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PUBH 3130 - Substance Use and Abuse (NET)

Moya L. Alfonso

Georgia Southern University, Jiann-Ping Hsu College of Public Health, malfonso@georgiasouthern.edu

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Georgia Southern University
Jiann-Ping Hsu College of Public Health

PUBH 3130- Substance Use and Abuse (NET)
Fall 2017

<u>Instructor:</u>	Moya L. Alfonso, PhD, MSPH
<u>Office:</u>	Hendricks Hall, Room 2014
<u>Phone:</u>	(912) 478-0966
<u>E-Mail Address:</u>	malfonso@georgiasouthern.edu
<u>Office Hours:</u>	Mondays and Wednesdays from 11 am until 2pm and by appointment (no appts. On Fridays)
<u>Class Meets:</u>	Online

Course Catalog available at:
<http://em.georgiasouthern.edu/registrar/resources/catalogs/>
under Jiann-Ping Hsu College of Public Health Programs

Prerequisites: HLTH 1520-Healthful living, sophomore status and above.

FOLIO Access: <https://my.georgiasouthern.edu/portal/portal.php>

Course Description:

This course is required for students majoring in Health and Physical Education and serves as a guided elective for students in the following majors: Health Education and Promotion, Child and Family Development, Exercise Science, Justice Studies, and Recreation. All other majors are welcome.

Catalog Description

This course will explore legal and illegal drug use in modern society. Issues related to the social, cultural, political, economic impact of drug use will be addressed. The recurrent theme throughout the course will be on prevention. This will include discussions on the best ways to postpone the initiation of substance use and abuse among school aged persons as well as the cessation of use and treatment for abuse among adult populations. Substance use and its abuse effects ALL of us and does NOT discriminate on the basis of age, gender, religious affiliation, sexual orientation, race, ethnicity or income.

Required Textbook:

Hanson, G.R., Venturelli, P.J. & Fleckenstein, A. E. (2015). *Drugs and Society (12th edition)*. Jones & Bartlett Publishing: Sudbury, MA. ISBN-13: 9781284036374\

Selected readings on Folio

Student Outcomes

Participation in this course will enable the student to:

1. Compare and contrast different sources of national drug use data
2. Define and correctly use the terms drug, drug abuse, addiction, prevention, intervention, and treatment
3. Explain the historical, cultural and governmental aspects of drug use and abuse in early 20th century
 - a. Compare patterns of drug abuse, changes in consumption of specific substances.
4. Assess the biological, physiological, and psychological effects of alcohol and other drugs on the human body.
5. Explain basic fundamental principles related to the physiology of addiction.
6. Analyze concepts and educational strategies for prevention of drug and alcohol misuse and abuse.
7. Summarize the multiple dimensions of prevention, and factors related to risk and resiliency.
8. Describe the different treatment options available for treating substance abuse.

Class Organization

There are seven modules to complete during the course. Even though this is an online course, it is not a work at your own pace course. Each module will have a start date and an end date. It is important that you review the course schedule and deadlines regularly to complete the course. Each module has a task list for you to complete. Assignment requirements will vary from module to module. Please review the task list for EACH module to make sure you have completed the necessary coursework to proceed to the next module.

Substance Use and Abuse
Course Schedule
Fall 2017

*Please note individual due dates for discussions, assignments and quizzes further in your syllabus

Week Module	Tentative Class Topic	Reading Assignments	Due Dates
Week One 8/14 – 8/18 Module 1	Course Introductions (discussion)- due Wednesday 8/16 by 10:00pm <i>Begin Module 1</i> Introduction to Drugs and Society	Chapter 1	Get a copy of the textbook!
Week Two 8.21 – 8/25 Module 1	Explaining Drug Use and Abuse <i>Module 1 closes Friday 8/25</i>	Chapter 2	M1 due Friday 8/25
Week Three 8/28 – 9/1 Module 2	<i>Begin Module 2</i> Homeostatic Systems and Drugs	Chapter 4	
Week Four 9/4 – 9/8 Module 2	How and Why Drugs Work <i>Module 2 closes Friday 9/8</i>	Chapter 5	M2 due Friday 9/8
Week Five 9/11 – 9/15 Module 3	<i>Begin Module 3</i> Major Drugs of Abuse Part 1	Chapter 6 and 9	
Week Six 9/18 – 9/22 Module 3	Major Drugs of Abuse Part 1	Chapter 10, 12, 14 (selected reading)	
Week Seven 9/25 – 9/29 Module 3	Major Drugs of Abuse Part 1 <i>Module 3 Closes Friday 9/29</i> <i>Begin Module 4</i> Begin Major Drugs of Abuse Part 2	Chapter 13 Chapter 7 and 8 (selected reading)	M3 due Friday 9/29

