



MARINARA CHICKEN SANDWICH

April 29, 2011 by [Nisa Martinez](#)

Filed under [Food](#)

[Leave a Comment](#)

The Perfect Recipe to Make an Easy and Delicious Chicken Sandwich

By SHAWN KALE

Staff Writer



Marinara Chicken sandwich. Staff Photos/ S. Kale.

When the kitchen is looking pretty bare on food, there is a simple solution; scan every piece of food and use the imagination.

I personally have not been to the grocery store for about a week and a half and most of the food I had bought previously is pretty non-existent. There are a few things left that are not completely used up; two hamburger buns, marinara sauce and a few chicken breasts.

When looking at my options, I first thought to make a couple of chicken sandwiches for dinner but I wanted something more.

So I decided to cut up the chicken breasts and cook them with some garlic spice and pepper to just try and add something to it. When the chicken was done, the marinara sauce was added to cook together. At one point, I just thought of eating the chicken and marinara sauce topped shredded cheese from a knowingly donator, my roommate, but that was not going to cut it for my appetite.

The final thought I had was to throw the chicken into a hamburger bun and make a mini meatball sub, or rather a chicken one, covered in cheese and marinara sauce.

The marinara chicken sandwich was born. I gave a little back to the roommate as I let Mikey Diorio take it on for himself. "It was pretty good," said Diorio after the first bite. "Yea this isn't too bad."

Many times, people do not think they have food to make dinner that night, but they might just not be looking that closely at their food stock. Sometimes the best meals can be created with just the leftovers in one's own home.

THE BEST STRESS RELIEF STRATEGIES

April 29, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Lifestyle](#)

[Leave a Comment](#)

With Finals Approaching Students Find Different Stress Relief Techniques

By CASEY DOLL

Staff Writer



Students relieving the stress. Staff Photo/ C. Doll.

With finals week quickly rearing its ugly head, the anticipation of insufferable stress and endless nights of work begins to build. There have been programs in past semesters designed to relieve stress during finals week, yet, students feel that a more sufficient initiative is necessary. Lynn

faculty have heard the cries of their students and set forth several new measures to help students take it easy during finals.

A herd of puppies has been released in to the library to bring comic relief to students' arduous study efforts. The puppies will be cared for by Lynn's maintenance workers, whose uniform is now a clown suit. The Lynn bookstore has added several new items that are guaranteed to relax students, including stress balls. "This is not what I signed up for," said a disgruntled student. "This whole studying-for-finals thing is really getting in the way of my free time."

Several reforms have been introduced to testing rooms. Lavish reclining chairs and relaxing incense burners will be included during finals testing. Students will also be soothed by the sounds of reggae and ambient music.

"I just could not bear seeing my poor, precious students stressed out over their exams," said a hysterical professor. "If it were up to me, I would just give them all As and hugs."

Once students finish their exams and exit their testing rooms, they will be greeted by maintenance workers dressed in clown suits holding small bunnies and piglets for petting purposes. Professional masseuses will also be available free of charge and will accompany students back to their rooms upon request.

Note: This piece was written in a joking, satirical manner and should in no way be taken seriously.

THE ROYAL FAIRYTALE COMES TRUE

April 29, 2011 by [Nisa Martinez](#)
Filed under [People](#)

[Leave a Comment](#)

The Wedding of Prince William and Catherine Middleton has Arrived



Prince William will marry Catherine Middleton today in London. Stock Photo.

Almost 7 billion people live on our planet, and more than one-third of the world population is expected to watch the televised royal wedding today. The wedding between Prince William and Kate Middleton is expected to be a major global event.

Part of the attraction may be the fantasy element — a regular woman is marrying a prince. She'll become a royal and live the rest of her life in a palace as a princess.

Curious about the fairy tale come to life? Here's what the world will be watching.

The couple

Kate Middleton may be a commoner, but her life hasn't been ordinary. Born in Berkshire, England, the eldest of three children, Middleton led a life of privilege with access to the best schools and world travel.

They met in 2001 as students at University of St. Andrews in Scotland. Prince William graduated with a degree in geography in 2005 and serves in the Royal Air Force. Middleton graduated with a degree in art history the same year and briefly worked as an accessories buyer for a clothing company. She also worked for her parents' party supply company.

The couple briefly broke up in 2007 but reconciled that same year. Prince William proposed three years later during a vacation in Kenya, giving Middleton the sapphire-and-diamonds engagement ring worn by his late mother, Princess Diana.

The big day

Being married on a Friday may seem like an interruption to the work week, but the British prime minister declared the couple's wedding day a national holiday so most Brits can plan on a three-day weekend.

The wedding procession will begin at Buckingham Palace and pass many important landmarks including the House of Parliament and Big Ben on the way to Westminster Abbey. The Abbey was also the location of Princess Diana's 1997 funeral.

The service begins at 11 a.m. London time. After the ceremony, the couple will return to Buckingham Palace.

Pippa Middleton, the bride's younger sister, will be maid of honor, while Prince Harry, William's younger brother, will be best man.

The souvenirs

The British tourism authority is promoting the royal wedding as an event worth traveling to London to witness. Wedding paraphernalia and souvenirs may bring in big bucks. Here's a sampling.

Royal wedding postage stamps, sold by the Royal Mail.

Prince William and Kate Middleton collector coins, sold by the Royal Mint.

Crown Jewels Royal Wedding souvenir condoms, not approved by Buckingham Palace.

Royal Wedding Sick Bags (for those sick of royal wedding coverage), by British designer Lydia Leith.

The fashion

Middleton is keeping the gown a secret to surprise Prince William and no details are known. The bridesmaid dresses also are a secret.

While Prince William has not revealed his attire, it's likely he will wear his Royal Air Force uniform, joining a long list of royal men who wore uniforms to their weddings.

Sources: Official royal wedding site; The Royal Parks; BBC; Debrett's Wedding Guide; official website of the British Monarchy; The Sun Sentinel.

AUDIENCES ARE READY TO "SCREAM"

April 29, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

The '90s Horror Trilogy Gets A Reboot with a New Generation in "Scream 4"

By: JENNIFER RODRIGUES

Editor-in-Chief



Emma Roberts joins the “Scream” franchise. Stock Photo.

It was 1996 when “Scream” was released and audiences first became scared to answer the phone. 15 years and two blockbuster sequels later, the franchise is being rebooted for a new generation of horror fans with “Scream 4”.

This film will certainly attract both fans of the series and newcomers to the storyline. “Scream 4” picks up ten years after the story of “Scream 3.” Sydney Prescott (Neve Campbell) has returned to Woodsboro as a stop on her book tour only to find Ghostface has returned to terrorize her, Gale Weathers (Courtney Cox), Sheriff Dewey (David Arquette), her cousin Jill (Emma Roberts) and a new crop of teenage victims .

“I liked it a lot. It had comedy that was really funny and the scary parts made me jump,” said Megan Studer, freshman.

The “Scream” franchise is known for its clever dissection of a horror film and this latest installment is no different. The storyline skillfully determines this new series of killings is not just another disappointing sequel but a remake of the original. But, as time has shown, nothing is ever what it appears in Woodsboro and the audience will be left guessing until the end.

“I thought it was really clever and funny how they integrated the first movie into this movie,” said Stephen Proano, freshman. “I absolutely loved the last couple of scenes because I did not see it coming at all.”

For those looking for a classic slasher film with a modern twist, stop by the local theater and see “Scream 4.”

HEAD OUT TO SEE “HANNA” NOW

April 29, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

Students Looking For A Suspenseful Thriller Should Look No Further

By: HARRISON BAKER

Staff Writer



Hanna movie poster. Stock Photo.

What do you get when you mix the “Kill Bill” series with a “Clockwork Orange”? You get “Hanna.” “Hanna” is an action packed invigorating movie which puts you on the edge of your seat from the beginning to the end. The movie has an all-star cast of notorious actors, including Cate Blanchet, Eric Bana and Olivia William. This dark, eerie movie will put the audience through suspense by making one guess what will happen from scene to scene. There is much conflict between all of the characters in the film, which makes for an even better movie.

The plot of the movie is a sixteen year old girl (Hanna) has been brought up by her father, a former spy for the CIA. Her father ends up training her into the tough, unforgiving women she

ends up being throughout the film. “One of the craziest movies I have ever seen,” said Daniel Priego, senior.

The most astonishing part of the film was the music. The murky, uncanny music added a lot of character to the cinema. All of the music was done by the Chemical Brothers, who also did the soundtrack for the movie.

“After I left the movie, I was in utter shock,” said Jordan Kruse, senior. If one is looking for a family movie, then do not see this movie. If one is looking for a movie which will surprise them, go see “Hanna” right away. “I cannot even describe this movie; you just have to see it,” said Brian Zaleski, senior. This probably has to be one of the creepiest flicks seen in a while. Great acting, superb music and a fantastic plot summarize “Hanna.”

CELEBRATION OF THE ARTS 2011

April 29, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Entertainment](#), [Featured](#)

[Leave a Comment](#)

Drama Students Perform on the Main Stage For the First Time

By SOPHIA BARRETT

Staff Writer



Students during their performance of an Indian dance. Staff Photos/ Z. Welsh.

On April 20, Lynn drama students performed for the first time on the main stage of the Wold Performing Arts Center.

Celebration of the Arts was a collaboration of singing and dancing of all kinds. Some styles included jazz, Broadway performances, hip-hop, Hollywood, ballroom, contemporary, break dancing and more.

The show was put together and choreographed by sophomore Bianca Barioli. “To be given the opportunity to create and tell my own stories through the movement of such talented dancers is an honor I will always be appreciative of,” said Barioli.

The show was very important to the drama students; it not only gave them the opportunity to showcase their talents in front of a large audience, but their hope is to be able to perform a musical on that stage next year.

“It was so great,” said Kayla Golladay, sophomore. “Coming from a musical theatre background, it felt like home to be on such a big stage. Now that we have successfully performed on the Wold stage, hopefully we’ll be able to perform on it so much more.”

“I thought it was a great opportunity to show that our program can do bigger things,” said Marc Castellano, sophomore. “This show took us to a new level and that’s how it’s been all semester. It’s been a constant progression; next year is going to be bigger and better.”

When chair of the drama program, Professor Adam Simpson, was asked his opinion on how the show went, he answered, “It was exactly what the drama program needed.”

Hopefully the success of this show and positive response from audience members will continue to boost the profile of Lynn’s drama department.

“The Celebration of the Arts was simply just that, a high-energy celebration that left me feeling truly inspired. I look forward to seeing more shows full of our talented Lynn students,” said Katie Lemmon, sophomore.

“It was very energetic,” said Natalie Capiro, grad student. “I wanted to get up out of my seat a few times and dance. Each piece inspired a different emotion.”

The positive reactions did not stop there. “A whimsical display of pure talent. I was amazed at the level of professionalism that the performers displayed; fantastic show,” said Fred Apaloo, junior.

Students, faculty, the Boca community, kids and parents all loved this show. Even the security guards had a great time. “Highly entertaining, the only fault lay in those who chose not to come. They missed a great show,” said Mitch Posner.

SPRING FEVER: HOW TO WORK IT

April 29, 2011 by [Nisa Martinez](#)
Filed under [People](#)

[Leave a Comment](#)

What is Keeping Students Motivated to Keep up with Their Schoolwork?

By SARAH BENJAMIN

Staff Writer



Students tell iPulse about what they are doing to stay focused and avoid the effects spring fever.
Staff Photo/ S. Benjamin.

Everyone has a favorite season, but during springtime, no matter if it is one's favorite or not, everyone has some level of spring fever.

Spring fever brings some difficulty because everyone wants to be outside to enjoy the nice weather and sometimes forgets about schoolwork. iPulse set out to talk to students to see what is keeping them on track during the spring season.

"Coffee, friends and sunshine are keeping me on track through the spring semester," said Brooke LaMothe, sophomore.

"My friends, family and the Lil Wayne concert are keeping me motivated to keep my school work on track," said Zak Richardson, sophomore.

"Knowing that I have the entire summer off is keeping me from being lazy now, so I am still motivated to do well in school," said Mariah Kulkin, sophomore.

“What keeps me motivated to stay on track this spring semester is knowing that the better I do now, the better my future will be,” said Alex Berger, sophomore.

“I am keeping myself on track this spring semester by telling myself that I only have about a month left of school until summer vacation,” said Juliet Hillman, sophomore.

NUREMBERG PROJECT

April 29, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#), [Hidden History](#)

[Leave a Comment](#)

Lynn Students Remember the Past With Famous Holocaust Trials

By DESTINY GOLDEN

Staff Writer



Brittany Klontz, senior, is excited for this event.

Lynn students aim to educate others tomorrow when they show the Nuremburg Project.

The College of International Communication will be hosting The Nuremberg Project: There and Then, Here and Now. This multimedia stage performance will consist of a documentary and play.

“I hope that audiences walk away knowing that the Holocaust did happen and that it affected the lives of the nine million Jews that lived in Europe at the time, along with all those involved,” said Jessica Levinson, senior.

Levinson is a student in the Issues in Communication class that is producing the documentary. “It’s important to make this documentary because it allows me, as a journalist, to grow a new understanding of the happenings of the Holocaust,” said Levinson.

Levinson, along with two other students and Professor Martin Phillips, traveled to Washington, D.C. along with 20 teachers in the West Palm Beach School District to tour the Holocaust Museum. The trip was sponsored by the League for Educational Awareness of the Holocaust.

“I believe all students and teachers should visit this museum to better understand the events of the Holocaust and prevent them from happening again,” said Levinson. “It was an experience I will never forget.”

Performances of The Nuremberg Project: There and Then, Here and Now tomorrow at 7 p.m. The showing will be in the Wold Performing Arts Center and admission is free.

SENIORS SHOWCASE THEIR WORK

April 29, 2011 by [Nisa Martinez](#)
Filed under [Profiles](#)

[Leave a Comment](#)

Volleyball Star Katie Bradley is Ready for This Year’s Senior Showcase

By JOEY ARGENZIANO

Staff Writer



Katie Bradley. Staff Photo/ J. Argenziano.

Katie Bradley, senior, is majoring in graphic design with a minor in advertising. The Ft. Lauderdale native has entertained the Lynn community over the past two years with her volleyball skills. The outside hitter, who has been playing since she was 16, had some incredible accomplishments, including posting eight double-doubles her junior year.

On May 3, she will get to show off her hard work once again, but in a different setting. Bradley and other seniors in the visual communication department will showcase some of the projects they have done in their career at Lynn at this year's Senior Showcase.

iPulse sat down with Bradley as she prepares for the big day.

iPulse: How did you hear about Lynn?

Bradley: Lynze Roos was my coach during club in high school and I learned about it through her. Also, Lynn is close to home for me so my family was able to come to all the games, which was really nice.

i: Describe your experience at Lynn on and off the court.

B: I had a great experience on the court. All the girls are so great and we all get along so well that it was fun coming to practice everyday. My experience off the court has been great as well. Lynn does a really great job of putting on events that the students can attend. [In fact], my favorite event was Founder's Day.

i: What are your goals after college?

B: I hope to land a job in a design company or advertising firm and move my way up from there.

i: Describe the Senior Showcase.

B: The Senior Showcase is basically an art show that showcases all the different artwork of the graduating seniors. There's going to be food, drinks and a live band, so it should be a great time. I'll have 15 of my pieces printed in this showcase. This show acts as a sort of closure for the graduating seniors; it kind of closes the college chapter in a fun and interesting way. We will invite professionals from various local companies to come check it out, so it's a really great opportunity for networking.

i: When you attended last year, what caught your eye?

B: The talent of the students was definitely surprising. It's cool to see all of the work printed and mounted; it gives the work a professional feel that is different than when you see the work in class.

i: Was it hard picking out your work from four years?

B: Not really. We're allowed to have a lot of pieces in this show, so I didn't really need to cut much out.

i: Do you enjoy the senior seminar class? What have you learned?

B: I have definitely enjoyed my seminar class. It's more of a party planning course right now; we're trying to get ready for the show.

Bradley and her classmates are excited for the Senior Showcase and hope to see everyone there, so make sure to stop by the Green Center on May 3 from 4 p.m. to 6 p.m.

LYNN ALUM IS THE NEXT BIG THING

April 29, 2011 by [Nisa Martinez](#)

Filed under [Profiles](#)

[Leave a Comment](#)

Danielle Chirichello, Alumni, is Ready to Take the Fashion World by Storm

By **REBECCA STOPPELMAN**

Staff Writer



The OH MY BOD Booth at the fashion show. Staff Photo/ R. Stoppelman.

Danielle Chirichello, former Lynn student, works for a clothing company called OH MY BOD. The clothing line was featured in the Lynn fashion show and iPulse had the opportunity to get some insight to her thoughts about the show and some advice for graduating students.

iPulse: What was your major at Lynn and did you enjoy your experience?

Chirichello: My major at Lynn was Broadcasting and TV. I transferred after three years because I wanted to change my major. I loved my time at Lynn including my FYE class and the freshman cruise. My favorite memories from Lynn definitely include my involvement with Tri Sigma and SGA. I obviously did not go too far; I live in Boca and help out with fashion management whenever possible.

i: Was the venue for the fashion show helpful to your store?

C: I do think the venue for the fashion show was helpful for the store. It's all about branding and any time you get recognition for your brand I find it to be useful and absolutely key in brand building. The more people who become familiar with your brand, the faster you grow. Congrats to everyone involved with the show; they did a great job.

I: What is your position at OH MY BOD?

C: When I first started, I was the fashion marketing and public relations coordinator. I was recently promoted to designer assistant. I love shopping, I love clothes but never thought I would enter a career in the industry. I am less interested in designing and more interested in brand expansion and wholesale/merchandising. I love what I do; my company is producing some great styles and we are a proven product. Since I joined, we have been featured on HSN and FIT TV. It's all very exciting being able to grow with a company.

I: Do you have some helpful advice for the students who are graduating?

C: From my personal experience, I found that internships shaped what direction I chose to go in professionally. The most important thing I think I could say would be find something you love and do it. I'm excited to go to work everyday. I love what I do, I love the people I work with and I love the energy that surrounds me in my workplace. Without that, I think life is really boring.

MINKOFF BRINGS IN SPRING 2011

April 29, 2011 by [Nisa Martinez](#)

Filed under [Fashion](#), [People](#)

[Leave a Comment](#)

Fashion Designer Stops at Saks in Boca to Showcase Her Spring Collection

By RACHEL LEVENSON

Copy Editor



Fashion designer Rebecca Minkoff launched her spring 2011 collection at Saks Fifth Avenue recently. Staff Photo/ R. Levenson.

Rebecca Minkoff, edgy and sophisticated fashion designer, launched her spring 2011 collection at Saks Fifth Avenue at Town Center in Boca Raton recently and I had the pleasure of conducting an exclusive interview.

As Minkoff greeted me in her Wrangler vintage jean jacket layered over a modish tan-and-black jumpsuit designed from her collection, I immediately grasped the extent of her fashion sense.

Minkoff's spring collection is influenced by reinvented vintage and 70s-inspired attire, incited by fashion icon Bianca Jagger and American singer and free-spirit hippie, Janis Joplin.

As a designer who has been sewing and designing since she was 8-years-old, one would agree that she has had a voracious appetite for fashion most of her life. As she describes her style in high school, she shares, "every year I went through a different phase; so when I started high school I was into Gap and very conservative. Then I became a dirty hippie and then I decided to be a punk-rocker," she continued. "By the time I graduated, my style was closest to my style now." Her collections today converge looks from different phases that evolved into her edgy-retro-bohemian style today.

Her favorite aspects of design are the handbag collections. "I'd say my collection for Saks Fifth Avenue [is my favorite to design]. I do an exclusive high-end handbag collection and I get to use the most expensive materials and the finest leathers, so I really enjoy getting to play around with that [because it's so boundless]."

