

Loss of CD36 protects against diet-induced obesity but results in impaired muscle stem cell function, delayed muscle regeneration and hepatic steatosis

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8 **Loss of CD36 protects against diet-induced obesity but results in impaired**
9 **muscle stem cell function, delayed muscle regeneration and hepatic steatosis**
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16 Sandrine Verpoorten¹, Peggy Sfyri¹, David Scully¹, Robert Mitchell², Anastasia
17 Tzimou³, Vassilis Mougios³, Ketan Patel², Antonios Matsakas¹
18
19

20
21 ¹Molecular Physiology Laboratory, Centre for Atherothrombosis & Metabolic
22 Disease, Hull York Medical School, University of Hull; ²School of Biological
23 Sciences, University of Reading; ³Laboratory of Evaluation of Human Biological
24 Performance, School of Physical Education and Sports Science at Thessaloniki,
25 Aristotle University of Thessaloniki
26
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37 **Short title:** Loss of CD36 affects muscle stem cells in DIO
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39

40 **Address correspondence to**

41 Dr. Antonios Matsakas
42 Molecular Physiology Laboratory
43 Centre for Atherothrombosis & Metabolic Disease
44 Hull York Medical School
45 University of Hull
46 Cottingham Road
47 Hull, HU6 7RX
48 United Kingdom
49 Tel: +44(0)1482465008
50 Email: Antonios.Matsakas@hyms.ac.uk
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Abstract

Aim: The prevalence of obesity is a major risk factor for cardiovascular and metabolic diseases including impaired skeletal muscle regeneration. Since skeletal muscle regenerative capacity is regulated by satellite cells, we aimed to investigate whether a high-fat diet impairs satellite cell function and whether this is linked to fatty acid uptake via CD36. We also aimed to determine whether loss of CD36 impacts on muscle redox homeostasis and skeletal muscle regenerative capacity.

Methods: We studied the impact of a high-fat diet and CD36 deficiency on murine skeletal muscle morphology, redox homeostasis, satellite cell function, bioenergetics and lipid accumulation in the liver. We also determined the effect of CD36 deficiency on skeletal muscle regeneration.

Results: High-fat diet increased body weight, intramuscular lipid accumulation and oxidative stress in wild-type mice that were significantly mitigated in CD36-deficient mice. High-fat diet and CD36 deficiency independently attenuated satellite cell function on single fibres and myogenic capacity on primary satellite cells. CD36-deficiency resulted in delayed skeletal muscle regeneration following acute injury with cardiotoxin. CD36-deficient and wild-type primary satellite cells had distinct bioenergetic profiles in response to palmitate. High-fat diet induced hepatic steatosis in both genotypes that was more pronounced in the CD36 deficient mice.

Conclusion: This study demonstrates that CD36 deficiency protects against diet-induced obesity, intramuscular lipid deposition and oxidative stress but results in impaired muscle satellite cell function, delayed muscle regeneration and hepatic steatosis. CD36 is a key mediator of fatty acid uptake in skeletal muscle, linking obesity with satellite cell function and muscle regeneration.

Key words: high-fat diet, obesity, CD36 deficiency, satellite cells, oxidative stress, regeneration

Introduction

Skeletal muscle stem cells, also called satellite cells, are the major source of newly forming myoblasts and of crucial importance for postnatal muscle growth, maintenance, regeneration and hypertrophy^{1 2 3}. Satellite cells are located between the basal lamina and the sarcolemma, where they reside in a mitotically quiescent state in the healthy adult skeletal muscle^{1,4}. Upon stimulation by muscle maintenance pathways or injury, satellite cells exit their quiescent state and enter the cell cycle. The vast majority will then continue to proliferate and differentiate towards the myogenic lineage, forming new myoblasts, whereas a small number of satellite cells return to a quiescent state, replenishing the skeletal muscle stem cell pool^{1 2 3}. Satellite cell function is a complex and tightly regulated process with particular relevance for muscle biology and metabolism. Impaired satellite cell function has been associated with a variety of muscle diseases such as Duchenne muscular dystrophy and age-related sarcopenia^{5,6}.

Additionally, accumulating evidence shows that skeletal muscle function and regeneration is compromised in obesity and type 2 diabetes⁷⁻¹². Perturbed muscle metabolic capacity leads to insulin resistance, increased fatty acid uptake and intramuscular triacylglycerol accumulation in skeletal muscle of obese and diabetic individuals¹³⁻¹⁶. CD36, as one of the major fatty acid transporters in skeletal muscle¹⁷, has been shown to be upregulated under high-fat diet conditions^{18,19} further facilitating the transport and ectopic accumulation of lipids. Translocation and elevated expression of CD36 in various tissues such as cardiac tissue²⁰⁻²² and skeletal muscle²³ result in lipid overload and lipotoxicity²⁴ accelerating the development of metabolic disorders, collectively described as the metabolic syndrome. Although previous studies have already revealed several unfavourable changes in the obese condition,

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2
3 such as increased susceptibility to muscle damage ^{25,26}, decline in general muscle
4 health and impaired regenerative capacity ^{10,27}, the underlying cellular and metabolic
5 changes are still poorly understood.
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10 Given the importance of the skeletal muscle function and metabolism in the context of
11 obesity and diabetes, it is paramount to understand the mechanism linking obesity and
12 impaired muscle health. Since skeletal muscle regenerative capacity is regulated by
13 the satellite cell function, we aimed to investigate the effects of diet-induced obesity
14 on satellite cell function. We hypothesised that obese mice would display impaired
15 satellite cell function due to lipid overload of skeletal muscle tissue. Specifically, we
16 sought to examine whether high-fat diet (HF) impaired satellite cell function that can
17 be linked to fatty acid uptake *via* CD36. Furthermore, we aimed to determine whether
18 loss of CD36 impacts on muscle redox homeostasis and skeletal muscle regenerative
19 capacity.
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Results

CD36 knockout mice are protected from weight gain in response to high-fat diet.

To determine whether loss of CD36 protects from weight gain, wild-type (WT) and CD36 knockout (KO) mice were fed a HF diet (HF) or a normal diet (ND) for 13 weeks (**Figure 1A**). Body weight was recorded weekly, including the final body weight at week 13 (**Figure 1B-D**). HF diet gradually increased body weight in WT mice starting from week 4 which was more pronounced by week 13, compared to mice fed a ND (**Figure 1C, D**). WT mice displayed an increased bodyweight by 37% after 13 weeks of HF diet and developed obesity compared to the WT littermates maintained on a standard laboratory chow (ND). Conversely, CD36 KO mice fed a HF diet showed decreased body weight gain compared to the WT HF group (i.e. 14 versus 37% respectively; interaction $p=0.009$) and no significant difference when compared to WT ND (1%) or CD36 KO ND (14%) mice (**Figure 1C, D**). We further found the weights of the soleus (Sol) and biceps brachii (BB) muscles to be increased by HF diet in the WT, but not the KO animals. Most strikingly, we found the white adipose tissue (WAT) weight to be significantly higher in WT HF diet animals (2-fold; significant interaction $p=0.0012$) when compared to HF diet CD36 KO mice (**Supplementary Figure 1A-F**). These findings indicate that CD36-deficient mice are protected from HF diet-induced obesity.

CD36 KO mice show reduced lipid accumulation in skeletal muscle in response to high-fat diet.

Intramuscular assessment of neutral lipid content was measured by BODIPY staining. The HF diet induced significantly higher lipid accumulation in the tibialis anterior (TA) muscle in WT mice ($p<0.001$; **Figure 2A, B**). In contrast, HF diet failed to induce a significant increase in BODIPY staining in CD36 KO mice. These findings were confirmed by quantifying intramuscular triacylglycerol (TG) accumulation

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3 by gas chromatography. Total phospholipid content was significantly lower in CD36
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5 KO mice independent of diet (**Figure 2C**). Given that HF diet is often associated with
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7 morphological changes of the skeletal muscle ²⁸, we investigated muscle specific
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9 changes of fibre type composition and size. Immunohistochemistry revealed a
10
11 significant reduction in number and size of type IIB fibres of the extensor digitorum
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13 longus (EDL) muscle in WT HF versus WT ND. No significant changes were found in
14
15 soleus with regard to genotype or diet (**Supplementary Figure 2**). We next examined
16
17 the expression of genes involved in fatty acid uptake and utilization as well as cross-
18
19 talk between adipose tissue and skeletal muscle using quantitative reverse-
20
21 transcription polymerase chain reaction (qRT-PCR). Relative mRNA expression of
22
23 Fibronectin type III domain-containing protein 5 (*Fndc5*) and Interleukin 15 (*IL-15*)
24
25 revealed a significant increase in CD36 KO HF diet mice compared to WT ND and HF
26
27 mice. Furthermore, mRNA levels of Fatty acid binding protein 3 (*Fabp3*) and Carnitine
28
29 palmitoyltransferase I (*Cpt1*) were significantly increased in CD36 KO mice (*Cpt1*) or
30
31 both in WT and CD36 KO mice on a HF diet (*Fabp3*) when compared to control
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33 littermates (**Figure 2D**).

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40 **Skeletal muscle from CD36 KO mice is protected from high-fat diet-induced**
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42 **oxidative stress.** Recent evidence indicates a direct link between the production of
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44 diet-induced reactive oxygen species (ROS) and levels of oxidative protein
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46 modifications such as 4-hydroxynonenal (4-HNE) and 3-nitrotyrosine (3NT) adducts
47
48 that are involved in the development of metabolic disorders ²⁹⁻³². Loss of CD36 is
49
50 known to attenuate ROS production, alleviating oxidative stress ^{33,34}. Therefore, we
51
52 sought to determine the impact of CD36 deficiency and HF diet on the redox
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54 homeostasis of the skeletal muscle, by measuring lipid peroxidation (thiobarbituric acid
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56 reactive substance; TBARS), protein oxidative modifications (3NT, 4-HNE), DNA
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3 damage (by means of *Ogg1* relative mRNA expression) and ROS production
4 (Dihydroethidium; DHE staining).
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6
7 Skeletal muscle TBARS levels were significantly increased in the WT HF diet group
8 compared to the WT ND group which is in line with previous evidence ³⁵. In contrast,
9
10 HF diet CD36 KO mice showed TBARS level comparable to the CD36 ND and WT ND
11
12 control group (**Figure 3A**). 4-HNE protein adducts were significantly higher in WT HF
13
14 mice compared to WT ND (**Figure 3B, C**). However, CD36 KO mice fed a HF diet
15
16 showed no sign of elevated 4-HNE protein adducts when compared to their CD36 KO
17
18 ND littermates or WT ND mice. Similarly, WT HF diet mice displayed an increase in
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20 3NT levels (**Figure 3B, D**), which is an indirect marker of increased ROS levels,
21
22 leading to increased protein oxidative modification. Moreover, CD36 KO mice under
23
24 HF diet had similar 3NT levels to WT ND and CD36 KO ND groups.
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28 We next determined the relative mRNA expression levels of 8-Oxoguanine
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30 glycosylase (*Ogg1*; DNA repair enzyme), Nicotinamide adenine dinucleotide
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32 phosphate oxidase 2 (*Nox2*; oxidative stress marker), Catalase, Peroxiredoxin-1 and
33
34 microsomal Glutathione S-Transferase 1 (*Cat*, *Prdx1*, *Mgst1*, *Sod1*; antioxidant genes)
35
36 by qRT-PCR. There were no significant changes between any of the cohorts in the
37
38 relative mRNA expression level of DNA-repair gene *Ogg1*, nor the oxidative-stress
39
40 marker *Nox2* (**Figure 3E**). However, the gene expression of the anti-oxidant enzyme
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42 Catalase was significantly upregulated in WT HF diet (2-fold), CD36 KO ND (1.4- fold)
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44 and CD36 KO HF diet (2.2-fold) animals when compared to WT ND (**Figure 3F**).
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46 Furthermore, we found increased mRNA levels of the antioxidant gene *Prdx1*, *Mgst1*
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48 and *Sod1* in CD36 KO on a HF diet when compared to WT ND and CD36 KO ND
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56 (**Figure 3F**).
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3 We next aimed to investigate the impact of increased fatty acid availability on oxidative
4 stress levels in myotubes derived from satellite cells. Following 5 days of myoblast
5 differentiation, myotubes from WT and CD36 KO animals were treated with palmitate
6 (PA) and stained with DHE as an indicator for ROS production. We found a
7 significantly increased number of DHE positive (+ve) myoblast nuclei in WT cell
8 cultures treated with palmitate, compared to WT DM and CD36 KO cells treated with
9 PA for 24 hours. CD36 KO cultures had significantly lower DHE levels compared to
10 WT myotubes which was confirmed *in vivo* on EDL muscle sections (**Figure 3G, H**
11 **and Supplementary Figure 3**). Similarly, WT myotube cultures treated with PA had
12 significantly increased numbers of DHE^{+ve} nuclei per myotube when compared to WT
13 DM or CD36 KO treated with PA (**Figure 3G, H**). Moreover, the nuclear size was
14 significantly lower in WT myotubes treated with PA but not in CD36 KO cultures treated
15 with PA (**Figure 3H**). Shrinking nuclear size has been previously correlated with
16 hypoxia-induced cell death ³⁶. Taken together, these data suggest that ectopic fat
17 accumulation in skeletal muscle of WT mice is primarily linked to increased oxidative
18 stress, while skeletal muscle of CD36 KO mice is protected from oxidative stress,
19 partly due to increased antioxidant enzyme activity.

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22 **CD36 KO satellite cells maintain their proliferative capacity but have**
23 **compromised differentiation after a high-fat diet.** Given that lipid accumulation in
24 the skeletal muscle is primarily involved in increased oxidative stress, we next aimed
25 to examine the impact of HF diet on the satellite cell function on cultured mature
26 muscle fibres stained for Pax7, MyoD and Myogenin. We found that the total satellite
27 cell number and the ratio of myonuclei per satellite cell were similar at baseline among
28 the experimental groups independent of diet or genotype (0 hours). However, the total
29 number of satellite cells was significantly lower in the WT HF diet group compared to
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3 WT ND, CD36 KO ND and CD36 KO HF diet animals after 24 and 48 hours of culture
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5 **(Figure 4A-D)**. Whilst both CD36 KO ND and CD36 KO HF diet groups showed no
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7 sign of decreased total satellite cell number up to 48 hours of culture, we found a
8
9 significant decrease in satellite cell number at 72 hours of culture in all groups
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11 compared to WT ND **(Figure 4C)**. These results suggest that long-term HF diet
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13 feeding has a negative impact on satellite cell proliferation and commitment to
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15 differentiation, which is linked to fatty acid uptake *via* CD36. Taken together, CD36
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17 appears to play a key role during myocyte terminal differentiation, indicated by the
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19 diet-independent decrease in satellite cell number at 72 hours in the CD36 KO
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21 animals.
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26 **Isolated satellite cells from CD36 KO mice have impaired myogenic capacity.**

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28 Given the impaired satellite cell function on single fibres after 72 hours cell-culture in
29
30 response to HF diet and CD36 deficiency, we next studied the function of CD36 in
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32 isolated satellite cells from the EDL and BB muscles *in vitro* **(Figure 5A)**. We observed
33
34 severely compromised satellite cell differentiation and myotube formation in the CD36
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36 deficient culture after 5 days of induced differentiation, evidenced by a significantly
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38 lower Myogenin/DAPI (%) ratio (Total of DAPI stained nuclei divided by all myogenin^{+ve}
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40 nuclei) as well as a significantly lower fusion index (FI; Myogenin^{+ve} nuclei inside
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42 mature myotubes divided by total DAPI) **(Figure 5B)**. Not only do these results
43
44 suggest a severely impaired differentiation of satellite cells derived from CD36
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46 deficient mice, but also indicate a deficit in myotube formation. These findings were
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48 obtained in independent experiments of satellite cells from both the EDL and BB
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50 muscle.
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56 We next examined the expression profile of genes involved in the maturation and
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58 fusion of satellite cells during the early (i.e. 1 day in differentiation medium) and late
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3 differentiation (i.e. 5 days in differentiation medium) by qRT-PCR and MAPKs
4 phosphorylation by a proteome profiler array. Relative mRNA expression of Myogenin,
5 myoblast fusion factor/myomaker (*Tmem8c*), skeletal muscle alpha-actin (*Acta1*),
6 Myosin heavy chain type I (*Mhc1*), Serum response factor (*Srf*), and Brain expressed
7 x-linked gene 1 (*Bex1*) revealed a significant decrease in the mRNA levels of *Srf* and
8 *Bex1* during late differentiation of satellite cells isolated from CD36 deficient mice
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15 **(Figure 5C)**. Impaired myogenic differentiation of CD36 KO isolated satellite cells was
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17 also confirmed by impaired protein levels of Desmin, SRF and BEX1 (**Supplementary**
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19 **Figure 4**). In addition, MAPKs phosphorylation levels were overall decreased in CD36
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Palmitate treatment and CD36 deficiency independently compromise the differentiation capacity of isolated satellite cells in culture. To further study the effects of CD36 and/or increased fatty-acid availability on muscle stem cell differentiation, we treated isolated satellite cells from WT animals with the potent and irreversible CD36 inhibitor Sulfo-N-succinimidyl oleate (SSO). Once confluent the cells were further treated with palmitate (PA) to mimic the HF diet condition in a cell culture setting. Co-immunostaining of Myogenin and DAPI was used to identify differentiated satellite cells (**Figure 6A**). After 5 days of culture in differentiation medium, we found a significant decrease in the number Myogenin positive nuclei in satellite cells isolated from WT mice when treated with PA or SSO+PA and CD36 KO +/-PA, compared to WT (**Figure 6B**). Furthermore, we assessed the fusion index (FI), calculated by the number of Myogenin^{+ve} nuclei inside mature myotubes divided by total DAPI. We found

