

1 **Machine learning-based prediction of breast cancer growth rate *in-vivo***

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33 **ABSTRACT**

34 **Background:** Determining the rate of breast cancer (BC) growth *in-vivo*, which can predict
35 prognosis, has remained elusive despite its relevance for treatment, screening
36 recommendations and medicolegal practice. We developed a model that predicts the rate of *in-*
37 *vivo* tumor growth using a unique study cohort of BC patients who had two serial mammograms
38 wherein the tumor, visible in the diagnostic mammogram, was missed in the first screen.

39 **Methods:** A Serial Mammography-derived *In-vivo* Growth Rate (*SM-INVIGOR*) index was
40 developed using tumor volumes from two serial mammograms and time interval between
41 measurements. We then developed a machine learning-based surrogate model called *Surr-*
42 *INVIGOR* using routinely-assessed biomarkers to predict *in-vivo* rate of tumor growth and
43 extend the utility of this approach to a larger patient population. *Surr-INVIGOR* was validated
44 using an independent cohort.

45 **Results:** *SM-INVIGOR* stratified discovery cohort patients into fast- versus slow- growing tumor
46 subgroups wherein patients with fast-growing tumors experienced poorer BC specific survival.
47 Our clinically relevant *Surr-INVIGOR* stratified tumors in the discovery cohort and was
48 concordant with *SM-INVIGOR*. In the validation cohort, *Surr-INVIGOR* uncovered significant
49 survival differences between patients with fast- and slow-growing tumors.

50 **Conclusion:** Our *Surr-INVIGOR* model predicts *in-vivo* BC growth rate during the pre-
51 diagnostic stage, and offers several useful applications.

52 **BACKGROUND**

53 Breast cancer (BC) is a heterogeneous disease with tumors exhibiting variable morphology,
54 molecular profiles, behavior, and response to therapy. Mounting evidence demonstrates that BC
55 shows variable rates of growth, which has important clinical and medicolegal implications (1-4).
56 *In-vivo* growth rate is not only a quantifiable trait of the tumor but can also serve as a tool to plan
57 and evaluate screening programs, clinical trials or epidemiologic studies. In addition, BC growth
58 rate evaluated using tumor size from mammograms may predict tumor response to
59 chemotherapy and may help in determining the likely time of tumor initiation and previous tumor
60 size in medicolegal cases (5-7). BC growth rate is also associated with prognostic variables
61 such as lymph node status, stage and vascular invasion (3, 4, 8); however, the prognostic and
62 predictive value of BC growth rate has not been harnessed in routine practice due to the
63 inherent difficulty in its assessment in the short intervals between diagnosis and treatment.

64 Although the growth rate of BC *in-vivo* is strictly regulated, it appears to be dependent on the
65 balance between several variables including growth fraction (the tumor cells that are
66 proliferating and leading directly to the addition of new tumor cells), the rate of tumor cell loss by

67 apoptosis and/or necrosis, tumor cells' doubling-time/kinetics, and the surrounding
68 microenvironment including angiogenesis, blood supply, and host immune response to the
69 proliferating tumor cells (9-12). The complexity of the processes controlling BC growth and the
70 interaction with the tumor microenvironment make assessment and prediction of BC growth rate
71 a challenging task. Therefore, serial imaging of BC at different time points is considered as the
72 best model available for assessing the *in-vivo* growth rate and for determining associations
73 between potential intrinsic growth rate determinants and BC behavior, including response to
74 therapy.

75 This study utilizes a discovery cohort comprising clinically and molecularly well-characterized
76 data from BC patients who underwent serial mammography. It is a unique and rare cohort
77 because the second mammogram illuminated that the tumor was indeed "missed" during the
78 first mammogram. We find that this one-of-a-kind cohort can be interrogated to (a) identify
79 predictors of BC *in-vivo* growth rate, (b) evaluate the impact of BC growth rate on disease
80 outcome, and (c) develop a surrogate model that robustly predicts pre-diagnosis *in-vivo* growth
81 rate for patients who would normally not have tumor volume data from two serial mammograms.
82 In contrast to a matched first-presentation-only BC patients' cohort, BC growth rate in this study
83 is determined by the changes in tumor volume between sequential mammograms, wherein the
84 first mammogram "mistakenly" reported the case as normal/benign and the cancer was
85 identified in the screening mammogram on a retrospective review subsequent to the second
86 (diagnostic) mammogram (**Figure 1**).

87 **METHODS**

88 **Study cohort:** The study cohort comprised of 114 BC patients aged between 50-70 years who
89 were presented at the Nottingham City Hospital from 1988 to 2008 with BC, and for whom
90 review of the previous screening mammogram showed a previously undetected tumor at the
91 same affected site. This may have been due to either a false-negative screening outcome, or
92 due to minimal visible signs of malignancy on the previous mammogram. Mammographic
93 abnormalities included measurable soft tissue abnormality (mass, distortion or asymmetry) on
94 screening and diagnostic films. On retrospective review of the previous mammogram after the
95 disease diagnosis, two radiologists (blinded to each other's observations) confirmed the
96 "missed" cancer. We selected patients in whom a soft tissue abnormality was detected (upon
97 retrospective review of prior screening mammograms) at the site of the subsequent cancer. Due
98 to a misdiagnosed mammogram, this cohort uniquely comes with an earlier screening
99 measurement with a visible tumor. Clinicopathological data including age, histological tumor
100 type, primary tumor size, lymph node status, histological grade, Nottingham Prognostic Index

101 (NPI), vascular invasion and patients' outcome data were obtained. BC-specific survival (BCSS)
102 was defined as the time interval (in months) between the primary surgeries and death from BC.
103 The mean survival time of this cohort of patients was 120 months. Clinicopathological variables
104 were available for 92 cases and the BCSS was available in 90 cases; thus, we restricted our
105 study to these cases (**Figure 1A**).

106 **Calculating tumor volumes and growth rates:** The two measurements in the screening and
107 diagnostic mammograms were assumed as tumor diameter and tumor height, which were then
108 used to calculate tumor volumes at the time of screening and diagnosis. The greater
109 mammogram dimension was assumed as height corresponding to the diameter of the semi-
110 major axis, and the other dimension was regarded as diameter of the semi-minor axis. For
111 tumor volume calculation, we considered the aforementioned dimensions as volume inputs for a
112 cylinder, sphere, and an oblate spheroid (13). For tumor growth rates, we tested exponential
113 growth (14, 15), the Gompertz model (16), and power law growth with the exponent set to both
114 the classic value of 2/3 (17, 18) and 1/2 (19) as shown in **Table S1**. For all models, the initial
115 volume for the growth rate was determined using the screening mammogram and the final
116 volume was determined from the diagnostic mammogram, with the time variable denoted by the
117 days between the two mammograms.

118 **Selecting optimal tumor volume, growth rate combination and development of SM-**
119 **INVIGOR:** Multiple tumor volume/three-dimensional shape assumptions and growth rate
120 functions used in previous studies (19), were tested to find the optimal combination that was
121 prognostic. Growth rate indices that combined tumor volume (calculated assuming the tumor to
122 be a sphere, cylinder, or spheroid) and individual growth functions (calculated assuming
123 exponential growth, two sets of the Power Law function ($\alpha = 1/2$ or $2/3$), or Gompertz growth),
124 were compared on the basis of their prognostic ability. Growth rates were used either as a
125 continuous variable or through a fast/slow growth cutoff determined through optimizing the log-
126 rank statistic (20, 21). Both forms of all growth rates were analyzed univariately in a Cox
127 proportional hazard regression model using 10-year breast cancer specific survival (BCSS), and
128 corresponding model fits were ranked with the Akaike Information Criterion (AIC) (22). The best-
129 fitting growth rate index was chosen via the lowest relative AIC and was used in subsequent
130 analyses. Data related to changes in volume of the lesion between the time of screening and at
131 diagnosis, as well as the time between screening and diagnosis, were used to estimate the
132 **Serial Mammography-derived *In-vivo* Growth Rate (SM-INVIGOR) (Figure 1B)**. To control for
133 common clinicopathological confounders, the growth rate model was also analyzed with
134 multivariate Cox regression alongside grade, age, and estrogen receptor (ER) status. In

135 addition, the tumor volumes at the screening and diagnostic time-points were tested
136 prognostically to evaluate the prognostic significance of the change in tumor volume versus that
137 of the screen- or diagnostic mammogram-calculated volume individually (**Figure 1C**).