I asked Minkoff what celebrity she would most like to design for. "Probably Sienna Miller or Kate Moss," she replied. "I love their style and feel like I can relate to how they dress."

My intrigue with Lady Gaga's fashion sense left me with one question I could not avoid: "What do you think of Lady Gaga as a modern fashion icon?" She responded with, "I think that she's an innovator; personally, her style, for me, is a little too [outlandish], but I think had she not done that [with her style], she would just be seen as everyone else, and I think she was really smart to do what she did because it made her stand out." When I asked if she would take up an offer to design an ensemble for Lady, she answered, "Definitely."

Minkoff has been credited as the number one independent accessories designer in the U.S. She has been featured in the media and was once included in a segment on "Good Morning America." "That was one of my first TV experiences so I was really nervous," commented Minkoff. "But now I'm not nervous anymore."

SUMMERTIME SUNGLASS IDEAS

April 29, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

Tips for Finding the Perfect Set of Trendsetting Sunglasses This Summer

By REBECCA STOPPELMAN

Staff Writer

As summer approaches, new sunglasses are being released. Since everyone has a different face shape, one might have a difficult time finding the perfect sunglasses. With different shaped faces, things to look out for are facial features and frame styles.

Students with square faces should try oval or round frames or glasses with temples that are center set or connect at the top of the frame. Butterfly-shaped glasses also work well. Square faces should avoid geometric and square shaped frames that accentuate angles of the face. Low-set temples or colors accents on the bottom of the frames are not the best either.

Oval-faced individuals are lucky since most frame shapes work with their face. Square, rectangular and geometric shapes add angles to soft curves. Just avoid frames that are too large for features.

Those with oblong faces should look into tall frames that help create a shorter face. Broad glasses with an accented top rim or decorative temple add width. Make sure to avoid small frames that are out of proportion and short frames that accentuate face length.

Round faces are best with angular and geometric frames that sharpen facial features. Rectangular and horizontal styles make faces appear longer and thinner. Upswept frames that draw attention to the top of face and glasses with temples that connect at the top of the frame add length. Those

round faces should avoid small frames that are out of proportion and short frames that accentuate face length.

Diamond faces try upswept styles like cat eyed, which emphasize the cheek bones or oval frames that maintain balance. Rimless styles also allow cheek bones to shine. Try to avoid narrow frames that draw attention to the narrow eye line.

Heart-faced people will love the look of bottom-heavy frames, which add width to the lower face. Styles with low-set temples draw attention downward. Narrow, round frames soften the forehead. Make sure to avoid top-heavy styles or styles with low-set temples that draw attention upward.

Finally, triangle faces need to try semi-rim less frames that accentuate the upper face, top-heavy styles that balance the width of the jaw or frame bottoms that angle inward. Just avoid low-set temples that widen the jaw and narrow frames that are out of proportion.

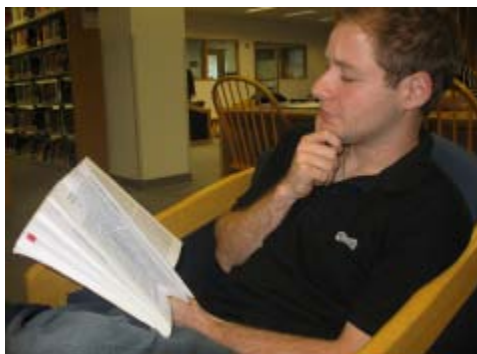
FIND THE TRACK ON STUDY HABITS

April 29, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

By **LIZZIE HOGUE**

Staff Writer



Goldberg's Study habits. Photo/ L. Hogue.

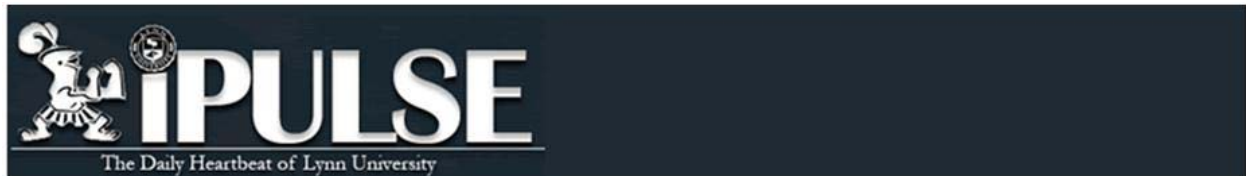
In Zen's Ten Oxherding Picture teachings, the second lesson is to see the tracks of the ox. Finding the right path so one can have a place to begin their goals is the beginning to success. Adam Goldberg, senior, has recently found his tracks for studying— but this was not always the case.

“I knew studying was an important aspect of understanding the material taught in class, but through my experience, I’ve learned that minimal studying still pays off with great grades; this method doesn’t work for everyone, but for me it sure does.”

When heading into college, many wonderful opportunities are offered, but the importance of studying and review can fade away. “When I was a junior, I realized that my college career was quickly winding down and that I needed to start getting serious,” said Goldberg. “Being a film major, I have a passion for the arts and love film with all my heart, but I realized that unless I made incredible films, it sure wasn’t going to pay the bills. At that point, I decided to take on a minor in business and that’s when my work load increased and my mentality toward schoolwork changed; I knew it was time to get serious.”

Goldberg was very open to sharing his experience regarding work and even shared some words of advice for anyone because finding the correct tracks can happen anytime; one just needs to be willing to look. “My advice would be to definitely encourage freshman to study. Most people think freshman year is not important, but looking back I wish I worked harder as a freshman. It’s really important in college to get off on the right foot and to do that, studying and getting good grades is really important.”

Being able to find one’s reason for wanting to complete a journey all starts at the beginning. By Goldberg having his realization to want to study, do well and feel accomplished after his last year, it has put him on his right track to success. Anyone can accomplish the Zen steps– it just takes patience, desire and getting started to make dreams a reality. Namaste’



QUICK EASY EASTER FUN FOR ALL

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

Students Can Celebrate This Weekend By Dying Eggs for Decoration

By **REBECCA STOPPELMANN**

Staff Writer



The steps to making beautiful Easter eggs. Staff Photos/ R. Stoppelman.

As Easter is approaching, coloring eggs is fun and easy for college students. Most of the steps are simple, but can be very messy as well. The great part about coloring Easter eggs is that one can be very creative.

While preparing to color the eggs, make sure one puts out paper towels or newspaper on the table.

Materials:

- Hard boiled eggs
- Vinegar (plain white)
- Small bowls
- Water
- Food color drops
- Vegetable oil
- Tongs
- Tape
- Glitter
- Stickers

Directions:

- Fill containers about 2/3 full of water. Do not fill it too much because when you put the eggs in it will overflow.

-Add 1 tsp of vinegar for every cup of water.

-Add drops of food color until you are happy with the hue. (I typically add 2 more drops to the hue and I find that tends to make the eggs the bright color I was hoping for.)

-Using the tongs, put the hard boiled eggs in the cups.

-There are many different ways one can decorate the eggs:

-One can drop the egg in whole and let it soak.

-Use the tongs to pick up the egg and color half of the egg in one color and then turn the egg over so you can color the other half.

-You can also use tape to make white stripes and decorations on the egg while putting the egg in the color.

-When you are finally done with the egg, let it dry. Wipe it with vegetable oil with a paper towel or rag to make it glossier.

Hope you enjoy this entertaining experience.

MTV HIT RETURNS

April 25, 2011 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

The Original Reality Show Hits Las Vegas

By JOEY CALABRO

Staff Writer



The cast of the latest season of MTV's "The Real World." Stock Photo.

MTV is a popular channel aimed toward young adults. It portrays how the lives of teens reflect on the real world. Many different shows are aired and each has its own meaning and story behind it.

Jillian Vitiello, freshman, prefers MTV's "The Real World." "The Real World" is my favorite MTV show because it seems so real, it says what it really is in the title," said Vitiello. "Living with seven strangers in a house that are all different in many ways is a hard thing to do, but in the end, they seem to do it and all get along. With the struggle and fights, it just makes all of the people come together and become a family."

"The Real World" revolves around seven strangers who live in a house and are all different in their own unique way. They were chosen for their spontaneous personalities and life stories. All seven members have to live with each other not knowing anything about one another to see what the turn out will be in the end.

"The Real World" touches people in many ways from simply watching all 25 seasons. The show first premiered on May 21, 1992 and it is still going strong with the latest season premiering last month.

"The Real World" shows a lot of people what real life is all about; it makes people think twice about how they live and how they can change. Watching all the people throughout "The Real World" seasons has shown a lot about real life and how different people live their lives," said Vitiello.

There are plenty of shows out there, but overall, "The Real World" has been around for a long time and is still going due to all the publicity it has gotten.

Justin Alam, freshman, said, "Although "The Real World" has been around the longest, I think that there is going to be another show that is going to beat it in MTV history."

There are many shows out there and MTV continues to come out with new and exciting ones; which show will stay around the longest? We are just going to have to wait it out and see.

SCENTED SCENTS TO BETTER SENSE

April 25, 2011 by [Nisa Martinez](#)

Filed under [Lifestyle](#)

[Leave a Comment](#)

Natural Oils Make Great Perfumes but Can Be Even More Affective

By LIZZIE HOGUE

Staff Writer



Relax with lavender scented oil. Stock Photo.

The joy of scents have been used for many ages, but how many people actually realize that scents are more than just smells for pleasure?

Professor Deborah Grayson carries her oils around with her always. “Oils are 100 percent more powerful than any other scent; they are more effective, inexpensive and consistent. My favorite scent for relaxation would be guardian angel or Victorian cottage. Both have rose, lavender, bergamot (for healing) and geranium,” said Grayson. “For awareness and stimulation, I like lemongrass, rosemary, pine, spearmint and peppermint.” Grayson not only enjoys scents for personal enjoyment, but uses them in her classroom. “Have you smelled our classrooms? Felt the lack of energy? It’s a simple change with long lasting results. Why not use them?” explained Grayson.

There are many popular scents in the world that seem to have unknowing effects on people.

The usual morning drink is orange juice. Citrus smells are naturally great for awareness and awakeners. Obtaining this scent would be great for mornings whether the scent is placed in the car, home or even on oneself.

If someone has trouble winding down or falling asleep, the popular scent of lavender is helpful. Flowers always make people feel wonderful, but lavender puts out a state of relaxation and calmness. With less of an intense odor compared to citrus, its soft scent helps calm the mind

down from any busy day. Sometimes mixing the smell of lavender with vanilla can have an even more positive effect to helping one relax and find their center.

Searching out and studying the scents of the world through oils could possibly lead to creating better and more positive days for oneself. Whether the scents awaken, relax or even bring back a memory from the past, the power of aromas can always be helpful and often go unnoticed. Namaste'

BEST BURGER

April 25, 2011 by [Nisa Martinez](#)
Filed under [Food](#)

[Leave a Comment](#)

The Le Tub Saloon is a Hit

By **JASON FARBMAN**

Staff Writer



Le Tub's classic burger. Staff Photo/ J. Farbman.

For the past 32 years, Le Tub has been one of South Florida's best kept secrets, located in Hollywood Beach off of A1A.

There is no sign and they have no advertising so people who lived in Hollywood for years often drove past it not knowing it is a burger shack. Le Tub has been a refuge to a large handful of lucky locals, whom either found it while boating on the Intercoastal Waterway or informed by word of mouth. "I lived here for 18 years and never heard of it. If Oprah likes the burger, it must be good," said Mike Thomsen junior

Le Tub is an old-time Florida open-air, metal-roof shack located right on the beach. The burgers are ten ounces of handmade sirloin meat. While people eat their burger, they can sit, relax and watch boats go by the intercostal. Le Tub cooks a thousand burgers on a daily basis and has had the same menu from the day it opened, serving only one type of burger. They feel their burger is the best and they do not need an alternative.

Le Tub burger has been getting rave reviews; it was listed on Hamburger America, a list of the 100 best burgers in America. GQ magazine food critic Allan Richman ranked Le Tub number one among the best burgers in America. The famous Oprah Winfrey decided to do a special on Le Tub for her hit talk show and her best friend Gayle King made it the top burger on her list. Bill Aucoin, manager of the classic rock group Kiss, also used to have a burger every day at Le Tub. When he died, the whole Kiss band went to Le Tub and had a burger in honor of their former manager.

Le Tub is a great place to go on a sunny weekend afternoon. One will have the opportunity to have a top ranked burger while enjoying an ocean view.

Le Tub is located in 1100 N Ocean Drive Hollywood, Florida 33019.

“HOP” INTO THE EASTER SEASON

April 25, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

The Newest Animated Movie Showcases Easter With Eggs, Bunnies and Candy

By: KATRINA JARVIS

Staff Writer



The Easter Bunny gets a makeover. Stock Photo.

“Hop” is produced by the same group behind “Despicable Me” and “Alvin and The Chipmunks.” The film is recommended for younger children, but others will find the film actually features a number of star-powered entertainers, along with a few good laughs.

“Hop” features the voice of well-known actor, Russell Brand, as E.B., the teenage son of the Easter Bunny. E.B. is intended to succeed his father as the Easter Bunny. However, intimidated by the demands, he flees in the direction of Hollywood to pursue his dream of becoming a drummer.

While the young rabbit struggles to find a home, he unsuccessfully asks star-lit Hugh Hefner to take him in at the Playboy Mansion. As E.B. continues to wander through Los Angeles, he encounters Fred (James Marsden, “X-Men”) an unemployed slacker with his own goals. Their destinies intertwine and the action begins when E.B. tries out for a TV talent show and Fred believes he can become the Easter Bunny.

Entertainer and comedian Chelsea Handler also makes an appearance in a humorless cameo as a prospective employer of Fred’s.

When asked to see the film, senior, Jonathan Tillawi replied, “Why not? I like the part where the bunny poops out jelly beans.” It is definitely a cute movie that will keep people laughing on this animal friendly holiday.

EARTH DAY IS HERE ONCE AGAIN

April 25, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Green](#)

[Leave a Comment](#)

Lynn Looks Into the History of Earth Day and Celebrates its Meaning

By JORDYN BINKOWSKI

Staff Writer



Lynn contributes to the environment by going green in many different ways around campus. Staff Photo/ J. Binkowski.

Earth Day is the world's most celebrated environmental event. It is a day to recognize the significance of the ground we walk on and the air we breath; today, we celebrate Earth Day.

"We have to preserve the Earth for the next generation," said Haley Mariano, sophomore. A big component of Earth Day is recognizing humans' effect on the environment. Over the past few years, there has been talk about "going green," but what exactly does that mean?

To many, going green means changing their lifestyle to better the environment.

Examples of going green consist of recycling, riding a bike instead of a vehicle that burns gas, which ultimately sends pollutants into the air, using non-toxic household cleaners and eating organic food as well as shopping at local farms.

"Earth Day is a day when we are conscious about how we treat the Earth," said Ronnie Minkoff, sophomore. Being conscious of how one treats the Earth is the first step at preserving the world. "Earth Day means sharing and inspiring people about the goodness of our creator," said Mariano.

Everyone has their own definition of Earth Day and everyone has different ways they help to protect the environment. The best way to achieve this goal of sustaining the Earth is to start; any environmental effort helps.

Next time one is finished drinking a beverage with a recyclable bottle, put the bottle in a recycle bin. If one can avoid using a car and ride a bicycle instead, do so. Given the options, choose organic foods and non-toxic household products. It is also recommended to give business to local farms.

There are many things one can do to get involved this Earth Day and for the rest of thier life; help protect the environment for generations to come. Earth Day is not just a day, but it can become a way of life. Reduce, reuse and recycle your way to a better way tomorrow.

GOING GREEN ON LYNN CAMPUS

April 25, 2011 by [Nisa Martinez](#)
Filed under [Green](#), [People](#)

[Leave a Comment](#)

By **SARAH BENJAMIN**

Staff Writer



Students tell iPulse about what they are doing to keep the Lynn campus green and clean. Staff Photo/ S. Benjamin.

There are many things that can be done to keep the planet clean and green.

As students there are many things to do on campus to help the environment and reduce the amount of wasted energy and products. With Earth Day approaching, iPulse set out to see what students are doing to be environmentally healthy.

“I recycle and I always pick up trash when I see it on the ground,” said Brooke LaMothe, sophomore.

“In my dorm room I use eco-friendly light bulbs in my lamps,” said Zak Richardson, sophomore.

“I like to shop at Whole Foods because they use recyclable shopping bags,” said Alden Ashby, sophomore.

“If I make too many copies of something I make sure to put the extras in the recycle bin,” said Dani Goldberg, senior.

“Instead of buying bottled water, I carry a canteen around with me to refill,” said Jessica Levinson, senior.

As one can see, students are doing many things to keep campus green.

LYNN TURNS TO SCIENCE FOR FOOD

April 25, 2011 by [Nisa Martinez](#)

Filed under [Green](#), [Lifestyle](#)

[Leave a Comment](#)

Scientific Literacy 100 Level Students Try to Prepare Lynn's Cafeteria Food

By CASEY DOLL

Staff Writer



Farming student at work. Staff Photo/ C. Doll.

Scientific Literacy is a required class for students at Lynn that has many objectives of study, including environmental sustainability and geology.

Most students prosper with knowledge from this enlightening class and to continue with these positive responses, the Scientific Literacy faculty decided to allow students to grow and process free food for Lynn.

“We wanted to give students hands-on experience with agriculture ,while also moving toward Lynn’s goal of self-sufficiency,” Said an optimistic Scientific Literacy professor. “We have faith that our entry level students will be more than capable in providing healthy and delicious food for the whole university.”

Professors have lined up an ambitious menu for these farmer students. Food items have been inspired by local resources and students' culinary familiarity. Some dishes include squirrel stew, home grown escargot and pepperoni hot pockets.

“Cooking is simple; there’s really nothing to it,” said a student cooking in a science lab. “I’ve made pizza rolls and stuff before, that should be enough.”

Hospitality students have expressed their discontent toward this new program, saying that the Scientific Literacy department is cheapening the intricacies of the culinary arts. The department has responded by revealing that hospitality students do not recycle and they do not believe in man-made global warming. The hospitality students' protests have since been dismissed.

Lynn is reported to expect a shipment of several dozen cattle for the purpose of farming during the coming week. These cattle will be stored on the soccer field and in case of poor weather or soccer matches, the cattle will be designated to students' residence halls as “pets for the night.”

Note: This piece was written in a joking, satirical manner and should in no way be taken seriously.

FINALLY, LYNN ON REALITY T.V.

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

Some Students Dreams Come True With The New Lynn Reality TV Show

By CASEY DOLL

Staff Writer



Lynn inspired by “Jersey Shore.” Stock Photo.

The great variety of opportunities at Lynn provide students the chance to fulfill their individual dreams. Despite this plethora of possibilities, there is one missing area of study that many students feel should be included in the Lynn University curriculum: the study of the art of reality television.

Studies of reality television will soon join Lynn's repertoire of majors and will offer classes such as "Night Club Etiquette 101" and "Studies in Drama: 'Oh No She Didn't!'" Both a bachelor and master's program will be available to students. Master's students will focus on the subtle elements of this art form, including the precision of implanting a sassy monologue within an intense catfight.

"Some people might say reality television isn't an art, but what do they know?" said the new dean of studies in reality television. "I bet they won't tell me that to my face; I'll show them how we do things back in the shore!"

A vocal community at Lynn has been pleading for the advancement of reality television studies for some time now. They have been doing this by going out to clubs every night, wearing \$200 Ed-Hardy T-Shirts and speeding through campus.

"When I see The Situation ordering shots for all of his friends, I think of how important it is to help others," said a future reality television student. "People can learn a lot through the way people treat each other in reality TV."

Studies in reality television will be an exclusive event, much like the VIP section of a favorite club. Appropriate attire includes an ultra mini-skirt and stilettos for female students and black undershirts with baggy jeans for males.

