1	Stability test of nove	l combined formulated	l dry	powder inh	nalation system
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2 containing antibiotic: Physical characterization and *in vitro-in silico* lung

# 3 deposition results

- 4 Edit Benke<sup>a</sup>, Árpád Farkas<sup>b</sup>, Imre Balásházy<sup>b</sup>, Piroska Szabó-Révész<sup>a</sup>, Rita Ambrus<sup>a</sup>\*
- <sup>5</sup> <sup>a</sup> Institute of Pharmaceutical Technology and Regulatory Affairs, University of Szeged, Szeged,

6 Hungary

- <sup>7</sup> <sup>b</sup> Centre for Energy Research, Hungarian Academy of Sciences, Budapest, Hungary
- 8 \*Corresponding author:
- 9 Dr. Habil. Rita Ambrus PhD
- 10 e-mail: arita@pharm.u-szeged.hu
- 11 Tel: +36-62-545-572
- 12

#### Abstract

Objective: The aim was to study the stability of dry powder inhaler (DPI) formulations
containing antibiotic with different preparation ways -carrier-based, carrier-free, and novel
combined formulation - and thereby to compare their physicochemical and *in vitro-in silico*aerodynamical properties before and after storage.

Significance: Presenting a novel combined technology in the field of DPI formulation including
the carrier-based and carrier-free methods, it is the most important reason to introduce this
stable formulation for the further development of DPIs.

9 Methods: The structure, the residual solvent content, the interparticle interactions, the particle
10 size distribution and the morphology of the samples were studied. The aerodynamic values were
11 determined based on the Cascade Impactor *in vitro* lung model. We tested the *in silico*12 behaviour of the novel combined formulated samples before and during storage.

**Results:** The physical measurements showed that the novel combined formulated sample was the most favourable. It was found that thanks to the formulation technique and the use of magnesium stearate have a beneficial effect on the stability compare with the carrier-based formulation without magnesium stearate and carrier-free formulations. The results of *in vitro* and *in silico* lung models were consistent with the physical results, so the highest deposition was found for the novel combined formulated sample during the storage.

19 Conclusion: It can be established that after the storage a novel combined formulated DPI 20 contained amorphous drug to have around 2.5 µm mass median aerodynamic diameter and 21 nearly 50 % fine particle fraction predicted high lung deposition *in silico* also.

Keywords: novel combined formulation, pulmonary drug delivery, ciprofloxacin
hydrochloride, sodium stearate, magnesium stearate, *in silico* assessment, interparticle
interactions

#### 1. Introduction

2 Cystic fibrosis (CF) is an autosomal recessive hereditary disease, caused by mutations in the gene that encodes the cystic fibrosis transmembrane conductance regulator (CFTR) protein 3 [1,2]. Due to the mutation, ion transports are modified through the membrane of airway 4 epithelial cells. As a result, the pH of the airway surface liquid is lowered, the mucus is 5 6 concentrated, mucociliary clearance efficiency is decreased, and the inflammation causes 7 mucin hypersecretion, which promotes bacterial infection [3–6]. "Polymicrobial" infection – which is defined as an individual patient at a particular point of time infected with a number of 8 9 different organisms - is characteristic of CF. The most typical bacteria are: Pseudomonas aeruginosa, Haemophilus influenzae and Burkholderia cepacia (Gram-negatives); 10 Staphylococcus aureus (Gram-positive). Haemophilus influenzae and Staphylococcus aureus 11 12 cause the early infections of CF respiratory tract, then *Pseudomonas aeruginosa* becomes the most significant pathogen in adulthood [7]. In CF more effective anti-infective and anti-13 inflammatory treatments are required to control ongoing inflammation, tissue destruction, and 14 exacerbations. Therefore the formulation of potent inhaled agents would offer significant 15 benefits for the prevention and treatment of pulmonary bacterial infections. The key challenges 16 of the therapy for airway inflammation, structural changes and mucociliary dysfunction are 17 opportunities for novel inhaled drug formulations [8,9]. 18

Ciprofloxacin hydrochloride is the hydrochloride salt form of ciprofloxacin. This drug is a second generation fluoroquinolone antibiotic, which is a fluorinated derivative of nalidixic acid [10,11]. Ciprofloxacin is effective against both Gram-positive and Gram-negative microorganisms. In point of its mechanism of action, the main target is the bacterial enzymes DNA gyrase (topoisomerase II) in Gram-negative bacteria and topoisomerase IV in Grampositive bacteria [12,13]. Therefore, it may be used for respiratory bacterial infections in patients with CF [14].

Drugs (e.g. antibiotics) can be delivered via the pulmonary route for the purpose of achieving 1 local and systemic effects. This type of drug delivery has many advantages. For example, it 2 should be noted that by circumventing the gastrointestinal tract, the drugs reach the C<sub>max</sub> value 3 in the blood within approximately 1-3 minutes [15]. By avoiding the first-pass effect of the liver 4 and the enzymatic inactivation of the gastrointestinal system as metabolic pathways, the use of 5 lower doses of active agents is sufficient to induce the same therapeutic effect. Thus, the side 6 7 effects profile could be modified. In addition, pulmonary drug delivery is a non-invasive therapeutic procedure, which does not cause pain or tissue damage [16,17]. However, at present 8 only three inhaled antibiotics (tobramycin, aztreonam and colistimethate (sodium)) are on the 9 10 market [18]. The use of the dry powder inhalers (DPIs) offers outstandingly many benefits: propellant-free, easy to use, portability, increased stability, less need for patient coordination, 11 etc. [19–21]. 12

The specialized literature fundamentally separates carrier-based, and carrier-free systems based 13 on the formulation of DPI systems. Both formulations have advantages and disadvantages. Most 14 15 of the DPIs available on the market are made with carrier-based formulation, which involves applying the active ingredient particles to the surface of a large carrier particle by forming an 16 interactive physical mixture. The use of carriers is an advantage in the case of active ingredients 17 18 that have a strong cohesive property, the flow properties of the composition are improved, applying of the small doses of the active substance could be easier by dilution with carrier, and 19 the taste of the carrier confirms successful inhalation by the patient [22–24]. However, most of 20 these compositions do not yet have outstanding lung deposition. These formulations have an 21 22 average of 20-30 % fine particle fraction (FPF), meaning that the drug reaches the deeper layers 23 of the lungs in a low percentage [25]. In the case of carrier-free DPI systems, the use of special excipients (e.g. L-leucine) and technologies (e.g. co-spray-drying) makes the application of a 24 large carrier avoidable. Generally, these systems have low density and special morphology. 25

However, they have around 50-60 % FPF results due to the apparent high cohesive properties between the active ingredient's particles [26,27]. Many publications deal with the development of DPI containing ciprofloxacin or ciprofloxacin hydrochloride [12,28–33]. A serious challenge of our previous work was using the benefits of these two formulations (applying 1:10 ratio and current inhaled antibiotics are ~100 mg), the novel combined formulation (a co-spray-dried drug blended with surface modified lactose) produced by us resulted in a higher FPF value than the carrier-based and carrier-free DPI formulations [18].

