#### Georgia Southern University Digital Commons@Georgia Southern

Georgia Association for Positive Behavior Support Conference

#### Using PBIS in Your GNETS Classroom

Meg E. McDuffie Mrs. *The FUTURES Program, GNETS,* mmcduffie@pioneerresa.org

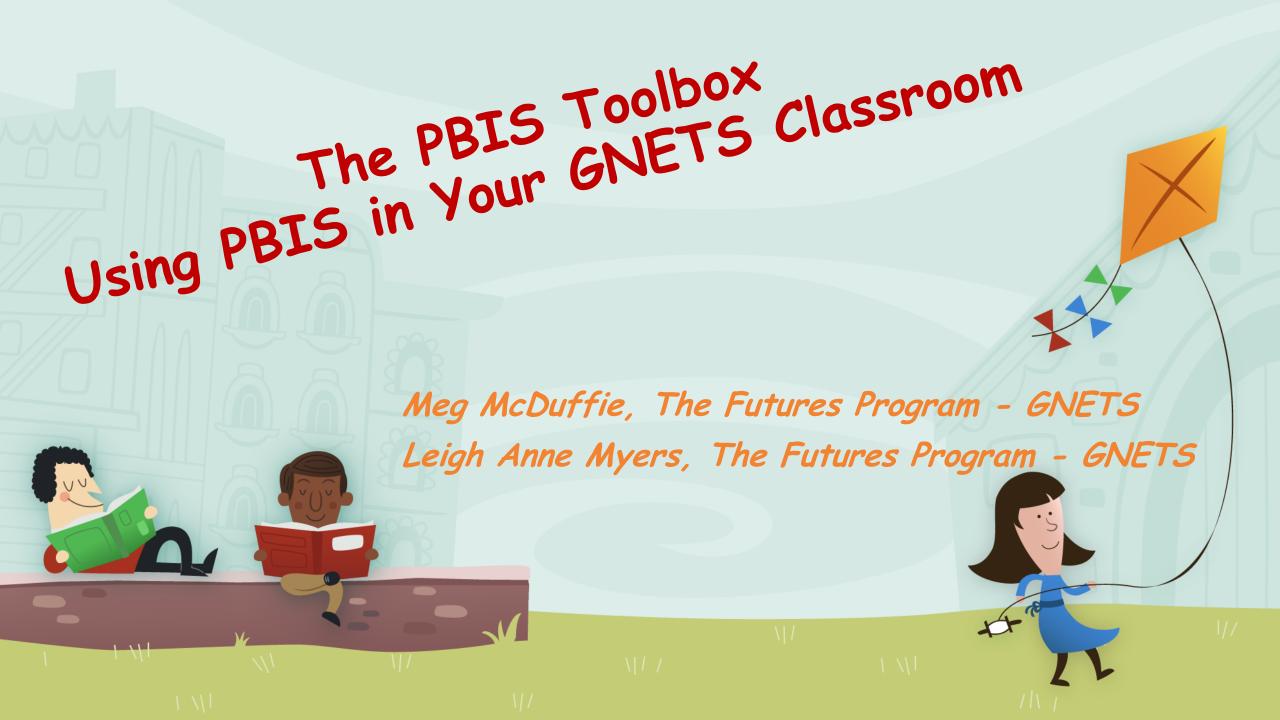
Leigh Ann Myers *The FUTURES Program, GNETS,* lamyers@pioneerresa.org