138 **Assessing and scoring immunohistochemical staining:** For each patient, a representative
139 formalin-fixed paraffin wax-embedded (FFPE) tumor block of the resected tumor was obtained
140 from the Nottingham breast tumor bank (**Figure 1D**). Full-face sections 4 μm thick from the
141 representative FFPE tumor blocks were prepared onto Xtra® Surgipath glass slides and were
142 used for immunohistochemical (IHC) assessment of the following markers: estrogen receptor
143 (ER), progesterone receptor (PR), HER2 (human epidermal growth factor receptor 2), the
144 proliferation markers Ki67 and MCM2 (Minichromosome Maintenance 2), the basal markers
145 CK5/6 (cytokeratin 5/6) and EGFR epidermal growth factor receptor), the apoptosis markers
146 BCL2 and cleaved caspase-3. IHC was performed on tissue sections using Novolink™ Max
147 Polymer Detection System. (Leica, Newcastle, UK). Briefly, heat-assisted retrieval of antigen
148 epitopes was performed in citrate buffer (pH 6) using a microwave for 20 minutes, followed by
149 immediate cooling. The slides were rinsed with Tris-Buffered Saline (TBS, pH 7.6). The primary
150 antibodies as summarized in Table S2 were applied for 30 minutes at room temperature except
151 for cleaved caspase-3 staining. For cleaved caspase-3 a pre-fabricated detection kit
152 (*SignalStain® Cleaved Caspase-3 (Asp175) IHC Detection Kit #8120, Cell Signaling*
153 *Technology*) was used following manufacturer's instructions. Other markers were stained using
154 our protocols as previously published (23, 24).

155 Appropriate positive and negative controls were used for each marker and included in each
156 staining run. Only the invasive tumor cells were scored independently by two observers (SB and
157 MA) blinded to each other's scores and clinicopathological data. Cases with discordant results
158 were further reviewed by both observers to achieve scoring consensus. For each marker, the
159 percent and intensity of staining were assessed, and H-scores were generated. For ER, PR,
160 and HER2, cut-offs according to published guidelines were used (25, 26). Ki67, and cleaved
161 caspase-3 were assessed and scored as previously described (23, 24). BC molecular subtypes
162 were defined based on their IHC expression profile into: a) luminal (ER+ and/or PR+ /HER2-), b)
163 HER2+ (HER2-positive), c) Triple negative (TN; ER-, PR-, HER2-) and d) Basal-like Breast
164 cancer (BLBC: TN+ CK5/6+) (24). A total of 92 cases were informative for IHC biomarkers and
165 these comprised the study cohort in the subsequent analyses including molecular markers
166 (**Figure 1E**).

167 **Development of the machine learning-based surrogate model (Surr-INVIGOR):** The above
168 mentioned clinical and molecular variables, and immunohistochemical biomarkers (**Table S3**)

169 were evaluated using machine learning algorithms to identify an optimal feature set that could
170 serve as a surrogate model for *SM-INVIGOR* to predict fast or slow *in-vivo* growth rate for cases
171 where only a single (diagnostic) mammogram is available (**Figure 1F/G/H**). The significance of
172 mean differences for all potential surrogate variables, between fast- and slow-growing tumors,
173 was first calculated using a 2-tailed t-test; this was followed by a ranking of the variables based
174 upon their discriminating capacity. Multiple classification algorithms (support vector machines,,
175 naïve Bayes, decision trees, discriminant analysis, ensemble), with optimized hyperparameters
176 (27, 28) were then tested. The machine learning algorithm and feature set that resulted in the
177 maximum 5-fold cross-validated accuracy (mean of 100 iterations) was chosen. For each
178 trained machine learning model (combination of biomarkers), hyperparameters were fit through
179 Bayesian optimization (27, 28) over 180 iterations (**Table S4**). Furthermore, a combination of
180 variables was used, in an optimized regression model, to identify if the continuous growth rate
181 value for each patient could be determined. Finally, the outputs from the machine learning-
182 based approach were compared to the regression-based models which did not yield good R²
183 values owing to small sample size.

184 **Validation of Surr-INVIGOR:** The prognostic performance of this surrogate model (*Surr-*
185 *INVIGOR*) was tested in an independent, well-characterized large validation cohort of 1241 BC
186 patients using Kaplan-Meier survival analysis (**Figure 1I/J**). Multivariate Cox regression was
187 used to control for confounding effects of common clinicopathological variables.

188 **Statistical analysis:** All statistical analyses were carried out with SAS 9.4 ® software and
189 MATLAB Version 9.2. Clinicopathological proportion differences between growth groups were
190 determined using the χ^2 test. Continuous clinicopathological variable differences were
191 evaluated via a 2-tailed t-test. Prognostic time to event analysis was performed using Kaplan-
192 Meier and Cox Proportional Hazard regression, wherein a death due to BC was considered as
193 an event and every other outcome was censored. For all analyses, $p < 0.05$ was considered
194 significant.

195 **RESULTS**

196 ***Clinicopathological and molecular features of cases in the study cohort***

197 Most patients in the study cohort showed features associated with good prognosis including
198 lower grade and negative (65%) or early positive (pN1; 26%) lymph nodes. Age at the time of
199 diagnosis ranged from 50 to 73 years (mean=60.3 years, median=61.0 years). There was a
200 predominance of the luminal A subtype with 85% positive for ER while HER2 overexpression
201 was identified in only 6% of the patients. Ki67 staining ranged from 0 to 96%, with a mean
202 expression of 19% (**Table 1**). Moreover, there was a significant correlation between the

203 histological tumor size and the mammogram tumor size at time of diagnosis (Pearson's
204 correlation=0.58870; $p < 0.0001$).

205 ***Development of SM-INVIGOR, a significant predictor of breast cancer-specific survival***

206 Since fast *in-vivo* growth prior to diagnosis is a sign of aggressive disease and could lead to
207 poor outcomes, we reasoned that the growth rate model of choice would be the one that is most
208 prognostic. Thus, we evaluated various combinations of growth rate functions and assumptions
209 regarding the tumor's three-dimensional shape. The best fitting model of tumor volume and
210 growth rate was obtained using the assumption that the study cohort comprises spherical
211 tumors growing at a power law ($\alpha=0.5$) rate; this growth rate function (*SM-INVIGOR*) stratified
212 the tumors into slow-growing and fast-growing subgroups and produced a minimum cross
213 validated AIC of 152.621 (**Table S5**). Using these assumptions, tumor volumes at the time of
214 screening ranged from 53-56,115 mm³ (mean of 2,742 ± 7,619 mm³). This contrasted with
215 tumor volumes at diagnosis, which ranged from 61 to 61,562 mm³ (mean=5,573 ± 8,768 mm³).
216 The mean time difference between date of first screening and that of second diagnostic
217 screening was 18 months, (range 4-37 months, median=17.5 months). Tumor growth rate
218 differed considerably from patient to patient, ranging from 0 to 0.53 mm³/day (mean=0.08 ± 0.13
219 mm³).