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3 a significantly lower fusion index in satellite cells from WT+PA, CD36KO, CD36
4 KO+PA as well as in WT+SSO +PA groups, indicating that both PA treatment and/or
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6 CD36 deficiency lead to impaired myoblast fusion (**Figure 6C**). These data further
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8 support our previous findings, suggesting that both CD36 deficiency and increased
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10 fatty acid availability negatively impact satellite cell differentiation.
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14 Oxidative stress has been reported to impact on muscle stem cell activity and
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16 myogenic potential ³⁷. We therefore studied muscle stem cell differentiation under
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18 palmitate treatment in response to two substances with known antioxidant properties
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20 (i.e. Ebselen and TEMPOL ³⁸. We found that palmitate increased DHE and decreased
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22 MHC levels in WT but not CD36 KO cultures of isolated satellite cells which were
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24 reversed by the use of Ebselen and TEMPOL (**Supplementary Figures 6**). The
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26 findings were also confirmed through DHE and myogenin staining in single fibre
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28 cultures (**Supplementary Figures 7**). These data indicate that treatment with
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30 antioxidant substances do not rescue CD36 KO myoblast differentiation in response
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32 to palmitate but are important for the WT cohorts.
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37 **Isolated CD36 KO and WT satellite cells have distinct bioenergetic profiles in**
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39 **response to palmitate treatment.** Recent reports demonstrated that mitochondrial
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41 activity is associated with specific lineage decision ³⁹. We wished to determine if CD36
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43 deficiency alters mitochondrial function in undifferentiated and mature, differentiated
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45 satellite cells. Further we aimed to investigate the bioenergetic profile in the presence
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47 or absence of high free fatty acid availability. To investigate this, we cultured isolated
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49 satellite cells from WT and CD36 KO mice in a Seahorse extracellular flux culture plate
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51 and used the oxygen consumption rate (OCR) to measure mitochondrial respiration in
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53 satellite cells (**Figure 7A**). Undifferentiated primary myoblasts (i.e. 1 day after
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55 isolation) revealed no significant difference in the basal OCR or coupling efficiency
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3 (i.e. Basal OCR minus OCR after Oligomycin injection; Proton leak) (**Figure 7B, C**).
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5 Although the maximum respiratory capacity showed no difference between WT and
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7 CD36 deficient cells, the spare respiratory capacity (SRC) in CD36 deficient cells was
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9 significantly higher than in the WT cells, indicating that mitochondrial bioenergetics are
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11 altered and CD36 deficient cells are more resistant to stress, further supporting the
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13 concept that the CD36 deficient cells have an increased ability to adapt to stressful
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15 conditions. We found no difference in the non-mitochondrial respiration (Non-mit.
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17 Resp.), but a significant reduction in ATP production in the CD36 KO-derived satellite
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19 cells compared to WT-derived satellite cells (**Figure 7B, C**). We further aimed to
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21 establish the effect CD36 on mitochondrial function during satellite cell differentiation
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23 in the presence or absence of palmitate. We therefore cultured satellite cells in a
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25 Seahorse extracellular flux cell culture plate until confluent and subsequently changed
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27 to differentiation medium (DM). Following differentiation (5 days DM) WT myotubes
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29 showed a significant increased basal respiration when treated with palmitate, whilst
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31 CD36 deficient myotubes revealed a reduction in the basal OCR compared to WT
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33 untreated mitochondria. The addition of the ATP synthase inhibitor Oligomycin
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35 (complex V inhibitor) decreased the OCR following injection, revealing an increased
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37 Proton leak (i.e. Basal OCR minus OCR after Oligomycin injection) in WT derived
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39 satellite cell mitochondria when treated with palmitate. Subsequently FCCP, an
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41 uncoupling agent, was injected to measure maximal oxygen consumption (i.e.
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43 complex IV). The addition of FCCP showed comparable maximal respiration (Max.
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45 Resp.) as well as unaltered spare respiratory capacity in all groups (**Figure 7D, E**).
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47 Interestingly, palmitate treatment had adverse effects on WT and CD36 deficient
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49 myotubes, increasing the spare respiratory capacity (SRC) in WT but decreasing SRC
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51 in CD36 deficient myotubes, depicted by the steep rise of OCR in the WT+PA group,
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3 peaking shortly after the FCCP injection. Interestingly, the addition of FCCP did not
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5 lead to a further increase of the OCR in the CD36 KO+PA condition when compared
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7 to CD36 KO OCR (**Figure 7E**). We found ATP production to be elevated only in the
8
9 WT+PA condition (**Figure 7D, E**). In all, our data suggests that myotube mitochondria
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11 have an altered bioenergetic response in the presence of palmitate which seems to
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13 be, at least partly, regulated through CD36.
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17 **CD36-deficiency results in delayed skeletal muscle regeneration following acute**
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19 **injury with cardiotoxin.** Having shown that CD36 KO derived satellite cells exhibit
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21 reduced commitment to differentiation, we next examined the impact of CD36
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23 deficiency on skeletal muscle regeneration *in vivo*. Regeneration of skeletal muscle is
24
25 mainly driven by a highly orchestrated process involving the activation, proliferation,
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27 differentiation and fusion of satellite cells⁴⁰. Following cardiotoxin (CTX) injection in
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29 the tibialis anterior, necrotic tissue and damaged fibres are replaced by newly formed
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31 fibres expressing embryonic myosin heavy chain (eMHC). Here we show that the
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33 cross-sectional area (CSA) of early regenerating fibres expressing (eMHC^{+ve} at day 5)
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35 was comparable between WT and CD36 KO mice (**Figure 8A**). However, the
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37 clearance of necrotic fibres (by means of IgG infiltration) was significantly impaired in
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39 CD36 KO mice when compared to WT animals at 5 days after the CTX injury. Along
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41 with this finding we show a significant decrease in macrophage infiltration and muscle
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43 progenitor cell density expressing Myogenin (but not MyoD) in CD36 KO mice 5 days
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45 after CTX injury (**Figure 8A and Supplementary Figure 8**). Furthermore, we found
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47 significantly smaller CSA of regenerating fibres 10 days after CTX injection (**Figure**
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49 **8B, D**) in CD36 KO mice. In line with this observation, we report that regenerating
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51 fibres expressing eMHC were absent in WT but still present in CD36 KO mice 10 days
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53 after CTX injury. Taken together, these data suggest delayed skeletal muscle
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3 regeneration in CD36 KO mice based on higher frequency of necrotic fibres, reduced
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5 CSA of regenerating fibres and decreased macrophage infiltration.
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7 **CD36 KO mice develop hepatic steatosis in response to high-fat diet.**

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10 Additionally, we aimed to determine the impact of CD36 deficiency on the liver of the
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12 CD36 KO mouse. WT mice on a HF diet showed a significant increase in lipid
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14 accumulation in the liver as shown by Oil red O staining compared to WT and CD36
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16 KO mice on a standard chow. Remarkably, CD36 KO mice exhibited a significant
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18 increase of lipid accumulation compared to all other groups, as evidenced by the larger
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20 lipid number as well as lipid size (**Figure 9A-B**). These findings were supported by
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22 quantifying hepatic TG accumulation using gas chromatography. However, total
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24 phospholipid content was not affected by either genotype or diet (**Figure 9C**). These
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26 results prompted us investigate expression profiles of genes involved in fatty acid
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28 transport and metabolism in the liver. Levels of relative mRNA expression of Fatty acid
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30 transporter proteins 1,2,3 and 5 (*Fatp1,2,3,5*) and *Ppar γ* as well as cell death-inducing
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32 DNA fragmentation factor α -like effector A (*Cidea*) were quantified. *Fatp2*, *Fatp1* and
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34 *Ppar γ* were significantly increased in CD36 KO HF diet animals when compared to
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36 WT ND mice. Most strikingly, we found that expression of *Cidea*, which has been
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38 shown to regulate lipolysis and lipid fusion ^{41,42}, was increased 25-fold in CD36 KO
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40 mice compared to control mice (**Figure 9D**). Collectively, this data indicates opposing
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42 effects of CD36 deficiency with a protective role in the skeletal muscle due to reduced
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44 lipid accumulation, but at the same time leading to excessive lipid deposition in the
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46 liver.
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Material and methods

Mice. All experiments were in accordance with UK Animals Scientific Procedures Act 1986. This study was carried out on male Wild-type (WT; C57/Bl6) and CD36 knockout (KO) mice. Whole-body CD36 KO mice were previously created via targeted homologous recombination. Exon3, which contains the first 40 amino acids of CD36, was deleted entirely in the homologous recombined allele⁴³. Mice were maintained in a temperature- and humidity-controlled facility with 12/12 h light/dark cycle and had ad libitum access to water and food. At 2-3 months of age, a subset of mice was randomly distributed into a standard laboratory chow group (product "5LF5-EURodent Diet 22%", LabDiet, St.Louis, USA) and a high-fat diet (SDS 824053 High-Fat diet, 45%, SDS Diets Grangemouth, Falkirk, UK) group for a period of 13 weeks. Mice were then sacrificed using a CO₂ overdose. Muscle, adipose, heart and liver tissue were excised, weighed, snap frozen and covered in optimum cutting temperature embedding compound (OCT) and stored at -80°C until further use.

Single fibre isolation and cell culture. Single muscle fibres were obtained by precise dissection of the Extensor digitorum longus (EDL) and the Biceps Brachii (BB) muscle, followed by collagenase digestion (0.2%; Sigma Aldrich; cat. C2674) as previously described⁴⁴. Briefly, following collagenase digestion, the muscle tissue was transferred into a horse serum (Gibco) coated petri dish and triturated using a wide-bore glass pipette to dissociate individual fibres. Floating single fibres were then cultured for 24, 48 or 72 hours in growth medium (GM; 10% horse serum, 0.5% chicken embryo extract) ± Palmitate (0.3mM) ± Ebselen (20µM; cat. E3520-100MG, Sigma, UK). Subsequently the fibres were stained for the satellite cell-specific markers Pax7 (1:200, mouse monoclonal anti-Pax7, Santa Cruz, cat. Sc81648), MyoD (1:200, rabbit polyclonal anti-MyoD, Santa Cruz, cat. sc-760) and Myogenin (1:200, rabbit

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3 polyclonal anti-Myogenin, Santa Cruz, cat. sc-576); nuclei were counterstained using
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5 4,6-diamidino-2-phenylindole (DAPI, Sigma Aldrich, UK). Satellite cell expression
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7 profiles from isolated single fibres (N=50 per condition) was assessed using N=5
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9 animals per group.

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12 **Satellite cell isolation from single fibres.** Primary myoblasts were derived from
13
14 isolated single fibres after collagenase digestion as described above. Subsequently,
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16 the fibres were incubated in 1mL 0.125% Trypsin-EDTA for 5 minutes and centrifuged
17
18 at 210 x g. Cells were suspended in 3mL Satellite cell proliferation medium (PM; 30%
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20 Foetal bovine serum, 1.5% chicken embryo extract in Dulbecco's Modified Eagles
21
22 Medium, high glucose, Pyruvate supplemented) and were transferred into Matrigel-
23
24 coated cell culture dishes (cat. 354234, Corning, Bedford, USA, final concentration
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26 1mg ml⁻¹), followed by a three-day incubation. Subsequently, floating single fibre
27
28 fragments were removed, medium was changed to growth medium (GM; 10% Foetal
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30 bovine serum, 0.5% chicken embryo extract in DMEM) and isolated satellite cells were
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32 cultured until they reached 80% confluence. Each preparation typically yields 2-3 x10⁵
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34 cells per cell culture dish (originating from approximately 800 fibres). Induced primary
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36 myoblast differentiation was achieved through changing the GM to differentiation
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38 medium (DM; 5% horse serum, 0.5% chicken embryo extract in DMEM) for 5
39
40 subsequent days. Palmitate treatment was performed using 0.3mM final concentration
41
42 and Sulfo-N-succinimidyl oleate (SSO) induced CD36 inhibition at a final concentration
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44 of 0.25mM. Cellular antioxidant experiments were conducted with ± Palmitate (0.3mM)
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46 ± Ebselen (20µM) ± TEMPOL (1mM; cat. 176141-25G, Sigma, UK). Cells were fixed
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48 and differentiation confirmed visually by staining for Myogenin (1:200, rabbit polyclonal
49
50 anti-Myogenin, Santa Cruz, cat. sc-52903). Nuclei were counterstained with DAPI
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52 (DAPI, Sigma Aldrich, UK). Digital images were obtained using a Zeiss AxioImager.A1,
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3 HBO 100 fluorescent microscope. The Myogenin/DAPI ratio and the fusion index (i.e.
4
5 Myogenin^{+ve} nuclei inside myotubes/total DAPIx100) were calculated using the ZEN
6
7 Image software.
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10 **Immunohistochemistry.** Muscle tissue (TA, EDL, Sol) was snap frozen using
11
12 isopentane, cooled in liquid nitrogen and sectioned (10 µm thick). Muscle sections
13
14 were permeabilised (Triton X-100 in PBS) followed by the immunofluorescent staining
15
16 of two different myofibre types. Primary antibodies used were MHCIIA (DSHB A4.74)
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18 and MHCI (DSHB A4.840) or type MHCIIIB (DSHB BF.F3). Incubation with primary
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20 antibodies was performed at 4°C overnight. Sections were stained with corresponding
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22 secondary antibodies (1:200) for 1 h. Images were taken using a Zeiss Axio Imager
23
24 A.1 microscope (Zeiss, Germany).
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28 **BODIPY staining for muscle lipid accumulation.** BODIPY staining was performed
29
30 to examine lipid accumulation in TA muscle tissue after 13 weeks of HF diet or
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32 standard laboratory chow. Briefly, after cryostat-sectioning, TA tissue was incubated
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34 with 20µg/mL BODIPY solution (BODIPY®, 4,4-Difluoro-1,3,5,7,8-Pentamethyl-4-
35
36 Bora-3a,4a-Diaza-s-Indacne, Fisher Scientific, UK) for 30 minutes and subsequently
37
38 washed with PBS for 10 minutes. Nuclei were counterstained with DAPI (DAPI, Sigma
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40 Aldrich, UK). Digital images were obtained using a Zeiss AxioImager.A1, HBO 100
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42 fluorescent microscope.
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46 **Western blotting.** Protein was extracted from homogenised quadriceps muscle using
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48 RIPA lysis buffer 1% v/v Nonidet P40 substitute (NP-40, Sigma Aldrich, UK), 0.1% w/v
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50 SDS (Fisher Scientific, UK) and 0.5% (w/v) sodium deoxycholate (Sigma Aldrich, UK)
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52 in 50 ml PBS. Samples were centrifuged at 4°C for 15 minutes at 14,000g.
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54 Quantification of protein content from the supernatant was performed by Pierce BCA
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56 protein assay kit (Fisher Scientific, UK) according to the manufacturer's instruction. 30
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3 micrograms of protein was resolved in 10% SDS-PAGE, and immunoblotting was
4 performed with the corresponding antibody. The following antibodies were used: 3NT
5 (1:500; Santa Cruz; cat. 32757), 4HNE (1:1000; R&D Systems MAB3249) β tubulin
6 (1:1000; EMD Millipore; cat. 05-661). Immunoblotting analysis was performed by
7 probing the membranes with each antibody or β tubulin and analysed using the
8 Odyssey Infrared Imaging System (LI-COR Biosciences, Lincoln, NE). Band density
9 was measured using ImageJ software. The band densities were normalized to β
10 tubulin content.
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21 **Phospho-MAPK Proteome profiler array.** MAPK phosphorylation was measured
22 with the phosphor-MAPK proteome profiler array following the manufacturer's
23 instructions (cat. ARY002B, R&D, UK). Pooled samples of six gastrocnemius muscles
24 from WT ND, WT HF, CD36 KO ND and CD36 KO HF groups were lysed and adjusted
25 to 1 μ g/ μ L. Signals were detected with chemiluminescent substrate.
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33 **Lipid peroxidation.** Tissue samples were homogenised and thiobarbituric acid (TBA)
34 reactive substance (TBARS) used to analyse lipid peroxidation with the OXItek TBARS
35 Assay Kit (Enzo Life Science, USA) as described previously (Sfyri et al. 2018). TBARS
36 were assessed in whole muscle samples.
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42 **Dihydroethidium (DHE) staining.** Plated satellite cells were washed with PBS and
43 subsequently incubated with 10 μ M of DHE (Sigma-Aldrich 7008) for 10 minutes at
44 37°C. The cells were then washed in PBS three times with each wash lasting 5
45 minutes. Finally, the cells were fixed with 4% Paraformaldehyde (PFA) for 10 minutes
46 and mounted in fluorescent mounting medium, using DAPI to counterstain cell nuclei.
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52 **Quantitative qRT-PCR.** Total RNA was isolated from both cells and tissue as
53 described previously (Paolini et al. 2018), by using the standard TRIzol method
54 (AMRESCO RiboZol™RNA Extraction Reagent) using the E.Z.N.A total RNA kit I
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3 (Omega Bio-Tek, USA). Briefly, RNA was purified by DNase I treatment (Roche,
4 Indianapolis, IN, USA). Reverse transcription of 2µg total RNA was performed using
5 the RevertAid H MinusFirst Strand cDNA Synthesis Kit (Fisher Scientific, UK)
6 according to the manufacturer's protocol. qRT-PCR was carried out using the Applied
7 Biosystems SYBRGreen PCR Master Mix (Fisher Scientific; cat. 4364344) in a
8 StepOne Plus cycler (Applied Biosystems, UK). Relative gene expression was
9 determined using the $\Delta\Delta$ CT method. Values of each RNA sample were normalised to
10 cyclophilin 1 (*Cyp1*) and hypoxanthine phosphoribosyltransferase (*Hprt*) mRNA levels.
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12 Primer sequence list is available upon request.

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24 **Seahorse XFp extracellular flux measurement.** Isolated satellite cells were seeded
25 at a density of 10,000 cells per well in 8-well XF plates pre-coated with matrigel as
26 described previously ⁴⁵. In brief, cells were pre-incubated in growth medium (DMEM,
27 10% horse serum, 0.5% chicken embryo extract, 1% Penicillin/Streptomycin) for 24
28 hours and switched to differentiation medium (DM, 2% horse serum) for 5 subsequent
29 days. Prior to the experiment, sensor cartridges were hydrated with XF calibrate
30 solution (pH 7.4), as recommended by the manufacturer's instructions and
31 incubated at 37°C in a non-CO₂ environment for 24 hours. The cell culture medium
32 was replaced with assay medium containing 1mM sodium pyruvate and incubated for
33 one hour in a non-CO₂ incubator. Oligomycin (1µM final concentration), carbonyl
34 cyanide 4- (trifluoromethoxy)phenylhydrazone (FCCP; 5 µM final concentration) and
35 Antimycin (2.5 µM final concentration) were diluted in the assay medium. The
36 Seahorse XFp Analyzer (Seahorse Biosciences) was then used to measure the
37 oxygen consumption rate (OCR) in real time. Baseline measurements of OCR were
38 taken before sequential injection of oligomycin, FCCP and antimycin. Seahorse data
39 were normalised to total protein (µg) and analysed using the Wave software from
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3 Agilent Technologies. **Gas chromatography.** Gastrocnemius and liver lipid profiling
4 was performed by using a combination of thin-layer chromatography and gas
5 chromatography as previously described ^{32,46}. Tissue was pulverised by manual
6 mortar and pestle grinding in liquid nitrogen. Lipids were extracted from specimens
7 with chloroform-methanol 2:1 (v/v) in the presence of 0.005% (w/v) butylated
8 hydroxytoluene, as an antioxidant, and fixed amounts of triheptadecanoyl glycerol
9 (Sigma, St. Louis, MO), as triacylglycerol internal standard, and diheptadecanoyl
10 phosphatidyl choline (Larodan, Solna, Sweden), as phospholipid internal standard. An
11 aliquot of each lipid extract was spotted on a high-performance silica gel plate
12 (Macherey-Nagel, Düren, Germany), which was then developed in petroleum ether -
13 diethyl ether - acetic acid 80:20:1 (v/v/v). Lipid spots were visualised under ultraviolet
14 light after spraying the plate with 0.2% (w/v) dichlorofluorescein in ethanol. The
15 triacylglycerol and phospholipid spots were scraped off and transferred to screw-cap
16 tubes. Fatty acid methyl esters (FAMES) were produced by the addition of 1 ml of
17 methanol - sulfuric acid 96:4 (v/v) and heating at 64°C overnight. The FAMES were
18 then extracted with 1 ml of hexane and were separated in an Agilent 7890A gas
19 chromatograph (Santa Clara, CA), equipped with a 30 m-long AT-WAX capillary
20 column (Alltech, Deerfield, IL) and flame ionization detector. The column temperature
21 was programmed from 140° to 270°C at 40°C min⁻¹ and the run was held at 270°C for
22 4 min. The carrier gas was helium at a flow rate of 1.6 ml min⁻¹. FAMES were quantified
23 in the chromatograms obtained with the aid of the Agilent ChemStation software by
24 comparing the area under their peaks to that of methyl heptadecanoate (derived from
25 the internal standards).

