Time to review authorisation and funding for new cancer medicines in Europe? Inferences from the case study with olaratumab.

(Running header: Experience and implications with olaratumab)

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Abstract

The potential benefits of early patient access to new medicines in areas of high unmet medical need are recognised, but uncertainties concerning effectiveness, safety, and added value when new medicines are authorised and subsequently funded based on initial preliminary data only have important implications. In 2016, olaratumab received accelerated conditional approval from both the EMA and FDA for the treatment of soft tissue sarcoma based on the claims of a substantial reduction in the risk of death with an 11.8 month improvement in median overall survival in a phase II trial in combination with doxorubicin versus doxorubicin alone. The failure to confirm these benefits in the post authorisation pivotal trial has highlighted key concerns regarding early access and conditional approvals for new medicines. Concerns include potentially considerable opportunity clinical and economical costs, so that patients may have received suboptimal treatment and money spent has foregone the opportunity to improve access to effective treatments. As a result, it seems reasonable to reconsider current marketing authorisation models and approaches. Potential ways forward include closer collaboration between regulators, pharmaceutical companies and payers to enhance the generation of rapid and comparative confirmatory trials in a safe and fair way with minimal patient exposure to achieve robust evidence. Also, it may be time to review early access systems and to explore new avenues regarding who should pay or part pay for new treatments whilst information is being collected as part of any obligations for conditional marketing authorisation. Greater co-operation between countries regarding the collection of data in routine clinical care, and further research on post marketing data analysis and interpretation, may also contribute to improved appraisal and continued access to new innovative cancer treatments.

Key points for decision makers:

- Recently, a medicine for cancer that was conditionally approved in 2016 on the basis of preliminary data was withdrawn from the market, after failing to confirm efficacy.
- Early patient access to new medicines in areas of high unmet medical need may be justified on ethical reasons based on the possibility of added benefit but assumes uncertainty
- Uncertainty may though negatively impact on public health and may deviate resources from more
 effective interventions.
- There is an urgent need to reconsider current mechanisms regulating early access to innovative medicines with substantial uncertainty.

Key words: olaratumab, conditional reimbursement, managed entry agreements, new models, patient level data

1. Introduction

Expenditure on medicines is expected to have a constant growth, driven by high priced innovation, aging of populations, a wider role of medicines in prevention of non-communicable diseases and improved identification of potentially treatable patients through information technology (IT) systems (1, 2). Oncology treatments and

orphan drugs currently lead the growth, which is favoured by single disease model guidelines and policies (3-5). However, the continual launch of new high-priced medicines among European countries with finite budgets and faced with providing, or seeking to provide, universal healthcare for their citizens is putting additional strain on their healthcare systems (5, 6). This needs to be addressed without compromising care.

There is a growing focus on cancer treatments across countries in view of increasing incidence and prevalence rates as well as current and projected high expenditures. Currently there are 18.1 million new cancer cases annually worldwide, which is likely to reach 21.4 million per year by 2030 (7-9). In addition, prices for new cancer medicines are usually high, often with limited correlation with their level of health gain (7, 10-15), aided by the emotive nature of this disease area (13, 16, 17). There is a similar situation for new medicines for orphan diseases (18-21). The regulations regarding drug pricing in Europe are diverse (6, 22), and it is difficult to have pan European figures. However, the average cost per patient of a new orally administered cancer medicine in the United States of America (USA) typically exceeded \$135,000 a year in 2014, up to six times higher than prices in the early 2000s after adjusting for inflation (15, 23). These combined factors resulted in world-wide sales of medicines for oncology at \$107 billion in 2015, an increase of 11.4% since 2014, and \$133 billion in 2017, with an estimated \$200 billion by 2022 (24). As a result, expenditures on medicines for cancer now dominate pharmaceutical expenditure in developed markets (5, 9, 24-26). This will continue with over 500 companies actively pursuing new oncology medicines in over 600 indications (5, 25) with envisaged high price expectations (11, 16, 23, 27). Consequently, discussions over prices and affordability of new cancer medicines will continue especially with greater knowledge regarding their actual cost of goods (28-36).

