping center, until the completion of the barracks that September.

The surrounded site now contains overflowing dumpsters, ferocious excavators, hard-hatted workers in protective jumpsuits and perimeter tape reading: ‘DANGER ASBESTOS.’

“As soon as people hear the word asbestos they become concerned,” said CSUMB Lead Construction Manager Ron Deller. “When in all actuality, after the abatement process is completed, these buildings contain less than one percent asbestos.”

Once the siding, covered in lead paint, and the majority of the asbestos products are properly disposed of, the vintage barracks contain less asbestos than Serpentine, the shiny, green-and-blue state rock of California.

“The workers are in protective clothing in case they run into contaminants, somehow, or to

prevent cumulative effects to them over time,” said Deller. “We are always monitoring the air quality. We owe it to the faculty, staff and students to do this work carefully.”

Although the clearing of this land is beneficial to CSUMB, what about preserving the past, remembering the exploits of Maj. Stickler and the 76th Field Artillery, and paying tribute to all the men and women who shed blood, sweat and tears on this historic land?

According to Deller, there was talk of renovating Stickler’s barracks as a monument, but because of the structural damage, he said it would be cheaper to build replicas. “We saved sections of siding,” he said, “and took pictures, so if a replica is built, they will have some basic design information to insure authenticity.”

As for Stickler, a soldier who witnessed the life and death of Fort Ord, he recognizes the importance of higher learning and CSUMB’s need for more land. “I’m sorry to see it go,” he said, “but it’s just the facts of life.”

PHOTOS BY LUCAS ANTHONY



OR

"Crazy Cool" Composting Comes to Campus

Simone Thompkins, Staff Reporter
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Eat the chips, then watch the bag disappear. Is it a magic trick? Hardly. For Earth Day 2010, SunChips is releasing the first-ever compostable bag in a campaign to stop using non-renewable materials and reduce litter. Called "our small step" by SunChips, it is actually a giant leap for Green innovation, highlighting compost as an agent of eco-change.

Compost is a mixture of decaying organic matter, such as leaves, leftover food and manure. The concoction, though unappetizing to most humans, is pure decadence for soil, and provides nutrients that improve its structure and promote stronger, healthier plant growth. This can be collected out in the open, in sealed containers and by vermicomposting (worms) to generate rich, natural fertilizer.

Senior ESTP Major Lauren Grounds is exploring all three methods with her Capstone this semester. Service Learning at the Chinatown Community Garden in Salinas taught her the skills she now intends to apply on campus. Her senior project is designed to promote food waste

composting among students, staff and faculty.

"The glory in food waste is it can be used to grow the very product from which it came," said Grounds. "Through composting, food waste can provide the essential nutrients required in the growth

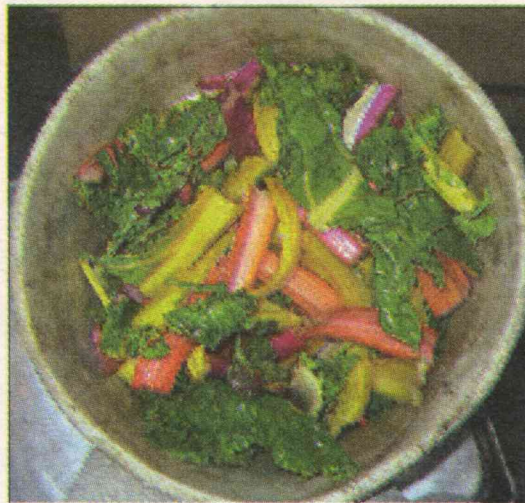


PHOTO PROVIDED

of food plants. It is the magic behind closing the organic loop."

Universities all over the United States have developed systems for churning dining service leftovers into soil conditioner. Grounds believes it is vital

for CSU Monterey Bay (CSUMB) to be "an example of sustainability" as well.

According to the scientific journal *Biocycle*, food waste comprises 11 percent of all consumer refuse in landfills, which in turn produces considerable amounts of methane, a reactive and potent greenhouse

gas. Additionally, when compacted food waste combines with metal, it produces leachate, a toxin that contaminates groundwater supplies. Grounds insists that composting can reduce the effect of these environmentally-hazardous byproducts.

"Twenty-five percent of waste sent to landfills is compostable" said Grounds. "You're wasting a precious resource."

A completely sustainable CSUMB is still more dream than reality. It takes dedication, commitment, and the reigning green power-money-to get projects off the ground. But, as other universities have shown, it is not impossible. Students are already taking the necessary action to make this campus as eco-friendly as possible, a task that does not always involve getting down and dirty.

"Write letters or participate in the compost demonstration site," said Grounds.

FOR MORE INFORMATION:

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ENVIRONMENTAL COMMITTEE MEETINGS ARE HELD

WEDNESDAYS AT 6 P.M. IN THE STUDENT CENTER

Finding Peace & Love at CSUMB

Nicole Jones, Staff Reporter
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On April 25 a Community Peace Conference will be held at CSU Monterey Bay (CSUMB). The conference will host an in-depth discussion about inner, social and world peace. The event will conclude with a question-and-answer segment featuring professors and community members as panelists including Dr. Ilene Fienman professor of Peace Studies; Dr. Josina Makau professor of Human Communication; and Macgregor Eddy from the Monterey Peace and Justice Center.

The first annual CSUMB Peace Conference was an expansion of the student-run organization, "The Gathering" This was inspired by the Peace Park, an event organized by the group to present an inner-faith discussion on peace among the various ethnic, gender and religious communities.



PHOTO PROVIDED

"The point of this conference," said Gathering Founder Steven Goings, "is to bring out all the different meanings of peace." Goings, a third-year Social Behavior major, has been president of the organization for two years.

The Peace Conference discussion will be broken down into three specific areas

of interest. The first is an interdisciplinary discussion about peace, the second will serve to identify local peace organizations and movements, and the third will focus on how to expand the membership of the new organization the Peace Alliance. An organization on campus founded in 2004 by author and spiritual activist Marianne

Williamson, the group's ultimate goal is to be the establishment of the Department of Peace.

The conference is expected to explore many ideas about how to develop inner peace. It also will foster open expressions of peace among participants and look at how they feel about peace and social action. "We often assume that peace is relative to authority," said Goings, "So then we need to ask ourselves is peace a matter of letting the person with power have their way, or do we stand up for what we feel is right?"