Week Eight 10/2 – 10/6 Module 4	Major Drugs of Abuse Part 2	Chapter 11	Midterm Exam due 10/6
Week Nine 10/9 – 10/13 Module 4	Major Drugs of Abuse Part 2 <i>Module 4 closes Friday 10/13</i>	Chapter 15	M4 due Friday 10/13
Week Ten 10/16 – 10/20	<i>Begin Module 5</i> Risk and Protective Factors of Drug Abuse	Chapter 16	
Week Eleven 10/23-10/27 Module 5	Risk and Protective Factors of Drug Abuse <i>Module 5 closes Friday 10/27</i>	Readings on Folio	M5 due Friday 10/27
Week Twelve 10/30 – 11/3 Module 5	<i>Begin Module 6</i> Drug Control Policy, Regulation, and the Law	Chapter 3	
Week Thirteen 11/6 – 11/10 Module 6	Drug Control Policy, Regulation and the Law <i>Module 6 closes Friday 11/10</i>	Readings on Folio	M6 due Friday 11/10
Week Fourteen 11/20-11/24	<i>Thanksgiving Break</i>		
Week Fifteen 11/27-12/1 Module 7	<i>Begin Module 7</i> Prevention, Treatment and Education Module 7 closes Friday 12/4	Chapters 17 and 18	M7 due Friday 12/4
Week Sixteen 12/4 – 12/8	Final Examination		12/6

Student Performance Evaluation

Online Discussions: 80 points

The Instructor will post questions, readings, or videos to drive discussion among students. There will be 6 discussion assignments throughout the semester. Students are expected to post substantive responses to these discussion prompts for a grade. Students are expected to post an initial response (**see individual due dates for initial posts**). Students must also submit a reply post to at least one classmate by the module due date at 10:00pm. Failure to complete the discussion post by the due date will result in a zero. Please reference the rubric for each post to review how your initial post and response will be graded.

Discussions	Points	Due Date
Introduction Post	5	Wednesday 8/16 by 10:00pm
M1 Initial Post Reply Post	10 5	Wednesday 8/23 by 10:00pm Friday 8/25 by 10:00pm
M4 Initial Post Reply Post	10 5	Wednesday 10/11 by 10:00pm Friday 10/13 by 10:00pm
M5 Initial Post Reply Post	10 5	Wednesday 10/25 by 10:00pm Friday 10/27 by 10:00pm
M6 Initial Post Reply Post	10 5	Wednesday 11/8 by 10:00pm Friday 11/10 by 10:00pm
M7 Initial Post Reply Post	10 5	Wednesday 11/29 by 10:00pm Friday 12/1 by 10:00pm

Online Assignments: 80 points

You will have 4 online assignments throughout the semester. Please reference the syllabus for individual module due dates. Assignments will be graded out of 20 points and failure to complete the assignments by the due date will result in a zero.

Assignments	Points	Due Date
M2 Assignment	20	Friday 9/8 by 10:00pm
M3 Assignment	20	Friday 9/29 by 10:00pm
M5 Assignment	20	Friday 11/3 by 10:00pm
M6 Assignment	20	Friday 11/10 by 10:00pm

Recovery Meeting Paper: 40 points

Students will attend one substance abuse related activity. Please read each description carefully. There are two options to select from: Option A or Option B. **You only need to select ONE of the two options.** You will have most of the semester to complete the Recovery Meeting Paper. Please do not wait until the end of the semester to complete this assignment! All papers must be submitted on Folio by Friday 11/3 at 10:00pm to receive credit. Late papers will be given a grade of zero.

***Option A:** Attend a Smartrecovery.org meeting online at your convenience. Smart Recovery is a science-based recovery program for a variety of addictions. Most meetings are open to those interested in recovery. Please see the meeting schedule at smartrecovery.org for meeting times. Please be sure to register prior to the meeting start time.