220 *SM-INVIGOR* used a cutoff of 0.045 mm³/day to stratify tumors into slow-growing (n=53) and
221 fast-growing (n=37) subgroups. Faster *SM-INVIGOR* significantly associated with
222 clinicopathological factors normally associated with poorer prognoses, such as larger
223 histological tumor size ($p=0.0023$), high grade (Grade 3) ($p=0.0186$), more mitotic divisions
224 ($p=0.0134$), apparent vascular invasion ($p=0.0139$), and a poor Nottingham Prognostic Index
225 ($p=0.011$) (**Figure 2A**). *SM-INVIGOR* varied significantly between BC molecular subtypes with
226 the highest rate observed in triple-negative BC (TNBC) compared to other subtypes ($p < 0.05$).
227 Among the proliferation/apoptosis-related biomarkers that were immunohistochemically
228 assessed (**Table S3**), only Ki67 showed a significant mean difference ($p=0.0003$) between the
229 fast- (24%) versus slow- growing (11%) tumor subgroups. Furthermore, patients with higher
230 tumor growth rate showed significantly poorer survival (BCSS=71.7%) relative to the slow-
231 growing tumors (BCSS=91.9%) as shown in Kaplan Meier's survival graph (**Figure 2B**). *SM-*
232 *INVIGOR* retained prognostic significance ($p=0.0299$, high growth rate HR=4.605) upon
233 controlling for common clinicopathological variables including grade, age and ER status. In fact,
234 *SM-INVIGOR* was the only variable significantly associated with BCSS in our multivariable
235 analysis (**Figure 2C**).

236 ***Development of a clinically-relevant surrogate model (Surr-INVIGOR) for in-vivo growth***
237 ***rate prediction***

238 Unlike the patients in our unique discovery cohort, most begin therapy at an initial cancer
239 diagnosis, and are therefore unlikely to have two serial mammograms with two tumor volume
240 measurements. Because of this difference, *SM-INVIGOR* is limited in its utility to derive in-vivo
241 tumor growth rate for most BC patients in routine clinical practice. Therefore, to extend the
242 benefits of having growth rate data (or estimates) to a much larger group of patients lacking a
243 second mammogram, we developed a machine learning-based surrogate growth rate model for
244 *SM-INVIGOR* and called it *Surr-INVIGOR* (described in Suppl. data). *Surr-INVIGOR* non-linearly
245 combines multiple clinicopathological variables and immunohistochemical biomarkers to predict
246 *in-vivo* growth rate. First, we evaluated the ability of individual clinicopathological variables to
247 serve as potential surrogate features and discriminate between the fast- and slow- growing
248 tumor subgroups of our study cohort (p-values for mean difference between the subgroups is
249 shown in **Table S4**. Ki67 (p=0.000265), mitotic score (MI; p=0.002479), tumor size
250 (p=0.003619), NPI (p=0.004163), and grade (p=0.021128) differed significantly between the
251 fast- and slow- growing tumors. The seven variables (Ki67, Mitotic score, tumor size, NPI,
252 Grade, Stage and Tumor size) with p value <0.2 were then tested in multiple machine learning-
253 based classification algorithms via sequential selection (**Figure S1**). The maximized cross-
254 validated accuracy, which indicates the optimal *Surr-INVIGOR* model, was obtained when three
255 features (Ki67, MI, and histological tumor size) were used in a K-nearest neighbor algorithm or
256 KNN (accuracy or concordance with the classification yielded by *SM-INVIGOR*=0.706). The
257 Ensemble also yielded a 70% accurate classifier but required 4 additional features; the more
258 parsimonious KNN was thus selected for use in *Surr-INVIGOR*. Fitting an optimal regression
259 model to predict the growth rate continuously resulted in a poor R^2 , peaking at 0.22, as shown in
260 **Figure S2**, perhaps owing to the small sample size. Thus, our machine learning-based *Surr-*
261 *INVIGOR* model was a clinically-relevant, superior choice compared to regression-based
262 models.

263 ***Validation of Surr-INVIGOR in an independent BC case series demonstrates its robust***
264 ***prognostic value***

265 We then evaluated the prognostic ability of *Surr-INVIGOR* in an independent BC case series
266 (n=1241) from Nottingham University Hospital, UK. Patient age at the time of diagnosis ranged
267 from 21-71 years (mean=53.6 years, median=54 years). Most patients showed features
268 associated with good prognosis including negative lymphovascular invasion (55.3%), and
269 negative (61%) or showed 1-3 positive (30%) lymph nodes. Patient follow up time ranged from 1

270 to 120 months (mean=100.237, median=120 The clinicopathological features of patients are
271 summarized in Table 1.

272 The clinicopathological variables that discriminated between slow- and fast-growing tumors are
273 depicted in **Figure 2D**. Applying the previously-trained *Surr-INVIGOR* model, using the same
274 input parameters on this naïve validation cohort resulted in significant BCSS stratification.
275 Patients in the fast growth rate group (n=922, BCSS=72.9%) had a significantly lower survival
276 than patients in the slow growth rate group (n=269, BCSS=92.3%) **Figure 2E**. After accounting
277 for potential clinicopathological cofounders, *Surr-INVIGOR* retained prognostic significance
278 (HR=1.758, p=0.0361) alongside grade as shown in **Figure 2F**.

279 ***Surr-INVIGOR can be used to determine tumor age at diagnosis in a subset of breast*** 280 ***tumors***

281 Using the different growth rate groups, we can estimate tumor age and the time of inception of a
282 subset of tumors. Assuming the highest (bounded) power law ($\alpha=0.5$) growth rate (0.04593
283 mm³/day) for the slow-growing subgroup, we can estimate the date after which the tumor was
284 definitely present within the patients in the slow-growing tumor subgroup. Using these
285 assumptions, we determined that the average tumor age at diagnosis of slow-growing tumors
286 was 4.7 years (**Figure S3**). Using this methodology, it may be possible to determine whether a
287 patient possessing a slow-growing tumor undetected at earlier screenings, had received a true-
288 negative or false-negative (i.e., tumor was missed) screening result.

289 **DISCUSSION**

290 Although several studies have investigated variables associated with pre-diagnosis *in-vivo* BC
291 growth rate, only clinicopathological variables and a few molecular biomarkers have been
292 studied in this context and the available tumor dimensions were limited due to the measurement
293 of the tumor's long-axis only (2, 5, 29, 30). This study utilized a unique cohort of cases with
294 tumor volume measurements (derived using tumor diameter and height data) available from a
295 pair of serial mammograms to derive their *in-vivo* growth rates (*SM-INVIGOR*). We explored the
296 potential association of a larger number of molecular biomarkers with their *in-vivo* BC growth
297 rate, reaffirmed that fast tumor growth rate has a profound impact on prognosis, developed and
298 validated a surrogate model (*Surr-INVIGOR*) that can predict a gross scale (fast versus slow) *in-*
299 *vivo* growth rate accurately in routine practice, and its medicolegal consequences.

300 The success of breast screening lies in the timely detection of cancer on mammography. False
301 negative mammography is among the principal reasons for delayed diagnosis of BC(31-34).
302 Even though some authors quote high sensitivity (>90%) for diagnostic mammography, such
303 results are not universal (35). Among many factors, age appears to be one of the important

304 factors underlying false negative reporting because the high radiographic density of breast in
305 young women makes detection difficult (6). Mammograms are generally capable of detecting
306 tumors as small as 2 mm in diameter, which equates to a tumor of approximately 10^7 cells and
307 about 23 tumor doublings (36). In our study cohort, however, patients with tumors ranging from
308 4-55 mm received false-negative diagnoses in their screening mammograms, showing the
309 imperfection associated with this technology and inherent human limitations associated with
310 reading radiology films. Whether the spread of a tumor is due to delays in diagnosis and
311 initiation of treatment, or due to the inherently more aggressive nature of the tumor cells
312 themselves (i.e., higher *in-vivo* tumor growth rate) is another highly controversial matter. Natural
313 fears that the delay in diagnosis has reduced their chances of survival or of avoiding the life-
314 sapping effects of chemotherapy, or the feeling that cosmetic outcomes which would have been
315 better had the tumor been detected earlier, are frequent causes of patients seeking legal
316 redress. The importance of breast imaging in BC diagnosis and the use of mammography in
317 screening has thus pushed breast radiologists into the frontline for medicolegal actions (37).
318 Cancers missed at screening but followed by a positive diagnostic mammogram are not
319 common yet false negative mammography is among the principal reasons for delayed diagnosis
320 of BC (31-34). Only few population-screening programs have reported data on this group of
321 cancers, which makes our study cohort uniquely valuable. This cohort allowed us to develop a
322 model to predict pre-diagnostic *in-vivo* tumor growth rate and provide insights into the potential
323 prognostic consequences of delays in BC diagnosis.