The aim of the present work was – on the basis of the aforementioned publication [18] – the 8 9 stability testing of the carrier-based formulation; carrier-free formulation and novel combined 10 formulation DPI systems, which contain ciprofloxacin hydrochloride. Before and after the storage we investigated the morphology, particle size and structure changes of prepared 11 formulations, as well as the modification of interparticle interactions, and mainly how these 12 physical changes influence the *in vitro* aerodynamic parameters. Furthermore, our aim was to 13 carry out computer simulations of lung deposition (from now on termed as *in silico* modeling) 14 15 at the stability test times with the novel combined formulated samples and compare these results with the *in vitro* aerodynamic results. 16

17

18

#### 2. Materials and methods

#### 19 2.1. Materials

Micronized ciprofloxacin hydrochloride (µCIP) (D50: 5.09 µm), was kindly provided by Teva
Pharmaceutical Works Ltd. (Debrecen, Hungary). Lactose monohydrate, Inhalac<sup>®</sup> 70 (IH 70)
(D50: 215.00 µm) was obtained from MEGGLE Group (Wasserburg, Germany) and used as a
carrier. Magnesium stearate (MgSt) (D50: 6.92 µm) was applied as a surface modifier (SigmaAldrich, Budapest, Hungary) of the carrier [34]. Sodium stearate (NaSt) (Alfa Aesar, Heysham,

United Kingdom) was used for a surface modifier of the co-spray dried particles [35]. Both of
 them are frequently applied moisture protective agents [36,37].

3 2.2. *Methods* 

#### 4 2.2.1. Preparation of the samples

For the stability test, we again produced the samples which had been examined in our previous 5 work [18]. We prepared carrier-based, carrier-free, and novel combined formulated DPI 6 systems. Table 1. contains the w/w % compositions of these samples. The carrier-based 7 formulation ( $\mu$ CIP+IH70) – as a reference [38] – was prepared with mixing in 1:10 [39] mass 8 9 ratio of the drug and carrier by turbula blending (Turbula System Schatz; Willy A. Bachofen AG Maschinenfabrik, Basel, Switzerland) for half an hour at 60 rpm [36]. The carrier-free 10 formulation (CIP 0.5NaSt spd) was produced from a solution with co-spray-drying of CIP and 11 NaSt. Firstly, we made a 1.5 w/v % aqueous solution using CIP and the alcoholic solution 12 containing 0.0175 w/v % NaSt at 30 °C. Then the two solutions were mixed in the 7: 3 ratio. 13 Büchi B-191 apparatus (Mini Spray Dryer, Büchi, Switzerland) was applied for the co-spray-14 drying procedure with the following parameters: inlet heating temperature, 130 °C, outlet 15 heating temperature, 78 °C, aspirator capacity, 75 %, pressured air flow, 600 L/min, feed pump 16 rate, 5 %. So the solid formulation contained 99.5 w/w % of CIP and 0.5 w/w % of NaSt. The 17 novel combined formulated sample (CIP\_0.5NaSt\_spd+IH70\_MgSt) combined the two above-18 mentioned preparation methods supplemented with carrier surface treatment. The surface 19 20 modification of IH 70 carrier was made by 2.0 w/w % of MgSt (according to the literature background and the applied marketed concentration [40,41]) with turbula mixing for 4 h [34]. 21 Then we prepared co-spray-dried particles as described in the carrier-free section and these 22 particles were blended with a surface smoothed carrier in the 1:10 mass ratio with a turbula 23 mixer at 60 rpm for 30 min. 24

# Table 1. Composition of the DPI formulations containing the applied concentration of excipients.

### 3 2.2.2. Investigation of the stability of samples

Stability tests were performed in Binder KBF 240 (Binder GmbH Tuttlingen, Germany) 4 equipment, with a constant-climate chamber. An electronically controlled APT.line<sup>TM</sup> line 5 preheating chamber and refrigerating system ensured temperature accuracy and reproducibility 6 7 of the results in the temperature range between 10 and 70 °C and the RH (Relative Humidity) range between 10 and 80 %. The stability test was performed at  $25 \pm 2$  °C with  $50\pm 5$  % RH 8 (room conditions). Samples were stored in hard gelatine capsules (size 3) (Capsugel, Germany) 9 in open containers; the duration of storage was 1 month. Sampling was carried out after 0 and 10 10 days, and 1 month. 11

### 12 2.2.3. X-ray powder diffraction (XRPD)

13 XRPD was implemented in order to determine the crystalline form of the produced DPI 14 formulations. The powder samples were loaded in contact with a plane quartz glass sample slide 15 with an etched square, and measured with a slit detector Cu K  $\lambda_I$  radiation ( $\lambda = 1.5406$  Å) source. 16 Settings were as follows: the samples were scanned at 40 kV and 40 mA and the angular range 17 was 3°-40° 20, at a step time of 0.1 s/step and a step size of 0.01°.

18 2.2.4. FT-IR analysis

An FT-IR apparatus was used before and after storage for the study of the interaction between
the components and test the chemical stability of the materials. FT-IR spectra were recorded
with a Bio-Rad Digilab Division FTS- 65A/896 FTIR spectrometer (Bio-Rad Digilab Division
FTS-65A/869, Philadelphia, PA, United States) between 4000 and 400 cm<sup>-1</sup>, at an optical
resolution of 4 cm<sup>-1</sup>. Thermo Scientific GRAMS/AI Suite software (Thermo Fisher Sciencific
Inc., Waltham, United States) was used for the spectral analysis. The sample, with a CIP content

of 0.5 mg, was mixed with 150 mg of dry KBr in an agate mortar, and the mixture was then
compressed into a disc at 10 t. Each disc was scanned 128 times at a resolution of 2 cm<sup>-1</sup> over
the wavenumber region 4000-400 cm<sup>-1</sup>.

