



Ms. Helen Chu

Podiatrist
Hong Kong Podiatrists Association

Ms. Chu is a registered podiatrist in Australia. She received her undergraduate training in Podiatry at the Queensland University of Technology, Australia and has been serving in the public sector in Hong Kong since 2008. With the ageing population in Hong Kong, Ms. Chu has frequent exposure to geriatric patients suffering from foot and lower limb pathologies in her clinical practice. She also developed a special interest in the geriatric field and subsequently completed her Master of Health Science in Gerontology at the University of Sydney, Australia. She is currently the podiatry department in-charge of Tseung Kwan O Hospital, Hong Kong.

Elderly Foot Care

Podiatry is an allied health professional responsible for the diagnosis, treatment and prevention of foot and lower limb diseases. Foot health is an important aspect in maintaining active ageing. This presentation will describe the common elderly foot pathologies, complications, risk factors and the effects of ageing on the feet. The importance of foot health in the geriatric population will be outlined. Moreover, the speaker shall provide an insight on the role of podiatrists in the management of geriatric foot.