Note: This piece was written in a joking, satirical manner and should in no way be taken seriously.

COOL OFF WITH A TASTY TREAT

April 25, 2011 by [Nisa Martinez](#)

Filed under [Featured](#), [Food](#)

[Leave a Comment](#)

Students Get Healthy, Delicious Treats Minutes Away

By **BRITTNEY MARKOWSKI**

Staff Writer



Students love Eco-yogurt's cool atmosphere. Staff Photo/ B. Markowski.

It is officially spring, when the days get hotter, longer and students start getting antsy to hit the beach and cool off. Unfortunately, most are overwhelmed with classes and homework so they rarely get that chance. Eco-yogurt has filled that void for many students, satisfying their taste buds, as well as their need to cool off without breaking the bank or the scale.

With beats pumping out of the doors and a glare of sheer white that slaps one in the face upon entering, it is no surprise that the nickname for Eco-yogurt is "Club Eco" by a vast majority of students. It is located off Yamato Road heading East.

"Red velvet and cupcake shake are my favorite flavors and when I want to keep it healthy, I choose fresh fruit toppings, but usually I reach for the good stuff," said Hayleigh Irons, senior.

Do not be confused; this tasty low-cal alternative treat can easily be turned into an over-indulgent nightmare when reaching for the toppings. The opportunities are endless from fresh strawberries, granola and pineapple to reese's peanut butter cups and raw cookie dough bites.

After one chooses their flavors and loads their cup with the perfect amount of scrumptious toppings, it is time to weigh out and pay by the ounce.

"I just love this place," said Madeline Bachovin, freshman. "It's my guilty pleasure."

When reaching for a cone in the cafeteria or Ben and Jerry's at 7-Eleven think twice and take the extra initiative to get off campus and taste this delicious refreshing treat. Eco-yogurt is modernly decorated with mood lighting that will help one relax and get thier mind off classes and work while satisfying that college sweet tooth.

NINTENDO GETS ON THE 3D TRAIN

April 25, 2011 by [Nisa Martinez](#)
Filed under [Technology](#)

[Leave a Comment](#)

New Nintendo 3DS Gaming Console Takes a Step Into The Future With 3D

By JOSHUA KELNER

Staff Writer



The 3DS will sell out fast. Stock Photo.

Nintendo has taken another leap into the future with gaming and introduced its new Nintendo 3DS recently. The portable system is an extension of the original DS console with added features like three-dimensional style game play and, best of all, no glasses required.

The Nintendo 3DS console has been in production for years, and the hardware clearly shows huge strides in innovation. The console comes with a 2GB SD card that is eligible to upgrade. Impressively, it has two outer cameras next to each other to model the human eye's dimension perception. In addition to the cameras, the 3DS has the standard stacked two screens with a motion and gyro sensor that allows the games to interact with the user's motions and movements. The 3D feature can be adjusted using a depth slider that can show a dramatic 3D image or revert to 2D.

"I have been reading up about the console for a couple of months, and I am definitely looking to purchase it in the first week," say Eli Finn, freshman. The system has an option to create a Mii avatar, along with having an internal app store and browser. However, the gaming alterations are possibly the most interesting aspects.

AR games is a system designed to utilize cards which are set in front of the consoles cameras. On the screen, a 3D image is projected over the card, almost appearing if the game is directly on a tabletop.

"I tested the system out this week and I couldn't see any notable flaws within the design," said Jacob Alister, Boca Raton resident and gaming enthusiast.

The system is priced at \$250 and a back order is already being reported by Nintendo. The 3DS will be the first step into the future of three-dimensional gaming.

B.W. SHOWS OFF HIS LOVE OF BMW

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

Brandon Weitz has a Passion for Automobiles and His White BMW M3

By MICHAEL PALIOTTA

Staff Writer



Weitz's BMW M3 Staff Photo/ M. Paliotta

Brandon Weitz is a senior majoring in business and originally from Long Island, New York. Cars have always been a key interest of Weitz, so when it came time to choose one to purchase, his attention was drawn to a long time favorite, the BMW M3.

Before purchasing his car, Weitz traveled to South Carolina to attend the M School offered by BMW. While there Weitz had the opportunity to drive many different M models especially the M3.

During this three daylong class, Weitz was instructed on how to handle these powerful cars in many different scenarios. "We learned specific driving techniques and how to overcome under steer or over steer, also how the car responds differently in wet or dry conditions," said Weitz. After driving several different models, it was determined the M3 was the right fit.

The BMW M3 sedan is based on the same components as the coupe. It delivers 414 horsepower from a 4.0 liter V8 engine with 295 pound-feet of torque. This sedan can do a 0-60 MPH sprint in only 4.6 seconds.

Shortly after returning from the M School, Weitz placed the order for his M3, where he was actively involved in the majority of the options and specifications included in the vehicle. The most important option to Weitz was to opt for the manual transmission as he explained, "I want to drive the car, not have the car drive me."

Once Weitz received his M3, he began to customize it. He has added items such as a full exhaust system and carbon-fiber front lip and rear spoiler. Dark tint has been added to the windows and the emblems have been changed to black. Weitz also had the roof covered in a matt black vinyl wrap to keep with the black and white exterior theme.

Weitz's M3 is an extremely respected car in the auto world but with the addition of the tasteful and functional addition this M3 stands alone.

ADOPT A PUPPY AND SAVE A LIFE

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

iPulse Profiles Two Adorable Puppies Available for Adoption at a Local Petco

By KATRINA JARVIS

Staff Writer



Six Week Old Lilly Staff Photo/ K. Jarvis

For those interested in finding a fun, furry companion, without looking in places like pet stores and unknown posts from Craigslist, look no further.

Petco always offers in-store pet adoptions. For instance, right now “Lilly” has been at the shelter since March 14. She is an already spayed female, cute little four pound, tan Labrador retriever and American Staffordshire terrier mix. The shelter staff believes Lilly is about two-months-old.

Similarly, Petco has another female Labrador retriever and American Staffordshire terrier mix named “Gennefur”, whom has also been at the shelter since March 14. This little girl is five pounds and believed to be six to eight-weeks-old.

Adopting one of these little pups’ comes with benefits that others could never beat. Though there is an adoption fee, it includes spaying and neutering for every animal before going home, flea and tick treatment, preliminary vaccinations, deworming, an overall wellness check, heartworm test for dogs, microchip and registration, complimentary bag of Purina ONE pet food, free pet behavior counseling and a 14-day follow up care provided by VCA Animal Hospital.

For those whom are interested and want to adopt right away at Petco, one just needs to bring a copy of their lease and proof of paid pet deposit.

Otherwise, for more information call (561)-482-8475 or visit the Petco located at 9960 Glades Road (on the corner of SR-7 and 441 and Glades) in Boca Raton, between 9 a.m and 7:30 p.m.

WHOS YOUR FAVORITE CELEBRITY?

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

With All The Celebrities Playing Different Roles, Some Are Simply Fan Worthy

By JOEY CALABRO

Staff Writer



Magyar learning more about Heidi Klum. Staff Photo/ Calabro / Stock Photo

There is so much fame in the world, no one knows whom to idolize. From actresses and actors to reality television stars, it is tough to say who would be the most common celebrity looked up to. Someone that looks up to a very special person in every way possible has a lot to say about this topic.

“Heidi Klum is a role model of mine and there are many reasons why I envy her for being such a versatile person,” said Aubree Magyar, freshman. “She is a mother, a model, an actress, television host, fashion designer and a business woman.”

When someone has all of those traits and is very good at portraying them to the public eye, they are owed some credit. People look up to the celebrities that stand out and are good at what they do in many different areas.

“Also, I like that she is German because I am also German. She is not the “typical” model who is crazy skinny; I find that very unattractive,” said Magyar. “She has the curves and she is not afraid to flaunt them. Especially after having children she still has an amazing body.”

Since a celebrity can do something so amazing in such a natural way, it makes other viewers in the world want to go out and do something similar. It gives people something to base their natural traits off of without the pressure of feeling inferior to those who are seen under the limelight on a regular basis.

Celebrities have a big impact on society today because once someone is seen on television or in any other form of the media doing something bad or good, the whole world will judge them based on their actions, which can result negatively or positively.

Being a celebrity is hard work, and not everyone wants this lifestyle. But one bonus that is done involuntarily is recruiting fans to be inspired by their actions.

THE ONE-WOMAN SHOW BLOOMS

April 25, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [People](#)

[Leave a Comment](#)

Lynn Student Challenges Herself To Write A Perfect One-Woman Show

By SOPHIA BARRETT

Staff Writer



Hogue's unique persona. Staff Photo/ S. Barrett.

Lizzie Hogue, senior, is writing her own one-woman show for the Senior Communication Seminar class.

“The idea has been in my head for over six years and I’ve finally [gotten] a chance to do it,” said Hogue. “Throughout the years, I’ve always had small ideas that could be used in a play; I’m so excited that I get to do this.”

Those little ideas are quickly blossoming into a full 25 – minute show, which will provide much entertainment for all viewers. However, just like anything, the process of creating the show has not remained a simple task to tackle.

“Some difficult parts of creating your own one-woman show is being your own boss and making sure you get what needs to be done on time. But the hardest part of all is not letting your work take over your life,” said Hogue. “I actually had a small breakdown where all I was doing was thinking about my script and I forgot about how this is supposed to be fun.”

Often times individuals work hard to figure out how they can successfully cope with stress. Hogue did just this. “[In attempt to try and help myself through my breakdown,] I took a weekend off and did nothing but fun,” she said. “Now I’m back to work going strong again but only to a certain amount to where I can enjoy the rest of my day.” Hogue was successful in reorganizing her positive energy and giving herself a break.

Hogue’s possibilities for the show are endless. “It’s the one thing I enjoy so much about being my own boss, director, actor and designer,” she said. “Any changes I want to try and make, I can do. It keeps it fun, a bit busy, but completely worth it.”

Hogue remains very excited to see the turnout of the show and how viewers interpret it.

Hogue’s show, along with several other one-man shows will be premiering April 27 to April 29.

S.W.E.R. IS LYNN’S NEWEST CLUB

April 25, 2011 by [Nisa Martinez](#)

Filed under [Campus](#)

[Leave a Comment](#)

Students Working for Equal Rights Aims to Make a Lasting Difference

By SAMANTHA WOHLMUTH

Staff Writer



S.W.E.R.’s club logo. Stock Photo.

S.W.E.R., Students Working for Equal Right, has recently become part of Lynn University's clubs and organizations. Its mission, as stated on their Web site, is to "raise social awareness in the community about social justice and equal access to educational opportunities for immigrants and oppressed populations."

In short, S.W.E.R is a nationally recognized organization working toward freedom and equal rights for all who reside in the United States, more specifically, immigrants and children of immigrants. They believe that education is a human right that should be offered to all, even those who inhabit the U.S. illegally.

According to S.W.E.R, about 65,000 undocumented students, also known as illegal aliens, graduate from American high schools every year. However, only 5 percent of those students go on to pursue a college education, due to severe regulation of higher education systems.

With a quarter of Lynn University's population made up of international students, representing nearly 80 different countries, S.W.E.R is expected to create quite a stir on campus.

"They are now officially recognized [as a club on campus]," said Jason Bosch, coordinator of Student Involvement. "They just went through the recognition process with student government about a month and a half ago. But of course, since they just started, they're still getting things off the ground, trying to recruit members and figure out what kind of programming they're going to do. They're looking to go full swing next fall."

For more information on S.W.E.R and how to join, log on to <http://swer.org/home> or contact Lynn's Office of Student Involvement.

GOING GREEN WITH ELECTRONICS

April 25, 2011 by [Nisa Martinez](#)
Filed under [Green](#), [Technology](#)

[Leave a Comment](#)

Corporations are Testing Out Recycling Efforts with New Technology

By JOSH KELNER

Staff Writer

With society becoming more reliant on electronics, one wonders what steps are being taken in the computer world to go green? Unfortunately, although there has been advanced in many areas, most major computer companies are just beginning recycling programs.

Chemicals that compose a computer are usually in small amounts and relatively harmless. Currently, chemicals like Lead, Cadmium, Decabromodiphenyl Ether, Arsenic, Mercury and other dangerous items are being released at a fast pace as technology updates are becoming more frequent for consumers.

In the past years, computer companies have been receiving a lot pressure from major environmental activist groups and companies like Apple have released plans to combat these issues. Many of the dangerous chemicals are slowly being substituted for stable alternatives while others are going into creating new products.

“I’ve replaced my computer, on average every two to three years,” said Chris Van Wart, senior. Many consumers are harboring their old machines still in closets and drawers, however, there could come a time when one wishes to dispose of these machines. The method in which one goes about this is very crucial.

“Electronic recycling facilities are becoming more common and usually take everything from laptops to backup batteries,” said IT Manager John Kowalczyk, who works for Conversion Services International.

In fact, recycling electronics can be a way for people to put a little extra money in their pocket. Major computer recycling companies will pay for operational products, which they can salvage. Recycling computer parts will not only benefit the environment, but can keep computer supplies cheap for the corporations, which can impact the price for the consumer.

Although this problem is not heavily published throughout the media, it is crucial for all to be proactive to avoid future environmental issues.

RIDE UPON THE RIVER OF GRASS

April 25, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

Experience the Untouched Splendor of the Nearby South Florida Everglades

By JASON FARBMAN

Staff Writer



An airboat operator takes a group through the Everglades. Stock Photo.

The Everglades is best known as Florida's big swamp or the home of alligators. Since 1945, companies all around Florida have been giving education air boat tours through the Everglades.

The original air boat ride is in a town near Miami called Coopertown. The tour takes people through nine miles of the swamp land. The tour first goes into the vast open saw grass where one will see why the Everglades are called the "River of Grass." The boat will also stop at alligator holes, which is a great opportunity to see a wild gator. The airboat will also give people the chance to see a lot of wildlife such as the Purple Gallanule, voted the most colorful bird in Florida, and the endangered Everglade Snail Kite, as well as herons, grackles, turtles, raccoons and other Everglades residents.

Coopertown Airboat Tours have been used in many TV & film productions and magazine photo shoots. It appeared in the classic 70s TV series "Miami Vice" and in the hit drama "CSI Miami." It also appeared in documentaries for National Geographic, Discovery channel, Animal Planet, PBS, NBC, CBS and CNN. Its been used in commercials for American Airlines and Pringles.

There and Then, Here and Now”

April 25, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

College of International Communication Introduces The Nuremberg Project



Lynn's College of International Communication presents The Nuremberg Project: A Live DocuDrama adapted directly from the Nuremberg Trails' transcripts on April 30, at 7 p.m. in the Wold Performing Arts Center.

This performance and project was created to highlight the gift of the official transcripts of the Nuremberg Trails, which were given to the university last year. The Nuremberg Trials' Transcripts contain the testimony of 22 major Nazi war criminals who were tried in the historic city's Palace of Justice. During the production, prosecutors, defendants and the Military Tribunal hearing the testimony will appear simultaneously on screen directly from 1940s video footage and portrayed on stage by Lynn University faculty and staff.

See and experience the multimedia-staged performance, including both original documentary and music score, complete with a memorable ending. Admission is free and seats available on a first-come, first-serve basis.



2011 SONY ERICSSON OPEN

April 22, 2011 by [Nisa Martinez](#)
Filed under [Athletics](#), [Featured](#)

[Leave a Comment](#)

A Tournament That Never Ceases to Surprise Its Audience

By PATRICIA LAMMLE

Editor-in-Chief



Novak Djokovic holding his trophy. Getty Images.

A record total of 316,267 guests visited the Tennis Center at Crandon Park including a men's finals record of 14,625 on Sunday, April 3. This marked the fourth time in the last five years that the Sony Ericsson Open broke its all-time attendance record. This year the tournament set five new session attendance marks and sold out nine sessions.

This year the final matches showcased some of the best players. On one of the most electrifying men's singles finals in Sony Ericsson Open history, the Serbian, Novak Djokovic defeated World No. 1 Rafael Nadal for the second consecutive ATP World Tour Masters 1000 event after winning at Indian Wells two weeks ago, upending the Spaniard 4-6, 6-3, 7-6(4) to win his second Sony Ericsson Open Sunday afternoon. Furthermore, Victoria Azarenka defeated former No. 1 Maria Sharapova, who just came back after a difficult shoulder injury.

Both the men's and women's finals were broadcast live on CBS. The tournament also made its return to ESPN2 with the network broadcasting 18 hours of coverage. Overall, the tournament received a record 77 hours of domestic television coverage on Tennis Channel, ESPN2 and CBS.

The Sony Ericsson Open is a global event with more than 600 credentials issued to media from 30 countries including reporters from Argentina, Australia, Belgium, Bolivia, Brazil, Canada, Chile, China, Colombia, Costa Rica, Denmark, Ecuador, France, Germany, Guatemala, Israel, Italy, Japan, Mexico, Portugal, Russia, Serbia, Slovakia, Spain, Sweden, Switzerland, United States, Uruguay and Venezuela.

Therefore, as editor-in-chief of the iPulse newspaper, I feel honored to be able to cover this international event. I can talk for myself as well as for my former co-editor-in-chief Carlos Sanz, who got the opportunity to go to the event this year as well, when I say that we are both very thankful for having had the opportunity of covering the event and be treated with such

professionalism. As aspiring journalists this got us even more interested in the field by learning the different faces of journalism, as we got a taste of this ever-changing field.

This tournament is truly and international event with visitors coming from all over the world. It is considered one of the most prestigious titles in professional tennis, both by the ATP and the Sony Ericsson WTA Tour organizations and has been awarded “Tournament of the Year” several times.

It also has become the most glamorous event on tour and this year’s event was definitely the place to be seen in Miami. It was a true attraction for local and international celebrities. Miami Heat’s hottest stars, Dwyane Wade, LeBron James and Chris Bosh, were spotted at the tournament, as well as Vogue editor Anna Wintour; Reggie Bush of the New Orleans Saints; actress Camilla Belle; actor Andy Garcia; and fashion model Brooklyn Decker, just to mention a few.

This year’s tournament was marked by the return of top players like Maria Sharapova, Ana Ivanovic, Juan Martin del Potro and James Blake. But this did not deny the fans any lesser of a performance with the appearance of comeback players Rafael Andal, Kim Clisjters or Andy Roddick’s talented showoff. Stellar appearances from most of the top-10 players in the world delighted the audience and confirmed the tournament as one of the hot spots for the players. Even though Rafael Nadal, Roger Federer or Maria Sharapova could not lift the trophy this year, they assured the press that they will work hard to be in shape for next year’s event.

Working next to media outlets such as ESPN, the Miami Herald and Getty Images was very inspiring. It gave us an insight on the strict routines that reporters and photographers face when meeting deadlines and submitting newsworthy material. Once again, we leave this amazing tournament with nostalgia; thus it definitely has a special place in our hearts.

SCHLOEMER’S RESCUE READY RAM

April 22, 2011 by [Nisa Martinez](#)

Filed under [Lifestyle](#)

[Leave a Comment](#)

Students Never Miss This Light-Up Truck When it Rolls Onto Campus

By: Mike Paliotta

Staff Writer



Schloemer and his Ram. Staff Photos/ M. Paliotta.

Tom Schloemer, junior majoring in criminal justice with a minor in disaster management, is also a member of the fire department in his hometown of Milwaukee, WI. His 2008 Dodge Ram is outfitted with state of the art technology designed to assist the management of any emergency.

Schloemer's Ram 1500 has a 5.7 liter V8 engine with automatic transmission, 330 ft-lbs of torque, 320 horsepower and averages between 13 and 17 mpg. "Compared to the other trucks being made for the 2008 year, it's the most classic looking. I didn't like the updated look of the Fords and Chevys," said Schloemer.

