

## OF PIRATES AND PRESIDENTS

April 29, 2009 by [Samantha](#)  
Filed under [Columnists](#), [Hidden History](#)

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**By ROBERT WATSON, Ph. D.**  
**Contributing Writer**

Two weeks ago America celebrated the compelling rescue of the captain of a ship being held for ransom by Somali pirates. But, the killing of three pirates by Navy SEAL sharpshooters marked only the latest in a long conflict with African and Muslim pirates. Even the lyrics of the well-known Marine Corps hymn were inspired by a victory over North African pirates in the early days of our Republic.

“From the halls of Montezuma  
To the shores of Tripoli  
We fight our country’s battles  
In the air, on land, and sea”

The first line refers to a “castle” the Marines seized in the bloody Battle of Chapultepec in 1847 during the Mexican-American War. The second line honors the handful of U.S. Marines who, with Arab volunteers, marched hundreds of miles across the desert in a daring and successful attack of a port city near Tripoli. The engagement marked the first recorded land battle of U.S. forces on foreign soil and occurred in 1805 during the First Barbary War.

North African maritime travel and commerce were plagued in the 17th and 18th centuries by Barbary pirates – Muslim and African privateers operating along the port cities of northern Africa. Thousands of European ships were captured, their merchandise confiscated, officers

ransomed, and sailors enslaved by brutal and opportunistic pirates from Morocco, Algiers, Tunis, and Tripoli.

The same fate befell ships from the new United States, as the price of freedom from Britain meant that American ships were no longer protected by the royal navy. During the 1790s, several American ships were plundered and their sailors imprisoned. Like the European powers, America was now forced to pay bribes to the sultans in return for safe passage on the seas.

American presidents quickly tired of the bribery, harassment, and ransoms and called for force. Both Thomas Jefferson – during the First Barbary War (1801-1805) – and James Madison – during the Second Barbary War (1815) supported a mix of diplomacy and naval attacks to eliminate the threat. Jefferson long advocated naval and diplomatic cooperation among European powers, all of whom were paying ransoms and bribes to the Barbary pirates.

And now piracy has come to Somalia, a place where no trace of civil society exists and the populace suffers from stifling poverty and a brutal civil war. Tragically, some of the western aid designed to build boats and a fishing industry in Somalia is being used for piracy. But, in calling for international cooperation to combat piracy, refusing to be bribed, and recognizing the need for force to protect our ships and sailors, we can at least appreciate that President Obama has acted in concert with his early predecessors.

One of the touchstone incidents in America's struggle against African pirates occurred in 1803 when the U.S. warship Philadelphia ran aground on the Tunisian coast and its' crew of 300 were imprisoned. One of those on the Philadelphia was an officer named William Bainbridge, who spent roughly two years in prison. A dashing historical figure, Bainbridge would later command the legendary Constitution during the War of 1812, be wounded multiple times in the line of duty, and earn the Congressional Medal.

Bainbridge was a hero in both Barbary Wars so it is altogether fitting that, in the current conflict with Somali pirates, it was the USS Bainbridge that played a key role in rescuing an American hostage. Two centuries after Bainbridge defeated the Barbary pirates, the destroyer named in his honor patrols the waters off Somalia. History has a strange way of repeating itself!

Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history

## INSPIRING GREATNESS

April 29, 2009 by [Samantha](#)  
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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

When George Washington was 16, he met Sally Cary Fairfax, the new bride of perhaps the foremost family of Virginia's Tidewater region. The event would change his life. George was instantly and hopelessly bewitched by the beautiful, elegant, and witty Sally, who was a few years his senior.

Washington's father had passed away when he was only 11 years old, and the family struggled. As a boy George longed to be an officer in the British army and a gentleman planter. Strapping but ungainly, he showed potential though he lacked the standing to even hope to accomplish such dreams in the status-conscious society of colonial Virginia.

So Washington sought to better his condition by boldly courting the daughters, many of them older than him, of leading families. But he was way out of his league. As one disapproving father said to young George about the object of his desire, "[my daughter] is a princess out of thy star." Unlucky at love, a teenaged Washington resorted to poetry, bemoaning, "Ah! Woe's me, that I should love and conceal... though severely Loves Pains I feel."

Over the next several years of his life, the young man spent as much time as he could at Sally's mansion, where she introduced the unworldly Washington to literature, music, the art of social discourse, and her circle of rich and powerful friends. It was said that the lovelorn Washington "bowed at [Sally's] shrine."

It would be Sally who refined Washington's appearance and demeanor and gave direction to his raw ambition. She also inspired him. In one of the many warm letters the two friends exchanged, Washington, writing during a military campaign, admitted it was Sally for whom he displayed almost suicidal bravery on the battlefield.

Washington's surviving letters written to Sally are unlike any of his other correspondence. There is an emotional openness so utterly uncharacteristic of Washington's later writings, which are defined by a perfunctory formality. In one letter, written in 1758, apparently in response to Sally's teasing inquiry about Washington's engagement to the wealthy but dowdy widow, Martha Custis, Washington admits to Sally, "I profess myself a Votary to Love." But he then goes on to suggest that, though engaged, his heart is torn from "a thousand tender passages that I wish to obliterate... but, alas... how [i]mpossible this is." He was referring to his letters from and feelings for Sally.

Did the two friends consummate their feelings? We likely will never know the answer, but it appears they respected the boundaries of Sally's marriage. Washington was capable of lust and love, but also of restraint and discipline.

Sally's husband was loyal to the Crown so, in 1773, with revolutionary tensions on the rise, the Fairfax family moved back to England. Washington never saw Sally again. It was Washington who auctioned the Fairfax home, keeping only one item for himself: Sally's silk bedroom pillow.

Many years later, in 1798 and in retirement from the presidency of the new nation he forged, Washington put quill to paper and wrote perhaps the most thoughtful and tender letter of his life. It was to Sally, now a 68-year old widow living in Bath, England. In the letter, Washington spoke of the momentous times that had passed since the two had seen each other last, so long ago. Yet, he notes, "None of which events, however, nor all of them together, have been able to eradicate from my mind the recollection of those happy moments, the happiest in my life, which I have enjoyed in your company."

Just over a year later Washington was dead. If there had been no Washington, there might not have been a United States, as he alone was capable of leading a rag-tag band of poorly trained farmers and ill-equipped blacksmiths against the world's most powerful army. And so, absent the affectionate mentoring of an older woman, the Washington history remembers as well as the drama of liberty and democracy imagined at Philadelphia and performed during the American Revolution might never have been. Greatness sometimes comes from the most unlikely of leaders, and its inspiration from the most unlikely of sources.

Robert Watson, Ph.D. runs the American Studies Program at Lynn University and has published over 25 books on American politics and history.

## “AN AMERICAN PATRIOT”

April 29, 2009 by [Samantha](#)  
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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

Soon after the start of the war it became apparent to George Washington that the American Revolution would end prematurely because of a lack of funds. The troops had not been paid and were disinterested in reenlisting for an empty promise and the army was running out of armaments and supplies.

The problem was that the Continental Congress, who lacked even the funds to pay themselves, had no reliable means to raise money. The war needed a new source of funding and it found it in the most unlikely of places... and persons.

The individual who would help finance the Revolution was born in 1740 to Portuguese Jews who, along with other Jews, had been driven from the Iberian Peninsula by the Spanish monarch and Catholic Church. Raised in Poland, the young man developed a passion for politics and resisted the attacks against Jewish property and residents in his village but was forced to flee to Holland in the 1760s. After traveling throughout Europe (and mastering eight languages) he returned to Poland around 1770. But amid political unrest he was again forced to flee, this time to England in 1772, and ultimately finding refuge in Britain's colonies across the Atlantic.

Arriving in New York he embraced the revolutionary fervor and joined the Sons of Liberty, merchants and traders who opposed British rule and restrictions on colonial commerce. In 1776, he was accused of spying and jailed by German Hessians, contract soldiers working for the Redcoats. Given his talent for languages, a Hessian general used him as an interpreter. It was in this capacity that he not only convinced his captors to free him but to abandon loyalties to Britain and become Americans.

He was arrested again in 1778 for plotting to set fire to British warehouses and the fleet at New York's harbor. He also continued talking Hessian mercenaries out of fighting for the British! But this time, he was sentenced to the infamous prison at Provost where the death sentence likely awaited. However, quick thinking and a few hidden gold coins helped to bribe prison guards.

After escaping he moved to Philadelphia to be closer to the cause. It was then that George Washington, Alexander Hamilton, Ben Franklin, and Robert Morris, the superintendent of finance for the Revolution, came to rely on his services. Armed with business acumen, a passion for freedom, and a small fortune he amassed as a financier, he proceeded to broker loan after loan worth tens and hundreds of thousands of dollars for the war. He sold bonds and managed the details of loans from France and Holland that kept the soldiers fed and armed, and even offered interest-free loans to such Founders as Thomas Jefferson, James Madison, and James Monroe. In all, he brokered almost \$700,000 for the Continental Congress, which translates to billions in today's currency.

Fate was unkind to the Jewish financier of the Revolution. When the war ended he contracted tuberculosis and spent his final days petitioning – unsuccessfully – government for repayment for all he had done. He died in 1785 at the age of 45, leaving behind a pregnant wife and three young children. But not before he helped to found the largest synagogue in Philadelphia and defeat a religious loyalty oath designed to prevent Jews from working for government.

History has been equally unkind to this hero of the American Revolution: Haym Solomon (also spelled Salomon in the historical record). Despite the fact that Robert Morris' own diary contains dozens of entries crediting Solomon with financing the war, Morris gets the credit and Solomon is largely forgotten.

Throughout the 19th century, successive descendents of Solomon petitioned presidents and senators for repayment and a posthumous awarding of the Congressional Medal of Honor... all to no avail.

In 1941, a statue of Washington, Morris, and Solomon was erected in Chicago in honor of "American tolerance and unity" and, in 1980, an engraved marker was placed in memory of Solomon in the cemetery of Congregation Mikveh Israel in Philadelphia, the synagogue he founded. It reads simply: "An American Patriot." Indeed, America is strongest when individuals of all persuasions are both involved in the democratic experiment and recognized for their contributions. Solomon was himself a revolutionary and the epitome of the American story.

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## TWO MINUTES THAT CHANGED THE WORLD

April 29, 2009 by [Samantha](#)  
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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

With the Civil War raging, a large crowd gathered in Pennsylvania to observe the dedication of a national cemetery. On the dais that crisp, cool November day in 1863 was a collection of dignitaries and politicians who, despite the somber occasion, were eagerly awaiting the keynote address by Edward Everett.

Everett, a former member of Congress and former secretary of state, was the president of Harvard. The celebrated rhetorician had developed something of a niche for dedicating famous battlefields. It was he who enshrined Bunker Hill, Concord, and Lexington, sites now synonymous with American military history. Everett was the obvious choice to consecrate the new national cemetery at Gettysburg.

The ceremony had been scheduled for October but Everett callously asked that the dedication be pushed back to November 19. In the 19th century, keynote speeches were much longer than today. It was not uncommon for public remarks to stretch to two hours or longer, and Everett needed more time to prepare his grand oration.

Everett, 69, delivered a whopper – a two-hour long speech. Sandwiched between musical performances in the full day of ceremonies, however, was another speaker. President Abraham Lincoln was invited by the organizers as an afterthought and asked to offer only “a few appropriate remarks.”

After Everett’s lengthy allocution, Lincoln stood and spoke for two minutes, opening his remarks with the unforgettable line: “Fourscore and seven years ago, our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.” Capturing the moment of one of the bloodiest events in American history – fighting at Gettysburg that July resulted in almost 50,000 casualties – Lincoln reminded the audience that neither he nor they could dedicate the hallowed battlefield beyond what the men who fought and died there had done. But he challenged his countrymen to complete the sacrifices at Gettysburg by patching up our differences.

Historical accounts note that, after Lincoln’s speech, the audience did not know how to respond to what they had just heard. The dedication of the cemetery and battlefield was captured for history thanks to the new technology of photography. Yet, there exists only one blurred photo of Lincoln at Gettysburg. Photographers were more interested in Everett than the then-unpopular President and they may have been distracted by the power of the speech; or, Lincoln may simply have finished so quickly that there was not ample time to prepare the cameras. Even Lincoln underestimated the impact of his words, saying, with typical humility, “the world will little note, nor long remember what we say here, but it can never forget what they (soldiers) did here.”

Everett, however, who would not live to see the end of the war, recognized that history had just been made. He wrote to Lincoln: “I wish that I could flatter myself that I had come as near to the central idea of the occasion in two hours as you did in two minutes.” Indeed, no one remembers what Everett said that day but Lincoln’s Gettysburg Address – like the battle itself – was a turning point in America’s history.

As we prepare to celebrate the bicentennial of our greatest president’s birth this week, we would do well to remember his words. They are as relevant in today’s politically polarized climate as when they were first spoken. The Civil War claimed over 600,000 lives but Lincoln knew that unity was not only still possible but essential for our democratic experiment to work. He closed his brief remarks by resolving that this nation “shall have a new birth of freedom – and that government of the people, by the people, for the people, shall not perish from the earth.”

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## THE LONELY ISLAND REVIEW

April 29, 2009 by [Samantha](#)

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*Members Got Their Start Acting on Saturday Night Live*

**By SPENSER LAURO**  
**Staff Writer**



They call themselves “The Lonely Island,” and the trio of actor/comedians Andy Sandberg, Akiva Schaffer and Jorma Taccone make up the group.

All of these artists have written and acted on “Saturday Night Live,” which has been the launching pad for their careers individually.

The group put out their musical debut album “Incredibad” last month, and has been receiving much acclaim from the general public, including Hollywood and the music industry.

The album is a mix of original comedy songs and skits that have been professionally produced. They were able to recruit many high profile celebrities and musical guests for the album due to their popularity in Hollywood. This album is definitely worth checking out, and will listeners laughing for days on end.

## NINTENDO DSi GOES PORTABLE

April 29, 2009 by [Samantha](#)

Filed under [Technology](#)

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*Gaming System Offers Features Such As Editing System and Built-in Camera*

**By WILLIAM HARTIGAN**  
**Staff Writer**



Nintendo DSi with pen and Built-in Digital Camera.

We have all been there, bored waiting somewhere and you know your going to be stuck there for a long time, if you feel like you are always on the go then Nintendo has got you covered with its new DSi portable gaming system. This is the latest advancement in the line of portable products from Nintendo and there are tons of new features to be admired on it.

First of all, you can choose from a huge variety of games that are relatively cheap, none going more than \$39.99. There is always a game for everyone and even parents will get a kick out of some of the unique gaming experiences you can have with this gadget.

It operates like a touch screen phone where you use a pointer to play the games giving a very unique experience, while catering to old time fans by just being able to play it with the buttons.

The body of the DSi will fit perfectly into your pocket and is designed with hard aluminum, which makes it almost unbreakable, something that has been a huge problem with portable gaming systems.

Users can reach the Web at any given time from the device and look up whatever you need, as well as being able to play against other players who have their Internet hooked up to the system.

One of the biggest changes in this model is that it is the first to actually incorporate not only a camera, but also an editing system, much like Macs iPhoto application. Using this with the Internet allows for instant communication of pictures.

This is a grerat upgrade of a popular product, and at a price of \$169.99, I consider this a deal. Anyone who enjoys video games and new technologies should definitely check out this great new gadget.

Talk About It

# MEDICAL MARIJUANA IS PASSED

April 29, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*New Alternative Way to Help Suffering Patients is Now a Legal Remedy*

**By KATHERINE PAXSON**  
**Staff Writer**

The legalization of Marijuana has been an issue for activists and politicians recently and has caused quite an upheaval with the government. Moreover, the war on drugs has placed an enormous emphasis on Americans. People and organizations have worked and will continue to fight to reform the laws on the legalization of marijuana. What about medical marijuana?

Currently, it is a federal law that marijuana is illegal in 50 states. However, an increasing number of states have been decriminalizing and selling the drug under the precedence that it is for medical purposes. Studies are being shown that marijuana treats symptoms of serious medical conditions; for example, marijuana can act as a pain reliever and anti-nausea drug. Just recently, New Hampshire passed a bill for the legalization of marijuana for medical conditions. According to National Organization for the Reform of Marijuana Laws (NORML) there are currently 13 states that have some form of medical cannabis law where a patient can receive a card to buy marijuana from state governed facilities. These states include Alaska, California, Colorado, Hawaii, Maine, Maryland, Michigan, Montana, Nevada, New Mexico, Oregon, Rhode Island, Vermont and Washington. All that is necessary is a card that can be given by a doctor for treatment to buy marijuana from dispensaries allotted by the particular state. It is sold in all forms such as, the actual herb itself, food products, ingestible sprays and pills.

According to the Harm Reduction Journal, cannabis treats many symptoms that can be associated with serious medical conditions, including, and not limiting, mental health disorders, glaucoma, tourette's syndrome, diabetes, alzheimer's, dystonia, sleep apnea, chronic pain, fibromyalgia, osteoporosis, HIV, arthritis and many more. For these patients, marijuana provides some sort of relief or treatment of symptoms. Research and studies regarding the benefits of marijuana on a medical level are still being tested. Meanwhile, the United States is fighting for legalization.

A problem facing patients with medical marijuana cards from physicians is the federal government. Every Bill passed to legalize the drug as medicine has been passed within an individual state's legislature. Technically, in a decriminalized state a patient may buy an allotted amount of marijuana in a particular time frame; however, the federal government is still observing the right to prosecute these individuals in federal court. According to the NORML, even though a state may allow for the purchase of medical marijuana, business owners and

corporations can discriminate against card holders (patients) when drug testing for employment. The tensions and contradictions are what make this an ongoing war for legalization.

When asked about the legalization of marijuana for medical use, Lynn University students gave affirmative responses. The question was whether or not the student was pro or anti legalization of marijuana for medical use. The majority of students polled voted pro-legalization.

Angela Bariolli, senior, said, “Yes, only if it serves its purpose. It should be monitored in some way, such as a weekly dosages.”

Medical Marijuana seems to be a positive, rapidly growing movement that has taken the country by storm. The countless symptoms and conditions that can be helped through the use of cannabis are limitless. Is this the new miracle drug people have been searching for?

## WORLD THROUGH SUNGLASSES

April 29, 2009 by [Samantha](#)

Filed under [Fashion](#)

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*Style Guide to Finding the Right Sunglass Style For the Summer Season*

**By MELANIE SHANKEN**  
**Staff Writer**



Ray-Ban's rimless aviator sunglasses,

Over the years, sunglasses have become a much desired and needed accessory for both style and UV protection from the sun's harmful rays. In today's fashion-conscious world, people cannot have too many pairs of sunglasses, and this summer the consumer has numerous options to choose from when picking an eye wear wardrobe.

Although the history of sunglasses dates back to ancient China and Rome, Sam Foster introduced sunglasses to America in 1929. Today, it is common to think of sunglasses as a cool, modern choice. With so much to choose from, it is helpful to know which styles are the trendiest for 2009.

Oversized sunglasses are the hottest trend currently and many designers have opted for this style in their collections.

"The oversized sunglasses remind me of celebrities, and personally I like how they look," said Allie Mintz, junior.

White-framed sunglasses are extremely popular as well. This retro frame color and style is reminiscent of the 1960's and is perfect for the casual look.

Ray-Ban's Wayfarers are an urban classic. Such sunglasses come in classic black, vintage bright colors, or new two-toned frame choices for the ultimate classic style. "I like the Ray-Ban look for guys," said Ashley Feldman, senior.

Tortoise shell glasses have become classics and can be worn with just about everything.

However, a new trend is the gradient lens glasses, which includes the lens half shaded from top to bottom, immediately creates a modern and stylish image.

Rimless aviators are still staple pieces in fashionable eye wear that give a sleek, modern look. This is a sporty look, rather than a glamorous one. "Sometimes I want a lighter, more casual look, so I wear my Aviators," said Tara Cherry, senior.

When purchasing a pair of sunglasses, the price range varies. Top designers, such as Chanel, Gucci and Prada, can be quite costly. It is encouraging to know that the same looks can be achieved for less, even as little as \$10 to \$20. Whatever the price point or style choice, it is important to remember that when picking sunglasses, eye care is as important as the eye wear.

## **THE LYNN KARATE KID**

April 29, 2009 by [Samantha](#)  
Filed under [Athletics](#), [People](#), [Profiles](#)

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*Freshman Student Training for Gold Medal*

**By BRITNEY GENDEL**  
**Staff Writer**



Kevin Crawford smiles for the camera.

Kevin Crawford, freshman, is no ordinary 19-year-old. Crawford is a member of the United States Olympic Karate Team with a few titles under his “black belt.”

When Crawford was a mere four-years-old he became obsessed with Ninja Turtles, a children’s television show and that’s when he became passionate about learning the art of Karate. Since then, Crawford has dedicated his time and life in to the sport.

“My passion comes from the pride that not many people can say that they are on an Olympic Team or a national champion,” said Crawford.

The Karate style Crawford practices is traditional Karate, which originated from Okinawa, Japan. “This is true Karate, there is no breaking boards, no weapons, just a full contact man to man fight,” he said.

The division Crawford competes in consists of thirty contestants. The matches are four minutes each and are judged by five judges. In order for him to maintain his spot on the Olympic team Crawford must participate in tournaments where its single elimination with only one chance to stay on the team.

The training consists of a two hour session every day of the week. Then on weekends he is required to go to Miami where he meets with his coach and practices Karate. Crawford’s Olympic coach is Gilbert Venerd who has been the team coach for three years. Venerd is known as the power house for developing and producing Olympic champions.

Venerd unquestionably stuck to his reputation while training Crawford. Crawford has placed fifth in the World Championship. When Crawford was 17-years-old he won the European Jr. Championship, and has been named a five time national champion in his division. The competitions that he participates in take place throughout the world and have given Crawford the opportunity to travel to places such as Hungary, Austria, Turkey, Italy, Spain and many other countries.

Along with the passion, hard work, determination and success there also comes setbacks in Crawford’s career, which in his case would be broken bones. Crawford has broken his nose three

different times, cracked many of his ribs, broke his orbital and jaw and finally has dislocated his shoulder on numerous occasions.

“Obviously, they all hurt, but it’s a little something to remind me of all the hard times I’ve gone through to get myself to where I am today,” he said.

In the future, Crawford hopes to still be a part of the 2012 Olympic Team and before he ends his career, he hopes to achieve a world championship with no more broken bones.

“It would be gratifying to be a part of the most distinguished stage of Karate known to man in the next Olympic competition,” said Crawford.

## GYM CLASS HEROES

April 29, 2009 by [Katie Black](#)

Filed under [Campus](#), [Entertainment](#), [Featured](#)

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*Spring Concert Draws a Large Crowd For an Unforgettable Evening*

**By KATIE BLACK**  
**Staff Writer**



Gym Class Heroes performs live. Above photo: Lynn students enjoy the production. Staff Photos/Carolina Gonzalez.

Gym Class Heroes recently came to campus as part of Lynn’s annual Spring Concert. The concert was held outside on the intramural field and a full stage with lights, instruments and microphones were set up and ready to be rocked out on.

Most recognize Gym Class Heroes because of their number one hit single, “Cupid’s Chokehold/Breakfast in America.” In 2006, Gym Class Heroes released, “As Cruel As School Children,” which ended up being their first gold selling album. The most recently MTV Video Awards awarded the band with the “Best New Artist Award.”

The JeanMarie band came on stage first as the opening act and set a great mood for the night. JeanMarie is local, right out of Miami. The band replaced Chester French who backed out at the last minute because of an offer the band received from Jimmy Kimmel Live! The JeanMarie band refers to their music as a combination of “grungy-guitar, squiggle synth, simmering, cymbal-and-bass drum boogie music.”

“The concert was very well run. It was great to see Pete from Fall out Boy, backstage,” Chris Dillon, junior, said. Dillon also helped out behind the scenes of the concert. “I thought Student Involvement did a great job. Everyone worked very well together.”

For students, faculty and staff the concert was free. Students gave their student IDs at the door and were given a wrist band for entry. The rest of the general public had to pay \$10 for admission, which either could be purchased at the door or through Student Involvement.

Spring Concert 2009 was another hit! Students and staff can only anticipate what Student Involvement will put on next year for the annual Lynn spring concert series



## LIVING IN THE FAST FOOD LANE

April 28, 2009 by [Samantha](#)

Filed under [Food](#)

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*Fast Food Options That are Easy on the Budget and Waistline*

**By KATHERINE PAXSON**  
**Staff Writer**

Whether due to the steady decline of our nation's economy or the increase in self indulgent behavior, many people are living on fast food.

There are several places during these tough times where a double cheeseburger, fries, and a coke can be found for \$5.49. Fast food establishments such as McDonald's, Taco Bell, Burger King and Arby's are playing off the fact that Americans like to eat, and with the struggling status of the American dollar, it goes pretty far at one of these quick alternatives to a healthy and nutritious meal.

Many know the nutritional value, or lack thereof, that accompanies a sudden splurge for tasty treats, especially now, when money is tight and no longer burning holes in American's pockets but in mortgages and student loans. As a result, people are flocking to fast food restaurants for a combo meal. Recently more and more fast food restaurants are serving up healthier options to avoid the guilty feeling one gets after having to unbutton their jeans.

McDonald's is one of the fast food restaurants that offers healthy menu options. Instead of a side of fries with a burger, one can choose apple slices. Rather than a delectable chocolate milk shake, there is fat free frozen yogurt and lowfat parfaits.

Other fast food restaurants are now following this corporation's lead with longer salad menus and deli sandwiches. However, is the healthy menu alternative really that much healthier? Based on a calories ratio, the new healthy menus are not that much healthier.

Advertising for the new diet options on fast food menus has lead people to believe that what they are eating is actually less fattening, but in reality, it all breaks down to be about the same. The quality of food in fast food restaurants may be increasing with fresher lettuce, white meat chicken, and different cooking oils, but is still fattening all the same. According to McDonald's



web Site, under nutritional facts, a fruit parfait with granola is the same amount of calories as the English egg McMuffin for breakfast. So while one may think yogurt and granola will save their waistline, they might as well eat the breakfast sandwich.

The same fast food fallacy applies to chicken sandwiches. There are actually less calories in a single hamburger than a grilled chicken club. And while everyone usually agrees that a salad has to be healthier than a hamburger, in most cases a salad from a fast food restaurant is actually more calories than a double cheeseburger. Many associate a salad with healthy lettuce and believe the fresh tossed green salads seen on the commercials are better, but by the time croutons and dressing are added, kiss the nutritional value goodbye.

“I never eat fast food,” said Henry Zackoecer, junior. “It is horrible for you, but if I had to choose, I would eat a salad.” This is a prime example of a fast food fallacy people believe to be true.

Another Lynn student commented that Taco Bell is her favorite fast food restaurant, “because it has beans, tomatoes and vegetables I thought it was the healthier choice,” said Luiana Porto, junior.

When determining what to order, it is really a play on numbers. Be sure to check the nutritional information on those favorite fast food menu items before giving in to what most people believe to be the healthier option.

## EXPERIENCING THE FINAL FOUR

April 28, 2009 by [Samantha](#)  
Filed under [Athletics](#)

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*Students Get Hands-On Experience at the Women's Final Four in St. Louis*

**By ASHLEY PHILLIPS**  
**Staff Writer**



Big LU poses with the NCAA trophy. Staff Photo/Ashley Phillips.

