

The Factors Affecting Recreation Behaviour of Upcountry Tamil Community in Tea Estates

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This study aims to make a deeper analysis of Upcountry Tamil Community in tea estates in relation to the factors affecting recreation behavior of upcountry Tamil community in tea estates. The objective is to identify the influence of age and gender (demographic factor) for recreation behavior of Upcountry Tamil Community in tea estates. Two hypotheses were formulated: (i) The age influence on recreation behavior of Upcountry Tamil Tea Estates community; (*UTTE*) (ii) The gender influence on recreation behavior of Upcountry Tamil Tea Estates community. The researcher used primary and secondary data for this study. 200 laborers were selected for the sample and the researcher used cluster random sampling method as a sampling technique in this study. The researcher used questionnaire and interview methods to collect data and hypotheses were tested by calculate correlation and skewness. Based on the findings, the researcher concluded that employee's recreation behavior (individually and together) is negatively correlated with their age and gender. In addition, the researcher made recommendation to tea estates authority in related field. The government should provide open spaces and recreational centers throughout the tea estates. Therefore, the government should take steps to increase their income or release more time for recreation.

Key words: *Recreation behavior, Demographic factor, Ethnic group*