Growing Old Katharine Armstrong Studer

The days of your life are racing by years turn into days weeks into hours hours into seconds.

You struggle to fight off the hand that whips you knocks you down then leaves its imprint upon your face.

Those glorious mornings you woke up to find
the sky so blue
if only you would have looked deeper
to see the shades of violet-- Instead
you played in the flower garden
nursing the geraniums back to life
What were you thinking
the blue skies could never turn gray?

If only you would have known.

Now the years are winning the battle white swans sleep upon your head and only turtles dance to the tunes that ring in your ears.

The chimes are singing louder than ever now year by year day by day hour.

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