

# Screening the effect of four ultrasound-assisted extraction parameters on hesperidin and phenolic acid content of aqueous citrus pomace extracts

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1 **Screening the effect of four ultrasound-assisted extraction parameters on hesperidin and**  
2 **phenolic acid content of aqueous citrus pomace extracts**

3

4 **Running Title:** Screening the effect of four ultrasound-assisted extraction parameters

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26 **Abstract**

27 Polyphenols of citrus by-products, due to their antioxidant and antimicrobial activities, could  
28 be valorized by pharmaceutical and food industries, adding a value to the citrus processing  
29 companies. A number of studies have investigated the effect of ultrasound-assisted extraction  
30 (UAE) conditions on the recovery of phenolics derived from citrus waste using both organic  
31 solvents or mixed aqueous solvent systems. To maximize efficiency, UAE conditions should  
32 be tailored to the physical parameters of the solvent(s) employed. The aim of this study was to  
33 investigate the effect of four UAE parameters: particle size (1.40-2.80 mm), extraction time  
34 (10-60 min), extraction temperature (23-50 °C) and ultrasonic power (150-250 W) on the  
35 simultaneous recovery of *p*-coumaric acid, caffeic acid, chlorogenic acid, and hesperidin from  
36 citrus waste using pure water as a solvent. High-performance liquid chromatography (HPLC)  
37 was employed for the identification and quantification of the cited compounds. Particle size  
38 was determined to be an important parameter affecting compound recovery, with the exception  
39 of chlorogenic acid. A particle size of 1.40 mm resulted in the highest recovery of *p*-coumaric  
40 and caffeic acids (0.25 and 0.58 mg/g, respectively), while higher hesperidin yields were  
41 achieved from the particle sizes of 2.00 and 1.40 mm (6.44 and 6.27 mg/g, respectively).  
42 Extraction temperature significantly affected only the recovery of the flavanone glycoside  
43 ( $P < 0.05$ ). As the extraction temperature increased from 30 to 50 °C the recovery of hesperidin  
44 increased from 6.59 to 7.84 mg/g, respectively. Neither extraction time nor ultrasonic power  
45 significantly affected the recovery of any individual phenolic compound.

46

47 **Keywords:** sustainable extraction, particle size, phenolic acids, flavanone, citrus waste.

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## 51 1. Introduction

52 Lemons (*Citrus limon* L.) are widely grown around the world and are known for their  
53 nutritional value. In 2013/14, lemon and lime production exceeded 13 million tonnes where  
54 more than 14% of this production was processed (FAO, 2016). During lemon processing, a  
55 large amount of solid waste, primarily composed of the peel (flavedo and albedo) and seeds, is  
56 generated. Citrus peel is comprised of a wide variety of organic compounds including  
57 polyphenols, vitamins, sugars, organic acids, fibers and oils (Putnik et al., 2017; Sharma et al.,  
58 2017).

59 Polyphenols are the most abundant secondary metabolites synthesized by fruits and  
60 vegetables, and are responsible for their organoleptic properties (Dai and Mumper, 2010).  
61 Citrus peel contains quantities of flavonoids (flavanones, flavonols and flavones) and phenolic  
62 acids. Flavonoids are important bioactive compounds due to their antioxidant, anticancer,  
63 antifungal and antibacterial activities (Ortuño et al., 2006; Casquete et al., 2015; Sharma et al.,  
64 2017). Hesperidin is a flavanone glycoside found in lemon peel and has been reported to possess  
65 antibacterial, antifungal and anti-inflammatory properties (Garg et al., 2001). Phenolic acids,  
66 such as hydroxycinnamic and hydroxybenzoic acids, also present in lemon peel which have  
67 been linked to antioxidant, antifungal and antimicrobial activities (Wang et al., 2007; Shetty et  
68 al., 2016; Papoutsis et al., 2017).

69 Presently, peel derived from citrus processing is typically discarded as landfill,  
70 representing a cost and environmental liability to the industry. The opportunity to extract  
71 bioactives from peel waste for use in foods or pharmaceuticals using economic,  
72 environmentally sustainable practices products, therefore, represents an attractive proposition  
73 to the citrus industry.