On the other hand, there continues to be unmet need for new medicines for cancer with currently 9.6 million cancer deaths annually and rising across the world (6, 9, 37). As a result, there is a wish among various stakeholders to see new promising cancer medicines being made available, funded, and prescribed as early as possible through a variety of initiatives (38-44). Regulatory initiatives in Europe to address this include special programs aimed at identifying potentially breakthrough therapies deserving priority assessment and/or to allow early authorization through adaptive licensing conditional of compliance with the requirements as part of the conditional marketing authorisation (41, 45, 46). Nevertheless, while early access is the obvious response to an urgent clinical need, the potential benefits of early access need to be balanced against the risk of medicines being introduced too early into routine clinical practice with only limited evidence on their effectiveness and safety. The focus on early access to cancer drugs has led to a higher failure rate of translating promising Phase II into positive findings in Phase III and beyond, as compared to other disease areas (47-51). Failure to improve survival in practice despite surrogate markers looking promising will represent lost clinical opportunities for patients and wasted resources for healthcare systems (13, 52). Besides, the effectiveness of new medicines in clinical settings may be compromised by patients being older, having greater heterogeneity, and having a greater number of co-morbidities than those enrolled into phase III clinical trials, further impacting on the possible added value of new drugs (4, 53, 54). This is besides statistical uncertainties in trial results that occur due to current methodological limitations (55).

To help address these challenges, a number of initiatives have been proposed across Europe to fund new premium priced medicines in a sustainable way. These include general measures to save money for healthcare systems such as encouraging increased prescribing of low cost generics and biosimilars without compromising

care, with biosimilars priced as low as 30% of originators, which has resulted in aggressive lowering of the prices of originator biological in some European countries (36, 56-59). In addition, new models have been developed across Europe to improve the managed entry of new premium priced medicines. Health authority activities in these models start with horizon scanning and budgeting activities up to three years before potential marketing authorisation, with monitoring activities continuing post launch to assess the effectiveness, safety and value of new medicines in routine clinical care (6, 59-63). New models have also been proposed among European and other countries to address concerns with increased prices for new medicines including value-based pricing and multi-criteria decision analyses, the latter aimed particularly at new medicines for rare diseases (3, 64-67).

In Europe, as well as other regions, Managed Entry Agreements (MEAs) are also increasingly included as part of reimbursement and funding considerations to address issues of prices and affordability of new medicines (68-73), especially for new medicines for cancer, orphan diseases and advanced therapies (23, 70, 74, 75). Some European healthcare systems have also contemplated the possibility of introducing conditional reimbursement schemes for new medicines whose benefits are largely unknown at the time of marketing authorisation. Other actions include the co-operation of key stakeholders, including oncologists and health authority personnel, working together to agree minimum effectiveness thresholds for funding new cancer medicines at premium prices (6, 76, 77). Alongside this, agreeing on likely patient numbers and target populations for new cancer medicines to help keep costs within allocated budgets (59).

However, despite recent publications suggesting increasing interest as well as the growing use of both financial and outcome based MEAs (68, 72, 73, 78-81), the number of outcome based schemes globally appear to have plateaued in recent years (71). This is perhaps not surprising since in practice there are a number of issues and challenges with outcome based schemes (38, 39, 82, 83). These include insufficient scientific data being generated to reach robust conclusions, a lack of IT infrastructures and manpower to monitor the effectiveness and safety of new medicines in routine care, new medicines not being taken off reimbursement lists (delisted) despite limited value in practice, and MEAs just monitoring that prescribing is appropriate according to agreed protocols rather than actually assessing outcomes in practice (5, 69, 79, 82, 84). In addition, such schemes may not be sufficient to contain the cost of those medicines that confer real benefits to patients resulting in a budget impact that could still be unsustainable for health care systems (85). As a result, there is a need to re-look at current mechanisms from a payers' perspective that encourages innovation in a sustainable way but mindful of potential risks for patients.

Consequently, the aim of this Current Opinion article is to discuss the benefits, risks and challenges involved in granting early access to premium-priced new medicines in areas of unmet medical need, and illustrate these with the recent case of olaratumab (Lartruvo[®], Eli Lilly) in the treatment of metastatic soft tissue sarcoma (STS). Potential ways forward to authorise and fund such medicines in the future are proposed given the issues raised by olaratumab.