The Peace Conference encourages people to actualize their highest potential and contribute to their communities. "I think our highest purpose as humans is to give back," said Goings, "because it's so much easier to engage in the violence than to resolve matters peacefully." Peace, he said is a domino effect. For it to work effectively all must be willing to make a conscious effort. For more information about the Peace Alliance or The Gathering, send all questions, comments and ideas to Steven Goings via email at Steven_Goings@CSUMB.edu

NEWS

Student-Run Online Journal Through SBS

Culture, Society & Praxis
 Culture, Society & Praxis
 Culture, Society & Praxis

Monica Guzman, News Editor
 MONICA_GUZMAN@CSUMB.EDU

What started off as a small, six-article online publication, has now developed into an average of 15 articles per issue and a readership in countries throughout the world. Culture, Society and Praxis is a student-run online journal through the Social and Behavioral Sciences (SBS) department at CSU Monterey Bay (CSUMB).

The journal was established in 2002 to create a space for CSUMB students to get their submissions on culture and society published and comes out every semester. Works can vary from 50-page capstones to one-page poems and multimedia work.

Writers in Culture, Society and Praxis are not limited to CSUMB students, but include college professors all over the globe, whose works have increased the popularity of the journal.

No one should be intimidated by editorial critique. According

to Nicole Santino, journal manager and SBS senior, the journal does not turn down any submissions. The publication's staff, along with the Academic Skills Achievement Program, works hard with all writers to bring each work to high standards.

Culture, Society and Praxis is also offered as a two-unit class under SBS 334: Anthropology and Praxis. Natalie Pitschke, SBS senior, talked about the professionalism of the journal and class. "What we learn here," she said, "is applicable

to real life and what one has to do in a real job."

In 2006, the journal switched from a website built by a Telecommunications, Multimedia and Applied Computing student to a web-based platform created by a Canadian University. This new platform, said Gutierrez, is less laborious and looks very professional. Aside from enhanced convenience and appearance of the new site, it also allows for other forms of media such as music and pictures.

Another factor contributing to the journal's rising readership is its ISSM number, which reveals the publication in library searches.

"It doesn't matter your views," Gutierrez said "If you have an idea truly important to you, being a university student, you have what it takes. The point of the journal is to use it and say something."

To view, review or submit work to the journal, visit culturesocietypraxis.org

PHOTO PROVIDED

American Cancer: Discovery Shop's Annual Fundraiser

Berenice Rosillo, Staff Reporter
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An estimated 300,000 people in the United States die every year from cancer, a disease in which abnormal cells divide without control and are able to invade other tissues. Cancer cells can spread throughout the body and the blood and lymph systems. There are more than 100 different recorded forms of cancer. Women, men and children of all races, ethnic backgrounds, ages and geographical locations can be affected. Thanks to the efforts of organizations such as the American Cancer Society, researchers and scientists are getting closer to finding a cure for cancer.

The American Cancer Society Discovery Shops help support the fight against cancer through profits made from the sale of high-quality, gently used, donated merchandise. For more than 40 years, the Society has owned and operated these specialty resale stores,

featuring clothing, accessories, jewelry, furniture, artwork, antiques, collectibles and other household items.

On the weekend of April 24, the American Cancer Society Discovery Shop in Pacific Grove will hold its 11th annual Jewelry and Jazz Celebration

Fundraiser. The free, all-age event will start on Friday, from 4 p.m. to 8 p.m., with a live jazz band, wine tasting, appetizers, coffee, dessert and many items for sale. The fundraiser will continue on Saturday, from 10 a.m. to 6 p.m., and Sunday, from 11 a.m. to 5 p.m.

PHOTO BY BERENICE ROSILLO



The fundraiser will include the sale of designer purses, fine and costume jewelry, shoes, clothes and accessories that have been collected throughout the year from donations made to the shop. "We usually get 150 customers per day," said Assistant Manager Geanie Goulz. "It is our biggest event of the year. It's a really fun event, but Friday will be our main-event night."

For more information about the event, contact the Pacific Grove Discovery Shop at (831) 372-0866, or join the Jewelry and Jazz Celebration Fundraiser at 198 Country Club Gate, Pacific Grove. To learn more about the American Cancer Society and how to get involved, visit www.cancer.org.

OR

YAC: More Than Just Art Making a Difference

Megan Luna, Staff Reporter
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Colorful pieces of art in all different styles and shapes fill a space that is somewhere between studio meets gallery. The artists, all of them young, all of them focused, are as colorful as their work. Up front, one is crafting a clay piece, while another, to the left, is painting on a canvas. Another, to the right, is painting a wood stool, while the one in back is working on a watercolor piece. The array of projects is as diverse as the dreams that inspire them.

The tools, supplies and assistance are already there, in abundance, around them. There are no classes, no assignments, no deadlines to meet and no grade to be given. Artists and mentors Meg Biddle and Marcia Perry, in the spirit of Dr. Martin Luther King, Jr., established the Youth Arts Collective (YAC) 10 years ago. Kids and young adults, ages 14 to 22, could have a place to paint, and explore their own creativity and potential through art. They are limited only by their own drive and desire.

This non-profit organization is run on the generosity of strangers, friends and sponsors. "It is as much about the community as it is about the art," said Perry. YAC has served more than 300 teens, and 95 percent of them have gone on to college, many on scholarships.

YACsters, as the youth are known, represent a kaleidoscope of races, genders, nationalities and economic backgrounds. YAC helps them access their spirit, find their inner strength, to explore ideas, reach to be different, and work in their own way.

"[The students] all work happily, side by side on their art and, as they do, their self esteem rises and their sense of connection deepens," said Perry. "We mentor them artistically, emotionally and socially for the long term through high school, college and beyond. We provide for them a bridge to adulthood."

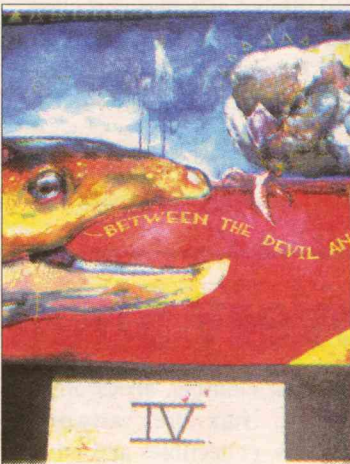
Biddle and Perry have created more than a bridge as they lay the foundation for these YACsters a place where they can be creative, where they can be themselves – a place to call home.