#### 4 2.2.5. Thermogravimetry (TG)

5 Residual solvent content was investigated by TG-DTA with a Mettler Toledo TG 821e thermal analysis system with the STAR<sup>e</sup> thermal analysis program V9.1 (Mettler Inc., Schwerzenbach, 6 Switzerland) under a constant flow of dry nitrogen gas flow of 100 mL min<sup>-1</sup>. Aluminium pans 7 were applied for the samples and the reference. Scans were recorded at a constant heating rate 8 (10 °C min<sup>-1</sup>) up to 350 °C. The TG-DTA oven was pre-equilibrated at room temperature and 9 each sample (ranging between 12 and 20 mg) was weighed as fast as possible in order to 10 minimize moisture uptake or release from the sample. The mass losses were recorded, and the 11 12 moisture contents [% wet basis] were evaluated from the normalized scans, the actual mass is divided by the initial mass. The loss of water basically occurred between 5 and 110 °C, and the 13 14 higher temperature was used for the determination of bound water.

15 2.2.6. Interparticle interactions

Contact angle ( $\Theta$ ) was determined by using a Dataphysics OCA 20 apparatus (Dataphysics Inc. 16 GmbH, Germany), from which we could count some of the correlations (see below). The 17 pastilles were pressed from 0.10 g of the samples with 1 ton compression force (Perkin Elmer 18 hydraulic press, Waltham, USA). Six pastilles were made of each sample. Of this, three were 19 20 dripped with distilled water (as a polar liquid) and the other three pastilles were dripped with diiodomethane (as dispersion liquid). Thus, we obtained the contact angle of the two different 21 22 fluids by three parallel tests per sample. At the same time as the dropping, we made a recording by using the device in 1-25 seconds time interval, so it was possible to detect and determine the 23 change of the contact angle. The surface free energy  $(\gamma_s)$  of the samples was calculated based 24

on the Wu-equation. This energy consists of two parts: a disperse part  $(\gamma_s^d)$  and a polar part  $(\gamma_s^p)$ ), thereby  $(\gamma_s = \gamma_s^d + \gamma_s^p)$ . The surface tension of the liquids is known in literature  $(\gamma_l = \gamma_l^d + \gamma_l^p)$ : distilled water  $\gamma^{p}=50.2 \text{ mN/m}$ ,  $\gamma^{d}=22.6 \text{ mN/m}$  and diiodomethane  $\gamma^{p}=1.8$ mN/m,  $\gamma^{d}=49 \text{ mN/m}$  [42]. In the Wu-equation, therefore, there are only two unknowns: the disperse  $(\gamma_s^d)$  and the polar component  $(\gamma_s^p)$  of the solids tested, which can already be expressed.

6 The Wu-equation is the following [43]:

$$(1 + \cos \Theta)\gamma_{1} = \frac{4(\gamma_{s}^{d}\gamma_{1}^{d})}{\gamma_{s}^{d} + \gamma_{1}^{d}} + \frac{4(\gamma_{s}^{p}\gamma_{1}^{p})}{\gamma_{s}^{p} + \gamma_{1}^{p}}$$

8 where Θ = contact angle; γ = surface free energy; s = solid phase; l = liquid phase; d =
9 dispersion component; p = polar component

10 Cohesion work (W<sub>c</sub>) corresponds to twice the surface free energy [44]:

11 
$$W_c = 2^* \gamma_s$$

12 The adhesion work ( $W_{adh}$ ) that can be interpreted between the two different materials 13 (represented by numbers 1 and 2) can be determined from the dispersion ( $\gamma_s^d$ ) and polar 14 component ( $\gamma_s^p$ ) values calculated for the material in the present formula  $\gamma^d$  and  $\gamma^p$ , and it 15 equals [44]:

$$W_{adh} = 4 \left[ \frac{\gamma_1^d \gamma_2^d}{\gamma_1^d + \gamma_2^d} + \frac{\gamma_1^p \gamma_2^p}{\gamma_1^p + \gamma_2^p} \right]$$

16

Several models are known for the determination of adhesion force (F<sub>adh</sub>). In our present work
we used Derjaguin's approach, which is commonly used in pharmaceutical technology [43]:

$$F_{adh} = 2\pi \Big(\frac{R_A R_B}{R_A + R_B}\Big) W_{adh}$$
 19

where R<sub>A</sub> and R<sub>B</sub> are the radius of the A and B particles, between which adhesive interactions
were measured. R was defined as half of D [0.5], which was determined in the particle size
analysis of the used raw materials.

The spreading coefficient  $(S_{12})$  shows the spreadability of one material (1) on the surface of the other material (2). Conversely, it can be calculated. It is used in two-component systems to characterize distribution. This coefficient is a dimensionless number. Spreading is favorable if the result is a positive value, and the higher the number. In this case, the spreading of the drug particles can be characterized on the surface of the carrier. The coefficient or reverse case can be calculated using the following equations [43,44]:

$$S_{12} = 4 \left[ \frac{\gamma_1^{d} \gamma_2^{d}}{\gamma_1^{d} + \gamma_2^{d}} + \frac{\gamma_1^{p} \gamma_2^{p}}{\gamma_1^{p} + \gamma_2^{p}} - \frac{\gamma_1}{2} \right]$$

10

11

$$S_{21} = 4 \left[ \frac{\gamma_1^d \gamma_2^d}{\gamma_1^d + \gamma_2^d} + \frac{\gamma_1^p \gamma_2^p}{\gamma_1^p + \gamma_2^p} - \frac{\gamma_2}{2} \right]$$

12 where  $\gamma^{d}$  is the disperse part of surface free energy and  $\gamma^{p}$  is the polar part of surface free energy 13 and  $\gamma$  is the total surface free energy of the components whose is spread on the other component.