Recently, Lynn University students attended the women's Final Four held at the Scottrade Center in St. Louis, MO. Students were able to volunteer at different events, as well as attend the Final Four games.

During this trip, students gave their time to events like March to the Arch, 4Kay Run, Hoop City and the Coaches Roundtables luncheon.

"I enjoyed volunteering at the March to the Arch event. To see the kids get excited about getting a t-shirt and ball was really great to see," said Daniel Silverstein, senior. "I also liked helping with the setup of the all different events. It was a fun experience."

Lynn University usually attends the men's division of the Final Four, but this year they attended the women's games instead. Some students were hesitant on the decision, but decided to go on the trip to gain experience in the sports world.

"I went to the men's Final Four with the school last year, and I wanted to see the difference between them," said Siverstein. "As a sports management student I thought it was beneficial."



Students inside the dugout of the St. Louis Cardinals. Staff Photo/Ashley Phillips.

Even though it was a little different from past Final Four trips, students still felt this was a great experience.

“I had expected to learn more about the sports industry. I also wanted to get some hands on experience and to learn more about college sports too,” said Meredith Epstein, sophomore.

The women’s division of the Final Four trip was designed to gain an overall knowledge of the women’s side of the sport and to gain more experience in the sports industry for Lynn University students. While in St. Louis, students were also able to tour the city and enjoy some of the many attractions in the area.

## CONNECTING VIA THE AIRWAVES

April 28, 2009 by [Brittany Hutchinson](#)

Filed under [Campus](#), [Entertainment](#)

[Leave a Comment](#)

*Knight Radio Broadcasts to the Lynn Community and the World Wide Web*

**By BRITTANY HUTCHINSON**  
**Assistant Copy Editor**



Amelia Dougherty, hosts a radio show regarding.

As part of the many opportunities offered at Lynn, Knight Radio gives students the chance to voice opinions and express themselves during student-run radio shows. Whether interested in a future in radio or just looking for a unique hobby, Knight Radio is open to anyone interested in hosting their own show and offers a variety of topics as well as music genres to listeners.

“It’s fun,” said Amelia Dougherty, freshman. “It gives people the opportunity to do something you normally wouldn’t do.”

Dougherty hosts her own radio show where she touches on many different topics while playing alternative music and sometimes music from other genres depending on her mood.

Knight Radio can be a way to relieve stress and have some fun with friends during the school year. Many students have found a rare freedom through the airwaves.

“It lets you speak freely and openly,” said Grant Stateman, senior. “It’s like a form of therapy. You can express yourself in different ways.”



Station Manager Grant Stateman broadcasts live daily. Staff Photos/Brittany Hutchinson.

Stateman has been part of the radio station throughout his four years at Lynn. His love for music and a friend’s interests in doing a radio show got him involved during his freshman year. Stateman now serves as the station manager, helping to lead interest meetings and promote the radio at school events such as the activities fair. He hopes his time with Knight Radio helps him in future careers and will miss the tranquility he has found in the radio station. “It’s been a sanctuary for the last four years,” said Stateman.

Knight Radio can be heard on 96.3 FM or online at [www.lynnuniversity.net/knightradio](http://www.lynnuniversity.net/knightradio). Also, a live video feed of the radio station can be seen on any campus cable television on channel 28.

## LIONS, RHINOS AND ELEPHANTS , OH MY

April 28, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Lion Country Safari Offers Locals the Experience of the African Savannah*

**By MICHAEL PUYANIC**  
**Staff Writer**



Zebras graze along the open planes.

Where can one go in South Florida and see the wildlife of Africa? Lion Country Safari of course. The park offers the best in African wildlife and experiencing the Savannah without having to make the long trip to Africa.

Opened in the late 1960's, the park has been around South Florida for many years, offering tourists and locals alike a truly unique experience. And unlike a regular zoo, guests can drive their car through the park, similar to an African safari.



Rhinoceroses roam freely about.

From Lions to Rhinoceroses, Zebras and Elephants, the possibilities are endless of creatures spectators will encounter. New updates at the facility include an Audio CD explaining each section of the park and the animals that inhabit it. Interestingly enough, the original animals were brought over from Africa, and ever since, continuous breeding has allowed for the park to blossom in numbers and quality of different species. Now numbering more than 800 animals, the park has numerous arrays of creatures to view.

On one recent excursion, Lynn student Daniela Romano saw an ostrich come right up to his window.

“It began pecking the window,” said Romano. “I wasn’t sure whether to laugh or cry from excitement, the thing was huge.”

Senior Harry Glennon also went on a recent trip to Lion Country Safari and was impressed.



Flamingos add vibrant color to the environment. LU Photos/Samantha Bartley.

“I haven’t been here in years,” said Glennon. “But you’ve got to love the animals, especially those white rhino’s, wow.”

Many other Lynn students have also visited the park, but for those who have not, it is well worth the \$20 per person admission fee. If one arrives before 4 p.m., each person gets \$4 off. At Lion Country Safari can one only experience such a rush of the African Bush.

## **LYNN GOES FULL SPEED AHEAD**

April 28, 2009 by [Samantha](#)  
Filed under [Featured](#), [Politics](#), [Technology](#)

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*Students Experience Life Aboard the USS Ashland Navy Ship*

**By JENNIFER O'TOOLE**  
**Publishing Editor**



Students from the College of International Communication aboard the USS Ashland. LU Photos/David Jaffe.

On Saturday, April 25, five Lynn students from the College of International Communication, Naval Operations class boarded the USS Ashland in Jacksonville for a two-day voyage.

Under the direction of Professors Jim Brosemer and John Bennardo, students enrolled in COM399, Video Applications: Naval Operations, had the opportunity to gain hands-on experience by scripting, filming and editing news pieces, which were debuted on WPTV News Channel 5 Website, and Viper Vision for the Boca Raton Police Department.

The students arrived yesterday morning in Port Everglades for the start of the 2009 Broward Navy Days, and were on-hand for the official ship greeting reception.

“We were on the ship since Saturday and it was an experience beyond belief. We were able to live with sailors and marines and eat meals beside them,” said Mike Griffith, senior. “We saw every part of the ship from the engine room to the captain’s stateroom. We were in every part of the ship we were allowed to be in. I got up each morning wanting to do more.”



Students from the College of International Communication aboard the USS Ashland. LU Photos/David Jaffe.

Broward Navy Days is a South Florida tradition in which numerous Naval Ships dock, and the men and women of the U.S. Navy, U.S. Marine Corps, U.S. Coast Guard and Royal Canadian Navy get to participate in numerous events throughout the week involving the community.

Throughout the week, students will participate in a variety of events, such as a welcoming party, Habitat for Humanity project, Navy displays as well as a flight stimulator.

“I am so excited to cover the Flight Stimulator, and this class has given me so many awesome opportunities to do things I would have not been able to do otherwise,” said class participant Trevor Schliefer.



## A HISTORY OF SAINT THOMAS

April 27, 2009 by [Samantha](#)

Filed under [Politics](#)

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*An Island of New Discoveries and Piratical Adventures*



Fort Christian was the first structure in Charlotte- Amalie, and is the oldest building still in use on St. Thomas.

The Virgin Islands have a rich and exciting history that is full of intrigue, adventure, and some of history's most colorful characters.

The first human inhabitants of the Virgin Islands were the Arawak Indians. The Arawaks were descendants of coastal Indians from what is now Venezuela and Guyana who were forced out of that area by more aggressive tribes. They island hopped up the Antillean chain until they reached the Virgin Islands sometime around 300 AD.

The Arawaks lived peacefully here, fishing and farming, until the fierce and cannibalistic Carib Indians moved into the area about 100 years before the arrival of Columbus.

Christopher Columbus has been accredited to the discovery of the Virgin Islands on his second voyage to the Caribbean in 1493. Because the islands were sited around the time of the feast of Saint Ursula, he named them "Once Mil Virgins" after the eleven thousand virgins that were martyred with Saint Ursula.

In the centuries that followed, the islands were ruled by the English, Dutch, French, Spanish, Knights of Malta, and Danes.

Saint Thomas was settled in 1672 by agents of the Danish West India and Guinea company, but Denmark did not officially take possession of the Virgin Islands until 1754. Until 1733, Saint Croix at this time was a French possession.

Because of its excellent harbor and the Dane's willingness to trade with them, Charlotte Amalie in Saint Thomas was home to, or visited by many pirates, famous and infamous. The most legendary was Blackbeard, a.k.a. Edward Teach.

During World War One, the United States bought the islands from Denmark for \$25,000,000 in gold.

The U.S. Virgin Islands' unique culture and history reflect the West African, Danish, Spanish, Irish, Polish, and German heritage of those who have made the U.S. Virgin Islands their home since the late 1400s.

The rhythms and lyrics of Virgin Island music—including calypso, cariso, soca, reggae, and steel pan melodies—are colorful reminders of their past.

## SEE THE SCENE IN SAINT THOMAS

April 27, 2009 by [Samantha](#)

Filed under [Politics](#)

[Leave a Comment](#)

*From its Natural Beauty to its Cosmopolitan Scene, This Island Has it All*



A view of the island taken from the top of the tramway in Charlotte Amalie, Saint Thomas, U.S. Virgin Islands

Saint Thomas combines the natural beauty of the islands with a cosmopolitan atmosphere. Charlotte Amalie, the capital of the U.S. Virgin Islands, is one of the most beautiful harbors in the world and the most visited port in all of the Caribbean.

Elegant dining, exciting nightlife, and world-class duty-free shopping are abundant in Charlotte Amalie. The city's reputation as the shopping mecca of the Caribbean draws visitors from all over the region and around the world.

Island traditions come alive during celebrations throughout the year. The Three Kings' Day festival on Saint Croix, Saint John's Fourth of July celebration, and Saint Thomas' annual Carnival are just three examples of the dozens of special events that take place each year. However, on any given day, visitors can catch a glimpse of the unique culture of the islands.

A mountainous island, Saint Thomas offers stunning vistas in almost every direction. While Charlotte Amalie is full of energy, Saint Thomas also provides natural wonders such as the indescribably beautiful Magens Bay and stunning views of the Caribbean from 1,500 feet above sea level. Drake's Seat is particularly famous for its vistas.

Saint Thomas' activities are as rich and varied as the items that stock the duty-free shelves of Charlotte Amalie's boutiques. Golf, tennis, fishing, yachting, and shopping are just a few of the activities available. Mahogany Run, a George and Tom Fazio-designed golf course, contains eighteen of the most beautiful and challenging holes in the Caribbean.

Virgin Islands Ecotours provides guided kayaking and snorkeling tours through Saint Thomas' Marine Sanctuary and Mangrove Lagoon and along Magens Bay. Fishing charters are abundant, and for good reason: The International Game Fish Association reports 24 world-record catches from U.S. Virgin Islands waters.

Visitors can even take a one-hour submarine voyage off Saint Thomas to view the coral reefs and marine life of the island. For visitors who want to stay above water, Coral World Marine Park & Observatory, on the northeast shore at Coki Point, offers an underwater observatory tower, a tropical nature trail, a marine gardens aquarium, and an 80,000-gallon coral reef tank.

In and around Charlotte Amalie visitors will find a wide variety of options. Fort Christian, the oldest standing structure in the Virgin Islands, is rich in history. The Paradise Point Tramway takes visitors above Charlotte Amalie for a bird's eye view of the city and the island. Blackbeard's Castle, also known as Skytsborg, stands guard over Charlotte Amalie's harbor.

Government Hill provides numerous sites of historical interest, including Government House, 99 Steps, Crown House, and Seven Arches Museum.

Source: US Virgin Islands Tourism

## **SURF, SAND AND STUDYING**

April 27, 2009 by [Samantha](#)  
Filed under [Featured](#), [Politics](#)

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## *Saint Thomas Spring Break*

**By CRISSY THIBODEAU**  
**Staff Writer**



Leah Lennox smiles for the camera as she goes snorkeling in Saint Thomas on a Lynn University study tour. LU Photo

In her final semester at Lynn University before graduating, Leah Lennox went on a study tour with the university during spring break. The study tour, hosted on a Carnival Cruise ship, took students to various islands. One island in particular stood out to Lennox: Saint Thomas. Saint Thomas is an island in the Caribbean Sea that is a part of the United States Virgin Islands and is an unincorporated territory of the United States.

Lennox remarked that Saint Thomas has beautiful mountains, sunny skies and deep blue, clear water. “The water is so clear that the bottom of the ocean can be seen from a far distance above,” said Lennox.

Wanting to make the most of her time in Saint Thomas, Lennox set out as soon as the boat docked. “I made the most of it,” said Lennox. “I did as much as I could with the time that I had. I literally got off the boat and found the nearest beach to go snorkeling.”

Though Saint Thomas is beautiful, Lennox says that she will likely not be moving there. “I was told by a local that a gallon of milk and gas was about \$6,” she said. “It was a great place to visit, but too expensive to live.”

Lennox truly enjoyed learning about the various islands on her study tour. “I was very happy to see the majority of the tropical island within a week’s time,” said Lennox. “It will be something that I remember forever.”

## BROADENING CULTURAL HORIZONS

April 24, 2009 by [Samantha](#)  
Filed under [Politics](#)

[Leave a Comment](#)

*Lynn Students Have Amazing Opportunities to Travel and Study Abroad*

By **BROOKE BIDGOOD**  
Copy Editor



Big LU visits Buckingham Palace in London. LU Photo.

For many Lynn University students, the setting of the university in beautiful South Florida is a major appeal. However, many students do not know that the institution offers the chance to study for a semester abroad with, Irish American University, formerly American College Dublin.

Irish American University will be offering the opportunity for students to study for an entire semester in Dublin, Ireland this upcoming fall semester. Furthermore, students may choose to study in Dublin for a shorter four, six or eight-week period this summer.

The four-week summer sessions begin May 22, June 6 or June 20. The six and eight-week summer sessions also begin May 22. Some of the classes offered during the summer sessions include: Anglo-Irish Writers, Psychology of Personality, Themes in Irish History, International Marketing, Cinema and Society, International Business and Irish cultural studies. All of the sessions are worth between six and 12 college credits. The summer sessions cost between \$4,000 and \$7,000, depending on the length of the trip. Fees include: tuition, housing and international insurance.

For those interested in spending an entire semester in Dublin, IAU's fall semester begins August 14. There are a large variety of classes offered for the semester, including study tours. Spring semesters are also offered to Lynn University students.

In addition to studying abroad in Dublin, there are a variety of other shorter study tours that are also available for Lynn University class credit. Summer 2009 study tour destinations include: Hong Kong and China, Chicago, Los Angeles, Italy and Washington D.C.

In Washington, students will be looking at presidential power and the relationships between all branches of government among other things. Furthermore, various tourist destinations will be visited while in D.C. including: a White House tour and a visit to the Embassy.

There are two trips to Italy being offered this summer. One of the trips focuses on the culinary, wine and spas of Italian culture. Students will explore the Italian hospitality industry. The tentative itinerary includes: winery visits, cooking classes, tours of various cities and a visit to Vatican City.

The second study tour in Italy focuses on international business. It will provide students with the opportunity to visit different companies throughout Italy as well Italian universities. Activities in Italy include: tours of the fashion business in Florence, visits to the Bank of Italy, exploring Vatican City and touring Venice.

The Los Angeles study tour will be centered on The X-Games. Students will gain the opportunity to work with ESPN in their coverage of the event.

Study tours, whether domestic or abroad, are a wonderful opportunity to gain real-world experience in a vast range of interests. Students can gain college credit, while at the same time, getting the chance to travel to new and interesting places. Deadlines for all study tours are approaching quickly. For more information about any of this year's study tours, visit the second floor of the International Center or contact Nicolette Orezza, Assistant Director of Study Abroad.

# JORGE MOLINA RUGBY CAPTAIN

April 24, 2009 by [Samantha](#)  
Filed under [Athletics](#), [Campus](#)

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*Relentless Love and Passion Makes Lynn Rugby Squad Tough Competition*

**By GI JUN SUNG**

**Staff Writer**



Rugby captain Jorge Molina. Staff Photo/Gi Jun Sung.

Jorge E. Molina, an international student from Colombia, proudly represents himself as the captain of the Lynn Rugby squad. Now 22, his love and passion for Rugby is something that is relentless.

Molina entered Lynn University's student body two years ago as a sophomore and practically founded the Rugby team. When he first came to Lynn, Molina wanted to play rugby with a squad in which he could have legitimate practices with. When he found out that there was a small club meeting every week to practice for activities sake, Molina wanted to change things around and make it a team that plays games for competition.

“At first, only a few people came and tried out,” Molina states. “Some people then left but we had enough for a team that could represent Lynn University.”

As the club soon became a team sport, Molina was voted as captain and still serves as the leader of the team. In his ambition to turn the team into one that could compete against other colleges, him and the coach organized full length rugby games with universities such as Miami University, FAU, and Eckerd College.

“The team has improved ever since last year and is looking forward to improving even more,” Molina says.

As a captain, Molina is present in every single practice and helps others out in skills, strategic moves, and most importantly, team unity. He has also equipped the team with several different practice gears such as pads, more than a dozen rugby balls and transportation. All in all, Molina has brought Lynn rugby to a new level.

“Jorge is a very loyal captain,” states Thein Oak Sein, sophomore and a member of the Rugby team. “He deserves to be the captain of the team.”

Starting his ardor of rugby at the age of 19, Molina has not only devoted his time in Albright University’s team, but has also been a keen member of the Santa Cruz rugby team in Bolivia. This ample experience has led him to be one of the most respected team members in the current team he is on, Knights Rugby Team.

“Jorge keeps the team well motivated and is extremely determined to take things to the next level,” said Jonathan Witmond, sophomore and member of the rugby team. “He is an individual who knows the game very well and keeps the team united, and I think he is a true leader and inspiration to our Lynn rugby team.”

As for the captain himself, Molina thinks that he could make changes in his leadership to make the team a better team than it is now. He has stated that if he could do one thing that could change the team, it would be getting its members to be a little bit more serious and committed into this activity as it is a legitimate sponsored sports team.

As Molina looks forward to graduating this December, he hopes that the rugby team will continue and grow even more to become bigger of an organization where competition levels will rise to the point where the team will be recognized even more. Moreover, he hopes that the captain who will succeed him will be one who is as determined as he is and a good leader who can carry out the motivation throughout the team.

“It is not the captain that makes the team, it is the players who are in it that make one team the best team,” Molina declares with enthusiasm.

## **THE NEW GENERATION OF METAL**

April 24, 2009 by [Samantha](#)  
Filed under [Best of Boca](#), [Entertainment](#)



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*Local Miami Band, “Black Tide,” Creates Their Own Sound*

**By SPENSER LAURO**  
**Staff Writer**



Local Miami Metal Band: Black Tide.

“Black Tide,” is a local four piece metal band hailing from Miami. The band consists of 16-year-old standout lead guitarist Gabe Garcia, bassist Zack Sandler, drummer Steven Spence and rhythm guitarist Austin Diaz. All remaining members are all 20-years-old, making this metal band extra special, because they are extremely youthful. Black tide, originally named “Radio” gained much attention after the bands front man Gabe was seen shredding guitar riffs at local shows in Miami when he was only 14. The band soon signed a multimillion dollar record deal with Interscope Records and have been on their way to stardom ever since.

The band has an authentic throw back, retro metal sound. Many of their influences were bands such as, “Pantera,” “Mega Death,” “Iron Maiden” and “Metallica.” All of these bands have a very powerful rock sound that “Black Tide” has emulated to create their own one of a kind sound.

Their fast paced music is rocking the young metal lovers all across the nation. “Black Tide” has just embarked on another full nationwide tour that stretches to Europe. They are playing under a band called “Escape the Fate,” which has been very beneficial to “Black Tide” because of the difference of genre between the two bands. Many of the headlining bands’ fans have become “Black Tide” fans after seeing both bands together.

“Black Tide is my new favorite band,” said Hilary Gallagher, junior. “I didn’t even know they existed before the Escape the Fate show, and boy was I missing out. Gabe is totally hot!”

“Black Tide” is gaining much popularity throughout the United States, and is soon to be rocking out in arenas just like their rocker role models from the 70’s and 80’s.

## FLORIDA PANTHER’S HAT TRICK

April 24, 2009 by [Samantha](#)

Filed under [Best of Boca](#)

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*Ashley Phillips Scores Exclusive Interview with NHL’s Stephen Weiss*

**By ASHLEY PHILLIPS**  
**Staff Writer**



Florida Panther Stephen Weiss skates after the puck.

Born in Toronto, hockey player Stephen Weiss has achieved much throughout his professional NHL career. He plays center for the Florida Panthers and an alternate captain for the team.

“As an alternate captain, I try to work hard everyday and be consistent day in and day out and set a good example for the team,” said Weiss.

Weiss was drafted to the Florida Panthers in 2001. Since then he has played in more than 175 games, scoring more than 28 goals and 45 assists for 73 points. While playing for the Plymouth Whalers in his junior career, he recorded statistics that impressed many scouts and made him one of the highest selections in the draft pick.

“I feel pretty good about my accomplishments, it was my goal to make an NHL team,” said Weiss. “It was the first thing I wanted to do, once I did that, it’s a lot harder to just stay in it.”

On Jan. 13, 2009 in the game versus Washington Capitals, Weiss made his first professional hat trick on the ice. Soon after, on Feb. 1, he recorded his 100-career point against Washington.

“Making that hat-trick was special and pretty cool. Its right up there with my first goal in the league,” said Weiss. “I haven’t gotten one since, so you never know how many you are going to get.”

## KNIGHTS ARE ON THE HUNT

April 24, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*SGA Scavenger Hunt The Amazing Chase Begins Tonight*

**By RYAN BROOKS**  
**Contributing Writer**



Student Government Association is planning the first ever 24-hour scavenger hunt open to all Lynn University students, faculty and staff tonight. The hunt is entitled “The Amazing Chase: A Blue and White Battle” and is more than just the typical scavenger hunt. The Amazing Chase is set to take place all over the Lynn campus, spreading through the streets of the city and into every crevice of the Boca Raton area.

The Amazing Chase will test not only one’s ability to solve riddles and locate obscure landmarks, but will push the envelope even further. These will include detour activities and unconventional challenges that will hinder any hope of aimlessly wandering the streets of the community and conveniently stumbling through the tasks along the way.

Preparation, efficiency, teamwork, community service and communication will be the key ingredients of victory. This is an opportunity to become aware of the Lynn Community, Boca Raton Community, and develop great and very useful teamwork skills.

Online registration is now open on the SGA website. Teams will consist of five members of students, faculty or staff. The hunt will begin at 7 p.m. and continue until 7p.m. on April 25.

There will be several prizes awarded to the top three winning teams. The team in first place will receive a \$2,500 cash prize. The second place team will receive student involvement packages including Dolphin tickets, Miami Heat tickets, Halloween Horror Nights tickets as well as Disney tickets for each team member. The team that comes in third place will receive G.P.S. systems, digital cameras and more.

## CROWNING MR. AND MS. LU

April 24, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Students Take Part in Lynn's First Mr. and Ms. LU Pageant*

**By CAROLINA GONZALEZ**  
**Editor in Chief**  
**and**  
**MELANIE SHANKEN**  
**Staff Writer**



Ms. LU Caroline Greer and Mr. LU John Colon.

For the first time in five years, Lynn held a Mr. and Ms. LU pageant. The event was hosted by the Residence Hall Association (RHA) and Knight's Activities Team (KAT). The past Mr. and

Miss LU competition was held on Alumni and Families weekend, however since the separation of the two celebrations, the pageant disappeared.

The pageant consisted of five categories, some of which included: Rep Where You're From, School Spirit, Formal Wear and a category designed to test out contestants' Lynn Knowledge.

The winners each received a cash prize, dinner cruise for two and the title of Mr. or Ms. LU. "The pageant is one more thing to bring the Lynn Community together and one more fun activity to get involved in," said Kori Beaman, freshman. "It brings back that feeling of high school like when you vote homecoming king and queen."

The event drew a large crowd of both on campus and commuter students who came to cheer on contestants and await the crowning ceremony of the winners.

Once the names were announced, the audience broke out into applause and contestants were given the royal treatment and congratulated by their friends. The title of Ms. LU went to Caroline Greer of EML and the title of Mr. LU was awarded to John Colon, also of EML.



Mr. and Ms. LU and court. Staff Photos/Carolina Gonzalez.

The event turned out to be a great success and the present Ms. LU shared some advice for those who may take part in future Mr. and Ms. LU pageants.

"Getting hyped up for it was fun. I recommend everyone trying out to make it a bigger event with more people involved in the future," said Ms. LU Caroline Greer. Greer was honored to have been crowned Ms. LU.

"In the beginning, I wasn't going to do it and at the last minute I collected all my names and handed my package in. I didn't think it was going to be me, but I was so happy. I was happy it was Mr. and Ms. EML," said Greer.

John Colon was crowned Mr. LU and describes how he felt at the moment of being crowned. “It’s like winning prom king. It was amazing,” said Mr. LU John Colon.

All contestants who took part in the event were proud of what they had accomplished. The Lynn community now has one more event to bring its members closer together.

“It was really interesting, everyone tried really hard. At the beginning it was all over the place, but today, we got it all together and it was really good,” said Omar Herrera, freshman.

# TICKLED PINK AT FLAMINGO GARDENS

April 23, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Take a Tour into the Colorful and Exotic World of Flowers and Feathers*

**By FRANCESCA PIANCONE**  
**Staff Writer**



A peacock shows his true colors. Staff Photo/F. Piancone.

The Flamingo Gardens offers a scenic and unique experience to visitors and offers many attractions including 60 acres of botanical gardens with exotic and native plants, as well as a sanctuary for everglades wildlife.

When viewing the botanical gardens, guests will see 19 of the largest trees of their species nominated by the American Forestry Association. The gardens also contain many floral collections, including Hibiscus, Heliconia and many more. Visitors will view over 60 types of citrus such as grapefruits, limes and oranges as well.

Guests can partake in a guided tour of Floyd L. and Jane Wray's home; the founders of Flamingo Gardens. Visitors can also view all of the beautiful scenery by hopping on a 25-minute narrated tour by tram.

"The tram tour was a great way to spend the day seeing beautiful and rare plants," said Amanda Gross, sophomore. "I had no idea the property was going to be that large. It was amazing."

When venturing through the wildlife sanctuary, visitors will be able to see alligators, otters, flamingos, bobcats, turtles and more than 70 species of birds. All of these animals live in the permanent refuge for the injured and endangered. Visitors can even donate money to the Wildlife Adoption Program, where they will become a guardian to a bird or other type of wildlife.

"All of the animals looked extremely happy and healthy in their own personal, natural habitats," said Gross.

The Gardens also includes a free-flight aviary center, a bird of prey center and daily wildlife encounter shows. Aside from all of these amazing aspects, a gift and bookshop is located on the grounds for guests' convenience. Visitors can also purchase plants from the garden shop, lunch at the Flamingo Café and grab a smoothie from the Tropical Marketplace.

"Visiting the Flamingo Gardens was a new and fun experience. There is so much to do, every time you turn your head, you see something different," said Gross.

The Flamingo Gardens is located at 3750 South Flamingo Road in Davie/ Ft. Lauderdale and are open daily from 9:30 a.m. until 5:30 p.m. Admission is \$17 for adults, \$8.50 for children (ages 4-11) and free for children ages 3 and under. Group rates and discounts are also offered.