324 Our study has yielded several key insights into features and the prognostic significance of the
325 rate of tumor growth in its early stages. In our study, we found that *SM-INVIGOR* varies
326 considerably and is consistent with findings by Weedon-Fekjaer and colleagues (5) who
327 reported that the time BC takes to grow from 10 mm to 20 mm in diameter varied from less than
328 1.2 months to more than 6.3 years. Our current study also reinforced previous findings that
329 higher grade and larger tumors with high proliferative activity are likely to have faster *SM-*
330 *INVIGOR* and that faster pre-diagnosis growth rate predicted shorter survival (2, 5, 29, 30, 38,
331 39). We also found that the status of lymphovascular invasion (LVI) correlated with growth rate;
332 with highly proliferative and fast-growing tumors more likely to develop when there is increased
333 provision of nutrients to the tumor cells from the leaky invaded blood vessels. Our results
334 indicated that increasing *SM-INVIGOR* increases the risk of mortality of the disease. However,
335 *SM-INVIGOR* cannot be included as a prognostic variable in routine clinical practice because of
336 difficulty in evaluating it in the short interval between diagnosis and treatment.

337 Therefore, we developed *Surr-INVIGOR* to predict the pre-diagnosis *in-vivo* BC growth rate after

338 testing multiple clinicopathological and molecular variables (individually and in combination)
339 using diverse machine learning algorithms. The optimal algorithm, a KNN which used Ki67, MI,
340 and size, stratified both the study and validation cohorts into two subgroups with very distinct
341 outcomes. *Surr-INVIGOR* further allowed routine clinical parameters to be used in patients with
342 slow-growing tumors to determine tumor size at various time-points before the diagnosis of the
343 tumor. For fast-growing tumors, immediate surgery is often recommended, as delays may result
344 in upgrading of clinical T stage. *Surr-INVIGOR* may thus have a potential use in medicolegal
345 cases, and may be used to guide screening and perhaps even follow-up intervals in selected
346 groups of BC patients.

347 Consistent with previous studies (40, 41), results from our validation cohort showed a significant
348 correlation between BC molecular subtypes and pre-diagnosis tumor growth rate wherein a
349 higher growth rate was observed in triple negative/basal-like BC patients. Previous studies have
350 indicated that faster growing tumors lead to poorer survival (42-45). Our results compellingly
351 demonstrated that high pre-diagnosis *in-vivo* BC growth rate increases the risk of mortality from
352 the disease regardless of potential clinicopathological cofounders. Some previous studies did
353 not find such statistically significant associations (3, 4), which might be because in those
354 studies, the tumor volume was calculated using only one dimension-a method that can
355 introduce considerable inaccuracy into growth rate calculations. In the current study, we utilized
356 a combination of power law growth rate and spherical volume-both of which were significant in a
357 previous study using 2-dimensional breast mammogram data (19), and showed the most
358 significant prognostic relevance in our data.

359 Review of previous mammography is carried out as a routine practice at Nottingham Hospital,
360 and cases that show an abnormality at the same site as the diagnosed tumors are considered
361 as cancers potentially missed in the prior screening. Some of these tumors are only detectable
362 in retrospect with knowledge of the diagnostic mammograms, and if all such subtle areas were
363 recalled for further assessment, this would likely increase the false positive rate beyond what is
364 regarded as acceptable in the NHS breast screening program. The impact of such delay in the
365 diagnosis on the presentation and outcome of these tumors compared to matched population of
366 women who presented for the first time as symptomatic or with screen-detected BC remains to
367 be defined. Most tumors included in our study (similar to other studies looking at screen-
368 detected tumors) by their very nature, were small, slow-growing luminal tumors, and infrequently
369 expressed basal markers or HER2 with similar nodal status (30). This can be explained by the
370 unique nature of these slow growing early-stage tumors in this study. By contrast, aggressive
371 tumors are likely to present without prior mammographic abnormality (46). In line with these

372 results, Kalager et al. (47) have reported that BCs presenting as interval cancers were slightly
373 larger than symptomatic BC but there was no difference between the two groups regarding
374 lymph node status or patient outcome. Moreover, our results indicated that the impact of *SM-*
375 *INVIGOR* on disease stage and development of LVI is limited. However, the present study holds
376 a few limitations: due to the unique nature of the study cohort and the lack of similar missed
377 cancer cohorts, the *SM-INVIGOR* growth index could not be readily validated. Additionally, this
378 is a retrospective, single center study and adjuvant treatment regimens were not factored in our
379 analyses. Validation of the model in diverse cohorts is necessary before it can be applied for the
380 prediction of in-vivo growth rate and determination of the likely tumor initiation date and previous
381 tumor size in clinico-legal cases. If validated in further studies, the model developed herein
382 could potentially guide treatment selection as it prognostically distinguishes fast-growing tumors
383 from slow-growing ones. For example, for fast growing tumors, immediate treatment in the form
384 of primary systemic therapy (rather than surgery) may be required. Moreover, HER2 is known to
385 be related to rapid growth of tumors and might be a good marker to add to the *Surr-INVIGOR*,
386 however our study cohort was overwhelmingly HER2 negative and thus its impact within a
387 prognostic model could not be properly measured. Further analysis may be required in a diverse
388 cohort.

389 In conclusion, this study has demonstrated that multiple factors control BC growth; when
390 considered together Ki67, Mitotic Index, and tumor size produce a robust prediction model of
391 pre-diagnostic growth rate and can be used to classify BCs as slow- or fast- growing. The
392 impact of missing subtle cancers in screening mammography seems to depend on whether the
393 tumor was slow- or fast- growing prior to diagnosis, as fast-growing tumors were associated with
394 poorer outcomes and perhaps reflected more aggressive tumor biology. Independent validation
395 of these findings in multiple and more diverse cohorts is warranted.

396 **ADDITIONAL INFORMATION**

397 *Ethics approval and consent to participate:* This study was approved by the Nottingham
398 Research Ethics Committee 2 under the title 'Development of a molecular genetic classification
399 of breast cancer'. All samples from Nottingham used in this study were pseudo-anonymized and
400 collected prior to 2006 and therefore under the Human Tissue Act (UK, 2006), informed patient
401 consent was not needed. Release of data was also pseudo-anonymized as per Human Tissue
402 Act regulations.

403 We can declare that this study is complying with Helsinki declaration.

404 *Consent for publication:* N/A

405 *Availability of data and materials:* All the data and results generated during the study can be
406 provided upon journal request.

407 *Conflict of Interest:* “The authors declare no conflict of interest”.

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409 National Institute of Health (U01 CA179671 and R01 CA169127).