74 Extraction must be undertaken to liberate phenolic compounds from lemon peel and  
75 appropriate extraction conditions must be identified in order to maximize their recovery yields

76 (Putnik et al., 2017). Methanol, ethanol or corresponding aqueous mixtures of these solvents  
77 are typically employed for the recovery of polyphenols from citrus pomace (Abad-García et al.,  
78 2007; Lou et al., 2016). Despite their efficiency, the cost of these solvents is high. Safety and  
79 toxicity concerns also exist over the industrial scale use of alcohols, leading to water being the  
80 preferred solvent for high volume extraction. Consequently, techniques to improve the  
81 efficiency of aqueous extraction remains a priority for researchers.

82 Although ultrasound-assisted extraction (UAE) has been previously identified as an  
83 efficient extraction technique (Roselló-Soto et al., 2015), undesirable UAE conditions may lead  
84 to a significant degradation of phenolic compounds (Dahmoune et al., 2013; Babazadeh et al.,  
85 2017). Solvent type, extraction time, extraction temperature, particle size of the sample,  
86 ultrasonic power and frequency are parameters that may affect the recovery of phenolic  
87 compounds (Chemat et al., 2017). Khan et al. (2010) reported that sample particle size  
88 significantly affected UAE yield efficiency of total phenolic compounds from orange peels,  
89 while Ma et al. (2009) identified temperature as a variable affecting the extraction yields of  
90 phenolic acids from *Citrus unshiu* Marc peels.

91 To date, most of the studies that have investigated the effect of different UAE  
92 parameters (such as ultrasonic power and frequency, extraction time and temperature) on the  
93 recovery of individual phenolic compounds from citrus have employed either pure organic  
94 solvents or mixed aqueous solvent systems (Ma et al., 2008a; Ma et al., 2008b; Ma et al., 2009).  
95 Chemat et al. (2017) recently reported that UAE conditions should be selected according to the  
96 physical parameters of the solvents that are employed. Moreover, to date, the effect of particle  
97 size of the sample on the recovery of individual phenolic compounds from citrus waste has not  
98 been reported. The aim of this study was to investigate the effect of four UAE parameters,  
99 including particle size of sample, extraction time, extraction temperature and ultrasonic power  
100 on the simultaneous recovery of hesperidin, *p*-coumaric acid, caffeic acid, and chlorogenic acid

101 from lemon pomace, using distilled water as the extracting solvent. High-performance liquid  
102 chromatography was performed for the identification and quantification of the individual  
103 phenolic compounds.

104

## 105 **2. Materials and methods**

### 106 **2.1. Chemicals**

107 All chemicals used in this study were of analytical grade. Folin–Ciocalteu phenol reagent,  
108 sodium carbonate ( $\text{Na}_2\text{CO}_3$ ) anhydrous, sodium nitrite ( $\text{NaNO}_2$ ), gallic acid, catechin,  
109 hesperidin, *p*-coumaric acid, chlorogenic acid, caffeic acid, formic acid, copper (II) chloride  
110 ( $\text{CuCl}_2$ ), ammonium acetate ( $\text{NH}_4\text{Ac}$ ), neocuproine, ( $\pm$ )-6-hydroxy-2,5,7,8-  
111 tetramethylchromane-2-carboxylic acid (Trolox), 2,2-diphenyl-1-picrylhydrazyl (DPPH) were  
112 purchased from Sigma-Aldrich Pty Ltd (Castle Hill, Sydney, Australia). Aluminium chloride  
113 ( $\text{Al}_2\text{Cl}_3 \cdot 6\text{H}_2\text{O}$ ) was obtained from J. T. Baker Chem. Co. (Zedelgem, Belgium). Sodium  
114 hydroxide ( $\text{NaOH}$ ) was purchased from Ajax Chem. (NSW, Australia). Methanol, ethanol and  
115 acetonitrile were purchased from Merck (Darmstadt, Germany).