2. The olaratumab case and its implications

The recent failure of the post authorisation pivotal trial of olaratumab in the treatment of metastatic soft tissue sarcoma (STS) (86, 87) has confirmed concerns previously expressed regarding early access and conditional approvals for new medicines (40, 41, 69, 88).

Olaratumab is an antagonist of the platelet derived growth factor receptor-α (PDGFR-α) expressed on tumour and stromal cells (89). Olaratumab received an orphan designation for STS, and was conditionally approved in Europe by the European Medicines Agency (EMA) after an accelerated assessment in September 2016. Approval was based on the results of a single phase II study involving 133 adults with advanced STS (90). The trial showed a limited effect on the primary endpoint of progression-free survival (PFS) for olaratumab in combination with doxorubicin compared to doxorubicin alone (median of 6.6 months versus 4.1 months; Hazard Ratio (HR) 0.67; 95% CI, 0.44–1.02; p=0·0615); however, differences in favour of olaratumab were shown for the secondary endpoint of overall survival (OS) (median OS 26.5 months versus 14·7 months; HR 0.46; 95% CI, 0.30–0.71; p=0·0003)(86, 90, 91). European central marketing authorisation (through EMA evaluation) was granted conditioned on the completion of an on-going confirmatory phase III trial (92). Similarly, the Food and Drug Administration (FDA) granted the olaratumab application a fast track designation, a breakthrough therapy designation and a priority review status, because of the preliminary clinical evidence, with an accelerated marketing authorisation issued in the US in October 2016 (93).

However, in January 2019, preliminary results from the confirmatory study failed to confirm any benefit of olaratumab with doxorubicin as compared with placebo and doxorubicin in the overall survival of patients with STS (median OS 20.4 vs 19.8 months (HR=1.05, 95% CI: 0.84-1.30; p=0.69). Also, lower PFS was observed with olaratumab (5.4 vs 6.8 m; HR=1.23, 95% CI: 1.01-1.50; p=0.04) (94). As a consequence, both the EMA and the FDA issued a notification recommending that no new patients with STS should be started on treatment with olaratumab. Existing patients should consult with their physician if they are receiving benefit from olaratumab (95, 96).

It is estimated that overall approximately one thousand patients had been treated with olaratumab in the European Union by the time the phase III results became known (95), although actual figures may be higher. This represents considerable expenditures among a number of European health authorities. For instance by the end of January 2019, olaratumab had been prescribed to approximately 80 patients in Catalonia, Spain, which at a cost of approximately €30,000/patient, resulted in expenditures of over €2 million.

The concerns with olaratumab are first and foremost in terms of wasted time from the possibility of starting alternative treatments which could have been more effective, as well as potential adverse events suffered by patients due to olaratumab. Secondly, as mentioned, there are opportunity costs, denying funding for alternative treatments to the same patients or other patients in national healthcare systems. No healthcare system has infinite resources available and all need to invest in treatments that truly offer health gain for patients to optimise overall health for all within available resources.

It is acknowledged that the process of drug-development and evidence generation continues throughout the medicine's life-cycle and does not stop with marketing authorisation (3, 5, 6). In addition, the marketing authorisation of new medicines is almost always associated with some degree of uncertainty, with only a limited

amount of clinical data generally available at launch since clinical trials typically include only highly selected patients (4, 97). However, ethical issues arise when a positive effect for a new medicine has been shown during clinical development. Early regulatory access is generally demanded when new promising medicines potentially offer life-saving opportunities to patients who may not have survived until the full clinical trial data is accrued (54, 98, 99). However early access may also lead to ethical concerns, because treatments of uncertain risk/benefit ratio may be used precisely on those patients who are at most need and vulnerable, and in this sense a highly restrictive policy in granting conditional approvals should be the rule particularly when alternative and potentially more effective treatments could have been given. This is especially the case with cancer medicines based on preliminary findings (47).