410 *Authorship:*

- 411 1. SB: Study design, experiments, analysis and writing manuscript
- 412 2. SK: Statistical analysis, machine learning model, and writing manuscript
- 413 3. MA: Identifying cases, experiments and editing manuscript
- 414 4. HB: Identifying cases
- 415 5. AW: Identifying cases and study design
- 416 6. AG: Identifying cases and study design
- 417 7. PR: Discussion and editing manuscript
- 418 8. IE: Study support
- 419 9. RO: Help with data analysis
- 420 10. ER: Study design, manuscript editing, financial support and overall study supervision
- 421 11. RA: Study design, manuscript editing, financial support and overall study supervision

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548

Figure and Table Legends:

549 **Figure 1: Schematic depicting sequences of steps in our study leading to the calculation**
550 **of *SM-INVIGOR* and the development of *Surr-INVIGOR* that predicts *in-vivo* tumor growth**

551 **rate in BC:** Briefly, tumor volumes from two serial mammograms and the time interval between
552 measurements in a unique dataset of 92 patients (**A**), were used to develop a growth rate index
553 *SM-INVIGOR* (**B**), The growth index significantly predicts BCSS and classifies tumors as slow-
554 or fast-growing (**C**). When the tumors were resected after final diagnosis (**D**), tumor sections
555 were immunohistochemically stained for a panel of BC biomarkers (**E**). A machine learning
556 algorithm was used to develop a surrogate model (termed *Surr-INVIGOR*) for *SM-INVIGOR* that
557 uses routinely assessed BC clinical biomarkers like Ki67, Mitotic Index and Histological size.
558 The multivariable model non-linearly combines multiple clinicopathological variables and
559 immunohistochemical biomarkers to predict the tumor's *in-vivo* growth rate prior to diagnosis
560 (**F,G**). Using the same growth rate threshold as *SM-INVIGOR*, the *Surr-INVIGOR* model was
561 able to prognostically stratify patients in study cohort (**H**). Finally, *Surr-INVIGOR* was validated
562 using an independent BC validation cohort of 1241 patients and was found to be strongly
563 prognostic in the validation cohort (**I,J**).

564

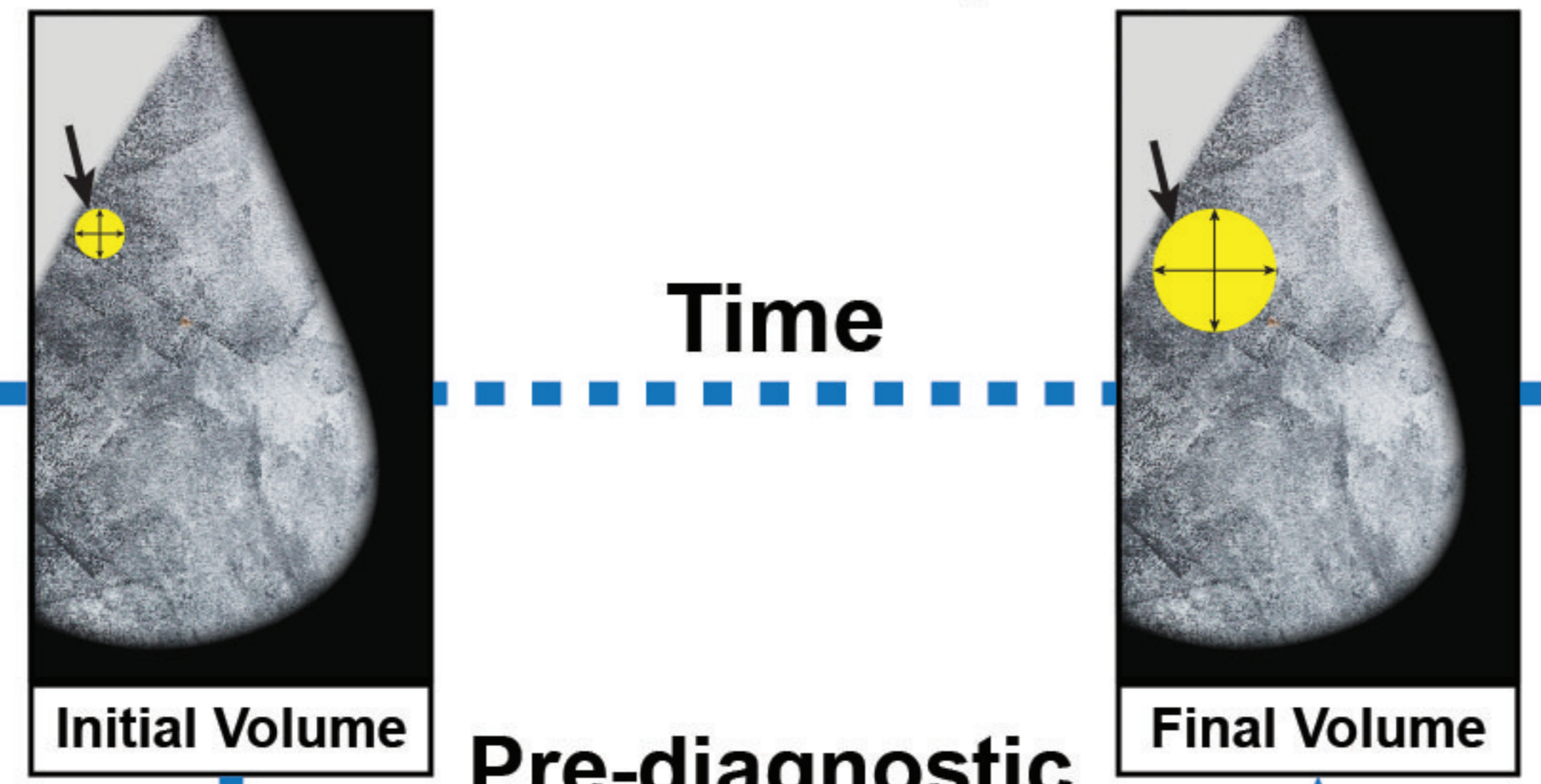
565 **Figure 2: Prognostic significance of *SM-INVIGOR*.** (**A**) Univariate associations between
566 clinicopathological parameters and *SM-INVIGOR*. (**B**) Kaplan-Meier survival curve for study
567 cohort patients stratified into high and low growth rate groups by *SM-INVIGOR*. (**C**) Multivariable
568 analysis of the association between clinicopathological variables and outcome {breast cancer
569 specific survival (BCSS)} in study cohort. (**D**) Univariate association between clinicopathological
570 parameters and *Surr-INVIGOR* in validation cohort. (**E**) Kaplan-Meier survival curve for patients
571 stratified into high and low growth rate subgroups by *Surr-INVIGOR* in validation cohort. (**F**)
572 Multivariable analysis of the association between clinicopathological variables and BCSS in
573 validation cohort.

574

575 **Table 1:** Clinicopathological characteristics of cases in the study cohort and validation
576 cohort.

577

Tumor missed in screening mammogram Tumor detected in diagnostic mammogram



Pre-diagnostic Period of Tumor Growth in vivo

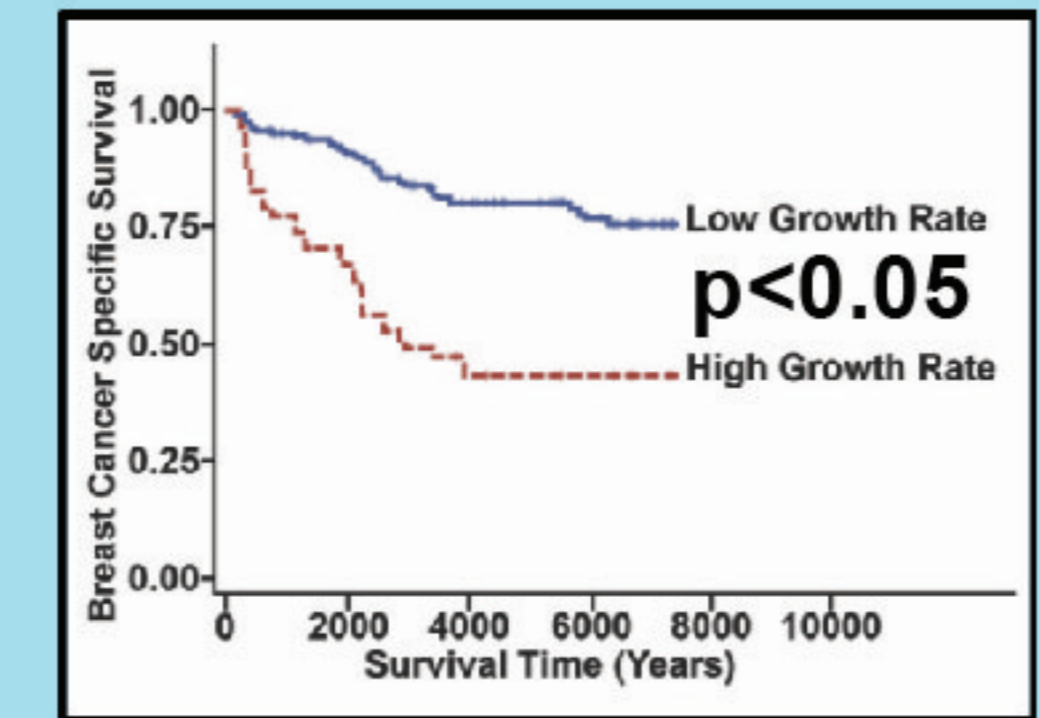


Study Cohort (light blue box)
Validation Cohort (light pink box)