## **FLYING AN AIRBOAT**

April 23, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Sightseeing at the Sawgrass Recreation Park*

**By FRANCESCA PIANCONE**  
**Staff Writer**





Views from the Sawgrass Rec. Center/Staff Photos/F. Piancone.

The Sawgrass Recreation Park, located at 1006 N. U.S. Highway 27 in Weston, offers airboat rides, private tours, red eye night tours, wildlife and reptile exhibits as well as fishing. The store opens at 7:30 a.m. on weekdays and 7 a.m. on Saturdays and Sundays to sell tackle, souvenirs, boat rentals and snacks till 6 p.m. daily. The first airboat tour leaves 9 a.m. daily and continues to operate every half hour throughout the day. The last tour leaves at 5 p.m., but it is suggested to get there at 4 p.m.

During the airboat tour, a trained captain guides the tour along the everglades, explaining the surroundings and telling tales of the Seminole Indians. If the group is lucky, a glimpse of an alligator will occur.

“It was amazing to see an alligator that close to our boat,” said Michael Schutte, sophomore. “I was surprised since they are nocturnal creatures, but very excited.”



Views from the Sawgrass Rec. Center/Staff Photos/F. Piancone.

Sometimes tour groups get an extremely close encounter. “My friend was giving a tour a few years ago and an alligator jumped right into the boat,” said Captain Charles, one of the guides. “They had to put the floorboards over him and wait for help. The group was lucky they didn’t have a full crowd that day.”

Aside from the exciting airboat tours, visitors can walk through wildlife and reptile exhibits and view many different species. At specified times, visitors can also witness the animals feeding, such as the wolves or crocodiles.

“Seeing the wolves devour and tear their meal to shreds was definitely a sight to see,” said Schutte.

Overall, the Sawgrass Recreation Center offers a plethora of adventurous activities that visitors

will remember for a lifetime; especially after purchasing souvenirs and stopping for many unique and amazing photo opportunities.

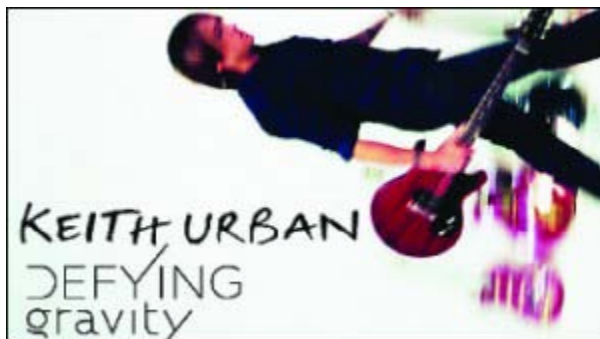
# “DEFYING GRAVITY” AND BOUNDARIES

April 23, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Keith Urban's Latest Country Album Draws in Audiences of Every Genre*

**By WILLIAM HARTIGAN**  
**Staff Writer**



Country music is the most popular genre in music, however for me I have never been a big fan of it. On the other hand, Keith Urban has always found a way to make his music unique and incorporate things other country singers do not.

Urban's new studio album "Defying Gravity," in my opinion, is a smash hit. There are many attributes that make this a great album, however the production on this album really makes the album shine. "Kiss a Girl" and "Sweet Thing" are tracks that are put together so efficiently that it really allows Urban to create a great story. He blends a combination of classic country sound, with soulful melodies and lots of rhythm, which was a huge surprise to see. It really does not feel like you are listening to a country album. While this may put off fans of traditional country, I think he really did the right thing by expanding the musical material.

The lyrics are as strong as ever, touching on everything from the violence in the country to Urban's own personal life. Urban has the ability to really draw you into the song. On songs such as "Hit the Ground Runnin'" and "Standing Right in Front Of You," Urban crafts many ideas that are thought provoking and really make you take into account what you are listening to.

This is an album that I was very surprised with and one that makes me look at country music in a different light; I give this album a 4 out of 5.

# COMMUTER COMMUNITY

April 23, 2009 by [Carolina Gonzalez](#)

Filed under [Campus](#), [Food](#)

[Leave a Comment](#)

*Recent Commuter BBQ Fostered Community and Fun*

**By CAROLINA GONZALEZ**

**Editor in Chief**



Students dig in at the BBQ. Staff Photos/Carolina Gonzalez.

The Commuter Council, in conjunction with the Student Government Association, recently held the Commuter BBQ on the Ritter lawn. The event included a fully catered meal from Smokey Bones, music and a place for commuters to enjoy a free meal.

Turnout for this event was almost unprecedented as many of the commuters arriving to campus from the North Lot took the time to stop by and enjoy a meal with fellow students. This marked the first event the Commuter Council held this year.

“I was surprised at the turnout and was very satisfied that everyone really enjoyed the food,” said Katie Black, commuter chair.

# JOURNALISM STUDENTS ALL ABOARD

April 23, 2009 by [Samantha](#)

Filed under [Campus](#), [Politics](#)

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*Students in COM 399 Aboard the U.S.S. Ashland for a Weekend Trip*

**By JIM BROSEMER**  
**Contributing Writer**

Five Lynn University multimedia journalism students will spend two days and nights on the high seas aboard the U.S.S. Ashland producing television profiles of various sailors with Florida hometowns. The Ashland, an amphibious assault warship, carries up to 400 marines, hover craft and up to 36 assault landing vehicles. Students will also produce a television story about the ship's mission, including an interview with the Commanding Officer.

The on-board television work is part of Ft. Lauderdale's "Fleet Week:" A yearly five day event when various warships from the U.S. Navy and Coast Guard visit Port Everglades. Many of the warships will be open for public inspections, and the ship's crews will spend time completing community work and relaxing while on shore leave. Other Lynn students will cover the crew's landside activities, producing television reports and print stories for various local media.

The on-board profiles will be sent to each sailor's hometown television station for broadcast. While at sea, students will keep various news publications informed of their experiences via Twitter and the Internet.

The Lynn University College of International Communication and the organizers of Fleet Week are working together to give this opportunity to Lynn's students. To prepare for this event, students were enrolled in a new COM 399 course "Video Applications/Naval Operations," under the supervision of Professors Jim Brosemer and John Bennardo. Students competed during the spring semester for a slot on board the Ashland. In preparation for Fleet Week, students began producing television stories for the Boca Raton Police Department VIPER Crime Prevention Program website ([www.bocaviper.com](http://www.bocaviper.com)). Under a local news sharing agreement, the resulting stories were also picked up by WPTV, the NBC television station in the Palm Beach market, and placed in a special Lynn University folder, along with various iPulse stories on Channel 5's website ([www.wptv.com/lynn](http://www.wptv.com/lynn)).

Students assigned to the U.S.S. Ashland will be transported by the navy to Mayport Naval Base in Jacksonville on tomorrow, April 24, for the sea voyage back to Ft. Lauderdale, arriving the morning of April 27. Student's landside will record their arrival.

## **BLACKBERRIES**

April 23, 2009 by [Samantha](#)  
Filed under [Technology](#)

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*Customers Leave iPhone Behind*

**By WILLIAM HARTIGAN**  
**Staff Writer**



When the iPhone hit the mobile phone industry, Apple not only made a huge success in terms of business, but also fascinated the customers with its special features. Today, however, it seems as if the people who are in interest of purchasing a new phone are leaning their eyes toward the new and enhanced gadget of the year, the Blackberry.

“If I was given a choice to pick between an iPhone and a Blackberry, the choice would definitely be the Blackberry because I don’t like the touch screen,” said Bernadette Griffin, sophomore.

One of the most compelling and beneficial features that the Blackberry phones offer is the BBM feature, Blackberry Messenger. One can literally message anyone in the world who owns a Blackberry for free. Consider it a messenger similar to AIM, instead it is one that is built into the gadget so that messages can be delivered faster and more efficiently exclusively through Blackberry’s not only in the country, but all over the world.

“Its really useful because it helps me connect with my friends all over the country fast,” said Seth Roteman, sophomore.

Moreover, a feature called “Push,” which is an e-mailing device that is integrated within this gadget as well. Different from “Polling” e-mail systems, the user of the Blackberry does not have to log in, to pull e-mails to the inbox to read it. Instead “Push” e-mailing utilizes a mail delivery system with real time capability to push e-mail through to the client as soon as it arrives. With a “Push” e-mail smart phone such as the Blackberry, the user’s mailbox is constantly updated with arriving e-mails without user intervention such as logging in.

As technological innovations make lives easier, gadgets such as the Blackberry show the population that innovations such will not stop, instead they ask themselves, “what’s next?”

## **IRISH AMERICAN UNIVERSITY**

April 23, 2009 by [Carolina Gonzalez](#)  
Filed under [Featured](#), [Politics](#)

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*Dean of Irish American University Rory McEntegart Visits Lynn*

**By CAROLINA GONZALEZ**  
**Editor-in-Chief**



Dean of Irish American University, Rory McEntegart and Ali Shimaz point to Ireland. Staff Photo/Carolina Gonzalez.

Recently, Academic Dean of Irish American University, Rory McEntegart paid a visit to the Lynn campus. McEntegart spoke fondly and proudly of Irish American University.

“As of the first of January of this year we are known as Irish American University. We have two constituent colleges, one in America, American College of Delaware, and one in Ireland, American College Dublin. But for the purposes of how we operate internationally we tend now to be known as Irish American University or IAU,” said McEntegart. “We’ve been doing study abroad for 16 years and we’ve had a very high success rate.”

“The idea was to teach in the Lynn style. It obviously changes and develops as time goes on, but I think we’ve stayed close to that in terms of developing a close internal class relationship between the teacher and student,” he said.

IAU offers students the opportunity to be integrated into another culture. Students are offered a chance to study in the heart of Ireland and create lifelong friendships and memories.

“We have an articulation agreement and what that means is that any courses listed on the articulation agreement Lynn and IAU undertake to transfer the grade achieved in those courses as if they were taken at the other institution. So Lynn students, when it comes to IAU, that get an ‘A’ in Macroeconomics will get an ‘A’ on their transcript whereas if you didn’t have an

articulation agreement, it would just be an X usually and it wouldn't contribute to your GPA," said McEntegart.

Lynn students should take notice of the opportunities available at Irish American University. The articulation agreement between the two universities will aid Lynn students in completing courses required for graduation while studying in an international setting.

## A SHIPWRECK IN THE SAND

April 22, 2009 by [Samantha](#)

Filed under [Entertainment](#)

[Leave a Comment](#)

*Alternative Rock Band Silverstein Releases New Album*

**By SPENCER LAURO**  
**Staff Writer**



“Silverstein” is an alternative band from Burlington, Ontario. The band has just released their fourth studio album titled “A Shipwreck in the Sand,” and has been receiving positive reviews around the music community.

“Silverstein” has a unique sound that has stayed true ever since they put out their first record “When Broken is Easily Fixed.” This Canadian band sounds like a mix between “Bayside” and “Norma Jean.” The band really makes their sound work for them. Their lyrics often speak about very traumatic and emotionally charged life experiences or feelings.

They incorporate extreme graphic imagery in their lyrics, which helps young adults connect to those feelings they are trying to convey. However, this can be a hazard for some children who take their lyrics too literally.

“Silverstein” has been quite successful over the years, and has been building up a large fan base since coming onto the music scene in 2002.

“A Shipwreck in the Sand” is a very solid release for “Silverstein.” They stayed true to their sound; however, they added some definite heaviness to the record making them appealing to a more diverse listening crowd. The album is strong all the way through, and is an evolving piece for the Canadian rock band.



# THE HAUNTING IN CONNECTICUT

April 22, 2009 by [Samantha](#)

Filed under [Entertainment](#)

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*Hair Raising Horror-Thriller That Will Keep One Eerily Engaged*

**By RACHAEL EVANS**

**Staff Writer**



Screen shot from movie.

The Haunting in Connecticut is a hair raising horror-thriller starring Virginia Madsen, Kyle Gallner and Elias Koteas. If you have ever been to Connecticut then you know it is famous for two things; the University of Connecticut and ghosts. Second to only Savannah, Connecticut is said to be one of the most haunted towns in the United States. This film only strengthens that argument. It is definitely not recommended for the faint of heart.

Our story centers around the innocent and sweet Campbell family who must deal with their eldest son Matt's (Gallner) recent diagnosis with cancer. With the nearest clinic hours away, Matt's mother Sara (Madsen) rents a house in Northern Connecticut to be closer to the clinic while Matt is treated.

She finds the perfect house for almost the perfect price. It is roomy, affordable, and most importantly a hop, skip and a jump from the clinic. There is a catch. This sweet old house used to be a mortuary, a house for recently deceased. At first Sara thinks nothing of it. Then things get a little fishy.

Matt chooses to sleep in the basement which is connected to a funeral parlor. If that is not strange enough, there are dark shadows and ghostly figures walking about the house. Let's not forget that someone was burned to death in the house. Lucky for the Campbells, a local reverend befriends the family and volunteers to help rid the house of whoever or whatever inhabits it. Will he have the power to rid these spirits and save the family from further torment?

“The movie was pretty freaky and it really makes me want to move to Connecticut,” said Jacob Balot, freshman. “That was awesome.”

This was a great flick filled with lots of screams. I give this a 5 out of 5 stars and would urge all to see it.

## NEW GENERATION OF CAR

April 22, 2009 by [Samantha](#)  
Filed under [Green](#), [Technology](#)

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*Aptera Motors Designs New Unique Wall-E Inspired Car*

**By ADAM GOLDBERG**  
**Staff Writer**



Aptera Motors “WALL-E” inspired car.

The future portrayed in the Pixar film “WALL-E” does not seem to be too far fetched. With the way the planet is being polluted, and the effects of global warming being seen all around, it is time for a change.

In an effort to help solve this global crisis, Aptera Motors has designed an electric car, inspired by the character Eve from the film, “WALL-E.” The company is based out of Carlsbad, Calif., and that is where the vehicle will first be sold.

The car should be one of the most economical cars of its type. It should cost anywhere from \$25,000 to \$40,000, and have a range of about 100 miles. The car, with its modest electric motor, can reach a top speed of 90 mph. Generally, the battery will last for about eight hours.

“The Aptera would be the world’s most energy-efficient car, in part because of its aerodynamics,” said Paul Wilbur, aptera’s chief executive, formerly of Chrysler and Jeep.

The three-wheeled electric car comes in several models, one including a gasoline generator. All models will be two doors with front wheel drive.

Speaking with several students around campus about going green, they each had something very interesting to say.

“The world in which we live in is drastically changing and the only way we are going to be able to stop this change, is if we restyle our way of thinking,” said Aaron Hothem, freshman.

Raquel Paieski, senior, said, “If we don’t start taking action now, there won’t be a world to save in a few years.”

Compared to the majority of vehicles on the road, the Aptera is much lighter, weighing in at only 1,500 pounds. The average weight of a standard family sedan weighs about 2,700 pounds. However, the composite body of the Aptera is said be six times stronger than steel and it is designed to meet all federal crash standards.

The roomy cockpit of the vehicle can fit two passengers with enough luggage space to carry three golf bags.

As efficient and cost effective as this electric car may be, the modern consumer has a few more needs that cannot be satisfied by a vehicle of this size. With the average family consisting of four people, the Aptera will not be able to oblige to the common man.

There is hope in sight for a car with these innovations because the company is currently underway designing a four-wheeled model of the car with a seating capacity for five. There should be a prototype model within the next several months.

Production of the Aptera 2e is said to be underway and they should be available to the public very soon.

Global climate change and need to reduce dependency on fossil fuels is a popular topic for debate, however just talking about it, is not nearly enough to solve this problem.

Electric cars are most certainly the vehicles that will take many into the future, whether it be a \$100,000 Tesla Roadster or the more affordable Aptera 2e, all will be living very charged up lives.

## **THE FUTURE IS LOOKING GREEN**

April 22, 2009 by [Katie Black](#)

Filed under [Green](#), [Politics](#)

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*The World Becomes More Cautious and Caring By Living a Greener Lifestyle*

**By KATIE BLACK**  
**Staff Writer**



America is on its way up of becoming the “greenest” nation, according to MSNBC.com followed by Europe and Japan. In 2006, Al Gore’s “An Inconvenient Truth” was released to the public, the film documented Gore’s mission of getting the message of global warming out to the world. Now, three years later, everything seems to be going “green,” or “environmentally friendly.”

President Obama has already taken on the green initiative by making sure that the 132 rooms on Pennsylvania Avenue can conserve as much energy as possible.

During the move from Chicago to D.C. Obama told a reporter, “Part of what I want to do is to show the American people it’s not hard to be environmentally friendly. However, I’m not going to obsess about it, but I did that at my old house. So there’s no reason why I cannot do it at the new one.”

The whole first family has jumped on the green bandwagon also. On the South Lawn, first lady Michelle Obama has started growing an organic herb and vegetable garden. They even have installed an environmental friendly wooden swing set for the girls.

Some celebrities along with politicians have voiced their opinion on ways Americans can do their part in helping the environment. Both Leonardo Dicaprio and Tom Hanks have proudly admitted they own hybrid cars.

During these tough times, most Americans cannot even think, yet let alone buy a new car. On the contrary the new “cool” automobile is Honda’s new insight Hybrid. However, MSNBC.com reports that buyers will be more likely to purchase this new Honda for looks not for the purpose of helping the environment.

Matt Fisher, junior, is an advocate for the presentation of global warming. “I’m always willing to pick up and take groups of kids everywhere. If everyone is going to the same place why not carpool,” said Fisher. Fisher admits students might see him picking up trash throughout campus. “I really try to do a lot. In the next six months, I’m going to try to purchase an electrical car.”

Keeping environmentally friendly has taken on new heights. Now, as Spring 2009 begins, Americans who do not attempt to care about going green are becoming the minority.

# IT CAN BE EASY BEING GREEN

April 22, 2009 by [Samantha](#)

Filed under [Best of Boca](#)

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*Student Offers Insight on How One Can Easily Embrace a Green Lifestyle*

**By LINDSAY CARUANA**  
**Staff Writer**



Going Green is becoming a phrase that is known worldwide. What is going green? It is a change of lifestyle that aides and protects the environment as well as the body.

There are many ways an individual can maintain an easy-to-follow “green” routine. Global warming has become a hazardous situation that affects everyone, so by staying green we can all do our part to help our world.

One of the easiest ways to contribute to the green phenomenon is to save energy. Saving energy refers to the amount of electrical usage in a household. Turning off unused lights, electronics and appliances will save energy that would otherwise be wasted.

Another simple way to stay on the green path is to recycle. Glass bottles, paper, plastic and aluminum cans are items that can be used to make other products, which in turn saves the possible destruction of our natural resources. It is important to be resourceful and reuse items that do not have to be thrown away. Especially Styrofoam, this material is not biodegradable.

While shopping at the supermarket, it is easiest to look for the “green friendly” labels. Cleaning products, toilet paper, makeup products, organic foods and a variety of other items are all labeled appropriately making it simple to go green. It is best to use products that are all-natural and do not release harmful chemicals. Organic foods contain no added hormones, steroids, artificial preservatives or ingredients.

Lowering one's carbon foot print plays a huge role in going green. This means carpooling when permissible, purchasing or leasing automobiles that have low gas mileage, considering a hybrid car and refusing to litter. Keeping the air clean is a vital part in sustaining a green way of life.

## RESPECTING NATURE ON EARTH DAY

April 22, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#), [Green](#)

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*Students Changing Their Daily Habits to Create A Better Planet*

**By AMANDA TOMEK**  
**Staff Writer**



Students with Big LU admiring a beautiful afternoon at Lynn. LU Photo.

Earth Day is held annually during the spring to inspire awareness and appreciate the earth's environment. In 1969, peace activist John McConnell started the tradition which is celebrated every April 22 as the largest environmental event worldwide.

“Last year on Earth Day a friend and I planted a tree in our front yard,” said John Robertson, senior. “To our surprise it grew into a beautiful tree. Every time we look at it, the tree brings back memories of that day and how we watched it grow from such a small plant into a large, beautiful tree.”

Earth Day first commenced with 20 million activists and evolved to the world joining together to make the earth a better place.

“I am very eco-friendly. I try to reuse and recycle as much as possible,” said Frannie Coggeshall, senior. “I don't use plastic bags at the grocery store and don't litter. I try to voice my opinion as much as possible that we only have one earth and we need to keep it clean, not only on Earth Day, but every day!”

This Earth Day get out and show the world what Lynn University is made of. Make an adjustment in every day schedules and try walking or riding a bike rather than driving. Try using bags produced from eco-friendly, recyclable materials when going grocery shopping.

Remember that every little effort made counts and no good deed goes unnoticed.

## SWEDISH BAND ROCKS AMERICA

April 22, 2009 by [Samantha](#)  
Filed under [Entertainment](#)

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*Sweden's Favorite Band Releases Surprising New Album in The U.S.*

**By SPENSER LAURO**  
**Staff Writer**



Swedish metallers “Sonic Syndicate” have released their third full length album, “Love and Other Disasters.”

The band comes from Falkenberg, Sweden, which has given birth to many other metal bands. The album was released from record label “Nuclear Blast.” “Love and Other Disasters” is the same type of stuff that “Sonic Syndicate” has been putting out in recent times, and surely similar to their last album “Only Inhuman.”

“Love and Other Disasters” is a weak effort from the band, and does not live up to their last two releases. The album starts out nice and fast, but heads down hill shortly after.

The band actually put two “slow” songs on the record, they really take away from everything this band stands for, in a rhythmic sense.

The album excels with two particular singles, “Hellgate:Worcester” and “Jack of Diamonds.” These tracks are very original, and really have a solid kick to them. The band is a melodic metal band; however, they are heading toward being more of a softer band, with extended melodies, which for “Sonic” fans is depressing.

The bands third album is worth picking up if you are a diehard fan of “Sonic Syndicate,” and if not, you really are not missing out on much originality.

## VOLLEYBALL TEAM SERVES IT UP

April 21, 2009 by [Samantha](#)  
Filed under [Athletics](#), [Campus](#), [Featured](#)

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*Lynn Women Hit The Beach Strutting Their Stuff Off The Court*

By TIM DENBY  
Staff Writer



Devon Woolard spikes the ball.

Lynn University had three teams compete in the 2nd Annual Sunshine State Collegiate Beach Championships recently. The event was held at the Club V. Volleyball facility in Clearwater, Fla. 41 teams represented nine colleges and universities of the Sunshine State Conference.

“This was my second time playing in the beach tournament,” said Devon Woolard, sophomore. “It is really fun playing in it because it is so different from indoors.”



Many of the institutions were represented by seniors. However, freshman and sophomore students represented Lynn University including, Devon Woolard, Lacy Redwine, Jessica Shirey, Sophie Gagnon, Haley Pratt and Kara Bailey.

“This year was difficult because it was really windy the day we played,” said Woolard. According to Woolard, the NCAA is experimenting with the idea of beach volleyball and considering making it an actual college sport. Representatives from NCAA Division I and Division II institutions will vote later this month to determine if “sand” or “beach” volleyball will be an official NCAA sport.



Jessica Shirey and Sophie Gagnon go for the save. Lacy Redwine in the zone. LU Photo.

The all-day competition was promoted and supported by the coaches of the respected institutions. The beach volleyball game served as a great way for the women to get practice before their fall season begins.

## MUSIC IN THE CLASSROOM

April 21, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*Melodies Can Increase Students Abilities While Learning*

**By MELISSA SCHAEFFER**  
**Staff Writer**



Steve Pitscitelli, visiting scholar-in-residence.

Professor Steve Pitscitelli, author, teacher and innovative speaker, recently was a part of the College of Education's Scholar-in-Residence Program. He held three separate sessions, each with a different purpose and he sang songs and played his guitar.

The 9 a.m. session was called Effective Teachers, Motivated Students, the 11 a.m. session was a workshop specifically on ways to integrate music into the classroom and the final presentation at 2 p.m. was about maintaining balance to care for ones self.

Pitscitelli usually speaks about personal and professional thoughts and sometimes education. His high energy sessions combine interaction and practicality with music and humor. Currently, an author as well as a college professor, Pitscitelli has earned degrees from Jacksonville University, the University of North Florida and the University of Florida. He has been recognized for his effective teaching style with awards at the school, county and international level.

"I hope to have an impact in a positive way. Education is the future," said Pitscitelli. He's been a teacher for about thirty years and states that he loves the classroom and connecting with students.

"It is so important to maintain balance in your life. You must have balance to care for yourself," said Pitscitelli.

"Most important in your life is people, place and purpose. Most important is place. It's part of maintaining balance," he said.

A Connecticut native, Pitscitelli came to Florida when he was 18 and said he fell in love with beautiful tropical environment. He and his wife now live on the beach.

For more information on Steve Pitscitelli, visit [www.stevepitscitelli.com](http://www.stevepitscitelli.com)

## **TAKE A TRIP TO ADVENTURELAND**

April 21, 2009 by [Michael Slavin](#)  
Filed under [Best of Boca](#), [Entertainment](#)

[Leave a Comment](#)

*This Season's Unexpected Romantic Comedy Captivates Audiences*

**By MIKE SLAVIN**  
**Staff Writer**



“It’s just my life,” said James Brennan (Jesse Eisenberg) in the new movie “Adventureland.” “Adventureland” is a romantic comedy, which takes place in the summer 1987 in Pittsburg.

“It was a really funny comedy,” said Scott Scheinman, freshman.

After graduating from college Brennan finds out that his parents cannot afford to pay for his trip to Europe nor can they pay for grad school. Brennan is forced to go job hunting, only to be turned down time and time again. Eventually he decides to take a job at Adventureland, which is an actual theme park in Pittsburg. Bobbie (Bill Hader) and Paulette (Kristen Wig) play the fanatical owners of Adventureland.

While working at Adventureland, Brennan is in charge of various game stations. One of the rules of Adventureland is that no one wins a giant panda. However, on his watch, someone does by cheating; Brennan would have got fired if Em Lewin (Kristen Stewart) did not come to his rescue. For the rest of the summer Brennan and Lewin continue dating and fall in love.

“Adventureland” is more of a couple’s movie because it focuses on the relationship between Brennan and Lewin.

“It was more of a chick flick then it was a comedy,” said Shawna Mann, freshman.

“It had it’s moments for being funny,” said Jake Balot, freshman.

## **STARLIT DEBUTS TONIGHT**

April 21, 2009 by [Samantha](#)  
Filed under [Campus](#)

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## *STARLIT DEBUTS TONIGHT*

By **LAURA VANN**  
Contributing Writer



Elizabeth Hubbard, senior, won a modeling contract at the 2008 Lynn fashion show. LU Photo.

Lynn University fashion management students are planning, directing and producing their program's sixth annual spring fashion show tonight, titled "Starlit." The show, reminiscent of fashions from timeless motion pictures, will take place at 8 p.m., in the university's Green Center. General admission tickets are \$10. Lynn student tickets are \$7, and V.I.P. tickets are available for \$25. Proceeds from the show will be shared with a local charity, Peace for the Children Foundation.

Organized by students in Lisa Dandeo's annual Fashion Event Management class, this year's show will feature styles and fashion from classic movies including: Marilyn Monroe in the 1950s film "Some Like it Hot;" Audrey Hepburn in the 1960s film "Breakfast at Tiffany's;" the 1970s films "Saturday Night Fever" and "Animal House;" Madonna in the 1980s film "Desperately Seeking Susan;" Julia Roberts in the 1990s film "Pretty Woman;" and influences from "Sex and the City" into today's fashion trends.