116

### 117 **2.2. Materials**

118 Lemon (*Citrus limon* L.) waste, including peel, membranes and seeds, was kindly  
119 provided by the Eastcoast company (Kulnura, NSW, Australia). Pomace was collected the same  
120 day of lemon juice production and was immediately transferred to the laboratory ( $20\text{ }^\circ\text{C} \pm 0.5$   
121  $^\circ\text{C}$ ). After seed removal, the remaining pomace with a moisture content of  $85.1\% \pm 1.2\%$  (mean  
122  $\pm$  standard deviation), was stored at  $-18\text{ }^\circ\text{C}$  until use, to prevent polyphenol degradation. Low  
123 temperatures tend to decrease the activity of polyphenol oxidase (PPO) the enzyme responsible  
124 for polyphenol oxidation (Nguyen et al., 2003). Citrus waste was dried by freeze drying (FD3  
125 freeze dryer; Thomas Australia Pty. Ltd., Seven Hills, Australia) as described by Papoutsis et

126 al. (2017). The dried pomace was ground using a commercial blender (Waring 2-speed blender,  
127 John Morris Scientific, Chatswood, Australia), with the resulting powder then sized and  
128 separated using three steel mesh sieves (1.40, 2.00, 2.80 mm) (EFL 2000; Endecotts Ltd.,  
129 London, England). The ground lemon waste was then sealed in a container and stored at  $-18$   
130  $^{\circ}\text{C}$  until required. The water activity ( $a_w$ ) of the dried lemon pomace was determined to be  $0.19$   
131  $\pm 0.01$  (mean  $\pm$  standard deviation) at  $24.3^{\circ}\text{C}$  and the residual moisture content was  $7.36\% \pm$   
132  $0.51\%$  (mean  $\pm$  standard deviation).

133

### 134 **2.3. Ultrasound-assisted extraction (UAE)**

135 A 20 L ultrasonic bath (Soniclean Pty Ltd., Thebarton, Australia) operating at a frequency of  
136  $43 \pm 2$  kHz was employed for pomace extraction. The effects of four individual parameters: i)  
137 particle size of sample (1.40, 2.00 and 2.80 mm), ii) extraction time (10, 20, 30, 40, 50 and 60  
138 min), iii) extraction temperature (ambient ( $23^{\circ}\text{C}$ ), 30, 40 and  $50^{\circ}\text{C}$ ), and iv) ultrasonic power  
139 (150, 200 and 250 W) on the recovery of hesperidin, *p*-coumaric acid, caffeic acid, chlorogenic  
140 acid, total phenolic content, total flavonoid content, as well as antioxidant capacity of lemon  
141 pomace aqueous extracts were investigated. In all experiments, a sample-to-solvent ratio of 1  
142 g/100 mL was used (Papoutsis et al., 2016). Initially, the effect of particle size was investigated  
143 and the particle size of 1.40 was selected for the following experiments, since it resulted in the  
144 highest recovery of the most of the parameters that were examined. Every time that one  
145 parameter was examined, the others maintained constant. The constant values for the extraction  
146 temperature, extraction time and ultrasonic power were  $30^{\circ}\text{C}$ , 20 min and 150 W, respectively.  
147 The experimental design of the experiment can be seen in Fig. 1.

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150

151 **2.4. Phytochemical analysis**

152 **2.4.1. Identification and quantification of individual phenolic compounds**

153 The identification and quantification of hesperidin, *p*-coumaric acid, chlorogenic acid,  
154 and caffeic acid was performed using high-performance liquid chromatography (HPLC)  
155 (Shimadzu LC-20AD, Rydalmere, NSW, Australia). Both standards and samples were pre-  
156 filtered through a 0.45 µm nylon filter prior to analysis. A C<sub>18</sub> reversed-phase column (Gemini  
157 110A 5 µm, 150 × 4.6 mm Phenomenex Australia Pty., Ltd., Lane Cove, NSW, Australia) fitted  
158 with a guard column (Gemini C<sub>18</sub>, 4 × 3.0 mm) was used for the separation. The injection  
159 volume for samples and standards was 50 µL. The column temperature was maintained at 30  
160 °C using an oven (Shimadzu CTO-20AC, Rydalmere, NSW, Australia). A photodiode array  
161 (PDA) detector (Shimadzu SPD-M20A, Rydalmere, NSW, Australia) was employed for sample  
162 detection (250-380 nm). The mobile phase for separation was as follows; water: acetonitrile:  
163 formic acid, 95:4:1 (v:v:v) (Mobile Phase A) and 100% (v/v) acetonitrile (Mobile Phase B).  
164 The flow rate of the solvents was 1 mL/min using the following gradient elution: 0 min 5% B;  
165 15 min, 20% B; 35 min, 100% B; 40 min, 5% B; 50 min, 50% B. Analysis ceased after 60 min.  
166 The system was re-equilibrated between runs for 10 min using 5% B.