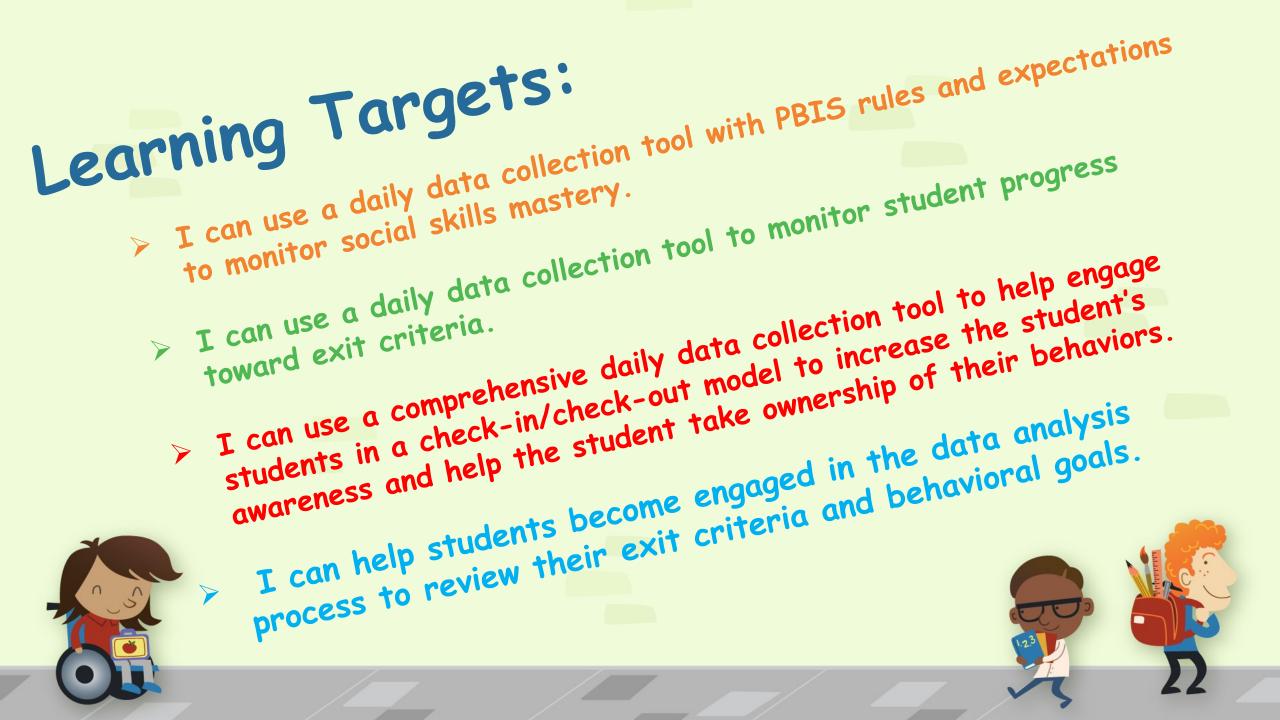
Follow this and additional works at: https://digitalcommons.georgiasouthern.edu/gapbs

#### **Recommended** Citation

McDuffie, Meg E. Mrs. and Myers, Leigh Ann, "Using PBIS in Your GNETS Classroom" (2015). *Georgia Association for Positive Behavior Support Conference*. 22. https://digitalcommons.georgiasouthern.edu/gapbs/2015/2015/22

This presentation is brought to you for free and open access by the Conferences & Events at Digital Commons@Georgia Southern. It has been accepted for inclusion in Georgia Association for Positive Behavior Support Conference by an authorized administrator of Digital Commons@Georgia Southern. For more information, please contact digitalcommons@georgiasouthern.edu.

















					Daily	%				The Futu	res Progra	Im		Ľ,
					Hold	2		Day	#:					
	Sci	hool Be	ehav	iors						Exit Crite	ria (Behav	ior Skil	ls)	
Skills		1 pt =	Som	e Skills	0 pts	= No	Skills							
e Sa	fe	Be Re	espo	nsible	Be R	tesp	ctful							
1	2	0	1	2	0	1	2							
1	2	0	1	2	0	1	2							_
1	2	0	1	2	0	1	2							
1	2	0	1	2	0	1	2	Time	Class	1	2	3	A	
1	2	0	1	2	0	1	2		1					
1	2	0	1	2	0	1	2		2					
1	2	0	1	2	0	1	2		3					
1	2	0	1	2	0	1	2		4					
1	2	0	1	2	0	1	2		5					
1	2		1	2	0	1	2		6					
3alaı		Bank 1	fotal	s			S.		7		· · · · · ·			
	ints:								8					-
10	inca:								9					-
Poi	nts:								10					-