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28 **Cardiotoxin (CTX) induced muscle injury *in vivo*.** Tibialis anterior (TA) muscle
29 injury was induced as previously described ⁴⁵. Briefly, mice were injected with a total
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3 of 30µL, 50 µmol/L *Naja pallida* CTX (Latoxan, Valence France) into the TA muscle.
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5 Mice were humanely euthanized 5- and 10-days post-injury and the TA muscles were
6
7 collected for subsequent immunohistochemistry.
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10 **Oil Red O staining for liver lipid accumulation.** Oil Red O staining was performed
11
12 to examine lipid accumulation in liver tissue after 13 weeks of HF diet or standard
13
14 laboratory chow. In short, after cryostat-sectioning, liver tissue was fixed in 4%
15
16 paraformaldehyde, briefly washed and subsequently incubated with the Oil Red O
17
18 solution (Fisher Scientific, UK) for 10 minutes and counterstained with haematoxylin
19
20 (Sigma Aldrich, UK). Lipid deposition was confirmed visually. The area of Oil Red O
21
22 staining was analysed using three fields of view for each liver taking into account lipid
23
24 size and frequency.
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28 **Statistical analysis.** Differences between two groups were detected by Student's *t*-
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30 test. Statistical significance in experiments comparing more than 2 groups was
31
32 determined by two-way ANOVA (genotype x diet), followed by Tukey post hoc test.
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34 For the detection of differences in lipid size analysis as well as CSA, the Chi square
35
36 (χ^2) test was performed. All significant differences ($p < 0.05$) are given in the figures
37
38 and/or figure legends. Statistical analysis was carried out using Graph Pad Prism
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40 (GraphPad Software, CA, USA) or IBM SPSS software (IBM SPSS Statistics version
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42 24). Significant differences were considered for $p < 0.05$.
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Discussion

Satellite cells, the myogenic precursor stem cell population of the skeletal muscle, are of pivotal importance for skeletal muscle homeostasis and regeneration². Sparse evidence suggests that skeletal muscle regeneration is severely impaired in obese individuals possibly due to increased lipid deposition and perturbed satellite cell function^{7,10,27,47}. The fatty acid transporter CD36 plays an important role in skeletal muscle fatty acid transport and utilisation^{22,24,48}. In this study, we show that CD36-deficient mice are protected from HF diet-induced weight gain, which is in line with previous findings^{49,50}, but results in impaired satellite cell function, compromised myogenic differentiation, delayed muscle regeneration after acute injury and hepatic steatosis.

Enhanced lipid storage and accumulation in adipose and skeletal muscle lead to the development of obesity and insulin resistance^{51,52}. Our findings of decreased fatty acid uptake and accumulation in the CD36 KO skeletal muscle under HF diet highlight the importance of CD36 for skeletal muscle energy homeostasis. Upregulation of alternative fatty acid transporters, such as *Fabp3* in CD36 KO mice on a HF diet, was not sufficient to compensate for the defect in fatty acid uptake due to the loss of CD36. Furthermore, skeletal muscle metabolism seemed to be altered, revealing increased myokine mRNA levels such as *Fndc5* and *IL-15*, which have been shown to be increased in skeletal muscle in response to exercise and downregulated in diabetic conditions⁵³.

Limited data suggest that skeletal muscle ectopic lipid infiltration impairs satellite cell activation leading to a decrease of skeletal muscle regeneration potential^{7,27}. We observed a significant reduction in cultured satellite cell numbers in WT HF diet mice. Moreover, we showed that obesity impairs satellite cell activation during early

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3 proliferation (i.e. 24h). The fact that satellite cell numbers were unaffected in CD36
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5 deficient mice further supports our hypothesis that obesity impairs satellite cell function
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7 via CD36-dependent pathways. Unexpectedly, significantly lower satellite cell
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9 numbers were observed in CD36-deficient mice during differentiation independent of
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11 diet, indicating the importance of CD36 during skeletal myogenesis ⁵⁴. This was
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13 confirmed by the deficit in myogenesis of isolated satellite cells from CD36-deficient
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15 mice *in vitro*. In line with our findings are the observed effects of palmitate on
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17 differentiation of skeletal muscle stem cells. It has been shown that palmitate inhibits
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19 differentiation through a decrease in cyclin A and cyclin D1 levels ⁵⁵. Our data also
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21 suggest that compromised myogenic differentiation in response to dietary cues and
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23 increased ROS can be rescued by antioxidant treatment in WT but not CD36 KO
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25 muscle stem cells.
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30 MAPKs play important roles in cell differentiation, fusion and myogenesis such as
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32 Akt1, Erk1/2, GSK3 α/β , JNK1, HSP27 and p38 α ⁵⁶⁻⁵⁹. Changes in phosphorylation
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34 levels of the above kinases seen in CD36 KO HF mice may, at least in part, explain
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36 the impaired myogenic differentiation reported here. Similarly, p38 α levels and the
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38 p38 α downstream target HSP27 were found to be hypo-phosphorylated in CD36 KO
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40 ND mice, but HSP27 phosphorylation by p38 α is required for differentiation ⁵⁸.
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42 Together, these observations suggest an important role of p38 α and HSP27 in the
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44 defective myogenesis of CD36 KO mice.
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49 We further consolidated our hypothesis by quantifying gene expression of myogenic
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51 markers. We found reduced *Bex1* mRNA levels in differentiated satellite cells from
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53 CD36-deficient mice. Interestingly, *Bex1*-deficiency has been associated with
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55 prolonged proliferation and delayed differentiation following recovery after myotrauma
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58 ⁶⁰. One possible explanation for the involvement of CD36 in skeletal myogenesis is its
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3 interaction with AMPK. CD36 has been shown to inhibit AMPK activation and in the
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5 absence of CD36, AMPK has been shown to be constitutively active in muscle ⁶¹. This
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7 could possibly lead to the activation and proliferation of satellite cells via non-canonical
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9 Sonic Hedgehog signalling which induces Warburg-like glycolysis in satellite cells,
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11 required for their activation and proliferation during muscle regeneration ⁶². AMPK also
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13 inhibits myoblast differentiation through PGC-1alpha-dependent pathways ⁶³.
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15 Moreover, AMPK has been shown to inhibit mTOR signalling ⁶⁴, via the AMPK-Nampt-
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17 Sirt1 pathway ⁶⁵, resulting in the inhibition of differentiation. This line of thought offers
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19 a plausible explanation for the adverse effect of CD36 deficiency on satellite cell
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21 proliferation and differentiation.
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26 Mitochondrial dysfunction has been observed in several diseases related to the
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28 metabolic syndrome and is one of the most prominent abnormalities found in skeletal
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30 muscle of obese and diabetic individuals ⁶⁶⁻⁶⁸. CD36 is involved in mitochondrial fatty
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32 acid oxidation, translocating from the cytoplasm to the mitochondrial plasma
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34 membrane during muscle contraction ⁶⁹. To assess whether loss of CD36 changes
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36 mitochondrial function in the presence of free fatty acids, we analysed the oxidative
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38 capacity and the bioenergetic profile of isolated satellite cells during proliferation and
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40 differentiation. In our study, proliferating satellite cells from CD36-deficient mice had a
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42 significantly increased spare respiratory capacity (SRC). SRC is a critical factor
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44 implicated in cell survival and function, reflecting the ability of mitochondria to maintain
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46 energy production in response to an increase in energy demand, like in acute or
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48 chronic stress ⁷⁰. These findings further support the notion that proliferating satellite
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50 cells from CD36-deficient mice have an increased ability to adapt to stressful
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52 conditions such as FCCP treatment.
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3 We further report a decrease in ATP production in proliferating, CD36 KO derived
4 satellite cells compared to WT-derived satellite cells. Stem cells have a low demand
5 in ATP, which has been linked to preserved stemness ⁷¹. A possible explanation is
6 that, in order to produce ATP, mitochondria must utilise a substrate such as fatty acids.
7
8 The reduced capacity of satellite cells from CD36 KO mice to use fatty acids for ATP
9 production may explain the lower ATP levels during stimulated respiration ⁷². Part of
10 the myoblast differentiation process into myotubes is the extensive remodelling of the
11 mitochondrial network. It has been proposed that, alterations in the remodelling of the
12 mitochondrial network during the transition from proliferation to differentiation can lead
13 to the diminished ability to regenerate muscle tissue ⁷². Given the underlying
14 reformation of the mitochondrial network during myogenesis, we aimed to analyse the
15 mitochondrial function of differentiated satellite cells in the presence or absence of
16 palmitate (i.e. a free fatty acid). During differentiation, the oxygen consumption rate
17 (OCR) has been shown to increase significantly as a result of the elevated energy
18 demand ⁷³. In line with previously published data ⁷⁴ we report here, that isolated WT
19 satellite cells show a significant increase of maximal oxygen consumption during the
20 transition from proliferation to differentiation. However, CD36 KO derived satellite cells
21 were unable to increase their OCR during the process of differentiation. This finding
22 provides a plausible explanation for the impaired differentiation of satellite cells from
23 CD36 KO animals reported in this study. Furthermore, treatment with palmitate-
24 induced opposing effects between satellite cells isolates from WT and CD36 KO mice,
25 resulting in increased OCR only in the WT, suggesting that CD36 is a key regulator of
26 β -oxidation in satellite cells ⁷⁵. It appears that impaired myogenic differentiation with
27 palmitate under CD36 deficiency is not affected by ROS levels, but rather perturbed
28 bioenergetics due to inability to increase OCR. This notion is strengthened by previous
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3 evidence showing that palmitate-induced mtDNA damage in skeletal muscle cells had
4 deleterious effects on mitochondrial respiration ⁷⁶.

7 Here we show that CD36-deficiency impairs muscle regeneration following CTX injury,
8 evidenced by an increased occurrence of necrotic fibres and reduced CSA in the
9 injured muscle of CD36 KO mice. Along with this, our results show a significant
10 decrease in macrophage infiltration in CD36 KO mice 5 days after CTX injury. This is
11 in agreement with previous data showing impaired macrophage phagocytic capacity
12 in cardiac tissue due to CD36 inhibition ⁷⁷. This notion is further supported by the
13 attenuated phagocytosis seen in pharmacological inhibition of CD36 which plays an
14 important role during tissue repair and the resolution of inflammation ⁷⁸. CD36 has
15 been found to be crucial for M2 macrophage polarization, involved in the transition
16 from the M1 (pro-inflammatory) to the anti-inflammatory response marked by M2
17 macrophages, indicating that CD36-mediated uptake of triacylglycerol is crucial for M2
18 activation ⁷⁹. In addition, recent data on reduced tissue infiltration of macrophages in
19 a model of cell-restricted deletion of CD36 suggests an important immune-regulatory
20 function of CD36 ⁸⁰. In fact, CD36 is involved in the signalling cascades that allow
21 macrophages to recognise cells undergoing apoptosis. Recognition and attachment
22 of macrophages to apoptotic cells further involves ROS-induced lipid and protein
23 oxidation which suggests another important mediatory role of CD36 in ROS dependent
24 macrophage-driven phagocytosis ^{81,82}. Collectively, these data show that CD36 plays
25 a crucial role in macrophage tissue infiltration and ROS dependent recognition of
26 apoptotic cells with a crucial role for the post-inflammatory resolution phase and debris
27 removal, important for the regenerative process after acute skeletal muscle injury ⁷⁸.
28 This outcome is in line with our *in vitro* data in this study, showing impaired
29 differentiation capacity in satellite cells isolated from CD36 KO mice. Furthermore, we
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3 found significantly reduced CSA in CD36 KO mice 10 days following CTX injection.
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5 This is followed by increased expression of eMHC in CD36 KO compared to WT mice,
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7 suggesting delayed regeneration 10 days after muscle injury. We demonstrate that the
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9 impaired regeneration seen *in vivo* is at least in part brought about by the reduced
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11 stem cell commitment to differentiation seen in isolated satellite cells.
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15 CD36 deficiency is known to result in hyperlipidaemia under both standard or a high
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17 fat diet (**Supplementary Table 1**). The CD36 KO mouse maintained on a HF diet had
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19 decreased levels of fatty acid accumulation in the skeletal muscle, however, adverse
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21 effects were seen in the liver tissue, evidenced by large lipid-droplets associated with
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23 hepatic steatosis. These findings parallel previously published results showing that
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25 CD36 deficiency in mice increases skeletal muscle insulin sensitivity in skeletal
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27 muscle, but induces insulin resistance in the liver ^{83,84}. FATP1, a member of the
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29 FATP/Slc27 protein family, is an insulin-sensitive fatty acid transporter. It has been
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31 shown to translocate from the intracellular compartment to the plasma membrane in
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33 response to insulin and to be involved in the re-distribution of lipids from adipose and
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35 skeletal muscle tissue to the liver. A significant observation in the present study is that
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37 liver *Fatp1* mRNA contents are 2.3- and 3.6-fold higher in CD36 KO versus WT HF
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39 and WT ND mice respectively. We conclude that in CD36 deficient mice, upregulation
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41 of FATP1 plays a key role in the development of hepatic steatosis in the presence of
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43 elevated free fatty acid availability. Our findings mirror the observation made in human
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45 CD36 deficiency, showing impaired fatty acid uptake by the heart but no restriction in
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47 the liver ^{85,86}. It has been suggested that in CD36-deficient humans may lead to
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49 increased postprandial fatty acid uptake in tissues that do not depend on CD36, such
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51 as the liver, resulting in lipid overload and the development of insulin resistance ⁸⁶.
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3 Our findings identify FATP1 as a potential target to prevent lipid overload to the liver
4 in CD36 deficiency.
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7 Our investigations further revealed a more than 20-fold increase in the expression
8 level of *Cidea* in liver from CD36 KO mice on a high-fat diet compared to WT HF fed
9 animals. *Cidea* is involved in energy expenditure and obesity and has been described
10 to inhibit lipolysis ⁴¹. *Cidea* KO mice exhibit higher energy expenditure, increased
11 lipolysis in brown adipose tissue and are resistant to HF diet-induced obesity ⁸⁷. This
12 supports our interpretation that CD36-deficient mice develop hepatic steatosis since it
13 is known that *Cidea* positively correlates with lipid droplet enlargement, fusion and the
14 development of fatty liver disease ⁸⁸. The development of non-alcoholic fatty liver
15 disease (NAFLD) is one of the many complications associated with obesity and the
16 development of diabetes. Here we report an important link between CD36 and *Cidea*
17 with potential implications in the management of NAFLD. Furthermore, CD36
18 expression has been shown to be associated with tissue inflammation ⁸⁹ and increased
19 oxidative stress ³³. In the present study we show that markers of oxidative stress in
20 skeletal muscle are reduced, paralleled by increased antioxidant enzyme gene
21 expression in CD36-deficient mice under HF-diet, suggesting improved redox
22 homeostasis. These findings are in line with recently published data showing
23 decreased obesity-associated oxidative stress in the hearts of CD36-deficient mice ³³.
24
25 In conclusion, we show that CD36-deficiency protects mice from diet-induced weight-
26 gain. CD36 KO mice on a HF diet demonstrated decreased skeletal muscle lipid
27 accumulation, suggesting CD36 as an important link between lipotoxicity and oxidative
28 stress in obesity. Our study provides new insights for the involvement of CD36 in the
29 development of hepatic steatosis, establishing *Fatp1* and *Cidea* as potential
30 therapeutic targets. This study further elucidates the complexity of the underlying
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3 alterations in mitochondrial fatty acid oxidation and bioenergetics related to obesity,
4 supporting evidence of the contribution of CD36 to the development of the metabolic
5 syndrome. Most importantly, CD36-deficient mice exhibited impaired satellite cell
6 differentiation and skeletal muscle regeneration, which identifies CD36 as a key
7 regulator of these processes. Further research will be necessary to clarify the
8 underlying mechanism of impaired skeletal muscle regeneration in the absence of
9 CD36 to provide a basis to better understand the link between CD36-mediated skeletal
10 muscle lipid metabolism in the context of muscle regeneration in obesity.
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For Peer Review

Figure legends

Figure 1. CD36-deficient mice show reduced body weight gain upon high-fat diet compared to wild-type mice. (A) Schematic outline of dietary intervention and single muscle fibre isolation for muscle stem cell cultures in subsequent experiments; control diet (ND), high-fat (HF) diet in Wild-type (WT) and CD36 Knockout (KO) mice. (B) Representative images of WT and CD36 KO mice subjected to a ND and HF diet. (C) Body weight changes in WT and CD36 KO mice fed a ND or a HF diet for 13 weeks. (D) Final body weight (i.e. week 13) of mice fed a ND or HF diet. Data are mean \pm SD (N=8 per group). Statistical analysis was performed by three-way ANOVA, * p <0.05 vs. WT ND, # p <0.05 vs. WT HF.

Figure 2. Effect of CD36 deficiency and high-fat diet on lipid accumulation in skeletal muscle. (A) Skeletal muscle lipid accumulation in WT and CD36 KO mice on either ND or HF diet was detected by BODIPY staining (20x, scale bar=100 μ m). (B) Quantification of fluorescence intensity shown in arbitrary units (a.u.) of pixel intensity. (C) Gas chromatography was performed in skeletal muscle, quantifying the triacylglycerol (TG) and phospholipid (PL) content (μ mol/g). (D) Relative gene expression in skeletal muscle was analysed by qRT-PCR. Data are mean \pm SD (N=6) per group. Statistical analysis was performed by two-way ANOVA, * p <0.05 vs. WT ND, # p <0.05 vs. WT HF ^b p <0.05 vs. CD36KO ND, ^s p <0.05.