To purchase tickets for Lynn's spring fashion show, "Starlit," contact Lynn's box office at 561-237-9000 .

## **REMEMBERING THE HOLOCAUST**

April 21, 2009 by [Samantha](#)  
Filed under [Politics](#)

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### *REMEMBERING THE HOLOCAUST*

By **SHAINA ROSENBLAT**  
Staff Writer



A man's arm after being tattooed at a concentration camp to keep track of prisoners.

Today our nation will remember those who died during the Holocaust through the Holocaust Remembrance Day. The United States Holocaust Memorial Museum has designated "Never Again: What You Do Matters" as the theme for this year's remembrance.

According to the United States Holocaust Memorial Museum, "The internationally recognized date comes from the Hebrew calendar and corresponds to the 27th day of Nisan on that calendar. It marks the anniversary of the Warsaw ghetto uprising."

When Hitler invaded Poland in 1939, the world would be changed forever. At that time, my grandfather, Sam Rosenblat, was living in northern Poland with his family. He and his parents, three brothers and one sister lived together in a very nice home in the Polish city of Bydgoszcz. His father, my great-grandfather, was a specialty tailor who made custom clothing for wealthy individuals with physical handicaps, such as one leg being shorter than the other. These customers came from all over Europe to see my great-grandfather and have clothing made. My grandfather's home had a music room, and through hard work they were even able to keep a cook and cleaning woman. My grandfather was 17 years old at that time, and was going to both high school and a special music conservatory to learn to play violin. His dream was to one day become a concert violinist. His family lived a very nice life, indeed.



Farmhouse where the Rosenblatt family lived. Staff Photo/ Shaina Rosenblatt.

When Hitler and the Nazis arrived in Bydgoszcz, they started singling out the Jewish people and taking their possessions, beating them and finally arresting them for deportation to concentration camps. My great-grandparents, however, were able to flee to the center of Poland where they had family that lived in a very small rural town.

They packed as much as possible and took both a horse drawn carriage and trains to get there. At that time, the trip took several days. The name of the town was Wolburcz, and there were only several hundred families that lived there.

Later, my family was forced to move in with Christian friends who kept them in their farm home. They believed the war would be short, and the Nazis would never find them in this remote place.

Over the next few months, the Nazis did enter the town and created a ghetto. A ghetto was an enclosed area that people could not leave or enter. This ghetto was for the purpose of keeping the Jewish people in one area, as they would ultimately be sent somewhere else.

During this terrible time, there was no food or medical care. Jewish people were being beat up and their personal items were stolen. The only way they could get food and water was to trade or steal it. Sometimes they were able to sneak out to a river to get water. My great-grandfather became sick and untimely died of the Typhus disease in the farmhouse.

My grandfather was taken to a nearby city that had a factory, which had been converted into a concentration work camp. He was forced to construct wooden tents for the Nazi horses. At this time, he and his brothers were separated from their mother, never to see her again. The camp was called Bugai due to its position on the Polish River Bugai. After several months, they were put into cattle cars and taken to one of the worst concentration camps in German, Schlieben.

Schlieben Concentration Camp was best known for the manufacturing of "Panzerfaust," which means anti-tank rockets in German. In that factory, there were very toxic explosive acid chemicals, which were deep yellow and kept in huge chemical vats that were mixed and poured by the prisoners.

The SS officers all wore gas masks, however, there were no gas masks given to the prisoners. Furthermore, the prisoners had to be barefoot; as the chemicals were so dangerous they could set off an explosion at any time. Prisoners were dropping dead after turning completely yellow, due to the chemicals.

My grandfather was considered to be lucky because his job was to transport the chemicals from one building to another, rather than mixing and pouring the chemicals. As a result, he was able to get fresh air, although he did suffer from extreme jaundice and only weighed 85 pounds.

My grandfather was finally liberated in 1945 from another camp that the Germans moved him to when they began losing the war.

At the end of the month, my father is going back to the town of Schlieben where the camp was located, to deliver a speech at a memorial service. My father is very involved in Holocaust study and travel. He has been to Eastern Europe many times, and has visited many concentration camps. He is also in touch with, and known by, several international Holocaust authors and historians. Because of his activities, studies and contacts, the town fathers of Schlieben contacted my father to attend this memorial.

The town lies deep in the former Communist section of Germany, and therefore there was never any recognition of this camp before. It is in a very rural part of Germany where many have never even seen an American. Only now are the local people willing to honor the dead, and the horrible legacy of the town where the Nazis located one of their death camps.

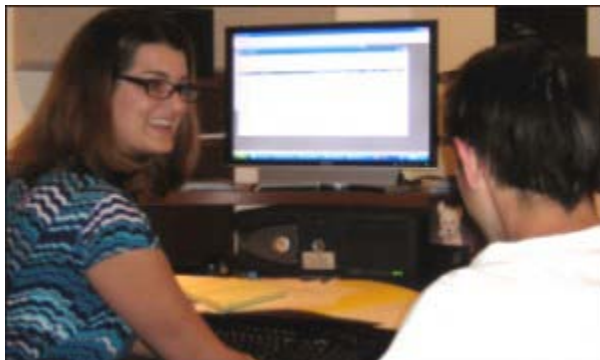
## THE DEADLINE IS APPROACHING

April 21, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*Students Are Reminded to Register for Class Before it's Too Late*

**By KATHERINE PAXSON**  
**Staff Writer**



Erik Eckhouse, freshman, registers for fall classes. Staff Photo/ Catherine Kuchta.

The end of the spring 2009 semester is here and it is critical to register for classes. Whether signing up for summer semester classes, fall semester classes, or both, it's time to jump on the bandwagon and pick courses.

It is important to consider time scheduling and work load when scheduling. If not an "early riser" do not dedicate yourself to an early morning class. Also, consider the work load of the type of classes you are signing up to take. Instead of taking all academics for a semester and swamp yourself with homework, exams, and projects, consider an elective to ease the tension.

Open registration started Monday, April 20. Now is the time to motivate oneself and register for classes before it is too late. Choose wisely.

## REMINDER:

April 20, 2009 by [Samantha](#)

Filed under [Campus](#)

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Open Registration Today

By **KATHERINE PAXSON**  
Staff Writer



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Open registration starts today, April 20. Now is the time to motivate oneself and register for classes before it is too late. Choose wisely.

## SPAIN THROUGH THE AGES

April 20, 2009 by [Samantha](#)

Filed under [Politics](#)

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*The Fall of the Romans to the Rise of the Spanish Empire*





Templo Romano ruins in Cordoba, Spain.

Around 1100 BC, Phoenicians from present-day Lebanon set up trading colonies along the Spanish coast. Greeks also traded along the north-eastern coast.

With the fall of Phoenicia, the Iberian peninsula came under the rule of Carthage, but was then occupied by Rome following the Punic Wars.

The Romans ruled in Iberia for six centuries, laying such important foundations as the Latin language, Roman law, the municipality and the Christian religion.

After the Roman Empire fell, the Suevi, Vandals and Alans came to Spain but were defeated by the Visigoths who, by the end of the 6th century, had occupied most of the Peninsula.

The Arabs entered from the south at the beginning of the 8th Century. They conquered the country quickly except for a small area in the North which would become the initial springboard for the Reconquest, not to come until eight centuries later.

The period of Muslim sway is divided into three periods: the Emirate (711 to 756), the Caliphate (756-1031) and the Reinos de Taifas (small independent kingdoms) (1031 to 1492).

In 1469, two Catholic Monarchs were married: Isabella of Castile and Ferdinand of Aragon, who prepared the way for the two kingdoms to be united. This union marked the opening of a period of growing success for Spain.

1492 heralded the discovery of America by the Crown of Castile under the command of Christopher Columbus. Then the Canary Islands became part of Spanish territory (1495), the Kingdom of Naples was taken from France and Navarre was incorporated into the Kingdom.

During the 16th and the 17th centuries the Spanish Empire became the world's foremost power, and a huge presence in European politics.

In 1808 Joseph Bonaparte was installed on the Spanish throne, following the Napoleonic invasion. A fierce resistance followed and Spanish rule was restored with Fernando VII occupying the throne.

The Spanish overseas empire finally dissolved in 1898 when, after a brief war with the United States, Spain lost Cuba, Puerto Rico and the Philippines.

Source: Spain-info.com

# ACADEMIC ADVENTURE ABROAD

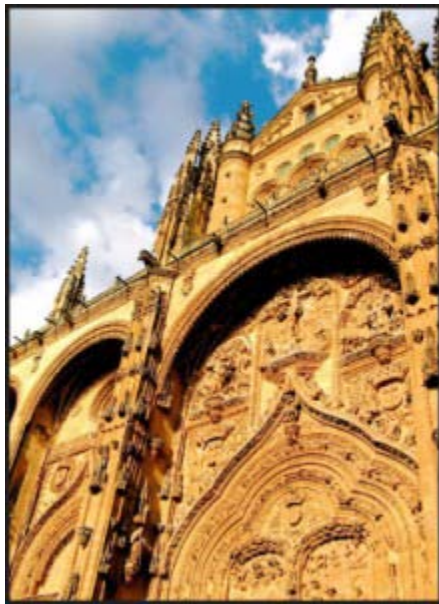
April 20, 2009 by [Samantha](#)

Filed under [Featured](#), [Politics](#)

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*Senior Spent Semester Studying in Spain*

**By ALI ABRUZZESE**  
**Contributing Writer**



The picturesque facade of the University of Salamanca where Rofofsky spent a semester abroad.

Senior Mike Rofofsky recently spent a semester abroad in Spain, studying both language and business as he soaked in the culture and ambiance of the surroundings.

Rofofsky's stay in Spain was divided between a half-semester in Salamanca and a half-semester in Barcelona, attending the University of Salamanca and the University of Barcelona. He took two courses abroad: business and Spanish.

In Rofofsky's business class, he learned about business in Spain and how it relates to that in America. In his Spanish class, he learned grammar, vocabulary and dialogue.

Though the learning style was different in Spain, Rofofsky said that he enjoyed learning at the universities there.

Rofofsky says that he chose to go to Spain because Spanish is becoming a universal language for various types of businesses worldwide. “It’s going to be essential for Americans to learn Spanish,” said Rofofsky. “It broadens your horizons in life and can help any type of business be successful.”

During his stay in Spain, Rofofsky lived in the university dorms, becoming very familiar with the train and metro systems as he traveled from the dorms to school every day. While there, he said that his life in America was never far away. “Even though I was so far away, it was easy to stay in contact with my family and friends,” said Rofofsky. “The Internet and phone calls make it so I was not home sick at all.”

Rofofsky’s favorite part about Spain was visiting the bull-breeding farm. “I was able to actually go in and have the bull run at me like the old bull fights,” said Rofofsky. “It was really fun, but definitely terrifying.”

The culture was very different to Rofofsky, and he said he enjoyed how everyone was happy and enjoying life in Spain.

While abroad, he thought the people are not caught up in the materialistic things that people are in the United States.

Overall, Rofofsky had a fabulous time while he was in Spain and recommends it to anyone who wants to study abroad.

## LIVING THE HAITIAN EXPERIENCE

April 17, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

*Students Forgo Modern Amenities, Live In Center Of Campus For Week*

**By LAURA VANN**  
**Contributing Writer**



Members of Students For The Poor pose in front of what was their domicile for the week.

Starting this week, a group of Lynn University students went without electricity, running water or even cell phones as they lived in a shelter they built at the center of campus. The goal was to raise awareness about the plight of Haitians living just an hour's flight away from Boca Raton.

The participating students were all members of Students For The Poor, a campus group organized in support of Food For The Poor, the international nonprofit dedicated to alleviating hunger and suffering in Haiti and elsewhere. The house they lived in mirrored two others that Lynn students have raised money for and erected over the last year.

Gary Martin, Lynn's associate dean for student wellness, has led one trip to the country with Food For The Poor. He says this is the first time a group aligned with the nonprofit is doing an event of this kind. It's an idea that came directly from Lynn students.

"This was their idea; something they wanted to do," he said. Groups of Lynn students have spent their last two Spring Breaks in Jamaica and Haiti working on behalf of Food For The Poor. And two dozen students were in Jamaica with the group for two weeks during Lynn's new January Term this year.

"So many of them come back changed by these experiences," Martin says. "They're hungry to help their fellow students see what they saw, and experience what they experienced. They can't do that from here, necessarily, but I think with this week they're hoping to give them at least a glimpse."

On Monday, activities started with the building of the house, a pre-fab building that was supplied by Food For The Poor and built by students in the Perper Plaza, located outside of the Lynn Student Center at the heart of campus. Four students stayed in the house for an entire week, and subsisted off of a typical Haitian diet. They left the house only to attend class and occasionally, to shower at a nearby residence hall.



Members take on the challenge of constructing a tent.

Also during the week, students hosted a 5K Walk/Run. Students simulated traveling the distance from campus to Haiti by team walking a predetermined campus route until they reached a combined 1,000 miles. The Lynn Runner's Club joined them.

Students For The Poor members also hosted a forum on campus to discuss their experiences in Haiti and Jamaica.

## **GYM CLASS HEROES HEADLINING**

April 17, 2009 by [Samantha](#)

Filed under [Campus](#), [Entertainment](#)

[Leave a Comment](#)

## *KAT Sponsors Concert Featuring Chester French and Gym Class Heroes*

**By STEPHANIE HAMMERMAN**  
**Contributing Writer**



The band members of Gym Class Heroes.

Get ready to catch Gym Class Heroes and Chester French at this year's spring concert on Monday, April 20 at 6 p.m on the intramural field. The spring concert is one of the biggest events on campus and is sponsored by the Knights Activities Team (KAT). The concert is free for all Lynn students and \$10 for the general public, who are also invited to attend.

Headlining the event is the musically diverse group Gym Class Heroes. Over the last few years this band has begun to climb the music charts with their most popular singles "Cupid's Chokehold," "Clothes Off" and "Cookie Jar."

Opening up for Gym Class Heroes is the band Chester French. With a pop and indie sound, Chester French is mostly known for the hit single "She Loves Everybody."

Numerous planning and dedication has been put into making sure this annual event continues to be a success. KAT has been working throughout the school year to ensure that the concert goes off without a hitch.

"The annual spring concert is such a highly anticipated event. One of the best parts about the program is that it is entirely student run. It is amazing to see the type of concert we are capable of coordinating," said Tayrn Hamill, KAT chair. "This concert culminates everything we have been learning and preparing for since August. I cannot wait to see it come together!"

“This year we are extremely excited for the concert and we hope everyone can come out and enjoy the event,” said Henry Edelstein, sophomore. Edelstein is a member of KAT and the chair for the spring concert.

This is one of last big events of the semester where everyone can come together and have great time. KAT wants to make the concert another event that students will not soon forget. With good music and great friends, memories are sure to be created.

## SOFTBALL OVERCOMES ADVERSITY

April 17, 2009 by [Samantha](#)  
Filed under [Athletics](#), [Campus](#)

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*The Lynn Softball Team is Determined to Finish the Season on a High*

**By CRISTIE KAUFMAN**  
**Staff Writer**



Softball team member prepares for a fly ball. Staff Photo/Cristie Kaufman.

The softball team recently faced some challenging situations; however, the women are fighting through it together and are on their way to turning their season around.

Starting out the season with 16 healthy players the women on the softball team at Lynn University never thought they would be short in numbers. However, three injuries later the women were starting to get a bit nervous. Soon thereafter, the coaches of the women’s team removed three players from the roster altogether. The Fighting Knights were then finding themselves with only 13 players left, 11 of which are healthy. The Assistant Coach of the team Brittany Bennett concludes that every team has battles they must fight through, and it’s the way they continue on after they are faced with adverse situations that determines their fate.

“Throughout the grueling four months that a team has for its season, the players of each team challenge their free time, social life, academics and athletic skills. Each day when one of those atmosphere’s change, they have to figure out how they are going to handle each component. It seems like those four things were like four seasons for us this year- as they were constantly dramatically changing. I feel that now we are all in the right spot as a unit and even when we fail we are still moving in the right direction,” said Bennett.

Although the team has been struggling, they refuse to give up and are still determined to finish fairly decently in the conference. “I believe each team that anyone is a part of always peaks at a certain time. It is important not to peak too early and it is important for a team to always find its identity. I believe the Lynn University softball team has just found its momentum and I believe that from this point forward Lynn softball will be performing at its top level,” said Bennett. “We are trying to get back into at least the middle of the conference.”

The bar might be set fairly high for these women, especially now with their reduced size, however, with their continual hard work and positivity, there is a good chance they can achieve their goals.

## LOVE AND FOOD IN PARIS

April 17, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*Student Offers Insight on Enchanting International Destination*

**By MICHAEL PUYANIC**  
**Staff Writer**



When one thinks of Paris thoughts of romance, love, food, art, Baguettes and café ole’ often come to mind. Paris is definitely a cultural hub of the universe, with the unique Latin romance language of their culture and way of life. Although Paris does



have its problems, they also have some of the grandest and most unique qualities of life that other cities simply cannot offer.

From the arts, the Muse d'Orsay has spectacular pieces. Originally an early 1800s train station, the museum now stands along the Seine River as a testament to its great past. With pieces of art ranging from the 18th and 19th centuries, anyone who visits is sure to get an experience. The Louvre is even more spectacular, with pieces ranging from the Gothic era, through the renaissance, baroque, up till the 20th century. The "Venus de Milo," and the "Mona Lisa," are well-known pieces that individuals flock to see. The Musee National Picasso, one of only a handful of Picasso museums, is extraordinary as well.

"I find Paris to be the city of love," said Shannon O'Donnell, senior. "When I graduate, I plan to spend some time in this amazing city."

Aside from the arts, visitors can relish in the fine dining of Paris. Le Tour D' Argent is the first restaurant that opened in Paris in 1582. All of the top historical figures in the world, such as Napoleon and Benjamin Franklin, have dined at Le Tour D' Argent.



The Eiffel Tower's café on the second level offers a memorable experience, offering fantastic choices of food with a great view.

For those on a budget, the grand parks offer beautiful scenic views where one can buy a baguette.

"When I travel to Paris I enjoy eating at the cafés which offer assorted pastries and delicious coffee," said Cary Palmer, senior. "However, I enjoy the baguettes the best."

When it comes to the nightlife, the D'Zert Club is one of the best in the world. Located under the Louvre, it is a great night out. The Kong is also a hot spot to hang out, as one can enjoy a restaurant and disco atmosphere.

During the summer, Le Fete de la Musique (Festival of Music) is incredible. From one corner of the street to another, there are performers playing John Lennon cover songs, French National pride songs, modern rock, classical beats and even techno. Every style of music is portrayed for many long nights.

“As a music enthusiast, I love the Parisian music,” said Stephanie Williams, sophomore. “The classics are my favorites.”

As the French would say... Se La Vie... That's life.

## REMINDER: VOLUNTEERS NEEDED

April 17, 2009 by [Samantha](#)

Filed under [Best of Boca](#)

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*The Child Life Institute Is Seeking Helping Hands for Family Event*

**By STEPHANIE WILLIAMS**  
**Staff Writer**

The Child Life Institute is a non-profit organization which services children with cancer and other chronic illnesses. One of the initiatives of the Child Life Institute is a program called Safe Kids Palm Beach County.

Safe Kids is hosting a traffic safety booth at the “Our Kids World Family Fun Fest” in West Palm Beach, and they are in need of volunteers.

The Our Kids World Fest will be held on Saturday, April 25 and Sunday, April 26 from 10 a.m. to 5 p.m. It is located at the South Florida Expo Center at the South Florida Fairgrounds in West Palm Beach.

Safe Kids Palm Beach County will be focusing on child passenger safety, children who are backed over, heat related injuries in cars, trunk entrapment and pedestrian safety education. Volunteers will be trained in disseminating materials and information to families. All volunteers will receive a Safe Kids, Child Life Institute t-shirt, complete with a logo designed by Lynn University's own Samantha Bartley. Community service hours will also be awarded.

This is a great opportunity to get some volunteer hours and help out a good cause. Lynn University Freshman, Diána Duha, states that “this is a very good cause to volunteer for, and it also sounds like fun.”

If you are interested in volunteering on these days, contact Kelly Hamilton at 561-340-4063.

## JOINING TO SPREAD OUR VOICE

April 17, 2009 by [Samantha](#)

Filed under [Campus](#), [Entertainment](#)

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*Zoritsa O'Neill Offers Her Voice to A Worthy Cause to Raise Awareness*

**By ZORITSA O'NEILL**  
**Contributing Writer**



Get ready to catch Gym Class Heroes and Chester French at this year's spring concert on Monday, April 20 at 6 p.m on the intramural field. The spring concert is one of the biggest events on campus and is sponsored by the Knights Activities Team (KAT). The concert is free for all Lynn students and \$10 for the general public, who are also invited to attend.

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## THE WORST IN HISTORY

April 16, 2009 by [Samantha](#)

Filed under [Columnists](#), [Politics, Politics and More Politics](#)

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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

Americans love to rank things. We compile lists of America's best colleges, the top movies at the box office, and the 500 largest corporations. And so it is with our presidents. Ever since historian Arthur Schlesinger polled 55 of the country's leading scholars in 1948 and asked them to rank the presidents, Americans have been fascinated with presidential performance. Along the way, ranking presidents became something of a cottage industry, and everyone from C-SPAN to the *Chicago Tribune* has joined the game.

So have scholars of the presidency, who generally employ either an array of criteria – the number and quality of treaties signed, the strength of the economy, the performance of appointees, and whether vetoes are sustained or overridden by Congress, for example – or a general “holistic” criterion to rank the presidents. In doing so, there is near unanimity among scholars as to the names on top of the list. Reputable polls rank Lincoln, Washington, both Roosevelts, Jefferson, and Truman as the greatest presidents.

This is a helpful enterprise, as it provides a report card and insights on the traits of effective leadership, such as possessing vision, inquisitiveness, adaptability, oratorical flair, discipline, political skill, and the ability to inspire. The rankings also encourage a conversation about what we want in, and what is required of, our presidents. That said, we can also learn from past mistakes and failed approaches to the office. So, the question begs asking: Who were the worst presidents?

Just as there is near unanimity among scholars about the best, there is widespread agreement about the worst. The cellar dwellers of the presidency always include A. Johnson, Pierce, and Harding, who was a womanizer, corrupt, and surrounded himself with unprincipled, opportunistic cronies. And then there is hapless James Buchanan, who did nothing as the nation devolved into civil war, and therefore has the dubious distinction of being the worst president in history.

Which brings us to George W. Bush. It is a difficult effort to assess a recent president's legacy. There is, for example, often movement in the rankings as the passage of time shows more clearly the full measure of one's actions and decisions. For instance, Truman was considered a failure but the father of the Marshall Plan, statehood for Israel, and desegregation is now revered; Ike, who balanced budgets and warned about the military-industrial complex, was mediocre upon leaving office but is now "above average"; and Nixon has recently moved out of the "failure" category as his vision on timely challenges like China look, with hindsight, wise.

Mindful of the timing, it is nonetheless possible to suggest that history will not be kind to Bush. The evidence is overwhelming. Given that Bush has bequeathed to the country the world's largest debt and deficit, two disastrously implemented wars, a domestic economic crisis, a tarnished reputation in the world, and a bewildering array of deceptions and scandals, it is likely he will be remembered as the worst president of all time. The History News Network, for instance, recently polled 109 historians and found that 107 of them rated Bush as a failure, with 61% predicting he would be ranked dead last.

Consider that Buchanan and Lincoln as well as Hoover and FDR served back-to-back terms and faced near identical situations in office. Yet, while the former two presidents watched helplessly as, respectively, the union was lost and as a Great Depression set in, their successors acted to save and strengthen the nation. Ironically, Buchanan was arguably best qualified president in history, while Lincoln was the least qualified. The lesson is that the presidency is shaped by the particular president, and takes on the characteristics – good and bad – of the occupant. Faced with cleaning up the mess of the past eight years, let us hope Obama has learned the lessons from Bush's flawed presidency and shares little in common with his predecessor.

*Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history*

## STIMULATING OPPOSITION

April 16, 2009 by [Samantha](#)  
Filed under [Columnists](#), [Politics](#), [Politics and More Politics](#)

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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

Aside from rap music, fast food, bad sit-coms, and garbage, America no longer produces much of anything. Our industrial and manufacturing bases have been disassembled and our technological services have been outsourced. Most of what we consume comes from overseas – telecommunications gadgets, textiles, furniture, toys, household appliances, automobiles, and even the (non-fast) food we eat.

Moreover, America's edge in education and innovation has dissipated. The poor condition of K-12 science and math education is well documented, and it is increasingly difficult to find an American student enrolled in a graduate program in engineering or science at one of our own universities. The prospects for America competing on the global stage in the years to come are therefore bleak. Indeed, we are at a turning point in history. America faces an \$11 trillion national debt, an annual budget deficit of \$1.2 trillion, a devalued dollar, crumbling infrastructure, two unwinnable wars, and a major recession that will get even worse in the months to come.

Despite all this, President Obama's economic stimulus plan was opposed by Republicans, who continue to attack any effort to address the economic crisis. Ironically, these same critics have yet to demonstrate humility over their complicity in bringing about the worst economic crisis since the Great Depression or genuine empathy toward Americans struggling to make ends meet.

We have seen this before. In 1993, President Clinton was fighting for his own deficit reduction and economic stimulus package. It passed without a single Republican vote and over their dire warnings of doom. The bill helped launch seven years of record economic growth and four years of budget surpluses.

Republicans are perfectly within their right to dissent. Political opposition is an essential component of democracy. Look what happened, for example, during eight years of Republican control with no tolerance for debate or criticism, much less bipartisanship! (Memo to Democrats: Where were you?) But, Republicans today are acting less like an opposition party and more like an obstructionist party.

Opposition to everything except tax cuts is an economic position that has been utterly discredited and is not a solution to our problems. Our economy needs a lot of things, including R&D monies to develop new technologies, streamlined hospital recordkeeping, a new generation of schools, state fiscal relief, and clean energy. Tax cuts for the wealthy do nothing to address any of these

challenges. Would capital gains tax cuts retrofit a bridge overdue for repairs or modernize a polluting and inefficient power plant? Are we to believe that additional tax write-offs for the largest corporations would somehow bring broadband Internet access to classrooms or affordable healthcare to poor children?

So, what is the story behind Republican obstructionism? Obviously, Republican opposition to any economic stimulus is based, in part, on ideological disagreements about the role of government. Yet, governors of both political parties along with the nation's mayors – who are on the frontlines of this battle – support the stimulus. There is also little ideological debate about federal infrastructure spending, which is the main thrust of the stimulus and produces the most “bang for the buck” in terms of jobs creation of any type of spending.

Another possibility for the partisan division is that, because so many moderate and independent-minded Republicans either retired or were purged from the ranks by Bush/Cheney, the party is in the clutches of its radical wing who are out of touch. Their complaints about government spending are, after all, counter-intuitive given that most towns and states have “shovel-ready” projects waiting to put people to work. It is also surreal to hear the party that amassed the largest deficits and debt in world history during the Bush years finally advocating fiscal responsibility.

Even though Republican radio shock-jocks have said as much, it is difficult to imagine the other possible explanation – that the “party of patriotism” wants America to fail. As we now turn to the task of implementing the economic stimulus, Obama must continue his effort to forge bipartisanship, even if he encounters further opposition and contempt. The nation must move forward together.

*Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history*

## WHAT'S GOOD FOR GM...

April 16, 2009 by [Samantha](#)

Filed under [Columnists](#), [Politics](#), [Politics and More Politics](#)

[1 Comment](#)



**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

We are at a turning point in America's history. The year 2008 witnessed turmoil in the financial sector, an implosion of the stock market and 401(k) plans, rates of business closings and bankruptcy filings not seen since the Great Depression, and the loss of 2.5 million jobs. As difficult as times are however, it is nothing compared to what will happen if the largest banks, insurers, and automakers fail.

In the past year, the U.S. auto industry lost ½ million jobs and \$50 billion. It is probable that, if political leaders, auto executives and unions, and American consumers do not act aggressively, immediately, and in concert, the auto industry's days are numbered. Yet, the rescue plan proposed by President Obama is not popular with Republicans, some members of his own party, and many Americans, which is, to a degree, understandable. Quite simply, people have sticker shock.

However, there are many reasons to save the auto industry, including national pride. This country is, after all, where automobiles were first mass produced. The industry employs hundreds of thousands of Americans directly through production plants and suppliers and, indirectly, hundreds of thousands more through dealerships and related businesses. Entire communities where the auto industry is a major employer will be devastated and regional economies disrupted, causing a ripple effect throughout the country resembling an economic tsunami.

Most importantly, however, rescuing the auto industry is a matter of national security. Tragically, America has lost most of its manufacturing sector and industrial base, which has threatened our nation's security infrastructure. The same processes and systems that go into large-scale industrial production also make the tanks, jet fighters, and weapons that protect us. No nation can be strong militarily if it is not strong economically, and no nation can be secure if it does not produce anything.

The auto industry employs thousands of engineers and technicians. These jobs not only pay well but have helped America to maintain an edge technologically. Historically America has been able to take advantage of new industries, inventions, and ideas thanks to the fact that our economy was geared up with the requisite factories, industrial workers, and technicians.

Without the necessary human capital, physical infrastructure, and technological know-how America will miss new economic opportunities of the future. Imagine America had we not harnessed the combustion engine, steel, textiles, consumer electronics, and telecommunications. In a larger sense, it is the very "arsenal of democracy" (FDR's term for the auto industry's conversion to mass producing armaments during WWII) that is now at stake.

Obama's rescue plan has multiple, worthy initiatives, from lending GM capital to allowing Chrysler to merge with Fiat to protecting consumers with government-backed protection for warranties. One of the main concerns of Obama's Task Force on Autos has rightly been restructuring. The auto industry of yesterday, if unchanged, will not succeed in tomorrow's



competitive markets. Accordingly, the President sent a strong message when he sacked GM's Chairman, Rick Wagoner. More than restructuring, the auto industry must be transformed and transformational change in any organization (or industry) almost always requires a change in leadership.

There will not be a limitless flow of money from government and the auto industry must be able to sustain profitability on its own. This will require a rescue plan today and innovative thinking such as "cash for clunkers," whereby government "buys" old cars with vouchers redeemable for new American-made cars.

We also need long overdue changes by the auto industry and leadership by government on such common sense issues as better fuel efficiency and alternative, cleaner fuels. It has been over three decades since Congress passed the energy conservation program but we are driving more, using more gasoline, and efficiency standards have, for the most part, not improved. The result is that we are warming the Earth and are more oil-dependent on the Mideast today than we were on 9/10.

Obama's critics have labeled the auto industry as "too big to fail, too big to bail." Sadly, the first description is true, but the second is not because the price of failure is even higher. An America without a vibrant industrial base – of which the auto industry is a key component – is truly unimaginable.

*Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history*

## ANOTHER QUAGMIRE

April 16, 2009 by [Samantha](#)  
Filed under [Columnists](#), [Politics, Politics and More Politics](#)

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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

It was six years ago that the United States “liberated” Iraq and it has been over seven years since U.S. troops ousted the Taliban regime from Afghanistan. Along the way, we have spent in excess of one trillion dollars on the wars, with some estimates, such as those by the Nobel-prize winning economist Joseph Stiglitz, suggesting the total cost to be as much as three times that amount. The wars have weakened the U.S. economy, undermined relations abroad, and eroded our “soft power,” the projection of American goodwill around the world which is vital to efforts of both war and peace.

And we are still in Iraq and Afghanistan. President Obama is making good on a campaign promise to begin withdrawing U.S. forces from Iraq, but has announced that he will send an additional 17,000 troops to Afghanistan to supplement the 36,000 already on the ground. Obama cites, as reasons for the “surge,” advice from U.S. commanders, a deteriorating situation on the ground, and the necessity of the initial mission in Afghanistan to remove the Taliban and thereby deny Osama bin-Laden and al-Qaeda a safe haven from which to plan terror attacks.

We accomplished the latter mission in late 2001 but botched everything else, including the transition to civil society (if that was ever even possible in Afghanistan), building international support for our efforts, and capturing bin-Laden. Afghanistan remains an uncivil mess and military power is not the sole way to combat terror, as we have seen from the ham-fisted policies of the Bush administration.

What possible strategic targets remain in a country without a phone system, running water, or paved roads outside of the capital city? Our military presence has done nothing for the myriad of social and economic problems in Afghanistan and has heightened resentment by locals, many of whom are loyal to the warlords and tribal chieftans who control much of the countryside.

After seven-plus long years, nearly every measure of violence is on the rise in Afghanistan. For example, roadside bomb attacks nearly doubled last year and civilian deaths, which rose by 40 percent in 2008, are at the highest levels since 2001. Hundreds of schools have closed and there have been hundreds of political assassinations of pro-government officials, as clerics, women, and children are now being targeted. Even President Hamid Karzai, supposedly “our guy” in Afghanistan, has condemned U.S.-led forces.

The quagmires in Afghanistan and Iraq have played to the terrorists’ favor, emboldened our enemies while alienating our allies, and have had the disastrous side-effect of precluding America from having a forward-leading foreign policy elsewhere in the world. While it is possible for America to walk and chew gum at the same time, our military is stretched too thin and pressing economic problems at home demand our full attention.

We can ill afford another quagmire and the escalation of forces, set to begin this spring, could prove to be Obama’s Vietnam. The President must reverse his “surge” policy and begin pulling U.S. forces from Afghanistan. As in Iraq, some specialists can remain to provide intelligence, maintain security for U.S. personnel, and support for Afghans opposing terrorists. But we must finally recognize what Bush and so many others did not – that there is no military solution in Afghanistan and that this war is unwinnable.

The lessons of history are clear: The United States will likely join the ranks of other powers – the ancient Persians, Alexander the Great, the Turks, the Mongols, Britain, and the Soviet Union – who failed in their efforts to conquer or pacify Afghanistan. Perhaps the noted English author and poet, Rudyard Kipling, best understood the tragedy of the situation when, in 1896, after Britain’s second disastrous invasion of Afghanistan, he penned the following verse:

“When you’re wounded and left on Afghanistan’s plains  
And the women come out to cut up what remains  
Just roll to your rifle and blow out your brains  
An’ go to your [God] like a soldier.”

*Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history*

## “AN AMERICAN PATRIOT”

April 16, 2009 by [Samantha](#)  
Filed under [Columnists](#), [Hidden History](#)

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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

Soon after the start of the war it became apparent to George Washington that the American Revolution would end prematurely because of a lack of funds. The troops had not been paid and were disinterested in reenlisting for an empty promise and the army was running out of armaments and supplies.

The problem was that the Continental Congress, who lacked even the funds to pay themselves, had no reliable means to raise money. The war needed a new source of funding and it found it in the most unlikely of places... and persons.

The individual who would help finance the Revolution was born in 1740 to Portuguese Jews who, along with other Jews, had been driven from the Iberian Peninsula by the Spanish monarch and Catholic Church. Raised in Poland, the young man developed a passion for politics and

resisted the attacks against Jewish property and residents in his village but was forced to flee to Holland in the 1760s. After traveling throughout Europe (and mastering eight languages) he returned to Poland around 1770. But amid political unrest he was again forced to flee, this time to England in 1772, and ultimately finding refuge in Britain's colonies across the Atlantic.

Arriving in New York he embraced the revolutionary fervor and joined the Sons of Liberty, merchants and traders who opposed British rule and restrictions on colonial commerce. In 1776, he was accused of spying and jailed by German Hessians, contract soldiers working for the Redcoats. Given his talent for languages, a Hessian general used him as an interpreter. It was in this capacity that he not only convinced his captors to free him but to abandon loyalties to Britain and become Americans.

He was arrested again in 1778 for plotting to set fire to British warehouses and the fleet at New York's harbor. He also continued talking Hessian mercenaries out of fighting for the British! But this time, he was sentenced to the infamous prison at Provost where the death sentence likely awaited. However, quick thinking and a few hidden gold coins helped to bribe prison guards.

After escaping he moved to Philadelphia to be closer to the cause. It was then that George Washington, Alexander Hamilton, Ben Franklin, and Robert Morris, the superintendent of finance for the Revolution, came to rely on his services. Armed with business acumen, a passion for freedom, and a small fortune he amassed as a financier, he proceeded to broker loan after loan worth tens and hundreds of thousands of dollars for the war. He sold bonds and managed the details of loans from France and Holland that kept the soldiers fed and armed, and even offered interest-free loans to such Founders as Thomas Jefferson, James Madison, and James Monroe. In all, he brokered almost \$700,000 for the Continental Congress, which translates to billions in today's currency.

Fate was unkind to the Jewish financier of the Revolution. When the war ended he contracted tuberculosis and spent his final days petitioning – unsuccessfully – government for repayment for all he had done. He died in 1785 at the age of 45, leaving behind a pregnant wife and three young children. But not before he helped to found the largest synagogue in Philadelphia and defeat a religious loyalty oath designed to prevent Jews from working for government.

History has been equally unkind to this hero of the American Revolution: Haym Solomon (also spelled Salomon in the historical record). Despite the fact that Robert Morris' own diary contains dozens of entries crediting Solomon with financing the war, Morris gets the credit and Solomon is largely forgotten.

Throughout the 19<sup>th</sup> century, successive descendents of Solomon petitioned presidents and senators for repayment and a posthumous awarding of the Congressional Medal of Honor... all to no avail.

In 1941, a statue of Washington, Morris, and Solomon was erected in Chicago in honor of "American tolerance and unity" and, in 1980, an engraved marker was placed in memory of Solomon in the cemetery of Congregation Mikveh Israel in Philadelphia, the synagogue he founded. It reads simply: "An American Patriot." Indeed, America is strongest when individuals

of all persuasions are both involved in the democratic experiment and recognized for their contributions. Solomon was himself a revolutionary and the epitome of the American story.

*Robert Watson, Ph.D. runs the American Studies Program at Lynn University and has published over 25 books on American politics and history*

## INSPIRING GREATNESS

April 16, 2009 by [Samantha](#)  
Filed under [Columnists](#), [Hidden History](#)

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**By ROBERT WATSON, Ph.D.**  
**Contributing Writer**

When George Washington was 16, he met Sally Cary Fairfax, the new bride of perhaps the foremost family of Virginia's Tidewater region. The event would change his life. George was instantly and hopelessly bewitched by the beautiful, elegant, and witty Sally, who was a few years his senior.

Washington's father had passed away when he was only 11 years old, and the family struggled. As a boy George longed to be an officer in the British army and a gentleman planter. Strapping but ungainly, he showed potential though he lacked the standing to even hope to accomplish such dreams in the status-conscious society of colonial Virginia.

So Washington sought to better his condition by boldly courting the daughters, many of them older than him, of leading families. But he was way out of his league. As one disapproving father said to young George about the object of his desire, "[my daughter] is a princess out of thy star." Unlucky at love, a teenaged Washington resorted to poetry, bemoaning, "Ah! Woe's me, that I should love and conceal... though severely Loves Pains I feel."

Over the next several years of his life, the young man spent as much time as he could at Sally's mansion, where she introduced the unworldly Washington to literature, music, the art of social discourse, and her circle of rich and powerful friends. It was said that the lovelorn Washington "bowed at [Sally's] shrine."

It would be Sally who refined Washington's appearance and demeanor and gave direction to his raw ambition. She also inspired him. In one of the many warm letters the two friends exchanged, Washington, writing during a military campaign, admitted it was Sally for whom he displayed almost suicidal bravery on the battlefield.

Washington's surviving letters written to Sally are unlike any of his other correspondence. There is an emotional openness so utterly uncharacteristic of Washington's later writings, which are defined by a perfunctory formality. In one letter, written in 1758, apparently in response to Sally's teasing inquiry about Washington's engagement to the wealthy but dowdy widow, Martha Custis, Washington admits to Sally, "I profess myself a Votary to Love." But he then goes on to suggest that, though engaged, his heart is torn from "a thousand tender passages that I wish to obliterate... but, alas... how [i]mpossible this is." He was referring to his letters from and feelings for Sally.

Did the two friends consummate their feelings? We likely will never know the answer, but it appears they respected the boundaries of Sally's marriage. Washington was capable of lust and love, but also of restraint and discipline.

Sally's husband was loyal to the Crown so, in 1773, with revolutionary tensions on the rise, the Fairfax family moved back to England. Washington never saw Sally again. It was Washington who auctioned the Fairfax home, keeping only one item for himself: Sally's silk bedroom pillow.

Many years later, in 1798 and in retirement from the presidency of the new nation he forged, Washington put quill to paper and wrote perhaps the most thoughtful and tender letter of his life. It was to Sally, now a 68-year old widow living in Bath, England. In the letter, Washington spoke of the momentous times that had passed since the two had seen each other last, so long ago. Yet, he notes, "None of which events, however, nor all of them together, have been able to eradicate from my mind the recollection of those happy moments, the happiest in my life, which I have enjoyed in your company."

Just over a year later Washington was dead. If there had been no Washington, there might not have been a United States, as he alone was capable of leading a rag-tag band of poorly trained farmers and ill-equipped blacksmiths against the world's most powerful army. And so, absent the affectionate mentoring of an older woman, the Washington history remembers as well as the drama of liberty and democracy imagined at Philadelphia and performed during the American Revolution might never have been. Greatness sometimes comes from the most unlikely of leaders, and its inspiration from the most unlikely of sources.

*Robert Watson, Ph.D. runs the American Studies Program at Lynn University and has published over 25 books on American politics and history.*

## **Talk About It**

# TWO MINUTES THAT CHANGED THE WORLD

April 16, 2009 by [Samantha](#)

Filed under [Columnists](#), [Hidden History](#), [Politics](#)

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**By ROBERT WATSON, Ph.D.  
Contributing Writer**

With the Civil War raging, a large crowd gathered in Pennsylvania to observe the dedication of a national cemetery. On the dais that crisp, cool November day in 1863 was a collection of dignitaries and politicians who, despite the somber occasion, were eagerly awaiting the keynote address by Edward Everett.

Everett, a former member of Congress and former secretary of state, was the president of Harvard. The celebrated rhetorician had developed something of a niche for dedicating famous battlefields. It was he who enshrined Bunker Hill, Concord, and Lexington, sites now synonymous with American military history. Everett was the obvious choice to consecrate the new national cemetery at Gettysburg.

The ceremony had been scheduled for October but Everett callously asked that the dedication be pushed back to November 19. In the 19<sup>th</sup> century, keynote speeches were much longer than today. It was not uncommon for public remarks to stretch to two hours or longer, and Everett needed more time to prepare his grand oration.

Everett, 69, delivered a whopper – a two-hour long speech. Sandwiched between musical performances in the full day of ceremonies, however, was another speaker. President Abraham Lincoln was invited by the organizers as an afterthought and asked to offer only “a few appropriate remarks.”

After Everett’s lengthy allocution, Lincoln stood and spoke for two minutes, opening his remarks with the unforgettable line: “Fourscore and seven years ago, our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.” Capturing the moment of one of the bloodiest events in American history –

fighting at Gettysburg that July resulted in almost 50,000 casualties – Lincoln reminded the audience that neither he nor they could dedicate the hallowed battlefield beyond what the men who fought and died there had done. But he challenged his countrymen to complete the sacrifices at Gettysburg by patching up our differences.

Historical accounts note that, after Lincoln’s speech, the audience did not know how to respond to what they had just heard. The dedication of the cemetery and battlefield was captured for history thanks to the new technology of photography. Yet, there exists only one blurred photo of Lincoln at Gettysburg. Photographers were more interested in Everett than the then-unpopular President and they may have been distracted by the power of the speech; or, Lincoln may simply have finished so quickly that there was not ample time to prepare the cameras. Even Lincoln underestimated the impact of his words, saying, with typical humility, “the world will little note, nor long remember what we say here, but it can never forget what they (soldiers) did here.”

Everett, however, who would not live to see the end of the war, recognized that history had just been made. He wrote to Lincoln: “I wish that I could flatter myself that I had come as near to the central idea of the occasion in two hours as you did in two minutes.” Indeed, no one remembers what Everett said that day but Lincoln’s Gettysburg Address – like the battle itself – was a turning point in America’s history.

As we prepare to celebrate the bicentennial of our greatest president’s birth this week, we would do well to remember his words. They are as relevant in today’s politically polarized climate as when they were first spoken. The Civil War claimed over 600,000 lives but Lincoln knew that unity was not only still possible but essential for our democratic experiment to work. He closed his brief remarks by resolving that this nation “shall have a new birth of freedom – and that government of the people, by the people, for the people, shall not perish from the earth.”

*Robert Watson, Ph.D. runs the American Studies program at Lynn University and has published over 25 books on American politics and history*

**Talk About It**

## **FACEBOOK BECOMES COLLEGE ADDICTION**

April 16, 2009 by [Samantha](#)  
Filed under [Best of Boca](#), [Featured](#)

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*Social Networking Web Sites Captivate Students*

**By KATHERINE PAXSON**  
**Staff Writer**





Student checks Facebook account during spare time. Staff Photo/Scott Plumb.

Entering into this Digital Age people are surrounded by ever evolving technology, and are becoming addicted to surfing. Social networking sites such as, MySpace and Facebook.

Children as young as 4-years-old, are knowledgeable and can effectively use the Internet, especially these social networking sites. Teenagers sign on to chat and exchange photographs. However, what is being sacrificed? Is all this time spent emailing and blogging just fun and games, or are the youth being taken for the proverbial “ride”?

These Web sites that make communication possible and convenient have made its users stir crazy. Users have become addicted to this online melting pot of relationships. Whether it is keeping in touch with family, friends or even business associates, this trend has become the new drug of the 21-century. People across the globe are signing on multiple times a day, itching for more.

“It’s good for communicating with other people to keep in touch or study. I am addicted,” said Lisa Ferrari, graduate student. “I go on it at least three times a day”.

However, for some, three times a day is not enough. This addiction to social networking leaves some defenseless to its appeal. Jacob Balot, freshman, said “I go on it every five seconds. I would say I’m addicted to it.”

This infatuation with the Internet and Web sites such as Facebook have become a serious threat to the overall health of the user. The name for such a disorder has come to be known as FAD (Facebook Addiction Disorder). It is overindulgent disorder regarding time spent on Facebook.

Researchers have asked the question whether or not continuous exposure to the Internet and to these seemingly harmless Web sites is actually hurting children and teens. It has been found that

the time people used to spend exercising, being outdoors and having face-to-face human contact has drastically decreased due to the habitual use of the Internet. Some researchers believe this prolonged use of social networking sites can even cause autism in younger children and teens. There is a speculative question of whether or not these can lead to other behavioral problems. Face-to-face interaction is crucial in developing the necessary social skills one needs to survive and even function in society. However, with every new Internet profile that is created on these Web sites, this is being sacrificed.

“I try to keep my sister from spending all day on the Internet,” said Trevor Schliefer, senior. “I feel it is very important for him to have actual face-to-face interaction.”

## “KNOWING” THE END IS NEAR

April 16, 2009 by [Samantha](#)  
Filed under [Best of Boca](#), [Entertainment](#)

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*Take This Action Packed Cognitive Thrill Ride to the End of the Earth*

**By DREW LUCOT**  
**Staff Writer**



Movie poster for “Knowing”.

Did you ever stare at a set of numerical sentences and try to make them add up to significant dates in your life or other weird numbers?

Well imagine if you stared at a particular set and they equaled out the date of a disaster or other devastating occurrence; such as 9/11 or Hurricane Katrina.

That is exactly what happens in the movie *Knowing*, an action packed, fast paced thriller starring Nicholas Cage, Diana Wayland and Chandler Canterbury.

At first, John (Cage) thinks nothing of a strange paper with scattered numbers all over that his son, Caleb (Cantebeury), brings home from a school ceremony. He even comes close to throwing it away; but after giving it a second look, he begins to realize the significance that the numbers possess. John finds out the numbers are of past disasters and a few that have yet to even happen. Will he be able to predict the exact day of these tragedies, and if so, can he predict the so-called apocalypse correctly? I suggest you not wait to let a creepy list of numbers convince you and go ahead and see this outstanding movie.

“It was really good, like, it was very realistic and kind of spooky,” said Emily Snyder, freshmen.

Doomsday movies are a hit or miss. I say that because the director will either do an amazing job of making you think what the end of the world could really be, or he makes it bubbly and idiotic. Well, I have to say that director Alex Proyas hit a homerun for me, with his creative and realistic idea of putting together an outstanding story idea with realistic natural disasters. The special effects will make you jump and the creepiness that maybe this really could happen, will give you goose bumps and make you cling to the person sitting next to you. Cage brings his usual best and delivers a solid performance with virtually a cast of unknowns, although I will say that Canterbury has a bright future ahead.

If you are one of those people that believe everything they see on the big screen, then maybe you should avoid this particular movie. However, if you are in the mood for a thriller that brings a realistic kind of scariness, this is a movie for you. I give this a five out of five stars and would say that it will make you put your thinking cap on about where you want to be when the end is near.

## “FASHION ROCKS” SHOW

April 16, 2009 by [Samantha](#)  
Filed under [Fashion](#)

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*Models and Attendees Were Feeling Good at Dr. Feelgoods*

**By MELANIE SHANKEN**  
**Staff Writer**

The “Fashion Rocks” fashion show took place on recently at Dr. Feelgoods in West Palm Beach. It was hosted by the Downtown Development Authority and The Lynn University Fashion Management program.

Leading up to the event, a spectacular rock ‘n’ roll makeover fundraiser was held during happy hour. For a donation of \$15, guests received a makeover, free drink ticket and an “I got Rocked at Dr. Feelgoods” shirt.

The fundraiser was held to raise money to benefit Max Clark, son of City of West Palm Beach television station manager Jim Clark. Max was diagnosed with Leukemia in 2007 and has been battling the disease ever since.

“This was a good idea and a worthwhile cause to help a person in need,” said Sophia Zagoreos, senior.

The show’s theme revolved around rock ‘n’ roll music and fashion looks that were inspired by a variety of different designers and boutiques around Boca Raton, West Palm Beach, Delray Beach and the City Place Shops.

The fashion show was a “Rockin” success, featuring many well known designers. Some of the familiar brands represented were from stores such as Banana Republic, Oilily, Pucci and Nine West. Some of the other boutiques lending their styles for the show were: Luckie Street, Quiksilver, Trilogy and Lf Stores.

The show included rock music from the past and present in the background, and included a wide variety of looks worn by the models. Hair and make- up for the models was provided by “The Sanctuary Salon,” and “Danee Ritz Salon and Spa,” both from West Palm Beach.

“The music choice, clothing and hairstyles really brought the show together,” said Zagoreos. “The upbeat energy and enthusiasm of the show truly made a bold statement of how fashion rocks.”

*It was apparent that everyone who participated in the event were feeling good at Dr. Feelgoods.*

## TOUGH TIMES SPARKS CRIMES

April 15, 2009 by [Samantha](#)

Filed under [Best of Boca](#)

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*Economic Troubles Increases Crime Rate Across America*

**By MELISSA SCHAEFFER**  
**Staff Writer**



In November 2008, the FBI reported a spike in the number of bank robberies across the country. Holiday season is typically the time of year when the highest number of bank robberies occur, however add the challenging economy into the mix and it appears that robberies will be on the rise. In fact, during recessions, bank robberies across the nation occur about every 20 minutes.

Bank robbery numbers in New York City are currently up 54 percent this year, and have been steadily rising since 2007. Thefts are also up in many areas across the country, including San Diego and Houston. It has been reported that this trend is high due to the recent influx of layoffs, the plummeting stock market and the downfall in real estate values, all of which have left many Americans in financial desperation.

“I do believe persons are becoming more and more desperate, hence they are more robberies lately,” said Simone Cousins, sophomore. “The latest example of this is the man who held up a grocery store with his 9-year old daughter standing next to him, saying he is out of work and his daughter needs to eat. It is unfortunate that they decide to take that road; it goes to show that the recession is indeed having a huge impact on the society.”

Many are finding themselves desperate for money and furious at the banks. According to a recent article in New York Magazine, 78 percent of robbers manage to leave the bank with money in hand, and only 59 percent of robberies lead to an arrest.

Despite the economy and daily news reports, Lynn University is proving to be safer than ever. Campus security statistics are open to the public and show a decrease in theft and robberies.

“Our theft has gone down considerably in two years- since the gates were put in place,” said Anthony Altieri, assistant dean of students.

There was a recent assault and robbery in the North Parking Lot; however random acts like such can occur anywhere at any time. “Lynn is not different when it comes to potential for crimes, but we have a strong system of prevention,” said Altieri.

In most cases, it is easy to prevent a theft. Students and faculty are urged to always keep car windows and doors locked, whether on or off campus. Also, if one lives on-campus, always lock doors and do not have valuables in plain sight tempting a robber, and try not to carry valuables if alone or in a bad part of town.

## WHAT MAKES “THE PERFECT NIGHT”

April 15, 2009 by [Michael Slavin](#)  
Filed under [Campus](#), [Entertainment](#)

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*Lynn Actors Retell the Story of Students Affected by the Tragedy of Katrina*

**By MIKE SLAVIN**  
**Assistant Copy Editor**



Students participating in poetry reading. Staff Photo/Mike Slavin.

Lynn University students recently took part in a final play reading series for the semester called “The Perfect Night,” a play about five students on their graduation night. The setting for the production was St. Anthony Parish in Louisiana, just outside New Orleans, nine months after Hurricane Katrina hit.

Author Jana Tift decided to write “The Perfect Night” to tell the story of five students from three different high schools whose graduation day was almost canceled due to Katrina. For the most part, Tift directs plays; however she decided to write this production.

“It was Carrie and Adam Simpson [professors] who challenged me to write an original piece,” said Tift. “They wanted an original play for their students to perform.”

To get the background necessary to write the play, Tift spent one-week in Louisiana interviewing students who graduated the year Katrina hit. She also had help from her two sons: one of her sons created a documentary, “Made with Love,” on the state of New Orleans after the hurricane hit. Her other son helped as he had just graduated and this gave her an inside perspective on the way seniors act when graduating. Other helpful sources included experiences living in Louisiana post Katrina, and interviews with local high school administrators.