#### 14 2.2.7. Particle size analysis

The particle size distribution of the used active ingredients, excipients, and the formulations before and after storage from the dry dispersion unit were also measured by laser light scattering (Malvern Mastersizer Scirocco 2000, Malvern Instruments Ltd., Worcestershire, UK). Approximately 0.5 g of composition was loaded into a feeder tray. In the dry analysis method, the air was used as the dispersion agent for the sample particles. The dispersion air pressure was adjusted to 2.0 bars in order to determine whether particle attrition had occurred. At least 1 three repeated measurements were made on each sample, and the mean value was calculated.

2 Particle size distribution was characterized by the D[0.1], D[0.5], and D[0.9] values.

## 3 2.2.8. Scanning electron microscopy (SEM)

The morphology of the samples was investigated by scanning electron microscopy – SEM – (Hitachi S4700, Hitachi Scientific Ltd., Tokyo, Japan). The samples were coated with an electrically conductive coating (Bio-Rad SC 502, VG Microtech, Uckfield, UK). The air pressure was 1.3-13.0 MPa. In brief, the samples were sputter coated with gold–palladium (90 seconds) under an argon atmosphere applying a gold sputter module in a high vacuum evaporator and the samples were studied using SEM set at 10-15 kV.

#### 10 2.2.9. Aerodynamic assessment with the Andersen Cascade Impactor Model

11 The *in vitro* aerodynamic properties of the formulations were tested with the Andersen Cascade 12 Impactor (ACI) (Copley Scientific Ltd., Nottingham, UK), which is a most commonly used to characterize the aerosolization performance of the inhaled DPIs. This corresponds to the United 13 14 States Pharmacopeia and Ph. Eur. 2.9.18 requirements [26,45]. The vacuum pump (Highcapacity Pump Model HCP5, Critical Flow Controller Model TPK, Copley Scientific Ltd., 15 Nottingham, UK) provided 28.3 L/min flow rate and a corresponding ACI assembly was 16 applied to that flow. The actual flow rate through the impactor was detected with the mass flow 17 18 meter (Flow Meter Model DFM 2000, Copley Scientific Ltd., Nottingham, UK). Before each 19 test, to prevent particle bounce the ACI collection plates were coated with a surfactant (Span 80 + cyclohexane solution; 1 + 99 w/w %), so repeated inhalation into the cascade impactor 20 was possible. In our experiments, the samples were measured in a hard gelatin capsule 21 (transparent, size 3, Capsugel, Germany). The drug content of the formulations was detected 22 with an UV/Vis spectrophotometer (ATI-UNICAM UV/VIS Spectrophotometer, Cambridge, 23 24 UK). The amounts charged into the capsules were determined so that the CIP content per sample

was 10 mg [12]. This mass corresponds to the tenth of the CIP oral dose [27]. During our testing, 1 Breezhaler<sup>®</sup> (Novartis) inhaler was used. The filled capsule was placed in this inhaler and then 2 with the help of the needles of the appliance the capsule was punched with a definite movement. 3 Because of the big amount of carrier lactose, in the cases of carrier-based and novel 4 formulations, to apply the same amount of CIP (10 mg), we used 2 capsules per one dose 5 application. The DPI device, the mouthpiece, the induction port, the eight plates of the impactor, 6 and the filter were washed with distilled water and the CIP concentration was quantified with 7 an UV/Vis spectrophotometer (ATI-UNICAM UV/VIS Spectrophotometer, Cambridge, UK) 8 at 276 nm. Knowing the amount of the active ingredient in the device and in the parts of the 9 10 impactor, the emitted fraction (EF), fine particle fraction (FPF) and mass median aerodynamic diameter (MMAD) were determined. FPF expresses the fraction of particles having an 11 aerodynamic diameter less than 5 micron, these particles are likely to be deposited in the lungs. 12 13 However, more and more publications express the percentage of particles below 3 microns as they are most likely to reach the deep lung [46,47]. MMAD is defined as the diameter of the 14 15 particles deposited in the impactor for which 50% w/w of particles have a lower diameter and 16 50% w/w have a higher diameter [48]. EF was expressed as the percentage of the drug found in the ACI (except the drug found in the capsules and device). Only the drug concentration was 17 18 determined by analytical method. Therefore we can use this data by the calculation of emitted fraction. 19

#### 20 2.2.10. In silico characterization

For the estimation of the amount of drug depositing in different anatomical regions of the airways (upper airways, lungs), the most up-to-date version of the Stochastic Lung Model (SLM) of Koblinger and Hofmann (1990) [49] was applied. Indeed, the impactor measurements can demonstrate the repeatability of formulation batches and reveal the aerodynamic properties (size, size distribution) of the sample. However, these data can be used as predictors of airway

deposition as well, with the mentioning that impactor measurements cannot provide exact 1 2 airway deposition values like the scintigraphic studies. However, computer models validated against scintigraphic measurements (like the one presented in this study) are able to estimate 3 the deposited amount quite exactly. Deposition in the extrathoracic region was calculated based 4 on the formulas derived by Cheng (2003) [50]. Particles which were not filtered out by the 5 upper airways were tracked in stochastic tracheobronchial geometry. Airway lengths, 6 diameters, bifurcation angles and gravity angles were selected from statistical distributions 7 based on the morphometric database of Raabe et al. (1976) [51]. The architecture of the acinar 8 airways relied on the data published by Haefeli-Bleuer and Weibel (1988) [52]. Inertial 9 impaction and gravitational settling were considered as deposition mechanisms in both the 10 bronchial and acinar parts of the airways. Particle size distributions determined by Andersen 11 Cascade impactor as part of this work were used as inputs for the deposition simulations. In 12 addition, the breathing parameters of a patient when inhaling through Breezhaler<sup>®</sup> were used as 13 modeling inputs (inhaled air volume: 1.7 L, inhalation time: 3.2 s, breath-hold time after the 14 15 inhalation: 5 s and 10 s, exhalation time: 3 s). The breathing parameters were adopted from the work of Colthorpe et al. (2015) and corresponded to a female patient with moderate COPD. 16 The exact deposition values naturally depend on the disease type and degree of severity, 17 18 however, the main conclusions of the present work would not be affected. The simulated high lung deposition values associated with the formulation would even increase for patients with 19 less impaired lung function. These data correspond to the breathing parameter values measured 20 21 by Colthorpe et al. (2013) [53]. This patient was selected because his/her inhalation parameter values yield an average flow rate value very close to 30 L/min, which was applied in the present 22 impactor measurements. 23

24 2.2.11. Statistical analyses

The statistical analyses were performed with the Social Science Statistics Online web page 2 2019. For the stability assessment using t-test calculation at 0.05 significance level and one-3 tailed hypothesis (Social Science Statistics Online). All reported data are means  $\pm$  S.D of three 4 parallel measurements (n=3).

