1	Imaging features of discospondylitis in cats
2	Sergio A Gomes <sup>1</sup> , Sebastien Behr <sup>2</sup> , Laurent S Garosi <sup>3</sup> , Ines Carrera <sup>4</sup> , Mike Targett <sup>5</sup> ,
3	Mark Lowrie <sup>1</sup>
4	
5	<sup>1</sup> Dovecote Veterinary Hospital, 5 Delven Lane, Castle Donington, Derby DE74 2LJ, UK
6	<sup>2</sup> Neurology/Neurosurgery Service, Willows Veterinary Centre and Referral Centre,
7	Solihull, UK <sup>3</sup> CVS Teleneurology, 1 Owen road, Diss, IP22 4ER, UK <sup>4</sup> Diagnostic
8	Imaging, Willows Veterinary Centre and Referral Centre, Solihull, UK 5School of
9	Veterinary Medicine and Science, University of Nottingham, Sutton Bonington,
10	Leicestershire, LE12 5RD, UK
11	Keywords: bacteria, spinal, infection, discitis
12	Name, address, and e-mail address of the corresponding author:
13	Sergio A Gomes DVM MRCVS, sergio.gomes@dovecoteveterinaryhospital.co.uk,
14	Dovecote Veterinary Hospital, 5 Delven Lane, Castle Donington, Derby DE74 2LJ, UK
15	Abstract
16	Objectives This study describes the imaging features of feline discospondylitis on
17	magnetic resonance imaging (MRI), comparing them to computed tomography (CT) and
18	radiographic findings where available.
19	Methods Medical records of cats diagnosed with discospondylitis, presented to three
20	referring institutions. Magnetic resonance imaging, CT and radiographic features were
21	assessed by two of the authors independently.
22	<b>Results</b> Fourteen sites of discospondylitis were retrospectively identified in thirteen cats.
23	The L7-S1 intervertebral disc space (IVDS) was affected in 7/14 (50%) of cases.

24 Characteristic MRI features included a hyperintense nucleus pulposus signal on T2W 25 (10/14, 71%) and STIR (11/13, 85%) with contrast-enhancement in all (11/11), 26 involvement of adjacent vertebral endplates (11/14, 79%), hyperintense neighbouring soft tissue on T2W (11/14, 79%) and STIR (10/13, 77%) with contrast enhancement in all 27 28 (11/11) and presence of spondylosis deformans (10/14, 71%). Other features included 29 narrowed or collapsed IVDS (8/14, 57%), contrast enhancement of vertebral bodies (5/11, 30 46%), epidural space involvement (5/14, 36%), compression of the spinal cord or nerve 31 roots (5/14, 36%), paraspinal abscessation (3/14, 21%) and meningeal signal intensity 32 abnormalities with contrast-enhancement (5/6, 83%). These latter findings may indicate 33 secondary focal meningitis.

Radiographs were available covering five sites (in 4 cats) and CT covering three sites (in 2 cats). Most common radiological features were collapse or narrowing of the affected IVDS (80%) and endplate erosion (60%). No changes suggestive for discospondylitis were identifiable on radiography or CT in two sites (1 cat) despite being identifiable on MRI. Repeated radiography in one case did not reveal complete radiological resolution following nine months of treatment.

40 Conclusions and relevance The results of this study indicate consistent MRI features of
41 feline discospondylitis that should be considered in the diagnosis of feline
42 discospondylitis.

#### 43 Introduction

44 Discospondylitis describes the infection of an intervertebral disc (discitis) and its adjacent cartilaginous vertebral end plates (spondylitis).<sup>1-5</sup> This condition is well recognised and 45 reported in dogs, with descriptions of its associated clinical signs, typical signalment and 46 imaging characteristics.<sup>3,4,6</sup> However, literature describing discospondylitis in cats is 47 48 sparse with six individual case reports, and two cats being mentioned in a series of feline patients with spinal cord disease.<sup>7-13</sup> Discospondylitis appears to be a rare condition in 49 cats, more commonly identified in male cats mainly at the level of the lumbar spine.<sup>7-12</sup> 50 51 Prognosis appears guarded as four out of six reported cases died (1 case) or were 52 euthanased (3 cases) following diagnosis. Reported imaging investigations included 53 vertebral radiographs in every case with additional computed tomography (CT) or magnetic resonance imaging (MRI) in single cases.<sup>7,12</sup> 54

55 Discospondylitis in dogs can be challenging to diagnose as signs are variable and 56 sometimes vague. Commonly described clinical signs include spinal hyperaesthesia, 57 lethargy, reluctance to move, pyrexia, anorexia and weight loss.<sup>1,2,5</sup> Neurological 58 dysfunction can develop, usually secondary to abnormal osseous proliferation, empyema, 59 focal meningitis/myelitis, subluxation or pathologic fractures.<sup>4,5</sup>