The most noticeable part of Schloemer's truck is the many lights that surround it. Running lights, or lights that stay on whenever the truck has on its headlights can be found no matter which angle the vehicle is viewed. A strip light and others are under and in the grill and five individual lights are above the windshield. Running lights run along the running boards and dually lights are mounted on both ends of the rear wheel. "The running lights are really just for looks, and they make traffic more aware of you," said Schloemer.

Strobe lights are incorporated in the front headlights as well as rear lights. On the roof, two light bars are mounted which house LED bulbs in a range of colors. When Schloemer is home in Wisconsin, he works for a local towing company. "When you're doing any kind of towing or changing of a tire, you use amber and white lights," explained Schloemer.

Further equipment includes off road lights, a siren and public address system. Special license plates indicate his activeness in the fire department.

Other than Schloemer's ram, his greatest tool for facing an emergency is one of his two dogs, Shadow, a certified rescue dog. Shadow has undergone five months of training already and has much more to complete, but her skills are that of a rare breed of animals. With the two aids to assist him in any given emergency situation, Schloemmer is able to serve anyone in need.

NEW POOL RULES IMPLEMENTED

April 22, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Lifestyle](#)

[Leave a Comment](#)

New Guidelines Established for Self-Conscious Students at Lynn's Pool

By: CASEY DOLL

Staff Writer



Self-conscious students will benefit from new regulations. Staff Photo/ C. Doll.

The campus pool is a hot spot for most students to relax and relieve stress. For some students, however, it is a place of great horror. There are some who do not use the pool because they are ashamed of their own bodies. The administration has heard the pleas of these self-conscious students and intends to console them by introducing several new guidelines to the pool facility.

One of these rules states that shirts must remain on at all times. If a student does not wear an appropriate sleeved shirt, they will be given a giant t-shirt that has a logo stating “Everyone is Beautiful.” This rule ensures that students who are sensitive about their weight will feel safe.

“Some of our students might feel that wearing t-shirts while tanning is not particularly effective,” said an administration member. “But this is a necessary precaution to ensure that every one of our precious students feels comfortable and loved.”

The t-shirts are a contingency for an even more important rule: no student is allowed to look at or talk to anyone else while at the pool. To ensure this, sunglasses are now strictly prohibited in the vicinity. The eyes of every student will be closely watched by a mob of armed guards who will be patrolling the pool.

“There just isn’t any time to stay in shape,” stressed an obese student. Instead of working on my appearance or shrugging off the meaningless insults of mean-spirited people, I would rather just limit the freedom of everyone else.”

Overweight students have also complained that t-shirts will not completely hide their bodies while swimming. For this reason, swimming in the pool is no longer permitted. Sitting or lying in the chairs is now prohibited because it often shows off the belly rolls of students.

Note: This piece was written in a joking, satirical manner and should in no way be taken seriously.

IT’S EASY BEING GREEN

April 22, 2011 by [Nisa Martinez](#)

Filed under [Featured](#), [Green](#)

[Leave a Comment](#)

Lynn Celebrates Earth Day by Continuing its Goal of Sustainability

By SYDNEY PUTNAM

Staff Writer



Lynn campus is set to celebrate Earth Day by spreading the word about sustainability.

Recycling, conservation of energy and planting new life are three simple things that can be done to help preserve the Earth. But, there are many who neglect to complete such tasks due their own inconvenience or unawareness.

However, Earth Day marks the one day a year that calls for extra attention to the Earth. People set out in multiple communities to take on different duties that will help keep the Earth a less polluted and healthier atmosphere to live in.

For those who are looking for events on campus to tend to, Lynn has established a colorful array of Earth-friendly ideas to partake in.

Today, 40 scrub oak trees will be planted in the proposed future site of the preserve located in the rear of campus. The planting sessions will provide new life to campus, further strengthening the ecology and landscape. For those wanting to participate, please meet in the lobby of the International Building at 10 a.m. Paying back the Earth by planting trees and flowers will not be beneficial if people do not first put an end to their own pollution.

Unplugging cell phones, computers and other electronic device chargers can be the first step. Leaving things plugged in when they are no longer connected to a device, or when the device is done charging, results in over usage of energy, creating more pollution. In addition, flyers will be placed in classrooms reminding professors to turn off the projectors and shut the lights off once classes have ended. It is also important and will be reminded today to adjust air temperatures in buildings and offices to a reasonable status. Letting off too much air is a waste of energy and bad for the environment.

In terms of waste, there are many things done on a day-to-day basis that can be limited to conserve many resources. Things such as making sure something is precise before printing it and using both sides of the paper can be extremely beneficial. In terms of food, how frequently is the amount of food that goes untouched in the cafeteria considered? Outrageous visuals demonstrate the realization of how severe little careless acts such as taking more food than one can consume may be. Because Lynn has been suffering each day with an asinine quantity of wasted food, it has been proposed that a display of fresh fruit substitute the actual cafeteria food on campus.

During meals today, trays in the cafeteria will be removed. Each day, washing the trays for each meal wastes an outrageous amount of water. Faculty and staff who are part of the sustainability committee are also trying to raise awareness for the terminated usage of plastic water bottles around campus. It is hoped that higher officials of Lynn will approve filtered water machines to be placed in several different areas so students could fill reusable aluminum or hard plastic water bottles that may or may not be provided by the school.

The Counseling Center, the Women's Center, the Health Center and the Office of Student Involvement celebrated Earth Day yesterday. The theme portrayed by these offices is "Respect the Earth – Respect Each other." They planted pots, provided anti-bullying information, tie-dyed recycled clothing and had a Facebook wall where students were given the opportunity to post anti-bullying messages. Some of these events may continue into today, stop over the Student Center and take a look.

Raising awareness, spreading the word and communicating are the three most prominent factors in luring people into something. More often than not, individuals are not involved with the community because they have not been properly educated on the subject at hand, such as stopping contamination. Officials on the board of different departments within Lynn's community have come to many agreements to help sustain a healthy environment that can be attained by everyone working together. Look around campus today to find different activities to take part in along with useful messages to broaden much needed knowledge.

THE APPLICATION REVOLUTION

April 22, 2011 by [Nisa Martinez](#)
Filed under [Technology](#)

[Leave a Comment](#)

“Apps” For iPhones, Blackberries and Other Smartphones Take Over Campus

By: JOEY CALABRO

Staff Writer



The app craze at Lynn. Staff Photo/ J. Calabro.

The iPhone is an addictive device that grabs people's attention and distracts them from doing just about everything. One factor that makes this true is the various applications available to choose from.

Amber Macleod, freshman, had a lot to say about the applications for her iPhone. “My favorite app to play is Fruit Ninja. It is a game that is simple, stylish and addictive,” said Macleod. “It’s quick when you just have five minutes on your hands; you can just play a level and it gives you a challenge to make it addicting so you want to keep playing.”

There are many different kinds of applications that can be found simply by typing any text into the search bar. The Apple App Store offers a lot and could provide mostly anyone with an application they please. It not only has games, but also school-related apps, bank apps and airline apps. Anything that has to do with the media department is available in the Apple App Store.

“The two apps that help me a lot day by day are the dictionary app and the bank app. For the dictionary app, it is very simple, all you have to do is type in a word you don’t know and it gives you everything about that word that you have to know. It is very good for school,” said Macleod. “Another one is the app for my bank, so I can look at my account frequently and I know where I am with my balance, which is good because I am on my own and need to stay up to date with that.”

Apple has come up with many reliable apps at the palm of any individual’s hands at all times. Who would not want to have everything all in one device as needed? The Apple App Store has the ability to make things go by much more smoothly on a day-to-day basis.

THE HYBRID HOOPLA HITS CAMPUS

April 22, 2011 by [Nisa Martinez](#)
Filed under [Green](#), [Technology](#)

[Leave a Comment](#)

Students Join the Green Movement by Showing off Their Hybrid Automobiles

By MICHAEL PALIOTTA

Staff Writer



McDonnell and her Prius. Top: McDonnell riding in her Prius. Right: Prius model features an internal energy monitor. Staff Photos/ M. Paliotta.

Concerns over the treatment of the environment are an ever-growing problem. One of the most common contributors to pollution is an everyday necessity that our modern nation has been formed around – the automobile.

Great amounts of energy are currently being placed toward creating a solution to pollution caused by this necessity. Currently, the best answer is the hybrid electric vehicle. The word hybrid means a combination of two things; the word represents the collaboration of a gas-powered engine with an electric motor.

Hybrid cars work by combining the power from the gasoline engine and electric motor to power the car. Until the car reaches a certain speed, it has the ability to be powered by the electric motor, once that speed is exceeded, the gasoline engine kicks in and powers the car. While the gasoline engine is being used, kinetic energy created during braking and other driving conditions is converted to power used to charge the electric motor's batteries. By being able to use the gasoline engine only when necessary the vehicle is able to achieve superior gas mileage and less carbon emissions than that of a gas-powered vehicle.

Kate McDonnell is a senior from Shaker Heights, Ohio, majoring in elementary education. The environment is a major concern of McDonnell's and she often encourages friends to adapt some of her green practices. "Things like recycling, unplugging stuff you're not using and turning off the water when brushing your teeth are small steps, but they really do make a difference," said McDonnell.

When McDonnell decided to purchase a car, she spent time researching the greenest vehicles on the market. At the end of her search, McDonnell purchased a 2009 Toyota Prius, the most popular hybrid vehicle sold in the U.S. "I picked the car because of its amazing gas mileage and low emissions to the environment," said McDonnell.

Under the hood of this vehicle is a 1.5 liter, four-cylinder engine and two electric motors – one powers the front wheels and the other recharges the car's battery. With the combination of the

gas engine and electric motor, the car creates 110 horsepower and 82 pound-feet of torque sending the Prius from zero to 60 mph in 10.4 seconds. The EPA estimates the Prius will achieve 48 mpg city, 45 mpg highway and 46 mpg combined.

The conservation of the environment is an important task everyone should take action toward.

FAILURE OF A FAIRY TALE FILM

April 22, 2011 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

“Red Riding Hood” Will Put Audiences to Sleep Faster Than a Bedtime Story

By: HARRISON BAKER

Staff Writer



Seyfried in “Red Riding Hood.” Stock Photo.

I have seen terrible movies before, but I believe this has to be in the top five. “Red Riding Hood” is a movie portrayed around the popular children’s story. The movie offers horrible acting and an even worse plot. The worst part of the film was the acting; I have seen better acting in high school plays. The two main actors are Gary Oldman and Amanda Seyfried; these are the only decent actors in the film. The movie also has no continuity.

“Probably one of the worst films of the year, I can’t believe this movie was ever made,” said Mohamed Al-Raysheed, junior. This film has nothing to offer to the audience. There is also a lot of wasted time from each scene, which makes for a dull and boring movie. “I could barely sit

though this movie,” said Brian Zelaski, senior. The movie is only an hour and a half, but you would think it was double that because of the terrible acting.

“Wow, are you kidding me? This movie was great, I didn’t want it to end,” said Andrew Geise, junior. You can tell the movie is low budget from the cheap wardrobe and even cheaper acting classes that were apparently given out for free to the actors. The only good aspect of the film is the scenes with Oldman. If you want to see a horrible movie that will put you to sleep, choose “Red Riding Hood.”

HEALTH CARE BACK IN COURTS

April 22, 2011 by [Nisa Martinez](#)
Filed under [Politics](#)

[Leave a Comment](#)

Students are Ready to See the Federal Health Care Law Before the Supreme Court

By DESTINY GOLDEN

Staff Writer



Health care is a hot topic in the U.S. Stock Photo.

Students are eager to see how appellate courts will rule on the federal health care lawsuit.

The case is currently being heard by an Atlanta Federal Appeals Court in the Circuit, and on June 8, the court will hear oral arguments on the case.

Plaintiff’s for the case are 26 states, Florida being one of them. They will attest that the health care reform law is unconstitutional.

A recent Gallup Poll taken about the health care law stated that “46 percent of Americans say it is a good thing and 44 percent say it’s bad.”

“I believe that there should be health care reform, but I don’t think that it should come in the form of this law,” said an anonymous grad student.

Sophomore Askin Illait feels differently. “Not only is this law great, but I think it should be extended to include immigrants also.”

While students are somewhat divided, they believe the case should be heard by the Supreme Court of the United States of America.

“It should go to the Supreme Court,” added Illait. “It’s the highest court in the land and it’s their job to uphold the law.”

Another case in Virginia against the health care reform law is being fast tracked and might be heard by the Supreme Court prior to the case involving the state of Florida.

SHARAPOVA COMES BACK STRONG

April 22, 2011 by [Nisa Martinez](#)
Filed under [Best of Boca](#)

[Leave a Comment](#)

Maria Sharapova Goes to the Women’s Final in the 2011 Championship

By CARLOS SANZ

Contributing Writer



Sharapova during the match against Azarenka. Photos/Getty Images.

Maria Sharapova, a former World No. 1 Russian tennis player has not only won 22 titles and 3 Grand Slam Championships, but has proven to tennis fans all around the world in this year's Sony Ericsson Open that real champions can fight against all odds and come back from some of the worse injuries to triumph again.

Sharapova rose to the top of the game when she was only a teenager, breaking through and defeating Serena Williams in the 2004 Wimbledon final to take her first Grand Slam title. She became a star of the game, dominating the game with her incredible power and ability to control all her opponents, rising to No.1 in the world in four separate occasions. Ever since she defeated Serena Williams, she gained the respect of all the players in the locker room, imposing her talented strokes wherever she decided to land on.

This brilliant tennis star is not only known for her aggressive nature and growls on court, but also for her beauty, which has extended her public profile way beyond tennis. She has been featured in a number of modeling campaigns, including a cover in "Sports Illustrated Swimsuit Issue." She has also modeled for Nike, Prince, and Canon and has been the face of many fashion houses such as "Cole Haan." Furthermore, four years ago she became a world ambassador for the "United Nations Development Project Goodwill," advocating for the relief and recovery of Chernobyl.

Even though a bright future was laid before her at such a young age, shoulder injuries started to creep in 2007, seeing her ranking fall out of the top-5 for the first time in two years. She managed to come back to win her third Grand Slam title at the Australian Open in 2008, but ultimately her shoulder problems resurfaced, requiring surgery and causing a ten month lay-off from the game. Her ranking dropped to No. 126 and after trying to come back to the top for two years, and winning three titles, she has made it happen at the Sony Ericsson Open. Displaying a show of winners and powerful shots and after more than two years outside of the top-10, Sharapova's run to the final has placed her at No. 9 in the world rankings, once again inside the top-10.

Critics and non-believers around the world sentenced her career back in 2008, arguing that she would never be able to come back. At the Sony Ericsson Open quarterfinals she defeated 26th seed Alexandra Dulgheru in an epic three hour match, prevailing by 3-6, 7-6 (6), 7-5 (5). Then in the semi-finals she defeated German underdog Andrea Petkovic, who had previously defeated World No.1 Caroline Wozniacki in earlier rounds. Even though she lost in the final to Victoria Azarenka, she pulled off a standing ovation from all the fans that were cheering and overly excited to see Maria Sharapova back in the courts and striking the ball with the power and aggressiveness which elevated her to the top of the game back in 2005. Maria Sharapova proved that it is never late to comeback, and that with hard work and perseverance, a champion will always be a champion.

AZARENKA TAKES THE TROPHY

April 22, 2011 by [Nisa Martinez](#)
Filed under [Athletics](#)

[Leave a Comment](#)

Victoria Azarenka Defeated Maria Sharapova in the Championship Final

By PATRICIA LAMMLE

Editor-in-Chief



Azarenka with the 2011 trophy during a photoshoot. Photos/ Getty Images.

Victoria Azarenka left Miami with certainly more than what she came with. The 21-year-old Belarusian player defeated former No. 1 Maria Sharapova in the Sony Ericsson Open women's final thus taking home the trophy. Currently ranked as No. 6 in the world, she proved that she is strong and committed and she can do anything to win a title.

On April 2, 2011, Azarenka shocked the world when she took Sharapova, who has definitely come back strong after a couple of years, on a 6-1, 6-4. Azarenka did not only wrap up the Sony Ericsson Open title by rolling over Sharapova, but defeated renown players such as Kim Clijsters and Vera Zvonareva, on her way to the final.

This is the second time that Azarenka wins the Sony Ericsson Open title, and it certainly was one memorable tournament for her. Not only did she defeat World No. 2 Kim Clijsters and World No. 3 Vera Zvonareva, but she took all of them in straight sets.

Azarenka has won two mixed doubles Grand Slam titles 2007 US Open with Max Mirnyi and 2008 French Open with Bob Bryan. She has also won six singles titles, including winning the Sony Ericsson Open twice, first in 2009 and now in 2011.

She is an aggressive baseliner and is known for her well-timed and powerful groundstrokes. Her best shot is her backhand, which is currently regarded as one of the strongest among the women's players. She can be effective at net, as her drive volley is one of the best in the women's game. Her main weakness is considered to be her serve, due to her instability.

Moreover, although her forehand has improved over the years, it sometimes breaks down and produces unforced errors.

Azarenka has been criticized for the noise she makes when hitting the ball and she has also been noted for her tendency to lose her temper during matches. Although she did have a strong noise when hitting the ball, it was not as shocking to the public, or to the critics, as it used to be.

On the other hand, her strong temper did change during this tournament, but on a positive note. Never did she lose control and never did she scream or break a racket. She was calmed and focused throughout the tournament, and that is what got her to the final and what made her the champion.

“I’m enjoying myself so much on the court,” said Azarenka during her interview, commenting on her attitude toward her game. “I’m going to fight for every ball, and just do the best job possible.” This player certainly has a bright future to come, at just age 21 she is starting to conquer the Tennis world and she can definitely intimidate some players in the court.

HAILING A CAB BECOMES A NORM

April 22, 2011 by [Nisa Martinez](#)
Filed under [Campus](#)

[Leave a Comment](#)

Campus Golf Carts are Set to be Requisitioned Into Student – Use Taxis

By CASEY DOLL

Staff Writer



Santaigo Bernal in his taxi. Staff Photo/C. Doll.

Golf carts on campus are a useful means of transportation for staff and security. However, there has been a recent outcry amongst students for these machines to serve the student body.

Administration has heard these pleas and decided to make several reforms to the current golf cart policy.

Campus golf carts are now to be used for the sole purpose of taxiing students around campus. The system will work similarly to the cart that is stationed outside of the north lot after 10 p.m. These “taxi carts” will be stationed outside every building to facilitate travel for students.

“Finally, I can give my feet a well-deserved rest while going to class,” said a slovenly student. “And now, when I’m going to the cafeteria, I can eat on the way there while someone drives me.”

This service is made available for all students and strictly forbidden for faculty and staff. The cab fare is a standard flat fee of \$10. Students believe this is a reasonable expense to pay to save them from physical exertion.

Using the campus’ golf carts as taxi service has left maintenance workers wondering how they are going to travel around campus with needed equipment to assist tasks that have gone untended to. The administration is answering this question by distributing pogo sticks to those who have lost their carts.

“I used to enjoy riding around in my cart,” said a maintenance worker as he frantically hops around campus with his tools. “But this pogo stick is much more fun.”

Note: This piece was written in a satirical, joking manner and should in no way be taken seriously.

ANA IVANOVIC SHINES

April 22, 2011 by [Nisa Martinez](#)
Filed under [Athletics](#)

[Leave a Comment](#)

Ivanovic Shows Her Positiveness and Strength

By PATRICIA LAMMLE

Editor-in-Chief



Ivanovic winning a point. Photos/ Getty Images.

Ana Ivanovic is a former No. 1 tennis player from Serbia. Ivanovic started playing tennis at the age of five after watching a match of Monica Seles on television. She got her first racquet for her fifth birthday and since that moment on she never left it aside.

She fell in love with the sport and became No. 1 in the world, in 2008 after winning the French Open. Being the first one in her family to play the sport, she got a lot of support as well as encouragement from her mother, father and brother, to keep on rising.