"I love the environment," said Xelina Tryten, a YACster of one year. "There are other artists to help you learn and progress as an artist; you are not alone." The 16-year-old found YAC when walking by the studio after school one day. "Meg and Marcia have given me so much; they are so sweet, nurturing, funny and wise. They are amazing people, genuinely beautiful, inside and out."

YAC is currently hosting its first exhibition of new works by YAC alumni; YACsters who have graduated from high school and gone on to pursue art at the college or professional level.

"Knowing, after 10 years, that this creative experiment is bearing fruit way beyond our wildest dreams, we feel absolutely confident in its value. This experiment has worked," said Biddle. "When it comes to creativity, the kids take the lead; we just keep them safe."

To learn more about YAC or to get involved with or support the Youth Arts Collective, call (831) 375-9922 or visit www.yacstudios.org.



PHOTOS BY MEGAN LUNA

Monterey Bay On The 5th Of May

Marc Russo, Staff Reporter
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College students still may be recovering from the toll Spring Break might have brought upon their bodies, but it is time to bring out the party hats one more time before exams. Instead of rocking the beer-dispenser hats, this night calls for the supersize sombrero that Chevy's gives away.

"My body is still recovering from a blacked-out spring break," said Garrett Leong, junior and Music major. "But I'm definitely ready to pop open some cervezas and chomp on some crispy chicken nachos tossed in ranch."

What started as a holiday for independence has become yet another reason for college kids to pull out the bottle openers and gulp down authentic Mexican beers. Since not everyone at CSU Monterey Bay (CSUMB) is 21, here are some ideas that both underage, and of-age students can use to enjoy this one last holiday before summer break.

Many students who hail from other states may have not enjoyed the numerous Mexican-style restaurants Californians are so accustomed to. For those students, Cinco de Mayo is a great time to get out in the area and experience some new culture.

First stop will be in Pacific Grove, at a Mexican eatery called Peppers. The restaurant has become a local favorite among the many choices on the Monterey Peninsula. Reservations are recommended, especially with the anticipated capacity for the holiday. Peppers is moderately priced and has many traditional Mexican-style dishes, but with an emphasis on seafood. For students who are over 21, the restaurant has a

full bar with plenty of Mexican imports for a truly authentic Cinco de Mayo celebration.

Next up in the immediate area, is the Baja Cantina Restaurant adjacent Quail Lodge in mid Carmel Valley. Decorated in car memorabilia, Baja is another local favorite and has become popular among tourists as well. Diners often enjoy live music and outdoor seating on a large deck, complete with a two-sided brick fireplace.

Closer to CSUMB in Seaside, La Tortuga is a tiny hot spot many students consider their favorite Mexican restaurant in the area. "It's an authentic Oaxaca restaurant," said Scott Bell, junior and Psychology major, "with traditional Mexican food, good quality, especially the breakfast burritos with nopales" (cooked cactus). I give it five thumbs up."

However Cinco de Mayo celebrants choose to dip into Mexican culture, the fact the holiday falls right before exams gives students a chance to enjoy a night out with friends.



PHOTOS PROVIDED

KULA RANCH

PRESENTS:

The

**CINCO
de MAYO**

**Double
Play**

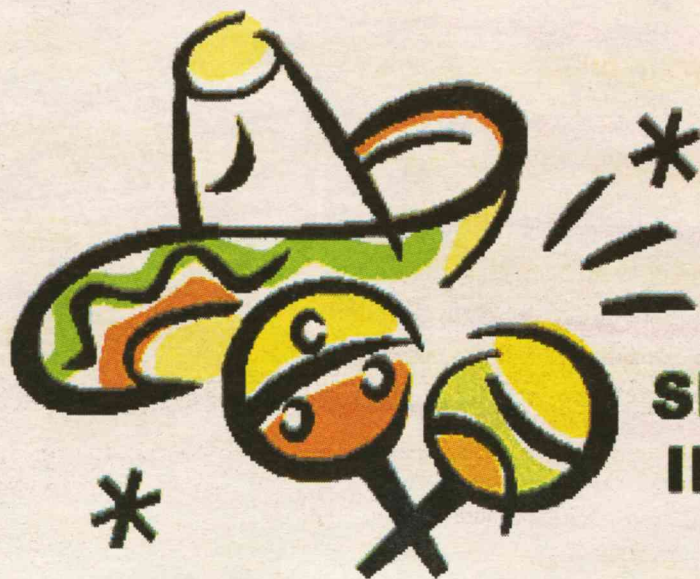
THE CELEBRATIONS ARE ON:

**Saturday
May 2nd**

**FREE RIDES
TO & FROM
CAMPUS**

**LIVE
MUSIC!**

**DRINK
SPECIALS**



**Tuesday
May 5th**

TACO TUESDAY

**SHOW YOUR STUDENT
ID & GET YOUR FIRST
TACO FOR FREE**



Eating Nemo: *Good Times on the Beach*

Courtney Thorngate, Staff Reporter
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The days are starting to heat up, and summer is just around the corner, offering longer hours of daylight. This means more time to spend on the beach, perhaps picnicking, brown-bagging it or barbecuing. Fortunately for CSU Monterey Bay students looking for a little outdoor dining, the Monterey Peninsula hosts many beaches to choose from. Some allow bonfires, providing people the chance to grill local seafood and produce. A little Smokey Joe BBQ, some sweet treats from the sea, and accents from the land provide an ideal dinner escape at the beach.

Take a drive and scope out the scene, then ditch the car and walk down to the shore. Consider Carmel Beach, which offers an arc of white sand, colorful shoreline, rocky walls and natural caves. Wander from one end to the other, taking in views of Carmel on one end, and the golf course at Pebble Beach on the other, making for an epic experience. Bonfires are allowed, but rules include fire responsibility, and the flame has to be extinguished by 10 p.m.

Many places on the Bay, seafood can be purchased for a reasonable price. One of the best places to shop is Fisherman's Wharf. The fishermen arrive daily with their fresh catch. Charolette Parker, daughter of a local fisherman said, "My family has been in the business for generations. Our fish is caught daily, which makes it the freshest around." Recently, the catch of the day has included trout, ahi tuna, monk fish, sand dabs, sole, Dungeness crab, lobster, spot prawns and squid. Prices average \$2-\$3 a pound, depending on the fish and the effort and time it took to catch it.