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- 6

## **3.** Results and discussion

7 3.1. Structural characterization

#### 8 Figure 1. Structural investigation of the formulations by XRPD before and after storage

9 XRPD makes it possible to track the structural changes of the DPI samples during storage, which can be analyzed if the XRPD patterns of CIP and of the used excipients are known. 10 Specifically, the characteristic of the solid state form of the active ingredient particles could be 11 12 very important, since the crystalline form or amorphous form could present results in morphological differences and influences the interparticle interactions, thus affecting the 13 aerodynamic results. According to the XRPD diffractograms (Figure 1.A), we can determine 14 the characteristic peaks of the starting materials. These are the following: 12.8, 16.8 and 20.0 15 2Theta degree of IH 70; 8.23, 9.25, 19.22, 26.39 and 29.16 2Theta degree of CIP; 3.8, 5.5 16 17 2Theta degree of MgSt and 4.0, 6.0 2Theta degree of NaSt. All of these materials are crystalline. We can conclude that the surface modification of IH 70 with 2 w/w% MgSt did not cause any 18 change in the XRPD pattern, thus not causing any structural change either. 19

In the case of samples (Figure 1.B) it can be concluded that CIP could be found mainly in amorphous form in the CIP\_0.5NaSt\_spd, however the characteristic peaks of NaSt and CIP (with small intensity) could be found on the curve before storage, but after 1 month complete recrystallization is seen and the CIP XRPD pattern in the above figure is almost identical. However, based on the peaks at 8.23, 9.25 and 26.39 *2Theta degree*, we can make statements about carrier-based formulations as well. Thus for μCIP+IH70 it can be established that the
initial crystalline nature of the active ingredient particles remains, and there is no change. In the
case of freshly prepared CIP\_0.5NaSt\_spd+IH70\_MgSt, the active ingredient particles were
mainly amorphous similarly to CIP\_0.5NaSt\_spd, but after 1 month a substantial amount of
crystal structure change is not apparent on the XRPD pattern, which indicates that
CIP\_0.5NaSt\_spd+IH70\_MgSt has greater structural stability relative to the latter composition.
Therefore the crystalline peaks correspond to IH 70.

8 According to the FT-IR analyses, the FT-IR spectra of the raw components and the prepared 9 samples before and after storage compared with each other (Figures are not presented in the 10 article). We concluded that no chemical decomposition was presumable.

#### 11 3.2. Thermogravimetry (TG)

#### 12 Table 2. Residual solvent content in samples.

The determination of thermogravimetric residual solvent content for DPIs is of key importance 13 14 in tracking the stability of samples. By increased residual solvent content decreased stability is 15 presumable. An increase in this value may indicate a decrease in stability. Moisture sorption can cause the agglomeration of the particles; can modify interparticle interactions and influence 16 drug dispersion; de-agglomeration, which affects the lung deposition results [54]. The 17 percentages resulting from residual solvent content (Table 2.) from our measurements are 18 realistic for DPIs [55]. We have found that the residual solvent content has increased after 1 19 month for the µCip +IH70 and CIP 0.5NaSt spd formulations. For example, it provides an 20 explanation for the recrystallization of the latter composition. In the case of the novel combined 21 22 formulated DPI (CIP\_0.5NaSt\_spd+IH70\_MgSt) residual solvent content did not change, and it decreased slightly. The present of MgSt caused the moisture resistance of the composition 23 and this phenomenon already described in the international literature [36] has been confirmed 24

by us. It has also been found that the moisture resistance of the DPI composition is improved 1 2 by the use of MgSt as an excipient. The largest residual solvent content change was observed for the CIP\_0.5NaSt\_spd formulation, in contrast, there was no significant change in the novel 3 combined formulated DPI (CIP\_0.5NaSt\_spd+IH70\_MgSt), which also contains 4 CIP\_0.5NaSt\_spd. 5

#### 6 3.3. Interparticle interactions

#### 7 Table 3. Cohesion, adhesion values and spreading coefficient of the formulations.

Interparticle interactions have already been studied in our previous work [18]. Cohesive work 8 9 (W<sub>c</sub>) in the carrier-free formulations (between the drug particles), furthermore, adhesive work (W<sub>adh</sub>) and force (F<sub>adh</sub>) in the carrier-based formulations (between drug and carrier particles) 10 are correlated with the *in vitro* lung deposition results. The studies were performed after a period 11 of 1 month storage, as shown in Table 3., the F<sub>adh</sub> of µCIP+IH70 did not change, this means 12 that the active ingredient particles continue to adhere strongly to the carrier, so a low FPF value 13 is expected after 1 month, too. In the case of CIP\_0.5NaSt\_spd, W<sub>c</sub> increased substantially, 14 approaching the value of fully crystalline  $\mu$ CIP, resulting from recrystallization and residual 15 16 solvent content growth that contribute to interparticle interaction change. As cohesion between 17 the active ingredient particles is increased, they can aggregate more easily. For the novel combined formulated DPI (CIP 0.5NaSt spd+IH70 MgSt), Fadh did not increase greatly, still 18 not reaching the value of adhesion of  $\mu$ CIP+IH70, and the spreading coefficient (S<sub>21</sub>) remained 19 20 in the negative range left. The latter suggests that a vectored drug position can still be assumed on the surface of the carrier, it is not completely covered with it. All this - encountered with 21 CIP\_0.5NaSt\_spd+IH70\_MgSt - can be explained by the structure testing and the residual 22 solvent content experience. Thus, it is expected that the FPF value will be outstanding in the in 23 vitro lung deposition assay after 1 month. 24