Figure 3. CD36 deficiency attenuates high-fat diet-induced protein modification and increases antioxidant gene expression in skeletal muscle. (A) Skeletal muscle lipid peroxidation was analysed using TBARS. (B-D) Skeletal muscle oxidative protein modification for 4-HNE adducts and 3NT was assessed in quadriceps (QD) muscle by western blotting. (E-F) Relative gene expression in skeletal muscle for genes involved in DNA repair and redox equilibrium. (G) Representative images of

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3 DHE staining to assess ROS production in isolated satellite cells, cultured in
4 differentiation medium for 5 days in the absence or presence of palmitate (PA). **(H)**
5 Quantification of total DHE^{+ve} nuclei/total DAPI, DHE^{+ve} nuclei/myotube/total DAPI and
6 nuclear size (μm^2) with * $p < 0.05$ vs. all other experimental groups. Data are
7 represented as mean \pm SD (N=5-6) per group. Statistical analysis was performed using
8 two-way ANOVA, * $p < 0.05$ vs. WT ND, # $p < 0.05$ vs. WT HF, ^b $p < 0.05$ vs. CD36 KO ND,
9 * $p < 0.05$ vs. every other group.

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19 **Figure 4. High-fat diet and CD36 deficiency independently attenuate satellite cell**
20 **proliferation on single fibres. (A)** Representative pictures show EDL satellite cell
21 immunostaining for Pax7 and Myogenin counterstained with DAPI. **(B-C)** Quiescent
22 satellite cells were identified 0 h (0 hours) and quantified using immunostaining for
23 Pax7. Satellite cell proliferation after 24 h and 48 h (24 and 48 hours) was quantified
24 by Pax7 and MyoD, and differentiation after 72 h (72 hours) by Pax7 and Myogenin
25 immunostaining. **(D)** Myonuclei to satellite cell (SC) ratio of the myofibres for WT and
26 CD36 KO mice fed ND of HF at 0 h. Data are represented as mean \pm SEM (N=8 mice
27 per condition; 50-70 individual myofibres were counted). Statistical analysis was
28 performed using two-way ANOVA, * $p < 0.05$ vs. WT ND, # $p < 0.05$ vs. every other group.

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42 **Figure 5. CD36 is important for satellite cell differentiation and skeletal**
43 **myogenesis.** Immunohistochemistry was performed on isolated, plated satellite cells
44 from EDL and BB in proliferation medium (PM) and cultured in growth medium (GM).
45 **(A)** Schematic of satellite cell isolation-protocol from muscle tissue. **(B)** Differentiation
46 was quantified after changing the GM to differentiation medium (DM) for 5 subsequent
47 days. Satellite cells were immunostained for Myogenin and nuclei counterstained
48 using DAPI. Differentiation was determined as Myogenin/DAPI (%) and the fusion
49 index as Myogenin^{+ve} nuclei inside myotubes divided by total DAPI. **(C)** Relative gene
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3 expression by qRT-PCR for genes regulating skeletal myogenesis. Data are
4 represented as mean±SD (N=3-4 technical replicates, 2 independent experiments) per
5 group. Statistical analysis was performed using Student's *t*-tests or two-way ANOVA
6 as appropriate, **p*<0.05.
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12 **Figure 6. Palmitate impairs satellite cell differentiation in WT and CD36 deficient**

13 **satellite cells. (A)** Immunohistochemistry was performed on isolated satellite cells
14 derived from WT or CD36 KO mice, that had been transferred from growth medium
15 (GM) to differentiation medium (DM) to induce differentiation (scale bar=200µm). **(A-**
16 **C)** Following expansion in GM, differentiation was quantified after 5 days in DM with
17 DMSO (control) or palmitate (PA) and/or SSO (CD36 inhibition). Satellite cells were
18 immunostained for Myogenin and nuclei counterstained using DAPI to quantify total
19 cell numbers. **(B)** Quantification of Myogenin^{+ve} nuclei inside myoblasts and myotubes
20 as a ratio to total DAPI (Myogenin/DAPI ratio. **(C)** Fusion Index (%) was assessed by
21 Myogenin^{+ve} nuclei inside myotubes divided by total DAPI. Data are represented as
22 mean±SD (N=3-4 technical replicates, 3 independent experiments) per group.
23 Statistical analysis was performed using two-way ANOVA, **p*<0.05 vs WT.
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40 **Figure 7. CD36 deficiency and increased fatty acid availability affect the**

41 **metabolic profile of satellite cells.** Respiration rate of isolated satellite cells was
42 measured using the Seahorse XFp extracellular flux analyser. **(A)** Schematic of
43 Seahorse Extracellular Flux Analysis set up. **(B-C)** Proliferating satellite cells from WT
44 and CD36 KO mice were cultured in a seahorse extracellular flux cell culture plate. **(D-**
45 **E)** Differentiated satellite cells from WT and CD36 KO mice were cultured in a
46 seahorse extracellular flux cell culture plate and treated with SSO and/or palmitate
47 before subsequent OCR measurements. In total, 13 OCR measurements were taken.
48 Measurements are as follows: 3 basal respiration, 3 after the injection of Oligomycin
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3 (Inhibition of ATP synthesis), 5 after the injection of FCCP (Uncoupling of ATP
4 synthesis) and 2 after the injection of Antimycin (Inhibition of mitochondrial
5 respiration). The x-axis represents measurements taken over a time interval of 2 hours
6 and OCR values are represented as a mean of 3 independent measurements, shown
7 on the y-axis. OCR values were normalised to total protein content and OCR changes
8 are shown as pmol/min/ μ g total protein. Data are represented as mean \pm SD (N=3
9 independent experiments). Statistical analysis was performed using two-way ANOVA
10 or Student's *t*-test as appropriate, **p*<0.05 vs. WT, #*p*<0.05 vs. WT+PA, ^b*p*<0.05 vs.
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24 **Figure 8. CD36-deficiency impairs skeletal muscle regeneration after**
25 **cardiotoxin-induced injury in tibialis anterior. (A-B)** Representative images for the
26 identification of regenerating fibres (haematoxylin & eosin staining, eMHC
27 expression), damaged/dying fibres (IgG expression) and intramuscular macrophages
28 (CD68) in muscle sections on day 5- and 10- post CTX injury (20x, scale bar=100 μ m).
29 Quantification of CSA distribution from eMHC⁺ve stained muscle fibres (D5 and D 10)
30 and eMHC⁺ve fibre number (D10, arrowheads), IgG staining inside the muscle fibres
31 and CD68 are shown. Data are represented as mean \pm SD (N=5 per group). Statistical
32 analysis was performed by Student's *t*-test or chi square test as appropriate with
33 **p*<0.05 and ^s*p*<0.05 vs. WT.
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47 **Figure 9. Effect of CD36 deficiency and high-fat diet on lipid accumulation in the**
48 **liver. (A)** Liver lipid accumulation was detected by Oil red O staining in cross-sections
49 (20x, scale bar=100 μ m). **(B)** Quantification of lipid droplet distribution versus size. **(C)**
50 Triacylglycerol (TG) and phospholipid (PL) contents (μ mol/g) in the liver were
51 quantified by gas chromatography. **(D)** Relative gene expression in the liver for genes
52 involved in fatty acid metabolism and lipid fusion was analysed by qRT-PCR. Data are
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3 mean±SD (N=6) per group. Statistical analysis was performed by two-way ANOVA,
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5 *p<0.05 vs. WT ND, #p<0.05 vs. WT HF ^bp<0.05 vs. CD36KO ND. Lipid droplet
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7 distribution was analysed by chi square, ^{\$}p<0.01 vs. CD36KO ND, &p<0.05 vs. WT
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Supplementary data

Supplementary Table 1. Overview of the effect of CD36 deficiency on blood lipids and glucose

	CD36 KO ND vs. WT ND	CD36 KO HF vs. WT HF
Total Cholesterol	↑0- 1.3fold (Febbraio, M. et al. 1999 PMID: 10383407 Goudriaan et al . 2003 PMID12923231, Brundert et al. 2011 PMID3284166)	No difference (Berger et al. 2019 PMID31289200)
VLDL/IDL	↑1.4 fold (Masuda, D. et al. 2008 PMID: 2666186,	↑3fold (Masuda, D. et al. 2008 PMID: 2666186)
LDL	No difference (Masuda, D. et al. 2008 PMID: 2666186	↑2-fold (Masuda, D. et al. 2008 PMID: 2666186)
TGs	↑1.3fold- 2.4fold (Jeltje R. Goudriaan et al. 2005 PMID: 16024917, Febbraio, M. et al. 1999 PMID: 10383407, Coburn et al. 2000 PMID: 10913136, Masuda, D. et al. 2008 PMID: 2666186, Goudriaan et al . 2003 PMID12923231, Hajri et al 2002 PMID150975)	↑1.3fold (Jeltje R. Goudriaan et al. 2005 PMID: 16024917, Hajri et al 2002 PMID150975)
FFA	↑1.4- 1.9 fold (Febbraio, M. et al. 1999 PMID: 10383407, (Masuda, D. et al. 2008 PMID: 2666186, Jeltje R. Goudriaan et al. 2005 PMID: 16024917, Goudriaan et al . 2003 PMID12923231, Hajri et al 2002 PMID150975	↑1.4-2fold (Masuda, D. et al. 2008 PMID: 2666186, Koonen et al. 2010 PMID2874697, Hajri et al 2002 PMID150975
Glucose	↓0.5- 0.7fold Goudriaan et al . 2003 PMID12923231, Hajri et al 2002 PMID150975	↓1.8- 1.9 fold Koonen et al. 2010 PMID2874697, Hajri et al 2002 PMID150975

Supplementary figure legends

Supplementary Figure 1. Tissue weight differences in Wild-type and CD36 deficient mice. (A) Soleus (Sol), (B) Biceps Brachii (BB), (C) Extensor digitorum longus (EDL), (D) Tibialis Anterior (TA), (E) heart and (F) White-Adipose-Tissue (WAT) from WT and CD36 KO mice fed a ND or a HF diet. Data are represented as mean±SD (N=8 per group). Statistical analysis was performed using two-way ANOVA, *p<0.05 vs. WT ND, #p <0.05 vs. WT HF, ^bp<0.05 vs. CD36 KO ND.

Supplementary Figure 2. CD36 deficiency alters diet induced muscle specific adaptations/morphometric changes. (A, E) Representative images of cross-sections from WT and CD36 KO mice fed a ND or HF diet from EDL and Sol muscle stained for myosin heavy chain (Mhc) isoforms. EDL and Sol muscle were examined for fibre type composition (B, F), and cross-sectional area (CSA) (C-D, G-H), respectively. EDL fibre type expression profile (IIA IIB IIX) and Soleus fibre type expression profile (IIA I IIX) shown in percentage [%]. Data are represented as mean±SD (N=8) per group). Statistical analysis was performed using two-way ANOVA or chi square analysis as appropriate, *p<0.05 vs WT ND.

Supplementary Figure 3. Attenuated DHE staining in the EDL muscle of CD36 KO mice. Representative images of DHE staining to assess ROS production in EDL transverse sections from WT and CD36 KO mice. Quantification of DHE staining intensity. Data are represented as mean±SD (N=6) per group. Statistical analysis was performed using Student's *t*-Test, *p<0.05.

Supplementary Figure 4. Compromised myogenic differentiation in CD36 KO

skeletal myoblasts versus WT. Immunohistochemistry was performed on isolated satellite cells derived from WT or CD36 KO mice. Following expansion in growth medium, differentiation was quantified after 4 days in differentiation medium (x10 magnification, scale bar 100µm). Satellite cell differentiation and myotube formation was measured by Desmin, SRF and BEX1 and nuclei were counterstained with DAPI. Statistical analysis was performed by Student's *t*-test. Differences are **p*<0.05.

Supplementary Fig. 5. The effect of high-fat diet and CD36 deficiency on MAPKs

in skeletal muscle. Phosphorylation levels of various MAPKs were assessed in skeletal muscle of WT and CD36 KO mice fed a standard chow diet (normal diet, ND) or High-fat (HF) diet for 13 weeks. Results of Phospho-MAPK antibody array (R&D). The densitometric analysis was presented as fold change. Fold change was calculated as: the ratio of each of the 3 groups to WT ND group (n=6/group).

Supplementary Figure 6. Palmitate increases DHE levels and compromises muscle stem cell differentiation that can be reversed by antioxidants in WT mice, but not in CD36 KO.

(A) Immunohistochemistry was performed on isolated satellite cells derived from WT or CD36 KO mice. Following expansion in growth medium (GM), differentiation was quantified after 4 days in differentiation medium (DM) with DMSO (control), Palmitate, Palmitate + Ebselen (20µM), or Palmitate + TEMPOL (1mM). Satellite cells were immunostained for MHC, DHE and nuclei counterstained using DAPI (Magnification x20, scale bar 50µm). **(B)** Quantification of DHE and MHC staining intensity (A.U.). Data are represented as mean±SD (N=6 technical replicates,

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3 2 independent experiments) per group. Statistical analysis was performed using two-
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5 way ANOVA, * $p < 0.05$ vs WT, # $p < 0.05$ vs every other WT group.
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10 **Supplementary Figure 7. Palmitate increases DHE levels and compromises**
11 **muscle stem cell differentiation that is reversible by the antioxidant agent**
12 **ebseen in WT, but not in CD36 KO single fibre cultures. (A)** Representative
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14 images show WT and CD36 KO EDL satellite cell staining for DHE and Myogenin
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16 counterstained with DAPI on single myofibres after 72 h (72 hours) treated with
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18 Palmitate (0.3mM) and/or Ebselen (20 μ M). **(B)** Quantification of DHE levels and
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20 Myogenin. Data are represented as mean \pm SD (N=5 mice per condition, 40 fibres per
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22 group). Statistical analysis was performed using two-way ANOVA, * $p < 0.05$ vs. WT
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24 ND, # $p < 0.05$ vs. every other WT group.
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33 **Supplementary Figure 8. The effect of CD36 deficiency on MyoD and Myogenin**
34 **expression in progenitor cells of injured muscle.** Acute injury was induced by
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36 Cardiotoxin injection into the tibialis anterior muscle of WT and CD36 KO mice and
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38 specimens were studied 5 days post-injury. Representative images and quantitative
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40 data for MyoD and Myogenin immunohistochemical staining on transverse sections of
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42 injured muscles, co-stained with DAPI to visualise nuclei. Representative images (x20
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44 magnification, scale bar 50 μ m). Statistical analysis was performed by Student's *t*-test.
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46 n=5 animals per group. Differences are * $p < 0.05$.
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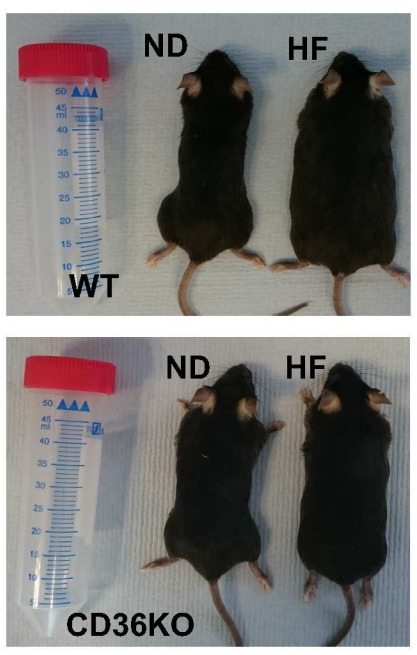
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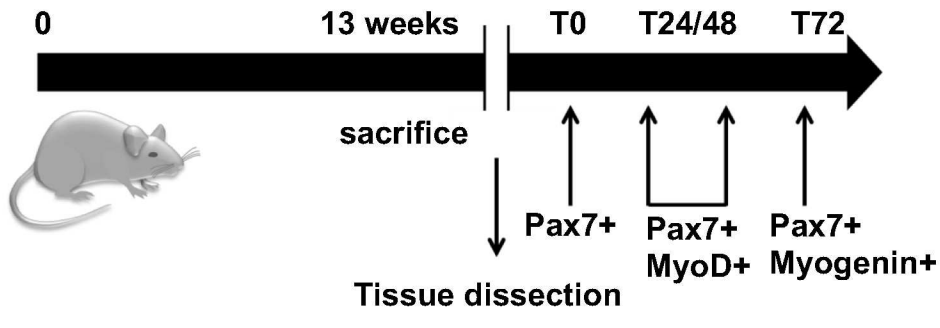
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B



WT ND (Control), WT HFD,
CD36KO ND, CD36KO HFD



D

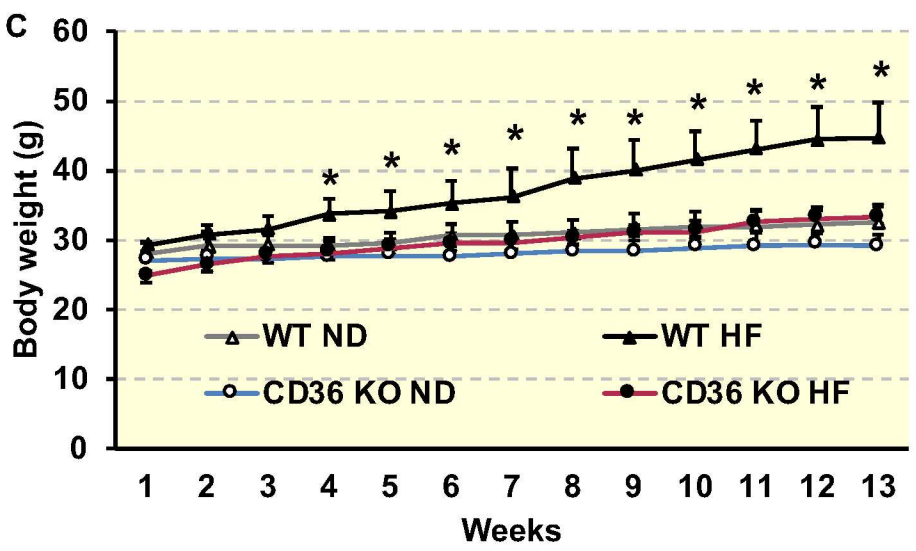
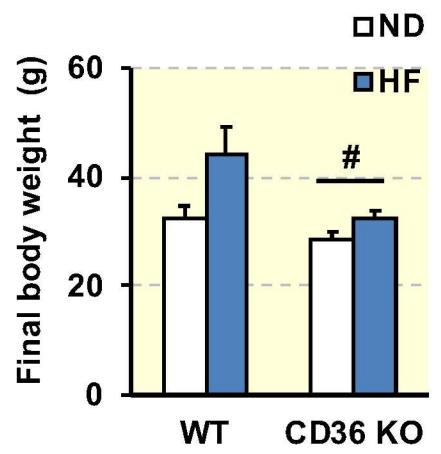