The mismatch between the need for robust scientific evidence for decision making and the facilitation of early access to potentially life-saving treatments may result in considerable dilemmas not only for regulators, but especially for health authorities responsible for funding new premium priced medicines. Applicant companies argue that the new medicine deserves a high price as it may address a significant current unmet need. This is because a conditional authorisation should only be granted if the new medicine shows high clinical value. On the other hand, pricing and reimbursement authorities deciding on subsequent prices and funding argue that the incompleteness of data represents risks and thus a lower value. Issues such as equity, allocation of healthcare resources, prioritisation of limited budgets and opportunity costs need to be carefully considered alongside uncertainties in the clinical data (40, 43, 88, 100). However, negotiations in practice may also be influenced by many stakeholders including clinicians and scientific societies, industry lobbies, politicians, lay media and patient associations, as well as market considerations of the individual healthcare system.

Flexibility regarding conventional regulatory requirements has been widely implemented by regulators, especially in diseases of low prevalence and advanced therapies including gene therapies. An example is that only 38 out of 125 (30%) orphan medicinal products authorisations granted by the EMA up to December 2014, including both oncological and non-oncological products, were based on replicated pivotal trials. Authorisations included 159 pivotal trials, of which 53 did not include a control arm, 50 did not use randomisation, 75 were open-label, and 119 used intermediate or surrogate variables as their main outcome measure (101). Similar results have been seen with FDA authorisations of oncological drugs, e.g. 7 out of 14 new oncology drugs approved in 2017 by the FDA were based on data from a phase II trial, and 3 more were based on phase I/II trials only (8). Personalised medicine is bringing new challenges as regards to the amount and type of data available at the time of drug approval (102), and basket trials including several types of tumours sharing a given biomarker may lead to agnostic authorizations, whereby the new medicine can be used in different diseases provided that the presence of the biomarker is proven will also present new challenges. Recently, the FDA granted accelerated approval for larotrectinib for adults and children with solid tumours with neurotrophic receptor tyrosine kinase gene fusion without a known acquired resistance mutation on the basis of effectiveness data from a basket trial in just 55 patients with 12 cancer types, putting pressure on other authorities (103). Although the regulation states that patients requiring orphan medicinal products deserve the same degree of evidence as those with more prevalent diseases, recognition of the difficulties in conducting standard trials in small populations together with the incentives for developing new medicines for orphan diseases, including longer patent protection, have increasingly resulted in small trials being the only basis for many dossiers for new applicants in recent years (54, 98, 99).

This trend is a concern since after a mean of 5.4 years post authorisation, up to 47% of oncological medicines authorised through the EMA centralised procedure still lacked data on overall survival and/or quality of life (104). In addition, of the 30 conditional authorisations granted between 2006 and 2016 by EMA, whilst 11 (37%) have been converted into "standard" (non-conditional) marketing authorisations and 2 have been withdrawn for commercial reasons, the remaining 17 (57%) are still conditional (105). This though has to be balanced against the fact that in 2017 new drug approvals in Europe had a median time between patent filing and marketing authorisation of 14 years, although faster than previously (24).

Whilst early access schemes, including the European proposal for Medicines Adaptive Pathways to Patients (MAPPs) scheme (41, 97), may satisfy both patients' and professionals' needs for rapid access to new potentially innovative medicines, they do so at the expense of postponing final decisions about the effectiveness of new treatments until uncertainty is reduced (106). This may have negative consequences for patients. Initiatives such as the English Cancer Drug Fund (107) which prioritised treatment of cancers over those for other disease conditions, and in such situations the opportunity cost for patients who were not prioritised are even greater.

Regulatory requirements of replicates of clinical results in different populations are intended to minimise the risk for false positives. Consequently, they are intended as a strong measure to protect the public from the risks associated with authorisation of ineffective and unsafe treatments (108, 109). Alongside this, once a new medicine is on the market and reimbursed, it may be difficult to recruit patients into ongoing clinical trials because patients may well be reluctant to randomization if they may access the newly commercialized product (106). When treatments are authorised with conditions that include post-marketing clinical trials, it may be the case that trials are unfeasible or they may have to be stopped due to recruitment failure. Consequently, only uncontrolled observational studies with treatments commercially supplied and paid for by healthcare systems become a potential viable option. Observational trials might be prospectively designed and sponsored by companies; however, administrative databases and electronic clinical records may be the source for effectiveness studies of new medicines (110-112).