#### 1 3.4. Particle size analysis and scanning electron microscopy (SEM)

# Table 4. Morphology and particle size distribution of the formulations during the storage.

4 The study of particle size distribution and the morphology of the DPI samples also has great importance during storage. According to existing literature, it can be said that the range of 1-5 5 microns is the optimal drug particle size for appropriate lung deposition. Particles greater than 6 7 5 microns are deposited in the throat and trachea with great probability and most of the 8 submicron particles are exhaled [56]. Furthermore, in terms of morphology, it can be stated that 9 spherical particles produced by spray-drying have a low contact area; homogeneous particle size distribution and these result in a higher FPF than in the case of mechanically micronized 10 drugs [57]. Table 4 shows the results of SEM and laser light scattering. We can conclude that 11 12 the (average) diameters measured by Malvern and SEM are in correlation. We focused on the active ingredient particles on SEM. The average particle size of the drug particles remained in 13 the range of 1-5 microns nevertheless, it increased for all formulations during the stability test, 14 which can somewhat reduce the lung deposition results. In the case of the µCIP+IH70 15 formulation, no aggregation or morphological changes can be observed after 1 month. After 1 16 17 month, the CIP\_0.5NaSt\_spd formulation shows the recrystallization and aggregation of the particles, which is also indicated by XRPD; residual solvent content; cohesion results and the 18 19 significantly increased D [0.9] value. In contrast, there is no significant morphological change 20 which would refer to recrystallization; and there is no aggregation even in SEM images in terms 21 of the CIP\_0.5NaSt\_spd+IH70\_MgSt formulation containing the spray-dried drug particles of the same method as the sample mentioned above - on the surface modified carrier. We 22 23 collected the D [0.5] values of the drug and the carrier by the carrier-based formulations using 24 the bimodal distribution curves (see table below). However, D [0.1] and D [0.9] could be determined only for the formulations. We concluded that the size of CIP in µCIP+IH70 sample 25

changed from 4.92 µm to 5.34 µm and the size of IH70 changed from 180.03 µm to 186.66 µm.
Furthermore, the size of CIP \_0.5NaSt\_spd in CIP\_0.5NaSt\_spd+IH70\_MgSt sample changed
from 2.27 µm to 2.57 µm and the size of IH70\_MgSt changed from 171.12 µm to 179.45 µm.
If we compare the change in D [0.5] size of CIP\_0.5NaSt\_spd and of CIP \_0.5NaSt\_spd in
CIP\_0.5NaSt\_spd+IH70\_MgSt we can see that in the combined formulation the size changing
was smaller than by the carrier-free sample. Therefore, in the case of the novel combined
formulated formulations, high FPF values are still expected in terms of *in vitro* lung deposition.

## 8 3.5. Aerodynamic assessment with the Andersen Cascade Impactor Model

#### 9 Table 5. FPF value of microparticles before and after storage.

#### 10 Table 6. EF and MMAD values of microparticles before and after storage.

In vitro lung modeling with the Andersen Cascade Impactor results in FPF, MMAD and EF 11 (Table 5., 6.) that have been defined in the Method section. The quantities of the samples were 12 chosen after drug content determination, where the measured drug content was between 82 and 13 14 93% compared to the theoretical drug content. We concluded that these values didn't change 15 after the storage also. The lung deposition values (FPF) were based on the results of physical examinations (XRPD, residual solvent content, interparticle interactions, morphology and 16 particle size). Thus, after 1 month of storage, the novel combined formulated DPI 17 (CIP 0.5NaSt spd+IH70 MgSt) had the best FPF results, outstandingly high FPF  $<3 \mu m$ , 18 which indicates a high deep-lung deposition (approximately three times the FPF  $<3 \mu m$  value 19 of µCIP+IH70 and double of CIP\_0.5NaSt\_spd). This is due to the fact that there is no 20 significant change in the structure and residual solvent content of this composition (in fact, the 21 22 latter changed favorably), thus the adhesion values did not increase substantially and its morphology did not change the active ingredient particles. All this leads to a reduction in the 23 lung deposition result compared to the freshly made formulation. In contrast, CIP\_0.5NaSt\_spd 24

(it should be noted again that there is such an active ingredient particle in the novel combined 1 2 formulated formulation, and also that these particles passed down into the lung in both formulations, but scattered from the carrier at the CIP\_0.5NaSt\_spd+IH70\_MgSt) 3 recrystallized, the residual solvent content increased and these led to an increase in cohesion 4 work, its morphology became disadvantageous and aggregated. Thus, FPF  $<3 \mu m$  and FPF <55  $\mu$ m values almost fell by half after 1 month of storage. For  $\mu$ CIP + IH70 (reference sample), it 6 has been found that the FPF <5 µm value remained about 20%, which is typical for most of the 7 marketed formulations [26]. The decrease in FPF, which is characteristic of all formulations, 8 can be correlated with the established average particle size increase of CIP \_0.5NaSt\_spd in the 9 10 formulation. Concerning MMAD, we found that the MMAD value is inversely proportional to the FPF values and only CIP\_0.5NaSt\_spd+IH70\_MgSt indicates that the particle size 11 measured with laser light scattering and the MMAD calculated with in vitro pulmonary 12 13 modeling are also around the ideal 1-5 micron range. The EF for the formulations containing the carrier (µCIP + IH70 and CIP 0.5NaSt spd+IH70 MgSt) was very high and was not 14 15 considerably altered during storage, however, this value of the carrier-free formulation (CIP\_0.5NaSt\_spd) increased, presumably due to structural change (hence the morphology 16 change), so the interparticle interactions between the capsule wall and the particles were 17 modified favourably. 18

## 19 3.6. In silico assessment of particle deposition

Figure 2. In silico lung modeling results of the novel combined formulated DPI, SD < ±</li>
3% (ET: extrathoracic airways, LUNG: bronchial and acinar parts, EXH: exhalation
fraction).