60 Considering the variable and challenging clinical presentation, imaging is critical in establishing a diagnosis of discospondylitis.<sup>5</sup> A diagnosis of discospondylitis relies on a 61 62 combination of compatible clinical signs, exclusion of other painful and debilitating 63 conditions, culture and sensitivity results, and cytology on any available biopsy material. 64 However, the clinical conundrum is that to attain a final diagnosis based on 65 histopathology and culture, imaging features need to be identified, in order to recognise the need for further procedures. Moreover, blood or urine culture and sensitivity results 66 67 have been reported to be negative in about 40-75% of cases of discospondylitis in dogs,

with percutaneous disc aspiration yielding positive culture in 75% of dogs.<sup>2,3,14,15</sup> A
definitive diagnosis of discospondylitis in dogs, is therefore based on characteristic
imaging findings in conjunction with compatible clinical signs, ideally in the presence of
a positive culture result.<sup>2,5,16</sup>

MRI is considered the investigation method of choice in the diagnosis of discospondylitis in both people and dogs. It is considered more sensitive and specific than other imaging techniques, particularly in the early stages of the condition, being able to identify cases not evident on conventional radiographs.<sup>4-6,17</sup> There is limited literature reporting diagnostic imaging findings of discospondylitis in cats, particularly with reference to cross-sectional imaging.

The aim of this retrospective study is to describe the MRI features of discospondylitis in a population of clinically affected cats. Radiography and CT features are discussed and compared with MRI when available, in order to give stronger guidance for the imaging diagnosis of feline discospondylitis.

82

#### 84 Material and Methods

#### 85 Animals

86 Medical records of cats diagnosed with both presumptive and confirmed discospondylitis

87 at three referring institutions between February 2009 and April 2019 were reviewed.

88 Cases were included when presented with (1) clinical signs and history compatible with 89 discospondylitis, and (2) MRI features suggestive of infection in one or more 90 intervertebral discs, alone or in conjunction with its adjacent endplates. Compatible 91 clinical signs included a persistent presence of spinal hyperaesthesia in all cases, 92 lameness, abnormalities on neurological examination and pyrexia. Since no extensive 93 literature is available for MRI features of feline discospondylitis, an MRI diagnosis was 94 based on previously reported imaging characteristics of discospondylitis in a single feline case report and in two case series of affected dogs.<sup>4,6,12</sup> An MRI diagnosis of 95 96 discospondylitis was considered when conformation or signal intensity of an 97 intervertebral disc space differed, when compared to their adjacent counterparts. The 98 finding of adjacent vertebral endplates, with an abnormal conformation or signal intensity 99 also supported the presence of a discospondylitis. All cases presenting an ongoing 100 suspected or proven neoplastic process and history of trauma were excluded.

101

### 102 Imaging

103 Cross-sectional imaging was performed under general anaesthesia. All cats underwent 104 CT using a multislice CT machine (Aquilion RXL; Toshiba Medical Systems 105 Corporation, Tokyo, Japan) and MRI using a low field 0.25 Tesla (T) permanent magnet 106 (Esaote VetMR Grande, Genova, Italy), a low field 0.4 T (Aperto MRI, Hitachi, Tokyo, 107 Japan), or a high field 1.5 T (Signa HDe, General Electric, London, UK). MRI studies included a minimum of T2-weighted (T2W) sagittal and transverse images in all cases, a
pre and post-contrast T1-weighted (T1W) and/or short tau inversion recovery (STIR)
dorsal, transverse or sagittal images in the remaining cases. Radiographic and CT studies
were retrieved and assessed when available.

#### 112 MRI features

113 MRI features were assessed, with selection of these features being based on reports on canine discospondylitis and a single feline report.<sup>4,6,12</sup> The intervertebral disc space, 114 115 nucleus pulposus, adjacent endplates, vertebral bodies, overlying epidural space, 116 overlying meninges, paraspinal soft tissues and distal colon were all assessed. The MRI 117 features assessed are described in Table 1. The epidural space was assessed for presence of suspected empyema or suspected inflammation of the epidural fat.<sup>4,18</sup> Overlying 118 119 meninges were only assessed when high-field images were available, as it was considered 120 that low-field images did not offer enough resolution to perform this in detail. The 121 presence of a suspected paraspinal soft tissue abscessation was determined when a focal, 122 well-demarcated region, presenting a contrast enhancing rim-pattern with an iso-123 hypointense center in T2W sequences was detected in direct contact with the affected intervertebral disc space.<sup>19</sup> Colonic distention was considered subjectively normal or 124 125 enlarged. Megacolon was considered if the ratio of maximum colonic diameter compared to the length of L5 was of more than 1.48.<sup>20</sup> When evidence of discospondylitis was found 126 127 on MRI then available radiographic and CT studies of the affected sites were evaluated.

128

## 129 Radiographic features

For each case, vertebral radiographs were evaluated if at least a lateral and a ventro-dorsal
projection were available. Assessed features included evidence of endplate erosion,
endplate sclerosis, vertebral body osteolysis, intervertebral disc space morphology

(normal, narrowed or collapsed), osseous proliferation adjacent to the intervertebral disc
space, spondylosis and soft-tissue opacity alterations as well as any signs of vertebral
fracture, subluxation or shortening.<sup>4,5,7-10,12</sup> Presence of the vacuum phenomenon was
evaluated and the vertebral region surveyed was noted.<sup>21</sup>

- 137
- 138 Computed tomographic features

Vertebral CT images were evaluated and assessed features included evidence of endplate erosion, vertebral body osteolysis and its pattern (focal or multifocal punctate osteolysis), intervertebral disc space morphology (normal, narrowed or collapsed), osseous proliferation adjacent to the intervertebral disc space, endplate sclerosis, spondylosis, soft-tissue attenuation alterations, and signs of vertebral fracture, subluxation or shortening.<sup>7,14,22</sup> Presence of the vacuum phenomena was evaluated and the vertebral region surveyed was noted.