Assignment for Option A: See Folio for description of assignment for Option A.

***Option B:** Attend an Alcoholics Anonymous (AA), Narcotics Anonymous (NA) or Al-Anon meeting. Non-members can only attend OPEN meetings. For AA, open meetings are held on Tuesday's and Saturday's at "The Fork" (almost to the intersection of Highway 80 and Savannah Ave. at 8:00 pm.) However, students have the option of attending an AA meeting in their respective hometown communities. Local meeting days and times are often listed in the phonebook, along with the phone number to call for more information.

Assignment for Option B: See Folio for description of assignment for Option B.

Online Quizzes: 100 points

There will be seven quizzes throughout the semester. Quizzes for each module will close when the corresponding module closes (Fridays at 10:00pm). Please make note of due dates listed on your syllabus. You have only one attempt for each quiz. Quizzes will have a 20 minute time limit.

Quizzes	Points	Due Date
M1 Quiz	20	Friday 8/25 by 10:00pm
M2 Quiz	20	Friday 9/8 by 10:00pm
M3 Quiz	20	Friday 9/29 by 10:00pm
M4 Quiz	20	Friday 10/13 by 10:00pm
M6 Quiz	10	Friday 11/10 by 10:00pm
M7 Quiz	10	Friday 12/1 by 10:00pm

Midterm and Final Examination: 100 points

You will have a Midterm Exam (50 points) during Week 8 in the semester covering material up to that point. You will have a cumulative final examination (50 points) at the end of the semester during finals week.

Optional Extra Credit:

Attendance to a meeting at the **Bulloch Alcohol and Drug Council** located on Fair Road in the brick house across from the recreation department on Bennett St. This meeting is limited to 10 people per

meeting and will be on a sign-up basis. The council meets on the first Thursday of the month at 8:30 AM.. Your contact person at the meeting is Mrs. Joyce Stubbs. Meetings generally last one hour. Please **DO NOT** miss another class in order to attend this meeting. Be professional...be on time. Being early is better than being late. *To sign up for a meeting please email me at malfonso@georgiasouthern.edu by the Tuesday before the meeting date. Please submit a one page paper on what you learned from the meeting to complete your extra credit assignment. Also provide a general description of the meeting and topics discussed.

Course Grading Scale

Online Discussions	80 points
Online Assignments	80 points
Recovery Meeting Paper	40 points
Online Quizzes/Assessments	100 points
Midterm Examination	50 points
<u>Final Examination</u>	<u>50 points</u>
TOTAL	400 points

Point Scale*	Percent	Grade
360-400	90 – 100%	A
320-359	80 – 89%	B
280-319	70 – 79%	C
240-279	60 – 69%	D
Below 240	0 – 59%	F

Student Expectations and Course Policies:

1. You are responsible for all course content and communication (grade feedback, news announcements, and emails) for the course. Please check Folio and your Georgia Southern email address regularly.
2. There will be no make-up exams given. Missed exams will result in a score of “0”. You must notify the professor IN ADVANCE if you have a university excused absence or a make-up test will not be offered.
3. The final exam is mandatory (cumulative) and will be given during finals week. Early final exams will not be given. If this scheduled time is a problem, please consider dropping this course.
4. Late work assignments (discussions, assignments, and quizzes) are not accepted. All assignments will be submitted through Folio with an individual due date and time. **No extensions will be given.**
5. Please consult the STUDENT CONDUCT CODE 2016-2017 for course policy concerning issues related to academic dishonesty. Anyone caught violating any of these regulations will be immediately reported to GSU's Judicial Board, and be assigned a “F” for the course.

6. Last day to withdraw from class without academic penalty is **October 9, 2017**. Students who stop attending class without officially withdrawing from the class will receive a final grade of "F".
7. Samples of your work may or may not be reproduced for research purposes and/or inclusion in the professor's teaching portfolio. You have a right to review anything selected for use, and subsequently ask for its removal.
8. The first week of classes (by Wednesday at 10:00pm) all students must complete an introduction of themselves to be counted as University attendance verification. Failure to complete the instruction post the first week of class will result in the student being automatically dropped.
9. This syllabus, my lectures, and all materials distributed and presented by me during this course are protected by copyright law. You are authorized to take notes in this class but that authorization extends only to making one set of notes for your personal use and no other use. You are not authorized to sell, license, commercially publish, distribute, transmit, display, or record notes from this class unless you have my written consent to do so.
10. If you are receiving services from the Student Disability Resource Center (SDRC), please come and see me, as soon as possible, to schedule an appointment and to present me with an official accommodation letter.
11. When you need to contact me, please do so through the University email account- jcromley@georgiasouthern.edu. I check this account more frequently than Folio mail messages. I will do my best to respond within 48 hours (with the exception of weekends and holidays).
12. Please do not email the last week of classes asking to change your grade. You have the entire semester to earn your grade and extra credit opportunities will not be given the last week of class or finals week.

