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Maine Writers Correspondence

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November 2015

# Ruth and Paul Sadlier Correspondence

Ruth Sadlier 1950-

Paul Sadlier 1942-

Maine State Library

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### Recommended Citation

Sadlier, Ruth 1950-; Sadlier, Paul 1942-; and Maine State Library, "Ruth and Paul Sadlier Correspondence" (2015). *Maine Writers Correspondence*. 485.

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SADLER

Place of birth: Ruth - Boston, Mass  
~~Paul~~ Boston, Mass

Date of birth: Ruth 9/4/50 X Paul 9/1/42

Home address: Heath Rd, Sanbornville, N.H. (we live on the Salmon Falls  
River, which forms the Maine  
N.H. border)

Publications:

} see enclosed sheet

Biographical information



Background material about Paul & Ruth Sadlier and their book:

SHORT WALKS ALONG THE MAINE COAST

- A Paul received a B.A. degree in Sociology from Bates College and an M.Ed. degree in Recreation from Springfield College.
- U Ruth received a B.A. degree in Psychology and an M.Ed degree in Reading from the University of New Hampshire.
- T Both teach in the Sanford, Maine School System; Paul as the Guidance Counselor for the Sanford Regional Vocational Technical Center and
- H Ruth as the ~~Title I Reading Specialist~~ at the Sanford Middle School.  
*a 5th grade classroom teacher*
- O Both have enjoyed outdoor activities since childhood and still spend as much time as possible close to nature. They jog, canoe, hike, camp, snowshoe, animal watch, and play tennis.
- R
- S Ruth & Paul are members of the Maine Audubon Society. They live on the Maine/N.H. border in Sanbornville, N.H. 03872

SHORT WALKS ALONG THE MAINE COAST is their 4th illustrated hiking guide.

Their earlier ones are:

FIFTY HIKES IN VERMONT (1974) - New Hampshire Pub. Co

FIFTY HIKES IN MASS. (1975) - - " " " "

SHORT WALKS ON CAPE COD & THE VINEYARD (1976) - The Pequot Press

Short Walks Along the Maine Coast:

- T The thirty-three walks follow established trails; none cross private land.
- H
- E The authors give explicit directions for getting to the start of each walk, thereby eliminating the frustration of not being able to get there.
- B The walks extend along Maine's entire coast, from Ogunquit to Quoddy. Each walk has a clear map and striking photograph.
- O The authors include local history whenever possible and include many descriptions of birds, animals, flowers, and trail landmarks, thereby encouraging readers to take time to enjoy their surroundings and look for some of the smaller things along the way.
- O
- K The walks range from .3 to 2.8 miles in length. Almost all can be done by the average family member - one doesn't have to be in top physical condition to enjoy them.
- Ruth takes the pictures and Paul records trailside information on a tape recorder(although both look for possible pictures and interesting trailside things). Both take turns writing and editing and drawing the maps.