167 The quantification of hesperidin, chlorogenic acid, caffeic acid and *p*-coumaric acid  
168 contents were calculated from the peak area recorded at λ=280 nm by the external standard  
169 method using calibration curves (R<sup>2</sup>=0.9995, 0.9932, 0.9978 and 0.9999, respectively).  
170 Hesperidin, chlorogenic acid, caffeic acid and *p*-coumaric acid standards were prepared by  
171 dissolving standard compounds in methanol at a concentration of 200 µg/mL. Their  
172 concentrations were expressed as mg/g.

173

174

175



176 **2.4.2. Total phenolic content (TPC)**

177 The TPC was measured according to Škerget et al. (2005). Gallic acid was used as a  
178 standard to build the calibration curve ( $R^2=0.9923$ ) and the results were expressed as mg of  
179 gallic acid equivalents per g (mg GAE/g).

180

181 **2.4.3. Total flavonoid content (TF)**

182 The TF was determined according to Zhishen et al. (1999). Catechin was used as a  
183 standard to build the calibration curve ( $R^2=0.9928$ ) and the results were expressed as mg of  
184 catechin equivalents per g (mg CE/g).

185

186 **2.4.4. Antioxidant capacity**

187 Cupric Reducing Antioxidant Capacity (CUPRAC) was determined according to Apak et al.  
188 (2004). Trolox was used as a standard to build the calibration curve ( $R^2=0.9900$ ) and the results  
189 were expressed as mg Trolox equivalents per g (mg TE/g). DPPH radical scavenging capacity  
190 was determined according to Thaipong et al. (2006). Trolox was used as a standard to build the  
191 calibration curve ( $R^2=0.9980$ ) and the results were expressed as mg Trolox equivalents per g  
192 (mg TE/g).

193

194 **2.5. Scanning electron microscopy (SEM)**

195 SEM was employed for observing the morphology of the different particle sizes of lemon  
196 pomace residues using a Phillips XL 30 microscope. Samples were gold coated (3 min) before  
197 the images were taken using a secondary electron detector.

198

199

200

## 201 2.6. Statistical analysis

202 The effect of independent variables (particle size of sample, extraction time, extraction  
203 temperature and ultrasonic power) on individual phenolic compounds, TPC, TF, CUPRAC and  
204 DPPH was investigated by employing one-way ANOVA and Tukey's test, using SPSS  
205 statistical software (version 23, IBM, Crop., NY, USA) at  $P<0.05$ . Each extraction run and  
206 analysis were performed in triplicate.

207

## 208 3. Results and Discussion

### 209 3.1. Effect of particle size on hesperidin, chlorogenic acid, caffeic acid, and *p*-coumaric 210 acid contents

211 The effect of particle size on the recovery of chlorogenic acid, caffeic acid, *p*-coumaric  
212 acid, and hesperidin is shown in Fig. 2A, B. As the particle size decreased from 2.80 mm to  
213 1.40 mm the recovery of caffeic acid and *p*-coumaric acid significantly increased from (0.52  
214 and 0.12 mg/g, respectively) to (0.58, and 0.25 mg/g, respectively) ( $P<0.05$ ). In case of  
215 hesperidin, greater recovery was achieved from the particle sizes of 2.00 and 1.40 mm (6.44  
216 and 6.27 mg/g, respectively). However, particle size had no influence on the recovery of  
217 chlorogenic acid ( $P<0.05$ ) (Fig. 2A). Prior to extraction, particles from each sieve range were  
218 examined using scanning electron microscopy. The images (Fig. 3) reveal that the surface area  
219 in contact with the solvent significantly increased as the particle size diminished from 2.80 to  
220 1.40 mm, facilitating greater penetration of the solvent into the plant tissue, which promotes  
221 greater mass transfer from the solid matrix into the liquid. Phenolic compounds of citrus  
222 pomace can be found either sequestered into the vacuole or bound onto the cell matrix (Shahidi  
223 and Yeo, 2016). Decreasing the particle size under UAE conditions, the sample area exposed  
224 to ultrasonic radiation increases (Fig. 3), which may lead to an increased breakdown of cellular  
225 material and vacuole, which facilitates greater penetration of the solvent into the plant matrix,