“I think she has something. A couple more drafts and it will be great,” said Adam

## PUNK GOES POP

April 15, 2009 by [Samantha](#)  
Filed under [Entertainment](#)

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*Genres Collide in Latest Album*

**By SPENSER LAURO**  
**Staff Writer**



“Punk Goes Pop Volume 2” is finally here, and it’s blazing hot. The “Punk Goes,” series is a string of albums where rock artists cover other artists from drastically different genres of music. The series has been fairly successful until now, where it has blown up with “Punk Goes Pop Volume 2,” appealing to more than just the rock lover.

Personally, I believe this album is absolutely amazing. This was all to my surprise because I am not a big fan of the “Punk Goes” series at all.

This album has a very diverse lineup of bands including groups that are very heavy, and also more pop punk/emo sounding bands. This really gives this album some kick.

“The second Punk Goes Pop album is incredible. It has so many awesome covers, with a bunch of really cool bands,” said Miles Koch, junior.

Some of the standout songs would have to be “Bayside’s” cover of Sean Kingston’s pop hit “Beautiful,” and “A Static Lullaby’s” insane rendition of non other than pop queen Britney Spears’ “Toxic.” Both tracks have such a unique twist that add to the normal pop versions of the songs. If anyone is a rock or pop fan, this is a must buy record. It really is a pleasant surprise.

## RELAY FOR LIFE SCORED BIG TIME

April 15, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Despite Economic Recession, Lynn Raised More Than \$35,000*

**By LAURA VANN**  
**Contributing Writer**



Lynn’s Marketing Madness team poses together for the team lap. LU Photo/Jen Herzog.

Last weekend, more than 275 students, staff and faculty members gathered for Lynn’s third annual Relay for Life. “So far we’ve raised \$35,269, and people are still bringing in donations,” said Annie Weaver, coordinator of student involvement at Lynn. All of the funds are donated to the American Cancer Society to support cancer research.

“We had a 17% growth over last year,” said Jessica Moreno, community representative for the American Cancer Society, “and in a recession, I would consider that pretty extraordinary.”

Just two weeks ago, Lynn had raised only \$13,000. “I thought our numbers were down due to the economy,” said Weaver, “but the committee members and volunteers exceeded my expectations. They put together a great event!”

“This year Relay had a Disney theme. Each team chose a movie to represent, and I think they had a lot of fun with it,” said Tayrn Hamill, a graduate student at Lynn and committee member. “Students, staff and faculty dressed up to represent movies like The Incredibles, Toy Story, 101 Dalmatians and The Jungle Book.”



Members of Lynn's Relay for Life committee have been hosting fundraisers, raffles and other activities over the past several months, and they will continue raising money for the American Cancer Society throughout the school year. "We will start fundraising for next year's Relay in August," said Weaver.



# DANGERS OF STEROIDS IN SPORTS

April 14, 2009 by [Samantha](#)

Filed under [Best of Boca](#)

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*It's Critical To Keep Clean and Play Safe this Sports Season*

**By ASHLEY PHILLIPS**  
**Staff Writer**

Steroids give players more strength and endurance to enhance their performance. However, many people do not like the idea of athletes using steroids at all.

“I believe that steroids in relation to sports really demean the idea of what sports are all about,” said Devin Porter, senior. “Sports were made to bring people together, and for players to use steroids it shows that there is not much to value in sports anymore.”

Using steroids to enhance a player’s performance gives the game and players an unfair advantage. Players such as Barry Bonds, Mark McGwire and A-Rod are using steroids to enhance their performance.

“A-Rod defiantly disgraced the MLB with his actions of steroid use, especially since he stated back in 2003 that he did in no way use any kind of illegal steroids, but now he is starting to change his story,” said Porter.

Baseball is the number one sport that has athletes using steroids to increase their performance. Also, baseball has young children watching, going to games and seeing athletes set a bad example for them.

“I fear that kids will think it’s a normal thing and will make them better in their sport,” said Eric Schmittle, junior. “Also, they will think it will give them the advantage to get to the next level.”

Today kids idolize athletes and look up to them everyday, but if they find out their favorite player is cheating in the game, they could lose their sense of respect for the sports industry.

Athletes take performance-enhancing drugs for numerous reasons, such as, performance in their game and pressure from coaches or sponsors, but most athletes and coaches use the excuse that they do not know the consequences of taking them.

“They are taking the drugs to get an edge on the other players,” said Schmittle. “They know the consequences, but when a \$20 million dollar deal is involved, you probably wouldn’t even think once about it.”

## HELP PROTECT CHILDREN

April 14, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Safe Kids Palm Beach County Offers Volunteer Opportunity*

**By STEPHANIE WILLIAMS**  
**Special to the iPulse**

The Child Life Institute is a non-profit organization which services children with cancer and other chronic illnesses. One of the initiatives of the Child Life Institute is a program called Safe Kids Palm Beach County. Safe Kids recognizes the importance of providing the community with comprehensive safety programming that will educate children and their families on the best ways to protect them against accidental injury. Accidental injury is the number one killer of American children; taking more lives than disease, violence, and suicide. Prevention is the only cure. It’s estimated that by taking simple safety precautions, more than 90 percent of childhood accidental injuries can be avoided.

Safe Kids is hosting a traffic safety booth at the “Our Kids World Family Fun Fest” in West Palm Beach, and they are in need of volunteers. This two-day event provides hands-on educational activities and entertainment for children 12 years and under, as well as valuable information for their family.

The “Our Kids World Fest” will be held on Saturday, April 25 and Sunday, April 26 from 10 a.m. to 5 p.m. at the South Florida Expo Center at the South Florida Fairgrounds in West Palm Beach.

Safe Kids Palm Beach County will be focusing on child passenger safety, children who are backed over, heat related injuries in cars, trunk entrapment and pedestrian safety education. Volunteers will be trained in disseminating materials and information to families. All volunteers will receive a Safe Kids, Child Life Institute t-shirt. Community service hours will also be awarded.

This is a great opportunity to get some volunteer hours and help out a good cause. Lynn University Freshman, Diána Duha, states that, “This is a very good cause to volunteer for, and it also sounds like fun.”

If interested in volunteering on these days, contact Kelly Hamilton at 561-340-4063.

## CAREER SUCCESS

April 14, 2009 by [Samantha](#)

Filed under [Campus](#)

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*Events Aid in Employment*

**By JENNIFER O'TOOLE**  
**Publishing Editor**

This week on campus there will be numerous career events including “Getting Good Jobs in Tough Times,” “Recession-Proof Your Resume,” “Network with the Best” and “ACE Your IMAGE,” featuring nationally known motivational speaker Frank Kelly.

These seminar are aimed to help graduating students with their job search in this tough economy. “I’m graduating at the worse time, finding a job is nearly impossible,” said Carey Palmer, senior. “I’m really looking forward to some of the events being offered especially, ‘Recession-Proof Your Resume.’”

The Career Center is willing to answer numerous questions at the event.

“I’m hoping I’ll be able to network at these events as well and get my name out there are much as I can,” said Palmer.

For more information and a complete schedule of events and times on “Career Success In A Tough Job Market” week, contact Chris Childers in the Career Center.

## BECOME A CULINARY KING

April 14, 2009 by [Samantha](#)

Filed under [Campus](#), [Featured](#)

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*The College of Hospitality Offers Tasty and Terrific Cooking Classes*

**By SPENSER LAURO**  
**Staff Writer**



Chef Craig Schmantowsky prepares for his next cooking project. Photo/Spenser Lauro.

Lynn University is cooking up a storm. Led by head chef and Professor Craig Schmantowsky, cooking classes are being held from 9a.m. to 1p.m. every Tuesday and Thursday in the International building. These classes are enjoyable and interactive for the students, but they are also part of a university-credited course, Food Production.

Throughout the semester, students are taken through a series of introductory food production tasks. The first lesson is on meat processing. Meat processing is the procedure in which meat is exposed to any one of a series of curing or preserving processes such as salting, wet pickling, drying, cooking and canning, sausage manufacture and ham curing.

The second lesson is on sauces. There are endless possibilities when it comes to using techniques and methods to prepare sauces. The process of making sauces is much more complicated than one would think, and Chef Schmantowsky takes the students step by step through this fun, yet delicate process.

During the course, Schmantowsky has the students learn how to make food indigenous to Europe, as well as food from America. Schmantowsky instructs the students on how to follow culturally diverse recipes in a timely fashion.

Students around campus call Chef Schmantowsky the young Chef Ramsey because of his extremely intense nature during class. "Chef Schmantowsky is an actual professional Chef," said Dirk Hofman, senior. "Food production is a wonderful learning experience, especially because of Chef Schmantowsky's history in cooking." Many students come out of the class having a new found love of cooking. "It's all about the food", said Chef Schmantowsky.

Chef Schmantowsky received his Bachelor of Science degree in Hospitality Management, and Master of Science degree in Hotel and Foodservice Management at Florida International University. Schmantowsky went on to receive his Associate of Science Degree in culinary arts at Johnson and Wales University, School of Baking and Pastry Arts in North Miami. The chef has a weathered background in the art of cooking. He also has much professional experience in the area, working locally at the Breakers Hotel in Palm Beach and at the Boca Raton Resort & Club. Schmantowsky has traveled around the country competing in American Culinary

Federation Competitions, having won two awards both as a professional and as a student competitor.

# HISTORY OF GUATEMALA

April 13, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*The Many Cultural Influences that Shaped Guatemala*



Cathedral in Antigua reveals the Spanish influence in Guatemala's history.

Three distinct stages—Mayan indigenous, Spanish colonial and modern republican—have left their mark on the history of Guatemala. These separate ways of life persist, but are slowly merging.

Guatemala includes much of the old Mayan civilization, which may date back as early as 300 BC. The classical Mayan period lasted from about AD 300 to 900 and featured highly developed architecture, painting, sculpture, music, mathematics (including the use of zero), a 365-day calendar, roads and extensive trade. This great pre-Columbian civilization seems to have collapsed around AD 900, and by the 12th century, the Mayas had disintegrated into a number of separate Amerindian groups. The Amerindians offered resistance to the Spanish expedition sent by Hernán Cortés from Mexico and led by Pedro de Alvarado during 1523–24, but by the end of that time, their subjugation to Spain was virtually complete.



The Tikal, Guatemala, Temple I stands as a testament to the Mayan heritage of Guatemala.

Alvarado founded the first Guatemalan capital, Santiago de los Caballeros de Guatemala, in 1524. Because of several earthquakes, the capital was moved a number of times until it became permanently established at Guatemala City in 1776. From 1524 until 1821, Guatemala (City and Province) was the center of government for the captaincy-general of Guatemala, whose jurisdiction extended from Yucatán to Panama. Economically, this was mainly an agricultural and pastoral area in which Amerindian labor served a colonial landed aristocracy. The Roman Catholic religion and education regulated the social life of the capital. Spanish political and social institutions were added to Amerindian village life and customs, producing a hybrid culture.

In 1821, the captaincy-general won its independence from Spain. After a brief inclusion within the Mexican Empire of Agustín de Iturbide (1822–23), Guatemala, along with present-day Costa Rica, El Salvador, Honduras, and Nicaragua, formed the United Provinces of Central America in 1824. This federation endured until 1838–39. Guatemala proclaimed its independence in 1839 under the military rule of Rafael Carrera, an illiterate dictator with imperial designs. Source: Nations Encyclopedia

## THE GORGEOUS GUATEMALA

April 13, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*A Country of Majestic Mountains, Vibrant Markets and Mayan Culture*





A Guatemalan woman selling textiles at the market.

Guatemala is a magical place. If you're into the Maya, the mountains, the markets or a million other things, you're bound to be captivated. People come and they stay. Or they leave and return. There's almost too much going on here, and even the shortest trip takes you completely different places, with new challenges and surprises.

Students of Spanish flock to Antigua, a gorgeous town nestled between three volcanoes, while those travelers seeking the 'real Guatemala' might head to lesser known places like Lago de Izabal or Nebaj, a Maya village hidden in a remote fold of the Cuchumatanes mountains. And sooner or later, just about everyone ends up in the Highlands – Lago de Atitlán being an irresistible drawcard.

Guatemala's Mayan heritage is everywhere. El Petén's remote archaeological sites are not to be missed; the fascinating town of Chichicastenango adheres to pre-Hispanic beliefs and rituals even now. Santa Lucía Cotzumalguapa, on the other hand, provides a glimpse into the mysterious Pipil culture, with some interesting carved stone heads and relief scenes to be found in fields and fincas (plantations) around town.

Source: Lonley Planet

## GUATEMALAN NATIVE GREETINGS

April 13, 2009 by [Samantha](#)  
Filed under [Featured](#), [Politics](#)

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*International Business Student Reveals What Attracted Her to the United States and Lynn University*



Ariela Ganddini and friends pose at the entrance of Guatemalan cathedral. Staff Photo/Ashley Feldman.

**By ASHLEY FELDMAN**  
**Contributing Writer**

Sophomore Ariela Ganddini left her home country of Guatemala in 2007 to attend Lynn University. Majoring in International Business, Ganddini chose Lynn University because “it is a beautiful campus that has a very complete curriculum with small classes, and a lot of international students,” said Ganddini.

“I really like that the school provides an intimate setting; since the classes are small, students are able to communicate with their professor’s on a personal level,” said Ganddini.

The northernmost of the Central American nations, Guatemala is the size of Tennessee. It’s neighbors are Mexico on the north and west, and Belize, Honduras and El Salvador on the east.

The country consists of three main regions: the cool highlands with the heaviest population, the tropical area along the Pacific and Caribbean coasts and the tropical jungle in the northern lowlands (known as the Petén).

Although Spanish is the official language, it is not universally spoken among the indigenous population, nor is it often spoken as a second language. 21 distinct Mayan languages are spoken, especially in rural areas, as well as several non-Mayan Amerindian languages, such as the indigenous Xinca, and Garifuna, an Arawakan language spoken on the Caribbean coast. In Guatemala, 23 languages are recognized as National Languages.

More than half of Guatemalans are descendants of indigenous Mayan peoples. Westernized Mayans and mestizos (mixed European and indigenous ancestry) are known as Ladinos.

Ganddini feels there are distinct cultural differences between The United States and Guatemala. “Attitudes toward punctuality vary greatly from one culture to another and if you do not understand that, it can cause confusion. Romanians, Japanese and Germans are very punctual,

while people in many of the Latin countries have a more relaxed attitude toward time. The Japanese consider it rude to be late for a business meeting, but it is acceptable, even fashionable, to be late for a social occasion. In Guatemala on the other hand, a luncheon at a specified time means that some guests might be ten minutes early, while others may be 45 minutes late,” said Ganddini.

In Guatemala, the predominant religion is Roman Catholicism. Ganddini and her entire family are Roman Catholic.

While Ganddini is enjoying her time at Lynn, she misses her family and friends a lot. Ganddini plans on getting her masters at Lynn but ultimately wants to return to her country. She wants to raise her children in Guatemala because she likes the laid back atmosphere.

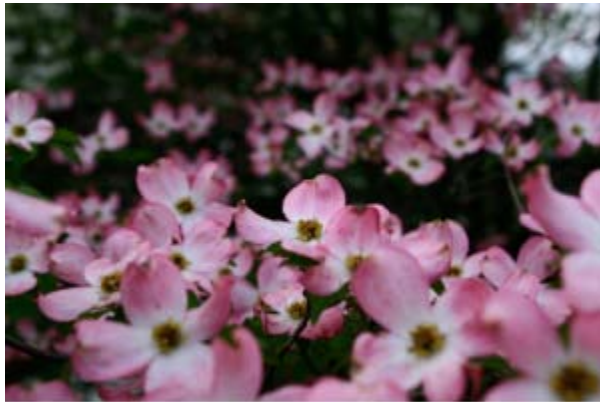
## GET INTO SPRING SPIRIT

April 9, 2009 by [Samantha](#)  
Filed under [Best of Boca](#)

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*Tips Offered on Springing Into the Season*

**By LINDSEY CARUANA**  
**Staff Writer**



The dreary days of wearing scarves and sweatshirts are over as spring is underway. Spring is a time for flowers, sunshine and happiness. The temperatures have not yet reached a scorching high, but the chilling breeze of Florida winter is now behind everyone. As Floridians step into these first few days of spring, there are a few things that can be done to jumpstart that spring spirit hiding within.

Spring is associated with flowers blooming and birds chirping. Do not hesitate to open up a sealed shut window or door letting the warm winter breeze flow in. Setting up flowers such as sunflowers, tulips or lilies is a great way to spruce up spring spirit in a dorm room or apartment. Flowers naturally give off a calming vibe, which permits a more cheerful ambiance.

Incorporating pastel colors into any wardrobe is another way to uplift a spring spirit. It is time to put those dreadful winter clothes to rest, and bring out more cheerful attire such as jean shorts, skirts, tank tops and flip flops. Shedding that extra layer of clothing will aide in achieving the ultimate spring spirit goal.

Spring cleaning is one of the best ways to start off the season with a bang. It is important for any spirit to be organized and uncluttered. Take a day to dispose of all of the things that have been hibernating in a room all winter long.

Spring is a change of season, so why not make it a positive one by encompassing a fresh start? Spring cleaning does not only refer to physically tidying up, but it is also important to take time to do a psychological spring cleaning as well. When approaching this spring season, be sure to leave any negative thoughts and worries behind, as this will help in creating an optimistic beginning.

## PLANS FOR SPRING HOLIDAY

April 9, 2009 by [Katie Black](#)  
Filed under [Best of Boca](#)

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*Students Spend Long Weekend Celebrating with Family*

**By KATIE BLACK**  
**Staff Writer**

A reminder that spring has sprung and that summer is just around the corner are the short holiday breaks students' and faculty receive. The first break begins this Friday April 10 and ends the following Sunday April 12. The iPulse staff asked students at Lynn what activities they will be participating in:



Chris Dillon, junior, will be spending the break with his grandparents. "I'm going to be driving up to Naples, to stay at my grandparent's house for the weekend."



"New Jersey, baby! I'm going back home to see the family and enjoy a big feast," said Jason Innella, junior. "I haven't been there since December, when I celebrated the holiday season."



Luiana Porto, junior, will be a visiting the Dominican Republic with her boyfriend. “We’re traveling to a resort called Dreams Resorts and Spa located on the beach in Capcana.”



Josh Gordon, freshman said, “I’m going to be in Boca celebrating Passover. It’s my first time celebrating the holiday without my family. But school is almost over so I know I’ll be seeing them soon.”

## CELEBRATING SEDER ON PASSOVER

April 9, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*The Jewish Traditions and Story of the Ritual Seder Dinner are Told to All*

**By SHAINA ROSENBLAT**  
**Staff Writer**



The table set for a traditional Seder. Staff Photo/Shaina Rosenblat.

The Passover holiday is recognized widely by the Seder. The Seder is the ritual meal, which is held for the first two nights by many and for only the first night by those that are Reformed. The word Seder really means order or arrangement and signifies the way in which the table is set and the Passover story is told. During the Seder, the Haggadah is read which is the story of the Israelites slavery in Egypt under the rule of the Pharaoh, and their eventual exodus.

The Passover holiday depicts, through the Seder, the story of enslavement in ancient Egypt under the Pharaoh. In the Jewish Bible, the story tells of the terrible pain and suffering the Pharaoh inflicted on Jewish people having them, as slaves, build his great cities. During the Seder, it is custom to recant the story by reading the Haggadah, and through various symbols and customs. The Exodus from Egypt by the Jewish people surrounded the story of G-D imposing ten plagues on Egypt in an effort to force the Pharaoh to release the Hebrew people from their bondage. Nine out of the ten plagues, although very severe, did not work and the Pharaoh did not release the people. Only the tenth and most terrible of all the plagues forced the release of the Hebrews. This plague was the ritual killing by the “Angel of Death”, sent by G-D to smite the first born of all Egyptian families. In order to protect themselves, G-D commanded the Hebrews to sacrifice a lamb and smear its blood on their door post. In this way, the Angel would not disturb the Hebrews and “Pass Over” their homes. During the night of the tenth Plague, the Hebrews ate the lamb, which they sacrificed while the Angel of Death went about its grim task of slaying every first born child of every Egyptian family.

Due to the massive punishment inflicted by G-D on the Egyptians, the Pharaoh did finally concede to G-Ds will and allow the Israelites to leave Egypt. In preparing to leave the land in much haste, the Hebrews were not able to allow their bread, which they baked for their journey, to raise. The result of this baked bread was unleavened bread, which is called Matzo, which is baked flat bread that contains no leavening. Jewish observers are commanded in their law to only eat Matzo during the Passover season in commemoration of their ancestors.

The Passover Seder provides many rituals and symbolism during the dinner. At the reading of the Haggadah, the youngest child recites the “four questions”, which are:

Wherefore this night is different from all other nights. Why tonight do we eat only unleavened bread? Why tonight do we eat bitter herbs? Why tonight do we dip them twice? Why tonight do we all recline?

Following the questions, the head of the household will recite the complete story of Passover directly from the Haggadah. There are many ritual foods, which the Jewish people eat during the Seder such as Maror. Maror is a mix of nuts and wine mixed to a spread, which is reminiscent of the mortar used by the ancient Hebrews to build the Pharaohs great cities. Another ritual food, during a blessing is the eating of a piece of “bitter herbs” to remind the family of the bitterness of slavery. Typically, the head of the household hides a piece of Matzo before dinner and the children have to scurry around the home to find it after dinner. The winner gets a prize. The history behind this is said to be that the Hebrew slaves hid their food while in slavery.

It is interesting to note that the Christian holiday of Easter coincides with Passover both historically and in the calendar. It is commonly thought by all religious scholars that the “Last Supper” was in fact the Passover Seder.

“When I was little, I loved running around the house trying to find the matzo and winning the prize before all the other kids,” said Danielle Link, senior.

“I love matzo!” said Mollie Levy, senior.

## LYNN SKIPS INTO THE SPRING SEASON

April 9, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Lynn University Awaits and Celebrates the Budding New Season*

**By BRITTANY HUTCHINSON**  
**Assistant Copy Editor**



Students join Big LU as they frolic in the grass. Above right: Big LU stops and smells the flowers. LU Photos.

As the winter slowly fades away and sunny days become more frequent, people across campus and around Boca are eager to welcome the spring season. With the warmer weather comes many events and activities for everyone to enjoy.

For the avid beach bum, the water is warming up and the sun is shining cloud free and is out longer hours. Surfing is a great hobby to take up this spring but beware it is also shark season and those sharp teeth fellows are common inhibitors of the coastal waters. For land lovers, trips



to local parks, strolls along popular local streets and dinning outdoors are great dry ways to take advantage of spring.

Spring is also a great time to catch local outdoor concerts. Mizner Park Amphitheater offers several types of music concerts from Lynn's own Philharmonic orchestra to popular bands such as Fall Out Boy. Music from the concerts can usually be heard throughout the Mizner Park area, making for a fun and social scene on concert nights.

Spring is also a special time for many religions. In the Jewish religion, Passover is celebrated during the spring season as well as the Easter holiday that is celebrated by the Christian faith. Many students are looking forward to spending either Passover or Easter with their families and friends.

"My parents are coming down to visit me," said Lee Zoretic, junior. "I am so glad I get to see them during Easter."

An Easter egg hunt for local school children is scheduled for Tuesday, April 14, from 3-5 p.m. on the lawn adjacent to the Freiburger Residence Hall on campus. Other events offered for the children that day include arts and crafts, face painting and fun Easter related games. Knights In The Community and Just About Kids are running the event, with other school organizations also helping out.

"We are excited for the Easter egg hunt," said Alexandra Petrozzo, vice president of KIC. "The kids enjoy it so much and we love to see how our events makes their day."

So take the time to smell the roses because spring has finally sprung.

## **PLAID FASHION**

April 9, 2009 by [Samantha](#)  
Filed under [Fashion](#)

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*Head to Toe Clad in Plaid*

**By MELANIE SHANKEN**  
**Staff Writer**



A new spring trend for men and women's clothing is plaid. Whether completely covered in plaid print or just trimmed in plaid, plaid clothing and accessories have been featured by popular brands and in many boutiques and department stores.

Around Boca and in stores all over the country, plaid skirts, dresses, vests, shorts, purses, hats, and headbands are a familiar fashion trend. At the store Aeropostale, an assortment of knee length patchwork plaid sundresses are featured as a part of the new spring line. dELiA's, a popular casual women's clothing store, has plaid button down shirts. For plaid accessories like headbands and hats, visit Urban Outfitters.

"I agree that plaid is so in style now, they are showing it everywhere it seems," said Frannie Coggeshall, senior.

The clothing line "Free People" has many items such as vests trimmed in pastel colored plaid, tank tops with plaid highlights, and a variety of dresses in many plaid color combinations.

"If I had to pick any plaid color combination, it would be royal blue and black," said Nicole Levinson, senior. "I love how they look together in the plaid pattern."

The plaid craze is not just for women. At department stores like Macy's and the smaller stores such as The Limited, plaid shorts for men are shown with coordinated solid colored t-shirts and plaid caps.

"In my opinion, the print plaid is more for the surfer type when it comes to boys wearing it," said Rob Cervoni, junior.

There are many variations of the plaid pattern to choose from. Glen plaid, Tartan plaid, hounds tooth, argyle, Scottish and Irish plaid are all types of plaid depending what the individual prefers. Whatever the choice, one can not go wrong this season if you select a lot, or just a splash of plaid as part of a cool and hot spring wardrobe.

## **FOUNDATIONS OF FAITH**

April 9, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*The Christian Celebration of Good Friday and Easter Sunday*

**By FRANCESCA PIANCONE**  
**Staff Writer**



A young Lynn student is visiting the Easter Bunny at a local mall. Staff Photo/F. Piancone.

The time of Easter and Good Friday is extremely significant for people in the Christian Community; notifying the day that Jesus was crucified as well as the day he resurrected for his people. On Good Friday, followers take part in penance as well fasting throughout the day; as well as a liturgical service. The liturgy; which is usually celebrated after 3 p.m., consists of readings and prayers, the veneration of the cross, as well as communion. Good Friday and Easter represent the end of the Holy Week as well as Lent; where one sacrifices something for a period of 40 days and shares in prayers and penance. Easter is the most important religious sanction for Christians, remembering how Jesus resurrected three days after his crucifixion. Easter also refers to the season of the church and does not have a fixed date in the calendar, ranging from late March until late April. This year, Easter happens to fall on April 12.

Today, Easter is an important commercial holiday since the celebration extends beyond the church. Egg decorating, egg hunts, greeting cards and chocolate bunnies have become symbolized with Easter.

“I can remember gathering eggs with my brothers and sisters when I was younger as well attending morning mass,” said Tiffany Tarzian, sophomore. “I am very excited to be back to New Jersey with my family for Easter to have a great dinner and share in the celebrations.”

## LYNN ATHLETES GET PUMPED

April 8, 2009 by [Samantha](#)  
Filed under [Athletics](#), [Campus](#)

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*Lynn Athletes Share Their Pre-Game Rituals Before Hitting the Court*

By **GENE PROUSNITZER**  
Contributing Writer



Crystal Ahmed

John Wooden, arguably the greatest basketball coach to ever grace the sidelines once said, “Failure to prepare is preparing to fail.” With this idea in mind, how do Lynn athletes and coaches get themselves prepared for a game?

Chris Hall, who leads the Sunshine State Conference and 10th in the nation with more than 22 points per game said, “I have to make sure I’m mentally focused and ready to do whatever it

takes to help my team be successful. A couple things I do to get myself ready for ball games is, first, listen to music. Not just any music, but music that relaxes my mind. I then pray at least once or twice asking God to be with me during the remaining 40 minutes of basketball I play.”