This shining athlete does much more with her time than just practice. She has been part of the Adidas Player Development Program since 2006 and has consequently worked on and off with coach Sven Groeneveld. She was appointed to be the UNICEF National Ambassador for Serbia alongside Aleksandar Dordevic, Jelena Jankovic and Emir Kusturica. She takes a special interest in the fields of education and child protection.

Ivanovic is fluent in English, Serbian and almost in Spanish, proving that her talent goes beyond tennis. Throughout her career she has won many awards and has been recognized for all her hard work. Ivanovic is an offensive baseliner who is notable for her aggressive play. Her best surface is the clay court, but she likes playing in all surfaces. Moreover, one of her biggest strengths is her powerful forehand, which has been considered to be one of the best forehands in the game.

She is strong-willed, sensitive, determined and extremely competitive. During this year's Sony Ericsson, Ivanovic proved that she is capable of becoming No. 1 again. Her strength kept her going through her long matches and her strive to succeed kept her focused. During the women's semifinal, she took Kim Clijsters, currently ranked as No. 1 in the world, on a three set match that lasted almost three hours; that proved how tough and how strong her comeback has been.

Although Ivanovic could not take the trophy home this year, she certainly is prepared to face the best tennis players and win another trophy. After having twisted her ankle badly, she came back strong and positive. If there is one thing about this amazing player, it is that she shines on and off the court. She certainly is very charismatic and takes a place on your heart once you get to know her.

JOURNEY FROM NEVADA TO BOCA

April 22, 2011 by [Nisa Martinez](#)
Filed under [Athletics](#), [People](#)

[Leave a Comment](#)

Baseball Player Phil Mannelly Travels Cross-Country for the Sport he Loves

By: SHAWN KALE

Staff Writer



Mannelly keeps an eye on the bases. Photos/ P. Mannelly.

Phil Mannelly, junior, is an outfielder majoring in business from Minden, Nev. Mannelly decided to come to Lynn for the warm weather and better opportunities, on both the diamond and in life.

There are many different places students at Lynn hail from and people would not think twice about it if a student said they came from any number of states or other countries; but when someone says Minden, Nev. there is a pause to wonder, “Why would anyone from Nevada be at Lynn?”

Minden, is a small town outside Reno. Mannelly was a two sport standout at Douglas High School, where he was three time all conference in baseball and two time all conference in football. When asked why he chose to continue baseball over football, Mannelly said, "It was my first love and I always pictured myself hitting the game winning home run in the World Series"

From high school, Mannelly took his talents to the college rank where he decided to play at a junior college, Feather River College. "I chose Feather River College because other teams had overlooked me and it was close to home," explained Mannelly. He was two all conference and earned many more looks from division one and division two schools, but chose New Mexico State because it was a great up and coming program with a great hitting ballpark to play in. "They had one of the most respected hitting coaches in the country and I was eager to learn from him," said Mannelly.

Mannelly found he was looking for a change in the end and wanted to get away from the west and see the world for his own. Lynn had recruited Mannelly and a few other teammates at junior college and at New Mexico State when some were looking to transfer. He jumped at the idea of moving to South Florida and enjoying the warm weather and city life of Palm Beach County.

Mannelly felt elated with his decision to come to Lynn and does not have one regret. "I really like playing here and being around the others players and coaches on the team," he said. "The school itself is great and is setting me up for bigger things after I graduate."

Mannelly's trip across the U.S. to Boca has come with many accomplishments and experiences. He plans to stay local after he graduates and enjoy the weather and atmosphere for as long as he can.

DJOKOVIC: PERFECT 27-0 RECORD

April 22, 2011 by [Nisa Martinez](#)
Filed under [Athletics](#)

[Leave a Comment](#)

Novak Djokovic Takes Home the 2011 Sony Ericsson Championship Trophy

By CARLOS SANZ

Contributing Writer



Djokovic with his newest trophy in Miami. Photos/ Getty Images.

Being under the shadow of two of the greatest tennis players in history for years is never easy, but Novak Djokovic, 23, has proven so far this season that Rafael Nadal and Roger Federer are no longer his burdens in the finals.

With a perfect 27-0 winning record so far this year, including a victory at the first Grand Slam of the year in Australia, Djokovic has already beaten Federer three times this year, to overpass him in the rankings and is currently No. 2 in the world. Furthermore, he has also beaten World No. 1 Rafael Nadal twice, including his most recent win at the Sony Ericsson Open final this month, and is on the heated fight for the No.1 spot.

This Serbian professional tennis player has not only become the first player representing Serbia to win a Grand Slam, but also the youngest player ever in the Open era to reach the semifinals of the four major events of the year. His second Grand Slam title came too in Australia in 2008. Djokovic has the record for holding the No.3 spot in the rankings for most total and consecutive weeks, always falling behind Nadal and Federer.

He was a bronze medalist at the 2008 Olympic Games and in addition led his country to winning the Davis Cup at the end of 2010, adding this to his previous titles and seven Masters Cup titles.

Even though we have seen flashes of excellence and grandeur as Djokovic defeated the two top players in multiple occasions, he always fell short out on the big stage. But he now has the longest winning match streak behind tennis legend John McEnroe (situated at 39), and is pushing forward to consolidate himself at the top of the game.

After achieving the World No.2 ranking the previous week by winning the Indian Wells Masters cup, Djokovic lost only 18 games en route to the final of the Sony Ericsson Open. He crushed some of the best players in the game, including American sensation James Blake (6-0, 6-2) and

Mardy Fish (6-3, 6-1). In the final, Djokovic beat World No.1 Rafael Nadal, 4-6, 6-3, 7-6 (4) in a match that lasted 3 hours and 21 minutes. By winning this match, Djokovic is yet to lose a singles match this season. He also added another record to his resume, by being the first player to win the Australian Open, Indian Wells and Miami Masters triple, after Federer did that in 2006.

A double winner of the award for Best Sportsperson of Serbia and the award for Best Sportsperson by the Olympic Committee, will this young Serb be able to serve it out and become the first World No.1 Serbian tennis player? Results speak louder than words, and so far, he is on track to do so if he continues elevating his game into the clay court season.

HOMES GET SOME ZING WITH ZEN

April 22, 2011 by [Nisa Martinez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

It is Easy to Add a Little Zen to Any Room With a Few Small Aspects or Items

By: LIZZIE HOGUE

Staff Writer



A peaceful wind chime. Staff Photo/ L. Hogue.

Zen is something that can be accomplished by training ones mind, body and soul; but what about adding the feel of Zen to one's household? With the right atmosphere in a personal space, a more

relaxed and Zen feel can easily be added and creativity is key. Try adding things that go along with taste and style but make one feel relaxed and serene.

Colors are a factor to consider when adding that extra relaxation feel. For example, try to stay away from any bright colors or loud patterns; look for more concrete textures. Earth tones are great when searching for calming colors. Each color can represent a part of the Earth such as blue for the ocean or sky, green for the grass and all types of browns, oranges and reds for the ground. For someone who enjoys patterns, maybe searching for earthy colors with leaf or sky-related patterns to add the feeling of simple serenity, just like the feeling the Earth gives off when looking at the sky or trees blowing in the breeze.

Some enjoy having flowers every now and then, but try adding small plants as well. Plants are not only good for decoration but most do not require constant sunlight and watering, and add extra oxygen to a room. Try to be specific in picking out plants; however, if it does require a lot of watering and sunlight and one lives on campus, that will kill the plant. Small palm tree plants are good companions to add because they can last up to a year or longer and are easy to take care of.

AFTERSHOCKS AFFECT JAPAN

April 22, 2011 by [Nisa Martinez](#)
Filed under [Columnists](#)

[Leave a Comment](#)

A Month Later, Japan Still Faces Devastating Disasters

By AMANDA SPENCER

Staff Writer



A shot of some of the devastation facing Japan. Stock Photos.

Aftershocks continue to rattle Japan. The worst of dozens of aftershocks occurred with a 7.4 magnitude quake on April 7, but reports of the most recent aftershock leaves Japan in a high state of alert.

“The news of more aftershocks is devastating,” stated Mayra Gallo, sophomore. “To think about the amount of damage that has already occurred, it is just unbelievable to think that there could be more.”

Not even one month after a 9.0 magnitude earthquake and tsunami devastated Japan’s coast, killing at least 13,000 people, an aftershock quake occurred last Thursday killing two people and leaving 132 missing. A handful of roads were damaged, leaving about four million homes without power. A tsunami warning was issued but then canceled when no waves appeared.

Workers at the Fukushima Daiichi plant were evacuated after the quake and it was reported by Tokyo Electric Power Company that there were no immediate reports of damage and their work was not impacted by the quake; but since the aftershock quake with a magnitude of 6.6, Japan’s situation has worsened.

The aftershock caused a brief halt to water pumping to cool the three damaged nuclear reactors at the Fukushima Daiichi plant that was crippled by the 9.0 magnitude earthquake that occurred on March 11.

Japan has raised the emergency at the Fukushima nuclear plant to level seven the highest on the international scale of nuclear accidents, leaving Japan at the same level as the disaster in Chernobyl that occurred on April 26, 1986, which is considered to be the worst nuclear plant accident in history that left 64 dead as of 2008, but disputes continue about how many will eventually die.

As of April 12, the amount of radiation released from the Fukushima power plant was at 370,000 terabecquerels compared to Chernobyl’s total amount of radiation released at 5.2 million terabecquerels, but officials say radiation leaks are continuing in Fukushima and could eventually exceed those at Chernobyl.

“It’s scary to think about the effects that the nuclear disaster could have in the future,” stated David Gordon, senior. “I feel for the people of Japan.”

At least six people were killed in the 6.4 aftershock, as the quake triggered landslides burying three homes in Iwaki. Three people were rescued and hospitalized and fire officials are working to rescue an unknown number of others believed to be trapped.

For the time being, the Japanese people are keeping their fingers crossed in hopes that these were the last of the aftershocks, but also preparing for the worst.

LATEST ACTION THRILLER IS A HIT

April 22, 2011 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

Funnyman Bradley Cooper Proves His Acting Chops in the Film “Limitless”

By: HARRISON BAKER

Staff Writer



Cooper is “Limitless” in his new film. Stock Photo.

“Limitless” is a thrilling movie where anything and everything can happen by swallowing a small pill. The main character, Eddie Morra played by the infamous Bradley Cooper, discovers a small mysterious pill which allows anyone who takes it to accomplish any task in minimal time. Such as learning a new language or writing a paper in about a third of the time usually needed by allowing the individual to access all areas of the brain. After people find out about the pill, it is harder for Eddie to keep it a secret. One of the characters in the film, Carl Van Moon, played by the one and only Robert De Niro, tries to go after Eddie by taking down his empire, which he has created for himself.

“One of the best movies of all time. During this movie I was shocked from beginning to end,” said Daniel Priego, senior. One of the most interesting aspects of the film is the camera angles the director shot during parts of the climax portions of the film. “Wow, I was speechless after the movie; I mean, how they filmed this is remarkable,” said Jordan Kruse, senior. “I think everyone should see this movie, a great movie with even better actors,” said Brian Zaleski, senior.

The film has many ups and downs making it very interesting for anyone who enjoys an action-filled movie with superb acting. “Limitless” is one of those movies where one is in complete shock from the beginning to the end of the film.

U.K. COFFEE IN THE COURTYARD

April 22, 2011 by [Nisa Martinez](#)
Filed under [Campus](#)

[Leave a Comment](#)

Lynn Students Join Together to Celebrate the Culture of the United Kingdom

By Jordyn Binkowski

Staff Writer



Members of K.O.R. Staff Photo/ J. Binkowski.

Students gathered in Perper Plaza recently to celebrate and enjoy desserts, coffee, music and live entertainment that is popular in the United Kingdom.

The event was organized by Knights of the Roundtable. “Every month, we pick a country and have Coffee in the Courtyard,” said Haley Pratt, senior, and Knights of the Roundtable member. “People come by on their way to the cafeteria. More than a 100 people stop by before lunch to get coffee and dessert.”

Coffee in the Courtyard allows students to sample different delicacies from countries around the world. This month, Coffee in the Courtyard featured the United Kingdom. U.K. coffee and desserts were featured as well as U.K. decorations, flags and other symbolic hallmarks.

“This is our first year running the event,” said Pratt. Coffee in the Courtyard has been held monthly for the past 10 years. Last year was the first year that Lynn did not offer the event. This year, Knights of the Round Table has stepped up to take on full responsibility of running this.

All are encouraged to attend the monthly event to try tasty treats and coffee from around the world.

The Four Men Who Created The Buried Life Shed Inspiration

By SYDNEY PUTNAM

Staff Writer



Members of the Lynn community spend time hanging out with the guys of “The Buried Life.”
Staff Photo/ M. Slavin.

Recently, Lynn held an event in The Keith C. and Elaine Johnson Wold Performing Arts Center to enlighten both the Lynn community and the public of the mission set out by cast of “The Buried Life,” a reality television show aired on MTV.

During the night “The Buried Life” shared both the struggles and success es they came across while working to accomplish goals they felt are most adamant to be completed in a lifetime.

The idea of ironing out what should be achieved before dying came about after the four friends started reflecting on what they found most important in life. Those thoughts soon led to a list, later transferring into 100 Things to Do Before You Die. One of the biggest things on the list at the time was paying off their parent mortgage, which they saw as “good pay-back.” However, as time went on, the friends found other things to be of greater importance, which in turn could be the simple act of reaching out to someone in need.

The boys made a pact that whenever one of their list items was crossed off, they would assist another individual in completing something he or she wanted to do before they die. At that point, it was obvious the boys had people following their quest, which was just the start to how much more they would be looked up to in the near future.

With such success so early on, they made sure there was a name to entitle their events for any which case that may occur. After spending a good amount of time thinking of a name, one

member of the group recalled a poem, which was assigned in a college class called “The Buried Life.” Right at that moment, they made up their minds.

With a bus named Penelope, a list of important things to accomplish before dying and the urge to assist others in completing tasks they found important, the boys set off across the U.S. to begin their mission one step at a time. Their first tour was in 2006 and their idea to aid other individuals once they crossed something off on their lists remained true. More people from all over the country began to contact the boys as their adventure became better known, giving the boys a more widespread name.

In 2007, they continued to receive more emails and phone calls regarding their mission. They were then asked for the first time to turn their pursuit into a reality television show. However, after being asked by many different networks, the boys had to turn down offers in fear that the show would be being altered to fit the producers’ vision. They took it upon themselves to use donated money and personal savings to invest in film equipment. They then “raised the bar,” said one member. “We sort of said, lets see what we can do.”

2009 began with a story from a woman named Trudy who had six months left to live due to cancer. She told the boys her wish was to give children with cancer a chance to forget about the disease that hangs over their heads. Never being contacted by someone with such a severe and legitimate wish such as Trudy’s, the boys took it upon themselves to bring terminally ill kids with brain cancer to Toys R Us for a shopping spree.

Once 2009 began to progress, they wanted to “make things even bigger.” “What could we really go after now?” was a common question they thought about during this time. They wanted to go after the biggest things on their lists next. In the meantime, they were contacted by yet another network, but this time they had a different approach.

MTV came up with an offer for the boys to air their own reality show. However, with strong feelings toward having producers change their main goals to make them fit the average reality television requirements, the boys made it clear that they would only accept the offer if MTV followed them on their journeys without any scripts, only cameras.

In no time, the boys accomplished two successful seasons of what is now known as “The Buried Life.” Although some of the tasks on their lists may come off a bit playful or mischievous on television, the boys gave useful insight during the event. “You might find satisfaction in helping others that you have never experienced before,” shared one member. “Help them do something they want to do before they die.”

It is common amongst many Americans, especially young adults, for depression, eating disorders, anxiety and other insecurities to arise and potentially linger for a variation of time. Something the cast made known is the fact that “you are not alone.” They advised talking about internal issues and not to “think of others views of you; all you really need to be is you.”

In terms of following the mission set out by the cast, a similar one can be accomplished with three simple steps of making a list, going after it and helping others.

After the event, a couple students were asked to give their feedback. ““The Buried Life”” opened my eyes to the fact that anything is possible,” said Laura Gilli, freshman. “What really impressed me was their inability to give up; I think we can all learn from that.”

Before leaving stage to mingle with attendees, the cast gave everyone in the audience a chance to voice things they wanted to do before they die, along with personal advice on how to achieve such a goal. “I thought it was very inspirational and helped a lot of people in the audience with their lives,” said Dino Balesano, freshman.

It is clear that the appearance of “The Buried Life” cast, which has been granted by their success, had enough strength to give confidence and reassurance to a diverse audience.

MTV SHEDS INSPIRATION ON LYNN

April 22, 2011 by [Nisa Martinez](#)
Filed under [Profiles](#)

[Leave a Comment](#)

A Look at the Story Behind the Hit MTV Show With Two of its Stars

By **JENNIFER RODRIGUES**

Editor-in-Chief



Ben Nemtin, Duncan Penn, Jonnie Penn and Dave Lingwood. Staff Photo/ M. Slavin.

In 2006, four friends got together to talk about life and ended up asking each other one simple question: what do you want to do before you die? It was then that “The Buried Life” was born. It started as a simple experiment and documentary attempting to cross items off a bucket list and help others cross items off their own lists. Three years later, the project hit the airways as a new television show on MTV and became a phenomenon.

During the guys’ recent visit to Lynn University, Duncan Penn and Dave Lingwood took the time to sit down with iPulse and talk about their experience over the past five years.

i: How did the four of you meet?

Duncan Penn: We’re all from the same small town in Canada, Victoria. Jonnie and I are brothers, Jonnie and Dave are in the same break-dance crew and we knew Ben from around the neighborhood. We all knew we wanted to do something big, but we didn’t know what.

i: How did this idea and concept come about for both the list and the MTV show?

DP: It wasn’t always a show. It started four years before the show. We started talking about life and thought of the question, what do you want to do before you die? We questioned if anything was possible, what would we do and we wrote it down.

i: Where did the name “The Buried Life” come from?

Dave Lingwood: It is the title of a poem by Matthew Arnold. Jonnie got assigned it in a college English class. It’s all about the day-to-day things in life that just bury you. When we read this poem, we realized it wasn’t just us feeling this.

i: How many items are on your bucket list?

DL: It’s not about a set 100 things; its about going after what you’re passionate about. After meeting people and talking to them, the things you want to do will change. The list grows with you.

i: What has been your favorite item to cross off of the bucket list for each of you?

DP: Playing basketball against President Obama. It was cool because it was very symbolic for us. Four guys from Canada playing basketball with the President is pretty symbolic of the idea that anything is possible.

i: Which item(s) do you feel were the most difficult?

DP: Streaking was the most intense.

DL: I’ve never seen Jonnie so scared. It was like earth-shattering for him.

DP: If I had to guess, for Dave, in two different ways, MFA fighting or delivering a baby.

i: Why is it important to you to help others cross items off of their lists?

DP: Its been an innate part of the project since the beginning. So many people reached out and helped us; it just made sense to pay it forward. It balanced out the project. It was going to be a documentary of us going out and talking to people and asking this question. We were going to be in the background but then we realized people liked us being out in front doing things.

DL: We didn't want to go out there and say 'hey, go out and live your life.' We wanted to prove it.

i: What advice would you give to people who are making a bucket list and want to work on really crossing the items off?

DP: The first thing is to take the first step even if you don't know exactly what to do. The second thing would be to treat your dreams like projects. Dreams have a funny way of staying dreams but projects get done.

i: Why did you decide to start speaking at colleges and universities?

DL: We started it to talk to our friends, ask the question and explore it. We wanted to keep talking to our peers and what better place than at universities?

i: What do you hope students will take away from your appearances on their campus?

DL: What I hope students will take away from this will be maybe a little drive to ask, "what do I want to do before I die?" and go after it. If they are already going after it, a little extra push. Ben met someone today who was just so happy doing what they were doing. He said to us if everyone just did something they enjoyed, we'd live in such a better place.

i: You both have completed so many items on your list, but what do you still want to do before you die?