A STUDY COHORT of patients with tumor volume data from 2 serial mammograms (n=92)

B Tumor Growth Rate Calculation

C Developed SM-INVIGOR which stratifies tumors in study cohort



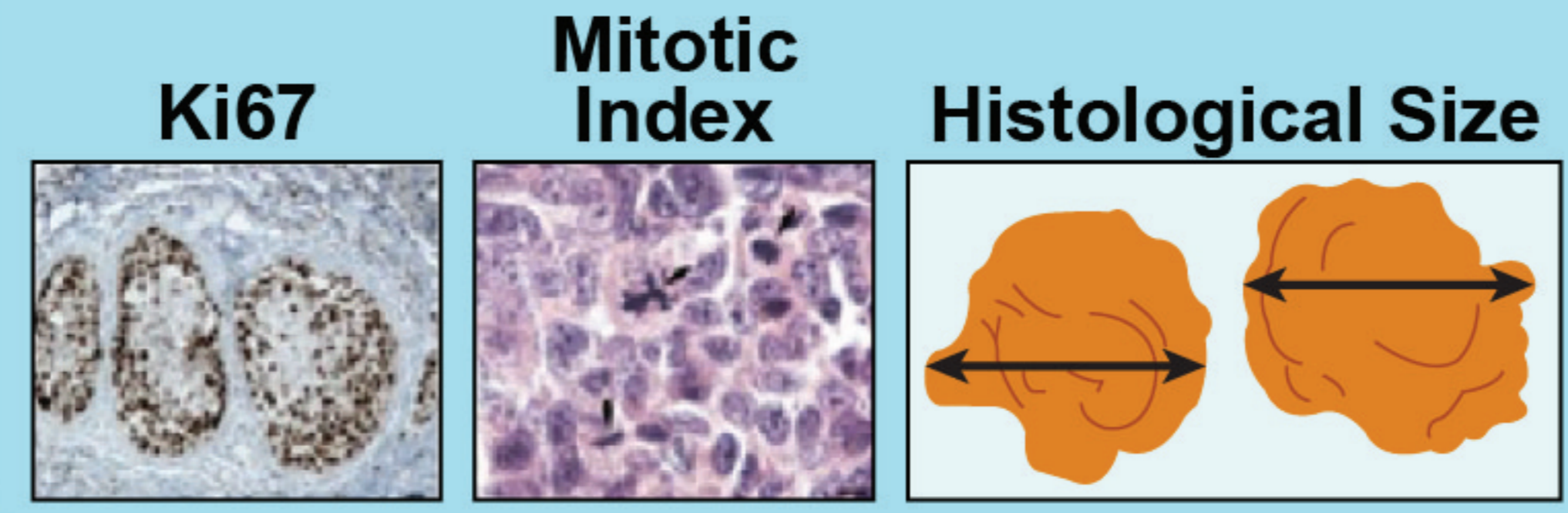
SM-INVIGOR's clinical utility is limited since most patients lack tumor volume data from 2 serial mammograms

D Tumor Resection

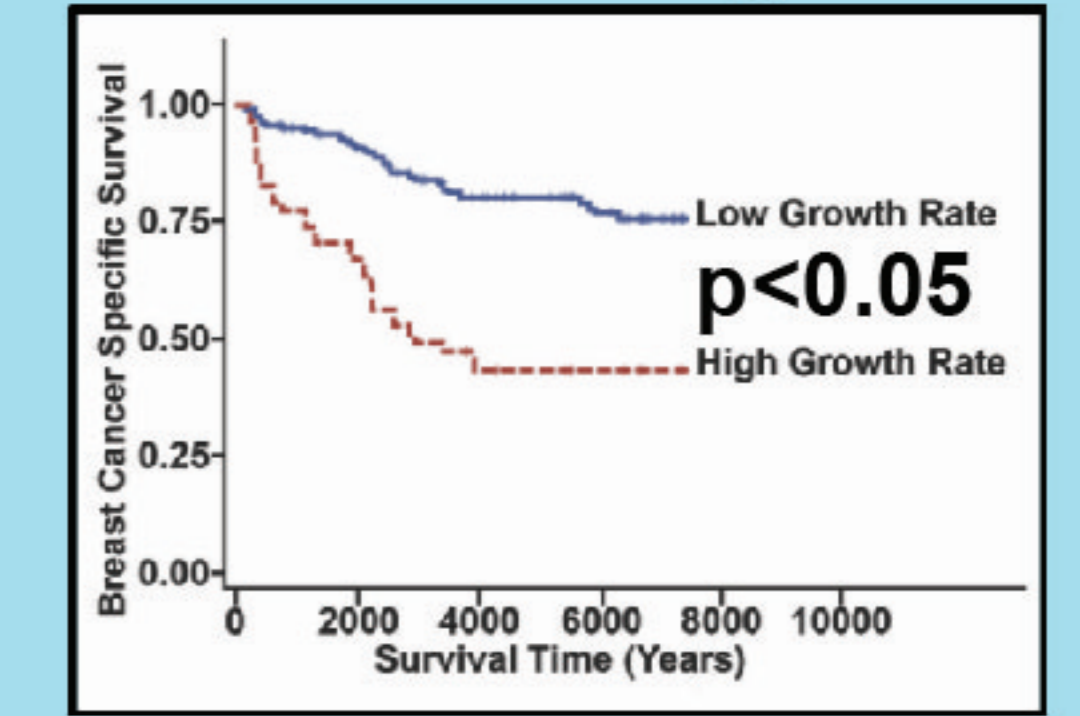
E Study cohort sections stained for routinely assessed BC biomarkers

F ML and feature selection approach used to create model to predict SM growth groups