My Commitment to You:

As a student in my class, you are important to me. I am committed to your continued learning and college experience. You are never an interruption of my work. You are the purpose of it. Students are the most important people at Georgia Southern University. I am honored that you entrust your education to me. I encourage all of you to stop by during my office hours or make an appointment to discuss your progress, review your exams or assignments or discuss your career choices. Furthermore, I believe that the collegiate learning experience must involve collaboration. Students and the professor have reciprocal obligations to each other that must be fulfilled, if the learning process is to be mutually beneficial and successful. Please feel free to visit my office, call, or e-mail me at any time.

Open Door/ Closed Door Office Policy: Most of the time, when I am in my office, my door is open. Please feel free to come in and visit any time when the door is open. When my office door is closed, it means that I am not there or I am working on something and can't be disturbed. Please respect this and don't knock unless it is a dire emergency.

Students with Special Needs or Disabilities: Georgia Southern University recognizes its responsibility for creating an institutional climate in which students with special needs or disabilities can thrive and learn. The Student Disability Resource Center offers various support services and can help you if special accommodations related to your special need or disability is warranted. If you have **any type** of special need or disability for which you require accommodations to promote your learning in this course, please discuss your needs with the instructor immediately. *It is your responsibility to come to the instructor with issues that are potential impedances to your success in this course. Each student's issue(s) will be*

evaluated on a case-by case basis. Students who choose to wait until the issue has persisted for a lengthy time or the end of the semester will deny the instructor with the opportunity to evaluate their needs and/or a potential solution.

Academic Misconduct

As a student registered at this University, it is expected that you will adhere to only the strictest standards of conduct. It is recommended that you review the latest edition of the *Student Conduct Code* book, as well as the latest *Undergraduate & Graduate Catalog* to familiarize yourself with the University's policies in this regard. Your continued enrollment in this course is an implied contract between you and the instructor on this issue; from this point forward, it is assumed that you will conduct yourself appropriately.

Plagiarism:

"According to the Academic Dishonesty Policy of GSU, Plagiarism includes (but is not limited to):

- A. Directly quoting the words of others without using quotation marks or indented format to identify them.
- B. Using published or unpublished sources of information without identifying them.
- C. Paraphrasing material or ideas without identifying the source.
- D. Unacknowledged use of materials prepared by another person or agency engaged in the selling of term papers or other academic material.

If you are accused of plagiarism by a JPHCOPH, the following policy, as per the Judicial Affairs website (<http://students.georgiasouthern.edu/judicial/faculty.htm>) will be enforced:

PROCEDURES FOR ADJUDICATING ACADEMIC DISHONESTY CASES

First Offense - In Violation Plea

1. If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, the professor should contact the Office of Judicial Affairs to determine if this is a first violation of academic dishonesty. The incident will be reported via the following website:

<http://students.georgiasouthern.edu/judicial/faculty.htm>

2. If it is a first violation, the professor should talk with the student about the violation. **If the student accepts responsibility in writing and the professor decides to adjudicate the case, the following procedures will be followed:**

- a. The student will be placed on disciplinary probation for a minimum of one semester by the Office of Judicial Affairs.
- b. The student will be subject to any academic sanctions imposed by the professor (from receiving a 0 on the assignment to receiving a failing grade in the class).
- c. A copy of all the material involved in the case (Academic Dishonesty Report Form and the Request for Instructor to Adjudicate Form) and a brief statement from the professor concerning the facts of the case and the course syllabus should be mailed to the Office of Judicial Affairs for inclusion in the student's discipline record.