146

## 147 Image assessment and imaging modality comparison

All radiographs, CT and MRI scans were assessed by two of the authors (SG and ML)
independently. When an initial agreement was not attained, features were subsequently
revaluated and a consensus was reached.

Descriptive comparison of the three modalities was performed, detailing cases where more than one modality was performed. In order to assess the capability of both radiography and CT in detecting feline discospondylitis when compared with MRI, it was considered that at least two radiological or CT features had to be identified in order for a discospondylitis to be suspected based on these imaging modalities alone, e.g. a narrowed/collapsed intervertebral disc space as well as eroded endplates.

158 Fo	llow-up
--------	---------

All follow-up repeated imaging studies in all modalities were retrieved if available and described in detail. Resolution of radiological signs was considered if the lytic focus had smoothed and disappeared, sclerotic margins had vanished and bridging of the affected vertebrae was detected on follow-up radiographs.<sup>3</sup>

163

164 **Results** 

#### 165 Signalment

166 13 cats were identified with a clinical diagnosis of discospondylitis. Breed distribution

167 included Domestic Short Hair (n=10), Maine Coon (2) and Siamese (1) with five females

and eight males with a mean age of 107.54 months (median 115, 12 – 168 months).

169

Fourteen foci of discospondylitis were identified in the 13 cats, with a single case presenting with two affected sites. Discospondylitis was identified at L7-S1 in 7/14 (50%), with T12-T13, T13-L1, L1-L2, L2-L3, L3-L4, L5-L6 and L6-L7 being represented once. In the case with two affected sites these were L1-L2 and L5-L6.

174

## 175 Magnetic resonance imaging findings

High-field MRI was available for 6 cases and low-field MRI in the remaining 7 cases
encompassing 8 sites of discospondylitis. Within the fourteen imaged sites, one case had
no T1W sequences, in another case STIR sequences were not obtained, and in three cases
undergoing low-field MRI a contrast-study was not performed. The signal intensity and
contrast-enhancement features on MRI are detailed in Table 2. Intervertebral disc space
morphology was assessed as normal 6/14 (43%), narrowed 6/14 (43%) or collapsed 2/14
(14%). There was no evidence of a concomitant disc herniation. Adjacent vertebral

183 endplates were considered normal in 3/14 (21%), eroded in 7/14 (50%) and destroyed in 184 4/14 (29%). Vertebral body involvement was found in 6/14 cases and this was only found 185 to affect a maximum of a third of the vertebral body. Evidence of vertebral body shape 186 deformity was found in three cases and vertebral body subluxation was identified in one 187 case. The epidural space was considered to be involved in five sites with a suspicion of 188 either an empyema or a local inflammation of the epidural fat with a focal contrast 189 enhancement in 3/5 sites. Compression of the spinal cord was present in 5/14 sites (36%), 190 subjectively classified as mild in 4 cases and severe in the remaining case. Concomitant 191 nerve root compression was observed in three cases. A region compatible with a 192 suspected abscess in the paraspinal tissues was found in three cases (21%). Ventral 193 spondylosis deformans was found in 10/14 cases, and the colon was considered 194 subjectively enlarged in 10/13 cats with two presenting imaging features compatible with 195 megacolon. Examples of the MRI appearance of feline discospondylitis are depicted on 196 Figure 1.

197

## 198 Radiographic findings

199 Radiographs were available in four cases covering five discospondylitis sites. All 200 radiographs were performed concurrent with initial MRI studies, except in one case 201 covering two sites which was performed two weeks previous. The lumbar region was 202 included in all cases with the whole vertebral column being radiographed in one case. 203 Other cases surveyed the full thoracic spine to the tail (1), the thoracolumbar junction to 204 the tail (1) and from C3 to the tail (1). Evidence of endplate erosion alongside vertebral 205 body osteolysis was found in 3/5 sites (60%), intervertebral disc space was abnormal in 206 4/5 sites being narrowed in two and collapsed in the remaining two. A single occurrence 207 was found of the following findings: endplate sclerosis, spondylosis, soft-tissue opacity,

vertebral body shortening and vertebral body subluxation. No osseous proliferation adjacent to the intervertebral disc space, vertebral body fractures or vacuum phenomena were identified. Based on these features, clear evidence of discospondylitis was only found in 3/5 sites (60%). Examples of the radiographic appearance of feline discospondylitis are depicted on Figure 2.

213

## 214 Computed tomography findings

215 Computed tomography was performed in two cases covering three discospondylitis sites. 216 In one case the whole vertebral column was imaged whilst the other included the area of 217 interest encompassing T7 to the tail. Evidence of endplate erosion was present in one case 218 (33%) and intervertebral disc space morphology was considered normal in one site and 219 collapsed in the other two sites (66%). A single occurrence was found of the following 220 findings: endplate sclerosis, spondylosis deformans and vacuum phenomena within the 221 affected intervertebral disc. No evidence of soft-tissue attenuation, osseous proliferation, 222 vertebral body osteolysis, shortening, fractures or subluxations were identified. Based on 223 these features, clear evidence of discospondylitis was only found in 1/3 sites (33%) (Table 224 3). Examples of CT appearance of feline discospondylitis are depicted on Figure 3.