This may potentially be against the interests of patients and of healthcare systems because the quality of evidence from observational studies will be lower than that obtained by randomised trials, and it can be difficult to conclude on actual effectiveness especially if there is a heterogeneous population. In addition, healthcare expenditure on medicines with uncertain efficacy or safety may have relevant opportunity costs for other patients who happen to have a different diagnosis or who happen to have a disease condition where there is less motivation to prioritise treatment. Finally, paying for treatments which are potentially ineffective or unsafe until more data becomes available shifts the financial and other burdens from pharmaceutical companies onto national health services. This issue needs urgent consideration especially in equity-based healthcare systems.

There are also concerns among health authorities that early approval decisions based on preliminary data may be interpreted by physicians and others as reflecting proven improvements in efficacy compared to current standards of care, or adequately addressing the lack of treatment options (8). This may turn out to be wrong as more data becomes available. Consequently, there is a risk that key stakeholder groups may overestimate the effects of new medicines compared with those potentially seen in routine clinical practice, providing false hope

and enhancing the use of such medicines to the detriment of current standards of care and typically at a higher financial cost (113, 114).

It would be logical to consider that if the assumptions on benefit /risk made at the time of authorisation are not met, or if the conditions are not fulfilled, the guarantees commensurate with marketing authorisation are compromised, and as a result authorisation should be suspended. However, this is not always the case as seen with medicines for orphan diseases in the Netherlands (20, 38). Even though the reversibility of authorisation should be the basic axiom of any adaptive licensing or conditional approval process, there can be concerns and issues in practice that make authorisation reversal difficult even if the effectiveness and/ or value of a new medicine is not met in clinical practice. This can be due to a number of reasons including pressure from patients and other stakeholders to keep the medicine on the market (5, 20, 115, 116). Once on the market, the new treatment may be rapidly adopted as the standard of care particularly if the principal basis for approval is unmet medical need, especially if the benefits are over-estimated. This is also a concern. Patients on treatment may require continuation at an individual level, and interruption of ongoing treatments may represent a major ethical issue unless a new serious risk is identified and unbalances the original benefit/risk evaluation on which the marketing authorisation was based. This also needs to be addressed.

If clinical trial results are clear enough to suspend treatments, such as a null benefit or identification of new safety issues, the clinical value should be reconsidered and advice issued to change future prescribing. This has happened in the case of olaratumab (86, 95). Nevertheless, failure to meet agreed effectiveness criteria with conditional schemes has not always led to a suspension of marketing authorisation and funding agreements (20, 38). There may in part be clinical reasons to maintain a new medicine on the market even when the expected benefits are not met in clinical practice. However, reimbursement and funding decisions must be reviewed to adjust for a lower proven value in practice so that health authorities are not paying higher prices for new treatments that turn out to have similar or lower effectiveness than current treatments. In reality though, it can be challenging to modify prices (or discounts) and/ or delist new medicines based on a lower proven value in routine care especially in emotive disease areas (5, 38).

Potential ways forward

A fast-track authorization based on early promising results to address areas of unmet medical need might be regarded as implicitly recognizing not only a favourable risk/benefit, but also that the new medicine has a high intrinsic value despite considerable uncertainty. Such assumptions are typically used to support manufacturers' requests for premium prices during reimbursement negotiations despite incomplete data (106). However, conceptually, a conditional approval with a lower level of evidence and greater uncertainty should be reflected in lower prices during the data gathering period particularly since the costs of evidence generation as well as the costs of therapy are likely to be transferred from pharmaceutical companies to other key stakeholders including healthcare authorities. In addition, often observational studies are conducted for example by health care providers themselves or research institutes, including universities, independently from (and without support of) the manufacturer of the new medicine in question to augment insufficient and/or immature data emerging from clinical trials(41, 69). This also needs to be reflected in potential prices.

We are aware that conditional marketing authorisation has the same legal status as 'standard' non-conditional marketing authorisation. Consequently, and as required by the European Commission's Transparency Directive (Council Directive 89/105/EEC), health care services need to enter into reimbursement negotiations (117). Concurrently, the marketing authorisation holders should generate the evidence in line with the requirements of the conditional approval. In view of this, we believe it should be the responsibility of the pertinent pharmaceutical companies to organise and pay for the generation of such data. However, this is not always enforced, and, as mentioned, not only the costs of paying for the new medicines, but also those for evidence generation, typically become the responsibility of health authorities and payers.