With the beach in mind and the BBQ in hand, along with barbecue fixings, and some of the best seafood around, students have the perfect recipe for a beach barbecue.

"Spot Prawns are in season right now, they are a good alternative from the seafood watch," said Human Communications major and junior Sarah Shaw. "They are caught wild in the

Pacific Ocean by local fishermen in the Monterey Bay. Grab some of those and some local produce, like mushrooms from Watsonville and artichokes from Castroville. Do the marinade before you head down to the beach and, once you get there, you can begin to grill some killer Kabobs."

Whatever it is tossed on the grill or in the salad, beachcombers need to make sure to get there in time for the sunset, and enjoy what the Peninsula has to offer.



ARTS & ENTERTAINMENT

Libros en Fuego Sizzle

Kristin Leal, Staff Reporter
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The blast of rockabilly jazz hits the crowd as horns whine like a high-pitched vocalist. Libros en Fuego heats up the crowd with their hot sauce. Lyrics call out pop culture with satire. "Cosmo Girl," which can be sampled online, pokes fun at the messages of the media. "Under the ads and bulimic models...can you find my g-spot baby, can you make me cum...flip through all the glossy-paged, spineless picture books."

The piano player punches the keys, as the drummer keeps the beat mid pace, while bass and guitar echo a fast, upbeat sound alongside spicy lyrics.



Libros en Fuego is setting the place on fire.

Heading in a new direction that comes from their core, "Books on Fire" puts a whole new spin on the dynamic of hot jazz. An Americana musical screenplay depicts the



stereotypical dress of the '50s, which is the latest installment to this theatrical group of eight unique musicians, who bring a hot, eclectic combo meal to the table and serve it up hot.

The style of Libros en Fuego is "Something a little

different," said bass player and manager Ian Wessel, who refers to himself as "El Patron de Bibliotheca," the boss of the library. The stature of American Life is the theme of the latest endeavor. Lead singer Nick Nielsen, provides fresh musical components enhanced by props and politically charged music to add salsa to the Americana experience of Libros en Fuego. Skits set to music address themes of education, jobs, housing and other aspects of American life.

With two lead song writers, the band works as a unit to mold assorted perspectives that come together to create something rarely heard but always hot. Influenced by Frank Zappa, they make their own salsa by mixing funk, rock and reggae, to create different

combinations of music. The result: a New Orleans-meets-Mexico flavor on the menu.

Summer will begin to burn with the sounds and skits of Libros en Fuego in the Monterey area. Sample some of their music at www.librosenfuego.com and look for them on www.myspace.com/librosenfuego.com. Sunday, May 17, catch them live, old-school style on the radio from KPEG, from 10 a.m. till 12 p.m. They will present their new Americana performance at Don Quixote's in Felton, off Hwy 9, on Friday, May 22. Look for them at Monterey Live on Alvarado Street June 20. The performances promise a recipe of new acts and nuanced music as the summer simmers on.

Rocking to the Vote

Lauren Owens, Staff Reporter
LAUREN_OWENS@CSUMB.EDU

Rhythmic hearts, pounding feet, life lyrics and eager hands will rock you. But only if you vote for them. Beginning February, Residential Hall Association (RHA) created a program, Battle of the Bands, which does more than make music, It also gets students involved, as they decide who wins the grand prize of \$300 plus recording-studio time.

Originating from a casual conversation in fall 2008 between CSU Monterey Bay roommates, Keosha Griffiths and Megan Kauffman, Human Communications sophomores, the program was proposed in the spring to RHA as a way to promote more student involvement. Plus an opportunity for locals to hear local bands, predominately, CSUMB student bands. "We were talking about the idea of the program," said Griffiths,



"and thought it would be cool to have a battle of the bands. We pitched it to RHA, and everyone loved the idea. So we ran with it."

Once RHA agreed to proceed with the program, the first four bands went into battle on Feb 26 at the Black Box Cabaret (BBC). The first show focused on rock n' roll bands. Participating

bands contacted RHA President Clint Cornfield and confirmed what genre of music the bands were, what song would be played, their titles, and "My role was like a stage manager," said Cornfield, "to make sure the show ran smoothly and had no snaffos." From the initial input, Cornfield told the bands the layout of the event including

time, expectations and the overall run through of the event.

The three shows following the opening act featured acoustic bands on March 26 and then metallic on April 30. A finale is scheduled on May 6, when the winners from each show will battle for the grand prize. The winners from the past two shows are Mapless for the rock n' roll show, and James Meder for the acoustic night.

In addition to a performance and a voice in the competition, RHA awards audience members with prizes throughout the night, such as gift cards from Target and other local stores. "For the first show," said Griffiths, "we had a good, decent crowd. The bands do own their promoting to crowds and participants in addition to the flyers posted around campus. With the second, it was more quiet and not a really big turnout, but overall, a good turnout for both."

Each audience member is given two tickets; one is to

participate in the raffle. The other ticket is to be placed in the box for the band they believe to be the best of the night. Once all tickets have been placed into a box, they are counted, and the winner is announced to the crowd. The winner of each battle goes on to the finale.

"The event is a lot of fun for everyone, has no specific genre of music, and is a great way to support local bands," said Griffiths. Each band wants to rock out but has the higher goal of pleasing the crowd to earn time in the studio. In order to win, they simply have to rock the vote.

OR

ATHLETE OF THE ISSUE:



Randy Rigali, Staff Reporter
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CARRIE LAPONZA:

POSITION: MIDFIELDER

HEIGHT: 5-5

CLASS: SOPHOMORE

HOMETOWN: LOS ANGELES, CA

The road to recovery from an injury can be a long, lonely process. Yet for sophomore Math major Carrie LaPonza, a forward on the women's soccer team, it was anything but long and lonely. Last October, LaPonza broke her fibula at the ball joint of her ankle during a conference game against California State University Los Angeles. Her injury came when an opposing team's defender slid in on a dirty tackle, missing the ball and cleating through LaPonza's shin guard, breaking her fibula. "I screamed very loud with excruciating pain," said LaPonza, "but was able to walk off the field." At that point, the fibula bone was visible but did not rupture the skin.