225

## 226 Comparison of imaging modalities

When comparing radiographic and MRI findings in five available sites (Table 3), two sites were not clearly apparent radiographically, since although one of the disc spaces was collapsed, no evidence of endplate erosion or other associated features were identifiable in either of them. This occurred in the case in which two discospondylitis foci were identified on MRI, which was the only case where the three imaging modalities were performed. Radiographs in this case were performed two weeks previous to MRI study. 233 In these sites, the nucleus pulposus was T2W isointense, STIR hyperintense, with diffuse 234 contrast-enhancement and paraspinal tissues were involved being hyperintense on both 235 T2W and STIR sequences. Also CT, performed at the time of MRI diagnosis, did not 236 suggest discospondylitis due to the lack of endplate or vertebral body changes. 237 Radiographs provided indication of three discospondylitis sites out of five, by revealing 238 a combination, amongst other features, of signs of endplate erosion as well as narrowing 239 or collapse of the affected intervertebral disc space. None of these later cases had a CT 240 performed.

The second case in which a CT was performed, there was clear evidence of endplate erosion, a collapsed intervertebral disc space, endplate sclerosis, evidence of subluxation and ventral spondylosis deformans (Figure 3b). This was further confirmed on MRI in which a T2W hyperintense nucleus pulposus with rim-contrast enhancement was identified, with a third of the vertebral body affected.

### 246 Follow-up

Repeated imaging studies were only available for one case, in which radiography was repeated 6 and 9 months following diagnosis and a treatment protocol with antibiotics (Figure 4). Radiological resolution was not present: there was radiographic evidence of disappearance and smoothing around a lytic focus, partial replacement by bridging of the involved vertebrae however sclerotic margins were still detectable on both follow-up radiographs.

#### 254 **Discussion**

This report describes the MRI features of discospondylitis in a population of cats, including its comparison with radiography and CT when available. This study revealed a series of imaging features which could aid in the detection of discospondylitis in cats.

258

259 Feline discospondylitis had been previously reported in six individual case reports and 260 two cats being described in a series of feline patients with spinal cord disease.<sup>7-13</sup> 261 Previously reported affected disc spaces in these cats were L7-S1 (3), L3-L4 (2), L4-L5 262 (2) and L2-L3 (1), with two cats presenting multiple affected discs. This study confirms 263 the suspicion that L7-S1 seems to be an intervertebral disc particularly susceptible to 264 discospondylitis in cats, making up 50% of our reported population and making up almost 265 half of the totality of reported cases. The L7-S1 intervertebral disc space is also described as the most commonly affected site in dogs.<sup>2-4</sup> We also report the first two instances of 266 267 feline thoracic discospondylitis (T12-T13 and T13-L1).

268

MRI features of discospondylitis in dogs have been described previously and have been found to be generally consistent, although individual variability has been reported.<sup>4-6</sup> In the sole feline discospondylitis report with MRI findings, the intervertebral disc was T2W hyperintense and T1W isointense, and the vertebral endplates were T2W and T1W hypointense.<sup>12</sup> Marked contrast-enhancement of the L7 and S1 endplates and surrounding soft tissues was evident. A subjectively distended distal colon was also reported .<sup>12</sup>

275

276 Magnetic resonance features of discospondylitis in cats appeared to be fairly consistent 277 within the population described in this study, although individual variability was 278 apparent. Intervertebral disc space morphology was altered in 57% of cases. Nucleus 279 pulposus signal was found to be mainly hyperintense on both T2W and STIR sequences 280 with signal void occasionally seen on T2W images. T1-weighted sequences were 281 typically isointense, contrast uptake was noticeable in every case where this was 282 available. Affected vertebral endplates were irregularly eroded or completely destroyed. 283 Vertebral bodies were mostly unaffected, with the majority failing to enhance following 284 intravenous contrast injection. The neighbouring soft tissues were often abnormal, with 285 T2W and STIR hyperintensity and contrast enhancement present in every case where this 286 was available. These MRI findings were mostly compatible with the MRI features described for dogs.<sup>4-6</sup> In contrast, epidural space involvement and compression of the 287 288 spinal cord or nerve roots was found in 36% of cases (5/14), which differs from dogs 289 where both were found more commonly.<sup>4,6</sup> Overlying meningeal signal intensity 290 abnormalities were common with contrast-enhancement present in all five cases, 291 indicating that discospondylitis in cats relates to a secondary focal meningitis. Other 292 findings were the presence of areas compatible with paraspinal abscessation in 21% of 293 cases, and a high prevalence of ventral spondylosis deformans (71%).