226 leading to higher diffusion rates of polyphenols into the solvent (Roselló-Soto et al., 2015).  
227 Simultaneously, cavitation phenomena may facilitate in the release of the phenolic compounds  
228 which are bound onto the cell walls. These results are in accordance with Lee et al. (2010) who  
229 mentioned that the extraction yields of nobiletin and tangeretin increased as the particle size of  
230 orange peel decreased from 0.75 to 0.188 mm under supercritical fluid extraction (CO<sub>2</sub>). As a  
231 consequence of these findings, a particle size of 1.40 mm was selected for the assessment of  
232 the other experimental variables affecting extraction efficiency.

233

### 234 **3.2. Effect of extraction time on hesperidin, chlorogenic acid, caffeic acid, and *p*-coumaric** 235 **acid contents**

236 The effect of extraction time on the recovery of chlorogenic acid, caffeic acid, *p*-  
237 coumaric acid, and hesperidin is shown in Fig. 2C, D. Extraction time as a variable had no  
238 significant effect on the yields of hesperidin or the phenolic acids of lemon pomace under the  
239 extraction conditions applied (particle size = 1.40 mm, power =150 W, temperature = 30 °C)  
240 ( $P<0.05$ ). This finding was in contrast to recently reported findings by Hani et al. (2017) who  
241 identified a correlation between extraction efficiency and extraction time – albeit a modest one.  
242 It has been previously reported that lemon pomace is resistant to ultrasound energy when the  
243 extraction is carried out at ambient temperature (Dahmoune et al., 2013), suggesting a possible  
244 explanation for our findings. A slight, but non-significant rise in hesperidin yield was recorded  
245 by increasing extraction time from 20 to 40 min (from 6.22 to 6.67 mg/g, respectively), after  
246 which the yield slightly declined. Although extraction time did not affect the recovery of  
247 phenolic acids, the maximum extraction yields of caffeic and chlorogenic acids were obtained  
248 when the UAE was performed for 40 min (0.56 and 0.32 mg/g, respectively) and then slightly  
249 declined, whereas the maximum *p*-coumaric acid yield was obtained when the UAE was  
250 performed for 60 min (0.25 mg/g). These results indicated that prolong sonication times may

251 lead to the formation of free radicals which may be scavenged by some phenolic compounds  
252 (Dahmoune et al., 2013). Ma et al. (2008b) reported that the content of hesperidin derived from  
253 penggan (*Citrus reticulata*) peel in methanol extracts significantly increased as the sonication  
254 time increased from 20 to 60 min. Moreover, it has been previously mentioned that sonication  
255 time significantly affected the recovery of phenolic acids from citrus peels in a temperature  
256 dependent manner (Ma et al., 2009). These differences could be attributed to the variability of  
257 the cellular wall ultrastructure and composition between citrus species (Li et al., 2009), which  
258 is known to affect cavitation phenomena which occurs during UAE, as well as to the different  
259 physical parameters of the solvents and the different UAE conditions that were employed  
260 (Chemat et al., 2017).

261

### 262 **3.3. Effect of extraction temperature on hesperidin, chlorogenic acid, caffeic acid, and *p*-** 263 **coumaric acid contents**

264 In UAE, temperature is considered as an important parameter influencing the recovery  
265 of bioactive compounds, since it directly affects both the physical parameters of the solvent  
266 employed and the effectiveness of sonication (Chemat et al., 2017).