Figure 1

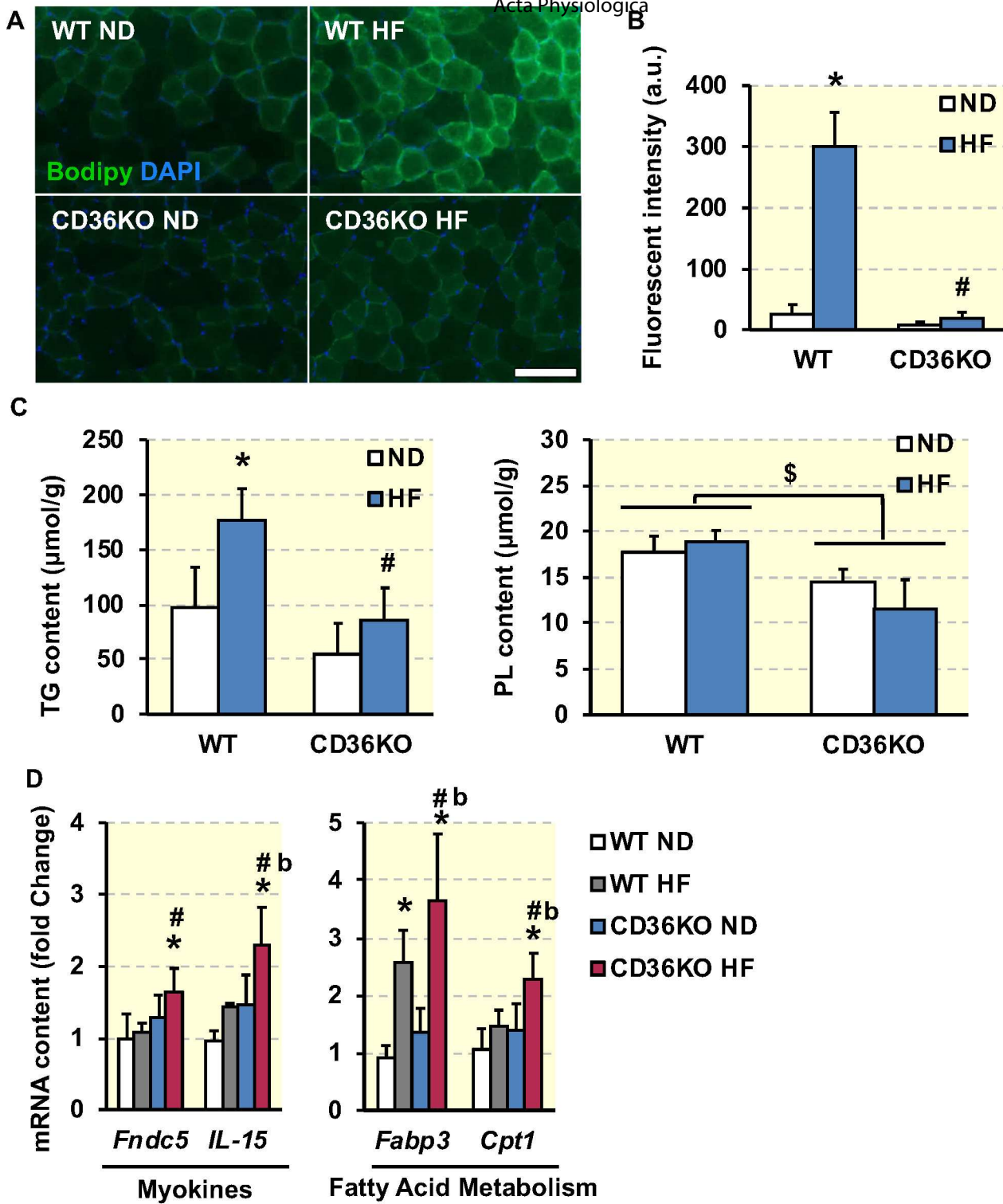


Figure 2

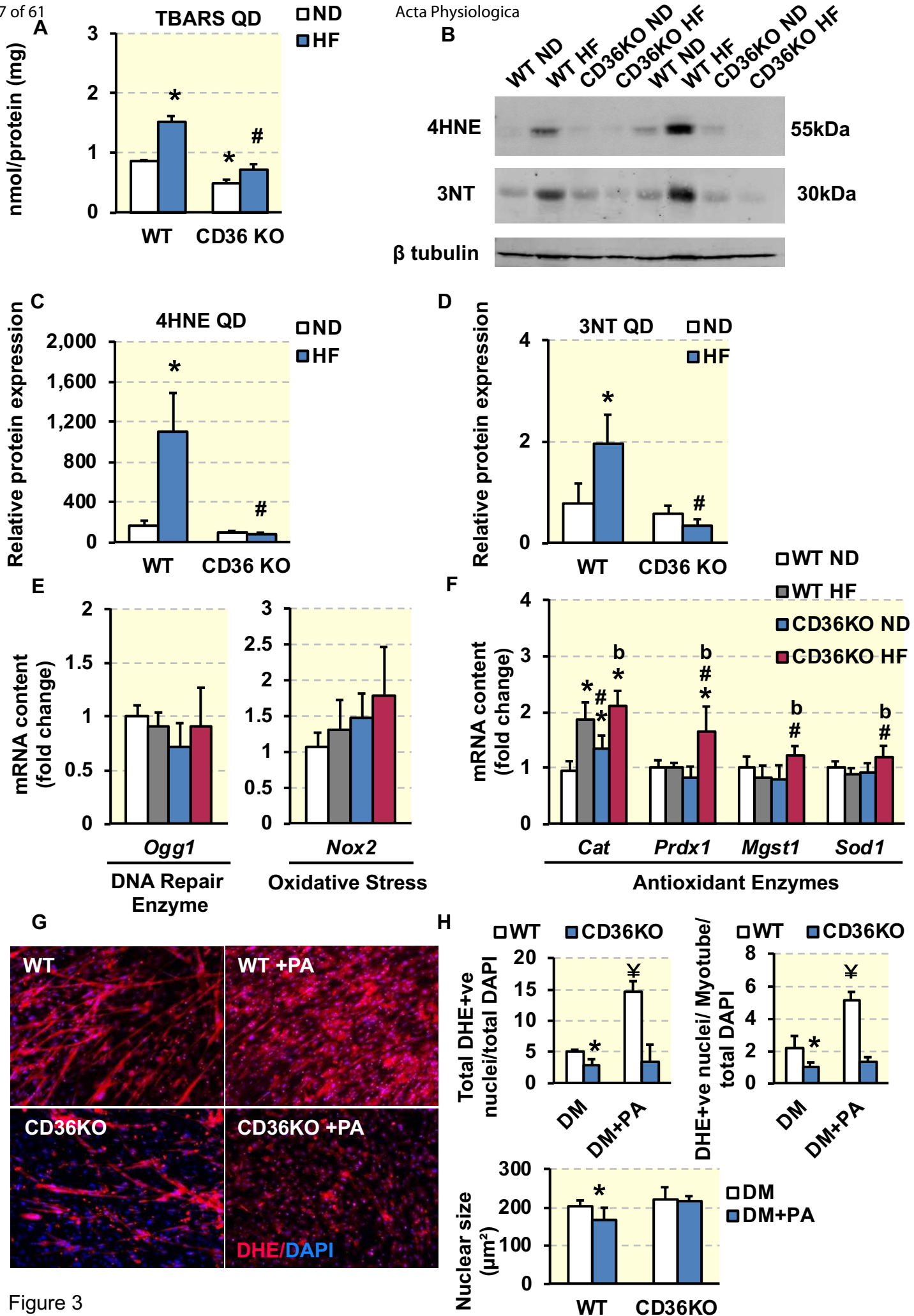


Figure 3

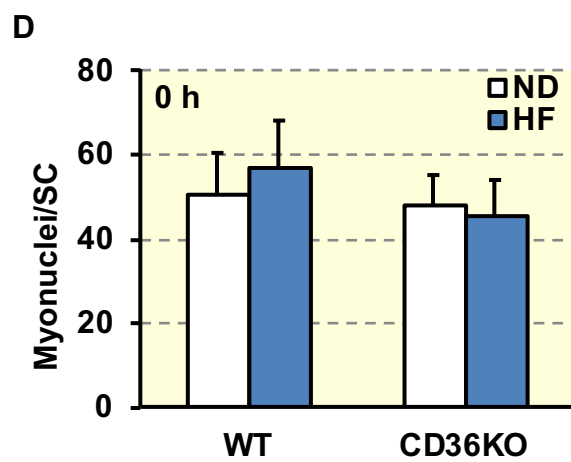
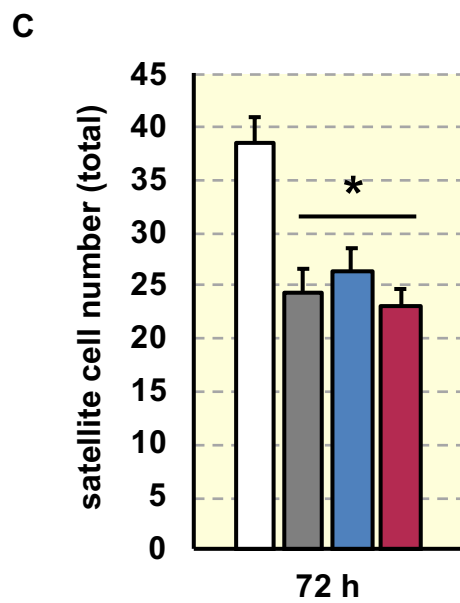
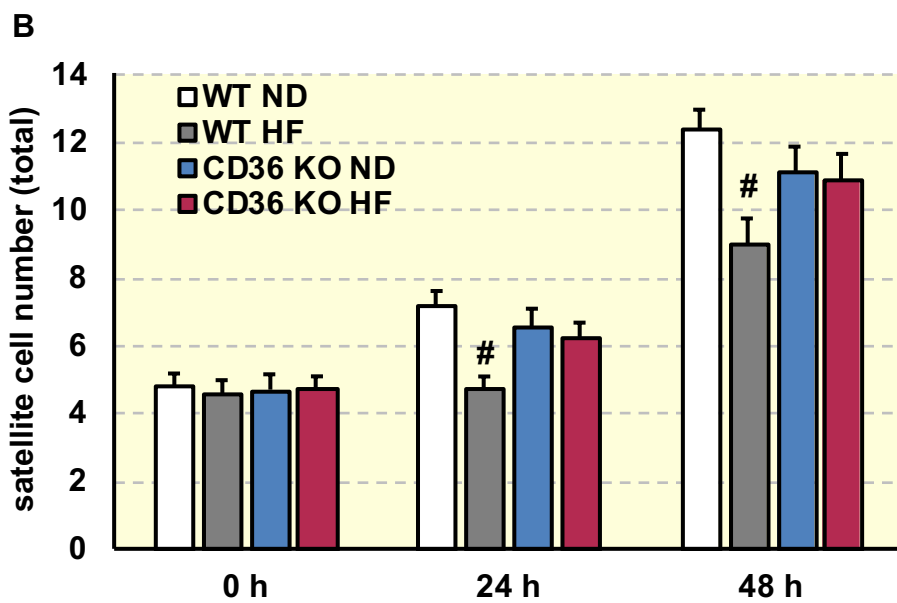
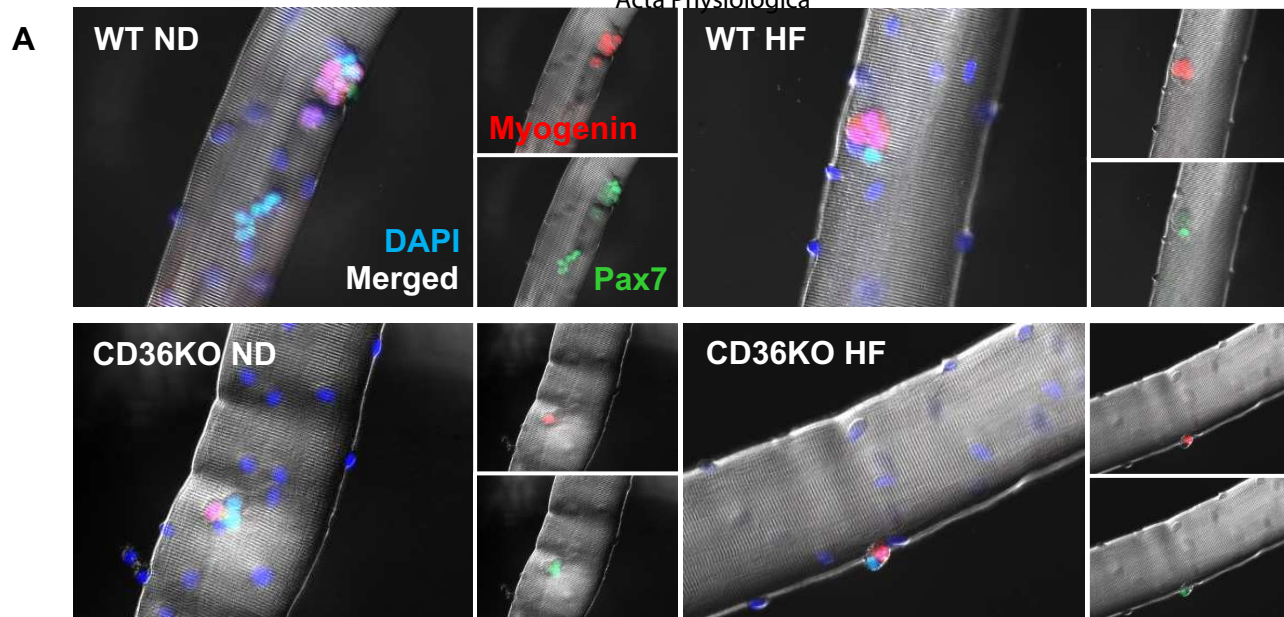


Figure 4

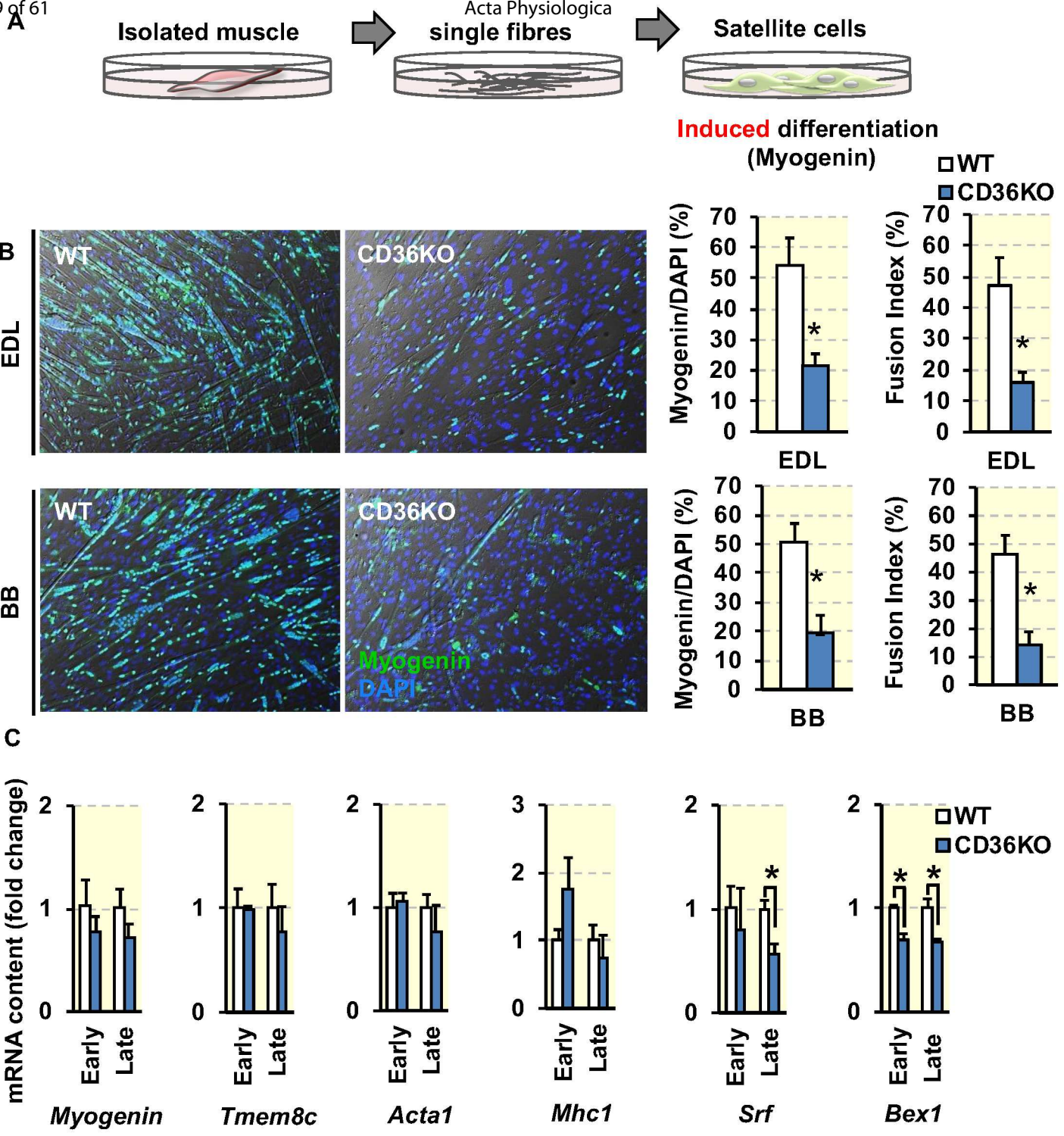
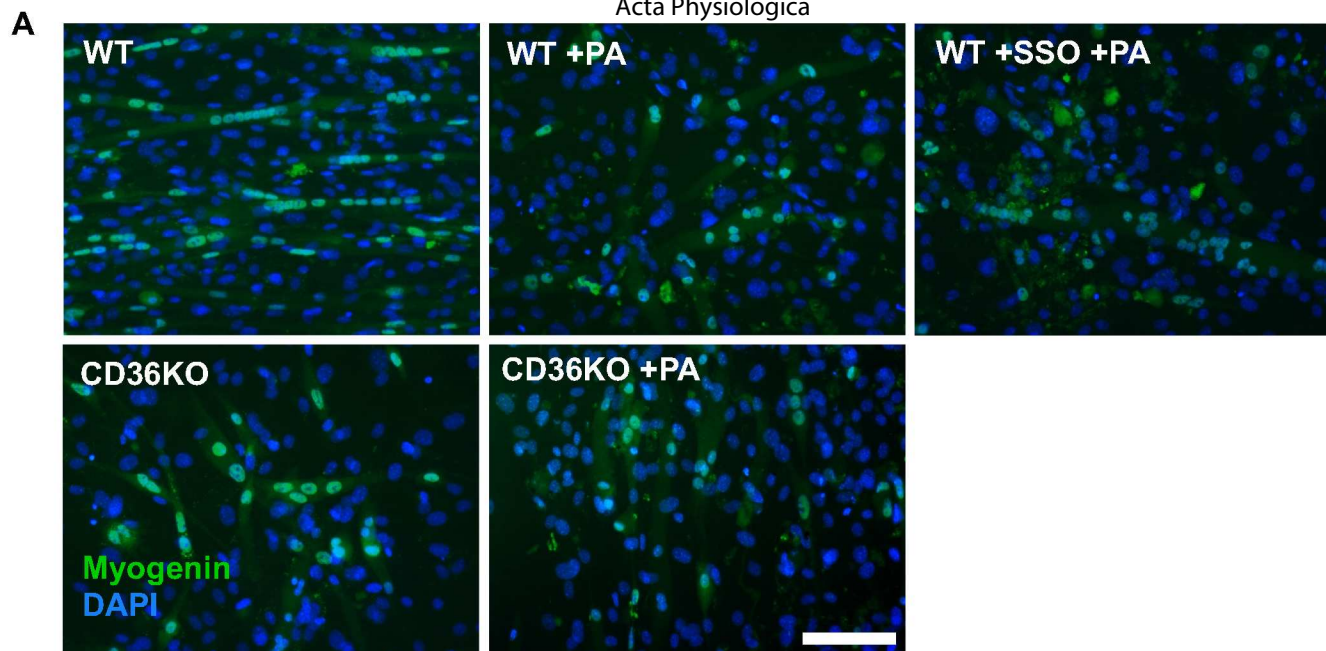
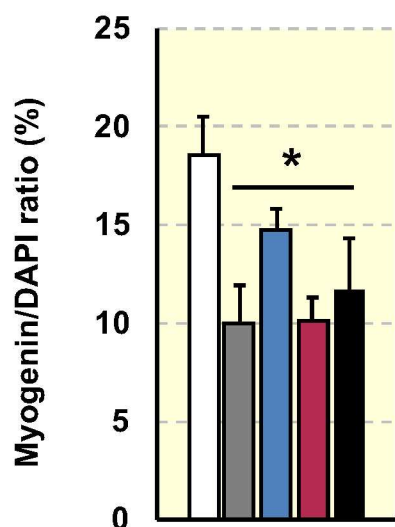