At the time, trainers thought the break was only a sprain and allowed LaPonza to continue playing for the next three weeks. Yet the pain never subsided. LaPonza decided to get further medical advice, at which point an MRI revealed she had broken her fibula. The recovery went faster than expected, leaving LaPonza in a cast for just seven weeks, followed by one month of rehabilitation. With "getting back in the game" on her mind, LaPonza said, "I continue certain rehabilitation exercises till this day to strengthen my core."

Through her rehabilitation process, LaPonza has already made her way back onto the field by participating in this spring's practices and scrimmages to prepare her for the upcoming season.

LaPonza has been playing soccer for 13 years. One of her most memorable

goals was against Academy of the Arts. She turned one defender with the ball, dribbled through three more players on the defensive backline, and shot it upper "v," right past the keeper.

LaPonza's return will coincide with the start of new Head Coach Artie Cairel, who is stepping in with a mentality of "focus" and hopes of winning this season. The strength of the women's program this spring has been developed through hard work and commitment to working out on their off days. "My goal for next season," said LaPonza, "is to win more games and play as a unit."

LaPonza's rapid recovery brings hopes of a winning season and offers inspiration to the rest of the women on her team. LaPonza can be seen on the field this fall, wearing Number 11.

Otters At Play

CALIFORNIA STATE UNIVERSITY Monterey Bay

Men's Baseball

4/24 @ CSU Dominguez Hills
4/25 @ CSU Dominguez Hills (DH)
4/26 @ CSU Dominguez Hills
5/1 vs. Chico State
5/2 vs. Chico State (DH)
5/3 vs. Chico State

Women's Golf

5/3-5 NCAA West Regionals

Sailing

4/25-26 Womens PCCSC Championship
@ Stanford, CA

Women's Softball

4/24 vs. UC San Diego (DH)
4/25 vs. UC San Diego (DH)
4/30-5/2 2009 CCAA Softball
Championships

Women's Water Polo

4/23-26 WWPA Championships
@ Santa Clara

Men's Golf

5/4-6 NCAA West Regionals
@ Lincoln, NE

Women's Volleyball

5/2 vs. San Jose State (Scrimmage)

**DH denotes Double Header

Get Involved!



Sports

SPORTS

On Your Mark... Get Set... Go

Caitlyn Johnson, Managing Editor
CAITLYN_JOHNSON@CSUMB.EDU

The day starts with a bus ride in the dark at 3:45 a.m. The sun is no where in sight, the trees are blowing in the wind, and the air is silent. Only the pitter patter of runner's feet can be heard. They come from all over the world, some from countries like Canada or Mexico; others are from Michigan or Illinois. Some even come from CSU Monterey Bay (CSUMB). Wherever they start, they all come for one reason; to finish the world-famous Big Sur International Marathon on the last Sunday in April.

Participants can partake of many different activities on April 26. The most popular event is the full marathon, which is 26.2 miles long, starting from a slight white hash mark on the Highway near Pfeiffer State Park, Big Sur and ending at "Marathon Flats" near the Crossroads Shopping Center in Carmel. Second favorite is likely the marathon relay, where a team of five runners divides the distance. The 21-miler, which begins five miles north of the start line near Andrew Molera Park, attracts power walkers, and runners looking to shorten the course. The event also offers a 10.6 miler, a 9 miler and a 5K or 3.2-mile run. The JUST RUN kids race, designed as a family event, is the only race still open to the public and takes place the day before the marathon.

This year, CSUMB junior Fabian Rangel, a World Languages and Culture major, will run the marathon for the second time. His return race earns him an "I survived Hurricane Hill" cap. To Rangel, Hurricane Hill is no problem. Said to be one of the most difficult parts of the marathon course, it begins around mile 10 and, at first, seems like a mild incline. In reality, the grade is a 1.8-mile vertical climb, and every time the runner thinks they see the summit, they arrive to find the climb continues. Six times. It is, said many who have scaled it, a defining stretch in the race.

During the marathon, runners sometimes are too focused to notice the scenery, their eyes trained on the

road ahead or their thoughts lost in the "zone." Walkers are able to take it all in, "What is so wonderful about walking the event," said Laura Tantillo, a walker and a junior Social and Behavioral Science major, "Are the nuances that are lost in a car or even by running, the sounds of the cows mooing in the large field by the lighthouse, the stillness of nature juxtaposed by the crashing waves, the fields of wild flowers in full bloom."

Regardless of event or experience, come race day, all runners, walkers, families, and friends will have one goal in mind, which is to reach across the finish line and grab a well-deserved marathon medal.

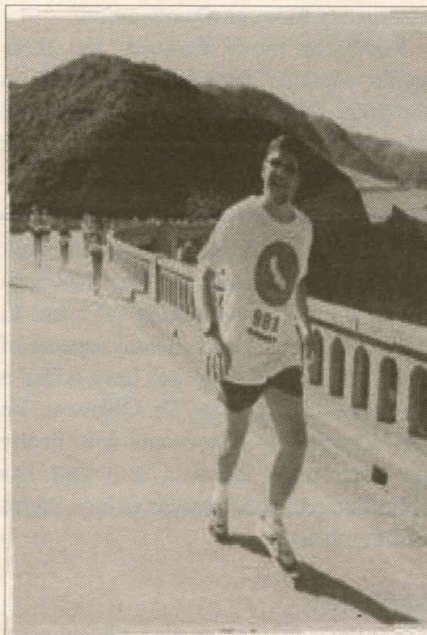


PHOTO PROVIDED BY REX RICKS



PHOTO PROVIDED BY FABIAN RANGEL



PHOTO BY MARIANNA MANGOLD

OR

Otter Athletes Make Waves In and Out of the Water

Alisha Thomas, Staff Reporter
ALISHA_THOMAS@CSUMB.EDU

Millions of National Collegiate Athletic Association (NCAA) student athletes go pro in something other than athletics. For three CSU Monterey Bay athletes, early-morning workouts, eating on the go, road trip playlists and a watery domain come to a close as they begin to uncover a new chapter of their lives. Preparing to dive into life with a new outlook, Kinesiology majors Mandy Enriquez, Cookie Cuzynski and Kellie Koorndyk's aquatic ways of living began to drift to a close on Saturday April 11. In the final home game of the year, UC Santa Cruz delivered a heartbreaking upset to the Lady Otters with an 8-7 defeat.