	Social Skills:	
	Social Skills:	
Antecedent Event (A)	Consequence / Outcome @	Reaction (R)
: A. Transition (Movement from one activity to another)	: A. Choice Gruen	: A Behavior Stopped
: 0. Genied Access (Student can't have an activity, fem. etc.)	: B. Redirection	a B. Behavior Continued
: C. Adult instructive/tirective	: C. Discussion of Behavior	: C. Behavior intensified
D. New Task (A task to which the student has never been expressed to)	1 D. Removal from diass	
E. Teacher attention to other	: E. Redirection to task	1
F. Routine Task (A task the student is imposed to regularly such as morning	<ul> <li>F. Planned ignoring (staff withheld attention)</li> </ul>	1
: G. Physical Prompt (soumple hand on shoulder)	1: G. Personal space given	1
: H. Assignment Given	3 H. Changed Activity	1
	: 1. Peer attention given	1
: I. Peer Interaction (negative or positive)		
	a J. Adult attention given	1
: J. Aduit Attention (positive or negative)		1
<ul> <li>I. Peer Interaction (regative or positive)</li> <li>J. Adult Attention (positive or negative)</li> <li>K.</li> <li>L.</li> </ul>	or J. Adult attention given	

#### Page 1 of Point Sheet:

Page 2 of Point Sheet:

PBIS, Token Economy, Exit Criteria Exit Criteria Replacement Skills Goals, Exit Criteria Data Collection, ABC Data Tool, Program Level

Exit Criteria & Goal:		Did I make progres on this goal today?
Did I meet my PBIS goal today?	Yes	No
Did I earn an Opportunity today?	Yes	No
Comments:		
Comments:		

#### **The FUTURES Program Matrix**

CLASSROOM	HALLWAY	BATHROOM	SENSORY ROOM	MEDIA CENTER	GYM	OFFICE	Opportunity Room	BUS
Maintain Physical Boundaries	Maintain Physical Boundaries	Proper Hygiene	Using Materials Appropriately	Maintain Physical Boundaries	Using Materials Appropriately	Maintain Physical Boundaries	Maintain Physical Boundaries	Maintain Physical Boundaries
Remain in Assigned Area	Remain in Assigned Area			Remain in Assigned Area	Maintain Physical Boundaries	Remain in Assigned Area	Remain in Assigned Area	Remain in Assigned Are
Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings
Accept Feedback	Appropriate Conversation	Wait Patiently	Wait Patiently	Use Materials Appropriately	Respect for Self and Others	Wait Patiently	Follow Directions	Appropriate Conversation
Accept No	Talking with Others	Accept Feedback	Accept Feedback	Accept Feedback	Sportsmanship	Accept Feedback		Talking with Others
Appropriate Conversation	Respect for Self and Others				Controlling Emotions			Accept Feedback
Respect for Self and Others	Accept Feedback				Accept Feedback			
Starting Right Away	Follow Directions Self-Control	Use Materials Appropriately		Use Materials Appropriately	Follow Directions	Follaw Directions	Accept Feedback	Follow Directions
Remaining on Task	Self-Control	Self-Control	Self-Control	Follow Directions	Self-Control	Self-Control	Follow Directions	
Self-Control		Follow Directions	Fallow Directions	Self-Control				
allow rections								

Page 3 of Point Sheet: This is the take home sheet. Exit Criteria/Goal, Indicate whether met Exit Criteria and PBIS Goals, Indicates whether opportunity was needed, and Teacher Comments.