267 Temperature had no significant effect on the recovery of phenolic acids but significantly  
268 affected the recovery of hesperidin from lemon pomace ( $P<0.05$ ) (Fig. 2E, F). Higher  
269 hesperidin yields were obtained as the temperature increased from 30 to 50 °C (from 6.59 to  
270 7.84 mg/g, respectively). Similar results have been reported for hesperidin recovery from *Citrus*  
271 *reticulata* peel using methanol as the extraction solvent under UAE (Ma et al., 2008b). Higher  
272 temperature in UAE may facilitate higher recovery of polyphenols by: i) affecting the physical  
273 properties of the solvent and by extension sonication effects, ii) enhancing the solubility of  
274 some phenolic compounds which increases mass transfer rate from the plant matrix into the  
275 solvent, and iii) diminishing the integrity of cellular structures by enhancing the activity of

276 some enzymes (Ma et al., 2016). Under the UAE conditions applied in our study, the  
277 temperature did not affect the recovery of phenolic acids (*p*-coumaric acid, caffeic acid, and  
278 chlorogenic acid). This is in contrast with the findings of Ma et al. (2009) who reported  
279 temperature to be a crucial factor influencing the recovery of phenolic acids from *Citrus unshiu*  
280 Marc peel. These differences could be due to the different physical parameters of the solvent,  
281 such as viscosity, surface tension, and vapor pressure, as well as the different operating  
282 conditions that were employed (Chemat et al., 2017).

283

#### 284 **3.4. Effect of ultrasonic power on hesperidin, chlorogenic acid, caffeic acid, and *p*-** 285 **coumaric acid contents**

286 Ultrasonic power had no significant effect on the recovery of phenolic acids, and  
287 hesperidin (Fig. 2G, H). A slight but non-significant rise in the recovery of hesperidin was  
288 found when the ultrasonic power increased from 150W to 200W (from 6.50 to 6.82 mg/g) and  
289 then slightly declined (6.65 mg/g). These results are in accordance with the findings of Ma et  
290 al. (2008b) who reported that ultrasonic power exerted limited effect on the recovery of  
291 hesperidin from penggan (*Citrus reticulata*) peel. In contrast, studies by the same author found  
292 that the yield of phenolic acids extracted from satsuma mandarin peel increased with increasing  
293 ultrasonic power (from 3.2 to 56 W) (Ma et al., 2008a). These differences could be attributed  
294 to the different UAE conditions, physical parameters of the solvents (viscosity and vapor  
295 pressure), as well as the composition of the plant matrix used in the studies. It has been  
296 previously reported that high-level ultrasonic power may degrade some polyphenols by  
297 inducing the production of free radicals within the solvent (Dahmoune et al., 2013). However,  
298 under the examined ultrasonic powers and conditions, the flavanone glycoside and the three  
299 phenolic acids were stable.

300

### 301 **3.5. Effect of ultrasonic conditions on TPC, TF, and antioxidant capacity**

302 The effects of particle size, extraction time, extraction temperature and ultrasonic power  
303 on TPC, TF, and antioxidant capacity values are displayed in Tables 1 and 2. Similarly to the  
304 individual phenolic compounds, particle size and extraction temperature significantly affected  
305 the recovery of TPC, TF and antioxidant capacity (Table 1, 2). As the particle size decreased  
306 from 2.80 to 1.40 mm, the TPC, TF, and antioxidant capacity values increased ( $P<0.05$ ). These  
307 results are in agreement with previous studies (Stamatopoulos et al., 2013; D'Alessandro et al.,  
308 2014). However, Khan et al. (2010) reported that under UAE, the total phenols extracted from  
309 orange peel slightly increased with increasing particle size (from 0.5 to 2.0 cm<sup>2</sup>). This result  
310 was attributed to the fact that during UAE, smaller particles remained at the air-solvent interface  
311 leading to limited exposure to ultrasonic waves and reduced extraction efficiency. However,  
312 this phenomenon was not noted in our study. Extraction temperatures of 40 and 50 °C resulted  
313 in higher TPC, TF, and antioxidant capacity values ( $P<0.05$ ) (Tables 1, 2). These results are in  
314 accordance with previous studies which mentioned temperature as an important parameter for  
315 the recovery of phenolic compounds from citrus peels (Ma et al., 2008c; Garcia-Castello et al.,  
316 2015). In conclusion, particle size of the sample and extraction temperature found to be the  
317 most important parameters affecting the values of TPC, TF and antioxidant capacity of lemon  
318 pomace aqueous extracts.