"Don't measure yourself by what you have accomplished, but by what you should accomplish with your ability," is a quote by sports legend John Wooden, that immerses itself into the daily lives of these three. Despite outstanding accomplishments in the water Enriquez, Cuzynski and Koorndyk are focusing their



PHOTOS PROVIDED

abilities elsewhere. Enriquez is taking her discipline from the past 9 years and plans on using it toward getting her Master's degree and becoming a coach. Playing since she was a freshman in high school, Koorndyk is going on to get her teaching credential in special education, and then continue on to achieve her Master's

degree. Going down a different lane, Cuzynski is looking toward becoming an emergency room or trauma nurse.

Ready to move forward, the three senior captains have left their mark on the 2009 CSUMB water polo team and hope to have set a strong foundation for those coming in next season.

"Keep your head up," said Koorndyk, as she leaves her final words to the incoming freshmen. "It's hard work, and it can break you down, but you have got to just keep pushing through it. If you've gone into every game and given 100 percent, then you have got to be satisfied with that and know that you did all you could to help the team. It's a long season, but enjoy every second of it."

The Otters compete in the Women's Water Polo Association (WWPA) championships on April 23-26 at Santa Clara University. Many of the younger players on the team have next season to look forward to, but for Enriquez, Cuzynski and Koorndyk, April 23-26 is their final dip into the collegiate athlete arena.

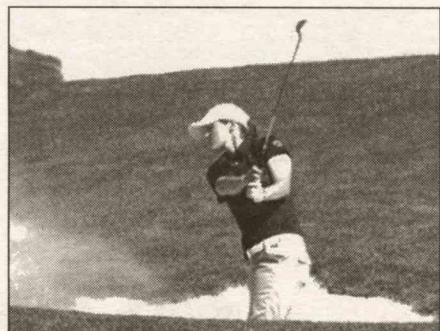
"It's hard and will be hard when I put my cap on and play my final game," said Cuzynski. "However, it's been four great years; highs and lows, yes, but great years that have taught me a lot, and I didn't quit. It's a chapter in my life drawing to a close, but it will be a chapter I will look back on, reflect upon and smile about often."

Solid Coaching Staff Lands Otters on the Green

Elizabeth Breault, Staff Reporter
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Women's Golf

The women's golf team has put CSU Monterey Bay (CSUMB) on the map, breaking in at Number 9 in the Golfstat/NCAA Division II. This makes them the first team at CSUMB to rank within the top 10 on a national level. "The team did great. When I first came on the team we were not even ranked within the top 40. Thanks to the effective coaching of Teri Greene,



the team has come a long way, improving to Number 9 in the nation," said Lauren Grounds, Student Assistant Coach.

The standout tournament of the season was played in Arizona at the Grand Canyon Invitational, where the girls placed first with a 16-stroke win. Grounds agreed that the team played the best by far in Arizona. The team shot 300, setting another record for the best team score.

Darcy Lake, a sophomore and standout player, has placed first within the team for the last two tournaments. "Lake's positive attitude and dedication will take her far on the team," said Grounds.

This year, the team added two new Australian members, Belinda Diamond and Leticia Halas, who, said Grounds, "have both shot solid scores." The team

also credits Coach Teri Greene with their success, and Grounds said he "has been doing a great job coaching the team in both the physical and mental aspects of golf." This year, they also have added a new team chiropractor, Dr. Olikawa. He has designed golf workouts specifically for each team member, and that has contributed to their success as individuals and as a team.

Men's Golf

The men's golf team also played very well this season, and adjusted to new Head Coach Jason Owen. He came from Phoenix, Az. and took over as coach August 27, 2008. Owen said he didn't have expectations this season because, "I inherited this team from a previous coach, and I knew they played pretty solid last year, but I'd never seen these guys, never knew anything about them."

The team, which practices at Bayonet Black Horse, is ranked in the top 25 in the nation, and have been selected to go to regionals. "We're gonna have a good chance at regionals to go to nationals," said Owen.

The Coach was extremely happy with the team's performance at the home event, the Otter Invitational, played



March 16-17. The team did very well, placing 3rd overall. "My senior, Ricky Stockton, got second in that tournament," said Owen. "Long story short with Ricky, he played okay in fall, but he was used to his old coach, and really never pushed himself to do any better. We sat down this spring, Ricky his parents, and I put together a plan for him to start playing better. It's worked out well. Hands down he's made the largest improvement of any of the guys since I got here."

Owen also said that the team has been working all year on becoming more self-sufficient, telling the players, "The team will take care of itself if you play well as an individual." He said he has put the pressure back on the players, to make sure they're prepared as individuals.

SPORTS

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Otterations: Student Submissions of Creative Works

Submit a poem, picture or song lyrics to
Otter_Realm@CSUMB.edu

The Sun Soakers

by Kristin Leal

Waves break, draining into the sand
As blue aligns along the shoreline
A sinful taste covers my lips
On an old blanket
Patched with butterflies

Next to yellow male eary
The air smells of sage
Fallen trees clock
Under stretching fingers
Discovering, as hands wander
Time becomes infinite

Absorbing the fire
My skin shivers
To the crest of my toes
Rays reach
Down my thigh
Where her tongue rolls, wet

In the sport of summer
Dizzy—
Giving an illustrious glance
Desire is ablaze
With the aroma of lupins
I absorb every breath

Under her bright heat
Delight comes with pleasure
To where we stumble
Charming me, to follow
Alongside the vertex
Where our bodies unite

She quivers and quakes
With a collision of emotion
Cleverness in her eyes
Almost whimsical—
In a galaxy of unbound sound
Moments are sublime

OR

Surroundings: Ice Plant



Karen S. Eggemann, Staff Reporter
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On 179 Corregidor Road. That's where I lived, in a light blue duplex, with crabgrass for a lawn, and succulent ice plant tracing every corner of the property.

Ice plant: It stained each of my shoes—with memories. I believed its watery insides made the best slippery slide for my sisters and Ime and that if we pressed our feet deeply enough into succulents, we'd become better skaters, dancers and scavenger hunters.