294 Radiographic features previously described in feline patients included vertebral endplate 295 lysis and /or sclerosis, a narrowed or collapsed intervertebral disc space, spondylosis 296 deformans, irregular bone proliferation ventrally to the affected disc, an increase in 297 ventral soft-tissue opacity, and subluxation at the level of the L7-S1 joint. All of these 298 features, except for bone proliferation, were found in our population of cats. Vertebral 299 body shortening is a new feature associated with discospondylitis in our subset of patients. 300 The most common radiographic feature was collapse or narrowing of the affected 301 intervertebral disc space (80%), with endplate erosion seen in 60% of radiographs. 302 Radiographic evidence of intervertebral disc space narrowing has been reported in cats 303 suffering from other conditions such as intervertebral disc disease and acute non-

compressive nucleus pulposus extrusion.<sup>23-25</sup> However, when evidence of intervertebral 304 305 disc space narrowing is identified in a cat with spinal hyperaesthesia, particularly in the 306 presence of endplate erosion, discospondylitis should be included in the list of differential 307 diagnoses. Interestingly in one of the cases previously reported, discospondylitis was 308 identified post-mortem, and had not been identified on either survey radiographs or 309 myelography.<sup>11</sup> In our population there were two affected sites in which radiography and 310 CT failed to reveal characteristics relating to discospondylitis when changes were present 311 on MRI. In dogs, there is a reported delay in development of radiographic signs with additional cross-sectional imaging often necessary to make a diagnosis.<sup>5</sup> The presence of 312 313 discospondylitis with minimal or no changes on radiographs and CT, would support the 314 same assertion in feline patients. However, further cases might be required to confirm this 315 in view of the small number of cases having had all imaging modalities.

316

317 Computed tomography findings of discospondylitis in both cats and dogs include the 318 same features as plain radiography with the addition of being able to identify areas of 319 punctate osteolysis within the endplates with or without osteolysis of the adjacent bone.<sup>7,14,22</sup> In one previously reported cat, contrast CT identified a rim contrast-320 enhancement mass compatible with an abscess next to the affected disc.<sup>7</sup> Computed 321 322 tomography has clear advantages over plain radiography offering a more detailed 323 depiction of bone with the potential of identifying osseous lesions earlier in the course of 324 disease.<sup>5</sup> However, in one of our cases there was a time-lapse of two weeks between 325 radiography and both CT and MRI. In this case there was no evidence of changes on 326 radiography besides a reduced intervertebral disc space. An argument could be made that 327 radiological features had not yet developed, however a CT performed at the same time as 328 MRI also failed to detect radiological features supportive of discospondylitis (Figure 3,

329  $a_1$  and  $a_2$ ). In our population of cats, CT findings were compatible with previous reports, 330 with a reduced intervertebral disc space being the most repeatable finding. Interestingly 331 the vacuum phenomenon was identified within one of the affected intervertebral discs. 332 This is a radiographic feature most commonly associated with intervertebral disc extrusion.<sup>26</sup> This is the first reported occurrence of this sign in a feline discospondylitis 333 patient, although it has previously been reported in canine discospondylitis.<sup>21</sup> Although 334 335 radiography lacked sensitivity for the detection of discospondylitis, CT also failed to 336 identify discospondylitis detected on MRI in two out of the three imaged sites. Further 337 studies utilising CT in feline discospondylitis would be required to further assess its 338 potential diagnostic value.

339

340 The presence of infectious processes of the vertebral column in cats, such as empyema, have previously been reported in cats in the absence of a concurrent discospondylitis.<sup>27-</sup> 341 342 <sup>30</sup> Feline discospondylitis, however, has been reported concomitantly to paravertebral abscesses and meningomyelitis.<sup>7,9,11</sup> Within our population, the subset of patients 343 344 presenting contrast-enhancing regions within the epidural space, meninges or paraspinal 345 soft tissues could have presented with abscessation or even meningomyelitis. When such 346 regions were identified in the epidural space, these were considered to either be a sign of 347 an empyema or inflammation of the epidural fat. The presence of these concomitant and 348 adjacent infectious loci could be explained by the close proximity of these structures 349 allowing direct spread of an infectious agent.

350

351 Imaging evidence of a subjectively enlarged colon was found in the majority of cases, 352 with megacolon found in 15%. Although some faecal retention is to be expected in cases 353 presenting with spinal pain, the clinical significance of this later finding is unknown. Further clarification would require further studies describing clinical presentation andtreatment of feline discospondylitis and other spinal cord disorders.

356

357 Follow-up imaging was only available in one case with repeated radiographs six and nine 358 months following diagnosis. In dogs, evidence of radiological resolution of 359 discospondylitis was only achieved following treatment for a period of  $53.7 \pm 45.4$ 360 weeks.<sup>3</sup> In our case there was evidence of a partial resolution of the radiological signs at 361 nine months. Further studies will be required to demonstrate if radiological resolution in 362 the feline population is similar to that reported in dogs. Follow-up cross-sectional 363 imaging, particularly MRI, may have the potential to predict clinical resolution, treatment 364 length and relapse in both feline and canine discospondylitis.