DP: Go to space.

SAVING THE EARTH WITH A BLOG

April 22, 2011 by [Nisa Martinez](#)

Filed under [Green](#), [Profiles](#)

[Leave a Comment](#)

Editor of Planetsave.com Talks About Easy Ways to Go Green Today

By BRITTANY KLONTZ

Social Media Editor

Zachary Shahan, editor of the eco-friendly blog Planetsave.com, has a strong devotion toward environmental issues and is a role model for eco-crastinators wanting to begin a greener lifestyle.

Planetsave.com is a great blog to keep up with if one is an aspiring eco-enthusiast, updating frequently each day about climate change and environmental news and posts on how to green your life. In an interview with iPulse, Shahan took a moment to discuss Planetsave.com and share some eco-advice for college students.

iPulse: Tell us a little bit about yourself and how you became involved with Planetsave.

Shahan: I've transitioned through a handful of careers in the past 10 years or so, all focused on helping the environment in one way or another. I got involved with Planetsave sort of serendipitously. Planetsave was initially an email service. A girlfriend in college introduced me to it in 2001 and I set up an account. (In 2008), I saw an advertisement to join the Planetsave team (or, actually, the Green Options Media team) as a writer — Planetsave had developed into a successful green blog at that point. In 2010, when Important Media (previously Green Options Media) reacquired Planetsave, I got an opportunity to become its site director. I have been putting all my heart into it since.

i: How do you make 'greener' choices in your day-to-day life?

S: I was born and raised vegetarian, so that is one big, but quite easy, thing for me. I also got rid of my car years ago and have only had more enjoyable commutes since then (by bicycle, foot, bus and streetcar — I've moved around a bit). Additionally, I live a pretty simple life and try to buy greener products whenever they are available. Lastly, I speak out about these issues, which I think is critical.

i: In your opinion, what is the most common misconception when it comes to sustainable living?

S: That it's difficult. To be frank, sustainable living is more fun, cheaper and makes you feel better about yourself (priceless). There's no reason not to live more sustainably, in my opinion.

i: What is your advice for college students who want to do something constructive for the environment?

S: The three biggest things are green transportation, a green diet and where your electricity comes from. Bicycling is fun, cheap, healthy, good for the economy and a viable option for a large percentage of trips. Riding transit and trains can also be a lot of fun, more convenient, saves the average U.S. citizen approximately \$10,000 a year and is also good for the economy and job creation. Eating vegetarian or vegan and eating local foods are some of the greenest things you can do. Doing so is also better for your health and will probably make you feel better. A little more difficult, but really not that difficult these days, is switching to a clean electricity source like solar power. Solar power is cheaper in the long term and even cheaper in the short and medium term these days in some places. Now is a great time to switch to solar.



Celebrate the Arts

April 18, 2011 by [Brandon Melendez](#)
Filed under [Campus](#), [Entertainment](#), [Featured](#)

[Leave a Comment](#)

LYNN UNIVERSITY DRAMA STUDENTS TO CELEBRATE THE ARTS

Performing in the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn Drama students are coming together for an evening to celebrate the arts. The idea was created after a successful dance review this past fall. Sophomore, Bianca Barioli was the director, choreographer, and a featured performer for the fall show.

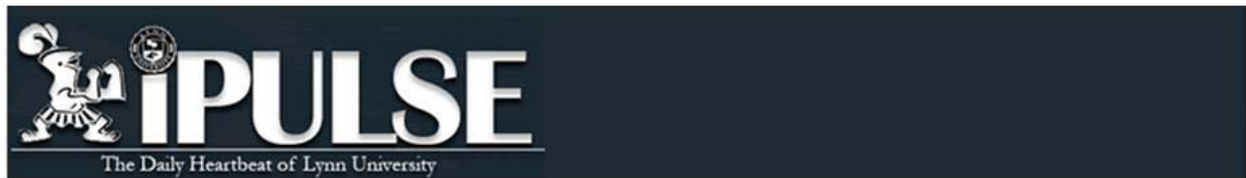
When discussing the new Celebration of the Arts Barioli states “All those involved have dedicated their time, effort and talent whole heartedly. This night will not only showcase the students natural gifts and different abilities but also their passion and creativity through self expression.” Barioli has teamed up with Professor Carrie Simpson who is serving as the artistic director for the event.

Simpson, an avid promoter of the arts, was delighted with the idea to open the event up to the public. The title of the event is “Celebration of the Arts: Building Community through Creativity.” Simpson states, “The idea behind the event is to celebrate dance and music, but to also showcase other forms of art and to bring them together in one stellar evening. Instilling in our students a love and support for all art forms has become a vital part of my teaching.

This is a tremendous opportunity for them to get involved not only as performers but also as promoters and supporters.” The students at Lynn are exhilarated at the opportunity to perform in this event. Drama major Kayla Golladay stated, “I can’t wait to perform in the Wold because it’s a chance to be as big as I want to be with my performance!” At 7 p.m. the doors to the lobby of the Wold Performing Arts Center will be transformed into an active art gallery featuring digital student artwork on television screens as well as traditional artwork.

The performance, beginning at 8 p.m. will contain an exciting evening showcasing Lynn University drama students in the styles of contemporary, hip hop, modern jazz, Bollywood, salsa, and Fosse. Also mixed into the evening’s performance will be musical theatre numbers from

shows such as Cabaret, Smokey Joe's Café, and Hairspray, among others. Audiences will love this dynamic mix of art, dance and music. It is an event the whole family will enjoy. For tickets to the production call 561-237-9000 or visit lynn.edu/tickets. Students, faculty, and staff are free with a Lynn ID.



CHALK ARTIST IMPRESSES LYNN

April 12, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#), [People](#)

[Leave a Comment](#)

Lynn Newcomer Evan Bregstone Shows Off His Artistic Side

By SYDNEY PUTNAM

Staff Writer



A frog drawn outside Freiburger by freshman Evan Bregstone. Staff Photos/ S. Putnam.

Murals have sustained a popular stance in the artistic world for quite some time and are usually created with paint-based mediums. However, even in the narrow artistic field of murals, there is diversity.

Evan Bregstone, freshman and local to Alexandria, VA., can be found decorating the sidewalks around campus with images drawn in chalk. But how did such a hobby begin?

“I was walking into Old Lynn, and there used to be a bag with one piece of chalk in it,” shared Bregstone. “I used to take the chalk and draw with it.” After a couple times, he realized that for a creative and talented individual like himself, being equipped to design chalk murals did not require many supplies or much effort.

However, “they must have figured out someone was taking their chalk, so they stopped putting it there,” he said. With that behind him, Bregstone decided that the end of chalk being left in the common area of the residence hall would not determine the end to his newest past time. “I went to Wal-Mart to buy my own,” said Bregstone. From that moment, he provided himself with an array of colors to make even more vibrant pieces, further placing those around campus in a state of awe.

“I used to draw roses and hearts until people called them Ed Hardy,” expressed Bregstone. “So then I changed from puppies to frogs to dead people and even band names. I try not to go realistic, and more tattoo-like.” Although many artists tend to uphold a common theme in their artwork, Bregstone seems to stray away from such an orderly habit and recreates images of random things that come to mind. So far this year, Bregstone sketched and detailed about 20 chalk murals, each one being different from the next.

Yet, for an artist whose work is placed on the sidewalk, adequate shelter to preserve it is not guaranteed. “I draw two to three times a week depending on the weather,” said Bregstone. “When I draw, I want the drawings to at least survive through the next day; I don’t care what happens after that.” For Bregstone, checking the weather before drawing and hoping for his work to survive being washed away is all that is in his control.

With such keen appeal for transferring colorful, imaginative ideas from his mind onto something tangible, one could assume that Bregstone has received at least some extent of artistic training. But such a view is not factual in his case. “Back in elementary school I drew, but in middle and high school I stopped,” articulated Bregstone. “[For] some reason when I came here I started again.”

When such talent comes naturally to an individual, it is expected that he or she continue to work toward pursuing future plans that are coinciding. In spite of the fact that chalk murals are not the most common form of art, others that are more universal and require the same technique do exist. “People ask if I am a tattoo artist after seeing my work and tattoos,” stated Bregstone. “They then ask me to draw their tattoos.” This could very well become a profession that could potentially provide Bregstone with enjoyment along with great success.

In the meantime, Bregstone will continue with his major in film production and think up new ideas for chalk murals that brighten the days of those around campus.

INSIDE THE UNDA RATED CREW

April 12, 2011 by [Nisa Martinez](#)

Filed under [Best of Boca](#)

[Leave a Comment](#)

Lynn University Student Finds His Passion for Art Through Dance

By SOHPIA BARRETT

Staff Writer



Meyers lives on stage. Staff Photo/ S. Barrett.

Alex Meyers, senior, is a part of a dance crew here in South Florida. Over the past two years, he has expanded his skills into acting.

iPulse: When did you start dancing?

Meyers: I started dancing as a product of my environment. I grew up surrounded by entertainers but for the last two years that my grandma “Gar Gar” was with us, my brother and I used to watch old musicals like White Christmas with her and dance with her. I have been working in entertainment as a dancer, disc jockey and emcee for the last eight years and started my own entertainment company three years ago, which was when I wanted to practice the dancing part of my entertainment because I was now the face of my business.

i: When was the dance crew created?

M: I was invited to be part of the Unda Rated Crew (U.R.C.) a little less than a year ago. This crew was founded by Mitchell “Bonafyde” Butts, who is someone many hip hop dancers in South Florida look up to, including myself. We have been involved in a lot of battles, shows and competitions in South Florida as well as throwing our own jam this year.

i: Why drama?

M: After taking Acting 1 with Adam Simpson, I was able to remold my style as an all around entertainer and book more events because I turned my craft into an art.

i: What makes your crew different?

M: Our dance crew prides ourselves in being a family and remaining humble because we do it for the love of dance.

For all social and corporate entertainment needs, M.C. Alex Entertainment Group can be reached at (954) 548-9890.



NEESON IS ANYTHING BUT “UNKNOWN”

April 8, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

Liam Neeson Reaches Action Star Status With His Newest Action-Thriller

By: HARRISON BAKER

Staff Writer



Neeson's latest hit is "Unknown." Stock Photo.

Adventurous, action-packed and on the edge of your seat action are a few ways to describe the movie "Unknown."

The plot of the film is Dr. Martin Harris, who is played by Liam Neeson ("Taken"), has a horrible accident which distorts his memory. His main objective in the movie is to find his wife, who has no recollection of being married to him. Dr. Harris tries to put the pieces to the puzzle together and find out what really happened after his car plunged into the river.

The climax of this story is when another man takes Dr. Harris' identity. "I was amazed by each camera angle. The movie was really out there," said Mike Davis, senior. Even though Neeson plays basically the same character in all of his films, this movie is still fresh and attractive. Everything from the details of the movie, such as the lighting and the setting of dark gloomy Berlin, really brings a mood to the movie.

"I was skeptical about seeing this film; I thought it would be boring. I ended up loving it," said Mary Stine, junior. From beginning to end, the movie draws audience members into the film and grabs their interest. "This was a interesting film with even crazier actors in it," said Megan Raymond, senior.

Being entertained is the primary goal of going to a movie. "Unknown" delivers all the characteristics of a great flick. I recommend rushing to theaters and seeing this piece of cinema as soon as possible; you will not be disappointed.

NUMBER FOUR” FAILS TO DELIVER

April 8, 2011 by [Nisa Martinez](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

This New Release Succeeds With Interesting Scenes but Lacks Focus

By: HARRISON BAKER

Staff Writer



Pettefer in “I am Number Four”. Stock Photo.

“I am Number Four” is an interesting, complex story with many interesting characters. Each scene has a different edge, which helps the viewer better understand what is going on throughout the film. The overall story is vague and unappealing with a plot that does not grab the audience’s attention.

The main character, John Smith, played by Alex Pettefer, is a young teenager who discovers he has ultimate powers. The basis of this movie is to understand how Smith obtained these interesting powers and what his goal in life is.

“I found this movie to be boring and dreadful long and drawn out,” said Brian Zaleski, senior. During the whole movie, many will find themselves sitting and waiting for the movie to get to the climax and continuing to wait until the movie is over. “Wow, this movie had extremely poor acting and I almost fell asleep during this one,” said Kristen Metzler, senior. The thought of making a sequel to this movie would be shameful to all movies in the same genre of films.

“I enjoyed the movie, but thought it did not have any continuity to it,” said Andrew Geise, junior. The whole movie just does not make a whole lot of sense with where Smith’s alien relatives came from and not to mention the poor acting from the start of the movie until the end. If someone made another movie with the same exact plot, people would immediately rush out of the theater disappointed.

Overall the movie was dull and did not grab the audience's consideration at all. If one likes poor acting and a plot with no balance or activity, then they will most likely love this film.

YOGA FOR YOUR BODY AND SOUL

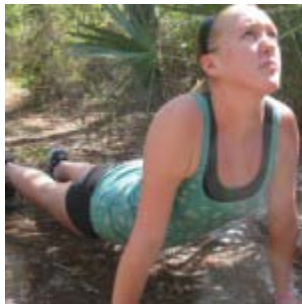
April 8, 2011 by [Brandon Melendez](#)
Filed under [Lifestyle](#)

[Leave a Comment](#)

The Ancient Art of Yoga is Practiced by Many at Lynn University

By **LIZZIE HOGUE**

Staff Writer



Above: Greenman strikes a pose. Staff Photo/ L. Hogue.

The ancient art of yoga has been practiced throughout history, but what many people do not know is why it is so good for you. Claire Greenman, junior, discusses how yoga helps and affects her in her busy life.

“I really like to go to the gym and run a lot, but some days I’m so sore I just want to stretch,” said Greenman. “It’s where I found yoga great because my muscles will get so tight and yoga just puts me at complete relaxation and I can go to sleep without worrying about work-out cramps.”

Claire does not only exercise regularly, but she had just recently moved, so the lack of personal technology, such as printers or computers, is not at her leisure. “Since I’m moving around so much, yoga is so quick and easy. I can just do a tree pose and— boom! I feel better; no stress.”

It is true that it can help keep one flexible, fit and all along relaxed, but it is also good for one’s soul and thought process. The Indus Valley civilization, located in Northern India, practiced yoga with hopes to seek spiritual growth by connecting their internal self with their transitory

self or eternal self. What the Yogis (people in that civilization) learned was God was in all beings and parts of the world, including man. Unlike Christianity, where their belief is in one God, yoga teaches us to focus on our own God, the self and improving and understanding the self for the better.

Yoga is not for everyone, but the idea that anyone can do yoga is true. Modern yoga has turned to the practice of stretching the body for a more flexible and loose body.

TELEVISION'S NEW DIMENSION

April 8, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

With 3D Becoming the Newest Thing in Film, Home TV is Following Suit

By **JOSHUA KELNER**

Staff Writer

Analyzing the current status of 3D technology, shopping for a television is extremely complicated already with the choices of LED, LCD, Plasma as well as deciding which company is best and what size television to get.

Consumers faced with the option of 3D television might be new to the consumer world, but all the designs that are being introduced have years of computer engineering behind them.

3D itself has been successful in the movie theaters and is now being offered in an HD format right to one's home. However, is it necessary to get in on the craze or should one wait for the prices to come down before indulging?

3D HDTVs can range from \$1,000 to \$4,000, depending on what additional features it offers and which retailer to choose from. "I ended up spending upwards of \$1,500, including the glasses," said Joe Rosenblum, owner of a 50-inch Panasonic 3D television.

With each pair of active shutter glasses or goggles costing around \$200 dollars, the final price can be based around how many people are watching the television at once. 3D HDTV's design resembles more of the internal hardware of a computer and less components of what television had even five years ago. The standard 3D HDTV usually offers an LAN outlet or hard-line Internet access as well as some that offer WiFi. Many are beginning to include video calling programs – like Skype – and manufacturers are beginning to include internal webcams.

Finally, with Internet connection, it offers highlights of news, sports, weather and more. So what is available to watch on 3D TV? Currently, there are three methods of watching 3D. The major way most people use the feature is the 3D Blue-ray discs. “I enjoy watching a movie with the 3D most of the time and when it’s done right, it can add to the overall quality of the viewing,” said Jessica Levinson, senior.

In addition to Blue-ray, 3D is becoming readily available with most mainstream premium cable companies and major networks following with the recent launch of ESPN 3D and Discovery Channel 3D soon to come. “In addition to television, gaming is a major reason to buy a 3D HDTV set,” said Eli Finn, freshman. Currently, 3D gaming is available on PlayStation 3, but there are still limited 3D titles available.

Although 3D HDTV is more than usable right now, most consumers may want to wait another year. The technology world is echoing with Hitachi and Toshiba’s 3D designs—which will not require glasses at all— as well as Nintendo’s portable 3D gaming system. With whatever route one takes as a consumer, make sure to read multiple product reviews before making a final purchase decision.

WOMEN’S BASKETBALL HEAD COACH

April 8, 2011 by [Brandon Melendez](#)
Filed under [Athletics](#), [Campus](#), [Profiles](#)

[Leave a Comment](#)

Niki Washington Reflects on Her Time Coaching the Basketball Team

By: JOEY ARGENZIANO

Staff Writer



Above: Niki Washington coaching the women’s basketball team how to play ball. Photos/ JC. Ridley.

Niki Washington has had amazing experiences as head coach of Lynn's women's basketball team. Coach Washington is a low-key coach that treats the game and her players the right way.

Coming from a basketball family – her dad was drafted by the Celtics in the early '60s and she has three brothers who all competed at the college level – Washington has played the game since age eight. Coach Washington was the Gatorade High School Player of the year in Florida, had an amazing college career and played professionally in Europe.

Injuries set her back and she realized coaching was her destiny. After helping lead Seminole Community College to two NJCAA Regional tournaments, Coach Washington spent six years at Florida A&M University as top assistant, then came to Lynn as an assistant in 2008. In 2009, she was promoted to head coach and in her first season rewrote the Lynn University history books by winning the program's first ever SSC Tournament Championship and NCAA Tournament berth. Coach Washington recently sat down with iPulse for an interview.

iPulse: What is the best part about coaching?

Washington: To know that you will impact the girls' lives. It's surreal watching them grow and mature into young adults. I care about them as I want them to become successful players and successful people.

i: What is the hardest part about coaching?

W: Developing chemistry and learning to communicate in a way that is effective for each member top to bottom. I want to make sure that everyone feels a part of the team and knows that each of their roles are important and a vital component to our team's success.

i: Why is Lynn a special place to coach?

W: I love the people here; the athletic department, teams, students, faculty and staff are very close knit. We have an administration that is dedicated to equipping us with the tools and support to be successful and continue the school's rich athletic history. The Women's Basketball program has a good opportunity to keep that history going and accomplish great things.

i: What are your goals this off-season?

W: My goals are for my staff and I to finish recruiting and sign our top prospects in April. I hope to sign two more post players and seal the deal on a verbal commitment we received two weeks ago. As for our returning kids, no rest for the weary (as she chuckles).

THE WOMAN BEHIND CHRISTINE'S

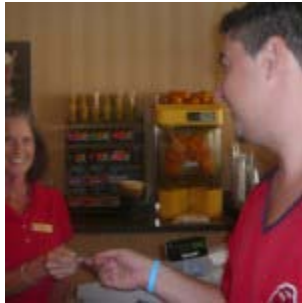
April 8, 2011 by [Brandon Melendez](#)
Filed under [Campus](#), [Food](#), [Profiles](#)

[Leave a Comment](#)

Barista Luann Jarvie Always Has a Smile to Deliver With a Cup of Coffee

By JOEY ARGENZIANO

Staff Writer



Above: Luann Jarvie. Staff Photos/ J. Argenziano.