As a result, it has been proposed that healthcare systems should only pay for performance, i.e. for proven effectiveness, and utilise the concept of success fees rather than refunding expenditures if agreed outcomes are not reached (85). Even though in several countries the current legislative framework might allow for this, there are a number of obstacles which need to be overcome before such arrangements are widely accepted. Firstly, pharmaceutical companies may be reluctant to accept bearing more of the financial risk than usual and fear that lower prices for conditionally approved medicines may influence external price referencing (118, 119). Secondly, healthcare systems might decide collectively (or at least as a coalition of the willing) to repeal the current lack of transparency of prices especially confidential discounts associated with early approval schemes (6, 19). This builds on recent United Nations initiatives to improve access to medicines (120, 121). However, currently healthcare systems find themselves in a prisoners' dilemma thinking they are getting a better price compared to other countries, with pharmaceutical companies favouring the current lack of transparency allegedly due to the possibility of adjusting prices to individual health systems' capacities (122). Thirdly, in the case of new cancer medicines, evidence generation now typically includes data on possible biomarkers given the heterogeneity of different tumours (24, 123). However, even with or for stratified or personal medicines with the use of biomarkers, there can still be considerable uncertainty whether an individual patient responds to a given treatment.

If MEAs are based on payment of successful cases only, this may mean in reality a smaller market for pharmaceutical companies than originally envisaged. Companies might wish this to be reflected in higher agreed initial prices (124). However, such considerations typically do not apply to new cancer medicines where pharmaceutical companies generally extend the indications over the lifecycle of the medicine without necessarily reducing their prices as the number of patients accrues. This was seen for instance with imatinib which was initially launched at a high price as a medicine for orphan diseases but reached blockbuster status with new indications achieving total sales of over US\$4.2billion in 2012 alone (125, 126). Extending the indications for trastuzumab resulted for instance in worldwide sales of US\$6.79billion in 2015, with the combination with emtansine further extending its patent life following the availability of biosimilars for trastuzumab alone (3, 127-129). Caution is also needed with outcome based MEAs given the current lack of capacity to routinely collect patient level data among a number of European countries.

Another solution could be different approaches for the funding new medicines. Possible approaches could include de-linking research and development (R&D) from subsequent commercialisation, especially given the opacity of actual costs and the extent of R&D for new medicines already undertaken in universities as well as

publicly funded R&D (116, 130-132). In any event, it should be remembered that the public health care budget in countries with universal healthcare systems is intended to support effective interventions that improve patients' quantity and quality of life, and the limited resources need to be carefully invested to guarantee the systems' sustainability and the maximisation of benefits for all patients.

We do recognise that observational patient level studies including disease and/or drug registries have, for instance, enhanced our understanding regarding the risks and benefits of biological medicines in patients with rheumatoid arthritis and psoriasis, demonstrated the continued effectiveness of second-generation direct-acting antivirals in patients with hepatitis C, illustrated differences in effectiveness and safety between medicines in a class when deciding treatment approaches, and demonstrated differences in adherence rates for new medicines in clinical practice (110, 111, 133-138). However, whilst the IT infrastructure of health systems in many countries is improving in line with recent technical developments, there are still considerable concerns including legal concerns among European countries (139).

In those countries that are able to use patient level data for research purposes, the use of such data could be expanded to accelerate evaluating the benefits of recently approved medicines, including those with conditional approval, in actual care in order to aid treatment and funding decisions. In particular, combining data sets with pertinent data from different countries could appreciably improve our ability to conduct post-approval observational studies by tackling the major challenge of insufficient patient numbers when using registries to evaluate the cost-effectiveness of different treatment options in routine care (54). However, this will necessitate an agreement of minimum standards for collecting clinical data to support funding decisions between relevant countries (140). This will also require addressing current issues regarding the heterogeneity of data sources, often insufficient data quality (with regards to accuracy, reliability, and completeness), and opaque access to data (54, 141-143). The lack of availability of relevant observational data, along with its potentially poor quality, rooted in, for example, the use of legacy systems, inadequate training on system use, or the original purpose of databases, e.g. administrative rather than for clinical use, currently remains the greatest obstacle to implementing schemes requiring the continuous assessment of new medicines under accelerated access. If early access is granted ignoring increased uncertainty, coupled with the increased risk of false positive decisions with early data, we believe it is necessary to at least simultaneously gather data that enables robust conclusions with regards to the clinical effectiveness of new medicines and, ultimately, their health benefits in real life. Such concerns need to be taken forward by the European Commission as part of future developments in healthcare.