G Surr-INVIGOR includes Ki67, MI & tumor size

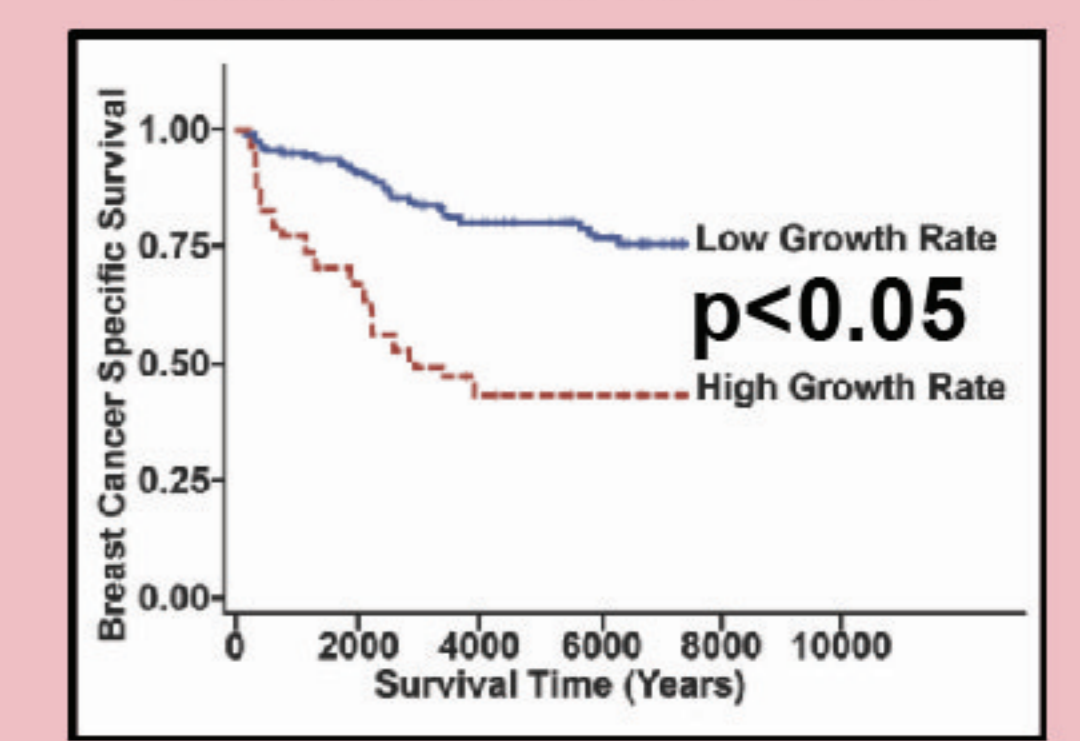


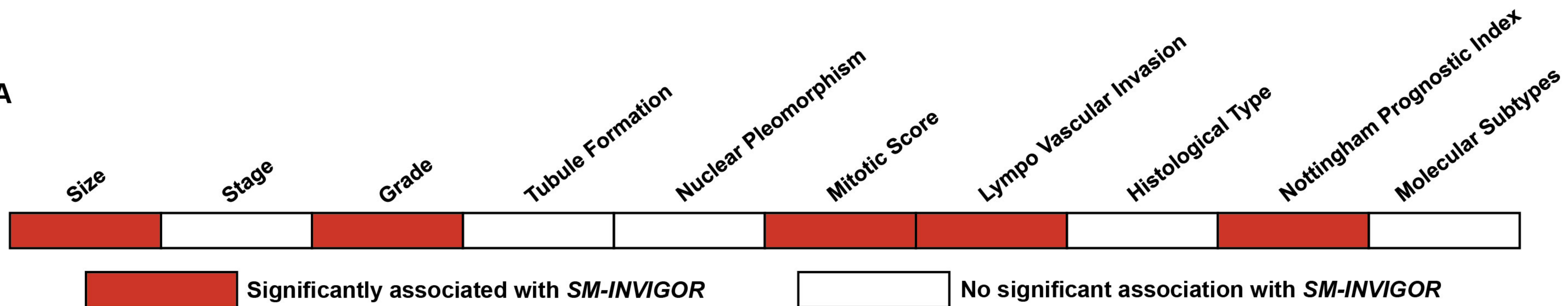
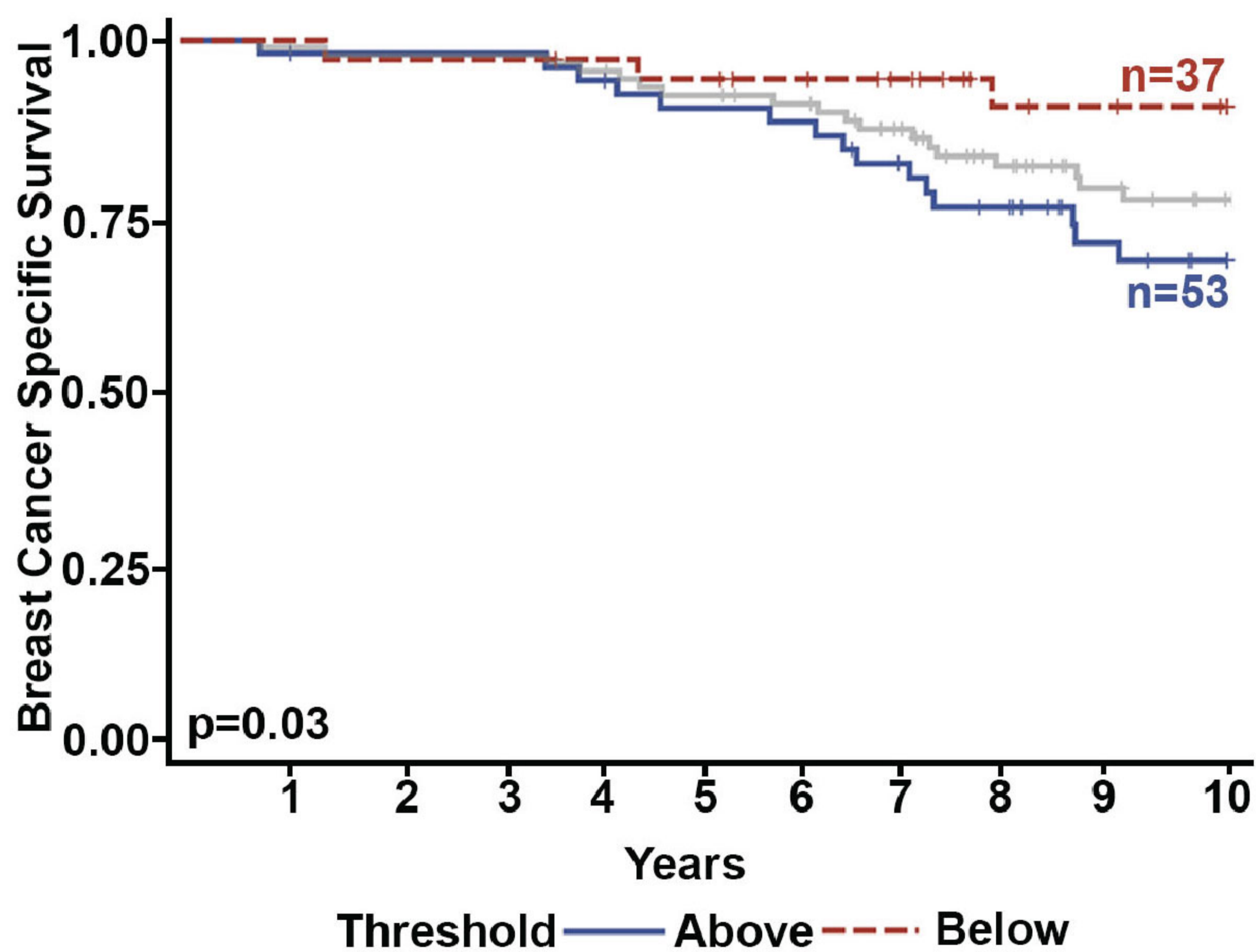
H Surr-INVIGOR stratifies tumors in study cohort