Since Hall is a prominent scorer, most teams send their best defender at him to try and stop him. “Knowing that other teams are going to send their best defender at me is no problem and no biggie to me,” said Hall. “Why? Mainly because in practice, Coach McMillin puts the best defender on me so that I am prepared when other teams put their best defender on me. Because of that, I know how to take on the best defenders and know what’s coming instead of it being a surprise to me. That’s how I prepare myself and it starts on the practice floor.”



Chris Hall. LU Photos

Women’s Assistant Coach Adrienne Rieley echoed the importance of practice. “Practice was valuable due to the fact that I knew how I practiced would be how I would perform in that game,” said Rieley, former Campbell University standout. “Getting ready for a game meant mentally preparing myself for war. I had to know personnel and how to use my skills as an advantage to shut my opponents down. Preparation and focus was a big key into my readiness to face my opponent.”

Now that she’s a coach, Rieley’s preparation is still extremely important with getting her team prepared. “In order to get my team ready, it takes being on the same page with the rest of the coaching staff and the girls,” said Rieley. “Understanding what our goals are and what we need to do to push players to excellence is how we prepare.”

One of Rieley’s girls, senior Crystal Ahmed, has a very similar routine to Hall’s. “I try and get into a zone by listening to my iPod,” said Ahmed, who has the only triple-double in program history. “I have certain songs that I like listening to that definitely gets me excited and in a certain mind frame to come out and give each game my best. I also give my teammates some

words of encouragement to know that we are in this together. I pray before each game, as a team and on my own, and I try to get my teammates prepared and excited to play.”

## ASSAF & RITTER GO COLD TURKEY

April 8, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*SGA Emphasizes No Smoking in the Academic Courtyards on Campus*

**By SHAINA ROSENBLAT**  
**Staff Writer**



Recently displayed “No Smoking” sign. Staff Photo/Shaina Rosenblat.

ASSAF Hall has announced a “no smoking policy,” in accordance with the Florida Clean Air Act, which has been in effect since 1993. According to the Lynn Student Handbook, the act, “prohibits smoking within any State University system educational facility including residence hall rooms, apartments and facilities.” However, according to the stated policy of Lynn University, “students may only smoke outside of buildings with the exception of courtyards of ASSAF and Ritter, which are designated non smoking areas.” It appears, however, that this rule was not adhered to and therefore, Student Government Association has decided to be proactive and enforce this rule.

Florida seems to be falling behind many other states with regard to the no smoking rules in public areas. The Florida smoking rule “bans smoking in all enclosed, indoor workplaces including restaurants but allows exemptions for stand-alone bars where food is “incidental” to alcohol sales, tobacco shops, bowling alleys and certain hotel areas.” In many other States smoking is prohibited altogether in any public area or workplace. In Florida, smoking is even allowed in designated smoking areas such as, smoking rooms in airports and clubs.

Many students at Lynn welcome this rule, for example, “I love this no smoking rule because I do not want any second hand smoke in my lungs,” said Mollie Levy, senior.

This rule also upsets many students at Lynn. “I have been at this school for four years and we have been smoking in ASSAF and Ritter,” said Danielle Link, senior.

Non-smokers are thrilled with the enforcement of the no smoking rule at these two locations. It is highly publicized that second hand smoke can be as dangerous or even more dangerous than directly inhaling cigarette smoke.

## SOPHOMORE SLUMP

April 8, 2009 by [Samantha](#)  
Filed under [Athletics](#), [Featured](#)

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*Sophomore Surges Becoming Top Knight*

By **GENE PROUSNITZER**  
Contributing Writer



Michel Vidal fights for the ball. LU Photo.

After a year of learning, Michel Vidal is the man down low for the Fighting Knights. In one year, he went from coming off the bench to forcing his name into the record book.

Vidal, a sophomore from Miami, broke former all-conference standout Sheldon Edwards' record for rebounds in a season with 289, after having only 114 last year, and Edwards' record for rebounds per game with 10.3, after having just 3.9 last year. Vidal's rebounds per game was enough to lead the conference for the year by just over a rebound per game, and finish 10th in all

of Division II. Vidal also was rebound shy of tying a 15 year record for rebounds a game with 18 against Puerto Rico- Mayaguez. Vidal also led the team with 51 blocked shots on the year, after having only 22 last year.

“Setting records is something nice to have and to look back on,” Vidal said. “But it means nothing when you have nothing to show for it. Yea, I might have set a record or two but going home empty handed washes all that away.”

Vidal finished his first year after taking over for Hans Schur and Ed Millard, who have their name all throughout the record books as well. Schur is third in games played in a career and rebounds in a career. Millard is top 10 in points per game and field goal percentage.

“Having Ed and Hans as role models my freshman year really helped me improve my game in all areas,” Vidal said. “I’ve never seen any one who worked harder than those two guys did. They busted their chops from beginning to end without any excuses. That is something that I am still trying to learn now and improve on.”

“My goals for next year are to, first and foremost, do my best for my team in every game and practice,” Vidal said. “Secondly, I want to become a better leader. The two goals that I am really thriving for is for us to make the national tournament and to win our conference tournament.”

## IMMINENT MILITARY CUT BACKS

April 8, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*The Economy is Affecting the Military and Causing Job Cuts All Around*

**By TIM DENBY**  
**Staff Writer**



According to a CNN news segment recently aired, the military has been letting go of over-qualified personnel because they cannot afford them. Though there



have not been many articles on this, a disclosed source has told me that his friend is one of those people getting discharged by the Army.

A main factor why the news has not been reporting this is because it would hurt the recruiting process for all military branches; including affecting college students. It is hard to say if this is just happening in the Army or all throughout the military.

Who would ever think the military would kick over-qualified people out because they cannot afford them? It sounds absurd, however, it might just be true overall.

As a soon to be college graduate, my thoughts about joining the military have changed. Who would want to join the military and dedicate so much of their life to it, then realize two years later they are getting discharged because they cannot or do not want to pay them anymore.

“I don’t think the Army would do something like this,” said Alex Souto, sophomore. “I want to go back in after I finish up college.” Souto, a 24-year-old, was in the Army for more than four years before coming to Lynn. Would you still want to go back into the Army if this was true? “Yeah,” said Souto, “I like the lifestyle, I can’t really explain it.”

## I LOVE YOU, MAN! HONESTLY

April 8, 2009 by [Samantha](#)  
Filed under [Entertainment](#)

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*A Comedy Definitely Worth Seeing at the Movies This Spring*

**By RACHAEL EVANS**  
**Staff Writer**



“I Love You, Man” is an amazing comedy putting actors together from films like “Forgetting Sara Marshall,” “Role Models” and “Knocked Up.”

Peter Klaven (Paul Rudd) is a prominent real-estate agent who is set to marry the love of his life, Zooley (Rashida Jones from The Office.) After proposing he realizes that he has only female friends. It also occurs to him that he will have no best man to stand there at the alter with him come wedding day.

Paul sets out on a mission to find a best friend. In the process, he goes on many awkward man dates that come close to deter him from finding one. While slowly loosing hope of finding a best man before the big day, he randomly meets Sydney Fife (Jason Segel) who is an outspoken free spirited man. Sydney enables Peter to let go and really enjoy the feeling of having a male friend.

This is a hilarious comedy that brings all funny truths to light and touches on the topic of “Bromances.” Go see it. The soundtrack is also great. The movie gets four and a half stars out of five.

## MAKE A CHANGE: GO GREEN

April 8, 2009 by [Samantha](#)  
Filed under [Best of Boca](#), [Green](#), [Profiles](#)

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*Change Your Lifestyle Creating A Better World for Tomorrow*

**By SHAINA ROSENBLAT**  
**Staff Writer**



“Green marketing refers to the process of selling products and/or services based on their environmental benefits. Such a product or service may be environmentally friendly in itself or produced and/or packaged in an environmentally friendly way,” according to about.com.

Green Marketing is the distributing of products that are presumed to be safe for the environment. South Florida has a few markets for “going green.”

“I think going green is a great way for everyone to start helping the environment,” said Danielle Link, senior. “It is in a crucial state as it is and anything we can do big or small is important to keep our earth healthy.”

“Going green not only makes you feel better about the environment, but it makes you feel better about yourself too,” said Mollie Levy, senior.

The Boca Raton Green Market at the Royal Palm Place Shopping Center is held each Saturday from 8a.m. to 1p.m. Local growers contribute fresh fruits and vegetables to the market as well as fresh squeezed juices, many bakery goods, fresh seasonal fish and seafood, plants, soaps, nuts,

fresh herbs, fresh pasta, gourmet foods, fresh cut flowers and orchids. The market also sells gardening tools and offers arts and crafts, demonstrations and health information. Breakfast and samples of their food are also available. This event is sponsored by the Children's Museum of Boca Raton.

The Delray Green Market is held each Saturday from 8 a.m. to 1 p.m. until May 16. This market has become a popular facet of "the season" in downtown Delray Beach. The market offers produce, fresh picked citrus, baked goods, fresh flowers, blooming plants and unique gourmet fare as well as entertainment.

The Pompano Beach Green Market is held each Saturday from 8 a.m. to 1 p.m. This market provides fresh fruits and vegetables, juices, plants, baked goods, seafood, teas, coffees and health-related products and services. Visitors will also find art, books and historical images. The market also feature art shows, walking tours of Pompano Beach history, antique automobile shows, environmental exhibits and products.

### **Talk About It**

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## CAMPAIGNING PAYS OFF

April 7, 2009 by [Katie Black](#)  
Filed under [Campus](#), [Featured](#)

[Leave a Comment](#)

*Student Government Association Announces Election Winners*

**By KATIE BLACK**  
**Staff Writer**



Mohamed Abdalla reacts to winning SGA President.

“Campaign Week” recently occurred at Lynn where chalk lined the pavement around campus, along with banners and flyers.

Student Government Association (SGA) elections took place and the results of the newly elected leaders were announced.

Mohamed Abdalla was elected president along with Jennifer Rodrigues as vice president.

Other elected officials included: Armando Castillo as chief financial officer, Zach Welsh for Knights Activity Team (KAT) chair and Stephanie Hammerman who took the win for the RHA chair.

“I’ve been in KAT since the beginning,” said Welsh, freshman. “So I’m really looking forward to being in charge of it next year.”

Prior to the results being announced, Abdalla said, “I’ve been on the edge of the campaign area from 7:30 a.m. to 6 p.m. trying to encourage people to vote. If Jennifer and I win, I’m going to jump into the lake.” In the end, Mohamed Abdalla and Jennifer Rodrigues did take the win for president and vice president.

As of press time, Abdalla had yet to jump in the lake.



Taryn Hamill, Armando Castillo and Lynette Hidalgo

“I helped Mohammed and Jennifer with the campaign and was very happy with the outcome,” said Josh Gordon, freshman.

“Their speeches were great and they created a great deal of flyers. Taking all the flyers down was quite a large task.”

After the announcement, half the crowd screamed in joy and all the candidates from both sides were flooded with well wishes.

“I have bittersweet feelings for this year’s ‘Campaign Week’ because it is always full of so much excitement and this is sadly the last year I will get to take part in the festivities,” said Shannon O’Donnel, senior. “I am still waiting and hoping that Mohamed and Jennifer will jump in the lake.”

## **WORLDS MOST INEXPENSIVE CAR**

April 7, 2009 by [Samantha](#)  
Filed under [Green](#)

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*The Tata Nano Enters the Market During Tough Economic Times in India*

**By GISUNG**  
**Staff Writer**



Tata Nano is the world's cheapest car.

Indian car manufacturer, Tata Nano, is in the prospect of launching the world's cheapest car, costing just over \$1,900. Tata hopes the 10-foot, five-seater car will be cheap enough for not only the poor people in India, but also people in the world who care about turning the environment into a greener place.

The four door, Tata Nano, has a 33 hp engine in the back, lacks airbags, air conditioning, radio or power steering, however it offers a great sense of space for the size that it offers. Moreover, the owner of Tata claims that it would be one of the cars with the least amount of CO2 released into the atmosphere.

This car is a great addition to the changing world today, as governments in the world make an effort into changing the world into a greener area. Consumers now are considering long-term effects such as, Global warming and climate change.

## **MAKING ROOM FOR VROOM**

April 7, 2009 by [Samantha](#)  
Filed under [Campus](#)

[Leave a Comment](#)

*Policy Opens Staff Parking to Students On the Weekends*

**By MELANIE SHANKEN**  
**Staff Writer**



Hunter Blankenship, junior, is excited for the new parking policy. Staff Photo/ Brittany Hutchinson.

A new parking policy has been initiated at Lynn University that allows students to park their cars in the staff parking lots on weekends from 7 p.m. on Friday until Monday at 7 a.m. The revised parking rule now in effect includes all students who live on campus as well as commuter students.

Staff and faculty parking lots are situated in accessible locations around campus. This will make weekend parking easier and safer for students who live in the dorms as well as for off campus students coming to visit friends or to use the library or other facilities available on campus during the weekends.

“I think the parking policy needed to be changed and the university needed to answer the call of the students. Because most colleges like Lynn have parking issues and have an open parking policy on the weekend, it makes sense for Lynn to do the same thing,” said Ryan Brooks, junior.

The reason for the change was due to a concern brought up by the students. Vice President for Student Development Phil Riordan wanted to reach out to students and give all the opportunity to park, only on the weekends, wherever they want. “I think the new parking policy will be more beneficial to the students who live on campus as opposed to the ones that live off,” said Ashley Feldman, senior.

Ordinarily, freshmen residents with orange stickers had to park in the North lot, which is a far distance from the dorms. Upperclassmen that live on campus have red stickers and can park by the resident halls, but there is tough competition for the best parking spots closest to the buildings where they live. The new policy creates a better chance for all students to park closer to their rooms when they get home after going out during the day or at night on the weekends.

This policy may actually be a welcome change for the students who live off campus as for the on-campus students. Commuter students at all levels of academic standing have had to park at

the North lot or at the ASSAF lot during the weekends. “I’m happy that there will be more parking options at least on the weekends,” said Nicole Levinson, senior.

Reactions to the parking policy changes have been positive, and hopes are high that more changes will be in store for the future. With the modifications that have taken place regarding weekend parking, there is optimism that a weekday amendment is not far behind. “It would be great if there were more convenient parking options every day on campus,” said Mike Porter, junior.

As the new parking policy creates more spaces for students’ cars, it may also generate anticipation of more change to come. For now, being able to park in the staff parking lots on weekends is a great start, an encouraging change for Lynn and all the students who will benefit from this positive development.

## CALM DOWN, RELAX AND ENJOY

April 7, 2009 by [Samantha](#)  
Filed under [How To](#)

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*Lindsey’s Advice on How to Manage Stress on a Day to Day Basis*

**By LINDSEY CARUANA**  
**Staff Writer**



Stress manages to sneak its way into many lives, making it harder to cope with an already hectic schedule. It is important not to let stress get the best of any situation, so it is helpful to keep these tips in mind when coming across any undesirable tension. “I am so stressed with everything right now,” said Shannon O’Donnell, senior. “Because I am graduating in 4-weeks, I have so much work that is due before then. I’m also trying to spend as much time with friends who I probably won’t see for a long once I move home to Massachusetts after graduation and try to find a teaching job.” The following steps are designed to help all manage stress.

The first step is to set the mood. In a world full of chaos it is most useful to create a calming environment to help unwind. Lighting is an important factor in mood altering, as dimmer lights will help relax the mind. Lighting candles is also a great way to help release daily pressures. Adding soothing music in the background will also positively add to a more serene existence.



The second step is to try yoga. According to mayoclinic.com, the ultimate goal of yoga is to reach complete peacefulness of body and mind, helping one to relax while managing stress and anxiety. Taking a yoga class once a week forces the “on the go” individual to slow down and maintain a more steady lifestyle. Yoga combines meditation with exercise, which helps to improve breathing and flexibility.

The third step is to make personal time. It is important to set aside some relaxation time. Partaking in events that are personally enjoyable will help lighten up those dark days, whether it is curling up with a good book or getting a well deserved massage.

The fourth step is to write a stress journal. One of the healthiest ways to release negative tension is to write it down in a journal. Ultimately; putting negative thoughts down on paper permits freedom, which allows more room for positive thoughts. Since these are personal thoughts, no holding back is necessary—do not be afraid to let it all out. The more that is written the better.

## DEFINING THE AMERICAN DREAM

April 7, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*Battling the Recession and Hoping the Economy Will Improve With Tim*

By **KATHERINE PAXSON**  
Staff Writer



America is in a recession. As the economy worsens, the struggle to maintain, or even survive financially has become evident. As the country dives further into an economic crisis, many people have started to question the “American dream.”

The stereotypical cliché of the “American dream” paints a picture of a white picket fence and a dog playing in perfectly trimmed green grass. A steady job and a house in the suburbs was once the proverbial aspiration of every American citizen. However, this perfect depiction of American life has delineated to just surviving. In present day society, one is lucky enough to get a job, and

the accreditation of a college degree has been demeaned. America is in a downward financial spiral, thus, altering the perception of the “American dream.”

The financial depression existing in the country has affected people and their perceptions of success toward this perception. People are beginning to realize that maintaining some form of stability and happiness is a more reasonable goal than the extreme expectations of oblivious consumers.

“By the time I turn 35, I want to be content with my life and not have to worry about financial problems and political discrepancies,” said Kevin Rabinowitz, sophomore.

College students are pursuing higher learning to maintain a lifestyle that generations passed achieved at a much younger age.

With every corporate lay off, this relatively young nation is being redefined. This country is in disarray as the middle class suffers due to the decline in the job market. The question Americans are faced with in this time of change is what they believe and value to be success. Is it financial success, the family values, the cultural and religious freedoms endowed to us in the Constitution? What constitutes the “American dream” of an individual? As time progresses, this question will come to be what identifies America.

## KEYBOARDING TO HAPPINESS

April 7, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*Conservatory Student Enjoys the Education, Location and Life at Lynn*

**By GISUNG**  
**Staff Writer**



Jayanat Wisaijorn prepares for piano practice. Staff Photo/Gi Jun Sung.

Jayanat Wisaijorn, a pianist in the conservatory, enjoys his music studies at the university. Wisaijorn comes from Thailand. Born on April 14, 1989, he was first introduced to the piano when he was 9-years-old.

“I didn’t start playing this instrument because I wanted to, but because my mom forced me to,” said Wisaijorn. “But later I understood that force has its own beauty.”

Graduating from a high school in Thailand, Wisaijorn came to Lynn, after being recommended from peers and instructors.

“I came to Lynn University’s Conservatory of Music because it is notorious for its high quality professors and the quality of music that is produced,” said Wisaijorn.

Not only does Wisaijorn like playing the piano, but he also enjoys the luxury that Boca Raton has to offer for going to college in such a beautiful small town.

“I enjoy the sunshine a lot and as you may know, it is simply amazing,” he said.

According to his ambitions, music is not really a fundamental part of his life. In other words, Wisaijorn likes to learn everything that he can. He claims that in life, learning the most you can is key to success.

“Music is part of my life, but not all of it, I mean, great musicians don’t only study music, they study everything from different types of arts to philosophy to Shakespeare.”

Regarding the music, Wisaijorn can play; he states that he does not care how many songs he knows how to play on the piano because he believes that one should never stop learning.

“I love learning, not only music, though it is one thing I can’t ignore,” said Wisaijorn.

# HISTORY OF HISPANIOLA

April 6, 2009 by [Samantha](#)

Filed under [Politics](#)

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*The Island Christopher Columbus Called “Paradise”*



Zona Colonial, Santo Domingo, Dominican Republic.

The Dominican Republic was discovered on December 5, 1492, by Christopher Columbus during his first voyage to the New World. At that time the island of Hispaniola (as Columbus named it) was called “Quisqueya” by the Taino Indians who occupied the land.

With a population estimated around 600,000, the Tainos were peaceful and hospitable to Columbus and his crew of Spaniards.

Columbus himself grew a particular fondness for Hispaniola, describing it in his journal as “a beautiful island paradise with high forested mountains and large river valleys.”

Columbus’ admiration for Hispaniola coupled with his crew’s discovery of gold deposits in the island’s rivers led to the establishment of European settlements.



Dominican girls at carnival in Taíno garments and makeup.

With the presence of new settlements, the Taino Indians were put into slavery and over the next 25 years were wiped out. Simultaneously, the settlers began bringing African slaves to the island.

Columbus' brother, Bartholomew, was appointed governor of Hispaniola and in 1496 he founded the city of Santo Domingo. The capital city quickly became the representative seat of the Spanish royal court and therefore, a city of power and much influence.

Because of the predominance of livestock, initially introduced by Columbus, settlers sustained themselves by providing food and leather to Spanish ships passing Hispaniola on their way to the richer colonies on the American mainland. It is during this period of time that the pirates of the Caribbean made history.

The island of Hispaniola remained under Spanish control until 1697 when the western third of the island became a French possession. In 1791 a slave revolt broke out in Saint Domingue, and in 1794 the French abolished slavery.



Santo Domingo church built on top on Qorikancha ruins.

In 1809 the eastern side of the island returned to Spanish rule. In 1821 the Spanish settlers declared an independent state but just weeks later, Haitian forces invaded the eastern portion of the island and incorporated Santo Domingo.

On February 27, 1844, the eastern side of the island declared independence and gave their land the name “Dominican Republic.”

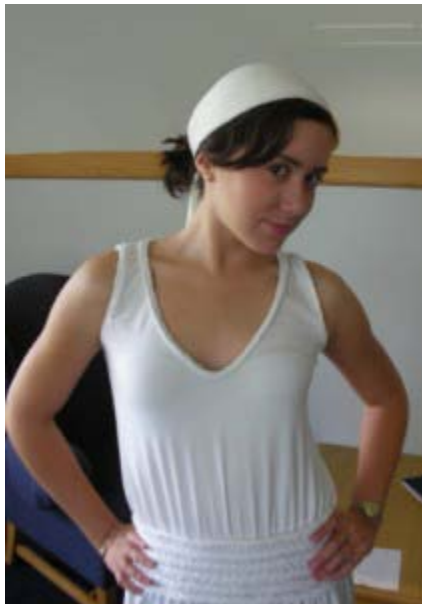
Source: Dominican Republic Tourism Board

# DOMINICAN REPUBLIC CULTURAL EXPERIENCE

April 6, 2009 by [Samantha](#)  
Filed under [Featured](#), [Politics](#)

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**By TYLER FORD**  
**Special to the iPulse**



Senior Raquel Baez smiles for the camera. LU Photo/Tyler Ford.

For many young men and women who study abroad it can be a difficult transition that can make the college road more challenging than it already is. Raquel Baez is not one of those students. A senior graduating in December, she wears her multicultural background like a loose garment. It is this attitude that has made her a remarkable young woman.

Baez was raised in Miami, but her family comes from the Dominican Republic. She spent her high school years living in the Dominican Republic before returning stateside to pursue her college studies. Baez is incredibly close with her family who moved back to the states to be close to her.

There are many things about the Dominican Republic that Baez loves, but most of all it is the people. “I love how open and friendly the people are and the sense of national camaraderie that exists,” said Baez. “The culture is one of a lighter vibe, yet still full of life and spirit.”

Living in the Dominican Republic has given Baez a true sense of where her family came from and has made her very grateful for the opportunities she has here in America. “I am truly impressed by how much opportunity there is in this country,” said Baez.

There are differences in the Dominican Republic with regards to development and government. Baez said that the political process is frustrating there, and there is much room for improvement.

Baez will graduate this year with a degree in communication with a specialization in media and politics. She recently interned at Rock Media in Miami, and she hopes to move to New York City upon graduation to pursue a career in acting and public relations.

## COUNTRY OF COLOR AND CULTURE

April 6, 2009 by [Samantha](#)  
Filed under [Politics](#)

[1 Comment](#)

*Dominican Republic is Delightful and Dazzling*



A view of the beach scene at Isla Saona in the Dominican Republic.

The Dominican Republic is a colorful tapestry of Spanish, French, Haitian and African influences woven by a rich and storied history. Christopher Columbus described this lush land as “a beautiful island paradise with high forested mountains and large river valleys.”

This statement is still as true today as it was in 1492. In addition to the comforts of sun, sea and sand, the Dominican Republic offers an exciting and unique cultural experience that will captivate the senses.

This is a destination like no other: a sensual feast of dazzling landscapes, exotic cuisine, and a remarkable variety of arts and entertainment options.

The pulse-pounding thrill of the merengue, intriguing relics from centuries past, premium cigars and even world-class baseball await visitors.

The Dominican Republic is a surprising place that will delight even the most experienced traveler.



El Conde street in Santo Domingo, the capital of the Dominican Republic.

The Dominican Republic enjoys warm tropical weather year round, so visitors should pack for paradise.

The spirit and charm of the Dominican Republic is captured in its music, food, and national pastimes.

Known for its professional winter baseball, handcrafted cigars, and annual music festivals, the culture of the Dominican Republic is never stodgy, or boring. It is always an artful and colorful expression of life.

Even the museums and archeological sites are vibrant, bringing the daring history of the Dominican Republic alive with antique treasures, dazzling jewels, and the cavernous time capsules left to us by a long lost culture. In the Dominican Republic, culture really means adventure.



The Dominican Republic also has a unique collection of natural rocks and gems that can only be found on the island. Near Barahona, a turquoise-blue pectolite stone known as larimar has been cultivated from the volcanic rock that once formed the island.

The country's most popular gem, amber, is the result of tree sap that hardened millions of years ago, sometimes capturing small plants, animals and insects inside. These two geological imprints are used in jewelry, sometimes together and other times in single pieces.

The country's museums and archeological sites intrigue adults and provide a historical lesson for children. From jewelry to religious artifacts, castles to caves, each venue showcases a vastly different aspect of the island's colorful heritage.

The country has done a magnificent job of maintaining and preserving these artifacts as well as the historical structures in which they are housed.

Visiting the Dominican Republic's major cities, especially Santo Domingo, tourists can easily become engrossed in the historical legends that accompany some of the oldest museums and archeological sites in the New World.

Source: Dominican Republic Tourism Board

## STUDENTS ENJOY LAW AND JUSTICE

April 3, 2009 by [Samantha](#)

Filed under [Campus](#)

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*Law and Justice Club Hopes to Serve as an Educational and Fun Program*

**By GI JUNG SUN**  
**Staff Writer**



The Law and Justice club, run by several members of the student body, consists of 15 solid members who devote their time into learning more about what goes in the world of crime today. The club meets every Thursday to discuss future events that are organized by the group. This club dedicates its time into visiting places such as prisons, real lawsuits and police stations.

“It is a club for everyone, not only for students with a criminal justice major,” said Megan Perry, senior and president of the Law and Justice Club.

Having initiated the club last year as a trial group, the club now is actually established and looks forward to accepting more people into its organization.

“It is a landmark tradition we want to keep at Lynn,” said Perry.

Professors Cindy Kerker and Karen Casey-Acevedo originally founded the club last year. However, the club did not get established until students began to attend meetings to discuss what law and justice meant in the world today. Megan Perry urges candidates to join the club.

“If you are interested in any area of topic relevant to law and justice, you should join. It is real fun,” said Perry.

## LYNN HOSTS RELAY FOR LIFE

April 3, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Lynn Community Unites Raising Money to Help Find A Cure*

**By CRISTIE KAUFMAN**  
**Staff Writer**



Selby Moore, sophomore and mother walk a lap.