However, before any insights from observational patient level studies can be collected and utilised, we need to ensure that a positive benefit-risk balance has been established in sufficiently powered clinical studies (144) as illustrated by the case of olaratumab. Greater funding for research into biomarkers and pharmacogenomics might also help ensure that situations such as olaratumab are less likely to occur in the future by increasing the predictability of the effects of new medicines on certain cancers and their different stages. However, this has to be balanced against current long time periods in Europe between patent filing and EMA approval which can be detrimental to patients.

Overall, we believe that the main priority should remain having data from phase III clinical trials before the submission of applications for marketing authorisation. If this is considered very difficult, and the medicinal product has the clear potential of addressing current unmet need, it is preferable to ensure that any clinical

benefits seen early in the development of new medicines are confirmed by alternative trial designs that allow robust testing while ensuring patient access to active treatments, rather than granting early access for new medicines with incomplete documentation of their value, and assessing effectiveness in observational settings (101). These concerns are based on research showing that new medicines do not always deliver value to health care systems in practice, especially if such monies are taken from existing funds in other disease areas where they could have been used to fund proven effective treatments (16, 107, 145). This is changing in England with funding for new cancer medicines now linked to MEAs coupled with an agreement of patient level data to be collected to aid future decision making (146). However, there are concerns regarding the quality and extent of patient level data that can currently routinely be collected in England to make robust decisions.

Conclusions

While the potential benefits of early access to patients in areas of high unmet medical need are recognized, there are important limitations derived from the impact of introducing and funding new medicines based on initial data to be confirmed during early clinical use. Patients may receive an ineffective treatment and suffer from adverse effects. In addition, in Europe and possibly other countries, expenditures for new cancer medicines are necessarily divested from other treatments that may have improved health gain.

As conditional authorisation can be challenging to reverse, and because there are potentially greater adverse effects of new medicines in clinical practice coupled with opportunity costs, it seems reasonable to reconsider current models for marketing authorisation, reimbursement and funding decisions, in favour of other mechanisms that may allow access for individual patients while robust evidence is being developed. This means that regulators should whenever possible oblige marketing authorisation holders to perform relevant clinical trials even if preliminary results indicate good efficacy, and manage the early access for individual patients through non-commercial approaches where companies do share the risk and are in charge of prospectively collecting data through research protocols. Olaratumab has once again illustrated why for regular marketing authorisations it should be systematically required to confirm the results of early clinical trials before granting commercial access to new drugs (147).

It also seems imperative that there should be closer collaboration between regulators, pharmaceutical companies and payers to enhance rapid and controlled confirmatory results. These should be obtained in a safe and fair way, with the minimum patient exposure required to achieve robust evidence, along with systems for controlled early access and new avenues for funding for instance new cancer medicines. It is recommended to have greater co-operation between countries regarding the collection of data in routine clinical care, more transparency over potential prices, discussions regarding what constitutes additional 'value' for new medicines and unmet medical need and, most importantly, the need for pharmaceutical companies to help fund the generation of information to fulfil any obligation for conditional marketing authorisation. Ongoing initiatives such as the formation of regional co-operations between European countries (148, 149) and activities to strengthen payer's legal expertise and negotiating skills, as suggested by the World Health Organization(6, 151) should also help in this regard.

Compliance with ethical standards

There was no funding for this study. A number of the co-authors are employed by health authorities or are advisers to them. CP, CZ, JT, MO, CN, PVB, ME, RCH, JG, AT, APM, TM, AN, SC, GS, TB, CCR, IM, MB, JF, REM and BG have no other conflicts of interest to declare. Steven Simoens was a speaker at the European Digestive Oncology Research Forum funded by Lilly and participated in an advisory board on sustainability of cancer care funded by Hexal.

Author contribution

CP, CZ, JT and MO developed the initial concept and undertook the initial draft. All authors contributed to subsequent drafts based on their experience. All authors approved the submitted paper.

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