365

366 A number of limitations exist in the current study. Data were collected retrospectively, 367 and therefore imaging acquisition protocols and equipment were not standardised. 368 Diagnosis of discospondylitis relied on clinical features and MRI evidence of a suspected 369 infectious process affecting the intervertebral disc spaces and/or the vertebral endplates. 370 Therefore MRI was utilised as an inclusion criteria and it could therefore not be compared 371 in terms of sensitivity and specificity with the other imaging modalities. There may have 372 been cases in which MRI did not reveal any changes where a diagnosis of discospondylitis 373 could have been missed. However, imaging is critical in making a diagnosis of 374 discospondylitis and even if no abnormalities are found at an initial MRI, these should 375 develop as the condition progresses.<sup>5</sup> A full vertebral column study was not performed in 376 most cases, leaving the potential for other affected intervertebral discs being overlooked. 377 This can be explained by costs associated with advanced imaging and investigation based 378 on an area of interest identifiable either through a clear neurolocalisation or an indication

of a neurolocalisation based on spinal hyperaesthesia. We would recommend that when a focus of discospondylitis is detected, imaging of the entire vertebral column is performed in search of other possible foci of infection. Only a small number of radiographs and CT studies were available in relation with MRI studies, which limited the comparison within modalities. Follow-up study was only available in one case and further information could have been gathered with an increased number of cases.

385

### 386 **Conclusions**

387 This is the largest reported population of cats diagnosed with discospondylitis. A set of MRI features are described, indicating a series of consistent findings that might be helpful 388 389 in the diagnosis of discospondylitis in cats. Although only a few cases had all imaging 390 modalities performed, the findings in this study support the notion that MRI should be 391 considered the investigation method of choice in the diagnosis of discospondylitis in 392 feline patients, as is presently considered in both dogs and humans. Where only 393 radiography is available, evidence of intervertebral disc space narrowing in conjunction 394 with adjacent endplate irregularities should be considered a strong indication for the 395 presence of discospondylitis, and further advanced imaging should be performed.

396

# **397** Conflict of interest

398 The authors declared no potential conflicts of interest with respect to the research,399 authorship, and/ or publication of this article.

400

## 401 Funding

402 The authors received no financial support for the research, authorship, and/or publication403 of this article.

404

# 405 **Ethical approval**

406 This work involved the use of client-owned animals only, and followed established

- 407 internationally recognised high standards ('best practice') of individual veterinary clinical
- 408 patient care. Ethical Approval from a committee was not therefore needed.

409

# 410 Informed consent

- 411 Written informed consent was obtained from the owner or legal guardian of all animals
- 412 described in this work for the procedures undertaken.

#### 414 **References**

- 415 1 Moore MP. Discospondylitis. *Vet Clin North Am Small Anim Pract* 1992; 22(4):
  416 1027-1034.
- 417 2 Thomas WB. Diskospondylitis and other vertebral infections. *Vet Clin North Am*418 *Small Anim Pract* 2000; 30(1): 169-82.
- 419 3 Burkert AB, Kerwin SC, Hosgood GL, et al. Signalment and clinical features of
- 420 diskospondylitis in dogs: 513 cases (1980–2001). *J Am Vet Med Assoc* 2005; 227:
  421 268–275.
- 422 4 Carrera I, Sullivan M, McConnell F, et al. Magnetic resonance imaging features of
  423 discospondylitis in dogs. *Vet Radiol Ultrasound* 2011; 52: 125–131.
- 424 5 Ruoff CM, Kerwin SC and Taylor AR. Diagnostic imaging of discospondylitis. *Vet*425 *Clin North Am Small Anim Pract* 2018; 48(1): 85-94.
- 426 6 Harris JM, Chen AV, Tucker RL, et al. Clinical features and magnetic resonance
- 427 imaging characteristics of diskospondylitis in dogs: 23 cases (1997–2010). ). J Am
- 428 *Vet Med Assoc* 2013; 242(3): 359-365.
- 429 7 Packer RA, Coates JR, Cook CR, et al. Sublumbar abscess and diskospondylitis in a
  430 cat. *Vet Radiol Ultrasound* 2005; 46: 396–399.
- 431 8 Norsworthy GD. Discospondylitis as a cause of posterior paresis. *Feline Pract* 9:39–
  432 40, 1979
- 433 9 Malik R, Latter M and Love DN. Bacterial discospondylitis in a cat. *J Small Anim*434 *Pract* 1990; 31: 404–406.
- 435 10 Watson E, Roberts RE. Discospondylitis in a cat. *Vet Radiol Ultrasound* 1993; 34:
  436 397–398.
- 437 11 Aroch I, Shamir M and Harmelin A. Lumbar diskospondylitis and meningomyelitis
- 438 caused by Escherichia coli in a cat. *Feline Pract* 1999; 27: 20-22.