#### Page 4 of Point Sheet:

PBIS FUTURES Program-Wide Behavioral Matrix



Be Safe

Be Respectful

Be Responsible





## **The FUTURES Program Matrix**

BE	CLASSROOM	HALLWAY	BATHROOM	SENSORY ROOM	MEDIA CENTER	GYM	OFFICE	Opportunity Room	BUS	STEM Lab
	Maintain Physical Boundaries	Maintain Physical Boundaries	Proper Hygiene	Using Materials Appropriately	Maintain Physical Boundaries	Using Materials Appropriately	Maintain Physical Boundaries	Maintain Physical Boundaries	Maintain Physical Boundaries	Maintain Physical Boundaries
SAFE	Remain in Assigned Area	Remain in Assigned Area			Remain in Assigned Area	Maintain Physical Boundaries	Remain in Assigned Area	Remain in Assigned Area	Bemain in Assigned Area	Remain in Assigned Areay Use Materials Appropriately
-	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your surroundings	Be aware of your s surroundings	Be aware of your surroundings
	Accept Feedback	Appropriate Conversation	Wait Patiently	Wait Patiently		Respect for Self and Others	Wait Patiently	Follow Directions	Appropriate Conversation	Accept Feedback
RESPECTFUL	Accept No	Talking with Others	Accept Feedback	Accept Feedback	Accept Feedback	Sportsmanship	Accept Feedback		Talking with Others	Accept No
	Appropriate Conversation	Respect for Self and Others				Controlling Emotions			Accept Feedback	Appropriate Conversation
	Respect for Self and Others	Accept Feedback				Accept Feedback				Respect for Self and Others
	Starting Right Away	Fallow Directions Self-Control	Use Materials Appropriately		Use Materials Appropriately	Follow Directions	Follow Directions	Accept Feedback	Follow Directions	Starting Right Away
RESPONSIBLE	Remaining on Task	Self-Control	Self-Control	Self-Control	Follow Directions	Self-Control	Self-Control	Follow Directions		Remaining on Task
	Self-Control		Follow Directions	Follow Directions	Self-Control					Self Control
	Follow Directions									Follow Directions

#### **Follow Directions**

\*Look at the person \*Say "OK" \*Do it right away \*Check back when necessary

Accepting Feedback \*Look at the person \*Stay Calm \*Say, "OK" \*Don't argue

Accepting "NO" \*Look at the person \*Say, "OK" \*Stay calm \*If you disagree, ask later

#### **Respect for Self & Others**

\*Show a positive opinion of yourself by acting responsibly

\*Show honor for feelings and rights of teachers by using appropriate language and gestures \*Show honor for the feelings & rights of others by using positive words & allowing a personal space.



\*Recognize body signs that you are getting upset (muscles tense, heart racing, face getting red)

\*Use a strategy to help yourself calm down (Positive thinking, Physical activity, relaxation activities; ie. deep breathing) \*If you need a quiet space, ask an adult

## "THE POSSESSION AND USE OF PROSOCIAL BEHAVIORS DIRECTLY AFFECT A STUDENT'S ABILITY TO PROFIT FROM ACADEMIC EDUCATION."

- J.D. HOLLINGER



Teaching JKIII3 • Students with emotional and behavioral disorders have difficulties with learning, managing emotions, and building and managing relationships.

> Students are trapped in inefficient behavior and interaction cycles that preclude them from being successful.

 Direct instruction of skills is much more effective than hoping that student's will learn skills implicitly.



## **Guidelines for Teaching Social Skills**

- Limit the scope.
- Define Behaviors in Observable and Measurable Terms.
- Match the Terminology to the level of the learner.
- Define the skill in terms to what the learner will do.
- The skill vs. the learner should be the focus.
- Be consistent with the Social Skill terminology of your program.



**Describe the Appropriate Behavior** 

Give a Reason for the Skill

**Request Acknowledgment** 

Feedback

**Positive Consequence** 

**Establish Future Follow-Up Practice** 

# **Social Skill Instruction**

Instruction "must be offered in a well coordinated manner over substantial time and with sufficient intensity to alter the deeply engrained consequences of exposure to a host of negative background factors"

It takes more than one time to teach a skill!

- Albert Bandura



## GENERALIZATION

Generalization is a process through which a behavior learned, or strengthened in one stimulus situation, tends to occur in other situation.

You must teach your students to use the skills at all times, in all settings, and with all peers/adults.