First Offense - Not In Violation Plea (student does not admit the violation)

If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, the professor should contact the Office of Judicial Affairs to determine if this is the first or second violation of academic dishonesty. The student will be charged with academic dishonesty and the University Judicial Board or a University Hearing Officer would hear the case. If the student is found responsible, the following penalty will normally be imposed:

- a. The student will be placed on Disciplinary Probation for a minimum of one semester by the Office of Judicial Affairs.
- b. The student will be subject to any academic sanctions imposed by the professor.

Second Violation of Academic Dishonesty

If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, and if it is determined this is the second violation, the student will be charged with academic dishonesty and the University Judicial Board or a University Hearing Officer would hear the case.

If the student is found responsible, the following penalty will normally be imposed:

- a. Suspension for a minimum of one semester or expulsion.
- b. The student will be subject to any academic sanctions imposed by the professor.

NOT RESPONSIBLE FINDING

When a student is found not responsible of academic dishonesty, the work in question (assignment, paper, test, etc.) would be forwarded to the Department Chair. It is the responsibility of the Chair to ensure that the work is evaluated by a faculty member other than the individual who brought the charge and, if necessary, submit a final grade to the Registrar. For the protection of the faculty member and the student, the work in question should not be referred back to the faculty member who charged the student with academic dishonesty.

In the case of a Department Chair bringing charges against a student, an administrator at the Dean's level will ensure that the student's work is evaluated in an appropriate manner.

CONFIDENTIALITY

In accordance with provisions of the Family Educational Rights and Privacy Act of 1974 and the Georgia Open Records Act, any information related to a violation of academic dishonesty or the outcome of a judicial hearing regarding academic dishonesty, is prohibited and must be treated as confidential by members of the faculty."

University Calendar for the Semester

The University Calendar is located with the semester schedule, and can be found at:

<http://em.georgiasouthern.edu/registrar/>

Portfolio Inclusion

Samples of your work may be reproduced for search purposes and/or inclusion in the professor's teaching portfolio. You have the right to review anything selected for use, and subsequently ask for its removal.

Professional Dispositions:

BSPH are expected to graduate the program with competent professional skills. Professional skills and dispositions are also expected while completing the internship experience. As a student in this course, you are expected to exhibit professionalism at all times. The following is a list of skills BSPH majors are expected to demonstrate:

- Written communication skills: Student uses appropriate professional title, grammar, structure, punctuation, spelling, tone, etc.
 - Email and other media communication: Student uses appropriate professional title, grammar, structure, punctuation, tone, etc. To write a professional email, please include the following:
 - a salutation,
 - identify who you are,

- what the contact is in reference to (i.e. PUBH4132), and
- what you would like me to do.

At the bottom of the email, please type out your name.

- Oral and non-verbal communication skills:
 - In interpersonal communication, student uses or maintains appropriate tone, language, attitude, interpersonal space, etc.
 - In public speaking, student uses or displays appropriate volume, speed, enunciation, eye contact, structure, etc.
- Organization: Student keeps track of assignments and materials, is prepared for presentations, etc.
- Initiative: Student can begin tasks and work independently, initiate tasks/projects, etc.
- Reliability: Student is punctual, completes assignments, meets deadlines, and is prepared for class etc.
- Collegiality: Student exhibits appropriate exhibits appropriate, positive, helpful interactions with others
- Collaboration: Student collaborates with others on tasks or projects accepts others' suggestions and criticisms, participates in and provides constructive inputs to discussion and debate, etc.
- Judgment: Student considers options and their implications when making decisions, does not act impulsively, etc.
- Respectful: Student respects confidentiality, treats others with respect, etc.
- Self-Presentation: Student is well groomed, dressed appropriately, well rested, etc.
- Interpersonal interactions: Students will practice civility when interacting with faculty and fellow students; in cases of disagreement or conflict, students will make every effort to resolve such matters in a respectful manner with a goal towards mutual resolution.

****If a student fails to comply with the list of professional skills, the faculty will provide the student a warning for the first offense. If failure to improve behavior or to make progress in the relevant skills, the faculty member will immediately report the student to the University Student Conduct Board for violating the Student Code of Conduct.**

One Final Note

The contents of this syllabus are as complete and accurate as possible. The instructor reserves the right to make any changes necessary to the syllabus and course material. The instructor will announce any such changes in class. It is the responsibility of the student to know what changes have been made in order to successfully complete the requirements of the course.