It really does seem like yesterday that I lived there, on the former Fort Ord property, a place I called home for five years of my life. Six, if I count the year I lived on Antietam Court after CSU Monterey Bay (CSUMB) moved in. My time on any land — once home to the 7th Infantry Division my father so proudly served — is treasured.

I can see it all, clear as it was then.

I can see little purple-and-orange pansies growing under the window near the steps by the slider. The metal flap covering the narrow rectangular block where the mail shot through the blue front door. I can even hear one of my sisters say, "Mommy; mailman's here."

I can see myself graduating, nearby, in 2010.

On 179 Corregidor Road. Who knew it was so close to where I would one-day walk so proudly as a graduate of journalism. It's where my "Imagine Nation" really took off. I felt like young Susan Walker in "Miracle on 34th Street" when I lived there.

I miss the man who started it all; my father, who brought me here to the Peninsula, where I began to fulfill my dream of becoming a college graduate. I especially miss him today, on our birthday—the first since his death last December.

Oh, but if he could see me now, driving back and forth from Bakersfield to Seaside, working with instructors who seem to understand what this education, this degree means to me. Dad did.

If my father were alive today, on my 40 birthday, and what would have been his 69, I'd tell him this:

"Dad, I never dreamt in a million years that there would be a school like CSUMB for me to call my own. I know it's taking me a long time to get through my classes, and it seems like I'll never graduate, but I will. I promised myself, and you. And I can see it, now. You always could.

"The old house on 179 Corregidor Road is now gone, Dad. But look what has sprung up in its place. Isn't it awesome how the campus has grown. My new home, my school, my future. You would have been so proud."

Spring Into A Beach Body



Jayna Patel, Staff Reporter
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It's that time of year again; the sun is shining, and those comfy winter fashions are melting away to short shorts and skimpy halters or board shorts and a tee. For some of us who did not stick to our fabulous New Year's weight-loss goals, this is a dreaded reminder that bathing suit season is just around the corner. Not to worry. With a few little changes in your diet and exercise program, my fitness and nutrition tips will take you from flab to fab in no time.

Nutrition is a very important part of weight loss. The saying, "You are what you eat," could not be any more correct, unless you are one of those lucky ones who can eat whatever you like without gaining an ounce. Even then, nutrition is important for good health.

Regardless of metabolism, healthy eaters stay away from processed foods, such as chips, soda and sugary snacks; swapping them, instead, for healthier choices such as fruits, nuts, whole grains and vegetables. Fruits and vegetables are water based and will keep your appetite more satisfied than will the processed foods.

Also, replacing the meat in your diet with soy products or tofu is a great alternative to fatty calories that can cause heart disease. Trust me; you will not notice much difference, but will feel energized and refreshed instead of feeling fat and sleepy. I admit I'm biased by my own positive results, so try it and judge for yourself.

Getting fit is not just about losing weight. You also need to get your body moving. I know it's a drag to go to the gym and make an effort to go work out, especially when the couch and TV are calling your name. But think about it; those perfect-bodied people who attract you on television do not get those bodies by magic. It takes work. Okay and maybe a good camera angle. But you get my point.

A few simple daily exercises can help sculpt your body. Create your own workout regime, customized to your needs and expectations. Get on the treadmill or do some arm circles and sit ups while watching your favorite TV show. If you're feeling spontaneous, go out for a night on the town, and dance those calories away. But go easy on the drinks unless you want to wake up with a beer belly the next morning. Picture exercise as a fun hobby instead of a dreaded task; it will change your attitude towards exercise.

So for all you couch potatoes and people who don't like to sweat but want to look good this season, these tips are for you. You won't lose weight overnight, but you'll wake up feeling better. Once you have adopted these healthy little changes, I trust you will see a difference, not only physically but mentally and emotionally as well.

Example of Stewardship



Kevin Clark, Staff Reporter
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Thinking of college as a young man, my mind always wandered among grand old buildings with white columns, brick architecture and ivy plants covering stone walls, oozing the history of those schools all the way back to the very start of college days. Today, I attend a school that doesn't have a single column or ivy plant. But, instead, it has a history rich in both violence and vision.

CSU Monterey Bay (CSUMB) history is familiar to students who attend. Looking beyond the past and into the future, I am stoked at the progress this history-enriched land has achieved.

This property was first transformed into a primary fort for training men and women for battle. They were taught to protect the United States soil, no matter what the stake. The training ranged from how to kill and not be killed, as well as how to speak and understand numerous languages. It is a job many are not built for, and I have learned to appreciate those who decide to serve. The old fort was closed down, and the CSU system later bought the land for university development.

The transformation this land has taken fascinates me. I see property that once taught people to kill and defend, now property that teaches students to be better civilians and care for the United States through a different service.

I also am intrigued by the transformation of a campus. The reuse of older buildings or construction of new ones deemed necessary, lends our campus a kind of history that offers a remembrance of the past. The school has been wise about what buildings to keep and which ones to remove. I do my best on this earth by way of recycling, reusing and with a mind for sustainable consumption. I appreciate CSUMB, and leading by example in reusing. I know we do not have the most beautiful campus, according to most standards, but I think what this campus is and stands for is quite beautiful. CSUMB leads with a powerful example.

We may not have the fancy columns, but we do have really old buildings. We may not have ivy plants, but we've got ice plant. And we may not have stately stone, but we are definitely grounded. We have been great stewards of the land, reusing what we can and building the necessary structures. If a college campus cannot lead by example, then there is no hope. We are stewards. We have an audacity of hope.

OPINION

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om·buds [äm·bu·dz]

1. One who investigates reported complaints (as from students or consumers), reports findings and helps to achieve equitable settlements.

April Greetings Otters,

Now that we are nearing the end of the semester, many students can come close to counting to the days of summer, the end of one year before another, or even the end of their time at CSU Monterey Bay.

With this publication's release on the 23rd of April, I checked into the significance of the day. What I found was information on a man most students have heard about but may not know too much about. The famous person of whom thou is ponderous? William Shakespeare. Many know him as a literary giant, composer of classics such as Romeo & Juliet, Hamlet, Taming of the Shrew, Much Ado About Nothing and Midsummer Night's Dream, just to name a few. The closest connection between Shakespeare and today is that he was born on April 23, 1564.

So today, in celebration of the Bard's birth, take a moment either to read a play of his or look up a classic saying that came from him, a double entendre that can be perceived one way yet is actually intended to mean something quite the contrary. An example is from Romeo & Juliet with the words of "She speaks yet she says nothing."