Figure 5



B



C

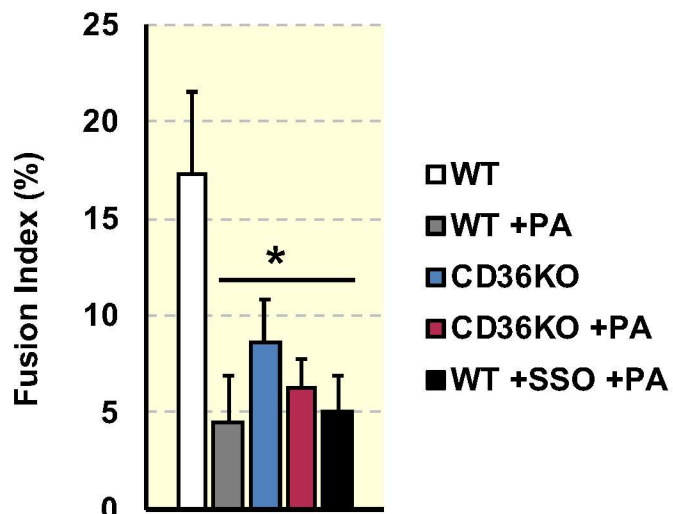


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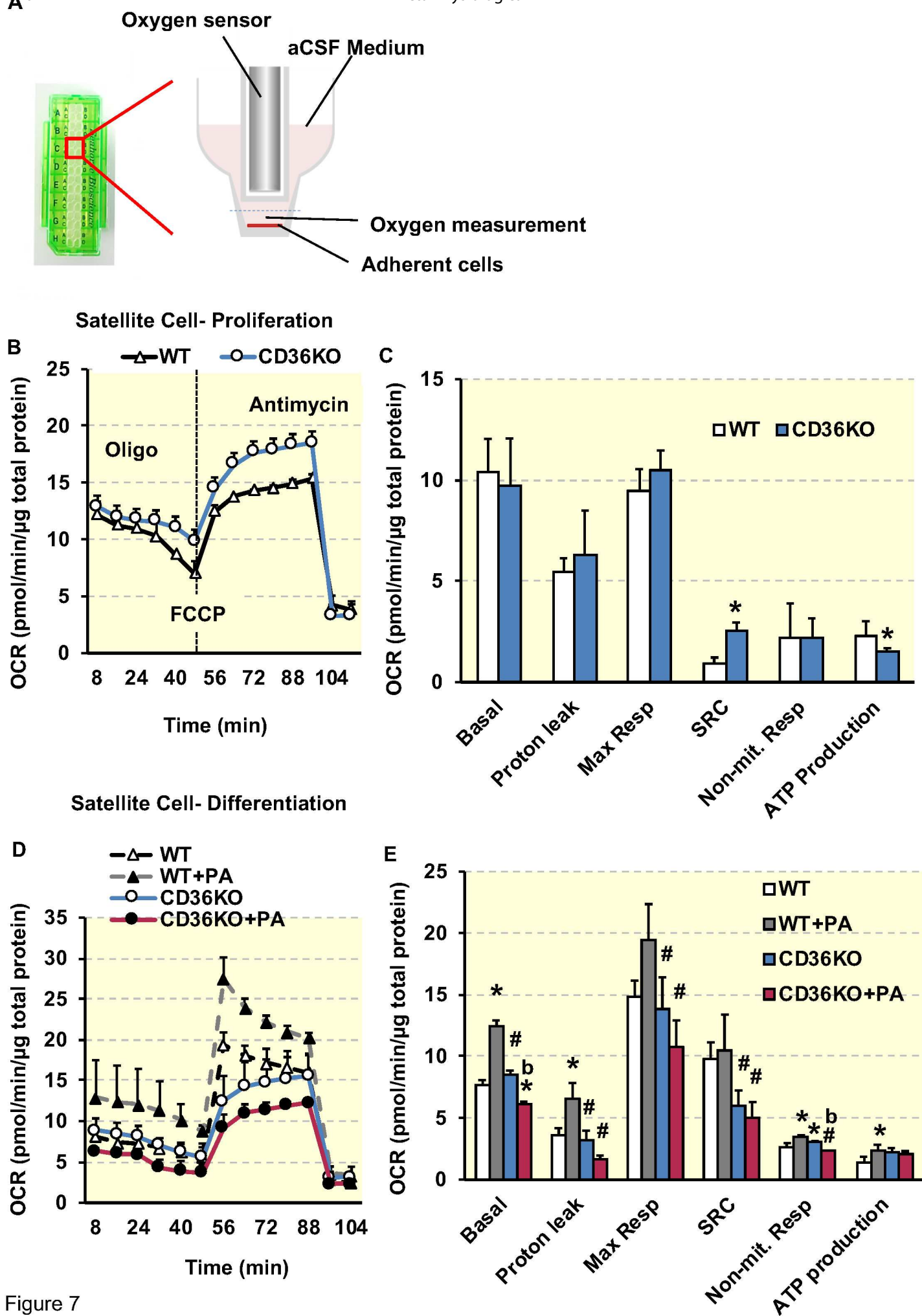
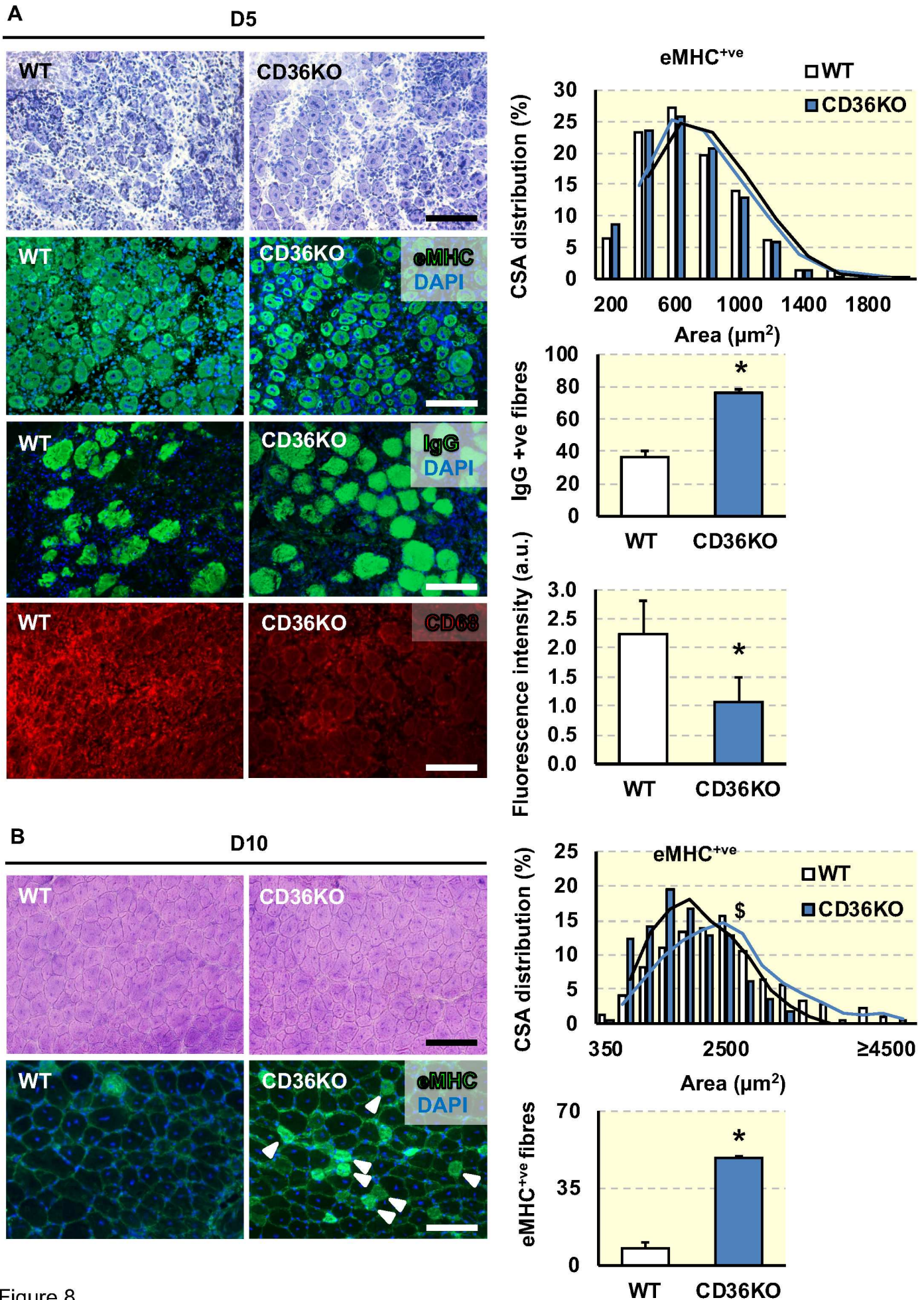