Eye Contact Non-verbal Cues

Physical Proximity

Redirection/ Contrast Statements Teaching Replacement Skills

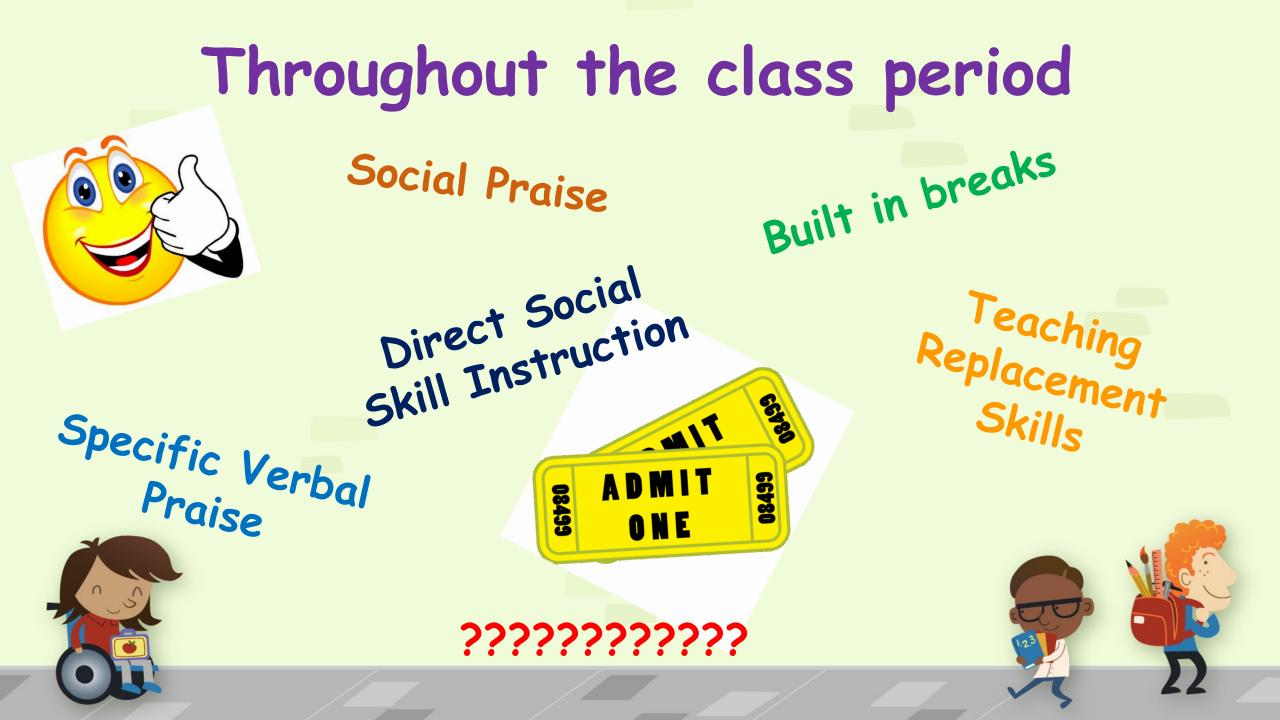


# Why do you teach a replacement skill?

- •Less restrictive interventions have not been effective in changing the behavior.
- Remediate a skill deficit through teaching an alternative.
- Goal is to strengthen a replacement skill.

## BENEFITS OF TEACHING REPLACEMENT SKILLS

- Systematic Method
- Protects Relationships
- Teaches a Replacement Skill
- Contributes to a Positive Learning Environment



Name: Teacher Date:	•				-		Daily % Hold ?			
			Sci	hool Be	ehav	iors				
2 pts	= AII :	Skills		1 pt =	Some	: Skills	0 pts	= No	Skills	
Period	В	e Sa	fe	Be Re	espo	nsible	Be R	espe	ctful	
1	0	1	2	0	1	2	0	1	2	
2	0	્ય	2	0	1	2	0	1	2	
3	0	1	2	o	1	2	o	1	2	
4	0	1	2	0	1	2	0	1	2	
5	0	1	2	0	1	2	0	1	2	
6	0	1	2	0	1	2	0	1	2	
7	0	1	2	0	1	2	o	1	2	
8	0	1	2	0	1	2	0	1	2	
9	0	1	2	0	1	2	0	1	2	
10	0	1	2	0	1	2	0	1	2	
Point B	ank B Bonu:		nce:		otal	S				
Purc	hase	e Poi	nts:							

#### Data Collection for Social Skill Mastery:

At the end of each class period, review the matrix and the three expectations with each student (for that class period only), and then the student will circle the correct number of points earned for each expectation.