Luann Darras Jarvie is a lot more than the barista at Christine's to students as she has become a friend and a role model to the Lynn community.

Jarvie, originally from Pittsburgh, moved to Florida at age 15. She has two daughters (Stephanie, 23 and Kristen, 21) that attend FAU. This football fan is friendly, lovely, approachable and caring. Jarvie loves the beach, working out and coaching cheerleading. Jarvie started working here three years ago. She also loves her job as well as the Lynn students.

iPulse: Why is Lynn a special place to you?

Jarvie: Lynn is an amazing place; I enjoy being here. It's awesome that I get to meet a lot of people and make friends. I really love and enjoy the students and faculty here because they are happy and respectful. I love seeing the faces and knowing the names as some of them don't need to tell me what they want to order because I know what they usually get.

i: What is the relationship you have with the students?

J: I love the students here like they are my own. In fact, I feel like a mother figure as I treat them with love and respect. It is a two-way relationship. They keep me updated with fashion and current events. They also give me good advice, as I do the same for them. I take my time to get to know the students. I feel that they are comfortable with me and they appreciate me. I try to help them out with anything they need because I want them to feel comfortable at this school

i: How important are the bonds you have made with the students?

J: These friendships mean the world to me. I have made some great connections. I even keep in touch with some alumni. I feel honored to be a role model and a person that people come to not only for food and drinks, but for advice and good conversation.

i: What is the best advice you can give to the students?

J: Work hard; show up to classes, even if you had a tough night before. Get the best education because you will earn the best jobs. Also, enjoy your college career because you will have many responsibilities after you graduate and go into the real world.

i: Since you work at a college, do you miss living the college life?

J: Working here makes me feel that I'm back at college because it reminds me of my college experiences.

i: How much do you love working at Christine's?

J: I enjoy what I do. I took the job because it's fun. It's not even that stressful. You do need a lot of energy though because it's fast-paced. This job keeps me active. Christine's is a lively place as the students make it a fun place to work.

i: What do you recommend at Christine's?

J: I would say Joe's Blueberry Muffins and the Peanut Butter Dream Smoothie because they are both very yummy. The muffins are home-made here at Christine's and the Peanut Butter Dream is the healthiest smoothie. People don't know that we make custom-made items for our customers. A good mix is the Peanut Butter Dream with chocolate syrup sauce.

i: You are always doing nice things for the students; why is that important to you?

J: I believe doing the little things is great customer service. I want them to leave satisfied and come back to Christine's soon and often. Doing the extra things makes me feel proud that I have impacted a person's life.

PASSION FOR FASHION

April 8, 2011 by [Brandon Melendez](#)
Filed under [Campus](#), [Fashion](#), [Featured](#)

[Leave a Comment](#)

Lynn's Fabulous Annual Spring Fashion Show is Almost Here

By RACHEL LEVENSON

Copy Editor



Above: Last year's fashion show which the Fashion Management Event Team plans to top. Stock Photos.

Members of the Fashion Events Management team have been eagerly working since January to assemble Lynn's seventh annual spring fashion show.

This year's theme will be fashion stereotypes and will incorporate scenes inspired by styles such as nerd, jock, guido, surfer, bohoemian chic, punk and of course, fashionista.

"A lot of work is being put into this show," said Catherine Viola, senior and coordinator of hair and makeup. "I'm excited to see people's reactions and the turnout of the show."

This year's production will include more entertainment than the typical fashion show. The team is organizing skits for the models to perform in between scenes to add a theatrical twist to the production.

"So far, we've picked our models, vendors and music selection for the show. Now we are just working on the creative side of the project," said Missy Elliott, junior and show director.

The show will be Tuesday, April 12 at 7 p.m. on campus in The Louis and Anne Green Center for the Expressive Arts; cocktails and appetizers for VIP ticket holders will be from 6 p.m. to 7 p.m., drawing views will take place from 7 p.m. to 7:30 p.m. and the show will start at 7:45 p.m.

Tickets will be sold at the door and prices start at \$7 for Lynn students and faculty, \$10 general admission and \$30 for VIP. Guests with VIP tickets will receive a courtesy goodie bag with sample products from different vendors. Tickets will also be sold in advanced and can be purchased in Dr. Lisa Dandeo's office in Ritter.

The team would like to extend a special thanks to faculty advisor Dandeo for her commitment to the success of our show. "[This year] I am expecting an evening full of fun and fashion, of course," said Dandeo.



FURRY THREAT INVADES CAMPUS

April 7, 2011 by [Brandon Melendez](#)

Filed under [Campus](#)

[Leave a Comment](#)

Lynn Security Launches Counter-Strike Against Rampant Squirrel Population

By CASEY DOLL

Staff Writer

Loveable companions, or fearsome beasts? The many squirrels on campus bring infantile joy to students with their silly antics and odd squeaks. Unfortunately, the squirrel population has exceeded the acceptable limit of 127 units. This overabundance has forced Lynn security to take serious action.

A cash bounty has been placed on the head of every squirrel on campus. BB guns are now on sale at the bookstore for the sole purpose of squirrel extermination. Shovels and baseball bats are also available for more adventurous students.

“We wanted to provide our students with a fun way of getting rid of our problem for us,” said a Lynn security guard. “Some may say that this is animal abuse, but those people haven’t seen what those squirrels did to my wife.”

Another tactic that Lynn security has employed is the introduction of several natural predators to the squirrel population. Some of these predators include hawks, owls and rednecks. Each dorm on campus will be supplied with one snake that is to stand watch for any squirrel activity within a student’s room.

Some students have even used their creativity to invent several squirrel hunting games. These range from standard death matches to capture the flag and king of the hill variants.

“I challenge anyone to top my record of 30 squirrels in one hour,” claimed a student who introduced himself as Johnny the Squirrel Slayer. “Those vermin took my lunch from me once

while I was sitting outside and not paying attention. Now they will all soon taste my fiery wrath!”

Several protests have been made against the extermination of the squirrel population, however, these activists were promptly swooped away by an enormous swarm of hawks and owls.

Note: This piece was written in a satirical, joking manner and should in no way be taken seriously.

STYLISH SHADES NEVER FADE

April 7, 2011 by [Brandon Melendez](#)

Filed under [Campus](#), [Fashion](#)

[Leave a Comment](#)

Carrera Sunglasses are the Latest Vintage Eyewear in Demand

By JOEY CALABRO

Staff Writer



Above: Student wears Carreras. LU/ Stock Photos.

A new hip style of sunglasses, Carreras, is the brand that people have been demanding when they walk into stores; but they have been around for some time.

Carreras are affordable and come in multiple colors and styles. With that said, going about finding the right fit and shape for one's face should not be much of a challenge

“I love Carreras. They have so many different colors and styles,” said Jackie Calagna, freshman. “Anyone can pull them off.”

Another interesting fact about Carreras is that there is a good chance the parents of most college students also had gotten use out of the sunglasses when they were in college. Carreras began with only a couple of pairs in different models, and as the years have gone on, their popularity has progressed.

“I never really was into Carreras, but now that I see a lot of them around I might have to go try them out,” said Jillian Vitiello, freshman. “Whenever I see a nice pair of sunglasses on someone and ask who makes them, they say Carrera.”

It appears that most people agree that picking up a pair Carreras are a practical investment. Carreras have been around for a while and will continue to spread amongst different age demographics from time to time.

WHAT IN THE WORLD IS QEP?

April 7, 2011 by [Brandon Melendez](#)
Filed under [Campus](#)

[Leave a Comment](#)

Lynn Plans Quality Enhancement Plan for University Reaccreditation

By JENNIFER RODRIGUES

Editor-in-Chief



Above: The Citizen Project Logo (QEP). LU Photo.

Next week, the Southern Association of Colleges and Schools will be on campus as Lynn seeks its reaccreditation. One thing they will be looking at is our QEP.

A university’s QEP is their Quality Enhancement Plan, which is a requirement within the process of accreditation. It is a plan that enhances the university community through something the school did not have before. “It’s something that connects students, faculty and staff while enhancing the community,” explains Anna Krift, co-chair of QEP at Lynn. “It touches everyone on campus. The goal is to have everyone be able to answer that question.”

Lynn's QEP is a plan called The Citizenship Project and will go into effect for all first year students next year.

Starting in fall 2011, all first-year students will take a dialogue of self and society. "After they complete the first dialogue, freshmen will think, 'I know who I am, my place in the world as of now; what can I do now?'" says Krift; that is where The Citizenship Project will come in.

Professors are being encouraged to create J-terms specifically for first-year students to impact the idea of civic engagement. All of these courses will be centered on one of three areas of civic engagement: urban politics, poverty and the environment as well as sustainability.

"Students will take this course through their J-term on campus, but experience an off-campus service project," explains Krift. The projects are with Gumbo Limbo Nature Center through beach and mangrove clean-ups, Habitat for Humanity to address issues of poverty and community development and working with Palm Beach County Sheriff's department to address community and urban politics.

Current students should make sure to at least be aware of what QEP is and what Lynn's specific plan is because members of the accreditation board will be asking students questions about the new program next week.

To help students stay informed, take a look at the new signs that have appeared throughout campus or visit www.lynn.edu/QEP.

HEAR SOUNDS OF THE STAGE

April 7, 2011 by [Brandon Melendez](#)
Filed under [Campus](#), [Entertainment](#), [Featured](#)

[Leave a Comment](#)

The Lynn Drama Program Hosts a Stellar Musical Revue Night

By SOPHIA BARRETT

Staff Writer



Above: Lynn students sang their hearts out in the first ever musical revue. Staff Photo/ Z. Welsh.

Drama students recently performed their very first musical “knight.”

Lynn students finally got their shot to prove to the school that the drama program is capable of producing a musical. “It was a great display of Lynn’s musical theatre capabilities and all the more reason to have a full musical,” said Mallory Deneen, senior.

Kayla Golladay, sophomore majoring in drama, starred in the production and directed the show. “It was a challenge because not only was I directing it, but I was also performing in the show,” said Golladay. “It took a lot of time and dedication from me and my cast to put this show together in such a short amount of time; and I am so thankful for the positive feedback I have heard about the show.”

Because of this inspired performance, the drama students may have a shot at performing a full-blown musical on the main stage of the Wold Performing Arts Center. Drama professor and advisor of the show, Carrie Simpson, was pleased with the turnout. “I’m so proud of the students and their stellar performances,” said Simpson. “I can’t wait for the next musical show on the main stage.”

“If more people knew how good and fun the show was, I’m sure a musical would be a piece of cake and a great success,” said Lizzie Hogue, senior. Hogue was just one of the audience members in the full house that was blown away by the performance. “It was definitely a great start for a musical program- wish there were more,” said Haley Pratt, senior.

It was no secret that the performers had just as much fun as the audience members. “Being able to perform is a thrill just on its own. And when you throw singing, dancing and acting into the mix it makes it that much more of a thrilling experience,” said Jen Morano, sophomore.

Based on the positive reaction from the audience, there is no doubt the community would enjoy seeing more musicals from the drama department in the future.

“It was an experience that the audience and cast alike would love to experience again and again,” said Bianca Barioli, sophomore and drama club president.

AN IDEAL CAFE TO EAT AND RELAX

April 6, 2011 by [Nisa Martinez](#)
Filed under [Food](#)

[Leave a Comment](#)

Students Enjoy the Scrumptious Food and Atmosphere in Saquella Caffé

By BRITTNEY MARKOWSKI

Staff Writer



Students at Saquella. Staff Photo/ B. Markowski.

Saquella Caffé is an ideal café for college students to get a tasty and reasonably priced meal. The café is located in The Royal Palms Place off Federal Highway.

This establishment has created a tranquil atmosphere with friendly service and delicious meals that are sure to cure any students' cravings without breaking their wallet.

"I come here every week for a latte and a good salad," said Dani Goldberg, senior. "It's such a pretty atmosphere and the mozzarella salad is my favorite."

The brick red and taupe colors take over the café both inside and out. There are tan linen umbrellas for enjoying a luncheon outdoors without having to blister in the hot sun. If one would prefer to be in the sun, that is not a problem either—the staff will gladly take the umbrella down.

“I’m not usually the type that goes to a café or gets coffee, but Saquella definitely has a chill environment and I’ll absolutely be coming back,” said Joshua Kelner, senior.

The staff at Saquella Caffé is friendly and enthusiastic when it comes to providing exceptional service and a great meal to go with. They offer an array of specialty coffee drinks, croissants and desserts that are sure to make anyone’s mouth water.

Choose Saquella Caffé for your next date or even an afternoon latte— the relaxing environment and service will be memorable and will have one coming back for more.

TO WRITE LOVE ON HER ARMS

April 6, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

Founder Jamie Tworkowski Visits Lynn to Inspire Students

By AMANDA SPENCER

Staff Writer



Tworkowski comes to Lynn University to spread the news and information about, To Write Love On Her Arms. T-shirts and wristbands are sold to help benefit this cause. Photo Elizabeth Hawkins.

To Write Love On Her Arms (TWLOHA) is a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury and suicide. The

movement exists to encourage, inform, inspire and invest directly into treatment and recovery. TWLOHA is a true example of how one person can make a huge difference.

Jamie Tworkowski, founder of To Write Love On Her Arms, grew up in Melbourne. Tworkowski was raised p around the surfing culture and always dreamed of becoming big in the surf industry. Eventually, he succeeded in doing so, but his life took a very big turn when he met 19-year-old Renee Yohe, who struggled with addiction, depression, self-injury and attempted suicide.

Tworkowski met Yohe through a friend he had begun living with who suffered from very similar issues. Yohe had come to Tworkowski's roommate as a means of help, who then introduced Yohe to Tworkowski. At the time, due to Yohe still being under the influence of drugs and recent self-harm, the treatment center that they had taken Yohe to denied her entry and told her that if she returned in five days sober, she could enroll in treatment. In the meantime, Tworkowski and the four of his friends offered moral support to Yohe, forcing Tworkowski to learn about Yohe's life, the reasons why Yohe was feeling so unhappy with herself and who she was.

"We stayed up late five nights in a row," shared Tworkowski.

Yohe agreed to share her story; "She thought that if someone else had been through the things that she had been through, then maybe they could find hope in her story," explained Tworkowski.

Tworkowski then went to write the whole story down. "It just wasn't something that I wanted to forget," stated Tworkowski. When the story was completed, he began by sending it out to friends and family. He received positive feedback explaining how so many people could relate to Yohe's story in some way. "I wanted the story to have a home," explained Tworkowski. This was the beginning of MySpace and was To Write Love On Her Arms' new home.

Soon thereafter, Tworkowski and Yohe realized that sending her to treatment would cost money, which was not readily available at the time. Tworkowski came up with the idea that they could make and sell To Write Love On Her Arms t-shirts in local areas to raise money for the treatment. At the time, Switchfoot was a popular band and Tworkowski happened to know a good friend of the band who invited him to one of their concerts in Boca. Tworkowski had brought some of his t-shirts with him and one of the band members asked to wear it while performing. In the middle of the performance, the band member announced that his friend was starting an organization called To Write Love On Her Arms and they should go check it out on the Internet. Later that night, when Tworkowski had returned home to Melbourne, he checked his MySpace and had received a number of messages and friend requests.

"They were all people who had been at the concert," explained Tworkowski.

"Basically, what the people were saying is the story you're telling is my story or the story your telling is a painful one and mine has been pretty painful." After this event, To Write Love On

Her Arms started to become big and Tworkowski realized that he had gotten into something bigger than himself.”

To Write Love On Her Arms is intended to reach out to people so they do not feel so alone. TWLOHA believes that relationships may cause pain, but the only thing that can heal pain are relationships.

“It was a very inspirational speech,” explained Mayra Gallo, sophomore. “[One] that I will hold on to and reflect back on for the rest of my life.”

FOOD FOR THE BODY AND SOUL

April 6, 2011 by [Nisa Martinez](#)
Filed under [Food](#)

[Leave a Comment](#)

A Students Perspective on Eating Healthy While Attending College

By **LIZZIE HOGUE**

Staff Writer



Lewis shops healthy. Staff Photo./L. Hogue.

Sometimes when a college student is looking for a quick meal, fast food is an easy, affordable option. However, there are many more affordable and quick-to-prepare food options that most people are not aware of.

Kennedy Lewis, sophomore, has learned how eating healthy not only benefits the body, but how much more positive she feels during the day. “Processed food is not for your system, it sits in your body and it isn’t made for that. Putting fat, chemicals and bad essentials into your body [will make] you feel low energy with maybe only a quick spike.” Lewis has found certain healthy foods that can help energy levels, as well as good feelings, all day. “I like to eat hummus, poultry, chicken, lean protein, falafel and chick peas.”

Even though living in the residence halls makes it hard to keep healthy foods around, it just takes a bit of searching and speaking with others to find healthy supplements. Lee Greathose, sophomore, is also aware of healthy eating habits, especially since he enjoys biking as an activity. “I can be aware of unhealthy foods versus healthy, such as pineapple rings with sugar versus a Snickers bar.” Greathose realizes that eating healthy is one factor, but there are several more steps to eating healthy. “Paying attention to what time of day you eat is important.”

The body is always ready to help us out in any way we can; if we fall and scrape our knee, the body will heal itself. By not eating right, our body will “pay us back” by not providing us with energy that we need for our daily activities. By learning more about healthy foods that can help our bodies become healthier, happier and leave us feeling good about ourselves. ‘Namaste.’

ON THE RANGE WITH “RANGO”

April 6, 2011 by [Nisa Martinez](#)
Filed under [Entertainment](#)

[Leave a Comment](#)

Depp’s Recent Film Draws in Quite the Crowd and Amazes Many

By HARRISON BAKER

Staff Writer



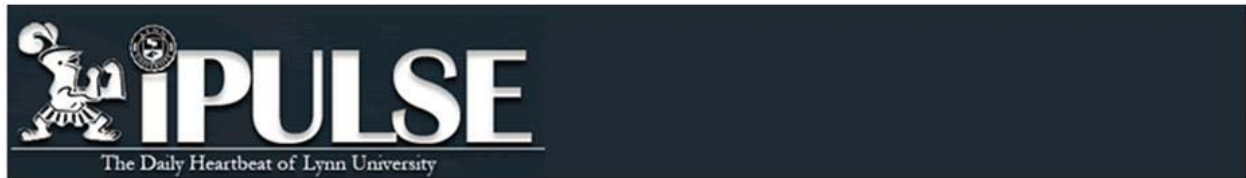
Marketing poster for Johnny Depp’s recent film “Rango.” Stock Photo.

If one is looking to see a great film that the whole family can enjoy, “Rango” is the perfect flick. This movie depicts another side of Johnny Depp where he plays the lovable lizard Rango and portrays characteristics that will entertain anybody, any age. With an impeccable cast, this movie is sure to capture everyone from 13 to 30. If there were more movies like this, more people would actually get excited about watching a kid friendly movie.

“This was one of the funniest movies I have seen in a while I didn’t even think it was a children’s flick,” said Daniel Priego, senior. Depp’s character, Rango, is a self loathing lizard who tries to be an accomplished actor with minimal success. Through all his ups and downs, Rango finds a sense of belonging from a small town where they desperately need his help.

“Wow, I am speechless; the graphics in this movie are incredible, I really thought the movie was real,” said Michael Palliotta, senior. From start to finish, the astonishing graphics bring out the creativity of the producers and the director, Gore Verbinski. “What a great movie, this movie should win a few awards,” said Jessika Fairchild, junior.

If more child- friendly movies lived up to these standards, people who often do not enjoy kid’s movies would be more likely to expand their horizons. The humor in this cinema will entertain everyone of any age. “Rango” will be the hit of the year.



LIVING WITHOUT SHOES

April 5, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

Lynn Participates in TOMS Annual One Day Without Shoes

By **JENNIFER RODRIGUES**

Editor-in-Chief



Students without shoes. Photo/Jen Rodrigues.