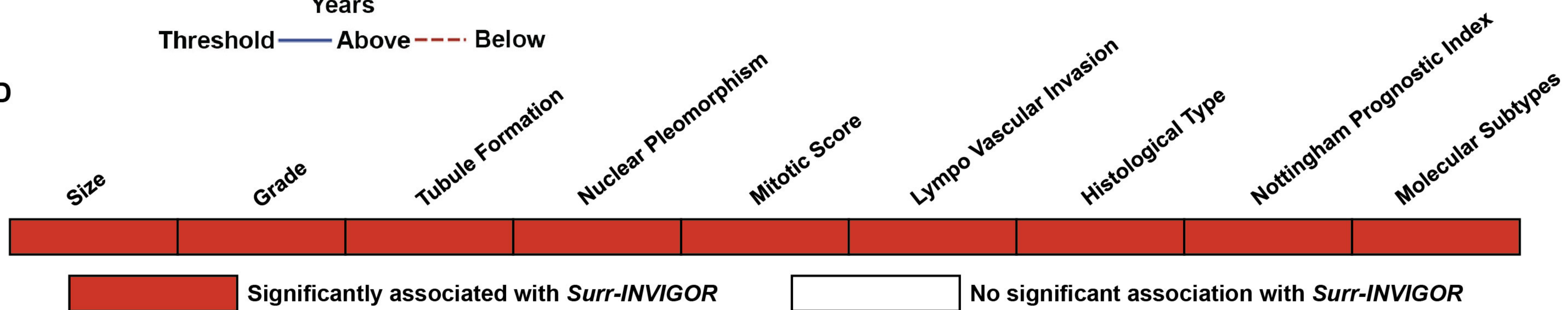
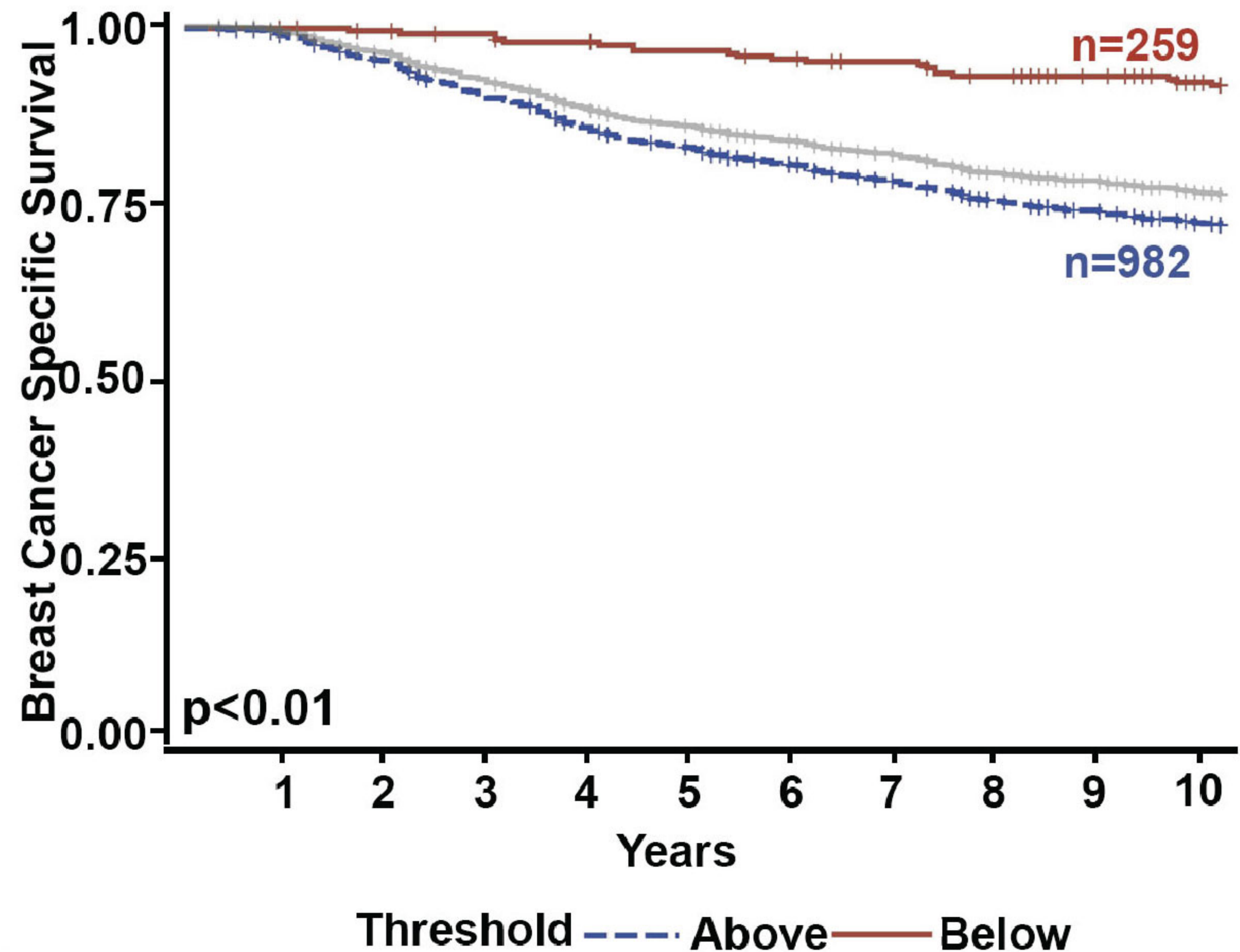
I Surr-INVIGOR tested on large validation cohort (n=1241) of BC patients

J Surr-INVIGOR stratifies tumors in VC



A**B****C**

Multivariate analysis of the association between clinicopathological variables and patient's outcome in the study cohort			
		Hazard Ratio (95% CI)	p-value
Overall Survival			
Age	≤65 vs >65	0.989 (0.912-1.072)	0.78
ER	Neg	0.836 (0.229-2.98)	0.77
Grade	3	3.684 (0.043-30.623)	0.22
Grade	2	4.877 (0.615-38.702)	0.13
<i>SM-INVIGOR</i>	Above	3.623 (1.014-12.941)	0.04

D**E****F**

Multivariate analysis of the association between clinicopathological variables and patient's outcome in the validation cohort			
		Hazard Ratio (95% CI)	p-value
Overall Survival			
Age	≤65 vs >65	1.006 (0.994-1.018)	0.3242
ER	Neg	1.312 (1.008-1.707)	0.0435
Grade	3	7.204 (3.609-14.382)	<0.001
Grade	2	3.723 (1.853-7.481)	0.0002
<i>Surr-INVIGOR</i>	Above	2.059 (1.276-3.324)	0.0031

Table 1: Clinicopathological characteristics		
Parameters	<u>Study Cohort</u> Number of cases (N; %)	<u>Validation Cohort</u> Number of cases (N; %)
Age		
≤65	75 (81.5)	1057 (85.2)
>65	17 (18.5)	184 (14.8)
Tumor Grade		
1	16 (17.4)	325 (26.2)
2	42 (45.7)	501 (40.4)
3	34 (36.9)	415 (33.4)
Tumor Size		
≤15	32 (35.0)	969 (72.31)
>15	60 (65.0)	371 (27.69)
Lymph Node		
1	60 (65.2)	763 (61.5)
2	24 (26.1)	382 (30.8)
3	8 (8.7)	96 (7.7)
Hormone Receptor Status		
ER Positive	78 (84.8)	915 (73.7)
ER Negative	14 (15.2)	326 (26.3)
PR Positive	59 (64.1)	675 (54.4)
PR Negative	33 (35.9)	566 (45.6)
HER2 Expression		
Positive	5 (5.4)	151 (12.2)
Negative	81 (88.0)	1058 (85.3)
Missing	6 (6.5)	32 (2.6)
Intrinsic Molecular Subtypes		
Luminal A	38 (41.3)	408 (32.9)
Luminal B	28 (30.4)	429 (34.6)
HER2	5 (5.4)	151 (12.2)
BLBC	4 (4.3)	138 (11.1)
Triple Negative	11 (12.0)	68 (5.5)
Missing	6 (6.5)	47 (3.8)
Ki67		
High	44 (47.8)	667 (53.7)

Low	48 (52.2)	574 (46.3)
Tumor Type		
Invasive No Special Type	50 (54.3)	761 (61.3)
Invasive lobular	17 (18.5)	93 (7.5)
Tubular	11 (12.0)	299 (24.1)
Mucinous	2 (2.2)	11 (0.8)
Mixed type	12 (13.0)	77 (6.2)
Coexisting DCIS		
None	21 (23.0)	NA
Low grade	20 (22.0)	NA
Intermediate grade	22 (24.0)	NA
High grade	29 (31.0)	NA
Lympho-vascular Invasion		
Negative	60 (66.2)	686 (55.3)
Definite	21 (22.8)	397 (32.0)
Probable	11 (11)	158 (12.7)
Outcome Status		
Alive	62 (67.4)	650 (52.3)
Dead	30 (32.6)	591 (47.6)