2 = All skills were utilized
1 = Some skills were utilized
0 = No skills utilized (or student was in crisis behavior)

Bank Totals:

This is the point balance for the token economy system

System Level Advancement and Reduction

3 Levels - Level 1 (0-69%), Level 2 (70-79%), Level 3 (80-100%)

Advancement

- All students begin at Level 1, with a goal of 70% on their CICO data. Once they
  have met/exceeded their goal of 70% for 10 consecutive days they will move to Level
  2. They will use a yellow point sheet at Level 1.
- Once on Level 2, a student's goal will be changed to 80% in CICO. Once they have met/exceeded their goal of 80% for 10 consecutive days they will move to Level 3. They will use a blue point sheet at Level 2.
- > Once on Level 3, a student's goal will be changed to 90% in CICO. They will use a white point sheet at Level 3.
- > If the student meets his daily goal then the day advances by one, until 10, in which case they would increase their level.

#### Reduction

At the end of each day, during Daily Check-Out Conferencing, determine the student's daily percentage and compare it to their goal. Write their daily percentage in the box on the front of the point sheet. If their daily percentage is below the goal then place a Y (yes) in the hold box. If it is at or above the goal then place a N (no) in the hold box. If they earn a hold twice in one week (Monday thru Friday) they will move down a level and begin the advancement process, 10 consecutive days at or above level, again. If they earn a hold their days begin again at 0.



#### Monitoring Exit Criteria Progress:

Each student's individual exit criteria is displayed on the right side of their point sheet, with the criterion for mastery.

Sample of Exit Criteria (Behavior Skills): Mark the number of incidents that Emma Sample is unable to accept feedback, which looks like yelling, name

calling, stomping, or growling when given non-preferred feedback and/or directives. (Accepting Feedback). No more than 6 incidents per week for 8 consecutive weeks.

#### On bottom:

Each time a student engages in the behaviors specifically defined in the exit criteria, a tally mark is placed in that class period under the column that corresponds with the exit criteria listed above.

The Futures Program
Day #:

FBA Process

Exit Criteria (Behavior Skills) Goal



### Social Skill/Replacement Skill:

Each student's individual replacement skill steps are located in each social skill section, and correspond to the exit criteria on Page 2.

Sample of Social Skill/Replacement Skill: Accepting Feedback \*Look at the person \*Stay Calm \*Say, "OK" \*Don't argue

Student Name:		
Student name:		
	Social Skills:	
	Social Skills:	
1		
11:	Social Skills:	

Anteoedent Event (A)	Consequence / Outcome ©	Reaction (R)
: A. Transition (Movement from one ctivity to another)	: A. Choke Guen	: A. Behavior Stopped
: 0. Genied Access (Bludent can't have in activity, Item, etc.)	n B. Rednection	a 61, Bahavior Continued
C. Adult instructive threative	c C. Discussion of Behavior	C. Behavior intervalled
<ol> <li>D. New Task (A task to which the fudent has never been exprised to)</li> </ol>	1 D. Removal from class	
E. Teacher attention to other	p E. Redirection to task	
F. Routine Task (A task the student is sposed to regularly such as manning	<ul> <li>F. Planned ignoring (staff withheld attention)</li> </ul>	1
: G. Physical Prompt (example hand on hosider)	s G. Personal space gives	
H. Assignment Given	B H. Changed Activity	
I. Peer Interaction (negative or positive)	o I. Peer attention given	
J. Adult Alternion (positive or negative)	o J. Adult attention given	]
к	H. Physical Prompt.	1
L.	9 L.	<b>1</b> 2