Lynn University will be hosting The American Cancer Society’s Relay for Life event commencing tonight on the Lynn University soccer field. This event is to honor cancer survivors and to pay tribute to lives that were lost to the disease, as well as raise money to continue fighting it.

The opening ceremony for the event will begin at 4:30 p.m.. The way this special event will work is that there will be many different teams camped out on the Lynn soccer field and one member from each team will take turns either walking or running on the path that will be set up. There must be a member from each team on the track at all times. The event is designed to bring together a large amount of people to enjoy a fun event as well as raise money for the American Cancer Society.

Four out of ten patients who get cancer this year are expected to still be living five years after diagnosis. Would it not be nice to increase the number of survivors? Lynn students are

encouraged to get out and take part in the Relay for Life event this year. Throughout the night, t-shirts will be on sale for anyone to buy, and the proceeds of these sales will also go to the American Cancer Society.



Mohamed Abdalla lights sand bags for Relay ceremony.

This fundraiser is a celebration as well as a movement in the fight against a disease that kills 564,800 Americans a year, and more than 1,500 people a day.

Cancer survivors are invited to attend and help celebrate the lives that were saved due to everyday people who support the society. Come out and show support as well as help prevent the 1,228,600 new cancer cases that are expected to be diagnosed this year.

## HELPING HAND CAN CASTLE

April 3, 2009 by [Samantha](#)

Filed under [Campus](#)

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*Sigma and ZBT United To Help Underprivileged Children*

**By BEATRIZ LEWIS**  
**Staff Writer**



Students stack collected cans to form a castle. Staff Photo/Beatriz Lewis.

Zeta Beta Tau and Sigma Sigma Sigma united recently outside the Student Center to build a can castle for Boca Helping Hands food drive. Founded in 1998, Boca Helping Hands is a non-profit organization that offers help to under privileged children. Through teamwork, the students brainstormed ideas and worked together to build the grandest can castle the Lynn community has ever seen.

Originally the event was planned to be a contest between other Greek organizations on campus. “We (Zeta Beta Tau and Tri Sigma) decided to unite and make it into one big, great castle,” said Lee Zoretic, junior and president of the sorority Sigma Sigma Sigma. “I’m more than happy to help others who are less privileged.”

The sun got hotter by the second, but the students kept their drive. As more people gathered around to take pictures, they kept building and helping one another. The spectators watched as the castle grew. In the end, the students built a can castle of about 3 feet high and 3 feet wide.

When asked about the architecture, President of Zeta Beta Tau John Colon said, “I took some architecture classes in high school, and decided to put my skills into building the castle. Ever since I was a kid I loved playing with legos and building things, so I love this kind of thing.”

“About 300 cans were used to complete this masterpiece,” said Jesse Kopp, sophomore. “We’re going to donate all the cans to Boca Helping Hands and drop them off next week.”

Once again, Lynn University opened up their hearts and offered a helping hand to people in need. Lynn University’s strong knit community demonstrated kindness by providing aid to others in the local area.

## **BRACELETS ARE SO CHARMING**

April 3, 2009 by [Brittany Hutchinson](#)  
Filed under [Fashion](#)

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*The Classic Charm Bracelet Proves Again to be Both Timeless and Trendy*

**By BRITTANY HUTCHINSON**  
**Staff Writer**



Student shows charm bracelet. Staff Photo/Brittany Hutchinson.

One accessory many girls own is the ever-popular charm bracelet. This classic piece of jewelry allows for the collection of mementos to commemorate special occasions, achievements and trips taken throughout the years. There have been several trends lately that have created different versions of the accessory.

For instance, the popular designer Juicy Couture offers up one version to their fans. Juicy's version includes fun and girly charms such as high heels, lipstick and crowns. The basic bracelet goes for about \$42 with charms going for about \$35 and up.

Brighton, often known for their leather handbags, has put its own twist on the charm bracelet as well. They offer a unique and whimsical version that is easy to add to. The basic starter bracelet has a simple latch that allows for the charms to be added or taken off and switched around easily, which makes for a fun bracelet that can be changed to match the style or mood the wearer is in. The starter bracelet can be bought for as low as \$22. The charms themselves are sold for various prices starting as low as \$7.50 and come in the forms of state charms, birthstones, letters and numerous others. Brighton has expanded their charm collection to include necklaces, key chains and even earrings.

For those looking for a more modern style charm bracelet, many recommend Pandora. Pandora's version is unique, but can be costly as well. Different variations of the starter bracelets can be

purchased ranging from \$50 to more than \$1,000. Charms are also offered in a multitude of different styles and made from different materials including gold, silver and murano glass. Pandora's charms are sometimes higher on the price scale starting at \$25; however, they also have a great selection.

If it is a gift, a personal treat, or something to share with friends, there is sure to be a charm bracelet out there for almost any personality. No matter the style, this classic piece is sure to charm.

## WORLD RECOGNIZES HUNGER DAY

April 3, 2009 by [Katie Black](#)  
Filed under [Campus](#), [Politics](#)

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*Lynn Students Help Raise Awareness of the Hunger Problem Affecting Millions*

**By KATIE BLACK**  
**Staff Writer**



One of the many children living in poverty throughout the world. Photos/Aly Cannarelli.

“Every 3.6 seconds a person dies of hunger. 75 percent of them are children,” that is the message the Rotaract Club wants to get across to students. Students recently recognized Hunger Day on campus.

“Many Rotaract Club members fasted for an entire day to really understand what it is like to be hungry,” said Vir Philip, senior. “They had no food and no water for 24 hours.”

The club was founded in North Carolina on March 13. It is a community service organization that branches from the International Rotary Club. However, Senior Vir Philip decided his freshman year to start the young adult version, here at Lynn. Philip, now a senior, says that leaving his club behind will be one of the heartbreaks of leaving Lynn in May.

From 11 a.m. to 1 p.m. a table was set up in between the cafeteria and Christine’s Room. Club members hung up signs throughout the campus with facts stating things such as, “Six million children under the age of five die every year as a result of hunger.” One sign hung from the student center desk that read, “963 million people across the world are hungry.”

“Hopefully, students will really think and try to understand these sad, sad statistics. It’s nice to see that an organization is really trying to bring light to an issue that most of us ignore,” said Keeley Mulvuhill, junior.



## TECHNO TAKES OVER FLORIDA

April 2, 2009 by [Samantha](#)

Filed under [Entertainment](#)

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*South Florida Hosts the Annual Ultra Music Festival*

**By ADAM GOLDBERG**  
**Staff Writer**



DJ spinning tunes at the Ultra Music Festival. Photos/Adam Goldberg.

Techno took over Miami recently with the annual Ultra Music Festival. It was one of the hottest events to hit South Florida with more than 150 DJs and an extreme amount of fun.

Techo music can be defined as electric dance music that emerged in the mid to late 1980s.

Some of the big name acts that performed ranged from Tiesto to the Black Eyed Peas. There were several stages at the event to provide a variety of sounds for all.

# SHADES OF SOUTH BEACH

April 2, 2009 by [Samantha](#)  
Filed under [Fashion](#)

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*OPI Introduces New South Beach Nail Polish Collection*

**By MELANIE SHANKEN**  
**Staff Writer**



The “South Beach” OPI Collections new colors.

It’s going to be a colorful spring judging by the 12 new nail polish shades developed by OPI that have been seen on nails and toes around campus and around town. The nail polish company OPI has come out with the “South Beach” collection that includes a range of colors to compliment this season’s must have fashions.

Miami’s South Beach is known for fashionable boutiques, a beautiful beach and a nightlife that shows off the hottest people and fashion looks. The “South Beach” nail polish line is a reflection of the warmth and glamour of its namesake and the perfect accessory to make any look more special.

The collection consists of colors that reflect a variety of choices to suit any style. The color palette includes shades of pink, coral, purple, lilac, nudes, bronze and reds.

“I love the new South Beach collections for OPI,” said Amanda Heidel, senior. “I try to get a new color each time I go.”

Sun kissed shimmers such as “Bronzed to Perfection,” “Conga-Line Coral” and “Clubbing til Sunrise” are warm tones and a great compliment to a tan. Deco pales include the colors “Sand in my Suit,” “Done out in Deco” and “Suzi & the Lifeguard.”

The colors are already getting fans. “My favorite color out of the new collection is definitely the color ‘Done out in Deco,’” said Allie Mintz, junior. “I love how the purple looks on my nails.”

To compliment a more adventurous side, the exotic tones in roses and oranges “Party in my Cabana,” “Feelin’ Hot-Hot-Hot,” OPI on Collins Ave.,” “Paint my Mojo Red” and the fierce purples called “Overexposed in South Beach” and “Miami Beet” enhance any mood.

New color choices were a welcome addition to the OPI line. “OPI really needed to come out with new colors, I was getting bored with the old ones,” said Erika Schwartz, senior. If the “South Beach” polish collection is any indication, the colorful springtime ahead will be anything but boring.

## SIGNS OF MENACING MENINGITIS

April 2, 2009 by [Samantha](#)  
Filed under [Campus](#)

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*Lynn’s Health Center Discusses Meningococcal Disease and Vaccination*

**By ASHLEY PHILLIPS**  
**Staff Writer**

Meningococcal disease, also known as Meningitis, is a serious illness caused by bacteria, which is most commonly seen in children ages two-19. It is an infection of fluid surrounding the brain and the spinal cord, and may also cause blood infections.

The majority of Lynn students know what Meningitis is, and that it is a serious illness. They also receive their vaccinations in order to prevent getting the disease.

“I do have all my vaccinations. Being an education major and spending most of my time at schools, you need to be vaccinated,” said Meredith Morgan, senior.

There are students, however, that have not yet had their Meningitis vaccination.

“I thought I had my vaccination for Meningitis, but now that I think about it, I don’t think I ever got it,” said Max Silver, junior.

Menactra is the vaccine used to prevent Meningitis, but only protects from the bacterial form. There is no vaccine for the viral form yet. Students should avoid sharing drinks and utensils at all times.

Incoming students are required to get the vaccination for Meningitis before attending college, especially if living in the residence halls.

“We do provide vaccinations for Meningitis on campus. We usually give a bulk of them during registration, and it is required for students to have it,” said Rita Albert, health center director.

Meningitis is very similar to the common flu, and individuals should be careful when watching for symptoms. The most common symptoms for Meningitis are headache and stiff necks associated with a fever, confusion and consciousness and being unable to tolerate light and loud sounds.

“In my last five years, I have only seen one case on Lynn’s campus, which was a really high fever,” said Albert. “The percentage is really low if students have the vaccine.”

Students were asked how long they typically wait out an illness before seeking medical attention.

“I do not wait that long to go to the doctor, but it also depends on what I have,” said Morgan. “If it’s a simple cold, I call my boyfriend’s father who is a doctor to find out what I need to take.”

Silver stated, “I usually ride it out for a week or try to sweat it out on the treadmill for a couple miles.”

Infants or children that get Meningitis usually show symptoms of a cold or runny nose, diarrhea and vomiting.

They receive the same kinds of symptoms as an adult would get, but also skin rashes, seizures and jaundice.

Without a vaccination or early diagnosis Bacterial Meningitis can be a deadly illness. Once the bacteria targets the spinal cord or brain, it can cause severe inflammation to the protective membranes surrounding those areas.

“When I was a camp counselor at the local YMCA back in my hometown, one of my campers died of bacterial Meningitis at the age of 12,” said Morgan.

There are many signs to look for if one feels like they may have Meningitis. When in doubt, seek medical attention.

Albert believes that any college student should receive the Meningitis vaccination to be protected from the deadly illness.

## **JOIN THE TWEETING TREND WITH TWITTER**

April 2, 2009 by [Samantha](#)  
Filed under [Technology](#)

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*The Latest Social Networking Phenomenon That is Sweeping the Nation*

**By WILLIAM HARTIGAN and  
LINDSEY CARUANA  
Staff Writers**



Twitter Logo.

The new cultural phenomenon that is sweeping the nation recently is Twitter. Twitter is a new unique twist on social networking websites and blog sites, one that has become popular very fast with almost everyone. Many may question what makes Twitter different from other social networking sites? “I think Twitter is great, although all my friends are on Facebook, I feel that Twitter is much more personal and direct, and allows you to express yourself in a unique way,” said Kelcey Wheeler, junior.

The site allows participants to stay continually updated on what other members are doing by sending or receiving posts, known as Tweets.

A Twitter user can also have their tweets sent directly to their cell phone, so that accessibility is of the utmost convenience. This social site allows its members to feel as though they have a direct connection with someone even if they have not personally met this individual, as tons of celebrities are now using Twitter. Sean “Diddy” Combs spoke about Twitter while on the Ellen DeGeneres show by saying, “It enables you to follow your friends and people that you are fans of, right now I’m at like 100,000 friends, and I’m the number one guy on Twitter.”

Although Twitter has received raving reviews, there have been a few drawbacks to the site. Due to the overwhelming popularity the site has gained in such a short period of time, Twitter tends to shut down and read “Too many tweets! Try again later.” There have also been complaints of receiving tweets at unconventional hours which could begin to feel like more of an annoyance than an advantage. If a user decides to have their tweets sent to their cell phone, sky rocketing phone bills can also come into play as a negative factor.

## **ARE YOU READY FOR LU RUGBY?**

April 2, 2009 by [Samantha](#)  
Filed under [Athletics](#)

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*Lynn's Intramural Rugby Team Revs Up for the Spring Season*

**By TIM DENBY**  
**Staff Writer**



Lynn's rugby team. Photo/Tim Denby.

The Lynn University intramural rugby team has resumed practice for the spring semester. The rugby club was started three years ago with the help of faculty member Dylan Kendrick. Kendrick is a native South African, but has been in the states for sometime now since graduating from Lynn. Lynn has played against Miami, FAU, Eckerd and the Boca men's team.

Getting involved is easy. Information is available at the gym located in the Lynn Residence Hall. The contact aspect of the sport is not as intimidating as it may seem, however, it is important to be in good physical shape. Matt Sutton, senior, said, "The physical contact aspect is great." Practices are fun, but can be mentally and physically demanding.

Jorge Molina, junior, a strong and aggressive player from Bolivia, leads the Knights. Molina transferred from Albright to Lynn a year ago and has helped take the rugby team in large strides.

The rugby team opened up the spring season with a match against the Miami Hurricanes in Miami.

## **WEATHERING THE ECONOMIC CLIMATE**

April 2, 2009 by [Samantha](#)  
Filed under [Politics](#)

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*The Uncertain Economy and Its Effects On the South Florida Community*

**By SHAINA ROSENBLAT**  
**Staff Writer**

The current state of the economy is dismal, by anyone's standards. Living in Boca Raton everyone sees the many changes in people's lifestyles and habits. This recession is affecting everyone even the super rich who have lost fortunes in the stock market and businesses. The unemployment rate is very high and many talented people cannot find jobs or even go into business as they do not have the money, and banks are not lending it to them.

Watching the community, there are several observations. In the local shopping mall there is an obvious visual drop in the quantity of crowds. Retailers are reporting dismal sales such as Sears have reported very large drops in their sales revenue. Families are simply not shopping as much, especially in the expensive stores. Discount chains such as Wal-Mart are reporting to the news that sales are still average. This is simply because they offer many of the same goods and services for a lot less.

"No one can afford to buy the luxury items they want or used to at this time, so all the businesses are suffering," said Danielle Link, senior. "Some companies are closing and going out of business and unemployment is at its highest."

Local residents, as well as students, are simply not doing the lifestyle things they used to do as students at Lynn have said that their parents are urging them to be very careful and not spend too much money.

"The economy right now is at its worst, the last time it was this bad was the stock market crash," said Link. "I even heard some as comparing it to the Great Depression. Although it is at its worst in years, I wouldn't exactly compare it to the Great Depression. It has not only affected the entire United States, but the rest of the world has been hit as well."

It seems a little hard for many of the students to really understand all of this since they are not out in the real world yet. They have become accustomed to a lifestyle, which now must change. Ron Rosenblat, a Lynn parent who is in his own business, said that he "has never seen it this bad in his thirty years of being in business."

"My parents have made me cut down a lot on shopping which is understandable," said Mollie Levy, senior.

There also appears to be much personal embarrassment among many of the people as to not being able to continue on the path of "high living." Even though most are suffering, there still seems to be embarrassment at not being able to eat out a lot or shop as much. "The economy is so bad right now I have had to put myself on a strict budget," said Noah Sills, senior.

The entire climate seems to be changing in the community as well. Now it seems not to be appropriate to spend money foolishly or buy outlandish things. There seems to be a new acceptable culture of finding bargains, driving reasonable cars, shopping at discount stores and finding great meals at good prices.

# X-TREME AIR TAKES FLIGHT

April 2, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Brave Students Get The Experience Of Their Lives While Soaring High*

**By BEATRIZ LEWIS**  
**Staff Writer**



Stephanie Hammerman takes flight during X-treme Air. Photos/Carolina Gonzalez.

Students eagerly took the opportunity to participate in X-treme Air on campus. With their vertical wind tunnel, students were able to experience the feeling of free falling. Everyone had to wear the safety gear that was provided by the X-treme Air instructors, which consisted of a helmet, a jump suit, goggles and earplugs.

Students were sent in groups of six to an instructor and formed a circle. They were taught the different techniques on how to contort the body and move up or down the jet stream. After they mastered the techniques, the students put on their gear, and were led up to the wind tunnel. Each student anxiously awaited their turn as they watched their peers and took pictures of each other in the wind tunnel.

“It was so much fun,” said Perla Cruz. “I had a really good time, but it was little scary because it’s hard to know what was going on.”



Knowing that there would be supervision and guidance in the wind tunnel, the students were more relaxed and excited than scared. Students were blown between three and five feet into the air under the supervision of the instructor.

“It wasn’t scary at all,” said Maria Trejo. “It was definitely worth it.”



Stephanie Hammerman takes flight during X-treme Air. Photos/Carolina Gonzalez.

As students climbed down the wind tunnel, they ran up to their friends, started laughing and telling their stories.

“It was really cool,” said Mariana Trejo. “I had fun; I don’t know why more people didn’t sign up.”

The students were absolutely blown away by the X-treme Air experience.

## LYNN'S FIGHT AGAINST CANCER

April 1, 2009 by [Samantha](#)

Filed under [Campus](#)

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*Relay For Life Returns to Lynn Raising Awareness and Donations*



Relay for Life returns again this spring semester to help raise awareness and money for cancer.

The Lynn community volunteers their time for Relay each year, always seeming to outshine the year before.

Come show your support from 4 p.m. until 8 a.m. Saturday morning, April 4. The Relay for Life Committee promises movies, food, music and fun throughout the 18 hour event. For more information, visit [www.relayforlifef.org/lynnuniversityfl](http://www.relayforlifef.org/lynnuniversityfl)

## HAND CAUGHT IN THE COOKIE JAR

April 1, 2009 by [Katie Black](#)

Filed under [People](#)

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*Madoff Pleads Guilty After Embezzling Millions From Wealthy Clients*

By **KATIE BLACK**  
Staff Writer



Bernard Madoff arrived at Manhattan's federal court to plead guilty to eleven counts of felony recently. After Madoff's guilty plea, he was immediately escorted to jail. According to MSNBC.com, Madoff's lawyers were attempting to withdraw his \$10 million dollar bail judge that U.S. District Judge Denny Chin ordered.

However, after the 70-year-old investment banker pleaded guilty, telling the judge he was "deeply sorry and ashamed," the bail was revoked. Considering he ran the largest financial scam in Wall Street History, Madoff is facing 150 years behind bars and mandatory restitution.

The public will have to wait and see on June 16 what kind of sentencing Madoff receives. He cheated about 5,000 investors out of billions of their life savings. Most of who showed up in the courtroom. "I hope he gets everything he deserves," said, Mafer Trejo, senior. "It's sickening that someone would even think of doing such a twisted scheme like that."

Bernard L. Madoff had his own investment securities firm, which claimed to invest funds for his clients. Now authorities say Madoff never went through with any of the transactions, instead he placed all the money in his own pocket.

Madoff had a penthouse in Manhattan, one in France and another in West Palm Beach, which equaled a total of \$22 million dollars.

Now coming into question is the rest of Madoff's family. A list that includes his two sons, Mark and Andrew, his wife, Ruth and his brother, Peter; trying to determine if they helped out in any way. Investors and others feel that Madoff had accomplices, which Madoff denies.

Victims included individuals, trusts, pension funds and non-profit organizations. This discovery even caused two investors to commit suicide. "The whole thing makes me wonder if the economy wasn't in such a bad state, how much longer would this of gone on for," said, Renee Lanteigne, junior.

## **APRIL FOOLS DAY HISTORY FACTS**

April 1, 2009 by [Samantha](#)  
Filed under [Entertainment](#)

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*The Crazy and Fun Holiday Actually Has Great Meaning From France*

**By AMANDA TOMEK**  
**Staff Writer**



Funny April fools prank at office.

With today being April Fools' Day, students and faculty members have been racking their brains to come up with the best prank.

April Fools' Day, often a day filled with pranks and hilarious schemes, is traced back to the late 1500s in France under the rule of Charles IX. When the Gregorian Calendar was introduced New Years day had been changed from the first of April to the first of January. Information traveled at a slow rate during this era and some were still uninformed of the change years later. These people were branded "fools" for still celebrating the New Year in April. They were subject to practical jokes and ridicule, which evolved over the years and eventually spread to other countries during the 18th century.

Today, many have gotten into the spirit. "I love April Fools' Day," said Erika Schwartz, senior. "The best prank I've ever witnessed happened to my roommate last year. Someone put a PS3 up for sale on Craigslist at a ridiculously low price along with her cell phone number. She probably got a million calls over the next week from prospective buyers. It was hilarious!"

Senior Tara Cherry pranked one of her friends last year. "I ripped the last three pages out of the book my best friend was reading. I replaced the ending of her story with a note saying where she could find the last few pages! I thought it was much funnier than she did."

April Fools' Day is a worldwide holiday loved and hated by many, all depending on the prank. It is recommended to make sure to keep a guard up this year and remember to give all what they have coming.

## **HELP WANTED: SHIELD MENTOR**

April 1, 2009 by [Samantha](#)  
Filed under [Campus](#)

[Leave a Comment](#)

*Resident Life's Shield Program is Searching for New Candidates for Fall*

**By MELISSA SCHAEFFER**  
**Staff Writer**



Trinity freshman during one of their programs. Staff Photo/Carolina Gonzalez.

In preparation for next year, the Shield program has searched for new employees and activities to help improve their program. The Shield program is currently a freshman mentoring program designed for networking and education. Each freshman is assigned a mentor that they can go to for anything at anytime.

The Shield group holds programs each month that are fun and educational to help new students transition into college life.

“We are here if you ever need to talk or have an important question and we don’t get you in trouble,” exclaimed Hattie Ruehl, senior and second year mentor.

The Shield program is working to be new and improved beginning in the fall of 2009. New additions will include three programs a month instead of two, upperclassmen will have Shield mentors and each student’s mentor will live in the same resident hall as their students.

The hiring process for new mentors contained a one page written application and an interview. The student applicants must be an undergraduate with a minimum cumulative GPA of a 2.8. In the interview process, prospective mentors interviewed in pairs with a 7-10 minute educational presentation relative to college students, and later, alone, for 5-7 minutes with current Shield members and residence life professionals.

“We are looking for students who are engaging, friendly, good communicators and excited for the position,” said Victoria Frost, current supervisor of the Shield Program and DeHoernle Residence Hall director.

Some benefits to becoming a Shield mentor this upcoming year will be priority housing, options for a single room, an \$800 per semester stipend and \$1500 for off-campus housing per year. In addition, mentors are personally rewarded by meeting many new people, knowing they helped new students get settled in to campus life and having fun getting involved.

# SMALL CONCEPT IS A BIG HIT

April 1, 2009 by [Samantha](#)

Filed under [Entertainment](#)

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*The New iPod Shuffle Debut's in Uncertain Economy*

**By BILLY HARTIGAN**

**Staff Writer**



If there is one thing that college students are passionate about its music, but with so many music players available it's hard to pick the one that suits your needs. Apple is here to try and save you some time with the new iPod Shuffle. This new device is not just a reshaping of last years edition, which is what Apple is notorious for doing, this is a complete overhaul of the product, and let me say it's phenomenal.

The biggest feature on this iPod is that it has a voice feature, VoiceOver. Almost everything that is on your iPod can be read by VoiceOver. VocieOver allows the shuffle to announce what song you are listening to, the album and the playlist.

"I absolutely love how compact the new iPod shuffle is," said Hunter Blankenship, junior. "It fits neatly and perfectly in my back pocket or in the palm of my hand. It is not cumbersome at all when I go for a mid afternoon jogs."

Among other features the memory has been raised from 2 GB to 4 GB, offers almost 1000 more songs, is even smaller than previous iPods and comes in many variations of color. One thing that was always a problem with the shuffle was the small buttons on it, this is something that Apple has fixed by moving the controls to the headphone plug, which makes it much easier to switch a song or the volume on the move.

The new iPod Shuffle is a great digital music player that really allows one all the things they would want. If you are looking for a new iPod, I would strongly suggest investing in the Shuffle.

# BIG LU HELD HOSTAGE

April 1, 2009 by [Samantha](#)  
Filed under [Campus](#), [Featured](#)

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*Graduation Ceremony Suspended Until Lynn's Mascot is Returned*

**By SCOTT PLUMB**  
**Assistant Editor**

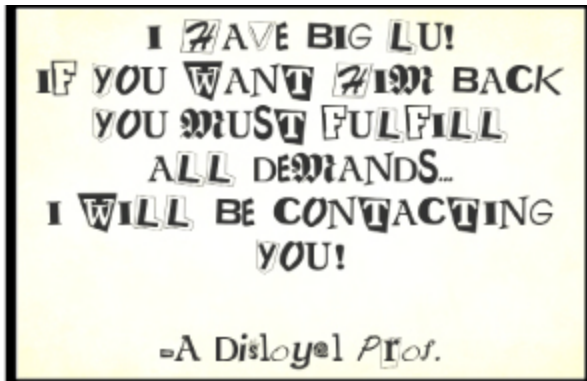


The picture of Big LU bound left by the kidnapper along with the ransom note. Photo/A Disloyal Prof.

The iPulse staff regrets to inform the Lynn community that the beloved mascot Big LU was abducted in the middle of the night.

A ransom note and pictures of Big LU gagged and bound was left on the iPulse's desk with demands.

The ransom note was signed as "A Disloyal Prof." Furthermore, it is believed this is an anagram code name for the true identity of the assailant. It is thought that the kidnapper might be a Lynn University student or staff member because the only vehicles on or off campus at that hour were ones with parking decals.



Lynn University is greatly displeased with events that have taken place and will not give into these demands. An executive decision has been made to suspend the Lynn University Commencement Ceremony until the kidnapper comes forward.

"I am deeply upset that my parents will not be able to see me walk and receive my diploma," said Carly Dorfman, senior. "I hope the kidnapper comes forward and releases Big LU. The university is not the same without him."

The iPulse hopes that students will take action, investigate and identify who the mastermind behind the operation is.

The iPulse was able to retrieve a copy of the ransom note which is attached (see page 2). Anyone with information that could lead to the safe return of Big LU is urged to contact the iPulse.

HAPPY APRIL FOOLS DAY!