Today marks Lynn University's first time participating in TOMS Shoes annual event, One Day Without Shoes. The event encourages people to spend an entire day living their lives without shoes to experience what children living in under-developed countries experience every day and raise awareness for TOMS One For One Movement. TOMS Shoes donates a pair of shoes to a child for every pair purchased in stores such as Neiman Marcus or on their website.

The event is being sponsored by the Knights in the Community. The student organization has partnered with TOMS to form a campus club. They also sponsored a viewing of the TOMS documentary last semester and a Style Your Sole party in mid-March where students decorated plain white TOMS.

The students of KIC take TOMS' message of One For One to heart. Zachary Welsh, junior, participated in the event last year on his own accord and is very excited to help in the creation of this campus wide event. "I really enjoyed the experience and I am excited to bring it to campus to raise awareness since there were a lot of confused looks from people last year," said Welsh.

Throughout the day today, students are encouraged to remove their shoes, while still going about their daily lives, walking about campus and out in the community. They are asked, however, to keep a pair of flip-flops or shoes with them to enter the cafeteria and restrooms, as a safety precaution. "I think it is an interesting concept because it gives students the opportunity to spend a day without shoes and put their life in another person's situation," said Joshua Gordon, junior.

To add to the experience, at 4 p.m. all participants will meet in Perper Plaza to take a short lap around the campus. Faculty and staff are more than welcome to participate in the lap if they are unable to take part in the day. Following the lap will be a small party with a cake, so students, faculty and staff can share their experiences. KIC will also be providing buckets of water, soap and scrub brushes so participants can clean off their feet.

Also at the party will be a walking experience. KIC plans to set up an area of Perper Plaza with a mat covered in sand, gravel and rocks. Those interested are asked to remove their shoes and walk

across the different surfaces, mirroring the experience of children who live their lives without shoes.

So for today, spend some time without shoes and raise awareness for this important cause.

WANT TO BE MORE INVOLVED?

April 5, 2011 by [Nisa Martinez](#)

Filed under [Campus](#), [People](#)

[Leave a Comment](#)

iPulse Asks Lynn Students, “How Can Lynn Improve School Spirit?”

By SARAH BENJAMIN

Staff Writer



Lynn students taking the time to answer the questions about school spirit. Staff Photos./ S. Benjamin.

Lynn University has a variety of sports teams on campus. They all do extremely well, but the only thing that is missing is the school spirit on campus.

If more students attended sporting events on campus, there would be more spirit. Students would get excited and so would the athletes since fans would be cheering them on. iPulse set out to see what students think would sufficiently promote more school spirit on campus.

“It would be more helpful if the schedules for the games were listed in other places other than just on posters around school because not everyone looks at them [or has them],” said Max Dratell, sophomore.

“The school mascot should walk around campus during lunch on big game days to get everyone excited about going,” said Rob Kisiel, sophomore.

“Students should know more about the sports teams’ history to get them more interested in going to the games,” said Andrea Hernandez, senior.

“Having more night games to make it more of a social event, maybe more students would want to go,” said Alyssa Judd, senior.

“There should be pep rallies outside the cafeteria on game days to get everyone more involved and excited,” said Jill Vitiello, freshman.

“The athletes themselves could do a better job at promoting their own games to get more students to come because it is a small school,” said Robbie Hannon, sophomore.

THE SOCIAL NETWORK TAKE OVER

April 5, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Technology](#)

[Leave a Comment](#)

The iPulse Revamps its Social Media Presence to Intrigue Others

By BRITT KLONTZ

Staff Writer



Various social media outlets. Stock Photo.

iPulse is expanding its social network status and constantly streaming new publications. Now, instead of scouting down the nearest iPulse newsstand, simply check out iPulse on Facebook and Twitter for the latest articles.

iPulse will also be doing more to get in touch with its readers. One exciting endeavor in the works is iPulse teaming up with the fashion columnists to create a Facebook page where followers can volunteer themselves for a chance to win a makeover. If chosen, the fashion team will visit the winner at their residence hall and give tips on ways to spruce up their style and enhance their makeup routine with tricks and budget-minded tips.

Also, in honor of the cast of MTV's "The Buried Life," iPulse has taken on the project of creating Lynn's own personal bucket list. 'Like' the Facebook page entitled "Lynn University iPulse Presents Lynn's Bucket List" and post your own plan that you want to fulfill before you leave Lynn or even before you die— Who knows, maybe the iPulse will help you cross something off your bucket list.

Another way to stay up to date is by subscribing to the iPulse YouTube channel. With constant updates from new segments of "Beyond the Brief," the iPulse broadcast team is gearing up for a busy semester filled with coverage from on-campus events and international profiles, highlighting a few of our students who have traveled far to attend Lynn.

The social media platforms can also be used as a way for readers to give insight on different topics that they would like to read about. Did you see a new restaurant or store that you would like to see reviewed, or do you know of a student who you would like to read a profile about? Tweet or share that idea with us— we love the feedback!

So, this semester, get in touch with the iPulse— we are always connected.

A NEW LYNN DRAMA SENSATION

April 5, 2011 by [Nisa Martinez](#)

Filed under [Campus](#), [Profiles](#)

[Leave a Comment](#)

One Freshman Brings New Talent to The Lynn Drama Community

By SOPHIA BARRETT

Staff Writer



LoVerde in the different roles she has played. Staff Photos./ S. Barrett

Stephanie LoVerde is a freshman majoring in drama. LoVerde has a fantastic voice and would be delighted to showcase her talent in a musical.

iPulse: How long have you been singing?

LoVerde: This is going to sound so cliché, but I've been singing ever since I was little. However, I didn't really start to get into it until I was about nine.

i: What are your singing aspirations?

L: I want to sing so that I can infuse and inspire people with emotion. My ultimate goal is to make it to the big screen and perform on Broadway.

i: What made you want to start performing?

L: The thrill of it all. I love the rush of being able to go up on stage, become a different character each time I perform and get a reaction out of people.

i: What is your biggest inspiration?

L: I would have to say old Hollywood starlets and Lady Gaga. Both have mastered the art of entertainment and both put heart and soul into their craft.

i: What is your favorite musical?

L: I would have to say *Damn Yankees* just because I was given the opportunity to play the leading lady, Lola. Plus, the songs were super fun to sing and dance to.

i: What are some other things we should know about you?

L: I'm a self-taught freelance makeup artist, I love to laugh and make other people laugh and I put passion into all that I do.

CAREER FAIR 2011

April 5, 2011 by [Samantha](#)

Filed under [Campus](#)

[Leave a Comment](#)

By JEFF HOROWITZ
Administrative Fellow at the Career Center
Contributing Writer

It is finally here.

The Career Fair is coming April 6, for Lynn Students on campus, at the Green Center. The main objective of a career fair is to allow students to interact with employers from different industries. Students will learn how to interact with potential employers, learn about the job market during economic expansion and declines, and students will further learn about the necessity for job experience and the academic background needed for a particular career. It is important to note that finding a job can be tedious and frustrating. However, for those job seekers out there who keep themselves calm and composed they usually possess the insight to obtain a job position in the future. In fact, by attending the career fair, many students will enhance the likelihood of building and sustaining a relationship with a potential employer, which might lead to a satisfying career.

The Career Fair is proud to sponsor companies and organizations from different industries who are offering internships and jobs. For example, the fair offers students the opportunity to interact with employers from a vast array of different industries, such as hospitality to business organizations. The fair has such notable guests including Northwestern Mutual, The Breakers Hotel, Boca Raton Resort and Club, the Internal Revenue Service, and Comcast Spotlight. Furthermore, students will interact with recruiters from an array of educational institutions. Students who are planning to continue their education in graduate or post-graduate school, for such disciplines like law and medicine will have the opportunity to acquire information.

Within the complicated realm of job searching, students must alter their thinking. Getting a job position requires a bi-directional effort from employers and students. Employers are looking for students who will enhance their businesses from a monetary perspective and they are also looking for students who show leadership skills. To prove these characteristics, students should come to the career fair prepared with a proper resume, personal calling cards(similar to a business card), and business attire. In a competitive job market, it is paramount that students maintain a level integrity and a deeply rooted desire to achieve their ultimate objective: success in the field of their choice.

WATCH WATSON

April 4, 2011 by [Nisa Martinez](#)

Filed under [People](#)

[Leave a Comment](#)

Meet One of Lynn's Favorite Guys

By AMANDA SPENCER

Staff Writer



Professor Robert Watson, American history and politics teacher, is a strong advocate and believer in Lynn University.

“I love what I do. If I won the lottery tomorrow, I would still show up and live my life the same way,” declared Watson.

Lynn is known for many things, but to Watson, the one word he believes describes Lynn is friendly. “I never walk across campus without saying hello to 25 different people,” explained Watson. “If a student needs to talk to a professor, this is the place to do it. Professors know their students by name, creating a friendly-family feel to it.”

Watson always knew he wanted to travel and, within six years, he managed to teach at six different universities, from Connecticut to Hawaii to London, stating that out of all of them, Lynn has been the closest community he has experienced.

Watson has previously won The Teacher Of The Year award at the Lynn and feels that this is his biggest achievement he has accomplished thus far from being at Lynn. “We have some darn good teachers on this campus,” stated Watson. “So winning teacher of the year at some schools means something, but here it’s a great accomplishment.”

Watson has a passion for what he does and believes that “passion is contagious; there’s nothing more important than knowledge and learning,” explained Watson. “The pursuit of knowledge, truth, wisdom and then conveying it and helping others to acquire knowledge and information, I believe are the most honorable things.”

Luckily for Watson, he enjoys what he does to the fullest and believes Lynn is the perfect place for him to be able to express his talent.



TEAM SIMPSON

April 1, 2011 by [Nisa Martinez](#)
Filed under [Profiles](#)

[Leave a Comment](#)

The Power Couple of Lynn’s Faculty

By SOPHIA BARRETT

Staff Writer



Adam and Carrie Simpson in Madrid. Staff Photo/ M. Slavin.

It is possible that one has had them for a class or seen the shows they have directed. Adam and Carrie Simpson have been working at Lynn for six years. iPulse set out to see what they think about Lynn:

iPulse: Why did you choose Lynn?

Carrie Simpson: I liked the idea of a small environment where I could get to know my students not as a number, but as a name and face.

Adam Simpson: Our plan when we met in graduate school was to work as professors together in a drama program. Lynn presented an opportunity for us to work together and help the drama program bloom.

i: What is it like being so involved with your students? Is it challenging?

CS: It's challenging, but it's fun. It's what we do; it feeds us. The youthfulness and the energy, we bring it to you guys and you take it and run with it.

i: What do you think your most important role is as a drama professor?

AS: My most important role is giving students everything I can to help them accomplish their goals. The biggest thing about me is 10 percent of the things I do at Lynn are in the classroom. The rest of it- my coaching and involvement- all happens outside the classroom.

The Simpsons have a blast working together. Their teaching styles and philosophies compliment each other nicely and together they make the drama program flourish. "She knows how to dream it and I know how to build it," said Adam Simpson.

HOSPITABLE HOSPITALITY MAJOR

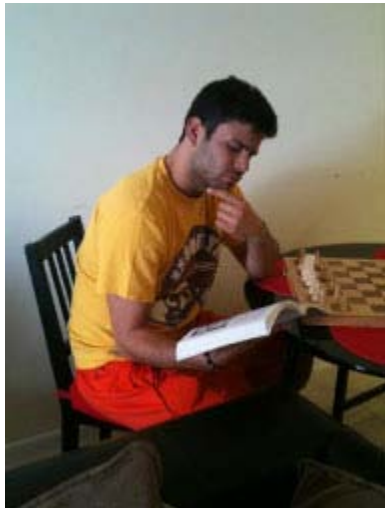
April 1, 2011 by [Nisa Martinez](#)
Filed under [People](#)

[Leave a Comment](#)

Jake Kershner Learns Both Sides of Lynn's College of Hospitality Management

By REBECCA STOPPELMANN

Staff Writer



Kershner studying. Staff Photo/ R.Stoppelmann.

Jake Kershner, senior, transferred to Lynn to pursue a major in hospitality with a minor in sports management.

Before Lynn, Kershner studied at Western New England in Massachusetts and transferred to Lynn to enjoy the warmer climate during the second semester of his freshman year.

Kershner decided to minor in sports management because he loves sports and played varsity back in high school. He also thinks it is a good idea to have a second option to fall back on.

“I wanted to attend Lynn because I want to be in the warm weather,” said Kershner. “I also wanted a small school and enjoyed the classes they offered in the hospitality program.”

Kershner thinks Lynn is a great learning institute because of the small classes and the very well-qualified teaching staff, which consist of some of the most prominent businessmen with respective pasts in corporate America.

Kershner said he ultimately wants to achieve a career in the restaurant or hotel industry.

LIVE AND LEARN FOR A LIFETIME

April 1, 2011 by [Nisa Martinez](#)

Filed under [People](#)

[Leave a Comment](#)

Freshman Lindsey Samot Gains an Education from Lynn's College of Education

By SYDNEY PUTNAM

Staff Writer



Samot lives to learn. Staff Photo/ S. Putnam.

Lynn is made up of multiple departments that offer courses for students to broaden their education. Whatever one's interest is, there is without a doubt a program that will serve as a supporting factor for learning.

Lindsey Samot, freshman, is an elementary education major. When asked her opinion on the services regarding education majors at Lynn, she gave very affirmative insight. "The professors are very helpful and have a good variety of courses to help give students a better understanding

of what this major is really about,” she said. “You are given classes that explain the different jobs you can focus on in the education field.”

Being both prepared for and informed of specific tasks at hand are positive aspects in finding success. However, obtaining such facets while also enjoying what is being presented is even more of a bonus. “I am planning on getting an internship at an elementary school,” shared Samot. “[It will help] to continue with my observation hours to help get my career started.” Such willingness and optimistic drive to better her knowledge after college is credited to the department in which she devotes most of her time.

“I believe when I have graduated from Lynn, it will have given me enough experience to help make me feel prepared,” shared Samot. “Especially when I move onto the next chapter in my career.” Such certainty is all that matters in the long run for students and their professors as they continue to learn and teach material suited for each major.

NO LACK OF COMMUNICATION

April 1, 2011 by [Nisa Martinez](#)

Filed under [People](#)

[Leave a Comment](#)

Transfer Student Noah Jewell Describes Real Life Experience Gained at Lynn

By JASON FARBMAN

Staff Writer



Jewell at work. Staff Photo/ J. Farbman.

Noah Jewell transferred to Lynn to work toward a bachelor’s degree in communication, after receiving an associate’s degree in communication from another college.

“I was always fascinated by communication and I was told by my peers that Lynn had a great communication department,” explained Jewell.

Jewell has not had a difficult transition at Lynn; in his first semester, he is already a member of the National Broadcasting Society (NBS). Jewell also works on the soundboard as the main camera operator for Lynn’s talk show.

“It was great. It gave me hands-on experience like I was working for a real production company,” said Jewell.

Through NBS, Jewell was the main camera operator for the Delray International Tennis Tournament. He stood courtside and got to videotape a live professional tennis match.

“What I like about Lynn is that they give you hands-on experience and throw you in real life situations,” Jewell added.

In the future, Jewell would enjoy running his own production company and participate in a top 40 market.

GALLO FINDS HER TRUE CALLING

April 1, 2011 by [Nisa Martinez](#)
Filed under [People](#)

[Leave a Comment](#)

Mayra Gallo Finds Her Major Thanks to One of Lynn’s Impressive Professors

By AMANDA SPENCER

Staff Writer



Gallo loves Lynn. Staff Photo/ A. Spencer.

Mayra Gallo, sophomore, came to Lynn as an undecided major, but quickly learned that criminal justice was the perfect match for her.

Gallo's initial reason for choosing Lynn was "because it was an international school," Gallo explained. "I always had been fascinated by accents, as well as different cultures."

As Gallo came to the university, she learned from taking Introduction to Criminal Justice with Professor Cindy Kerker, criminal justice teacher and former prosecutor, that this was the career that she wanted to pursue. "Shows like "CSI," "Law & Order" and "Criminal Minds" always intrigued me," Gallo shared. "But it wasn't until I took a class with Professor Kerker that I considered a career in this field."

Lynn's criminal justice program is described as being able to get real hands-on experience. "You get to go see different court systems, as well as jail facilities," explained Gallo. "My favorite part of the course is when we visit detention facilities and interact with teenage delinquents."

With the university having smaller classes and a more one-on-one experience, Gallo explained the classes as being designed as seminars. "The teachers make it so interesting that it makes you never want to miss a class."

Gallo has not yet had a chance to have all of the criminal justice teachers within the department, but from having a few she feels, "the teachers are very helpful and strive for their students to do well."

Gallo has two years left at Lynn and is looking forward to furthering her knowledge in the criminal justice field. Gallo speaks very highly of the department. "I would recommend criminal

justice at Lynn University to others for many different reasons,” stated Gallo. “It’s a never ending learning experience; everyday you learn something new.”

WHEN BUSINESS MEETS FASHION

April 1, 2011 by [Nisa Martinez](#)
Filed under [Campus](#)

[Leave a Comment](#)

When Ambition Finds Passion the Formula for Success is Discovered

By **REBECCA BLOCK**

Staff Writer



The fashionable Berganski and her friends. Staff Photo/ R. Block.

Certain colleges are not always the perfect fit. Some students need to transfer schools in order to find the school that fits their needs. For Katie Berganski, this was the case.

She transferred from University of West Virginia to Lynn in 2009 to pursue her passion for fashion and business.

“The fashion program at Lynn had many more opportunities while in school and once I graduated because I would be getting a business degree with a specialization in fashion,” she said.

Lynn’s fashion program is very intensive and opens many doors for those in it. This semester, Berganski started taking her first graduate classes. She also explained how the classes were in a more relaxed setting with a smaller number of people and freely speaking in class was easier.

Berganski has had many opportunities because of the fashion program. “My favorite part of it was putting on the fashion show because of how hands on it was,” said Berganski. She has worked on numerous fashion shows off campus with the help of Professor Lisa Dandeo, whom she is very grateful for.

“Being in the business and fashion program has given me the opportunity to meet a lot of contacts for success in the future,” she shared.

A BICOASTAL BASEBALL STAR

April 1, 2011 by [Nisa Martinez](#)
Filed under [Campus](#), [Featured](#), [People](#)

[Leave a Comment](#)

Eric Herrera Lays Claims to Both San Francisco and Boca Raton

By SHAWN KALE

Staff Writer



Eric Herrera throws a ball infield. Top Right: Herrera plays the infield. Bottom Right: Herrera goes for a grounder. Staff Photos/ S. Kale.

Eric Herrera, junior, is a member of the Lynn University baseball team and hails from the city by the bay, San Francisco.

Herrera made his journey from California with his teammate and roommate, Phil Mannely. Having lived in California his whole life, he knew it would be a transition, but also believed great opportunities were ahead of him in South Florida.

“I came to Lynn for the chance at new opportunities in the present and the future with major cities all around,” said Herrera. “Plus, you can’t beat the weather here, it makes everything worth it, and also because my old teammate, Phil Mannely, came along for the ride.”

As a San Francisco native and avid baseball player, it is no surprise that his favorite sports team is the San Francisco Giants. Having lived only ten minutes from the stadium, he had been to many games in the past, including the Giants World Series in 2002. "When they won, it was long awaited and indescribable," gloated Herrera with a grin. However, this year was tough for him as he watched every playoff game from home on the East Coast as his friends on the West Coast went to all the games.

In his spare time, Herrera likes to play video games and says his favorite game is "MLB The Show." Herrera also enjoys going to the gym to stay in shape for baseball, and hanging out with the guys and having a good time.

Herrera has really taken to the area and to Lynn itself. "Lynn is a small school, but it is great getting to know everyone so well. Also, the baseball and the weather makes up for a lack of anything."