Name: Teacher	T						Daily % Hold ?			
Date:	-			2						
			Sc	hool B	ehav	iors				
2 pts	= AII :	Skills		1 pt =	Some	: Skills	0 pts	= No	Skills	
Period	B	e Sa	fe	Be Re	espo	nsible	Be Respect			
1	0	1	2	0	1	2	0	1	2	
2	0	1	2	o	1	2	o	Я	2	
3	0	1	2	0	1	2	o	1	2	
4	0	1	2	0	1	2	o	1	2	
5	0	1	2	0	1	2	0	1	2	
6	0	1	2	0	1	2	o	1	2	
7	0	1	2	0	1	2	0	1	2	
8	0	1	2	0	1	2	0	1	2	
9	0	1	2	0	1	2	0	1	2	
10	0	1	2	0	1	2	0	1	2	
Point B	ank I	Bala		Bank 1	fotal	9			į	
-	Bonu	s Poi	ints:							
Purc	chase	Poi	nts:							

### Check-In/Check-Out Self-Monitoring:

As the teacher is conferencing with the students at the end of each class period. The ultimate goal is for the student to be able to accurately self-monitor their behaviors based on given expectations and rules in the matrix.

The Futures Program

FBA Process

Day #:

Exit Criteria (Behavior Skills)	Goal
	-

Time	Class	1	2	3	A	C C	R
	1						
1	2						
	3						
	4						
	5						
	6						
5	7						-
-	8		· · · · · · · ·				
	9						
	10				-	-	

## Exit Criteria Data Entry:

- > Enter Exit Criteria into ISIS daily.
- Determine if the student has met the Exit Criteria for the day.

Name: Teacher	:						Daily %				
Date:						Į.	Hold ?				
			Sci	hool Be	ehav	iors					
2 pts	= All :	Skills		1 pt =	Some	e Skills	0 pts	= No	Skills		
Period	В	e Sa	fe	Be Re	espo	nsible	Be R	espe	ectful		
1	0	1	2	0	1	2	0	1	2		
2	0	4	2	0	1	2	0	1	2		
3	0	1	2	0	1	2	0	1	2		
4	0	1	2	0	1	2	O	1	2		
5	0	1	2	0	<u>ः भ</u> ः	2	0	1	2		
6	0	1	2	0	1	2	0	1	2		
7	0	1	2	0	1	2	O	1	2		
8	0	1	2	0	1	2	0	1	2		
9	0	1	2	0	1	2	0	1	2		
10	0	1	2	0	1	2	0	1	2		
Point B	ank I	3alai		Bank 1	fotal	5					
	3onu:	s Poi	ints:	-							
Purc	hase	Poi	nts:	-							

# **PBIS Data Entry:**

Enter points into CICO to compute the daily percentage.

### > Write Percentage on Point Sheet.

- > Determine if they met their CICO goal.
- If yes- advance their day by one and write the next number on their point sheet.
- If no- mark y in the hold box, and write Day # 0.

Name: Teacher:								Daily %			
Date:						Hold ?					
			Sci	hool B	ehav	iors					
2 pts	= AII :	Skills		1 pt =	Some	e Skills	0 pts	= No	Skills		
Period	Be Safe			Be Responsible			Be Respectful				
1	0	1	2	0	1	2	0	1	2		
2	0	1	2	0	1	2	o	1	2		
3	0	1	2	0	1	2	0	1	2		
4	0	1	2	0	1	2	0	1	2		
5	0	1	2	0	্প	2	0	1	2		
6	0	1	2	0	1	2	0	1	2		
7	0	1	2	o	1	2	0	1	2		
8	0	1	2	0	1	2	0	1	2		
9	0	1	2	0	1	2	0	1	2		
10	0	1	2	0	1	2	0	1	2		
				Bank T	<b>fotal</b>	s					
Point B	ank I	3alai	nce:								
	3onu:	s Poi	ints:								
Pure	hase	e Poi	nts:	5							

## Token Economy Data Entry:

 If student has met ALL Exit Criteria goals they will earn 12 Bonus Points.
 These points may ONLY be used to purchase, not entered into CICO, but they are entered into their Account Book.
 Account Book update daily.