The *in vitro* lung modeling we used is entirely suitable for comparing the aerodynamic properties of the DPI formulations. At the same time, the results from the measurements with Andersen Cascade Impactor are well complemented with the *in silico* lung modeling, which

takes into account parameters other than the above-mentioned results. As the in vitro 1 2 investigations revealed, the novel formulation is characterized by very high and nearly emitted fraction value which remained nearly constant over time (Table 5). The fine particle fractions 3 remained also high after storage (Table 6). The MMAD values remained in the favourable 4 aerodynamic range regarding deposition (especially the MMAD value after 10 days of storage). 5 All these characteristics predicted high lung deposition values not only of the fresh sample, but 6 7 also after storage. All these predictions were confirmed by the *in silico* results depicted in Figure 2. In addition, the validated numerical models simulate the in vivo conditions using real-8 spirometric data, so they give a more realistic picture of the behavior patterns during inhalation 9 10 as they take real clinical data into consideration. We can type in individualized data based on age; sex; type and severity of lung disease. It should be noted, however, that in the above-11 mentioned two pulmonary models, the expressed lung deposition values have different 12 13 interpretations (this is the explanation for the different percentages of FPF values by in vitro and LUNG values by *in silico*), but it is absolutely possible to compare the tendencies of the 14 formulations and the two methods support each other. The in silico measurements were carried 15 out in Section 2.2.9. In our previous work, the in vitro and in silico results of fresh samples 16 (µCIP + IH70; CIP\_0.5NaSt\_spd; CIP\_0.5NaSt\_spd + IH70\_MgSt) showed the same tendency 17 18 [18]. The *in silico* results of the formulation with the best *in-vitro* pulmonary deposition values (CIP\_0.5NaSt\_spd + IH70\_MgSt) after 10 days and 1 month of storage is shown in Figure 2 19 with 5 s and 10 s as breath-hold time. The figure reveals that, as predicted by the *in vitro* 20 21 characterization, this formulation yielded high simulated lung deposition fraction values. At the same time, the extrathoracic dose fraction remained below 30% after storage (even decreased 22 by storage). This is a significant improvement compared to the other two formulations. The 23 freshly produced CIP\_0 .5NaSt\_spd (carrier-free) had approximately 40 %, upper airway 24 deposition, while  $\mu$ CIP + IH70 (carrier-based) yielded a 50 % value [18]. The exhaled dose 25

fraction was approximately 20% and decreased by the increase of breath-hold time, while the extrathoracic dose fraction proved to be insensitive to the length of breath-hold. Lung deposition was higher for longer breath-hold indicating that the optimization of the inhalation technique can contribute to further improving the pulmonary deposition of the novel combined formulated DPI and to reducing the exhaled amount.

## 6 Conclusion

7 Stability tests were carried out on carrier-based, carrier-free, and novel combined formulated DPI sample (CIP\_0.5NaSt\_spd + IH70\_MgSt), containing antibiotic. After the storage, the 8 9 novel combined formulation presented advantageous aerodynamic results thanks to the technological steps and the compositions. This sample has the most beneficial MMAD  $(2,5 \mu m)$ 10 and best FPF (<5 µm; 50 %) results after 1 month, followed by the carrier-free, and the worst 11 results are shown by the carrier-based formulations (as concluded by, for example, high residual 12 solvent content, high W<sub>adh</sub> and aerodynamically unfavourable morphology). From the results 13 14 of the physicochemical examinations, we can conclude that in the case of the novel combined formulated sample (CIP\_0.5NaSt\_spd + IH70\_MgSt), an appreciable amount of crystal 15 structure change is not apparent on the XRPD pattern, the residual solvent content was slight 16 17 due to the MgSt and NaSt content. As regards interparticle interactions, it can be stated that the adhesion force of  $\mu$ CIP + IH70 has remained high during the stability test, while in the case of 18 19 CIP\_0.5NaSt\_spd, cohesion work has increased considerably, indicating that this formulation 20 is easier to aggregate, which is also supported by electron microscopic images, and the recrystallization on the images could be seen. Based on these results, CIP\_0.5NaSt\_spd + 21 IH70\_MgSt introduced suitable stability, therefore required physicochemical properties 22 compare with the carrier-free formulation (where the preparation of the contained drug particles 23 was the same). However, after 1 month of storage, by the EF values, a good percentage of all 24 25 the three formulations was observed. The novel combined formulated sample with the best *in*  *vitro* lung deposition results was chosen for *in silico* lung modeling, and it was in correlation with the *in vitro* aerodynamic results. It should be emphasized that this sample had an extrathoracic dose fraction value below 30 % even after one month, while the freshly produced samples from the other two samples also had worse results. Finally, it can be stated that a novel combined formulated DPI formulation with favourable physicochemical characters after 1 month storage, resulted improved *in vitro-in silico* aerodynamic properties which could be the reason to get stable formulation for the further development of DPIs.

# 8 Declaration of interest

9 The authors report no conflicts of interest in this work.

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- 10

**1** Table 1. Compositions of the DPI formulations containing the applied concentration of

2 excipients.

Products	<b>CIP</b> [w/w %]	<b>NaSt</b> [w/w %]	<b>IH 70</b> [w/w %]	<b>MgSt</b> [w/w %]
µCIP+IH70	9.09	-	90.91	-
CIP_0.5NaSt_spd	99.50	0.50	-	-
CIP_0.5NaSt_spd +IH70_MgSt	9.045	0.045	88.91	2.00

3

# 4 Table 2. Residual solvent content in the samples.

Duoduota	<b>Residual solvent content (%)</b>				
Products	Before storage	1 month			
μCIP+IH70	$0.492\pm0.009$	$0.518\pm0.006$			
CIP_0.5NaSt_spd	$0.175\pm0.002$	$0.218 \pm 0.110$			
CIP_0.5NaSt_spd+IH70_MgSt	$0.500\pm0.005$	$0.490\pm0.003$			

5

# 6 Table 3. Cohesion, adhesion values and spreading coefficient of the preparations.

Due des sta	Wc [mN/m]		Wadh [mN/m]		F <sub>adh</sub> [mN]		S21	
Products	Before storage	1 month	Before storage	1 month	Before storage	1 month	Before storage	1 month
μCIP	161.60 ±0.26	$160.06 \pm 0.66$	_	_	_	_	_	_
μCIP+IH70	_	_	$108.26 \pm 0.56$	$107.39 \pm 0.77$	$\frac{1.690 * 10^{-3}}{\pm 0.09 * 10^{-3}}$	$\frac{1.677 * 10^{-3}}{\pm 0.15 * 10^{-3}}$	1.64 ± 0.08	2.38 ± 0.13
CIP_0.5NaSt_spd	123.26 ± 0.89	144.74 ± 1.13	_	_	_	_	_	_
CIP_0.5NaSt_spd +IH70_MgSt	_	_	72.57 ± 1.26	$\begin{array}{c} 81.81 \\ \pm \ 0.98 \end{array}$	$\begin{array}{c} 0.504 \ ^*10^{^-3} \\ \pm \ 0.11 \ ^*10^{^-3} \end{array}$	$\begin{array}{c} 0.593 \ ^*10^{\text{-3}} \\ \pm \ 0.07 \ ^*10^{\text{-3}} \end{array}$	-19.06 ± 0.23	-49.1 ± 0.36