439	12	Hill MF	, Warren-Smith	C and	Granger N	. What is	your	diagnosis?	,

- 440 Diskospondylitis. J Am Vet Med Assoc 2015; 247: 743–745.
- 441 13 Gonçalves R, Platt SR, Llabrés-Díaz FJ, et al. Clinical and magnetic resonance
- 442 imaging findings in 92 cats with clinical signs of spinal cord disease. *J Feline Med*
- 443 *Surg* 2009; 11: 53–59.
- 444 14 Gonzalo-Orden JM, Altonaga JR, Asuncion Orden M et al. Magnetic resonance,
- 445 computed tomographic and radiologic findings in a dog with discospondylitis. *Vet*446 *Radiol Ultrasound* 2000; 41(2), 142–144.
- 447 15 Fischer A, Mahaffey MB and Oliver JE. Fluoroscopically Guided Percutaneous
- 448 Disk Aspiration in 10 Dogs With Diskospondylitis. *J Vet Intern Med* 1997; 11(5):
  449 284–287.
- 450 16 Tipold A, Stein VM. Inflammatory Diseases of the Spine in Small Animals. *Vet*451 *Clin North Am Small Anim Pract 2010*; 40(5): 871–879.
- 452 17 Maiuri F, Gallicchio B, Manto A, et al. Spondylodiscitis: clinical and magnetic
- 453 resonance diagnosis. *Spine* 1997; 22(15): 1741-1746.
- 454 18 Cornelis I, De Decker S, Gielen I, et al. Idiopathic sterile inflammation of the
- 455 epidural fat and epaxial muscles causing paraplegia in a mixed-breed dog. J Am Vet
- 456 *Med Assoc* 2013; 242(10): 1405–1409.
- 457 19 Naughton JF, Tucker RL and Bagley RS. Radiographic diagnosis paraspinal
- 458 abscess in a dog. *Vet Radiol Ultrasound* 2005; 46(1): 23–26.
- 459 20 Trevail T, Gunn-Moore DA, Carrera I, et al. Radiographic diameter of the colon in
- 460 normal and constipated cats and in cats with megacolon. Vet Radiol Ultrasound
- 461 2011; 52(5): 516-20.
- 462 21 Weber WJ, Berry CR and Kramer RW. Vacuum phenomenon in twelve dogs. Vet
- 463 *Radiol Ultrasound* 1995, 36(6), 493–498.

- 464 22 De Risio L, Gnudi G and Bertoni G. What is your diagnosis? Sclerosis of the caudal
- 465 vertebral body end plate of L7 and the cranial end plate of S1 and narrowing of the
- 466 L7-S1 intervertebral disk space. J Am Vet Med Assoc 2003; 222: 1359–60.
- 467 23 Kathmann I, Cizinauskas S, Rytz U, et al. Spontaneous Lumbar Intervertebral Disc
- 468 Protrusion in Cats: Literature Review and Case Presentations. *J Feline Med Surg*
- 469 2000; 2(4): 207–212.
- 470 24 Knipe M, Vernau K, Hornof W, et al. Intervertebral Disc Extrusion in Six Cats. J
  471 Feline Med Surg 2001; 3(3), 161–168.
- 472 25 Chow K, Beatty JA, Voss K, et al. Probable lumbar acute non-compressive nucleus
- 473 pulposus extrusion in a cat with acute onset paraparesis. *J Feline Med Surg* 2012;
- 474 14(10): 764-767.
- 475 26 Müller MK, Ludewig E, Oechtering G, et al. The vacuum phenomenon in
- 476 intervertebral disc disease of dogs based on computed tomography images. *J Small*477 *Anim Pract* 2013; 54(5): 253-257.
- 478 27 Granger N, Hidalgo A, Leperlier D, et al. Successful treatment of cervical spinal
- 479 epidural empyema secondary to grass awn migration in a cat. *J Feline Med Surg*
- 480 2007; 9(4): 340–345.
- 481 28 Maeta N, Kanda T, Sasaki T, et al. Spinal epidural empyema in a cat. *J Feline Med*482 *Surg* 2010; 12(6): 494–497.
- 483 29 Rapoport K, Shamir MH, Bibring U, et al. Epidural Spinal Empyema and Vertebral
- 484 Osteomyelitis in a Cat. *ISR J VET MED* 2016; 71(4): 41-44.
- 485 30 Guo S, Lu D. Clinical presentation, diagnosis, treatment and outcome of spinal
- 486 epidural empyema in four cats (2010 to 2016). *J Small Anim Pract*. Epub ahead of
- 487 print 02 November 2018.

- 489 Tables

# 491 Table 1. MRI features assessed

Region of interest	MRI features based on Carrera et al. 2010 and Harris et al. 2013			
Intervertebral disc space (IVDS)	Number and location of affected intervertebral discs.			
	Morphology (normal, narrowed or collapsed in comparison with contiguous IVDS).			
	Presence of intervertebral disc herniation.			
	Presence of ventral spondylosis deformans.			
Intervertebral disc nucleus pulposus	Intensity on T2W, T1W and STIR compared to adjacent discs.			
	Contrast-enhancement pattern (focal, diffuse, rim-enhancement or absent)			
Adjacent endplates	Intact / eroded (hypointense signal alongside normal signal intensity of the adjace marrow) / destroyed (both cortical and adjacent marrow signal disruption)			
Vertebral body	Intensity on T2W, T1W and STIR compared with normal vertebral bone marrow.			
	Extent of abnormalities (one-third, two-thirds, complete).			
	Contrast-enhancement pattern (as described above).			
	Morphology (presence of deformity or subluxation).			
Epidural space	Presence of suspected empyema / epidural fat inflammation.			
	Contrast-enhancement pattern (as described above).			
	Spinal cord compression (mild, moderate, severe).			
	Nerve root compression.			
Meninges	Intensity on T2W, T1W and STIR.			
	Contrast-enhancement pattern (as described above).			
Paraspinal tissues	Intensity on T2W, T1W and STIR.			
	Contrast-enhancement pattern (as described above).			
	Suspected abscess presence.			
Colonic distention	Normal, enlarged or megacolon.			