Figure 7



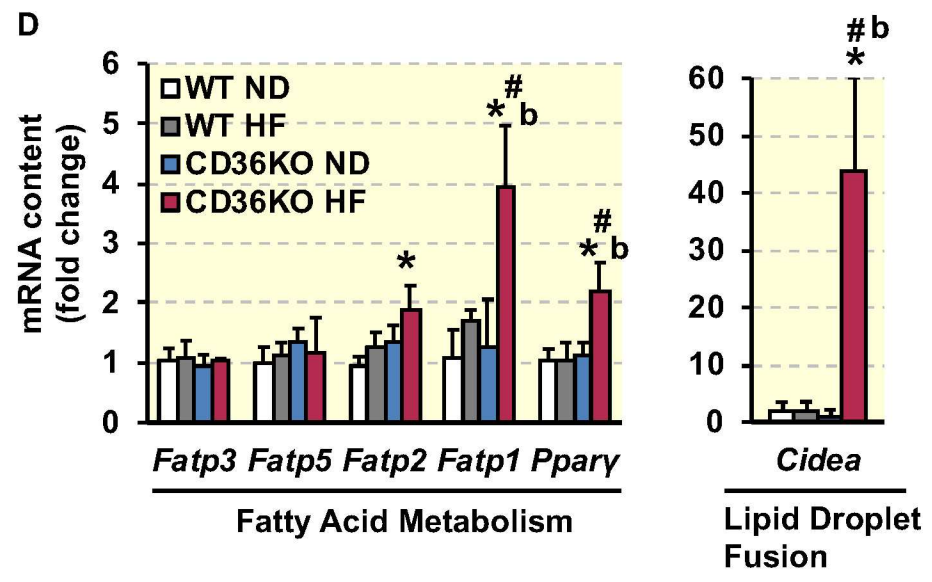
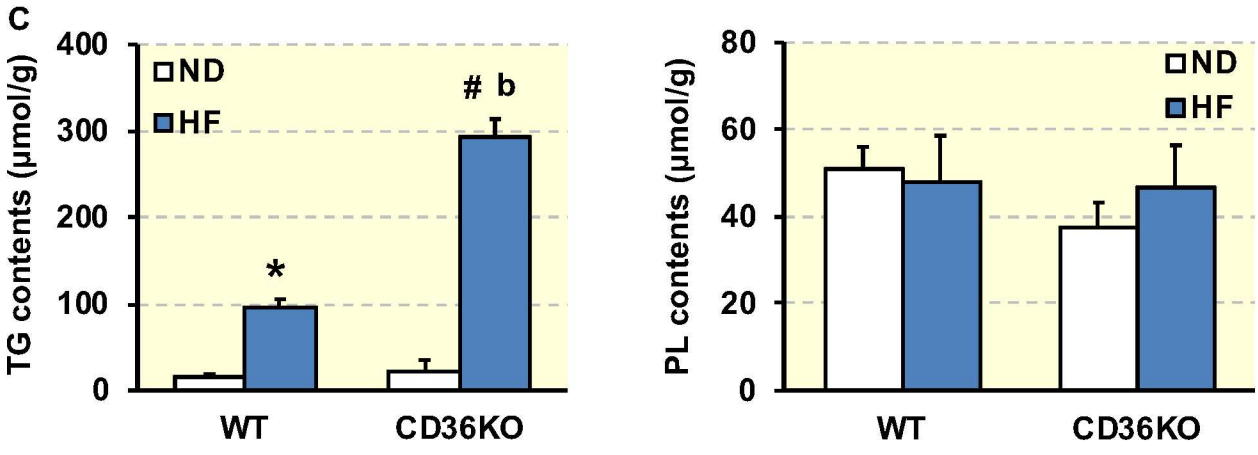
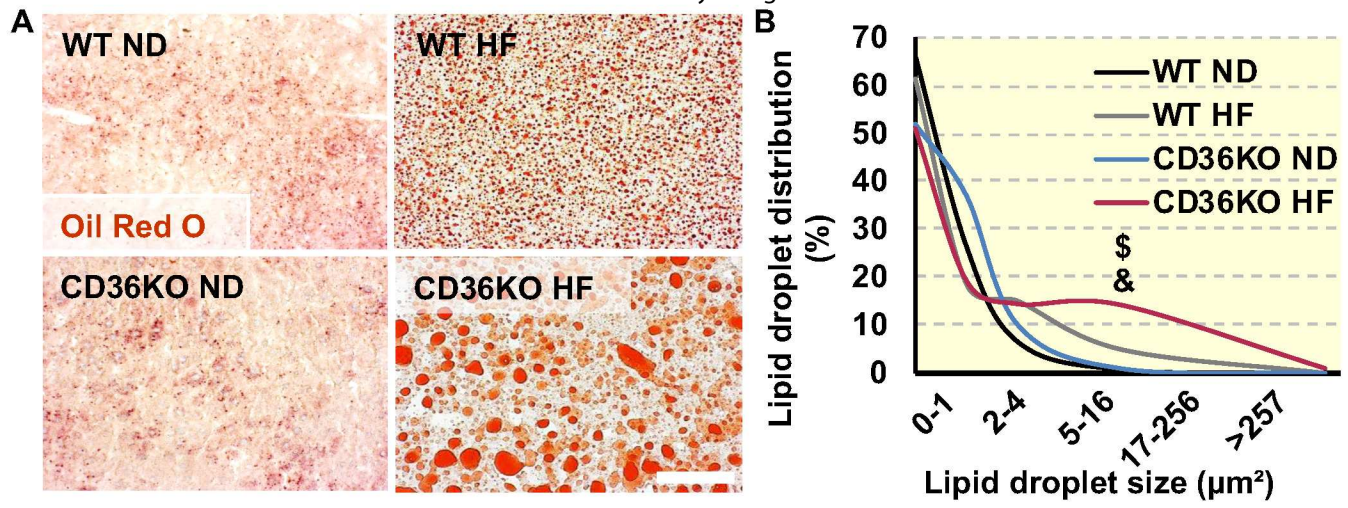
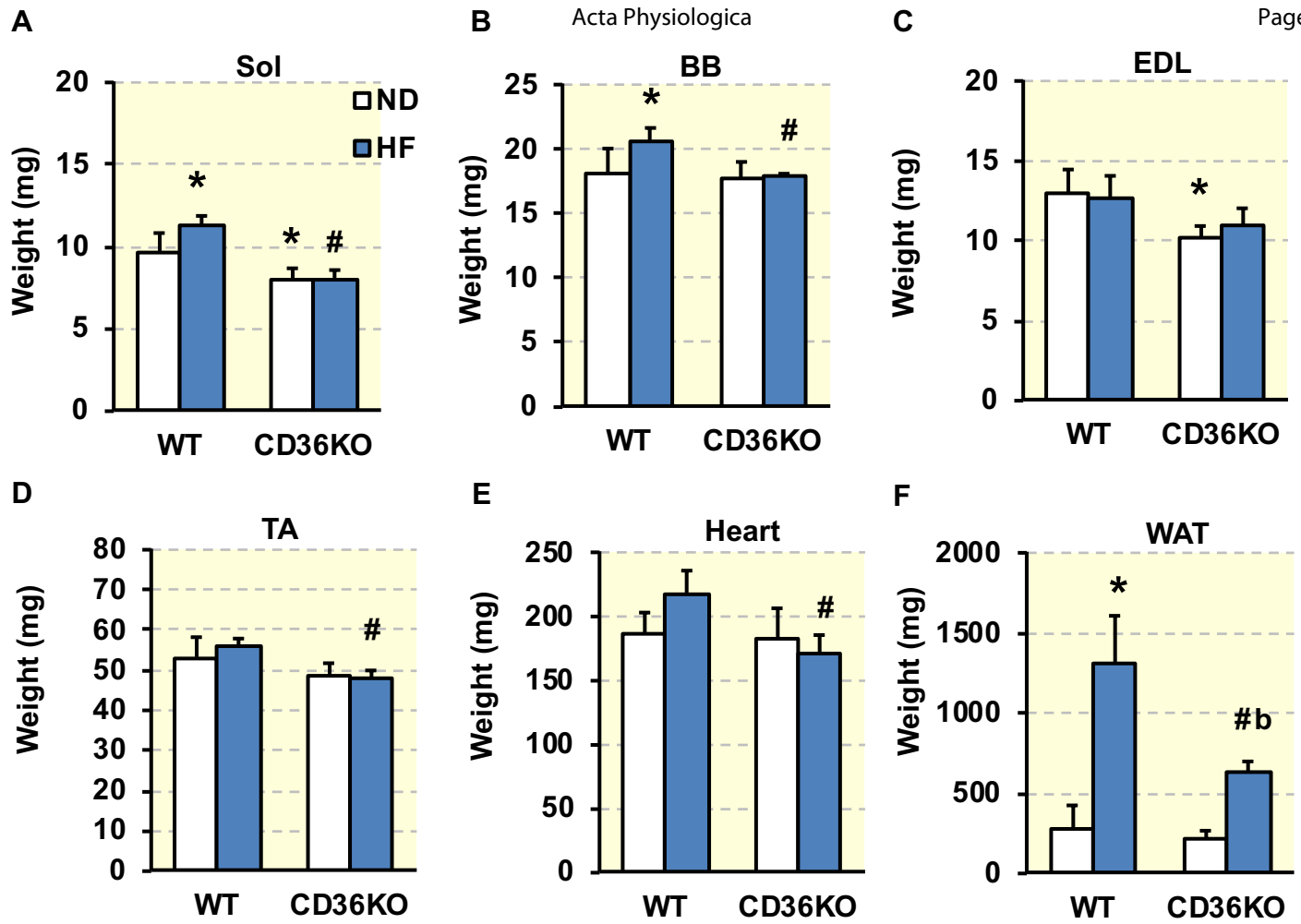
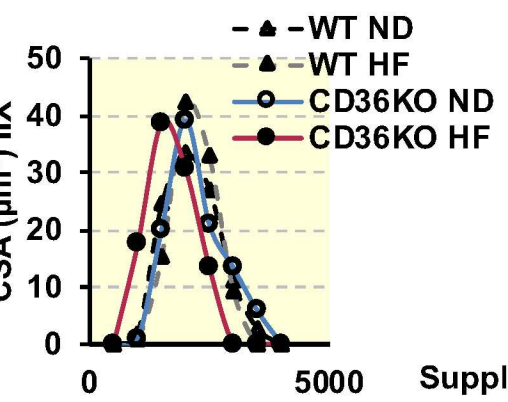
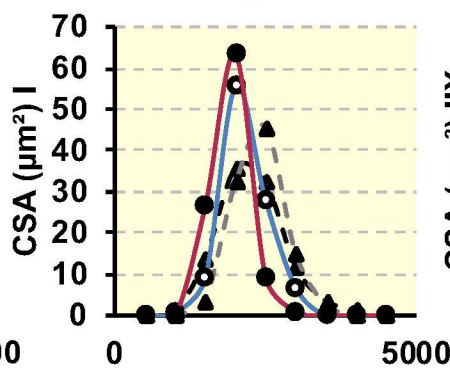
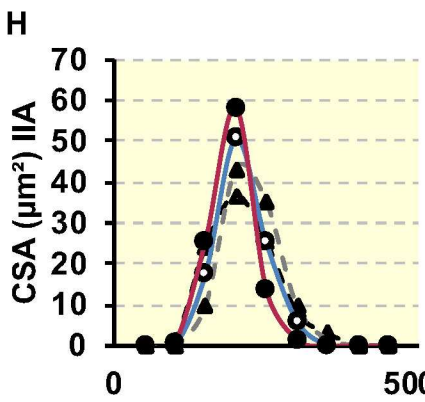
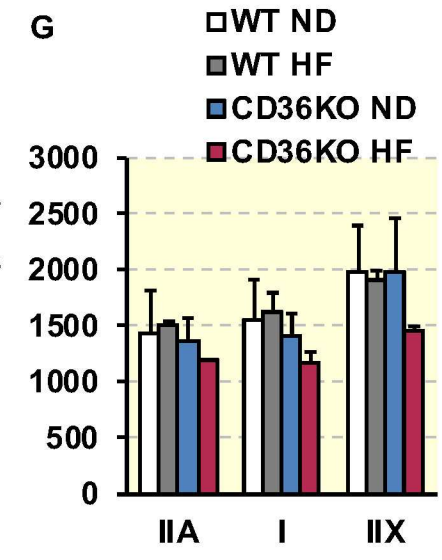
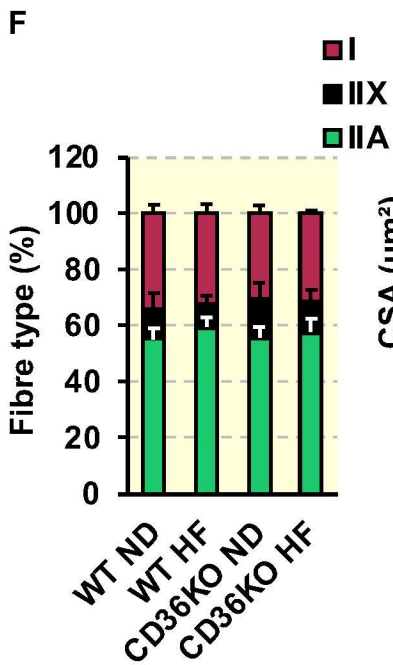
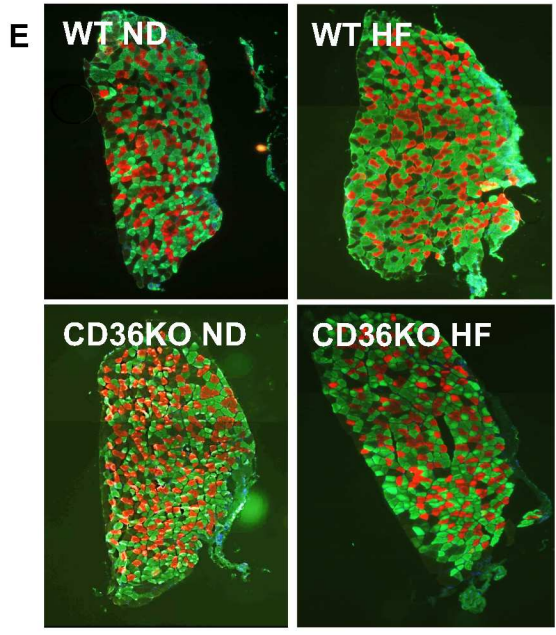
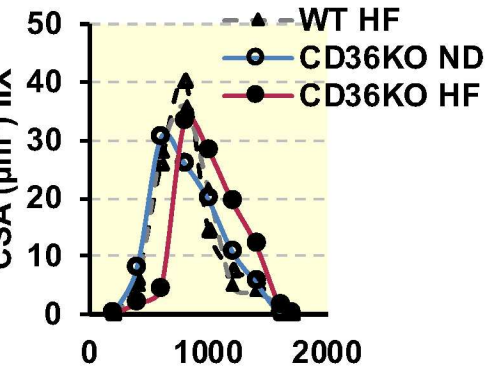
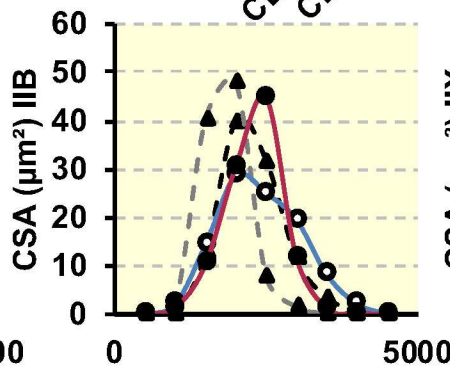
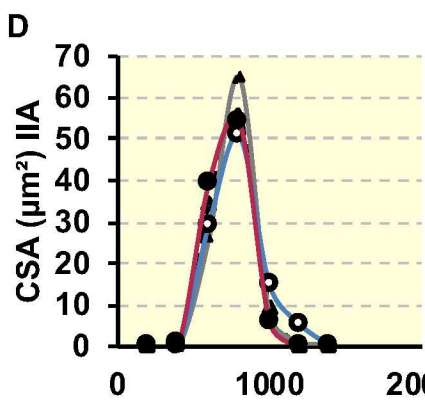
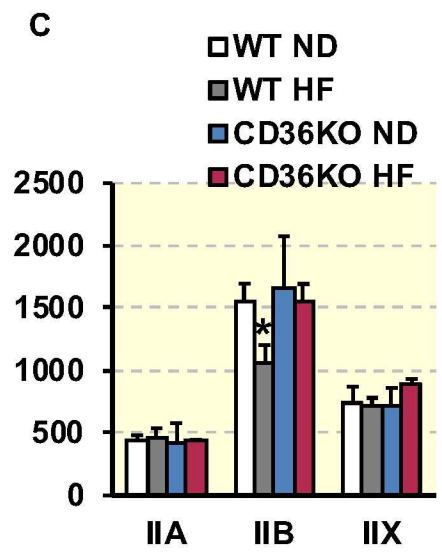
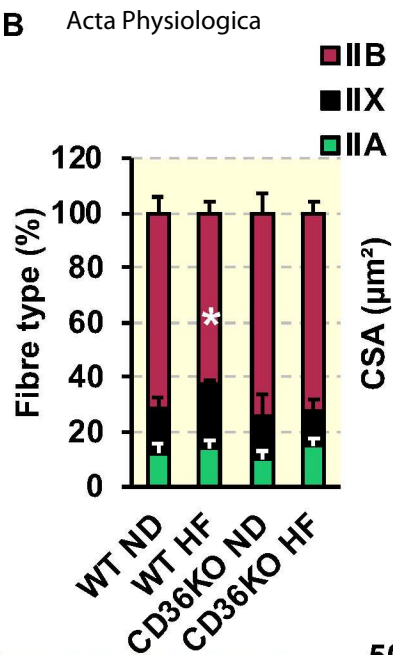
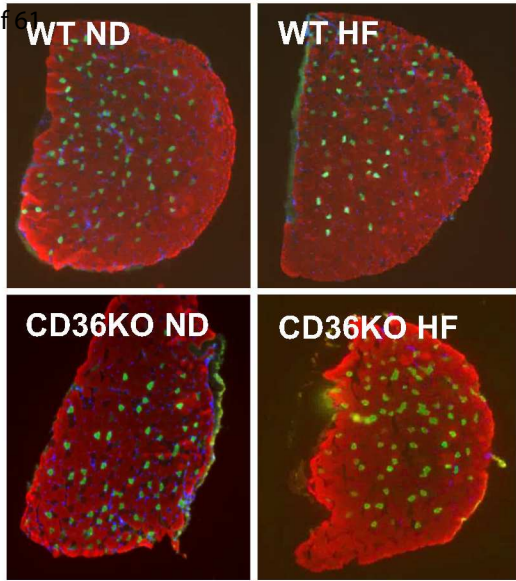


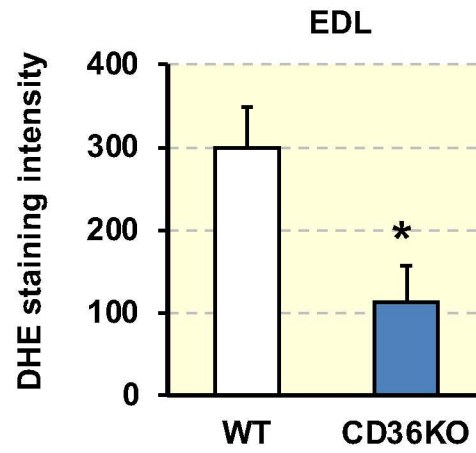
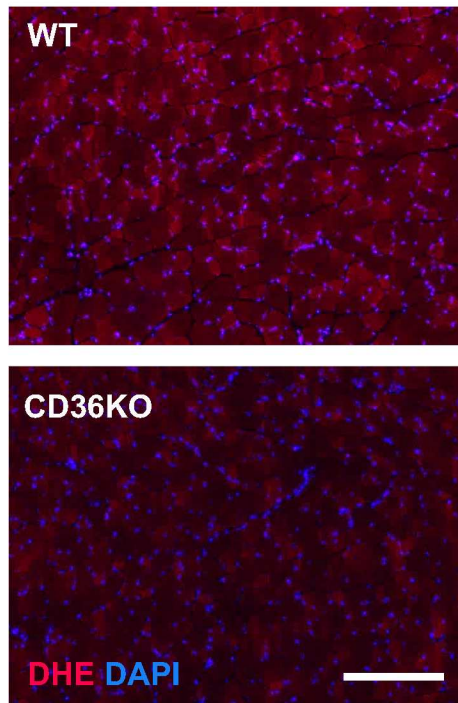
Figure 9



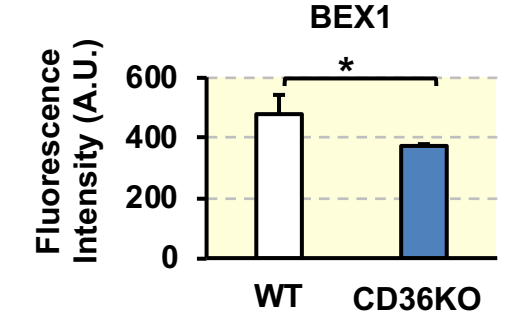
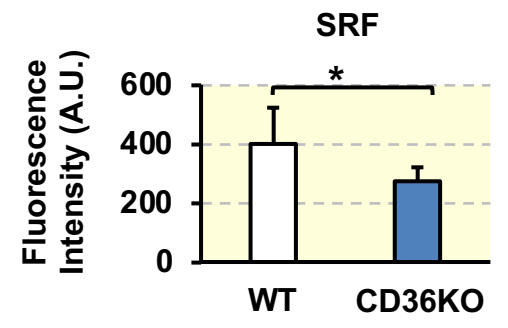
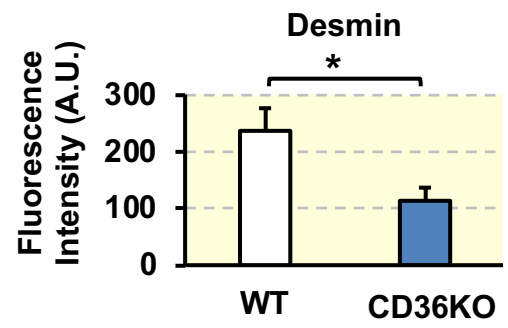
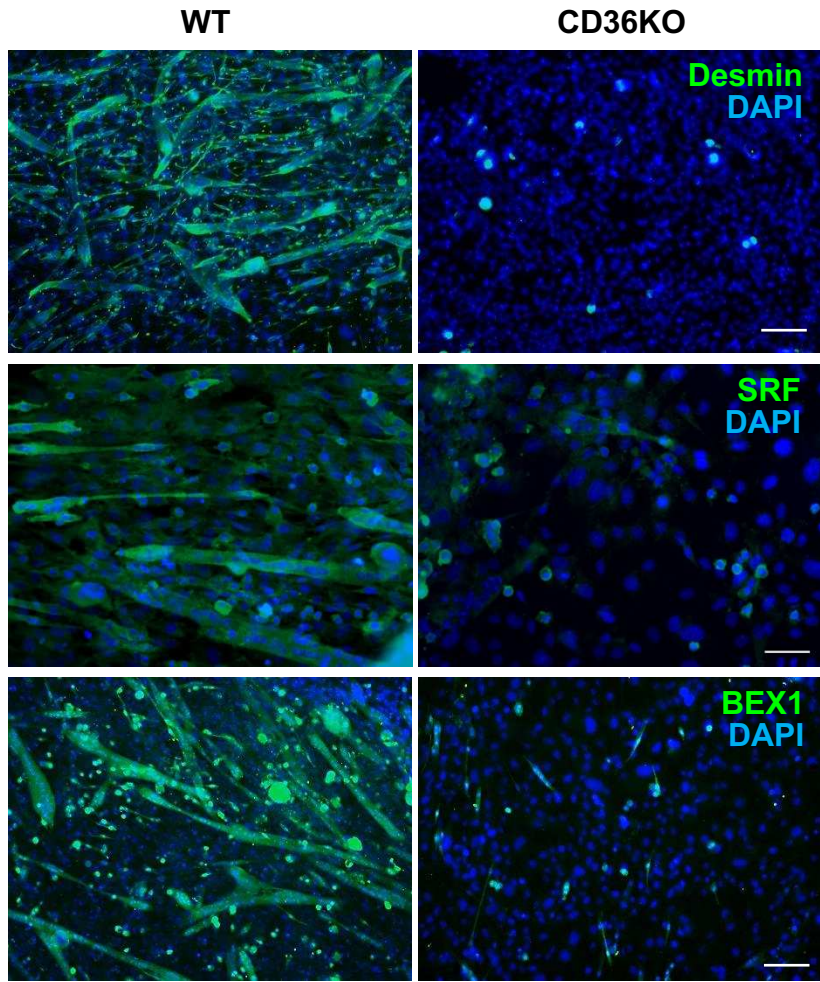
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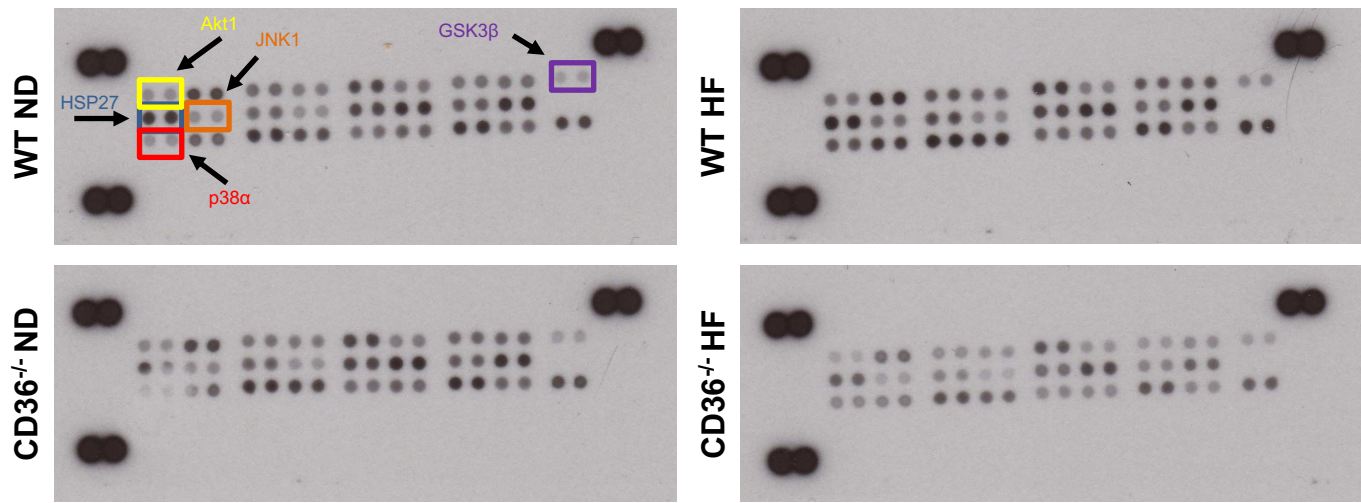
Suppl. F