Please remember that all opinions, whether complimentary or constructive criticism, are always accepted and appreciated by the Otter Realm staff. I look forward to hearing from thee. Enjoy what's left of April and pace yourself throughout the final weeks of the semester until summer vacation is here. I'll write to you again in two weeks, when assessment is upon us. Don't forget to check out the back page for the Post Secrets and perspectives from persons on campus.

Sincerely,
 Lauren Owens

P.S. For the seniors out there, early congratulations, and good luck on your hard-won capstones and commencement.

EDITORIAL POLICY

The Otter Realm is a bi-weekly student publication produced by the Otter Realm club and HCOM 389. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty, staff or college policy.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages. The Editorial Board reserves the right to edit for libel, space or clarity.

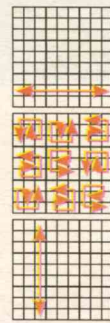
OTTER OOPS

Emily Reed, Global Studies Sophomore was not named in the POC last issue, Amanda Lyons was named mistakenly twice

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www.otterrealm.net

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SUDOKU
 su·do·ku [sōō-dō'kōō]



Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.



Sexual Healing

A Recipe for Sex on the Beach...
 And Not the Drink

Berenice Rosillo, Staff Reporter
 BERENICE_ROSILLO@CSUMB.EDU

Sex on the Beach can be more than just a popular drink. With spring upon us and summer only a few months away, more and more people have begun to go to the beach. Who doesn't like to have a barbeque, play beach football, sunbathe, or take a walk on the beach? With such warm weather and clear skies both day and night in the Monterey Bay area, who can ignore the call of waves crashing on the shore?

Thanks to Hollywood and movies such as "From Here to Eternity," you may think sex on the beach is the most exciting and romantic encounter you can have. Although this may be true for some, be forewarned it doesn't go down exactly the way movies make it seem. Residing in the Monterey Bay area, we have easy access to experiment firsthand. So here are five simple rules to help your experience meet all your expectations.

1. Make sure the location you choose to "get it on" is secluded. Underneath the pier is a great place for a tryst; the chance of getting caught by beach patrol or noisy kids can be an aphrodisiac or a distraction. Yet, there is no bigger mood killer than the sound of an elderly woman screaming as she walks by and sees you two rocking in ecstasy.

2. Take a blanket or beach towel. You will be surprised how much sand you can get in the places where the sun doesn't shine. Sand can ruin the mood, the moment and the motion, and it can irritate the skin. A sleeping bag can work just as well as a beach towel.

3. Wear sunscreen. A mere five minutes of bare skin in the sun can give you serious sunburn, and there is nothing like raking your fingernails across a freshly sunburned back.

4. Check the forecast. Even though the weather is getting warmer, some nights on the Monterey coastline can be windy and cold, and some days can be just as breezy. It can be very hard to enjoy the moment if sand is blown into your eyes, or you accidentally roll onto the freezing sand.

5. Stay out of the water. Although it may seem exciting to have sex on the shore with the waves crashing upon your bodies, the water in the Monterey Bay is cold. Which may make it hard to keep things going and your fellow may not be able to keep up his interest. Plus, you never truly know how big the next wave may be.

Just remember: be safe, and clean up after yourselves. Nobody wants to reminisce about your adventure as they stroll bare footed on the beach.

OR

Person on Campus

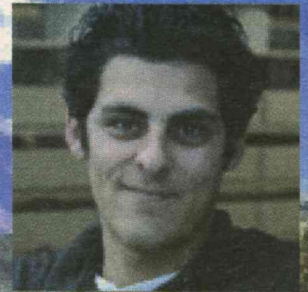
Do you have Spring fever? If so, how do you cope with it?



"Yes, I have Spring fever and I don't count down the days."
-Michelle Kennison, Junior, HCOM



"My goal is to be a teacher so I don't want to skip my classes."
-Beatriz Avalos, Sophomore, LS



"Oh hell yea. I just go home and have a brew."
-David Franco, Senior, ESTP



"No, I like it in here (Library) it's cooler."
-Nathan Madolina, Junior, BUS



"Yea, but I have senioritis. Sleeping in and surfing"
-Stacy Ervin, Senior, HCOM

OR Post Secret

Log in to orpostsecret@yahoo.com

Password: hotterotter

Send your secrets to the same account

I wish I sucked at disc golf so my brother would pay attention to my throws. The help felt like love.

I think about suicide every day. My friends and family have no idea.

I only feel alive when i smoke pot

Me and my bf have been dating for a few weeks and are trying for a baby!

I know i sound stupid, but i've never understood anything until i got high

Tidal Forecast Apr. 23 - Apr. 30

Thu, Apr 23	Tide Set One 10:19 AM 4.23 ft 04:06 AM 0.26 ft Tide Set Two 09:52 PM 5.77 ft 03:40 PM 1.64 ft
Fri, Apr 24	Tide Set One 11:11 AM 4.17 ft 04:48 AM -0.3 ft Tide Set Two 10:23 PM 6.07 ft 04:12 PM 1.94 ft
Sat, Apr 25	Tide Set One 12:05 PM 4.07 ft 05:32 AM -0.75 ft Tide Set Two 10:58 PM 6.27 ft 04:47 PM 2.26 ft
Sun, Apr 26	Tide Set One 01:04 PM 3.94 ft 06:19 AM -1.05 ft Tide Set Two 11:38 PM 6.37 ft 05:24 PM 2.56 ft
Mon, Apr 27	Tide Set One 02:08 PM 3.81 ft 07:10 AM -1.15 ft Tide Set Two 06:07 PM 2.85 ft
Tue, Apr 28	Tide Set One 12:23 AM 6.27 ft 08:06 AM -1.12 ft Tide Set Two 03:20 PM 3.77 ft 07:00 PM 3.08 ft
Wed, Apr 29	Tide Set One 01:14 AM 6.04 ft 09:07 AM -0.98 ft Tide Set Two 04:33 PM 3.84 ft 08:11 PM 3.25 ft
Thu, Apr 30	Tide Set One 02:16 AM 5.68 ft 10:10 AM -0.75 ft Tide Set Two 05:39 PM 4.07 ft 09:46 PM 3.25 ft

<http://myforecast.com>