# 496 Table 2. Overview of the MRI signal intensity features of feline discospondylitis

	T2-weighted	T1-weighted	STIR	T1-weighted post- contrast pattern or presence
Intervertebral disc nucleus pulposus	Hyperintense 10/14 (71%) Isointense 1/14 (7%) Hypointense 2/14 (14%) Not identifiable 1/14 (7%)	Hyperintense 0/13 (0%) Isointense 9/13 (69%) Hypointense 3/13 (23%) Not identifiable 1/13 (8%)	Hyperintense 11/13 (85%) Isointense 1/13 (8%) Hypointense 0/13 (8%) Not identifiable 1/13 (8%)	Absent 0/11 (0%) Focal 2/11 (18%) <b>Diffuse</b> 6/11 (55%) Rim-like 3/11 (27%)
Vertebral body	Hyperintense 0/14 (0%) <b>Isointense</b> 11/14 (79%) Hypointense 3/14 (21%)	Hyperintense 0/13 (0%) Isointense 9/13 (69%) Hypointense 4/13 (31%)	Hyperintense 3/13 (23%) Isointense 10/13 (77%) Hypointense 0/13 (0%)	Absent 6/11 (55%) Focal 5/11 (46%) Diffuse 0/11 (0%) Rim-like 0/11 (0%)
Paraspinal tissues	Hyperintense 11/14 (79%) Isointense 3/14 (21%) Hypointense 0/14 (0%)	Hyperintense 0/13 (0%) Isointense 13/13 (100%) Hypointense 0/13 (0%)	Hyperintense 10/13 (77%) Isointense 3/13 (23%) Hypointense 0/13 (0%)	Absent 1/11 (9 %) Focal 3/11 (27%) <b>Diffuse</b> 7/11 (64%) Rim-like 0/11 (0%)
Meninges (only evaluated in high-field imaging)Hyperintense 5/6 (83%) Isointense 1/6 (17%) Hypointense 0/6 (0%)		Hyperintense 0/6 (0%) Isointense 5/6 (83%) Hypointense 1/6 (17%)	Hyperintense 4/5 (80%) Isointense 1/5 (20%) Hypointense 0/5 (0%)	<b>Present</b> 5/6 (83%)
Epidural space	Found involved in 5/14 (36%) cases			Absent 0/5 (0%) Focal 3/5 (60%) Diffuse 2/5 (40%) Rim-like 0/5 (0%)

## 497 found in this study. The most frequent finding in each category is highlighted

498

# 499 **Table 3. Comparison of different imaging modalities in the available cases**

	Lesion location	MRI demonstrable	CT demonstrable	Radiographically demonstrable	Repeat radiography
Cat 1	L7-S1	$\checkmark$			
Cat 2	L1-L2		Х	Х	
Cat 2	L5-L6		Х	Х	
Cat 3	L2-L3				
Cat 4	L7-S1	$\checkmark$			$\checkmark$
Cat 5	L7-S1	$\checkmark$			

500

501

502 Figures

- 504 **Figure 1.** Three examples of feline discospondylitis on sagittal plane MRI: (a)
- 505 discospondylitis present at L3-L4 (arrow) acquired on high-field MRI: A1 T2-weighted,
- 506 A<sub>2</sub> T1-weighted pre-contrast, A<sub>3</sub> T1-weighted post-contrast; (b) discospondylitis present

507 at T12-T13 (arrow) acquired on low-field MRI: B<sub>1</sub> T2-weighted, B<sub>2</sub> T1-weighted pre-

508 contrast, B<sub>3</sub> T1-weighted post-contrast; (c) discospondylitis present at L2-L3 (arrow)

509 acquired on high-field MRI: C<sub>1</sub> T2-weighted, C<sub>2</sub> T1-weighted pre-contrast, C<sub>3</sub> T1-

510 weighted post-contrast

511

512 Figure 2. Two examples of feline discospondylitis identifiable on radiography. (a) L2-513 L3 discospondylitis (arrow):  $A_1$  lateral projection,  $A_2$  ventro-dorsal projection. There is 514 loss of normal endplate morphology, left lateral bone proliferation (arrow) and 515 intervertebral disc space narrowing -endplate erosion with evidence of a reduced foramen 516 at this level confirms a narrower space in comparison with adjacent spaces. (b) L7-S1 517 discospondylitis (arrow): B<sub>1</sub> lateral projection, B<sub>2</sub> ventro-dorsal projection. There is 518 endplate destruction and sclerosis, evidence of subluxation, osteolytic lesion at the S1 vertebral body and collapse of the intervertebral disc space at this level. A subjectively 519 520 enlarged distal colon is also identifiable (\*)

521

**Figure 3**. Two examples of feline discospondylitis identifiable on computed tomography. (a) L5-L6 discospondylitis (arrow): A<sub>1</sub> sagittal plane, A<sub>2</sub> dorsal plane. Narrowing of the intervertebral disc space is identifiable without endplate erosion. (b) L7-S1 discospondylitis (arrow): B<sub>1</sub> sagittal plane, B<sub>2</sub> dorsal plane. There is endplate sclerosis, collapse of the intervertebral disc space and evidence of spondylosis deformans ventral to the affected disc. A subjectively enlarged distal colon is also identifiable (\*)

528

Figure 4. L7-S1 feline discospondylitis identifiable on repeated radiography following
treatment with antibiotics: a1 (initial), a2 (6 months later), a3 (9 months later). Full
radiological resolution was not present despite clinical resolution





