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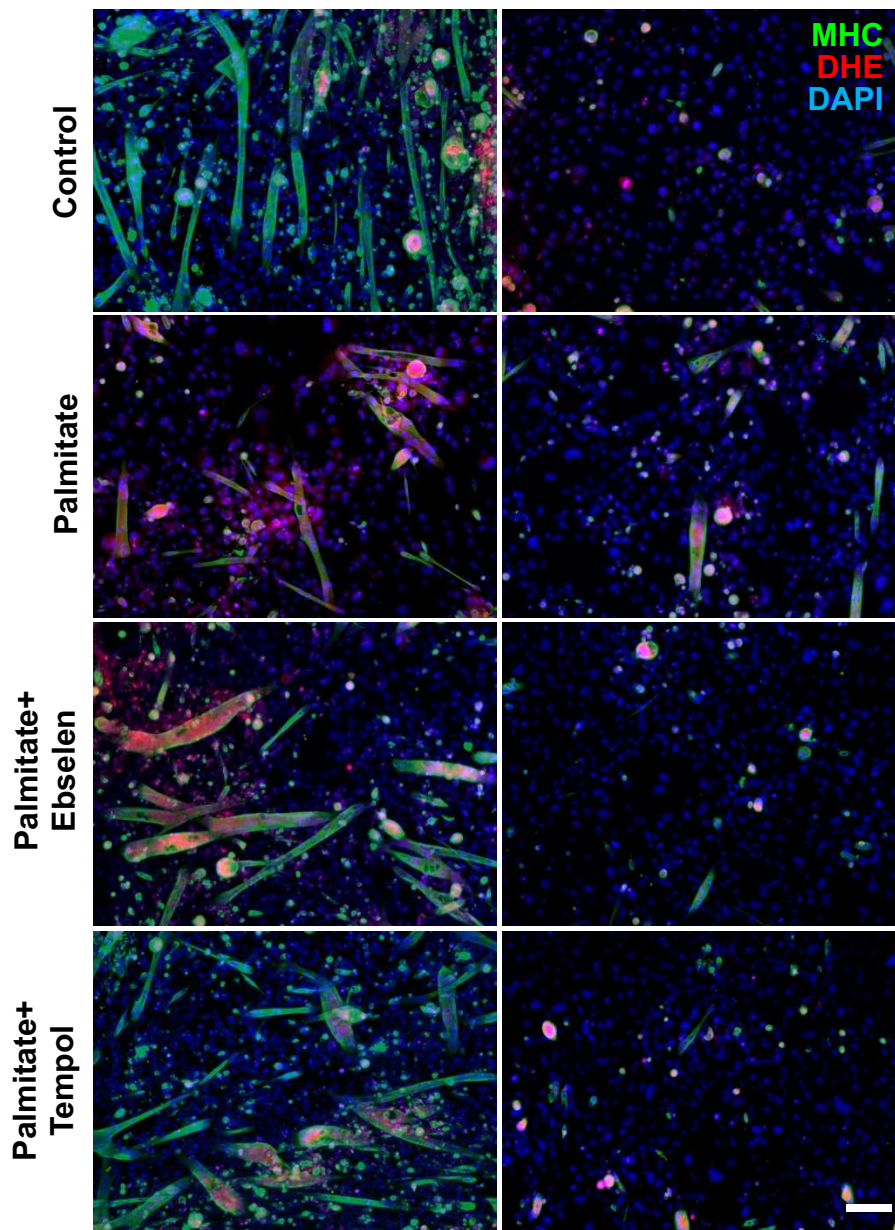


Suppl. Fig. 4

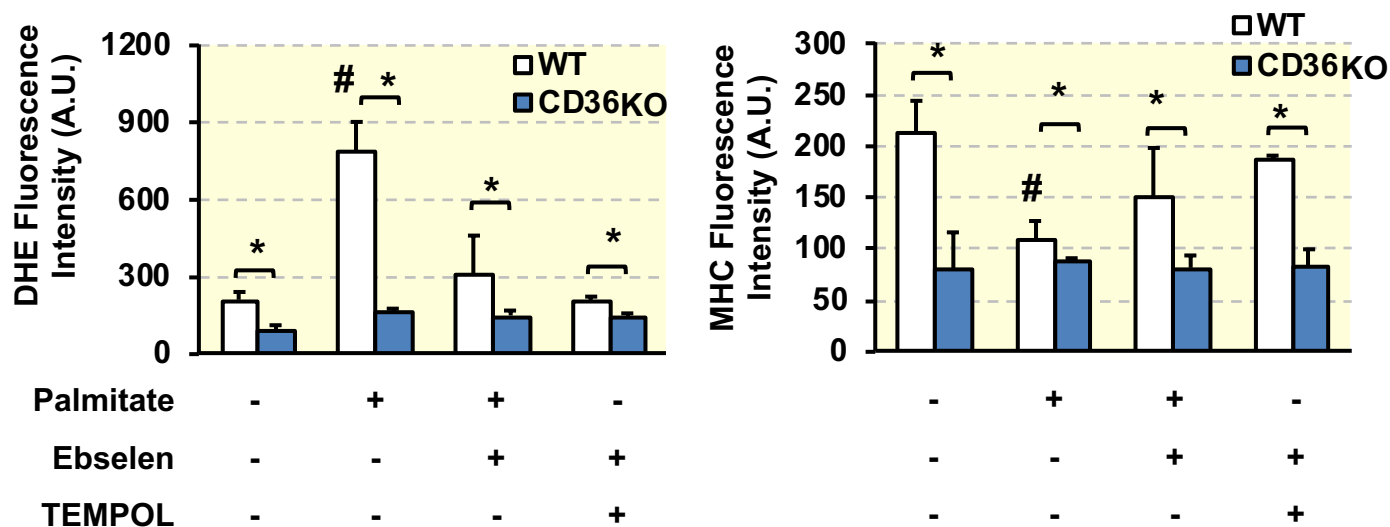


MAPKs	Fold Changes			
	vs. WT ND			vs. CD36 ^{-/-} ND
	CD36 ^{-/-} ND	WT HF	CD36 ^{-/-} HF	
Akt1^{S473}	1.00	1.52	0.53	0.52
Akt2 ^{S474}	0.98	1.21	0.67	0.68
Akt3 ^{S472}	0.81	1.15	0.53	0.65
Akt Pan ^{S473,S474,S472}	0.97	1.24	0.62	0.64
CREB ^{S133}	1.07	1.15	0.84	0.79
ERK1 ^{T202/Y204}	0.93	0.90	0.56	0.60
ERK2 ^{T185/Y187}	1.07	1.12	0.46	0.43
GSK3α/β^{S21/S9}	1.01	1.10	0.55	0.55
GSK3β ^{S9}	1.08	1.65	1.01	0.94
HSP27^{S78/S82}	0.54	1.19	0.67	1.23
JNK1^{T183/Y185}	0.95	1.63	0.63	0.66
JNK2^{T183/Y185}	1.02	1.28	0.60	0.59
JNK3^{T221/Y223}	0.90	1.17	0.47	0.53
JNK pan ^{T183/Y185,T221/Y223}	1.01	1.05	0.68	0.67
MKK3 ^{S218/T222}	1.08	1.03	0.81	0.75
MKK6 ^{S207/T211}	0.93	0.87	0.54	0.58
MSK2 ^{S360}	0.95	0.91	0.56	0.59
p38α^{T180/Y182}	0.19	2.29	1.18	6.19
p38β ^{T180/Y182}	0.69	1.38	0.65	0.94
p38δ ^{T180/Y182}	0.98	1.13	0.74	0.76
p38γ ^{T183/Y185}	1.11	1.29	0.77	0.69
p53 ^{S46}	1.05	1.16	0.70	0.66
p70S6K ^{T421/S424}	0.98	0.94	0.56	0.57
RSK1 ^{S380}	1.00	0.95	0.71	0.71
RSK2 ^{S386}	0.92	0.91	0.54	0.58
TOR	0.96	1.15	0.75	0.79

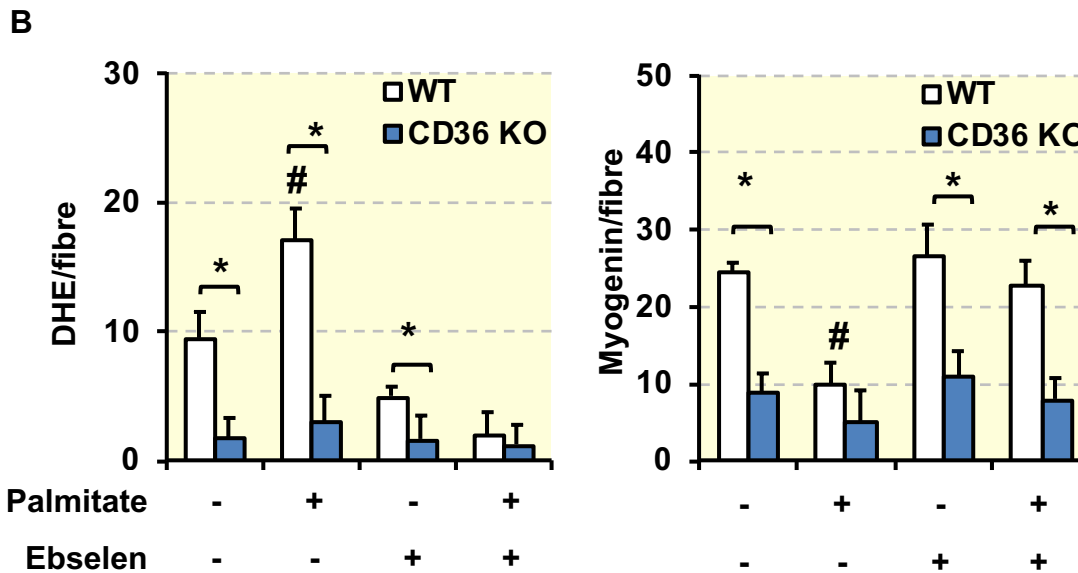
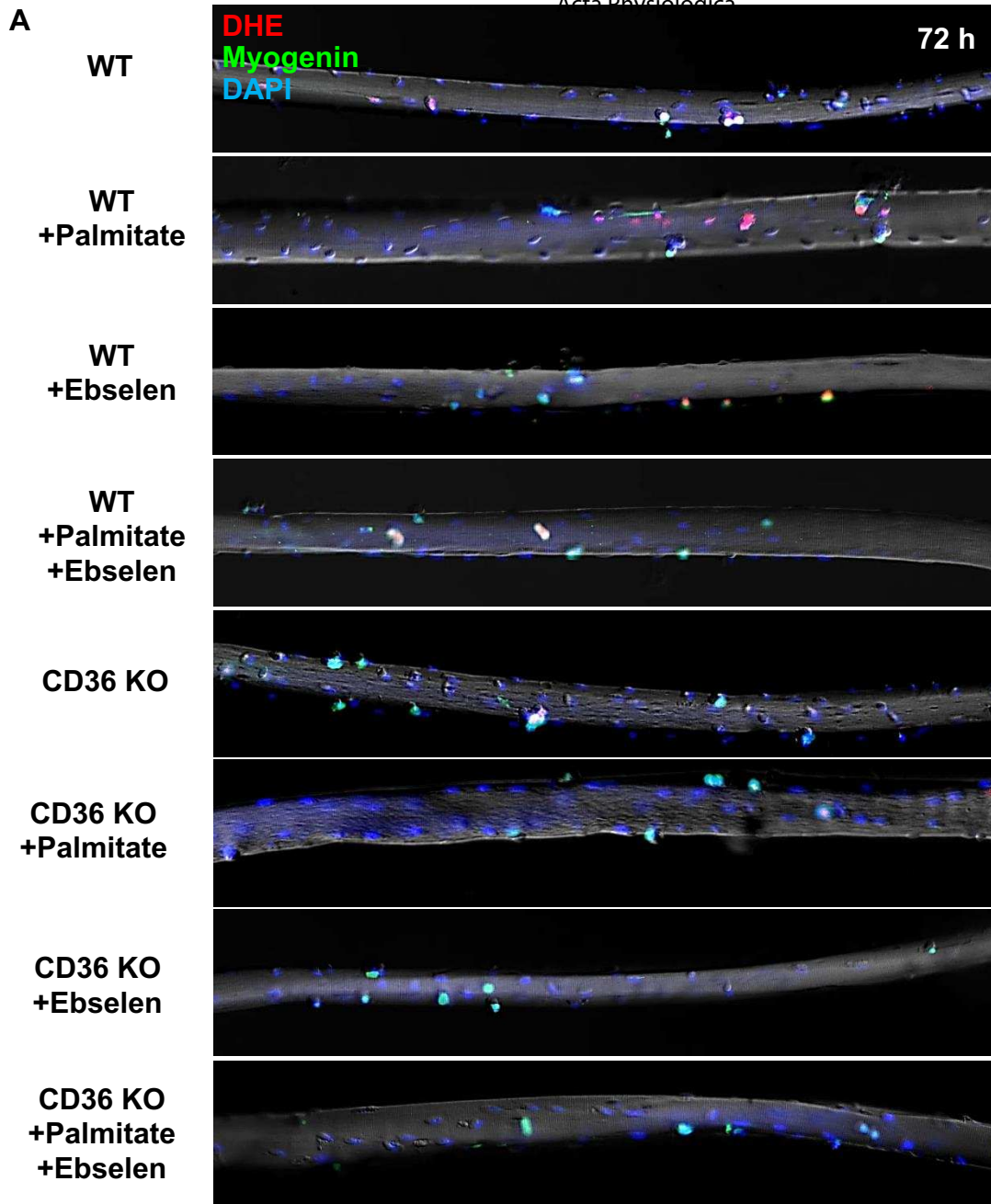
WT Acta Physiologica CD36KO



B

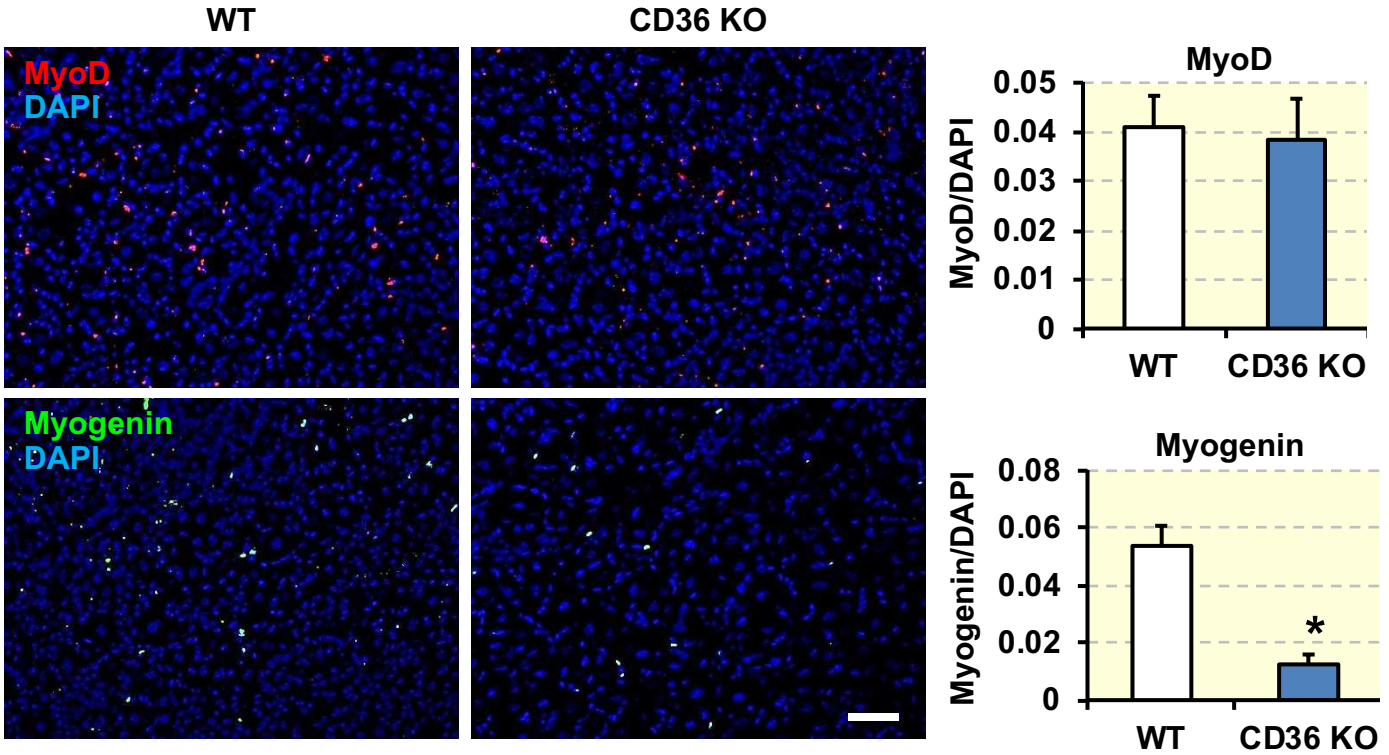


Suppl. Fig. 6



Suppl. Fig. 7

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Suppl. Fig. 8