319

## 320 **4. Conclusions**

321 Hesperidin, *p*-coumaric, caffeic and chlorogenic acids due to their antioxidant and antimicrobial  
322 activities could be valorized by both pharmaceutical and food industries, adding a value to the  
323 citrus processing companies. The effects of four UAE parameters, including particle size of  
324 sample, extraction time, extraction temperature and ultrasonic power on the recovery of three  
325 phenolic acids and hesperidin from lemon pomace using water as a solvent, was examined.

326 Particle size of the sample significantly affected the recovery of *p*-coumaric acid, caffeic acid,  
327 hesperidin, TPC, TF, and the antioxidant capacity. As the extraction temperature increased from  
328 30 to 50 °C, the recovery of hesperidin, TPC, TF and antioxidants measured by CUPRAC  
329 significantly increased, while extraction temperature had no effect on the recovery of phenolic  
330 acids (*p*-coumaric acid, caffeic acid and chlorogenic acid) and antioxidant capacity measured  
331 by DPPH. Neither extraction time nor ultrasonic power had a significant effect on the recovery  
332 of polyphenols and antioxidants. With solvent considered to be an important parameter  
333 affecting the recovery of polyphenols under UAE, studies optimizing and scanning the  
334 interaction effects of different ultrasonic parameters on the recovery of individual phenolic  
335 compounds from citrus pomaces using water as a solvent should be examined, since most of  
336 the studies to date have focused on the use of organic solvents for the extraction.

337

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345

### 346 **Conflict of interest statement**

347 The authors declare no conflict of interest.

348

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352

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## Tables

**Table 1.** Effect of different ultrasonic extraction parameters on the total phenolic content (TPC), and total flavonoid content (TF). Data are expressed as mean  $\pm$  standard deviation (n=3).

Effect of Particle size			Effect of Extraction time			Effect of Extraction temperature			Effect of Ultrasonic power		
Size	TPC	TF	Time	TPC	TF	Temperature	TPC	TF	Power	TPC	TF
mm	mg GAE/g	mg CE/g	min	mg GAE/g	mg CE/g	°C	mg GAE/g	mg CE/g	W	mg GAE/g	mg CE/g
1.40	15.76 $\pm$ 0.18 <sup>a*</sup>	4.65 $\pm$ 0.14 <sup>a</sup>	10	15.72 $\pm$ 0.20 <sup>a</sup>	4.55 $\pm$ 0.10 <sup>a</sup>	Ambient	16.38 $\pm$ 0.23 <sup>b</sup>	4.64 $\pm$ 0.03 <sup>b</sup>	150	15.48 $\pm$ 0.13 <sup>a</sup>	4.56 $\pm$ 0.13 <sup>a</sup>
2.00	14.76 $\pm$ 0.03 <sup>b</sup>	4.40 $\pm$ 0.04 <sup>ab</sup>	20	15.88 $\pm$ 0.62 <sup>a</sup>	4.56 $\pm$ 0.16 <sup>a</sup>	30	16.32 $\pm$ 0.11 <sup>b</sup>	4.62 $\pm$ 0.01 <sup>b</sup>	200	15.24 $\pm$ 0.62 <sup>a</sup>	4.56 $\pm$ 0.27 <sup>a</sup>
2.80	14.37 $\pm$ 0.25 <sup>b</sup>	4.10 $\pm$ 0.01 <sup>b</sup>	30	15.89 $\pm$ 0.10 <sup>a</sup>	4.82 $\pm$ 0.07 <sup>a</sup>	40	16.75 $\pm$ 0.06 <sup>ab</sup>	4.74 $\pm$ 0.03 <sup>ab</sup>	250	15.77 $\pm$ 0.21 <sup>a</sup>	4.66 $\pm$ 0.09 <sup>a</sup>
			40	16.59 $\pm$ 0.39 <sup>a</sup>	4.81 $\pm$ 0.15 <sup>a</sup>	50	17.24 $\pm$ 0.15 <sup>a</sup>	4.84 $\pm$ 0.08 <sup>a</sup>			
			50	16.21 $\pm$ 0.61 <sup>a</sup>	4.74 $\pm$ 0.01 <sup>a</sup>						
			60	16.13 $\pm$ 0.16 <sup>a</sup>	4.73 $\pm$ 0.10 <sup>a</sup>						
CV**	1.59%	2.79%		2.52%	2.37%		1.29%	1.34%		3.45%	5.33%

\* Values followed by different letters within the same column are significantly different at  $P < 0.05$ , according to ANOVA and Tukey's test.

