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UMass Boston's School Counseling Program at Dever-McCormack School

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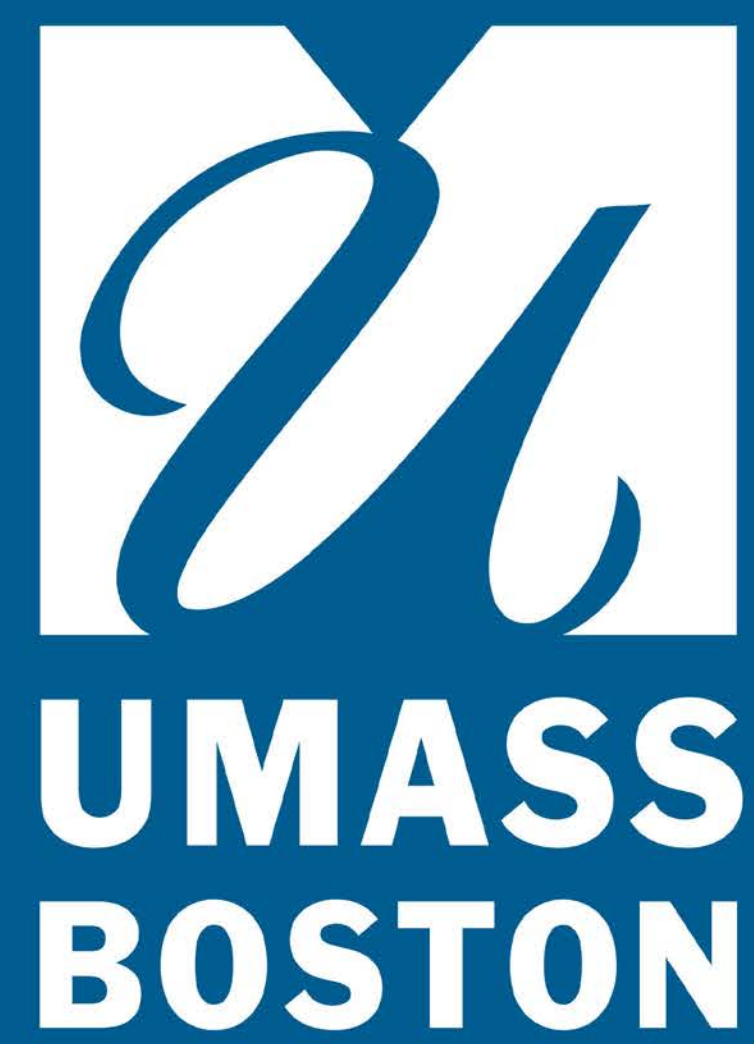
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Summary/Abstract

Given the burgeoning Latino population and the minimal research on **school counseling interventions** with this population, we purport to **implement a culturally sensitive intervention promoting academic success among Latina youth** that includes life skills, academic skills, and Latino dance.



Goals and Objectives

Goal: Promote academic success and well-being among Latina youth through targeted group interventions with students and outreach to parents and including community involvement.

Co-create curriculum through collaboration with DMC partners to best meet the needs of students, parents, and other key stakeholders. Includes:

- life skill development
- reading comprehension skill development
- Latino dance

Results/Impacts

- Pilot study is off to a great start with 10 Latina 5th grade girls participating.
- Parents are actively involved through phone check ins to reinforce academic work and assigned readings.



Approaches and Methods

Students first meet for 30 minutes to engage in discussion focusing on:

- **building self-efficacy, self-confidence, and life skills** (using Hellison's model)
- **making connections to academic success.**

Students engage in 30 minutes of **dance/physical activity** that is:

- consistent with cultural practices
- co-created with group leaders and students in collaboration with UMass Boston's Performing Arts program.

Conclusion/Next Steps

- Apply for grant funding to strengthen and include more participants in upcoming years.
- Pursue summer and after-school programming.



Partnership Information

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References and Resources

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