### End of day conferencing:

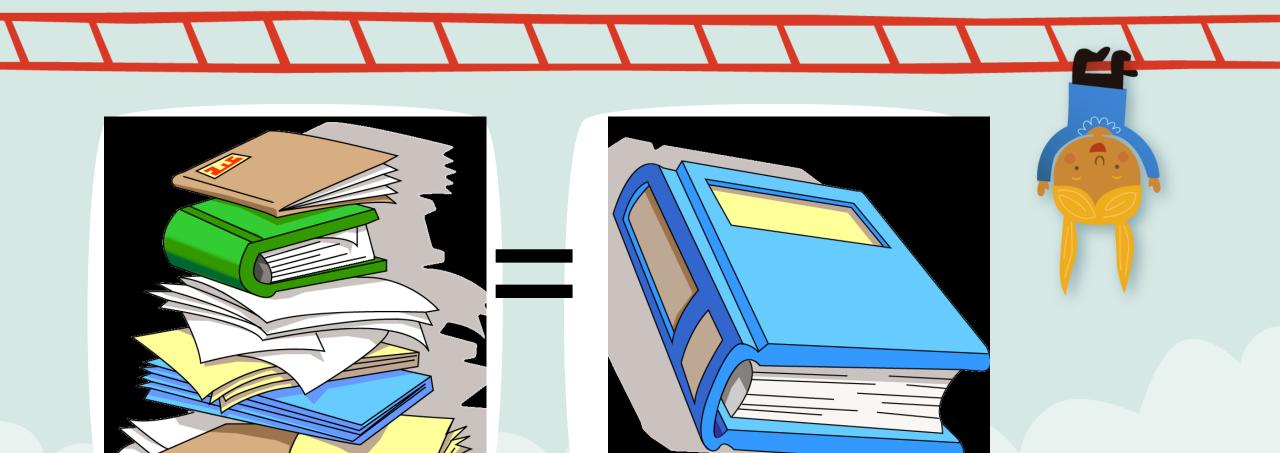
At the end of the day, the homeroom team will conference with each student about the student's day, and make notes on their Point Sheet and Take Home page.

- Did you meet your Exit Criteria goal? (mark on take home sheet)
- > What went well?
- > What could you do better tomorrow?

The Futures Pro Parent Contact S		
Student Name:		
Date:		-
Exit Criteria & Goal:		Did I make progres on this goal today?
Did I meet my PBIS goal today?	Yes	No
Did I earn an Opportunity today?	Yes	No
Comments:		
Parent/Guardian Signature:		
Return this Take-Home sheet signed by Parent/Gu		and the second

name:										ine		
Teacher: Date:	•				Hold ?	,		Day	#:			
	Sch	nool Be	ehavi	iors						Exit		
2 pts =	All Skills	1 pt =	Some	Skills	0 pts	= No	Skills					
Period	Be Safe	Be Re	spor	nsible	Be R	espe	ctful					
1		$\overline{(\cdot)}$	•		$(\cdot)$	•		_				
2		$\odot$	•		$\odot$	•						
3		$\vdots$	•			•						
4		$\bigcirc$	•		$\odot$	•		Time	Class			
5		$\bigcirc$	•		$\odot$	•			1			
6		$\vdots$				•			2			
7		$\odot$	$\odot$		$\odot$	•		_	3			
8			•			•			4			
9		$\overline{(\cdot)}$	•			•			5			
10		$\overline{\ }$	•			•			6			
Point Bar	E NK Balance:	Bank T	otal	5					7			
									8			
Во	nus Points:								9			
Purch	ase Points:								10			

		i ne Futur	res Progra	am			FBA Pr	ocess				
Day	#:											
	[		<u> </u>									
Exit Criteria (Behavior Skills)												
Time	Class	1	2	3	8	Α	С	R				
	1											
	2											
	3											
	4											
	5											
	6											
	7											
	8											
	9											



# What Next?

### What is a Focus Portfolio?

A way to organize all of your progress monitoring data in one location.

A way to allow students to discuss their goals/objectives with their teacher.

A way to allow easy access to their data for each individual student.

A way for students to understand their progress over time.

A way to allow students to take ownership of their progress.

A way to encourage student lead IEPs. A way to empower students...