\*\* Coefficient of variation (CV).

**Table 2.** Effect of different ultrasonic extraction parameters on the antioxidant capacity measured by CUPRAC and DPPH assays. Data are expressed as mean  $\pm$  standard deviation (n=3).

Effect of Particle size			Effect of Extraction time			Effect of Extraction temperature			Effect of Ultrasonic power		
Size	CUPRAC	DPPH	Time	CUPRAC	DPPH	Temperature	CUPRAC	DPPH	Power	CUPRAC	DPPH
mm	mg TE/g	mg TE/g	min	mg TE/g	mg TE/g	°C	mg TE/g	mg TE/g	W	mg TE/g	mg TE/g
1.40	32.91 $\pm$ 1.44 <sup>a*</sup>	0.129 $\pm$ 0.002 <sup>a</sup>	10	31.97 $\pm$ 0.03 <sup>a</sup>	0.113 $\pm$ 0.006 <sup>a</sup>	Ambient	33.49 $\pm$ 0.37 <sup>b</sup>	0.125 $\pm$ 0.003 <sup>a</sup>	150	32.38 $\pm$ 0.84 <sup>a</sup>	0.120 $\pm$ 0.001 <sup>a</sup>
2.00	29.87 $\pm$ 0.04 <sup>ab</sup>	0.122 $\pm$ 0.001 <sup>b</sup>	20	32.37 $\pm$ 0.91 <sup>a</sup>	0.116 $\pm$ 0.005 <sup>a</sup>	30	33.76 $\pm$ 0.56 <sup>b</sup>	0.125 $\pm$ 0.001 <sup>a</sup>	200	32.44 $\pm$ 1.30 <sup>a</sup>	0.117 $\pm$ 0.003 <sup>a</sup>
2.80	28.75 $\pm$ 1.00 <sup>b</sup>	0.118 $\pm$ 0.003 <sup>b</sup>	30	32.76 $\pm$ 0.04 <sup>a</sup>	0.122 $\pm$ 0.016 <sup>a</sup>	40	34.40 $\pm$ 0.63 <sup>ab</sup>	0.128 $\pm$ 0.001 <sup>a</sup>	250	33.61 $\pm$ 0.42 <sup>a</sup>	0.117 $\pm$ 0.007 <sup>a</sup>
			40	33.47 $\pm$ 0.74 <sup>a</sup>	0.111 $\pm$ 0.010 <sup>a</sup>	50	36.29 $\pm$ 0.67 <sup>a</sup>	0.128 $\pm$ 0.002 <sup>a</sup>			
			50	32.66 $\pm$ 0.54 <sup>a</sup>	0.104 $\pm$ 0.009 <sup>a</sup>						
			60	33.52 $\pm$ 0.82 <sup>a</sup>	0.112 $\pm$ 0.007 <sup>a</sup>						
CV**	4.42%	2.53%		1.91%	8.58%		2.17%	1.73%		3.72%	5.31%

\* Values followed by different letters within the same column are significantly different at  $P < 0.05$ , according to ANOVA and Tukey's test.

\*\* Coefficient of variation (CV).

## Figures

**Fig. 1.** Experimental design of the experiment.

TPC: Total phenolic content; TF: Total flavonoid content.

**Fig. 2.** Effect of particle size of sample on phenolic acids and hesperidin (A, B); effect of extraction time on phenolic acids and hesperidin (C, D); effect of extraction temperature on phenolic acids and hesperidin (E, F); effect of ultrasonic power on phenolic acids and hesperidin (G, H). Data are expressed as mean  $\pm$  standard deviation (n=3). Different letters above histogram bars indicate significant differences between means according to ANOVA and Tukey's test at  $P < 0.05$ .

**Fig. 3.** Images of the morphology of different lemon pomace particle sizes using scanning electron microscopy (SEM): 1.40 mm (a); 2.00 mm (b) and 2.80 mm (c).