7

1 Table 4. Morphology and particle size distribution of the formulations during the

## 2 storage.

Products	Before storage				10 days		1 month		
µCIP+IH70	1000/120mm210 D [0.1] (μm)	ακεφ D [0.5] (μm)	<u>войн</u> р [0.9] (µm)	осу 12 септе D [0.1] (µm)	D [0.5] (µm)	500m D [0.9] (μm)	100.V 12 cm v10 D [0.1] (μm)	D [0.5] (μm)	
	15.034	156.028	198.152	25.550	170.366	257.835	31.846	180.277	285.720
	± 0.16	± 1.85	± 1.73	± 0.26	$\pm 0.86$	± 1.19	$\pm 0.22$	$\pm 1.81$	± 1.36
CIP_0.5NaSt_spd	то собрание и собрание и Собрание и собрание и собран	<u>xse(c)</u> D [0.5] (μm)	500m D [0.9] (µm)	о 0 0 V/ 12 йнт x10 D [0.1] (µm)	скец) D [0.5] (µm)	500m D [0.9] (µm)	То (0.1] (µm)	A set0 D [0.5] (μm)	<u>р [0.9]</u> (µm)
	1.208	2.364	4.556	<u>(μπ)</u> 1.494	2.466	5.321	1.608	2.981	23.123
	$\pm 0.05$	$\pm 0.11$	$\pm 0.09$	$\pm 0.02$	$\pm 0.06$	$\pm 0.04$	$\pm 0.07$	$\pm 0.12$	$\pm 0.08$
CIP_0.5NaSt_spd +IH70_MgSt	<mark>Болгоника</mark> D [0.1] (µт) 3.245 ± 0.12	<mark>с вем)</mark> D [0.5] (µт) 128.763 ± 0.78	<mark>Бола</mark> <b>D</b> [0.9] (µт) 194.180 ± 0.63	D [0.1] (μm) 4.513 ± 0.08		D [0.9] (μm) 221.555 ± 1.26	ю 10 сочести и 10 сочести и	D[0.5] (µm) 158.440 ± 1.78	b [0.9] (μm) 278.396 ± 1.36

## 3

# 4 Table 5. FPF value of microparticles before and after storage.

Products		Before storage	10 days	1 month
	FPF <5 µm [%]	$23.30\pm0.23$	$17.57\pm0.45$	$15.55\pm0.36$
µCIP+IH70	FPF <3 µm [%]	$11.88\pm0.20$	$8.67\pm0.36$	$7.83\pm0.18$
	FPF <5 µm [%]	$54.27\pm2.75$	39.41 ± 1.91	$30.22 \pm 1.82$
CIP_0.5NaSt_spd	FPF <3 μm [%]	$27.14\pm2.38$	$17.43\pm0.96$	$12.72 \pm 1.66$
	FPF <5 µm [%]	$63.75 \pm 1.21$	$57.36 \pm 2.21$	$47.12\pm0.78$
CIP_0.5NaSt_spd+IH70_MgSt	FPF <3 µm [%]	$39.22 \pm 0.74$	$33.56\pm0.96$	$26.52 \pm 1.12$

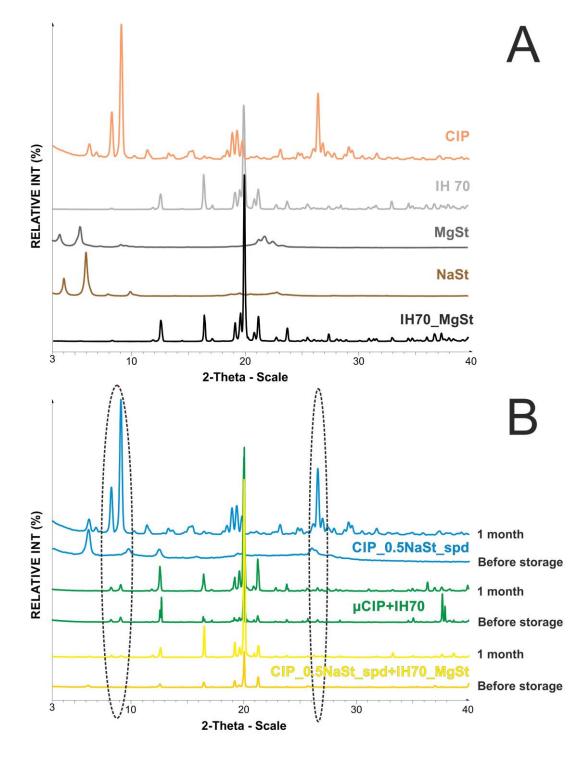
Products		Before storage	10 days	1 month
	EF [%]	$96.92\pm0.11$	$95.56\pm0.22$	$96.52\pm0.45$
μCIP+IH70	MMAD [µm]	$7.98 \pm 0.10$	$10.02 \pm 0.15$	$11.40 \pm 0.23$
	EF [%]	$76.99 \pm 3.32$	$92.23 \pm 0.21$	$92.32\pm0.19$
CIP_0.5NaSt_spd	MMAD [µm]	$4.14\pm0.18$	$5.48\pm0.28$	$6.54\pm0.05$
	EF [%]	$90.45 \pm 1.80$	$90.65\pm0.32$	$89.46 \pm 1.12$
CIP_0.5NaSt_spd+IH70_MgSt	MMAD [µm]	$3.47 \pm 0.02$	$4.03 \pm 0.19$	$5.47\pm0.35$

# **1** Table 6. EF and MMAD values of microparticles before and after storage.

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2 Figure 1.

